

SPAL track

Hoch's upset win paces M-A win

By TIM MENICUTCH
Times Correspondent

Menlo-Atherton High distance runner John Hoch isn't sick anymore.

But he made more than a few Carlmont track enthusiasts a little ill Thursday, when he upset Kevin O'Connor in the two-mile to help M-A to a 73-63 win over host Carlmont in the annual battle for supremacy of the South Peninsula Athletic League.

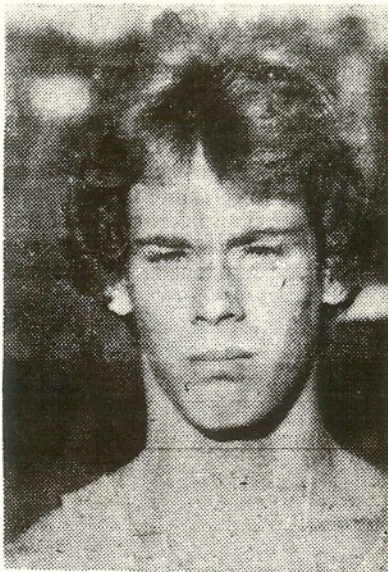
"I had a bad case of the flu," said Hoch following his late kick victory over O'Connor. "I tried to come back too soon and ended up getting sicker, and having to go to the doctor. He told me I couldn't run for 10 days. I was supposed to get some rest."

"I started working out again late last week, but very easy," he continued. "Monday I had a good, hard workout, and it did a lot for my confidence."

Hoch stalked the pace-setting O'Connor for five laps, before it appeared that O'Connor began to pull away. Turning into the last lap, Hoch dipped into his reserve and charged past O'Connor. O'Connor tried to dig in and regain the lead, but Hoch's momentum was too much for the Carlmont runner to overcome and Hoch was easily in front crossing the finish.

"I think I surprised him," said Hoch. "I came up real fast and I don't think he was expecting it. I was really hurting in the last lap. It was getting hard to breathe and my legs were aching."

"But the more experience you get at distance running, the easier it is to forget about the pain," he continued. "Oh, the pain's still there, it's just that you get a little more accustomed to it."



John Hoch

Three Sequoia girls had excellent marks in. In the 100 yard dash, Kathleen Gallagher sped to an 11.6 clocking. Crystal Priesser ran a fast 59.9 in the 440 and Debbie Barross high jumped 5-2.

For Carlmont, Paula Foianini, Julie Miller and Jessica Van Leeuwen all had double wins.

Menlo-Atherton 73, Carlmont 63
440 relay — Carlmont 44.3. 880 — Wright (C) 15.9, Grant (C), Boyes (C). 880 — Hoch (M) 2:00.5, O'Connor (C), Larrick (M). 100 — Miller (M) 10.2, Young (C), Hester (C). 440 — Young (C) 53.2, Smith (M), Artist (C). 2 mile — Hoch (M) 9:53, O'Connor (C), Gomez (C). 330 LH — Ware (C) 40.3, Deitrich (C), Grant (C). 220 — Young (C) 23.1, Miller (M), Hester (C). Mile — O'Connor (C) 4:41, Hoch (M), Larrick (M). Mile relay — Carlmont 3:48.1. SP — Harris (M) 50-2, Mitchell (M), Wolfram (M). Discus — Harris (M) 151-2, Wolfram (M), Winn (M). HJ — Dupee (M) 6-4, Herbst (M), Herron (M). LJ — Smith (M) 21-1½, Deitrich (C), Bates (M). TJ — Smith (M) 43-4¼, Thompson (C), Bates (M). PV — Ellis (M) 14-6, Crumpler (M), Phillips (C). JV: Carlmont 83, M-A 53. Frosh: Carlmont 77, M-A 58.

Woodside 73, Sequoia 62
440 relay — Woodside 44.2, 120 HH — Crane (W)



SLIM VICTORY

(Times Photo by Dave Drennan)

Carlmont High's James Ware lofts his baton as he breaks the tape ahead of Menlo-Atherton's Glen Miller in the 440 relay during Thursday's crucial

South Peninsula Athletic League track meet. Both teams were hand-timed in 44.2.

Prep track

Unsung hero aids in big M-A victory

It's hard to pinpoint heroes in a dual track meet victory.

But Friday, Menlo-Atherton High must at least be giving Don Larrick a lot of credit for the Bears' 79-57 win over Palo Alto in a meet matching two of the Bay Area track powers.

With the mile run approaching, M-A was forced to take at least a second-place finish in order for the Bears to win. Larrick did more than that. He upset Palo Alto's John McCullom to win the event in 4:47.6.

M-A high jumper Clint Herbst was to share some of the glory. Competing in his first meet of the season, Herbst flew 6-5 to win the high jump. Other top M-A marks were John Harris' 152-8½ discus throw and Greg Ellis' 15-2 pole vault.

In other action, Westmoor edged San Carlos 69-66. Henry Hall provided Westmoor's only double with a 46-10½ shot put and a 146-7 discus.

In the girls' competition, Palo Alto clipped M-A 57-52 and San Carlos crushed Westmoor 73-32.

Trish King won three events for M-A, and Rhonda Robinson won two for San Carlos.

Carlmont High's track team had its 25 consecutive dual-meet win streak snapped Thursday, as visiting Galileo of San Francisco downed the Scots, 77-59.

The turning point of the meet may have been Galileo's strength in the field events. Galileo won four of the six events. For Carlmont, Kevin O'Connor looked impressive with a good second-place finish in the 880 and a 4:27.3 victory in the mile.

The girls' squad extended its dual meet string to 26 straight wins with an easy 106-12 romp. Julie Miller and Michelle Sanchez scored double wins for the Scots.



Galileo 77, Carlmont 59

440 relay — Galileo 43.8, Carlmont 43.9. 120 HH — Wright (C) 15.7, Dumis (G), Williams (G). 880 — Cane (G) 1:59.8, O'Connor (C), Gray (G). 100 — Watts (G) 10.3, Crawford (G), McCrel (G). 440 — McNeil (G) 51.2, Young (C) 51.2, Artist (C). 2 mile — Kloepper (C) 10:37.5, Bower (C), Mellqu-

ist (C). 330 LH — Dumis (G) 40.4, Dietrich (C), Ware (C). 220 — Young (C) 23.2, Watts (G), Crawford (G). Mile — O'Connor (C) 4:27.3, Cane (G), Gomez (C). SP — Taylor (G) 52-3¼, Brazill (G), Jones (G). Discus — Taylor (G) 130-2½, Drake (G), Jones (G). HJ — Morton (G) 5-8, Nilsen (G), Wright (C). LJ — Allen (G) 20-10, Dietrich (C), Spires (G). TJ — Thompson (C) 44-1¾, Dietrich (C), Spires (G). PV — Phillips (C) 13-6, Nilsen (C), McClannahan (G). Mile relay — Galileo 3:27.8.

Menlo-Atherton 79, Palo Alto 57

440 relay — Palo Alto 44.5. 120 HH — Temme (P) 16.1, Bates (M), Wilson (M). 110 — Johnson (P) 10.5, Miller (M), Bodder (P). 440 — Green (P) 52.0, Smith (M), Smith (P). 2 mile — McCullom (P) 10:07, Carter (M), Brickman (P). 330 LH — Johnson (P) 40.8, DuPee (M), Temme (P). 220 — Smith (P) 23.0, Miller (M), T. Smith (P). Mile — Larrick (M) 4:47.6, Carter (M), McCullom (P). HJ — Herbst (M) 6-5, DuPee (M), Eaton (P). LJ — K. Smith (P) 20-8, Bates (M), DuPee (M). TJ — Smith (M) 44-0¾, Traum (M), Herbst (M). PV — Ellis (M) 15-2, Crumpler (M) 14-6, Meyers (M) 14-0. SP — Harris (M) 49-9½, Mitchell (M), Levish (P). Discus — Harris (M) 152-8½, Dinking (P), Levish (P). Mile relay — M-A (uncontest).

Westmoor 69, San Carlos 66

440 relay — San Carlos. 120 HH — Streets (S) 17.4, Van Wandlen (S), Heller (S). 880 — Record (S) 2:07.6, Sanchez (W), Torres (W). 100 — Barker (W) 11.0, Barkins (S), Garcia (W). 440 — Williams (S) 52.5, Huggins (S), Williams (W). LJ — Pliwaa (W) 17-5, Cequeria (W), Dowdell (W). 2 mile — Pretes (S) 10:40, Cokerilli (W), Klebofski (S). SP — Hall (W) 46-10½, Howard (W), Baldwin (S). 330 LH — Streets (S) 42.5, Macapuglu (W), Cequeria (G). 220 — Record (S) 22.6, Barkins (S). PV — Walters (S) 9-6, Torrez (W), Arnott (W). Discus — Hall (W) 146-7, Brent (S). Baptista (W). Mile — Torrez 5:00, Petis (S), Cokerilli (W). TJ — Cequeria (W) 35.7, Baptista (W), Lees (W). HJ — Johnson (W) 5-8, Lees (W), Pliwaa (W). Mile relay — San Carlos — 3:38.2.

GIRLS

Carlmont 106, Galileo 12

2 mile — Vanleewen (C) 12:19, Horve (C), Pless (C). 440 relay — Galileo 55.0. 110 HH — McCreedy (C) 17.9, Gandolfi (C), Nieder (C). 880 — Vanleewen (C) 2:36.6, Gardner (C), Longan (C). 100 — Miller (C) 12.1, Johns (C), Padmore (G). 440 — Foianini (C) 60.7, Jungsten (C), Turner (C). 330 LH — Nieder (C) 54.3, Gandolfi (C), Berg (C). 220 — Miller (C) 27.6, Foianini (C), Couch (C). Mile — Horve (C) 5:52.3, Gardner (C), Pless (C). SP — Carrozzini (C) 36-11½, Hoskins (C), Fowers (C). Discus — Fowers (C) 90-3, Carrozzini (C), Roberts (G). HJ — Sanchez (C) 4-10, McCreedy (C), Miller (C). LJ — Sanchez (C) 16-3, Padmore (G), Roberts (G). Mile relay — Carlmont 4:20.2.

GIRLS

San Carlos 73, Westmoor 32

2 mile — Vaughan (S) 14:03. 440 relay — San Carlos 52.4, Lee (W) 18.6. 880 — Spaargaren (W) 2:35.2. 100 — Robinson (S) 12.0. 440 — Basir (S) 67.5. LJ — Jackson (W) 14.9. Discus — Perkins (W) 115-4. 220 — Robinson (S) 27.6, Perkins (W) 37-11½. Mile — Silva (S) 5:49. HJ — McLaughlin (S) 4-4.

Palo Alto 57, M-A 52

440 relay — King (M) 18.2. 880 — Mullen (M) 2:35.6. 100 — Clark ((P) 11.8. 440 — Schoer (P) 64.9. 2 mile — Baillie (P), Schlumpberger (P). 13:04.7. 220 — Clark (P) 27.0. Mile — Mullen (M) 5:50. HJ — King (M) 5-0. LJ — King (M) 28.0. Haasch (M) 28.0. Discus — Haasch (M) 97.4. Mile relay — Palo Alto.