

# NORTHERN CALIFORNIA JUNIOR COLLEGE

## TRACK AND FIELD

### TRIALS

#### SAN JOAQUIN DELTA COLLEGE

MAY 13, 1977

#### 10,000 Meter

Name	School	Time
Paul Mello	San Mateo	31.24.6
Earl Logomarcino	American River College	31.34.4
Wally Montnagro	San Jose City College	31.34.4
Jim Sane	Sierra College	31.43.2
Bob Paulin	West Valley College	31.49.5
Dave Parrish	San Jose City College	32.02.4

#### STEEPLE CHASE

##### Heat 1

Joaquin Leano	Porterville College	9.06.7
Bill Weed	American River College	9.07.7
Steve Watkins	Monterey Peninsula College	9.17.9
Kevin Searls	Diablo Valley College	9.22.5
Bill Amable	Skyline College	9.30.0
Jose Renteria	Fresno City College	9.33.9

##### Heat 2

Mark Stoker	San Joaquin Delta College	9.21.0
Kim Baez	Marin College	9.23.9
Dave Hull	College of San Mateo	9.24.3
Frank Dauncey	Lassen College	9.24.6
Jon Hegley	Consumnes River College	9.27.5
Mike Smith	Chabot College	9.31.0

#### JAVELIN

#### Mark

Norm Finke	Modesto Junior College	201'5"
Gary Raymond	College of the Sequoias	186'11"
Kevin Hurd	DeAnza College	186'4"
Fritsmeyer	Sacramento City College	186'2"
Doug Hart	San Jose City College	183'3"
John Costa	Foothill College	183'0"
Charles Root	Hartnell College	179'9"
Tom Giles	DeAnza College	179'6"
Larry Cole	Butte College	179'5"
John Misko	Porterville College	179'4"

No wind aid times - the wind was under the allowable then when the wind did come up, it was blowing into the runners.



(Names listed in order of qualification.)

### SHOT PUT

Dave Laut	San Jose City College	57'8½"
Greg Tafralis	College of San Mateo	53'0"
John Turton	Porterville College	52'9"
Howard Stuart	DeAnza College	52'5 3/4"
Mike Gough	DeAnza College	51'7½"
Tony Williams	Fresno City College	50'11½"
N. Ayala	Santa Rosa College	50'10 3/4"
M. Johnson	Santa Rosa College	50'7 3/4"
Chris Linggi	Sacramento City College	49'11"
Eric Seubert	Skyline College	49'10 3/4"

### 1500 METER

#### Heat 1

Dan Aldridge	Santa Rosa College	3.50.8
Bob McMenns	Contra Costa College	3.53.7
Mike Brown	American River College	3.53.8
K. Vineyard	Solano College	3.55.3
Mitch Kingery	College of San Mateo	3.57.5
Tim Chain	DeAnza College	3.58.5

#### Heat 2

Ed Taylor	College of the Sequoias	3.54.1
Andy Jones	Monterey Peninsula College	3.54.7
M. Wright	Solano College	3.55.8
Tom Smith	Chabot College	3.56.2
Mike McQueeney	DeAnza	3.56.3
Tim Farrell	American River College	3.57.3

### 440 RELAY

#### Heat 1

San Jose City College	40.4
Modesto Junior College	41.1
Chabot College	41.4
Laney College	41.6

#### Heat 2

Diablo Valley College	40.9
San Joaquin Delta College	41.1
Butte College	41.5
City College of San Francisco	41.6

#### Heat 3

Alameda College	40.9
Cosumnes River College	41.5
Sacramento City College	41.7
Contra Costa College	43.0



# 400 METERS

## Heat 1

Greg Johnson	San Jose City College	48.1
Bob Foulke	College of San Mateo	48.2
Bobby Batton	Santa Rosa College	48.4
Kevin Ketcham	Sacramento City College	48.6

## Heat 2

Steve Chepkwony	Foothill College	47.2
Fred Harvey	San Jose City College	47.9
Alvin Diles	Skyline College	48.0
Billy Ward	Merritt College	48.1

## Heat 3

Lester Mickens	Alameda College	47.2
Vernoy Mayweather	Alameda College	47.9
Ron Haynes	City College of San Francisco	48.0
Carl Spencer	American River College	48.3

# 110 METER HIGH HURDLES

## Heat 1

Harold Turner	Contra Costa College	14.4
Clarence Dixon	San Joaquin Delta College	15.0
Raphael Smith	Skyline College	15.1
Don Reed	San Jose City College	15.2

## Heat 2

Tony Hicks	Skyline College	14.3
Anthony Washington	Fresno City College	14.5
Charles Hatch	City College of San Francisco	14.6
Tim McDonald	College of San Mateo	14.7

## Heat 3

Bill Dorvall	Butte College	14.8
Calvert Jones	Consummes River College	14.9
Mike Porchia	College of Sequoias	15.0
Lawrence Hill	Contra Costa College	15.1

## LONG JUMP

Mike McRae	Chabot College	24'3"
G. Turner	Alameda College	23'6 3/4"
Ed Taylor	Modesto Junior College	23'6 3/4"
Skip Peterson	College of San Mateo	23'2 3/4"
Fred Brooks	Hartnell College	23'2 1/4"
Terence Archie	Consummes River College	22'10"
Bruce Harris	Sacramento City College	22'9 3/4"
Chuck Polite	Sacramento City College	22'9 1/4"
Anthony Frazier	Consummes River College	23'8 3/4"
Mike Martin	Chabot College	22'6"
Joe Tieimat	Diablo Valley College	22'5"
Ed Tate	Fresno City College	22'3 3/4"

## HIGH JUMP

Andy Pacota	DeAnza College	6'8"
Mike Jett	College of San Mateo	6'8"
Tim Trejo	Sacramento City College	6'8"
Larry Dogan	San Joaquin Delta College	6'8"
Ron Horn	Fresno City College	6'8"
Randy Turner	City College of San Francisco	6'8"
Thurlis Gibbs	San Jose City College	6'8"
Bob Peterson	Chabot College	6'8"
K. Dimes	Solano College	6'8"
L. Williams	Alameda College	6'8"

## POLE VAULT

Tom Firchau	Sierra College	14'0
D. Jones	College of Marin	14'0
Craig Austin	American River College	14'0
David Sheppard	Fresno City College	14'0
Mark McCourty	foothill College	14'0
Jerry Mulligan	West Valley College	14'0
Bob Dillard	College of San Mateo	14'0
Kim Black	College of San Mateo	14'0
Stan Reyes	Fresno City College	14'0
Tim McDonald	Santa Rosa College	14'0
Steve Oravetz	West Valley College	14'0



# 800 METERS

## Heat 1

Mike Bisbee	Cuesta College	1.53.8
Larry Martin	Antelope Valley College	1.53.9
Mark Elwell	Shasta Community College	1.54.0

## Heat 2

Archie Hughes	Contra Costa College	1.54.7
Robin Clarke	College of Marin	1.55.1
Ed Taylor	College of Sequoias	1.55.2

## Heat 3

Dan Aldridge	Santa Rosa College	1.54.5
David Emery	Chabot College	1.55.3
Clarence Roots	Cosumnes River College	1.56.1

# 100 METERS

## Heat 1

Ernest Lewis	Diablo Valley College	10.4
Duran Hardin	Cosumnes River College	10.8

## Heat 2

Philip Williams	San Joaquin Delta College	10.7
Eldon Walder	Laney College	10.8

## Heat 3

Paul Jackson	Alameda College	10.7
Ken Mariweather	San Jose City College	10.8

## Heat 4

Mike McRae	Chabot College	10.6
Horace Berry	San Jose City College	10.7

Run - off at San Jose Monday for 9th qualifying spot between:

Tequail Wills	City College of San Francisco
Sherman Jones	San Jose City College



# 200 METERS

## Heat 1

Mike McRae	Chabot College	21.6
Vernoy Mayweather	Alameda College	22.1

## Heat 2

Paul Jackson	Alameda College	21.8
Kevin Smith	Chabot College	22.0

## Heat 3

Gidon Walker	Laney College	21.3
Johnny Ware	Consummes River College	21.8

## Heat 4

Ernest Lewis	Diablo Valley College	21.6
Eugene Rachal	San Jose City College	21.8

Fastest third - Sherman Jones San Jose City College 21.9

# DISCUS

Greg Tafralis	College of San Mateo	159'11"
Neil Berquist	Foothill College	149'
Joe DiRegolo	Chabot College	147'1"
Tony Williams	Fresno City College	146'8"
Mike Stebleton	LosMedanos College	146'1"
Mike Gough	DeAnza College	146'
Mark Tinsley	Yuba College	145'1"
Dan John	Skyline College	144'7"
Al Just	Sacramento City College	144'
John Turton	Porterville College	143'10"

# 400 METER INTERMEDIATE HURDLES

## Heat 1

Tony Hicks	Skyline College	52.8
Floyd Harris	College of Sequoias	53.0
Jeff Jones	West Hills College	53.2

## Heat 2

Larry Richardson	Santa Rosa College	52.8
Dennis Claxton	Alameda College	53.0
Lee Smith	Merritt College	53.5



# 400 METER INT. HURD. con't.

## Heat 3

Bill Dorvall	Butte College	53.2
Raphael Smith	Skyline College	53.3
Dennis Esquivel	College of Sequoias	53.9

## Heat 4

Craig Anderson	San Jose City College	52.9
Calvert Jones	Consummes River College	53.6
Jamie Stammer	Butte College	53.7

# 5000 METER

## Heat 1

Joaquin Leano	Porterville College	14.43.8
Alfred Carr	Fresno City College	14.44.4
Jim Mabust	American River College	15.06.6
Andy Jones	Monterey Peninsula College	15.20.5
Bob McMeans	Contra Costa College	15.24.4
Steve Henson	Siskiyou College	15.25.0

## Heat 2

Mitch Kingery	College of San Mateo	14.07.2
Gary Sutherland	American River College	15.18.2
Steve Watkins	Monterey Peninsula College	15.19.8
Art Baudindistel	American River College	15.20.8
Ray Aver	West Valley College	15.26.8
Scott Facickner	Contra Costa College	15.36.0

# TRIPLE JUMP

Eddie Tate	Fresno City College	48' 11 1/4"
Mike McRae	Chabot College	48' 2 1/2"
Matt Rice	Alameda College	48'
C. Hicks	Alameda College	47' 10"
Junior Rojas	San Jose City College	47' 4 1/2"
Pete Moreno	San Jose City College	47' 4 1/2"
Larry Jackson	Chabot College	47' 2 1/2"
Ray Hendricks	Consummes River College	47' 2 1/4"
Mike Cook	American River College	47' 1 1/2"
Ron Johnson	Monterey Peninsula College	46' 11 3/4"



Mile Relay:

1st Heat:

1. Alameda College	3:15.8
2. Cosumnes River College	3:18.1
3. College of San Mateo	3:18.2
4. Merritt College	3:18.8

2nd Heat:

1. Laney College	3:17.0
2. Foothill College	3:17.2
3. West Valley College	3:17.8
4. Santa Rosa College	3:23.3

3rd Heat:

1. San Francisco City College	3:19.0
XXXXXXXXXXXXXXXXXXXX	XX
2. San Jose City College	3:19.4
3. Skyline College	3:19.5
4. Modesto Junior College	3:20.6