

FAR WESTERN CONFERENCE CHAMPIONSHIPS

At Cal State Hayward

TEAM SCORES: Sacramento State 40, Cal State Hayward 36, Chico State 35, Stanislaus State 20, U.C. Davis 15, Humboldt State 9, San Francisco State 0.

FINALS

Hammer — 1, Kennon (Chico) 164-2; 2, O'Hara (Stan) 156-8; 3, Martin (Chico) 154-0; 4, Inabnit (Stan) 150-5; 5, Wilson (Davis) 149-6; 6, Cathey (Stan) 139-3.
Shot — 1, Johnson (CSUH) 53-10; 2, Linggi (Sac) 52-1½; 3, Pihman (Stan) 51-8; 4, Bortolotto (Sac) 50-8¼; 5, Mohr (Davis) 48-3½; 6, Flores (Davis) 47-9¼.
L.J. — 1, Haynes (CSUH) 23-6¼; 2, Garner (CSUH) 23-3¼; 3, Waynes (Chico) 22-11¼; 3, McGlory (CSUH) 22-6¼; 5, Long (CSUH) 22-4¼; 6, Carter (Chico) 22-1.
100 — 1, Van Horn (Sac) 30:51.6; 2, Becker (Hum) 31:38.0; 3, Feenstra (Sac) 32:17.8; 4, Bowles (Sac) 32:46.1; 5, Turney (Sac) 32:54.4; 6, Proust (Hum) 33:01.0.

TRIALS

110 HH — (Top four from each heat for finals): Heat 1 — 1, Hill (CSUH) 14.5; 2, Lucky (Stan) 14.8; 3, Reedy (CSUH) 15.3; 4, Dyer (Chico) 15.4; Heat 2 — 1, Conley (CSUH) 14.4; 2, Reynolds (SF) 14.5; 3, Campbell (Davis) 14.6; 4, Platner (Sac) 14.9.
800 — (Top four from each heat plus fastest fifth for finals): Heat 1 — 1, Denisk (Sac) 1:52.4; 2, Arnerich (CSUH) 1:52.5; 3, Orvis (Davis) 1:54.4; 4, Klausner (Sac) 1:54.7; 5, Padolski (Hum) 1:54.9; Heat 2 — 1, Woods (Stan) 1:53.3; 2, Marcheschi (CSUH) 1:53.4; 3, Schneider (CSUH) 1:53.9; 4, Brownlow (Hum) 1:54.0; 5, Kallett (Sac) 1:54.7.
100 — (Top three from each heat for finals): Heat 1 — 1, Simmons (CSUH) 10.5; 2, Massey (Stan) 10.7; 3, Bates (SF) 10.9; Heat 2 — 1, Flenory (CSUH) 10.7; 2, Carter (Chico) 10.9; 3, Delfatti (Davis) 11.0; Heat 3 — 1, Stokes (Stan) 10.6; 2, Hill (CSUH) 10.6; 3, Survine (SF) 10.6.
400 IH — (Top four from each heat plus fastest fifth for finals): Heat 1 — 1, Campbell (Davis) 53.4; 2, Ducey (Stan) 54.7; 3, Zavala (Chico) 54.8; 4, Conley (CSUH) 55.8; 5, Reynolds (SF) 56.5; Heat 2 — 1, Harris (Stan) 53.7; 2, Swift (Stan) 55.3; 3, LaBeaux (CSUH) 55.8; 4, Arroyo (Hum) 56.8; 5, Cross (Chico) 57.5.
200 — (Top four from each heat for finals): Heat 1 — 1, Stokes (Stan) 21.7; 2, Flenory (CSUH) 21.8; 3, Bates (SF) 22.3; 4, Bonty (Chico) 22.7; Heat 2 — 1, Simmons (CSUH) 22.1; 2, Johnson (Stan) 22.3; 3, Carter (Chico) 22.4; 4, Delfatti (Davis) 22.4.

TEAM SCORES: Cal State Hayward 203, Stanislaus State 105, Sacramento State 103, Chico State 73, U.C. Davis 73, Humboldt State 62, San Francisco State 31.

Saturday Finals

100 — 1, Simmons (CSUH) 10.5; 2, Flenory (CSUH) 10.6; 3, Stokes (Stan) 10.8; 4, Hill (CSUH) 10.8; 5, Bates (SF) 10.9; 6, Carter (Chico) 11.0.
200 — 1, Flenory (CSUH) 21.7; 2, Simmons (CSUH) 21.8; 3, Stokes (Stan) 22.0; 4, Bates (SF) 22.2; 5, Delfatti (Davis) 22.2; 6, Carter (Chico) 22.3.
400 — 1, Johnson (Stan) 47.7; 2, James (CSUH) 48.0; 3, Porter (Chico) 48.2; 4, Horn (Stan) 49.1; 5, Shumake (CSUH) 49.1; 6, Roosevelt (SF) 50.4.
800 — 1, Woods (Stan) 1:53.2; 2, Arnerich (CSUH) 1:53.5; 3, Marcheschi (CSUH) 1:53.9; 4, Klausner (Sac) 1:54.7; 5, Orvis (Davis) 1:55.0; 6, Schneider (CSUH) 1:56.0.
1,500 — 1, Denisk (Sac) 3:50.4; 2, Dowling (CSUH) 3:51.4; 3, Morales (Hum) 3:52.0; 4, Borland (Hum) 3:53.9; 5, Simons (Davis) 3:54.5; 6, Mackey (Sac) 3:58.1.
3,000 steeplechase — 1, Farrell (Sac) 9:15.2; 2, Anex (Davis) 9:23.4; 3, Dauncey (Hum) 9:24.3; 4, Martinelli (SF) 9:25.0; 5, Olson (Chico) 9:25.6; 6, Nicholson (Sac) 9:26.3.
5,000 — 1, Van Horn (Sac) 14:52.8; 2, Peters (Hum) 14:58.3; 3, Becker (Hum) 15:00.6; 4, Baudenistel (Sac) 15:13.7; 5, Feenstra (Sac) 15:14.1; 6, Conover (Hum) 15:27.3.
110 HH — 1, Reynolds (SF) 14.4; 2, Lucky (Stan) 14.6; 3, Campbell (Davis) 14.7; 4, Conley (CSUH) 14.9; 5, Hill (CSUH) 14.9; 6, Platner (Sac) 14.9.
400 IH — 1, Harris (Stan) 52.9; 2, Campbell (Davis) 53.2; 3, Swift (Stan) 53.4; 4, Ducey (Stan) 54.5; 5, LaBeaux (CSUH) 54.6; 6, Zavala (Chico) 55.2.
400 Relay — 1, Cal State Hayward (Simmons, James, Hill, Flenory) 41.3; 2, Chico State 41.9; 3, Stanislaus State 42.6; 4, Sacramento State 43.7; 5, U.C. Davis 45.3; 6, Humboldt State 48.0.

1,600 Relay — 1, Cal State Hayward (Shumake, James, Arnerich, Marcheschi) 3:15.4; 2, Stanislaus State 3:18.3; 3, Humboldt State 3:23.3; 4, San Francisco State 3:23.6; 5, Sacramento State 3:24.8; 6, Chico State 3:31.3.

HJ — 1, Radan (Sac) 7-3 (better's FWC meet record of 7-2¾ held by Heber, Cal State Hayward, 1977; ties stadium record held by Peterson, Idaho, 1979); 2, Link (Davis) 7-1½; 3, Reinhardt (CSUH) 7-0¼; 4, Jenkins (CSUH) 7-0¼; 5, Churchill (CSUH) 6-10¼; 6, tie, Wright (CSUH) and Abbott (Sac) 6-10¼.

TJ — 1, Garner (CSUH) 52-5¼w (legal jump of 51-8¼ better's FWC meet record of 51-3½ held by Terry, U.C. Davis, 1974; better's stadium record of 51-3 held by Terry, U.C. Davis, 1974); 2, Haynes (CSUH) 51-2¼; 3, Francis (CSUH) 49-1¼; 4, McGlory (CSUH) 47-10¼; 5, Zimmerman (Davis) 47-3; 6, Cook (Stan) 47-0¼.

PV — 1, Olsen (CSUH) 16-8 (better's FWC meet record of 16-4 held by Robinson, Cal State Hayward, 1977; better's stadium record of 16-4 held by both Ruzicka, Cal State Hayward, 1979 and Robinson, Cal State Hayward, 1977); 2, Reitz (CSUH) 15-7¼; 3, Ruzicka (CSUH) 15-2; 4, Grace (CSUH) 15-2; 5, Bradley (SF) 14-8; 6, Konyan (Chico) 14-8.

Discus — 1, Silcox (Chico) 152-11; 2, Westfall (Hum) 144-5¼; 3, Franks (Davis) 143-9¼; 4, Murdoch (Chico) 142-7½; 5, Bortolotto (Sac) 134-4¼; 6, Slatery (Davis) 135-10.

Javelin — 1, Rodnick (Davis) 223-11; 2, Lawry (Hum) 222-9; 3, Carwithon (Stan) 203-7; 4, Gilmore (SF) 201-5; 5, Mosbacher (Chico) 197-2; 6, Richards (Davis) 192-5¼.

L.J. — (Revised from Friday finals): 1, Haynes (CSUH) 23-6¼; 2, Garner (CSUH) 23-3¼; 3, Waynes (Chico) 22-11¼; 4, McGlory (CSUH) 22-10¼; 5, Carter (Chico) 22-8; 6, Long (CSUH) 22-4¼.

May 12, Sacramento. Golden State Conference Women's Championships

Pentathlon:

1) Cyndee Snyder(UCD) 3202
2) Deann Homestead(Sac) 3162
3) Barbara Faulkner(SFS) 2940
10,000 Meter Run:
1) Deb Rudolph(Sac) 40:13.6
2) Beth Schultz(Hay) 42:32
3) Debbie Bisbo(UCD) 43:25

Shot Put:

1) Michelle Beetham(Hum) 44-6
2) Kathy Kuchta(Chico) 44-3
3) Kathy Sulinski(Hay) 43-6

High Jump:

1) Deann Homestead(Sac) 5-4
2) Bonnie Newman(Hay) 5-4
3) Karyn Hinkleman(UCD) 5-4

Sprint Medley Relay:

1) Sacramento State 1:46.8
2) San Francisco State 1:48.6
3) Hayward State 1:55.9

Javelin:

1) Cathy Sulinski(Hay) 169-1
2) Becky Blankenship(Chico) 134-8
3) Michelle Beetham(Hum) 124-3

Long Jump:

1) Terri Serrano(UCD) 18-1
2) Laura Lyons(Sac) 17-9
3) Bobbie Newman(Hay) 16-9½

5,000 Meter Run:

1) Michelle Aubuchon(Hay) 18:03.9
2) Linda Robinson(Hay) 18:49.5
3) Deb Rudolph(Sac) 19:27.2

400 Meter Relay:

1) Hayward State 48.0
2) Sacramento State 49.4
3) San Francisco State 49.5

1,500 Meter Run:

1) Diana Stohr(Sac) 4:39.7
2) Marilyn Brandt(UCD) 4:44.8
3) Mary Reiboldt(Hay) 4:47.4

Discus:

1) Kathy Kuchta(Chico) 163-9
2) Becky Blankenship(Chico) 121-5
3) Michelle Beetham(Hum) 120-1

100 Meter Hurdles:

1) Yvonne Boone(Hay) 14.2
2) Jan Foster(Sac) 14.9
3) Cynthia Snyder(UCD) 15.1

400 Meter Dash:

1) Marie Nickson(Hay) 54.9
2) Bobbie Gillmore(Sac) 55.5
3) Joy Gibson(Sac) 58.4

100 Meter Dash:

1) Marie Nickson(Hay) 12.0
2) Valerie Bell(SF) 12.1
3) Terri Serrano(UCD) 12.5

400 Meter Hurdles:

1) Cynthia Snyder(UCD) 62.3
2) Yvonne Boone(Hay) 63.3
3) Becky Blankenship(Chico) 66.1

800 Meter Run:

1) Shaun Seibel(Sac) 2:16.4
2) Sandi Stafford(Hum) 2:16.8
3) Diana Stohr(Sac) 2:19.1

3,000 Meter Run:

1) Michelle Aubuchon(Hay) 10:18.8
2) Mary Reiboldt(Hay) 10:22.2
3) Lisa Poy(Sac) 10:22.6

2 Mile Relay:

1) Sacramento State 9:33.2
2) UC Davis 9:52.8
3) Hayward State 9:56.8

1 Mile Relay:

1) Sacramento State 3:56.8
2) Hayward State 4:01.3
3) Stanislaus State 4:01.6

final team scores:

1) Hayward State 185
2) Sacramento State 173
3) UC Davis 90
4) San Francisco State 50
5) Chico State 49
6) Humboldt State 47
7) Stanislaus State 27
8) Sonoma State 5

/Jerry Colman/