



JESSE T. HILL
Commissioner

CITIZENS SAVINGS & LOAN BLDG., 9800 SO. SEPULVEDA, SUITE 820, LOS ANGELES, CALIF. 90045

(213) 645-2570

PCAA TRACK & FIELD BEST MARKS
FOR IMMEDIATE RELEASE -- Mailed April 19, 1977

100-YARD DASH

1.	Hildria Newell	SDS	9.7
	Ken Hinton	SDS	9.7
3.	James Perry	SDS	9.9
4.	David Johnson	FS	10.1
5.	Johnny Thompson	FS	10.2

100-METER DASH

1.	Mike Kirtman	SJS	10.20
2.	Kevin Blaisdell	USU	10.50
3.	Jeff Williams	CSLB	10.55
4.	Bob Triplett	SJS	10.60
	David Johnson	FS	10.60
	Stanford Brewer	CSLB	10.60
7.	Don Livers	SJS	10.70
	Gregory County	CSLB	10.70
	Donald Tavis	UCSB	10.70
10.	Johnny Thompson	FS	10.80
	Mark Carley	FS	10.80

220-YARD DASH

1.	James Perry	SDS	21.5
2.	Hildria Newell	SDS	21.9
	Mike Patrick	SDS	21.9
	Marty Krulee	SDS	21.9
5.	Johnny Thompson	FS	22.1
	David Johnson	FS	22.3

200-METER DASH

1.	Kevin Blaisdell	USU	21.20
2.	Jeff Williams	CSLB	21.40
3.	Bob Triplett	SJS	21.55
4.	Steve Campbell	FS	21.60
5.	Johnny Thompson	FS	21.70
	Vince Taylor	CSLB	21.70
7.	David Johnson	FS	21.80
	Darryl Davis	CSLB	21.80
9.	Don Livers	SJS	21.87
10.	Mark Carley	FS	21.90
	Duke Fergerson	SDS	21.90

440-YARD RUN

1.	Steve Campbell	FS	47.3
2.	Jose Madruaga	SDS	47.7
3.	Rick Monseth	FS	48.9

400-METER RUN

1.	Mark Enyeart	USU	45.80
2.	Steve Campbell	FS	46.40
3.	Hubert Beasley	CSLB	46.70
4.	Bryan Saunders	CSLB	47.30
5.	Jose Madruaga	CSLB	47.60
6.	Vince Taylor	CSLB	47.80
7.	Rick Monseth	FS	48.20
8.	Paul Desmet	SJS	48.56
9.	Calvin Gazenave	SJS	49.20
10.	Marlin Rochee	SJS	49.30

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880-YARD RUN

1.	Brian Donohue	SDS	1:49.6
2.	Mark Schilling	SJS	1:52.6
3.	Russ Nahirney	SJS	1:52.8
4.	Steve Campbell	FS	1:54.3
5.	Gary McManus	FS	1:54.4
6.	Terry Howell	SDS	1:54.7
	Tim Smith	SDS	1:54.7

800-METER RUN

1.	Mark Eryeart	USU	1:47.2
2.	Brian Donohue	SDS	1:49.8
3.	Gary McManus	FS	1:50.5
4.	Leonard Ledet	CSLB	1:51.4
5.	Hubert Beasley	CSLB	1:51.6
6.	Philip Wingard	CSLB	1:51.9
	Mark Schilling	SJS	1:51.9
8.	Mike Kasser	SJS	1:53.3
9.	Lee Knight	UCSB	1:53.9
10.	Lupe Chavez	SJS	1:54.4

MILE RUN

1.	Tom Smith	SDS	4:09.0
2.	George Pullen	SDS	4:09.4
3.	Bob Deis	FS	4:10.8
4.	Tony Ramirez	FS	4:13.3
5.	Paul Neveu	SDS	4:15.3

1,500-METER RUN

1.	Armando Cendejas	CSLB	3:46.10
2.	Bob Deis	FS	3:49.80
3.	Paul Neveu	SDS	3:51.00
4.	Gary McManus	FS	3:52.40
5.	Lee Knight	UCSB	3:53.00
6.	Tom Smith	SDS	3:54.00
7.	Tony Ramirez	FS	3:56.00
8.	Phil Wingard	CSLB	3:56.50
9.	Russ Nahirny	SJS	3:56.60
10.	Mark Schilling	SJS	3:57.47

THREE MILE RUN

1.	George Pullen	SDS	14:09.2
2.	Rick Lord	SDS	14:12.2
3.	Brian Blue	SDS	14:15.0
4.	David Haake	FS	14:31.6

5,000-METER RUN

1.	Rich Langford	FS	14:27.60
2.	David Haake	FS	14:35.00
3.	George Pullen	SDS	14:36.20
4.	Bob Deis	FS	14:37.20
5.	Dan Gruber	SJS	14:45.54
6.	Armando Cendejas	CSLB	14:48.07
7.	Rich Kimball	SJS	14:59.58
8.	Dan Harvey	SJS	15:13.40

SIX MILE RUN

None

10,000-METER RUN

1.	Rich Langford	FS	29:46.0
2.	George Aguirre	FS	30:04.6
3.	Tony Ramirez	FS	30:25.8

440-YARD RELAY

1.	Fresno State	40.4
2.	San Diego State	40.6

400-METER RELAY

1.	San Jose State'	39.9
	Mike Kirtman, Don Livers, Bob Triplett, Dedy Cooper	
2.	Fresno State	40.4
3.	Cal State Long Beach	40.7
4.	Utah State	42.3
5.	UC Santa Barbara	42.4

MILE RELAY

1.	Fresno State	3:11.5
2.	San Diego State	3:14.6
3.	UC Santa Barbara	3:20.8
4.	Utah State	3:21.6

1,600-METER RELAY

1.	Cal State Long Beach	3:09.46
2.	San Jose State	3:18.40

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120-YARD HIGH HURDLES

1.	Mark Carley	FS	14.0
2.	Mike Mince	FS	14.2
3.	Art Richardson	SDS	14.3
4.	Scott Young	SDS	14.5
	William Sanchez	FS	14.5

110-METER HIGH HURDLES

1.	Dedy Cooper	SJS	13.40
2.	Pete Austin	SJS	13.98
3.	John Peterson	CSLB	14.00
4.	Paul White	CSLB	14.10
5.	Mark Carley	FS	14.20
	Jim Marsh	USU	14.20
7.	Craig Durck	CSLB	14.40
	Steve Irving	UCSB	14.40
9.	Frank Roublick	SJS	14.60
10.	Mike Mince	FS	14.70

440-YARD INTERMEDIATE HURDLES

1.	Rhan Sheffield	SDS	52.3
2.	Mike Mince	FS	53.2
3.	Art Richardson	SDS	54.1
4.	David Gaeta	FS	55.9
5.	Bob Phelps	FS	58.2

400-METER INTERMEDIATE HURDLES

1.	Dedy Cooper	SJS	51.70
2.	Mike Mince	FS	51.80
3.	Rhan Sheffield	SDS	52.50
4.	Don Finley	SJS	52.70
5.	David Lizardi	SDS	52.80
6.	Pete Austin	SJS	52.90
7.	Dennis Braga	UCSB	53.50
8.	Frank Roublick	SJS	53.67
9.	Art Richardson	SDS	54.10
10.	David Gaeta	FS	54.20

3,000-METER STEEPLECHASE

1.	Bill St. John	SDS	9:01.30
2.	Wayne Hurst	SJS	9:05.20
3.	Rich Langford	FS	9:06.80
4.	Howard Burgess	CSLB	9:09.70
5.	Mike Dyer	CSLB	9:13.20
6.	Tim O'Regan	SDS	9:14.20
7.	Mike Kelly	USU	9:17.50
8.	George Aguirre	FS	9:17.60
9.	Jack Reime	SJS	9:20.24
10.	David Haake	FS	9:23.80

DISCUS THROW

1.	Steve Brown	CSLB	185-8
2.	Sam Alexander	SDS	175-7
3.	Ron Engle	CSLB	173-8
4.	Bob Feuerbach	SJS	172-3
5.	Bob Gummerson	SJS	170-5
6.	Scott Endler	FS	168-2
7.	Ron Semkiw	SJS	165-10
8.	Lonnice Sizemore	UCSB	165-10
9.	Matt McNaughton	FS	162-0
10.	Kevin Ringle	USU	160-4

DECATHLON

1.	Joe Hippensteel	FS	6,936
2.	William Sanchez	FS	6,907
3.	Dennis Morely	FS	6,621
4.	Mark Stephen	FS	6,338

HAMMER THROW

1.	Aldo Congi	SJS	187-5
2.	Joe Briski	SDS	184-11
3.	Coleman Kells	SJS	176-8
4.	Mike Miller	SJS	163-8
5.	Nick Catanesi	FS	153-4
6.	Rick Paxton	CSLB	139-4
7.	Mike McMahon	FS	138-2
8.	Jean Beaudry	SDS	136-6
9.	Matt McNaughton	FS	121-0

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HIGH JUMP

1. Ron Livers	SJS	7-1
2. Carl Miles	CSLB	7-0
Michael Franz	CSLB	7-0
4. Keith Nelson	SJS	6-10
Steve La Rush	CSLB	6-10
6. Scott Young	SDS	6-9
7. Jeff Leach	FS	6-8½
Rob Rodriguez	UCSB	6-8½
9. James Geddes	SDS	6-8
Mark Insley	SJS	6-8

LONG JUMP

1. Greg Macgee	CSLB	25-2
2. Stanford Brewer	CSLB	24-11
3. Ken Randall	SJS	24-0
4. Don Finley	SJS	23-8½
5. James Green	USU	23-2
6. James Perry	SDS	22-11½
7. Glenn Daugherty	UCSB	22-10 3/4
8. Weldon Nomura	UCSB	22-9 3/4
9. William Sanchez	FS	22-9
10. Darrell McClendon	SDS	22-3½

SHOT PUT

1. Ron Semkiw	SJS	62-5½
2. Bob Feuerbach	SJS	59-6
3. Jean Beaudry	SDS	58-4½
4. Bob Gummerson	SJS	57-3
5. Steve Brown	CSLB	55-2
6. Lonnie Sizemore	UCSB	53-9
7. Dave Briggs	USU	53-4
8. Matt McNaughton	FS	52-6
9. Rick Paxton	CSLB	52-0
Ron Engle	CSLB	52-0

JAVELIN THROW

1. Frank Dejak	SJS	245-8
2. Mike Packer	SDS	230-5
3. Marcel Keeling	CSLB	225-0
4. Kevin McCarthy	UCSB	223-9
5. Dennis Morely	FS	221-7
6. Shaun Ward	CSLB	216-11
7. Willy Robinson	FS	215-5
8. Brett Smith	USU	215-2
9. Dave Dixon	UCSB	214-10
10. Mike Selman	SDS	208-8

POLE VAULT

1. Don Baird	CSLB	18-2
2. Greg Woepse	SJS	17-6
3. Doug Bockmiller	SJS	16-6
Jim Knaub	CSLB	16-6
4. Mark Lizotte	SDS	16-4
5. Don Davis	UCSB	16-1½
6. Bob Pfaffenberger	FS	16-0
Steve Lawry	CSLB	16-0
7. Leo Linn	UCSB	15-7
Mike Russell	UCSB	15-7
8. Ken Smith	FS	15-0
9. Cleveland Bellard	FS	15-0

TRIPLE JUMP

1. Ron Livers	SJS	53-11½
2. Greg Macgee	CSLB	55-2½
3. Ehricke Scott	CSLB	50-9 3/4
4. Stanley Fincher	CSLB	49-0
5. David Zizzo	FS	48-4½
6. Glenn Daugherty	UCSB	47-10
7. J. J. Jelks	SJS	46-3
8. Terrance Johnson	SDS	46-0½
9. Tracy Welch	USU	45-8
10. William Sanchez	FS	45-6½