

MILLGRAE AVENUE

3.0

Finish

LOG

SLOPE

Start

LOG

TRACK FIELD

TENNIS

COURTS

BLEACHERS

SLOPE

HOCKEY FIELD

SLOPE

PITCHER'S SLAB

MILLS
HIGH SCHOOL

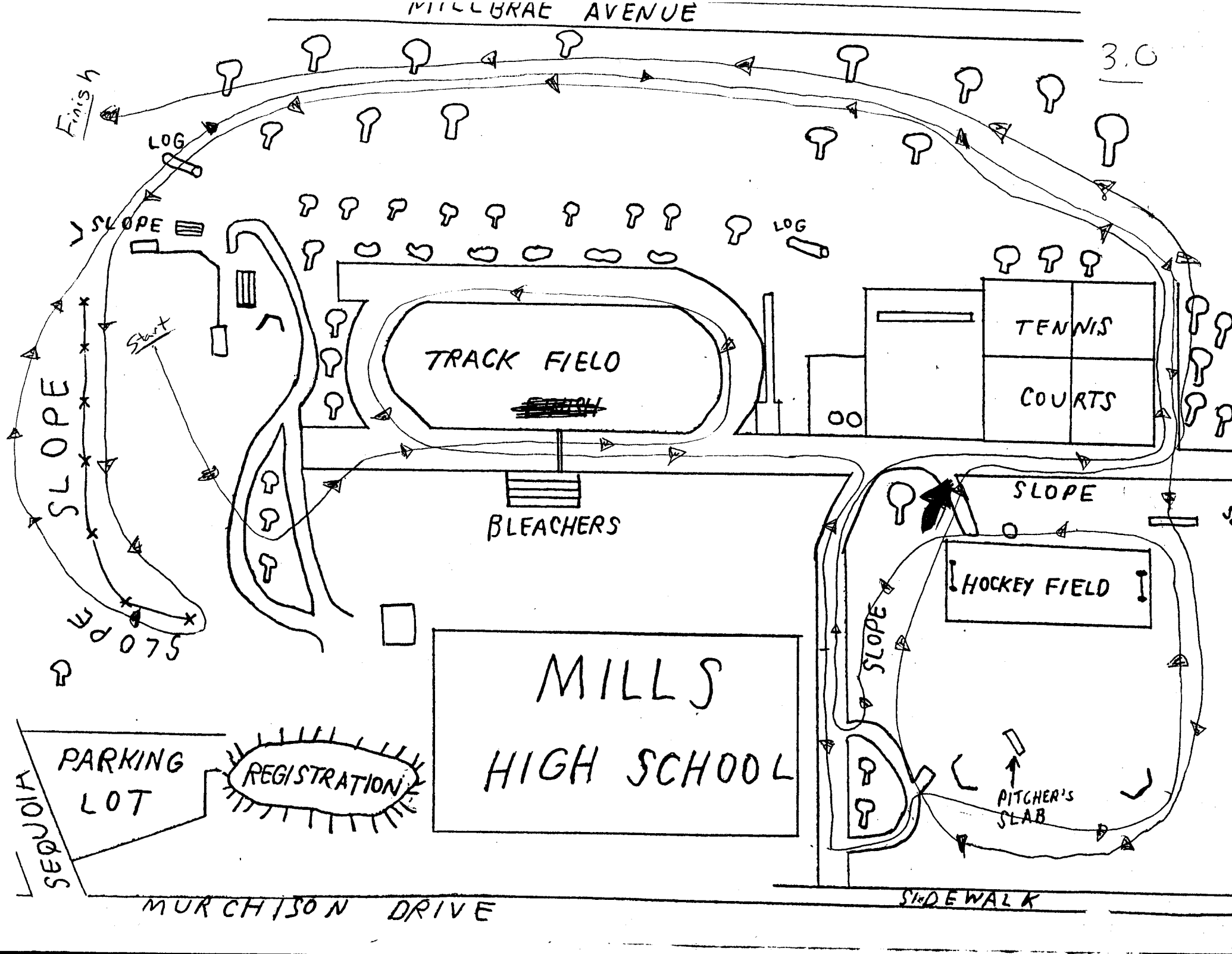
PARKING
LOT

REGISTRATION

SEQUOIA

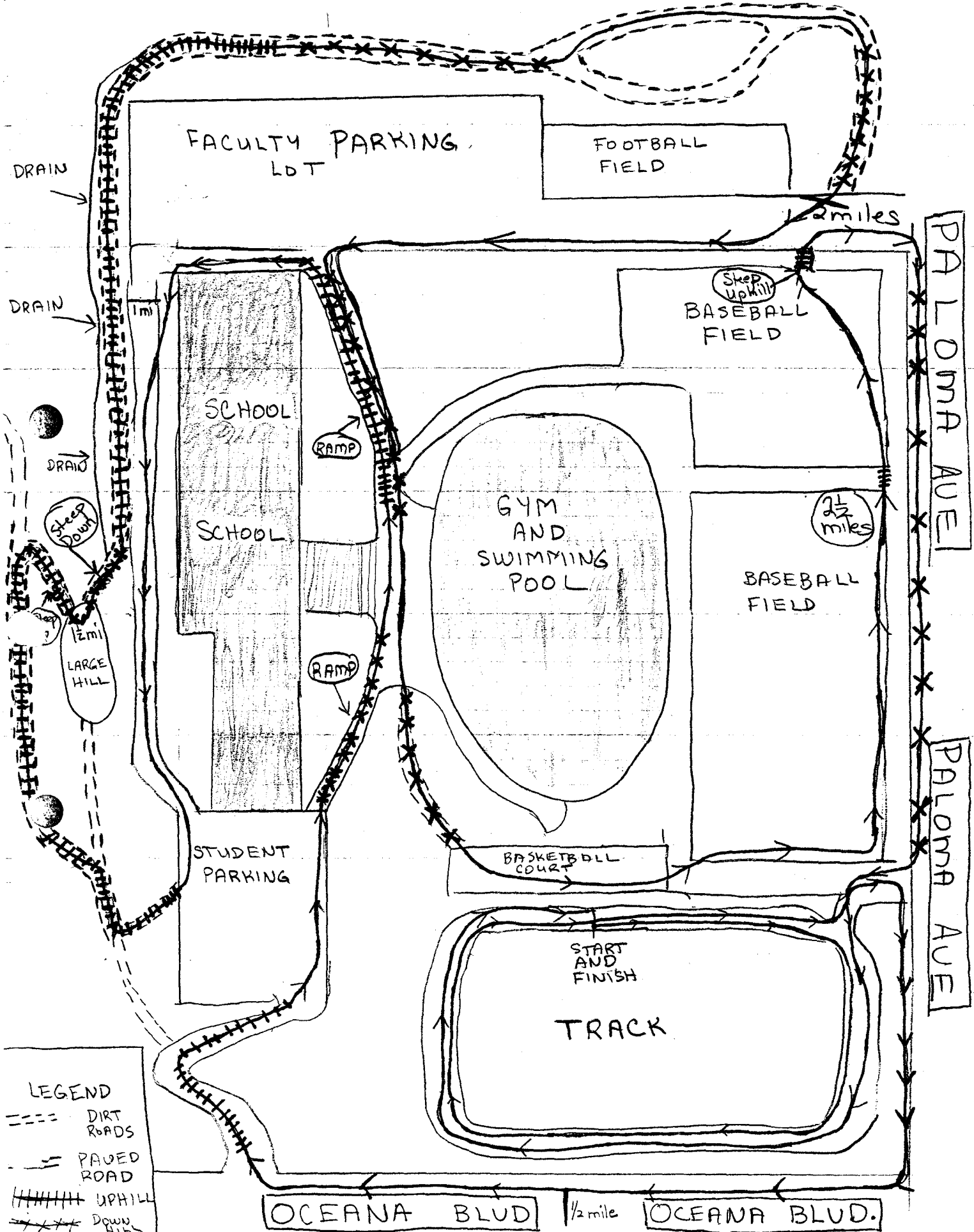
MURCHISON DRIVE

SIDEWALK



MILLS HIGH SCHOOL CROSS COUNTRY COURSE





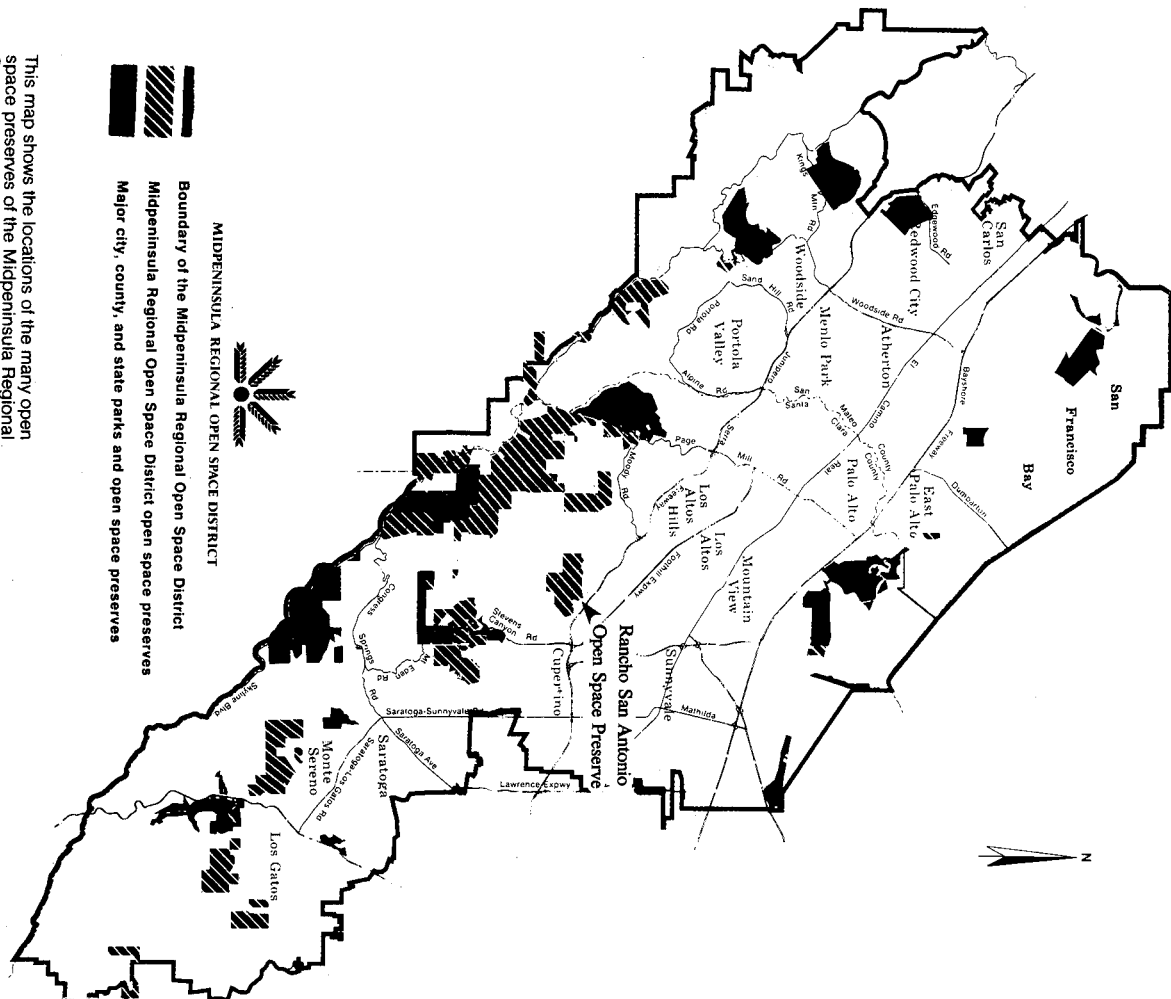
LEGEND

- DIRT ROADS
- == PAVED ROAD
- ||||| UPHILL
- xxx DOWNHILL

This map shows the locations of the many open space preserves of the Midpeninsula Regional Open Space District. Some District Preserves are more developed than others. Intended for scenic preservation and low-intensity recreation, the preserves are not "parks" in the usual sense. None of them have picnic tables, water faucets, restrooms, or campfires; and no fires are allowed. Visitors are asked to leave their pets at home so that wildlife can be observed under natural conditions.



MIDPENINSULA REGIONAL OPEN SPACE DISTRICT
 Boundary of the Midpeninsula Regional Open Space District
 Midpeninsula Regional Open Space District open space preserves
 Major city, county, and state parks and open space preserves



The Midpeninsula Regional Open Space District

Rancho San Antonio Open Space Preserve



The 594 acre Rancho San Antonio Open Space Preserve contains a pleasant variety of grassy knolls, woodlands and creekside settings. The bountiful mule deer, coyote and bobcat call this their home. You may very well catch a glimpse of them as you explore the many trails. Hiking, jogging, photographing, and picnicking are the favorite activities.

History: The Preserve was originally part of a large Mexican land grant known as Rancho San Antonio. Most of the site was later purchased by the Grant brothers in 1860 and operated as a cattle ranch. The original farm buildings remain intact and are a highlight of the visitor's experience.

Access: The Preserve is located in the foothills southeast of Los Altos and may be reached on foot, bicycle, and horseback. Vehicle parking is provided on the nearby Rancho San Antonio County Park. More accessible parking for the physically limited is available by obtaining a permit from the District office.

Trails: Approximately 5 miles of trails are located on the Preserve. Wildcat Loop Trail, the most popular trail on the Preserve, begins and ends at Deer Hollow Farm. The trail travels through a shaded bay and oak woodland, eventually bringing hikers to a grassy meadow with a spectacular view of the entire Bay Area.

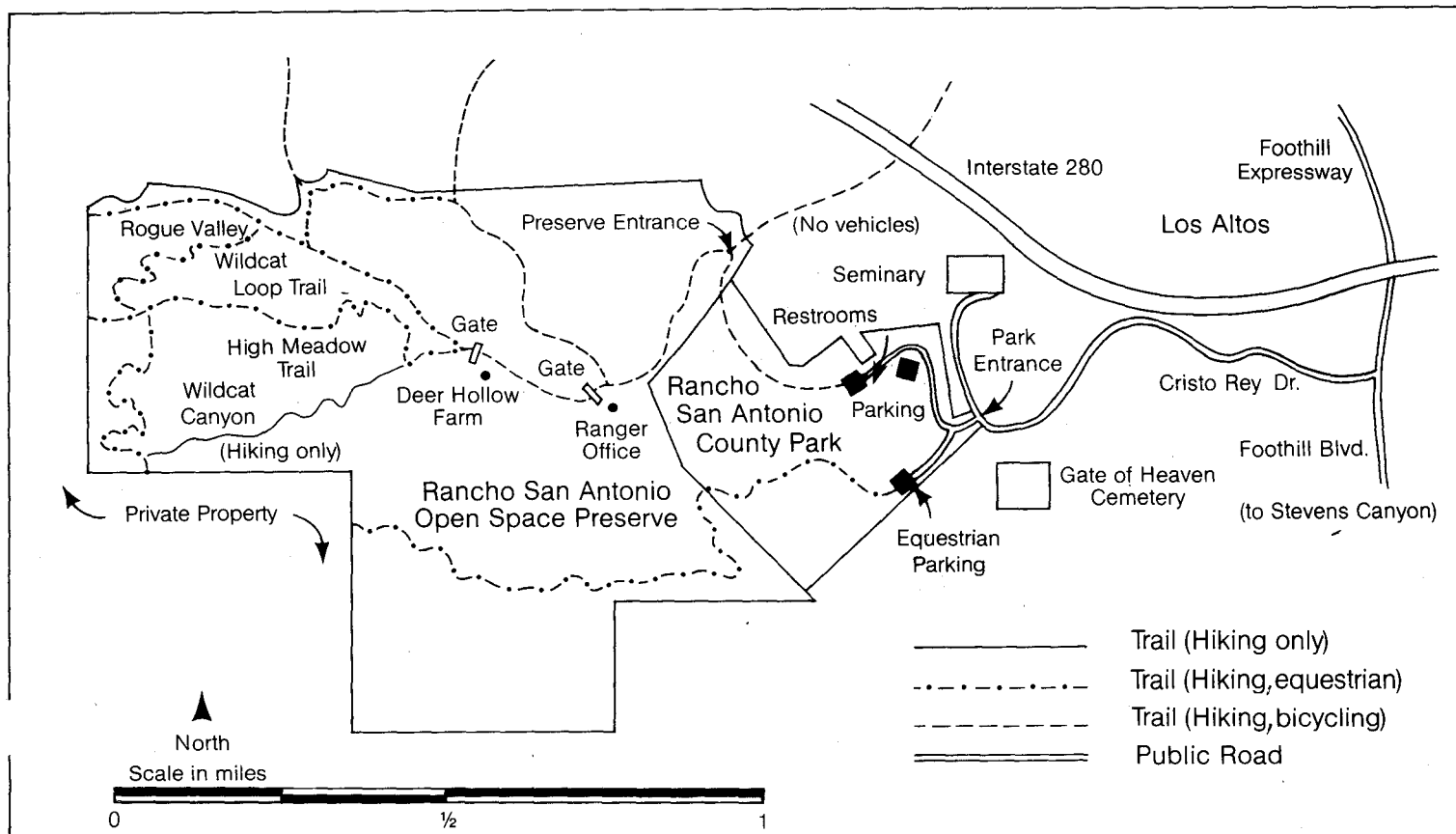
Farmyard: The picturesque farm and surrounding area is known as Deer Hollow Farm. It is leased and operated by the City of Mountain View Department of Parks and Recreation. A variety of environmental education programs are conducted here throughout the year. For more information, contact the Department of Parks and Recreation at (415) 966-6331.

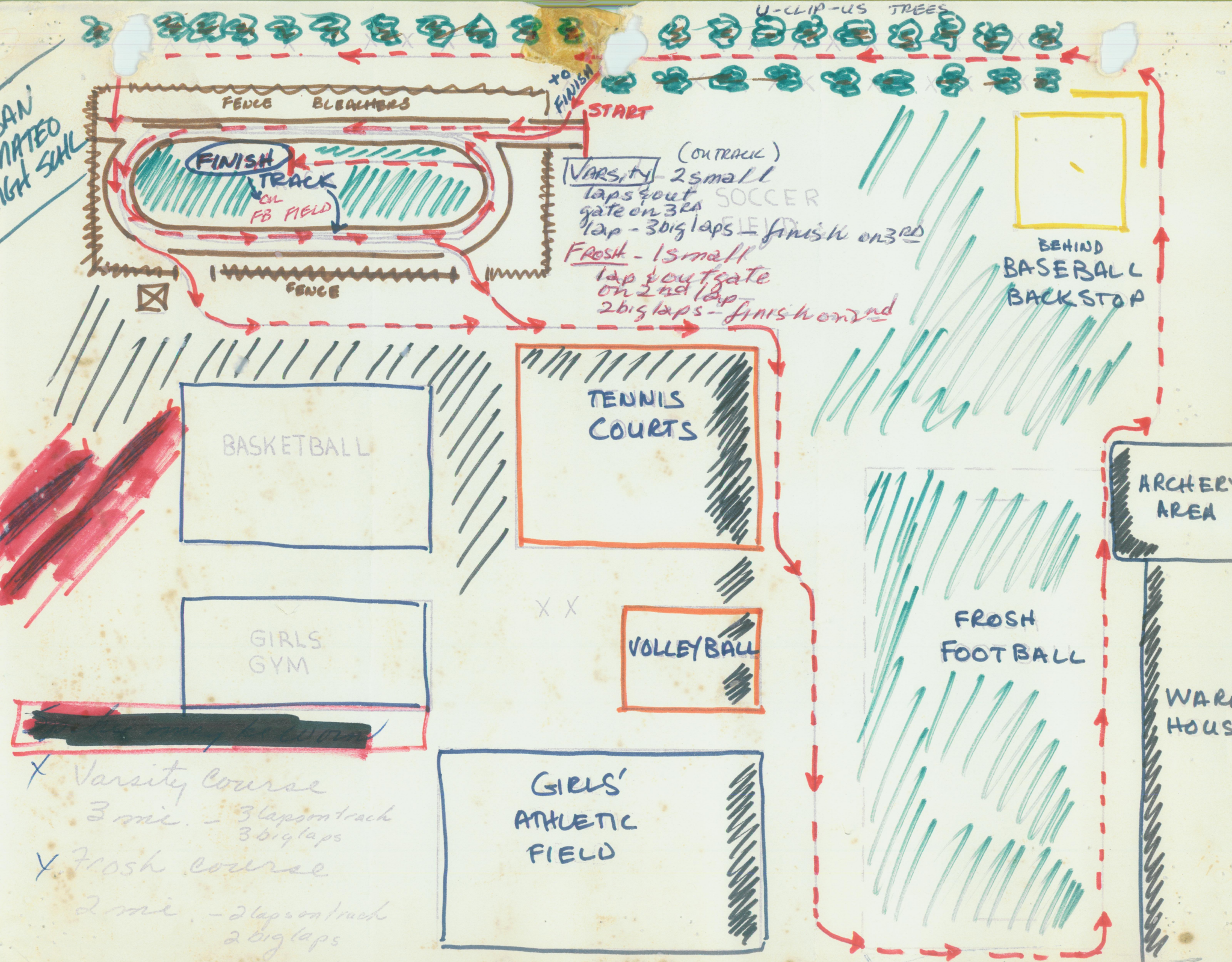
Management: The site is managed for a balanced use of environmental protection, recreation, and environmental education. The Preserve is open from dawn to dusk. All natural resources are protected. Please leave rocks, plants and animals undisturbed for others to enjoy. *For your own safety and for the protection of your preserve, no guns, shooting, fires or pets are allowed.*

Additional information about the District's activities and programs is available at the office, or by telephoning 415/965-4742.

General Manager: Herbert Grench; Board of Directors: Richard S. Bishop, Katherine Duffy, Barbara Green, Nonette Hanko, Edward G. Shelley, Harry A. Turner, Daniel Wendin

Midpeninsula Regional Open Space District, 375 Distel Drive, Suite D-1, Los Altos, CA 94022; (415) 965-4717







Varsity - 2 small
laps + out SOCCER
goal on 3rd
lap - 3 big laps
Finish on 3rd
Frosh - 1 small
lap + out
2 big laps - finish on 2nd

5m
Course

BASEBALL
BACKSTOP

BASKETBALL

TENNIS
COURTS

ARCHER
AREA

GIRLS
GYM

VOLLEYBALL

FROSH
FOOTBALL

WA
HO

SAN MATEO H.S. COURSE

Varsity Course
3 mi - 3 laps on track
3 big laps

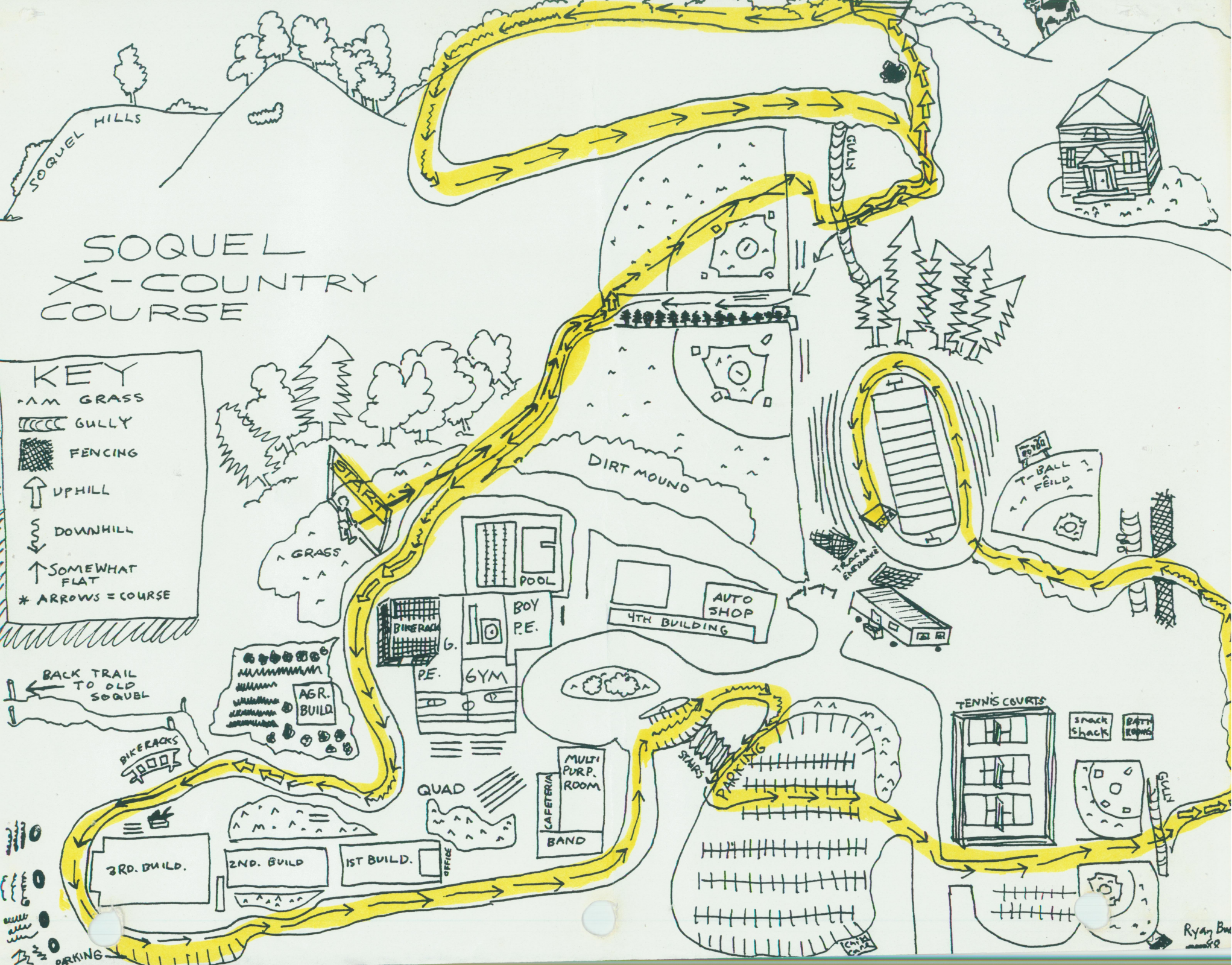
GIRLS
FROSH COURSE

2 mi. - 2 laps on TRACK
2 BIG LAPS AROUND CAMPUS FIELDS

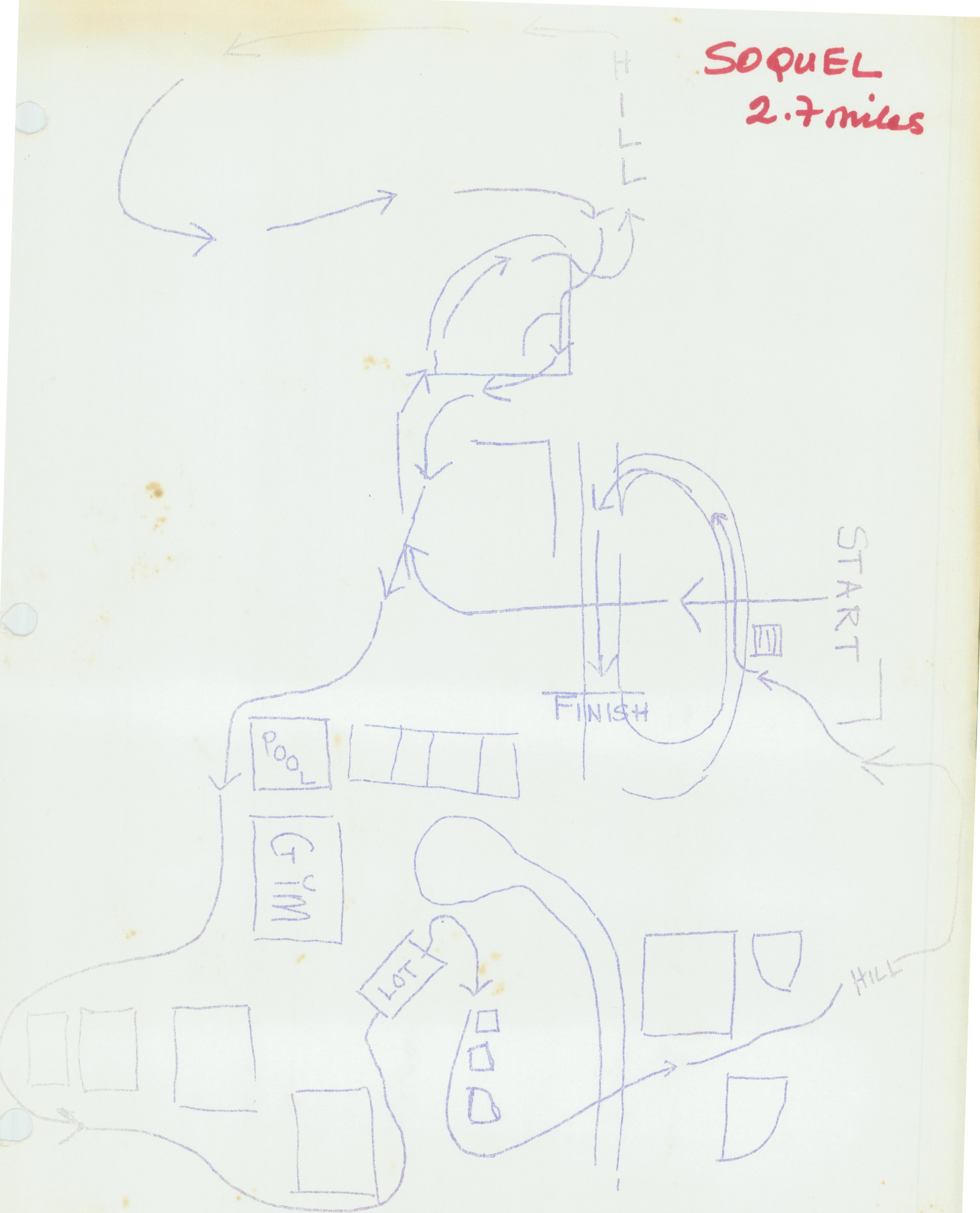
SOQUEL X-COUNTRY COURSE

KEY

- ~ ~ ~ GRASS
- ~~~~ GULLY
- ▒ FENCING
- ↑ UPHILL
- ↓ DOWNHILL
- ↑ SOMEWHAT FLAT
- * ARROWS = COURSE

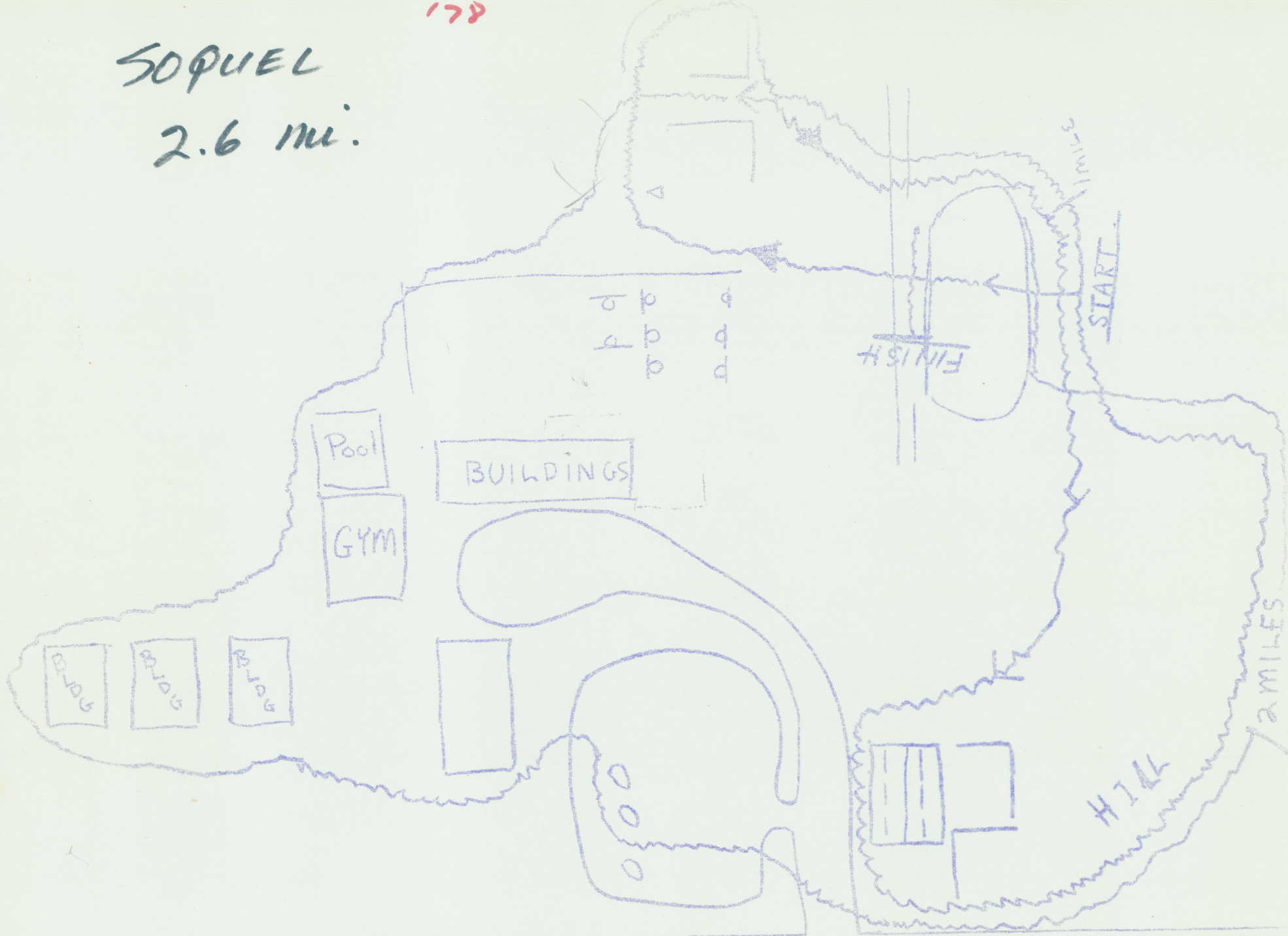


SOQUEL
2.7 miles

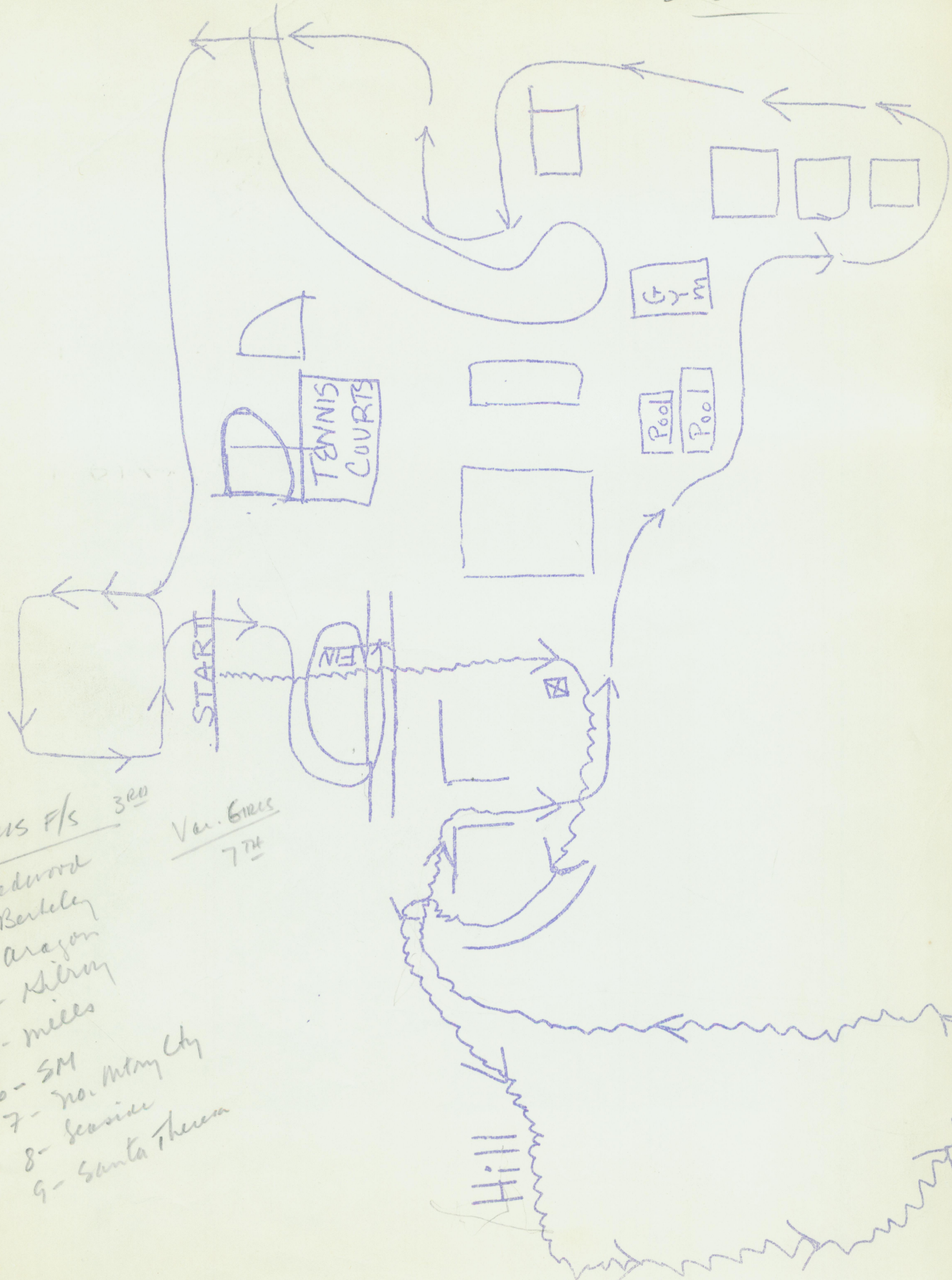


178
SOQUEL

2.6 mi.



2.5 miles

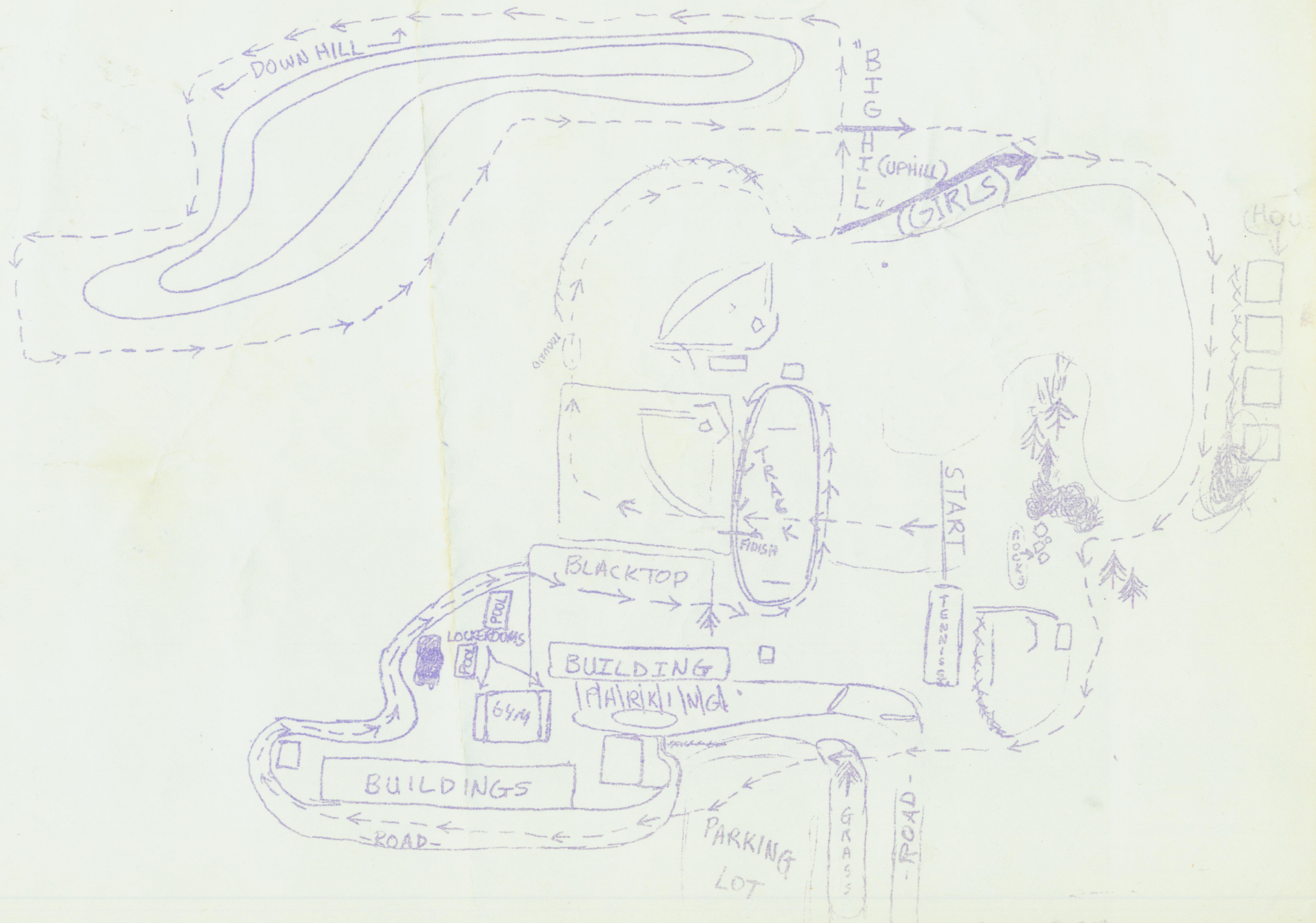


GIRLS F/S 3RD

Var. GIRLS 7TH

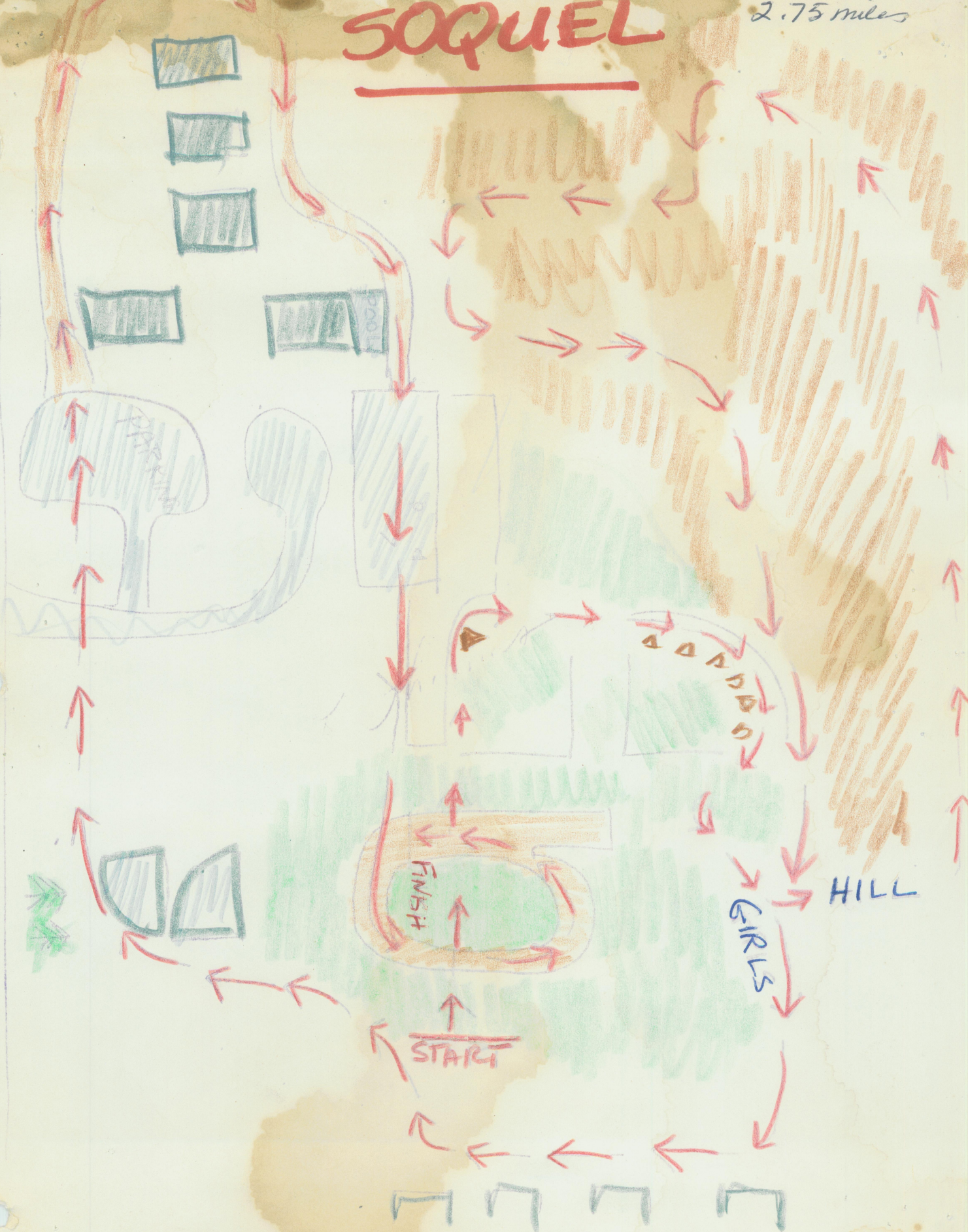
- 1- Redwood
- 2- Berkeley
- 3- Aragon
- 4- Hilling
- 5- miles
- 6- SM
- 7- No. Mtng Chy
- 8- Seaside
- 9- Santa Theresa

SOQUEL INVITATIONAL COURSE



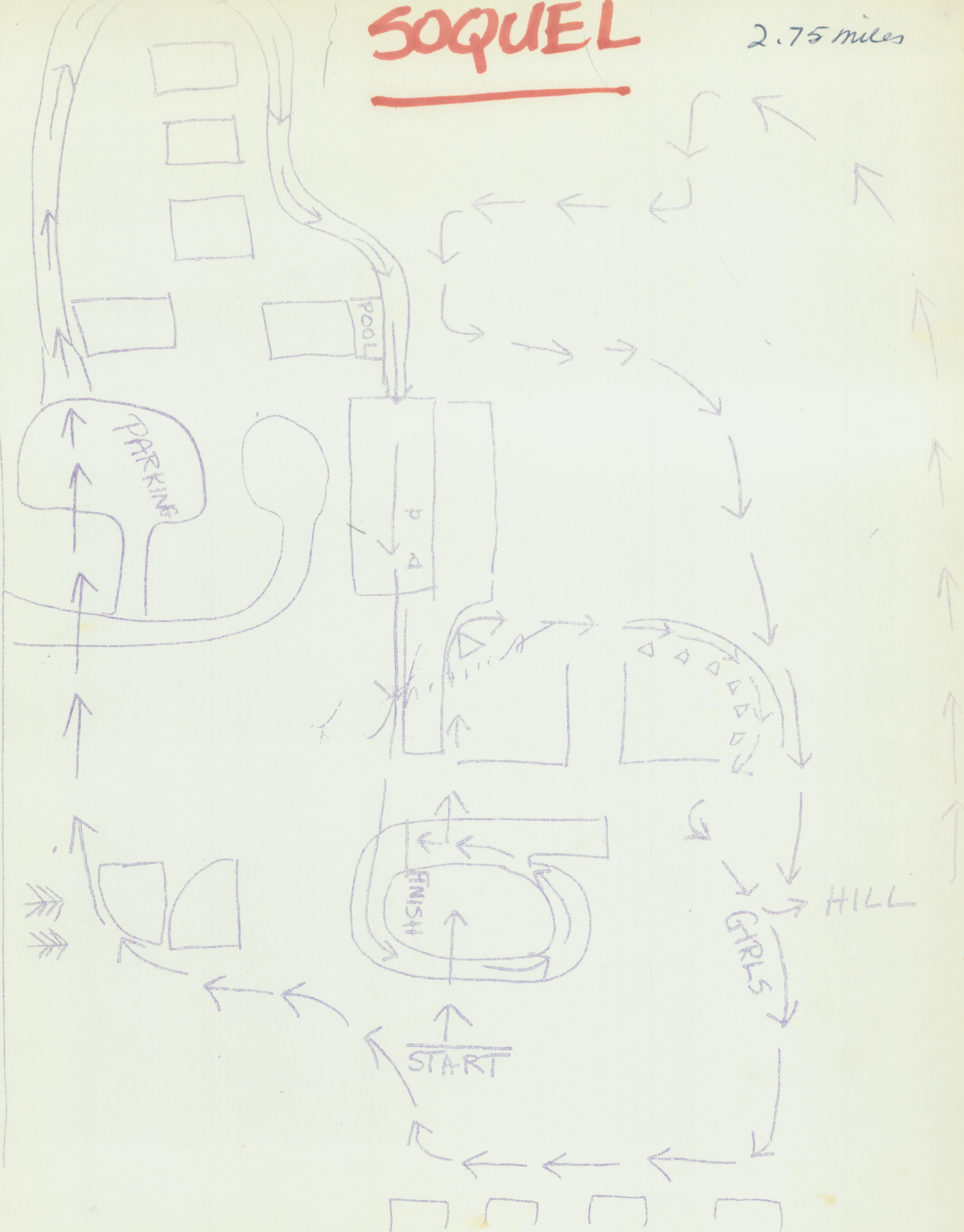
SOQUEL

2.75 miles

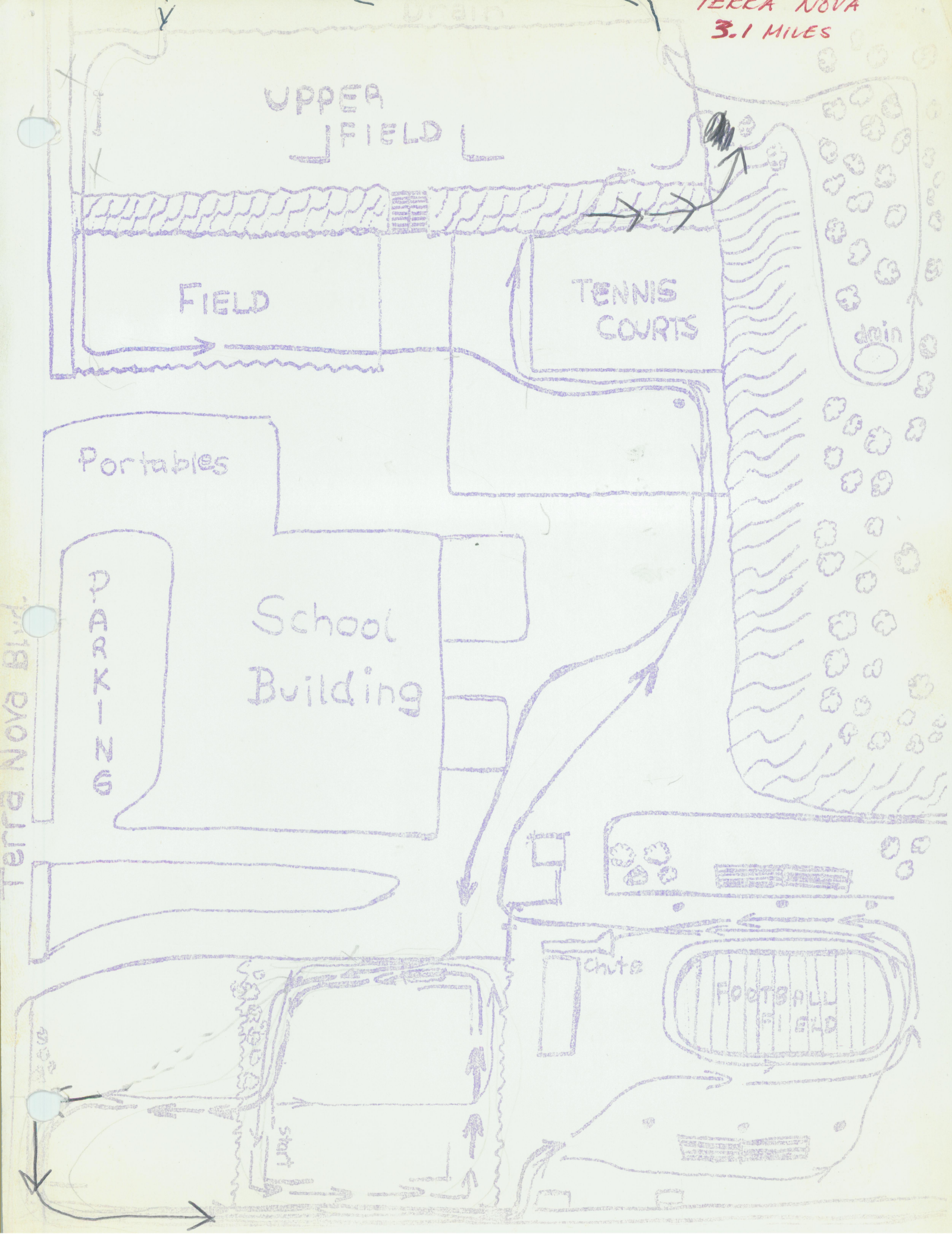


SOQUEL

2.75 miles

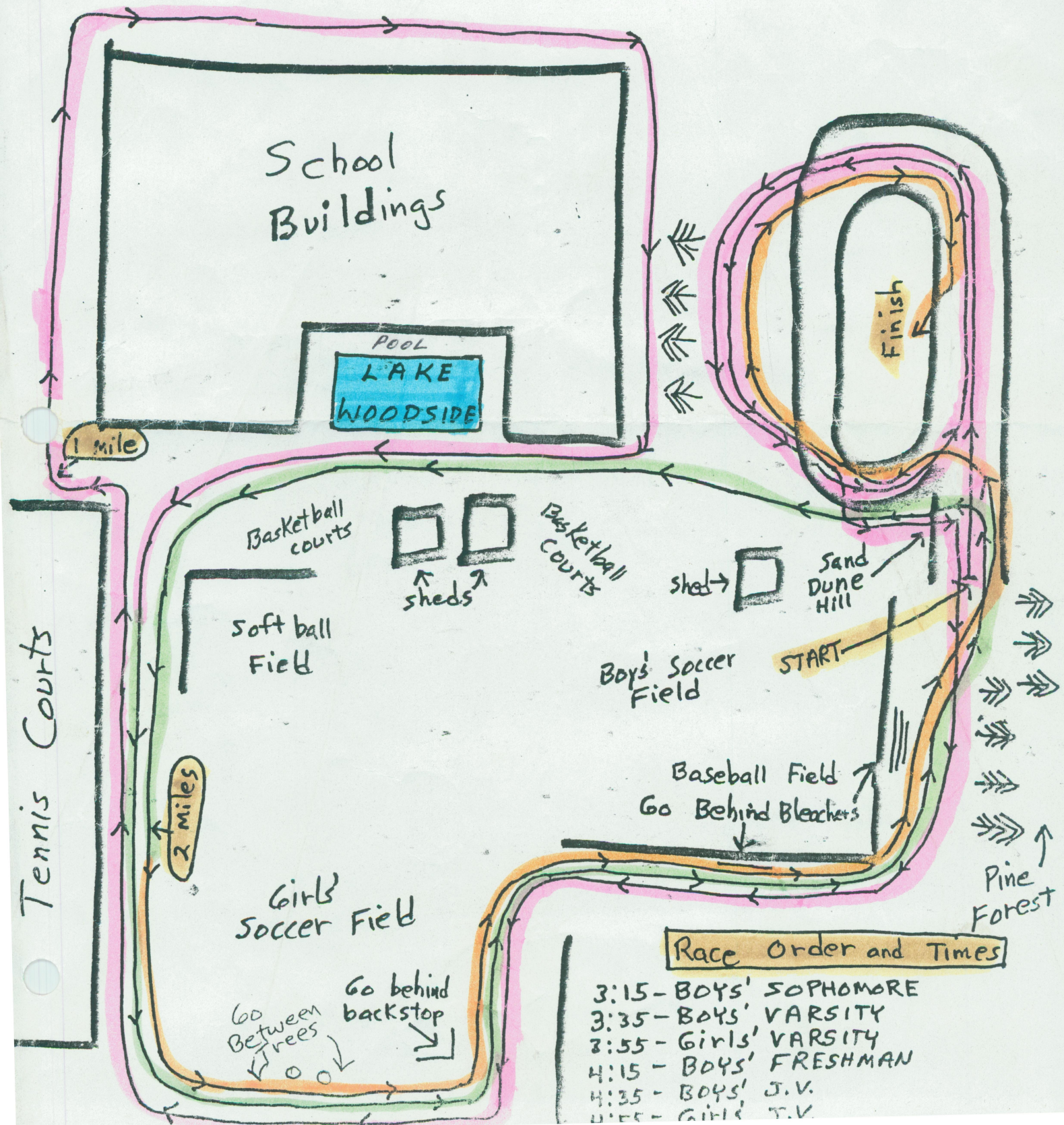


TERRA NOVA
3.1 MILES



WOODSIDE CROSS COUNTRY COURSE - 2.63 Miles

1. Two laps around track (Go behind bleachers each time).
2. Go out gate and turn left sharply. Go up to track & turn right.
3. Go around baseball backstop, girls' soccer field and between tennis courts & softball field to one mile mark.
4. Go around school buildings and then around girls' soccer field and baseball field counter clock wise --- TWICE.
5. Finish with reverse lap on track (again, behind bleachers).

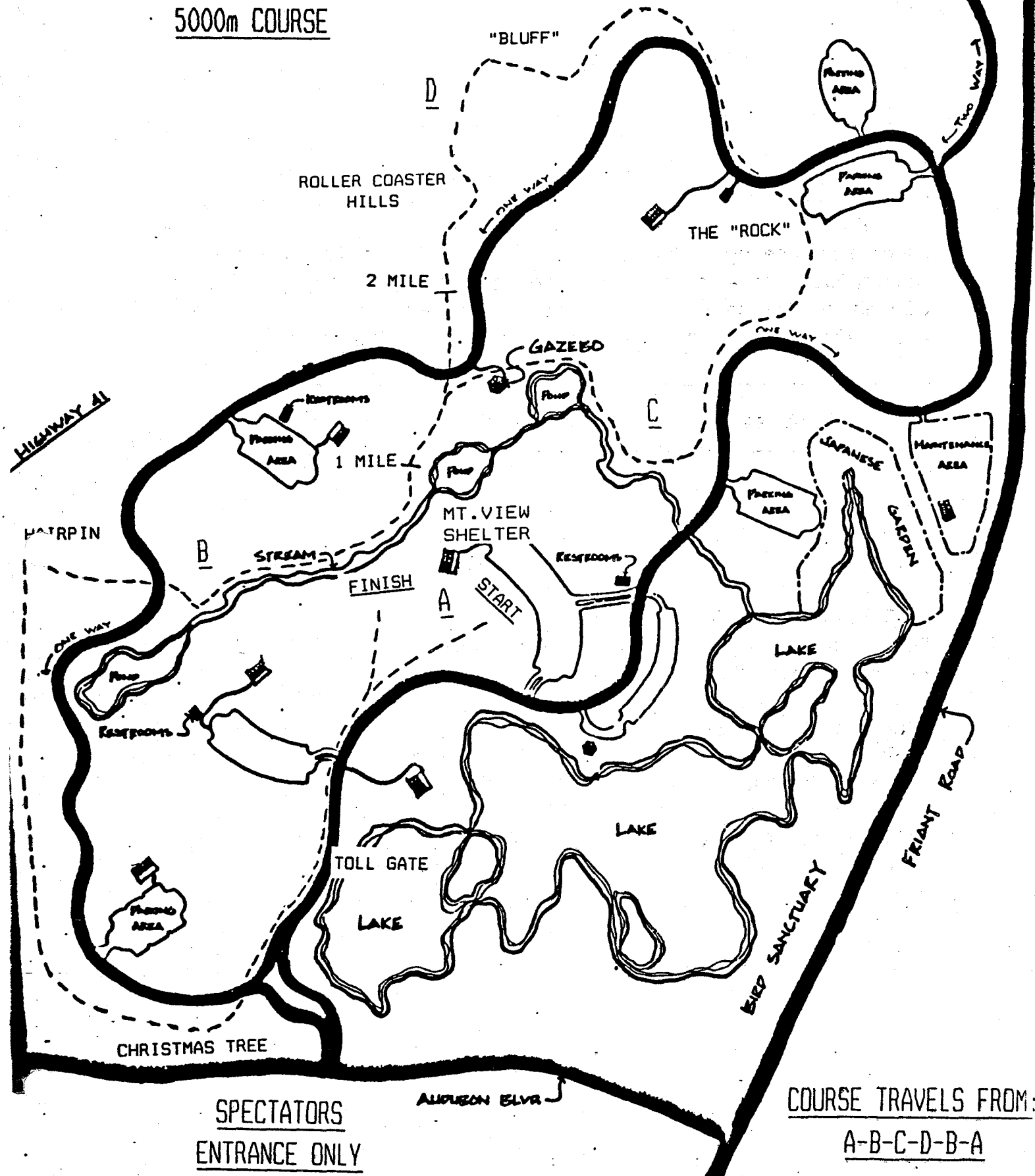


Race Order and Times

3:15 - BOYS' SOPHOMORE
 3:35 - BOYS' VARSITY
 3:55 - GIRLS' VARSITY
 4:15 - BOYS' FRESHMAN
 4:35 - BOYS' J.V.
 4:55 - GIRLS' J.V.

CIF/REEBOK STATE CHAMPIONSHIPS
WOODWARD PARK, FRESNO, CA.
5000m COURSE

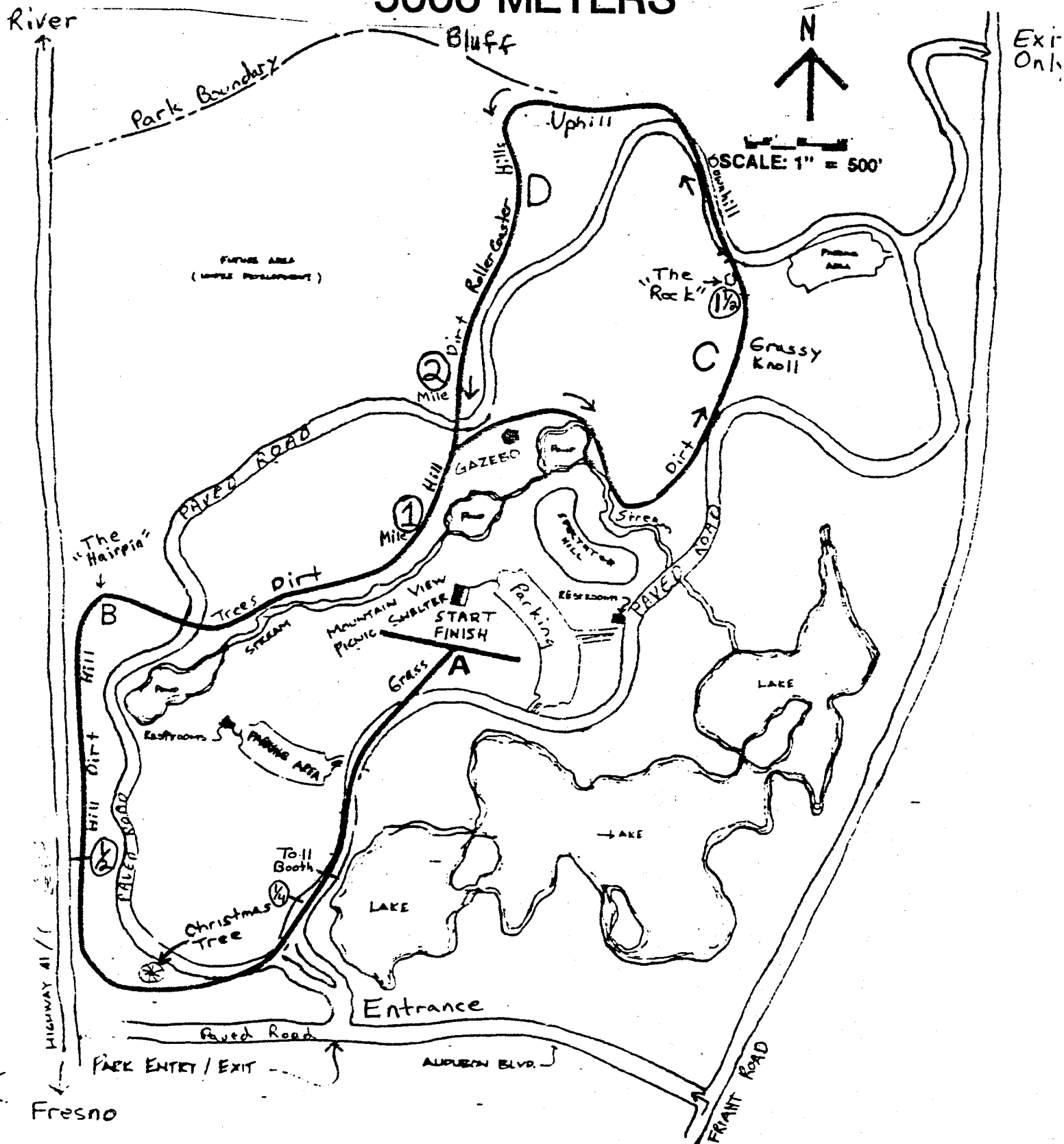
COACHES & ATHLETES
ENTRANCE



SPECTATORS
ENTRANCE ONLY

COURSE TRAVELS FROM:
A-B-C-D-B-A

CIF/REEBOK STATE CROSS COUNTRY CHAMPIONSHIPS WOODWARD PARK, FRESNO 5000 METERS



Course Travels From: A — B — C — D — B — A