

HELMS ATHLETIC FOUNDATION  
SOUTHERN CALIFORNIA HIGH SCHOOL  
TRACK AND FIELD RECORD

1 9 5 6 S E A S O N

TWENTIETH ANNUAL EDITION

RESPECTFULLY DEDICATED TO

WALTER W. BELL and VICTOR ERVING FRANCY

WALTER W. BELL

"In the noble pursuit of making boys into men through the manly processes of forthright athletic competition, Walter W. Bell has achieved his mission. For 40 years he has been an architect of life. The human values he has passed along to the several generations he has influenced in the Long Beach City Schools system will reach out in all directions. His contributions have helped make this a better world -- better made by the better men he has made."

. . By Dick Zehms, Long Beach Independent-  
Press-Telegram

VICTOR ERVING FRANCY

"Beloved and admired by the young men who have served under him at Glendale, and Glendale Hoover High Schools for 31 years, Victor Erving Francy retires as Track and Field coach this year. His individual and team champions have been many. His Hoover teams were four times Southern California champions. The leadership which he has given, and the inspiration which he has provided for young men have resulted in the establishment of ideals at Glendale Hoover High School which are unsurpassed in the nation in prep school ranks. Victor Francy has spent his life well -- as a coach, and a builder of sturdy Americans."

. . By Paul H. Helms, Helms Athletic Foundation

HELMS ATHLETIC FOUNDATION

Helms Hall, Los Angeles

PAUL H. HELMS

Founder and Sponsor

**T**his edition of Helms Athletic Foundation's Southern California High School Track and Field Record Book, marks the 20th year that Paul H. Helms has sponsored this project, in the interest of high school athletics. This book lists the outstanding performances and records established by Southern California track and field athletes during the 1956 season. Five hundred record books are prepared and distributed by Helms Athletic Foundation each season.

The material recorded in this booklet has been gathered from sources which are believed reliable. Information has been provided by high school coaches, sports editors of student newspapers, as well as from Southern California newspapers.

This Southern California High School record book, as are all athletic record books of similar nature, is prepared by Helms Athletic Foundation under the supervision of W.R. Bill Schroeder, Managing Director. It is distributed without charge to high schools, colleges, press, radio, television, athletic coaches and officials.

Helms Athletic Foundation, with offices in Helms Hall, Los Angeles, is sponsored by Paul H. Helms. The Foundation was established in 1936, with one of its main purposes the recording of athletic achievements of athletes in all sports and all divisions.

This 20th annual edition contains best marks of Los Angeles City and C.I.F. track and field athletes over the past years, past C.I.F. and City championship teams and present city, state and national interscholastic track and field marks.

There is also listed track and field athletes of the year, for both Los Angeles and C.I.F., selections which have been made by All-Southern California Board of Athletics since 1937. These athletes have their names engraved upon the Paul H. Helms trophy which is lodged in Helms Hall.

The Helms Athletic Foundation thanks Marty Zucker for his valuable and most capable assistance in the preparation of this year's edition of its track and field record book.

## DAVE DAVIS AND BOB POYNTER NAMED AS TOP CITY AND CIF TRACK ATHLETES OF YEAR, 1956

**A**ll-Southern California Board of Track and Field named a pair of record breakers as 1956 Track and Field Athletes of the Year. Dave Davis of Canoga Park High School, winner of the All-Los Angeles City shot put title, and Bob Poynter of Pasadena High School, who won the C.I.F. Southern Section sprint titles as well as the 220-yard state sprint championship, were the athletes named for 1956 "player of the year" honors.

Dave Davis, Canoga Park High School's supreme shot putter, broke the Los Angeles City meet record and the national interscholastic record in the shot put on May 26, with a heave of 62' 7 1/2". Coach C.P. Cromwell's ace athlete, was outstanding in his event throughout the year, placing second in the California State meet, with a put of 60' 5". Homer Robertson of Pacific High School, who won the event, bested Davis' week-old national mark with a monumental effort of 63' 9 1/2".

Bob Poynter, who led Pasadena's Bulldogs to the C.I.F. Southern Section crown with a double victory in the sprints, was unbeatable in Southern California high school competition. Bob tied the C.I.F. Southern Section record of 9.6 in the 100-yard dash and set a new State meet standard in the 220-yard dash of 21 seconds flat. Poynter was coached during the 1956 track and field season by Richard Simmons. Coach Simmons will receive a special Helms award for having coached the Bulldogs to the C.I.F. Southern Section title in 1956.

This marks the first year since the athlete of the year selections have been made that performers from either Canoga Park or Pasadena have been named for honors.



**A** 11-Southern California Board of Track and Field athletes of the year — Canoga Park High School's Dave Davis and Pasadena High School's Robert Poynter — will have their names engraved upon the Paul H. Helms Trophy which is lodged permanently in Helms Hall, in the Prep School Hall of Fame chamber.

Dave Davis will also have his name engraved upon the Fred W. Kelly Trophy, while Bob Poynter's name will be inscribed upon the Charles W. Paddock Memorial Trophy, both of which are lodged in Helms Hall. Both boys will also receive Helms Athlete of the Year medal awards. Selection of Poynter and Davis as track and field athletes of the year was made by members of Helms Athletic Foundation's All-Southern California Board of Athletics. This Board has made similar selections since 1937.

SOUTHERN CALIFORNIA C.I.F. TRACK AND FIELD ATHLETES OF THE YEAR. . . . .

1937	Bill Bugbee. . . . .	Montebello
1938	Gil LaCava . . . . .	Beverly Hills
1939	Eddie Morris . . . . .	Huntington Beach
1940	Eddie Morris . . . . .	Huntington Beach
1941	Thelno Knowles . . . . .	Santa Monica
1942	Jerry Shipkey. . . . .	Anaheim
1943	Al Lawrence. . . . .	Glendale
1944	Del Smith. . . . .	Glendale
1945	Joe Scott. . . . .	El Monte
1946	John Helwig. . . . .	Mt. Carmel
1947	John Bradley . . . . .	Hoover, Glendale
1948	John Bradley . . . . .	Hoover, Glendale
	Howard Bugbee. . . . .	Redondo Beach
	Bill Fell. . . . .	Compton
1949	Jack Davis . . . . .	Hoover, Glendale
1950	Steve Turner . . . . .	Glendale
1951	Bob Cunning. . . . .	Hoover, Glendale
1952	Fernando Ledesma . . . . .	Compton
1953	Donald Vick. . . . .	Chaffey
	Ronald Morris. . . . .	Burroughs, Burbank
1954	Bill Swisshelm . . . . .	Santa Ana
1955	Charles Dumas. . . . .	Centennial
1956	Robert Poynter . . . . .	Pasadena

LOS ANGELES CITY HIGH SCHOOL TRACK AND FIELD ATHLETES OF THE YEAR. . . . .

1937	Bryant Allen . . . . .	Jefferson
1938	Baylor Maynard . . . . .	Belmont
1939	Bill Stewart . . . . .	Torrance
1940	Bill Smith . . . . .	Belmont
1941	Bill Smith . . . . .	Belmont
1942	Roy Thurman. . . . .	Fremont
1943	Mel Patton . . . . .	University
1944	Hank Williams. . . . .	Belmont
1945	Ron Frazier. . . . .	Van Nuys
1946	Dick Attlesey. . . . .	B e l l
1947	Hugh McElhenny . . . . .	Washington
1948	Bob Cameron. . . . .	Washington
1949	George Brown . . . . .	Jordan
1950	Lang Stanley . . . . .	Jefferson
1951	Clarke Merrill . . . . .	Belmont
1952	LaVern Smith . . . . .	Jefferson
1953	Darryl Ellingson . . . . .	Dorsey
1954	Everett Jackson. . . . .	Manual Arts
1955	Jesse Newman . . . . .	Jefferson
1956	Dave Davis . . . . .	Jefferson

HONOR TRACK & FIELD TEAMS

Selections by the Helms Athletic Foundation All-Southern California Board of Athletics, composed of Ralph Alexander (L.A. Examiner); John de la Vega (L.A. Times); Jack Hefley (Huntington Park Signal); Jack Disney (L.A. Herald-Express); Joe Lyou (L.A. Mirror-News); Ron Weiner (Hollywood Citizen-News); Pete Kokon (San Fernando Valley Times); Bill Hollohan (San Pedro News-Pilot); Chuck Cherniss (Alhambra Post-Advocate); Claude Anderson (San Bernardino Sun); Eddie West (Santa Ana Register); Tom Burdick (Long Beach Press-Telegram); Mannie Pineda (Pasadena Star-News); Garland Rose (Riverside Press-Enterprise); Philip Patton (Santa Barbara News-Press); Dick Vanderveld (Santa Monica Outlook); Chuck Thomas (Ventura Star-Free Press); Bill Whitney (Breitbart Athletic Foundation); Mory Kapp (Helms Athletic Foundation); Braven Dyer, jr., Secretary and W.R. Bill Schroeder, Chairman.

E V E N T	C.I.F. HIGH SCHOOL	M A R K	L.A. HIGH SCHOOL	M A R K
100-Yard Dash	Robert Poynter Pasadena	9.5	William White Jefferson	**9.5
220-Yard Dash	Robert Poynter Pasadena	20.8	Joe Batten Jefferson	21.6
440-Yard Dash	David Ross California	48.2	William Turner Manual Arts	48.8 (n)
880-Yard Dash	Wayne Lemons Riverside	1:54.4 (n)	Louis Miller Fremont	1:54.0 (n)
One Mile Run	Grady Neal Fullerton	4:20.5 (n)	Robert Rye Eagle Rock	4:23.5
120-Yard Hurdles	Charles Figgee Pasadena	#14.0	Charles McGruder Manual Arts	14.4
180-Yard Hurdles	Jack Holman California	18.9 (w)	William White Jefferson	***18.9
High Jump	Robert Avant Hart	6' 4½"	Robert Sims Jordan	6' 7"
Pole Vault	Ralph Rocha Jordan, L.B.	13' 5½"	Terry Kelley Los Angeles	13' 3½"
Broad Jump	Robert Smith Compton	23' 11½"	Oscar Bean Jefferson	@25' 4½"
Shot Put	Homer Robertson Pacific	*63' 9½"	Dave Davis Canoga Park	62' 7½"

(Marks listed are best for 1956 season. (N)...non-winning; (W)...wind)

- \* New National Interscholastic Record
- \*\* New State Meet Record
- \*\*\* Ties State Meet Record
- New Los Angeles City Meet Record
- New C.I.F. Southern Section Meet Record
- Better national record, but made in dual meet and therefore not acceptable as national mark.

HONOR ROLL OF COACHES - 1956

C.I.F. SOUTHERN SECTION COACHES

Don Donnelly. . . . .	Hart . . . . .	Robert Avant
Jim Bush. . . . .	Fullerton. . . . .	Grady Neal
Leonard Pecchia . . . . .	Pacific. . . . .	Homer Robertson
Don Halderman . . . . .	California . . . . .	David Ross, Jack Holman
Ernst Hartmann. . . . .	Compton. . . . .	Robert Smith
Richard Simmons . . . . .	Pasadena . . . . .	Robert Poynter, Charles Piggee
Clement Reese . . . . .	Jordan, Long Beach . . . . .	Ralph Rocha
Al Steele . . . . .	Riverside Poly . . . . .	Wayne Lemons

LOS ANGELES CITY COACHES

Charles Toney & Jim Blewett	Manual Arts . . . . .	William Turner, Charles McGruder
Norm Forester & Jes Flores	Jordan. . . . .	Robert Sims
Estel Johnson & Dick Ragus	Jefferson . . . . .	William White, Joe Batten, Oscar Bean
Bill Silverthorn. . . . .	Fremont . . . . .	Louis Miller
Charles Cromwell. . . . .	Canoga Park . . . . .	Dave Davis
Homer Graves. . . . .	Los Angeles . . . . .	Terry Kelley
John Oden . . . . .	Eagle Rock. . . . .	Robert Rye

WINNERS OF MAJOR SOUTHERN CALIFORNIA HIGH SCHOOL TRACK AND FIELD MEETS FOR 1956

Santa Ana Relays.....	March 1	Centennial (Division III. . . . .	27
	March 1	Laguna Beach (Division IV . . . . .	20
	March 2	Chaffey (Division I. . . . .	19
	March 2	Santa Ana (Division II . . . . .	24
Southern Counties Relays	March 10	Pasadena (Large schools). . . . .	24 7/8
	March 10	Centennial (Small schools). . . . .	46 1/3
Mira Costa Relays	March 16	Centennial. . . . .	36 1/2
Pasadena Games	March 17	Pasadena. . . . .	44 13/14
Ventura Relays	March 24	Ventura . . . . .	69 7/10
Glendale Relays	March 29	Pasadena. . . . .	26 1/2
Santa Barbara Relays	March 31	Corona (Division I) . . . . .	25
	March 31	Wilson, L.B. (Division II). . . . .	23 1/2
Compton Gold Cup	April 7	Pasadena. . . . .	27 1/2
Orange League	April 16	Laguna Beach. . . . .	105
Inglewood Relays	April 17	Centennial. . . . .	35
Chaffey Invitational	April 21	Chaffey . . . . .	25
El Centro Relays	April 28	El Centro . . . . .	30 1/2
Tri-County League	May 2	Citrus. . . . .	67
Ventura League	May 4	Oxnard. . . . .	58
Metropolitan League	May 4	Chula Vista . . . . .	42 3/4
San Diego City League	May 4	Hoover, San Diego . . . . .	50
Pacific League	May 4	Alhambra & El Monte . . . . .	38
Coast League	May 4	Wilson, Long Beach. . . . .	44 2/3
San Gabriel Valley League	May 4	California. . . . .	67 1/3
Foothill League	May 4	Pasadena. . . . .	61 1/2
Bay League	May 4	Centennial. . . . .	66 1/2
Citrus Belt League	May 4	Riverside . . . . .	54
Pioneer League	May 4	Beverly Hills . . . . .	50
Rio Hondo League	May 4	San Marino. . . . .	146
Sunset League	May 4	Santa Ana . . . . .	68 1/2

Southern California Meet winners (Cont.)

Catholic League	May 5	Cathedral. . . . .	42
Tri-Valley League	May 5	Thacher. . . . .	80
Desert-Inyo League	May 5	Victor Valley. . . . .	64
San Fernando Valley League	May 11	Van Nuys . . . . .	57
Western League	May 11	University . . . . .	62
Southern League	May 11	Fremont. . . . .	48 1/4
Northern League	May 11	Franklin . . . . .	45 1/2
Marine League	May 11	Jordan . . . . .	66
Eastern League	May 11	Roosevelt. . . . .	53 1/2
Los Angeles City	May 26	Manual Arts. . . . .	78 1/2
C.I.F. Southern Section	May 26	Pasadena . . . . .	20
California State	June 2	Jefferson. . . . .	24 2/3

NORTHERN CALIFORNIAVS. SOUTHERN CALIFORNIABEST TIMES AND MARKS OF 1956

<u>SOUTHERN CALIFORNIA</u>			<u>NORTHERN CALIFORNIA</u>	
<u>E V E N T</u>	<u>ATHLETE</u>	<u>MARK</u>	<u>ATHLETE</u>	<u>MARK</u>
100-Yard Dash	Bob Poynter (Pasadena).. Willie White(Jefferson).	9.5 9.5	Jerry White..... Corcoran	9.5
220-Yard Dash	Bob Poynter..... Pasadena	20.8	Dick Brown..... Lincoln, San Jose	21.0
440-Yard Dash	Dave Ross..... California	48.2	Jerry White.....* Corcoran	46.7
880-Yard Run	Louis Miller..... Fremont	1:54.0 (n)	Jerry Siebert..... Willits	1:53.8
One Mile Run	Grady Neal..... Fullerton	4:20.5 (n)	Ron Larrieu..... Palo Alto	4:20.1
High Hurdles	Charles Piggee...* Pasadena	14.0	Walt Goodman..... Pierce (Arbuckle)	14.1
Low Hurdles	Sunny Owens (Fullerton).... Willie White (Jefferson).... Jack Holman (California)....	18.9w 18.9 18.9 (w)	Dale Messer..... Lemoore	18.9 (w)
Shot Put	Homer Robertson.... Pacific	*63' 9 1/2"	Mike Profit..... Campbell	59' 4 1/8"
High Jump	Robert Sims..... Jordan	6' 7"	Julius Jefferson..... Fremont, Oakland	6' 5 1/2"
Pole Vault	Bill Logan..... El Cajon	13' 6"	Jim Matejka..... Sequoia	14' 1/2"
Broad Jump	Oscar Bean..... Jefferson	25' 4 1/2"	John Perkins..... El Cerrito	24' 3 1/2"
880-Yard Relay	Jefferson.....	*1:25.9	Berkeley.....	1:26.8 (n)

\* New national interscholastic record (w)...wind mark (n)...non-winning mark

\*\* Ties national interscholastic record



RESULTS OF CALIFORNIA STATE HIGH SCHOOL TRACK AND FIELD MEET CHAMPIONSHIPS  
HELD AT CHICO STATE COLLEGE STADIUM ON JUNE 2, 1956

- 100-Yard Dash: White (Jefferson); Poynter (Pasadena); J. White (Corcoran); Jackson (Richmond); Schaaf (Orosi). #9.5
- 220-Yard Dash: Poynter (Pasadena); Jackson (Richmond); Pettit (King City); Walters (Sweetwater); Schaaf (Orosi). #21.0
- 440-Yard Dash: J. White (Corcoran); Dorsey (Berkeley); Yerman (Woodland); Tan (St. Ignatius); Phillips (Bakersfield). @46.7
- 880-Yard Run: Siebert (Willits); Miller (Fremont, LA); Knapp (Alhambra); Brown (Merced); Lemons (Riverside); Cervený (S.D. Mission). 1:53.8
- One Mile Run: Larrieu (Palo Alto); Neal (Fullerton); Monzingo (S.D. Hoover); Harkness (No. Hollywood); Holland (St. Monica). 4:20.1
- 120-Yard Hurdles: Messer (Lemoore); Pinkston (Pomona); McGruder (Manual Arts); Treat (Kingsburg); Holman (California). 14.2
- 180-Yard Hurdles: White (Jefferson); Messer (Lemoore); Holman (California); Perry (Oakland Tech); Piggee (Pasadena). #19.0
- High Jump: Tie for first between Chappell (Jefferson) Sims (Jordan) 6' 3 $\frac{1}{4}$ "; tie for third among Williams (Manual Arts) Avant (Hart) Jefferson (Fremont, Oakland) 6' 2".
- Pole Vault: Tie for first between Logan (El Cajon) Helms (El Dorado) 13' 6"; tie between Rocha (L.B. Jordan) Matejka (Sequoia) 13' 3"; tie among Chappell (Jefferson) Kelley (Los Angeles) Grisch (Mira Costa) Butler (Tulare) Wimmer (Fresno) Hartsell (Salinas) 13'.
- Broad Jump: Bean (Jefferson) 24' 9"; Lindsay (Manual Arts) 24' 3 $\frac{1}{4}$ "; Walton (Fremont) 24' 2  $\frac{5}{8}$ "; Hayes (S.D. Lincoln) 24' 1 $\frac{1}{8}$ "; Smith (Compton) 23' 11 $\frac{1}{2}$ ".
- Shot Put: Robertson (Pacific) @63' 9 $\frac{1}{2}$ "; Davis (Canoga Park) 60' 5"; Griffin (No. Hollywood) 59' 6 $\frac{1}{2}$ "; Profit (Campbell) 58' 3  $\frac{3}{4}$ "; Metcalf (Inglewood) 57' 5 $\frac{1}{8}$ ".
- Shot Put (16 lb. exhibition): Davis (Canoga Park) 51' 1  $\frac{1}{8}$ "; Robertson (Pacific) 49' 5"; Griffin (No. Hollywood) 49' 4  $\frac{3}{8}$ "; Foushee (Hoover, Glen.) 48' 2  $\frac{1}{4}$ "; Crow (Corcoran) 47' 10 $\frac{1}{4}$ ".
- 880-Yard Relay: Jefferson, Berkeley, Manual Arts, Dorsey, Richmond. @1:25.9
- Discus (3 lb. 9 oz.) exhibition: Crow (Corcoran) #171' 5 $\frac{1}{4}$ "; Eller (Fresno) 166' 9 $\frac{1}{2}$ "; Davis (Canoga Park) 160' 3 $\frac{1}{2}$ "; Lane (Encinal) 159' 2" Lewis (S.F. Lincoln) 156' 2"
- Discus (Regulation) exhibition: Stoner (Laguna) 145' 9  $\frac{3}{4}$ "; Lewis (S.F. Lincoln) 142' 3  $\frac{5}{8}$ "; Crow (Corcoran) 139' 11"; Cadwell (Alcanes) 138' 7  $\frac{3}{8}$ "; Bell (Alameda) 136' 1 $\frac{1}{4}$ ".

\* New California State Meet Record

@ New National Interscholastic Record

# White tied State mark of 18.9 in preliminaries

SCORING (First Six) Jefferson 24  $\frac{2}{3}$ ; Manual Arts 12; Pasadena 10; Lemoore 9; Berkeley 8; Corcoran 8.

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. . . . . 1956

RESULTS OF C.I.F. SOUTHERN SECTION TRACK AND FIELD CHAMPIONSHIPS

HELD AT INGLEWOOD HIGH SCHOOL, MAY 26, 1956

- 100-Yard Dash: Poynter (Pasadena); Matta (Mt. Carmel); Knott (El Centro)  
Schick (El Monte); Staten (San Diego). \*\*9.6
- 220-Yard Dash: Poynter (Pasadena); Matta (Mt. Carmel); Walters (Sweetwater)  
Knott (El Centro); tie for fifth between Cooke (Torrance)  
and Staten (San Diego). 20.9
- 440-Yard Dash: Ross (California); Boeckler (Wilson); Gilmore (Riverside);  
Jehle (Chaffey); Domer (Pomona Catholic). 49.3
- 880-Yard Run: Lemons (Riverside); Cervený (Mission Bay); Knapp (Alhambra)  
Hill (Point Loma); Caffery (Cathedral) 1:55.3
- One Mile Run: Neal (Fullerton); Monzingo (S.D. Hoover); Holland (St. Monica);  
Riding (Puente); Lindholm (Pasadena). 4:22.1
- 120-Yard Hurdles: Piggee (Pasadena); Pinkston (Pomona); Holman (California);  
Martin (Muir); Jones (Huntington Beach). \*14.0
- 180-Yard Hurdles: Holman (California); Piggee (Pasadena); Cherney (California)  
Pinkston (Pomona); Sankey (Centennial). 19.1
- High Jump: Avant (Hart) 6' 4 1/8"; Dumas (Centennial) 6' 3"; tie for third  
among Quinnett (San Bernardino) Rutledge (Centennial) Robinson  
(Colton) 6'.
- Pole Vault: Rocha (Jordan) 13' 5 1/2"; Logan (El Cajon) 13' 3 1/4"; Grisch  
(Mira Costa) 13'; Henderson (Ventura) 12' 9"; tie for fifth  
between Reese (Wilson) White (California) 12' 6".
- Broad Jump: Tie for first between Smith (Compton) Hayes (S.D. Lincoln)  
22' 9 3/4"; Cochran (Morningside) 22' 1 1/2"; Waterhouse (San Diego)  
21' 10 3/4"; Miller (Lynwood) 21' 10 1/2".
- Shot Put: Robertson (Pacific) \*61' 10 1/4"; Metcalf (Inglewood) 57' 5";  
Foushee (Hoover, Glen.) 56' 5 1/2"; Verdon (Hoover, S.D.) 56' 5 1/4"  
Mike McKeever (Mt. Carmel) 55' 10 1/2".
- 880-Yard Relay: Santa Ana, Wilson, Alhambra, Chaffey, Torrance. 1:29.5

\* New C.I.F. Southern Section Meet Record

\*\* Ties C.I.F. Southern Section Meet Record

SCORING: (First Six) Pasadena 20; California 16 1/2; Mt. Carmel 9;  
L.B. Wilson 8 1/2; Riverside 8; Centennial 7.



HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. . . . . 1956

RESULTS OF LOS ANGELES CITY HIGH SCHOOL TRACK AND FIELD MEET  
HELD AT LOS ANGELES COLISEUM, MAY 26, 1956

100-Yard Dash: White (Jefferson); Batten (Jefferson); Jenkins (Manual Arts)  
W. Turner (Manual Arts); Sorenson (Fremont); Freiden (Roosevelt). 10.0

220-Yard Dash: Batten (Jefferson); Jenkins (Manual Arts); Freiden (Roosevelt);  
Phillips (Jefferson); Randall (Jefferson); Folks (Fremont). 21.6

440-Yard Dash: W. Turner (Manual Arts); Don Smith (Fremont); Balzarett (Eagle  
Rock); Navarro (Garfield); Schreiner (Eagle Rock); Weiner (University). 49.7

880-Yard Run: Miller (Fremont); Knocke (Narbonne); Ted Smith (Van Nuys);  
Warner (Dorsey); Fernandez (Roosevelt); Stanley (Franklin). 1:56.9

One Mile Run: Rye (Eagle Rock); Roelen (San Fernando); Harkness (No. Hollywood);  
Dilday (Washington); Rosales (San Fernando); Johnson (University). \*4:23.5

120-Yard Hurdles: McGruder (Manual Arts); Wilkins (Los Angeles); Glenn (Manual  
Arts); Baker (Reseda); Tave (Roosevelt); Burns (Franklin). 14.5

180-Yard Hurdles: White (Jefferson); McGruder (Manual Arts); Battle (Fremont);  
Tave (Dorsey); R. Brown (Narbonne); Espinoza (Garfield). \*19.0

High Jump: Sims (Jordan) \*6' 7"; tie for second between Chappell (Jefferson)  
and Williams (Manual Arts) 6' 3 3/16"; Owens (Canoga Park) 6' 2 3/16";  
N. Grundy (Jordan) 6' 1 1/4"; tie for sixth among B. Grundy (Jordan)  
Bunting (Reseda) and McBride (No. Hollywood) 6' 1/4".

Pole Vault: Tie for first between Betz (Hollywood) and Kelley (Los Angeles)  
13' 3"; tie for third among Harris (Manual Arts) Chappell (Jefferson)  
Hardin (Manual Arts) and Stahler (University) 12' 11 1/4".

Broad Jump: Walton (Fremont) \*24' 5 1/2"; Bean (Jefferson) 23' 7 1/2";  
Lindsay (Manual Arts) 23' 1 3/4"; Love (Roosevelt) 22' 1 1/4";  
Brown (Belmont) 22' 1/4"; Thomas (Manual Arts) 21' 6".

Shot Put: Dave Davis (Canoga Park) \*62' 7 1/2"; Griffin (No. Hollywood) 57' 7 1/2"  
McLane (Los Angeles) 56' 11 3/4"; Roberts (South Gate) 51' 4"; Asaro  
(Banning) 50' 11 1/4"; Martin (Van Nuys) 50' 8 1/2"

One Mile Relay (8-Man): Jefferson, Fremont, Manual Arts, Dorsey, Los Angeles,  
Van Nuys. \*2:56.3

\* New Los Angeles High School Meet Records.

Jefferson's relay mark and Dave Davis' shot put mark are new  
National Interscholastic records. (Davis' mark was bettered  
by Homer Robertson in Calif. State Meet-- 63' 9 1/2")

SCORING: (First Six): Manual Arts 78 1/2; Jefferson 71 3/4; Fremont 45 1/2;  
Los Angeles 25; Eagle Rock 18; North Hollywood 14 1/3.

# HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. . . . . 1956

## OUTSTANDING MARKS MADE BY SOUTHERN CALIFORNIA HIGH SCHOOL ATHLETES DURING 1956

<u>MARK</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>MEET</u>	<u>DATE</u>
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### 100-YARD DASH

9.5	Robert Poynter	Pasadena	Senior	Muir	4/20
9.5	Willie White	Jefferson	Senior	State Finals	6/2
9.7	Bill Ernest	Helix	Soph.	Semi-Finals CIF	5/19
9.7	Roscoe Cook	San Diego	Junior	Semi-Finals CIF	5/19
9.7 (n)	Tom Coleman	Muir	Senior	Pasadena	4/20
9.7 (n)	Al Matta	Mt. Carmel	Senior	State Finals	6/2
9.7 (w)	Dave Schick	El Monte	Senior	Semi-Finals CIF	5/19
9.8	Bob Staten	San Diego	Junior	Semi-Finals CIF	5/19
9.8	Johnny Allen	Santa Ana	Senior	Chaffey Invitational	4/21
9.8	Bill Walters	Sweetwater	Senior	Grossmont	3/23
9.8	Rusty Weeks	Alhambra	Junior	Mark Keppel	4/6
9.8	Rich Johnson	Mark Keppel	Senior	Rosemead	5/7
9.8 (n)	Carl Skvarna	Chaffey	Junior	Chaffey Invitational	4/21
9.8 (w)	Paul Anderson	Riverside	Senior	Citrus Belt Finals	5/4

### 220-YARD DASH

20.8	Robert Poynter	Pasadena	Senior	Quarter-Finals CIF	5/12
21.0	Roscoe Cook	San Diego	Junior	Semi-Finals CIF	5/19
21.0 (nw)	Bob Staten	San Diego	Junior	Semi-Finals CIF	5/19
21.0 (w)	Norman Jehle	Chaffey	Junior	Semi-Finals CIF	5/19
21.0 (w)	Carl Skvarna	Chaffey	Junior	Citrus Belt Finals	5/4
21.1 (n)	Bill Walters	Sweetwater	Senior	Semi-Finals CIF	5/19
21.3 (n)	Al Matta	Mt. Carmel	Senior	Finals CIF	5/26
21.4 (nw)	Chris Knott	El Centro	Senior	Semi-Finals CIF	5/19
21.5	Gary Cooke	Torrance	Senior	Quarter-Finals CIF	5/12
21.5	Fred Sharpe	Wilson, L.B.	Senior	Excelsior	4/19
21.6	William Turner	Manual Arts	Senior	University	3/9
21.6	Joe Batten	Jefferson	Junior	City Finals	5/26
21.6 (n)	Bob Besse	Pomona	Senior	Chaffey Invitational	4/21

### 440-YARD DASH

48.2	Dave Ross	California	Senior	Chaffey Invitational	4/21
48.4 (n)	Norman Jehle	Chaffey	Junior	Chaffey Invitational	4/21
48.5 (n)	Don Smith	Fremont	Senior	State Finals	6/2
48.8 (n)	Art Gilmore	Riverside	Junior	Chaffey Invitational	4/21
48.8 (n)	Dean Balzaret	Eagle Rock	Junior	State Finals	6/2
48.8 (n)	Ron Boeckler	Wilson, L.B.	Junior	State Finals	6/2
48.8 (n)	William Turner	Manual Arts	Senior	State Finals	6/2
48.9 (n)	Bob Besse	Pomona	Senior	Chaffey Invitational	4/21
48.9 (n)	Ron Clabaugh	Puente	Senior	Chaffey Invitational	4/21
49.5	George Domer	Pomona Cath.	Senior	St. Anthony's	3/20
49.7 (n)	Mike McCartney	LaJolla	Senior	Semi-Finals CIF	5/19
49.8 (n)	Clyde Barrett	Compton	Senior	Chaffey Invitational	4/21
50.0 (n)	Wally Blaylock	Wilson, L.B.	Senior	Coast Finals	5/4
50.0 (n)	Karl Schreiner	Eagle Rock	Senior	Wilson	4/20
50.0 (n)	Charles Canter	Montebello	Senior	Quarter-Finals CIF	5/12
50.0 (n)	Jim Martin	El Monte	Senior	Quarter-Finals CIF	5/12

(n)....Non-winning time

(w)....Wind

MARK      ATHLETE      SCHOOL      YEAR      MEET      DATE

880-YARD RUN

1:54.0 (n)	Louis Miller	Fremont	Senior	State Finals	6/2
1:54.3 (n)	Bruce Knapp	Alhambra	Senior	State Finals	6/2
1:54.4 (n)	Wayne Lemons	Riverside	Senior	State Finals	6/2
1:54.4 (n)	Jim Cerveney	Mission, S.D.	Junior	State Finals	6/2
1:55.5 (n)	Bill Knocke	Narbonne	Junior	State Finals	6/2
1:56.3 (n)	Wes Hill	Pt. Loma	Senior	Finals CIF	5/26
1:56.5 (n)	James Caffrey	Cathedral	Senior	Finals CIF	5/26
1:56.7	Ted Smith	Van Nuys	Senior	Valley Finals	5/11
1:56.8	Raul Yanez	Lompoc	Senior	San Luis Obispo Fin.	5/4
1:56.8	Dick Roy	Beverly Hills	Senior	Quarter-Finals CIF	5/12
1:57.3	Robert Rye	Eagle Rock	Senior	Wilson	4/20
1:57.4 (n)	Kirby Smith	Arcadia	Senior	Pacific Finals	5/4
1:57.7	Bill Warner	Dorsey	Senior	Southern Prelims	5/4
1:57.9	Bill Lewis	Lynwood	Senior	Quarter-Finals CIF	5/12
1:57.9	Bill Nelson	Oxnard	Senior	Ventura Finals	5/4
1:58.0	Paul Welborn	Santa Monica	Junior	Semi-Finals CIF	5/19

ONE MILE RUN

4:20.5 (n)	Grady Neal	Fullerton	Senior	State Finals	6/2
4:20.9 (n)	Bob Monzingo	Hoover, S.D.	Senior	State Finals	6/2
4:21.6 (n)	Hal Harkness	No. Hollywood	Senior	State Finals	6/2
4:21.6 (n)	Bob Holland	Santa Monica	Senior	State Finals	6/2
4:22.9 (n)	Tim Roelen	San Fernando	Junior	State Finals	6/2
4:23.5	Robert Rye	Eagle Rock	Senior	City Finals	5/26
4:25.3	Arvid Lindholm	Pasadena	Senior	Hoover, Glendale	5/8
4:25.7	Wayne Lemons	Riverside	Senior	Compton Cup	4/7
4:26.3	Larry Arroques	Fullerton	Senior	Quarter-Finals CIF	5/12
4:26.8	Ken Riding	Puente	Senior	Semi-Finals CIF	5/19
4:27.0 (n)	Jim Griswold	Grossmont	Senior	Quarter-Finals CIF	5/12

120-YARD HIGH HURDLES

14.0	Charles Piggee	Pasadena	Senior	Finals CIF	5/26
14.0 (w)	Sunny Owens	Fullerton	Senior	Semi-Finals CIF	5/19
14.2	Ron Pinkston	Pomona	Junior	Semi-Finals CIF	5/19
14.2 (nw)	Jack Holman	California	Senior	Semi-Finals CIF	5/19
14.4	Charles McGruder	Manual Arts	Senior	Jefferson	4/16
14.4 (n)	John Martin	Muir	Senior	Finals CIF	5/26
14.5	Robert Curry	Fremont	Senior	Jefferson	3/22
14.5	Bill Ely	Whittier	Senior	Quarter-Finals CIF	5/12
14.5 (n)	Don Jones	Hunt. Beach	Senior	Semi-Finals CIF	5/19
14.5 (n)	Cliff Putnam	Santa Monica	Senior	Semi-Finals CIF	5/19
14.5 (n)	Tom Chatham	Riverside	Senior	Citrus Belt Finals	5/4
14.6	Frank McConnell	San Gab. Miss.	Senior	Pomona Catholic	4/20
14.6 (n)	Wells Longshore	Loyola	Senior	Semi-Finals CIF	5/19

180-YARD LOW HURDLES

18.9	Willie White	Jefferson	Senior	State Finals	6/2
18.9 (w)	Sunny Owens	Fullerton	Senior	Chaffey Invit	4/21
18.9 (w)	Jack Holman	California	Senior	Semi-Finals CIF	5/19
19.0	Pete Cherney	California	Senior	Semi-Finals CIF	5/19
19.0 (nw)	Weldon Platt	Pomona	Senior	Chaffey Invit.	4/21
19.1	Robert Curry	Fremont	Senior	Southern Prelims	5/9
19.1 (nw)	Ron Pinkston	Pomona	Junior	Semi-Finals CIF	5/19

(n)...Non-winning time

(w)...Wind



# HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. . . . . 1956

MARK	ATHLETE	SCHOOL	YEAR	MEET	DATE
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## 180-YARD LOW HURDLES (cont.)

19.2 (n)	Charles Piggee	Pasadena	Senior	Finals CIF	5/26
19.3 (n)	Don Jones	Hunt. Beach	Senior	Chaffey Invit.	4/21
19.4	Chuck Laughlin	Glendale	Senior	Foothill Finals	5/4
19.4	Joe Sotelo	Excelsior	Senior	Semi-Finals	5/19
19.4 (n)	Terry Randall	Jefferson	Junior	Dorsey	4/20

## HIGH JUMP

6-7	Bob Sims	Jordan	Senior	City Finals	5/26
6-5	Curtis Chappell	Jefferson	Senior	Los Angeles	4/6
6-4 1/4	Bill Westbrook	Pomona	Junior	Chaffey Invit.	4/21
6-3 3/4	Art Wilson	Fremont	Junior	Poly, L.B.	3/1
6-3 3/4	Errol Williams	Manual Arts	Senior	Jordan	3/16
6-3 1/8	Jack Bose	Santa Ana	Senior	Easter Relays, S.B.	3/31
6-3 1/8	T.C. Johnson	Kearny	Senior	Mission, S.D.	4/20
6-4 1/2	Bob Avant	Hart	Senior	Harvard	3/2
6-3 1/2	Gary Frandsen	Alhambra	Senior	Monrovia	4/19
6-3 1/2	Norm Robinson	Colton	Senior	Chaffey Invit.	4/21
6-3	Joe Monson	Cathedral	Senior	Loyola	4/6
6-3	Phil Hoover	Pasadena	Senior	Burroughs	3/15
6-3	Cornelius Dumas	Centennial	Senior	Santa Barbara	3/23

## POLE VAULT

13-6	Bill Logan	El Cajon	Junior	State Finals	6/2
13-5 1/2	Ralph Rocha	Jordan, L.B.	Senior	Finals CIF	5/26
13-3 1/2	Terry Kelley	Los Angeles	Senior	Dorsey	5/2
13-3	Jerry Betz	Hollywood	Senior	City Finals	5/26
13-1 7/8	Ron Dempsey	Gardena	Senior	Banning	4/16
13-1 3/4	Roger Eiland	Washington	Senior	Jefferson	4/27
13-0	Curtis Chappell	Jefferson	Senior	Dorsey	4/20
13-0	John White	California	Senior	San Gabriel Finals	5/4
13-0	Dick Arevalos	Laguna Beach	Junior	Easter Relays, S.B.	3/31
13-0	Charles Hardin	Manual Arts	Senior	Dorsey	3/22
13-0	Don Grish	Mira Costa	Senior	Finals CIF	5/26
12-11 1/2	Dick Reese	Wilson, L.B.	Senior	Coast Finals	5/4
12-11 1/4	Alfred Harris	Manual Arts	Senior	City Finals	5/26
12-11 1/4	John Stahler	University	Senior	City Finals	5/26
12-10 1/2	Billy Franklin	Fremont	Senior	Washington	4/20

## BROAD JUMP

25-4 1/2	Oscar Bean	Jefferson	Senior	Dorsey	4/20
24-5 1/2	Richard Walton	Fremont	Senior	City Finals	5/26
24-5	Charles Lindsay	Manual Arts	Senior	Los Angeles	4/20
24-0 1/8	Luther Hayes	Lincoln, S.D.	Junior	State Finals	6/2
23-11 1/2	Bob Smith	Compton	Senior	State Finals	6/2
23-9	Jim Nazaroff	Montebello	Senior	Covina	3/15
23-8 1/2	Gene Allen	Poly, L.B.	Junior	Quarter-Finals CIF	5/12
23-8	Henry Andrews	Poly, L.B.	Junior	Semi-Finals CIF	5/19
23-3 1/2	Willie Jacques	Manual Arts	Senior	Los Angeles	4/20
23-1 1/2	Tom Coleman	Muir	Senior	Pasadena Games	3/17
23-0 1/4	John Blaylock	Centennial	Junior	Bay Finals	5/4
23-0	Robert Gurry	Fremont	Senior	Manual Arts	4/27

(n)...Non-winning time

# HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. . . . . 1956

MARK	ATHLETE	SCHOOL	YEAR	MEET	DATE
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## SHOT PUT

63-9	1/2	Homer Robertson	Pacific	Senior	State Finals	6/2
62-7	1/2	Dave Davis	Canoga Park	Senior	City Prelims	5/19
59-6	1/2	Herb Griffin	No. Hollywood	Senior	State Finals	6/2
57-7	1/2	Jack Metcalf	Inglewood	Senior	Bay Finals	5/4
57-7		Mike McKeever	Mt. Carmel	Junior	Catholic Prelims	5/1
57-5	1/2	Frank Olson	El Segundo	Senior	Semi-Finals CIF	5/19
57-1		Harry Olivar	Loyola	Senior	Quarter-Finals CIF	5/12
56-11	3/4	John McLane	Los Angeles	Senior	City Finals	5/26
56-5	1/2	Dick Foushee	Hoover, Glen.	Senior	Finals CIF	5/26
56-5	1/4	Dick Verdon	Hoover, S.D.	Junior	Finals CIF	5/26
56-4		Marlin McKeever	Mt. Carmel	Junior	Catholic Finals	5/4

## 880-YARD RELAY

1:25.9	Jefferson (Phillips(22.2) White(21.2) Randall(21.3) Batten(21.2)	State	6/2
1:27.1n	Dorsey (Williams, Brockenberry, Tave, Obear).....	State Prelims	6/2
1:28.1n	Manual Arts (Henderson, Turner, Lindsay, Jenkins)....	State Finals	6/2
1:28.2n	Wilson, L.B. (Ehmann, Sharpe, Boeckler, Blaylock)....	State Finals	6/2
1:28.4	Chaffey (Wickham, Kilfoil, Skvarna, Jehle).....	Chaffey Invit.	4/21
1:28.5n	Santa Ana (Colburn, Meyer, Bilktröm, Allen).....	Chaffey Invit.	4/21
1:28.8	Pasadena (Piggee, Sabisian, Magnuson, Poynter).....	Foothill Fin.	5/4
1:29.2	Riverside (P. Anderson, Chatham, J. Anderson, Gilmore)	CIF Semis	5/19

## EIGHT-MAN ONE MILE RELAY

2:56.3	Jefferson..(Phillips, White, Mitchell, Felder, Bean, Thomas, Randall and Batten).....	City Finals	5/26
2:56.5	Fremont....(Folks, Simmons, Surrell, Smith, Tyner, Walton, Battle and Curry).....	Southern F.	5/11
2:57.8	Dorsey.....(Davis, Williams, Brockenberry, Tave, Darrett, Bailey, Powell and Obear).....	City Prelim	5/19
2:57.9n	Manual Arts (Lindsay, Lee, Smith, Langford, Henderson, Curson, Jenkins and Turner).....	City Prelim	5/19
3:00.3n	Washington..(Fejes, Winnie, Miller, Kemp, Ondrasik, Williams, Dozal and Cooper).....	Fremont	4/20
3:01.1n	Los Angeles.(Herbert, Wilkins, Draper, Graves, Weidman, Rutberg, Turner and McLane).....	Manual Arts	4/20

# CIF & CITY CROSS COUNTRY CHAMPIONS, '55-'56

## C.I.F. CROSS COUNTRY CHAMPIONSHIPS

Held at Mt. San Antonio College,  
December 9, 1955. . . . .

## LOS ANGELES CITY CROSS COUNTRY FINALS

Held at University of California at  
Los Angeles, December 8, 1955.....

CHAMPION	SCHOOL	TIME
1. Bob Monzingo	Hoover, S.D.	9:09.8 *
2. John Samarin	Bellflower	9:17.0
3. Jim Horan	St. Anthony	9:18.0
4. Cruz Lopez	El Rancho	9:22.0
5. Jim Griswold	Grossmont	9:25.0

CHAMPION	SCHOOL
1. Hal Harkness,	No. Hollywood (9:41.6)
2. Bob Rye. . . .	Eagle Rock
3. Nathan Cohen .	Fairfax
4. Richard Leon .	Garfield
5. Dean Burdette	Fremont

\* New course and meet record

First 8 schools were: Bellflower (94),  
Hoover, SD (107), El Cajon (123), Mira  
Costa (140), Pt. Loma (219), Newport (221)  
Excelsior (224), Whittier (234).

First 8 schools were: Garfield (57),  
Fremont (104), San Fernando (111),  
San Pedro (130), Narbonne (149), Eagle  
Rock (158), M.A. (199), N.H. (220).

# HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. . . . . 1956

## LOS ANGELES HIGH SCHOOL TRACK AND FIELD MEET RECORDS

100-Yard Dash	Bryant Allen	Jefferson	9.7	1937
	Bill Smith	Belmont	9.7	1941
	Guy Blackburn	Jefferson	9.7	1950
220-yard Dash	Bryant Allen	Jefferson	21.1	1936
440-Yard Dash	Gary Green	Jefferson	48.6	1950
880-Yard Run	Lang Stanley	Jefferson	1:54.6	1950
One Mile Run	Robert Rye	Eagle Rock	4:23.5	1956
High Hurdles (39")	Dick Attlessey	Bell	14.3	1946
	Hugh McElhenney	Washington	14.3	1947
High Hurdles (42")	Ivy Bledsoe	Garfield	14.9	1945
Low Hurdles (180y)	William White	Jefferson	19.0	1956
Low Hurdles (220y)	Ivy Bledsoe	Garfield	24.3	1946
High Jump	Robert Sims	Jordan	6' 7"	1956
Broad Jump	Richard Walton	Fremont	24' 5 1/2"	1956
Pole Vault	Nat Finney	Jordan	13' 7"	1955
Shot Put (12 lb.)	Dave Davis	Canoga Park	62' 7 1/2"	1956
880-Yard Relay	Van Nuys	(Meade, Riccitelli, Schilling, Watkins).....	1:30.1	1942
One Mile Relay	Jefferson	(Phillips, White, Mitchell, Felder, Bean, Thomas, Randall & Batten).....	2:56.3	1956

## CALIFORNIA STATE HIGH SCHOOL TRACK AND FIELD MEET RECORDS

100-Yard Dash	William White	Jefferson	9.5	1956
220-Yard Dash	Robert Poynter	Pasadena	21.0	1956
440-Yard Dash	Jerry White	Corcoran	46.7	1956
880-Yard Dash	Don Bowden	Lincoln, San Jose	1:52.9	1954
One Mile Run	Tod White	Newport Harbor	4:20.0	1955
High Hurdles (39")	Steve Turner	Glendale	14.1	1950
High Hurdles (42")	Roy Kirkpatrick	El Centro	14.7	1934
Low Hurdles (180y)	Don Armstrong	Manual Arts	18.9 (heat)	1953
	William White	Jefferson	18.9 (heat)	1956
Low Hurdles (220y)	George Sangster	Muir Tech, Pas.	23.8	1937
High Jump	Charles Dumas	Centennial	6' 9 3/8"	1955
Pole Vault	Ronald Morris	Burroughs, Bur.	13' 9 1/8"	1953
Broad Jump	Monte Upshaw	Piedmont	25' 4 1/4"	1954
Shot Put (12 lb.)	Homer Robertson	Pacific	63' 9 1/2"	1956
Shot Put (16 lb.)	Dave Davis	Canoga Park	51' 1 1/8"	1956
Discus Throw (Reg.)	Rink Babka	Palo Alto	148' 2 3/4"	1954
Discus (3 lb. 9 oz.)	Wayne Crow	Corcoran	171' 5 1/4"	1956
Javelin Throw	Ray Churchill	San Benito, Hol.	195' 6 3/4"	1932
Hop, Step & Jump	Lew Fudge	Bakersfield	45' 3"	1948
880-Yard Relay	Jefferson	(Phillips, White, Randall, Batten).....	1:25.9	1956

(Individual times for Jefferson's new national mark in the 880-Yard Relay were: Phillips (22.2) White (21.2) Randall (21.3) Batten (21.2)



# HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. . . . . 1956

## C.I.F. SOUTHERN SECTION HIGH SCHOOL TRACK AND FIELD MEET RECORDS

100-Yard Dash	Eddie Morris	Huntington Beach	9.6	1940
	Howard Bugbee	Redondo	9.6	1948
	Ken Dennis	Centennial	9.6	1955
	Robert Poynter	Pasadena	9.6	1956
220-Yard Dash	Eddie Morris	Huntington Beach	20.7	1940
440-Yard Dash	Myrel Gillett	El Centro	48.3	1943
880-Yard Run	Ernie Cunliffe	Claremont	1:54.7	1955
One Mile Run	Louie Zamperini	Torrance	4:21.2	1934
High Hurdles (39")	Charles Piggee	Pasadena	14.0	1956
High Hurdles (42")	Roy Kirkpatrick	El Centro	14.5	1934
Low Hurdles (180y)	Steve Turner	Glendale	18.9	1950
	Paul Lowe	Centennial	18.9	1955
Low Hurdles (220y)	Al Lawrence	Glendale	23.4	1943
High Jump	Charles Dumas	Centennial	6' 8 7/8"	1955
Pole Vault	Bob McKay	Inglewood	13' 7 1/2"	1954
	Joe Rose	Hoover, Glendale	13' 7 1/2"	1954
Broad Jump	Steve Turner	Glendale	24' 6 1/2"	1950
Shot Put (12 lb.)	Homer Robertson	Pacific	61' 10 1/4"	1956
Hop, Step & Jump	Bob Beckus	Hoover, San Diego	46' 1 3/4"	1938
880-Yard Relay	Manual Arts (LaFond, Davis, Cushman, D. Skinner).....		1:27.7	1934

## BEST MARKS ON RECORD BY CALIFORNIA HIGH SCHOOL ATHLETES

100-Yard Dash	James Jackson	Alameda	9.4	1954
220-Yard Dash	Eddie Morris	Huntington Beach	20.7	1940
440-Yard Dash	Jerry White	Corcoran	46.7	1956
880-Yard Run	Don Bowden	Lincoln, San Jose	1:52.3	1954
One Mile Run	Tod White	Newport Harbor	4:20.0	1955
High Hurdles (39")	Hugh McElhenry	Washington, L.A.	14.0	1947
	Charles Piggee	Pasadena	14.0	1956
High Hurdles (42")	Roy Kirkpatrick	El Centro	14.5	1934
Low Hurdles (180y)	Bill Swisshelm	Santa Ana	18.7	1954
Low Hurdles (220y)	Roy Kirkpatrick	El Centro	23.4	1934
	Al Lawrence	Glendale	23.4	1943
High Jump	Charles Dumas	Centennial	6' 10 1/4"	1955
Pole Vault	Ronnie Morris	Burroughs, Burbank	13' 11 1/2"	1953
Broad Jump	Oscar Bean	Jefferson	25' 4 1/2"	1956
Shot Put (12 lb.)	Homer Robertson	Pacific	63' 9 1/2"	1956
Shot Put (16 lb.)	Don Vick	Chaffey	52' 9 7/8"	1953
Discus Throw (Reg.)	Jack Eagan	Balboa, S.F.	160' 2"	1954
Discus (3 lb. 9 oz.)	Wayne Crow	Corcoran	179' 5"	1956
Javelin Throw	Ray Churchill	San Benito, Hol.	195' 6 3/4"	1932
Hop, Step & Jump	Bob Beckus	Hoover, San Diego	46' 1 3/4"	1938
440-Yard Relay	Glendale (Wykoff, Zaun, Beatty, Slocum)....		42.4	1928
880-Yard Relay	Jefferson (Phillips, White, Randall, Batten)...		1:25.9	1956
One Mile Relay (4-Man)	Hollywood (Jones, Oswald, Rogers, Obergfall)...		3:21.4	1928
One Mile Relay (8-Man)	Jefferson (Phillips, White, Mitchell, Felder, Bean, Thomas, Randall, Batten).....		2:56.3	1956
Two Mile Relay (4-Man)	Bellflower (Saunders, Wray, Way, Hadley).....		7:56.0	1953
Four Mile Relay (4-Man)	Grossmont (Kershaw, Griswold, Currier & Rogers).....		18:17.7	1955
Distance Medley..	Palo Alto (Satterfield, Cathcart, Morrison, Larrieu)...		10:33.0	1956

# HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. . . . . 1956

## BEST PERFORMANCES ON RECORD BY SOUTHERN CALIFORNIA HIGH SCHOOL T & F ATHLETES

### 100-YARD DASH

Wykoff, Glendale	9.5	1928
Poynter, Pasadena	9.5	1956
White, Jefferson	9.5	1956
Lombardi, Los Angeles	9.6	1928
Dennis, Centennial	9.6	1955
Fitch, Pasadena	9.6	1931
Draper, Hunt. Park	9.6	1932
Allen, Jefferson	9.6	1936
Morris, Hunt. Beach	9.6	1940
Bugbee, Redondo	9.6	1948
Crawford, Jordan, L.A.	9.6	1948
Fell, Compton	9.6	1948
Blackburn, Jefferson	9.6	1950
Swisshelm, Santa Ana	9.6	1954

### 120-YARD HIGH HURDLES (39")

Piggee, Pasadena	14.0	1956
McElhenny, Washington	14.0	1947
Thompson, Centennial	14.1	1955
Turner, Glendale	14.1	1950
Hogan, Hoover, Glen.	14.1	1951
Pinkston, Pomona	14.2	1956
Welker, San Fernando	14.2	1942
Wright, Redlands	14.2	1950
Zanders, Jordan, L.A.	14.2	1950
Andrews, Centennial	14.3	1955
Attlessey, Bell	14.3	1946
Chudy, Narbonne (n)	14.3	1955
Holman, California (n)	14.3	1956

### 120-YARD HIGH HURDLES (42")

Kirkpatrick, El Centro	14.5	1934
McElhenny, Washington	14.6	1947
Lawrence, Glendale	14.7	1943
Nichols, Hunt. Beach	14.8	1923
Welsh, Pasadena	14.8	1927

### 220-YARD DASH

Morris, Hunt. Beach	20.7	1940
Poynter, Pasadena	20.8	1956
Swisshelm, Santa Ana	20.8	1954
Bradley, Hoover, Glen.	20.8	1948
Allen, Jefferson	20.9	1936
Cook, San Diego	21.0	1956
Wykoff, Glendale	21.0	1927

### 180-YARD LOW HURDLES

Swisshelm, Santa Ana	18.7	1954
Lowe, Centennial	18.9	1955
Turner, Glendale	18.9	1950
Armstrong, Manual Arts	18.9	1953
Owens, Fullerton	18.9	1956
White, Jefferson	18.9	1956
Frazier, Van Nuys	19.0	1945
Kary, San Diego (n)	19.0	1955
Thompson, Centennial (n)	19.0	1955
Cherney, California	19.0	1956
Platt, Pomona (n)	19.0	1956
Griffin, Poly L.A.	19.1	1942
Curry, Fremont	19.1	1956

### 440-YARD DASH

Ross, California	48.2	1956
Thompson, Jordan, LA (n)	48.2	1948
Gillett, El Centro	48.3	1933
Jehle, Chaffey (n)	48.4	1956
Smith, Fremont (n)	48.5	1956
Green, Jefferson	48.6	1950
McCarthy, Fairfax	48.7	1931
Kitchen, Riverside	48.7	1954

### 880-YARD RUN

Stanley, Jefferson	1:53.9	1950
Miller, Fremont (n)	1:54.0	1956
Knapp, Alhambra (n)	1:54.0	1956
Lemons, Riverside (n)	1:54.4	1956
Verveny, Mission (n)	1:54.4	1956
Cunliffe, Claremont	1:54.7	1955
Anderson, Van Nuys	1:55.2	1954

### 220-YARD LOW HURDLES

Kirkpatrick, El Centro	23.4	1934
Lawrence, Glendale	23.4	1943
Turner, Glendale (n)	23.5	1950
Bacon, Redondo	23.6	1946
Sangster, Muir	23.7	1937
Scott, El Monte	23.7	1943
Davis, Hoover, Glen. (n)	23.7	1949

### ONE MILE RUN

White, Newport Harbor	4:20.0	1955
Unruh, El Monte (n)	4:20.4	1925
Neal, Fullerton (n)	4:20.5	1956
Monzingo, Hoover, SD(n)	4:20.9	1956
Zamperini, Torrance	4:21.2	1934
Schweikart, Whittier(n)	4:21.2	1953
Sink, So. Pasadena	4:21.4	1943
Walters, Compton	4:21.4	1948

### HIGH JUMP

Dumas, Centennial	6' 10 1/4	1955
LaCava, Beverly Hills	6' 7 1/8	1938
Johnson, Los Angeles	6' 7	1933
Stewart, Torrance	6' 7	1939
Sims, Jordan	6' 7	1956
Smith, Jefferson	6' 6 3/4	1952
Sinclair, Washington	6' 6 1/8	1951
Thurber, Glendale	6' 6	1934
Smith, Belmont	6' 6	1940

(n)...Non-winning time

# HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. . . . . 1956

## POLE VAULT

Morris, Burroughs, Bur.	13-11 1/8	1953
Maynard, Belmont	13-9 1/4	1938
Widman, Narbonne	13-9	1950
Hren, Inglewood	13-8 15/16	1955
McKay, Inglewood	13-7 1/2	1954
Rose, Hoover, Glen.	13-7 1/2	1954
McDonald, Wilson, LB	13-7	1950
Finney, Jordan, LA	13-7	1955
Sefton, Poly, LA	13-6 1/2	1932
Harris, Manual Arts	13-6	1955
Logan, El Cajon	13-6	1956

## SHOT PUT

Robertson, Pacific	63-9 1/2	1956
Davis, Canoga Park	62-7 1/2	1956
Vick, Chaffey	62-5 1/4	1953
Everage, Jordan	60-10 3/4	1954
Bronson, Grossmont	60-4 1/2	1954
Cameron, Washington	59-7 1/4	1948
Griffin, No. Hollywood	59-6 1/2	1956
Helwig, Mt. Carmel	59-5 7/8	1946
Volen, Roosevelt	59-5 1/2	1954
Ward, Santa Monica	59-4 1/2	1955
Thurman, Fremont	58-10	1942
Milleman, Fontana	58-9 3/4	1955

## BROAD JUMP

Bean, Jefferson	25-4 1/2	1956
Brown, Jordan, LA	25-2 1/2	1949
Watkins, Jordan, LA	24-9 1/4	1955
Turner, Glendale	24-6 1/2	1950
Johnson, Jefferson	24-6 1/4	1950
Walton, Fremont	24-5 1/2	1956
Lindsay, Manual Arts	24-5	1956
Sorgen, Riverside	24-4 1/4	1949

## 880-YARD RELAY

Jefferson	1:25.9	1956
Dorsey	1:27.1(n)	1956
Jefferson	1:27.2	1955
Centennial	1:27.5(n)	1955
Manual Arts	1:27.6	1953
Manual Arts	1:27.7	1934
San Diego	1:27.9	1941
Manual Arts	1:27.9(n)	1955

## ONE MILE RELAY

Jefferson	2:56.3	1956
Fremont	2:56.5	1956
Jefferson	2:57.1	1955
Jefferson	2:57.6	1950
Dorsey	2:57.8	1956
Manual Arts	2:57.9(n)	1956

## NATIONAL INTERSCHOLASTIC TRACK AND FIELD RECORDS

100-Yard Dash	Jesse Owens	East Tech., Cleveland	9.4	1933
	James Jackson	Alameda, California	9.4	1954
220-Yard Dash	Jesse Owens	East Tech., Cleveland	20.7	1933
	Eddie Southern	Sunset High, Dallas, Tex.	20.7	1955
440-Yard Dash	Jerry White	Corcoran, California	46.7	1956
880-Yard Run	Don Bowden	Lincoln, San Jose	1:52.3	1954
One Mile Run	Jim Bowers	Sterling, Illinois	4:16.1	1956
High Hurdles (39")	Joe Batiste	Tucson, Arizona	14.0	1939
	Lee Miller	Burbank, San Antonio	14.0	1947
High Hurdles (42")	Roy Kirkpatrick	El Centro, California	14.5	1934
Low Hurdles (180y)	Charles Tidwell	Independence High, Kansas	18.5	1955
Low Hurdles (200y)	Billy Bless	Jefferson, San Antonio	21.7	1948
Low Hurdles (220y)	Roy Kirkpatrick	El Centro, Calif.	23.4	1924
	Al Lawrence	Glendale, California	23.4	1943
High Jump	Walt Mangham	New Castle, Pa.	6-9 3/4	1956
Pole Vault	Jim Brewer	North Phoenix High, Arizona	14-3 1/8	1956
Broad Jump	Monte Upshaw	Piedmont, California	25-4 1/4	1954
Shot Put (12 lb.)	Homer Robertson	Pacific, California	63-9 1/2	1956
Shot Put (16 lb.)	Don Vick	Chaffey, California	52-9 7/8	1953
Discus (Regulation)	Edsel Wibbels	Wolbach High, Nebraska	154-9	1937
Discus (3 lb. 9 oz.)	Al Oerter	Floral Park, New York	184-2 3/4	1954
Javelin Throw	Bob Peoples	Classen High, Okla. City	219-0	1937
440-Yard Relay..Boys	High Brooklyn (Conaway, Branch, Gathers, Montgomery)		42.0	1948
880-Yard Relay..Jefferson, Calif. (Phillips, White, Randall, Batten)....			1:25.9	1956
One Mile Relay (4-Man) Baytown, Tex. (Smajstrla, Robins, Davis, Wilson)...			3:17.9	1955
One Mile Relay (8-Man) Jefferson, Calif. (Phillips, White, Mitchell, Felder, Bean, Thomas, Randall & Patten).....			2:56.3	1956
Two Mile Relay...Bellflower, Calif. (Saunders, Wray, Way, Hadley).....			7:56.0	1953
Four Mile Relay..Grossmont, Calif. (Kershaw, Griswold, Currier, Rogers)...			18:17.7	1955
Distance Medlay..Palo Alto (Satterfield, Cathcart, Morrison, Larrieu)...			10:33.0	1956

\* \* \* All 1956 marks are pending approval.



# HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. . . . . 1956

## LOS ANGELES CITY HIGH SCHOOL TRACK AND FIELD MEET CHAMPIONS

YEAR	CHAMPION TEAM	C O A C H	POINTS	L O C A T I O N
1911	Los Angeles	Ralph Noble	75	Bovard Field
1912	Los Angeles	Ralph Noble	70	Bovard Field
1913	Hollywood	Clyde Webster	47	Harvard Military
1914	Manual Arts	Otto Fritsch	54 1/2	Y.M.C.A. Field
1915	Manual Arts	Otto Fritsch	78 1/4	Y.M.C.A. Field
1916	Manual Arts	Otto Fritsch	97	Y.M.C.A. Field
1917	Manual Arts	Vic Ligda	58 1/2	Manual Arts High School
1918	Pasadena	George Main	35	Y.M.C.A. Field
1919	Los Angeles	Glenn Whittle	41 1/2	Los Angeles High School
1920	Los Angeles	Glenn Whittle	40 8/15	Occidental College
1921	Lincoln	Tommy Davis	53	Occidental College
1922	Lincoln	Tommy Davis	45	Occidental College
1923	Hollywood	Bill Paige	45	Occidental College
1924	Manual Arts	Sid Foster	42 1/6	Los Angeles Coliseum
1925	Manual Arts	Sid Foster	39 3/4	Los Angeles Coliseum
1926	Polytechnic	Eddie Leahy	39 7/12	Los Angeles Coliseum
1927	Hollywood	Bill Paige	32 1/8	Los Angeles Coliseum
1928	Los Angeles	Ed Rich	50 1/6	Los Angeles Coliseum
1929	Los Angeles	Clif Reynolds	58 1/4	Los Angeles Coliseum
1930	Manual Arts	Charley Toney	30 5/8	Los Angeles High School
1931	Polytechnic	Eddie Leahy	33 7/10	Los Angeles Coliseum
1932	Hollywood	Merrill Bailey	41 1/2	Los Angeles High School
1933	Los Angeles	Homer Graves	41 3/7	Los Angeles High School
1934	Manual Arts	Charley Toney	45 1/2	Los Angeles High School
1935	Jefferson	Harry Edelson	42	Los Angeles Coliseum
1936	Los Angeles	Homer Graves	54 7/10	Los Angeles Coliseum
1937	Jefferson	Harry Edelson	41	Los Angeles Coliseum
1938	Jefferson	Harry Edelson	35	Los Angeles Coliseum
1939	Jefferson	Harry Edelson	45 1/2	Los Angeles Coliseum
1940	Jefferson	Harry Edelson	29	Los Angeles Coliseum
1941	Jefferson	Harry Edelson	28 1/2	Los Angeles Coliseum
1942	Jefferson	Ralph Crawford	34 1/2	Los Angeles Coliseum
1943	Jefferson	Clark De Groote	28	Los Angeles Coliseum
1944	University	Jim Pursell	24	Los Angeles Coliseum
1945	Jefferson	Chuck Cascales	29	Los Angeles Coliseum
1946	Jordan	Charley Cromwell	64 2/3	Los Angeles Coliseum
1947	Jefferson	Estel Johnson	99	Los Angeles Coliseum
1948	Jordan	Bill Zazueta	80	Los Angeles Coliseum
1949	Jefferson	Estel Johnson	104	Los Angeles Coliseum
		Joe Barry		
1950	Jefferson	Estel Johnson	111	Los Angeles Coliseum
		Joe Barry		
1951	Jefferson	Estel Johnson	66	Los Angeles Coliseum
		Joe Barry		
1952	Jefferson	Estel Johnson	121 1/2	Los Angeles Coliseum
		Joe Barry		
1953	Jefferson	Estel Johnson	75 3/4	Los Angeles Coliseum
		Joe Barry		
1954	Manual Arts	Charley Toney	75 1/3	Los Angeles Coliseum
1955	Jordan	William Pothoff	88 1/2	Los Angeles Coliseum
1956	Manual Arts	Charley Toney	78 1/2	Los Angeles Coliseum
		Jim Blewett		

# HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. . . . . 1956

## C.I.F. SOUTHERN SECTION HIGH SCHOOL TRACK AND FIELD MEET CHAMPIONS

YEAR	CHAMPION TEAM	COACH	POINTS	LOCATION
1913	Pomona	Ralph Dignowitty	28	Y.M.C.A. Field, L.A.
1914	Polytechnic, L.A.	Cecil P. Lyon	16	Y.M.C.A. Field, L.A.
1915	Manual Arts	Otto Fritsch	34 13/15	Y.M.C.A. Field, L.A.
1916	Manual Arts	Otto Fritsch	52 1/2	Y.M.C.A. Field, L.A.
1917	Redlands	Art Lutz	21	Long Beach Polytechnic H.S.
1918	Pasadena	George Main	25	San Bernardino H.S.
1919	Manual Arts	Sid Foster	22	Los Angeles High School
1920	Los Angeles	Glenn Whittle	18	Occidental College
	Oxnard	John Hunt	18	Occidental College
1921	Lincoln	Tommy Davis	31	Los Angeles High School
1922	Huntington Beach	Ray Walker	20	Occidental College
1923	Hollywood	Bill Paige	25 1/2	Santa Ana High School
1924	Hollywood	Bill Paige	30 3/4	Los Angeles Coliseum
1925	Riverside	Ashel Cunningham	16 3/8	Los Angeles Coliseum
1926	Polytechnic, L.A.	Eddie Leahy	22 1/6	Los Angeles Coliseum
1927	Glendale	Normal Hayhurst	31 1/2	Los Angeles Coliseum
1928	Los Angeles	Ed Rich	21 5/6	Los Angeles Coliseum
1929	San Diego	Glenn Broderick	22 1/2	Los Angeles Coliseum
1930	Santa Ana	G.A. Tex Oliver	17	Los Angeles High School
1931	Polytechnic, L.A.	Eddie Leahy	25 1/2	Los Angeles Coliseum
1932	Polytechnic, L.B.	Norman Baker	25 1/3	Los Angeles High School
1933	El Centro	Bob Armstrong	20	Los Angeles Coliseum
1934	Jefferson	Harry Edelson	19	Los Angeles Coliseum
1935	Jefferson	Harry Edelson	15	Los Angeles Coliseum
1936	Wilson, L.B.	John Gartner	27 1/2	Long Beach Wilson H.S.
1937	Wilson, L.B.	John Gartner	29 5/6	Long Beach Wilson H.S.
1938	San Diego	Glenn Broderick	24	Los Angeles Coliseum
1939	Polytechnic, L.B.	Norman Barker	24	Los Angeles Coliseum
1940	Compton	Ernst Hartmann	22 1/3	Los Angeles Coliseum
1941	San Diego	Ed Ruffa	34	Glendale Hoover H.S.
1942	San Diego	Ed Ruffa	25	Glendale Hoover H.S.
1943	Glendale	Ranier de Mandel	33 1/3	Glendale Hoover H.S.
1944	Inglewood	Dick Arnett	23	Los Angeles Coliseum
1945	Hoover, Glendale	Vic Francy	34	Chaffey High School
1946	Redondo	Hal Grant	24 1/2	San Diego High School
1947	Hoover, Glendale	Vic Francy	24 1/2	Oxnard High School
1948	San Diego	Bill Patten	20	Compton College
1949	Hoover, Glendale	Vic Francy	24	Long Beach Wilson H.S.
1950	Glendale	Ranier de Mandel	28	Long Beach Wilson H.S.
1951	Compton	Ernst Hartmann	15	Long Beach Wilson H.S.
	Glendale	Ranier de Mandel	15	Long Beach Wilson H.S.
	Hoover, Glendale	Vic Francy	15	Long Beach Wilson H.S.
1952	Compton	Ernst Hartmann	30 1/2	Huntington Beach H.S.
1953	Santa Ana	Reece Greene	15 1/3	Oxnard High School
1954	Santa Ana	Reece Greene	15	Excelsior High School
	Centennial	William Gill	15	Excelsior High School
1955	Centennial	William Gill	44	Chaffey High School
1956	Pasadena	Richard Simmons	20	Inglewood High School



CALIFORNIA STATE HIGH SCHOOL TRACK AND FIELD MEET CHAMPIONS

YEAR	CHAMPION TEAM	COACH	POINTS	LOCATION
1915	Manual Arts, L.A.	Otto Fritsch	25	Fresno High School
1916	Manual Arts, L.A.	Otto Fritsch	37 1/2	Y.M.C.A. Field, L.A.
1917	Coalinga	Charles Geer	25	Berkeley Stadium
1918	Pasadena	George Main	25	Fair Grounds, Sacramento
1919	Manual Arts, L.A.	Sid Foster	21	San Bernardino High School
1920	Los Angeles	Glenn Whittle	18	Fair Grounds, Bakersfield
1921	Lincoln, L.A.	Tommy Davis	17	Berkeley Stadium
1922	Huntington Beach	Ray Walker	16	Fair Grounds, Stockton
1923	Hollywood	Bill Paige	17 1/2	Patterson Field, L.A.
1924	Manual Arts, L.A.	Sid Foster	26	Taft High School
1925	Manual Arts, L.A.	Sid Foster	16	Stanford Stadium
1926	Polytechnic, L.A.	Eddie Leahy	17	Los Angeles Coliseum
1927	Glendale	Normal Hayhurst	35	Modesto High School
1928	Polytechnic, L.B.	Norman Barker	21	Salma High School
1929	San Diego	Glenn Broderick	22	Los Angeles Coliseum
1930	Sacramento	Larry Janssen	11	Edwards Stadium, Berkeley
	San Diego	Glenn Broderick	11	Edwards Stadium, Berkeley
	Santa Ana	G.A. Tax Oliver	11	Edwards Stadium, Berkeley
1931	Polytechnic, L.A.	Eddie Leahy	19 1/2	Visalia High School
1932	Polytechnic, L.B.	Norman Barker	22 1/2	Modesto Junior College
1933	El Centro	Bob Armstrong	18	Los Angeles Coliseum
1934	Muir, Pasadena	Al Walton	14	Edwards Stadium, Berkeley
1935	Fullerton	Harold Lang	14	Ratcliffe Stadium, Fresno
1936	Muir, Pasadena	Al Walton	18	Gridley High School
1937	Jefferson, L.A.	Harry Edelson	23 1/2	Long Beach Wilson High School
1938	San Diego	Glenn Broderick	18 1/2	San Benito High School, Hollister
1939	Bakersfield	J.B. Haralson	16	Los Angeles Coliseum
1940	Bakersfield	J.B. Haralson	18 1/2	Visalia High School
1941	Edison, Fresno	Hal Bicknell	22	Spartan Stadium, San Jose
1942	(No meet held because of war)			
1943	(No meet held because of war)			
1944	(No meet held because of war)			
1945	(No meet held because of war)			
1946	Redondo	Hal Grant	21	Compton High School
1947	Washington, L.A.	Gail Wyatt	24	Visalia High School
		Bill Sloan		
1948	Jordan, L.A.	Bill Zazueta	22	Edwards Stadium, Berkeley
1949	Jefferson, L.A.	Estel Johnson	29	Los Angeles Coliseum
		Joe Barry		
1950	Jefferson, L.A.	Estel Johnson	44	Hughes Stadium, Sacramento
		Joe Barry		
1951	Jefferson, L.A.	Estel Johnson	16 1/2	Edwards Stadium, Berkeley
		Joe Barry		
1952	Jefferson, L.A.	Estel Johnson	30 1/2	Los Angeles Coliseum
		Joe Barry		
1953	Manual Arts, L.A.	Charley Toney	16 3/5	Ratcliffe Stadium, Fresno
1954	Alameda	Lew Jolley	19	Edwards Stadium, Berkeley
1955	Centennial	William Gill	29	Los Angeles Coliseum
1956	Jefferson	Estel Johnson	24 2/3	Chico State College
		Richard Ragus		