

M-A
COACH

SEQUOIA HIGH SCHOOL

PRESENTS

SOUTH PENINSULA ATHLETIC LEAGUE

GIRLS' TRACK FINALS

MAY 19, 1976

3:15 P.M.

OFFICIALS

MEET DIRECTOR.....MS PAT FRANKLIN
STARTER.....MR ELKINS
CLERK OF THE COURSE.....MR. JOE GREGGINS
TIMERS
FINISH JUDGES
SCORER
ANNOUNCER
HIGH JUMP
LONG JUMP
SHOT PUT
DISCUS
MESSENGERS
HURDLE CREW.....SEQUOIA BOYS TRACK
BLOCK CREW TEAM

PARTICIPATING SCHOOLS AND COACHES

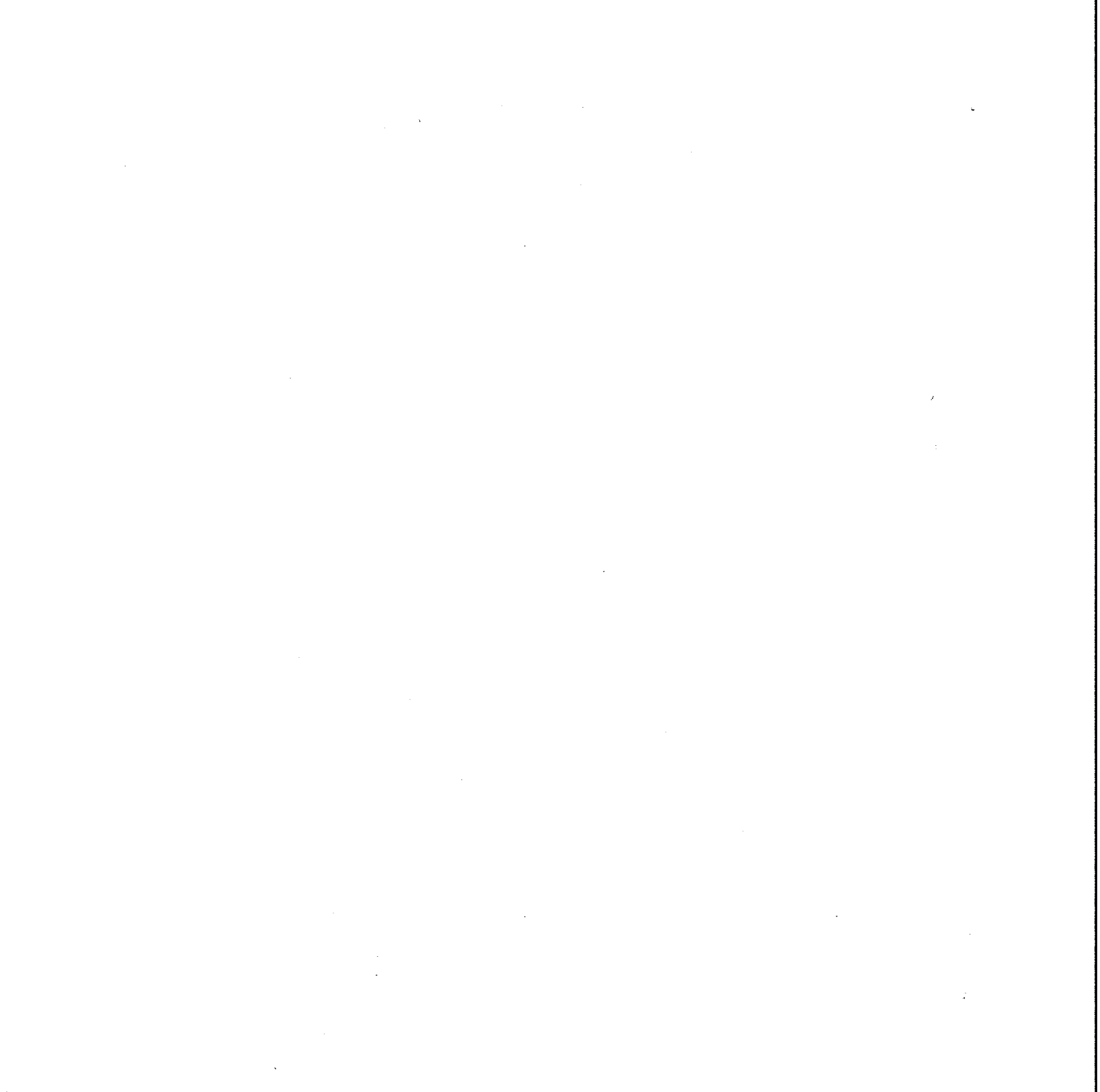
CARLMONT.....NANCY STAVES
GUNN.....SHARON A. CHIDWISE
MENLO-ATHERTON.....ARLENE MILLER
SAN CARLOS.....BILL HAYES
SEQUOIA.....PAT FRANKLIN

ORDER OF EVENTS

80 YD. HURDLE HEATS
440 YD. RELAYS
880 YD. RUN
100 YD. DASH
440 YD. DASH
MILE RUN
220 YD. DASH
MILE RELAY
SHOT PUT
DISCUS
HIGH JUMP
LONG JUMP

LEAGUE RECORDS

EVENT	NAME	SCHOOL	TIME	DATE
200YD. HURDLES	JOHN W. FOSTER	WPA	1:15	1975
400YD. RELAY	JANE MILLIVER RICK YOUNG TAMMY TREVISAN CYNTHIA MILLER	MEMLO-ATH.	32.8	1974
880YD. RUN	D. LECHEVALIER	SEQUOIA	2:26.5	1977
100YD DASH	JUDY SMITH	MEMLO-ATH.	11.3	1970
400YD DASH	SHARON NICHOLS	MEMLO-ATH.	60.6	1974
220YD DASH	DEWISS JULLIAN	WOODSIDE	25.6	1973
MILE RUN	DESIREE WILSON	SAN CARLOS	5:11.1	1972
		MEMLO-ATH.	1:57.6	1975
LONG JUMP	PAM BLACKBURN	COBBENLEY	13'2"	1974
HIGH JUMP	PAM BLACKBURN	COBBENLEY	3'2"	1975
SHOT PUT	LYDIA CAMPBELL	MEMLO-ATH.	36'7"	1970
DISCUS	CAROL KNIGHT	CARLINOFF	117'	1970



HEATS

80 YD. HURDLES - FIRST THREE (3) PLACES IN EACH HEAT TO FINALS

<u>LANE</u>	<u>HEAT I</u>	<u>LANE</u>	<u>HEAT II</u>
#		#	
1.	SERRANO (SAN CARLOS)	1.	SMITH (GUNN)
2.	STEVENSON (GUNN)	2.	SPEARS (MENLO-ATHERTON)
3.	DAMON (MENLO-ATHERTON)	3.	ELKINS (SEQUOIA)
4.	L. OTTO (CARLMONT)	4.	V. OTTO (CARLMONT)
5.	HANSON (GUNN)	5.	MAGOWAN (GUNN)
6.			

HEATS

440 RELAY - PLACES WILL BE AWARDED BY TIME. FINAL

<u>LANE</u>	<u>HEAT I</u>
#	
2.	MENLO-ATHERTON
3.	CARLMONT
4.	SEQUOIA
5.	GUNN

880 YD. RUN FINAL

1.	LIEBERMAN (GUNN)	
2.	NELSON (CARLMONT)	
3.	G. SAKELARIOS (SEQUOIA)	
4.	BENNETT (MENLO-ATHERTON)	4-A SPEARS (MENLO-ATHERTON)
5.	MILLIGAN (GUNN)	5-A LAROY (GUNN)
6.	FARRELL (CARLMONT)	
7.	HILL (GUNN)	
8.	FLAHERTY (SAN CARLOS)	

100 YD. DASH - FIRST FOUR (4) IN EACH HEAT TO FINALS

1.	STEVENSON (GUNN)	1.
2.	ENRIGHT (SAN CARLOS)	2. KING (GUNN)
3.	RIVERA (SEQUOIA)	3. BILLING (CARLMONT)
4.	GREGGANS (WOODSIDE)	4. SPIVEY (SEQUOIA)
5.	DUNCAN (CARLMONT)	5. DAMON (MENLO-ATHERTON)
6.	HANSON (GUNN)	6. MACCOWAN (GUNN)
7.	YOUNG (MENLO-ATHERTON)	7. WALLACE (SAN CARLOS)
8.		8.

440 YD. DASH (4 Rest times) (4 winners)

- | | |
|----------------------------|-----------------------|
| 1. | 1. |
| 2. TURNER (GUNN) | 2. STEWART (GUNN) |
| 3. HALL (CARLMONT) | 3. HUBER (SAN CARLOS) |
| 4. ELKINS (SEQUOIA) | 4. L. OTTO (CARLMONT) |
| 5. LITTLE (MENLO-ATHERTON) | 5. MILLIGAN (GUNN) |
| 6. ROBERTS (GUNN) | 6. AMSBAUGH |
| 7. | 7. |
| 8. | 8. |

MILE RUN - FINAL

1. SCHREIBER (CARLMONT)
2. C. SAKELARIOS (SEQUOIA)
3. NIELSON (CARLMONT)
4. FOX (MENLO-ATHERTON)
5. HOLMES (GUNN)
6. MCPHILLIPS (SAN CARLOS)
7. HILL (GUNN)
8. EPPERLEY (MENLO-ATHERTON)

220 YD. DASH -

- | | |
|---------------------------|----------------------------|
| 1. | 1. |
| 2. SPIVEY (SEQUOIA) | 2. DAMON (MENLO-ATHERTON). |
| 3. WALLACE (SAN CARLOS) | 3. GREGGANS (WOODSIDE) |
| 4. BAY (CARLMONT) | 4. DUNCAN (CARLMONT) |
| 5. LANZA (MENLO-ATHERTON) | 5. ELKINS (SEQUOIA) |
| 6. MACGOWAN (GUNN) | 6. HANSON (GUNN) |
| 7. | 7. ENRIGHT (SAN CARLOS) |
| 8. | 8. |

1-MILE RELAY - FINAL

2. CARLMONT
3. MENLO-ATHERTON
4. SEQUOIA
5. GUNN

SHOT PUT - FIRST SIX OVERALL TO FINALS

FLIGHT I

1. HOLMES (SEQUOIA)
2. MCNAMARA (CARLMONT)
3. STEVENSON (GUNN)
4. STOLAROFF (MENLO-ATHERTON)
5. SILVERSTEIN (SAN CARLOS)
6. SERRANO (SAN CARLOS)
7. AMIEUX (MENLO-ATHERTON)

FLIGHT II

1. SCHULZ (CARLMONT)
2. MILLER (CARLMONT)
3. LOMBARDI (SEQUOIA)
4. DIMON (GUNN)
5. MAYFLICK (GUNN)
6. MEE (MENLO-ATHERTON)
7. ENRIGHT (SAN CARLOS)

DISCUS - FIRST SIX OVERALL TO FINALS

1. HOLMES (SEQUOIA)
2. MCNAMARA (CARLMONT)
3. DIMON (GUNN)
4. AMIEUX (MENLO-ATHERTON)
5. SILVERSTEIN (SAN CARLOS)
6. BOYLE (CARLMONT)

1. TURNER (CARLMONT)
2. MAYFLICK (GUNN)
3. KING (GUNN)
4. STOLAROFF (MENLO-ATHERTON)
5. MEE (MENLO-ATHERTON)
6. LOMBARDI (SEQUOIA)

HIGH JUMP - PLACES AWARDED BY BEST HEIGHT

1. SPIVEY (SEQUOIA)
2. CARROLL (CARLMONT)
3. SMITH (GUNN)
4. MULLINER (MENLO-ATHERTON)
5. WALLACE (SAN CARLOS)

1. BOYLE (CARLMONT)
2. CAVIEL (CARLMONT)
3. MILLIGAN (GUNN)
4. BIRKEL (GUNN)
5. MEE (MENLO-ATHERTON)

LONG JUMP - FIRST SIX PLACES OVERALL

1. SILVA (SEQUOIA)
2. NEE (CARLMONT)
3. SMITH (GUNN)
4. CARTER (MENLO-ATHERTON)
5. FLAHERTY (SAN CARLOS)
6. RYAN (CARLMONT)
- 7.

1. HANSON (GUNN)
2. KIM (CARLMONT)
3. BURKS (MENLO-ATHERTON)
4. ~~AMSDEN~~ (MENLO-ATHERTON)
5. BIRKEL (GUNN)
6. RIVERA (SEQUOIA)

