

AGENDA SPAL TRACK COACHES MEETING

1. Establishment of a coaches review board to handle protests
2. Starting height for frosh pole vault in SPAL dual meets
3. throwing out of rule for District and SPAL finals for competing in finals at last
height made by qualifiers in the trials of the high jump and pole vault.
4. Consideration of return of frosh - soph- varsity - divisions for the SPAL meet. (3 div.)
5. Consideration of limiting outstanding varsity athletes from competing on J.V.'s at the district meet.
6. Recommendations of coaches as to who are the preferred referee-starters for next year's dual meets.
7. SPAL relays. When? Meet manager? Finances? Night meet?
8. In case of a tie in the field events in the trials for District, SPAL, Region, the second best throw should not separate who gets into the finals. Both boys should be sent to the finals. The J.C.'s send both boys on.
9. Establishment of an SPAL track decathlon. Can be held the same week as the state meet.
10. Holding up of medals in District and SPAL meet until films indicate correct placers in protested races.

of
Minutes of SPAL Track Meeting

Thursday, May 22, 1969

Schools Present: Woodside, Carlmont, Ravenswood, Menlo-Atherton, Palo Alto, Sequoia, San Carlos, Cubberley. Absent: Gunn, Terman, Wilbur, Jordan

1. A Motion was passed that we abide strictly by the National Track Federation Rule Book & the CCS Rules in all our track meets. 6 votes for; 1 against. Sequoia not present.
2. A motion was passed that the rule on page 7 section 8 be applied strictly to track meets. A letter will be sent to Paul Hannig and the Board of Managers stating how the track coaches voted. (The motion referred to the rule stating that if an ineligible member competes then the school forfeits the meet). Passed 6-2. Sequoia and Ravenswood abstained.
3. A motion was passed that the SPAL go to Varsity, Fresh-Soph-B; Freshmen for the 1970 season. This will be taken to the Coaches Executive Council in the Fall.
Passed 8-0.
4. The possibility of eliminating trials for the District and SPAL MEETS was tabled until our Fall meeting.
5. The possibility of changing starting Heights for finals was also tabled until fall meeting.
6. In District and SPAL MEETS runners cannot be scratched out of races and put into relays.
Passed 8-0.
In the future seeding will be done strictly on time unless the time is the same. Then we go by who beats whom. Al Smith made the statement that "some guys go out to win while other guys win anyway."
8. A statement as to the reason for seeding was tabled until the fall.
9. All entrants must be signed up for a field event before it starts. No late sign ups.
10. Starters are to be reminded to watch races for fouls.
11. A motion was passed 8-0 for Plato to write a letter to the P.A. Times on poor track coverage.
12. Triple Jump take-off marks shall be standardized as follows: 8" wide; Varsity 35 ft. from pit; F&S 29 ft. from pit. A boy ~~may~~ may jump from the other mark only if he notifies official before.
13. Moving up and down during dual meets will remain same. 5-4 vote.

SPAL TRACK COACHES MEETING, Thurs., May 22, 1969

Agenda

1. Should all meets be governed strictly by the rule book? Which rule book? *yes*
2. Recommendation by SPAL coaches on Paul Meyers incident. *Team forfeits meet*
3. What divisions do we want for our league next year? (V, FS, ~~AF~~, F ~~etc.~~)
Same rule can't move down on 4th meet
4. Possibility of eliminating trials for SPAL and District Meets?
Tabled
5. Change rules for starting heights at finals?
Tabled
6. Can SPAL trials and finals be two separate meets? Can runners be scratched out of races and be put into relays?
Tabled
7. Should seeding be done on season records as well as times? *Times unless there is a tie*
8. We need a statement as to the reason for seeding.
Tabled
9. We need a statement on late field event sign ups for dual meets.
when event starts
10. Do we need to clarify starters role as observer of fouls during races? Some starters do not watch races.
yes
11. Coaches letter to Palo Alto Times on poor track coverage?
yes. I write letter
12. *frosh* pole vault in dual meets?
13. Standardize triple jump take off marks in league.
29 + 35
14. Have starters at meets 15 minutes before it starts.
15. Can District's marks influence SPAL seeding?
yes
16. Up and down movement of athletes (see # 3).
17. *Not using CSAs again*