

J C TRACK & FIELD - P.O. BOX 5401, SAN MATEO, CA 94402 - Fred Baer, Publisher
 March 24, 1977 NORTHERN CALIFORNIA COMMUNITY COLLEGE TRACK & FIELD LEADERS
 (NorCal or SouCal best is presumed early national best also, except where non-Calif. mark is listed)

100 YARDS (NorCal: 9.7 auto qual; 9.9 min.)

9.7w Mark Kent, LANEY, 2/11
 SouCal: 9.4w Billy Mullins, West LA

100 METERS (NorCal: 10.6 auto qual; 10.8 min.)

10.2w Elvin Walker, LANEY, 3/18
 10.3w Ken Meriweather, SAN JOSE, 3/23
 10.4w Mike McRAE, CHABOT, 3/11
 10.4 Paul Jackson, ALAMEDA, 2/25
 10.5w Sherman Jones, SAN JOSE, 3/23
 10.5 Mark Kent, LANEY, 2/25
 10.5w Ernest Lewis, DIABLO VALLEY, 2/18
 10.5w Derald Harris, LOS MEDANOS, 3/18
 10.5w Ron Malone, FRESNO, 3/12
 10.5w Vernoy Mayweather, ALAMEDA, 3/4
 10.5w Tuquail Willis, CCSF, 3/23
 10.6 Tony Hicks, SKYLINE, 2/26
 10.6w Alvin Diles, SKYLINE, 2/19
 SouCal: 10.2w Houston McTear, Santa Monica, 3/18

200 METERS (21.8; 22.1) (' = 220y - 0.1)

20.7w Derald Harris, LOS MEDANOS, 3/11 (20.8, 3/20)
 21.3 Phil Williams, DELTA, 2/25
 21.4 Paul Jackson, ALAMEDA, 2/25
 21.4 Sherman Jones, SAN JOSE, 3/18
 21.4 Elden Walker, LANEY, 3/18
 21.4w Eugene Rachal, SAN JOSE, 3/23
 21.5 Alvin Diles, SKYLINE, 2/26
 21.7 Tuquail Willis, CCSF, 2/25
 21.8 Ken Meriweather, SAN JOSE, 3/18
 21.8 Jon Ware, COSUMNES RIVER, 2/26
 21.8 Saffold, DELTA, 2/25
 21.8w Horace Berry, SAN JOSE, 3/18
 SouCal: 21.0w Billy Mullins, West LA, 3/11

400 METERS (48.6; 49.6) (' = 440y - 0.3)

47.7 Derald Harris, LOS MEDANOS, 2/25
 48.0 L Mickens, ALAMEDA, 3/11
 48.3 Elden Walker, LANEY, 2/25
 48.4 Alvin Diles, SKYLINE, 2/26
 48.4 Phil Williams, DELTA, 2/25
 48.5 Bob Foulke, SAN MATEO, 3/19
 48.5 Russell Harris, SAN JOSE, 3/18
 48.6 Vernoy Mayweather, ALAMEDA, 2/25
 48.7 Ron Haynes, CCSF, 3/14
 48.8 Chris Menniger, FOOTHILL, 2/26
 48.9 Bruce Sterling, LANEY, 2/25
 49.0 Ivan Dunn, LOS MEDANOS, 3/18
 49.0 Rich Judy, CHABOT, 2/25
 49.1 Orlando Littlefield, LANEY, 3/11
 SouCal: 48.3 Jesse Pena, Bakersfield, 3/11
 US: 47.51 Lee Bond, Southern Idaho, 2/5

800 METERS (1:52.6; 1:57.0) (' = 880y - 0.7)

1:53.6' Dan Aldridge, SANTA ROSA, 3/5
 1:53.9 Darrel Lewis, HARTNELL, 2/25
 1:54.3 A Harris, CONTRA COSTA, 3/5
 1:55.2' Bruce Sterling, LANEY, 2/11
 1:55.2 Fred Harvey, SAN JOSE, 3/14
 1:55.7 Fred Jackson, CONTRA COSTA, 3/5
 1:55.9 K Vineyard, SOLANO, 3/11
 1:56.0 Ron Sherrin, SAN MATEO, 3/19
 SouCal: 1:53.0 Tim Costa, Fullerton, 3/18
 US: James Hyman, Mesa, AZ, 1:51.5'

1500 METERS (3:54.6; 4:07.2)

3:54.6 Dan Aldridge, SANTA ROSA, 3/2
 3:56.5 Tom Smith, CHABOT, 3/11
 3:57.2 Alfred Lara, FRESNO, 3/5
 3:57.9 Mitch Kingery, SAN MATEO, 3/14
 3:58.5 Joe Fabris, SAN JOSE, 3/14
 3:58.7 Tim Chain, DeANZA, 3/11
 4:00.4 Ed Taylor, SEQUOIAS, 2/25
 4:00.8 Brown, DELTA, 2/25
 4:01.1 Lester Mickens, ALAMEDA, 2/25
 4:01.2 Joaquin Leano, PORTERVILLE, 2/25
 4:01.2 Darrel Lewis, HARTNELL, 3/11
 SouCal: 3:52.2 Bill Davies, Grossmont, 3/11

IF EVERYONE WILL TAKE JUST A FEW MOMENTS TO COMPLY WITH THE FEW STANDARD STATISTICAL PROCEDURES NOTED AT THE RIGHT, WE'LL BE ABLE TO COMPILER YOUR LISTS MORE QUICKLY AND WITH MORE ACCURACY. Thank you.

MILE (4:13.3 auto qualifer; 4:27.0 minimum)

4:10.6 Dan Aldridge, SANTA ROSA, 3/5
 4:16.1 Mitch Kingery, SAN MATEO, 3/19
 4:16.6 Ed Taylor, SEQUOIAS, 3/18
 4:17.1 Mike McQueeney, DeANZA, 3/19
 4:17.4 Tim Farrell, AMERICAN RIVER, 3/5
 4:17.5 Tim Chain, DeANZA, 3/19
 4:17.8 Bob McMeans, CONTRA COSTA, 2/25
 4:18.0 Art Baudendistel, AMERICAN RIVER, 3/18
 US: 4:10.11 Tarald Linduigsmoen, Ricks, Idaho, 1/22
 3000 STEEPLECHASE (9:36.0; 10:15.8) 9:31.0 Steve Watkins, MPC, 3/18
 9:32.0 John Embody, MERRITT, 3/18
 9:34.3 Dave Hull, SAN MATEO, 3/5
 9:35.6 Mike Smith, CHABOT, 3/5
 9:40.4 Kevin Searles, DIABLO VALLEY, 3/5
 9:41.0 Jim Martinelli, SKYLINE, 3/18
 9:49.0 Bill Weed, AMERICAN RIVER, 3/12
 SouCal: 9:34.8 John Brenneman, Canyons

TWO MILE

9:15.4 Mitch Kingery, SAN MATEO, 1/8 (9:19.0, 3/14)
 9:20.5 J Mebus, AMERICAN RIVER, 3/5
 9:24.0 Art Baudendistel, AMERICAN RIVER, 3/5
 9:24.5 Tim Chain, DeANZA, 3/11
 9:25.2 Mike Smith, CHABOT, 3/23
 9:25.5 Wally Montenegro, SAN JOSE, 3/23
 9:25.6 Parish, SAN JOSE, 3/23
 9:27.6 Alfred Lara, FRESNO, 2/18
 SouCal: 9:11.5 Kevin Burkin, LA Valley
 US: 9:07.71 Race Gentry, Faulkner, Ala.,
 5000 METERS (14:49.1 = 14:18.2 3mi.; 15:42.8 = 15:10.0)
 (' = 3 mile time converted by multiplying by 1.036)

14:29.0 Joaquin Leano, PORTERVILLE, 2/25
 15:06.3 Mitch Kingery, SAN MATEO, 3/19
 15:08.6 Gary Sutherland, AMERICAN RIVER, 3/18
 15:11.1 Paul Mello, SAN MATEO, 3/19
 SouCal: 14:30.0 Kevin Burkin, LA Valley, 3/18

110 METER HH (14.5 auto qual ; 15.0 minimum)

14.2 Scott Monroy, SAN JOSE, 3/5
 14.2w Tony Hicks, SKYLINE, 3/18
 14.3 Calvert Jones, COSUMNES RIVER, 2/26
 14.5 Raphael Smith, SKYLINE, 3/5
 14.6 Charles Hatch, CCSF, 3/14
 14.6w Duane Pulliam, ALAMEDA, 3/11 (14.8, 2/25)
 14.6w Don Reed, SAN JOSE, 3/23 (14.8, 3/18)
 14.7 Anthony Washington, Fresno, 2/18
 14.8 Dixon, SJ DELTA, 2/25
 14.8 Greg Veatch, CHABOT, 2/25
 14.8w Dennis Claxton, ALAMEDA, 3/11
 14.8wy Mike Perryman, SEQUOIAS, 3/18 (y = 120 yard)
 SouCal: 14.1, Tom Turner, Fullerton, 3/18

400 METER IH (53.9; 56.5) (' = 440y IH - 0.3)

52.5 Tony Hicks, SKYLINE, 2/26
 53.2 Calvert Jones, COSUMNES RIVER, 2/26
 53.2 Ray Smith, SKYLINE, 2/26
 54.1 L. Richardson, SANTA ROSA, 3/18
 54.5 Red Palon, DIABLO VALLEY, 3/23
 54.6 Jeff Jones, WEST HILLS, 2/25
 54.6' Floyd Harris, SEQUOIAS, 3/18
 54.7' Steve Pritchett, SEQUOIAS, 3/18
 54.8 Steve Wright, PORTERVILLE, 2/25
 55.1 Kleth Anderson, SAN MATEO, 3/14
 55.1 Scott Monroy, SAN JOSE, 3/14
 55.3 L Smith, MERRITT, 3/2
 SouCal: 52.3 Walt Pratt, Bakersfield,

NOTE - ONLY THE CAMINO NORTE, GOLDEN GATE & COAST CONFERENCES HAVE SUBMITTED BEST MARKS LISTS TO DATE. WE HAVE RECEIVED SOME MEET RESULTS FROM THE OTHER THREE CONFERENCES, BUT SOME MARKS ARE OBVIOUSLY MISSING.

IMPORTANT: ALL colleges (including YOURS) should send complete result sheets of ALL meets to date-- and always send a report immediately after every dual and invitational.
 --INCLUDE WIND INFORMATION & FIRST NAMES (& names of relay team members, with any splits).
 (If you neglect to make any notation regarding wind, marks will be considered wind aided. Please help us.)
 --MARKS SUBMITTED WITHOUT DATE OF PERFORMANCE are NOT ACCEPTABLE.

JC TRACK & FIELD, P.O. BOX 5401, SAN MATEO, CA 94402 - March 24, 1977 - NorCal Leaders

HIGH JUMP (6-6 auto. qual; 6-3 min.)

7-1 Mark Wilson, DIABLO VALLEY, 3/23
 7-1/2 Leo Williams, ALAMEDA, 2/19
 7-0 Thurlis Gibbs, SAN JOSE, 3/23
 7-0 Randy Turner, CCSF, 3/5
 6-11 Ron Horn, FRESNO, 3/5
 6-9 Charles Hatch, CCSF, 2/18
 6-8 Bob Dillard, SAN MATEO, 3/5
 6-8 B Jones, SOLANO, 2/19
 6-8 Bob Peterson, CHABOT, 3/5
 6-7 Kirk Collins, MONTEREY, 3/5
 6-7 M Speak, MARIN, 3/18
 6-6 R Dunlap, SANTA ROSA, 3/5
 6-6 Kevin Harding, WEST VALLEY, 3/19
 6-6 Gil Jenkins, FRESNO, 2/18
 6-6 Mike Jett, SAN MATEO, 3/5
 6-6 B Montgomery, SANTA ROSA, 3/5
 SouCal: 6-10 Adams, Desert
 Morgan, Pasadena

LONG JUMP (23-0; 22-2 1/2)

23-11 1/2 Eddie Tate, FRESNO, 3/5
 23-10w Skip Peterson, SAN MATEO, 3/14
 23-9 Mike McRae, CHABOT, 3/5
 23-4 1/2 Duane Pulliam, ALAMEDA, 2/25
 SouCal: 24-8 1/2 M. Jennings, Chaffey

POLE VAULT (14-6; 13-8)

17-1 Steve Oravetz, WEST VALLEY, 3/19
 16-0 Doug Searle, WEST VALLEY, 3/5
 15-6 Kevin Stevenson, SAN MATEO, 3/14
 15-6 Mike Thornton, FRESNO, 3/12
 15-6 Stan Reyes, FRESNO, 3/12
 15-0 Ken Grace, CHABOT, 3/11
 15-0 T McDonald, S. ROSA, 3/5
 15-0 Jerry Mulligan, W. VALLEY, 3/19
 14-6 Kim Black, SAN MATEO, 3/14
 14-6 Bob Dillard, SAN MATEO, 3/14
 14-6 Randy Ruzicka, SEQUOIAS, 3/12
 14-6 Brad Smith, SEQUOIAS, 2/19
 14-6 Rick Vasquez, WEST VALLEY, 3/11
 SouCal: 16-8 Charlie Brown, El Camino,
 3/11

TRIPLE JUMP (48-1; 46-6)

50-11 1/2 Mike McRae, CHABOT, 3/5
 50-9 3/4w Ed Tate, FRESNO, 3/12
 (49-4, 2/18)
 50-0w Larry Jackson, CHABOT, 1/8
 (48-7 1/2, 2/25)
 48-8 1/2 Mike Cook, AMERICAN RIVER, 1/8
 48-7 1/2w Pete Moreno, SAN JOSE, 1/8
 48-3 3/4w Junior Rojas, SAN JOSE, 3/23
 SouCal: 50-11 1/2 Chris DeFrance, Bakers-
 field, 2/11

SHOT PUT (50-11 1/2; 47-6)

59-8 1/2 Dave Laut, SAN JOSE, 3/14
 53-13 1/4 Tony Williams, FRESNO, 2/18
 52-4 M Johnson, S. ROSA, 3/5
 52-3 1/2 Mike Smith, SAN MATEO, 3/5
 52-1 Eric Seubert, SKYLINE, 2/19
 51-10 Lee Foster, De ANZA, 3/19
 51-1 Dave Michelmore, AMER. RVR, 3/12
 50-9 1/4 Mike Gough, De ANZA, 3/5
 50-9 Mike Stebleton, L. MEDANOS, 2/11
 50-5 Rick McDonald, SHASTA, 3/11
 49-11 1/2 Mark Robinson, CHABOT, 3/23
 49-10 Howard Stuart, DEANZA, 3/11
 49-5 George Tzifralis, S. MATEO, 3/14
 49-3 N Ayala, SANTA ROSA, 3/18
 SouCal: 58-9 S. Summers, Pasadena

DISCUS (159-7; 144-11)

162-9 Kurt Vonogas, FOOTHILL, 3/18
 161-7 Dan John, SKYLINE, 3/5
 161-5 Rick Dozier, CCSF, 2/25
 161-3 Joe Diregolo, CHABOT, 3/11
 157-11 M Bickers, ALAMEDA, 3/4
 156-10 Bill Perry, De ANZA, 3/19
 155-7 Rogers, DIABLO V., 3/23
 155-0 George Tzifralis, S. MATEO, 3/5
 154-9 Mike Stebleton, L. MEDANOS, 3/4
 154-5 Gary Humphreys, DeANZA, 2/25
 153-4 John Turton, PORTERVILLE, 2/25
 SouCal: 169-8 Dave Fuller, L. Beach, 2/26
 US: 171-7 Brad Cooper, Miami-Dade N, FL

440 RELAY (42.2; 43.5)

41.2 SAN JOSE, 3/14 (Horace
 Berry, Eugene Rachal, Sherman
 Jones, Ken Meriweather)
 41.3 LOS MEDANOS, 3/21 (Fred
 Murray, Derald Harris, Dan
 Walker, Ivan Dunn)
 41.6 CCSF, 3/5
 41.8 SKYLINE, 2/26
 41.9 ALAMEDA, 3/11
 41.9 LANEY, 2/25
 42.2 DIABLO VALLEY, 2/18
 42.4 FRESNO CC, 2/18
 42.4 SEQUOIAS, 3/12
 42.5 COSUMNES RIVER, 2/26
 42.6 CHABOT, 3/11
 42.7 SAN MATEO, 3/14
 42.7 SANTA ROSA, 3/5
 42.9 WEST VALLEY, 3/19
 43.0 FOOTHILL, 3/11
 43.2 CONTRA COSTA, 3/11
 SouCal: 41.4 Pasadena CC

880 RELAY

1:26.0 SAN JOSE, 3/5 (Horace
 Berry, Eugene Rachal, Sherman
 Jones, Ken Meriweather)
 1:28.0 LANEY, 3/5
 1:28.5 SKYLINE, 3/5
 1:29.9 CCSF, 3/5
 1:30.4 ALAMEDA, 2/19
 1:30.4 DIABLO VALLEY, 3/5
 1:30.7 CHABOT, 3/5
 1:30.9 WEST VALLEY, 3/5
 1:31.4 HARTNELL, 3/5
 1:31.5 SANTA ROSA, 2/19
 1:32.3 LOS MEDANOS, 2/19
 1:32.6 CUESTA, 3/18

Mile Relay (3:17.0; 3:23.8)

3:15.3 SAN JOSE, 3/5 (Eugene
 Rachal, Greg Johnson, Fred
 Harvey, Russell Harris)
 3:16.2 ALAMEDA, 2/25
 3:16.3 LANEY, 3/5
 3:18.2 SAN MATEO, 3/5
 3:18.7 SKYLINE, 3/5
 3:19.7 COSUMNES RIVER, 2/26
 3:19.7 LOS MEDANOS, 3/18
 3:20.2 CCSF, 3/5
 3:21.2 SEQUOIAS, 3/18
 3:21.3 SANTA ROSA, 3/18
 3:21.5 AMER. RIVER, 3/18
 3:23.1 MERRITT, 3/2
 3:23.0 SJ DELTA, 1/8
 SouCal: 3:17.2 Bakersfield

2 Mile Relay

7:50.6 HARTNELL, 3/5
 7:51.8 CHABOT, 3/5 (Mark
 Molina, Tom Smith, Rich
 Judy, Dave Emry)
 7:57.1 SAN JOSE, 3/5
 8:03.3 De ANZA, 3/5
 8:03.3 CONTRA COSTA, 2/19
 8:08.4 CABRILLO, 3/5
 8:09.7 WEST VALLEY, 3/5
 8:10.1 MONTEREY PENINSULA, 3/5
 8:10.4 SOLANO, 2/19
 US: 7:47.4 Essex County, NJ

JAVELIN (193-7; 175-4)

196-2 Craig Peterson, American RIVER, 3/12
 192-0 Gary Raymond, SEQUOIAS, 3/12
 193-8 John Costa, FOOTHILL, 3/5
 193-1 Mark Preston, CHABOT, 2/25
 189-5 Greg Howard, Chabot, 3/11
 186-8 Tom Giles, De ANZA, 3/19
 184-10 Tristan Kirchknoff, SAN MATEO, 3/5
 SouCal: 230-3, Luc LaPerriere, Palomar, 3/4

4 MILE RELAY

17:44.4 SAN MATEO, 3/5 (Kurt
 Dicus 4:23.8, Eric Benson
 4:31.8, Rick Pincombe 4:33.4,
 Mitch Kingery 4:15.4)
 18:02.1 CHABOT, 3/5
 18:04.0 SAN JOSE, 3/5
 18:06.0 WEST VALLEY, 3/5
 18:20.2 FOOTHILL, 3/5
 SouCal: 17:57.4 Long Beach

Sprint Medley Relay

3:27.8 ALAMEDA, 2/19 (Vernoy
 Mayweather, Maurice Glass,
 Paul Jackson, Les Mickens)
 3:29.2 SAN JOSE, 1/8 (Horace
 Berry 22.5, Eugene Rachal
 21.3, Russell Harris 48.5,
 Fred Harvey 1:56.9)
 3:30.3 SKYLINE, 1/8
 3:31.1 SAN MATEO, 3/5
 3:32.5 FOOTHILL, 3/5
 3:33.2 SANTA ROSA, 1/8
 3:34.5 DIABLO VALLEY, 1/8
 3:36.5 LOS MEDANOS, 1/8
 SouCal: 3:30.1 Chaffey

Distance Medley Relay

10:17.1 SAN MATEO, 3/5 (Ron
 Sherrin 49.7, Shay Sodek
 1:57.0, Eric Benson 3:08.8,
 Kurt Dicus 4:21.5)
 10:19.6 De ANZA, 3/5
 10:21.4 FRESNO, 3/21
 10:26.7 CONTRA COSTA, 2/19
 10:28.4 CHABOT, 3/5
 10:29.3 SAN JOSE, 3/5
 10:30.0 SKYLINE, 3/5
 10:31.4 SOLANO, 2/19
 10:34.0 MARIN, 2/19
 10:37.4 SANTA ROSA, 2/19
 10:39.2 DIABLO VALLEY, 3/5

Lo-Hi Shuttle Hurdles

56.5 SKYLINE, 3/5 (Mitchell
 Lockett 13.3, Rayfield Smith
 15.3, Alvin Diles 13.1,
 Tony Hicks 14.8)
 59.5 ANTELOPE VALLEY, 3/18
 60.1 HARTNELL, 3/5
 60.5 WEST HILLS, 3/18
 60.6 CONTRA COSTA, 2/19
 60.8 CUESTA, 3/18
 61.5 PORTERVILLE, 3/18
 62.0 MENLO, 3/5

All H1 Shuttle Hurdles

60.5 CHABOT, 3/5 (Greg Veatch,
 Larry Jackson, Mike Martin,
 Mike McRae)
 62.5 SAN MATEO, 3/5
 SouCal: 64.3 Compton

Hammer Throw

123-4 Tony Williams, Fresno,
 3/5
 SouCal: 173-6 Dave Fuller,
 Long Beach, 3/19

Decathlon

6429 Brian Saunders, De Anza
 6182 Tom Giles, De Anza
 SouCal: 6414 Tom Turner, Full-
 erton

Some improvements to JC TRACK & FIELD list of March 24, 1977

(NorCal, except as noted)

100 Meters

10.4 (ok) Mike McRae, Chabot, 3/11

400 Meters

47.3 Derald Harris, Los Medanos, 3/25

800 Meters

1:52.6 Dan Aldridge, Santa Rosa, 3/20

1:53.9 Lester Mickens, Alameda, 3/18

1:54.3 Archie Hughes, Contra Costa, 3/5

1500 Meters

3:52.8 Dan Aldridge, Santa Rosa, 3/20

3:57.9 Matt Dowling, Diablo Valley, 3/18

Mile

U.S.: 4:08.5 Tarald Linduigsmoen, Ricks, ID

Two Mile

9:06.4 Mitch Kingery, San Mateo, 3/26

9:13.6 Tom Smith, Chabot, 3/26

9:15.8 Mike Smith, Chabot, 3/26

9:24.2 Paul Mello, San Mateo, 3/26

9:26.8 Jim Martinelli, Skyline, 3/26

SouCal: 9:09.8 Scott Blackburn, Moorpark, 3/26

-9:25.0 Ammando Lagunes, West Valley, 3/26

110 HH

14.0w Tony Hicks, Skyline, 3/29

14.2w Anthony Washington, Fresno, 3/25

14.4w Raphael Smith, Skyline, 3/29

U.S.: 13.8w Kerry Bethel, Essex County, NJ, 3/25

400 IH

53.0 Jaime Starmer, Butte, 3/11

54.6' Dorvall, Butte, 3/18

55.1 John Marci, Modesto, 3/25

PV

15-3 Kim Black, San Mateo, 3/26

15-3 Rick Vasquez, West Valley, 3/26

14-8 Brad Smith, Sequoias, 3/26

LJ

24-2 $\frac{1}{2}$ Mike McRae, Chabot, 3/26

23-11 3/4w Ed Taylor, Modesto, 3/12

TJ

U.S.: 52- $\frac{1}{8}$ w Stephen Hanna, Miami-D No., FL, 3/25

SouCal: 51-1 Chris DeFrance, Bakersfield, 3/26

SP

51-7 $\frac{1}{2}$ Howard Stuart, De Anza, 3/26

50-3 3/4 Mark Robinson, Chabot, 3/26

DI 154-8 Norm Finke, Modesto, 3/18

160-0 Willie Nevels, CCSF, 3/18

156-3 Greg Tafralis, San Mateo, 3/26

U.S.: 177-5 Brad Cooper, Miami-D No., FL, 3/25

JT

206-2 Norm Finke, Modesto, 3/18

196-0 J. Spencer, Solano, 3/25

191-3 Greg Howard, Chabot, 3/18

880 RELAY

1:29.1 CCSF, 3/26

1:30.7 SAN MATEO, 3/26

1:31.3 ANTELOPE VALLEY, 3/26

U.S. (equals): 1:26.0 Odessa, TX, 3/25

MILE RELAY

3:16.6 SKYLINE, 3/26

3:22.3 FOOTHILL, 3/26

SouCal: 3:17.2 COMPTON, 3/26

U.S.: 3:13.1 ESSEX COUNTY, NJ, 3/25

TWO MILE RELAY

7:48.6 HARTNELL, 3/26

7:56.0 SAN MATEO, 3/26

7:59.6 DE ANZA, 3/26

SPRINT MEDLEY

3:32.0 FOOTHILL, 3/26

3:33.5 SEQUOIAS, 3/26

U.S.: 3:21.6 ESSEX COUNTY, NJ, 3/25

480 SHUTTLE HURDLES (all high)

61.2 SEQUOIAS, 3/26

62.0 SAN MATEO, 3/5

SouCal: 60.9 EL CAMINO

SANTA BARBARA RELAYS - TWO MILE - complete list of all finish times, courtesy of Bob Rush's Cronomix:

1. 9:06.6 Mitch Kingery, CSM
2. 9:09.8 Scott Blackburn, Moorpark
3. 9:13.4 Tom Smith, Chabot
4. 9:14.2 Tom Zinger, Moorpark
5. 9:15.8 Mike XSmith, Chabot
6. 9:17.6 Rob Bray, Bakersfield
7. 9:18.2 Canyons
8. 9:20.6 Kevin Burkin, LA Valley
9. 9:24.2 Paul Mello, CSM
10. 9:25.0 Ammando Lagunes, West Valley
11. 9:26.0
12. 9:26.4
13. 9:26.8 Jim Martinelli, Skyline
14. 9:27.0
15. 9:28.2
16. 9:28.4
17. 9:29.6
18. 9:30.0
19. 9:31.4
20. 9:33.0
21. 9:33.6 Bob Paulin, West Valley
22. 9:34.4 Kurt Dicus, CSM
23. 9:37.4
24. 9:38.4
25. 9:43.6
26. 9:46.4
27. 9:47.8
28. 9:50.0
29. 9:54.4
30. 9:55.6
31. 9:57.0
32. 9:57.4
33. 10:01.0
34. 10:05.2
35. 10:07.2
36. 10:10.4
37. 10:18.2

(All times rounded to fifths, in accordance with NCAA Rules)