

5TH ANNUAL C.W. POST RELAYS

SATURDAY, APRIL 9, 1977

HICKOX FIELD WEATHER: SUNNY AND COLD TEMP-34 degrees

110 INTERMEDIATE HURDLES

Heat 1 :	1.	Joseph Ancona	C.W. Post	54.1
	2.	Mike Nieminski	St. John's	55.9
	3.	Mike Murphy	St. John's	56.7
	4.	John Gallagher	C.W. Post	56.9

Heat 2 :	1.	David Henry	New York Tech	54.7
	2.	M. Gordon	CCNY	56.3
	3.	Ed McTierman	Fordham	58.6

Heat 3 :	1.	Bob Hershauser	Farmingdale	56.8
	2.	Peter Beltry	Bronx C.C.	57.3
	3.	R. Stewart	CCNY	59.5
	4.	Daniel Tobin	Iona	59.5
	5.	Anderson	East Coast AC	59.6

FINAL RESULTS

1.	Joe Ancona	C.W. Post	54.1
2.	David Henry	New York Tech	54.7
3.	Mike Nieminski	St. John's	55.9
4.	M. Gordon	CCNY	56.3
5.	Mike Murphy	St. John's	56.7

440 RELAY

Heat 1 : 1. C.W. Post "A" - 43.2
2. New York Tech - 43.9
3. Lemans T.C. - 44.2
4. Bronx C.C. - 44.3

Heat 2 : 1. CCNY - 44.6
2. C.W. Post "B" - 44.9
3. East Coast AC - 45.0

Heat 3 : 1. Fordham - 45.3
2. Wagner - 45.7
3. Stony Brook - 48.2

FINAL RESULTS

1. C.W. Post "A" (Al Dias, Luther Williams, Bill Balow, Cliff Schellhorn) 43.2
2. New York Tech (Mark Mudesir, Bob Hankins, John Higgins, Mark Rushmore) 43.9
3. Lemans T.C. (Clark, Thomas, Henderson, Daggard) 44.2

FOUR MILE RELAY

1. Lehigh (Dave Friedfeld, Rich Devine, Jim Davis, Stephen Thoran) 17:29.6
2. C.W. Post (Robert Riss, Kevin Murphy, Bob DeLucia, Donald DiDonato) 17:32.5
3. Fordham "A" (John McNiff, Howie McNiff, Jim DeRiso, John Lynch) 17:40.6
4. St. John's 17:46.6
5. Fordham "B" 17:47.9

DISCUS

FINAL RESULTS

1. Al Cerner - NYAC - 199' 8"
2. Art Swarts - Phila. Pioneers - 198' 9"
3. Roland Desonier - C.W. Post AA - 173' 6"
4. Carl Johnson - Unattached - 167' 3"
5. Mike Grisko - Central Conn AA - 165' 9"

SPRINT MEDLEY RELAY

Heat 1	1. St. John's	- 3:31.6
	2. New York Tech	- 3:36.0
	3. Lemans T.C.	- 3:38.8
	4. CCNY	- 3:39.5
	5. Baruch	- 3:39.6
Heat 2	1. Plattsburgh	- 3:36.9
	2. Queens	- 3:41.4
	3. Bronx C.C.	- 3:53.3
Heat 3	1. Wagner	- 3:42.1
	2. C.W. Post "B"	- 3:44.8
	3. Kings Point	- 3:52.0
	4. Hunter	- 3:55.7
	5. Iona	- 3:57.0

FINAL RESULTS

1. St. John's (Tim Hanlon, Bill Barry, Sidney McIntosh, Alex Long) - 3:31.6
2. New York Tech (Scott McLeod, John Higgins, Mark Mondesir, Terry Lincoln) 3:36.0
3. Plattsburgh (Gary Gilis, Jim Mitchell, Jeff Godley, Tony Haslam) - 3:36.9

HIGH JUMP

FINAL RESULTS

- | | | |
|----|----------------------------|--------|
| 1. | Ken Billings - C.W. Post | - 6'8" |
| 2. | Bill Theirfelder-Fordham | - 6'6" |
| 3. | Ian Dayton-Iona | - 6'2" |
| 4. | Joe Dombrowski-Fordham | - 6'2" |
| 5. | Ed Bednarski-New York Tech | - 6'2" |
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LONG JUMP

FINAL RESULTS

- | | | |
|----|-----------------------------|-------------------------|
| 1. | Patrick Barnett-Lemans T.C. | - 22' 11" |
| 2. | Vance Jordan-Queens | - 21' 9 $\frac{1}{2}$ " |
| 3. | Dan Harris - St. John's | - 21' 8 $\frac{1}{2}$ " |
| 4. | Vin Masarra-New York Tech | - 21' 6" |
| 5. | Gene Day-CCNY | - 21' 5" |
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MILE WALK

FINAL RESULTS

- | | | |
|----|----------------------------|----------|
| 1. | Vin O'Sullivan-Hunter | - 7:07.4 |
| 2. | W. Jeter-CCNY | - 8:08.1 |
| 3. | K. Olmenchenko-Kings Point | - 8:32.3 |
| 4. | Vince Chiappetta-Hunter | - 8:34.1 |
| 5. | Robert Siegel-Hunter | - 9:42.7 |

SHOT PUT

FINAL RESULTS

1.	Carl Johnson - Unattached	-	50' 2"
2.	George Mucered-Unattached	-	48' 0"
3.	Steve Dobson- Iona	-	48' 0"
4.	Marty Voda- St. John's	-	47' 9"
5.	Vin Boroku- New York Tech	-	47' 5"

SHUTTLE HURDLE RELAY

FINAL RESULTS

1. C.W. Post (George Royce, John Kowalsky, Paul Anderson, Joe Ancona) 61.7
2. St. John's DISQUALIFIED

880. RELAY

Heat 1 : 1. Lemans T.C. - 1:29.5
2. C.W. Post - 1:30.2
3. New York Tech - 1:32.1
4. East Coast AC "A" - 1:33.4
5. East Coast AC "B" - 1:37.8

Heat 2: 1. Plattsburgh - 1:33.3
2. C.W. Post "B" - 1:33.5
3. Baruch - 1:36.1
4. Bronx C.C. - 1:38.5

Heat 3 : 1. CCNY - 1:33.1
2. Pratt - 1:33.2
3. Fordham - 1:34.2

FINAL RESULTS

1. Lemans T.C. (Fred Dugard, William Henderson, Harry Clark, Liddle Thomas) 1:29.5
2. C.W. Post (Bill Baldwin, Luther Williams, John Kowalsky, Cliff Schellhorn) 1:30.2
3. New York Tech (John Higgins, Mark Mondesir, Mark Rushmore, Bob Hawkins) 1:32.1
4. CCNY 1:33.1
5. Pratt 1:33.2

TWO MILE RELAY

~~1. Lehigh (Chris Muncen, Tom O'Shea, Stellan Thoren, Andy Habach) 7:51.8~~
~~2. St. John's (O'Malley, Giedris, Hamerton, Beevich) 7:58.2~~
~~3. Iona (Fittz, DeLuca, Suite, Hogan) 8:06.0~~
~~4. New York Tech 8:13.4~~
~~5. Fordham "A" 8:16.8~~

FINAL RESULTS

1.	Lehigh (Chris Muncen, Tom O'Shea, Stellan Thoren, Andy Habach)	7:51.8
2.	St. John's (O'Malley, Giedris, Hamerton, Beevich)	7:58.2
3.	Iona (Fittz, DeLuca, Suite, Hogan)	8:06.0
4.	New York Tech	8:13.4
5.	Fordham "A"	8:16.8

DISTANCE MEDLEY RELAY

FINAL RESULTS

1.	St. John's (Alex Long, Doug Johnson, Jim Seehner, Dave Callahan)	10:18.6
2.	C.W. Post (Bob Riss, Joe Ancona, Don DiDonato, Kevin Murphy)	10:21.8
3.	Lehigh (Rick Devine, Andy Habach, Dave Friedfeld, Jim Davis)	10:31.9
4.	Adelphi	10:40.9
5.	Stony Brook	10:42.8

HAMMER

FINAL RESULTS

1.	Roland Desonier - C.W. Post A.A.	- 157' 7"
2.	Bill Bakewicz - St. John's	- 156' 13"
3.	Paul Andourian - Stony Brook	- 142' 9"
4.	John Dawson - C.W. Post	- 128' 8"
5.	Jack Fischer - New York Tech	- 127' 9"

POLE VAULT

FINAL RESULTS

1.	Mike Lewis - C.W. Post	- 14' 9" (New school and meet record)
2.	Joe Schneider - St. John's	- 14' 6"
3.	Bob Magchan - St. John's	- 14' 3"
4.	Paul Anderson - C.W. Post	- 13' 6"
5.	Tom Testa - St. John's	- 13' 6"

ONE MILE RELAY

Heat 1 : 1. St. John's 3:17.3
2. C.W. Post 3:21.1
3. New York Tech 3:26.7
4.

Heat 2 : 1. C.W. Post "B" 3:29.4
2. Fordham "A" 3:30.4
3. Lemans T.C. 3:31.8
4. CCNY 3:35.2
5. East Coast AC 3:39.2
6. Bronx C.C. 3:47.6

Heat 3 : 1. Wagner 3:29.7
2. Fordham "B" 3:34.0
3. Iona 3:34.0
4. Stony Brook 3:41.3

FINAL RESULTS

1. St. John's (Sidney McIntosh, John Giedras, Vince Coin, Tim Hanlon) 3:17.3
2. C.W. Post (Bruce Geltman, Ron McField, Al Hollingsworth, Cliff Schellhorn) 3:21.1
3. New York Tech (David Henry, Don Stewart, John Higgins, Mike Costelli) 3:26.7
4. C.W. Post "B" 3:29.4
5. Wagner 3:29.7

TRIPLE JUMP

FINAL RESULTS

1. Leroy Solomon Bronx C.C. 48' 11"
2. Bryan Donovan CCNY 46' 5 1/2"
3. Dan Harris St. John's 46' 0"
4. John Serkes St. John's 45' 2"
5. Luther Williams C.W. Post 45' 1 1/2"

JAVELIN

FINAL RESULTS

1. Bob Jarry NYAC 213' 10"
2. Buddy Jarrell Lehigh 211' 0"
3. J. Vargo Lehigh 187' 0"
4. Chris Kanya C.W. Post 180' 6"
5. Ben Fenderson Baruch 177' 11"