

Tribune Sports

10—Redwood City (Calif.) Tribune, Wed., March 25, 1970

Best SPAL Track Times

The best times and distances recorded this season by SPAL track performers:

VARSITY

440 relay — Woodside (Burke, Bedell, Fisher, Mullett) 43.9, Menlo-Atherton (Everheardt, Meub, Murphy, Reese) 44.0, Carlmont (G. Norris, Dodgen, Schmidt, Butler) 44.4, Gunn (Paul, Uddenberg, Chadwell, Lucas) 44.6, Sequoia (Oravillo, Smith, Meyers, O'Neill) 45.0, 120 HH — Dave Bagshaw (G) 14.8,

Rob Solari (SC) 15.7, Rich Jones (W) 15.8, Mike Hughes (S) 15.9.

880 — Hans Templeman (Ca) 1:58.8, Roark Mulligan (Ca) 2:01.7n, Dale Krebs (G) 2:02.5, Matt Phillippe (SC) 2:03.0, Steve Miller (Ca) 2:04.0, Chris Inama (W) 2:04.6.

100 — Stephan Stukat (W) 9.9, Ernie Reese (M) 10.1, Dave Pina (SC) 10.2, Gary O'Neill (S) 10.3, Gary Norris (Ca) 10.3, Chris Fleming (Ca) 13.3n.

440 — Dan Meub (M) 51.5n, James Shirley (R) 51.7, Lee Baker (Ca) 52.3, Dave Legg (W) 52.4, Reese (M) 52.

2 mile — Templeman (Ca) 9:33.6, Miller (Ca) 9:39.9n, Scott Carvey (Ca) 9:52.0, Russ Black (Ca) 10:03.3n, Donn Wells (W) 10:11.6.

180 LH — Bagshaw (G) 19.8, Julian Lucas (G) 19.9, Ken Murphy (M) 20.1, Jones (W) 20.4, Steve Fischer (W) 20.4.

220 — Reese (M) 22.2, Bob Paul (G) 22.8, Baker (Ca) 23.1, Fleming (Cu) 23.3, Tom Burke (W) 23.4n.

1 mile — Templeman (Ca) 4:32.3, Ron Schloss (M) 4:32.8n, Randy Lawson (SC) 4:33.6, Larry Regalado (Ca) 4:37.1, Ralph Furnari (Ca) 4:37.5, Peter Marks (W) 4:37.5n, Lyle Thomas (Ca) 4:37.7n.

1 mile relay — Woodside (White, Sullivan, Inama, Legg) 3:30.6, Gunn (Bowden, Krebs, Bay, Bagshaw) 3:33.2, San Carlos (Gomes, Sherba, Phillippe, Anderson) 3:39.2, Menlo-Atherton (Meneweather, Stiern, Everheardt, Meub) 3:39.5, Carlmont (Regalado, Miller, Furnari, Schmidt) 3:40.4.

SP — Jack Young (W) 51.6, Mark Langley (SC) 48.6, Bill Long (M) 46.2, Reese (M) 44.11n.

Dis — Steve Bushnell (P) 160-11, Bill Irwin (SC) 160-7n, Young (W) 151-9, Ken Light (Cu) 139-9.

PV — Bill Stein (G) 13-6, Tom Raasch (G) 12-6, Jerry Holland (Ca) 12-0n, Monte Ahrens (Cu) 12-0, Bob Patch (W) 11-7/2.

HJ — Ron Bosch (S) 6-4, Jim May (S) 6-2n, Jerry Griffin (Ca) 5-10, Cezar Oravillo (S) 5-10n, Greg Patrick (S) 5-10n.

LJ — Murphy (M) 23-1, Luca (G) 22-6 1/2, John Silver (W) 21-9 1/2n, Jones (W) 21-3, Griffin (Ca) 20-3.

TJ — Hughes (S) 45-7 1/2, Lucas (G) 44-8, Murphy (M) 43-2 1/4, Silver (W) 42-6.

SPAL Track Bests

Best track marks recorded by SPAL performers this year:

VARSITY

440 rel — Woodside (Burke, Bedell, Mullett, Fischer) 43.0, M-A 44.0, San Carlos 44.3, Carlmont 44.4, Gunn 44.6, 120 HH — Dave Bagshaw (G) 14.8, Dave Eshelman (G) 14.9, Rob Solari (SC) 15.3, Gene Davis (SC) 15.5, Cezar Oravillo (S) 15.7, Rich Jones (W) 15.8.

880 — Hans Templeman (Ca) 1:58.8, Ken White (SC) 2:00.9, Roark Mulligan (Ca) 2:01.7, Dale Krebs (G) 2:02.5, Matt Phillippe (SC) 2:03.0, Don Meub (MA) 2:03.5.

100 — Stefan Stukat (W) 9.9, Ernie Reese (M-A) 10.1, Ed Johnson (R) 10.1, Dave Pina (SC) 10.2, Gary O'Neill (S) 10.3, Gary Norris (Ca) 10.3.

440 — Dan Meub (M-A) 51.6, James Shirley (R) 51.7, Lee Baker (Ca) 52.3, Dave Legg (W) 52.4, Ernie Reese (M-A) 52.4, Vance Anderson (SC) 52.7.

2 mile — Hans Templeman (Ca) 9:33.6, Steve Miller (Ca) 9:39.9, Scott Carvey (Ca) 9:52.0, Donn Wells (W) 9:53.6, Russ Black (Ca) 10:03.3n, Bryan Giesler (SC) 9:57.0.

180 LH — Dale Bagshaw (G) 19.8, Julian Lucas (G) 19.8, Ken Murphy (M-A) 20.1, Gene Davis (SC) 20.2, Rich Jones (W) 20.4, Steve Fischer (W) 20.4.

220 — Ernie Reese (M-A) 22.2, Bob Paul (G) 22.8, Lee Baker (Ca) 23.1, Gary Norris (Ca) 23.1, Chris Fleming (Ca) 23.3, Tom Burke (W) 23.4n.

1 mile — Randy Lawson (SC) 4:32.8, Steve Miller (Ca) 4:32.8n, Hans Templeman (Ca) 4:33.6, Larry Regalado (Ca) 4:37.1, Ralph Furnari (Ca) 4:37.5, Peter Marks (W) 4:37.5n, Lyle Thomas (Ca) 4:37.7n.

1 mile relay — Woodside (White, Sullivan, Inama, Legg) 3:30.6, Gunn 3:33.2, San

Carlos 3:34.5, Ravenswood 3:38.6, Carlmont 3:38.9, Menlo-Atherton 3:39.5.

SP — Jack Young (W) 51.6, Mark Langley (SC) 49.4 1/2, Tom Douglas (SC) 48.5 1/2, Bill Irwin (SC) 47.6, Scott Davis (Cu) 47.2, Bill Long (M-A) 46.2.

Dis — Steve Bushnell (PA) 160-11, Bill Irwin (SC) 160-7, Jack Young (W) 151-9, Tom Douglas (SC) 140-3, Doug Light (Cu) 139-9.

PV — Bill Stein (G) 13-6, Tom Raasch (G) 13-0, Jerry Holland (Ca) 12-0, Monte Ahrens (Cu) 12-0, Bob Patch (W) 11-7 1/2.

HJ — Ron Bosch (S) 6-4, Jerry Griffin (Ca) 6-2, Jim May (S) 6-2, James Washington (R) 6-0.

LJ — Ken Murphy (M-A) 23-1, Julian Lucas (G) 22-6 1/2, Dave Pina (SC) 22-6 1/4, John Silver (W) 21-9 1/2, Rich Jones (W) 21-3, Jerry Griffin (Ca) 21-0.

TJ — Mike Hughes (Se) 45-7 1/2, Julian Lucas (G) 44-8, Dave Pina (SC) 44-6 1/2, Mike Hall (Ca) 43-2 1/4, Jim Jackson (SC) 43-1.

TROPHIES

MEDALS — PLAQUES

SPAL Track Bests

Best track marks recorded by SPAL athletes this season:

VARSITY

440 relay — Woodside (Burke, Bedell, Fischer, Mullett) 43.4, Menlo-Atherton (Everheardt, Meub, Murphy, Reese) 44.0, San Carlos (Silva, Ringleman, Davis, Pina) 44.3, Gunn (Paul, Uddenberg, Bowden, Lucas) 44.3, Carlmont (G. Norris, Dodgen, Schmidt, Baker) 44.4.

120 HH — Dave Bagshaw (G) 14.6, Dave Eshelman (G) 14.9, Ernie Fuller (R) 15.0, Chuck Hitt (G) 15.1, Rob Solari (SC) 15.3, Gene Davis (SC) 15.4, Cezar Oravillo (S) 2:03.0.

880 — Hans Templeman (Ca) 1:58.8, Ken White (SC) 2:00.9, Roark Mulligan (Ca) 2:01.7, Don Meub (M) 2:02.2, Dale Krebs (G) 2:02.5, Matt Phillippe (SC) 2:03.0, Scott Carvey (Ca) 2:03.0.

100 — Ernie Reese (M) 9.9, Staffan Stukat (W) 9.9, Ed Johnson (R) 10.0, Eric Uddenberg (G) 10.0, Julian Lucas (G) 10.1, Dave Pina (SC) 10.2, Gary O'Neill (S) 10.3, Gary Norris (Ca) 10.3, Chris Fleming (Cu) 10.3.

440 — Lucas (G) 50.4, Meub (M) 51.6, James Shirley (R) 51.7, Tom Lynn (G) 51.9, Lee Baker (Ca) 52.1, Parker White (W) 52.3.

2 mile — Templeman (Ca) 9:33.6, Steve Miller (Ca) 9:39.9, Donn Wells (W) 9:44.3, Carvey (Ca) 9:52.0, Russ Black (Ca) 9:53.8, Bryan Giesler (SC) 9:57.0.

180 LH — Bagshaw (G) 19.8, Lucas (G) 19.8, Davis (SC) 20.0, Ken Murphy (M) 20.2, Steve Fischer (W) 20.3, Solari (SC) 20.3.

220 — Reese (M) 22.2, Bob Paul (G) 22.8, Baker (Ca) 23.1, G. Norris (Ca) 23.1, Fleming (Cu) 23.3, Jim Bedell (W) 23.3, Tom Burke (W) 23.3.

1 mile — Randy Lawson (SC) 4:25.7, Miller (Ca) 4:29.9, Templeman (Ca) 4:30.6, Carvey (Ca) 4:32.0, Ron Schloss (M) 4:32.8, Larry Regalado (Ca) 4:37.1.

1 mile relay — Gunn (Hitt, Krebs, Bagshaw, Lucas) 3:25.4, Woodside (White, Sullivan, Inama, Legg) 3:38.4, Menlo-Atherton (Meub, Schloss, Kirkman, Reese) 3:39.5, San Carlos (Lawson, Sherba, Phillippe, Anderson) 3:34.5, Carlmont (Mulligan, Dodge, Pagola, Baker) 3:35.3, Cubberley 3:36.5.

Shot put — Jack Young (W) 52.2, Mark Langley (SC) 51.2, Tom Douglas (SC) 48.5 1/2, Joe Wright (G) 48.1, Bill Long (M) 47-10, Bill Irwin (SC) 47-6.

Discus — Steve Bushnell (PA) 168-11, Irwin (SC) 160-7, Young (W) 152-4, Steve Buss (G) 146-7, Douglas (SC) 140-3, Doug Light (Cu) 139-9.

Pole vault — Bill Stein (G) 13-6, Tom Raasch (G) 13-0, Paul Dempster (Ca) 12-6, Jerry Holland (Ca) 12-0, Monte Ahrens (Cu) 12-0.

High jump — Ron Bosch (Seq) 6-4, Jim May (S) 6-4, Jerry Griffin (Ca) 6-2, James Washington (R) 6-2, Bagshaw (G) 6-1.

Triple jump — Mike Hughes (S) 45-7 1/2, John Silver (W) 45-0, Krebs (G) 44-10, Lucas (G) 44-8, Pina (SC) 44-6 1/2, John Bay (G) 43-9.

Long jump — Murphy (M) 23-1, Lucas (G) 22-6 1/2, Pina (SC) 22-6 1/2, Silver (W) 21-9 1/2, Krebs (G) 21-6, Jones (W) 21-3.

JUNIOR VARSITY

440 relay — Woodside (Denisevich, Murphy, Boyles Mullett) 44.9, 120 HH — Langley (SC) 16.5, 880 — Valdez (W) 2:07.1, 100 — Puckett (R) 10.2, 440 — Fuller (R) and Murphy (W) 53.5, 2 mile — Oliver (Ca) 10:19.0, 180 LH — Langley (SC) 21.2, 220 — Spencer (R) 23.0, Mile — Black (Ca) 4:48.8, Mile relay — Woodside (Thompson, Murphy, Morris, Valdez) 3:40.3.

SP — Lane (R) 46-10, Dis — Lacey (W) 134-4, HJ — Crocker (W), Sjoberg (S) and Ream (SC) 5-8, PV — Willett (Ca) 12-0, LJ — Parker (S) 20-1 1/2, TJ — Jackson (SC) 43-11 1/2.

FRESHMAN

440 rel — Carlmont (Mullins, Lennen, Avilla, Day) 46.7, 70 HH — Murphy (S) and Depanger (J) 9-6, 880 — MacMicheil (T) 2:05.7, 100 — Veal (SC) 10.4, 440 — DeMoss (S) 54.3, 2 mile — MacMicheil (T) 9:56.6, 180 LH — Murphy (S) and Depanger (J) 22.0, Mile — Miller (Ca) 4:38.6, Mile relay — Terman 3:48.2, 220 — Veal (SC) 24.0.

SP — Obershelman (T) 46-4 1/4, Dis — Tucker (SC) 122-5, HJ — Murphy (S) and Goosman (T) 5-8, PV — Lennen (C) Morgan (W) and Tseng (J) 10-6, LJ — Veal (SC) 20-2, TJ — Boyett (T) 37-9 1/2.

(COMPILED BY SPLIT LYNCH)

SPAL Track Bests

Best track marks recorded by SPAL athletes this season.

VARSITY

440 relay — Woodside (Burke, Bedell, Fischer, Mullett) 43.4, Menlo-Atherton (Everhardt, Meub, Murphy, Reese) 44.0, San Carlos (Silva, Ringleman, Davis, Pina) 44.3, Gunn (Paul, Bowden, Uddenberg, Lucas) 44.3, Carlmont (G. Norris, Dodgen, Schmidt, Baker) 44.4, Ravenswood 44.7.

120 HH — Dave Bagshaw (G) 14.6, Dave Eshelman (G) 14.9, Ernie Fuller (R) 15.0, Chuck Hitt (G) 15.1, Gene Davis (SC) 15.2, Cesar Oravillo (S) 15.2, Rob Solari (SC) 15.3.

880 — Hans Templeman (Ca) 1:58.8, Dale Krebs (G) 2:00.5, Ken White (SC) 2:00.9, Randy Lawson (SC) 2:01.4, Roark Mulligan (Ca) 2:01.7, Dan Meub (M) 2:02.2, Ron Schloss (M) 2:02.4.

100 — Ernie Reese (M) 9.9, Steffan Stukat (W) 9.9, Ed Johnson (R) 10.0, Eric Uddenberg (G) 10.0, Julian Lucas (G) 10.1, Dave Pina (SC) 10.2, Gary O'Neill (S) 10.3, Gary Norris (Ca) 10.3, Chris Fleming (Ca) 10.3.

440 — Lucas (G) 50.2, Reese (M) 51.5, Meub (M) 51.6, James Shirley (R) 51.7, Tom Lynn (G) 51.9, Lee Baker (Ca) 52.1, Parker White (W) 52.3.

2 Mile — Templeman (Ca) 9:33.6, Steve Miller (Ca) 9:39.9, Donn Wells (W) 9:44.3, Scott Carvey (Ca) 9:52.0, Noe Vigil (S) 9:53.0, Russ Black (Ca) 9:53.8, Bryan Giesler (SC) 9:57.0.

180 LH — Bagshaw (G) 19.8, Lucas (G) 19.8, Eshelman (G) 19.9, Davis (SC) 20.0, Ken Murphy (M) 20.1, Oravillo (S) 20.1, Steve Fischer (W) 20.3, Solari (SC) 20.3.

220 — Reese (M) 22.2, Johnson (R) 22.5, Lucas (G) 22.6, Bob Paul (G) 22.8, Baker (Ca) 23.1, Norris (Ca) 23.1.

Mile — Lawson (SC) 4:25.7, Miller (Ca) 4:29.9, Templeman (Ca) 4:31.2, Carvey (Ca) 4:32.0, Schloss (M) 4:32.8, Larry Regalado (Ca) 4:37.1, Peter Marks (W) 4:37.5, Lyle Thomas (Ca) 4:37.7.

Mile relay — Gunn (Hitt, Krebs, Bagshaw, Lucas) 3:25.4, Woodside (White, Sullivan, Inama, Lega) 3:28.4, Menlo-Atherton (Meub, Schloss, Kirkman, Reese) 3:29.5, San Carlos (Lawson, Sherba, Phillippe, Anderson) 3:34.5, Carlmont (Mulligan, Dodge, Pagola, Baker) 3:35.3, Cubberley 3:36.5.

Shot put — Jack Young (W) 52.2, Mark Langley (SC) 51-2/2, Steve Buss (G) 49-10, Tom Douglas (SC) 49-8, Joe Wright (G) 48-1/2.

Wright (G) 48-1, Craig McCauley (S) 47-11, Bill Long (M) 47-10, Chris Guarino (R) 47-6 1/2.

Discus — Steve Bushnell (PA) 168-11, Bill Irwin (SC) 160-7, Buss (G) 155-0, Young (W) 152-4, Douglas (SC) 140-3, Doug Light (Cu) 139-9.

Pole vault — Bill Stein (G) 13-6, Tom Raasch (G) 13-0, Paul Dempster (Ca) 12-6, Monte Ahrens (Cu) 12-6, Jerry Holland (Ca) 12-0, Chris Willett (Ca) 12-0.

High jump — Ron Bosch (S) 6-4, Jim May (S) 6-4, Jerry Griffin (Ca) 6-2, James Washington (R), Bagshaw (G) 6-1, Mark Williamson (SC) 6-0, Eshelman (G) 6-0.

Triple jump — Mike Hughes (S) 45-7 1/2, John Silver (W) 45-0, Dale Krebs (G) 44-10, Lucas (G) 44-8, Pina (SC) 44-6 1/2, John Bay (G) 44-3.

Long jump — Murphy (M) 23-1, Lucas (G) 22-6 1/2, Pina (SC) 22-6 1/4, Silver (W) 21-9 1/2, Krebs (G) 21-6, Rich Jones (W) 21-3.

JUNIOR VARSITY

440 relay — Woodside (Denisevich, Murphy, Broyles, Mullett) 44.9, 120 HH — Langley (SC) 16.5, 880 — Valdez (W) 2:07.1, 100 — Puckett (R) 10.2, 440 — Fuller (R), Grossman (SC) and Murphy (W) 53.5, 2 mile — Oliver (Ca) 10:19.0, 180 LH — Langley (SC) 21.2, 220 — Spencer (R) 23.0, Mile — Black (Ca) 4:48.8, Mile relay — Woodside (Thompson, Murphy, Morris, Valdez) 3:40.3.

SP — Lane (R) 46-10, Dis — Allan (W) 139-7, HJ — Crocker (W), Sieberg (S), Ream (SC), Dunlap (W), Fiebelkorn (SC) and Swift (M) 5-8, PV — Williett (Ca) 12-0, LJ — Parker (S) 20-1 1/2, TJ — Jackson (SC) 43-11 1/2.

FRESHMEN

440 relay — Carlmont (Mullins, Lennen, Avilla, Day) 46.7, 70 HH — Depanger (J) 9.5, 880 — MacMitchell (T) 2:03.7, 100 — Veal (SC) and Tingle (R) 10.4, 440 — DeMoss (S) 54.3, 2 mile — MacMitchell (T) 9:56.6, 180 LH — Murphy (S), Depanger (J), and Watts (T) 22.0, Mile — Miller (Ca) 4:38.6, Mile relay — Terman 3:48.2, 220 — Dodgen (Ca) 22.7, 800 — O'Neil (S) 46-11 1/2, Dis — O'bershelman (T) 125-0, HJ — Murphy (S), Goosman (T) and Farmer (W) 5-8, PV — Lennen (Ca), Morgan (W) and Tseng (J) 18-6, LJ — Veal (SC) 20-2, TJ — Gomez (T) 39-3.

(COMPILED BY
ROBERT (SPLIT) LYNCH)

Best track and field marks recorded by SPAL varsity athletes this season.

440 relay — Menlo-Atherton (Murphy, Everhardt, Kirkman, Reese) 43.0, Woodside (Burke, Bedell, Fisher, Mullett) 43.7, San Carlos (Silva, Ringleman, Davis, Pina) 44.3, Gunn (Paul, Uddenberg, Bowden, Lucas) 44.3, Carlmont (G. Norris, Dodgen, Schmidt, Baker) 44.3, Ravenswood (Shirley, Fuller, Washington, Johnson) 44.7, Sequola (Oravillo, Smith, Myers, O'Neill) 45.0.

120 HH — Dave Bagshaw (G) 14.6, Gene Davis (SC) 14.8, Dave Eshelman (G) 14.9, Ernie Fuller (R) 15.0, Chuck Hitt (G) 15.1, Rob Solari (SC) 15.1, Cesar Oravillo (S) 15.2, Dave Garlon (SC) 15.3.

880 — Hans Templeman (Ca) 1:58.8, Dale Krebs (G) 1:59.1, Matt Phillippe (SC) 2:00.9, Ken White (SC) 2:00.9, Randy Lawson (SC) 2:01.4, Roark Mulligan (Ca) 2:01.7, Dan Meub (M) 2:02.2, Ron Schloss (M) 2:02.4, Scott Carvey (Ca) 2:03.0.

100 — Ernie Reese (M) 9.9, Steffan Stukat (W) 9.9, Ed Johnson (R) 9.9, Gary Norris (Ca) 9.9, Gary O'Neill (S) 10.0, Jim Bedell (W) 10.0, Eric Uddenberg (G) 10.0, Bob Paul (G) 10.0, Lawrence Kirkman (M) 10.0, 440 — Julian Lucas (G) 49.5, Paul (G) 51.0, James Shirley (R) 51.1, Reese (M) 51.5, Meub (M) 51.6, Legg (W) 51.7, Mike Grossman (SC) 51.7, Lee Baker (Ca) 51.8, Tom Lynn (G) 51.9, Vance Anderson (SC) 51.9.

2 mile — Templeman (Ca) 9:33.6, Steve Miller (Ca) 9:39.9, Donn Wells (W) 9:43.6, Lawson (SC) 9:44.0, Bryan Giesler (SC) 9:51.1, Scott Carvey (Ca) 9:52.0, Noe Vigil (S) 9:53.0, Russ Black (Ca) 9:53.8.

180 LH — Ken Murphy (M) 19.6, Steve Fischer (W) 19.7, Bagshaw (G) 19.8, Lucas (G) 19.8, Davis (SC) 19.9, Eshelman (G) 19.9, Oravillo (S) 20.1, Solari (SC) 20.3, Garlon (SC) 20.3.

220 — Reese (M) 22.2, Bedell (W) 22.2, Baker (Ca) 22.3, Johnson (R) 22.5, Lucas (G) 22.6, Paul (G) 22.7, Dave Pina (SC) 22.7, O'Neill (S) 22.7.

Mile — Lawson (SC) 4:25.7, Miller (Ca) 4:28.5, Templeman (Ca) 4:31.2, Carvey (Ca) 4:32.0, Schloss (M) 4:32.8, Peter Marks (W) 4:33.7, Larry Regalado (Ca) 4:37.1, Lyle Thomas (Ca) 4:37.7.

Mile relay — Gunn (Paul, Bagshaw, Krebs, Lucas) 3:23.9, Woodside (White, Sullivan, Inama, Legg) 3:28.4, Menlo-Atherton (Meub, Schloss, Kirkman, Reese) 3:29.5, San Carlos (Phillippe, Pina, Grossman, Anderson) 3:30.1, Carlmont (Mulligan, Dodge, Pagola, Baker) 3:31.7, Cubberley 3:36.5.

Shot put — Jack Young (W) 52-5/2, Mark Langley (SC) 51-2/2, Tom Douglas (SC) 51-0/2, Bill Irwin (SC) 50-3/4, Steve Buss (G) 49-10, Chris Guarino (R) 48-8 1/4, Bill Long (M) 48-4 1/2, Joe Wright (G) 48-1.

Discus — Steve Bushnell (PA) 168-11, Irwin (SC) 160-7, Buss (G) 155-0, Young (W) 152-4, Davis (SC) 151-2, Douglas (SC) 146-7, Doug Light (Cu) 139-9, Jeff Farmer (Ca) 138-0.

Pole vault — Bill Stein (G) 13-6, Tom Raasch (G) 13-0, Paul Dempster (Ca) 12-6, Monte Ahrens (Cu) 12-6, Jerry Holland (Ca) 12-6, Chris Willett (Ca) 12-6, Rob Shibata (M) 12-6.

High jump — Ron Bosch (S) 6-4, Jim May (S) 6-4, Jerry Griffin (Ca) 6-2, James Washington (R) 6-2, Bagshaw (G) 6-1, Oravillo (S) 6-0 1/4, Greg Patrick (Se) 6-0 1/4, Gene Johnson (M) 6-0 1/4, Mike Hall (Ca) 6-0 1/4.

Long jump — Murphy (M) 23-9, Lucas (G) 23-1, Pina (SC) 22-6 1/2, Mike Hughes (S) 21-11 1/2, John Silver (W) 21-9, Krebs (G) 21-6, Ernie Fuller (R) 21-4, Rich Jones (W) 21-3.

Triple jump — Krebs (G) 47-5 1/4, Hughes (S) 47-5, Mike Hall (Ca) 46-0, Austin (PA) 45-2 1/2, Silver (W) 45-0, Lucas (G) 44-8, Pina (SC) 44-6 1/2, Bay (G) 44-3.

Final 1970 SPAL Track Bests

Varsity

440 Relay — Menlo-Atherton (Everhardt, Murphy, Kirkman, Reese) 42.6, Woodside (Burke, Bedell, Fischer, Arnstein) 43.2, Ravenswood (Shirley, Fuller, Washington, Johnson) 43.6, Gunn (Chadwell, Bowden, Paul, Uddenberg) 43.9, Sequola (Oravillo, Smith, Myers, O'Neill) 44.0, San Carlos (Silva, Ringleman, Davis, Pina) 44.3, Carlmont (Norris, Dodgen, Schmidt, Baker) 44.3.

120 HH — Dave Eshelman (G) 14.5, Dave Bagshaw (G) 14.6, Gene Davis (SC) 14.8, Rich Jones (W) 14.9, Chuck Hitt (G) 14.9, Cesar Oravillo (S) 15.0, Ernie Fuller (R) 15.0.

880 — Hans Templeman (Ca) 1:58.8, Matt Phillippe (SC) 1:58.8, Dale Krebs (G) 1:59.1, Ken White (SC) 2:00.9, Roark Mulligan (Ca) 2:01.3, Randy Lawson (SC) 2:01.4, Dan Meub (M) 2:02.2, Ron Schloss 2:02.4, Mike Sullivan (W) 2:02.7.

100 — Ernie Reese (M) 9.9, Steffan Stukat (W) 9.9, Ed Johnson (R) 9.9, Gary Norris (Ca) 9.9, Gary O'Neill (S) 10.0, Jim Bedell (W) 10.0, Eric Uddenberg (G) 10.0, Bob Paul (G) 10.0, Lawrence Kirkman (M) 10.0.

440 — Julian Lucas (G) 48.3, James Shirley (R) 49.7, Paul (G) 49.8, Dave Legg (W) 51.0, Vance Anderson (SC) 51.3, Meub (M) 51.6, Mike Grossman (SC) 51.7, Lee Baker (Ca) 51.8.

180 LH — Lucas (G) 18.9, Ken Murphy (M) 19.3, Steve Fischer (W) 19.3, Eshelman (G) 19.6, Oravillo (S) 19.7, Jones (W) 19.7, Bagshaw (G) 19.8, Dave Garlon (SC) 19.8.

220 — Reese (M) 22.0, Bedell (W) 22.2, Baker (Ca) 22.3, Paul (G) 22.4, Johnson (R) 22.5, Lucas (G) 22.6, O'Neill (S) 22.6.

Mile — Lawson (SC) 4:25.6, Steve Miller (Ca) 4:28.5, Templeman (Ca) 4:31.2, Scott Carvey (Ca) 4:32.0, Schloss (M) 4:32.8, Peter Marks (W) 4:33.7, Dave Levitsky (Cu) 4:35.0, Lyle Thomas (Ca) 4:36.2.

2 Mile — Templeman (Ca) 9:31.3, Donn Wells (W) 9:33.5, Miller (Ca) 9:39.9, Lawson (SC) 9:44.0, Bryan Giesler (SC) 9:51.1, Carvey (Ca) 9:52.0, Noe Vigil (S) 9:53.0, Russ Black (Ca) 9:53.8.

Mile Relay — Gunn (Paul, Krebs, Bagshaw, Lucas) 3:19.6, Woodside (White, Sullivan, Legg, Inama) 3:26.7, Ravenswood (Fuller, Washington, Spencer, Shirley) 3:26.9, Menlo-Atherton (Meub, Murphy, Johnson, Reese) 3:28.0, San Carlos (Phillippe, Pina, Grossman, Anderson) 3:30.1, Carlmont (Mulligan, Dodge, Pagola, Baker) 3:31.7.

Shot Put — Jack Young (W) 52-5/2, Mark Langley (SC) 51-2/2, Tom Douglas (SC) 51-0/2, Bill Irwin (SC) 50-3/4, Steve Buss (G) 49-10, Joe Wright (G) 49-1, Chris Guarino (R) 48-8 1/4, Davis (Cu) 48-5 1/2, Bill Long (M) 48-4 1/2, Dave Price (W) 48-4.

Discus — Steve Bushnell (PA) 168-11, Irwin (SC) 160-7, Buss (G) 156-4, Young (W) 152-4, Davis (SC) 151-2, John Baggs (W) 149-10, Douglas (SC) 146-7, Wright (G) 144-0, Doug Light (Cu) 139-9.

Pole Vault — Bill Stein (G) 13-6, Tom Raasch (G) 13-6, Paul Dempster (Ca) 13-0, Monte Ahrens (Cu) 12-6, Jerry Holland (Ca) 12-6, Chris Willett (Ca) 12-6, Rob Shibata (M) 12-6, Jeff Jennings (M) 12-6.

High Jump — Ron Bosch (S) 6-6, Jim May (S) 6-6, Jerry Griffin (Ca) 6-2, James Washington (R) 6-2, Bagshaw (G) 6-2, Mark Williamson (SC) 6-0, Eshelman (G) 6-0.

Long Jump — Murphy (M) 23-9, Lucas (G) 23-1, Pina (SC) 22-6 1/2, Mike Hughes (S) 21-11 1/2, John Silver (W) 21-9, Krebs (G) 21-6, Ernie Fuller (R) 21-4, Rich Jones (W) 21-3.

(G) 23-3/2, Johnson (R) 23-0 1/2, Pina (SC) 22-6 1/4, Gene Johnson (M) 22-3 1/2, Mike Hughes (S) 21-11 1/2, Krebs (G) 21-11, John Silver (W) 21-9, Kirkman (M) 21-6, Ernie Fuller (R) 21-4, Rich Jones (W) 21-3.

Triple Jump — Krebs (G) 47-5 1/4, Hughes (S) 47-5, Mike Hall (Ca) 46-0, Austin (PA) 45-2 1/2, Silver (W) 45-0, Lucas (G) 44-8, Pina (SC) 44-6 1/2, Bay (G) 44-3.

440 relay — Woodside (Denisevich, Murphy, Broyles, Mullett) 44.9; 120 HH — Jamison (G) 16.9; 880 — Valdez (W) 09.4; 100 — Mullett 10.3; 440 — Fuller (W) 53.5; 2 mile — Oliver (Ca) 47.0; 80 LH — Broyles (W) 21.7; 220 — Mullett (W) 23.6; Mile — Black (Ca) 48.8; Mile relay — Woodside (Fuller, Valdez, Morris, Murphy) 3:42.9; SP — Hoffman (M) 45-6; Dis — Wagstaff (Cu) 3-0; PV — Willett (Ca) 12-0; HJ — Crocker (W) 5-8; LJ — Parker (S) 19-½; TJ — Kock (G) 39-3½.

FRESHMAN

440 relay — Carlmont (Mullins, Lennon, Avila, Day) 47.1; 70 HH — Murphy (S) 10.0; 880 D. Carvey (Ca) 2:13.5; 100 — Veal (SC) and Dodgen (Ca) 10.6; 440 — DeMoss (S) 54.3; 2 mile — Cattarin (Ca) 10:25.0; 180 LH — Murphy (S) 2.0; 220 — Veal (SC) 24.0 Mile — Yeo (SC) 4:44.5; Mile relay — Menlo-Atherton 3:56.5; SP — Krigeam (S) 45-6½; Dis — Abbott (W) 112-8; LJ — Veal (SC) 20-½; TJ — Tondino (M) 37-4; HJ — Murphy (S) 5-6.

n-nonwinning mark.

Marks compiled by Bob (Split) Lynch.

Junior Varsity

440 Relay — Ravenswood (Ray, Augman, Puckett, Spencer) 44.4. 120 HH — Oravillo (S) 15.4. 880 — Bay (G) 2:00.2. 100 — Spencer (R) 10.0. 440 — Lynn (G) 51.4. 2 Mile — Vigil (S) 10:09.3. 180 LH — Oravillo (S) 19.9. 220 — Wiley (W) 22.8. Mile — Patrick (S) 4:41.5. Mile Relay — Woodside (Fuller, Morris, Murphy, Wiley) 3:33.6.

SP — Grima (W) 43-10½. Dis — Allan (W) 139-7. HJ — Patrick (S), Crocker (W), Sjöberg (S), and Oravillo (S) 6-0¼. PV — Willett (Ca) 13-5. LJ — Jackson (SC) 22-2½. TJ — Jackson (SC) 43-11½.

Freshman

440 Relay — Carlmont (Mullins, Lennon, Avila, Dodgen) 45.2. 70 HH — Depangher (J) 8.9. 880 — MacMitchell (T) 2:05.7. 100 — Dodgen (Ca) 10.2. 440 — Phillips (SC) and Guerra (S) 54.0. 2 Mile — Yeo (SC) 9:56.3. 180 LH — Murphy (S) and Depangher (J) 21.8. Mile — Miller (Ca) 4:24.0. Mile Relay — Sequoia (Murphy, Stock, DeMoss, Guerra) 3:44.5. 220 — Veal (SC) 23.6.

SP — Obershelman (T) 48-10¼. Dis — Tucker (SC) 128-11. HJ — Orr (W) and Farmer (W) 5-9. PV — Lennon (Ca) 12-3. LJ — Veal (SC) 20-2. TJ — Boyette (J) 39.7.

Final 1970

SPAL Track Bests

440 relay — Woodside (Denisevich, Murphy, Mullett, Broyles) 44.9; 120 HH — Jamison (G) Langley (SC) and Hensel (S) 16.9; 880 — Kelley (W) 2:08.1; 100 — Puckett (R) 10.2; 440 — Fuller (W) 53.5; 2 mile — Richter (SC) 10:28.2; 180 LH — Broyles (W) 21.7; 220 Spencer (R) 23.0; Mile — Black (Ca) 4:48.8; Mile rel — Ravenswood 3:42.2; SP — Cox (Ca) 43-8; Dis — Wagstaff (Cu) 123-0; PV — Willett (Ca) 12-0; HJ — Sjöberg (S) and Crocker (W) 5-8; LJ — Parker (Se) 20-1½; TJ — Hill (R) 41-2.

FRESHMAN

440 rel — Carlmont (Mullins, Lennon, Avila, Day) 47.1; 70 HH — Gomez (T) and Beonza (J) 9.9; 880 — MacMitchell (T) 2:05.7; 180 LH — Murphy (S) and Beonza (J) 22.0; 100 — Veal (SC) and Dodgen (Ca) 10.6; 440 — DeMoss (S) 54.3; 2 mile — MacMitchell (T) 4:43.5; Mile rel — Terman 3:48.4; LJ — Veal (SC) 20-2; HJ — Murphy (S) and Goosman (T) 5-8; Dis — Obershelman (T) 121-5; SP — Obershelman (T) 46-4; PV — Mullins (SC), Bay (T) and Morgan (W) 10-0; TJ — Boyett (J) 37-9½.

(Compiled by Split Lynch)

Best SPAL Track Times

The best times and distances recorded this season by SPAL track performers:

VARSITY

440 relay — Woodside (Burke, Bedell, Fisher, Mullett) 43.9, Menlo-Atherton (Everhardt, Meub, Murphy, Reese) 44.0, Carlmont (G. Norris, Dodgen, Schmidt, Butler) 44.4, Gunn (Paul, Udenberg, Chadwell, Lucas) 44.6, Sequoia (Oravillo, Smith, Meyers, O'Neill) 45.0.
120 HH — Dave Bagshaw (G) 14.8,

Rob Solari (SC) 15.7, Rich Jones (W) 15.8, Mike Hughes (S) 15.9.

880 — Hans Templeman (Ca) 1:58.8, Roark Mulligan (Ca) 2:01.7n, Dale Krebs (G) 2:02.5, Matt Phillippe (SC) 2:03.0, Steve Miller (Ca) 2:04.0, Chris Inama (W) 2:04.6.

100 — Stephan Stukat (W) 9.9, Ernie Reese (M) 10.1, Dave Pina (SC) 10.2, Gary O'Neill (S) 10.3, Gary Norris (Ca) 10.3, Chris Fleming (Ca) 13.3n.

440 — Dan Meub (M) 51.6n, James Shirley (R) 51.7, Lee Baker (Ca) 52.3, Dave Legg (W) 52.4, Reese (M) 52.

2 mile — Templeman (Ca) 9:33.6, Miller (Ca) 9:39.9n, Scott Carvey (Ca) 9:52.0, Russ Black (Ca) 10:03.3n, Donn Wells (W) 10:11.6.

180 LH — Bagshaw (G) 19.8, Julian Lucas (G) 19.9, Ken Murphy (M) 20.1, Jones (W) 20.4, Steve Fischer (W) 20.4.

220 — Reese (M) 22.2, Bob Paul (G) 22.8, Baker (Ca) 23.1, Fleming (Cu) 23.3, Tom Burke (W) 23.4n.

Mile — Templeman (Ca) 4:32.3, Ron Schloss (M) 4:32.8n, Randy Lawson (SC) 4:33.6, Larry Regalado (Ca) 4:37.1, Ralph Furnari (Ca) 4:37.5, Peter Marks (W) 4:37.5n, Lyle Thomas (Ca) 4:37.7n.

Mile relay — Woodside (White, Sullivan, Inama, Legg) 3:30.6, Gunn (Bowden, Krebs, Bay, Bagshaw) 3:33.2, San Carlos (Gomes, Sherba, Phillippe, Anderson) 3:39.2, Menlo-Atherton (Meneweather, Stern, Everhardt, Meub) 3:39.5, Carlmont (Regalado, Miller, Furnari, Schmidt) 3:40.4.

SP — Jack Young (W) 51-6, Mark Langley (SC) 48-6, Bill Long (M) 46-2, Reese (M) 44-11n.

Dis — Steve Bushnell (P) 160-11, Bill Irwin (SC) 160-7n, Young (W) 151-9, Ken Light (Cu) 139-9.

PV — Bill Stein (G) 13-6, Tom Raasch (G) 12-6, Jerry Holland (Ca) 12-0n, Monte Ahrens (Cu) 12-0, Bob Patch (W) 11-7½.

HJ — Ron Bosch (S) 6-4, Jim May (W) 6-2n, Jerry Griffin (Ca) 5-10, Cezar Oravillo (S) 5-10n, Greg Patrick (S) 5-10n.

LJ — Murphy (M) 23-1, Luca (G) 22-6½, John Silver (W) 21-9½n, Jones (W) 21-3, Griffin (Ca) 20-3.

TJ — Hughes (S) 45-7½, Lucas (G) 44-8, Murphy (M) 43-2¼, Silver (W) 42-6.

JUNIOR VARSITY

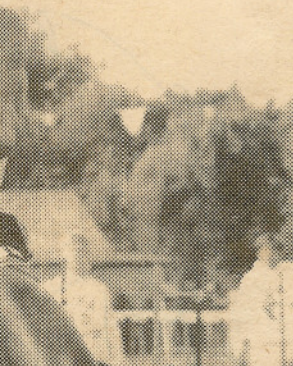
440 relay — Woodside (Denisevich, Murphy, Broyles, Mullett) 44.9; 120 HH — Jamison (G) 16.9; 880 — Valdez (W) 2:09.4; 100 — Mullett 10.3; 440 — Fuller (W) 53.5; 2 mile — Oliver (Ca) 10:47.0; 80 LH — Broyles (W) 21.7; 220 — Mullett (W) 23.6; Mile — Black (Ca) 4:48.8; Mile relay — Woodside (Fuller, Valdez, Morris, Murphy) 3:42.9; SP — Hoffman (M) 45-6; Dis — Wagstaff (Cu) 123-0; PV — Willett (Ca) 12-0; HJ — Crocker (W) 5-8; LJ — Parker (S) 19-5½; TJ — Kock (G) 39-3½.

FRESHMAN

440 relay — Carlmont (Mullins, Lennon, Avila, Day) 47.1; 70 HH — Murphy (S) 10.0; 880 D. Carvey (Ca) 2:13.5; 100 — Veal (SC) and Dodgen (Ca) 10.6; 440 — DeMoss (S) 54.3; 2 mile — Cattarin (Ca) 10:25.0; 180 LH — Murphy (S) 22.0; 220 — Veal (SC) 24.0 Mile — Yeo (SC) 4:44.5; Mile relay — Menlo-Atherton 3:56.5; SP — Krigeam (S) 45-6½; Dis — Abbot (W) 112-8; LJ — Veal (SC) 20-2; TJ — Tondino (M) 37-4; HJ — Murphy (S) 5-6.

n-nonwinning mark.

Marks compiled by Bob (Split) Lynch.



ple-jump

undefeated

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le by Doug Yost, with
,1. If M-A is to e-
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every JV team member
ave to come up with
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remaining should be close,
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freshman meet against
Junior High was perhaps
st exciting of the day.
me out on top by a score
66. The victory came
win in the mile relay,
st event of the day,
ing M-A 5 points. How-
freshmen times were com-

SPAL Track Bests

Best track marks recorded by SPAL athletes this season.

VARSITY

440 relay — Woodside (Burke, Bedell, Fischer, Mullett) 43.4, Menlo-Atherton (Everheardt, Meub, Murphy, Reese) 44.0, San Carlos (Silva, Ringleman, Davis, Pina) 44.3, Gunn (Paul, Bowden, Uddenberg, Lucas) 44.3, Carlmont (G. Norris, Dodgen, Schmidt, Baker) 44.4, Ravenswood 44.7.

120 HH — Dave Bagshaw (G) 14.6, Dave Eshelman (G) 14.9, Ernie Fuller (R) 15.0, Chuck Hitt (G) 15.1, Gene Davis (SC) 15.2, Cezar Oravillo (S) 15.2, Rob Solari (SC) 15.3.

880 — Hans Templeman (Ca) 1:58.8, Dale Krebs (G) 2:00.5, Ken White (SC) 2:00.9, Randy Lawson (SC) 2:01.4, Roark Mulligan (Ca) 2:01.7, Dan Meub (M) 2:02.2, Ron Schloss (M) 2:02.4.

100 — Ernie Reese (M) 9.9, Steffan Stukat (W) 9.9, Ed Johnson (R) 10.0, Eric Uddenberg (G) 10.0, Julian Lucas (G) 10.1, Dave Pina (SC) 10.2, Gary O'Neill (S) 10.3, Gary Norris (Ca) 10.3, Chris Fleming (Cu) 10.3.

440 — Lucas (G) 50.2, Reese (M) 51.5, Meub (M) 51.6, James Shirley (R) 51.7, Tom Lynn (G) 51.9, Lee Baker (Ca) 52.1, Parker White (W) 52.3.

2 Mile — Templeman (Ca) 9:33.6, Steve Miller (Ca) 9:39.9, Donn Wells (W) 9:44.3, Scott Carvey (Ca) 9:52.0, Noe Vigil (S) 9:53.0, Russ Black (Ca) 9:53.8, Bryan Gelser (SC) 9:57.0.

180 LH — Bagshaw (G) 19.8, Lucas (G) 19.8, Eshelman (G) 19.9, Davis (SC) 20.0, Ken Murphy (M) 20.1, Oravillo (S) 20.1, Steve Fischer (W) 20.3, Solari (SC) 20.3.

220 — Reese (M) 22.2, Johnson (R) 22.5, Lucas (G) 22.6, Bob Paul (G) 22.8, Baker (Ca) 23.1, Norris (Ca) 23.1.

1 Mile — Lawson (SC) 4:25.7, Miller (Ca) 4:29.9, Templeman (Ca) 4:31.2, Carvey (Ca) 4:32.0, Schloss (M) 4:32.8, Larry Regalado (Ca) 4:37.1, Peter Marks (W) 4:37.5, Lyle Thomas (Ca) 4:37.7.

1 Mile relay — Gunn (Hitt, Krebs, Bagshaw, Lucas) 3:25.4, Woodside (White, Sullivan, Inama, Legg) 3:28.4, Menlo-Atherton (Meub, Schloss, Kirkman, Reese) 3:29.5, San Carlos (Lawson, Sherba, Phillippe, Anderson) 3:34.5, Carlmont (Mulligan, Dodge, Pagola, Baker) 3:35.3, Cubberley 3:36.5.

Shot put — Jack Young (W) 52-2, Mark Langley (SC) 51-2½, Steve Buss (G) 49-10, Tom Douglas (SC) 49-8, Joe

Wright (G) 48-1, Craig McCauley (S) 47-11, Bill Long (M) 47-10, Chris Guarino (R) 47-6¼.

Discus — Steve Bushnell (PA) 168-11, Bill Irwin (SC) 160-7, Buss (G) 155-0, Young (W) 152-4, Douglas (SC) 140-3, Doug Light (Cu) 139-9.

Pole vault — Bill Stein (G) 13-6, Tom Raasch (G) 13-0, Paul Dempster (Ca) 12-6, Monte Aherns (Cu) 12-6, Jerry Holland (Ca) 12-0, Chris Willett (Ca) 12-0.

High jump — Ron Bosch (S) 6-4, Jim May (S) 6-4, Jerry Griffin (Ca) 6-2, James Washington (R), Bagshaw (G) 6-1, Mark Wilmarth (SC) 6-0, Eshelman (G) 6-0.

Triple jump — Mike Hughes (S) 45-7½, John Silver (W) 45-0, Dale Krebs (G) 44-10, Lucas (G) 44-8, Pina (SC) 44-6½, John Bay (G) 44-3.

Long jump — Murphy (M) 23-1, Lucas (G) 22-6½, Pina (SC) 22-6¼, Silver (W) 21-9½, Krebs (G) 21-6, Rich Jones (W) 21-3.

JUNIOR VARSITY

440 relay — Woodside (Denisevich, Murphy, Broyles, Mullett) 44.9, 120 HH — Langley (SC) 16.5, 880 — Valdez (W) 2:07.1, 100 — Puckett (R) 10.2, 440 — Fuller (R), Grossman (SC) and Murphy (W) 53.5, 2 mile — Oliver (Ca) 10:19.0, 180 LH — Langley (SC) 21.2, 220 — Spencer (R) 23.0, Mile — Black (Ca) 4:48.8, Mile relay — Woodside (Thompson, Murphy, Morris, Valdez) 3:40.3.

SP — Lane (R) 46-10, Dis — Allan (W) 139-7, HJ — Crocker (W), Sjöberg (S), Ream (SC), Dunlap (W), Fiebelkorn (SC) and Swift (M) 5-8, PV — Williett (Ca) 12-0, LJ — Parker (S) 20-1½, TJ — Jackson (SC) 43-11½.

FRESHMEN

440 relay — Carlmont (Mullins, Lennen, Avilla, Day) 46.7, 70 HH — Depanger (J) 9.5, 880 — MacMitchell (T) 2:05.7, 100 — Veal (SC) and Tingle (R) 10.4, 440 — DeMoss (S) 54.3, 2 mile — MacMitchell (T) 9:56.6, 180 LH — Murphy (S), Depanger (J), and Watts (T) 22.0, Mile — Miller (Ca) 4:38.6, Mile relay — Terman (SC) 3:48.2, 220 — Dodgen (Ca) 23.7.

SP — Obershelman (T) 46-11½, Dis — Obershelman (T) 125-0, HJ — Murphy (S), Goosman (T) and Farmer (W) 5-8, PV — Lennen (Ca), Morgan (W) and Tseng (J) 10-6, LJ — Veal (SC) 20-2; TJ — Gomez (T) 39-3.

(COMPILED BY
ROBERT (SPLIT) LYNCH)