Sanford & Mullins Explode: 10.02 CR, 44.84

by Bert Nelson

Los Angeles, May 11—There was a definite pattern followed by each of the four runners who executed world-leading times in the UCLA-Pepsi Invitational: lead most of the way and win big.

James Sanford started it when he dashed 100m in 10.02. Greg Foster did it when he hurdled 13.27. Billy Mullins used it while running the 400 in a PR 44.84. And Steve Scott followed suit in his 3:53.1 outdoor-leading mile.

Sanford's effort was the most productive. The Southern California junior collected his second Collegiate Record of the young 1980 campaign, slicing 0.01 off his altitude mark of 3 weeks ago.

He moved to a tie for 4th on the all-time world list and to =2nd on the all-time American standings, and earned credit for the fastest ever low-altitude performance.

And the race might have been faster. "I stumbled about 15y out of the blocks," he said, while coach Ken Matsuda reported that James "wobbled out of the blocks."

Now convinced he's as good as they come in the short dash, Sanford sees a record in his future. "Whenever I'm out on the track I'm thinking World Record. After today, I think I see a 9.8. After that, who knows. I could go for 9.7 if I can just find the right track conditions."

Several highly advertised rivals failed to show. But it made no difference to Sanford as he left a fit Harvey Glance more than 2m behind.

The muscular Mullins, attired in unfamiliar blue, manhandled a strong field. He was off fast, paid scant attention to a midrace challenge by Willie Smith, and was a clear victor as he put the last curve behind him.

Teammate Bill Green overtook all but Mullins with a strong stretch drive and achieved his best low-altitude time, 45.40. Smith, Tony Darden, Herman Frazier and Leslie Kerr, stars all, trailed in that order.

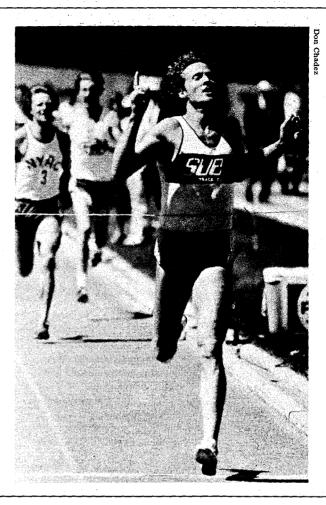
After throwing up shortly after the finish, the Trojan Horse revealed he had been sick all weekend. "But I was so psyched up it didn't bother me during the race."

Between USC heroics there was plenty of cheering by city rival and host school UCLA as Foster came to life. It was a big, big victory for Greg as he ran away from two of the three other hurdlers who have ever run faster than today's 13.27.

The chief loser, and the only one who really mattered to Foster, was Renaldo Nehemiah. The win was sweet, for Foster had been beaten 11 straight times, and occasionally humiliated, by last year's U.S. Athlete Of The Year.

The pre-race buildup was tart, as usual. Foster, who pulled up lame in the 14-June 1980

Steve Scott produced the No. 8 outdoor mile in U.S. history to top Coghlan (I) and Lacy (c).



Jenner affair, ran 13.30 a week ago. And Nehemiah, who missed about 3 months of competition with an ankle injury, debuted in 13.32 only 8 days before this meet.

That prompted Nehemiah to warn Foster: "I think at the worst I could run 13.1 by Sunday—if Greg is with me all the way. He is the only guy who can give me the race of my life at the present time."

Foster saved most of his talking for after the race, which wasn't close. Despite a false start which normally instills caution on the second try, Greg jetted from the blocks.

By the second barrier he was beginning to pull away, hurdling powerfully and beautifully. Skeets, meanwhile, was out with the others but soon was chasing Dedy Cooper (13.43) and Rod Milburn (13.54) to finish a full half second behind the quick-stepping Foster.

Foster made no attempt to rub it in. "I've said all along that this is my year. I've learned how to concentrate on the hurdles. I didn't see anyone else. Just the 10 hurdles and the tape."

Nehemiah averred he was ready mentally but not physically. "I'm short on background and the ankle still hurts." And he couldn't resist tossing another barb at his rival. "If I could beat Greg now in my second race, on so little, it would have completely destroyed him."

He wasn't asked to explain why he was so much slower than in his season opener a week before.

Scott could have been forgiven for not following the lead-all-the-way pattern, for milers seldom do. And there was talk of a rabbit programmed to run 58 and 1:59.

But when Scott moved off the starting arc along with Eamonn Coghlan, Don Paige, Craig Masback, Steve Lacy and others, there was no bunny. Scott, running his first outdoor mile of the year after concentrating on strength work, found himself in the lead.

Working smoothly, Scott carved out the rabbit's expected pace, passing quarter posts in 58.9 and 1:58.9 with the entire field packed in tightly.

But they began to string out on the penultimate homestraight. At the three-quarter point (2:57.7), Steve had picked up the tempo while Coghlan hung on and Don Paige mysteriously lost contact.

It was runaway time around the curve.

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Scott gained a guick 8m margin as they entered the backstraight, increased it all the way and led by about 20m as he turned for

Coghlan put on a late drive which narrowed the margin a mite but still finished 2.1 back. Steve's last go-round was an unpressed 55.4.

"I could have pushed harder from halfway but the wind was too gusty," Scott stated. "I'm not surprised Ovett didn't show. He's very weird about who he runs against. He's just a talker."

Steve revealed he was peaking for the "Olympic Trials" and then again for the Golden Mile in London in August.

Asked if Ovett would have won, Coghlan said he definitely would not. "Steve was too good today." Eammon left soon after the race to return to Eire with his family and begin preparation for the Olympics. He said he wouldn't race again until late June.

Paige faded to 7th in 4:07.9 and was puzzled. Asked why, he said, "That's what Jumbo [Elliott] will ask and I don't know what to tell him. I guess I just lost concentration and desire." He said he was fit and Coach Jack Pyrah said they thought he was ready for 3:53.

Two throwers weren't far behind the fast foursome of runners in turning in world class marks. Putter Brian Oldfield and discus ace Mac Wilkins came up with marks which have been topped this season only by themselves.

Oldfield stayed in the circle on all six of his spin-puts, had a worst effort of 67-11 and a best of 70-614. Only his 71-3 is better this season.

"Not bad for a non-lifter, is it?" asked the hairy veteran. "I've decided it's too much work to keep up with these guys on the weights so I'm getting by with what comes naturally."

Wilkins, too, was feeling pretty good. And well he should, for he disposed of the usual high quality field with class. His five fair tosses ranged from 215-0 to 220-2 with a breeze that helped some but which was no big bluster.

John Powell was the only opponent who could surpass Big Mac's worst effort, reaching 216-10 and 216-0. Al Oerter was 3rd ahead of the usually consistent but off-form Knut Hieltnes.

Told he didn't seem to have much to worry about from American throwers right now, Wilkins replied, "When I'm throwing right I don't have to worry about anyone. Yes, that includes Wolfgang Schmidt.

No women threatened any records but two did disturb the all-time lists in the long iump. Wisconsin sophomore Pat Johnson stretched out to 21-614, a mark bettered all-time by only four Americans and three collegians. Young Carol Lewis moved to 8th all-time U.S. with 21-41/2.

Evelyn Ashford, America's premier female trackster and big favorite in the 100, never made it to the finish line. Off to a good start, but perhaps not running as smoothly as usual, Ashford grabbed her right thigh at about 60m and fell to the track in pain.

The injury was later reported as a

"slight hamstring pull" and she was expected "to be running again in a few weeks."

Attendance 11,749-100(1.0), J. Sanford (USC) 10.02 CR (=4, =4 a-t W; =2, =2 a-t US) (fastest non-altitude 100 ever); 2. Glance (Aub TC) 10.24; 3. Brown (UCLA) 10.26; 4. Moore (Az St) 10.54; 5. Abrahams' (AFS)

200(1.3), L. King (Sub 4) 20.5; 2. Evans (Az St) 20.7; 3. Hampton (BAS) 20.8; 4. McCullough (unat) 20.9.

400, Mullins (USC) 44.84 (7, x a-t C); 2. Green (USC) 45.40 (x, 8 a-t WJ; x, 7 a-t USJ); 3. Smith (Aub TC) 45.67; 4. Darden (PPC) 45.70; 5. Frazier (PPC) 45.87; 6. Kerr (Tx AM) 46.27; 7. Thompson (UCLA) 46.54. 800, Robinson (ICAC) 1:48.01; 2. Wilson (AA)

1:48.01; 3. Wang' (USC) 1:48.30; 4. Futrell (SMTC) 1:48.47; 5. M. White (Cal) 1:48.69; 6. Martin (Iona) 1:49.26; 7. Masterson (SMTC) 1:49.27; 8. Theriot (UCLA) 1:49.43.

Mile, Scott (Sub 4) 3:53.1 (x, 8 a-t US) (58.9, 60.0 [1:58.9], 58.8 [2:57.7], 55.4); 2. Coghlan" (Eir) 3:55.2; 3. Lacy (AFS) 3:55.7; 4. Cornell (UCLA) 3:57.7; 5. Masback (NYPC) 3:57.9; 6. Wicksell (Sub 4) 3:59.2; 7. Paige (Vill) 4:07,9.

2M. Chapa (OTC) 8:26.99: 2. Koskei' (ATC) 8:27.82: 3. Plasencia (FSRT) 8:30.13; 4. Ortiz (UCLA) 8:30.13; 5. Jones (SMTC) 8:40.71; 6. Schankel (SLO) 8:44.40;...dnf—Quax" (NZ) & McCullough (SMTC).

110H(1.3), Foster (UCLA) 13.27 (x, =9 a-t US); 2. Cooper (BAS) 13.43; 3. Milburn (HAC) 13.54; 4. Nehemiah (DCI) 13.77; 5. Wilson (Vill) 13.83 (=6, x a-t US); 6. Cowling (Cal) 13.86; 7. Campbell (USC) 14.03. 400H, Phillips (UCLA) 49.76; 2. King (Macc) 50.07; 3. Turner (CSLA) 50.35; 4. Person (Md) 50.47; 5. McNeal

(UCLA) 50.71.

HJ, Brown (SCIC) 7-0; 2. tie, Kotinek (PCC) & Ottey" (Can) 7-0;... nh-Frazier (Az).

PV, Porter (HAC) 17-8%; 2. Tully (NYAC) 17-8%; 3. Curran (UCLA) 17-4%,... nh-Bell (NYAC), Bohni' (SJ St), Hall (Tx AM), Woepse (SSTC), Haynie (AFS), Isaksson" (Swe) & Taylor (Macc).

LJ, Hays (USC) 26-1\(\) w (23-10, 26-1\(\) w, 23-11\(\) z, f,

25-5%, 24-8%w); 2. Doubley (USC) 25-7%w (24-8%); 3 Williams (Macc) 25-5; 4. King 25-3; 5. Ehizuelen' (Macc) 24-91/2; 6. Robinson (SDSGS) 24-2.

TJ, Banks (ACA) 56-2% (x, 8 a-t US) (f, 56-2%, 54-2%, f, 55-6%w, 55-9%); 2. Marlow (G Bear) 55-4%; 3. Butts (Ali) 54-3½w (54-3); 4. Williams (UCLA) 54-½w (53-2); 5. Benson (UCLA) 52-10½w (51-9½).

SP, Oldfield (UCTC) 70-61/4 (68-21/2, 68-1/2, 69-1/4, 70-6%, 67-11, 68-1%); 2. Feuerbach (AW) 67-6%; 3. Laut (AW) 67-3%; 4. Dolegiewicz' (Macc) 65-11%; 5. Summers (Macc) 64-1114; 7. Gordien (unat) 62-31/4.

DT, Wilkins (AW) 220-2 (216-2, 218-8, f, 220-2, 219-7, 215-0); 2. Powell (Stars) 216-10; 3. Oerter (NYAC) 211-3; 4. Hjeltnes' (BAS) 209-8; 5. Swarts (Shore) 208-9; 6. Plucknett (WVTC) 208-8; 7. Gardner'

Women: 100(2.4), Brown (CSN) 11.26; 2. Hawkins (Tx Sn) 11.47; 3. Glover (NJ HS) 11.51; 4. Hopkins (IP) 11.60; 5. Wilson (Sn) 11.69; 6. Bolden (CSN) 11.73; 7. Innes' (CSLA) 11.76; 8. Fleetwood (Mt SAC) 11.88;... dnf-Ashford (ACA).

200(-0.3), Taylor" (Can) 22.9; 2. Brown 23.3; 3. Hawkins 23.4; 4. Boyer (Az St) 23.6; 5. Hopkins 23.7; 6. Loud (UCLA) 24.0.

400, S. Howard (Ca HS) 51.8; 2. Bryant (Ali) 52.1; 3. Rich (CSLA) 52.7; 4. Jackson (PV) 53.0; 5. D. Howard (Ca HS) 53.4; 6. Dabney (Clip) 53.5; 7. Emerson (UCLA)

800, Kelley (PV) 2:02.24; 2. Manning (ORTC) 2:03.2; Mackie-Morelli'' (Can) 2:04.60; 4. Larrieu (PCC) 2:05.94; 5. Warner (UCLA) 2:06.6; 6. Clark (NJ HS) 2:07.5; 7. Peterson (LAM) 2:09.67.

1500, Webb (KTC) 4:12.5 (8, x a-t US); 2. Goen (UCLA) 4:12.8 (=10, x a-t US); 3. McRoberts" (Can) 4:13.5; 4. M. Keyes (SLO) 4:16.6; 5. Joyce (S Di) 4:17.7; 6. Bush (UCLA) 4:20.0; 7. Kanuka' (S Di) 4:21.4; 8. Ralston (UCLA) 4:22.8; 9. Trumbly (Cal) 4:23.7. 100H(0.2), Hightower (Oh St) 13.22; 2. Fitzgerald

(Tn) 13.26 (6, x a-t US; 4, x a-t C); 3. LaPlante (S Di) 13.36; 4. van Wolvelaere (KCBQ) 13.65; 5. Anderson (LAN) 13.83; 6. Kameli' (S Di) 13.86; 7. McMillin (CI) 14.03.

HJ, Ritter (TWTC) 6-3 (x, =9 a-t US); 2. Spencer (LAN) 6-3 (x, =9 a-t US); 3. Rienstra (Az St) 6-11/4; 4. Garrison (SW) 5-11; 5. Gosswiller (CSN) 5-11.

LJ, Johnson (Wi) 21-6¼ (=5, x a-t US) (f, 20-3½, 20-7¼, 19-10¼, 21-6¼, 19-10½w); 2. Lewis (NJ HS) 21-41/2 (8, x a-t US; 2, 5 a-t HS) (21-11/4, f, 20-71/4, 21-41/2, 20-113/w, 21-3/w); 3. Anderson 21-2/w (20-8½, 20-4, 21-2/w, 20-2½, 19-8½, 20-7/w); 4. McMillan (Tn St) 21-13/w, (20-6½, 20-8½, 21-13/w, 20-8½, 20-10, 20-6½); 5. Watson (Cl) 20-4/w (19-9½); 6. Loud 19-9/w (19-4%)

SP, Seidler (Stars) 57-5% (57-5%, f, f, f, 56-6%, 55-2½); 2. Turbyne (GG) 53-8½; 3. Griffin (ACA) 53-2; 4. Devine (Tx AC) 51-2½; 5. Rose (Ali) 49-4; 6. Kauti (UCLA) 49-2%.

DT, Ritchie' (Az) 200-2 (195-9, 193-7, f, 199-9, f 200-2); 2. Griffin (ACA) 190-7 (x, 5 a-t US) (f, f, 168-10, 185-9, f, 190-7); 3. Stalman' (Az St) 181-3; 4. Winbigler (OTC) 180-4; 5. Svendsen (Quest) 173-6; 6. Hansen (SW) 166-6; 7. Vogelsang (ACA) 161-0; 8. Connell (ACA) 159-11.

Crawford Fastest Ever?

"World's Fastest Human" is a term popularly applied to the reigning men's 100m World Record holder. Research by T&FN, however, indicates that holding the WR might not be enough.

Adjusting sprint times with wind and altitude correction factors is not done officially, as yet, but tables constructed by T&FN do present a different picture, attempting to put sprint performances into their proper perspective.

Research to date has been limited, but when combined with empirical evidence is useful enough to provide a worthwhile guide.

First, let's look at the "official" all-time performances list, which allows any altitude at all, and a wind up to 2.0 mps. Note that all these marks have wind and/or altitude assistance:

	Alt.	Wind
Jim Hines (H Strid) '68	1.1	0.3
Silvio Leonard (Cub) '77	8.0	0.6
Pietro Mennea (Ita) '79	1.1	0.9
Charles Greene (US) '68	1.1	2.0
James Sanford (USC) '80	0.0	1.0
Hines '68	0.0	8.0
Sanford '80	0.7	1.6
Leonard '77	0.0	??
Lennox Miller (Jam) '68	1.1	` 0.3
Bob Hayes (Fl A&M) '64	0.0	1.0
Steve Riddick (PPC) '75	0.2	1.5
	Silvio Leonard (Cub) '77 Pietro Mennea (Ita) '79 Charles Greene (US) '68 James Sanford (USC) '80 Hines '68 Sanford '80 Leonard '77 Lennox Miller (Jam) '68 Bob Hayes (FI A&M) '64	Jim Hines (H Strid) '68 1.1 Silvio Leonard (Cub) '77 0.8 Pietro Mennea (Ita) '79 1.1 Charles Greene (US) '68 1.1 James Sanford (USC) '80 0.0 Hines '68 0.0 Sanford '80 0.7 Leonard '77 0.0 Lennox Miller (Jam) '68 1.1 Bob Hayes (Fi A&M) '64 0.0

The right-hand columns in that all-time list give the anemometer reading in meters per second (0.3 on Hines) and the altitude expressed in terms of wind aid as determined by the T&FN chart (1.1mps on Hines for 2240m at Mexico City).

The next step is to apply a time value for aiding wind (direct wind measured and that implicit in the altitude). Our mathematics assign 0.12 seconds gain over 100m for each 1.0mps of wind. Therefore, Hines had 0.3 + 1.1=1.4mps total wind for a combined aid of 0.17 seconds. His adjusted time becomes 10.12.

Applying this formula to times, we find that in reality Hines is only =6th on the all-time list, with Montreal Olympic winner Hasely Crawford becoming "TWFH."

The all-time adjusted list, including total time aid from wind and altitude:

Actual		Site	Aid	Adj.
10.06	Hasely Crawford	Montreal '76	0,00	10.06
10.07	Don Quarrie	Montreal '76	0.00	10.07
10.07	Steve Williams	Stuttgart '78	0.01	10.08
10.07	Valeriy Borzov	Munich '72	0.04	10.11
10.10	Williams	Stuttgart '75	0.01	10.11
9.95	Jim Hines	Mex City '68	0.17	10.12
10.08	Silvio Leonard	Warsaw '78	0.04	10.12
10.12	Eugen Ray	Helsinki '77	0.00	10.12
10.03	Hines	Sacramento '68	0.10	10.13
10.02	James Sanford	L Angeles '80	0.12	10.14
10.10	Williams	Zurich '78	0.04	10.14
10.14	Borzov	Munich '72	0.00	10.14

Looking deeper at the all-time "official" list, we find that there are 25 times faster than 10.10. Only 2 of those were unaided by either wind or altitude. The average combined aid of 24 races (no wind reading is available on Leonard's 10.03) is calculated at a whopping 0.17 seconds.