## LIFORNIA TRACK & RUNNING NEWS

12.35, Barbara Ballard (Cordova, Rancho Cordova) 12.52. 400 — Overall leaders: Margaret Demorest (Buchser) 56.96, Kim Webster (Berkelev) 56.99, Jessica Spicer (Livermore) 57.08. 800 — Kerry Brogan (Los Altos) 2:11.6, Maria King (Ayer) 2:11.9, Tracy Weber (Lynbrook) 2:14.9, Tracy Weber (Lynbrook) 2:14.9, 4:39.7, Jenny Ray (Oakland) 4:39.7 4:39.7, Robyn MacSwain (Terra Linde, San Rafael) 4:40.2. 3,000 — Heike Skaden (Encina, Sacramento) 9:48.8, Kerry Brogan (Los Altos) 10:00.6, Liz Stransio (Mission San Jose, Fremont) 10:05.8.

photo by Don Gosney long jump, the Muir senior spanned  $24-4\frac{1}{2}$ , a personal best and top mark in the United States this year. In addition, he had two jumps of over 23 feet, either of which would have been good enough to

of which would have been good enough to win the event. In the triple jump, a discipline in which Mayfield also leads the country in (50-11), the competition was considerably stiffer. Meet director Doug Speck brought to gether the four top leapers in the nation, and only eleven inches separated the winner Miller (L.A. Fremont) and fourth placer Mayfield. Miller, undefeated on the year bounded 50-1, which marked the third time this year he has surpassed 50 feet. He narrowly defeated another Muir

PAGE 17

Howard sisters last year, and also later set a national prep record. Susie Ray of Villa Park defended her shot put title, and also topped her own meet standard by throwing the iron ball 48-6.

48-6. It was unfortunate that the high school division of the Bruce Jenner relays occurred on the same weekend as the Arcadia meet, depriving fans at both venues of some great individual show-downs. Hopefully, next season the prob-lem can be alleviated, so that some of the top northern teams such as Berkeley, can make the trip south make the trip south.



#### Pete Richardson **Berkeley High**

100 LH — Sherifa Sanders (Berkeley) 13.96, Alesia Sweeney (Tamaipias, Mill Valley) 13.97, Judy Yoyng (Berkeley) 14.62. 800 relay — Overall leaders: Berkeley 1:37.6 (national record); old record 1:37.8 by Ball of Galves-ton, Texas, 1979), Kennedy (Granada Hills) 1:38.6, Livermore 1:45.6. 1,600 relay — Overall leaders

145.6. 145.6. 145.6. Kennedy (Granada Hills) 3:48.0, Berkeley 4:00.0, Sáratoga 4:02.2. Shet put (4k) — Leslie Deniz (Gridley) 43-9¼, Stephanie Town-sel (Silver Creek) 38-5, Laura De-Snoo (Washington, Fremont) 38-1/2 11/2

Shoo (Wessington, Frendrik) Se-Iva. Discus — Leslie Deniz (Gridley) 170-3, Laura Dešnoo (Washing-ton, Fremont) 132-5, Kathy Kahn (San Luis Obispo) 125-0. High iump — Cheryl Bishop (Berkeley) 5-6, Trish King (Men-lo-Atherton) 5-6, Karen Robinson (Fremont) 5-2. Leng iump — Sherifa Sanders (Berkeley) 19-8w, Tammie Sulli-van (Ayer) 18-9w, Sheila Greene (Hill) 18-51/2w.

## Arcadia Invitational

#### by Tom Feuer

by Tom Feuer Sparked by scintiliating performances from field event phenoms Greg Denby, Charles Mayfield and Freeman Miller, the data Annual Arcadia Invitational once again lived up to its billing as the finest per track meet on the west coast. A pleasant, balmy Southern California wening and an enthusiastic crowd of 5,000 provided the athletes from the done to compete under. Denby, a Crenshaw (L.A.) senior who finches over his head and cleared 7-1 on his penultimate try to handily win the pation thus far this year, and it broke Lee Balkin's 1979 meet record of 7-0. Anthony care, a Plus X soph finished in the vanion thus far this year, and it broke the balkin's 1979 meet record of 7-0. Anthony care, a Plus X soph finished in the vanion thus far this year, and it broke the balkin's 1979 meet record of 7-0. Anthony care, a Plus X soph finished in the vanion thus far this year, and it broke the balkin's 1979 meet record of 7-0. Anthony care, a Plus X soph finished in the vanion thus far this year, and it broke the balkin's 1979 meet record of 7-0. Anthony care, a Plus X soph finished in the vanion thus far this year, and it broke the balking the the the the the the the vanion the near future.

### Two Berkeley High female flashes: Sharon Ware hands off to Tanaya King.

jumping jack, Ricky Holliday, who was only an inch back with a personal best 50-0. Ken Frazier, the super sophomore from Mission High in San Francisco was a close third in 49-111/2.

from Mission High in San Francisco was a close third in 49-111/2. One of the highlights in this year's Cal. State meet should be the mile relay, where Banning's (L.A.) two year national record of 3:11.6 is in serious jeopardy. Centennial, with the incredible Michael Turner on anchor, destroyed an excellent field to win the 1600 meter baton event at Arcadia in 3:14.8. Among the teams left in the wake were Pasadena (3:18.3), Muir (3:19.7) and Washington (3:20.9). If Centennial should meet Compton and Berkeley at the state meet, the sparks should really fly. Meanwhile, earlier in the evening, Turner looked very smooth in handling the 400 meter field winning with a time of 47.91. Washington sophomore Fabian Cooper, who tripled in a dual meet against Fremont the day before, finished second in 48.57. Cooper's teammate Gregory Peppers, an excellent quarter miler in his own right, stepped down in distance and won the 200 in 21.91. from Robert

Peppers, an excellent quarter miler in his own right, stepped down in distance and won the 200 in 21.91, from Robert Roederer of Canyon (Saugus). Peppers was a 1:57.8 half miler as a tenth grader at Birmingham (L.A.) High, and last year he toured one lap in 48.05, one of the fastest junior times in the country. It should be an interesting race when Turner, Peppers, Rod Barksdale of Comp-ton, and Homer Dotson of Berkeley get tooether in a guarter mile.

ton, and Homer Dotson of Berkeley get together in a quarter mile. Junior David Ashford of West Covina tuned up for a probable State meet showdown with Henry Andrade (Johnson, Sac.), by thrashing the fields in both the 110 meter highs and 300 meter lows. Ashford's winning marks were 14.23, and 37.34

Ashtord's winning marks were 14.23, and 37.34. John Costanzo of Crespi overcame a fast Kerwin Bell start to win the 100 meters in 10.70, and in doing so he preserved his unbeaten string on the year in the short sprint. In addition, Costanzo supplied an electrifying anchor to the Crespi 400 meter relay team, bringing them from way back to a first place finish in the second (slower) heat. In the 200, however, Costanzo could manage no better than third, clocking 22.13, almost a second over his seasonal best of 21.2. On the distaff side, Fountain Valley and Alemany engaged in a fierce battle in the distance medley. To the victor, Fountain Valley, went the spoils, a new national record of 12:04.3. The Howard sisters, now numbering

record of 12:04.3. The Howard sisters, now numbering only three (Sherri, Denean, and Tina), and running this year for Kennedy of Granada Hills, set a meet standard of 3:46.3 in the 1600 relay with the assistance of non family member Cheryl Cook. The meet record they broke was that of San Gorgonio, who had four

# photo by Don Gosney

#### Boys

100-1. Costanzo (Crespi), 10.70; 2. Bell (Edison), 10.83; 3. Delemar (Pas-adena), 10.84; 4. Gee (San Marcos, Santa Barbara), 11.04; 5. Thompson (Kennedy, GH), 11.05; 6. Mills (Muir), 13.06.

Hormedy, GH), 11.05; 6. Mills (Muir), 200-1. Peppers (LA Washington), 2191; 2. Roederer (Canyon, Saugus), 22.11; 3. Costanzo (Crespi), 22.13; 4.
Graham (Centennial), 22.17; 5. Delemar (Pasadena), 22.27; 400-1. Turner (Centennial), 47.91; 2.
Cooper (LA Washington, soph), 48.57; 3. Johnson (Bakerstield), 49.51; 4.
Dancer (Pasadena), 49.52; 5. Hickman (Jefferson), 49.67; 6. Powell (Nogales), 49.55; 800-1. Prejers (North Torrancia), 1528; 2. Core (La Washington), 19.74

(LA Fremont), 22-01/2; 6. Frazier (SF Mission), 22-01/4.

High JUMP-1. Denby (Crenshaw), 7-1 (meet record, old mark, 7-0, Balkin, Glendle, 1979): 2: Caire (Pius X), 6-8; 3. Mayfield (Muir), 6-8; 4. Ross (Rio Mesa), 6-8; 5. Langan (Ventura), 6-6.

TRIPLE JUMP-1. Miller (LA Fremont), 50-1; 2. Holliday (Muir), 50-0; 3. Frazier (SF Mission), 49-11/2; 4. Mayfield (Muir), 49-2; 5. Henry (Bakersfield), 47-034.

#### Girls

100-1. Blackburn (Cajon), 12.06; 2. Palge (LB Poly), 12.09; 3. Washington

(Centennial), 12.26; 4. James (LA Frement), 12.35; 5. Gill (LA Fremont), 12.47; 6. Evans (LB Poly), 12.48.

200-1. Markham (Dorsey), 24.82; 2. Washington (Centennial), 24.85; 3. Gill (LA Fremont), 25.63; 4. Zepherin (SD Morse), 25.83; 5. Cabell (Gardena), 26.02; 6. Hanson (Acalanes, Lafayette), 26.18.

400-1. Jackson (Cajon), 57.10; 2. Wright (Manual Arts), 57.76; 3. White (Manual Arts), 57.77; 4. Churchman (Rio Mesa), 57.97; 5. Ransom (Pasadena), 58.07; 6. Bradley (Gardena), 58.65. tlieb (Beverly Hills), 2:16.3; 5. Haller (Buena), 2:16.1; 6. Cerda (Melodyland), 2:17.7.

1,500-1. Miller (Chatsworth), 4:37.8; 2. Hazlett (Saugus), 4:38.3; 3. Mason (Buena), 4:41.1; 4. Howlett (Alta, Salt Lake City), 4:41.3; 5. Metzger (Rio Mesa), 4:41.9; 6. Spotts (Redondo), 4:42.2.

3,000-1. Acuna (San Gabriel), 10:20.3; 2. Gardner (Magnolia), 10:23.6; 3. Gonzales (Buena), 10:27.0; 4. Katlove (Palos Verdes), 10:28.1; 5. Metzger (Rio Mesa), 10:32.2.

100 HURDLES—1. Mills (University, Irvine), 14.24; 2. Hanlon (Edison), 14.43; 3. Gelvin (Ventura), 14.84; 4. Melnbraass (Acalanes, Lafayette), 15.03; 5. Pendleton (LA Fremont), 15.16; 6. Smith (Locke), 15.36.

400 RELAY-1. Kennedy (Granada Hills), 47.82; 2. LA Fremont, 48.35; 3. Manual Arts, 48.36; 4. LB Poly, 48.75; 5. Calon, 48.97; 6. Gardena, 49.25.

1600 RELAY—1. Kennedy (Granada Hills) (Cook, S. Howard, D. Howard, T. Howard), 3:46.3 (meet record, old mark, 3:51.8, San Gorgonio, 1979); 2. Manual Arts, 3:51.0; 3. LB Poly, 3:51.7; 4. North Torrance, 3:59.9; 5. Cajon, 4:01.3.

DISTANCE MEDLEY RELAY-1. Fountain Valley (Margerum, Hatfield, McGlinchey, Villanueva), 12043 (national and meet record, old national mark, 1207.0, Santa Barbara, 1979; old meet mark, 12:14.0, Santa Barbara, 1779); 2. Alemany, 12:05.8; 3. Santa Barbara, 12:18.0; 4. Edison, 12:23,1; 5. Foothill, 12:23,7.

DISCUS-1. Compton (Marian, Imperial Beach), 143-0; 2. Hollingsworth (Chaffey), 140-5; 3. Schweitzer (Canyon, Saugus), 125-10; 4. Bradshaw (Saugus), 122-9; 5. Argento (Kennedy, La Palma), 121-10; 6. Dhont (Acaianes), 113.10.

HIGH JUMP-1. Soja (LA Poly), 5-10 (equais meet record, Aiston, Chico, 1979); 2. McNeal (Carisbad), 5-10; 3. Fargo (Crescenta Valley), 5-8; 4. Johnson (Marshall, Pasadena), 5-8; 5. Roberts (Cerritos), 5-6; 6. tie between Van Zeeland (Acalanes) and Jones (Orem, Utah), 5-6.

LONG JUMP-1. Roberts (Cerritos), 19-434; 2. Markham (Dorsey), 19-2½; 3. Harper (LA Fremont), 18-8½; 4. Brumfield (Crenshaw), 17-634; 5. Collins (Antelope Valley), 17-534.

SHOT PUT-I. Ray (Villa Park), 48-6 (meet record, old mark, 47-10, Ray, Villa Park, 1979); 2. Hamilton (Santa Monica), 45-4; 3. Fletcher (Crem Shaw), 43-8; 4. Carley (Garces), 42-4; 5. Gray (Washington), 42-10; 6. Kaalawahia (Fullerton), 42-5½.