

High Jump

FLIGHT 1

Name of Athlete

School

Mark

Carey Quinn	Shasta	4' 8"
Belinda Sison	Hartnell	4' 8"
Nancy Jelaca	Shasta	4' 6"
Hope Wenzel	Antelope Valley	4' 6"
Vikki Suggs	Yuba	4' 6"
Mary Knight	West Hills	4' 4"
Lesley Moore	Modesto	4' 8"
Tori Loudon	Chabot	4' 8"
K. Kuehter	Modesto	4' 8"

FLIGHT 2

Sue Tompkins	West Valley	4' 10"
Karen Bern	Antelope Valley	4' 10"
Janet Johnson	Hartnell	4' 10"
Karen Gallo	Butte	4' 10"
Jackie Achan	Alameda	5'
Lynn Harrison	Diablo Valley	5'
T. Lundergran	College of Sequoias	4' 10"
Donna Hunnerlach	Butte	5'
Debbie Sexton	Chabot	4' 10"

FLIGHT 3

Liz Bordenkircher	Yuba	5' 4"
Deanne Neff	Santa Rosa	5' 4"
Peggy Pollock	DeAnza	5' 2"
Karen Richards	DeAnza	5' 2"
Shelly Craig	DeAnza	5' 2"
LaDonna White	Monterey	5' 1"
Cathy Matthews	Monterey	5' 2"
L. Mills	American River	5'
Naomi Henderson	College of Sequoias	5' 2"

Shot Put

FLIGHT 2

Mindy Dew	Hartnell	34' 2 1/2"
Julia Morales	Diablo Valley	37' 5"
M. Knight	West Hills	34' 7"
Karen Corda	Santa Rosa	33' 10 3/4"
Beth Lyster	Diablo Valley	37' 6 1/2"
L. Hunter	Taft	32' 7"
Lori Wilson	Shasta	37' 2"
Shannon Morgan	Sierra	36' 6"
Lauri Jones	Monterey	37' 3"

NC Trials

Butte College

May 12
1979

12 pm Field
1 pm Running

Shot Put (con'd)

FLIGHT 2

Name of Athlete	School	Mark
Martin	Fresno	37' 8"
Peggy Pollock	DeAnza	2 43' 1 3/4"
J. Greer	College of Sequoias	3 40' 1"
Wendi Michelli	San Jose	5 39' 6 1/2"
Roxanne Kasparian	Fresno	4 39' 11 1/2"
Wendy Robinson	Butte	39' 1"
Sandi Binns	Modesto	39' 3 1/2"
Pauline White	Los Medanos	6 39' 4 1/4"
Donna Erickson	Shasta	1 44"

Javelin Top 12 advance to finals FLIGHT 1

Alisa Johnson	Taft	106' 5"
Wendi Michelli	San Jose	107' 6"
Lynn Hunter	Taft	107' 8"
Karen Corda	Santa Rosa	86' 8"
Kim Kendall	Sierra	104' 6"
Cecilia Sandoval	Modesto	101' 10"
Shelly Carmosino	Santa Rosa	84' 8"
Mary Sumersville	American River	102' 6"
Juanita Olseta	Monterey	106' 3"

FLIGHT 2

Lori Watson	San Joaquin Delta	114' 7"
Debbie Deason	Butte	115' 3"
Julia Morales	Diablo Valley	108' 11"
Sharda Davidson	Monterey	111' 5"
Kidge Gillette	Lassen	109' 8"
Cincy Hale	Cabrillo	112' 10"
Karen Hawes	Yuba	113' 1"
L. Canales	Fresno	111' 11"
Kathy Webb	DeAnza	114' 10"

FLIGHT 3

Carol Ginochio	Yuba	5 124'
Kim Middlebrooks	Taft	3 125' 6"
Laure Jones	Monterey	2 138' 1"
Claine Sundry	Foothill	1 138' 2"
Barthel Harris	Hartnell	1 17'
Sandi Binns	Modesto	4 1258' 1"
Lynn Harrison	Diablo Valley	6 122' 3"
Tracy Braman	College of Sequoias	120'

Discus

FLIGHT 1

<u>Name of Athlete</u>	<u>School</u>	<u>Mark</u>
Wendy Goularte	Butte College	112' 11"
Greer	College of Sequoias	112' 2"
Debbie Deason	Butte College	112' 11"
Karen Richards	DeAnza	116' 10"
Karen Hawes	Yuba College	110' 10"
Cindy Reiter	Santa Rosa	99' 3"
Becky Cabrera	Hartnell	109' 0"

FLIGHT 2

L. Hunter	Taft	132' 0"
Wendi Michelli	San Jose	122' 9"
Lori Watson	San Joaquin Delta	126' 8"
Roxanne Kasparian	Fresno City College	132' 0"
Kim Daniel	Chabot	120' 7"
Lori Wilson	Shasta	119' 4"
Maureen Burt	DeAnza	118' 11"

FLIGHT 3

Nadeen Rameriz	DeAnza	2 140' 6"
Elaine Sundby	Foothill	3 138' 2"
Cecilia Sandoval	Modesto	1 146' 5"
Wendy Robinson	Butte	4 136' 6"
Lauri Jones	Monterey	6 133' 6 3/4"
Pauline White	Los Medanos	5 134' 2"

Long Jump

FLIGHT 1

Eva Woodson	Monterey	15' 3"
Debbie Zwick	Foothill	16' 8 1/2"
G. Oatis	West Hills	15' 11"
L. Robinson	Antelope Valley	16' 4"
Kim Wooten	Fresno City College	16' 8 1/2"
P. Nishita	Reedley College	16' 6 3/4"
Diana Macias	Fresno City College	16' 6"
Belinda Sison	Hartnell	15' 9 1/4"
Lori Watson	San Joaquin Delta	17' 0"

FLIGHT 2

Newelyn Smith	Alameda	1 18' 9"
Vickie Riggins	San Jose	6 17' 1"
Michele Tornquist	Modesto	3 18' 2"
Jamie Blake	Chabot	17' 1 1/2"
Liz Bordenkircher	Yuba	17' 1"
Deanne Neff	Santa Rosa	4 17' 6 1/4"
Del Gracia Green	Contra Costa	5 17' 3"
Donna Hunnerlach	Butte	2 18' 3"

440 Relay Top 3 from each heat

HEAT 1

School

Mark

Santa Rosa	49.26
College of Sequoias	49.8
Antelope Valley	51.8
Marin	52.0
DeAnza	51.06
Alameda	48.0-1

HEAT 2

Sacramento City College	49.15
San Joaquin Delta	50.0
American River	51.1
Monterey	50.8
San Mateo	51.6
Foothill	52.4
Modesto Junior College	48.22

HEAT 3

Yuba	50.4
Fresno City College	48.43
Chabot	51.12
West Valley	50.29
San Jose City	48.54
Cuesta	54.3
Contra Costa	51.2

400M. Hurdles Top 4 from each heat and fastest fifth

HEAT 1

Jackie Boriolo	Santa Rosa	1:04.5-34
Donna Hunerlach	Butte	1:02.8-1
Sue Tompkins	West Valley	1:08.62
Kathy Hohmann	West Valley	1:04.88-5
B. Walker	Fresno Valley	1:08.3
Janet Johnson	Hartnell	1:11.3
Daphne Collier	Monterey	1:12.6
Heidi Hansen	Foothill	1:05.9
Cathy Thurber	Sierra	1:06.1

HEAT 2

Nancy O'Connell	West Valley	1:03.61-2
Arlene Vanwarmerdam	San Joaquin Delta	1:05.3-6
Astri Wayandande	College of Sequoias	1:07.7
Stephanie Ratcliffe	Chabot	1:04.0-33
Sue Finney	San Jose City	1:08.54
Lesley Moore	Modesto	1:09.7
Liz Robinson	Antelope Valley	1:10.7
Dehyncia Green	Contra Costa	1:13.1
Diana Macias	Fresno	1:04.9-4

100 M. Hurdles Top 3 from each heat

<u>Name of Athlete</u>	<u>School</u>	<u>Mark</u>
HEAT 1		
Cathie Thurber	Sierra	16.5
D. Coleman	College of Sequoias	6 15.6
Jackie Boriola	Santa Rosa	16.0
Daphne Collier	Monterey	16.4
Stephanie Harris	Yuba	17.4
Nancy O'Connell	West Valley	15.69
Diana Macias	Fresno	1 14.9
Crystal Williams	Los Medanos	16.1

HEAT 2

Sue Tompkins	West Valley	16.38
Hope Wenzel	Antelope Valley	16.5
Janet Johnson	Hartnell	17.1
Karen Kendall	Sierra	2 15.0
Diana Rasmussen	Batte	5 15.5
Neldi Hansen	Foothill	15.8
Lori Watson	San Joaquin Delta	16.0
Kellie Strevs	Modesto	16.2

HEAT 3

Liz Robinson	Antelope Valley	4 15.4
Angela Beas	Marin	16.3
P. Nishida	Reedley	16.3
B. Walker	Fresno	16.0
Janie Blake	Chabot	3 15.3
Jackie Achan	Alameda	17.1
Cathy Holmann	West Valley	15.88
Dolgracia Green	Contra Costa	17.1

200 M. Top 3 from each heat

HEAT 1

Patty Green	Marin	25.5
Diana Rasmussen	Yuba	25.9
Pattie White	Alameda	1 25.2
Tracy Brown	College of Sequoias	26.1
Della Hampton	San Jose City	25.2
Karen Kendall	Sierra	26.2
Teresa Philopona	Santa Rosa	24.9

HEAT 2

Joanne Radnick	San Mateo	26.0
Carley	American River	24.8 RZ
Ona Perry	Modesto	25.4
Jan MacFarlane	Yuba	25.5
Gwen Kennedy	Skyline	25.2
Tina Gibbs	San Jose City	24.9
Taf Flick	West Hills	28.7
Ladonna White	Monterey	26.4

<u>Name of Athlete</u>	<u>School</u>	<u>Mark</u>
Ann Dutton	Shasta	25.8
Newelyn Smith	Alameda	26.3
C. Johanne	Fresno	25.9
Liz Douglas	DeAnza	25.4
Eloise Mallory	San Jose 4	24.9
Tammy Gonzales	Monterey	26.9
J. McDaniel	Sacramento City	25.2
Celeste Martyn	Cuesta 3	24.9

400 M. Top 3 from each heat

Cindy Cook	Butte	1:00.3
Donna Kesterson	Tuba	58.0-6
Liz Douglas	DeAnza	58.5
Diana Macias	Fresno	53.6-1
Snyder	American River	59.2
Gwen Kennedy	Skyline	57.4
D. Girard	College of sequoias	1:00.2

HEAT 2

Kris Allyn	West Valley	59.37
Robbie McGree	Alameda	58.5
Tammy Gonzalez	Monterey	58.2
Carole Jones	Contra Costa	59.9
Joslyn West	San Jose	56.64-4
Teresa Philopena	Santa Rosa	55.1-2
Lyn Kameney	Marin	1:00.4

HEAT 3

Cynthia Jones	Contra Costa	59.8
Tammy Gonzalez	Monterey	58.2
Tanya Beach	Chabot	1:00.1
Debbie Zwick	Foothill	58.23
Gwen Kennedy	Skyline	57.4-5
Arlene Vanwarmerdam	San Joaquin Delta	56.4-3
Brenda Nellis	Antelope Valley	1:03.8
Janie Hummell	Cuesta	1:02.2

100 M. Dash Top 3 from each heat

HEAT 1

Carley	American River	11.8-1
Joanne Hodnick	San Mateo	12.4
Gra-Perry		
Karen Kendall	Sierra	12.7
Gra Perry	Modesto	12.1-
Agnes Wright	Contra Costa	12.7
Delia Hampton	San Jose	12.1-6
Ann Dutton	Shasta	12.4
Eva Woodson	Monterey	12.9

100 M. Dash (con'd) Top three from each heat

HEAT 2

<u>Name of Athlete</u>	<u>School</u>	<u>Mark</u>
Teresa Pence	DeAnza	12.4
LaDonna White	Monterey	12.6
Geraldyn Maul	Sierra	12.9
Patty Green	Marin	12.1*-
J. McDaniel	Sacramento City	12.4
Debbie White	Alameda	11.9-2
Eloise Mallory	San Jose	12.1-4
Jamie Blake	Chabot	12.76

HEAT 3

Jan Macfarlane	Yuba	12.3
Tina Gibbs	San Jose	12.11-3
Barbara Morgan	Alameda	12.6
Dot Ramirez	Modesto	12.1-5
Liz Robinson	Antelope Valley	12.8
Celeste Martyn	Cuesta	12.2
Tracy Braman	College of Sequoias	12.8
S. Adams	Sacramento	12.6

800 M. Run Top 3 from each heat

HEAT 1

Cathy Matthews	Monterey	2:27.6
Norton	American River	2:24.0
Connie Hester	Fresno	2:19.5-4
Pam Bowers	West Valley	2:19.1-3
Peggy Valentine	Antelope Valley	2:27
Dianna Pappas	Yuba	2:23.5

HEAT 2

Garza	Reedley	2:27.8
Joyce Lombard	Butte	2:25.4
Janie Hummell	Cuesta	2:44.0
Tammy Gonzalez	Monterey	2:18.8-2
Jenny Rivers	Marin	2:26.6
Serena Domingues	Fresno	2:23.2
Luann Park	Butte	2:19.7-5

HEAT 3

Gina Mandy	Butte	2:27.9
Kathy Tyksinsky	Alameda	2:25.8
Heidi Haggard	San Joaquin Delta	2:28.0
Suzanne Blevins	Diablo Valley	2:17.4-1
Colleen McManus	West Valley	2:26.1
Janet Smith	DeAnza	2:22.7
Deane Neff	Santa Rosa	2:22.3-6

Heat I

	athlete	School	Time
1	Maria Trujillo	HARTNELL	4:54.3
2	Kathy Perkins	West Valley	4:48.6 - 6
3	Connie Hester	Fresno	4:43.1 - 1
4	Dana Spurrier	Diablo Valley	4:54.3
4A	Brown	American River	5:13.4
5	Sherrill Wable	Yuba	4:49.5
6	* Janie Duff	West Valley	5:10.2
7	Julie Harrosh	Santa Rosa	5:27.2
8	* Betty Minton	Sierra	5:14
9	* Carolyn Craig	San Mateo	5:09.1

Heat II

1	Suzanne Blevins	Diablo Valley	4:47.6 - 5
2	Sheila O'Donnell	Cuesta	4:57.9
3	* Pat Hozaives	Chabot	4:52.0
4	Doris Mc Locke	Marin	5:13.3
4A	Helen Fong	Sacramento City	5:19.3
5	Stacey Kearns	Yuba	4:53.6
6	Susan Chung	Monterey	5:26.4
7	* Jackie Hendrickson	West Valley	5:09.0
8	Zeslie Hoegh	Modesto	5:10.4
9	Pam Bowers	West Valley	4:43.2 - 2

3,000 Meter Run

Heat I

1. Sabrina Peters - Monterey ⁵ 10:16.9
2. Dian Kehres - Santa Rosa 12:28
3. Daley - American River 11:30.1
4. Pam Burkes - Hartnell 11:02.7
- 4A Karey Robinson - S.J.D. 4 10:15.6
- 5 Nori Grossman - Skyline 11:08.6
- 5A Sheila O'Donnell - Cuesta 10:46.7
- 6 Diana Bateman DVC 10:42.0
- 7 Robin Tracey - Antel. Valley 11:41.9
- 8 Nancy Lee - Monterey 11:38.4
- 9 Kathy Perkins - (WV) - 1 10:09.5

HEAT II

- 1 Leann Knedler - Shasta 10:37.3
- 2 Susan Chung - Monterey 11:38.9
- 3, Susie Locke - Marin 11:29.5
- 4, Ann Wotherspoon - W.V. 3 10:12.1
- 4A Val Eberly - W.V. 10:48.0
- 5, Irene Crowley - S.J.CC - 2 10:12.0
- 6 Diane Williams - Yuba 10:47.6
- 7 A. Olson - Fresno 11:41.2
- 8 Gina Mandy - Butte 11:22.9
- 9 Maria Trujillo - Hartnell 6 10:30.2

Heat III - 1500 M. Run

1. Karen Hardy - Cabrillo 5:07.0
2. Marlien Griffin - Ant. Valley 5:23.8
3. Nancy Lee - Monterey 5:12.5
4. Diana Bateman D.V.R. 4:52.5
- 4A S. Domingues F.C.C. 4:53.3
- 5 Sabrina Peters ^{3.6} Monterey 4:44.4
- 6 Teriny Rivers Marin 5:06.8
7. C. Garza Reedley 5:12.0
8. Ann Wotherspoon (WV) - 4 4:45.2
9. Charita McBride Alameda 5:25.4

NOR-CAL TRIALS 1979

1600 Relay (WOMEN)

HEAT 1

- LN 2 ANTELOPE VALLEY 4:19.6
- X 3 MODESTO 4:02.1
- X 4 FRESNO 4:01.6 -6
- X 5 SAN JOSE 3:56.5 -1
- X 6 CONTRA COSTA 4:11.4
- X 7 FOOTHILL 4:18.0
- X 8 COS 4:09.5

HEAT 2

- LN 2 CUESTA 4:19.7
- 3 SANTA ROSA 3:57.6²
- 4 BUTTE 4:00.8⁻⁵
- 5 SAN MATEO 4:16.9
- 6 S. J. DELTA 4:11.8
- 7 MONTEREY 4:07.0
- 8 YUBA 4:03.6

HEAT 3

- LN 2 MARIN 4:15.5
- 3 SIERRA 4:13.3
- 4 DEANZA 4:05.7
- 5 ARC 4:05.5
- 6 WEST VALLEY 3:59.1⁻⁴
- 7 CHABOT 4:13
- 8 FAIRFAX 4:29.2
- 9 ALAMEDA 3:58.0³

FIELD EVENTS

WOMEN

JAVELIN

1. Elaine Sundby	Foothill	134' 9"
2. Lynn Harrison	Diablo Valley	121' 9"
3. Kathy Webb	DeAnza	110' 8 1/2"
4. Julia Morales	Diablo Valley	108' 7 1/2"
5. Wendi Michelli	San Jose	99' 9 1/2"
6. Crystal Jacobs	DeAnza	99' 9"
7. Kim Daniel	Chabot	96' 1 1/2"
8. Mary Canning	West Valley	81' 3"

TOTAL TEAM SCORES

1. West Valley	111 1/2
2. San Jose	112
3. DeAnza	82
4. Chabot	57 1/2
5. Diablo Valley	48
6. Foothill	38
7. San Mateo	12

LONG JUMP

1. Vickie Riggins	San Jose	17' 1"
2. Jamie Blake	Chabot	17' 0 1/2"
3. Debbie Zwick	Foothill	16' 8 1/2"
4. Jocelyn West	San Jose	16' 8"
5. Pam Bowers	West Valley	16' 2 1/4"
6. Heidi Hansen	Foothill	16' 2 1/4"
7. Teresa Pence	DeAnza	15' 8"
8. Cynthia Franklin	Chabot	15' 6 1/2"

HIGH JUMP

1. Peggy Pollock	DeAnza	5' 10"	6. Teri Loudon	Chabot	4' 6"
2. Keren Richards	DeAnza	5' 10"	6. Sue Thompkins	W. Valley	4' 6"
3. Shelly Craig	DeAnza	5' 10"			
4. Debbie Sexton	Chabot	4' 10"			
5. Lynn Harrison	Diablo Valley	4' 8"			

DISCUS

1. Wendi Michelli	San Jose	122' 9"
2. Maureen Burt	DeAnza	118' 11"
3. Karen Richards	DeAnza	116' 10"
4. Elaine Sundby	Foothill	114' 11"
5. Kim Daniel	Chabot	113' 3"
6. Crystal Jacobs	DeAnza	105' 1 1/4"
7. Becky Slaght	West Valley	103' 10"
8. Julia Morales	Diablo Valley	102' 7"

SHOT PUT

1. Peggy Pollock	DeAnza	39' 9"
2. Beth Lyster	Diablo Valley	37' 6 1/2"
3. Wendi Michelli	San Jose	36' 11 1/2"
4. Kim Daniel	Chabot	35' 5"
5. Julia Morales	Diablo Valley	24' 9"
6. Maureen Burt	DeAnza	33' 1 1/4"
7. Sarah Dunham	West Valley	32' 10"
8. Becky Slaght	West Valley	32' 2"

WOMEN'S NOR CAL TRACK & FIELD TRIALS
BUTTE COMMUNITY COLLEGE
MAY 12, 1979

RUNNING EVENTS

440 Relay--Heat 1

(First three qualify for finals)

1.*	Alameda	49.3
2.*	Santa Rosa	49.7
3.*	Sequoias	50.5
4.	Marin	51.3
5.	DeAnza	52.2
6.	Antelope Valley	-----

440 Relay--Heat 2

(First three qualify for finals)

1.*	Modesto	48.5
2.*	American River	50.0
3.*	Monterey	50.6
4.	Delta	51.0
5.	San Mateo	51.3
6.	Sacramento	-----
7.	Foothill	-----

440 Relay--Heat 3

(First three qualify for finals)

1.*	San Jose	48.0
2.*	Fresno	49.2
3.*	West Valley	49.7
4.	Chabot	50.4
5.	Yuba	-----
6.	Cuesta	-----
7.	Contra Costa	-----

1500 Meters--Heat 1

(First four qualify for finals)

1.*	C. Hester (Fresno)	4:51.1
2.*	K. Perkins (West Valley)	4:51.2
3.*	S. Webb (Yuba)	4:52.1
4.*	M. Trujillo (Hartnell)	4:57.0
5.	D. Spurrier (Diablo)	5:02.1
6.	C. Crain (San Mateo)	-----
7.	J. Duff (West Valley)	-----
8.	J. Harrosh (Santa Rosa)	-----
9.	B. Minton (Sierra)	-----

1500 Meters--Heat 2

(First four qualify for finals)

1.*	S. O'Donnell (Cuesta)	5:01.1
2.*	P. Bowers (West Valley)	5:01.2
3.*	S. Blevins (Diablo)	5:01.6
4.*	P. Goetz (Chabot)	5:09.2
5.	S. Locke (Marin)	5:13.9
6.	L. Hoegh (Modesto)	-----
7.	H. Fong (Sacramento)	-----
8.	S. Kearns (Yuba)	-----
9.	S. Chung (Monterey)	-----
10.	J. Hendrickson (West Valley)	-----

WOMEN'S NOR CAL TRACK & FIELD TRIALS

1500 Meters--Heat 3

(First four qualify for finals)

1.*	S. Peters (Monterey)	4:46.8
2.*	A. Wotherspoon (West Valley)	4:53.2
3.*	S. Domingues (Fresno)	4:53.6
4.*	D. Bateman (Diablo)	4:57.9
5.	J. Rivers (Marin)	5:06.6
6.	K. Hardy (Cabrillo)	-----
7.	M. Griffin (Antelope Valley)	-----
8.	N. Lee (Monterey)	-----
9.	C. Garza (Reedley)	-----
10.	C. McBride (Alameda)	-----

100 Meter Hurdles--Heat 1

(First three qualify for finals)

1.*	D. Macias (Fresno)	14.3
2.*	N. O'Connell (West Valley)	15.6
3.*	J. Borjola (Santa Rosa)	15.6
4.	C. Williams (Los Medanos)	16.3
5.	D. Coleman (Sequoias)	16.23
6.	C. Thurber (Sierra)	-----
7.	D. Collier (Monterey)	-----
8.	S. Harris (Yuba)	-----

100 Meter Hurdles--Heat 2

(First three qualify for finals)

1.*	K. Kendall (Sierra)	15.2
2.*	D. Hunerlack (Butte)	15.3
3.*	K. Shreve (Modesto)	16.3
4.	S. Tompkins (West Valley)	16.5
5.	H. Hansen (Foothill)	16.5
6.	H. Wenzel (Antelope)	-----
7.	J. Johnson (Hartnell)	-----
8.	L. Watson (Delta)	-----

100 Meter Hurdles--Heat 3

(First three qualify for finals)

1.*	J. Blake (Chabot)	15.0
2.*	L. Robinson (Antelope)	15.6
3.*	B. Walker (Fresno)	15.7
4.	C. Hohmann (West Valley)	16.1
5.	A. Bess (Marin)	16.3
6.	P. Iishida (Reedley)	-----
7.	J. Achan (Alameda)	-----
8.	D. Green (Contra Costa)	-----

400 Meters--Heat 1

(First three qualify for finals)

1.*	D. Macias (Fresno)	58.3
2.*	D. Kesterson (Yuba)	58.4
3.*	K. Allyns (West Valley)	59.2
4.	T. Gonzalez (Monterey)	60.1
5.	C. Jones (Contra Costa)	65.5
6.	J. Hummell (Cuesta)	-----
7.	B. Nellis (Antelope)	-----

WOMEN'S NOR CAL TRACK & FIELD TRIALS

400 Meters--Heat 2

(First three qualify for finals)

1.*	T. Philomena (Santa Rosa)	55.4
2.*	G. Kennedy (Skyline)	57.9
3.*	D. Zwick (Foothill)	58.8
4.	T. Beach (Chabot)	59.8
5.	L. Kaveney (Marin)	60.1
6.	Snyder (American River)	60.7

400 Meters--Heat 3

(First three qualify for finals)

1.*	A. Vanwarmerdam (Delta)	56.0
2.*	J. West (San Jose)	56.8
3.*	L. Douglas (DeAnza)	58.2
4.	D. Girard (Sequoias)	59.6
5.	C. Cook (Butte)	60.2
6.	C. Jones (Contra Costa)	
7.	R. McGree (Alameda)	

100 Meter Dash--Heat 1

(First three qualify for finals)

1.*	Carley (American River)	12.1
2.*	B. Hampton (San Jose)	12.5
3.*	B. Perry (Humboldt)	12.5
4.	A. Dutton (Shasta)	12.5
5.	J. Rodrich (San Mateo)	12.5
6.	K. Randall (Sierra)	
7.	A. Wright (Contra Costa)	
8.	E. Woodson (Monterey)	

100 Meter Dash--Heat 2

(First three qualify for finals)

1.*	D. White (Alameda)	12.1
2.*	E. Hattery (San Jose)	12.3
3.*	P. Green (Marin)	12.3
4.	J. McFarlane (Sacramento)	12.4
5.	J. Blake (Chabot)	12.8
6.	T. Pence (DeAnza)	
7.	L. Wyle (Monterey)	
8.	G. Hall (Sierra)	

100 Meter Dash--Heat 3

(First three qualify for finals)

1.*	T. Gibbs (San Jose)	12.2
2.*	B. Ramirez (Humboldt)	12.4
3.*	C. Haron (Contra)	12.5
4.	J. McFarlane (Yuba)	12.6
5.	S. Adams (Sacramento)	12.7
6.	B. Morgan (Alameda)	
7.	L. Robinson (Antelope)	
8.	T. Brown (Sacramento)	

800 METER RUN

HEAT 4

<u>NAMES</u>	<u>SCHOOLS</u>	<u>DISTANCE</u>	<u>PLACE</u>
D. PAPPAS	YUBA	2:19.0	1ST
C. HESTER	FRESNO	2:19.6	2ND
P. BOWERS	W. VALLEY	2:22.0	3RD
C. MATTHEWS	MONTEREY	2:23.1	4TH
NORTON	A. RIVER	2:24.8	5TH
P. VALENTINE	ANTELOPE	2:37.1	6TH

HEAT II

L. PARK	BUTTE	2:16.9	1ST
T. GONZALEZ	MONTEREY	2:19.9	2ND
S. DOMINGUES	FRESNO	2:20.2	3RD
GARZA	REEDLEY	2:22.5	4TH
J. LOMBARO	BUTTE	2:26.5	5TH
J. RIVERS	MARIN	2:34.4	6TH

HEAT III

S. BLEVINS	DIABLO	2:22.7	1ST
KD. NEFF	SANTA ROSA	2:22.9	2ND
H. HAGGARD	DELTA	2:24.2	3RD
C. McMANUS	W. VALLEY	2:25.0	4TH
J. SMITH	DEANZA	2:30.8	5TH
G. MANDY	BUTTE	2:38.4	6TH

400 METER HURDLES

5

HEAT I

* D. HUNERLACH	BUTTE	1:02.7	1 ST
* J. BORIOLO	SANTA ROSA	1:03.1	2 ND
* K. HOHMANN	W. VALLEY	1:05.6	3 RD
* C. THURBER	SIERRA	1:06.1	4 TH
S. TOMPKINS	W. VALLEY	1:12.0	5 TH

HEAT II

* A. VANWARTERDAM	DELTA	1:03.6	1 ST
* S. RATCLIFFE	CHABOT	1:03.8	2 ND
* D. MACIAS	FRESNO	1:05.3	3 RD
* N. O'CONNELL	W. VALLEY	1:05.9	4 TH
* S. FINNEY	SAN JOSE	1:07.4	5 TH
L. ROBINSON	ANTELOPE	1:09.4	6 TH

200 Meters

Heat I

<u>NAME</u>	<u>Time</u> (electronic)	<u>School</u>
* D. White	25.25	Alameda
* D. Hampton	25.47	San Jose
* T. Philopona	25.59	Santa Rosa
P. Green	25.88	Marin
K. Kendall	26.5 (HAND)	Sierra

Heat II

* T. Gibbs	25.13	San Jose
* Carley	25.60	American River
* G. Perry	26.13	Modesto
G. Kennedy	26.13	Skyline
J. MacFarlane	26.3 (HAND)	Yuba

Heat III

* E. Mallory	25.09	San Jose
* S. McDaniel	25.69	Sacramento
* L. Douglas	26.11	De Anza
N. Smith	26.17	Alameda
A. Dutton	26.1 (HAND)	Shasta

3,000 Meter RUN

7

Heat I

1. S. Peters Monterey 10:24.8
2. K. Perkins W. Valley 10:28.3
3. K. Robinson Delta 10:36.5
4. P. Burkas Hartnell 10:46.6
5. N. Grossman Skyline 11:09.0
6. D. Batman Diablo 11:17.7?

Heat II

1. M. Trujillo Hartnell 10:36.2
2. A. Knedler Shast 10:49.3

~~3. D. Williams Yuba 10:52.1~~

~~4. P. Burkas Hartnell 10:46.6~~

~~5. J. Locke Madison~~

3. D. Williams Yuba 10:52.1
4. A. Wotherspoon W. Valley 11:09.9
5. L. Crowley San Jose 11:09.9
6. V. Eberly W. Valley No-Time.

Mile Relay

-8-

Heat 1

1. San Jose *	3:59.56
2. Modesto *	4:04.93
3. Sequoias *	4:06.48
4. Fresno	4:10.53
5. San Mateo	4:11.48
6. Contra Costa	

Heat 2

1. Butte *	4:00.46
2. Santa Rosa *	4:01.42
3. Yuba *	4:04.59
4. Monterey	4:11.15
5. Delta	4:13.8

Heat 3

1. West Valley *	4:01.63
2. Alameda *	4:03.89
3. American River *	4:04.83
4. DeAnza	4:07.64
5. Sierra	4:10.1
6. Chabot	
1. Portnall	

Javelin

9

<u>Names</u>	<u>School</u>	<u>Distance</u>	<u>Place</u>
E. Sunby	Foothill	146' 8"	1
K. Middlebrooks	Taft	141' 9"	2
L. Johnson	Monterey	141' 2"	3
N. Mishelli	San Jose	126' 6"	4
C. Einochio	Yuba	120' 10"	5
D. Deason	Butte	120' 7"	6
T. Braman	Sequoias	120' 5"	7
J. Binns	Modesto	120' 2"	8
L. Watson	Delta	117' 1"	9
L. Harrison	Diablo	116' 7"	10
C. Hale	Cabrillo	114' 9"	11
D. Harris	Hartnell	113' 10"	12
K. Hawes	Yuba	111' 7 1/2"	13
J. Olatoba	Monterey	111' 7"	14
K. Webb	De Anza	108' 7 1/2"	15
K. Kendall	Sierra	107' 1"	16
C. Sandoval	Modesto	105' 7 1/2"	17
L. Hunter	Taft	104' 11"	18
S. Davidson	Monterey	95' 5 1/4"	19
J. Morales	Diablo	94' 1 1/2"	20
A. Johnson	Taft	91'	21
S. Carmosina	Santa Rosa	88'	22
K. Corda	Santa Rosa	84' 7 1/2"	23
M. Gillette	Lassen	83' 9 1/2"	24
L. Canales	Fresno	83' 5 1/4"	25
M. Summerville	American River	81' 9 1/2"	26

Long Jump

10

Name

School

Distance

1. N. Smith

Alameda

18 6

2. D. Marcias

Fresno

18 $3\frac{1}{4}$

3. D. Neff

Santa Rosa

17 $9\frac{1}{2}$

4. M. Tornquist

Modesto

17 $9\frac{1}{4}$

5. D. Hunerlach

Butte

17 8

6. J. Blake

Chabot

17 $2\frac{1}{2}$

7. D. Zwick

Foothill

17 $3\frac{1}{4}$

8. D. G. Green

Contra Costa

17 $\frac{1}{4}$

9. K. Wooten

Fresno

16 $10\frac{1}{2}$

10. L. Bordenkircher

Yuba

16 $8\frac{1}{4}$

11. Riggins

San Jose

16 $2\frac{3}{4}$

12. Sison

Wartnell

16 $1\frac{1}{2}$

13. Woodson

Monterey

15 $10\frac{1}{4}$

14. Oatis

West Hills

15 $8\frac{1}{2}$

15. Nishida

Reedley

15 $7\frac{1}{2}$

16. Watson

Delta

15 $2\frac{3}{4}$

SHOT PUT

11

<u>NAMES</u>	<u>SCHOOL</u>	<u>DISTANCE</u>	<u>PLACE</u>
D. ERICKSON	SHASTA	43' 2"	1ST
J. BINNS	MODESTO	40' 6"	2ND
P. POLLACK	DEANZA	39' 2 1/2"	3RD
W. ROBINSON	BUTTE	38' 8"	4TH
L. JONES	MONTEREY	37' 6 1/2"	5TH
K. KASPARIAN	FRESNO	37' 6"	6TH
L. LYSER	DIABLO	36' 10"	7TH
D. MICHELLI	SAN JOSE	36' 10"	8TH
A. KNIGHT	W. HILLS	36' 1"	9TH
M. MARTIN	FRESNO	36' 0"	10TH
L. WILSON	SHASTA	35' 11"	11TH
J. GREER	SEQUOIAS	34' 9 1/2"	12TH
S. MORGAN	SIERRA	34' 7 1/2"	13TH
E. WHITE	LOS MEDANOS	34' 4"	14TH
M. MORALES	DIABLO	34' 1"	15TH
H. HUNTER	TAFT	33' 3 1/2"	16TH
C. CORDA	SANTA ROSA	30' 4"	17TH

Discus

Pg 12

* 1. C. Sandoval	Modesto	140'2"
* 2. W. Robinson	Butte	132' 3/4"
* 3. P. White	los medanos	130'4" 1/2"
* 4. R. Kasparian	Fresno	128'4" 1/2"
* 5. L. Hunter		
* 6. E. Sundby	Toft	126'10"
* 7. L. Jones	Foothill	120' 3/4"
* 8. L. Wilson	Monterey	119'11" 3/4"
* 9. M. Burt	Shasta	115'4" 1/2"
* 10. W. Goularte	De Anza	114'10" 1/4"
11. L. Watson	Butte	113'10" 1/2"
12. K. HAWES YUBA	Delta	111' 5" 3/4"
13. W. MITCHELL	SAN JOSE	107'11 1/2"
14. K. DANIEL	CHABOT	105'5 1/2"
15. K. RICHARDS	DE ANZA	103'10 1/2"
16. GREER	SEQUOIAS	102'4 1/2"
17. C. JACOBS	DEANZA	101'5"
18. D. DEASON	BUTTE	98'11"
19. B. CABRERA	HARTNELL	97'8 3/4"
20. C. REITER	SANTA ROSA	97'0"

HIGH JUMP

<u>NAME</u>	<u>SCHOOL</u>	<u>DISTANCE</u> <u>OR HEIGHT</u>	<u>PLACE</u>
0. NEFF	SANTA ROSA	5' 3"	1
MATTHEWS	MONTEREY	5' 3"	1
HARRISON	D.V.C. BUTTE	5' 1"	2
HUNNERLACK	BUTTE	5' 0"	3
J. JELACA	SHASTA	5' 0"	3
BORDEN KIRSCHER	YUBA	5' 0"	3
RICHARDS	DE ANZA	5' 0"	3
CRAIG	DE ANZA	5' 0"	3
HENDERSON	SAC CITY	5' 0"	3

9 QUALIFIERS