PAC-10 More Proof By Sanford

Seattle, May 23-24 /by Jack Pfeifer/-James Sanford demonstrated why he should be considered the world's leading sprinter with two superb victories in the Pacific-10 Championships.

The USC junior ran 10.10 to win the 100 by 0.29 and 20.61 to win the 200 by 0.63, this in a conference not known for weak sprint fields. His meticulous, powerful form and explosive acceleration astonished even veteran observers. The modest crowds, subdued most of the final day, shouted bravos when Sanford hit high

UCLA won its first Pac-10 team title in 7 years by scoring in all but three events, including every track event. Oregon competed well and finished 2nd with USC, having lost captain Billy Mullins to the scholastic dungeon the week of the meet, getting 3rd.

Ken Martin won the steeplechase routinely on Friday in 8:27.8, then outkicked Thom Hunt to win the 5000 the next day in 13:41.6. His final 440 was 56.2. Hunt had earlier won the 1500 in 3:42.07.

UCLA's Greg Foster ran 13.43 into a 2-meter wind for his third Pac-10 high hurdle title, but the NCAA 200 champion was no match for Sanford in that curve race, and he admitted that he was under instructions to run for 2nd, "I'm trying to concentrate all the way through each race, Foster said. "I'm just trying to stay consistent.'

Sanford, reflecting on the 200, said, "I gave it all I had, especially with Foster in the race. I felt great. In the 100, I knew I had it after the first 20 meters. The time surprised me in this weather." Although it didn't rain, temperatures never got past the

Sanford said he had changed his mind about the "Olympic Trials" and said he would compete there after all. "I'm about 95% in shape by now and I'm going up a little every week.'

Freshman David Mack brought visiting Oregon fans to their feet with a roaring final 300 to win the 800 in 1:48.28. His second 400 was a quick 52.6, and later he said, "I had a lot left in me."

UCLA coach Jim Bush praised his team as "the best I've ever had. This is the most complete team victory I've ever had."

Teams: 1, UCLA 163; 2, Oregon 116; 3, USC 99; 4, Washington State 67; 5. California 49; 6. Arizona 43; Arizona State 34; 8. Oregon State 30; 9. Stanford 28; 10. Washington 20.

100(0.5), J. Sanford (SC) 10.10 (x, 6 a-t C); 2. E. Brown (LA) 10.39; 3. Moore (AS) 10.53;... dnf—R. Brown (AS);... dnc—Evans (AS). 200(-1.4), J. Sanford 20.61; 2. Foster (LA) 21.24; 3.

E. Brown 21.53;... 5. Green (SC) 21.77;... dnc—Evans. 400, Green 46.48; 2. Thompson (LA) 46.57; 3. Banks

(LA) 46.73; 4. Williams (SC) 46.97. 800, Mack (O) 1:48.28; 2. West (LA) 1:49.53; 3. White (C) 1:49.85; 4. Wang' (SC) 1:50.37.

1500, Hunt (A) 3:42.07; 2. Cornell (LA) 3:43.64; 3. Lakeman (A) 3:45.06.

St, Martin (O) 8:27.8; 2. Koroso' (A) 8:38.3; 3. Friton (O) 8:40.7; 4. Evans' (WS) 8:41.3.

5000, Martin 13:41.6; 2. Hunt 13:44.2; 3. McChesney

(O) 13:44.9; 4. Ortiz (LA) 13:48.9;... 6. Kimobwa' (WS) 13:55.7;. . . 8. Cornell 14:12.4.

10,000, Kimobwa' 28:39.2; 2. Ortiz 28:58.0; 3. Erwin (O) 30:09.5.

110H(-2.0), G. Foster 13.43; 2. Campbell (SC) 13.90; Bruce (WS) 13.92;... dnf-Cowling (C);... dq-Stewart (SC).

400H, Phillips (LA) 50.96; 2. Cowling 51.27; 3. McNeal (LA) 51.29.

4 x 100, Arizona State 39.73 (Brown, Jones, Moore, Evans); 2. USC 39.88 (M. Sanford, Williams, J. Sanford, Green); 3. UCLA 39.97.

4 x 400, UCLA 3:08.26 (McNeal 47.4, Banks 47.1, Thompson 46.0, Phillips 47.8); 2. USC 3:08.37 (Williams 46.2, J. Sanford 47.0, Bethany 47.0, Green 48.2); 3. California 3:10.76 (Kelly 46.8); 4. Oregon 3:10.79 (Mack

HJ, Balkin (LA) 7-2; 2. Smith (SC) 7-2; 3. Frazier (A) 7-0.

PV, Hintnaus (O) 17-2%; 2. Curran (LA) 17-2%; 3. Goodman (WS) 16-10%

LJ, Doubley (SC) 25-11%; 2. Hays (SC) 25-3%; 3.

Williams (LA) 25-%, TJ, Benson (LA) 52-6¼w (52-2); 2. Taiwo' (WS) 51-5¼w (51-1¾); 3. Williams 51-2¼.

SP, Stover (O) 64-1%; 2. Goldsmith (O) 60-9%; 3. Crouser (O) 58-6.

DT, Fox (OS) 192-1; 2. Porath (C) 189-0; 3. Hersh (AS) 187-9; 4. Buss (S) 179-8; 5. Jesernig (WS) 179-4. HT, Buss 211-5; 2. Jesernig 204-2; 3. Thomson (S)

203-11; 4. Mann' (WS) 202-10; 5. Buxton' (WS) 195-3. JT, Lorentzen' (O) 260-4; 2. Wolf (OS) 253-6; 3. Anderson (LA) 250-6; 4. Moulder' (W) 244-3.

Dec, Gefre (W) 7758 (76711); 2. Montpas (AS) 7732 (76411); 3. Steen' (C) 7358 (72751).

Maryland Upsets Villanova

by Bob Hersh

Philadelphia, May 25-26-Villanova's distance corps did what it had to do, but it wasn't enough. The Wildcats, seeking their 5th consecutive IC4A outdoor championship, were upset by a surprising Maryland team which, despite the absence of Renaldo Nehemiah, got its key points in the hurdles.

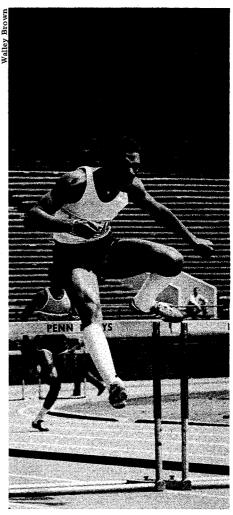
The winners were paced by Chris Person, who lowered his PR to 49.46 in winning the 400 hurdles and then came through with 8 unexpected points in the 110s by finishing 2nd to frosh Rodney

The top race of the day was, predictably, the 800. Don Paige, in his 5th race of the meet, unleashed his usual devastating kick and overtook Richard Ouma and Billy Martin coming off the final turn. Paige's time was 1:46.13, the best mark in the country so far this season. while Ouma (1:46.65) and Martin (1:46.91) both had PRs.

Earlier, Paige and Sydney Maree had withstood the challenge of Ross Donoghue in the 1500 to repeat their 1-2 finish of a year ago. It was the second straight year that Paige scored an 800-1500 double in this meet.

Amos Korir also repeated his '79 double, taking the steeplechase in 8:31.8 and the 10,000 in 29:34.0, winning both with ease. Maree successfully defended his 5000 title as well.

The key to Villanova's defeat turned out to be the sprints. Freshman Carlton Young anchored the 4 x 100 team to victory and seemed headed for a 100-200 sweep that could have put the Wildcats way ahead. But with 10m to go in the 100, Young pulled a muscle. Well in front at the time, Young was able to hop in for a 2nd-place finish, but he had to scratch



Person's first-ever sub-50 helped the Terps.

from the 200 and that ended the title guest for his team.

Teams: 1. Maryland 100; 2. Villanova 94; 3. Fairleigh Dickinson 49; 4. Pennsylvania 43; 5. St. John's 34; 6, tie Boston University & Manhattan 27; 8. Seton Hall 25; 9.

Navy 24; 10. tie, Hárvard & Rhode Island 20. 100, James (Ct) 10.48; 2. Young (Vill) 10.50; 3. Berrie' (S Hall) 10.52.

200, Farnsworth (Fitch) 21.05; 2. Green (Md) 21.22. 400, Denman (S Hall) 45.99; 2. Cohen' (Bost U) 46.54; 3. Colvin (Navy) 46.62.

800, Paige (Vill) 1:46.13; 2. Ouma' (FD) 1:46.65; 3. Martin (Iona) 1:46.91; 4. Spooner' (Rich) 1:47.79; 5. England (Vill) 1:48.61.

1500, Paige 3:43.33; 2. Maree' (Vill) 3:46.56; 3. Donaghue (St John's) 3:43.68.

St, Korir' (Vill) 8:31.8; 2. Gregorek (Gtn) 8:34.3; 3. Chebor' (FD) 8:46.4. 5000, Maree' 14:00.7; 2. Chebor' 14:02.0.

10,000, Korir' (Vill) 29:34.0; 2. Ludwikowski (Man)

110H, Wilson (Vill) 13.87; 2. Person (Md) 14.16. 400H, Person (Md) 49.46; 2. Hanton (St John's) 49.97; 3. Allen (St John's) 50.86.

 4×100 , Villanova 40.62 (Wilson, Brown, Sydnor, Young); 2. Seton Hall 40.73.

4 x 400, Fairleigh Dickinson 3:08.98 (Taitt 47.7, Smith 48.0, Ouma' 47.0, Alves' 46.3); 2. Navy 3:09.03. HJ, Jacobs (FD) 7-3; 2. Williams (Navy) 7-3; 3. Alexander (Man) 7-1%.

PV, Strawderman (RI) 17-2%; 2. Lamp (Md) 17-0.

LJ, Cousins (Md) 24-11%; 2. Udo' (Har) 24-2%. TJ, Alston (CWP) 53-2%; 2. Cousins 52-0; 3. Smothers (Penn) 51-2%.

SP, Stewart (Bost U) 56-10%; 2. McCullum (Blooms) 56-9%.

DT, Manahan (Drex) 185-0; 2. A. Baginski (Md) 180-2; 3. Rifkin (Prin) 179-9.

HT, Lenz (Har) 213-4; 2. Miller (NH) 210-0; 3. Silverio (Man) 205-6; 4. Linscheid' (Low) 204-2; 5. Hegarty' (Bost U) 202-5; 6. Bruno (Brown) 200-7. JT, Kreider (Army) 250-1; 2. Juskus (Glass) 246-5; 3.

Vermillion (RI) 244-6. Dec(hand), Schneider (St John's) 7583; 2. McGorty (Md) 7311, 3. F. Schmidt (Penn) 7022.