

HELMS ATHLETIC FOUNDATION
SOUTHERN CALIFORNIA HIGH SCHOOL
TRACK AND FIELD RECORD

1 9 5 7 S E A S O N

TWENTY-FIRST ANNUAL EDITION

RESPECTFULLY DEDICATED TO

MAXWELL STILES

Regarded one of the world's foremost Track & Field authorities, Maxwell Stiles has been writing sports for Los Angeles newspapers for thirty-one years, since 1921. However, his newspaper career dates back to 1918.

After attending University of Southern California, Max Stiles turned his attention to the field of journalism. While he has covered all sports; his 'first love' has been Track & Field. His writings, down through the years, have featured the performances of world renowned athletes. However, Max has always been mindful of the young athletes in prep school ranks, and he has generously given them their fair share of praise in his articles in the Los Angeles Examiner, Long Beach Press-Telegram, and, now, the Los Angeles Mirror-News.

The encouragement which Max Stiles has given to many young athletes, in his writings, has inspired them, and has spurred them on to greater heights in the years that followed. Max Stiles, incidentally, was a member of the Helms Athletic Foundation's original All Southern California Board of Athletics, in 1937.

HELMS ATHLETIC FOUNDATION

Helms Hall, Los Angeles

PAUL H. HELMS, JR.

President

This twenty-first annual Southern California Track and Field Record Book is issued each year by Helms Athletic Foundation in the interest of high school athletics. It lists outstanding performances and records established by Southern California Track and Field athletes during the 1957 season. Five hundred record books are prepared and distributed by Helms Athletic Foundation each season.

Material gathered in this booklet has been obtained from sources believed to be reliable. Information has been provided by high school coaches, sports editors of student newspapers, as well as from Southern California newspapers.

This record book, as all other books of a similar nature, is prepared by Helms Athletic Foundation under the supervision of W.R. Bill Schroeder, Managing Director. It is distributed without charge to high schools, colleges, press, radio, television, athletic coaches and officials.

Helms Athletic Foundation, with offices in Helms Hall, Los Angeles, is sponsored by Paul H. Helms, Jr. The Foundation was established in 1936, with one of its main functions the recording of athletic achievements of athletes in all sports and all divisions.

This 21st Annual Track and Field Record Book contains best marks of Los Angeles City and C.I.F. Track and Field athletes over the past years, past City and C.I.F. Championship teams and present city, state and national interscholastic track and field marks.

There is also listed track and field athletes of the year, for both Los Angeles and C.I.F., selections which have been made by All-Southern California Board of Athletics since 1937. These athletes have their names engraved upon the Paul H. Helms Trophy which is lodged in Helms Hall.

Helms Athletic Foundation thanks Dick Bank for his most valuable help in supplying best times and marks for the 1957 season.

TIM ROELEN (SAN FERNANDO), PRESTON GRIFFIN (CENTENNIAL), CLARK BRANSON (PASADENA), NAMED '57 TRACK & FIELD ATHLETES OF YEAR

Co-Athletes of the Year were named in C.I.F. Track and Field for 1957 -- Clark Branson of Pasadena and Preston Griffin of Centennial -- and Tim Roelen of San Fernando was named Los Angeles City High School's best when All-Southern California Board of Athletics made its annual selections.

Tim Roelen was winner of the Los Angeles City mile run title in record breaking time of 4:22.3. This was more than a full second under the previous mile mark of 4:23.5 set by Robert Rye of Eagle Rock last season. Roelen also won the California State mile title in 4:20.2, just two tenths off the state mark held by Tod White of Newport Harbor.

Preston Griffin, senior sprinter from Centennial High School, was a double winner in both C.I.F. Southern Section competition and state finals. He finished in a dead heat with Roscoe Cook of San Diego in the C.I.F. 100-yard dash in 9.4 seconds, which ties the national record and then ran a 20.3 in the 220, only to have it disallowed because of wind. Preston won the state meet 100 and 220 in 9.6 and 21.3.

Co-C.I.F. award winner along with Griffin is Clark Branson, new national interscholastic record holder in the shot put. Branson won the C.I.F. title with a pitch of 62' 5 $\frac{1}{4}$ ", bettering Homer Robertson's mark (61' 10 $\frac{1}{4}$ ") of last year and took the state gold medal with a national mark of 64' 3 $\frac{1}{4}$ ". Robertson held the old mark of 63' 9 $\frac{1}{2}$ ".

Tim Roelen was coached by Johnny Wachtler, Preston Griffin by William Gill, and Clark Branson by Richard Simmons. This marks the first year that a San Fernando High School athlete has been named for athlete of the year honors.

Southern California High School Track & Field Athletes of the Year -- Tim Roelen of San Fernando, Centennial High's Preston Griffin, and Clark Branson of Pasadena -- will have their names engraved upon the Paul H. Helms Trophy which is lodged permanently in Helms Hall, in the High School Hall of Fame chamber.

Tim Roelen will also have his name engraved upon the Fred W. Kelly Trophy, while Clark Branson and Preston Griffin will have their names inscribed upon the Charles W. Paddock Memorial Trophy, both of which are lodged in Helms Hall.

Selection of Roelen, Branson and Griffin was made by All-So. Calif. Board of Athletics, which has made similar selections since 1937.

SOUTHERN CALIFORNIA C.I.F. TRACK AND FIELD ATHLETES OF THE YEAR

YEAR	A T H L E T E	E V E N T	M A R K	S C H O O L
1937	BILL BUGBEE	B.J.	23' 7 1/2"	Montebello
1938	GIL LaCAVA	H.J.	6' 7 1/8"	Beverly Hills
1939	EDDIE MORRIS	Sprints	9.7 & 21.3	Huntington Beach
1940	EDDIE MORRIS	Sprints	9.6 & 20.7	Huntington Beach
1941	THELNO KNOWLES	880	1:55.6	Santa Monica
1942	JERRY SHIPKEY	S.P.	56' 1 5/8"	Anaheim
1943	AL LAWRENCE	HH (42") LH (220)	14.7 & 23.4	Glendale
1944	DEL SMITH	P.V.	13' 5 3/8"	Glendale
1945	JOE SCOTT	LH (220)	23.7	El Monte
1946	JOHN HELWIG	S.P.	59' 5 7/8"	Mt. Carmel
1947	JOHN BRADLEY	Sprints	9.9 & 21.8	Hoover, Glendale
1948	JOHN BRADLEY	Sprints	9.8 & 20.8	Hoover, Glendale
	HOWARD BUGBEE	Sprints	9.6 & 21.5	Redondo Beach
	BILL FELL	Sprints	9.6 & 21.1	Compton
1949	JACK DAVIS	H.H. & L.H.	14.4 & 19.2	Hoover, Glendale
1950	STEVE TURNER	Sprints, L.H.	9.9, 21.8, 18.9	Glendale
1951	BOB CUNNING	Sprints	9.7 & 21.2	Hoover, Glendale
1952	FERNANDO LEDESMA	Mile	4:23.2	Compton
1953	DONALD VICK	S.P.	62' 5 1/4"	Chaffey
	RONALD MORRIS	P.V.	13' 11 1/8"	Burroughs, Burbank
1954	BILL SWISSHELM	L.H.	18.7	Santa Ana
1955	CHARLES DUMAS	H.J.	6' 10 1/4"	Centennial
1956	ROBERT POYNTER	Sprints	9.6 & 21.0	Pasadena
1957	PRESTON GRIFFIN	Sprints	9.4 & 20.3w	Centennial
	CLARK BRANSON	S.P.	64' 3/4"	Pasadena

LOS ANGELES CITY HIGH SCHOOL TRACK AND FIELD ATHLETES OF THE YEAR.

1937	BRYANT ALLEN	Sprints	9.7 & 21.1	Jefferson
1938	BAYLOR MAYNARD	P.V.	13' 9 1/4"	Belmont
1939	BILL STEWART	H.J.	6' 4 5/8"	Torrance
1940	BILL SMITH	B.J.	23' 7 1/2"	Belmont
1941	BILL SMITH	B.J.	24' 3 1/2"	Belmont
1942	ROY THURMAN	S.P.	58' 10"	Fremont
1943	MEL PATTON	Sprints	9.9 & 21.4	University
1944	HANK WILLIAMS	880	1:57.7	Belmont
1945	RON FRAZIER	L.H.	19.0	Van Nuys
1946	DICK ATTLESEY	H.H. & L.H.	14.3 & 19.8	B e l l
1947	HUGH McELHENNY	H.H. & L.H.	14.0 & 19.2	Washington
1948	BOB CAMERON	S.P.	59' 7 1/4"	Washington
1949	GEORGE BROWN	Sprints, B.J.	9.8-21.4-25'2 1/2"	Jordan
1950	LANG STANLEY	880	1:53.9	Jefferson
1951	CLARKE MERRILL	P.V.	13' 3"	Belmont
1952	LaVERN SMITH	H.J.	6' 6 3/4"	Jefferson
1953	DARRYL ELLINGSON	Sprints	9.7 & 21.3	Dorsey
1954	EVERETT JACKSON	Sprints	9.8 & 21.5	Manual Arts
1955	JESSE NEWMAN	Mile	4:23.9	Jefferson
1956	DAVE DAVIS	S.P.	62' 7 1/2"	Canoga Park
1957	TIM ROELEN	Mile	4:20.2	San Fernando

HONOR TRACK & FIELD TEAMS

Selections by the Helms Athletic Foundation All-Southern California Board of Athletics, composed of Ralph Alexander (LA Examiner); John de la Vega (LA Times); Jack Hefley (Huntington Park Signal); Al Ames (Glendale News-Press); Jack Disney (LA Herald-Express); Joe Lyou (LA Mirror-News); Jerry Weiner (Hollywood Citizen-News); Pete Kokon (San Fernando Valley Times); Bill Hollohan (San Pedro News-Pilot); Chuck Cherniss (Alhambra Post-Advocate); Claude Anderson (San Bernardino Sun); Eddie West (Santa Ana Register); Jack Teele (Long Beach Press-Telegram); Mannie Pineda (Pasadena Star-News); Garland Rose (Riverside Press-Enterprise); Philip Patton (Santa Barbara News-Press); Dick Vanderveld (Santa Monica Outlook); Chuck Thomas (Ventura Star Free-Press); Bill Whitney (Breitbart Athletic Foundation); Braven Dyer, Jr. (Secretary); W.R. Bill Schroeder (Chairman)

E V E N T	C.I.F. HIGH SCHOOL	M A R K	L.A. HIGH SCHOOL	M A R K
100-Yard Dash	Preston Griffin Centennial (Coach: Bill Gill)	9.4*	Bob Williams Dorsey (Coach: Francis Benavidez)	9.8
220-Yard Dash	Preston Griffin Centennial (Coach: Bill Gill)	20.3 (w)	Roger Williams, Bell Joe Batten, Jefferson (Coach: Larry Osburn)	21.5 21.3
440-Yard Dash	Norman Jehle Chaffey (Coach: Truck Lindsey)	48.3	Alvin Williams Manual Arts (Coach: C. Toney - J. Blewett)	47.9**
880-Yard Run	Jim Cerveny Mission Bay, San Diego (Coach: Charles Coover)	1:52.7¢	Bill Knocke Narbonne (Coach: Bobb Dossey)	1:53.8(n)
One Mile Run	Jim McGowan Morningside (Coach: Norm Lumian)	4:21.9	Tim Roelen San Fernando (Coach: John Wachtler)	4:20.2
120-Yard Hurdles	Ken Overholser Glendale (Coach: Lon Graf)	14.1	Henry Ellis Fremont (Coach: Bill Silverthorn)	14.8
180-Yard Hurdles	Junior Howard San Bernardino (Coach: Hank Rohn)	18.5*	Bob Williams Dorsey (Coach: Francis Benavidez)	19.1
High Jump	Bob Avant Hart (Coach: Jack Parks)	6' 8"	Rudd Schoeffel North Hollywood (Coach: John Sanders)	6' 4"
Pole Vault	Charles Breck Santa Barbara (Coach: Bill Crow)	13' 11"***	Henry Aguirre Belmont (Coach: Cameron Mullard)	13' 8 3/8"
Broad Jump	Luther Hayes Lincoln, San Diego (Coach: Walt Harvey)	23' 11"	William Jackson Fremont (Coach: Bill Silverthorn)	24' 8 1/4"
Shot Put	Clark Branson Pasadena (Coach: Dick Simmons)	64' 3/4"@	Kent Miller University (Coach: Jim Pursell)	56' 8 3/4"

(Marks listed are best for 1957 season. (n)...non-winning (w)...wind)

@ New National Interscholastic Record

* Ties National Interscholastic Record

¢ New State Meet Record

** New Los Angeles City Meet Record

*** New C.I.F. Southern Section Meet Record

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. 1957

WINNERS OF MAJOR SOUTHERN CALIFORNIA HIGH SCHOOL TRACK AND FIELD MEETS FOR 1957

Santa Ana Relays, Division I.....March 5	Long Beach Wilson.	21
Division II.....March 5	Newport Harbor	17
	Bellflower	17
Division III...March 4	Puente	29
Division IV...March 4	Laguna Beach	30
Pasadena Games March 12	Glendale	30
Mira Costa Relays. March 15	Centennial	30
	Santa Monica	30
Laguna Beach Relays. March 23	Laguna Beach	60 1/2
Ventura Relays March 23	Oxnard	61
El Monte Relays. March 29	Wilson, Long Beach	23 5/6
Inglewood Relays April 5	Centennial	30 1/2
Chaffey Invitational (Open). . . April 6	Compton.	28
(Novice). . . April 6	Excelsior.	19
Russell Cup. April 13	Santa Barbara.	42 1/2
Compton Cup. April 13	Centennial	34 1/6
Lancer Relays. April 13	San Marino	51
Whittier City Championships. . . April 13	California	130
Glendale Relays. April 17	Compton.	24
Sunset League Finals April 14	Fullerton.	57 1/3
Parochial League Finals. April 26	Mater Dei.	59
Desert-Inyo League Finals. . . . April 27	Burroughs.	44
Tri-State League Finals. April 27	Needles.	47 1/2
Olympic League Finals. May 1	Harvard.	61 1/2
Tri-County League Finals May 1	La Puente.	70 3/4
Bay League Finals. May 3	Centennial	62 1/2
Coast League Finals. May 3	Polytechnic, Long Beach.	60 1/2
Pacific League Finals. May 3	Rosemead	36 1/2
Pioneer League Finals. May 3	Morningside.	78 1/2
Rio Hondo League Finals. May 3	Santa Fe	130 2/3
Foothill League Finals May 3	Glendale	63
San Gabriel Valley Finals. May 3	Bellflower	61 1/2
Citrus Belt League Finals. . . . May 3	Riverside.	46
San Diego City League Finals . . May 3	San Diego.	59
San Luis Obispo League Finals. . May 3	Santa Maria.	62
Metropolitan League Finals . . . May 3	El Cajon	56 1/2
Catholic League Finals May 4	St. Anthony's.	44 1/2
Western League Finals. May 10	University	59
Marine League Finals May 10	Banning.	56
Eastern League Finals. May 10	Roosevelt.	43
Valley League Finals May 10	North Hollywood.	56 3/4
Southern League Finals May 10	Fremont.	64
Northern League Finals May 10	Belmont.	48
Los Angeles City Finals. May 25	Fremont.	72
C.I.F. Southern Section Finals . May 25	San Diego.	20
California State Finals. June 1	Berkeley	23

RESULTS OF CALIFORNIA STATE HIGH SCHOOL TRACK AND FIELD MEET CHAMPIONSHIPS
HELD AT EDWARDS STADIUM, BERKELEY ON JUNE 1, 1957

100-Yard Dash:	Griffin (Centennial); Smith (Taft); Cook (San Diego); Allums (Berkeley); Buchanan (Kearny).	9.6
220-Yard Dash:	Griffin (Centennial); Smith (Taft); Staten (San Diego); Allums (Berkeley); Buchanan (Kearny).	21.3
440-Yard Dash:	Dewitt (Berkeley); Balzaret (Eagle Rock); Green (Manual Arts); McMillen (San Ramon); Curtis (Lowell, S.F.).	47.9
880-Yard Run:	Cerven (Mission Bay, S.D.); Knocke (Narbonne); Gentry (Fremont); Kemp (Glendale Hoover); Rodriguez (Oxnard).	1:52.7*
One Mile Run:	Roelen (San Fernando); McGowan (Morningside); Gaylord (Paso Robles); Wallace (Piedmont); James (El Camino).	4:20.2
120-Yard Hurdles:	Overholser (Glendale); Russ (Berkeley); Johnson (Kingsburg); Gill (Edison, Fresno); Contreras (Woodland).	14.3
180-Yard Hurdles:	Bradford (Shafter); Howard (San Bernardino); Weeks (Alhambra); Russ (Berkeley); Williams (Dorsey).	19.0
High Jump:	Avant (Hart) 6' 8"; Sampson (San Bernardino) 6' 5"; Pointer (Washington, Fresno) 6' 4"; tie for 4th between Goree (Delano), Bell (El Cerrito) 6' 3".	
Pole Vault:	Hendrix (Riverdale) 13' 6"; tie for 2nd among Helms (El Derado), Breck (Santa Barbara), Servis (Orange) 13'; tie for 5th between Hind (Piedmont), Colbert (Fremont, L.A.) 12' 6".	
Broad Jump:	Hayes (San Diego, Lincoln) 23' 8½"; Burton (Washington, S.F.) 23' 7½"; Russ (Berkeley) 23' 4"; Johnson (Kingsburg) 23' 2¼"; Jackson (Fremont, L.A.) 22' 11½".	
Shot Put:	Branson (Pasadena) 64' 3/4"@; Mike McKeever (Mt. Carmel) 61' 10 3/4"; Wade (Grossmont) 60' 7 3/4"; Lewis (Lincoln, S.F.) 60' 2 3/4"; Sanders (Downey, Modesto) 57' 3¼".	
Shot Put (16 lb. exhibition):	Mike McKeever (Mt. Carmel) 53' 4 3/4***; Marlin McKeever (Mt. Carmel) 50' 8 3/4"; tie for 3rd between Wade (Grossmont) and Branson (Pasadena) 50' 6"; Profit (Campbell) 50' ½".	
880-Yard Relay:	Berkeley, San Diego, Manual Arts, Fremont 1A, Long Beach Poly	1:27.0
High School Discus (Exhibition):	Bell (Alameda) 173' 3/4"; Lewis (Lincoln, S.F.) 171' 1 3/4"; Strong (Menlo-Atherton) 163' 3/4"; Lane (Encinal) 164' 4 3/4"; Marlin McKeever (Mt. Carmel) 160' 4¼".	
College Discus (Exhibition):	Lewis (Lincoln, S.F.) 151' 7 3/4"; Strong (Menlo- Atherton) 143' 3 7/8"; Bell (Alameda) 144' 2"; Land (Porterville) 139' 11 3/4"; Marlin McKeever (Mt. Carmel) 138' 4".	

@ New National Interscholastic Record

** Betters unofficial National Interscholastic Record

* New State Meet Record

¢ New Edwards Stadium Prep Record

Scoring: (First Six) Berkeley 23; Centennial 10; San Diego 10; Taft 8;
San Bernardino 8; Fremont 6½.

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. 1957

RESULTS OF C.I.F. SOUTHERN SECTION TRACK AND FIELD CHAMPIONSHIPS

HELD AT CHAFFEY HIGH SCHOOL MAY 25, 1957

- 100-Yard Dash: Dead Heat between Griffin (Centennial), Cook (San Diego);
Buchanan (Kearny); Howard (San Bernardino); Walker (LB Poly). 9.4*
- 220-Yard Dash: Griffin (Centennial); Staten (San Diego); Buchanan (Kearny);
Cook (San Diego); Junod (Glendale). 20.3¢
- 440-Yard Dash: Jehle (Chaffey); Gilmore (Riverside); Boeckler (LB Wilson);
Canter (Montebello); Kilfoil (Chaffey). 48.8
- 880-Yard Run: Cervený (Mission Bay); Kemp (Glendale Hoover); Rodriguez (Oxnard);
Welborn (Santa Monica); Snyder (Morningside). 1:53.3@
- One Mile Run: McGowan (Morningside); Marks (LB Wilson); Gaylord (Paso Robles);
Covington (Compton); Schultz (Bellflower). 4:23.4
- 120-Yard Hurdles: Overholser (Glendale); Gregg (Rosemead); Calhoun (Rosemead);
Kamahele (El Monte); Kilbourn (Santa Monica). 14.1
- 180-Yard Hurdles: Howard (San Bernardino); Staten (San Diego); Weeks (Alhambra);
Overholser (Glendale); Sankey (Centennial). 18.5*
- High Jump: Tie for 1st among Sampson (San Bernardino), Roenicke (San Jacinto),
Avant (Hart) 6' 6"; tie for 4th among McCullough (Culver City),
Westbrook (Pomona), Nickleberry (Oxnard) 6' 4".
- Pole Vault: Breck (Santa Barbara) 13' 11"@; Alward (Chaffey) 12' 9"; tie for 3rd
between Reynolds (Kearny), Servis (Orange) 12' 6"; tie for 5th among
Byers (LB Wilson), Winninger (Antelope Valley), Arevalos (Laguna
Beach) 12'.
- Broad Jump: Hayes (Lincoln, S.D.) 23' 11"; Griffin (Centennial) 23' 10";
Andrews (LB Poly) 23' 5½"; Gregg (Rosemead) 23' 2"; Brown (Compton)
22' 9".
- Shot Put: Branson (Pasadena) 62' 5½"@; Mike McKeever (Mt. Carmel) 62' 2 7/8";
Wade (Grossmont) 61' 5 7/8"; Smith (LB Poly) 60'; Marlin McKeever
(Mt. Carmel) 59' 7".
- 880-Yard Relay: San Diego, LB Poly, Chaffey, Centennial, LB Wilson. 1:27.3

* Ties National Interscholastic Record

¢ Mark made with aid of wind, therefore disallowed as national mark

@ New C.I.F. Southern Section Record

Scoring: (First Six) San Diego 20; Centennial 16; Chaffey 13; San
Bernardino 11; LB Poly 10; Kearny 8½.

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. 1957

RESULTS OF LOS ANGELES CITY HIGH SCHOOL TRACK & FIELD MEET

HELD AT LOS ANGELES COLISEUM MAY 25, 1957

100-Yard Dash:	Williams (Dorsey); Batten (Jefferson); Folk (Fremont); Gaskill (Banning); Davis (Dorsey); Mitchell (Jefferson)	10.0
220-Yard Dash:	Williams (Bell); Batten (Jefferson); Folk (Fremont); Gaskill (Banning); Jackson (Fremont); Johnson (Canoga Park).	21.6
440-Yard Dash:	Williams (Manual Arts); Green (Manual Arts); Balzaret (Eagle Rock); Mitchell (Jefferson); Davis (Dorsey); Hungerland (University).	47.9*
880-Yard Run:	Knocke (Narbonne); Gentry (Fremont); Anderson (University); Cali (Marshall); Myers (Dorsey); Scott (Fairfax).	1:54.4*
One Mile Run:	Roelen (San Fernando); Craver (Los Angeles); Colpitts (University); Ellfeldt (University); Esquivel (Roosevelt); Appelt (San Pedro).	4:22.3*
120-Yard Hurdles:	Ellis (Fremont); Watkins (Los Angeles); Humphries (Manual Arts); Martinez (Banning); Thompson (Fremont); Miller (University).	14.8
180-Yard Hurdles:	Williams (Dorsey); W. Jones (Jefferson); Randall (Roosevelt); Humphries (Manual Arts); Colbert (Fremont); Miller (University).	19.1
High Jump:	Schoeffel (North Hollywood) 6' 4"; N. Grundy (Jordan) 6' 2"; tie for 3rd among Bradley (Manual Arts), Burnett (Jefferson), Wilson (Fremont) 6' 1"; tie for 6th among Dumas (Birmingham), Howard (Jefferson), Gaustad (University).	
Pole Vault:	Tie for 1st between Aguirre (Belmont), Colbert (Fremont) 13' 1½"; Cavanaugh (Van Nuys) 12' 9½"; tie for 4th among Chandler (North Hollywood), Jones (Wilson), Barnett (Canoga Park) 12' 8".	
Broad Jump:	Jackson (Fremont) 23' 9½"; Thomas (Manual Arts) 23' 3"; Batten (Jefferson) 23' 1½"; Wilson (Fremont) 23'; Hatcher (Manual Arts) 22' 9½"; Nelson (Banning) 22' 9".	
Shot Put:	Miller (University) 56' 8 3/4"; Mather (Birmingham) 55' 2 3/4"; Angell (North Hollywood) 54' 6"; Critchfield (North Hollywood) 54' 1"; Coones (Banning) 52' 9 3/4"; Hibler (Fremont) 52' 6½".	
One Mile Relay (8-Man)	Manual Arts, Fremont, Dorsey, Jefferson, University, Eagles Rock.	2:54.6**

* New Los Angeles High School Meet Records
** Betters National Interscholastic Record

Scoring: (First Six) Fremont 72; Manual Arts 52; Jefferson 43 1/3;
University 37 1/3; Dorsey 32; North Hollywood 22 1/3.

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. 1957

OUTSTANDING MARKS MADE BY SOUTHERN CALIFORNIA HIGH SCHOOL ATHLETES DURING 1957

MARK	ATHLETE	SCHOOL	YEAR	M E E T	DATE
<u>100-YARD DASH</u>					
9.4	Preston Griffin	Centennial	Senior	CIF Finals	5/25
9.4	Roscoe Cook	San Diego	Senior	CIF Finals	5/25
9.5	Tom Boswell	Arcadia	Senior	CIF Finals (B)	5/25
9.5 (w)	Jerry McCullough	Riverside	Senior	San Bernardino	4/26
9.6	Rusty Weeks	Alhambra	Senior	Quarter-Finals CIF	5/11
9.7	Ed Buchanan	Kearny	Junior	Lincoln, S.D.	3/5
9.7	Harrison Walker	Poly, L.B.	Senior	Semi-Finals CIF	5/18
9.7 (w)	Junior Howard	San Bernardino	Junior	Chaffey	3/29
9.7 (n)	Art Day	Centennial	Senior	Bay Finals	5/3
9.8	Hasten Folk	Fremont	Senior	Van Nuys	3/15
9.8	John Giba	University	Senior	Venice	3/29
9.8	Charles Davis	Dorsey	Senior	Los Angeles	4/5
9.8	Joe Batten	Jefferson	Senior	Washington	4/5
9.8	Carl Skvarna	Chaffey	Senior	Pomona	4/12
9.8	Bob Williams	Dorsey	Senior	City Prelims	5/18
9.8	Willie Williams	Compton	Junior	CIF Finals (C)	5/25
<u>220-YARD DASH</u>					
20.3 (w)	Preston Griffin	Centennial	Senior	CIF Finals	5/25
20.5 (nw)	Bob Staten	San Diego	Senior	CIF Finals	5/25
20.7	Norman Jehle	Chaffey	Senior	Riverside	4/2
20.8	Tom Boswell	Arcadia	Senior	CIF Finals (B)	5/25
20.9 (n)	Jerry McCullough	Riverside	Senior	Chaffey	4/2
21.0 (n)	Carl Skvarna	Chaffey	Senior	Riverside	4/2
21.1 (nw)	Art Day	Centennial	Senior	Bay Finals	5/3
21.1 (nw)	Bob Hutchinson	Santa Monica	Senior	Bay Finals	5/3
21.3	Joe Batten	Jefferson	Senior	Fremont	3/29
21.4	Hasten Folk	Fremont	Senior	Dorsey	4/26
21.4	Rusty Weeks	Alhambra	Senior	Arcadia	3/26
21.4	Phil O'Neil	Mira Costa	Senior	Bay Prelims	4/26
21.4 (n)	Harrison Walker	Poly, L.B.	Senior	Compton Cup	4/13
21.5	John Giba	University	Senior	Venice	3/29
<u>440-YARD DASH</u>					
47.9	Alvin Williams	Manual Arts	Senior	City Finals	5/25
48.1 (n)	Dean Balzaret	Eagle Rock	Senior	State Finals	6/1
48.1 (n)	Cecil Green	Manual Arts	Senior	City Finals	5/25
48.3	Norman Jehle	Chaffey	Senior	Riverside	4/2
48.7 (n)	John Mitchell	Jefferson	Senior	City Finals	5/25
48.7 (n)	Charles Davis	Dorsey	Senior	City Finals	5/25
48.8	Ron Boeckler	Wilson, L.B.	Senior	Semi-Finals CIF	5/18
49.0 (n)	Jack Kilfoil	Chaffey	Senior	Citrus Belt Finals	5/3
49.1	Wally Blaylock	Wilson, L.B.	Senior	Coast Finals	5/3
49.1	Bob Scheller	Mark Keppel	Senior	El Monte	4/25
49.4	Chuck Canter	Montebello	Senior	San Gabriel Prelims	4/26
49.4 (n)	Steve Schwartz	St. Francis	Junior	CIF Finals	5/25
49.5 (n)	Art Gilmore	Riverside	Senior	Citrus Belt Finals	5/3
49.5 (n)	Bruce McCullough	Pomona	Junior	Chaffey	4/12
49.6	Jim Cerveney	Mission Bay	Senior	Unavailable	----
49.6 (n)	Dale Long	Bellflower	Senior	Chaffey Invitational	4/6
49.5	Willie Williams	Compton	Junior	Chaffey Invitational	4/6

(n)...Non-winning time

(w)...Wind mark

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. 1957

<u>MARK</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>M E E T</u>	<u>DATE</u>
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880-YARD DASH

1:52.7	Jim Cervený	Mission Bay	Senior	State Finals	6/1
1:53.8 (n)	Bill Knocke	Narbonne	Senior	State Finals	6/1
1:54.0	Alfred Gentry	Fremont	Junior	City Finals	5/25
1:54.2 (n)	Dave Kemp	Hoover, Glendale	Senior	State Finals	6/1
1:54.8 (n)	Louie Rodriguez	Oxnard	Senior	State Finals	6/1
1:55.3 (n)	Mike Anderson	University	Senior	State Finals	6/1
1:55.5 (n)	Paul Welborn	Santa Monica	Senior	CIF Finals	5/25
1:55.7	David Snyder	Morningside	Senior	Semi-Finals CIF	5/18
1:56.2 (n)	Dan Lopez	Downey	Senior	Semi-Finals CIF	5/18
1:57.0	Ray Talavera	El Rancho	Senior	Quarter-Finals CIF	5/11
1:57.6	George Hood	Newport Harbor	Senior	Sunset Finals	4/18
1:57.9	Larry Cali	Marshall	Senior	University	4/26
1:58.1 (n)	Jim Pitkin	Wilson, L.B.	Junior	Semi-Finals CIF	5/18

ONE MILE RUN

4:20.2	Tim Roelen	San Fernando	Senior	State Finals	6/1
4:21.9	James McGowan	Morningside	Senior	Semi-Finals CIF	5/18
4:22.9 (n)	Woody Covington	Compton	Junior	Compton Cup	4/13
4:23.5	Cruz Lopez	El Rancho	Senior	San Gabriel Finals	5/3
4:23.7 (n)	Bill Marks	Wilson, L.B.	Senior	Compton Cup	4/13
4:24.0 (n)	Alan Gaylord	Paso Robles	Senior	State Finals	6/1
4:24.9 (n)	Jim Schultz	Bellflower	Senior	Compton Cup	4/13
4:26.8 (n)	Lynn Watkins	Laguna Beach	Senior	Compton Cup	4/13
4:27.4	Warren Kellog	Muir	Senior	Quarter Finals CIF	5/11
4:28.4 (n)	Art Pitman	Excelsior	Soph.	Compton Cup	4/13
4:29.1	Clayton Ward	Wilson, L.B.	Junior	Compton Cup	4/13

120-YARD HIGH HURDLES

14.1	Ken Overholser	Glendale	Senior	CIF Finals	5/25
14.1 (n)	James Gregg	Rosemead	Senior	CIF Finals	5/25
14.2	Darian Calhoun	Inglewood	Junior	Bay Finals	5/3
14.3 (n)	Val Kamahale	El Monte	Senior	CIF Finals	5/25
14.4 (n)	Art Wright	Centennial	Senior	Bay Finals	5/3
14.5	Bob Ballew	Garden Grove	Senior	Compton Cup	4/13
14.5 (n)	Gary Lossette	Excelsior	Senior	CIF Finals	5/25
14.5 (n)	Mike Kilbourn	Santa Monica	Senior	CIF Finals	5/25
14.5 (n)	Bill Halderman	Ventura	Senior	Semi-Finals CIF	5/18
14.6	Ron Pinkston	Pomona	Senior	Redlands	4/26
14.6	Doug Hankins	Fullerton	Soph.	Chaffey Invit.	4/6

180-YARD LOW HURDLES

18.5	Junior Howard	San Bernardino	Junior	CIF Finals	5/25
18.5 (n)	Bob Staten	San Diego	Senior	CIF Finals	5/25
18.8	Rusty Weeks	Alhambra	Senior	Pacific Finals	5/3
19.0	Bob Smith	Compton	Senior	Compton Cup	4/13
19.0 (w)	Mike Kilbourn	Santa Monica	Senior	Bay Finals	5/3
19.1	Bob Williams	Dorsey	Senior	Southern Prelims	5/3
19.1	Bennie Sankey	Centennial	Junior	Bay Prelims	4/26
19.2	Art Wright	Centennial	Senior	Bay Prelims	4/26
19.2 (n)	Darian Calhoun	Inglewood	Junior	Bay Finals	5/3
19.2 (n)	Ken Overholser	Glendale	Senior	CIF Finals	5/25

MARK	ATHLETE	SCHOOL	YEAR	M E E T	DATE
<u>HIGH JUMP</u>					
6-8	Bob Avant	Hart	Senior	State Finals	6/1
6-6	Don Sampson	San Bernardino	Senior	CIF Finals	5/25
6-6	Bob Roenicke	San Jacinto	Junior	CIF Finals	5/25
6-5	Frank Thomas	Jefferson	Junior	City Finals (C)	5/25
6-5	Hosea Love	Elsinore	Senior	Laguna Invit.	3/23
6-4 3/4	Art Wilson	Fremont	Senior	Los Angeles	3/22
6-4 1/4	Norman Grundy	Jordan	Senior	Marine Finals	5/10
6-4	Bill Westbrook	Pomona	Senior	Pacific	3/15
6-4	Luther Hayes	Lincoln, S.D.	Senior	Unavailable	----
6-4	Rudd Schoeffel	North Hollywood	Senior	San Fernando	4/26
6-4	Ray Nickleberry	Oxnard	Soph.	CIF Finals	5/25
6-4	Dave McCullough	Culver City	Senior	CIF Finals	5/25
<u>POLE VAULT</u>					
13-11	Charles Breck	Santa Barbara	Junior	CIF Finals	5/25
13-8 3/8	Henry Aguirre	Belmont	Senior	Northern Finals	5/10
13-6 3/4	Bob Johnson	Glendale	Junior	Burroughs	4/5
13-5 1/2	Dick Arevalos	Laguna Beach	Senior	Orange County	4/25
13-4 3/8	Don VandenBerge	Bellflower	Senior	California	4/4
13-2	Eddie Taylor	Fremont	Senior	Washington	4/11
13-2	Billy Colbert	Fremont	Senior	Washington	4/11
13-1 5/8	Ray Duerr	Mira Costa	Senior	Cathedral-Serra	2/21
13-0 1/2	Tony Alward	Chaffey	Senior	Chaffey Invit.	4/6
13-0 1/2	Bob Reynolds	Kearny	Senior	Unavailable	----
13-0	Mike Chandler	North Hollywood	Junior	San Fernando	4/26
13-0	Larry Barnett	Canoga Park	Senior	Reseda	4/26
13-0	Mike McNatt	Reseda	Senior	Valley Finals	5/10
13-0	Jim Harris	Downey	Soph.	Semi-Finals CIF	5/18
<u>BROAD JUMP</u>					
24-8 1/4	William Jackson	Fremont	Senior	Southern Finals	5/10
24-6 3/4	Preston Griffin	Centennial	Senior	San Diego	3/21
24-1 1/2	Joe Batten	Jefferson	Senior	Manual Arts	4/26
24-1	Art Wilson	Fremont	Senior	Dorsey	4/26
24-0	Charles Davis	Dorsey	Senior	Jefferson	3/22
23-11 1/2	John Blaylock	Centennial	Senior	San Diego	3/21
23-11	Luther Hayes	Lincoln, S.D.	Senior	CIF Finals	5/25
23-10	Roscoe Cook	San Diego	Senior	Centennial	3/21
23-10	Henry Andrews	Poly, L.B.	Senior	Semi-Finals CIF	5/18
23-8 1/2	Bobby Smith	Compton	Senior	Poly, L.B.	4/11
23-8	Marshall Wilkerson	Jefferson	Senior	Southern Finals	5/10
23-8	Ed Hatcher	Manual Arts	Junior	Southern Finals	5/10
<u>SHOT PUT</u>					
64-0 3/4	Clark Branson	Pasadena	Senior	State Finals	6/1
62-4 3/8	Mike McKeever	Mt. Carmel	Senior	Quarter-Finals CIF	5/11
61-5 7/8	Jim Wade	Grossmont	Senior	CIF Finals	5/25
60-10	Dick Verdon	Hoover, S.D.	Senior	Lincoln, S.D.	3/15
60-5	Jim Smith	Poly, L.B.	Junior	Compton Cup	4/13
60-2 1/4	Bill Cleves	Glendale	Senior	Muir	3/22
59-7	Marlin McKeever	Mt. Carmel	Senior	CIF Finals	5/26
57-6	Terry Guy	Fullerton	Senior	Sunset Finals	4/18
56-8 3/4	Kent Miller	University	Senior	City Finals	5/25

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. 1957

880-YARD RELAY

1:27.1	Centennial (Day, Wright, Blaylock, Griffin).....	Compton Cup	4/13
1:27.3	San Diego (Cook, Daves, Jordan, Staten).....	CIF Finals	5/25
1:27.3	Chaffey (Jacobson, Kilfoil, Skvarna, Jehle).....	Citrus Belt Fin.	5/3
1:27.3 (n)	Poly, L.B. (Shipp, Walker, Jones, Miller).....	CIF Finals	5/25
1:28.0	Glendale (Overholser, Junod, Engler, Hess).....	Unavailable	
1:28.4 (n)	Wilson, L.B. (Blaylock, Boeckler, Patty, Ehmann).....	Semi-Fin. CIF	5/18
1:28.7 (n)	Compton (Brown, Coates, Smith, Williams).....	Poly, L.B.	4/11

EIGHT-MAN ONE MILE RELAY

2:54.6	Manual Arts (Harris, Waddy, Bates, Haynes, Willard, Taylor, Green, A. Williams)....	City Finals	5/25
2:55.0 (n)	Fremont (Lorick, Jackson, Coleman, Bryant, Colbert, Ellis, Williams, Folk).....	City Finals	5/25
2:57.5 (n)	Dorsey (Davis, Miller, Mitchell, Williams, Bailey, Knight, Meyers, Raymond).....	City Finals	5/25
2:58.0 (n)	Jefferson (W. Jones, Harris, Melmes, A. Jones, Brockett, Mayberry, Mitchell, Batten).....	City Finals	5/25
3:00.1	Washington (Bretches, Hansen, Mudd, Kuhuns, Hunn, Livingston, Wilson, Cooper).....	Garfield	3/15
3:00.6	University (Schopp, Chase, Sloat, Miller, Hungerland, Weiner, Anderson, Giba).....	Venice	3/29
3:01.4	Canoga Park (Nance, Kirkpatrick, Campbell, Holley, Noyes, Little, Rubio, Johnson).....	Valley Finals	5/3

CIF & CITY CROSS COUNTRY CHAMPIONS - '56-'57

C.I.F. CROSS COUNTRY CHAMPIONSHIPS

Held at Mt. San Antonio College
December 7, 1956.

<u>ATHLETE</u>	<u>SCHOOL</u>	<u>TIME</u>
1. Cruz Lopez	El Rancho	9:01.8*
2. Bill Marks	LB Wilson	
3. Bob Mellgren	El Monte	
4. Ed Fabisak	Chula Vista	
5. Jim Cerveney	Mission Bay	

*New course & meet record

First five schools were: Mira Costa (100)
El Rancho (141), Long Beach Wilson (156),
La Puente (192) San Diego Hoover (194).

LOS ANGELES CITY CROSS COUNTRY FINALS

Held at University of California at
Los Angeles December 13, 1956. . . .

<u>ATHLETE</u>	<u>SCHOOL</u>	<u>TIME</u>
1. Tom Dilday	Washington	8:21.2*
2. Tim Roelen	San Fernando	
3. Pat Connelly	Birmingham	
4. L. Miller	Fremont	
5. R. Chavez	Garfield	

*New course & meet record

First five schools were: Garfield (81),
Roosevelt (111), Fremont (118), Uni-
versity (134), Eagle Rock (152).

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. 1957

LOS ANGELES HIGH SCHOOL TRACK AND FIELD MEET RECORDS

100-Yard Dash	Bryant Allen	Jefferson	9.7	1937
	Bill Smith	Belmont	9.7	1941
	Guy Blackburn	Jefferson	9.7	1950
220-Yard Dash	Bryant Allen	Jefferson	21.1	1936
440-Yard Dash	Alvin Williams	Manual Arts	47.9	1957
880-Yard Run	Bill Knocke	Narbonne	1:54.4	1957
One Mile Run	Tim Roelen	San Fernando	4:22.3	1957
High Hurdles (39")	Dick Attlesey	Bell	14.3	1946
	Hugh McElhenry	Washington	14.3	1947
High Hurdles (42")	Ivy Bledsoe	Garfield	14.9	1945
Low Hurdles (180y)	William White	Jefferson	19.0	1956
Low Hurdles (220y)	Ivy Bledsoe	Garfield	24.3	1946
High Jump	Robert Sims	Jordan	6' 7"	1956
Broad Jump	Richard Walton	Fremont	24' 5½"	1956
Pole Vault	Nat Finney	Jordan	13' 7"	1955
Shot Put (12 lb.)	Dave Davis	Canoga Park	62' 7½"	1956
880-Yard Relay	Van Nuys	(Meade, Riccitelli, Schilling, Watkins).....	1:30.1	1942
One Mile Relay	Manual Arts	(Harris, Waddy, Bates, Haynes, Willard, Taylor, Green & A. Williams).....	2:54.6	1957

CALIFORNIA STATE HIGH SCHOOL TRACK & FIELD MEET RECORDS

100-Yard Dash	William White	Jefferson	9.5	1956
220-Yard Dash	Robert Poynter	Pasadena	21.0	1956
440-Yard Dash	Jerry White	Corcoran	46.7	1956
880-Yard Run	Jim Cervený	Mission Bay(SD)	1:52.7	1957
One Mile Run	Tod White	Newport Harbor	4:20.0	1955
High Hurdles (39")	Steve Turner	Glendale	14.1	1950
High Hurdles (42")	Roy Kirkpatrick	El Centro	14.7	1934
Low Hurdles (180y)	Don Armstrong	Manual Arts	18.9 (heat)	1953
	William White	Jefferson	18.9 (heat)	1956
Low Hurdles (220y)	George Sangster	Muir Tech, Pas.	23.8	1937
High Jump	Charles Dumas	Centennial	6' 9 3/8"	1955
Pole Vault	Ronald Morris	Burroughs, Bur.	13' 9 1/8"	1953
Broad Jump	Monte Upshaw	Piedmont	25' 4 1/4"	1954
Shot Put (12 lb.)	Clark Branson	Pasadena	64' 3/4"	1957
Shot Put (16 lb.)	Mike McKeever	Mt. Carmel	53' 4 3/4"	1957
Discus Throw (Reg.)	Mike Lewis	Lincoln, S.F.	151' 7 3/4"	1957
Discus (3 lb. 9 oz.)	Don Bell	Alameda	173' 3/4"	1957
Javelin Throw	Ray Churchill	San Benito(Hol.)	195' 6 3/4"	1932
Hop, Step & Jump	Lew Fudge	Bakersfield	45' 3"	1948
880-Yard Relay	Jefferson	(Phillips, White, Randall, Batten).....	1:25.9	1956

(Individual times for Jefferson's new national mark in the 880-Yard Relay were: Phillips (22.2) White (21.2) Randall (21.3) Batten (21.2)

C.I.F. SOUTHERN SECTION HIGH SCHOOL TRACK AND FIELD MEET RECORDS

100-Yard Dash	Preston Griffin	Centennial	9.4	1957
	Roscoe Cook	San Diego	9.4	1957
220-Yard Dash	Eddie Morris	Huntington Beach	20.7	1940
440-Yard Dash(1 curve)	Myrel Gillett	El Centro	48.3	1933
(2curves)	Norman Jehle	Chaffey	48.6 (Prelims)	1957
880-Yard Run	Jim Cerveny	Mission Bay	1:53.3	1957
One Mile Run	Louie Zamperini	Torrance	4:21.2	1934
High Hurdles (39")	Charles Piggee	Pasadena	14.0	1956
High Hurdles (42")	Roy Kirkpatrick	El Centro	14.5	1934
Low Hurdles (180y)	Junior Howard	San Bernardino	18.5	1957
Low Hurdles (220y)	Al Lawrence	Glendale	23.4	1943
High Jump	Charles Dumas	Centennial	6' 8 7/8"	1955
Pole Vault	Charles Breck	Santa Barbara	13' 11"	1957
Broad Jump	Steve Turner	Glendale	24' 6 1/2"	1950
Shot Put (12 lb.)	Clark Branson	Pasadena	62' 5 1/4"	1957
Hop, Step & Jump	Bob Beckus	Hoover, S.D.	46' 1 3/4"	1938
880-Yard Relay	Centennial	(Sankey, Day, Thompson, Griffin)...	1:27.1 (Prelims)	1957

BEST MARKS ON RECORD BY CALIFORNIA HIGH SCHOOL ATHLETES

100-Yard Dash	James Jackson	Alameda	9.4	1954
	Preston Griffin	Centennial	9.4	1957
	Roscoe Cook	San Diego	9.4	1957
220-Yard Dash	Eddie Morris	Huntington Beach	20.7	1940
440-Yard Dash	Jerry White	Corcoran	46.7	1956
880-Yard Dash	Don Bowden	Lincoln, San Jose	1:52.3	1954
One Mile Run	Tod White	Newport Harbor	4:20.0	1955
High Hurdles (39")	Hugh McElhenny	Washington, L.A.	14.0	1947
	Charles Piggee	Pasadena	14.0	1956
High Hurdles (42")	Roy Kirkpatrick	El Centro	14.5	1934
Low Hurdles (180y)	Junior Howard	San Bernardino	18.5	1957
Low Hurdles (220y)	Dale Messer	Lemoore	23.1 (n)	1956
High Jump	Charles Dumas	Centennial	6' 10 1/4"	1955
Pole Vault	Jim Matejka	Sequoia	14' 0 1/2"	1956
Broad Jump	Oscar Bean	Jefferson	25' 4 1/2"	1956
Shot Put (12 lb.)	Clark Branson	Pasadena	64' 3/4"	1957
Shot Put (16 lb.)	Mike McKeever	Mt. Carmel	53' 4 3/4"	1957
Discus Throw (Reg.)	Jack Egan	Balboa, S.F.	160' 2"	1954
Discus (3 lb. 9 oz.)	Wayne Crow	Corcoran	179' 5"	1956
Javelin Throw	Ray Churchill	San Benito(Hol.)	195' 6 3/4"	1932
Hop, Step & Jump	Bob Beckus	Hoover, S.D.	46' 1 3/4"	1938
440-Yard Relay	Glendale (Wykoff, Zaun, Beatty, Slocum).....		42.4	1928
880-Yard Relay	Jefferson (Phillips, White, Randall, Batten)....		1:25.9	1956
One Mile Relay(4-Man)	LB Wilson (Ehmann, Blaylock, Pitkin, Boeckler)...		3:20.2	1957
One Mile Relay(8-Man)	Manual Arts (Harris, Waddy, Bates, Haynes, Willard, Taylor, Green, A. Williams)		2:54.6	1957
Two Mile Relay(4-Man)	Morningside (Kingsland, Baldwin, McGowan, Snyder)		7:54.6	1957
Four Mile Relay(4-Man)	Grossmont (Kershaw, Griswold, Currier, Rogers)...		18:17.7	1955
Distance Medley	Palo Alto (Satterfield, Cathcart, Morrison & Larrieu		10:33.0	1956

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. 1957

BEST PERFORMANCES ON RECORD BY SOUTHERN CALIFORNIA HIGH SCHOOL T & F ATHLETES

100-YARD DASH

Griffin, Centennial	9.4	1957
Cook, San Diego	9.4	1957
Wykoff, Glendale	9.5	1928
Poynter, Pasadena	9.5	1956
White, Jefferson	9.5	1956
Boswell, Arcadia	9.5	1957

220-YARD DASH

Morris, Huntington Beach	20.7	1940
Jehle, Chaffey	20.7	1957
Poynter, Pasadena	20.8	1956
Swisshelm, Santa Ana	20.8	1954
Bradley, Hoover Glen.	20.8	1948
Boswell, Arcadia	20.8	1957
Allen, Jefferson	20.9	1936
McCullough, Riverside (n)	20.9	1957
Cook, San Diego	21.0	1956
Wykoff, Glendale	21.0	1927
Griffin, Centennial	21.0	1957
Skvarna, Chaffey (n)	21.0	1957

440-YARD DASH

Williams, Manual Arts	47.9	1957
Green, Manual Arts (n)	48.1	1957
Balzarett, Eagle Rock (n)	48.1	1957
Ross, California	48.2	1956
Thompson, Jordan LA (n)	48.2	1948
Gillett, El Centro	48.3	1933
Jehle, Chaffey	48.3	1957
Smith, Fremont (n)	48.5	1956
Green, Jefferson	48.6	1950
McCarthy, Fairfax	48.7	1931
Kitchen, Riverside	48.7	1954
Mitchell, Jefferson (n)	48.7	1957
Davis, Dorsey (n)	48.7	1957

880-YARD RUN

Cervený, Mission Bay	1:52.7	1957
Knocke, Narbonne (n)	1:53.8	1957
Stanley, Jefferson	1:53.9	1950
Miller, Fremont (n)	1:54.0	1956
Gentry, Fremont (n)	1:54.0	1957
Knapp, Alhambra (n)	1:54.0	1956
Kemp, Hoover, Glen. (n)	1:54.2	1957

ONE MILE RUN

White, Newport Harbor	4:20.0	1955
Roelen, San Fernando	4:20.2	1957
Unruh, El Monte (n)	4:20.4	1925
Neal, Fullerton (n)	4:20.5	1956
Monzingo, Hoover S.D. (n)	4:20.9	1956
Zamperini, Torrance	4:21.2	1934
Schweikart, Whittier (n)	4:21.2	1955

120-YARD HIGH HURDLES (39")

Piggee, Pasadena	14.0	1956
McElhenny, Washington	14.0	1947
Thompson, Centennial	14.1	1945
Turner, Glendale	14.1	1950
Hogan, Hoover, Glen.	14.1	1951
Overholser, Glendale	14.1	1957
Gregg, Rosemead (n)	14.1	1957
Pinkston, Pomona	14.2	1956
Welker, San Fernando	14.2	1942
Wright, Redlands	14.2	1950
Zanders, Jordan, LA	14.2	1950
Calhoun, Inglewood	14.2	1957

120-YARD HIGH HURDLES (42")

Kirkpatrick, El Centro	14.5	1934
McElhenny, Washington	14.6	1947
Lawrence, Glendale	14.7	1943
Nichols, Huntington Beach	14.8	1923
Welsh, Pasadena	14.8	1927

180-YARD LOW HURDLES

Howard, San Bernardino	18.5	1957
Staten, San Diego (n)	18.5	1957
Swisshelm, Santa Ana	18.7	1954
Weeks, Alhambra	18.8	1957
Lowe, Centennial	18.9	1955
Turner, Glendale	18.9	1950
Armstrong, Manual Arts	18.9	1953
Owens, Fullerton	18.9	1956
White, Jefferson	18.9	1956
Frazier, Van Nuys	19.0	1945
Kary, San Diego (n)	19.0	1955
Thompson, Centennial (n)	19.0	1955
Cherney, California	19.0	1956
Platt, Pomona (n)	19.0	1956

220-YARD LOW HURDLES

Kirkpatrick, El Centro	23.4	1934
Lawrence, Glendale	23.4	1943
Turner, Glendale (n)	23.5	1950
Bacon, Redondo	23.6	1946
Sangster, Muir	23.7	1937
Scott, El Monte	23.7	1943
Davis, Hoover Glen. (n)	23.7	1949

HIGH JUMP

Dumas, Centennial	6' 10 1/4	1955
Avant, Hart	6' 8	1957
LaCava, Beverly Hills	6' 7 1/8	1938
Johnson, Los Angeles	6' 7	1933
Stewart, Torrance	6' 7	1939
Sims, Jordan	6' 7	1956
Smith, Jefferson	6' 6 3/4	1952

POLE VAULT

Morris, Burroughs, Bur.	13-11	1/8	1953
Breck, Santa Barbara	13-11		1957
Maynard, Belmont	13-9	1/4	1938
Widman, Narbonne	13-9		1950
Hren, Inglewood	13-8	15/16	1955
Aguirre, Belmont	13-8	3/8	1957
McKay, Inglewood	13-7	1/2	1954
Rose, Hoover Glen.	13-7	1/2	1954

BROAD JUMP

Bean, Jefferson	25-4	1/2	1956
Brown, Jordan LA	25-2	1/2	1949
Watkins, Jordan LA	24-9	1/4	1955
Jackson, Fremont	24-8	1/4	1957
Griffin, Centennial	24-6	3/4	1957
Turner, Glendale	24-6	1/2	1950
Johnson, Jefferson	24-6	1/4	1950
Walton, Fremont	24-5	1/2	1956

SHOT PUT

Branson, Pasadena	64-0	3/4	1957
Robertson, Pacific	63-9	1/2	1956
Davis, Canoga Park	62-7	1/2	1956
Vick, Chaffey	62-5	1/4	1953
Mike McKeever, Mt. Carmel	62-4	3/8	1957
Wade, Grossmont	61-5	7/8	1957
Everage, Jordan, LA	60-10	3/4	1954
Verdon, Hoover, SD	60-10		1957
Smith, Poly, LB	60-5		1957
Bronson, Grossmont	60-4	1/2	1954
Cleves, Glendale	60-2	1/4	1957
Cameron, Washington	59-7	1/4	1948
Marlin McKeever, Mt. Carmel	59-7		1957

880-YARD RELAY

Jefferson	1:25.9	1956
Centennial	1:27.1	1957
Dorsey	1:27.1(n)	1956
Jefferson	1:27.2	1955
San Diego	1:27.3	1957
Chaffey	1:27.3	1957
L.B. Poly	1:27.3(n)	1957

ONE MILE RELAY

Manual Arts	2:54.6	1957
Fremont	2:55.0(n)	1957
Jefferson	2:56.3	1956
Fremont	2:56.5	1956
Jefferson	2:57.1	1955

NATIONAL INTERSCHOLASTIC TRACK AND FIELD RECORDS

100-Yard Dash	Jesse Owens	East Tech., Cleveland	9.4	1933
	James Jackson	Alameda, Calif.	9.4	1954
	Preston Griffin	Centennial, Calif.	9.4	1957
	Roscoe Cook	San Diego, Calif.	9.4	1957
220-Yard Dash	Jesse Owens	East Tech., Cleveland	20.7	1933
	Eddie Southern	Sunset High, Dallas, Texas	20.7	1955
440-Yard Dash	Jerry White	Corcoran, Calif.	46.7	1956
880-Yard Run	Tom Carroll	Fordham Prep, New York	1:50.6	1957
One Mile Run	Jim Bowers	DeKalb, Illinois	4:16.1	1956
High Hurdles (39")	George Hearn	Lower Merian, Ardmore, Pa.	13.9	1957
High Hurdles (42")	Roy Kirkpatrick	El Centro, Calif.	14.5	1934
Low Hurdles (180y)	Charles Tidwell	Independence High, Kansas	18.5	1955
	Junior Howard	San Bernardino, Calif.	18.5	1957
Low Hurdles (200y)	Billy Bless	Jefferson, San Antonio	21.7	1948
Low Hurdles (220y)	Roy Kirkpatrick	El Centro, Calif.	23.4	1924
	Al Lawrence	Glendale, Calif.	23.4	1943
High Jump	Walt Mangham	New Castle, Pa.	6-9 3/4	1956
Pole Vault	Jim Brewer	No. Phoenix High, Arizona	15-0 1/2	1957
Broad Jump	Monte Upshaw	Piedmont, Calif.	25-4 1/4	1954
Shot Put (12 lb.)	Clark Branson	Pasadena, Calif.	64-0 3/4	1957
Shot Put (16 lb.)	Mike McKeever	Mt. Carmel, Calif.	53-4 3/4	1957
Discus (Regulation)	Mike Lewis	Lincoln, San Francisco	158-7 1/4	1957
Discus (3 lb. 9 oz.)	Al Oerter	Floral Park, New York	184-2 3/4	1954
Javelin Throw	Jan Sikorsky	Ramsay, Mt. Pleasant, Pa.	222-10 3/4	1957
440-Yard Relay..Boys	High Brooklyn (Conway, Branch, Gathers, Montgomery)....		42.0	1948
880-Yard Relay..Jefferson, Calif. (Phillips, White, Randall, Batten).....			1:25.9	1956
One Mile Relay (4-Man)	Bayton, Tex. (Smajstrla, Robins, Davis, Wilson).....		3:17.9	1955
One Mile Relay (8-Man)	Manual Arts, Calif. (Harris, Waddy, Bates, Haynes, Willard, Taylor, Green, A. Williams).....		2:54.6	1957
Two Mile Relay..Morningside, Calif. (Kingsland, Baldwin, McGowan, Snyder)...			7:54.6	1957
Four Mile Relay..Grossmont, Calif. (Kershaw, Griswold, Currier, Rogers)....			18:17.7	1955
Distance Medley..Palo Alto, Calif. (Satterfield, Cathcart, Morrison & Larrieu).....			10:33.0	1956

(* 1957 marks pending approval)

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LOS ANGELES CITY HIGH SCHOOL TRACK AND FIELD MEET CHAMPIONS

<u>YEAR</u>	<u>CHAMPION TEAM</u>	<u>C O A C H</u>	<u>POINTS</u>	<u>L O C A T I O N</u>
1911	Los Angeles	Ralph Noble	75	Bovard Field
1912	Los Angeles	Ralph Noble	70	Bovard Field
1913	Hollywood	Clyde Webster	47	Harvard Military
1914	Manual Arts	Otto Fritsch	54 1/2	Y.M.C.A. Field
1915	Manual Arts	Otto Fritsch	78 1/4	Y.M.C.A. Field
1916	Manual Arts	Otto Fritsch	97	Y.M.C.A. Field
1917	Manual Arts	Vic Ligda	58 1/2	Manual Arts High School
1918	Pasadena	George Main	35	Y.M.C.A. Field
1919	Los Angeles	Glenn Whittle	41 1/2	Los Angeles High School
1920	Los Angeles	Glenn Whittle	40 8/15	Occidental College
1921	Lincoln	Tommy Davis	53	Occidental College
1922	Lincoln	Tommy Davis	45	Occidental College
1923	Hollywood	Bill Paige	45	Occidental College
1924	Manual Arts	Sid Foster	42 1/6	Los Angeles Coliseum
1925	Manual Arts	Sid Foster	39 3/4	Los Angeles Coliseum
1926	Polytechnic	Eddie Leahy	39 7/12	Los Angeles Coliseum
1927	Hollywood	Bill Paige	32 1/8	Los Angeles Coliseum
1928	Los Angeles	Ed Rich	50 1/6	Los Angeles Coliseum
1929	Los Angeles	Clif Reynolds	58 1/4	Los Angeles Coliseum
1930	Manual Arts	Charley Toney	30 5/8	Los Angeles High School
1931	Polytechnic	Eddie Leahy	33 7/10	Los Angeles Coliseum
1932	Hollywood	Merrill Bailey	41 1/2	Los Angeles High School
1933	Los Angeles	Homer Graves	41 3/7	Los Angeles High School
1934	Manual Arts	Charley Toney	45 1/2	Los Angeles High School
1935	Jefferson	Harry Edelson	42	Los Angeles Coliseum
1936	Los Angeles	Homer Graves	54 7/10	Los Angeles Coliseum
1937	Jefferson	Harry Edelson	41	Los Angeles Coliseum
1938	Jefferson	Harry Edelson	35	Los Angeles Coliseum
1939	Jefferson	Harry Edelson	45 1/2	Los Angeles Coliseum
1940	Jefferson	Harry Edelson	29	Los Angeles Coliseum
1941	Jefferson	Harry Edelson	28 1/2	Los Angeles Coliseum
1942	Jefferson	Ralph Crawford	34 1/2	Los Angeles Coliseum
1943	Jefferson	Clarke De Groote	28	Los Angeles Coliseum
1944	University	Jim Pursell	24	Los Angeles Coliseum
1945	Jefferson	Chuck Cascales	29	Los Angeles Coliseum
1946	Jordan	Charley Cromwell	64 2/3	Los Angeles Coliseum
1947	Jefferson	Estel Johnson	99	Los Angeles Coliseum
1948	Jordan	Bill Zazueta	80	Los Angeles Coliseum
1949	Jefferson	Estel Johnson	104	Los Angeles Coliseum
		Joe Barry		
1950	Jefferson	Estel Johnson	111	Los Angeles Coliseum
		Joe Barry		
1951	Jefferson	Estel Johnson	66	Los Angeles Coliseum
		Joe Barry		
1952	Jefferson	Estel Johnson	121 1/2	Los Angeles Coliseum
		Joe Barry		
1953	Jefferson	Estel Johnson	75 3/4	Los Angeles Coliseum
		Joe Barry		
1954	Manual Arts	Charley Toney	75 1/3	Los Angeles Coliseum
1955	Jordan	William Pothoff	88 1/2	Los Angeles Coliseum
1956	Manual Arts	Charley Toney	78 1/2	Los Angeles Coliseum
		Jim Blewett		
1957	Fremont	Bill Silverthorn	72	Los Angeles Coliseum

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. 1957

C.I.F. SOUTHERN SECTION HIGH SCHOOL TRACK AND FIELD MEET CHAMPIONS

<u>YEAR</u>	<u>CHAMPION TEAM</u>	<u>C O A C H</u>	<u>POINTS</u>	<u>L O C A T I O N</u>
1913	Pomona	Ralph Dignowitty	28	Y.M.C.A. Field, Los Angeles
1914	Polytechnic, L.A.	Cecil P. Lyon	16	Y.M.C.A. Field, Los Angeles
1915	Manual Arts	Otto Fritsch	34 13/15	Y.M.C.A. Field, Los Angeles
1916	Manual Arts	Otto Fritsch	52 1/2	Y.M.C.A. Field, Los Angeles
1917	Redlands	Art Lutz	21	Long Beach Polytechnic H.S.
1918	Pasadena	George Main	25	San Bernardino High School
1919	Manual Arts	Sid Foster	22	Los Angeles High School
1920	Los Angeles	Glenn Whittle	18	Occidental College
	Oxnard	John Hunt	18	Occidental College
1921	Lincoln	Tommy Davis	31	Los Angeles High School
1922	Huntington Beach	Ray Walker	20	Occidental College
1923	Hollywood	Bill Paige	25 1/2	Santa Ana High School
1924	Hollywood	Bill Paige	30 3/4	Los Angeles Coliseum
1925	Riverside	Ashel Cunningham	16 3/8	Los Angeles Coliseum
1926	Polytechnic, L.A.	Eddie Leahy	22 1/6	Los Angeles Coliseum
1927	Glendale	Normal Hayhurst	31 1/2	Los Angeles Coliseum
1928	Los Angeles	Ed Rich	21 5/6	Los Angeles Coliseum
1929	San Diego	Glenn Broderick	22 1/2	Los Angeles Coliseum
1930	Santa Ana	G.A. Tex Oliver	17	Los Angeles High School
1931	Polytechnic, L.A.	Eddie Leahy	25 1/2	Los Angeles Coliseum
1932	Polytechnic, L.B.	Norman Baker	25 1/3	Los Angeles High School
1933	El Centro	Bob Armstrong	20	Los Angeles Coliseum
1934	Jefferson	Harry Edelson	19	Los Angeles Coliseum
1935	Jefferson	Harry Edelson	15	Los Angeles Coliseum
1936	Wilson, L.B.	John Gartner	27 1/2	Long Beach Wilson High School
1937	Wilson, L.B.	John Gartner	29 5/6	Long Beach Wilson High School
1938	San Diego	Glenn Broderick	24	Los Angeles Coliseum
1939	Polytechnic, L.B.	Norman Barker	24	Los Angeles Coliseum
1940	Compton	Ernst Hartmann	22 1/3	Los Angeles Coliseum
1941	San Diego	Ed Ruffa	34	Glendale Hoover High School
1942	San Diego	Ed Ruffa	25	Glendale Hoover High School
1943	Glendale	Ranier de Mandel	33 1/3	Glendale Hoover High School
1944	Inglewood	Dick Arnett	23	Los Angeles Coliseum
1945	Hoover, Glendale	Vic Francy	34	Chaffey High School
1946	Redondo	Hal Grant	24 1/2	San Diego High School
1947	Hoover, Glendale	Vic Francy	24 1/2	Oxnard High School
1948	San Diego	Bill Patton	20	Compton College
1949	Hoover, Glendale	Vic Francy	24	Long Beach Wilson High School
1950	Glendale	Ranier de Mandel	28	Long Beach Wilson High School
1951	Compton	Ernst Hartmann	15	Long Beach Wilson High School
	Glendale	Ranier de Mandel	15	Long Beach Wilson High School
	Hoover, Glendale	Vic Francy	15	Long Beach Wilson High School
1952	Compton	Ernst Hartmann	30 1/2	Huntington Beach High School
1953	Santa Ana	Reece Greene	15 1/3	Oxnard High School
1954	Santa Ana	Reece Greene	15	Excelsior High School
	Centennial	William Gill	15	Excelsior High School
1955	Centennial	William Gill	44	Chaffey High School
1956	Pasadena	Richard Simmons	20	Inglewood High School
1957	San Diego	Burt Slater	20	Chaffey High School

CALIFORNIA STATE HIGH SCHOOL TRACK AND FIELD MEET CHAMPIONS

<u>YEAR</u>	<u>CHAMPION TEAM</u>	<u>COACH</u>	<u>POINTS</u>	<u>LOCATION</u>
1915	Manual Arts, L.A.	Otto Fritsch	25	Fresno High School
1916	Manual Arts, L.A.	Otto Fritsch	37 1/2	Y.M.C.A. Field, Los Angeles
1917	Coalinga	Charles Geer	25	Berkeley Stadium
1918	Pasadena	George Main	25	Fair Grounds, Sacramento
1919	Manual Arts, L.A.	Sid Foster	21	San Bernardino High School
1920	Los Angeles	Glenn Whittle	18	Fair Grounds, Bakersfield
1921	Lincoln, L.A.	Tommy Davis	17	Berkeley Stadium
1922	Huntington Beach	Ray Walker	16	Fair Grounds, Stockton
1923	Hollywood	Bill Paige	17 1/2	Patterson Field, Los Angeles
1924	Manual Arts, L.A.	Sid Foster	26	Taft High School
1925	Manual Arts, L.A.	Sid Foster	16	Stanford Stadium
1926	Polytechnic, L.A.	Eddie Leahy	17	Los Angeles Coliseum
1927	Glendale	Normal Hayhurst	35	Modesto High School
1928	Polytechnic, L.B.	Norman Barker	21	Selma High School
1929	San Diego	Glenn Broderick	22	Los Angeles Coliseum
1930	Sacramento	Larry Janssen	11	Edwards Stadium, Berkeley
	San Diego	Glenn Broderick	11	Edwards Stadium, Berkeley
	Santa Ana	G.A. Tex Oliver	11	Edwards Stadium, Berkeley
1931	Polytechnic, L.A.	Eddie Leahy	19 1/2	Visalia High School
1932	Polytechnic, L.B.	Norman Barker	22 1/2	Modesto Junior College
1933	El Centro	Bob Armstrong	18	Los Angeles Coliseum
1934	Muir, Pasadena	Al Walton	14	Edwards Stadium, Berkeley
1935	Fullerton	Harold Lang	14	Ratcliffe Stadium, Fresno
1936	Muir, Pasadena	Al Walton	18	Gridley High School
1937	Jefferson, L.A.	Harry Edelson	23 1/2	Long Beach Wilson High School
1938	San Diego	Glenn Broderick	18 1/2	San Benito High, Hollister
1939	Bakersfield	J.B. Haralson	16	Los Angeles Coliseum
1940	Bakersfield	J.B. Haralson	18 1/2	Visalia High School
1941	Edison, Fresno	Hal Bicknell	22	Spartan Stadium, San Jose
1942	(No meet held because of war)			
1943	(No meet held because of war)			
1944	(No meet held because of war)			
1945	(No meet held because of war)			
1946	Redondo	Hal Grant	21	Compton High School
1947	Washington, L.A.	Gail Wyatt	24	Visalia High School
		Bill Sloan		
1948	Jordan, L.A.	Bill Zazueta	22	Edwards Stadium, Berkeley
1949	Jefferson, L.A.	Estel Johnson	29	Los Angeles Coliseum
		Joe Barry		
1950	Jefferson, L.A.	Estel Johnson	44	Hughes Stadium, Sacramento
		Joe Barry		
1951	Jefferson, L.A.	Estel Johnson	16 1/2	Edwards Stadium, Berkeley
		Joe Barry		
1952	Jefferson, L.A.	Estel Johnson	30 1/2	Los Angeles Coliseum
		Joe Barry		
1953	Manual Arts, L.A.	Charley Toney	16 3/5	Ratcliffe Stadium, Fresno
1954	Alameda	Lew Jolley	19	Edwards Stadium, Berkeley
1955	Centennial	William Gill	29	Los Angeles Coliseum
1956	Jefferson	Estel Johnson	24 2/3	Chico State College
		Richard Ragus		
1957	Berkeley	Rich Hacker	23	Edwards Stadium, Berkeley