## SUMMARY OF SPAL TRACK COACHES MEETING

## Jan 8, 1976, at M-A

- lo It was moved and seconded that a request be made to the Board of Managers to reconsider their ruling that there shall only be two divisions. (varsity & F-S). An additional division (Frosh), will be asked for.
- 2. The track schedule was approved and deemed to be correct.
- 3. A list of track starters was studied. Loren Lansberry will schedule the preferred starters into the SPAL dual meet schedule.
- 4. There will not be an intermediate hurdle event this year according to the last CCS report. The 330 low hurdles will be run this season.
- 5. The Northern California Championship Meet will not be run this year. It was postphoned until next season.
- 6. Palo Alto HS. will host the 1976 SPAL track championships. Don Cavander will inquire into the possible use of Foothill College.
- 7. The SPAL trials will take place on Tuesday, May 11. Coaches meeting at 1:00 pm. The PV will start at 1:30. All other events at 2:00.
- 8. The seeding meeting for the trials will take place at Palo Alto HS on Sat., May 8, at 1:30 pm.
- 9. Bob Jones, of Menlo Schhol will look into the possibility of hosting an SPAL relay meet early in the season. Maybe Sat. March 6. (Varsity & F-s)
- 10. Joe Greggans will host the Sequoia District Championships. There will be a frosh division in this meet.
- 11. Don Cavander will look into the possibility of having a frosh invitational meet.
- 12. Loren Lansberry will be the new SPAL track chairman replacing Plato Yanicks, and Jim Luttrell will be the new Cross Country chairman, replacing Loren Lansberry.
- 13. Menio School may be the site for the 1976 SPAL Decathlon. Date: Mon & Tues, June 7 & 8 . Time: 2:30 pm. Varsity & F-S
- 14.. The coaches voted in favor of petitioning the Board of Managers to change the wording of the track constitution so that an outstanding athlete as well as outstanding relay team could participate in an additional invitational meet.
- 15. The forfiture of a meet on short notice was discussed. Any team in the SPAL who may not the able to live up to its schedule commitments would be remiss in entering the schedule of dual meets in the SPAL. Coaches spoke out strongly against teams that forfit.
- 16. Coaches present P. Yanicks (M\*A) chairman, J.Luttrell (S-C), Bob Jones (Menlo), Joe Gregnans (Seq), Loren Lansberry (Carl), Al Smith (Wood), D. Cavander (P.A.), E. Davis (Cubb).