

ton) 14.5, Stafford (Los Gatos) 14.6, Williams (Pacific Grove) 14.8, Bertero (Gilroy) 15.0, Wipfler (Monta Vista) 15.1, 330 LH—Phillips (Silver Creek) 37.3, Bobertz (Serramonte) 37.5, Hawkins (Burlingame) 37.7, Chapman (Yerba Buena) 37.8, McDaniel (Seaside) 38.3, Viars (Monterey) 39.3, Mile Relay—Piedmont Hills 3:20.6, Mt. Pleasant 3:21.0, Silver Creek 3:23.1, San Mateo 3:23.3, Lynbrook 3:24.7, Aver 3:25.5.

Field

SP—Smith (San Mateo) 58-2, Tafrales (Capuchino) 56-8, Walters (Half Moon Bay) 56-1, Pear (Los Altos) 55-3, Todd (Leland) 54-6 1/2, Lucas (St. Francis) 54-1 1/2, DT—Hamm (Soquel) 171-0, Franklin (Los Altos) 166-8, Dugan (Monta Vista) 166-1, Gonzales (Silver Creek) 162-0 1/2, Walters (Half Moon Bay) 161-4, Perry (Fremont) 161-1 1/2, HJ—Gibbs (Hill) 6-8, Jeff (San Mateo) 6-6, Harding (Camden) 6-4, Wille (Mills) 6-4, Woods (Lynbrook) 6-4, Leaman (Harbor) 6-4, PV—Lovejoy (Del Mar) 15-0, Fernside (Del Mar) 14-7 1/2, Bradley (Carlmont) 14-7 1/2, Munoz (Watsonville) 14-0, Nish (Fremont) 14-0, King (Marengo) 14-0, LJ—Vasquez (Mills) 23-6 1/4, Bates (Menlo-Atherton) 23-5 1/4, Brooks (Milpitas) 23-5 1/2, White (Camden) 23-4, Wise (Awalt) 22-11 1/4, Young (Hillsdale) 22-7 1/4, TJ—Vecchiotti (Los Altos) 47-9 1/2, Lebertz (Serramonte) 47-7 1/4, Moreno (Lick) 47-6 1/2, Bates (Menlo-Atherton) 47-1 1/2, White (Camden) 46-10, Johnson (Monterey) 46-5 1/4.

Scoring

Mt. Pleasant 44, San Mateo 35, Piedmont Hills 34, Silver Creek 26, Serramonte 26, Los Altos 25, Carlmont 24, Hill 22, Camden 22, Menlo-Atherton 20, Del Mar 18, Yerba Buena 16, Pacific Grove 14, Mills 14, Lynbrook 13, Willow Glen 10, Soquel 10, Ayrer 9, Harbor 9, Capuchino 8, Serra 8, Half Moon Bay 8, Monta Vista 7, Milpitas 6, Los Gatos 6, Westmoor 6, South City 6, Lick 6, Burlingame 6, Palma 6, Seaside 5, Watsonville 4, Fremont 3, Leland 2, Awalt 2, Gilroy 2, Buchser 2, San Jose 2, Carmel 2, Monterey 2, St. Francis 1, Hillsdale 1, Cubberley 1, Overfelt 1, Marengo 1, Saratoga 1.

CCS TRACK & FIELD FINALS Girls' Division

First three in each event advance to 3rd annual CIF Championships Friday and Saturday in Berkeley.

440 Relay—Harbor 49.5 (MR, old 50.3 by Harbor, 1975); Silver Creek 49.8, Aver 50.3, Branham 50.9, Soquel 51.5, North Salinas 51.9, 100—Costello (Lynbrook) 11.2, Holliday (Ayer) 11.6, Mallory (Silver Creek) 11.6, Cooney (Milpitas) 11.7, Davis (Monterey) 11.8, Palmer (Piedmont Hills) 11.8.

220—Costello (Lynbrook) 25.4, Belk (Silver Creek) 25.4, Gallon (Ayer) 26.0, Davis (Monterey) 26.5, Wilber (Branham) 27.0, Holliday (Ayer) 27.0.

440—Belk (Silver Creek) 56.0 (MR, old 57.4 by Lezli Peterson, Harbor, 1975), Peterson (Harbor) 57.2, Branham (Los Altos) 59.3, Ward (Milpitas) 59.9, Osterkamp (Soquel) 60.6, Tarkington (Watsonville) 60.8.

880—Barrett (Branham) 2:18.9 (MR, old 2:19.9 by Amy Huyck, Aptos, 1975), Jackson (Live Oak) 2:19.3, Migliomeni (Saratoga) 2:21.4, Tarkington (Watsonville) 2:26.6, Hoxie (Monta Vista) 2:27.0, Furlado (Buchser) 2:39.5.

Mile—Sue Mundy (Lincoln) 5:04.7 (MR, old 5:09.1 by Sue Mundy, 1975), Bray (Los Altos) 5:04.9, Choy (Salinas) 5:18.4, Jackson (Live Oak) 5:23.9, Furlado (Buchser) 5:36.5, Neary (Aptos) 5:37.1.

Mile Relay—Branham 4:05.9 (New event, establishes new record), Harbor 4:06.3, Los Altos 4:10.0, North Salinas 4:13.5, Piedmont Hills 4:15.0, Lynbrook 4:17.4.

80 LH—Costello (Lynbrook) 10.6 (MR, old 11.0 by Kathy Schentrup, Willow Glen, 1975), Cavanah (Harbor) 11.0, Schentrup (Willow Glen) 11.4, Kelly (Leland) 11.5, Stewart (Aptos) 11.6, Wilcox (San Mateo) 11.6.

Shot Put—Garcia (Harbor) 43-9 (MR, old 39-9 1/2 by Kathy Kuchta, King City, 1975), Pannell (Leland) 42-11 1/2, Springer (Salinas) 41-6, Kuchta (King City) 39-0, Beacom (Watsonville) 38-8, Chandler (Mt. Pleasant) 38-0.

Discus Throw—Springer (Salinas) 133-5 (MR, old 118-2 1/2 by Kathy Kuchta, King City, 1975), Kuehl (North Salinas) 124-1, Kuchta (King City) 120-0, Korach (Watsonville) 116-9, Lloyd (Monta Vista) 113-7 1/2, Garcia (Harbor) 109-8 1/2.

HJ—Blackburn (Cubberley) 5-8 (MR, old 5-6 1/4 by Blackburn, Cubberley, 1974), Hinkelman (Los Altos) 5-5, White (Leland) 5-4, Martin (San Lorenzo Valley) 5-4, Vogel (Gilroy) 5-1, Birkel (Gunn) 4-11.

Long Jump—Johnson (Oak Grove) 16-6, Brew (Los Altos) 16-5 1/4, Wilcox (San Mateo) 16-3 3/4, Paul (Leland) 16-1 1/2, White (Monterey) 15-10 1/2, Sanders (Yerba Buena) 15-10 1/2.

Team Scoring—Harbor 45, Los Altos 36, Silver Creek 32, Lynbrook 31, Branham 26, Salinas 22, Leland 22, Aver 21, North Salinas 13, Live Oak 12, Watsonville 11, King City 10, Cubberley 10, Lincoln 10, Oak Grove 10, Milpitas 8, Monterey 8, San Mateo 7, Willow Glen 6, Saratoga 6, Monta Vista 4, Soquel 4, San Lorenzo Valley 4, Aptos 3, Buchser 3, Piedmont Hills 3, Gilroy 2, Mt. Pleasant 1, Gunn 1, Yerba Buena 1.

/Darrel Cox/

May 30. Coalinga. George E. Olsen Memorial Mini Marathon.

13.1 Mile:

1. John Wegener (FPCCTC)	1:19:17.4
2. Bill Peck (BTC)	1:21:34

6.0 Mile:

1. Dave Bronzan (HSTC)	35:02.2
2. Len Thornthorn (HSTC)	35:22.2

/Phillip Elliott/

May 29, CIF Central Coast Section.

CCS TRACK & FIELD FINALS Boys Division

(First three in each event qualify for State Meet in Berkeley Friday and Saturday).

Track

440 Relay—Piedmont Hills 41.7, Mt. Pleasant 42.0, Yerba Buena 42.0, Silver Creek 42.6, Seaside 43.1, San Mateo 43.6, 100—Cannon (Mt. Pleasant) 9.8, Green (Ayer) 10.0, Bennett (Lynbrook) 10.0, Meriweather (Mt. Pleasant) 10.1, Colling (Los Altos) 10.1, Nash (Cubberley) 10.1, 220—Cannon (Mt. Pleasant) 21.6, Coulter (Harbor) 21.9, Rachal (Yerba Buena) 22.0, Holcomb (Hill) 22.2, Barkley (Silver Creek) 22.2, Johnson (Lynbrook) 22.5, 440—K. Taylor (Piedmont Hills) 47.8, Holcomb (Hill) 48.6, Hillard (South City) 48.9, Bishop (Carlmont) 49.8, Castro (San Jose) 50.1, Breaux (Seaside) 50.6, 880—Light (Pacific Grove) 1:52.9, Bishop (Carlmont) 1:53.4, Maxwell (Westmoor) 1:54.0, C. Taylor (Piedmont Hills) 1:55.7, Jensen (Buchser) 1:56.3, Pramann (Los Altos) 1:57.3, Mile—Stillman (Willow Glen) 4:18.2, Ross (Serra) 4:19.2, Sup (Palma) 4:20.0, Corey (San Mateo) 4:22.2, McQueeney (Lynbrook) 4:22.3, Dyer (Saratoga) 4:22.3, 2-Mile—Paulin (Camden) 9:13.3, Corey (San Mateo) 9:14.4, Love (Carlmont) 9:17.8, Carrasco (Mt. Pleasant) 9:23.8, Jones (Carmel) 9:26.6, Johnson (Overfelt) 9:29.4, 1200 HH—Bobertz (Serramonte) 14.3, Clark (Menlo-Atherton) 14.5, Stafford (Los Gatos) 14.6, Williams (Pacific Grove) 14.8, Bertero (Gilroy) 15.0, Wipfler (Monta Vista) 15.1, 330 LH—Phillips (Silver Creek) 37.3, Bobertz (Serramonte) 37.5, Hawkins (Burlingame) 37.7, Chapman (Yerba Buena) 37.8, McDaniel (Seaside) 38.3, Viars (Monterey) 39.3, Mile Relay—Piedmont Hills 3:20.6, Mt. Pleasant 3:21.0, Silver Creek 3:23.1, San Mateo 3:23.3, Lynbrook 3:24.7, Aver 3:25.5.

Price 50¢

Track and Field



Championships

CENTRAL COAST SECTION
TRACK AND FIELD CHAMPIONSHIPS

FRIDAY - May 28, 1976

SAN JOSE CITY COLLEGE
San Jose, California

A SPECIAL "THANK YOU" TO SOME GOOD FRIENDS

The Meet Directors, CCS Commissioner and Staff, and participating schools wish to acknowledge the support and assistance of the following organizations without whose help this meet would not be held.....

The Community Services Office, San Jose City College for the use of these outstanding facilities.

The Athletic Department, San Jose City College for their assistance in meet preparation.

Berkeley Farms, 910 Warburton, Santa Clara for assistance in refreshments for coaches and officials.

The Volunteer Officials from the A.A.U. and Santa Clara Valley Officials Association for their help in conducting the meet.

The Central Coast Section Track and Field Committee for their guidance and organization of the meet.

It is the voluntary spirit of people such as the above who make pro sport events possible and enjoyable for participants and spectators. Thank you.....

COMMISSIONERS MESSAGE

Congratulations to the outstanding group of young men and women who have met the test of competition to reach the C.C.S. Championships. While only one will wear the crown of Champion in each event, there is no question but that each student participating today is a Champion in his own right. The hours of dedication to self determined goals, the sacrifices required for physical preparation, and the emotional control required for mental preparation for this meet, set this group of young men and women apart from their peers. We will witness at this meet those qualities of excellence which form the basis for interscholastic athletics. I wish each of you the best of fortune in this meet, I know that the lessons learned in your preparation and participation will follow you throughout your lives.

ORDER OF EVENTS AND TIME SCHEDULE

RUNNING EVENTS - TRIALS

3:00	440 Relay	Varsity, Frosh/Soph
3:20	120 High Hurdles	Varsity
3:35	70 High Hurdles	Frosh/Soph
3:50	100 Yd. Dash	Varsity, Frosh/Soph
4:20	330 Yd. Low Hurdles	Varsity, Frosh/Soph
4:50	220 Yd. Dash	Varsity, Frosh/Soph
5:20	80 Yd. Low Hurdles	Girls - Final

RUNNING EVENTS - FINALS

7:00	440 Yd. Relay	Varsity, Frosh/Soph, Girls
7:30	120 High Hurdles	Varsity
7:40	80 High Hurdles	Frosh/Soph
7:50	880 Yd. Run	Varsity, Frosh/Soph, Girls
8:15	100 Yd. Dash	Varsity, Frosh/Soph, Girls
8:40	440 Yd. Dash(5 sections)	Varsity, Frosh/Soph, Girls
9:05	Two Mile Run	Varsity, Frosh/Soph
9:30	330 Yd. Low Hurdles	Varsity, Frosh/Soph
9:55	220 Yd. Dash	Varsity, Frosh/Soph, Girls
10:20	Mile Run	Varsity, Frosh/Soph, Girls
10:45	880 Yd. Med. Telay	Girls
10:55	Mile Relay (4 sections)	Frosh/Soph. Varsity

ORDER OF EVENTS AND TIME SCHEDULE, continued

FIELD EVENTS

3:00	Shot Put	Varsity to completion
	Long Jump (Pit A)	Varsity to completion
	High Jump	Varsity to completion
(Unlighted)	Pole Vault (Pit B)	Frosh/Soph to completion
"	Discus (Pit B)	Frosh/Soph to completion
"	Triple Jump (Pit B)	Frosh/Soph to completion

Upon completion of the preceeding Field Events scheduled at 3:00, the Varsity Discus (Pit B) and Frosh/Soph Long Jump will begin at approximately 5:00.

(Unlighted)	Discus (Pit B)	Varsity to completion
"	Long Jump (Pit B)	Frosh/Soph to completion
7:00	Triple Jump (Pit A)	Varsity to completion
	Pole Vault (Pit A)	Varsity to completion
to	Shot Put	Frosh/Soph to completion
	Discus (Pit A)	Girls to completion
9:00	High Jump	Frosh/Soph to completion

Upon completion of the preceeding events scheduled at 7:00 p.m. the Girls' Long Jump, High Jump and Shot Put will begin.

Long Jump (Pit A)	Girls to completion
High Jump	Girls to completion
Shot Put	Girls to completion

OFFICIALS

MEET DIRECTOR Ken Johnson
GIRL DIRECTOR Mary Lasagna
ANNOUNCER Dave Dickerson
REFEREE Charles Sullivan
GIRL'S REFEREE. Arlene Miller
HEAD TIMER. Wally Burr
HEAD FINISH JUDGE Tom Reynolds
WIND GAUGE. Leon Glover, Jr.
(ALT. HEAD TIMER). Leon Glover, Sr.
AWARDS. Tom Ryan
STARTER Bob Podkaminer
RE-CALL STARTER Frank Tamez
CLERK OF THE COURSE Mike Gunion
CLERK OF THE FINISH Roz Sullivan
FINISH PHOTOGRAPHER Dr. Walter F. Reynolds
WEIGHTS & MEASURES. Gene Nutt

TIMERS

Mel Estrada	Bob Hughey	Henry Weston
Clifford Harris	Stew Fowler	Hal Sonntag
George Bergna	Jim Crawford	Tom Niemiller
Bill Smith	Dave Estrada	Basil Huffman
Wil Concklin	Umberto Abronzino	Carl Olsen
	Paul S. Castoro	Dan Fukushima

JUDGES

Paul L. Castoro	Aldo Balbiani	Laurence R. Walton
Dick De La Rosa	James Zurcher	John Cotugno, Jr.
Robert Bow	Gary Cayton	Johnny Welton
Craig Battaglia	Jack Larkin	Len Kaczmarek
Holland Johnson	Kent Richeson	Stewart Lazarus

HORIZONTAL JUMPS - Lee Boyd Ed Austermuehle Lee Boyd, Jr.
Steve Bowen Joe Zelenka Joe Tenma

SHOT PUT - Ron Junkin, Jack Larkin, Merv Ferreira

HIGH JUMP - Doug Edwards, Terry O'Brien, Don Johnson

POLE VAULT - Rob Reicher, Bob Kitaji

DISCUS - John MacKey, Fred Niemann

HEAD INSPECTOR - Russ Perry, Dwight Martin

INSPECTORS - South Turn, George Halbleib, John W. Lopes,
Jack Kuntel, Joel Marcus, Pam Ferguson
George Bonachic
Back Stretch, Kent Marshall, Ken Dyson, Guy Troedson,
Steve Romito, Lou Lerda
North Turn, Jerry Scott, Lorin Meyers, Dick Hinman
Walt Quednau, Armad Signes

MARSHALLS - Noel Lanctot, Bill Leavy

GIRLS TRACK OFFICIALS

Meet Director, Mary Lasagna	Discus - Scott Overton
Referee - Arlene Miller	Paulette King
	Wayne King
Head Field Judge - Roz Bray	Shot Put - Mike Naloof
Long Jump - Doug Johnson	
High Jump - Jay Uierra	
Don Chu	

HIGH JUMP - VARSITY

CCS Record: John Radetich, San Carlos 1966, 6'9 3/4"

Starting Height: 6'2"

Starting Time: 3:00

FLIGHT I

	Name	School	Reg. Qual. Time
1	Steve Alexander	Los Altos	6'2"
2	Russ Giblin	Leigh	6'2"
3	Bob Wagner	Marello	6'2"
4	Kevin Harding	Camden	6'2"
5	Curtis Sell	Salinas	6'2"

FLIGHT II

6	Dave Kniffin	Serra	6'4"
7	Ken Green	Piedmont Hills	6'4"
8	Barry Leaman	Harbor	6'4"
9	Howard Fine	Lynbrook	6'4 1/4"
10	Mark Sindel	Santa Clara	6'4 1/4"

FLIGHT III

11	Jeff Hunting	Cupertino	6'4 1/4"
12	Brett Woods	Lynbrook	6'4 1/4"
13	Chris Williams	Crestmoor	6'6"
14	Mike Jett	San Mateo	6'6"
15	Greg Witts	Mills	6'7"
16	Thurlis Gibbs	Andrew Hill	6'8"

PLACINGS AND MARK:

1.	Thurlis Gibbs	Andrew Hill	6'8"
2.	Mike Jett	San Mateo	6'6"
3.	Kevin Harding	Camden	6'4"
4.	Greg Witts	Mills	6'4"
5.	Brett Woods	Lynbrook	6'4"
6.	Barry Leaman	Harbor	6'4"

HIGH JUMP - FROSH/SOPH

CCS RECORD: True, Monte Vista, 1971, 6'6"

Starting Height: 5'10"

Starting Time: 7:00

FLIGHT I

	Name	School	Reg. Qual. Distance
1	Chip Hanson	Camden	5'10"
2	Jeff McKenzie	Mills	5'10"
3	K. VanGastel	Leigh	5'10"
4	Harry Mahoney	Monterey	5'10"
5	Greg Hannah	Lynbrook	6'0"

FLIGHT II

6	Erik Dabanian	Carlmont	6'0"
7	Thiery Rackley	San Lorenzo Valley	6'0"
8	Louis Fusari	Soquel	6'0"
9	Eric Schubert	Monta Vista	6'1"
10	Louis Tinsley	Serramonte	6'2"

FLIGHT III

11	Lathey McFadden	Saramonte	6'2"
12	D. Wright	Live Oak	6'2"
13	Bill Graber	Los Altos	6'2"
14	Scott Parsons	Santa Clara	6'2"
15	Scott Wilson	El Camino	6'2"
16	Joel Wyrick	Mt. Pleasant	6'2"

PLACINGS AND DISTANCE

1.	Scott Wilson	El Camino	6'2"
2.	Louis Tinsley	Serramonte	6'2"
3.	Joel Wyrick	Mt. Pleasant	6'0"
4.	Bill Graber	Los Altos	6'0"
5.	Scott Parsons	Santa Clara	6'0"
5.	K. VanGastel	Leigh	6'0"
5.	Chip Hanson	Camden	6'0"

TIE {

HIGH JUMP - GIRLS

CCS RECORD: PAM BLACKBURN, Cubberly, 1975, 5'6 1/4"

Starting Time: Follows Frosh/Soph H.J. which starts at 7:00 - (approx. 9:00)

Starting Height: 5'2"

	Name	School	Reg. Qual. Mark
1	Linda Birkel	Gunn	5'2"
2	Natalie Vogel	Gilroy	5'2"
3	Poquita Guinolz	Andrew Hill	5'2"
4	Karyn Hinkelman	Los Altos	5'2"
5	Joni Martin	San Lorenzo	5'2"
6	Tanja White	Leland	5'2"
7	Pam Blackburn	Cubberly	5'2"

PLACINGS AND MARK:

1.	Pam Blackburn	Cubberly	5'8"
2.	Karyn Hinkelman	Los Altos	5'5"
3.	Tanja White	Leland	5'4"
4.	Joni Martin	San Lorenzo	5'4"
5.	Natalie Vogel	Gilroy	5'1"
6.	Linda Birkel	Gunn	4'11"

POLE VAULT - VARSITY

CCS RECORD: Roger Martin, Camden 1971, 15' 5 3/4"

Starting Height: 12' 6"

Starting Time: 7:00

Reg. Qual.

FLIGHT I	Name	School	Mark
1	Bill Harris	St. Ignatius	12'6"
2	Dan Sullivan	Aragon	12'6"
3	Skip Valencia	Watsonville	12'6"
4	Joe Sawyer	San Mateo	12'6"
5	Wayne Johnson	Los Altos	13'0"

FLIGHT II

6	Richard Munoz	Watsonville	13'0"
7	Kevin Bryan	Bellarmine	13'0"
8	Jim Bayless	Sunnyvale	13'6"
9	Tom Nigh	Fremont	13'6"
10	Kevin King	Marelo	13'9"

FLIGHT III

11	Enter	Andrew Hill	14'0"
12	Barneit	Camden	14'0"
13	Tom Snyder	Lynbrook	14'0"
14	Vince Bradley	Carlmont	14'0"
15	Fernside	Del Mar	14'6"
16	Lovejoy	Del Mar	15'0"

PLACINGS AND MARK

1.	Lovejoy	Del Mar	15'0"
2.	Fernside	Del Mar	14'7 1/2"
3.	Vince Bradley	Carlmont	14'7 1/2"
4.	Richard Munoz	Watsonville	14'0"
5.	Tom Nigh	Fremont	14'0"
6.	Kevin King	Marelo	14'0"

POLE VAULT - FROSH/SOPH

CCS RECORD: Jim Westlund, Fremont 1975', 13'5½"

Starting Height: 11'8"

Starting Time - 3:00 (Pit B)

FLIGHT I	NAME	SCHOOL	Reg. Qual. Mark
1.	Pete Milton	San Mateo	11'6"
2.	Tom Stupfel	Mills	11'6"
3.	Jay Rapp	Bellarmino	11'6"
4.	Jeff Vidali	Riordan	11'6"
5.	Greg Otero	Watsonville	12'0"

FLIGHT II

6	Mark Beguhl	North Salinas	12'0"
7	Ross McAlexander	Monta Vista	12'6"
8	Mike Luttrell	San Carlos	12'6"
9	J. Tuggle	Piedmont Hills	12'6"
10	B. Green	Camden	12'6"

FLIGHT III

11	Bob Bauld	Soquel	12'9"
12	B. Taudieu	Del Mar	13'0"
13	Mich Preciado	Homestead	13'6"
14	Jamie Allen	Carlmont	13'6"
15	G. Rodriguez	Del Mar	13'6"
16	Mike Bradley	Carlmont	13'6"

PLACINGS AND MARK

1.	Mich Preciado	Homestead	13'10½"
2.	George Rodriguez	Del Mar	13'6"
3.	B. Green	Camden	13'6"
4.	B. Taudieu	Del Mar	13'0"
5.	Ross McAlexander	Monta Vista	13'0"
6.	Bob Bauld	Soquel	13'0"

LONG JUMP - VARSITY

CCS RECORD: John Johnson, Pacific Grove, 1964, 25'3½"

Starting Time: 3:00 (pit inside track)

FLIGHT I

	NAME	SCHOOL	Reg. Qual. MARK
1.	Ted Cook	Half Moon Bay	10'1"
2.	Dan Young	Hillsday	20'7-3/4"
3.	Bill Butchart	ElCamino	20'9-1/4"
4.	Chris Whitworth	R. L. Stevenson	21'3-1/4"
5.	Ron Johnson	Monterey	21'6"

FLIGHT II

6.	Genaro Alcantaro	Watsonville	21'9-3/4"
7.	Leo Howard	Mt. Pleasant	22' -1/2"
8.	Braian Matooka	Gunn	22'1-1/4"
9.	Steve Bennett	Lynbrook	22'1-1/2"
10.	Pete Moreno	James Lick	22'2"

FLIGHT III

11.	Ken Vasquez	Mills	22'5-1/2"
12.	Brian Brooks	Milpitas	22'5-3/4"
13.	Paul Bates	Menlo Atherton	22'8-3/4"
14.	Rich Montero	Carlmont	23'2"
15.	Rex White	Camden	23'3-1/4"
16.	Steve Wise	Awalt	23'5"

PLACINGS AND MARK:

1	Ken Vasquez	Mills	23'6¾"
2	Paul Bates	Menlo Atherton	23'5¾"
3	Brian Brooks	Milpitas	23'5½"
4	Rex White	Camden	23'4"
5	Steve Wise	Awalt	22'11½"
6	Dan Young	Hillsdale	22'7¾"

LONG JUMP - FROSH/SOPH

CCS RECORD: Steve Bennett, Lynbrook, 1975, 22'7"
Starting Time: Approx 5:00 (Pit B)

FLIGHT I

	Name	School	Reg. Qual. Distance
1	Abe Lawson	Serramonte	18'10"
2	Ed Chauous	Monterey	19'2 1/4"
3	Tony Coley	Oceana	19'5 1/2"
4	Garrison	Branham	19'8 1/4"
5	John Roszinski	El Camino	19'8 1/2"

FLIGHT II

6	Matt Starr	Marello	19'8 3/4"
7	Louis Fusari	Soquel	19'10"
8	Dennis Hoskins	So. San Francisco	19'11"
9	Durio	Mt. Pleasant	19'11 1/2"
10	Fred Grolle	Los Altos	20' 1/2"

FLIGHT III

11	Cox	Homestead	20'3"
12	Lebherts	Gilroy	20'4 1/2"
13	Johnson	Monta Vista	20'10 1/2"
14	Steve Finley	Cupertino	20'11 1/4"
15	Woodward	Silver Creek	22'4 3/4"

PLACINGS AND MARK

1.	Woodward	Silver Creek	20'8 3/4"
2.	Steve Finley	Cupertino	20'7"
3.	Dennis Hoskins	South San Francisco	20'4 1/2"
4.	Lebherts	Gilroy	20'2"
5.	John Roszinski	El Camino	19'11 1/2"
6.	Pat Romero	Buchser	19'11"

GIRLS LONG JUMP

CCS RECORD: Pam Blackburn, Cubberley, 1975, 18' 2 1/2"

Starting Time: Follows Varsity Triple Jump which starts at 7:00
(Approx. 9:00)

FLIGHT I

	Name	School	Reg. Qual. Mark
1	Louise Burket	North Salinas	16'2"
2	LaDonna White	Monterey	16' 3 1/4"
3	Michelle Mausano	Watsonville	16'5"
4	Kurt Wilcox	San Mateo	16'3"
5	Connie Paul	Leland	16'8 3/4"
6	Sarita Johnson	Oak Grove	16' 10 3/4"
7	Denise Sanders	Yerba Buena	17'1 3/4"

PLACINGS AND MARK

1.	Sarita Johnson	Oak Grove	16'6"
2.	Perrin Brew	Los Altos	16'5 1/4"
3.	Kurt Wilcox	San Mateo	16'3 3/4"
4.	Connie Paul	Leland	16'1 1/2"
5.	LaDonna White	Monterey	15'10 1/2"
6.	Denise Sanders	Yerba Buena	15'10 1/2"

TRIPLE JUMP - VARSITY

CCS RECORD: Myrt Easley, Woodside, 1975, 49'8"

Starting Time: 7:00 (Pit inside track)

FLIGHT I

	Name	School	Reg. Qual Mark
1	Rich Montero	Carlmont	42'10 1/2"
2	Hugh Eden	Hillsdale	44'6 1/2"
3	Ron Johnson	Monterey	44'9"
4	Steve O'Sullivan	Palo Alto	44'11 1/2"
5	Jim Rossi	Palma	45' 1 1/2"

FLIGHT II

6	Paul Buckley	Carlmont	45' 1 3/4"
7	Mike Jett	San Mateo	45' 2 3/4"
8	Tom Gonia	St. Francis	45' 2 3/4"
9	Ken Wright	Westmont	45' 2 3/4"
10	Curtis Sells	Salinas	45' 4 1/2"

FLIGHT III

11	Tony Vecchiet	Los Altos	45'7"
12	Paul Bates	Menlo Atherton	45'7 1/4"
13	Vic Conyers	James Lick	45'8 1/4"
14	Rex White	Camden	47'1"
15	Loren Lebrertz	Serramonte	47'7 1/2"
16	Pete Moreno	James Lick	50' 3/4"

PLACINGS AND MARK:

1.	Tony Vecchiet	Los Altos	47'9 1/2"
2.	Loren Lebhertz	Serramonte	47'7 1/4"
3.	Pete Moreno	James Lick	47'6 1/2"
4.	Paul Bates	Menlo Atherton	47'1 1/2"
5.	Rex White	Camden	46'10"
6.	Ron Johnson	Monterey	46'5 1/4"

TRIPLE JUMP - FROSH/SOPH

CCS RECORD: Jim Rossi, Palma, 1975, 46'4"

Starting Time: 3:00 (Pit B)

FLIGHT I

	Name	School	Reg. Qual Distance
1	Frank Shelton	North Salinas	40'4 1/2"
2	Alan Tagami	Watsonville	40'6"
3	Jeff Metter	Hillsdale	41'1 3/4"
4	Rob Munro	Aptos	41'2 3/4"
5	Dave Morello	St. Francis	41'4"

FLIGHT II

6	Andy Kratter	Mills	41'5 1/4"
7	Fred Grolle	Los Altos	41'9 3/4"
8	John Barbero	Rioden	41'10"
9	Eric Motch	Fremont	42'4"
10	Greg Hannah	Lynbrook	42'6 3/4"

FLIGHT III

11	Vince Jones	Sequoia	43'1"
12	Jones	Piedmont Hills	43'3"
13	Linerud	Ayer	43'3 1/4"
14	Steve Finley	Cupertino	43'5 1/4"
15	Clanagan	Silver Creek	44'5 1/4"
16	Woodard	Silver Creek	46'5"

PLACINGS AND MARK

1.	Woodard	Silver Creek	45'10 1/2"
2.	Jones	Piedmont Hills	43'6 1/2"
3.	Clanagan	Silver Creek	43' 1/2"
4.	Steve Finley	Cupertino	42'9 3/4"
5.	Linerud	Saratoga	42'5 1/4"
6.	Jeff Metter	Hillsdale	42'3 1/4"

SHOT PUT - VARSITY

CCS RECORD: Bob Brannon, Los Gatos, 1965, 63'9"

Starting time: 3:00

FLIGHT I

	Name	School	Reg. Qual. Time
1	Don Brown	Camden	51'1 1/2"
2	Murray Fontes	Soquel	51'2"
3	Ray Gonzales	Silver Creek	52'0"
4	Marshall Newson	Menlo Atherton	52'7 1/2"
5	Todd Young	Los Altos	52'10"

FLIGHT II

6	Rob Suelflowhn	Woodside	53'3 1/2"
7	Al Aufang	Camden	53'4 1/2"
8	Ray Franklin	Los Altos	53'7"
9	Steve Sosnowski	Salinas	54'1"
10	Brad Walters	Half Moon Bay	54'1 1/2"

FLIGHT III

11	Chris Lucis	St. Francis	54'7 1/2"
12	Charles Todd	Leland	54'9"
13	Randy Wilson	North Salinas	56' 1/2"
14	Gregg Tafrales	Capachino	57'0"
15	Matt Pear	Los Altos	57'6"
16	Mike Smith	San Mateo	56'7"

PLACINGS AND MARK:

1.	Mike Smith	San Mateo	58'2"
2.	Gregg Tafrales	Capachino	56'8"
3.	Brad Walters	Half Moon Bay	56'1"
4.	Matt Pear	Los Altos	55'3"
5.	Charles Todd	Leland	54'6 1/2"
6.	Chris Lucas	St. Francis	54'1 1/2"

SHOT PUT - FROSH/SOPH

CCS RECORD: Gary Bersano, Los Gatos, 1973, 61'6"

Starting time: 7:00

FLIGHT I

	Name	School	Reg. Qual. Distance
1	Mike Matisi	Hillsdale	46'0"
2	Kevin Glaser	San Mateo	47'3"
3	Time Small	Cupertino	50'0"
4	Buddy Austin	North Salinas	50'1"
5	Chey Tuufuli	Serramonte	50'5 1/2"

FLIGHT II

6	Carbonero	Lincoln	50'9 1/2"
7	Joey Sorenson	Sunnyvale	52'6 3/4"
8	Ken Terrasini	Del Mar	52'7 1/2"
9	Scott Townsend	Prospect	52'7 12/16"
10	Rick Edwards	Monterey	53'1 3/4"

FLIGHT III

11	Bill Green	Fremont	53'2 1/2"
12	Craig Awbrey	Menlo Atherton	53'6 1/4"
13	Ron McKee	Camden	53'8"
14	Bruce Paker	St. Ignatius	54'7 3/4"
15	Tim Thompson	Sunnyvale	54'10 1/4"
16	Tom Peterson	North Salinas	57'6"

PLACINGS AND MARK

1.	Tom Peterson	North Salinas	56'10"
2.	Craig Awbrey	Menlo Atherton	55'9"
3.	Bruce Paker	St. Ignatius	55' 1/2"
4.	Ron McKee	Camden	54'9 1/2"
5.	Tim Thompson	Sunnyvale	54'1"
6.	Bill Green	Fremont	53'11 1/2"

SHOT PUT - GIRLS

CCS RECORD: Kathy Kutcha, King City, 1975, 39.9 1/2"

Starting Time: (Following Fr/Soph Shot Approx 9:00)

Lane	Name	School	Reg. Qual. Mark
1	Chris Chandler	Mt. Pleasant	36'4"
2	Denise Beacohn	Watsonville	37'6 1/2"
3	Sheila Pannell	Leland	38'9"
4	Marta Kuehl	North Salinas	29'3 1/2"
5	Kathy Kutcha	King City	40'5 1/2"
6	Susan Springer	Salinas	41'8"
7	Maria Garcia	Harbor	42'0"

PLACINGS AND MARK

1.	Maria Garcia	Harbor	43'9"
2.	Sheila Pannell	Leland	42'11 1/2"
3.	Susan Springer	Salinas	41'6"
4.	Kathy Kutcha	King City	39'0"
5.	Denise Beacom	Watsonville	38'8"
6.	Chris Chandler	Mt. Pleasant	38'0"

DISCUS - VARSITY

CCS RECORD: Scott Overton, Los Altos, 1972, 191'0"

Starting Time: (Following F/S Discus Approx. 5:00)

FLIGHT I

Lane	Name	School	Reg. Qual. Time
1	Jeff Erickson	Salinas	146'2 3/4
2	G. Lyons	Mt. Pleasant	155'10"
3	Pete DeMartini	St. Ignatious	155'10 1/2"
4	J. Estrada	Piedmont Hills	156'6"
5	Jon Weis	Oceana	158'4"

FLIGHT II

6	Mark Dugan	Monta Vista	158'10"
7	R. Honore	Camden	159'3"
8	Bill Perry	Fremont	159'10"
9	Tim Blockinger	Cupertino	160'3"
10	Niel Bergquist	Palo Alto	161'1"

FLIGHT III

11	Mike Hamm	Soquel	163'2"
12	Brad Walters	Half Moon Bay	165'2 1/2"
13	R. Gonzales	Silver Creek	167'8"
14	Randy Wilson	North Salinas	168'1 3/4"
15	Ray Franklin	Los Altos	170'6"
16	Greg Tafralis	Capachino	173'7 1/2"

PLACINGS AND MARK:

1.	Mike Hamm	Soquel	171'0"
2.	Ray Franklin	Los Altos	166'8"
3.	Mark Dugan	Monta Vista	166'1"
4.	R. Gonzales	Silver Creek	162'1 1/2"
5.	Brad Walters	Half Moon Bay	161'4"
6.	Bill Perry	Fremont	161'1 1/2"

DISCUS - FROSH/SOPH

CCS RECORD: Craig Watkins, Mitty, 1973, 157'11"

Starting Time: 3:00 (Pit B)

FLIGHT I

Lane	Name	School	Reg. Qual Mark
1	Glenn Overstreet	Hal Moon Bay	123'3 1/2"
2	Dan Molten	Serra	123'9 1/4"
3	Robert Edwards	Soquel	131'2"
4	Mike Niland	Riordan	134'3 1/2"
5	Buddy Austen	North Salinas	136'11 1/2"

FLIGHT II

6	Mauga	Overfelt	138'10"
7	Fioanini	Carlmont	140'7"
8	Ron McKee	Camden	142' 1/2"
9	Overacker	Live Oak	143'0"
10	Gregg Schob	St. Francis	143'6"

FLIGHT III

11	Lewis	Woodside	144'8 1/2"
12	Scott Townsend	Prospect	145'8 1/2"
13	Arnez	Cupertino	147' 1/2"
14	Avery	Menlo Atherton	147'6"
15	Tom Peterson	North Salinas	149'2 1/4"
16	Ezerski	Cupertino	150'3 1/2"

PLACINGS AND MARK

1.	Tom Peterson	North Salinas	154'6"
2.	Avery	Menlo Atherton	153' 1/2"
3.	Scott Townsend	Prospect	150'7"
4.	Mike Niland	Riordan	146'0"
5.	Arnez	Cupertino	144'7"
6.	Lewis	Woodside	144' 1/2"

DISCUS - GIRLS

CCS RECORD: Kathy Kuchta, King City, 1975, 118'2 1/2"

Starting Time: 7:00 (Pit A)

FLIGHT I

	Name	School	Reg. Qual Mark
1	Martha Kuehl	North Salinas	104'7 1/2"
2	Wendy Michelli	Santa Teresa	105'3"
3	Maria Garcia	Harbor	106'7"
4	Kathy Korach	Watsonville	111'1"
5	Kathy Kuchta	King City	113'11 1/2"
6	Barb Lloyd	Monta Vista	119'2"
7	Susan Springer	Salinas	129'7"

PLACINGS AND MARKS:

1.	Susan Springer	Salinas	133'5"
2.	Martha Kuehl	North Salinas	124'1"
3.	Kathy Kuchta	King City	120'0"
4.	Kathy Korach	Watsonville	116'9"
5.	Barb Lloyd	Monta Vista	113'7 1/2"
6.	Maria Garcia	Harbor	109'8 1/2"

80 YARD LOW HURDLES - GIRLS

CCS RECORD: Kathy Schentrup, Willow Glen, 1975, 11.0

Lane	Name	School	Reg. Qual. Time
1	Kurt Wilcox	San Mateo	11.5
2	Ivy Mover	Monta Vista	11.5
3	Kathy Schentrup	Willow Glen	11.2
4	Kris Costello	Lynbrook	10.6
5	Carrie Caanan	Harbor	11.2
6	Margaret Manoegian	Los Altos	11.4
7	Jennifer Kelly	Leland	11.5
8	Loretta Stewart	Aptos	11.6

PLACINGS AND MARKS

1.	Kris Costello	Lynbrook	10.6
2.	Carrie Cavanah	Harbor	11.0
3.	Kathy Schentrup	Willow Glen	11.4
4.	Jennifer Kelly	Leland	11.5
5.	Loretta Stewart	Aptos	11.6
6.	Kurt Wilcox	San Mateo	11.6

440 YARD RELAY - VARSITY

CCS RECORD: Woodside, 1975, 41.6

Two Heats, Top 4 in each qualify for final

HEAT I

Lane	School	Reg. Qual Time
1	Yreba Buena	42.6
2	Silver Creek	42.5
3	Mt. Pleasant	42.1
4	Piedmont Hills	41.9
5	Lynbrook	43.8
6	Carlmont	44.0
7	Palma	44.7
8	Buscher	44.7

HEAT II

1	Burlingame	44.0
2	Hillsdale	43.8
3	Seaside	43.3
4	San Mateo	43.1
5	Salinas	43.2
6	Seramonte	43.4
7	Los Altos	44.0
8	Awalt	44.1

PLACINGS AND TIME:

1.	Piedmont Hills	41.7
2.	Mt. Pleasant	42.0
3.	Yerba Buena	42.0
4.	Silver Creek	42.6
5.	Seaside	43.1
6.	San Mateo	43.6

440 RELAY - FROSH/SOPH

CCS RECORD: AYER 1975, 43.2

Two Heats (Top 4 qualify for finals)

HEAT I

Lane	School	Reg. Qual Mark
1	Aragon	45.4
2	Silver Creek	44.5
3	Mt. Pleasant	44.1
4	Santa Teresa	43.3
5	Santa Cruz	45.2
6	Salinas	45.5
7	Watsonville	45.6
8	Buscher	45.6

HEAT II

1	Carlmont	45.4
2	Cubberley	45.1
3	San Carlos	45.1
4	Sequoia	44.1
5	Hillsdale	44.9
6	Serramonte	45.1
7	St. Ignatius	45.4
8	Prospect	45.5

PLACINGS AND TIME:

1.	Sequoia	43.5
2.	Mt. Pleasant	44.2
3.	San Carlos	44.3
4.	St. Ignatius	45.2
5.	Santa Cruz	45.2
6.	Watsonville	45.4

440 YARD RELAY - GIRLS

CCS RECORD: Harbor, 1975, 50.3

Lane	School	Reg. Qual. Time
1	Ayer	50.5
2	Soquel	51.2
3	North Salinas	52.3
4	Piedmont Hills	49.9
5	Branham	51.4
6	Harbor	50.2
7	Silver Creek	49.5
8	Milpitas	51.0

PLACINGS AND TIME:

1.	Harbor	49.5
2.	Silver Creek	49.8
3.	Ayer	50.3
4.	Branham	50.9
5.	Soquel	51.5
6.	North Salinas	51.9

120 YARD HIGH HURDLES - VARSITY

CCS RECORD: Ron Kennedy, Serramonte, 1975, 13.8

Two Heats, top 4 in each qualify for finals

HEAT I

Lane	Name	School	Reg. Qual. Time
1	Rick Neopolitan	Cupertino	15.0
2	Keith Sturdruant	Leigh	14.9
3	Harold Ross	Hillsdale	14.7
4	Tom Bobertz	Serramonte	14.1
5	Greg Pinhero	Marelo	15.0
6	Gary Wipfler	Mountain View	14.8
7	Jeff Jackson	San Mateo	15.2
8	Mike Bowman	Fremont	15.3

HEAT II

1	Don Fisher	Mr. Pleasant	15.1
2	Gordon Bliss	Carlmont	15.0
3	Steve Bertero	Gilroy	14.8
4	Tim Stafford	Los Gatos	14.5
5	Rick Clark	Menlo Atherton	14.6
6	Curtis Sells	Salinas	15.0
7	Derrick Williams	Pacific Grove	15.1
8	Jim O'Hare	St. Francis	15.2

PLACINGS AND TIME:

1.	Tom Bobertz	Serramonte	14.3
2.	Rick Clark	Menlo Atherton	14.5
3.	Tim Stafford	Los Gatos	14.6
4.	Derrick Williams	Pacific Grove	14.8
5.	Steve Bertero	Gilroy	15.0
6.	Gary Wipfler	Mountain View	15.1

70 HIGH HURDLES - FROSH/SOPH

CCS RECORD: Washington, Salinas, 1970, 8.6

Two Heats, top 4 in each qualify for finals

HEAT I

Lane	Name	School	Reg. Qual. Time
1	Stu Hall	Carlmont	9.1
2	Carlos Velasco	Campbell	8.9
3	Fred Oroville	Sequoia	8.9
4	Steve Guthrie	Cupertino	8.6
5	Rich Gilmore	Watsonville	9.9
6	Steve Sykes	Hillsdale	9.0
7	Art Sevilla	King City	9.9
8	Jim Tierney	St. Ignatius	9.3

HEAT II

1	Eric Shubbert	Monta Vista	9.1
2	Rick Luthrell	San Carlos	8.9
3	Troy Durio	Mt. Pleasant	8.9
4	Greg Woodward	Silver Creek	8.8
5	Chico Lewis	Serramonte	8.9
6	Ron Ellis	Monterey	9.9
7	Bill Ribera	Oceana	9.2
8	Linerud	Saratoga	9.2

PLACINGS AND TIME:

1.	Fred Oroville	Sequoia	8.7
2.	Steve Guthrie	Cupertino	8.7
3.	Steve Sykes	Hillsdale	8.8
4.	Greg Woodward	Silver Creek	9.0
5.	Rick Luthrell	San Carlos	9.0
6.	Carlos Velasco	Campbell	9.1

880 YARD RUN - VARSITY

CCS RECORD: Rick Brown, Los Altos, 1970, 1:50.7

Finals only, two to a lane, 2-turn stagger

Lane	Name	School	Reg. Qual. Time
1	Clay Taylor	Piedmont Hills	1:55.6
2	Jeff Maxwell	Westmoor	1:55.9
3	Tom Light	Pacific Grove	1:55.7
4	Wyatt Bishop	Carlmont	1:57.0
5	Dennis Burns	St. Ignatius	1:57.2
6	Bruce Jensen	Buscher	1:57.6
7	Jeff Riggs	Branham	1:57.7
1A	Steve Cornejha	Westmoor	1:57.2
2A	Ron Jenkins	Ayer	1:57.8
3A	Al Pramann	Los Altos	1:58.9
4A	Ted Peterson	Harbor	2:00.5
5A	Scott Burke	Mt. Pleasant	1:58.2
6A	Jess Martinez	Riodan	1:58.7
7A	Gary Bishop	Los Altos	1:59.6
8A	Mike Troedson	Los Altos	2:00.7

PLACINGS AND TIME:

1.	Tom Light	Pacific Grove	1:52.9
2.	Wyatt Bishop	Carlmont	1:53.4
3.	Jeff Maxwell	Westmoor	1:54.0
4.	Clay Taylor	Piedmont Hills	1:55.7
5.	Bruce Jensen	Buscher	1:56.3
6.	Al Pramann	Los Altos	1:57.3

880 YARD RUN - FROSH/SOPH

CCS RECORD: Charles Jones, Ravenswood, 1973, 1:57.3

Finals Only - Two to a lane

Lane	Name	School	Reg. Qual. Time
1	Reggie Green	Mt. Pleasant	1:59.5
2	Rick Escobar	Mills	2:00
3	Gary Chandler	Sequoia	2:01.6
4	Ron Thompson	North Salinas	2:05.4
5	Dan Long	Piedmont Hills	2:00.4
6	Paul Senator	Mills	2:00.8
7	Larry Harvey	Peterson	2:02.0
8	Tracy Micheli	North Salinas	2:06.3
1A	Tom Sumario	Leigh	2:00.7
2A	Kurt Foianini	Carlmont	2:02.4
3A	Greg Geide	So. San Francisco	2:03.5
4A	Nate Olives	Palma	2:06.8
5A	Tom Ward	Milpitas	2:01
6A	Gifford	Cupertino	2:03.9
7A	Emory Elliott	San Mateo	2:04.8
8A	Tim Hanley	Los Altos	2:05.5

PLACINGS AND TIME:

1.	Reggie Green	Mt. Pleasant	1:58.8
2.	Kurt Fotanini	Carlmont	1:59.5
3.	Tom Sumario	Leigh	1:59.7
4.	Don Ward	Milpitas	1:59.9
5.	Dan Long	Piedmont Hills	2:01.1
6.	Rick Escobar	Mills	2:10.2

880 YARD RUN - GIRLS

CCS RECORD: Amy Huyck, Aptos, 1975, 2:19.9

Lane	Name	School	Reg. Qual. Time
1	Laurie Spence	Soquel	2:26.3
2	Linda Hoxsie	Monta Vista	2:26.6
3	Kathy Farkington	Watsonville	2:25.4
4	Diane Figliomeni	Saratoga	2:25.9
5	Paula Jackson	Live Oak	2:19.6
6	Carolyn Bing	Lynbrook	2:22.4
7	Becky Barrett	Branham	2:21.2
8	Sharon Furtado	Buchser	2:21.2

PLACINGS

PLACINGS AND TIME:

1.	Becky Barrett	Branham	2:18.9
2.	Paula Jackson	Live Oak	2:19.3
3.	Diane Figliomeni	Saratoga	2:21.4
4.	Kathy Farkington	Watsonville	2:26.6
5.	Linda Hoxie	Monta Vista	2:27.8
6.	Sharon Furtado	Buchser	2:39.5

100 YARD DASH - VARSITY

CCS RECORD Keith Taylor, Piedmont Hills, 1975, 9.6

Two Heats - Top 4 in each qualify for finals

HEAT I

Lane	Name	School	Reg. Qual. Time
1	Steve Bennet	Lynbrook	10.0
2	Bill Johnson	Lynbrook	9.9
3	Duane Green	Ayer	9.7
4	Glen Cannon	Mt. Pleasant	9.6
5	Henry Herman	San Mateo	10.1
6	Kevin Murphy	Carmel	10.2
7	Ellis Tatum	Crestmoor	10.5
8	Terry Hartsfield	Westmoor	10.5

HEAT II

1	Tony Rios	Gilroy	10.0
2	Ken Merriweater	Mt. Pleasant	9.8
3	Will Colling	Los Altos	9.9
4	Kim Nash	Cubberly	9.9
5	LeCharles McDaniel	Seaside	10.1
6	Ken Herbert	Serramonte	10.2
7	Ernest Johnson	Seaside	10.3
8	Eric Hill	Woodside	10.1

PLACINGS AND TIME:

1.	Glen Cannon	Mt. Pleasant	9.8
2.	Duane Green	Ayer	10.0
3.	Steve Bennet	Lynbrook	10.0
4.	Ken Merriweather	Mt. Pleasant	10.1
5.	Will Colling	Los Altos	10.1
6.	Kim Nash	Cubberly	10.1

100 YARD DASH - FROSH/SOPH

CCS RECORD: Dwayne Green, Ayer, 1975, 9.9

Two heats - top 4 of each qualify for finals

HEAT I

Lane	Name	School	Reg. Qual. Time
1	Andre Price	Carlmont	10.2
2	R. Dawkins	Mt. Pleasant	10.1
3	T. Wiley	Santa Teresa	9.9
4	J. Wiley	Santa Teresa	9.9
5	Parrell Jones	Serra Monte	10.4
6	Jim Walker	Aragon	10.5
7	Dennis Hughes	San Mateo	10.7
8	Gilbert Pacalog	St. Ignatius	10.8

HEAT II

1	Carlwell Hawthorne	Mt. Pleasant	10.3
2	Terry Smith	Cubberley	10.2
3	Stan Beal	San Carlos	10.2
4	Fred Oraville	Sequoia	10.1
5	Andre Wilkes	Santa Cruz	10.2
6	Thiery Rackley	San Lorenzo Valley	10.4
7	Alan Vernon	Monterey	10.5
8	David Kennedy	Sunnyvale	10.4

PLACINGS AND TIME:

1.	Andre Wilkes	Santa Cruz	10.2
2.	Terry Wiley	Santa Teresa	10.2
3.	Terry Wiley	Santa Teresa	10.2
4.	Stan Beal	San Carlos	10.2
5.	Fred Oraville	Sequoia	10.3
6.	Darrell Jones	Serramonte	10.4

100 YARD DASH - GIRLS

CCS RECORD: Mary Ellis, Yerba Buena, 1975, 11.1

Lane	Name	School	Reg. Qual. Time
1	Varisse Coney	Milpitas	11.7
2	Eloise Mallory	Silver Creek	11.6
3	Pam Davis	Monterey	11.6
4	Robin Holiday	Ayer	11.2
5	Kris Costello	Lynbrook	11.6
6	Peaches Palmer	Piedmont Hills	11.6
7	Della Hampton	James Lick	11.7
8	Karen Taylor	Piedmont Hills	11.7

PLACINGS AND MARK

1.	Kris Costello	Lynbrook	11.2
2.	Robin Holiday	Ayer	11.6
3.	Eloise Mallory	Silver Creek	11.6
4.	Varisse Coney	Milpitas	11.7
5.	Pam Davis	Monterey	11.8
6.	Peaches Palmer	Piedmont Hills	11.8

440 YARD RUN- VARSITY

CCS RECORD: Rick Brown, Los Altos

Finals Only - 2 sections - places determined by time

SECTION I

Lane	Name	School	Reg. Qual. Time
1	Keith Taylor	Piedmont Hills	48.0
2	Mike Breaux	Seaside	49.7
3	Asa Hillard	So. San Francisco	49.7
4	Wyatt Bishop	Carlmont	50.8
5	Pat Holkim	Andrew Hill	48.9
6	Mike Holland	Silver Creek	50.0
7	Bill Castro	San Jose	50.2
8	Kevin Groves	San Mateo	50.3

SECTION II

1	Franco Mitchell	Monterey	50.5
2	Gary Davis	San Mateo	50.9
3	Ed Gallequillos	Terra Nova	51.2
4	Ken Collins	Monterey	51.2
5	Carlos Spencer	Carlmont	52.1
6	Bill Alexander	Los Altos	52.2
7	Mark Powell	Lynbrook	52.6
8	Robert Mills	Sunnyvale	52.8

PLACINGS AND TIME :

1.	Keith Taylor	Piedmont Hills	47.8
2.	Pat Holkim	Andrew Hill	48.6
3.	Asa Hilliard	South San Francisco	48.9
4.	Wyatt Bishop	Carlmont	49.8
5.	Bill Castro	San Jose	50.1
6.	Mike Breux	Seaside	50.6

440 YARD DASH - FROSH/SOPH

CCS RECORD: Gonzales, Branham, 1970, 50.1

Finals Only - 2 sections, placings determined by time

SECTION I

Lane	Name	School	Reg. Qual. Time
1	D. Carter	Mt. Pleasant	50.9
2	Randy Swayne	Oceana	51.8
3	Vince Jones	Sequoia	52.2
4	Jesse Leon	Watsonville	52.4
5	Pete Phillips	San Mateo	52.3
6	Dave Gilloley	San Carlos	52.3
7	K. Kurani	Prospect	52.5
8	E. Rizick	Gilroy	52.5

SECTION II

1	Paul Crawford	Peterson	52.5
2	Pat Ellis	Mitty	52.7
3	R. Mende	Del Mar	52.7
4	Ron Gianotti	Mills	52.8
5	Craig Copeland	Los Altos	52.9
6	Keith Silbsager	Hollister	53.0
7	Mike Agran	North Salinas	53.1
8	Greg Adams	Cupertino	53.4

PLACINGS AND TIME

1.	Dave Gilloley	San Carlos	51.4
2.	K. Kurani	Prospect	51.5
3.	Vince Jones	Sequoia	52.0
4.	E. Rizick	Gilroy	52.1
5.	Craig Copeland	Los Altos	52.5
6.	Randy Swayne	Oceana	52.6

440 YARD RUN - GIRLS

CCS RECORD: Lezli Peterson, Harbor, 1975, 57.4

Lane	Name	School	Reg. Qual Time
1	Joelyn West	Linclon	60.8
2	Libby Torkington	Watsonville	61.5
3	Marquite Belk	Silver Creek	57.4
4	Stephanie Stewart	Los Gatos	61.6
5	Francine Ward	Milpitas	61.4
6	Julie Peterson	Harbor	58.8
7	Betsy Brew	Los Altos	60.2
8	Kelly Osterkamp	Soquel	61.5

PLACINGS AND MARK

1.	Marquite Belk	Silver Creek	56.0
2.	Lezli Peterson	Harbor	57.2
3.	Betsy Brew	Los Altos	59.3
4.	Francine Ward	Milpitas	59.9
5.	Kelly Osterkamp	Soquel	60.6
6.	Libby Torkington	Watsonville	60.8

TWO MILE RUN - VARSITY

CCS RECORD: Gordon MacMitchell, Gunn, 1973 9:01.6

Finals only: Two to a lane olympic scratch start

HEAT

Lane	Name	School	Reg. Qual. Time
1	Bob Paulin	Camden	9:13.4
1A	Rudy Munoz	Watsonville	9:36.1
2	Bob Love	Carlmont	9:31.0
2A	Craig Corey	San Mateo	9:32.8
3	Carlos Carrasco	Mt. Pleasant	9:18.6
3A	Paul Mella	Crestmoor	9:33.6
4	Andy Jones	Carmel	9:36.5
4A	Ralph Johnson	Overfelt	9:39.6
5	Ken McBride	Half Moon Bay	9:40.6
5A	Greg Miller	Mt. Pleasant	9:42.8
6	Steve Watkins	Pacific Grove	9:43
6A	Rick Pincombe	Serra	9:43.1
7	Fred Behrmann	Los Altos	9:44.2
7A	Gary Thurston	Menlo Atherton	9:46.3
8	John Cassara	Mt. View	9:49.4
8A	Greg Mandamus	Carlmont	9:51.8

PLACINGS AND TIME:

1.	Bob Paulin	Camden	9:13.3
2.	Craig Corey	San Mateo	9:14.4
3.	Bob Love	Carlmont	9:17.8
4.	Carlos Carrasco	Mt. Pleasant	9:23.8
5.	Andy Jones	Carmel	9:26.6
6.	Ralph Johnson	Overfelt	9:29.4

TWO MILE RUN - FROSH/SOPH

CCS RECORD: Gerry Emory, Gunn, 1973, 9:25.6

Finals only - Two to a lane, olympic start

Lane	Name	School	Reg. Qual. Time
1	D. Brewer	Leigh	9:37.4
1A	Kevin Blake	Serramonte	9:48.5
2	Rick Sanchez	Sunnyvale	9:57.7
2A	David Grimes	Watsonville	10:13.6
3	Matt Hartman	Milpitas	9:49.7
3A	David Avila	Cupertino	9:58.8
4	Glenn Dean	Jefferson	10:00.9
4A	Tim Gryber	Aptos	10:18.8
5	Kirk Leninger	Live Oak	9:53.4
5A	Potts	Riordan	10:05.1
6	Martin Uauoris	Cubberley	10:11.6
6A	Rick Ifland	Soquel	10:21.6
7	Greg McDonald	Camden	9:56.0
7A	Jim Rochford	Serramonte	10:09.2
8	Ian Waters	San Carlos	10:22.1
8A	Marcus Jones	Menlo Atherton	10:24.7

PLACINGS AND TIME:

1.	<u>D. Brewer</u>	<u>Leigh</u>	<u>9:37.8</u>
2.	<u>Matt Hartman</u>	<u>Milpitas</u>	<u>9:42.6</u>
3.	<u>Rick Sanchez</u>	<u>Sunnyvale</u>	<u>9:48.0</u>
4.	<u>Kevin Blake</u>	<u>Serra</u>	<u>9:48.5</u>
5.	<u>David Avila</u>	<u>Cupertino</u>	<u>9:50.2</u>
6.	<u>Rick Leninger</u>	<u>Live Oak</u>	<u>9:54.5</u>

330 LOW HURDLES - VARSITY

CCS RECORD: Dave Jakle, Los Altos, 1975, 37.0

Two Heats, Top 4 in each qualify for final

HEAT I

Lane	Name	School	Reg. Qual. Time
1	Keith Strurdivant	Leigh	39.5
2	Tom Bobertz	Serramonte	38.2
3	Byron Hawkins	Burlingame	38.2
4	Harold Ross	Hillsdale	37.7
5	Rich Napolitan	Dupertino	39.8
6	Allan Goes	Los Altos	40.0
7	Jim Martin	Lynbrook	40.2
8	Clark	Menlor Atherton	40.4

HEAT II

1	Dave Benson	Burlingame	40.1
2	David Viars	Monterey	39.0
3	Mark Chapman	Yerba Buena	38.7
4	Andre Phillips	Silver Creek	38.2
5	LeCharles McDaniel	Seaside	38.4
6	Ernest Johnson	Seaside	39.0
7	Steve Bertero	Gilroy	39.2
8	Dietrich	San Carlos	40.4

PLACINGS AND TIME:

1.	<u>Andre Phillips</u>	<u>Silver Creek</u>	<u>37.3</u>
2.	<u>Tom Bobertz</u>	<u>Serramonte</u>	<u>37.5</u>
3.	<u>Byron Hawkins</u>	<u>Burlingame</u>	<u>37.7</u>
4.	<u>Mark Chapman</u>	<u>Yerba Buena</u>	<u>37.8</u>
5.	<u>LeCharles McDaniel</u>	<u>Seaside</u>	<u>38.3</u>
6.	<u>David Viars</u>	<u>Monterey</u>	<u>39.3</u>

330 LOW HURDLES - FROSH/SOPH

CCS RECORD: Harold Ross, Hillsdale, 1975, 38.7

Two Heats --First 4 in each qualify for finals

HEAT I

Lane	Name	School	Reg. Qual Time
1	McNiven	Prospect	39.8
2	Carl Monroe	Overfelt	39.7
3	G. Woodward	Silver Creek	38.8
4	Troy Durio	Mt. Pleasant	38.8
5	Louis Fusari	Soquel	40.3
6	Bill Ribera	Oceana	40.8
7	Art Sevilla	King City	41.9
8	Greg Wilson	Santa Clara	42.1

HEAT II

1	Tim Wolfe	So. San Francisco	41.1
2	Nick Moreno	Half Moon Bay	41.1
3	Steve Guthrie	Cupertino	39.5
4	Rick Luttrell	San Carlos	39.3
5	Steve Sykes	Hillsdale	40.0
6	Larry Rogers	Watsonville	40.8
7	Fred Oravillo	Sequoia	41.4
8	Alan Bailey	Lynbrook	41.6

PLACINGS AND TIME:

1.	Rick Luttrell	San Carlos	38.8
2.	Steve Sykes	Hillsdale	39.5
3.	Bill Ribera	Oceana	39.7
4.	Troy Durio	Mt. Pleasant	40.3
5.	Carl Monroe	Overfelt	40.5
6.	Fred Oravillo	Sequoia	40.5

220 YARD DASH - VARSITY

CCS RECORD: Millard Hampton 1974, 20.9

Two Heats, Top 4 in each qualify for finals

HEAT I

Lane	Name	School	Reg. Qual. Time
1	Duane Berkley	Silver Creek	22.0
2	Pat Holcum	Andrew Hill	21.7
3	Eugene Rachal	Yuba Buena	21.6
4	Don Coulter	Harbor	21.3
5	Henry Herman	San Mateo	22.5
6	Connie Jones	Aragon	22.9
7	Ellis Tatum	Crestmoor	23.2
8	Dan McGee	St. Ignatius	23.2

HEAT II

1	Jeff Sammet	Ravenswood	22.8
2	Sandy Houston	San Lorenzo Valley	22.7
3	Bill Johnson	Lynbrook	22.4
4	Glen Cannon	Mt. Pleasant	21.5
5	Kim Nash	Cubberly	22.1
6	Juan Torres	Soquel	22.4
7	Brian Matooka	Gunn	22.7
8	Doug Wilks	Los Altos	22.8

PLACINGS AND TIME

1.	Glen Cannon	Mt. Pleasant	21.6
2.	Don Coulter	Harbor	21.9
3.	Eugene Rachal	Yerba Buena	22.0
4.	Pat Holcum	Andrew Hill	22.2
5.	Duane Barkley	Silver Creek	22.2
6.	Bill Johnson	Lynbrook	22.5

220 YARD DASH - FROSH/SOPH

CCS. RECORD: Dwayne Green, Ayer, 1975, 22.1

Two Heats: First 4 in each qualify for finals

HEAT I

Lane	Name	School	Reg. Qual. Time
1	Eric Zaiss	Homestead	23.2
2	Frank Oravillo	Sequoia	22.8
3	Thiery Rackley	San Lorenzo Valley	22.5
4	Andre Wilkes	Santa Cruz	22.4
5	Darrel Jones	Serranonte	23.1
6	Jim Walker	Aragon	23.2
7	George Petterson	Serramonte	23.7
8	Art Diaz	Jefferson	23.8

HEAT II

1	Carlwell Hawthorne	Mt. Pleasant	23.3
2	Alan Vernon	Monterey	22.8
3	Stan Beal	San Carlos	22.6
4	Terry Smith	Cubberley	22.5
5	J. Wiley	Santa Teresa	22.7
6	T. Wiley	Santa Teresa	23.0
7	Tony Thompson	Woodside	23.0
8	David Pulliam	Silver Creek	23.8

PLACINGS AND TIME

1	Stan Beal	San Carlos	22.6
2	Andre Wilkes	Santa Cruz	22.6
3	Terry Smith	Cubberly	22.7
4	Terry Wiley	Santa Teresa	22.8
5	Frank Oravillo	Sequoia	22.9
6	Jim Walker	Aragon	23.0

220 YARD DASH - GIRLS'

CCS RECORD: Mary Ellis, Yerba Buena, 1975, 25.3

HEAT I

LANE	NAME	SCHOOL	Reg. Qual. TIME
1	Marquita Belk	Silver Creek	25.2
2	Kris Costello	Lynbrook	25.4
3	Marsha Gallion	Ayer	26.1
4	Letticia Sherril	Milpitas	26.4
5	Varissi Coney	Milpitas	26.2
6	Pam Davis	Monterey	25.4
7	Laurie Wilber	Branham	25.8
8	Robin Holiday	Ayer	26.2

PLACINGS AND MARK

1.	Kris Costello	Lynbrook	25.4
2.	Marquita Belk	Silver Creek	25.4
3.	Marsha Gallion	Ayer	26.0
4.	Pam Davis	Monterey	26.5
5.	Laurie Wilber	Branham	27.0
6.	Robin Holiday	Ayer	27.0

MILE RUN - VARSITY

CCS RECORD: Mike Ryan, Wilcox, 1965, 4:09.5

FINALS ONLY - 2 to a lane, 2-turn stagger

LANE	Name	School	Reg. Qual. Time
1	Stan Ross	Serra	4:18.7
2	Mark Stillman	Willow Glen	4:19.3
3	John Sup	Palma	4:22.7
4	Gery Goodstein	Menlo Atherton	4:27.5
5	Curt Hutchings	Del Mar	4:42.3
6	Craig Corey	San Mateo	4:24.3
7	Jerry Lowmiller	Salinas	4:26.7
8	Fred Behrmann	Los Altos	4:28.9
1A	Mike Dyer	Saratoga	4:22.6
2A	Joe Green	Aragon	4:24.5
3A	Leroy Bumbaca	Wilcox	4:29.3
4A	Armando Sequiros	Watsonville	4:30.4
5A	Larry Bergkamp	Leigh	4:24.7
6A	Jeff Maxwell	Westmoor	4:25.4
7A	Dan Farwell	Woodside	4:30.3
8A	Mike McQueeney	Lynbrook	4:33.2

PLACINGS AND TIME

1.	Mark Stillman	Willow Glen	4:18.2
2.	Stan Ross	Serra	4:19.2
3.	John Sup	Palma	4:20.0
4.	Craig Corey	San Mateo	4:22.2
5.	Mike McQueeney	Lynbrook	4:22.3
6.	Mike Dyer	Saratoga	4:22.3

ONE MILE RUN - FROSH/SOPH

CCS RECORD: Suhr Branham, 1972, 4:23.6

FINALS ONLY - Two to a Lane

Lane	Name	School	Reg. Qual. Time
1	Jim Showater	Fremont	4:33.8
2	Chris Marshal	Milpitas	4:34.1
3	Kirk Herrera	Serramonte	4:36.2
4	Jim Lowmiller	Salinas	4:41.5
5	Dan Powers	Willow Glen	4:35.
6	Kevin Fuller	Westmoor	4:37.3
7	Kovert Smith	Awalt	4:40.
8	Hugo Kalen	Harbor	4:43.
1A	Gar Wilson	Leigh	4:36.5
2A	Bob Jacobs	Fremont	4:41.7
3A	John Parreira	Half Moon Bay	4:43.0
4A	Fred Clement	King City	4:45.2
5A	Mark Harris	Los Gatos	4:37.2
6A	Fred Boyer	Cubberly	4:43.6
7A	Larry Harvey	Peterson	4:43.6
8A	John McCarty	St. Francis	4:46.3

PLACINGS AND TIME:

1.	Jim Showater	Fremont	4:28.0
2.	Kovert Smith	Awalt	4:31.1
3.	Mark Harris	Los Gatos	4:32.7
4.	Dan Powers	Willow Glen	4:33.4
5.	Fred Boyer	Cubberly	4:34.0
6.	Chris Marshal	Milpitas	4:36.8

ONE MILE RUN - GIRLS

CCS RECORD: Sue Mundy, Lincoln, 1975, 5:09.1

Lane	Name	School	Reg. Qual. Time
1	Vicki Bray	Los Altos	5:19.9
2	Sue Neary	Aptos	5:29.3
3	Sue Munday	Lincoln	5:17.7
4	Debbie Dobbs	Los Altos	5:33.9
5	Ester Sandoval	Seaside	5:34.5
6	Irene Crowley	Overfelt	5:43.4
7	Sharon Firntado	Buchser	5:20.1
8	Megan Hayes	Lincoln	5:37.7

PLACINGS AND TIME:

1.	Sue Mundy	Lincoln	5:04.7
2.	Vicki Bray	Los Altos	5:04.9
3.	Caron Choy	Salinas	5:18.4
4.	Paula Jackson	Live Oak	5:23.9
5.	Sharon Fortado	Buchser	5:36.5
6.	Sue Neary	Aptos	5:37.1

MILE RELAY - GIRLS

CCS Record: New Event

Lane	School	Reg. Qual. Time
1	Harbor	4:10.6
2	Piedmont Hills	4:19.7
3	Los Altos	4:16.2
4	North Salinas	4:16.8
5	Cupertino	4:19.3
6	Lynbrook	4:12.3
7	Soquel	4:19.11
8	Branaham	4:06.4

PLACINGS AND MARK

1.	Branham	4:05.9
2.	Harbor	4:06.5
3.	Los Altos	4:10.0
4.	North Salinas	4:13.5
5.	Piedmont Hills	4:15.0
6.	Lynbrook	4:17.4

MILE RELAY - FROSH/SOPH

CCS Record: Oceana, 1973, 3:29.4

FINALS ONLY - 2 Sections, Placing Determined by Time

SECTION I

Lane	School	Reg. Qual. Time
1	Mt. Pleasant	3:28.7
2	Oceana	3:29.8
3	Sequoia	3:32.5
4	Palma	3:35.6
5	Santa Teresa	3:33.3
6	San Mateo	3:33.6
7	San Carlos	3:33.7
8	Silver Creek	3:33.8

SECTION II

1	Carlmont	3:35.2
2	Watsonville	3:36.7
3	Leigh	3:37.0
4	Mills	3:37.2
5	Alisal	3:37.3
6	Cupertino	3:37.5
7	Terra Nova	3:37.5
8	Sunnyvale	3:39.6

PLACINGS AND TIME:

1.	<u>San Carlos</u>	<u>3:29.6</u>
2.	<u>Oceana</u>	<u>3:29.9</u>
3.	<u>Carlmont</u>	<u>3:30.9</u>
4.	<u>San Mateo</u>	<u>3:32.0</u>
5.	<u>Silver Creek</u>	<u>3:32.2</u>
6.	<u>Mills</u>	<u>3:32.3</u>

MILE RELAY - VARSITY

CCS Record: Los Altos, 1970, Thompson, Davis, 3:15.8

FINALS ONLY - 2 sections - places determined by time.

SECTION I

Lane	School	Time
1	Piedmont Hills	3:19.9
2	San Mateo	3:22.6
3	Seaside	3:23.3
4	Carlmont	3:28.4
5	Silver Creek	3:21.2
6	Mt. Pleasant	3:23.4
7	Ayer	3:24.6
8	Soquel	3:25.6

SECTION II

1	Serra	3:27.7
2	Monterey	3:27.8
3	Buscher	3:28.4
4	Serramonte	3:28.5
5	Lynbrook	3:28.5
6	St. Ignatius	3:29
7	Los Altos	3:24
8	Menlo Atherton	3:35.9

PLACINGS AND TIME:

1.	<u>Piedmont Hills</u>	<u>3:20.6</u>
2.	<u>Mt. Pleasant</u>	<u>3:21.0</u>
3.	<u>Silver Creek</u>	<u>3:23.1</u>
4.	<u>San Mateo</u>	<u>3:23.3</u>
5.	<u>Lynbrook</u>	<u>3:24.7</u>
6.	<u>Ayer</u>	<u>3:25.5</u>