

HELMS ATHLETIC FOUNDATION
SOUTHERN CALIFORNIA PREP SCHOOL
TRACK AND FIELD RECORD

1 9 5 5 S E A S O N

NINETEENTH ANNUAL EDITION

RESPECTFULLY DEDICATED TO

W I L L I A M G . L O P E Z

It is with particular pleasure that Helms Athletic Foundation dedicates this 1955 -- Nineteenth Annual -- edition of the SOUTHERN CALIFORNIA PREP SCHOOL TRACK & FIELD RECORD to a treasured friend -- WILLIAM G. LOPEZ.

"Bill", beloved by all with whom he has worked for ever so many years in connection with Los Angeles City Schools athletic activities, is a true Californian -- having been born in Santa Barbara, having attended University of Santa Clara, and University of California, and having served as athletic coach in the Los Angeles City High Schools -- 1920-1933 -- as Los Angeles City Schools athletic administrator -- 1933-1955.

"Bill" has been a friend of high school athletes, and he has been a champion of high school coaches. There has been no one who has contributed more time and effort -- far beyond the line of duty, in the interest of high school athletes, and coaches, as well as high school athletics, in general, than WILLIAM G. "BILL" LOPEZ. His 36 years of service to the Los Angeles City Schools, in the field of athletics, have been most eventful, and important.

Prepared By:

HELMS ATHLETIC FOUNDATION

Helms Hall, Los Angeles

PAUL H. HELMS

Founder and Sponsor

This marks the nineteenth year that Helms Athletic Foundation has prepared and issued its Southern California High School Track and Field record book in the interest of high school athletics. This edition lists outstanding performances and records established by Southern California's high school track and field athletes during the 1955 season. Five hundred record booklets are prepared and distributed by the Helms Athletic Foundation each season.

The facts and records listed in this booklet have been gathered from sources believed to be reliable. Information has been provided by high school coaches and student newspaper sports editors, as well as from Southern California newspapers.

This Southern California Prep School Track and Field record book, as are all athletic record books of similar nature, was prepared by Helms Athletic Foundation, under the supervision of W.R. Bill Schroeder, Managing Director. It is distributed to schools, press, radio, television, athletic coaches and officials, without charge.

Helms Athletic Foundation, with offices in Helms Hall, Los Angeles, California, is sponsored by Paul H. Helms. The Foundation was established in 1936. One of the purposes of Helms Athletic Foundation is that of recording achievements of athletes and athletic teams in all sports and all divisions.

This nineteenth annual track and field record book contains best marks of Los Angeles City and C.I.F. Track and Field athletes over the past years, past C.I.F. and City championship teams and present City, State and National Interscholastic Track and Field records.

There is also listed the Track and Field athletes of the year, for both Los Angeles City and C.I.F., selections which have been made by All-Southern California Board of Athletics since 1937. These athletes have their names engraved upon the Paul H. Helms Trophy, which is lodged in Helms Hall.

CHARLES DUMAS AND JESSE NEWMAN SELECTED CIF AND CITY TRACK ATHLETES OF YEAR, 1955

The Helms All-Southern California Board of Athletics selected a pair of record breakers as 1955 Athletes of the Year in Track and Field. Charles Dumas, Centennial High School, and Jesse Newman, Jefferson High School, were the boys named for honors. Dumas was named the top performer from among all Southern California C.I.F. high schools, while Jesse Newman was picked from the ranks of Los Angeles City high schools.

Charles Dumas, Centennial High School senior, led an assault on the high jump event all through the 1955 season. Dumas led his talented teammates to victories in just about every invitational meet run in Southern California, posting outstanding marks in his event. Centennial won the Bay League title, as well as invitational meets at Chaffey, Santa Barbara and Inglewood, with Charles Dumas breaking some sort of record every time out. He posted new C.I.F. marks in the Southern Section championships (6' 8 7/8") and the California State Meet (6' 9 3/8") and established a new all-time interscholastic best of 6' 10 1/4" at the SPAAU Meet.

Jesse Newman, Jefferson High School senior, broke a Los Angeles City High School record which has been in the books since 1935. Newman, who helped lead Jefferson High School to the Southern League title and second place in the Los Angeles City championships, ran the mile in 4:23.9 to gain the City title and erase Louie Zamperini's mark of 4:26.3, made in 1935. Newman also clocked an unofficial time of 4:22.0 in the California State Meet, running third to Newport Harbor's Tod White, who set a new mark of 4:20.0.

Jesse Newman was coached by Estel Johnson, perennial top man in the Southern League, while Charles Dumas received his instruction from Bill Gill, who tutored his Apaches to victories in the C.I.F. and State meets.

As All-Southern California Board of Track and Field athletes of the year for 1955, Centennial High School's Charles Dumas, and Jefferson High School's Jesse Newman have had their names engraved upon the Paul H. Helms Trophy, which is permanently lodged in Helms Hall, in the Prep School Hall of Fame chamber.

Charles Dumas also has his name engraved upon the Charles W. Paddock Memorial Trophy, and Jesse Newman has his name inscribed upon the Fred W. Kelly Trophy, both of which are lodged in Helms Hall. Both boys are recipients of the Helms Athletic Foundation Athlete of the Year medal award.

Selection of Dumas and Newman as Track and Field Athletes of the Year was made by members of Helms Athletic Foundation's All-Southern California Board of Athletics. This Board has made similar selections since 1937.

SOUTHERN CALIFORNIA C.I.F. ATHLETES OF THE YEAR FOR TRACK AND FIELD

| | | |
|------|----------------------------|--------------------|
| 1937 | Bill Bugbee | Montebello |
| 1938 | Gil LaCava | Beverly Hills |
| 1939 | Eddie Morris | Huntington Beach |
| 1940 | Eddie Morris | Huntington Beach |
| 1941 | Thelno Knowles | Santa Monica |
| 1942 | Jerry Shipkey | Anaheim |
| 1943 | Al Lawrence | Glendale |
| 1944 | Del Smith | Glendale |
| 1945 | Joe Scott | El Monte |
| 1946 | John Helwig | Mt. Carmel |
| 1947 | John Bradley | Hoover, Glendale |
| 1948 | John Bradley | Hoover, Glendale |
| | Howard Bugbee | Redondo Beach |
| | Bill Fell | Compton |
| 1949 | Jack Davis | Hoover, Glendale |
| 1950 | Steve Turner | Glendale |
| 1951 | Bob Cunning | Hoover, Glendale |
| 1952 | Fernando Ledesma | Compton |
| 1953 | Donald Vick | Chaffey |
| | Ronald Morris | Burroughs, Burbank |
| 1954 | Bill Swisshelm | Santa Ana |
| 1955 | Charles Dumas | Centennial |

LOS ANGELES CITY HIGH SCHOOL ATHLETES OF THE YEAR FOR TRACK AND FIELD

| | | |
|------|----------------------------|-------------|
| 1937 | Bryant Allen | Jefferson |
| 1938 | Baylor Maynard | Belmont |
| 1939 | Bill Stewart | Torrance |
| 1940 | Bill Smith | Belmont |
| 1941 | Bill Smith | Belmont |
| 1942 | Roy Thurman | Fremont |
| 1943 | Mel Patton | University |
| 1944 | Hank Williams | Belmont |
| 1945 | Ron Frazier | Van Nuys |
| 1946 | Dick Attlesey | Bell |
| 1947 | Hugh McElhenny | Washington |
| 1948 | Bob Cameron | Washington |
| 1949 | George Brown | Jordan |
| 1950 | Lang Stanley | Jefferson |
| 1951 | Clarke Merrill | Belmont |
| 1952 | LaVern Smith | Jefferson |
| 1953 | Darryl Ellingson | Dorsey |
| 1954 | Everett Jackson | Manual Arts |
| 1955 | Jesse Newman | Jefferson |

HONOR TRACK AND FIELD TEAMS

* * Selections by the Helms Athletic Foundation All-Southern California Board of Track and Field, composed of John de la Vega, L.A. Times; Ralph Alexander, L.A. Examiner; Ron Weiner, Hollywood Citizen-News; Pete Kokon, Valley Times; Bill Hollohan, San Pedro News-Pilot; Mannie Pineda, Pasadena Star-News; Al Ames, Glendale News-Press; Eddie West, Santa Ana Register; Garland Rose, Riverside Press-Enterprise; Tom Burdick, Long Beach Press-Telegram; Joe Lyon, L.A. Mirror; Dick Vanderveld, Santa Monica Outlook; Chuck Cherniss, Alhambra Post-Advocate; Jack Disney, L.A. Herald-Express; Dick Gitlin, Huntington Park Signal; Claude Anderson, San Bernardino Sun; Bill Whitney, Breitbard Athletic Foundation; Braven Dyer, Jr., Secretary; W.R. Bill Schroeder, Chairman.

| E V E N T | C.I.F. HIGH SCHOOL | MARK | L.A. HIGH SCHOOL | MARK |
|------------------|--|--------|---------------------------------|------------|
| 100-Yard Dash | Ken Dennis Centennial | % 9.6 | B.T. Washington Jordan | 9.9 |
| 220-Yard Dash | Bob Poynter Pasadena | 21.2 | B.T. Washington Jordan | 21.8 |
| 440-Yard Dash | Bob Dettbarn Monrovia | 49.4 | Oscar Neal Jordan | 49.2 |
| 880-Yard Run | Ernie Cunliffe #1:54.7 Claremont | | Jim Fuller Canoga Park | 1:58.2 |
| One Mile Run | Tod White * 4:20.0 Newport Harbor | | Jesse Newman Jefferson | @ 4:23.9 |
| 120-Yard Hurdles | Ken Thompson Centennial | #14.1 | Craig Chudy Narbonne | 14.5 |
| 180-Yard Hurdles | Paul Lowe Centennial | % 18.9 | Bert Washington Polytechnic | 19.4 |
| High Jump | Charles Dumas # 6' 10 1/4" Centennial | | Robert Kirby Banning | 6' 5 1/4" |
| Pole Vault | Jerry Hren 13' 8 15/16" Inglewood | | Nat Finney Jordan | @ 13' 7" |
| Broad Jump | John Blaylock 23' 3 1/2" Centennial | | Louis Watkins Jordan | 24' 9 1/4" |
| Shot Put | Duncan Ward 59' 4 1/2" Santa Monica | | Herb Griffin North Hollywood | 56' 10" |

* New State Meet record

Made at the S.P.A.A.U. Meet

% Ties C.I.F. Southern Section meet record

New C.I.F. Southern Section meet record

@ New Los Angeles City High School meet record

HONOR ROLL OF COACHES - 1955

LOS ANGELES CITY COACHES

William Pothoff.Jordan. B.T. Washington, Oscar Neal, Nat Finney,
Louis Watkins.
Charles CromwellCanoga Park . . Jim Fuller
Estel Johnson.Jefferson . . . Jesse Newman
Frank FletcherNarbonne. . . . Craig Chudy
William Betts.Polytechnic . . Bert Washington
Pete ZamperiniBanning Robert Kirby
John SandersNorth Hollywood Herb Griffin

C.I.F. SOUTHERN SECTION COACHES

William GillCentennial. . . Ken Dennis, Ken Thompson, Paul Lowe,
Charles Dumas, John Blaylock.
Ed NydenPasadena. . . . Bob Poynter
Verl Murray.Monrovia. . . . Bob Dettbarn
Homer Altenes.Claremont . . . Ernie Cunliffe
Ralph ReedNewport Harbor. Tod White
Hank GerhartInglewood . . . Jerry Hren
Mel Sevlund.Santa Monica. . Duncan Ward

WINNERS OF MAJOR SOUTHERN CALIFORNIA HIGH SCHOOL TRACK AND FIELD MEETS FOR 1955

| | | | |
|---------------------------|----------|--|---------|
| San Diego City Relays | March 3 | Hoover, San Diego. | .64 |
| Mira Costa Relays | March 4 | Redondo. | .24 |
| Coast League Relays | March 4 | Wilson, Long Beach | .22 |
| Santa Ana Relays | March 4 | Riverside (Division I) | .24 |
| | | Newport Harbor (Division II) | .30 |
| Southern Counties Meet | March 12 | Riverside (Division I) | .34 |
| | | Centennial (Division II) | .70 |
| El Monte Relays | March 25 | Polytechnic, Long Beach. | .25 |
| Chaffey Invitational | March 26 | Centennial | .42 |
| Chino Relays | April 1 | Corona | 1.06 |
| Santa Barbara Relays | April 9 | Centennial | .31 |
| Inglewood Relays | April 14 | Centennial | .15 |
| Sunset League | April 29 | Fullerton. | .72 |
| Tri-County League | April 29 | Puente | .64 1/2 |
| Citrus Belt League | May 3 | Riverside. | .65 1/2 |
| Bay League | May 6 | Centennial | .74 |
| Coast League | May 6 | Wilson, Long Beach | .54 1/2 |
| Foothill League | May 6 | Hoover, Glendale | .40 1/2 |
| Pacific League | May 6 | Alhambra | .46 2/3 |
| Pioneer League | May 6 | Mira Costa | .60 |
| San Gabriel Valley League | May 6 | Covina | .57 1/2 |
| Western League | May 6 | University | .45 1/2 |
| Eastern League | May 6 | Belmont. | .65 |
| Southern League | May 6 | Jefferson. | .76 1/2 |
| Northern League | May 6 | Marshall | .46 1/2 |
| Valley League | May 6 | Canoga Park. | .62 1/6 |
| Marine League | May 10 | Jordan | .85 |
| Los Angeles City | May 20 | Jordan | .88 1/2 |
| C.I.F. Southern Section | May 21 | Centennial | .44 |
| California State | May 28 | Centennial | .29 |

RESULTS OF CALIFORNIA STATE HIGH SCHOOL TRACK AND FIELD CHAMPIONSHIPS

HELD AT THE LOS ANGELES COLISEUM, MAY 28, 1955

- 100-Yard Dash: Dennis (Centennial); Jackson (Richmond); Poynter (Pasadena); Callahan (Wasco); White (Jefferson); Washington (Jordan) 10.0
- 220-Yard Dash: Poynter (Pasadena); Dennis (Centennial); Walter (Jefferson); Jackson (Richmond); Kellog (El Camino, Sac.); Washington (Jordan) 21.6
- 440-Yard Dash: White (Corcoran); King (Salinas); Neal (Jordan); Julian (Fairfax); Schreiner (Eagle Rock); Chesarek (Riordan, S.F.) 48.7
- 880-Yard Run: Havens (Avenal); Hester (Torrance); Seaman (Reedley); Stansell (Jefferson); Lea (Pittsburg); Blackwood (Menlo) 1:57.0
- One Mile Run: White (Newport Harbor); Hale (Downey, Modesto); Newman (Jefferson); Foreman (Roosevelt, Fresno); Rodriguez (University); Rogers (Grossmont) *4:20.0
- 120-Yard Hurdles: Thompson (Centennial); Goodman (Pierce); Tatum (Edison, Fresno); Krowel (Mt. Diablo); Behring (Burroughs, Bur.); Messer (Lemoore) 14.3
- 180-Yard Hurdles: Lowe (Centennial); White (Jefferson); Kary (San Diego); Goodman (Pierce); Thomas (Manual Arts); Washington (Poly) 19.2
- High Jump: Dumas (Centennial) *6' 9 3/8"; tie for second between Dailey (Hayward) and Torrance (Grant, Sac.) 6' 5"; Moore (Palm Springs) 6' 4"; tie for fifth between Bondoc (Fresno) and Waffer (Grant, Sac.) 6' 3"
- Pole Vault: Finney (Jordan) 13' 4"; tie for second among Douglas (Manual Arts) Hren (Inglewood) and Matjoka (Sequoia) 13'; tie for fifth among Richards (Hamilton) Herrington (Hart) Vernoy (Compton) Undlin (Burlingame) McDaniel (Turlock) and Mansur (Galt) 12' 8"
- Broad Jump: Baines (Jordan) 23' 3 1/2"; Washington (Jordan) 23' 3 1/4"; Callahan (Wasco) 23' 1 3/4"; Watkins (Jordan) 23' 1 1/4"; Blaylock (Centennial) 22' 8 1/4"
- Shot Put: Ward (Santa Monica) 59' 4 1/2"; Robertson (Pacific) 59' 1"; Milleman (Fontana) 58' 9 3/4"; Profit (Campbell) 56' 7"; Baxter (Woodland) 55' 3"
- Shot Put (16 lb. exhibition): Milleman (Fontana) 47' 11 1/2"; Robertson (Pacific) 47' 8 1/4"; Griffin (North Hollywood) 47' 6 1/2"; Crow (Corcoran) 47' 2 1/2"; Baxter (Woodland) 47' 1 1/2"
- 880-Yard Relay: Jefferson; Centennial; Manual Arts; Technical, Oakland; Jordan; Mt. Diablo * 1:27.2
- Discus (3 lb. 9 oz.) exhibition: Crow (Corcoran); Glass (Delano); Kreuger (Burlingame); Wilkinson (Covina); Della Libera (San Mateo) 160' 7"
- Discus (Regulation) exhibition: Crow (Corcoran); Glass (Delano); Kreuger (Burlingame); Niko (Balboa, S.F.); Wilkinson (Covina) 140' 7 1/2"
- 8-Man Mile Relay (exhib.): Dorsey; Belmont; L.A.; University; Poly, L.B. 3:01.4
- * New C.I.F. Meet record
- SCORING: (First Six): Centennial, 29; Jordan, 20; Jefferson, 18; Pasadena, 8; Manual Arts, 7; Richmond, 6; Pierce, 6.

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS.1955

RESULTS OF C.I.F. SOUTHERN SECTION TRACK AND FIELD CHAMPIONSHIPS

HELD AT CHAFFEY HIGH SCHOOL, MAY 21, 1955

100-Yard Dash: Dennis (Centennial); Dorsey (Santa Monica); Poynter (Pasadena); Magnuson (Compton); Graham (Pomona). **9.6

220-Yard Dash: Poynter (Pasadena); Dennis (Centennial); Dorsey (Santa Monica); Matta (Mt. Carmel); Romano (Montebello). 21.2

440-Yard Dash: Dettbarn (Monrovia); Ross (California); Varnell (Riverside); Gilmore (Riverside); Laster (Palm Springs). 49.4

880-Yard Run: Cunliffe (Claremont); Lemons (Riverside); Hester (Torrance); Hayes (Bell Gardens); Talley (Mark Keppel). 1:54.7

One Mile Run: White (Newport Harbor); Rogers (Grossmont); Strauss (Culver City); Martin (Loyola); Ward (Redlands). 4:23.2

120-Yard Hurdles: Thompson (Centennial); Behring (Burroughs, Bur.); Andrews (Centennial); Owens (Fullerton); Holman (California). *14.1

180-Yard Hurdles: Lowe (Centennial); Kary (San Diego); Thompson (Centennial); Lawrence (Culver City); Meyer (Santa Ana). **18.9

High Jump: Dumas (Centennial)*6' 8 7/8"; Moore (Palm Springs) 6' 4 1/4"; Rutledge (Centennial) 6' 3 1/4"; tie for fourth between Christy (Grossmont) and Finch (Redlands) 6'.

Pole Vault: Tie for first among Hren (Inglewood) Vernoy (Compton) and Herrington (Hart) 13'; tie for fourth between Peters (Wilson, LB) and Allen (Alhambra) 12' 9".

Broad Jump: Blaylock (Centennial) 22' 6 1/2"; Calloway (Poly, LB) 22' 1 1/4"; Anderson (Muir) 22' 1/4"; Wimbley (Centennial) 21' 10 1/2"; Hayes (San Diego) 21' 6".

Shot Put: Ward (Santa Monica) 59' 3 3/4"; Robertson (Pacific) 57' 11 1/2"; Milleman (Fontana) 57' 2"; Olson (El Segundo) 55' 10 1/2"; Martin (Riverside) 55' 9".

880-Yard Relay: Riverside; Centennial; San Diego Hoover; Long Beach Polytechnic; Santa Ana. 1:28.2

* New C.I.F. Southern Section meet record

** Ties C.I.F. Southern Section meet record

SCORING: (First Six) Centennial 44; Riverside 15; Santa Monica 12; Pasadena 8; Compton 6; Long Beach Polytechnic 6

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS.1955

RESULTS OF LOS ANGELES CITY HIGH SCHOOL TRACK AND FIELD MEET

HELD AT LOS ANGELES COLISEUM, MAY 20, 1955

100-Yard Dash: Washington (Jordan); Walter (Jefferson); White (Jefferson);
Turner (Manual Arts); Betrice (Los Angeles); Gentle (Jordan). 10.0

220-Yard Dash: Washington (Jordan); Walter (Jefferson); Betrice (Los Angeles);
Gentle (Jordan); Turner (Manual Arts); George (Van Nuys). 21.8

440-Yard Dash: Neal (Jordan); Schreiner (Eagle Rock); Julian (Fairfax);
Brice (Jefferson); Hunter (Dorsey); Blair (Manual Arts). 49.3

880-Yard Run: Fuller (Canoga Park); Stansell (Jefferson); Stealey (Dorsey);
Fernandez (Roosevelt); Knocke (Narbonne); Quintana (Van Nuys). 1:58.2

One Mile Run: Newman (Jefferson); Rodriguez (University); Romero (Polytechnic);
Fer (San Pedro); Byers (North Hollywood); Hogan (Los Angeles). *4:23.8

120-Yard Hurdles: Chudy (Narbonne); Thomas (Manual Arts); Weisman (Canoga Park);
Lucky (Manual Arts); Denkins (Jefferson); McGruder (Manual Arts). 14.6

180-Yard Hurdles: Washington (Polytechnic); White (Jefferson); Thomas (Manual
Arts); Weisman (Canoga Park); Luster (Belmont); Griffin (Jordan). 19.6

High Jump: Kirby (Banning) 6' 2"; tie for second between Finney (Jordan) and
Dixon (Jefferson) 6'; tie for fourth among Ford (Manual Arts) Smith (Jordan)
Nelson (Jordan) and Owens (Canoga Park) 5' 10".

Pole Vault: Finney (Jordan) *13' 7"; tie for second between Douglas (Manual
Arts) and Richards (Hamilton) 12' 9"; tie for fourth among Hall (Van Nuys)
Dempsey (Gardena) Tong (Belmont) and Kell (San Fernando) 12' 6".

Broad Jump: Watkins (Jordan) 24' 1"; Washington (Jordan) 23' 7"; Baines (Jordan)
23' 2 1/2"; Reagor (Jefferson) 23' 1 3/4"; Dixon (Jefferson) 22' 11";
Brice (Jefferson) 22' 5".

Shot Put: Griffin (North Hollywood) 56' 10 3/4"; Holden (Marshall) 54' 4 3/4";
McLane (Los Angeles) 52' 9"; Showalter (South Gate) 52' 8 1/2"; O'Brien
(University) 51' 9 1/2"; Yasuda (University) 50' 1".

One Mile Relay (8-Man): Jefferson; Jordan; Manual Arts; Los Angeles;
University; Dorsey. # 2:57.6

* New Los Angeles High School meet record

Jefferson set new city meet mark of 2:57.1 in semi finals, May 18

SCORING: (First Six): Jordan 88 $\frac{1}{2}$; Jefferson 78; Manual Arts 40 $\frac{3}{4}$;
Canoga Park 21 $\frac{3}{4}$; Los Angeles 19; Polytechnic 16.

OUTSTANDING MARKS BY SOUTHERN CALIFORNIA HIGH SCHOOL ATHLETES DURING 1955

| MARK | ATHLETE | SCHOOL | YEAR | MEET | DATE |
|----------------------|-----------------|-------------------|--------|----------------------|------|
| <u>100-YARD DASH</u> | | | | | |
| 9.6 | Ken Dennis | Centennial | Senior | Finals CIF | 5/21 |
| 9.8 | Ben Betrice | Los Angeles | Senior | Western Prelims | 5/3 |
| 9.8 | Grant Gridiron | Manual Arts | Senior | Roosevelt | 4/29 |
| 9.8n | Bob Poynter | Pasadena | Junior | Finals CIF | 5/21 |
| 9.8w | B.T. Washington | Jordan | Senior | Jefferson | 3/18 |
| 9.8n | Bob Dorsey | Santa Monica | Senior | Finals CIF | 5/21 |
| 9.8w | John Magnuson | Compton | Senior | Semi-Finals CIF | 5/14 |
| 9.9 | Bob Erickson | Alhambra | Senior | Mark Keppel | 3/17 |
| 9.9 | Paul Anderson | Riverside | Senior | San Bernardino | 3/22 |
| 9.9 | Craig Chudy | Narbonne | Senior | Westchester | 3/25 |
| 9.9 | Don Romano | Montebello | Senior | Burbank | 4/1 |
| 9.9 | Ed Walter | Jefferson | Senior | Fremont | 3/31 |
| 9.9 | Bill Walters | Sweetwater | Junior | Chula Vista | 4/15 |
| 9.9 | Rusty Weeks | Alhambra | Soph. | Whittier | 4/28 |
| 9.9 | Ron Meyer | Santa Ana | Junior | Sunset Finals | 4/29 |
| 9.9 | Mike Logan | Glendale | Senior | Burroughs | 4/1 |
| 9.9 | Bill Hunter | Dorsey | Senior | Western Finals | 5/6 |
| 9.9 | Fred Sharpe | Wilson, L.B. | Junior | Polytechnic, L.B. | 4/28 |
| 9.9n | J.R. Smith | Polytechnic, L.B. | Senior | Wilson, L.B. | 4/28 |
| 9.9w | Joe Graham | Pomona | Senior | Southern Counties | 3/12 |
| <u>220-YARD DASH</u> | | | | | |
| 21.1w | Bob Poynter | Pasadena | Junior | Quarter-Finals CIF | 5/14 |
| 21.2w | B.T. Washington | Jordan | Senior | Jefferson | 3/18 |
| 21.2w | Fred Sharpe | Wilson, L.B. | Junior | Quarter-Finals CIF | 5/14 |
| 21.3 | Ken Dennis | Centennial | Senior | Chaffey Invitational | 3/18 |
| 21.3 | William Turner | Manual Arts | Junior | Southern Finals | 5/6 |
| 21.3n | Bob Dorsey | Santa Monica | Senior | Quarter-Finals CIF | 5/14 |
| 21.4w | Bill Walters | Sweetwater | Junior | Southern Counties | 3/12 |
| 21.5 | Larry Gilbert | Beverly Hills | Senior | Pioneer Finals | 5/6 |
| 21.5 | Jerry Varnell | Riverside | Junior | Citrus Belt Prelims | 4/29 |
| 21.5n | Alfonso Matta | Mt. Carmel | Junior | Finals CIF | 5/21 |
| 21.5n | Don Romano | Montebello | Senior | Finals CIF | 5/21 |
| 21.5w | Joe Graham | Pomona | Senior | Southern Counties | 3/12 |
| 21.6 | Ben Betrice | Los Angeles | Senior | University | 4/29 |
| 21.6 | John Haley | Hoover, S.D. | Senior | Southern Counties | 3/12 |
| <u>440-YARD DASH</u> | | | | | |
| 49.2 | Oscar Neal | Jordan, L.A. | Senior | City Prelims | 5/14 |
| 49.4 | Bob Dettbarn | Monrovia | Senior | Finals CIF | 5/21 |
| 49.5n | Jerry Varnell | Riverside | Junior | Finals CIF | 5/21 |
| 49.5n | Dave Ross | California | Junior | Finals CIF | 5/21 |
| 49.5n | Karl Schreiner | Eagle Rock | Junior | City Finals | 5/20 |
| 49.8n | Doug Julian | Fairfax | Senior | State Finals | 5/28 |
| 50.0 | Willis Jones | Riverside | Senior | Chaffey Invitational | 3/26 |
| 50.1 | Jim Stealey | Dorsey | Senior | Fairfax | 4/29 |
| 50.2 | Glen Larson | Hollywood | Senior | Eagle Rock | 3/18 |
| 50.2 | Clyde Barrett | Compton | Junior | Coast Prelims | 5/3 |
| 50.2 | Bob Nini | Alhambra | Senior | Quarter-Finals CIF | 5/14 |
| 50.2n | Art Gilmore | Riverside | Junior | Finals CIF | 5/21 |
| 50.3 | Bob Hawkins | Jefferson | Senior | Roosevelt | 4/15 |
| 50.3n | John Laster | Palm Springs | Senior | Finals CIF | 5/21 |

n....Non winning time

w....Wind

| MARK | ATHLETE | SCHOOL | YEAR | MEET | DATE |
|------|---------|--------|------|------|------|
|------|---------|--------|------|------|------|

440-YARD DASH (cont.)

| | | | | | |
|------|-----------------|-----------------|--------|--------------|------|
| 50.4 | Jim Fuller | Canoga Park | Senior | Birmingham | 4/22 |
| 50.4 | Mike Logan | Glendale | Senior | Montebello | 3/18 |
| 50.4 | Ron Bach | North Hollywood | Senior | San Fernando | 3/31 |
| 50.4 | Bill Hunter | Dorsey | Senior | Los Angeles | 4/15 |
| 50.5 | Harold Sparling | Alhambra | Senior | Pasadena | 3/12 |

880-YARD RUN

| | | | | | |
|---------|----------------|------------------|--------|---------------------|------|
| 1:54.7 | Ernie Cunliffe | Claremont | Senior | Finals CIF | 5/21 |
| 1:55.5n | Wayne Lemons | Riverside | Junior | Finals CIF | 5/21 |
| 1:55.5n | Dennis Hester | Torrance | Senior | Finals CIF | 5/21 |
| 1:55.9n | Charles Hayes | Bell Gardens | Senior | Finals CIF | 5/21 |
| 1:56.0n | Lloyd Talley | Mark Keppel | Senior | Finals CIF | 5/21 |
| 1:56.8 | Lee Gaines | San Bernardino | Senior | Citrus Belt Finals | 5/3 |
| 1:57.4n | Jim Law | Redlands | Senior | Citrus Belt Finals | 5/3 |
| 1:57.9 | John Kershaw | Grossmont | Senior | Metropolitan Finals | 5/6 |
| 1:58.2 | Jim Fuller | Canoga Park | Senior | City Finals | 5/20 |
| 1:58.4 | Phil Hamilton | Compton | Senior | Coast Finals | 5/6 |
| 1:58.6n | Brian Shutts | St. Anthony | Senior | Quarter-Finals CIF | 5/14 |
| 1:58.8 | Bill Gallagher | Hoover, S.D. | Senior | Semi-Finals CIF | 5/17 |
| 1:58.9 | Dave Clough | Hoover, Glendale | Junior | Burbank | 3/25 |
| 1:58.9 | Rudy Jackson | Los Angeles | Senior | Western Finals | 5/6 |

ONE MILE RUN

| | | | | | |
|---------|-----------------|-----------------|--------|-----------------|------|
| 4:20.0 | Tod White | Newport Harbor | Senior | State Finals | 5/28 |
| 4:21.7 | Rene Rogers | Grossmont | Senior | Semi-Finals CIF | 5/17 |
| 4:22.0n | Jesse Newman | Jefferson | Senior | State Finals | 5/28 |
| 4:24.4n | Peter Rodriguez | University | Senior | City Finals | 5/20 |
| 4:24.4n | Roy Romero | Polytechnic | Senior | City Finals | 5/20 |
| 4:26.0n | Larry Ward | Redlands | Senior | Semi-Finals CIF | 5/17 |
| 4:26.2n | Ernie Strauss | Culver City | Senior | Finals CIF | 5/21 |
| 4:27.1n | Grady Neal | Fullerton | Senior | Semi-Finals CIF | 5/17 |
| 4:27.5n | Douglas Martin | Loyola | Senior | Finals CIF | 5/21 |
| 4:28.0n | John Fer | San Pedro | Senior | City Finals | 5/20 |
| 4:28.6 | Wayne Lemons | Riverside | Junior | Redlands | 4/19 |
| 4:30.0n | Raynor Byers | North Hollywood | Senior | City Finals | 5/20 |

120-YARD HIGH HURDLES

| | | | | | |
|-------|---------------|--------------|--------|----------------------|------|
| 14.1 | Ken Thompson | Centennial | Senior | Semi-Finals CIF | 5/17 |
| 14.3 | Peter Andrews | Centennial | Senior | Semi-Finals CIF | 5/17 |
| 14.3n | Craig Chudy | Narbonne | Senior | Compton Invitational | 6/3 |
| 14.5n | Ken Behring | Burroughs | Senior | Finals CIF | 5/21 |
| 14.6 | Tom Jones | Burbank | Senior | Foothill Finals | 5/6 |
| 14.6 | Leon Peels | Venice | Senior | Hamilton | 4/29 |
| 14.6 | Clark Thomas | Manual Arts | Senior | Jefferson | 4/26 |
| 14.6n | Cliff Putnam | Santa Monica | Junior | Bay Finals | 5/6 |
| 14.6n | Sunny Owens | Fullerton | Junior | Semi-Finals CIF | 5/17 |
| 14.6n | Leonard Kary | Hoover, S.D. | Senior | Semi-Finals CIF | 5/17 |
| 14.6n | Jack Holman | California | Junior | Semi-Finals CIF | 5/17 |

180-YARD LOW HURDLES

| | | | | | |
|-------|--------------|------------------|--------|------------|------|
| 18.9 | Paul Lowe | Centennial | Senior | Finals CIF | 5/21 |
| 19.0n | Leonard Kary | San Diego | Senior | Finals CIF | 5/21 |
| 19.0n | Ken Thompson | Centennial | Senior | Finals CIF | 5/21 |
| 19.0w | Ed Bixler | Hoover, Glendale | Senior | Oxnard | 5/14 |

n....Non winning time
w....Wind

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. 1955

| MARK | ATHLETE | SCHOOL | YEAR | MEET | DATE |
|-------------------------------------|-----------------|-------------------|--------|----------------------|------|
| <u>180-YARD LOW HURDLES (cont.)</u> | | | | | |
| 19.0w | John Calloway | Polytechnic, L.B. | Senior | Quarter-Finals CIF | 5/14 |
| 19.3 | Jack Lawrence | Culver City | Senior | Quarter-Finals CIF | 5/14 |
| 19.3n | Willie White | Jefferson | Senior | State Finals | 5/28 |
| 19.3n | Darrell Roberts | Fullerton | Senior | Finals CIF | 5/21 |
| 19.4 | Bob Curry | Fremont | Junior | Jefferson | 3/31 |
| 19.4 | Bert Washington | Polytechnic, LA | Senior | Eastern Prelims | 5/3 |
| 19.4 | Ron Meyer | Santa Ana | Junior | Semi-Finals CIF | 5/17 |
| <u>HIGH JUMP</u> | | | | | |
| 6-10 1/4 | Charles Dumas | Centennial | Senior | S.P.A.A.U. | 6/10 |
| 6-5 1/4 | Robert Kirby | Banning | Soph. | Gardena | 4/25 |
| 6-5 | Ron Snakenberg | Rosemead | Senior | Whittier | 4/13 |
| 6-4 1/2 | David Moore | Palm Springs | Senior | Laguna Invitational | 3/26 |
| 6-4 | Larry Rutledge | Centennial | Junior | Bay Finals | 5/6 |
| 6-3 1/4 | Bob Dixon | Jefferson | Senior | Manual Arts | 4/26 |
| 6-3 1/4 | Jim Jones | El Centro | Senior | Brawley | 4/8 |
| 6-3 | Jack Finch | Redlands | Senior | Citrus Belt Finals | 5/3 |
| 6-3 | Vic Talbert | Muir, Pasadena | Senior | Semi-Finals CIF | 5/17 |
| 6-2 3/4 | Charles Smith | Jordan | Senior | Westchester | 4/15 |
| 6-2 1/2 | Ken Gregory | Whittier | Senior | Mark Keppel | 3/31 |
| 6-2 1/2 | Dennis Hester | Torrance | Senior | Inglewood | 3/30 |
| <u>POLE VAULT</u> | | | | | |
| 13-8 15/16 | Jerry Hren | Inglewood | Senior | Semi-Finals CIF | 5/17 |
| 13-7 | Nat Finney | Jordan | Senior | City Finals | 5/20 |
| 13-6 | Alfred Harris | Manual Arts | Junior | Jefferson | 4/26 |
| 13-4 3/4 | Duane Allen | Alhambra | Junior | Monrovia | 4/14 |
| 13-4 | Tom Herrington | Hart | Junior | Semi-Finals CIF | 5/17 |
| 13-1 1/8 | Ronald Dempsey | Gardena | Junior | Jordan | 3/25 |
| 13-0 | Jim Peters | Wilson, L.B. | Senior | Compton | 4/21 |
| 13-0 | Clyde Vernoy | Compton | Senior | Finals CIF | 5/21 |
| 13-0 | Bill Beard | Covina | Senior | Southern Counties | 3/12 |
| 12-11 1/2 | Harry Douglas | Manual Arts | Senior | Southern Finals | 5/6 |
| 12-9 1/2 | Robert Arevalos | Laguna Beach | Soph. | Orange Finals | 3/15 |
| 12-9 | Paul Richards | Hamilton | Senior | City Finals | 5/20 |
| 12-8 5/8 | Doug Gibson | Culver City | Senior | Pioneer Finals | 5/6 |
| 12-8 | Norm Burns | Chaffey | Senior | S. Barbara Relays | 4/9 |
| 12-8 | Curtis Chappell | Jefferson | Senior | Fremont | 3/31 |
| <u>BROAD JUMP</u> | | | | | |
| 24-9 1/4 | Louis Watkins | Jordan | Senior | Marine Finals | 5/10 |
| 23-7 3/4 | Richard Walton | Fremont | Junior | Centennial | 3/18 |
| 23-7 1/2 | Bob Baines | Jordan | Senior | Gardena | 3/25 |
| 23-7 | Tom Coleman | Muir, Pasadena | Junior | Muir Decathlon | 5/9 |
| 23-7 | B.T. Washington | Jordan | Senior | Banning | 4/29 |
| 23-7 | Randy Anderson | Muir, Pasadena | Senior | Semi-Finals CIF | 5/17 |
| 23-5 | Kirk Oswell | Canoga Park | Junior | North Hollywood | 4/29 |
| 23-3 3/4 | John Calloway | Polytechnic, L.B. | Senior | Quarter Finals CIF | 5/14 |
| 23-3 1/2 | John Blaylock | Centennial | Soph. | Inglewood Relays | 4/14 |
| 23-3 | Lionel Reagor | Jefferson | Senior | Jordan | 3/18 |
| 23-3 | Darrell Roberts | Fullerton | Senior | Sunset vs. Citrus B. | 5/5 |
| 23-2 1/2 | Art Wimbley | Centennial | Senior | Semi-Finals CIF | 5/17 |
| 23-2 | Bob Archer | Covina | Senior | San Gabriel Finals | 5/6 |
| 23-1 | Brady Keys | Polytechnic | Senior | Riis | 3/31 |

n....Non winning time

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS.1955

| MARK | ATHLETE | SCHOOL | YEAR | MEET | DATE |
|------|---------|--------|------|------|------|
|------|---------|--------|------|------|------|

SHOT PUT

| | | | | | |
|-------|--------------------|------------------|--------|-----------------------|------|
| 59-4 | 1/2 Duncan Ward | Santa Monica | Senior | State Finals | 5/28 |
| 59-1 | Homer Robertson | Pacific | Junior | State Finals | 5/28 |
| 58-9 | 3/4 Duane Milleman | Fontana | Senior | State Finals | 5/28 |
| 56-11 | Frank Olson | El Segundo | Junior | Semi-Finals CIF | 5/17 |
| 56-10 | Herb Griffin | North Hollywood | Senior | City Finals | 5/20 |
| 56-10 | Bill Cleves | Glendale | Soph. | Burroughs | 4/1 |
| 56-5 | Charles Smith | Riverside | Senior | Pomona | 4/15 |
| 55-9 | 1/2 Warren Gray | Pasadena | Senior | Free Lance Qualifying | 4/29 |
| 55-9 | Charles Martin | Riverside | Senior | Finals CIF | 5/21 |
| 55-7 | Dan O'Brien | University | Senior | Canoga Park | 3/18 |
| 55-5 | 1/2 Jack Metcalf | Inglewood | Junior | Bay Prelims | 4/29 |
| 55-3 | Bob Krane | Burroughs | Senior | Glendale | 4/21 |
| 54-7 | Dennis Dressel | Excelsior | Senior | Coast Finals | 5/6 |
| 54-6 | 3/4 Dick Foushee | Hoover, Glendale | Junior | Foothill Finals | 5/6 |

880-YARD RELAY

| | | | |
|---------|------------------|---------------|------|
| 1:27.2 | Jefferson | State Finals | 5/28 |
| 1:27.5n | Centennial | State Finals | 5/28 |
| 1:27.9n | Manual Arts | State Finals | 5/28 |
| 1:28.0n | Jordan | State Prelims | 5/24 |
| 1:28.2 | Riverside | Finals CIF | 5/21 |
| 1:29.0n | Hoover, S.D. | Finals CIF | 5/21 |
| 1:29.5n | Polytechnic, LB. | Finals CIF | 5/21 |
| 1:29.8n | Los Angeles | State Prelims | 5/24 |

EIGHT-MAN ONE MILE RELAY

| | | | |
|---------|-------------|--------------------|------|
| 2:57.1 | Jefferson | City Semi-Finals | 5/18 |
| 2:59.1n | Jordan | City Finals | 5/20 |
| 2:59.8n | Fremont | Jefferson | 3/31 |
| 3:00.5n | Manual Arts | Southern Finals | 5/6 |
| 3:01.3 | Los Angeles | Western Finals | 5/6 |
| 3:01.5n | Dorsey | City Semi-Finals | 5/18 |
| 3:01.9 | Belmont | State (Exhibition) | 5/28 |

CIF & CITY CROSS COUNTRY CHAMPIONS-'54-'55

C.I.F. CROSS COUNTRY CHAMPIONSHIPS

Held at Mt. San Antonio College,
December 10, 1954.

LOS ANGELES CITY CROSS COUNTRY FINALS

Held at the University of California
at Los Angeles, December 9, 1954. . .

| CHAMPION | SCHOOL | TIME |
|-------------------|--------------|----------|
| 1. Rene Rogers | Grossmont | 9:16.7 * |
| 2. Larry Ward | Redlands | 9:19.0 |
| 3. John Samarin | Bellflower | 9:20.0 |
| 4. Del Estey | Bellflower | 9:30.0 |
| 5. Russ Bennett | Morningside | 9:34.0 |
| 6. Robert Millan | Redlands | 9:44.0 |
| 7. Tod White | Newport Har. | 9:45.0 |
| 8. Jerry Eppler | Whittier | 9:46.0 |
| 9. Robert McGuire | Whittier | 9:47.0 |
| 10. John Kershaw | Grossmont | 9:47.0 |

* New course and meet record

First 8 schools were: Grossmont (67)
Bellflower (72) Whittier (86) Morning-
side (101) Newport Harbor (109) Redlands (112)
Torrance (165) La Jolla (205)

| CHAMPION | SCHOOL | TOP TEAMS |
|------------------|---------------|----------------|
| 1. Romero, R. | Polytechnic | 1. Garfield 56 |
| 2. Rodriguez, P. | University | 2. Roos't 109 |
| 3. Kerr, J. | No. Hollywood | 3. Univ'ty 125 |
| 4. Fernandez, A. | Roos't | 4. Poly 155 |
| 5. Paz, R. | Garfield | 5. Narb'ne 164 |
| 6. Ramos, M. | Garfield | 6. S.F. 171 |
| 7. Leon, R. | Garfield | 7. Bel't 197 |
| 8. Hubacon, S. | Narbonne | 8. M. Arts 200 |
| 9. Harkness, H. | No. Holly'd | 9. Dorsey 220 |

* * Roy Romero, Polytechnic, set a
new City record over the 1.8
mile course of 9:28.0

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. 1955

LOS ANGELES CITY HIGH SCHOOL TRACK AND FIELD MEET RECORDS

| | | | | |
|--------------------|----------------|---|-----------|------|
| 100-Yard Dash | Bryant Allen | Jefferson | 9.7 | 1937 |
| | Bill Smith | Belmont | 9.7 | 1941 |
| | Guy Blackburn | Jefferson | 9.7 | 1950 |
| 220-Yard Dash | Bryant Allen | Jefferson | 21.1 | 1936 |
| 440-Yard Dash | Gary Green | Jefferson | 48.6 | 1950 |
| 880-Yard Run | Lang Stanley | Jefferson | 1:54.6 | 1950 |
| One Mile Run | Jesse Newman | Jefferson | 4:23.8 | 1955 |
| High Hurdles (39") | Dick Attlessey | Bell | 14.3 | 1946 |
| | Hugh McElhenny | Washington | 14.3 | 1947 |
| High Hurdles (42") | Ivy Bledsoe | Garfield | 14.9 | 1935 |
| Low Hurdles (180y) | Hugh McElhenny | Washington | 19.3 | 1947 |
| Low Hurdles (220y) | Ivy Bledsoe | Garfield | 24.3 | 1946 |
| High Jump | LaVern Smith | Jefferson | 6-6 3/4 | 1952 |
| Broad Jump | George Brown | Jordan | 24-3 | 1949 |
| Pole Vault | Nat Finney | Jordan | 13-7 | 1955 |
| Shot Put (12 lb.) | Don Everage | Jordan | 60-10 3/4 | 1954 |
| 880-Yard Relay | Van Nuys | (Meade, Riccitelli, Schilling, Watkins) | 1:30.1 | 1942 |
| One Mile Relay | Jefferson | (Phillips, White, Wise, Hall, Bean, Batten, Brice & Walter) | 2:57.1 | 1955 |

CALIFORNIA STATE HIGH SCHOOL TRACK AND FIELD MEET RECORDS

| | | | | |
|----------------------|-----------------|----------------------------------|-------------|------|
| 100-Yard Dash | Frank Lombardi | Los Angeles | 9.6 | 1928 |
| | Bob Frick | San Ramon | 9.6 | 1935 |
| | Leamon King | Delano | 9.6 | 1953 |
| | James Jackson | Alameda | 9.6 | 1954 |
| 220-Yard Dash | George Anderson | Muir Tech, Pas. | 21.2 | 1933 |
| | Bryant Allen | Jefferson, L.A. | 21.2 | 1937 |
| | James Jackson | Alameda | 21.2 | 1954 |
| | Leamon King | Delano | 21.2 (heat) | 1954 |
| 440-Yard Dash | Myrel Gillett | El Centro | 48.4 | 1933 |
| 880-Yard Dash | Don Bowden | Lincoln, S.Jose | 1:52.9 | 1954 |
| One Mile Run | Tod White | Newport Harbor | 4:20.0 | 1955 |
| High Hurdles (39") | Steve Turner | Glendale | 14.1 | 1950 |
| High Hurdles (42") | Roy Kirkpatrick | El Centro | 14.7 | 1934 |
| Low Hurdles (180y) | Don Armstrong | Manual Arts | 18.9 (heat) | 1953 |
| Low Hurdles (220y) | George Sangster | Muir Tech, Pas. | 23.8 | 1937 |
| High Jump | Charles Dumas | Centennial | 6-9 3/8 | 1955 |
| Pole Vault | Ronald Morris | Burroughs, Bur. | 13-9 1/8 | 1953 |
| Broad Jump | Monte Upshaw | Piedmont | 25-4 1/4 | 1954 |
| Shot Put (12 lb.) | Leon Patterson | Taft | 60-9 7/8 | 1952 |
| Shot Put (16 lb.) | John Helwig | Mt. Carmel LA | 50-9 5/8 | 1946 |
| Discus Throw (Reg.) | Rink Babka | Palo Alto | 148-2 3/4 | 1954 |
| Discus (3 lb. 9 oz.) | Leon Patterson | Taft | 165-5 | 1951 |
| Javelin Throw | Ray Churchill | San Benito, Hol. | 195-6 3/4 | 1932 |
| Hop, Step & Jump | Lew Fudge | Bakersfield | 45-3 | 1948 |
| 880-Yard Relay | Jefferson | (Phillips, White, Brice, Walter) | 1:27.2 | 1955 |

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. 1955

C.I.F. SOUTHERN SECTION HIGH SCHOOL TRACK AND FIELD MEET RECORDS

| | | | | |
|--------------------|-----------------|--------------------------------------|----------|------|
| 100-Yard Dash | Eddie Morris | Huntington Beach | 9.6 | 1940 |
| | Howard Bugbee | Redondo | 9.6 | 1948 |
| | Ken Dennis | Centennial | 9.6 | 1955 |
| 220-Yard Dash | Eddie Morris | Huntington Beach | 20.7 | 1940 |
| 440-Yard Dash | Myrel Gillett | El Centro | 48.3 | 1933 |
| 880-Yard Run | Ernie Gunliffe | Claremont | 1:54.7 | 1955 |
| One Mile Run | Louie Zamperini | Torrance | 4:21.2 | 1934 |
| High Hurdles (39") | Ken Thompson | Centennial | 14.1 | 1955 |
| High Hurdles (42") | Roy Kirkpatrick | El Centro | 14.5 | 1934 |
| Low Hurdles (180y) | Steve Turner | Glendale | 18.9 | 1950 |
| | Paul Lowe | Centennial | 18.9 | 1955 |
| Low Hurdles (220y) | Al Lawrence | Glendale | 23.4 | 1943 |
| High Jump | Charles Dumas | Centennial | 6-8 7/8 | 1955 |
| Pole Vault | Bob McKay | Inglewood | 13-7 1/2 | 1954 |
| | Joe Rose | Hoover, Glendale | 13-7 1/2 | 1954 |
| Broad Jump | Steve Turner | Glendale | 24-6 1/2 | 1950 |
| Shot Put (12 lb.) | Don Vick | Chaffey | 61-0 1/4 | 1953 |
| Hop, Step & Jump | Bob Beckus | Hoover, San Diego | 46-1 3/4 | 1938 |
| 880-Yard Relay | Manual Arts | (LaFond, Davis, Cushman, D. Skinner) | 1:27.7 | 1934 |

BEST MARKS ON RECORD BY CALIFORNIA HIGH SCHOOL ATHLETES

| | | | | |
|-------------------------|-----------------|--|-----------|------|
| 100-Yard Dash | James Jackson | Alameda | 9.4 | 1954 |
| 220-Yard Dash | Eddie Morris | Huntington Beach | 20.7 | 1940 |
| 440-Yard Dash | Ollie Matson | Washington, S.F. | 47.1 (N) | 1948 |
| 880-Yard Run | Don Bowden | Lincoln, S. Jose | 1:52.3 | 1954 |
| One Mile Run | Tod White | Newport Harbor | 4:20.0 | 1955 |
| High Hurdles (39") | Hugh McElhenny | Washington, L.A. | 14.0 | 1947 |
| High Hurdles (42") | Roy Kirkpatrick | El Centro | 14.5 | 1934 |
| Low Hurdles (180y) | Bill Swisshelm | Santa Ana | 18.7 | 1954 |
| Low Hurdles (220y) | Roy Kirkpatrick | El Centro | 23.4 | 1934 |
| | Al Lawrence | Glendale | 23.4 | 1943 |
| High Jump | Charles Dumas | Centennial | 6-10 1/4 | 1955 |
| Pole Vault | Ronald Morris | Burroughs, Burbank | 13-11 1/2 | 1953 |
| Broad Jump | Monte Upshaw | Piedmont | 25-4 1/4 | 1954 |
| Shot Put (12 lb.) | Don Vick | Chaffey | 62-5 1/4 | 1953 |
| Shot Put (16 lb.) | Don Vick | Chaffey | 52-9 7/8 | 1953 |
| Discus Throw (Reg.) | Jack Eagan | Balboa, S.F. | 160-2 | 1954 |
| Discus (3 lb. 9 oz.) | Leon Patterson | Taft | 177-5 | 1952 |
| Javelin Throw | Ray Churchill | San Benito, Hol. | 195-6 3/4 | 1932 |
| Hop, Step and Jump | Bob Beckus | Hoover, San Diego | 46-1 3/4 | 1938 |
| 440-Yard Relay | Glendale | (Wykoff, Zaun, Beatty, Slocum) | 42.4 | 1928 |
| 880-Yard Relay | Jefferson | (Phillips, White, Brice, Walter) | 1:27.2 | 1955 |
| One Mile Relay (4-Man) | Hollywood | (Jones, Oswald, Rogers, Obergfall) | 3:21.4 | 1928 |
| One Mile Relay (8-Man) | Jefferson | (Phillips, White, Wise, Hall, Bean, Batten, Brice, Walter) | 2:57.1 | 1955 |
| Two Mile Relay (4-Man) | Bellflower | (Saunders, Wray, Way, Hadley) | 7:56.0 | 1953 |
| Four Mile Relay (4-Man) | Grossmont | (Kershaw, Griswold, Currier, Rogers) | 18:17.7 | 1955 |

(N)...Non winning time

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS.1955

BEST PERFORMANCES ON RECORD BY SOUTHERN CALIFORNIA HIGH SCHOOL ATHLETES

100-YARD DASH

| | | |
|------------------------|-----|------|
| Wykoff, Glendale | 9.5 | 1928 |
| Lombardi, Los Angeles | 9.6 | 1928 |
| Burch, Jordan, L.A. | 9.6 | 1931 |
| Fitch, Pasadena | 9.6 | 1931 |
| Draper, Hunt. Park | 9.6 | 1932 |
| Allen, Jefferson | 9.6 | 1936 |
| Morris, Hunt. Beach | 9.6 | 1940 |
| Bugbee, Redondo | 9.6 | 1948 |
| Crawford, Jordan, L.A. | 9.6 | 1948 |
| Fell, Compton | 9.6 | 1948 |
| Blackburn, Jefferson | 9.6 | 1950 |
| Swishhelm, Santa Ana | 9.6 | 1954 |
| Dennis, Centennial | 9.6 | 1955 |

220-YARD DASH

| | | |
|------------------------|------|------|
| Morris, Hunt. Beach | 20.7 | 1940 |
| Swishhelm, Santa Ana | 20.8 | 1954 |
| Bradley, Hoover, Glen. | 20.8 | 1948 |
| Allen, Jefferson | 20.9 | 1936 |
| Wykoff, Glendale | 21.0 | 1927 |
| Fell, Compton | 21.1 | 1948 |

440-YARD DASH

| | | |
|---------------------------|------|------|
| Thompson, Jordan, L.A.(n) | 48.2 | 1948 |
| Green, Jefferson | 48.6 | 1950 |
| McCarthy, Fairfax | 48.7 | 1931 |
| Kitchen, Riverside | 48.7 | 1954 |
| Lewis, Compton | 48.8 | 1940 |
| Carter, Orange | 48.8 | 1952 |
| Adrian, Hollywood | 48.9 | 1949 |
| Samonset, Fremont | 49.0 | 1939 |
| Taylor, Jefferson | 49.0 | 1953 |
| Badger, South Gate (n) | 49.0 | 1954 |

880-YARD RUN

| | | |
|------------------------|--------|------|
| Stanley, Jefferson | 1:53.9 | 1950 |
| Gunliffe, Claremont | 1:54.7 | 1955 |
| Anderson, Van Nuys | 1:55.2 | 1954 |
| Lemons, Riverside (n) | 1:55.5 | 1955 |
| Hester, Torrance (n) | 1:55.5 | 1955 |
| Knowles, Santa Monica | 1:55.6 | 1941 |
| Modisette, Los Angeles | 1:55.7 | 1936 |

ONE MILE RUN

| | | |
|-------------------------|--------|------|
| White, Newport Harbor | 4:20.0 | 1955 |
| Unruh, El Monte (n) | 4:20.4 | 1925 |
| Zamperini, Torrance | 4:21.2 | 1934 |
| Schweikart, Whittier(n) | 4:21.2 | 1953 |
| Sirk, South Pasadena | 4:21.4 | 1943 |
| Walters, Compton | 4:21.4 | 1948 |
| Rogers, Grossmont | 4:21.7 | 1955 |
| Newman, Jefferson (n) | 4:22.0 | 1955 |
| Ledesma, Compton | 4:23.2 | 1952 |
| Mercer, Hoover Glen.(n) | 4:23.6 | 1934 |
| Delgado, Chino (n) | 4:23.7 | 1952 |

120-YARD HIGH HURDLES (39")

| | | |
|--------------------------|------|------|
| McElhenny, Washington | 14.0 | 1947 |
| Thompson, Centennial | 14.1 | 1955 |
| Turner, Glendale | 14.1 | 1950 |
| Hogan, Hoover, Glen. | 14.1 | 1951 |
| Welker, San Fernando | 14.2 | 1942 |
| Wright, Redlands | 14.2 | 1950 |
| Zanders, Jordan, L.A. | 14.2 | 1950 |
| Andrews, Centennial | 14.3 | 1955 |
| Attlessey, Fall | 14.3 | 1946 |
| Chudy, Narbonne (n) | 14.3 | 1955 |
| Cummings, Dorsey | 14.4 | 1947 |
| Storum, Beverly Hills | 14.4 | 1948 |
| Kenny, Pasadena | 14.4 | 1949 |
| Davis, Hoover, Glen. | 14.4 | 1949 |
| Sommers, El Monte | 14.4 | 1950 |
| Healey, Mark Keppel | 14.4 | 1953 |
| Williams, Poly LA (n) | 14.4 | 1953 |
| McMurray, San Bernardino | 14.4 | 1954 |

120-YARD HIGH HURDLES (42")

| | | |
|------------------------|------|------|
| Kirkpatrick, El Centro | 14.5 | 1934 |
| McElhenny, Washington | 14.6 | 1947 |
| Lawrence, Glendale | 14.7 | 1943 |
| Nichols, Hunt. Beach | 14.8 | 1923 |
| Welsh, Pasadena | 14.8 | 1927 |

180-YARD LOW HURDLES

| | | |
|--------------------------|------|------|
| Swishhelm, Santa Ana | 18.7 | 1954 |
| Lowe, Centennial | 18.9 | 1955 |
| Turner, Glendale | 18.9 | 1950 |
| Armstrong, Manual Arts | 18.9 | 1953 |
| Frazier, Van Nuys | 19.0 | 1945 |
| Kary, San Diego (n) | 19.0 | 1955 |
| Thompson, Centennial (n) | 19.0 | 1955 |
| Griffin, Poly, L.A. | 19.1 | 1942 |

220-YARD LOW HURDLES

| | | |
|-------------------------|------|------|
| Kirkpatrick, El Centro | 23.4 | 1934 |
| Lawrence, Glendale | 23.4 | 1943 |
| Turner, Glendale (n) | 23.5 | 1950 |
| Bacon, Redondo | 23.6 | 1946 |
| Sangster, Muir | 23.7 | 1937 |
| Scott, El Monte | 23.7 | 1943 |
| Davis, Hoover Glen. (n) | 23.7 | 1949 |

HIGH JUMP

| | | |
|------------------------|----------|------|
| Dumas, Centennial | 6-10 1/4 | 1955 |
| La Cava, Beverly Hills | 6-7 1/8 | 1938 |
| Johnson, Los Angeles | 6-7 | 1933 |
| Stewart, Torrance | 6-7 | 1939 |
| Smith, Jefferson | 6-6 3/4 | 1952 |
| Sinclair, Washington | 6-6 1/8 | 1951 |
| Thurber, Glendale | 6-6 | 1934 |
| Smith, Belmont | 6-6 | 1940 |

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. 1955

POLE VAULT

| | | |
|-------------------------|------------|------|
| Morris, Burroughs, Bur. | 13-11 1/8 | 1953 |
| Maynard, Belmont | 13-9 1/4 | 1938 |
| Widman, Narbonne | 13-9 | 1950 |
| Hren, Inglewood | 13-8 15/16 | 1955 |
| McKay, Inglewood | 13-7 1/2 | 1954 |
| Rose, Hoover, Glen. | 13-7 1/2 | 1954 |
| McDonald, Wilson LB | 13-7 | 1950 |
| Finney, Jordan LA | 13-7 | 1955 |
| Sefton, Poly LA | 13-6 1/2 | 1932 |
| Harris, Manual Arts | 13-6 | 1955 |
| Smith, Glendale | 13-5 3/8 | 1944 |

SHOT PUT

| | | |
|---------------------|-----------|------|
| Vick, Chaffey | 62-5 1/4 | 1953 |
| Everage, Jordan | 60-10 3/4 | 1954 |
| Bronson, Grossmont | 60-4 1/2 | 1954 |
| Cameron, Washington | 59-7 1/4 | 1948 |
| Helwig, Mt. Carmel | 59-5 7/8 | 1946 |
| Volen, Roosevelt | 59-5 1/2 | 1954 |
| Ward, Santa Monica | 59-4 1/2 | 1955 |
| Robertson, Pacific | 59-1 | 1955 |
| Thurman, Fremont | 58-10 | 1942 |
| Milleman, Fontana | 58-9 3/4 | 1955 |
| Direaux, Jefferson | 58-5 1/8 | 1938 |
| Wetter, Grossmont | 58-4 7/8 | 1951 |

BROAD JUMP

| | | |
|---------------------|----------|------|
| Brown, Jordan, LA | 25-2 1/2 | 1949 |
| Watkins, Jordan, LA | 24-9 1/4 | 1955 |
| Turner, Glendale | 24-6 1/2 | 1950 |
| Johnson, Jefferson | 24-6 1/4 | 1950 |
| Sorgen, Riverside | 24-4 1/4 | 1949 |
| Garrison, Compton | 24-3 3/4 | 1952 |
| Holt, Hoover, Glen. | 24-3 1/2 | 1932 |
| Smith, Belmont | 24-3 1/2 | 1941 |
| Scott, Jefferson | 24-2 | 1950 |

880-YARD RELAY

| | | |
|-------------|-----------|------|
| Jefferson | 1:27.2 | 1955 |
| Centennial | 1:27.5(n) | 1955 |
| Manual Arts | 1:27.6 | 1953 |
| Manual Arts | 1:27.7 | 1934 |
| San Diego | 1:27.9 | 1941 |
| Manual Arts | 1:27.9(n) | 1955 |
| Jordan | 1:28.0(n) | 1955 |
| Jefferson | 1:28.0(n) | 1953 |

ONE MILE RELAY

| | | |
|---------------|--------|------|
| Jefferson | 2:57.1 | 1955 |
| Jefferson | 2:57.6 | 1950 |
| Manual Arts | 2:58.5 | 1954 |
| Jordan, L.A. | 2:58.6 | 1948 |
| Fremont, L.A. | 2:58.6 | 1953 |

NATIONAL INTERSCHOLASTIC TRACK AND FIELD RECORDS

| | | | | |
|------------------------|--|---------------------------|-----------|------|
| 100-Yard Dash | Jesse Owens | East Tech., Cleveland | 9.4 | 1933 |
| | James Jackson | Alameda, Calif. | 9.4 | 1954 |
| 220-Yard Dash | Jesse Owens | East Tech., Cleveland | 20.7 | 1933 |
| | Eddie Southern | Sunset High, Dallas, Tex. | 20.7 | 1955 |
| 440-Yard Dash | Eddie Southern | Sunset High, Dallas, Tex. | 47.2 | 1955 |
| 880-Yard Run | Don Bowden | Lincoln, San Jose | 1:52.3 | 1954 |
| One Mile Run | Tom Skutka | Morris Hills High, N.J. | 4:19.5 | 1955 |
| High Hurdles (39") | Joe Batiste | Tucson, Arizona | 14.0 | 1939 |
| | Lee Miller | Burbank, San Antonio | 14.0 | 1947 |
| High Hurdles (42") | Roy Kirkpatrick | El Centro, Calif. | 14.5 | 1934 |
| Low Hurdles (180y) | Charles Tidwell | Independence High, Kansas | 18.5 | 1955 |
| Low Hurdles (200y) | Billy Bless | Jefferson, San Antonio | 21.7 | 1948 |
| Low Hurdles (220y) | Roy Kirkpatrick | El Centro, Calif. | 23.4 | 1934 |
| | Al Lawrence | Glendale, Calif. | 23.4 | 1943 |
| High Jump | Charles Dumas | Centennial, Calif. | 6-9 3/8 | 1955 |
| Pole Vault | Jim Brewer | North Phoenix, Arizona | 14-2 | 1955 |
| Broad Jump | Monte Upshaw | Piedmont, Calif. | 25-4 1/4 | 1954 |
| Shot Put (12 lb.) | Don Vick | Chaffey, Calif. | 62-5 1/4 | 1953 |
| Shot Put (16 lb.) | Don Vick | Chaffey, Calif. | 52-9 7/8 | 1953 |
| Discus (Regulation) | Edsel Wibbels | Wolbach High, Nebraska | 154-9 | 1937 |
| Discus (3 lb. 9 oz.) | Al Oerter | Floral Park, New York | 184-2 3/4 | 1954 |
| Javelin Throw | Bob Peoples | Classen High, Okla. City | 219-0 | 1937 |
| 440-Yard Relay | Boys High, Brooklyn (Conaway, Branch, Gathers, Montgomery) | | 42.0 | 1948 |
| 880-Yard Relay | Jefferson, Calif. (Phillips, White, Brice, Walter) | | 1:27.2 | 1955 |
| One Mile Relay (4 Man) | Baytown, Texas (Smajstrla, Robins, Davis, Wilson) | | 3:17.9 | 1955 |
| One Mile Relay (8 Man) | Jefferson, Calif. (Phillips, White, Wise, Hall, Bean, Batten, Brice, Walter) | | 2:57.1 | 1955 |
| Two Mile Relay | Bellflower, Calif. (Saunders, Wray, Way, Hadley) | | 7:56.0 | 1953 |
| Four Mile Relay | Grossmont, Calif. (Kershaw, Griswold, Currier, Rogers) | | 18:17.7 | 1955 |

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. 1955

LOS ANGELES CITY HIGH SCHOOL TRACK AND FIELD MEET CHAMPIONS

| <u>YEAR</u> | <u>CHAMPION TEAM</u> | <u>C O A C H</u> | <u>POINTS</u> | <u>L O C A T I O N</u> |
|-------------|----------------------|------------------|---------------|-------------------------|
| 1911 | Los Angeles | Ralph Noble | 75 | Bovard Field |
| 1912 | Los Angeles | Ralph Noble | 70 | Bovard Field |
| 1913 | Hollywood | Clyde Webster | 47 | Harvard Military |
| 1914 | Manual Arts | Otto Fritsch | 54 1/2 | Y.M.C.A. Field |
| 1915 | Manual Arts | Otto Fritsch | 78 1/4 | Y.M.C.A. Field |
| 1916 | Manual Arts | Otto Fritsch | 97 | Y.M.C.A. Field |
| 1917 | Manual Arts | Vic Ligda | 58 1/2 | Manual Arts High School |
| 1918 | Pasadena | George Main | 35 | Y.M.C.A. Field |
| 1919 | Los Angeles | Glenn Whittle | 41 1/2 | Los Angeles High School |
| 1920 | Los Angeles | Glenn Whittle | 40 8/15 | Occidental College |
| 1921 | Lincoln | Tommy Davis | 53 | Occidental College |
| 1922 | Lincoln | Tommy Davis | 45 | Occidental College |
| 1923 | Hollywood | Bill Paige | 45 | Occidental College |
| 1924 | Manual Arts | Sid Foster | 42 1/6 | Los Angeles Coliseum |
| 1925 | Manual Arts | Sid Foster | 39 3/4 | Los Angeles Coliseum |
| 1926 | Polytechnic | Eddie Leahy | 39 7/12 | Los Angeles Coliseum |
| 1927 | Hollywood | Bill Paige | 32 1/8 | Los Angeles Coliseum |
| 1928 | Los Angeles | Ed Rich | 50 1/6 | Los Angeles Coliseum |
| 1929 | Los Angeles | Clif Reynolds | 58 1/4 | Los Angeles Coliseum |
| 1930 | Manual Arts | Charley Toney | 30 5/8 | Los Angeles High School |
| 1931 | Polytechnic | Eddie Leahy | 33 7/10 | Los Angeles Coliseum |
| 1932 | Hollywood | Merrill Bailey | 41 1/2 | Los Angeles High School |
| 1933 | Los Angeles | Homer Graves | 41 3/7 | Los Angeles High School |
| 1934 | Manual Arts | Charley Toney | 45 1/2 | Los Angeles High School |
| 1935 | Jefferson | Harry Edelson | 42 | Los Angeles Coliseum |
| 1936 | Los Angeles | Homer Graves | 54 7/10 | Los Angeles Coliseum |
| 1937 | Jefferson | Harry Edelson | 41 | Los Angeles Coliseum |
| 1938 | Jefferson | Harry Edelson | 35 | Los Angeles Coliseum |
| 1939 | Jefferson | Harry Edelson | 45 1/2 | Los Angeles Coliseum |
| 1940 | Jefferson | Harry Edelson | 29 | Los Angeles Coliseum |
| 1941 | Jefferson | Harry Edelson | 28 1/2 | Los Angeles Coliseum |
| 1942 | Jefferson | Ralph Crawford | 34 1/2 | Los Angeles Coliseum |
| 1943 | Jefferson | Clark De Groote | 28 | Los Angeles Coliseum |
| 1944 | University | Jim Pursell | 24 | Los Angeles Coliseum |
| 1945 | Jefferson | Chuck Cascales | 29 | Los Angeles Coliseum |
| 1946 | Jordan | Charley Cromwell | 64 2/3 | Los Angeles Coliseum |
| 1947 | Jefferson | Estel Johnson | 99 | Los Angeles Coliseum |
| 1948 | Jordan | Bill Zazueta | 80 | Los Angeles Coliseum |
| 1949 | Jefferson | Estel Johnson | 104 | Los Angeles Coliseum |
| | | Joe Barry | | |
| 1950 | Jefferson | Estel Johnson | 111 | Los Angeles Coliseum |
| | | Joe Barry | | |
| 1951 | Jefferson | Estel Johnson | 66 | Los Angeles Coliseum |
| | | Joe Barry | | |
| 1952 | Jefferson | Estel Johnson | 121 1/2 | Los Angeles Coliseum |
| | | Joe Barry | | |
| 1953 | Jefferson | Estel Johnson | 75 3/4 | Los Angeles Coliseum |
| | | Joe Barry | | |
| 1954 | Manual Arts | Charley Toney | 75 1/3 | Los Angeles Coliseum |
| 1955 | Jordan | William Pothoff | 88 1/2 | Los Angeles Coliseum |

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. 1955

C.I.F. SOUTHERN SECTION HIGH SCHOOL TRACK AND FIELD MEET CHAMPIONS

| <u>YEAR</u> | <u>CHAMPION TEAM</u> | <u>C O A C H</u> | <u>POINTS</u> | <u>L O C A T I O N</u> |
|-------------|----------------------|------------------|---------------|-----------------------------|
| 1913 | Pomona | Ralph Dignowitty | 28 | Y.M.C.A. Field |
| 1914 | Polytechnic, L.A. | Cecil P. Lyon | 16 | Y.M.C.A. Field |
| 1915 | Manual Arts | Otto Fritsch | 34 13/15 | Y.M.C.A. Field |
| 1916 | Manual Arts | Otto Fritsch | 52 1/2 | Y.M.C.A. Field |
| 1917 | Redlands | Art Lutz | 21 | Long Beach Polytechnic H.S. |
| 1918 | Pasadena | George Main | 25 | San Bernardino High School |
| 1919 | Manual Arts | Sid Foster | 22 | Los Angeles High School |
| 1920 | Los Angeles | Glenn Whittle | 18 | Occidental College |
| | Oxnard | John Hunt | 18 | Occidental College |
| 1921 | Lincoln | Tommy Davis | 31 | Los Angeles High School |
| 1922 | Huntington Beach | Ray Walker | 20 | Occidental College |
| 1923 | Hollywood | Bill Paige | 25 1/2 | Santa Ana High School |
| 1924 | Hollywood | Bill Paige | 30 3/4 | Los Angeles Coliseum |
| 1925 | Riverside | Ashel Cunningham | 16 3/8 | Los Angeles Coliseum |
| 1926 | Polytechnic, L.A. | Eddie Leahy | 22 1/6 | Los Angeles Coliseum |
| 1927 | Glendale | Normal Hayhurst | 31 1/2 | Los Angeles Coliseum |
| 1928 | Los Angeles | Ed Rich | 21 5/6 | Los Angeles Coliseum |
| 1929 | San Diego | Glenn Broderick | 22 1/2 | Los Angeles Coliseum |
| 1930 | Santa Ana | G.A. Tex Oliver | 17 | Los Angeles High School |
| 1931 | Polytechnic, L.A. | Eddie Leahy | 25 1/2 | Los Angeles Coliseum |
| 1932 | Polytechnic, L.B. | Norman Barker | 25 1/3 | Los Angeles High School |
| 1933 | El Centro | Bob Armstrong | 20 | Los Angeles Coliseum |
| 1934 | Jefferson | Harry Edelson | 19 | Los Angeles Coliseum |
| 1935 | Jefferson | Harry Edelson | 15 | Los Angeles Coliseum |
| 1936 | Wilson, L.B. | John Gartner | 27 1/2 | Long Beach Wilson H.S. |
| 1937 | Wilson, L.B. | John Gartner | 29 5/6 | Long Beach Wilson H.S. |
| 1938 | San Diego | Glenn Broderick | 24 | Los Angeles Coliseum |
| 1939 | Polytechnic, L.B. | Norman Barker | 24 | Los Angeles Coliseum |
| 1940 | Compton | Ernst Hartmann | 22 1/3 | Los Angeles Coliseum |
| 1941 | San Diego | Ed Ruffa | 34 | Glendale Hoover High School |
| 1942 | San Diego | Ed Ruffa | 25 | Glendale Hoover High School |
| 1943 | Glendale | Ranier de Mandel | 33 1/3 | Glendale Hoover High School |
| 1944 | Inglewood | Dick Arnett | 23 | Los Angeles Coliseum |
| 1945 | Hoover, Glendale | Vic Francy | 34 | Chaffey High School |
| 1946 | Redondo | Hal Grant | 24 1/2 | San Diego High School |
| 1947 | Hoover, Glendale | Vic Francy | 24 1/2 | Oxnard High School |
| 1948 | San Diego | Bill Patten | 20 | Compton College |
| 1949 | Hoover, Glendale | Vic Francy | 24 | Long Beach Wilson H.S. |
| 1950 | Glendale | Ranier de Mandel | 28 | Long Beach Wilson H.S. |
| 1951 | Compton | Ernst Hartmann | 15 | Long Beach Wilson H.S. |
| | Glendale | Ranier de Mandel | 15 | Long Beach Wilson H.S. |
| | Hoover, Glendale | Vic Francy | 15 | Long Beach Wilson H.S. |
| 1952 | Compton | Ernst Hartmann | 30 1/2 | Huntington Beach H.S. |
| 1953 | Santa Ana | Reece Greene | 15 1/3 | Oxnard High School |
| 1954 | Santa Ana | Reece Greene | 15 | Excelsior High School |
| | Centennial | William Gill | 15 | Excelsior High School |
| 1955 | Centennial | William Gill | 44 | Chaffey High School |

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. 1955

CALIFORNIA STATE HIGH SCHOOL TRACK AND FIELD MEET CHAMPIONS

| <u>YEAR</u> | <u>CHAMPION TEAM</u> | <u>COACH</u> | <u>POINTS</u> | <u>LOCATION</u> |
|-------------|-------------------------------|-----------------|---------------|-------------------------------|
| 1915 | Manual Arts, L.A. | Otto Fritsch | 25 | Fresno High School |
| 1916 | Manual Arts, L.A. | Otto Fritsch | 37 1/2 | Y.M.C.A. Field |
| 1917 | Coalinga | Charley Geer | 25 | Berkeley Stadium |
| 1918 | Pasadena | George Main | 25 | Fair Grounds, Sacramento |
| 1919 | Manual Arts, L.A. | Sid Foster | 21 | San Bernardino High School |
| 1920 | Los Angeles | Glenn Whittle | 18 | Fair Grounds, Bakersfield |
| 1921 | Lincoln, L.A. | Tommy Davis | 17 | Berkeley Stadium |
| 1922 | Huntington Beach | Ray Walker | 16 | Fair Grounds, Stockton |
| 1923 | Hollywood | Bill Paige | 17 1/2 | Patterson Field, L.A. |
| 1924 | Manual Arts, L.A. | Sid Foster | 26 | Taft High School |
| 1925 | Manual Arts, L.A. | Sid Foster | 16 | Stanford Stadium |
| 1926 | Polytechnic, L.A. | Eddie Leahy | 17 | Los Angeles Coliseum |
| 1927 | Glendale | Normal Hayhurst | 35 | Modesto High School |
| 1928 | Polytechnic, L.B. | Norman Barker | 21 | Selma High School |
| 1929 | San Diego | Glenn Broderick | 22 | Los Angeles Coliseum |
| 1930 | Sacramento | Larry Janssen | 11 | Edwards Stadium, Berkeley |
| | San Diego | Glenn Broderick | 11 | Edwards Stadium, Berkeley |
| | Santa Ana | G.A. Tex Oliver | 11 | Edwards Stadium, Berkeley |
| 1931 | Polytechnic, L.A. | Eddie Leahy | 19 1/2 | Visalia High School |
| 1932 | Polytechnic, L.B. | Norman Barker | 22 1/2 | Modesto Junior College |
| 1933 | El Centro | Bob Armstrong | 18 | Los Angeles Coliseum |
| 1934 | Muir, Pasadena | Al Walton | 14 | Edwards Stadium, Berkeley |
| 1935 | Fullerton | Harold Lang | 14 | Ratcliffe Stadium, Fresno |
| 1936 | Muir, Pasadena | Al Walton | 18 | Gridley High School |
| 1937 | Jefferson, L.A. | Harry Edelson | 23 1/2 | Long Beach Wilson High School |
| 1938 | San Diego | Glenn Broderick | 18 1/2 | San Benito H.S., Hollister |
| 1939 | Bakersfield | J.B. Haralson | 16 | Los Angeles Coliseum |
| 1940 | Bakersfield | J.B. Haralson | 18 1/2 | Visalia High School |
| 1941 | Edison, Fresno | Hal Bicknell | 22 | Spartan Stadium, San Jose |
| 1942 | (No meet held because of war) | | | |
| 1943 | (No meet held because of war) | | | |
| 1944 | (No meet held because of war) | | | |
| 1945 | (No meet held because of war) | | | |
| 1946 | Redondo | Hal Grant | 21 | Compton High School |
| 1947 | Washington, L.A. | Gail Wyatt | 24 | Visalia High School |
| | | Bill Sloan | | |
| 1948 | Jordan, L.A. | Bill Zazueta | 22 | Edwards Stadium, Berkeley |
| 1949 | Jefferson, L.A. | Estel Johnson | 29 | Los Angeles Coliseum |
| | | Joe Barry | | |
| 1950 | Jefferson, L.A. | Estel Johnson | 44 | Hughes Stadium, Sacramento |
| | | Joe Barry | | |
| 1951 | Jefferson, L.A. | Estel Johnson | 16 1/2 | Edwards Stadium, Berkeley |
| | | Joe Barry | | |
| 1952 | Jefferson, L.A. | Estel Johnson | 30 1/2 | Los Angeles Coliseum |
| | | Joe Barry | | |
| 1953 | Manual Arts, L.A. | Charley Toney | 16 3/5 | Ratcliffe Stadium, Fresno |
| 1954 | Alameda | Lew Jolley | 19 | Edwards Stadium, Berkeley |
| 1955 | Centennial | William Gill | 29 | Los Angeles Coliseum |