

North Idaho- N.I. Spokane Falls- S.F. Spokane Community - S.C.
Everett Community - E.C. Idaho - I.

300 US
0.1.

70 m.-HH- (1) Jeff Bachmeier, SC **10.0** (2) Gary Little, SC, 10.1
(3) Daren Jamieson, EC, **11.3** Flight 2 (1) Greg Rooney, SC, **9.4**
(2) Al Unger, EC **10.0** (3) Mike Rust, NI, **10.2**

100 Yd Dash- Flight 1- (1) Kelly Longstaff, I, **10.4** (2) Jeff Bachmeier,
SC, **10.4** (3) Miles Stockey, NI, 10.8 Flight 2- (1) Claude DeFour, I, 10.0
(2) Rick Collins, SC, 10.2 (3) Bart Taylor, SC, 10.3 Flight 3 (1) Leroy
Jordan, SF **9.9** (new record, old record 10.0 by Steve Willson, Colfax H.S. 1970)
(2) Kelshall Rivas, NI, 9.9 (3) Derek Washington, unatt., 10.15
Flight 4- (1) Malcom May, I, 9.90 (2) Ray Fabien, Club N.W. **10.0**
(3) Evanko Stankovk, unatt., 10.10
Top Four- (1) Jordan, SF, **9.9** (2) Rivas, NI, 9.9 (3) May, I, 9.9 (4) Fabian,
Club N.W. **10.0**

* 600 Yd. Dash- (1) Rick Bartlett, I, 1:10.3 **(SR)** (2) Jeff Reinking, I, 1:11.3 **(SR)**
(3) Warren Reed, I, 1:11.5 — **FROSH**

Mile- (1) Scott Kniblich, I, 4:10.5 (2) Graydon Pihlaja, I, 4:14.1
(3) Terry Griffin, I, 4:19.6

400M.-Flight 1- (1) Steve Willson, I, 49.5 (2) Steve Avolio, SC, **49.9**
(3) Alan Hodenland, SC, 51.2 Flight 2- (1) Ben Omodiale, I, **46.5**
(3/10 of second off world record- new stadium record- old record
(2) Mark Robinson, SC, 49.2 (3) Claude DeFour, I, 49.3 (4) Jeff McGougan,
SF, 51.5 (5) James House, SF, 53.1 **FROSH Nig**

* Top Four- (1) Ben Omodiale, I, **46.5** (2) Mark Robinson, SC, 49.2
(3) Claude DeFour, I, 49.3 (4) Steve Willson, I, 49.5

800m.- (1) Don Rouse, SC, 1:56.3 (2) Larry Woodworth, unatt., 1:56.6
(3) Henry Jimenez, NI, 1:57.2 (4) Nathan Neisinger, I, 1:58.0
(5) Al Balcom, SC, 1:58.6

Discus- **Indoor** (1) Doug Fischer, I, 165-11 (2) Roy Martin, SC, 165 (3) Don
Allmeersch, I, 163-6 (4) Chuck Casek, SC, 152-8 (5) Brad Boland, EC, 145-5

* = Best times of the day (Hond Times)

300 IM - Mark Sweeney, I, 39.40 Flight 2 - (1) John Patton, I, 38.92
(2) Greg Rooney, SC, 39.85 (3) Al Unger, EC, 42.5

200m. Dash- Flight 1 (1) Kelshall Rivas, NI, 21.7 (2) Dereck Washington, unatt., 22.6 (3) Wendell Armstead, SC, 22.7 Flight 2 - (1) Rick Collins, SC, 22.3 (2) Bart Taylor, SC, 23.3 (3) Jim Ammons, EC, 23.6
Flight 3 - Zvanko Stankovic, unatt., 22.3 (2) Leon Pullum, SC, 22.6
Top Four- (1) Kelshall Rivas, NI, 21.7 (2) Rick Collins, SC, 22.3
(3) Evanko Stankovick, unatt., 22.4 (4) Dereck Washington, unatt., 22.4

Javelin - ^{outdoors} (1) Mark Worley, I, 193-10 (2) Bill Rice, I, 164-11
(3) Darzyl Yount, NI, 164-10 (4) Rich Sulkin, SF, 160-4

Triple Jump- Flight 1 (1) Osita Msofor, I, 49-8 (2) Dave Myrland, EC, 47-6
(3) Jeff Bachmaier, SC, 45-0 (4) Jay Runkel, NI, 43-8-1/2
Flight 2 - (1) Greg Butler, EC, 43-10 (2) Kyle Jones, SF, 42-9
(3) Deona Griffin, SF, 41-9
Top Four - (1) Osita Msofor, I, 49-8 (2) Dave Myrland, EC, 47-6
(3) Jeff Bachmaier, SC, 45-0 (4) Greg Butler, EC, 43-10

Long Jump-Flight 1- (1) Jim Ammons, EC, 22-3 (2) Jeff Bochmeir, SC, 22-1-1/2
(3) Randy Heidenreich, SC, 21-3-1/2 (4) Miles Stockey, NI, 19-4
Flight 2- (1) Keith Elliot, SF, 22-2 (2) Eric Fuller, SF, 22-1-1/2
(3) Deona Griffin, SF, 19-9 (4) Steve Fisher, I, 19-3
Top Four- (1) Jim Ammons, EC, 22-3 (2) Keith Elliot, SF, 22-2
(3) Eric Fuller, SF, 22-1-1/2 (4) Jeff Bochmeir, SC, 22-1-1/2

5000m.- (1) Dan Fulton, unatt., 14:32.2 (2) Rick Ward, I, 14:45.0
(3) Steve Taylor, SC, 14:51.3 (4) Scott Knoblich, I, 14:54.6
(5) Seth Brown, SC, no time

Pole Vault - (1) Dean Landreth, SC, 14-0 (2) Tim Reilly, I, 14-0
(3) Randy Heidenreich, SC, 14-0 (4) Craig Wahlquist, I, 13-6
(5) Dean Hartman, EV, 13-0

High Jump- (1) Dan Wold, SF, 6-6 (2) Chris Smith, SC, 6-6 (3) Tom Bakken, I, 6-4 (4) Randy, Skelton, SC, 6-2 (4) Daren Jamieson, EC, 6-2

1600m Hent

Hent (1) SC #5, 3:26.7 (2) SC #4, 3:27.7 (3) EC, 3:30.5

Hent (2) (1) I Gold-3:16.8 (2) SC #1, 3:17.9

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Shot Put- (1) Roy Martin, SC, 53-11-1/2 (2) Chuck Casek, SC, 53-5-1/2
(3) Don Allemersch, I, 52-6 (4) Steve Saras, I, 51-5 (5) Brian
Slater, SF, 50-11-1/4