

1977 AIAW NATIONAL TRACK AND FIELD CHAMPIONSHIPS

QUALIFYING STANDARDS

<u>Championship Event</u>	<u>Additional Qualifying Events</u>	<u>Hand-Timed</u>	<u>*Electronic-Timed</u>
100 meters		12.0	12.24
	100 yards	11.0	11.24
200 meters		24.4	24.64
	220 yards	24.5	24.74
400 meters		56.2	56.34
	440 yards	56.5	56.64
800 meters		2:17.0	2:17.14
	880 yards	2:17.8	2:17.94
1500 meters		4:35.7	--
	mile	4:56.7	--
3000 meters		10:00.0	--
	2 mile	10:45.0	--
5000 meters		18:15.0	--
	3 mile	17:36.0	--
100 meter hurdles	--	14.7	14.84
400 meter hurdles	--	62.6	62.74
440 yard relay	--	48.3	48.14
880 yard medley	--	1:46.9	1:47.04
Mile relay	--	3:55.4	3:55.64
2 Mile relay	--	9:33.0	--
		<u>Imperial</u>	<u>Metric</u>
Long Jump	--	18'2"	5.54 m
High Jump	--	5'5"	1.65 m
Shot Put	--	41'8"	12.70 m
Discus	--	134'0"	40.84 m
Javelin	--	130'0"	39.62 m
Pentathlon	--		3200 points

*Electronic Timing implies that a fully-automatic timing device was used. This system is started by the firing of the gun and provides times to the hundredths of a second by means of a photo-finish print. Examples are the Accutrack and Omega timing devices.

STANDARDS must be made between February 1, 1977 and May 9, 1977 in a meet of 2 or more teams.

Coaches must be prepared to verify all qualifying marks within 30 minutes of notification of official protest. There will be a \$25 fine and disqualification in the event or events not verifiable.

RELAY qualifying times must be run by the same four athletes who will run in Championships.

ORDER OF EVENTS AND TIME SCHEDULE

Maximum of two entries from each team in each event:

- 11:00 AM - Coaches' Meeting - University Hall, down from the track
- 12:00 Noon- Weigh-in of all implements on the track.
- 12:30 PM - Long Jump Trials and Finals
- 12:30 PM - High Jump Trials and Finals
(Bar starts - 5'2" to 5'10" then 1 inch)
- 12:30 PM - Shot Put Trials and Finals
- 1:30 PM - Discus Trials and Finals
- 1:30 PM - Javelin Trials and Finals
- 1:30 PM - 440 Yard Relay Trials (if necessary)
- 1:40 PM - 100 Meter Hurdle Trials
- 1:50 PM - 400 Meter Trials
- 2:00 PM - 100 Meter Dash
- 2:10 PM - 400 Meter Hurdles
- 2:20 PM - 200 Meter Trials
Finals
- 2:30 PM - 5000 Meter Run
- 2:55 PM - 440 Relay
- 3:05 PM - 1500 Meter - Sections if necessary based on time
- 3:15 PM - 100 Meter Hurdles
- 3:25 PM - 400 Meter Dash
- 3:35 PM - 100 Meter Dash
- 3:45 PM - 800 Meter Run - Sections if necessary based on time
- 3:55 PM - 400 Meter Hurdles
- 4:05 PM - 200 Meter Dash
- 4:15 PM - 3000 Meter Run
- 4:30 PM - 2 Mile Relay - Sections if necessary based on time
- 4:50 PM - Mile Relay - Sections if necessary based on time

BOWDOIN COLLEGE
DELAWARE STATE COLLEGE
EAST CAROLINA UNIVERSITY
EASTERN KENTUCKY UNIVERSITY
FEDERAL CITY COLLEGE
GEORGE MASON UNIVERSITY
HOWARD UNIVERSITY

LYNCHBURG COLLEGE
MADISON COLLEGE
UNIVERSITY OF MARYLAND
UNIVERSITY OF PENNSYLVANIA
UNIVERSITY OF RICHMOND
ROANOKE COLLEGE
VIRGINIA TECH

UNIVERSITY OF VIRGINIA

BOWDOIN COLLEGE

301 Goldstein, AnnaMarie

DELAWARE STATE COLLEGE

302 Daniels, Jackie
303 Green, Fay
304 Hobbs, Josephine
305 Jackson, Teddie
306 Jones, Toni
307 Lee, Linda
308 Mann, Stephanie
309 Miles, Patrice
310 Samuels, Joan
311 Smith, Yvonne
312 Snaggs, Deborah

EAST CAROLINA UNIVERSITY

313 Addison, Kathy
314 Brantley, Barbara
315 Christian, Linda
316 Forbes, Joy
317 Freeman, Debbie
318 Jones, Cassy
319 Knight, Debbie
320 Mason, Linda
321 McClellan, Linda
322 McPhatter, Minnie
323 Rape, Sherry
324 Smith, Kathy
325 Whitfield, Jannette
326 Holmes, Anne

EASTERN KENTUCKY UNIVERSITY

327 Carter, Sue
328 Cocanougher, Bernie
329 Cox, Jackie
330 Davis, Sheree

331 Gaston, Paula
332 Gray, Escaleta
333 Hamilton, Jacque
334 Krawiec, Katie
335 Leonard, Nancy
336 McCoy, Denise
337 Mills, Betty
338 Seippel, Teri
339 Silvani, Mary
340 Spears, Terry
341 Taylor, Rita
342 Travis, Rose
343 Utz, Jenny
344 White, Noreen
345 Yaden, Andrea
346 Renner, Vickie
347 Wilson, Elaine

FEDERAL CITY COLLEGE

348 Brinkley, Carolyn
349 Stroy, Rebecca
350 Upshaw, Sandra

GEORGE MASON UNIVERSITY

351 Baker, Terry
352 Brooks, Rhonda
353 Demeter, Chris
354 Falk, Vicki
355 Hover, Judy
356 Mountford, Clare
357 Murphy, Anne
358 Rodimon, Kathy
359 Southern, Helen
360 Stewart, Hazeltine

HOWARD UNIVERSITY

361 James, Sherry

362 Borden, Kim
363 McDaniels, Karyn
364 Scott, Fernella
365 Lee, Victoria
366 Hicks, Gloria
367 Guda, Leane

LYNCHBURG COLLEGE

368 Boland, Missy
369 Cannata, Cindy
370 Caltagirone, Jill
371 Corry, Debi
372 Hollingworth, Ginny
373 Hughes, Janice
374 Logwood, Abbie
375 Reardon, Sue
376 Redwood, Karen
377 Schmidt, Patty
378 Wilkinson, Connie
379 Hathaway, Barbara

MADISON COLLEGE

380 Cahill, Claudia
381 Collins, Vickie
382 Richardson, Bobbie
383 Vogt, Linda
384 Kyger, Sue
385 Tonni, Sheryl
386 Stemper, Becky
387 Roadcap, Sherrie
388 Link, Cathy
389 Saville, Judy
390 Lightner, Sue
391 Dorman, Bev
392 Slusher, Ruth
393 Meyerhoffer, Patti
394 Bocock, Sandy
395 Ferrence, Georgianna

MADISON COLLEGE

396 Miley, Kim
397 Morriss, Bev
398 Bickmeyer, Carol
399 Bossie, Kim
400 Byrd, Karen
401 Hart, Sheila
402 Durrett, Risa
403 Sullivan, Suzzane
404 Bush, Donna
405 Cooper, Sybl

UNIVERSITY OF MARYLAND

406 Drum, Janis
407 Fogarty, Patty
408 Girven, Paula
409 Gomez, Donna
410 Hubert, Janet
411 Leonard, Jane
412 Leonard, Karin
413 Luster, Valerie
414 McRoy, Carolyn
415 McRoy, Marilyn
416 Miller, Linda
417 Rowe, Dottie
418 Scott, Andy
419 Slater, Tony
420 Sullivan, Pat
421 Suhayda, Martha
422 White, Susan

UNIVERSITY OF PENNSYLVANIA

423 Davis, Lynn

UNIVERSITY OF RICHMOND

424 Allen, Virginia
425 Coldsmith, Jean
426 Cremins, Mary
427 Daly, Geri
428 Hart, Patsy
429 Loud, Dorothy
430 McWethy, McLissa
431 Schmick, Mary June
432 Sheldon, Jenny
433 Shaw, Elizabeth
434 Thomas, Betsy
435 Watt, Teresa

ROANOKE COLLEGE

436 Holliday, Mary
437 Johnson, Sherry
438 Barnabe, Terry
439 Isch, Karen

VIRGINIA TECH

440 Bannister, Rebekah
441 Blake, Kathy
442 Christ, Cheryl

443 Cook, Sue
444 Cooper, J.C.
445 Daugherty, Michele
446 Daughtrey, Selema
447 Fetty, Laura
448 Hatch, Lisa
449 Hawk, Lucy
450 James, Janet
451 Kelley, Gail
452 Lester, B.J.
453 McCarthy, Eileen
454 McIntyre, Terry
455 Michael, Kim
456 Palmer, Daphne
457 Phillips, Leslie
458 Puffenberger, Jana
459 Spieker, Irene

UNIVERSITY OF VIRGINIA

460 Bartlett, Robbin
461 DeWald, Laura
462 Buchagnani, Christy
463 Sheppard, Flea
464 Beery, Pete
465 McCreary, Dottie
466 Monahan, Jane
467 Johnson, Linda
468 Yorty, Susan
469 Sweeney, Kathleen
470 Woodrow, Patti
471 Chandler, Cookie
472 Heim, Cathleen
473 Miller, Julie
474 Weckstein, Barb
475 Devers, Linda
476 Smith, Roberta

UNIVERSITY OF VIRGINIA WOMEN'S INVITATIONAL TRACK MEET

FINAL RESULTS

APRIL 1, 1977

Temperature - 78°
Track was dry!

2 Wind Gauges
NO WIND!!

DISCUS

Martha

- | | |
|----------------------------|--------------------------------|
| 1. Suhayda (UMD) 132'6" | 4. Freeman (ECU) 111'4 1/2" |
| 2. Fetty (VPI) 121'7 1/2" | 5. Beery (UVA) 107'11 1/2" |
| 3. McClellan (ECU) 113'11" | 6. Cocanougher (KU) 106'6 3/4" |

SHOT

Martha

- | | |
|----------------------------|----------------------------|
| 1. Suhayda (UMD) 41'2 1/2" | 4. Silvani (EKU) 35'4 1/2" |
| 2. Freeman (ECU) 38'1 1/2" | 5. Kyger (MAD) 34'5 1/4" |
| 3. Yaden (EKU) 35'4 3/4" | 6. Cooper (VPI) 33'11" |

Medals to Top 6
Performers in each event!

JAVELIN

Andrea

- | | |
|---------------------------------|-----------------------------|
| 1. Yaden (EKU) 119'11 1/2" | 4. Luster (UMD) 106'6 1/2" |
| 2. Freeman (ECU) 117'6" | 5. Leonard (UMD) 105'1 1/2" |
| 3. Cocanougher (EKU) 108'3 1/2" | 6. Jackson (DSC) 103'8 1/2" |

5000 METER

Jenny

- | | |
|-------------------------|---------------------------|
| 1. Utz (EKU) 17:59.7 | 4. Sullivan (UMD) 22:11.8 |
| 2. Snaggs (DSC) 19:49.9 | 5. Scott (UMD) 23:58.2 |
| 3. Dorman (MAD) 20:13.4 | 6. Slusher (MAD) 25:59.6 |

* Most Outstanding
Field Performer was

440 RELAY

- | | |
|---------------------------|----------------------------|
| 1. Maryland: 47.2 | 4. Virginia Tech: 52.7 |
| 2. Delaware State: 48.0 | 5. Virginia: 52.8 |
| 3. Eastern Kentucky: 51.2 | 6. Howard University: 53.0 |

Martha Suhayda
(md.)

100 METERS HURDLE

Susan

- | | |
|-----------------------|------------------------|
| 1. White (UMD) 14.4 | 4. Lester (VPI) 16.1 |
| 2. Hubert (UMD) 14.9 | 5. Collins (MAD) 16.4 |
| 3. Seippel (EKU) 15.4 | 6. McCarthy (VPI) 17.7 |

* Most Outstanding Runner
was Paula Gaston
E.K.U.

800 METER

Paula

- | | |
|-------------------------|-------------------------------|
| 1. Gaston (EKU) 2:17.5 | 4. DeWald (UVA) 2:21.9 (tie) |
| 2. Drum (UMD) 2:19.6 | 5. Samuels (DSU) 2:21.9 (tie) |
| 3. Daniels (DSU) 2:21.5 | 6. Davis (UP) 2:22.7 |

1500 METER

Paula

- | | |
|-------------------------|-------------------------|
| 1. Gaston (EKU) 4:41.0 | 4. Loud (UR) 5:03.7 |
| 2. Bocock (MAD) 4:55.4 | 5. Renner (EKU) 5:04.4 |
| 3. Fogarty (UMD) 4:55.8 | 6. Addison (ECU) 5:07.7 |

200 METERS

Carolyn

- | | |
|-------------------------------|---------------------|
| 1. <u>McRoy @.</u> (UMD) 24.4 | 4. James (HU) 26.0 |
| 2. Brinkley (FC) 24.9 | 5. Stroy (FC) 26.0 |
| 3. Hobbs (DSC) 25.8 | 6. Gomez (UMD) 26.4 |

100 METERS

Marilyn

- | | |
|----------------------|----------------------|
| 1. McRoy (MD) 11.6 | 4. Borden (HOW) 12.3 |
| 2. Hobbs (DSC) 11.9 | 5. Davis (EKU) 12.5 |
| 3. Wilson (DSC) 12.3 | 6. Slater (MD) 12.6 |

400 METER HURDLES

- | | |
|------------------------------|---------------------------|
| 1. Susie White (MD) 1:04.5 | 4. Daughtney (VPI) 1:09.0 |
| 2. Subert (MD) 1:06.8 | 5. Mason (ECU) 1:09.2 |
| 3. Noreen White (EKU) 1:08.3 | 6. Lesten (VPI) 1:10.0 |

3000 METERS

Vickie

- | | |
|-------------------------|--------------------------|
| 1. Renner (EKU) 11:27.8 | 4. Baker (GM) 12:15.8 |
| 2. Dorman (MAD) 11:45.1 | 5. Rowe (MD) 12:35.6 |
| 3. Murphy (GM) 12:07.4 | 6. Sullivan (MD) 12:50.5 |

LONG JUMP

Yvonne

- | | |
|----------------------------|-----------------------------|
| 1. Smith (DSC) 18'8" | 4. S. White (MD) 16'11 3/4" |
| 2. M. McRoy (MD) 18.7 3/4" | 5. Kelly (VPI) 16'9 1/4" |
| 3. Seiple (EKU) 17'2" | 6. Travess (EKU) 16'7" |

HIGH JUMP

Paula

- | | |
|------------------------|--------------------------|
| 1. Girven (MD) 5'10" | 4. Miller (VA) 4'10" |
| 2. D. McCoy (EKU) 5'3" | 5. McPhatter (EKU) 4'10" |
| 3. Collins (MAD) 5'4" | 6. Syppels (EKU) 4'10" |

2 MILE RELAY

Paula Gaston - Anchored

- | | |
|----------------------------|---------------------|
| 1. Eastern Kentucky 9:59.5 | 4. Virginia 10:51.2 |
| 2. Madison 10:35.7 | 5. Richmond 11:30.6 |
| 3. Virginia Tech 10:46.0 | |

MILE RELAY

- | | |
|----------------------------|-------------------------|
| 1. Delaware State 4:00.1 | 4. Virginia Tech 4:14.6 |
| 2. Maryland 4:02.5 | 5. Virginia 4:14.8 |
| 3. Eastern Kentucky 4:07.5 | 6. Madison 4:30.1 |

TEAM SCORING:	Maryland 155	Howard 21
	Eastern Kentucky 121	Federal City College 20
	Delaware State 66	Virginia 16
	Madison 43	George Mason 10
	Virginia Tech 35	Penn. 1
	East Carolina 32	

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VIRGINIA WOMEN'S
TRACK & FIELD
INVITATIONAL
MEET

APRIL 1, 1977
LANNIGAN FIELD
UNIVERSITY OF VIRGINIA