

M-A nips Carlmont in 1st SPAL relays

By MIKE NOLAN
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For what was designed primarily as a recreational relay meet, the league's high-caliber athletes managed to stage several intriguing personal duels in the first SPAL Relays last night at Terremere Field.

Meets simply don't come any closer than this one. M-A won the trophy for combined points (boys varsity and frosh-soph and girls) by one point over arch-rival Carlmont, 249-248.

There were no significant varsity or girls life bests. There was a superb frosh-soph shot put effort, however, by Menlo School's Chris Morton. His 56-6 was only four inches shy of last year's winning mark in the Central Coast Section finals.

In the most intriguing duel, M-A's Marshall Newson beat Woodside's Rob Suelflohn in a matchup of two of the CCS' finest shot putters.

Earlier this season, when Newson first threw 56-7½, he said, "That's something for Suelflohn to think about." But in last week's dual finale, Marshall lost to Rob, who hit 58-1, second in the CCS. Last night, however, Newson again reached 56-7½ and Suelflohn went only 54-4½.

M-A's shot put relay victory was one of eight Bear wins in 15 events en route to a 102-88 varsity triumph over Carlmont, which will seek its first victory in five tries against M-A in next

Saturday's SPAL finals at College of San Mateo.

The frosh-soph boys of M-A and Carlmont tied, 68-all. Carlmont's girls, avenging their title loss to M-A in the dual season, won 92-79.

M-A star Paul Bates turned in the class mark of the meet, a 48-9½ triple jump, two inches short

of his best, which rates in the top three or four in the state.

San Carlos junior Stan Beal won a couple of personal battles. He finished second in 10.0 in the open 100, beating out Sequoia rival Fred Oravillo, also clocked in 10.0. Carlmont's outstanding junior, Andre Price, won handily in 9.9, outstanding at night on Sequoia's well-worn dirt.

Beal also ran an outstanding third leg (50.2) on San Carlos' young state meet hopeful mile relay team, fighting off M-A's Bates. That helped Don anchor Dave Gillooley to finish in 3:24.6, an excellent mark on that track and SC's best since its 3:23.3 at Stanford in March.

And, it renewed the Dons' legitimate state hopes for at least a qualifying third in the CCS finals behind favored Silver Creek and Mt. Pleasant.

Likewise, Sequoia's all-junior 440 relay team welcomed back Dave Hockaday, sidelined for a month with a hamstring pull. Fred Oravillo, Hockaday, Vincent Jones and Frank Oravillo hit a creditable 43.4, not all that far off their 42.7 (second in CCS).

M-A's Richard Clark ran a 14.6 open high hurdles, beating junior rival Malcolm Dixon by at least four feet. And M-A's Gary Thurston won the devil-take-the-hindmost mile in 4:37.4.

Menlo's Morton needed that 56-6 to beat his rival, Woodside's

Dean Paleologos, who hit a life best 54-1. Both should score at CCS, barring unexpected competition.

The night's closest race was the girls 440 relay. Patrice Bates out-leaped Sequoia anchor Lois Spivey as both hit 50.5. If Bates hadn't won, M-A wouldn't have taken the combined title, so close was this competition.

Carlmont junior Annette Nielsen anchored two winning relays and won the devil mile for girls in 5:50.7. M-A's mile relay team, anchored by Chrissy Huneke, upset Sequoia in 4:16.2.

VARSITY

460 SH — M-A (Richmond, Plate, Fichou, Clark) 1:02.6, Sequoia 1:03.7, Carlmont, SC, Wood; 2-mile — M-A (Sperandeo, Thurston, Hartman, Young) 8:21.8, Carlmont 8:25.7, Menlo School, Sequoia; 440 — Sequoia (Fred Oravillo, Hockaday, Jones, Frank Oravillo) 43.4, Carlmont 43.8, M-A 43.9, SC, Woodside; Devil-take-the-hindmost mile — Thurston (M-A) 4:37.3, Weiland (SC) 4:46.6, Jacobs (Wood); Open 120 HH — Clark (MA) 14.5,

Dixon (Seq.) 14.7, Luttrell (SC) 15.2, Thomas (Seq) 15.3, Richmond.

Open 100 — Price (Carl) 9.9, Beal (SC) 10.0, Fred Oravillo (Seq) 10.0, A. Nicholson (M-A) 10.3, Hildreth (SC) 10.4; 880 — Carlmont (Miller, Cheadle, Arnold, Price) 1:31.3, SC 1:23.3, Woodside 1:32.3, Sequoia 1:32.8, M-A; Distance medley — Carlmont (Mandania, Sensiba, Norris, Love) 10:38.3, M-A 11:19.1, SC, Menlo School, Sequoia; Mile rel. — SC (Wallace, Luttrell, Beal, Gillooley) 3:24.6, M-A 3:28.8, Woodside, Carlmont, Sequoia.

TJ — M-A (Bruce, Miller, Bates 48-9½) 131-9¼, Carlmont 127-7, SC, Sequoia; Dis. — M-A (Awbrey, Avery, Newson 153-8) 450-2½, Woodside 401-7½, Carlmont, SC, Sequoia; HJ — Carlmont (Capuzelo, McGinnis, Hales) 17-2, M-A 16-6, Sequoia, Woodside; PV — Carlmont (Allen, Worthinge) 25-8, Woodside 24-0, M-A, tie between SC, Seq.; LJ — M-A (Miller, Bruce, Bates 22-11) 63-4¼, Carlmont, Woodside, SC, Sequoia; SP — M-A (Long, Awbrey, Newson 56-7½) 153-5; Woodside 149-2, Carlmont, Sequoia, SC.

SCORES: M-A 103, Carlmont 88, San Carlos and Sequoia 42½, Woodside 37, Menlo School 6.

FROSH-SOPH

280 SH — Woodside (Glikburg, Miller, Evans, Crane) 40.6, Sequoia 41.3, SC, Carlmont; 2-mile — Carlmont (Pryor, Pierce, Herrera, Logothetis) 8:33.0, M-A 8:51.8, Menlo, Woodside, SC; 440 — Sequoia (Cash, Patrick, Steffens, Morey) 48-6, SC 47-7, Carlmont, others disqualified; Devil-take-the-hindmost mile — Scott (M-A) 4:55-4, Hausier (M-A) 4:58-9, Jacobson (Seq), Mack (Carl); 880 — M-A (Miller, Lavers, Kistler, Doyle) 1:33.3, SC 1:38.8, Woodside, Sequoia, Menlo School; Distance medley — Carlmont (Melquist, Warden, Pierce, O'Connor) 11:08.9, M-A 11:40.7, Menlo School, Woodside, SC; Mile rel. — M-A (Kistler, Ritter, Lavers, Doyle) 3:41.9; Carlmont 3:43.5, SC 3:51.9, Sequoia 3:58.4.

PV — Carlmont (Muller, Gullett, Phillips) 33-0; M-A, SC; LJ — Sequoia (Patrick, Cash, Willis) 52-10, Woodside 52-0, SC, Menlo School, M-A; SP — Woodside (Renne, Smith, Paleologos 54-1) 142-4¼, Menlo School (138-7½, Morton 58-6), Carlmont, M-A, SC; Dis. — Carlmont (McReynolds, Scheller, Hunter) 398-7½, Woodside 362-9¼, M-A, Menlo School, SC; TJ — M-A (Herbst, Ritter, Bell) 118-11¼, Woodside 115-10¼, Carlmont, SC; HJ — Woodside (Glikburg, Fowler, Spivey) 18-11¼, M-A 16-8, SC, Carlmont, Sequoia.

SCORES: Carlmont and M-A 68, Woodside 46, San Carlos 35, Sequoia 34, Menlo School 21.

GIRLS

440 SH — Carlmont (V. Otto, Miller, McNulty, L. Otto) 1:25.5, M-A 1:13.4, Sequoia 1:20.8; 2-mile — Carlmont (Carroll, Reiser, Nielsen, Davis) 10:35.1, Sequoia 10:36.2, M-A; 440 — M-A (Galvez, Rogers, Damon, Bates) 50.5, Sequoia 50.3, Carlmont, SC; Devil-take-the-hindmost-mile — Nielsen (Carl) 5:50.7, Hoberg (M-A) 5:59.7, Harrison (Carl) 6:02.5; Open 100 — Spivey (Seq) 11.8, Colon (Seq) 11.8, Bates (M-A) 11.7, Damon (M-A), Ryan (Carl); 880 medley — M-A (Bates, Earl, Damon, Huneke) 1:55.9; Carlmont 1:58.0, Sequoia; Distance medley — Carlmont (Nielsen, Harrison, Carroll, Templeman) 4:23.5, M-A 4:44.51; Mile — M-A (Huneke, Earl, Amsbaugh, Bates) 4:16.2, Sequoia 4:18.5, Carl 4:21.3, SC.

HJ — M-A (Amsbaugh, Rogers, King) and Carlmont (Brook, Caviel, Boyle) tie 14-7, Sequoia; LJ — Carl (V. Otto, Ryan, Kim 15-7½) 43-1, M-A 42-3, Sequoia, SC; SP — Carlmont, McKittir, Turner, Miller) 91-3, M-A 85-11¼, Sequoia, SC; Dis. — Carlmont (McEvoy, Miller, Turner) 259-2, SC 169-3, M-A, SC.

SCORES: Carlmont 92, M-A 79, Sequoia 54, San Carlos 10.

COMBINED SCORES: M-A 249, Carlmont 248, Sequoia 130½, San Carlos 87½, no Woodside or Menlo School girls.



M-A spikers try Los Altos

Menlo-Atherton High puts its track prestige on the line tomorrow at 10 a.m. at M-A against Los Altos, as the Bears bid to prove they deserve the mythical Peninsula championship.

M-A, 10-0 in dual meets while boasting its first championship since 1958 and finest team in history, won't meet one of Los Altos' more powerful squads.

"Of all our teams, I'd rank this one about 11th," said Los Altos coach Leo Long, whose Knights have a 159-5 record over 20 seasons, including last week's 69-67 loss to Buchser. But Los Altos still is a big name in prep track, and is capable of beating M-A if the Bears don't have a big day. Los Altos is 7-1.

Los Altos senior Ray Franklin is the top discus thrower in the Central Coast Section (183-4). Junior high jumpers Bill Graber (6-9¼) and Steve Alexander (6-6) both are CCS title contenders. Graber is tops in the CCS.

While Long figures Los Altos has "an outside chance" against M-A, Bear coach Plato Yanickis figures "we'll have to be at about our best to beat them. They're still a very fine team. It should be an excellent meet."

Meanwhile, Carlmont and Sequoia athletes are headed for the El Cerrito Relays, while San Carlos and Half Moon Bay will compete in the Pacific Grove Invitational. Serra's star miler, Stan Ross, and fine high jumper, Dave Kniffin, will compete in the San Jose State Invitational.

249-248 Rout Bears Win Relays

By BETH GOULD

Menlo-Atherton's three talented track teams swooped past all opponents to collectively win the First Annual SPAL Relays last Friday night at Sequoia's Terremere Field.

M-A edged past their archrival Carlmont, 249-248, to win their final league sponsored meet.

Even though six schools competed in the Relays, the main focus was centered on the fierce battle between Carlmont and M-A.

M-A's varsity, led by co-captains Paul Bates and Richard Clark, proved to be too much for the Scots to handle as they sped past Carlmont, 102-88.

Bates soared 48'9½" in the triple jump, which is two inches short of his life best effort. He also led the long jump relay to victory, beating second place Carlmont, with 63-6¼.

Clark has been severely challenged in the high hurdles this season by Sequoia's Malcolm Dixon and San Carlos's Rick Luttrell, but he has always managed to pull ahead and win.

Friday night was no exception as Clark broke away from all competitors, winning in 14.6.

Distance man Gary Thurston won the Devil Takes the Hindmost mile run for M-A in 4:37. In this event, the last runner is pulled out of the race at each 220 point.

As the field diminished behind him, Thurston kept up a quick pace and held the lead for the entire four laps.

M-A's Marshall Newson muscled the shot 56'7½" to beat his leading competitor, Woodside's Rob Suelflohn, by two feet.

The Bears' talented Frosh-Soph also uncorked some impressive efforts, but they only managed to tie up with the Scots, 68-68.

A faulty pass by M-A's F-S 440 relay team caused them to be disqualified after winning that event. Similar mishaps restrained the frosh Bears in their futile drive to pass Carlmont on the scoreboards.

After experiencing the thrill of victory all season, the M-A girls' track team finally suffered the agony of defeat last Friday night at the SPAL Relays, as Carlmont triumphed over them, 92-79.

An unfortunate controversy in the high jump pit, over which team had won first place, was solved by the flip of a coin. It came up heads and M-A took second place behind Carlmont.

M-A sprint star Patrice Bates provided the evening's excitement by outleaning Sequoia's Lois Spivey at the tape after they had run the anchor leg of the 440 relay. Both teams were clocked at 50.5.

The First Annual SPAL Track and Field Relays can certainly be termed a success on all levels. It was fun, it didn't rain, and it served as a dress rehearsal for today's SPAL trials at the College of San Mateo.

Those spikers who qualify for the SPAL finals will perform at CSM this Saturday, May 14. They will be vying for spots in the state track and field meet, to be held at UCLA on June 3-4.

