

# Hull, Kingery run to GGC track titles

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Dave Hull and Mitch Kingery can boast Golden Gate Conference track championships and mementos to match. Keith Anderson has an unexpected souvenir to savor also, thanks to the inventive mind of his coach and Keith's own competitive instincts.

Hull, running the race of his life, won the 3,000-meter steeplechase in 9:18.8, second in the state and a 16-second improvement over his College of San Mateo record, at last night's GGC finals at San Jose City College. Kingery, as expected, ran the 5,000 meter

field into the ground to win in 14:43.2.

Because the GGC, unlike virtually every other JC and prep circuit in the state, awards medals only for first place, Hull and Kingery brought home CSM's lone hardware.

Anderson, instead, took home a photo, showing how his incredible finishing burst nearly nipped San Jose's Scott Monroy in a 400-meter hurdles thriller.

The picture showed Anderson only inches behind Monroy, who earlier last night set a national JC record with a 13.7 110-meter high hurdles. Monroe was credited with 53.7 and Anderson 53.8 in the

400, tying Keith for seventh in Northern California and snapping his own CSM mark by seven-tenths second.

Anderson credited his success to a device conceived by CSM coach Bob Rush—a computer which spits out splits of all sorts and automatically records them on paper. Rush used this to analyze Anderson's hurdles progress by timing his steps between each of the 10 barriers.

"I had been letting down unconsciously (about the seventh hurdle)," said Anderson, who has made sensational progress since a nondescript San Carlos High career. "The thing showed me

where I had to work harder. It's great.

"I didn't think I could run that fast. I must have passed four guys on the last hurdle.

"It would be nice to have something to show for this," sighed Anderson, in reference to the GGC's parsimonious policy of giving only winners medals. "But I did talk the finish people into giving me the picture!"

"He's a great competitor, and runs his own race, not worrying about time," said Rush, who admitted Anderson's victory "really warmed my heart. He's gotten where he has through

sheer hard work and desire. It's a crime he doesn't get a medal. Our conference should be ashamed."

Rush also thought Hull, former Menlo-Atherton runner, "was just fantastic. He's really been coming on—you could see it in workouts."

CSM's 94 points finished third behind four-time champ San Jose (140) and Chabot (104½). Injured long jump star Peterson's absence may have cost CSM second, though the Bulldogs qualified 18 individuals and both relays for the NorCals.

There were far more good things than disappointments for the Bulldogs.

In the field, Dave Stevenson was second in the pole vault with a life best 16-0. Gregg Tafralis was second, too, but his 161-3 discus was a mild disappointment and Foothill's Kurt Vonogas beat Tafralis by two inches on his final fling.

Larry Wright continued his comeback from illness and injury with a 6-8 high jump for third. Mike Jett was an encouraging fourth at 6-8. Bob Dillard and Kim Black hit 15-6 for fourth and fifth in the pole vault. Dan Young matched his life best with a surprise 22-8 long jump for fourth. Tafralis was fifth in the shot.

Bob Foulke also made a fine track showing, zipping a life best 48.3 for third at 400 meters behind Kenyan Olympian Stephen Chepkwony's 47.1 for Foothill. Foulke's effort delighted Rush, who also was happy with NorCal places by Brian Hurdal and Ron Sherrin (fifth, sixth, 800), Eric Benson (sixth, 1500), Rick Pincombe (sixth, steeplechase), Gordon Bliss (fifth, high hurdles) and Paul Mello (fifth, 5,000).

Bulldog sprinter Mike Greggans, after running superbly while leading the 200-meter trials, finished a disappointing seventh in both the 200 and 100. He'll still go to the NorCals on a "space available" basis.

Next for the Bulldogs is the West Coast Relays in Fresno next Saturday. The NorCal trials are May 13 at San Joaquin Delta in Stockton.

3000 steeplechase—Hull (SM) 9:18.8, Smith (C) 9:25.0, Searle (DV) 9:33.2, Joseph (SJ) 9:38.2, Hidalgo (F) 9:43.6, Pincombe (SM) 9:44.6, 440 rel.—SJ 40.7, CCSF 41.3, Chabot 41.4, Diablo Valley 41.5, Laney 42.4, CSM (Greggans, Foulke, Gustavson, Davis) 42.4, 110 H—Monroy (SJ) 13.7, Hurdal (SF) 14.5, Veatch (C) 14.7, Reed (SJ) 14.7, Bliss (SM) 14.8, Jackson (C) 15.0, Nelson (SM) 15.1, 1500—Smith (C) 3:51.6, McQueney (DA) 3:52.8, Kingery (SM) 3:55.2, Dowling (DV) 3:57.1, Chain (DA) 3:58.9, Benson (SM) 4:00.9 (7. Discus, SM) 4:01.6, 400—Chepkwony (F) 47.1, Harvey (SJ) 48.1, Foulke (SM) 48.3, Haynes (SF) 48.6, Menninger (F) 48.6, Johnson (SJ) 48.7, 800—Harris (SJ) 1:52.5, Emery (C) 1:52.8, Taylor (SJ) 1:53.5, Molina (C) 1:54.1, Hurdal (SM) 1:55.0, Sherrin (SM) 1:56.0, 100—Lewis (DV) 10.2, McKee (C) 10.5, Walker (L) 10.5, Jones (SJ) 10.5, Willis (SF) 10.5, Merweather (SJ) 10.6, 400 H—Monroy (SJ) 53.7, Anderson (SM) 53.8, Johnson (SJ) 54.5, Palon (DV) 54.7, Reed (SJ) 54.9, Howell (WV) 55.8, 200—Lewis (DV) 21.1, Jones (SJ) 21.4, Rachel (SJ) 21.4, McKee (C) 21.5, Kent (L) 21.7, Berry (SJ) 21.8, 5000—Kingery (SM) 14:43.2, Smith (C) 15:05.6, Montenegro (SJ) 15:08.4, Black (F) 15:08.4, Mello (SM) 15:10.0, Paulin (WV) 15:20.8, Mile rel.—Foothill (Menninger, Jette, Delyux, Chepkwony 46.5; 3:14.2, CCSF 3:16.0, CSM 3:16.0, Chabot 3:16.3, San Jose 3:18.5, West Valley 3:20.5, Jay—Giles (DA) 183.4, Foster (DA) 191.3, Hurd (DA) 190.1, Juntz (C) 188.6, Harrison (SJ) 188.3, Hart (SJ) 187.8, HJ—Gibbs (SJ) 7.6, Peterson (C) 6.10, Wright (SM) 6.8, Jett (SM) 6.8, Harding (WV) 6.6, Kimmann (C) and Pecora (DA) 6.4, SP—Laut (SJ) 60.5, Gough (DA) 52.1, Schabke (DA) 51.5, Stuart (DA) 51.5, Tafralis (SM) 50.10, Foster (DA) 50.0, LJ—McRae (C) 24.5, Gray (WV) 23.0, Martin (C) 22.1, Young (SM) 22.8, Tate (SJ) 22.4, Talmat (DV) 22.4, PV—Oravecz (WV) 16.6, Stevenson (SM) 16.0, Vasquez (WV) 16.0, Dillard (SM) 15.6, Black (SM) 15.6, McGourty (F) 14.6, Dis—Vonogas (F) 161.5, Tafralis (SM) 161.3, Bernius (F) 159.6, Gough (DA) 154.0, Perry (DA) 152.0, Rogers (DV) 150.1, TJ—Moreno (SJ) 50.11, McKee (C) 50.3, Rojas (SJ) 48.6, Scott (F) 46.3, Haynes (SF) 47.1, Jackson (C) 47.7, mt—meet record.

SCORES: San Jose 140, Chabot 104½, San Mateo 94, De Anza 89½, Foothill 49, Diablo Valley 40, San Francisco 32, West Valley 29, Laney 10.