

Women's

# TRACK & FIELD WORLD

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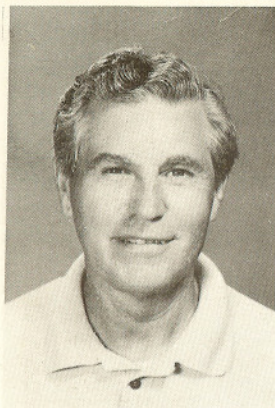
**IRENA SZEWINSKA**

**'THE PRINCESS OF POLAND'**

**10.9 - 22.0 - 49.9**



## REEL TALK



Recently Chi Cheng was in London for an IAAF committee meeting and during some free time, talked with Pete Pozzoli concerning the 1974 Women's T&F Handbook. Pozzoli reported the book has been delayed by a printers strike, but should be ready for mailing to the USA about the first of August. As soon as the Yearbooks arrive, we will get them mailed out to those who have already ordered. In the meantime, if you haven't already placed your order, you'd best do so pronto for the books are going fast and the supply is limited - and once they are gone, they are gone - as those who are now trying to find past issues can tell you.

Chi Cheng and I are very excited about our new jobs at the University of Redlands. If you are seeking an institution of higher learning which will provide you with an excellent education plus an outstanding track program, drop us a line. The administration and trustees are going overboard with co-operation plus determination to make Redlands one of the top universities for its women's program. The two of us have worked out what we believe to be the ideal coaching arrangement and at Redlands you may be certain the men's track team will not receive favours at the expense of the women's team. And, I might add, vice versa!

And since this month's column seems to be full of personal items, we might add one more. Chi and I had the pleasure to be speakers at the US Olympic Committee T&F Clinic at Texas Women's University campus, Denton, Texas, and must report we were highly impressed with the college and its facilities. Of course, coach Bert Lyle is already well known, but what is not known is the tremendous amount of experimental equipment, diagnostic machines, measuring devices for everything but bad breath. It's an amazing institution with a very big future. Coach Lyle reports he will have "at least" 40 on his track team next year. Chi and I were joined with Ralph Boston, Barbara Jackett and Ken Shannon as instructors at the clinic.

### VINCE REEL, Editor

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Those old pros, Ilya Lokshin, Jan Popper and Luigi Mengoni, have produced another outstanding booklet for the women's track and field statisticians of the world. This one, just published, is the "A.T.F.S. Women's Track and Field Handbook" and includes the 150 best female performances of all time in every event, with two lists for hand times and fully automatic electric times in the 100, 200 and 100m hurdles. It is a 48 page booklet, packed with statistics which are invaluable to the true T&F nut. Selling only via air mail due to the uncertainties of the Italian postal system, it is well worth the price of \$4 (in banknotes only) in the USA. If you wish to send an international money order instead of the bills, send an International Money Order for \$4.50. For Australia, New Zealand, etc., the price is \$5. Write to Luigi Mengoni, Casella Postale 135, I 63100 Ascoli Piceno, Italy.

The next issue of WTFW should be out soon and in it we will do our best to "catch up" on all the items sloughed off during the busy season. Chi and I will be off to Rome for the IAAF Congress meeting and viewing the European Championships about the 23rd of August and so the September issue will go to the printer about a week before that date.

With high school and collegiate track and field booming, it is becoming more and more evident that some form of national standardization be established. As we have stated in WTFW in the past, when one reads the results of a track meet from any other nation in the world, there is never any question of differences. We need to establish unanimity of hurdle height, hurdle spacing, distance of hurdle races, weight of the shot, settle on always reporting wind readings as meters per second and not miles per hour, and get rid of the oddball events that especially plague high school competition such as the 50 and 75 yard dashes and all the complex assortment of hurdle distances such as 80y, 80m, 100y, 110y, etc. This standardization is already spelled out for us in the International rules. Since every nation in the world has adopted these rules and regulations, why do we not do the same? Right now it is a case of everyone being out of step but us!

### LETTER FROM WAYNE HENTLEY, Brooklyn

"Irena Szewinska's new world records of 22 flat and 49.9 are fantastic. What makes them more incredible is that Irena is 28. This should be a lesson to all the American girls who 'retire' at 22 (More like 18 - Ed). The Americans must realize that we are falling further and further behind the Europeans in women's track. It's distressing to know that NO American has broken 23 seconds for 200m since the Mexico Olympics six years ago!

"What has happened to Iris Davis and Kathy Hammond? Retired already?"

(Davis has retired but Hammond has indicated she will be back in 1975 after surgery this year.)

### CARE TO DO THE CHARLESTON?

Distance runners are invited to take part in the Annual Charleston (West Virginia) Distance Run on August 31. The run this year will be in conjunction with the establishment of the T&F Hall of Fame and entrants will receive a warmup jacket, a t-shirt and a carrying bag PLUS free food and lodging for the asking. The winner will receive an all expense paid trip to run in the Spring Bank International at London, Ontario, Canada, on September 29 and the Florida Forest Festival (Perry, Florida) on October 26. First 10 finishers will receive engraved Accutron watches. The Committee expects more than a thousand entrants for the five divisions. If you are interested write: Sandra Triplett, Women's Division, Charleston Distance Run, PO Box 1524, Charleston, West Virginia 253525.



# SPORTS INTERNATIONAL DOUBLE CHAMPINSHIP WINNER

## ALL EVENTS SPECTACULAR IN WOMEN'S DIVISION; RECORD FOR SAPENTER

Bakersfield, California, June 28/29:-I remember how it used to be when the Coliseum Relays was the top track and field meet in the USA. I would sit in the stands with so much anticipation for each event, I am surprised my blood pressure survived. It hasn't been that way for many years, but here at Bakersfield, the old feeling returned. Without a question, this was the greatest women's meet ever held in the United States with every event filled with outstanding performers and nearly every event a close battle for the victory.

At first I thought I had been transported back into the past for a quick glance through the program revealed the entries of Willye White, Barbara Friedrich, Vicki Foltz, Mattline Render, Cherry Sherrard, Mamie Rallins, Cindy (Wyatt) Reidhouth and DORIS BROWN. It read like a program from the 1964 championships.

And the veterans performed well. And the newcomers performed well. And there was less bickering among the coaches than ever before. And the photo finish camera kept debates to a zip. And the team title went to Sports International, just as WTFW predicted it would, but for a while, things looked dark for the Washington DC-based crew as Prairie View got off to a fast start and had 31 points on the board at the end of only the fourth event. But they slowed down and finally ended in a tie with the Los Angeles TC for second spot.

The quality of the performances is shown in the nine new meet records plus three new American records, one All-Comers record and the equalling of a world record by Prairie View's Debra Sapenter in the 440 yard dash. Surprisingly, records did not come in the two events in which fans expected them - the 880 and the high jump. But both these events were first class competition. The new meet marks came in three of the four field events, (SP, discus and LJ), in the 400m hurdles where the first four were under the old record, the 440, the 100m hurdles, the mile walk, the medley relay and the two mile relay. Sapenter equalled the AR in the 440, and the two mile relay mark of the San Jose Cindergals was an American record. Sue Brodock bettered the listed AR in the mile walk, but she has a better mark pending, and the SITC medley got the all-comers mark in the 880y medley.

100 Yard Dash:-Three heats with the top three runners of each heat advancing to the final - and some good running evolved. The very first heat saw the elimination of Carol Cummings and Debbie Byfield as Alice Annum won in a speedy 10.3, just one-tenth off the meet record. The second heat was almost a "laugher" as Veronica Harris and Alfreda Daniels scratched and Rosalyn Bryant purposely double false-started leaving only five runners, but even with qualification a certainty, Renaye Bowen looked strong winning in 10.4 over Pat Henderson who is credited with a 10.2w mark. The third heat was "loaded" from the outset bringing together the National Collegiate champion Rochelle Davis of Texas Women's University; Angel Doyle, the National AAU girl's champion; Olympian Mattline Render; Oregon's Fran Sichting; and the favorite to win the final, Theresa Montgomery of the Tennessee State TC - with only three to qualify. And WTFW's pick to win the final bit the dust as Montgomery finished fifth and was joined on the sidelines by Davis, the fourth place finisher. The young upstart Angel Doyle, won the race in 10.5s.

Heat #1 (O.O), 1-Alice Annum (SITC) 10.3, 2-Janet Brown (TWU) 10.4, 3-Martha Watson (LITC) 10.7, 4-Carol Cummings (PV) 10.7, 5-Debbie Byfield (BerkleyTC) 10.8, 6-Cathy Newman (Iowa State) 10.8, 7-Gail Douglas (LBComets) 11.0; Heat #2, (O.O), 1-Renaye Bowen (LITC) 10.4, 2-Pat Henderson (Southern Univ) 10.8, 3-Pam Greene (Colorado State) 10.8, 4-Dinese Waddy (AmblerTC) 11.1, 5-Deb Quillan (NebTC) 11.3; Heat #3, (O.O), 1-Angel Doyle (AmblerTC) 10.5, 2-Mattline Render (NY PAL) 10.5, 3-Fran Sichting (South Coast TC, Ore) 10.6, 4-Rochelle Davis (TWU) 10.7, 5-Theresa Montgomery (TSTC) 10.7, 6-Deborah Clay (MHYF) 10.9, 7-Pam Riggs (Puget Sound Striders) 11.0, 8-Gwen Smith (Columbus CommTC) 11.1.

Interesting to note that whereas in the girl's division sprints and hurdles, the athletes were not running as fast as the required qualifying standard, no such problem was evident here in the women's division - largely, I believe, because

## DEBBIE PASTEL THE WHOLE SHOW IN GIRL'S CHAMPIONSHIPS

Bakersfield, California, June 25/26:-Powerful Sports International, displaying a fantastically strong unit, completely dominated the 1974 Girl's (14-17) Championships at Bakersfield as they scored 84 points to win the team title, more points than the next three teams combined.

SITC standout was young Debbie Pastel who picked up four gold medals with wins in the 220 and 440 yard sprints and as a member of the winning mile and medley relay teams. The choice of Pastel as the outstanding performer, however, was actually not an easy one to make for the Games Committee as Robin Campbell also turned in an outstanding two days of work winning the mile and galloping legs on two winning relay units and the Duke City Dasher's Lynn Bjorklund lowered the meet and national record in the two mile by nearly half a minute.

Seven meet records were broken and two more equalled during the two days led by Bjorklund's 10:14.8 two mile clocking. The two mile relay mark of 9:16.4 set in 1973 by the Blue Ribbon TC, fell to no less than four teams in 1974 as the Duke City Dashers sped to a 9:03.0 victory. Sports International lowered the mile relay and the medley relay marks, Terry Sabol of the Los Angeles TC upped the discus record by six inches to 155'6, Mary Decker took the 880 mark to 2:07.5 and Linda Brodock broke her sister's year-old mile walk mark by nine seconds as she heel-and-toed the four laps in 7:50.9.

Although only being credited as "tying" the national and meet records, Sonya Hardy actually has the records all to herself. Clocking 13.9 as she won the 100m hurdles final, Hardy ran the same time as Bobette Krug in winning last year's race, but Krug's race was aided by a 5.1mph wind and should never have been recognized in the first place. The other record tied was by Joni Huntley of the Oregon TC who backed over 5'10 to win the high jump.

Fifty teams scored points in the 1974 Championships held on the speedy tartan track in the Bakersfield College stadium.

100 Yard Dash: Four heats were needed to cut the field to 16 for the semi-finals. Three of the four heat leaders won their initial races as Mary Lou Jasnoch, Deidre Wilson and Gail Douglas turned in the fastest times, 10.8's. First four from each heat advanced.

Heat #1, 1-Angel Doyle (Ambler TC) 10.9, 2-Marie Nickson (Berkeley TC) 11.0, 3-Dolly Fleetwood (SCC) 11.0, 4-Cindy Tatum (Nebraska TC) 11.2, 5-Tina Leatherman (Frederick TFC) 11.2, 6-Sharon Cherry (MHYF) 11.4, 7-Betty Spencer (Indianola TC) 11.5; Heat #2, 1-Mary Lou Jasnoch (NebTC) 10.8, 2-Deidre Wilson (NYPAL) 10.8, 3-Annette Robinson (BerkTC) 11.0, 4-Wanda Nicholson (Dryades) 11.1, 5-Gilda Thompson (LA Jets) 11.2, 6-Deborah Oliver (MHYF) 11.3; Heat #3, 1-Gail Douglas (LBC) 10.8, 2-Creola Miller (Ravenswood Juliettes) 11.0, 3-Kim Schofield (Peoria Pacettes) 11.1, 4-Calla Huddle (Galesburg Jaycees) 11.4, 5-Faith Dennis (ColComTC) 11.6, 6-Jackie Meyers (Renegade TC, Hawaii) 11.8; Heat #4, 1-Teresa Baugh (TSTC) 11.0, 2-Rachel Lewis (GJ) 11.0, 3-Rhonda Brady (MHYF) 11.1, 4-Marsha Bridgewater (NYPAL) 11.2, 5-Jamie Day (Seattle Roadrunners) 11.5, 6-Linda Morrison (LJTC) 11.5.

The semi-finals brought about one of the strangest disqualifications ever seen in the straightaway short sprint as Gail Douglas was disqualified for running out of her lane. The 100 start was situated where the turn ended as lap runners would enter the final straight. Douglas started all right, but after the first step, followed the turn lines of the curve and wound up in the next lane - volla, correctly disqualified. Douglas was the winner of her semi and should have been a factor in the final. The second semi brought together Angel Doyle and Mary Lou Jasnoch, but it was no contest as Doyle won by two-tenths in 10.8s. No BIG surprises in the semis, but such sprint stalwarts as Creola Miller, Kim Schofield (who looked overweight) and Deidre Wilson joined Douglas in the stands to watch the final.

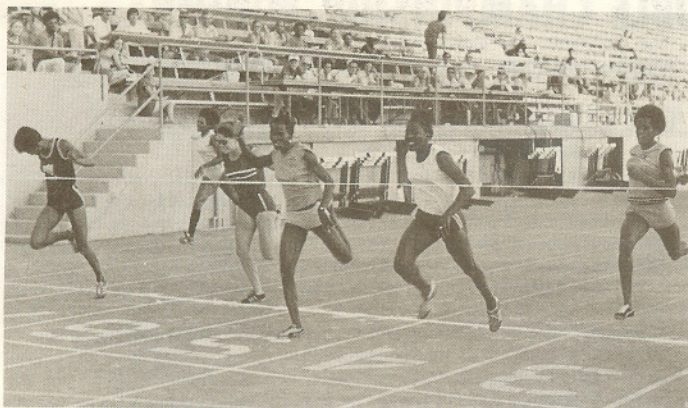
Semi #1, 1-Baugh 11.1, 2-Robinson 11.3, 3-Lewis 11.3, 4-Tatum 11.4, 5-Miller 11.4, 6-Brady 11.6, 7-Bridgewater 11.6, Douglas disqualified; Semi #2 (Wind +4.4mph), 1-Doyle 10.8, 2-Jasnoch 11.0, 3-Fleetwood 11.3, 4-Nickson 11.3, 5-Schofield 11.3, 6-Nicholson 11.4, 7-Wilson 11.4, 8-Huddle 11.7.

The final was marred by the disqualification of two of the top runners, Jasnoch and Baugh. These two were eliminated

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RENAYE BOWEN, Lakewood International, keeps her undefeated string intact as she wins National 100 yard title in 10.4. Left to right, Mattline Render, 3rd; Pam Greene, 8th; Janet Brown, 4th; Alice Annum, 2nd; Bowen; Angel Doyle, 6th. (Jeff Johnson photo)

## WOMEN'S CHAMPIONSHIPS (Continued)

the quality of the women's events registered the fact that to enter without having actually made the required time would produce an embarrassing result with such runners finishing far back down the track.

In the final, Watson had a false start and then withdrew, favoring the long jump, and when the gun fired, the runners were Henderson in lane 1, then Sighting, Doyle, Bowen, Annum, Brown, Render, lane 8 open and Greene on the outside. It was, as expected, a close, ding-dong battle all the way with Annum the apparent early leader with Brown. Bowen and Render closed very fast and the three leaders hit the tape together with only the camera to separate them. Bowen kept her unbeaten string alive with a narrow win over Annum and a happy Render. Brown was just a tick behind while Sighting edged the 15 year old Doyle for fifth.

**FINAL** (+0.984), 1-Bowen 10.4, 2-Annum 10.4, 3-Render 10.4, 4-Brown 10.5, 5-Sighting 10.6, 6-Doyle 10.6, 7-Henderson 10.7, 8-Greene 10.8, Watson did not run.

**220 Yard Dash:**—Practically the same field of outstanding sprinters showed up for the three heats in the 220 as appeared for the 100. With the top three moving to the final, once again there could be no loafing in the trials and it took better than 24 seconds to advance to the final. First heat went as anticipated, but there were a couple of surprises in the other two heats. Audrey Reid, who had stayed out of the 100 to have a better chance in the furlong, was eliminated in the second heat in spite of running 23.9. In heat three, Debra Edwards of Texas Southern was expected to be in the top three, but she ran only 24.3 and failed to make the cut. Heat winners were Annum at an excellent 23.2, Bowen in 23.7 and Sighting at 23.4. Angel Doyle, who scratched from the girl's 220, made it into the final here with a fine 23.8 behind Sighting.

**Heat #1** (0.0), 1-Alice Annum (SITC) 23.2, 2-Roslyn Bryant (MDYF) 23.7, 3-Pam Jiles (Dryades) 23.9, 4-Pam Riggs (Puget Sound Striders) 24.7, 5-Marie Nickson (BerkeleyTC) 25.2, Burke and Harris scratched. **Heat #2**, (0.0), 1-Renaye Bowen (LITC) 23.7, 2-Debbie Byfield (BerkeleyTC) 23.8, 3-Rhonda McManus (Southern Univ) 23.9, 4-Audrey Reid (TWU) 23.9, 5-Deborah Clay (MHYF) 24.4, 5-Dinese Waddy (AmblerTC) 25.4; **Heat #3** (0.0), 1-Fran Sighting (South Coast TC, Ore) 23.4, 2-Angel Doyle (AmblerTC) 23.8, 3-Pam Greene (Colorado State) 23.9, 4-Deborah Edwards (Texas Southern) 24.3, 5-Gwen Smith (COTC) 25.3, 6-Ann McReynolds (DCD) 25.5.

There was much anticipation as the nine runners toed their marks for the final. The main interest was centered on Bowen in lane two - could she keep her unbeaten record for 1974; on Sighting in lane three - could she get back the record that was taken from her via the "lane nine" ruling in 1973; and on Annum in lane four - was that speedy heat time just a shot in the dark. But it was all answered within three seconds after the gun was fired as Bowen was completely out of it and looking as though she was starting an 880 and Sighting simply did not have the inherent inborn jet speed of Annum. Annum was off and running and finished in 23.1 with the Sighting power coming into prominence over the final 75 as she came up fast for second. Rhonda McManus surprised by finishing third and

becoming the second American and so to represent the USA against the Russians. Bowen never snapped out of it and finished a disappointing sixth.

No, I haven't forgotten about Pam Greene and her false-start bingie of 1973. Pam ran the heats and finals of both sprints - and never jumped once!

**FINAL**, (0.0), 1-Annum 23.1, 2-Sighting 23.4, 3-McManus 23.7, 4-Bryant 23.7, 5-Byfield 23.8, 6-Bowen 23.9, 7-Jiles 24.0, 8-Greene 24.3, 9-Doyle, nt.

**440 Yard Dash:**—Actually, there were no surprises in the three qualifying heats. All the finalists could be picked ahead of time although Susan Vigil and Karen Willis came close to upsetting a couple of the favorites. Tennessee State TC's Sheila Choates had the fastest win, 54 flat.

**Heat #1**, 1-Debra Sapenter (PV) 55.1, 2-Esther Stroy (SITC) 55.7, 3-Chris Schilly (SyrChrgs) 55.8, 4-Susan Vigil (DCD) 55.9, 5-Dolores Banks (RRR) 56.0, 6-Jackie Daniels (MalloryTC) 57.6, 7-Judith Smith (TSTC) 63.4. **Heat #2**, 1-Gwen Norman (SITC) 54.9, 2-Janice Wiser (LJTC) 55.2, 3-Janis Vetter (BRTC) 55.2, 4-Karen Willis (TSTC) 55.3, 5-Mary Wallace (PV) 55.6, 6-Beth Warner (OhioTC) 56.0. **Heat #3**, 1-Sheila Choates (TSTC) 54.0, 2-Marilyn Neufville (IATC) 54.3, 3-Shirley Williams (PV) 54.4, 4-Trudi Rebsamen (Un) 55.3, 5-Pam Riggs (Puget Sound Str) 56.2, 6-Sue Tallard (Madison Badgerettes) 56.5, 7-Deanne Carlson (RC triders) 57.4, 8-Stephanie Vega (Atoms) 57.8.

Sapenter made the WTFW predictions look good as she zipped to a world-record-equaling 52.2, more than a second ahead of the rest of the field. Choates just nipped Neufville for the silver medal. Stroy was ill and scratched from the competition after her 440 heat.

**FINAL**, 1-Sapenter 52.2, 2-Choates 53.6, 3-Neufville 53.6, 4-Norman 53.9, 5-Wiser 54.1, 6-Williams 54.2, 7-Schilly 56.1, 7-Vetter 56.3, Stroy scratched.

**880 Yard Run:**—Only 11 entries cleared for the half mile, so no trials were necessary. Defending champion Wendy Koenig was back to defend her title - but a muscle injury made her performance questionable. Mary Decker had soloed to a new Girl's meet record three nights earlier and was unbeaten this year. Robin Campbell, the third of the 1973 feature racers in the 880 was entered along with other veterans including Nancy Shafer and Sue Parks. Tecla Chemabwai of Chicago State by way of Africa could be a factor and Debbie Vetter, one of the "mean Vetter sisters" would surely make the top ones run.

But when the gun went off, it immediately became a two-woman race. With the objective in mind to never let Decker have the lead, Campbell took off and passed the 220 mark in 29 flat with Decker in hot pursuit. At the quarter mark they were right together in 62.1, but Campbell moved once again down the back straight to lead at the 660 pole in 1:33.6. Around the final bend, it was still Campbell and she held on to her lead until with less than 75 yards left to go, Decker went past to win in 2:05.2s. Campbell was clocked in 2:05.9, a season best and only 0.3 off her life-time best while the big surprise of the race Liane Swegle of the Seattle Dynamics, was busy cutting her time from 2:12.4 to 2:07.4 and grabbing the bronze medal. Chemabwai was fourth in her season best, Vetter fifth with her personal best and Koenig sixth in her best mark of the year.

**FINAL**, 1-Mary Decker (Un) 2:05.2, 2-Robin Campbell (SITC) 2:05.9, 3-Liane Swegle (Seattle Dynamics) 2:07.4, 4-Tecla Chemabwai (Chicago State) 2:08.5, 5-Debbie Vetter (BRTC) 2:08.8, 6-Wendy Koenig (TCG) 2:09.1, 7-Nancy Shafer (SITC) 2:09.9; others included Sue Parks (Golden Triangle TC), Patty Cape (LBCComets), Lynn Hollins (RRR) and Marilyn Bastian (NY PAL).

**One Mile Run:**—Two heats were needed to get the field down to the final 12 competitors and it took 4:58 or better to make it into the final. Veteran Vicki Foltz won the first heat in 4:57.4 and the ailing Debbie Heald took the second just one second faster as the top runners were content merely to qualify. In the first heat, Foltz led at the 440 and 880 poles in 72.7 and 2:29.0 with Peggy Neppel in front at three-quarters in 3:46.7. Carol Flournoy took the second heat through splits of 70.5 and 2:27.0 before Judy Graham took over to lead at the 1320 in 3:44.5.

**Heat #1**, 1-Vicki Foltz (Falcon TC) 4:57.4, 2-Peggy Neppel (Iowa State) 4:57.8, 3-Karen Macharg (Kettering) 4:57.9, 4-Julie Brown (IATC) 4:58.0, 5-Cyndy Poor (SJS) 4:58.1, 6-Kathy Costello (OrindaTC) 4:58.3, 7-Amy Haberman (SJC) 5:00.1; others were Jill Caldwell (LITC), Kathy Adams (WS), Molly O'Neil



(Everett Chargers), Nadia Garcia scratched. Heat #2, 1-Debbie Heald (IMM) 4:56.4, 2-Judy Graham (SJC) 4:57.0, 3-Pam Jewell (IBC) 4:57.0, 4-Doreen Ennis (NuttleyTC) 4:57.2, 5-Maryl Barker (OreTC) 4:57.5, 6-Barbara Lawson (TOG) 4:57.8, 7-Jamie Bowen (LITC) 5:00.8; others, Carol Flournoy (SCC), Brenda Webb (KS), Vicki Clark (Cameron TC), Kathy Kuyk (Falcon TC).

Pam Jewell, clad in her usual striped t-shirt instead of the Long Beach Comet red, led the pack through the first lap in 73.8 with Lawson and Neppel just a step back in this slow paced race. By the half, however, it was Julie Brown in the lead, passing the 880 in 2:27.4 and followed closely by Judy Graham at 2:27.5, Lawson 2:27.7 and Karen MacHarg at 2:27.9. With one lap to go it was still anyone's race with Brown, who came down from Flathead Valley in 1973 to surprise the field with her fourth place finish in the 880, still in the lead at 3:37.0 - Graham just a tenth back and Maryl Barker, who fell in the 1973 girl's mile, now in third at 3:37.7. And look who was still right there, Karen MacHarg, 3:37.9. Brown and Graham staged a repeat of their California State Championship race with Graham aware she must build a lead to overcome Brown's superior speed, but it never happened and the transplanted Montanan won in 4:45.1 over Graham at 4:46.0. MacHarg, who just finished a stint with the Peace Corps in Venezuela just a few months previous, cut more than seven seconds off her life-time best to finish third in 4:50.2, nosing out another veteran Foltz who clocked 4:50.4.

FINAL, 1-Brown 4:45.1, 2-Graham 4:46.0, 3-MacHarg 4:50.2, 4-Foltz 4:50.4, 5-Neppel 4:51.1, 6-Barker 4:55.0, 7-Ennis 4:56.3.

**Two Mile Run:**-15 competitors for the two mile and the fans settled down for a rematch between Teri Anderson and Clare Choate - but it was not to be. Lynn Bjorklund of Albuquerque's Duke City Dashers, who won the girl's two mile three days earlier with a new record, was not to be denied even against the more experienced women. Bjorklund sped the first lap in 72.5 - faster than 440 time in the mile and by the end of lap two, the runners had begun to establish themselves in proper pecking order. Bjorklund went by the half in 2:28.2, just 0.2 behind Choate with Julie Brown following in third position and Anderson in fifth.

Choate kept the lead as they passed the three-quarter post in 3:44.5 followed by Bjorklund, Anderson, Brown and Marlene Harewicz and the five kept the same positions as they finished the first mile in 5:01.

Harewicz moved into fourth by the end of the fifth lap with Choate still leading with Bjorklund right on her shoulder in 6:18.2. Debbie Johnson had moved to fifth with Brown falling back. Same order at the end of lap six, but by now it had become a two-woman race as Choate still led in 7:35.1 followed by Bjorklund 7:35.3, Anderson 7:47, Harewicz, Johnson and Brown in 8:02. Bjorklund took over by the end of the seventh lap and the handwriting was on the wall. The New Mexico lass had an 8:54.7 with one lap to go, Choate crossed in 8:55.5 and Harewicz in third spot was nearly 15 seconds back of the IATC star. Anderson was fading and Nadia Garcia had begun to make her move.

Bjorklund won it all alone with a lifetime best of 10:11.1 which moved her to the number four spot on the All-Time USA list and Choate was exactly 10 seconds behind. Of the entire field of top finishers, only Bjorklund and Debbie Johnson had seasonal bests.

FINAL, 1-Lynn Bjorklund (DCD) 10:11.1, 2-Clare Choate (LATC) 10:21.1, 3-Marlene Harewicz (MtLebanon TC) 10:31.0, 4-Debbie Johnson (RRR) 10:40.3, 5-Nadia Garcia (San Diego TC) 10:43.6, 6-Julie Brown (LATC) 10:49.0, 7-Teri Anderson (SJC) 10:57.1. Others were: Neppel (Iowa State), Greer (LJTC), Carron (ML), Katy Schilly (SyrChrg), Scandurra (Un), Spurgeon (Dryades), Eberly (SJC), Greenberg (SJC).

**100 Meter Hurdles:**-One of the best fields in the meet, the 100m hurdlers put on quite a show. Four heats were required to narrow the field to 16 for the semi-finals and Mdupe Oshikoya had the slowest winning time of all four heats in 13.6! Other heat winners were Patty Johnson 13.5, Deby Lansky 13.5, and Mamie Rallins 13.4 - equalling her lifetime best.

Heat #1 (+4.43), 1-Mdupe Oshikoya (Un) 13.6, 2-Sonya Hardy (Boulder Cinderbells) 13.7, 3-Andrea Bruce (PV) 14.1, 4-Deanne Carlsen (RC Striders) 14.3, 5-Jackie Guichard (Seattle Dynamics) 14.6, 6-Karen Meriweather (GazellesTC) 14.8, 7-Rhonda Brady (MHYF) 14.9; Heat #2 (+3.937), 1-Patty Johnson (LJTC) 13.5, 2-Janice Lester (IBC) 14.2, 3-Sherry Ballew (TSTC) 14.5, 4-Mary Ayers (PV) 14.6, 5-Mildred Collins (Dryades) 14.7, 6-Rosalind Anderson (FrederickTFC) 14.9, 7-Carolyn But-



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ler (Traveleres AC) 15.0, 8-Nancy Kindig (NebTC) 15.4; Heat #3 (+4.45), 1-Deby Lansky (Golden Triangle) 13.5, 2-LaVonne Neal (PhilHawks) 13.8, 3-Pat Donnelly (LITC) 13.8, 4-Carmen Brown (Atoms) 14.3, 5-Monica Williams (Dryades) 15.0, 6-Debi Kihofefer (Peoria Pacetees) 15.4, Donna Schulenberg (MDYF) did not finish; Heat #4 (+4.439), 1-Mamie Rallins (TSTC) 13.4 (equals meet record), 2-Carol Thomson (DelSC) 13.8, 3-Lorraine Tumblings (Atoms) 14.2, 4-Cherrie Sherrard (N.CalSrTC) 14.2, 5-Debbie Esser (NebTC) 14.8, 6-Sandra Souza (TWU) 15.0.

Real running was the order in the semi-finals as the 100m hurdles began to shape up into one of the top attractions of the entire meet. Oshikoya outduelled Rallins 13.5 to 13.7 to win the first semi while Patty Johnson scored an unexpectedly easy win over Lansky 13.3 to 13.7 and in so doing set a new meet record. Pat Donnelly took the selection committee off the hook by eliminating herself with a fifth place finish.

Semi #1 (0.0), 1-Oshikoya 13.5, 2-Rallins 13.7, 3-Neal 13.8, 4-Thomson 14.0, 5-Donnelly 14.1, 6-Brown 14.3, 7-Ballew 14.6, 8-Carlsen 14.8; Semi #2 (0.0), 1-Johnson 13.3, 2-Lansky 13.7, 3-Hardy 13.9, 4-Bruce 14.2, 5-Sherrard 14.5, 6-Tumblings 14.5, 7-Lester 14.5, 8-Ayers 14.6.

Bruce, involved in the high jump, did not run the final and the crowd settled to watch the duel between Johnson and Oshikoya. They were not disappointed - except the duel turned out to be between Johnson and old rival Rallins with Oshikoya and Lansky falling back after the halfway mark. It was a great race with Rallins cutting down her personal best to 13.3 and Johnson holding on to win narrowly in 13.2, yet another meet record. Hardy, the girl's champion, ran well and shows great potential for the future.

FINAL, (0.0), 1-Johnson 13.2, 2-Rallins 13.3, 3-Oshikoya 13.5, 4-Lansky 13.6, 5-Hardy 13.7, 6-Neal 14.0, 7-Thomson 14.1.

**400 Meter Hurdles:**-A great field entered this event and the knowledgeable spectator looked forward to its running. It took four heats to cut the field to 16 for the semi finals and it took some pretty good running just to advance that far. Heat winners were Linda Wright, Clydine Crowder, Debbie Vetter

Continued on Page 6



## WOMEN'S CHAMPIONSHIPS (Continued)

and Andrea Bruce to no one's surprise and all the favorites had no trouble qualifying. Young Betty Spencer deserves special mention for her fine running in the third heat for though she was eliminated, she turned in a good 63.5, fastest of the non-qualifiers.

Heat #1, 1-Linda Wright (Glendale Gauchos) 64.0, 2-Marilyn Linsenmeyer (Oklahoma State) 64.2, 3-Donna Schulenberg (MDYF) 64.3, 4-Janice Lester (LBC) 64.7, 5-Beth Howell (LJTC) 65.7, 6-Alberta Martin (LATC) 66.7, 7-Jill Gercovich (WS) 66.7, 8-Linda DeLaRue (SJC) 66.8; Heat #2, 1-Clydine Crowder (LMM) 64.2, 2-Betty Deveson (GatewayTC) 64.4, 3-Suzy White (SITC) 64.8, 4-Patty Cape (LBC) 64.8, 5-Janette Wilson (Boulder Cinderbellies) 65.3, 6-Sue Roehm (MtLebTC) 66.9, 7-Laurie Gilliland (Un) 67.6; Heat #3, 1-Debbie Vetter (BRTC) 62.0, 2-Mary Ayers (PV) 62.8, 3-Cathy Faughn (FtWaynePAL) 62.8, 4-Jackie Guichard (Seattle Dynamics) 63.1, 5-Betty Spencer (Indianola TC) 63.5, 6-Heidi Diedrichs (KS) 67.3, 7-Danette Marshall (PhilHawks) 67.8, 8-Dalal Ahmed (Palm Springs Fillies) 68.5; Heat #4, 1-Andrea Bruce (PV) 62.9, 2-Michele Hopper (Premier TC) 63.1, 3-Diane Vetter (BRTC) 63.5, 4-Laurie Stephens (Sweetheart TC) 63.5, 5-Dee Edeal (NebTC) 65.8, 6-Carol Burkland (LMM) 66.5, 7-Mildred Collins (Dryades) 68.9.

The semi-finals brought together some tough groupings as Debbie Vetter tangled in the first semi with Janice Lester, Hopper, Linda Wright and Suzy White. The second semi pitted the two Prairie View aces, 1-2 finishers at the National Collegiates, against the 1973 runner-up Clydine Crowder. Vetter went right to work and set a new meet record in the first run winning in 60.3, her lifetime best. Lester was just a tenth off the old mark while Ayers and Bruce eased through 61.3 and 61.4 to set the stage for a smash final. Add the steadiness of Crowder and the unpredictableness of Linda Wright plus the potential of Hopper and it shaped up to be a great final.

Semi #1, 1-Debbie Vetter 60.3, 2-Lester 61.2, 3-Hopper 61.8, 4-Wright 62.2, 5-Diane Vetter 62.5, 6-White 64.3, 7-Guichard 65.8, 8-Deveson 66.2; Semi #2, 1-Ayers 61.3, 2-Bruce 61.4, 3-Crowder 61.9, 4-Linsenmeyer 62.1, 5-Stephens 62.7, 6-Faughn 63.1, 7-Cape 65.0, Schulenberg did not run.

The finalists lined up with Bruce on the inside, Lester in two, then Vetter, Ayers, Crowder, Hopper, Linsenmeyer and Wright on the outside. Vetter-Lester-Crowder had been the 1-2-3 prediction of WFFW, but the field looked pretty even. Crowder was off well running 15 steps, but ran out of gas down the home straight and finished last. Vetter was not much better and was seventh - although important to note her time in 7th was a mere 0.4 off the record set last year! Before the race started, the playing of the national anthem and the invocation caused some delay and forced the ready runners to stand around in the hot, hot Bakersfield sun - with only Janice Lester wise enough to move off the track and into the shade during these activities. The race was as good as expected with Bruce coming on strong over the last three barriers to win in her inside lane with a new meet record of 59.7, just one-tenth ahead of a surprising Michele Hopper. Lester was third and another surprise, Linda Wright, finished fourth and 61.5 could not even get you a medal!

FINAL, 1-Bruce 59.7, 2-Hopper 59.8, 3-Lester 60.0, 4-Wright 61.0, 5-Ayers 61.2, 6-Linsenmeyer 61.5, 7-Vetter 61.5, 8-Crowder 64.9.

**Mile Walk:**-In spite of bettering the meet record and the American record, the mile walk was rather a desultory event with a lack of excitement. The competitive race of the girl's championships was missing as Sue Brodock ground out a 15 second triumph. Brodock has a faster time pending for the American record. Last year's surprise winner, Esther Marquez, finished third this time and the girl's champ, Linda Brodock, was eighth.

FINAL, 1-Sue Brodock (RRR) 7:29.7, 2-Ellen Minkow (SyrChgs) 7:43.1, 3-Esther Marquez (RRR) 7:53.6, 4-Chris Sakelarios (RC Flyers) 8:06.9, 5-Sheila Thomsen (Oxnard TC) 8:07.0, 6-Carol Mohanco (KS) 8:08.1, 7-Joanne Shima (Un) 8:18.6, 8-Linda Brodock (RRR) 8:23.1s. None of the top eight had a season best.

**High Jump:**-Saddled with the title of the "feature event of the meet", the high jump vainly struggled to live up to its billing, and while it was good, it was not THAT good. Seven jumpers were still in the competition at 5'10, which is some sort of record for the USA, however, and bodes well for the future. The officials wisely moved the high jump starting

time up an hour after the girl's event contestants reported difficulty in seeing the crossbar when the lights came on. Thirteen jumpers cleared the bar at 5'4 to move into the final. Qualifiers were:

Anne Gilliland (Un), Karen Krichko (Un), Sandi Goldsberry (LITC), Jill Halgrimson (MDYF), Kathy McQuillan (WS), Pam Blackburn (Un), Modupe Oshikoya (Un), Chris Remmling (LJTC), Karen Moller (DeLSC), Cindy Gilbert (LJTC), Pam Spencer (Gt. Falls), Andrea Bruce (PV) and Joni Huntley (OreTC).

Gilliland scratched from the final and at the opening height of 5'2, Goldsberry, Halgrimson, Oshikoya, Gilbert, Spencer, Bruce and Huntley all passed and all 12 jumpers advanced to 5'4. This time only Bruce and Huntley passed, but everyone was over on their first attempt save Remmling who took two.

At 5'6, the crowd thinned out a little as Krichko, Goldsberry and McQuillan missed. Halgrimson was over on her third try, Blackburn on her second. All the others on their first.

Two more bit the dust at 5'8 and Halgrimson and Remmling were out, but seven were still jumping at 5'10 - but only one made it. Huntley who did it on her first attempt. All other placings were decided by the attempts and misses rule: Cindy Gilbert and Pam Spencer ended up dead-equal for second and so a jump-off was necessary to select the USA team member for the Russian meet. Each took a jump at 5'10 and missed. The bar then went down to 5'9, Gilbert missed and Spencer went over and that was that.

FINAL, 1-Joni Huntley 6'0, 2-(tie) Gilbert and Spencer 5'8, 4-Moller 5'8, 5-Bruce 5'8, 6-Oshikoya 5'8, 7-Blackburn 5'8, 8-Remmling 5'6, 9-Halgrimson 5'6, 10-Goldsberry 5'4, 11-(tie) Krichko and McQuillan 5'4.

**Long Jump:**-Good news for the long jumpers - not a single wind-aided jump in either the trials or the final. Trials began calm enough as the first two flight completed their three jumps, but suddenly the long jump pit came alive! Deidre Wilson, the girl's champ, hopped out 19'1 3/4 and retired for the evening. Next up was Iowa's Cathy Newman and she covered 19'5 1/2 to make the required 19 foot qualifying mark. Andrea Bruce was in trouble with a jump of 17'2 and a foul, but on her final trial she was out 20'4 1/2 amid the squeals of her teammates. The California high school champion, Jodi Anderson, was next up and she hopped 19'8. Willye White made it into the final with a single leap of 19'8 1/2. Sherron Walker turned in her lifetime best at 20'10 1/2 on her first jump and moved into the number three spot on the USA All-time list behind Watson and White. Oshikoya's first jump was 20'6 1/2 and Watson's was 21'2 1/2. The best jumping the USA has ever seen.

Qualifying, Martha Watson (LITC) 21'2 1/2, Sherron Walker (Everett Chargers) 20'10 1/2, Oshikoya (Un) 20'6 1/2, Andrea Bruce (PV) 20'4 1/2, Willye White (MDYF) 19'8 1/2, Jodi Anderson (Premier TC) 19'8, Cathy Newman (Iowa State) 19'5 1/2, Deidre Wilson (NYPAL) 19'1 3/4, Celeste Johnson (MDYF) 18'11 1/2, Jeanette Smiley (LATC) 18'11 1/2, Vicki Betts (LITC) 18'9 1/2, Carol Hancock (TOG) 18'6 1/2. Non-qualifiers, Toni Griffin (LJTC) 18'6 1/2, Kim Schofield (PP) 18'5 1/2, Jackie Taylor (TravAC) 18'5 1/2, Mary Officer (OreTC) 18'1 1/2, Nancy Kindig (NebTC) 17'8 1/2, Colleen Kindig (NebTC) 17'4 1/2, Peggy Liddick (NebTC) 17'4 1/2, Danette Marshall (PhilHawks) 16'11 1/2, Lale Yurdakul (KS) scratched.

In rapid fire order in the final, Bruce jumped 20'2 to take the lead. Next up was Oshikoya who took over with a jump of 20'6 1/2. Walker proceeded to hop 20'7 1/2 for the top spot and then Watson opened with 20'11 1/2 - and it was all over except for Willye White. Willye had jumped 19'10 in the prelims and Watson had put everything out of sight on her third trial with 21'3 1/2 aided by a 0.49 wind for a new meet record. The only jumper to improve over the final two jumps was Willye White who put the young kids in their place with a leap of 20'11 1/2.

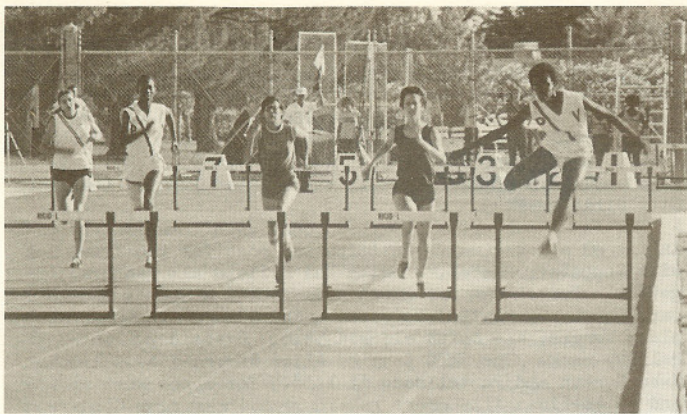
FINAL, 1-Watson 21'3 1/2, 2-White 20'11 1/2, 3-Walker 20'7 1/2, 4-Oshikoya 20'6 1/2, 5-Bruce 20'2, 6-Newman 19'4 1/2, 7-Smiley 19'0 1/2, 8-Anderson 18'11 1/2, 9-Betts 18'11, 10-Wilson 17'11 1/2, 12-Hancock 17'1 1/2, Johnson no legal jumps.

**Shot Put:**-The shot, while producing a new meet record at 54'3, was not an exciting event in 1974. Only veteran Cindy (Wyatt) Reinhardt was beyond the 48 foot mark and not a single one of the 11 contestants had a season best. Seidler's series was 52'8 1/2-53'3 1/4-54'3-foul-foul.

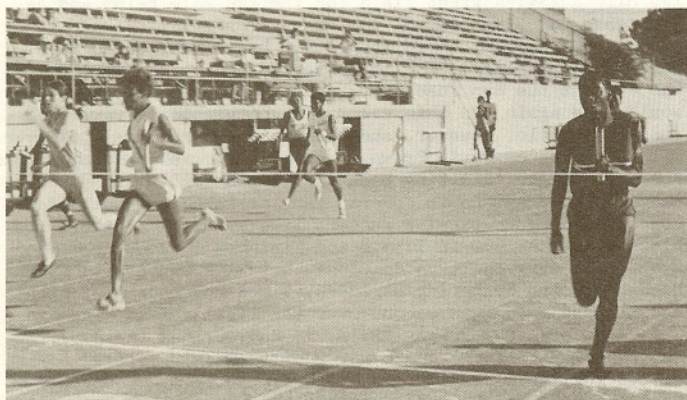
FINAL, 1-Maren Seidler (MDYF) 54'3, 2-Cindy Reinhardt (Un) 48'4, 3-Jan Svendsen (LJTC) 47'7 1/2, 4-Denise Wood (Un) 47'6, 5-Cel Rutledge (ML) 44'4, 6-Mary Jacobsen (Un) 43'9 1/2, 7-Linda Langford (MDYF) 43'8, 8-Iva Wright (Fresno Elans) 41'11, 9-Carolyn Speer (Jeffco Jets) 39'6, 10-Olga Aranda (TWU) 39'3 1/2, 11-Donna Short (NebTC) 37'11 1/2.

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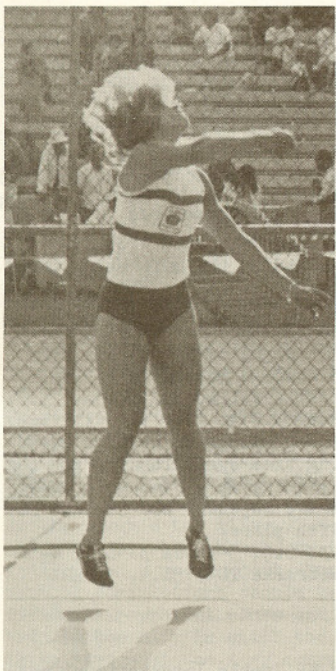




Turning for home in the 400m hurdles. Left to right, Clydine Crowder, 8th; Mary Ayers, 5th, Debbie Vetter, 7th; Janice Lester, 3rd; winner ANDREA BRUCE. (Jeff Johnson photo)



AUDREY REID of Texas Women's University, far right, wins the 4x110 relay with DEBRA SAPENTER of Prairie View second and DEBBIE PASTEL, Sports International, third. Although all three teams were given the same clocking, space between the finishers is evident in this Jeff Johnson photo.



Discus winners: Teri Sabol (LATIC) girl's champion with a new meet record on the left, and Joan Pavelich (LJTC) who won the women's division. (Karin Smith photos)



At the end of one lap in the mile, from left to right the runners are Judy Graham, Doreen Ennis, Karen MacHarg, winner Julie Brown, Peggy Neppel, Barbara Lawson, Vicki Foltz, Kathy Jewell and Debbie Heald. (Jeff Johnson photo)



DEBRA SAPENTER equals the world record of 52.2 winning the 440. Marilyn Neufville, 400m world record holder, was 3rd. (Jeff Johnson photo)



## WOMEN'S CHAMPIONSHIPS (Continued)

**Discus Throw:**—One of the decisive events in the scoring race, the discus was looked upon with much interest by all. The trials on Friday night saw some excellent throwing by the top eight throwers, but the trials, as it worked out, could have been cancelled. 17 entered the competition, but three failed to show, and all that nervous energy used on Friday could have been saved for the final if only those who failed to appear had notified the Games committee. The top eight were all over 153 feet with Australian Jean Roberts leading the pack with 164'8.

**Qualifying:** Jean Roberts (DelSC) 164'8, Josephine DelaVina (MDYF) 161'5, Jan Svendsen (LJTC) 158'9, Monette Driscoll (LATC) 157'2, Joan Pavelich (LJTC) 155'11, Linda Langford (MDYF) 154'0, Cindy Reinhoudt (Un) 153'7, Denise Wood (Un) 153'4, Terry Sabol (LATC) 144'6, Iva Wright (FE) 139'11, Olga Aranda (TWU) 135'4, Jackie Gordon (SITC) 134'3. Non-qualifiers: Sara Bailey (NebTC) 123'5, Kim Pyles (SITC) 112'0. Vicki Burnham (US Army), Maria Duenas (US Army) and Dru Smith (PhilHawks) failed to appear.

The final was a topsy-turvy of the trials as Joan Pavelich, 5th on Friday, was the winner over Linda Langford who was only sixth in the trials. Leader Jean Roberts slipped to fourth and DelaVina dropped from second to sixth. Some pretty good throwers failed to score.

**FINAL,** 1-Pavelich 173'11, 2-Langford 164'1, 3-Driscoll 161'9, 4-Roberts 161'5, 5-Reinhoudt 153'5, 6-DelaVina 153'4, 7-Svendsen 149'9, 8-Wood 147'7, 9-Sabol 145'1, 10-Wright 134'0, 11-Gordon 130'1, 12-Aranda 129'2.

**Javelin Throw:**—Things were really "hotted up" at the javelin area. No trials were required and the competition got under way in earnest as Lynn Cannon threw to a lifetime best of 187'4 on her first throw. Not to be outdone, Sherry Calvert answered with exactly the same distance and Kathy Schmidt put everything out of sight on her opening throw with a new meet record and season best at 203'2. Schmidts other throws were two fouls and three passes in the final. Cannon came back on her second trial to hurl the implement still further at 192'1 and wind up in second spot. Karin Smith with a toss of 175'11 on her final effort and veteran Barbara Friedrich who threw 181'0 on her last throw made the event a continuing contest.

**FINAL,** 1-Kathy Schmidt (LATC) 203'2, 2-Lynn Cannon (Redwood City Striders) 192'1, 3-Sherry Calvert (LITC) 187'4, 4-Barbara Friedrich (Shore AC) 181'0, 5-Karin Smith (South Coast TC, Cal) 175'11, 6-Barbara (Pickel) Whitfield (Cal State-Hayward) 164'8, 7-Susie Norton (Kansas State) 156'10, 8-Nadine Bowers (SJC) 151'9, 9-Marilyn White (MesaTC) 139'2, 10-Sonya Bennett (Gazelle TC) 132'4, 11-Marsha Poppe (Kansas State) 131'9. Schmidt, Cannon, Friedrich and Norton all has season bests.

**440 Yard Relay:**—A great sprint relay field with four possible winners - Prairie View, Texas Women's University, Tennessee State TC and Sports International. Rosie Allwood, although not running individual events for the SITC, sped legs on this and the medley relay and her presence made them a definite threat. The girls from Denton were red-hot and Prairie View was determined not to lose again. The Tennessee group had much honor to uphold and the three heats didn't settle many questions.

**Heat #1,** 1-Prairie View 45.1, 2-Dryades 47.3, 3-Atoms TC 47.7, 4-Peoria Pacettes 48.1, 5-Frederick TFC 49.1, 6-LJTC 49.4; **Heat #2,** 1-Texas Women's University 45.7, 2-Tennessee State TC 46.5, 3-Berkeley TC 47.0, 4-LB Comets 48.2, 6-MHYF 48.4, 6-Columbus Community TC 50.2; **Heat #3,** 1-SITC 45.8, 2-LITC 46.4, 3-MDYF 46.4, 4-NYPAL 46.6, 5-Nebraska TC 48.1, 6-Ravenswood Juliettes 48.5.

You could hardly imagine a better, tighter, more exciting race than the final as three teams hit the tape together in the same time - 45.6. Audrey Reid of TWU held off the fast finishing Prairie View and Sports International squads for the win the foursome was so eager to get. Drawing lane one failed to dim the enthusiasm of the Texas lasses and the foursome of Janet Brown, Lucy Vaamonde, Rochelle Davis and Audrey Reid took home the gold.

**FINAL,** 1-TWU 45.6, 2-PV 45.6, 3-SITC 45.6, 4-MDYF 46.4, 5-LITC 46.6, 6-TSTC 46.6, 7-Berkeley TC 46.7, 8-Dryades 47.1, 9-Atoms, nt.

**880 Yard Medley Relay:**—Another great relay was anticipated in the medley and the three heats merely set the stage for the expected dramatic final. Mayor Daley and Prairie View tied in the first heat in 1:41.8, just 0.4 off the meet record

and Sports International, with Debbie Pastel zipping 54 flat on the anchor, took the record to 1:40.0 in the third heat.

**Heat #1,** 1-MDYF and Prairie View tied 1:41.8, 3-Berkeley TC 1:42.4, 4-Peoria Pacettes 1:45.9, 5-Mallery TC 1:47.0, 6-Frederick TFC 1:48.0; **Heat #2,** 1-TSTC 1:43.8, 2-Ohio TC 1:46.4, 3-LB Comets 1:46.7, 4-Atoms "B" 1:47.2, 5-LJTC "B" 1:47.9, 6-Ft Wayne PAL 1:50.4; **Heat #3,** 1-SITC 1:40.0, 2-Dryades 1:42.3, 3-LITC 1:44.1, 4-Atoms "A" 1:44.4, 5-Redwood City Striders 1:49.5.

The final was not a disappointment as all teams were pouring it on all the way. Anticipation rose for the final leg with Sapenter, Pastel, J.Smith and Byfield all gathered together. Pastel was off first and clocked a speedy 53 flat. Sapenter was satisfied to coast in at 53.8 to grab second place honors, and Smith clocked 54.6. Byfield pulled at the halfway mark. The SITC team of Alice Annum, Rose Allwood, Gwen Norman and Pastel made it 1:38.5 for a new meet record and an American All-Comers record with Annum from Ghana and Allwood from Jamaica.

**FINAL,** 1-SITC 1:38.5, 2-PV 1:40.1, 3-TSTC 1:42.3, 4-Dryades 1:42.3, 5-MDYF 1:42.4, 6-LITC 1:44.2, 7-LB Comets 1:45.3, Berkeley TC did not finish.

**Two Mile Relay:**—A great field for the two mile relay and as the teams were introduced, the biggest surprise of all was provided by the Falcon TC when Doris Brown stepped forward. Talk about pressure! The race started and before too long it was evident the San Jose Cindergals, barring an act of God, would once again win this event. The other teams were in a constant battle, however, and as the anchor runners took over, all eyes were on Doris Brown, running with a black wrap around her left thigh. Starting back in the pack and with much distance to make up, Doris covered the leg in 62 for the first quarter and began passing runners like a kid on a bike. She blazed past the 660 in 1:34.8 and finished in 2:09.2s. She swept past everyone save San Jose, but wise and crafty Karen MacHarg of the Kettering Striders, timed her race just right and slipped back into second over the final yards. The San Jose team of Kathy Haughey (2:10.7), Judy Graham (2:13.9), Amy Haberman (2:15.1) and Cyndy Poor (2:09.4) averaged a fine 2:12.3 for their new American record. In 1973, second place in this event was 9:08.4 - tonight the Mayor Daley Youth Foundation ran 9:03.9 - and didn't place. The Duke City Dashers created some sort of record when they finished 6th in 9:03.0, exactly the same time they ran in the girl's race three days earlier.

**FINAL,** 1-SJC 8:49.1, 2-Kettering Striders 8:57.5, 3-Falcon TC 8:58.3, 4-LATC 9:01.7, 5-Track America 9:02.8, 6-DCD 9:03, 7-MDYF 9:03.9.

**Mile Relay:**—A fitting climax to a great meet, the mile relay ended it all with an exciting race. Again three heats were necessary to trim the field to the nine finalist with TSTC turning in the best qualifying mark at 3:39.8.

**Heat #1,** 1-SITC 3:41.1, 2-RRR 3:50.5, 3-SJC 3:51.0, 4-Peoria Pacettes 3:51.9, 5-Falmouth TC 3:59.7; **Heat #2,** 1-Tennessee State TC 3:39.8, 2-Prairie View 3:41.2, 3-Dryades 3:50.5, 4-Falcon TC 3:52.2, 5-Atoms "B" 3:58.5, 6-Ft Wayne PAL 4:02.0; **Heat #3,** 1-Atoms 3:45.2, 2-SITC "B" 3:47.8, 3-Nebraska TC 3:52.0, 4-RC Striders 3:53.9, 5-Wills Spikettes 4:04.5.

The team title was not yet decided as the mile relay teams got ready. Prairie View had a chance to win it all by placing two positions ahead of Sports International, but it was not to be as Prairie View dropped the baton mid-way on the third leg and it was all over. It might have been all over anyway as the SI crew ran a 54.9 average to win in 3:39.6. Sherry James opened with a 56.5 while Wallace of PV had 55.5. On the second leg, Gwen Norman ran 53.7 to 54.5 for Williams. Robin Campbell had a 55 flat while Cummings spent 61.8 seconds completing the lap (including time spent looking for the dropped baton). Debbie Pastel, winding up a fantastic week, hit the tape with her 54.6 leg while Sapenter was content to glide around in 58 to pick up fifth place.

**FINAL,** 1-SITC 3:39.6, 2-TSTC 3:40.6, 3-Atoms 3:46.4, 4-Dryades 3:47.5, 5-PV 3:49.4, 6-Nebraska TC 3:51.4, 7-RRR 3:53.2, 8-SJC 3:53.7.

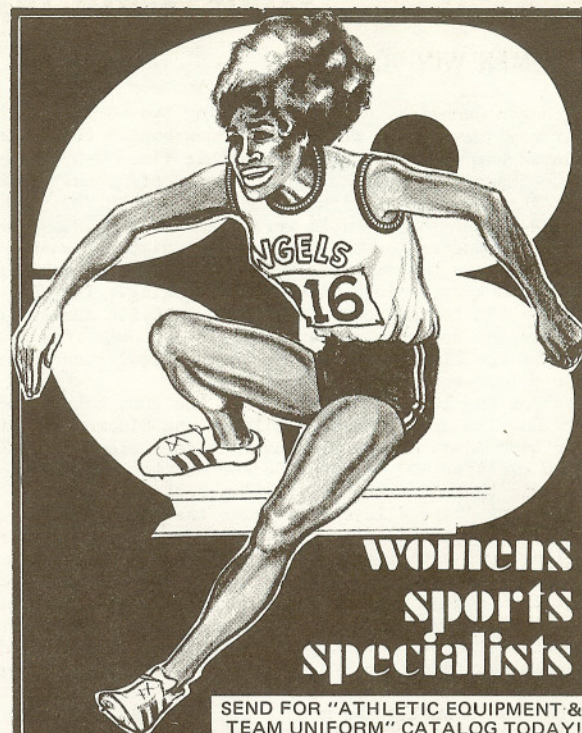
**SCORING:**—Forty nine teams scored as Sports International made a sweep of both the girl's and women's titles. Prairie View and the Los Angeles TC tied for second, Prairie View taking home the second place trophy by virtue of more second places. Teams can be happy the LATC split after the 1973 season for the Lakewood International grabbed 30 points and the two to-



gether would have been quite a formidable team. But then, we can all be thankful Oshikoya has yet to complete her four month requirement for when she starts adding her points to the SITC, it will be M-U-R-D-E-R!

1-Sports International	56	29-Glendale Gauchos	4
2-IATC	45	Golden Triangle	4
Prairie View	45	Shore AC	4
4-Mayor Daley YF	37	Chicago State Univ	4
5-La Jolla TC	35	Redwood City Flyers	4
6-TennState TC	31	34-Iowa State Univ	3
7-Lakewood International	30	35-Boulder Cinderbelles	2
8-Rialto RR	20	Millbrae Lions	2
9-San Jose Cindergals	18	SthCstTC, Cal	2
10-Kettering Striders	15	Blue Ribbon TC	2
11-Texas Women's University	14	Berkeley TC	2
12-Duke City Dashers	11	Oxnard TC	2
Oregon TC	11	Track America	2
14-South Coast TC, Ore	10	San Diego TC	2
Falcon TC	10	43-Oklahoma State	1
16-Premier TC	8	Ambler TC	1
Redwood City Striders	8	Philadelphia Hawks	1
Delaware Sports Club	8	Cal State Hayward	1
Syracuse Chargers	8	The Colorado Gold	1
Dryades	8	Nebraska TC	1
21-Great Falls, Montana	7		
22-Long Beach Comets	6		
New York PAL	6		
Seattle Dynamics	6		
Southern University	6		
Everett Chargers	6		
Mt. Lebanon TC	6		
Atoms TC	6		

**NATIONALS KALEIDOSCOPE:**-Why does The Colorado Gold wear orange uniforms?.....Tennessee State TC had the new "bare mid-riff" track suits while some of the other teams were practically in bloomers. You could almost tell what section of the country a girl was from by the style and cut of her uniform....Most colorful uniform was that of the Renegades TC of Hawaii with blazing pink shirts and purple pants with what looked to be lavender tie-died spots.....Joni Huntley, Karin Smith and Mary Decker all have the same birthday - but different years.... The practice of introducing the competitors in front of the grandstand before every event has both its good and bad points. It is very distracting to sprinters and especially to hurdlers who are anxious to complete their warmups. For those events, it would be best to introduce them at the starting line rather than making them come to the center of the field... ..Bea Hunt sent chills through the stadium every time she threw the discus. The Rialto Road Runner screams like a female Tarzan as she releases the disc.....There were 110 clubs entered in the competition....Debbie Pastel runs with two different colored shoes....The Frederick Track and Field Club set a record hard to beat - they scored in the Nationals for the 14th consecutive year....Suggest the powers that be re-schedule the mile walk so it comes between the 2 mile run and the 2 mile relay as many clubs have athletes who would like to double in those two events and it makes no difference to the walkers.....Talk about lack of communication! Ken Foreman did not know the USA-USSR meet would include a 3000m race. Had he known, he would have entered Doris Brown in the two mile as she was aching to run. Who is Ken Foreman? Just the chairman of the Women's Long Distance Running Committee, that's all. If HE doesn't know what's going on, what about the poor peons in the outlands?....Lynn Bjorklund got a rolling start in the women's two mile.....Becky Deetz, who is 5'6, wears an 11½ shoe.....Penny Reneau of the Bridgeport Road Runners, was aptly named - she is just about the size of a penny....Some sort of restrictions should be put on eligibility. Some individuals represent clubs and they probably have never even been to the city in which the club is located. Several athletes have admitted they compete only because the club pays their way to competitions. Either we should have wide open eligibility with no restrictions on who signs up whom, or we should confine clubs to their own district and stop all this bringing in bit.....Fantastic meet. Credit to all officials starting with Gil Bishop and going down to the low man.



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# SOVIETS PIN DOUBLE LOSS ON YANKS

## USSR WOMEN WIN 90-67

Durham, North Carolina, July 5/6:-Setting two world records on their way to victory, the Soviet Women handed the USA female contingent their annual defeat, this time 90-67. Olympic 1500m champion Ludmila Bragina grabbed off a new world best for the 3000 meters with a clocking of 8:52.74, just a short tick better than her old world mark of 8:53.0. Running a 4x110 relay instead of the usual 4x100m distance enabled the Russian sprinters to knock the USA off the record books in that event as they cruised to a 44.15 clocking. The USA was just a fraction to the rear in 44.29 and lost its chance for victory and the record when Renaye Bowen ran away from Fran Sighting on the final exchange and then slowed, turned her head for a look-see and it was all over.

Bowen won the 100 and Sighting took the 200, both defeating good Russian sprinters Besfamilnaya and Sidorova. Debra Sapenter took advantage of Nadezhda Ilyina's slow final 100m to win an exciting 400 and Mary Decker had to turn on all the stops to win the 800 with her lifetime best of 2:02.29.

Martha Watson and Willye White gave the US its only 1-2 finish of the competition as they socked it to the Russians in the long jump with leaps of 21'4 and 21'2½ and Joni Huntley took the high jump at 6'0. But aside from those things, the rest of the meet was all USSR with 1-2 finishes in the 1500, the 3000, shot, discus and surprise wins in the hurdles and javelin. The two Soviet pentathletes also had no difficulty picking up another 1-2 finish with scores far above anything the Americans could muster.

The 800 was actually the most exciting event of the two day meet as Robin Campbell did her best to repeat her tactics of Bakersfield and immediately took the lead, passing the 200 mark in 29.1 with Gerasimova second, Sabaite third and Decker fourth. At the halfway mark Gerasimova had the lead and passed the bell in 59.8 with Campbell right behind, Decker now third and Sabaite last - but all closely bunched. At the 600 it was Decker in front in 1:31.9, Campbell was next and Sabaite had begun to make a move in third, remembering the result of 1973. They poured it on down the home straight and both Russians whipped past a tired Campbell, but could do no more than close the gap on Decker. They just couldn't beat her.

The most embarrassing phase of the meet was the action of the telecaster at the close of the program who kept bouncing up and down screaming "We did it! We did it!" - and claiming "We lost the women and we lost the meet, but we beat the Russian men!" Good grief!

100m, 1-Renaye Bowen (USA) 11.62, 2-Lyudmila Maslakova (SU) 11.65, 3-Nadezhda Besfamilnaya (SU) 11.74, 4-Mattline Render 11.78; 200, 1-Fran Sighting 23.17, 2-Marina Sidorova (SU) 23.57, 3-Rhonda McManus 24.00, 4-Nadezhda Ilyina (SU) 24.16; 400, 1-Debra Sapenter 52.13, 2-Ilyina 52.88, 3-Ingrieda Barkane (SU) 53.45, 4-Shiela Choates 54.30; 800, 1-Mary Decker 2:02.29, 2-Niele Sabaite (SU) 2:02.65, 3-Valentine Gerasimova (SU) 2:04.36, 4-Robin Campbell 2:02.40; 1500, 1-Tatyana Kazankina (SU) 4:14.4, 2-Tamara Kazachikova (SU) 4:18.19, 3-Julie Brown 4:26.7, 4-Judy Graham 4:30.1; 3000, 1-Lyudmila Bragina (SU) 8:52.74, 2-Tamara Pangelova (SU) 9:13.32, 3-Clare Choate 9:39.67, 4-Marlene Harewicz 9:45.27; 1000m, 1-Natalia Lebedeva (SU) 13.2, 2-Mamie Rallins 13.2, 3-Patty Johnson 13.4, 4-Ludmila Popovaskey (SU) 13.6; 4x110yR, 1-USSR (Natalia Karnaukova, Lyudmila Maslakova, Marina Sidorova, Nadezhda Besfamilnaya) 44.15, 2-USA (Janet Brown, Mattline Render, Fran Sighting, Renaye Bowen) 44.29; 4x40yR, 1-USSR (Nina Zuiskova, Olga Sysovatkaia, Ingrieda Barkane, Nadezhda Ilyina) 3:34.28, 2-USA (Janice Wiser, Shirley Williams, Shiela Choates, Debra Sapenter) 3:36.31; SP 1-Nadezhda Chizhova 69'7½ (69'6-69'7½-foul-68'9¼-67'8¼-foul), 2-Faina Melnik (SU) 57'6¼, 3-Maren Seidler 55'9¼, 4-Cindy Reinhoudt 47'11¼; DT, 1-Melnik 217'7 (210'0-217'6-foul-217'1-207'7-foul), 2-Tamara Danilova (SU) 189'11, 3-Monette Driscoll 161'1, 4-Linda Langford 157'9; JT, 1-Svetlana Babich (SU) 196'1 (196'1-172'3-174'6-191'5-foul-foul), 2-Kathy Schmidt 191'2, 3-Nina Marakina (SU) 184'0, 4-Lynn Cannon 172'0; LJ 1-Martha Watson 21'4 (21'1½-20'9¼-15'5½-foul-19'9½-21'4) 2-Willye White 21'2½, 3-Margarita Treinite (SU) 20'9, 4-Olga Rukavishnikov (SU) 20'2½; HJ 1-Joni Huntley 6'0 2-Tatyana Shlyhato (SU) 5'11, 3-Tamara Galka (SU) 5'8, 4-Pam Spencer 5'6; Pentathlon, 1-Ludmila Popovaskey (SU) 4557 (13.6-52'4½-5'8½-18'6-24.4) 2-Olga Rukavishnikov (SU) 4321, 3-Mitzi McMillin 3982, 4-Marilyn King 3934.

## USA JUNIORS LOSE 82-64

Austin, Texas, June 28/29:-It was the same old USA-USSR story but this time with younger actors. Soviet power in the distance events and the technique events claimed victory over the naturally talented Americans 82-64 as the under-18 athletes from the two nations competed for the second straight year.

The darling of the crowd was 16 year old Kathy Weston who ran three very fast races, winning two. On the opening day she was surprised by teammate Sheila Ingram who ran the race of her life to take a two yard advantage into the final straight of the 400. Kathy closed to within a couple of feet but the Washington DC flash refused to let her go by as they both scored notable personal bests of 53.0 and 53.1. Kathy was not to be denied on the following day in the 800 as she trailed teammate Margaret Groos through a 61.3 400 before turning on the steam in the home stretch to pass a surprisingly tough Russian ace, Izmailova, in a driving, stride-for-stride finish to record a 2:03.7 to 2:04.1 victory, her second PB of the meet. The pride of Reno, Nevada, encored by anchoring the mile relay with a 53.4 clocking as she allowed the Soviet anchor runner to close up on her and then turned it on over the final 180 to give the US girls a 20 yard win.

Cheryl Butler of Indiana had only two fair jumps in the long jump, but both were half a foot better than anyone else could muster as she set meet records first at 20'¾ and finally 20'8 to mark herself as a real hope in the future of American long jumping.

For the 440y relay team, the third pass seemed to be the charm. After the outgoing runners failed to get out quickly enough on the first two exchanges causing 'laterals; rather than passes, Isabella Hartford hit Rosetta Birt well enough to get the Lakewood runner off even with her 100m conqueror, Ludmila Ushatik. This time the story was different as Rosie hit the tape with two feet to spare. Much of the credit for the victory belongs to leadoff runner Brenda Morehead of Ohio who made up the entire stagger.

Although placing only second and fourth, the USA's stock in the high jump and shot put skyrocketed. Susan Hackett of Louisiana flopped 5'11 and Louise Ritter of Texas straddled 5'10 to become the best US pair in single international competition. Kathy Devine opened the shot put competition with a 49'6 effort, a personal best by 2½ FEET! Emily Dole started slowly but improved to 47'9. The Russians edged the southern California girls out of first and third by two inches and one inch respectively. When was the last time we were competitive with the Russians in this event?

Although beaten by the Soviets, two other young ladies came through with significant personal records. Jan Merrill, in her first year of distance running, lowered her 1500 best from 4:36 to 4:28.1. The Connecticut youngster made a strong bid in the stretch to narrowly miss the second Russian finisher. Cathy Sulinski of Millbrae, California, proved to be a super competitor in the javelin. The pressure of her first international meet never seemed to bother her as she calmly threw herself into the lead on the second round with a PB of 163'10 and then came through again in the fifth round with another PB of 165'6 to almost snatch second.

Note: mile relay splits were Charisse DeHaven 56.4, Sheila Ingram 55.7, Connie Simpson 56.2, Kathy Weston 53.4.

The Russians massed their points in the distances, weights and a surprising sprint double by Ushalik.

RESULTS: 100, 1-Ushalik (SU) 11.54, 2-Morehead 11.61, 3-Rosetta Birt 11.84, 4-Konoratyeva (SU) 11.86; 400, 1-Sheila Ingram 53.01, 2-Kathy Weston 53.13, 3-Kutychnova (SU) 54.47, 4-Denisova (SU) 54.78; 1500, 1-Gorunova (SU) 4:25.53, 2-Tursunova (SU) 4:27.26, 3-Jan Merrill 4:28.12, 4-Debbie Quattier 4:33.05; 4x100mR, 1-USA (Morehead, Williams, Hartford, Birt) 45.25, 2-USSR 45.38; DT, 1-Skoropistzeva (SU) 162'5, 2-Doroshenko (SU) 161'3, 3-Judy Lane 155'4, 4-Suhavan 125'7; JT, 1-Zadko (SU) 174'1, 2-Cathy Sulinski 165'6, 3-JT, 1-Zadko (SU) 174'1, 2-Litvinova (SU) 167'3, 3-Cathy Sulinski 165'6, 4-Bouchard 121'2; LJ, 1-Cheryl Butler 20'8½, 2-Smirnova (SU) 19'8½, 3-Busuyeva (SU) 19'4, 4-Elmore 18'4¼; HJ, 1-Pribeipina (SU) 6'0, 2-Susan Hackett 5'11, 3-Kilventenok (SU) 5'10, 4-Louise Ritter 5'10; SP, 1-Golovina (SU) 49'8, 2-Kathy Devine 49'6, 3-Buevskaya (SU) 47'11, 4-Emily Dole

Continued on Page 12



## US-SOVIET ACTION



The Soviet discus duo of ageless veteran Tamara Danilova and world record holder Faina Melnik. (Mike Carberry photo)



Lumila Bragina on her way to a new world record in the 3000 meter run accompanied by teammate Tamara Pangelova. (Mike Carberry photo)



American pentathletes Marilyn King and Mitzi McMillin take a break between events. (Photo by Penny Crowell)



Second-place winner in the 1500m was Russia's Tamara Kazachova at 4:18.2. (Mike Carberry photo)



## GIRL'S CHAMPIONSHIPS (Continued)

for two false starts each, bringing more proof to the point WTFW has been making for many years, athletes are trying to "guess the gun". This attitude of guessing is brought about by several factors, chief of which is the reluctance of the starters to hold the runners until they are "still" (as is required by IAAF rules), and secondly, the starters allowing sprinters/hurdlers to "get away" with rolling starts. However, the fault in this final rests solely with the runners for our assistant who was timing the starter, disclosed that the LONGEST runners were held on their marks during these sprint races was only six-tenths of a second. Suffice it to say, Olympic starters held as much as SIX seconds in the set position and I guarantee there are no rolling starts under those circumstances. With Jasnoch, Baugh and Douglas out of the final, three of Doyle's toughest opponents were gone and the 15 year old had the race all to herself, winning in an excellent 10.6 with the aid of a legal 2.30mph wind. Doyle, who reportedly was running in only her fourth or fifth track meet, has a fantastic future - if she stays with the sport and if she is coachable. At age 15, her future is her own and as the daughter of a former sprinter, she should have all the assets. She was certainly alone in the final.

**FINAL** (+2.30mph), 1-Doyle 10.6, 2-Fleetwood 10.8, 3-Lewis 11.0, 4-Robinson 11.0, 5-Tatum 11.2, 6-Nickson 11.2.

An interesting aspect in the girl's 100 concerns qualifying requirements and actual competitive performance in the Nationals. Qualifying standard to enter the 100y dash was 11.0s flat. There were 46 100's run during the heats, semis and final with only 7 of the 46 bettering the entry requirement - three of those seven by the same individual, Doyle. All these sprinters were credited with marks of 11 flat, yet here in the National Championships, running against the best competition in the nation, running on a tartan track and running with as much as a +4.4mph wind behind them only five athletes bettered the entry standard. There's a story there somewhere!

**220 Yard Dash:**-The only startling fact connected with the four heats in the 220 was the similarity between the two sprints in relation to performance and required entry standard. 26 runners sped the heats and only two ran better than the standard of 25 seconds. Four from each heat advanced to the semis.

**Heat #1:** 1-Andrea Andrews (Atoms) 25.4, 2-Melinda Revere (Santa Cruzers), 3-Ann Matthews (Indianola TC) 26.0, 4-Tina Leatherman (Frederick TFC) 26.4, 5-Lynnae Engdahl (TOG) 26.7, 6-Sharon Cherry (MHYF) 26.7 (wind +1.7mph); **Heat #2** (+2.2), 1-Debbie Pastel (SITC) 24.8, 2-Julie Seaton (Peoria Pacettes) 25.2, 3-Pam Green (SCG) 25.4, 4-Ann McReynolds (DCD) 26.1, 5-Deborah Oliver (MHYF) 26.2, 6-Ann O'Neill (Jets) 26.7; **Heat #3** (+2.2) 1-Gayle Butler (LATC) 25.0, 2-Maureen Abare (LITC) 25.4, 3-Katherine Price (Premier TC) 25.4, 4-Linda Morrison (LJTC) 25.8, 5-Terri Walker (Travelers AC) 25.9, 6-Jamie Day (Seattle Roadrunners) 26.3, 7-Aquanetta Palm (MHYF) 26.6; **Heat #4** (0.0), 1-Marie Nickson (BerkTC) 24.5, 2-Alice Watson (DCD) 25.1, 3-Teresa Baugh (TSTC) 25.2, 4-Trudi Rebsamen (Un) 25.2, 5-Rachel Lewis (Galesburg Jaycees) 25.3, 6-Marcia Fitzgerald (Atoms) 26.0, 7-Chemise Smith (FredTFC) 26.0. (Note:-Angel Doyle false-started twice and was disqualified in the first heat).

In the semi-finals, only Marie Nickson managed to get under the 25 second mark and such good sprinters as Teresa Baugh and Pam Green were eliminated.

**Semi #1** (+2.2), 1-Nickson 24.6, 2-Andrews 25.5, 3-Seaton 25.5, 4-Abare 25.6, 5-Baugh 25.7, 6-Morrison 25.7, 6-Matthews 26.3, 8-McReynolds 26.6; **Semi #2** (+4.4), 1-Butler 25.2, 2-Pastel 25.3, 3-Rebsamen 25.5, 4-Watson 25.5, 5-Green 25.6, 6-Revere 25.8, 7-Leatherman 26.0, 8-Price 26.3. (Note that a time of 25.6 made it into the final!)

The final was no contest as powerful Debbie Pastel sped to a 24.3 win over California's Marie Nickson. The pale speed-

ster from the Washington DC Club demonstrated a smooth acceleration throughout the race although definitely not a "picture" runner.

**FINAL:** (0.0), 1-Pastel 24.3, 2-Nickson 24.7, 3-Butler 24.9, 4-Rebsamen 25.1, 5-Andrews 25.2, 6-Seaton 25.6, 7-Abare 25.6, 8-Watson 25.7.

**440 Yard Dash:**-None of the favorites were lost in the three heats of the 440 as three from each heat advanced to the final:

**Heat #1**, 1-Yolanda Rich (LA Jets) 56.4, 2-Stephanie Vega (Atoms) 56.5, 3-Betty Deveson (Gateway TC) 57.4, 4-Judy Johnson (LITC) 58.3, 5-Barbara Moore (RRR) 58.6, 6-Kalua Bell (SCC) 59.5; **Heat #2**, 1-Sherry James (SITC) 55.8, 2-Trudi Rebsamen (Un) 56.4, 3-Melinda Revere (Santa Cruzers) 57.4, 4-Cheryl Roulter (Un) 58.0, 5-Julie Lake (LITC) 58.6, 6-Ginger Lewis (ML) 59.1, 7-Denise Johnson (NYPAL) 59.3, 8-Lisa Gibbs (AlBOC) 61.2; **Heat #3**, 1-Debbie Pastel (SITC) 55.8, 2-Janis Vetter (BRTC) 55.8, 3-Susan Vigil (DCD) 56.6, 4-Robin Blaine (Atoms) 57.4, 5-Karen Alleccia (Orange Coast T-Bolts) 58.7, 6-Candy Kauahi (Renegades) 59.5, 7-Lynnae Engdahl (TOG) 60.1.

The only runner in the field with a chance to defeat Pastel was speedy Yolanda Rich of the Los Angeles Jets - but she blew it all in the first 50 yards as she trotted from the blocks like a two miler. Pastel, in the meantime, while not blessed with jet-like speed, took off correctly, built her momentum and then held off the fast closing Rich down the home straight to win her first gold of the evening in 55.4.

**FINAL**, 1-Pastel 55.4, 2-Rich 55.8, 3-Rebsamen 56.1, 4-James 56.2, 5-Vetter 56.6, 6-Deveson 56.6, 7-Vigil 56.8, 8-Vega 57.0, 9-Revere 58.1.

**880 Yard Run:**-Just four years ago, heats in this event were won in close to 2:16 - but the advancement in US distance running has been so great that 2:13.6 and 2:13.8 failed to make it to the final in 1974, a real credit to our athletes and coaches - and the interest in distance running.

Mary Decker dominated the first heat as expected, but her entry illustrates one of the problems of Meet Directors for she was listed as having run 2:02.4 in 1974 when actually her best mark was 2:04.3s. Nevertheless, she sped through the first part of her race at record pace, passing the 220 in 29.1 and the quarter in 60 seconds flat - with Cindy Ashby in second at 64.1, more than 35 yards to the rear. Decker slowed over the final lap but still posted a 2:07.8 after passing the 660 mark in 1:34.1, to break Francie Larrieu's meet record. Lynn Hollins edged Janis Vetter to take the second heat in 2:12.8 and Julie Wise annexed the final flight in 2:12.2 as the first three from each heat advanced to the final. Failing to make it was Linda Stecker, Cindy Seikkula and the California HS champ Alice Trumbly.

**Heat #1**, 1-Mary Decker (Blue Angels) 2:07.8, 2-Johanna Forman (Falmouth TC) 2:13.2, 3-Cindy Ashby (AlBOC) 2:13.2, 4-Cindy Seikkula (Track America) 2:13.6, 5-Linda Goff (Seattle RR) 2:14.9, 6-Amy Thompson (LBC) 2:17.3, 7-Cheryl Roulter (Un) 2:18.8; **Heat #2**, 1-Lynn Hollins (RRR) 2:12.8, 2-Janis Vetter (BRTC) 2:13.0, 3-Donna Schellhaus (BA) 2:13.0, 4-Joyce Anderson (LBC) 2:16.4, 5-Linda Stecher (DCD) 2:16.4, 6-Anne Slivkoff (SJC) 2:17.8, 7-Carolyn McDonald (LJTC) 2:18.2, 8-Susan DeCuir (LMM) 2:18.5; **Heat #3**, 1-Julie Wise (CavaletteTC) 2:12.2, 2-Kathy Haughey (SJC) 2:12.9, 3-Teresa Caudillo (LBC) 2:13.4, 4-Alice Trumbly (Un) 2:13.8, 5-Karen Aleccia (OCTB) 2:18.7, 6-Becky Driscoll (TOG) 2:21.7, 7-Barbara Butler (Travelers AC) 2:21.7.

Decker almost duplicated her splits again in the final as she zipped through 29.2-61.5-1:35.0-2:07.5 for an easy win. Lynn Hollins, although still overstriding with every step, ran an even race for second in a good 2:12.0, just nipping a fast-closing Kathy Haughey by a tenth - and the rest of the field, (save Janis Vetter) was close behind.

**FINAL**, 1-Decker 2:07.5, 2-Hollins 2:12.0, 3-Haughey 2:12.1, 4-Forman 2:12.6, 5-Wise 2:12.6, 6-Schellhaus 2:13.5, 7-Vetter 2:20.5, 8-Caudillo, nt, (Ashby did not start).

**One Mile Run:**-Forty six declared entries for the mile run necessitated the running of four heats in the mile with only three from each heat advancing to the final. All top seeded milers made it without difficulty as Robin Campbell turned in the fastest heat time at 4:56.8s.

**Heat #1:** 1-Robin Campbell (SITC) 4:56.8 (72.8-2:29.6-3:47.4), 2-Ronell Powell (SJC) 5:00.4, 3-Lisa Hamity (West Suburban TC) 5:03.1, 4-Marjorie Kaput (Phoenix TC) 5:06.1, 5-Pam Allen (San Juan Striders) 5:13.2, 6-Renay Wolfe (Redwood City Flyers) 5:13.3, 7-Valerie Preston (SCC) 5:13.8, 8-Joni Pagala (Renegades TC) 5:14.5; **Heat #2**, 1-Katy Schilly (Syracuse Chargers) 5:01.8 (72.4-2:29.4-3:47.4), 2-Jamie Bowen (LITC)

## US-SOVIET JUNIORS (Continued)

47'9; 100mH, 1-Sivar (SU) 13.75w, 2-Marguline (SU) 13.95w, 3-Cheryl Poirier 14.21w, 4-Shepherd 14.98w; 200m, 1-Ushalik (SU) 24.34, 2-Rosetta Birt 24.48, 3-Williams 24.56, 4-Smironova (SU) 25.20; 800, 1-Kathy Weston 2:03.69, 2-Ismailova (SU) 2:04.08, 3-Ilyinkh (SU) 2:06.01, 4-Groos 2:10.74; 4x440yR, 1-USA (DeHaven-Ingram-Simpson-Weston) 3:41.74, 2-USSR 3:44.97; Pentathlon, 1-Ekaturina Smirnova (SU) 4259 (14.1-42'14"-5'10"-19'7"-26.5), 2-Lisa Kinimaka 3819, 3-Eugenia Salikhova (SU) 3784, 4-Jeanine Shepherd 3645.



5:01.9, 3-Kathy Adams (WS) 5:02.7, 4-Kate Keyes (Un, Cal) 5:04.8, 5-Molly O'Neill (Everett Chargers) 5:08.3, 6-Kathy Estes (Flathead Valley TC) 5:09.0, 7-Colleen McManus (SJC) 5:09.1, 8-Paula Driscoll (Un) 5:09.2; Heat #3, 1-Doreen Ennis (Nutley TC) 4:59.1 (72-2:30-3:47), 2-Carol Flournoy (SCC) 4:59.8, 3-Debbie Johnson (RRR) 5:01.1, 4-Melody Miller (WSTC) 5:05.4, 5-Kathy Greer (LJTC) 5:05.5, 6-Estella Guina (SJC) 5:08.9, 7-Marie Kastrup (Un) 5:14.4, 8-Stephanie McDade (DCD) 5:24.5; Heat #4, 1-Kathy Jewell (LBC) 5:03.6 (71.5-2:29.5-3:48.2), 2-Kathy Costello (Orinda TC) 5:06.2, 3-Karen Parish (Blue Angels) 5:08.7, 4-Arleen Mears (SJC) 5:13.5, 5-Ann Scott (TOG) 5:15.2, 6-Robin Castor (ColPacers) 5:16.3, 7-Tammy Spurgeon (Dryades) 5:17.5, 8-Amy Lucero (DCD) 5:26.9.

In the final, the field played right into the hands of favorite Robin Campbell. Campbell, evidently under instructions not to run any faster than necessary, took the lead and immediately slowed down the pace. Twice during the first lap, Lisa Hamity made sprint-like surges, but each time Campbell held her off and maintained the lead - immediately slowing down as soon as the challenge had finished. This maneuver took the toll of Hamity who eventually finished in 11th place, but didn't bother the strong Robin who held on to score a narrow win over Katy Schilly, 4:54.0 to 4:54.4. Except for the two futile attempts by Hamity, no one would take the lead from the Sports International phenom and she breezed through at 32-67.5-1:47-2:26-3:41.5-4:18.

FINAL, 1-Campbell 4:54.0, 2-Schilly 4:54.4, 3-Costello 4:56.2, 4-Ennis 4:56.8, 5-Bowen 4:58.3, 6-Flournoy 4:58.6, 7-Jewell 5:00.4.

**Two Mile Run:** Lynn Bjorklund, the Albuquerque lass who won the 1973 National Girl's Cross Country title over Mary Decker, showed it was no fluke as she sped to a great 10:14.8 clocking here tonight and move into the number 5 spot on the USA All Time List. Bjorklund ran an incredible 5:07.4 for her first mile and a duplicate 5:07.4 for her second mile as she pulled away from her two followers, Marlene Harewicz and Becky Wulfinbarger over the last two laps. Harewicz, the 16 year old from Mt. Lebanon, stayed with Bjorklund over lap seven, but Wulfinbarger faded back to finish sixth. The three runners were together at the end of the first mile with only half a second separating first from third. At the end of the fifth lap, Bjorklund led Harewicz 6:25.0 to 6:25.4 but Wulfinbarger had faded to 6:27.7. By the end of the sixth lap the New Mexico lass had opened up a 2½ second lead over Harewicz, 7:43.4 to 7:45.9 and Wulfinbarger, although still third, was another seven seconds to the rear. With just a lap to go, Bjorklund's lead was 5½ seconds and Wulfinbarger was fading, some 19 seconds back. Harewicz finished in 10:26.5, a time which moved her to the number 8 position on the All Time List and last place in the competition was clocked at 11:52.5 - an unheard of accomplishment a few years ago. (Note:-Coaches and athletes - WTFW has times only for the first seven finishers in this race. If you or your athlete ran a season best at 11:20 or better, please forward the mark to WTFW.)

FINAL, 1-Lynn Bjorklund (DCD) 10:14.8 (72.4-2:30.1-3:48.6-5:07.4-6:25.0-7:43.4-9:00.5), 2-Marlene Harewicz (Mt. Lebanon TC) 10:26.5, 3-Marjorie Kaput (PhoenixTC) 10:47.9 (previous best 11:06.8), 4-Debbie Johnson (RRR) 10:48.8, 5-Kathy Adams (WS) 10:49.1 (previous best 11:09.0), 6-Becky Wulfinbarger (SCC) 10:51.1, 7-Kathy Greer (LJTC) 10:52.0.

**One Mile Walk:**-Although the field of 24 entries was large, it seemed there were more judges on the track than contestants. Granted, this event is in dire need of officials and they did an excellent job covering this event. The result of the good officiating was a number of disqualifications, one of which directly affected the result as Linda Brodock (RRR) and Chris Sakelarios (RC Flyers), old foes over this distance, staged as exciting a walk as these old eyes has seen with both young ladies heeling and toeing at breakneck speed, barely six inches separating them during the entire four laps - until Chris was finally disqualified with less than 20 yards to go. Linda won in meet record time, breaking the mark set by her sister in 1973.

FINAL, 1-Linda Brodock (RRR) 7:50.9, 2-Cindy Johnson (BA) 8:09.7, 3-Sheila Thomsen (Oxnard TC) 8:15.4, 4-Teri Teegarden (BA) 8:15.5, 5-Joyce Wimer (WS) 8:20.3, 6-Debby Naybor (Un) 8:25.2s. (Note:-Athletes and coaches - if you had a mark of 8:40 or better in this race and it was a season best, please send to WTFW.)

Continued on Page 14

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## GIRL'S CHAMPIONSHIPS (Continued)

**100 Meter Hurdles:** Three heats with the top three moving into the final brought about some good running as well as some surprises. Only two of the 22 runners ran faster than their submitted qualifying time - Sonya Hardy at 14.0 under her submitted 14.2 and non-qualifier Nancy Shallenbarger who submitted 15.5 and ran 15.3. All others were slower in spite of the aiding winds, the tough competition and the fast tartan track. From the outset, it was evident no one was going to come close to Sonya Hardy as her heat time was a full six-tenths faster than anyone else. Debbie Esser, top seeded at 14 flat, ran 15.2 and was eliminated.

Heat #1 (+3.8), 1-Rhonda Brady (MHYF) 14.7, 2-Suzy White (SITC) 14.8, 3-Yvonne Boone (Eastbay TC) 15.1, 4-Debbie Esser (NebTC) 15.2, 5-Rosalind Anderson (FrederickTC) 15.3, 6-Carmella Dunn (NebTC) 16.2, 7-Linda Hightower (SCC) 16.3, 8-Celeste Wilkinson (Las Cruces Zephyrs) 16.9; Heat #2 (+3.3), 1-Kathie LaPorte (WestSubTC) 15.1, 2-Dana Collins (Un) 15.1, 3-Monica Williams (Dryades) 15.2, 4-Nancy Shallenbarger (Gee Beez TC) 15.3, 5-Gail Butler (LATC) 15.9, 6-Glenda Malstead (Un) 16.2, 7-Peggy Liddick (NebTC) 17.9; Heat #3 (+2.9), 1-Sonya Hardy (Boulder Cinderbells) 14.0, 2-Debi Kilhoffer (Peoria Pacettes) 14.6, 3-Karen Meriweather (Gazelle TC) 14.9, 4-Nancy Kindig (NebTC) 15.0, 5-Lale Yurdakul (KS) 16.2, 6-Dana Davidson (Rancho Cordova Dusters) 16.2, 7-Jean Warner (Penn Jets) 17.6.

Hardy was all alone in the final, winning in 13.9 with only a 0.895mph wind to aid her. During the past indoor season WTFW labeled this Boulder flash as one to watch in the future and her victory here tonight was a giant step for her future.

FINAL (+0.895), 1-Hardy 13.9, 2-Brady 14.3, 3-White 14.5, 4-Kilhoffer 14.6, 5-Meriweather 14.7, 6-Boone 14.9, 7-LaPorte 15.0, 8-Williams 15.2, 9-Collins 15.4.

**400 Meter Hurdles:** There were more entrants in the 400 meter hurdles than flies on sugar and five heats were necessary to cut the field down to size for the semi-finals. For the most part, things were normal during the heats, but there were exceptions. In the second heat, Desiree Gauthier of the Oregon TC fell twice during the race, the second spill marking the end of her running for the day. In heat five, Betty Sepcner of the Indianola TC, apparently thought the race had been shortened to 200meters as she touched down after the fifth barrier in 31.6 and then died and was eliminated. The first four from each heat advanced to the semis.

Heat #1, 1-Suzy White (SITC) 63.6, 2-Danatte Wilson (Boulder Cinderbells) 65.0, 3-Beth Howell (LJTC) 65.4, 4-Cynthia Snyder (WS) 65.4, 5-Shelley South (Phoenix TC) 65.5, 6-Lisa Loftis (MtLebTC) 69.0; Heat #2, 1-Sue Roehm (MtLebTC) 64.4, 2-Kathy Faughn (FtWaynePAL) 65.0, 3-Jill Gercovich (WS) 66.0, 4-Theresa San Augustine (IBC) 66.3, 5-Tonya Little (LJTC) 68.2, Gauthier fell, Nissen scratched; Heat #3, 1-Laurie Gilliland (Un) 64.6, 2-Betty Deveson (GatewayTC) 64.9, 3-Maggie Croghan (KS) 66.1, 4-Johanna Hansen (SJC) 67.3, 5-Donna Argo (AOC) 67.8, 6-Kathy Murphy (Un) 70.0, 7-Tami Edwards (Farmington Fleetfooters) 71.1; Heat #4, 1-Carolyn Bing (SJC) 65.7, 2-Amber Souza (WS) 66.1, 3-Carol Burkland (LMM) 66.2, 4-Barb Ballinger (Peoria Pacettes) 67.0, 5-Susan Petrelli (BC) 67.6, 6-Aquanetta Palm (MHYF) 68.5, 7-Karen Ueda (IBC) 70.5; Heat #5, 1-Mary Lee Erickson (SCC) 65.3, 2-Sheri Moore (Peoria Pacettes) 66.6, 3-Carol Addy (OhioTC) 66.7, 4-Vicki Amstutz (FtWayne PAL) 66.7, 5-Betty Spencer (Indianola TC) 66.8, 6-Lori Anderson (Salinas Valley TC) 66.9, 7-Zeppi Long (SJC) 69.0, 8-Chryle Martin (TravelersAC) 70.5.

Interesting to note there were 22 entries in the 100m hurdles and 33 runners in the 400m hurdles, but only one athlete was entered in both races - Suzy White.

Three semi-final races were needed and the top three from each race advanced to the final. No big surprises here as Suzy White looked like a sure best for the number one spot.

Semi-final #1, 1-White 62.8, 2-Deveson 63.9, 3-Croghan 64.5, 4-Souza 65.2, 5-Moore 68.5, 6-Amstutz 70.0; Semi-final #2, 1-Faughn 63.9, 2-Bing 64.8, 3-Burkland 65.1, 4-Snyder 65.2, 5-Ballinger 67.0, 6-Roehm 67.5, 7-Gercovich 67.6, (Note, Roehm fell during the race); Semi-final #3, 1-Howell 64.0, 2-Erickson 64.0, 3-Gilliland 64.0, 4-Wilson 64.7, 5-San Augustine 65.6, 6-Addy 69.1, 7-Hansen 70.8.

Running with authority, Suzy White lived up to her pre-race buildup and won the final in 63 seconds flat. Skinny, pale Kathy Faughn, looking as though clearing a hurdle would be an impossibility, closed fast down the home straight to finish within only three-tenths of a second of the winner. Faughn was only second in her heat running 65.0, then won her

semi in 63.9 and cut that time down to 63.3 for the final. Laurie Gilliland, who has not performed up to expected this season was third and surprising Carol Burkland, the slowest qualifier, was fourth.

FINAL, 1-White 63.0, 2-Faughn 63.3, 3-Gilliland 64.0, 4-Burkland 64.2, 5-Deveson 64.5, 6-Erickson 64.5, 7-Howell 64.6, 8-Bing 64.8, 9-Croghan 66.7.

**High Jump:** Thirty six jumpers were entered, 14 of them made the qualifying standard at 5'2 to advance into the final. The field had its quota of top national jumpers in Huntley, Pam Spencer, Pam Flackburn and Vera Schlosser plus Teri Seippel, an unknown quantity, Anne Gilliland and Chris Remmling. The final was good one with six jumpers still having at it at 5'8 and four still going at 5'10. Joni Huntley was the only jumper over the 5'10 mark and surprising Chris Remmling turned in her lifetime best to grab second honors at 5'8 ahead of Spencer and Blackburn. Gilliland was a disappointing 9th.

FINAL, 1-Joni Huntley (Oregon TC) 5'10, 2-Chris Remmling (LJTC) 5'8, 3-Pam Spencer (GtFalls) 5'8, 4-Pam Blackburn (Un) 5'8, 5-Kathy Hart (DCD) 5'6, 6-Vera Schlosser (Un) 5'6, 7-tie, Candise Zbieranek (LMM) and Teri Seippel (KS) 5'4, 9-Anne Gilliland (Un) 5'4, 10, Becky Deetz (Skeeters TC) 5'4, 11-Jean Baltz (Peoria Pacettes) 5'4, 12-tie, Karen Krichko (Un) and Jill Towery (Un) 5'2, Cindy Sandberg (SJC) failed to clear opening height of 5'0.

**Long Jump:** Lack of entries negated the necessity of trials in this event and the 14 jumpers went at it in the final. And good jumping it turned out to be! Toni Griffin was the leader after the first round at 18'8", her best jump of the competition and it held up until the third round when Deidre Wilson of the New York PAL got off a wind-aided leap of 19'5" to assume command for the rest of the evening. Jodi Anderson, the California high school champion, got close with a jump of 19'3 on her last try and Kim Schofield managed 19'1". Young Lale Yurdakul of the Kettering Striders, had her lifetime best at 19'0 (wind-aided) but had a legal jump of 18'7" which far surpasses the Turkish National record of 17'6".

FINAL, 1-Deidre Wilson (NYPAL) 19'5" (legal 18'5), 2-Jodi Anderson (PremierTC) 19'3, 3-Kim Schofield (Peoria Pacettes) 19'1", 4-Lale Yurdakul (KS) 19'0" (legal 18'7"), 5-Toni Griffin (LJTC) 18'8", 6-Joey Smith (Everett Chargers) 18'8", 7-Nancy Kindig (NebTC) 18'6", 8-Kim Moran (LATC) 18'4" (legal 18'1"), 9-Peggy Lidick (NebTC) 17'6" (legal 16'8"), 10-Lisa Thomas (ColPacers) 17'4" (legal 17'2"), 11-Nancy Shallenbarger (GeeBeez) 17'2", 12-Jeanne Kilhoffer (PP) 17'2, 13-Rachel Lewis (Galesburg Jaycees) 17'1", 14-Alice Watson (DCD) 15'0.

**Shot Put:** One event where it is evident much more attention must be paid in the USA. Granted the top two 14/17 age shot putters were competing against the Russians, this event proved to be woefully weak with the winning distance of 40'8" a mark that would not have even placed in the top six for 1973. A put of only 38'6" scored in 1974.

FINAL, 1-Debra Haynes (Fresno Elans) 40'8", 2-Fran Hoogestraat (Lennox) 40'2", 3-Linn Polk (Farmington Fleetfooters) 39'10", 4-Jackie Gordon (SITC) 39'7", 5-Julie Cabrido (Renegades) 39'4, 6-Karen Marshall (OreTC) 38'6", 7-Bea Hunt (RRR) 37'11, 8-Kim Pyles (SITC) 36'5, 9-Mary Garcia (Santa Cruzers) 35'10, 10-Tina Talmadge (GazelleTC) 35'6.

**Discus Throw:** A qualifying round was necessary on the first night of the competition and Terry Sabol, Los Angeles TC, led the field with a fine toss of 150'5. Twelfth spot in the qualifying was 109'5 compared to 117'3 in 1973.

Qualifying, 1-Terry Sabol (LATC) 150'5, 2-Jackie Gordon (SITC) 133'0, 3-Debbie Stephens (KS) 128'10, 4-Fran Hoogestraat (LennoxTC) 126'6, 5-Sara Bailey (NebTC) 124'5, 6-Bea Hunt (RRR) 121'6, 7-Nora Lee (LJTC) 118'0, 8-Kim Pyles (SITC) 116'2, 9-Julie Cart (Scottsdale TC) 115'4, 10-Julie Cabrido (RenegadesTC) 114'9, 11-Julie Hansen (Dragons TC) 112'0, 12-Ginny Vines (Orange Coast Thunderbolts) 109'5.

Seven of the twelve finalist improved on their qualifying performance including the top five finishers. Sabol was after the meet record of 155'0 and had a series of 151'3/154'1/148'8/155'6/151'6/146'4 to erase Linda Langford's name from the record books.

FINAL: 1-Sabol 155'6, 2-Gordon 134'1, 3-Stephens 133'1, 4-Bailey 128'2, 5-Pyles 122'6, 6-Hoogestraat 122'3, 7-Hunt 121'4, 8-Cart 116'9, 9-Lee 114'8, 10-Hansen 113'10, 11-Cabrido 104'4, 12-Vines 97'0".



**Javelin Throw:**--A well-balanced field of spear artists assembled for the qualifying with favored Nadine Bowers the top thrower of the prelims with 146'4" - and with the Van Benthem triplets constituting a fourth of the finalists.

**Qualifying:** 1-Nadine Bowers (SJC) 146'4", 2-Linn Polk (FF) 143'2", 3-Kelly Fuiks (CW) 135'9", 4-Connie Gassen (Crescenta-Canada TC) 134'11", 5-Raedean Rona (BA) 132'4", 6-Lorelei Van Benthem (LJTC) 130'7", 7-Lisa Van Benthem (LJTC) 130'1", 8-Betsy Hardaway (IATC) 127'7", 9-Marilyn White (MesaTC) 126'11", 10-Sonya Bennett (Gazelle TC) 126'9", 11-Celeste Wilkinson (Las Cruces Zephyrs) 125'4", 12-Lynne Van Benthem (LJTC) 121'9".

Things popped fast and furious in the final as the number 2 and 3 qualifiers Polk and Fuiks fell off and Lisa Van Benthem came on like Gangbusters. No one threatened or even bothered Bowers whose first effort of 152'8" was far enough for the win although she improved in the second round to 154'3". Lisa Van Benthem, whose lifetime best was 135'11" and who had qualified with a toss of 130'1" in seventh place, put it all together on her first throw for a new personal best at 148'3" and twice more during the competition threw farther than her previous best.

**FINAL:** 1-Bowers 154'3", 2-Lisa Van Benthem 148'3", 3-Gassen 139'9", 4-White 138'8", 5-Bennett 137'11", 6-Hardaway 136'10", 7-Fuiks 133'11", 8-Polk 129'7", 9-Rona 126'11", 10-Lorelei Van Benthem 123'10", 11-Wilkinson 123'8", 12-Lynne Van Benthem 120'2".

**440 Yard Relay:**--Three heats cut the field down to nine teams for the final as the Berkeley TC, with the same foursome which won the California State high school title, looking best of all with their 47.2 second heat win.

**Heat #1,** 1-Millbrae Lions 47.7, 2-Dryades 48.5, 3-Southern California Cheetahs 48.7, 4-San Jose Cindergals 49.7, 5-Renegades TC 51.2, Galesburg Jaycees disqualified. **Heat #2,** 1-Berkeley TC 47.2, 2-Peoria Pacettes 47.8, 3-New York PAL 48.0, 4-Lakewood International 49.0, 5-Premier TC 49.0, 6-Salinas Valley TC 49.7; **Heat #3,** 1-Long Beach Comets 48.1, 2-Frederick TFC 48.2, 3-Mayor Hatcher YF 48.3, 4-Nebraska TC 48.7, 5-Gee Bees 49.0, 6-Atoms TC 50.0, 7-La Jolla TC 53.2.

The Berkeley Track Club won the final, but it wasn't all that easy as they received a real battle from a surprising quartette from the Long Beach Comets - until the Comets blew it all on the last exchange from Theresa San Augustine to Gail Douglas and their team finished in seventh spot only to be moved to sixth with the disqualification of the Southern California Cheetahs who were caught using an ineligible runner. Berkeley won it all alone with a team of Marie Nixon, Annette Robinson, Viola Johnson and Paula Ng in a good 47.1.

**FINAL,** 1-Berkeley TC 47.1, 2-Peoria Pacettes 47.7, 3-Millbrae Lions 47.9, 4-New York PAL 47.9, 5-Mayor Hatcher YF 48.0, 6-LB Comets 48.1, 7-Frederick TFC 48.8, 8-Dryades 49.1, SCC finished sixth in 48.0 but were disqualified.

**880y Medley Relay:**--Nothing TOO exciting about the heats unless you consider that 1:47.3 failed to make the final! Robin Campbell whisked to a 55.2 clocking for her anchor leg as the SITC eased through a 1:44.1 to lead all qualifiers.

**Heat #1,** 1-SITC 1:44.1, 2-Peoria Pacettes 1:46.2, 3-Frederick TFC 1:46.6, 4-Blue Ribbon TC 1:47.3, 5-New York PAL 1:48.0, 6-Premier TC 1:48.5, 7-LB Comets 1:49.2; **Heat #2,** 1-Nebraska TC 1:45.0, 2-Lakewood International 1:45.9, 3-Berkeley TC 1:46.5, 4-IATC 1:48.3, 6-Gazelles TC 1:48.8, 6-Atoms "B" 1:49.8; **Heat #3,** 1-Dryades 1:46.8, 2-San Jose Cindergals 1:47.7, 3-Atoms 1:47.7, 4-Hillsboro District TC 1:51.0, 5-Fort Wayne PAL 1:51.6, 6-Mayor Hatcher YF 1:54.2.

With Pastel running the leadoff 220 and Campbell the final 440, there was little doubt as to the eventual winner - but someone forgot to tell the Nebraska Track Club. Blond bomber Mary Lou Jasnoch zipped the first 220 and veteran Debbie Esser ambled the 440 and they forced the Washington DC group to a new meet and American record to win. Campbell broke the tape in 1:43.2 with Esser just 0.8 behind in 1:44.0 with the experienced Campbell covering her quarter in 54.2 to 54.9 for the transplanted Iowan Esser.

**FINAL,** 1-SITC (Debbie Pastel, Kathy Tysinski, Sherry James, Robin Campbell) 1:43.2, 2-Nebraska TC 1:44.0, 3-Dryades 1:44.3, 4-Peoria Pacettes 1:45.5, 5-LITC 1:45.7, 6-Frederick TFC 1:45.7, 7-San Jose Cindergals 1:47.5.

**Two Mile Relay:**--Fast developing into the most exciting relay event on the schedule, this two miler was no exception as the Duke City Dashers sped to a new American record for girls at 9:03.0 for a 2:15.0 average. What makes this event more interesting in 1974 than it was in 1970 is the simple fact that for the entire eight laps, the race is close and exciting as



If you left the stadium to get a cup of coffee and missed seeing Debbie Pastel break the tape, you had plenty of chances to watch the "rerun" for Pastel broke the tape 12 times during the Girl's and Women's Championships. This photo by Jeff Johnson shows just one of them.

opposed to the years past when one or two teams dominated the affair and runners were scattered about the oval like chicken feed tossed to the winds.

**FINAL,** 1-Duke City Dashers (Stephanie McDade, Linda Stecker, Amy Lucero, Susan Vigil) 9:03.0, 2-SJ Cindergals 9:07.7, 3-Kettering Striders 9:13.3, 4-West Suburban TC 9:15.0, 5-Millbrae Lions 9:16.5, 6-LB Comets 9:19.8, 7-San Juan Striders 9:22.6. (Note:--Splits on the San Jose team in second place were 2:14.0-2:20.2-2:17.0-2:16.1)

**Mile Relay:**--Again not too much out of the ordinary or expected during the running of the heats in which nine teams qualified for the final. Robin Campbell ran a 54.9 anchor for her SITC; Esser had a 57.5 on the anchor leg of the third heat.

**Heat #1,** 1-SITC 3:52.2, 2-Peoria Pacettes 3:53.8, 3-SJC 3:56.5, 4-Ft Wayne PAL 4:10.3, 5-LB Comets 4:11.4; **Heat #2,** 1-Atoms 3:52.9, 2-RRR 3:56.5, 3-SC Cheetahs 3:57.2, 4-IATC 3:58.2, 5-Dryades 4:00.2; **Heat #3,** 1-Nebraska TC 3:55.1, 2-Orinda TC 3:55.6, 3-Renegades TC 3:56.5, 4-La Mirada Meteors 4:01.6, 5-Albuquerque OC 4:02.3, Atoms "B" disqualified.

Another American and meet record bit the dust as the SITC broke the tape in the mile relay. The Atoms in second also were under the old record and Peoria in third was just one-tenth over the mark. SITC splits were Susan White 58.9, Debbie Pastel 54.7, Sherry James 57.0 and Robin Campbell 54.7 for an average of 56.35.

**FINAL:** 1-SITC 3:45.3, 2-Atoms 3:48.4, 3-Peoria Pacettes 3:49.3, 4-Orinda TC 3:52.3, 5-SJ Cindergals 3:52.5, 6-SCC 3:52.5, 7-Nebraska TC 3:52.7, 8-Renegades TC 3:56.0.



# SZEWINSKA RED HOT

22.0

Potsdam, July 13:-Athletes from Berlin's "Olympic Day Meet" gathered here one day later and saw Irena Szewinska grab off the world record for 200 meters with a speedy 22.0 flat race. Once again the Polish Princess defeated Olympic champion Renate Stecher, this time by 4 yards as the former world record holder was clocked in 22.5.

Annelie Ehrhardt, who won the hurdles easily the day before over Poland's Teresa Nowak, found the going tougher today as she edged the Pole 12.4 to 12.6.

RESULTS: 200m, 1-Szewinska (Pol) 22.0, 2-Stecher (EG) 22.5 3-Maletzki (EG) 22.9, 4-Kandaar (EG) 23.1; 400, 1-Kacperczyk (Pol) 52.9, 2-Katolik (Pol) 53.4...4-Hoffmeister (EG) 54.9; 100mH (+0.3), 1-Ehrhardt (EG) 12.4, 2-Nowak (Pol) 12.6, 3-Fiedler (EG) 12.9; 3000, Pohland (EG) 9:16.8; SP, Fibingerova (CS) 66'10", 2-Adam (EG) 65'4, 3-Lange (EG) 61'10"; DT, 1-Holdke (EG) 202'6, 2-Engel (EG) 200'11, 3-Hinzmann (EG) 196'11.

10.9

Warsaw, Poland, June 29/30:-Poland scored a double triumph over England 80-66 and Canada 85-61 and England dumped the Canadians 81-65 as Irena Szewinska once again stole the lime-light with twin victories in the sprints at 10.9 and 22.4. Teresa Nowak continues to improve with each passing year and won the 100m hurdles in 12.6.

RESULTS: 100, 1-Szewinska (P) 10.9, 2-Andrea Lynch (GB) 11.1, 3-Szubert (P) 11.2, 4-Golden (GB) 11.2, 5-Marjorie Bailey (Can) 11.3, 6-Patty Loverock (Can) 11.5; 200, 1-Szewinska 22.4, 2-Bailey 23.1, 3-Szubert 23.3, 4-Lynch 23.3, 5-Murray (GB) 23.4, 6-Loverock 24.3; 400, 1-Saunders 51.9, 2-Murray 52.2, 3-Kacperczyk (P) 52.4, 4-Pieczek (P) 53.7; 800, 1-Katolik (P) 2:02.2, 2-Crowley (C) 2:03.9...6-Reiser (C) 2:09.0; 1500, 1-Surdell (P) 4:15.3, 2-Smith (GB) 4:15.9, 3-Wright (C) 4:17.3; 3000, 1-Wright 9:08.0, 2-Yoeman (GB) 9:09.2; 100mH, 1-Nowak (P) 12.6, 2-Vernon (GB) 13.0, 3-Thompson (GB) 13.0...6-Damman (C) 13.8; 4x100, 1-Poland 43.6, 2-GB 44.3, 3-Can 45.2; 4x400, 1-GB 3:32.0, 2-Poland 3:32.2, 3-Canada 3:35.0; HJ, 1-Lawton (GB) 6'1 1/4, 2-Brill (C) 6'0 1/2, 3-Harrison 5'11 1/2; LJ, 1-Eisler (C) 21'0 1/4, 2-Wilson (GB) 20'8w; SP, 1-Chewinska (P) 59'5 1/2...6-Haist (C) 46'2 3/4; DT, 1-Rosani (P) 177'0; JT, 1-Jaworska (P) 182'2.

## GIRL'S CHAMPIONSHIPS (Continued)

### SCORING

1-Sports International	84	28-Galesburg Jaycees	6
2-Peoria Pacettes	29	Phoenix TC	6
3-San Jose Cindergals	24	Oxnard TC	6
4-Berkeley TC	23	Gt.Falls, Mont	6
Blue Angels	23	Farmington Fltfts	6
6-Rialto Road Runners	22	Crescenta-Can Spk	6
Duke City Dashers	22	Dryades	6
8-La Jolla TC	18	35-Falmouth TC	4
9-Los Angeles TC	17	Nutley TC	4
10-Kettering Striders	16	Lakewood Int TC	4
11-Nebraska TC	14	Gazelle TC	4
New York PAL	14	La Mirada Meteors	4
13-Oregon TC	11	Mesa TC	4
Southern Cal Cheetahs	11	West Suburban TC	4
15-Ambler OC	10	42-Gateway TC	3
Atoms TC	10	Wills Spikettes	3
Orinda TC	10	44-Blue Ribbon TC	2
Boulder Cinderbells	10	Cavalette TC	2
Mayor Hatcher YF	10	Renegades TC	2
Fresno Elans	10	Long Beach Comets	2
21-Lennox TC	9	48-Eastbay TC	1
22-Los Angeles Jets	8	Everette Chargers	1
Syracuse Chargers	8	Frederick TFC	1
Mt. Lebanon TC	8		
Ft. Wayne PAL	8		
Premier TC	8		
Millbrae Lions	8		

49.9

by Lyle Sanderson

Warsaw, Poland, June 22:-Irena Szewinska completely demolished the world 400 meter record with an almost unbelievable 49.9 to highlight the Kusocinski Memorial Meet here today.

Running in lane 2, the tall veteran went out very fast and used a light breeze down the back stretch to pass 200 meters in 22.9. She held form well through the final bend to reach 300m in 36.0. She showed some stress in the stretch, but still covered the final 100m in 13.9. Krystyna Kacparczyk finished strongly for second in 52.5.

Szewinska had earlier anchored a smooth-passing Polish 4x100 relay team to a national record of 43.4. West Germany was half a stride ahead coming to the final exchange, but Richter could not catch Kroniger who had to slow to receive the baton. Szewinska did not seem to push the final leg.

Szewinska's performance overshadowed some other fine performances. Teresa Nowak, now 32 years old (born 29 April, 1942), equaled her recent Polish record for the 100m hurdles with a 12.6 clocking against a 1.4mps wind in her heat. In the final against a 0.5mps wind, she joined Pam Ryan as number two on the all time list with an electric clocking of 12.5. Meta Antenen, Switzerland, waged a close battle for second with England's Judy Vernon over the first six hurdles, then went on to a Swiss record of 13.0. Vernon hit the seventh hurdle but still held off Bozena Nowokowska 13.2 to 13.2.

In the 800 meters, Ireland's Mary Tracey led past the 400 in 59.4 but could not answer when Elizbieta Katolik, Poland, charged by with 150m to go. Katolik looked very strong to the wire with 2:02.5 although Nijole Sabaitte closed to 2:02.9, six-tenths up on Jolanta Januchta.

Other winners included Annegret Richter in the 100 against a 0.6mps wind in 11.4; Daniela Jaworska 184'8 in the javelin and Ludwika Chewinska in the shot at 60'9 1/4.

## IRENA SZEWINSKA

Born: May 24, 1946 in Leningrad. Height: 5'9". Weight: 132 Married, has one son now 4 years old.

### ANNUAL PROGRESSION

Year	Age	100m	200m	400m	Long Jump
1961	15	12.7	27.9	x	16'8 1/2
1962	16	11.9	25.4	x	18'9 1/4
1963	17	11.6	24.2	x	19'2
1964	18	11.5	23.1	x	21'7 1/4
1965	19	11.1	22.7	x	21'5 1/2
1966	20	11.2	23.1	x	21'6
1967	21	11.2	22.7	x	21'8 3/4
1968	22	11.1	22.5	x	21'10 1/2
1969	23	11.3	23.0	x	21'6 1/4
1970	24	Baby			
1971	25	11.2	23.0	x	21'4 1/4
1972	26	11.2	22.7	x	21'5
1973	27	11.1	22.7	52.0	x
1974	28	10.9	22.0	49.9	x

## ALL-TIME 400 TOP TEN

(Year of birth in parenthesis)

49.9	Irena Szewinska, Poland (46)	1974
51.0	Marilyn Neufville, Jam (52)	1970
51.0	Monika Zehrt, DDR (52)	1972
51.1	Rita Kuhne, DDR (47)	1973
51.2	Shin Kim Dan, N.Korea (38)	1964
51.2	Rita Wilden, GFR (47)	1972
51.3	Mona-Lisa Pursiainen, Fin (51)	1973
51.5	Helga Seidler, DDR (49)	1972
51.5	Dagmar Kasling, DDR (47)	1972
51.5	Nadezhda Kolesnikova, SU (49)	1973
51.5	Ellen Streidt, DDR (52)	1974

## 400 METER FIRSTS

First to run under:

55 seconds	Ursula Donath (EG)	55.0	1954
54 seconds	Maria Itkina (USSR)	53.9	1955
53 seconds	Sin Kim Dan (NK)	53.0	1960
52 seconds	Sin Kim Dan (NK)	51.9	1962
51 seconds	Marilyn Neufville (Jam)	51.0	1970
50 seconds	Irena Szewinska (Poland)	49.9	1974



## 400mH RECORD 56.51

Augsburg, Germany, July 13/14:-Great 400m hurdling by Poland's Krystyna Kacperczyk highlighted the victory of Poland over West Germany in a three-to-a-side match 148-130. Kacperczyk sped to a new world record at 56.51 to break the mark of 56.7 set by countrywoman Danuta Piecyk last year. Krystyna had to hustle to win, however, as Piecyk was clocked in 56.83 in second place and Germany's Karola Claus was third in 57.27.

New world 200/400 record holder, the veteran Irena Szewinska, easily won the two dashes in 22.41 and 11.27 and anchored the winning 4x100 relay team at 43.53.

Other good performances were turned in by Elzbieta Katolik who won the 800 in 2:01.18 and was second behind Germany's Rita Wilden in the 400 as Wilden ran 51.95 to Katolik's 52.63; Karin Wagner who won the high jump at 6'1 1/4; and the home team 4x400 squad of Jost-Barth-Falck-Wilden who clocked 3:29.78.

RESULTS: 200 (+0.96), 1-Szewinska (P) 22.41, 2-Annegret Richter (WG) 23.33; 800, 1-Katolik (P) 2:01.18, 2-Gisela Klein (WG) 2:03.25; 4x400, 1-WG 3:29.78, 2-Poland (Nowaczyk-Piecyk-Katolik-Kacperczyk) 3:30.02; 400H, 1-Kacperczyk (P) 56.51, 2-Piecyk (P) 56.83, 3-Claus (WG) 57.27, 4-Zwolinska (P) 58.87, 5-Bretz (WG) 59.36, 6-Hollmann (WG) 59.66; LJ, Wiodarczyk (P) 21'0; SP, Chewinska (P) 59'44; DT, Westermann (WG) 188'7; 100 (+0.58), 1-Szewinska 11.27, 2-Richter 11.52; 400, 1-Wilden (WG) 51.95, 2-Kacperczyk (P) 52.63, 3-Piecyk (P) 53.12, 4-Jost (WG) 53.38, 5-Nowaczyk (P) 53.71, 6-Falck (WG) 53.88; 1500m, 1-Wellmann (Tittle) (WG) 4:14.22, 2-Surdel (P) 4:15.87, 3-Schenk (WG) 4:16.40; HJ, 1-Wagner (WG) 6'1 1/4, 2-Meyfarth (WG) 5'11 1/4; 100mH (+0.51), 1-Nowak (P) 13.08; 4x100, 1-Poland 43.53, 2-WG 43.62.

## SZEWINSKA 'ONLY' 11.0 AT FRANKFURT

Frankfurt, West Germany, July 5:-Irena Szewinska continued her sensational running with an 11 flat 100 meter win over Olympic silver medalist Raelene Boyle. Boyle took the 200 in 22.8 over Yugoslavia's Pavlicic. South Africa's Hybre de Lange turned in the fastest 400m hurdles in the world to date with a speedy 57.6 defeating both Polish aces, Krystyna Kacperczyk (58.1) and Piecyk (58.9). Argentine Menis (Rumania) scored a good win over Bulgaria's Vergova in the discus 213' to 211'4 and Poland's veteran Teresa Nowak upset Olympic silver medalist Stefanescu-Bufanu to win the 100m hurdles in 12.9. Members of the Atoms Track Club took part with Lorna Forde's 54.5 400m clocking the best performance.

RESULTS: 100 (0.0), 1-Szewinska (Pol) 11.0, 2-Boyle (Aus) 11.3, 3-Richter (WG) 11.3; B Race, 8-Fitzgerald (Atoms) 12.1; 200m, 1-Boyle 22.8, 2-Pavlicic (Yug) 23.1, 3-Richter 23.3, 4-Wilden (WG) 23.5; B Race, 5-Forde (Atoms) 23.9; C Race, 6-Hawkins (Atoms) 24.7; D Race, 3-Cordy (Atoms) 24.1; 4x100, 1-Poland (Dlugolecka-Jedrejek-Bakulin-Szewinska) 43.4; 400m, 1-Jost (WG) 53.5...4-Nichols (Atoms) 54.8; B Race, 1-van Stratten (South Africa) 53.5, 2-Forde (Atoms) 54.5; 800, 1-Suman (Rum) 2:01.9, 2-Tomova (Bul) 2:02.2, 3-Toussaint (Atoms) 2:06.3; 1500, Andrei (Rum) 4:10.5; 3000, Petrova (Bul) 9:07.6, 2-Doborzynska (Pol) 9:09.4, 3-Drazek (Pol) 9:09.6, 4-Pentlinowska (Pol) 9:09.6; 100mH, 1-Nowak (Pol) 12.9, 2-Stefanescu (Bul) 12.9; 400mH, 1-de Lange (SA) 57.6, 2-Kacperczyk (Pol) 58.1, 3-Piecyk (Pol) 58.9; HJ, Ioan (Rum) 6'0 1/2; LJ, 1-Stefanescu 20'9...5-Viscopoleanu (Rum) 20'0...12-Fitzgerald (Atoms) 18'1; SP, Chewinska (Pol) 61'1 1/2; DT, 1-Menis (Rum) 213'0, 2-Vergova (Bul) 211'4, 3-Haist (Can) 172'10, 4-Martin (Can) 165'10; JT, Becker (WG) 198'2...5-Janko (Aut) 186'2.

## EAST GERMAN CHAMPIONSHIPS

Results of East German National Championships:

100, 1-Stecher 11.1, 2-Heinich 11.3; 200, 1-Stecher 22.6, 2-Maletzki 22.8, 3-Kandaar 22.9, 4-Bodendorf 22.9, 5-Heinich 23.0; 400, 1-Handt 51.6, 2-Rohde 52.7; 800, 1-Hoffmeister 2:00.4, 2-Pohland 2:00.6, 3-Cierpinski 2:01.0, 4-Zinn 2:02.5; 1500, 1-Hoffmeister 4:09.8, 2-Klapezynski 4:09.9, 3-Krebs 4:10.7, 4-Pohland 4:13.2; 100H, 1-Ehrhardt 12.9, 2-Fiedler 13.2; 4x100, 44.1; 4x400, 3:35.1; HJ, 1-Witschas 6'2 1/4, 2-Kirst 6'0 1/2; LJ, Voelzke 21'1 1/2; SP, 1-Adam 67'7 1/2, 2-Lange 62'0 1/2; DT, 1-Hinzmann 205'9, 2-Regel 202'2; JT, 1-Todten 211'1, 2-Fuchs 200'8; Pentathlon, 1-Pollak 4644, 2-Olfert 4538, 3-Thon 4531.

## EHRHARDT 12.3; SZEWINSKA DOWNS STECHER

Berlin, East Germany, June 12:-Irena Szewinska, the hottest talent in the world this year, handed Renate Stecher a rare defeat at the Olympic Day Meet here in Berlin scoring a two-foot victory over the Olympic champion although both were clocked in 11.2.

Terrific fields were brought together for every event and the results read like a who's who list of the all-time best. Annelie Ehrhardt equalled her own world record for the 100m hurdles in 12.3 to defeat 32 year old Theresa Nowak, 13.2. The three field events were classics and won at 6'2 1/4, 21'7 and a javelin toss of 211'2.

RESULTS: 100m, (-2.2), 1-Irena Szewinska (Pol) 11.2, 2-Stecher (EG) 11.2, 3-Richter (WG) 11.4, 4-Telliez (Fra) 11.4, 5-Heser (EG) 11.6, 6-Helten (WG) 11.6, 7-Kandaar (EG) 11.8; 400, 1-Streidt (EG) 51.9, 2-Handt (EG) 52.2, 3-Kacperczyk (Pol) 52.5, 4-Kafer (Austria) 52.9, 5-Wilden (WG) 55.0; 800, 1-Hoffmeister (EG) 2:02.8, 2-Klein (EG) 2:03.5, 3-Cierpinski (EG) 2:03.5, 4-Katolik (Pol) 2:03.8; 100mH, (-1.8), 1-Ehrhardt (EG) 12.3, 2-Nowak (Pol) 13.2; 1500, 1-Klapezynski (Pol) 4:13.7, 2-Pohland (EG) 4:15.0; 4x100, EG 43.1; HJ, 1-Witschas 6'2 1/4, 2-Kirst (EG) 6'0 1/2, 3-Krause (EG) 5'10; LJ, 1-Schmalfeld (EG) 21'7, 2-Albertus (EG) 21'2 1/4, 3-Voelzke (EG) 21'2 1/4, 4-Olfert (EG) 21'1 1/4; JT, 1-Fuchs (EG) 211'2, 2-Mollova (Bul) 204'5, 3-Todten (EG) 199'1.

## EAST GERMANY DOWNS ENGLAND 91-45

Crystal Palace, London, June 19/20:-The powerful East German squad easily disposed of a fighting crew of Englishwomen in an international dual meet, 91-45. The British won only two events, the 400m and the 4x400m relay. The meet produced some outstanding marks with Stecher winning the two sprints to nab high point honors. Best mark on the track was Gunhild Hoffmeister's 4:09.6 in the 1500, best in the world this year to date.

Field event performances were above average as Rosemarie Witschas cleared 6'2 1/4 in the high jump - where 5'10 1/2 could only grab last place - and Ruth Fuchs had a javelin toss of 215'2.

RESULTS: 100, 1-Stecher (EG) 11.4, 2-Lynch (GB) 11.5, 3-Kandaar (EG) 11.9, Lannaman (GB) did not finish; 200, 1-Stecher 23.2, 2-Donna Murray (GB) 23.7, 3-Maletzki (EG) 24.1; 400, Roscoe (GB) 53.5, 2-Handt (EG) 53.6; 800, 1-Cierpinski (EG) 2:01.6, 2-Barkusky (EG) 2:05.3, 3-Wright (GB) 2:05.9; 1500, 1-Hoffmeister (EG) 4:09.6, 2-Klapezynski (EG) 4:11.7, 3-Stewart (GB) 4:16.7; 100mH, 1-Ehrhardt (EG) 12.3, 2-Fiedler (EG) 13.6, 3-Vernon (GB) 13.7; HJ, 1-Witschas (EG) 6'2 1/4, 2-Kirst (EG) 6'1 1/4, 3-Harrison (GB) 6'0, 4-Lawton (GB) 5'10 1/2; LJ, 1-Schmalfeld (EG) 21'1 1/2, 2-Albertus (EG) 20'11 1/4, 3-Martin-Jones (GB) 20'8 1/4, 4-Wilson (GB) 19'11; SP, 1-Adam (EG) 62'8 1/2, 2-Lange (EG) 61'11 1/2; DT, 1-Hinzmann (EG) 203'4, 2-Engel (EG) 196'10, 3-Payne (GB) 181'11; JT, 1-Fuchs (EG) 215'2, 2-Todten (EG) 203'7, 3-Sanderson (GB) 167'11; 4x100, EG (Kandaar-Stecher-Heinich-Maletzki) 43.5, 2-GB 44.5; 4x400, GB 3:30.0, 2-EG 3:30.6.

## WEST GERMANY WHIPS VIKINGLAND

Oslo, Norway, June 25:-Using mostly reserves, the West German contingent had no difficulty winning a 7-way meet over the Scandinavian countries. Main interest centered on the running of Finalnd's 1973 sensation, Mona-Lisa Pursiainen but the pretty Finnish girl could manage no better than third in the 100 meters for her only appearance.

RESULTS: 100, 1-Annegret Richter (WG) 11.3, 2-Linda Haglund (Swe) 11.5, 3-Mona-Lisa Pursiainen (Fin) 11.5; 200, Richter 23.4; 400, 1-Ritta Salin (Fin) 51.5, 2-Hildegard Falck (WG) 53.2; 800, Gisela Klein (WG) 2:03.4; 1500, Greta Anderson (Nor) 4:12.4; 3000, Nina Holmen (Fin) 9:13.8; 100mH, Sylvia Kempin (WG) 13.7; 4x100, WG 44.9; 4x400, WG 3:36.6; HJ, Karin Wagner (WG) 5'10; LJ, Pirkko Helenius (Fin) 21'0 1/2; DT, Liesel Westermann (WG) 181'10; JT, Ameli Koloska (WG) 188'2; Scores, 1-GFR 78, 2-Sweden 55, 3-Finalnd 54, 4-Denmark 48, 5-Norway 42, 6-Iceland 16.



## WORLD RECORDS SET, 1974

200m	22.0	Irena Szewinska (Poland)
400m	49.9	Irena Szewinska (Poland)
440y	52.2e	Debra Sapenter (USA)
400mH	56.7	Krystyna Kasperczyk (Poland)
3000m	8:52.8	Ludmila Bragina (USSR)
4x110	44.15	USSR
Discus	229'4	Faina Melnik (USSR)
60m	7.2e	Andrea Lynch (GB)

## NEW MARATHON MARK

Nivelles, Belgium, June 9:-19 year old Chantal Langlace, finishing 33rd in the Etienne Gailly Memorial Marathon, set a new world best for the marathon with a time of 2:46:18. Chantal's mark lowered the record of 2:46:36 set earlier this year by the USA's Miki Gorman. The French girl is 5'1 and weighs 104 pounds and had run two previous marathons with not too sensational clockings of 3:10:44 and 3:24:40.

## ROC INTERNATIONAL GAMES from Sy Yinchow

Taipei, Taiwan, July 4/6:-Korean sprinter Lee Kyung Ja scored an upset over favored Philippine Asian champion Alanes in the 100 meters as the Republic of China hosted four nations in an international invitational at National Stadium. Winners:

1500, Custan (Phil) 5:07.2; 100H, Lin Yet-Siang (ROC) 14.6; 4x100, Korea 49.2; HJ, Lee Ok Soon (K) 5'3; SP, Chen Fu-Mei (ROC) 44'6; 100, Lee Kyung Ja (K) 12.3; 400, Kim Kyung Sook (K) 57.2; JT, Gustan (P) 132'3; 200, Alanes (P) 25.0; 800, Kim Kyung Sook 2:15.0; 200mH, Ting Chun-Chi (ROC) 29.3; 4x400, Philippines 4:00.3, 2-Korea 4:00.6; DT, Hsu, Chu-Ying (ROC) 132'7; Pentathlon, Wu, Lee-Hua (ROC) 3461.

## RUMANIA WINS 4-WAY MEET

Bucharest, Rumania, June 9:-Rumania outscored West Germany, Italy and England in a meet packed with good performances. The hosts downed the Germans 75-59, the Italians 83-50 and the British 82-53; West Germany topped England 84-50 and Italy 99-44 while the British trounced Italy 93-40.

Outstanding result came in the high jump where Virginia Ioan (nee Bonci) flopped over 6'3½ to erase Iolanda Balas' national record which had stood since 1961! Valerie Stefanescu (nee Bufanu) clocked 12.9 in the hurdles and 21'4 in the long jump and Argentine Menis tossed the discus 205'1. On the track, it was Mariana Suman whose previous bests of 54.3 and 2:07.8 who was the big surprise as she set a new national record of 51.9 in the 400 while finishing second behind Rita Wilden's 51.8 and then won the 800 in 2:03.9s.

Results included: 100, 1-Richter (WG) 11.3, 2-Helten (WG) 11.3, 3-Lannaman (GB) 11.3...5-Molinari (It) 11.5; 200, 1-Murray (GB) 23.3, 2-Kroniger (WG) 23.5...6-Molinari 24.0; 400, 1-Wilden (WG) 51.8, 2-Suman (R) 51.9...6-Govoni (It) 55.4; 800, Suman 2:03.9, 2-Klein (nee Ellenberger) (WG) 2:05.0; 1500, 1-Andrei (R) 4:14.6, 2-Silai (R) 4:16.3; 100mH, 1-Stefanescu (R) 12.9, 2-Judy Vernon (GB) 13.2; HJ 1-Ioan (R) 6'3½, 2-Teodorescu (R) 6'0, 3-Wagner (WG) 6'0, 4-Meyfarth (WG) 5'8½, 5-Barbara Lawton (GB) 5'8½; LJ, 1-Stefanescu 21'4, 2-Catin-eanu (R) 21'0...6-Ann Wilson (GB) 19'8½; SP, 1-Cioltan (R) 59'1½; DT, 1-Menis (R) 205'1, 2-Catarama (R) 190'9, 3-Westermann (WG) 190'6, 4-Payne (GB) 177'0, 5-Berendonk (WG) 172'10; JT, 1-Koloska (WG) 183'8; 4x100, 1-WG 44.1, 2-GB 45.4; 4x400, 1-Rumania 3:36.0, 2-WG 3:36.1, 3-GB 3:37.4.

## MINNESOTA 15 MINUTE RUN

Mankato, Minnesota, June 29:-Results of the Minnesota State AAU Quarter-hour run were:

- 1-Debbie Nolte - 2 miles 386 yards
- 2-Marlene Tappe - 2 miles 348 yards
- 3-Kim Rose - 2 miles 324 yards.

## LARRIEU 4:10.3 AGAIN

Athens, Greece, July 10/11:-For the second time this summer, Francie Larrieu turned in a 4:10.3 mark for 1500m, this time equalling her American record which she set July 2 in Milan. Winning wasn't easy as Thelma Wright of Canada produced her best-ever 1500m at 4:10.5.

Poland's Irena Szewinska annexed the 100m in 11.3 and then took aim at Chi Cheng's world 220y record of 22.6 but fell one-fifth of a second short, winning in 22.8 for a new European record.

Other good marks included Canada's Yvonne Saunders' 51.6 400m win and Jane Haist's new Canadian record in the discus with a throw of 183'4/55.90.

RESULTS: 100m, 1-Irena Szewinska (Pol) 11.3, 2-Danuta Jed-vejek (P) 11.7; 220 Yards, 1-Szewinska 22.8, 2-Marjorie Bail-ey (Can) 23.4...6-Patty Loverock (Can) 23.8; 400, 1-Yvonne Saunders (Can) 51.6, 2-Krystyna Kasperchric (Pol) 52.2...5-Ann Mackie (Can) 53.9, 6-Brenda Walsh (Can) 54.6; 800m, 1-Maureen Crowley (Can) 2:03.0, 2-Marian De Schipper (Hol) 2:05.4, 3-Francie Larrieu (USA) 2:05.9; 1500, 1-Larrieu (USA) 4:10.3, 2-Thelma Fynn (Can) 4:10.5, 3-Ann Marie Davis 4:18.5; 100mH, 1-Theresa Nowak (Pol) 13.2, 2-Sue Bradley (Can) 13.8, 3-Liz Damman (Can) 13.9; HJ 1-Debbie Brill (Can) 5'10, 2-Louise Hanna (Can) 5'8½...4-Diane Jones (Can) 5'5; LJ, 1-Maria Lambrou (Greece) 20'6½, 2-Brenda Eisler (Can) 20'2½...4-Liz Damman 17'9; SP, 1-Ludwika Chewinska (Pol) 56'10½, 2-Jane Haist (Can) 50'7, 3-Diane Jones (Can) 47'10...5-Carol Martin (Can) 46'6½; DT, 1-Haist 183'4, 2-Martin 172'11; JT, Louise Beland (Can) 152'11; 4x100 Relay, 1-Poland 44.0, 2-Can. 44.9.

## AMERICANS IN EUROPE

Paris, June 25: 800, 1-Toussaint 2:05.0, 2-Francie Larrieu (PCC) 2:05.5; 100mH, 4-Hawkins 14.2; 4x100, Atoms TC 45.8.

Skelleftea, Sweden, June 28: 1500, Larrieu 4:14.9.

Koblenz, West Germany, July 10: 100m, 5-Hawkins 12.2; 400, 1-Toussaint 54.69, 2-Ford 54.70, 3-Nichols 55.26, 5-Roberge 56.02; 800, 3-Toussaint 2:06.46.

Vasteras, Sweden, June 28: 800, 1-Toussaint 2:08.9

Stockholm, Sweden, July 1: 100, 4-Hawkins 12.21, 5-Cordy 12.37; 400, 2-Toussaint 54.15, 3-Forde 54.66, 4-Nichols 55.29; HJ, 5-Fitzgerald 5'6; 200, 5-Forde 23.93, 6-Cordy 24.74; 1500, 6-Toussaint 4:29.44.

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## LETTER FROM MARTHA SUHAYDA, New Jersey

"Many people have criticized the USA junior girl's team which met the Russians June 28-29 in Austin, for their "poor performance". Unfortunately, it was we, the members of the team and our coaches, who received the criticism instead of those responsible for scheduling our meet and the girl's nationals almost simultaneously. Although some of the best girl athletes in the country passed up the USA-USSR junior meet for the nationals, the girls who did make the team put out 100% effort in every event. This is evident by the many personal and meet records established. In order for the US girls to beat the Russians in the future, such major scheduling problems must be avoided and our track programs across the United States must be improved.

"It is obvious that the United States has excellent track coaches as seen clearly by the performances of our male athletes. However, these same coaches are not as readily available to the women as they are to the men, (particularly in the field events). Let's wake up and face the facts! An international team is composed of both men and women and BOTH must be developed in order to compete on an acceptable level with the rest of the world.

"Also, the team as a whole (both boys and girls) were not together long enough to really work as a complete unit, (example - baton dropped in boy's 400m relay which was going at a world record pace). The Russians held their junior trials on June 1 and had the team together for two weeks before coming to the United States and then spent another four days together before the meet. That's a total of 18 days compared to the USA team's FOUR days together - a big difference."

(Ed. Note:-Martha Suhayda was fourth in the discus against the Russians.)

## LETTER FROM TERRY JESSUP, Dallas

"Thank you for your mentioning Doreen (Porter) Barker in your last two issues, but I must take exception to the statements in the paragraph you devoted to her in the June 1974 issue. Firstly, although the times listed in the Tempe meet are correct, she was competing with a severely injured back. This problem caused the premature end to her season at the end of May when she underwent surgery to remove two herniated spinal discs! Secondly, her 10.7 was admittedly "whirlwind" aided, but she was consistently under 11 seconds in meets where wind was less of a factor. The 10.7 was run some seven weeks prior to the Arizona meet, and was her first 100y in almost 10 years, which makes it good under any conditions!

"Doreen had a good come-back season, although it was injury plagued, (tendons and back) and if she is able to, and decides to, she will be a big factor in next years track competition.

"Thank you for mentioning Claudie van Straaten's fine performances in my home country, South Africa. She must rank as one of the very best 19 year olds in the world today. I would also like to thank you for a very good magazine which keeps up with all the athletes and meets."

## LETTER FROM LARRY WHITEHEAD, Brooklyn

"Your 'word battle' with Pat Rico makes for good reading, but I can't understand her attitude or reasoning. For example, what does the absence or presence of the editor of WTFW at National AAU Conventions have to do with faulty seeding at the AAU Indoor Nationals? Or girls missing races and being permitted to continue in the competition? Or anything else as far as I can see."

## LETTER FROM KATHY BATES, Chicago

"I saw you at the Nationals and would like to know when that picture of you that appears by your column was taken. It makes you look so good."

(Ed. Note:-One of the facts of life you must learn is that some of us have it and others don't. The photo was taken last year for my new passport application and I'm not sure just what you mean!)

## LETTER FROM LYLE SANDERSON, Canada

"I have just returned after the first three weeks of the five week Canadian tour of Europe. Sixty athletes, (24 women) on a five week tour in a rather ambitious venture especially when East Germany, Rumania, Great Britain, Poland, West Germany and France are among the teams met. Results so far are excellent. Many personal bests. We do have a lot of catching up to do though.

"Things were going well when I left. The team was staying in a training center 1000 meters above Athens. The one hour drive down the mountain was the only major problem. Treatment by the Greeks was excellent. They were pleased to have our women stay for ten days even though there was no women's match.

"The Greek women are coming on well. They had a number of national records in the invitational events held in conjunction with the men's match. A 6.45/21'2 legal long jump by a local girl over Brenda Eisler (6.30/20'8 - and she was training through the meet) was the best result.

"I was very impressed with Poland. They are a happy, cultured people. Excellent training and competitive facilities, lots of competitions and paid full time coaches, (five full time at the Skra Club where we stayed) along with a young progressive administration are producing results. I have a gut feeling that they will challenge Russia for the #2 position in the world by 1976.

"Volume of work done by the Polish athletes was a revelation to me. The coaches use a lot of imagination in workouts as well. The day 32 year old Teresa Nowak ran a 12.6 heat and 12.5 final, I watched her do 20 minutes of lead leg exercises followed by six (6) all-out flights of ten (10) hurdles with a walk-back recovery!

"Szewinska is for real. Her 49.9 400m rivals Bayi for the run of the seventies! Her electronic 10.9 100m (wind 1.6) was also impressive. Her final 40m, (she was no better than third half way), was mind boggling against a good field.

"Tiny (5'4½) Val Harrison is unbelievable. She has the power and technique to be a consistent six footer.

"Debbie Brill is back. Her attitude is excellent and she is working harder than ever. She was very pleased to be over six feet again in Poland.

"Thelma Wright made her first serious 3000m a good one. She was never more than three yards behind the leader and her famed kick from 150 out was really good. It was her best ever race. The 9:08.0 was impressive.

"Glenda Reiser has been ill for most of the tour but was training well again when I left.....Yvonne Saunders is going very well. Two 51.9 electronic 400's to her credit and a sub 2:05.....Diane Jones won in Prague on June 15 with 4311 points. It was her first-ever sub 14 for the hurdles. She meets Pollak and company in Warsaw July 20-21. We hope for a really good score. She is doing the best running workouts and weight workouts of her life. Lynn Davies and Derek Boosey are really helping her long jumps (20'0¼ against Poland for her second-ever twenty footer).

"In your excellent article on high jump (WTFW July 1974), you missed Debbie Brill's 1.96/6'1¼ Canadian record set in London in 1972.....The match reported on page 23 should be Ontario juniors, (not Canada) vs the Eastern League. Ontario is only one of 10 provinces. Actually, a Canada vs USA Junior match would be interesting.

"We must get our top athletes to California in late April and early May. Weather is just too uncertain here to train and/or compete at top level. Do you think that any California athletes/clubs would be interested in an exchange? We have meets virtually every weekend from mid-June to the end of August when competition is hard to find in your own area. It would seem feasible to me for a California athlete to provide meals and a place to stay for one of our athletes in late April or early May. In return we would provide the same for the Californians in July and/or August. Can we arrange it?"

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## McMILLIN NATIONAL PENTATHLON CHAMP

Los Angeles, California, June 23/24:-18 year old Mitzi McMillin took top honors at the National AAU Pentathlon Championships held on the speedy tartan of UCLA. The Seattle miss scored 4051 points to edge veteran Marilyn King with 4034 as these two earned places on the USA team to meet the Soviets. Lisa Chiavario finished third with 3743 as Lisa Kinimaka and Jean Shepherd were 4th and 5th to take the spots on the USA Junior team against the Russians.

Delaware's Carol Thomson started fast with a 14 flat clocking in the hurdles, but had a disappointing final four events and wound up sixth. Canada's Debbie Van Kiekibelt, making her first pentathlon start since being injured, did it again as she hurt herself in the shot and then withdrew during the high jump.

McMillins marks were: 14.4, 36'3/4, 5'6, 18'10 and 25.4. Twenty athletes took part.

1-Mitzi McMillin 4051, 2-Marilyn King 4034 3-Lisa Chiavario 3743, 4-Lisa Kinimaka 3704, 5-Jeanine Shepherd 3682, 6-Carol Thomson 3671, 7-Mary Officer 3512, 8-Laurie Stephens 3439, 9-Cindy Sandberg 3411, 10-Lori West 3397, 11-Michele Morse 3336, 12-Lisa Thomas 3312, 13-Elaine Roque 3256, 14-Shelley Harris 3188, 15-Jill Cerise 3188, 16-Karen Keriwether 3151, 17-Jenny Stary 3057, 18-Chris O'Brien 3010, 19-Debbie Cassity 2938.

## EASTERN GIRL'S TRACK LEAGUE CHAMPIONSHIPS

Frederick, Maryland, June 9:-Foreign athletes dominated the Annual Eastern Girl's Track League Championships as more than 400 athletes participated in the seasons' climax. Ghana's Alice Annum won both sprints, Nigeria's Modupe Oshikoya took the 100m hurdles, the high jump and the long jump and Australia's Jean Roberts won the shot and discus leaving only seven events for the home folks.

RESULTS: 100, 1-Alice Annum (SITC) 10.3 (No wind info), 2-Pat Hawkins (Atoms) 10.7w, 3-Leatherman (FredTFC) 10.8w; 220, 1-Annum 23.6 (No wind info), 2-Angel Doyle (AOC) 24.0, 3-Debbie Pastel (SITC) 24.3w, 4-Forde (Atoms) 24.4w; 100mH, 1-Modupe Oshikoya (Un) 13.4 (No wind info) 2-Carol Thomson (DelSC) 13.7w; 440, 1-Gwen Norman (SITC) 55.6, 2-Pat Helms (PTC) 56.4; 440yH, Janet Smith (SITC) 63.5; Mile, Fridley (Un) 5:14.1; 2M, Marlene Harewicz (MtLeb) 10:48.0; 880, Cheryl Toussaint (Atoms) 2:08.4; MW, Beth Harwick (MtLeb) 8:59.2; HJ/LJ, Oshikoya 5'9 1/4/19'9w; SP/DT, Jean Roberts (DelSC) 48'9/158'2; JT, Denise Wood (Un) 129'6 (also 47'10SP/147'8DT); MileR, Atoms TC 3:49.9, 2-SITC 3:54.5; 880yMed, 1-SITC 1:45.2, 2-Atoms 1:49.0.

## 20'5 1/2 JUMP FOR RAY

Miami, Florida, June 8:-Lorraine Ray soared 20'5 1/2 to highlight the running of the Florida Gold Coast AAU Championships here today. Ray, who has been consistently strong in this event this year, passed up the opportunity to try for the junior or senior women's teams. No wind information was available for the jump which therefore must be listed as wind aided.

100, 1-Tangye Wallace (Northside Optimist) 11.0w, 2-Lorraine Ray (Community Youth Club) 11.1w; 440, Wallace 59.9; LJ, Ray 20'5 1/2w.

## SOUTHERN AAU CHAMPIONSHIPS

Baton Rouge, Louisiana, June 8:-The South really is rising as results from the Annual Southern AAU T&F Championships will verify. Pam Jiles, Dryades, was the outstanding performer\* in the women's division winning the three short races in good times over formidable opponents. A strange quirk in the local rules saw Susan Hackett annex the women's high jump at 5'6 and the girl's division at 5'9, two inches below her season best but good enough to be selected the outstanding field event performer in BOTH divisions.

18/Over Division: 100, Pam Jiles (Dryades) 10.8 (No wind info), 2-Pat Henderson (Baton Rouge) 11.0, 3-Rhonda McManus (BR) 11.3; 220, 1-Jiles 24.2, 2-McManus 24.7; 440, Jiles 60.3; 400mH, Betty Spencer (Ind) 65.6; 440yR, Dryades 46.8, 2-Baton Rouge TC 47.8; HJ/LJ, Susan Hackett (Dry) 5'6/18'0 1/2.

## AMERICAN PENTATHLON RECORD TO FREDERICK

Rome, Italy, June 8/9:-Competing as a guest in the France-Italy-Rumania pentathlon competition, Jane Frederick set a new American record with a score of 4391. Frederick's marks were: 14.3-47'3/4-5'8 1/2-19'5-25.1.

## FREDERICK SCORES 4258 IN PISA

Pisa, Italy, May 19:-Jane Frederick tallied 4258 points in a pentathlon competition held in the leaning tower city of Pisa. Her individual events were: 14.3-45'7 1/2-5'5 1/2-19'10 1/4-25.7.

## LARRIEU, QUATIER & HUNTLEY GET RECORDS

Eugene, Oregon, June 8:-Three new American records were set as star-studded fields competed at the Oregon Invitational. After coming close several times, and after actually setting a new AR only a few days previously only to have it ruled invalid due to the presence of males in the race, Francie Larrieu finally got the new mile mark with a fine 4:33.1s. Joni Huntley upped the high jump mark to 6'0 1/4 and Debbie Quatier took the 5000m mark to 16:46.2.

RESULTS: 5000m, 1-Debbie Quatier (Falcon TC) 16'46.2, 2-Caroline Walker (Oregon TC) 17'49.8, 3-Marilyn Paul (Un) 18:23.2....5-Lili Ledbetter (OTC) 19:53.5; Mile, 1-France Larrieu (PCC) 4:33.1, 2-Maryl Barker (OreTC) 4:53.0, 3-Vicki Foltz (FalconTC) 4:54.5, 4-Kathy Kuyk (FalconTC) 4:57.1; 220, 1-Fran Sighting (Coos Bay TC) 23.6, 2-Julie Ward 25.6; Mile Relay, 1-Falcon TC (Denise Anderson, Terry Kennedy, Lisa Johnson, Rachel Younger) 3:54.6, 2-Oregon All State 4:00.8; Discus, 1-Lynne Winbiger (UnOre) 147'5, 2-Leslie Winbiger (UnOre) 131'2, 3-Brenda Kreiger (UnOre) 127'10; HJ, 1-Joni Huntley (OreTC) 6'0 1/4, 2-Ellen Downey (Un) 5'3.

## NEW JERSEY AAU

Elizabeth, New Jersey, June 11:-The Junior Olympics provided the following results: (16/17 division), 440, Gina Gooden (Newark) 59.6; Mile, Hilary Noden (ShoreAC) 5:10.2; 100mH, Michelle Bressant (Woodbridge) 15.0. (14/15 Division); 100, Hazel Lucas (Montclair) 10.9; 220, Gloria Gooden (Newark) 25.4; 100mH, Debbie Deutsch (ShoreAC) 15.2; LJ, Hazel Lucas (Montclair) 18'3 1/2.

Nutley, New Jersey, June 15:-Outstanding results of the New Jersey Senior Women's Championships: 880, Doreen Ennis (Nutley) 2:19.5; Mile, Hilary Noden (ShoreAC) 5:02.5, 2-Ennis 5:07.3; 100mH, Debbie Deutsch (14y) 15.3; SP, 1-Denise Wood (Un) 46'9 1/2, 2-Barbara Friedrich (ShoreAC) 41'3 1/2; DT, 1-Wood 154'0, 2-Friedrich 114'10; JT, Friedrich 172'0; HJ, Becky Deetz (Skeeters) 5'4.

## DISTANCE MEDLEY RECORD TO KETTERING

Midland, Michigan, June 15:-The Seventh Annual Midland Invitational produced a new American Record in the distance medley (440-880-1320-mile) as the Kettering Striders team of Heidi Diederichs, Karen MacHarg, Marianne Sturr and Brenda Webb eclipsed the Will's Spikettes mark of 12:03.4 with a clocking of 12:01.2. The Los Angeles Track Club, however, still holds the All Comers mark at 11:54.8 with Jamaican Marilyn Neufville running the opening 440 leg.

More than 700 entries took part and saw 13 year old Sandy Bloomfield of the Mt. Lebanon TC set an age 12/13 record for the 80m hurdles at 12 seconds flat.

Kettering won the team title over fast-rising new club from Indianapolis, the Lawrence TC, 81 to 64 followed by the Ohio TC 56 and the Michigammas with 55.

100, Lynn Reed (LawTC) 11.0; 220, Reed 25.1; 440, Joan Eddy (Kitchner) 57.6; 880, Karen MacHarg (KS) 2:13.2; 440yR, Lawrence TC 48.4; MileR, Blue Ribbon TC 3:55.0; DMR, 1-Kettering Striders 12:01.2, 2-Michigammas 12:17.1; MileW, Carol Mohanco (KS) 8:05.0; LJ, Ann Egenolf (THTC) 18'7 1/4; HJ, Ellen Dempsey (Mich) 5'7, 2-Cathy Eastridge (LawTC) 5'4; SP, Jane Pearce (Mich) 41'10 1/4, 2-Pam Oaknke (LawTC) 41'2; JT, Barb Chitovas (Sarnia TC) 134'9; DT, Carolyn Duncan (KW) 130'9.



## WOODLAND JAYCEE INVITATIONAL

Woodland, Washington, June 15:-Three double winners took top honors at the Woodbine Jaycee Invitational. The three top athletes were Dana Collins (Salem) 100mH 15.5/100y 11.6, Erin Forbes (PortlandTC) 440 64.4/mile 5:10.3, and Teresa Wiersen (PTC) 400mH 64.2/220 26.4.

## CONNECTICUTT JUNIOR OLYMPICS

Groton, Conn, July 7:-Patty Knighton turned in the best performance at the Connecticut Junior Olympics when she cleared 5'5 to win a close high jump duel with Amy Davis. Davis was over 5'4. Judy Fontaine won the 100 in 11 flat and Betty Deveson took the 440 in 56.8 for other good performances.

## MICHIGAN STATE CHAMPIONSHIPS

Midland, Michigan, July 13/14:-Best marks at the Michigan State Championships were turned in by Sue Latter (Michigammas) with a 56.2 400 meters and Cynthia Sprague (Unattached) in the 3000 meters at 10:40.7. Sue Parks won the 800 in 2:17.3 and Anita Lee hopped 18'8 1/2 to win the long jump.

## OIC INVITATIONAL

Boston, Massachusetts, July 20:-Although no one apparently knows what "O.I.C." stands for, the OIC Invitational produced some good marks with Esther Stroy annexing the Most Valuable Performer trophy for her win in the 100 and two relay legs.

100, 1-Esther Stroy (SITC) 10.8, 2-Judy Fontaine (AGAA) 11.0; 880, 1-Jan Merrill (AGAA) 2:12.3, 2-Johanna Forman (Falmouth AC) 2:14.0, 3-Nancy Shafer (SITC) 2:14.2; 440yR, 1-SITC 47.8, 2-NYPAL 48.6; 880yMedR, 1-SITC 1:43.4, 2-NYPAL 1:49.7; MileR, 1-SITC 3:51.3, 2-NYPAL 3:57.8.

## PAN AM TRIALS INFORMATION

Pan American Games trials will be held in the Southern Pacific Association the last week end of March or the first weekend in April. Probable date is 28/29 of March and the probable sight is UCLA with UC Irvine as alternate site. Inasmuch as only 12 events will be contested, a few selected age group events will be conducted. Eligibility to participate in the trials is: Top six finishers in 1974 Outdoor AAU Championships, top four finishers in 1975 Indoor AAU Nationals, top four finishers 1974 National Collegiate Championships, OR make the qualifying standard listed below any time after 1 June 1974 up to meet time:

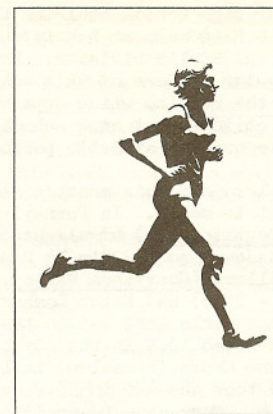
100y	10.7	1500m	4:35.0
100m	11.7	Mile	4:55.0
200m	24.5	100mH	14.2
220y	24.6	HJ	5'8
400m	55.7	LJ	19'2
440y	56.0	SP (4k)	47'0
800m	2:10.0	DT	150'0
880y	2:11.0	JT	160'0
		Pent	3400

## TENTATIVE ALL-TIME US 5000/3M LISTS

5000 Meters			Three Miles		
16:38.0	Julie Brown	74	16:08.0	Julie Brown	74
16:45.5	Clare Choate	74	16:12.2	Clare Choate	74
16:46.2	Debbie Quatier	74	16:15.6	Debbie Quatier	74
17:20.5	Teri Anderson	74	17:07.0	Cheryl Bridges	71
17:30.6	Cheryl Bridges	71	17:28.5	Debra Johnson	71
17:34.8	Donna Sanchez	74	17:56.0	Esther Marques	71
17:42.6	Nancy Ihrman	73			
17:48.8	Lynn Bjorklund	74	Please send additions and/or		
17:49.0	Jackie Hansen	73	corrections to WTFW		
17:49.8	Caroline Walker	74			

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Many high school athletes finished off their seasons in the AAU Nationals at Bakersfield and the results, particularly of the Girl's Division, show many names which are familiar to regular readers of this column. I won't attempt to summarize the results which appear elsewhere in this issue, but it is obvious that high school programs are starting to contribute quality athletic performances to augment the AAU program.

To lead off this month's report, we have results of several state meets. In Pennsylvania, young Angel Doyle (Central Dauphin East) highlighted the sprints (11.0/24.4) and overshadowed good 220's by Denise Waddy (Abington) 25.0, Debbie Villani (Chartiers Valley, 25.2), Lisa Batch (Springfield Delco - 25.5) and Kathy Lombardo (Schuylkill Valley - 26.0). The same girls were 2-3 in the 100 also, and Villani copped a wind-aided 10.4 in the 80y hurdles, easily outdistancing Delphine Crump (Bensalem) in 10.9. Denise Heyde (Owen J. Roberts) took the 440 in 58.9 over Betsy Belmont (Council Rock) in 59.4. Mary Rawe (Camp Hill) led four other runners under 2:25 with her 2:21.0 followed by Kristen Bankes (Exeter - 2:22.7), Debbie Beck (Upper Dublin - 2:23.5), Beth Nagy (Titusville - 2:24.3) and Diane Huber (Hampfield - 2:24.4). The mile went to Liz Cunningham (State College) in 5:16.2 with Patty Weldon (Northwestern) at 5:18.0 and Donna Gardner (Pennsbury) at 5:19.5. Council Rock annexed the 440 and 880 medley relays (50.9/1:52.2) while Hampfield took the 880 relay in 1:47.7. On the field, the shot put highlighted affairs as Cheryl Stohr (Central Bucks East) won with a toss of 45'7½ to hold off Kim Travers (Wilmington - 44'2), Phyllis Silock (Chartiers Valley - 40'10½) and Julianne Melset (Central - 40'0½). Silock (121'8) edged Travers (121'0) in the discus. In the jumps, Karen Krichko (Hickory) soared 5'5 to win by three inches and Cathy Boyanoski (Wyalusina Valley) sailed 17'7½ to win the long one.

In Maine, the state meet is held in sections, A and B. Class A marks outshone Class B marks in most events but the exceptions were startling. Talley (Limestone) took the 80yH in 11.6, a second faster than her runner-up and 0.1 faster than Mapes (Sanford) who won the A race. Goodberlet (Buckfield) won the half in 2:24.4, 4 seconds better than any other runner. Howard's (Buckfield) 26.3 led all furlong runners. Howard also won the B 100 in 12.2. The one remaining Class B standout was Morse of Falmouth who led all high jumpers by three inches with her 5'2 leap. In Class A, Kennedy (Noble) edged Evans in the 100 with both girls in 11.9. Berube (Lewiston) long jumped 17'11 to win that event, and Winslow girls dominated the throws as Turlyne won the shot at 41'8½, Bouchard won the javelin (121'2) and Turley won the discus (116'3).

Manalapan High School used its sprint strength to win the team title in the first NEW JERSEY state "all-group" meet. Liz Young won the 220 (25.2) and anchored the 440 relay win (50.4), while Nancy Scott led off the relay, placed third in the 100 (11.5) and fourth in the long jump. The big scorer of the meet was Martha Suhayda (Matawan) who won the shot (40'11½) and discus (126'11). Vanessa Hugley (Glen Rock) was the winner in the 100 (11.0) with Vonnie Coker (Woodbury) second in 11.2. The 440 was won by Marie Clough (Franklin Township) in a fine 57.5 ahead of Marcia Fitzgerald (Scott - 58.4) and Carla Hunt (Holy Cross - 58.7). Jane Green (Ridgewood) won the 880 in 2:20.8 and state cross country champ Hilary Noden (Hopewell Valley) clocked a 5:06.0 in the mile. Eileen Meenan (Mater Dei, New Monmouth) turned in a state record on the two mile in 11:37.4. Julia Smithers (Lakewood) handed Michele Bressant (Woodbridge) her first major hurdle loss in two years in the 110y event, 15.0 to 15.4. The mile relay was a feature as Tom's River South won easily in 4:03.5 with a team of Rene Roncin, Sue Johnson, Arlene Sullivan and Kathy Reabold. Franklin Township finished second in 4:05.7.

Not a "state meet" but certainly an equivalent, is the Saskatchewan Provincial Championships. Divided on age lines into Junior and Senior divisions, both groups demonstrated power by Saskatoon whose relay teams claimed both 400m relays, the senior unit running 48.7. Caren Rathia was a major contributor to Saskatoon's dominance as she won the 200 and 400 (25.4/58.5) and ran second in the 100 (12.5m) after having clocked 12.1 in her heat. The 100 final came only two events after the 400 and Caren may have found herself a bit tired. Saskatoon girls went 1-2 in the shot and discus with 33'11½ and 121'10 for Connie Sim to 33'7½ and 112'8 for Lee Reimer. Another Saskatooner, Joanne Walters, won the long jump at 15'8, while teammates Jane MacLeod took second in the 80mH at

12.0. Brenda Mergal won the javelin (108'0) and picked up 2-3 in the 400. Rosalie Flynn (Moose Jaw) won the junior 100 in 12.3 and Diedre Doraty (Saskatoon) took the senior race in the same time. In the 80mH, Nancy Brentwell (Southwest) won in 11.9. Marj Wihak (East Central) won the high jump at 5'2. Moose Jaw's Deb Mable copped the 800 (2:22.2) in the junior division while Saskatoon girls again went 1-2 in the senior with Bohum beating Sharon Davie, 2:24.5 to 2:26.5.

Running events in Connecticut were a three-girl affair as Arlene Hall (Lee), Betty Deveson (Stamford) and Janice Merrill (Waterford) traded wins and set new state records in all events. Hall won the 100/220 in 11.2/25.0, Deveson took the 80yH/440 (11.1/57.5) and was second in the 880 (2:18.7) to give warning of her impending 400m hurdles performance in the Nationals and Merrill took the distances (2:17 4 5:03.0). The 220 field was excellent with Mary Zackrisson (Roger Ludlow) in 25.6, Denise Massini (North Haven) in 26.0 and Dolores Williamson (Fitch) in 26.0 following Hall. Merrill's mile overshadowed a good 5:17.9 by Ellen Markewicz (Nonnewaug). The field events were spread around a bit more than the running with the only new record coming in the discus, who by Anne Lindsay (Avon) with a toss of 126'7. The shot was close as Connie Daley (Weaver - 39'11½) edged Cheryl Mantlik (Tolland - 39'0½), Doris Gardella (Norwalk - 38'6½) and Tammy Finkeldey (Valley Regional - 38'3¼). North Haven, with only one first place, (State record 1:52.7 in the 880y medley), won the meet easily with its depth. The winners also claimed a record 50.6 in the 440y relay in a heat but could only manage fourth place in the final.

New York instituted a state championship in two events this year, the 220 and 880. Although these results have not yet arrived, we do have the results of the Section meet. In the 100, Jackie Warner (Mt. Vernon) set a state record 11.3 but succumbed to Lynn Katon (Arlington) who took the final in 11.5 with Hildy Feuerbach (Memaroneck) at 11.6 and Debbie Fortune (New Rochelle) at 11.7 also edging the record holder. Eaton got her own state record in the 220 (26.2) over Feuerbach (26.3), Darcell Minton (New Rochelle) 26.4 and Ronnie Vaccaro (Lakeland) 26.5.

Carl Phillips reports on the D.C. Invitational Relay Classic: The high school 440 relay opened the meet with one of the best races of the day with Coolidge and Woodson finishing in a dead heat at 49.8. The first five teams were 52 seconds or better. Coolidge won the 880 relay in 1:44.1 and the first four teams were under 1:49.0, (McKinley 1:46.6, Woodson 1:47.5, Ballou 1:48.8). The junior high winner, Rabaut, ran 1:48.8. Coolidge also won the 880y medley easily (1:50.4) but Sheila Ingram had to come from 15 yards back to beat Bethesda-Chevy Chase in the mile relay, 4:07.2 to 4:08.0. McKinley was third in 4:09.2. B-CC did win the two mile relay (10:46.5) and the distance medley (13:59.7). Springarm won the mile medley in 4:21.7. The field events were also contested as relays but some individual results bear reporting. Cheryl Butler (Woodson) long jumped 18'6½, and Florence Herbert led Coolidge to the high jump win with a 5'0 effort.

As promised in the last issue, we have some fine results from meets leading up to the state championships. In Massachusetts, the District I Championship meet was held May 18. Alexis Williams of Brockton, the eventual state champ, won the discus with a toss of 122'8 as teammate Thalia Holmes (also state champ) took the shot at 38'6½. Venetia Constantine (Ipswich) went 5'4½ in the high jump, more than an inch higher than the state winner's mark. State champ Cheryl Metcalf (Weymouth North) was second in this meet.

California's Sectional meets provided several interesting results. In the San Diego section, several AAU products, turned high school athletes for this meet, provided outstanding results. Kathy Devine of Mission Bay claimed a DGWS record with a shot put of 51'1¼, (and proved this was no fluke with her performance for the USA Junior team against the Soviets later on). Janice Wiser (La Jolla), fresh from experience running in Japan, annexed the 100 (10.8) and 220 (no time reported) and probably would have taken the 440 as well had she entered, (she ran 53.7 two days later). As it was, the quater went to her La Jolla TC teammate Beth Howell of San Dieguito in sixty flat. Howell also won the 880 in 2:22.4. Cathy Greer (Oceanside) took the mile in 5:17.1. Internationalist Cindy Gilbert (San Luis Ray Academy) won the high jump at 5'2, apparently saving herself for bigger things.

In the Southern Section meet (southern California excluding San Diego County and the city of Los Angeles), Pam Curran of La Reina put on her one-woman show by winning the team



title with victories in the long jump (17'5½) and 220 (26.2) and a second in the 100 (11.5). The 100 winner was a repeater as Regina Jordan won in 11.5 after entering the wrong preliminary heat in place of sister Gwen. Barbara Moore (Royal) turned in a 58.1 quarter to win easily, then returned with a 57.3 anchor to give Royal a 1:51.0 medley win. Joyce Anderson (Morningside) won the 880 in 2:18.0, pushed by a fast-closing Heather Coyle (Ventura) in 2:18.2 and Amy Thompson (Costa Mesa) in 2:18.4. Coyle tried her sprint once again in the mile but finished third in 5:17.4. Jill Caldwell (Westminster) won it in 5:05.1 with Linda Heinmiller (Redondo) second in 5:08.7. Anne Dandoy (Bishop Montgomery) was fourth in 5:18.2. The 440y relay was won by Muir, employing the Jordan sisters, in 50.1 with San Marcos right behind in 50.2. Valencia's Kay Ilertson took the shot at 42'5½. Interestingly, San Marcos was tied with La Reina's "team" going into the medley, with Muir just one point behind. With just 50 yards to go, San Marcos was out of it, but the Muir runner was in fourth place - and then walked off the track costing them the meet. The meet was staged as a combination boys-girls meet but, as usual, the girls got short-changed. The girl's long jump was in a dark corner of the field, outside of the track. The shot was outside of the stadium completely. The girl's high jump was off dirt, the boy's off tartan.

Los Angeles City Schools allowed ineligible girls to compete in their championship but sent only "eligible" athletes to the State meet. As a result, several winners never got to Bakersfield. Washington had a field day as Jodi Anderson won the 880 (2:22.1) over Carson's Kathy Jewell (2:22.2), (one of those ineligible AAU athletes!), the long jump at 17'9 and the 80y hurdles in 12.2. Kathy Price took the 220 (25.1) and ran on both winning relay teams (49.7/1:52.2). Anderson anchored the medley win. AAU runner Gail Douglas (Locke) won the 100 (11.0) and massive Vera Peko (Carson) claimed the shot title (46'8½).

In Connecticut, Jan Merrill previewed her state wins in her regional meet with 2:17.0 and 5:08.0 victories. One of the outstanding marks of the day was Fitch's Dottie Richardson's 145'11 in the javelin.

From Wisconsin, we have some outstanding results which better the state meet performances. Anita Clayvon (Milwaukee Custer) claims a 10.7 in the 80y hurdles. Sue Tallard (Madison Memorial) adds an 11.2 century to her 440 laurels and Jill Hirschinger (West Allis Central) has a 5'4 high jump. At

the Male Invitational, Terry Simonson (Case) heaved the shot 43'4½ to win easily. State 880/mile champ Lynn Morin picked the right time to peak as she had been losing to runner-up Liz Berry in previous meets with the progression for both girls outstanding.

The Manchester, Tennessee, Rotary Relays report some fine times. The mile was a battle as Valerie Waters (Clarksville) edged Cathy Cocke (Brentwood Academy) 5:11.6 to 5:11.7. Margaret Groos (Harpeth Hall) took the half in 2:18.6. The efficiency and planning with which this meet is run is obvious in the material distributed both before and after the meet to competitors.

At the Lake Conference Championships (Minneapolis), Cindy Siedkula (Cooper) turned in a 5:12.3 mile, claimed as a DGWS record. Since that time, several DGWS record applications have been submitted with better times.

From Long Island, NY, comes reports of North Babylon HS, League 3 champs led by 5'3 jumper Beverly Washington.

One last meet, from New York, the Twilight Meet on July 3, sponsored by White Plains Park and Recreation and the Westchester County Coaches and Officials Organization. Debbie Forune (New Rochelle) won the 50/100/LJ (6.1/11.0/16'4½) and anchored her club to a 50.9 440 relay win. The 100 and relay were both well under the state records. New Rochelle's 8th grade team clocked a 55.5 440 relay which would have placed them in the varsity in most NY sections.

A delayed result from Ohio places long jumper/sprinter internationalist Brenda Morehead (with a windy 19'4½ this year) as a 16 year old junior.

Now that the high school season is practically over, we will concentrate in future issues on comparative state records and an attempt to reconcile the plethora of "National High School Records" which seem to float around in fantastic numbers - each of which is undoubtedly incorrect. Any update or new listings of state records would be appreciated. I would also like any information anyone may have regarding colleges offering track scholarships for women or even colleges inaugurating women's track programs. (Ed. Note:-Please note new fantastic women's program at the University of Redlands!! SFVR/Chi Cheng).

Listed below is a chart showing winning marks at State high school championship meets in 1974. Send all information to Rich Ede, 627 N. Indian Hill Blvd, Claremont, Cal, 91711.

## STATE CHAMPIONSHIPS WINNING MARKS

	100	220	440	880	Mile	80yH	100H	HJ	LJ	SP	DT	JT	440R	880R	880MR	MileR
Calif.	10.8	24.2	56.4	2:10.4	5:02.2	11.1	xxxx	5-8	9-7	47-4½	xxxxxx	xxxxxx	47.5	xxxxxx	1:46.4	xxxxxx
Colo.	10.9	25.2	58.1	2:25.1	5:21.6	10.8	xxxx	5-5	18-7½	39-10½	118-1	xxxxxx	49.9	1:44.9	1:52.8	4:07.0
Conn.	11.2	25.0	57.5	2:17.4	5:05.0	11.1	xxxx	5-0	16-9½	39-11½	126-7	127-8	51.4	xxxxxx	1:52.7	xxxxxx
D.C.	11.5	25.8	55.8	2:37.4	5:49.1	xxxx	16.1m	5-5½	18-5½	36-4½	xxxxxx	xxxxxx	50.8	1:48.2	1:56.0	4:15.1
Hawaii	11.5	26.4	58.2	2:24.5	5:18.5	11.1	xxxx	4-10	16-8½	42-0½	115-2	xxxxxx	51.0	1:47.0	xxxxxx	4:08.2
Ill.	11.1	25.3	56.5	2:14.9	5:04.5	10.8	15.2y	5-5	18-7½	42-11½	114-0	xxxxxx	xxxx	1:46.1	xxxxxx	4:07.2
Iowa	11.4	25.1	55.9	2:15.6	5:13.3	xxxx	14.0m	5-4	17-9½	39-5*	150-3	xxxxxx	50.5	1:45.9	1:50.5	3:57.4h
Kans.	11.5	25.7	57.2	2:22.0	xxxxxx	xxxx	xxxx	5-8	18-1½	40-4½	136-6	xxxxxx	49.5	1:44.9	xxxxxx	xxxxxx
Ky.	10.8	25.7	58.0	2:18.5	5:18.5	10.6	xxxx	5-5	18-6	40-1	118-1	xxxxxx	49.4	1:44.5	1:51.2	4:02.0
Me.	11.9	26.3	60.2	2:24.4	5:28.4	11.6	xxxx	5-2	17-11	41-8½	116-3	121-2	52.6	xxxxxx	1:56.5	xxxxxx
Ma.	11.4	25.2	56.9	2:23.6	5:26.1	xxxx	xxxx	5-5	18-8	39-7	121-10	xxxxxx	50.2	1:45.2	xxxxxx	xxxxxx
Mass.	11.5	26.0	58.0	2:14.6	5:16.0	10.8	xxxx	5-5	16-9½	40-7½	123-11	105-10	50.6	xxxxxx	1:52.0	xxxxxx
Mich.	11.0w	24.8	58.9	2:14.4	5:11.0	10.7	xxxx	5-6	17-0½	41-0½	xxxxxx	xxxxxx	49.8	xxxxxx	1:49.0	xxxxxx
Minn.	11.3	26.0	57.4	2:13.5	5:12.0	xxxx	15.2y	5-5	17-0½	39-7	121-9	xxxxxx	50.7	1:47.5	1:51.4	xxxxxx
Neb.	11.0	24.9	57.6	2:24.5	xxxxxx	10.7	xxxx	5-3	18-9½	43-7½	122-1	xxxxxx	49.5	1:43.2	xxxxxx	xxxxxx
N.J.	11.0	25.2	57.5	2:20.8	5:06.0	xxxx	15.0y	5-1	17-1½	40-11½	126-11	124-11	50.4	xxxxxx	xxxxxx	4:03.5
N.M.	11.1w	25.9w	62.5	2:28.9	5:32.5	11.4	xxxx	5-0	17-1	39-1	118-2	xxxxxx	51.0	1:49.7h	1:56.1h	xxxxxx
N.Y. (Sec. 1)	11.5	26.2	61.3	2:27.2	5:38.1	xxxx	xxxx	4-11½	15-11	36-11	107-1	xxxxxx	51.9	1:49.7	xxxxxx	xxxxxx
N.C.		25.6	59.3	2:27.3	5:21.1				18-0							
N.D.	11.3w	26.1w	59.9	2:21.8	5:21.2	xxxx	15.3y	5-4	17-9½	36-9½	134-4	xxxxxx	51.6	1:48.0	1:54.1	4:13.5
Ore.	11.3	25.9	58.5	2:18.5	5:18.8	xxxx	14.6y	6-0	18-4w	44-0	130-0	139-11	50.8	xxxxxx	1:53.6	xxxxxx
Pa.	11.0	24.4	58.9	2:21.0	5:16.2	10.4w	xxxx	5-5	17-7½	45-7½	121-8	xxxxxx	50.9	1:47.7	1:52.2	xxxxxx
S.D.	11.0	26.1	61.5	2:25.7	5:33.2	xxxx	15.3y	5-4	17-1½	42-0	116-10	xxxxxx	51.9	1:51.3	1:55.4	4:13.0
Tenn.	11.2	25.4	59.7	2:13.4	5:09.3	11.1	xxxx	5-5½	16-11	39-1½	108-2	xxxxxx	49.2	1:44.2	xxxxxx	xxxxxx
Tex.	11.3	24.4	55.0	2:14.5	xxxxxx	10.8	xxxx	5-8½	18-10½	42-10	121-6	xxxxxx	47.1	1:39.9	xxxxxx	3:57.1
Va.	11.6	26.1	58.3	2:22.2	xxxxxx	10.5	xxxx	5-7	18-1½	43-11	137-2	xxxxxx	50.6	1:49.3	1:50.8	xxxxxx
Wash.	11.4	25.4	57.6	2:17.4	5:14.0	10.5	xxxx	5-4	19-5	40-5½	127-5	150-6	50.1	xxxxxx	1:51.2	4:07.7
Wisc.	11.3	25.1	57.0	2:18.6	5:02.3	10.8	xxxx	5-4	17-6	46-11½	121-8	xxxxxx	49.6	1:44.7	1:47.7	xxxxxx
Sask.	12.1m	25.4m	58.5m	2:22.2m	xxxxxx	11.9m	xxxx	5-2	16-11½	33-11½*	121-11	110-5	48.7m	xxxxxx	xxxxxx	xxxxxx

\*=4 kilo



## KALEIDOSCOPE

Great to see the return to action of 1968 Olympic 400m champion Colette Besson and Sweden's British high jumper Linda Hedmark. And Viorica Viscopoleanu is jumping again.... Understand I misspelled "Prairie" in Prairie View - am sorry. These things happen. It took me 50 years before I knew it was Westminster and not Westminister. Also called Texas Women's University Texas Woman's University - which is a no-no. ...More names I like: Calla Huddle of Galesburg, Illinois; Katie Cakebread of Redondo HS and Anthi Papachristopoulou of Greece....7000 spectators saw the GFR/Poland match in Rose-nans stadium, Augsburg....It seems every time we receive a result of a high school meet, someone has broken a "National Record". It is time the National body establish an authentic listing of records to prevent such erroneous publicity. If these records which have been claimed as broken were obtained from a copy of the DGWS catalog, they mean nothing for the marks listed in that publication are broken by dozens of female athletes every week.

Nadine Bowers, girl's national javelin champion, improved 56 feet this year. Fantastic. One of the smallest athletes in this event, Nadine held the national record in the base-ball throw when she was 9, the 660 and 880 when she was 11. At 5'2 and 126 pounds, she whips a potent spear and promises to give the USA a good future in this event....Four athletes from South Africa were barred from a track meet by officials in Milan recently. It seems the Cubans protested and said if the girls from South Africa competed, they, the Cubans would withdraw. I'm afraid I would have given the Cubans their walking papers. In my opinion, a meet director invites athletes to compete. If they do not want to compete, that's fine. But I would never bar anyone from taking part....

An interviewer asked Canada's Yvonne Saunders if she had any advice for youngsters and Yvonne's reply should go on the wall of every embryonic track/field athlete: "The best advice I can offer is to start slowly and do not act as if your life depends on track and field - take each day as it comes. Do not rush to be a world class athlete. I have always gone at my own pace and when others went swooping by me it did not worry me at all. The athletes of tomorrow should try to keep relaxed - let tomorrow take care of itself. Unfortunately, with the high pressures on youngsters today this is very difficult to carry out. Have faith in your ability. You will come through eventually". This message is especially timely for American youngsters who so many times desire "Instant Success" much as they get instant orange juice....Kim Travers of the Mt. Lebanon Track Club threw the shot 44'10 on July 6 - a 3/4 foot improvement in just one toss. How's that for instant success?....Maritta Politz of East Germany who ran 1:59.9 in 1973, is now Maritta Cierpinski....

England's veteran Joyce Smith set a new UK record for the 3000m run recently at 9:04.4. Joyce was born in 1937....Eli Gagich, National records chairman, and I had our annual to-do over the American record in the women's 100y at Bakersfield. Eli has accepted Iris Davis' 10.2 made at Champaign as the record while WTFW still hangs on to Wyomia Tyus' 10.3 set at Kingston. Difference of opinion rests on the wind gauge used at Champaign which, contend I, is not a legal gauge. But we still have our drinks together - which reminds me, he still owes me one....Five women were selected for a tour of competition in Sweden, Italy, France and Norway. The five include Joni Huntley, Debra Sapenter, Renaye Bowen, Robin Campbell and Martha Watson with Brooks Johnson (again?) accompanying... After her world record 49.9 400m, Irena Szewinska said she knew she was capable of getting under 51, but was surprised by her time. She is not planning to run another 400 in the immediate future and at the European Championships will confine her activities to the two sprints and one relay where she can contribute more points to the Polish score...

Kettering relay splits in the two mile at Bakersfield (with previous best listed in parenthesis) were: Karen MacHarg 2:10.6 (2:12.5), Brenda Webb 2:14.8 (2:15.5), Marianne Stwor 2:15.6 (2:17.5) and Nan Scandina 2:17.5 (2:21.0). Kettering's Turkis Delight, Lale Yurdakul, could compete for Turkey internationally - but now she has already competed for the USA against the Russian Juniors....It's not true, as some have claimed, that the Russian Juniors could have beaten the USA Seniors. Score would have been 83-65, USA....Roy Sweat pens the following: "Debbie Heald spent every day during the last half of the season in pain with the undiagnosed trouble in her side. She had cartilage removed in December and underwent acupuncture the three weeks preceeding the nationals. Her speed improved greatly because speed work was less aggravating to the in-

jury. She ran a 58 workout and a 2:09.8 in an all-comers meet in early June. Her race in the nationals was doomed to failure before she began as the pain started after 200 yards of warming up. Normally, it appears at about 500 yards into the race. She will sit out the cross country season to hopefully heal up and will coach the La Mirada team....Steve Wennerstrom and Al Rodriguez, coaches of the La Mirada team along with Sweat, have decided to form their own teams - but Wennerstrom has changed his mind. He was going to call his team "Steve's Wunders" but decided against it....

According to newspaper reports, Kathy Schmidt will be turning pro to compete in the Superwoman contest....The Shore AC of New Jersey now has available its Yearbook for \$1.25. Many pictures, schedules, records, articles, etc., about male and female tracksters. Write Shore AC, 28 N. Locust Ave, West Long Branch, NJ 07764....17 year old Marianne Voelzke of East Germany recently long jumped 21'7....First Michigan girl over 40 feet with the 4 kilo shot was Jan Pearce, 16, who hit a good 41'10....Mystery of 'wha happen' to Mona-Lisa Pursiainen who was the toast of the sprint world last year but is having troubles in 1974....

If your copy of WTFW is late, blame it on High School Editor Richard Ede. On the very day the magazine was scheduled for paste-up, he and Gay Howland decided to get married in the wee town of Carlsbad, some 100 miles to the south. But never mind, for this couple will forever have a happy life for are they not now Rich and Gay?....Need more marks to establish our all time USA 3 mile and 5000 meter top ten list. Send in any marks under 18 minutes complete with date (year will suffice) and site of competition....England's Val Harrison flopped over six feet on June 19 to become the shortest jumper in history to clear that mark. Val is 5'4 1/2 and her 7 1/2" clearance above her own height is exceeded only by world record Blagoyeva who leaped 6'4 1/4 and stands just 5'8 1/2....Opening ceremonies of Pan-Am Games are set for April 26 and the Games will close on May 11. Distance runners (1500m only) will have to chose between making the team for the international cross country championships in Morocco or the Pan Am Games in Brazil as they occur at just about the same time....Canada will name their Pan Am team by April 1st and will leave for Brazil on April 20....

Although the annual Club Record Contest results are not printed until the January 1975 edition, NOW is the time to send in your new club records....More and more sprinters are turning to the 400. One of the latest is Germany's Ellen Strophal who sped 51.7 in her first serious attempt....Lynn Cannon started 1974 with a personal best in the javelin of 170'11. On March 16 she improved to 177'11, hit 184'4 on May 4, then 186'4 on June 9 and moved into the number four spot on the USA All Time List at the Nationals with a throw of 192'1....Another spear thrower who improved all season long was Millbrae's young Cathy Sulinski who started with 140'11 in March, 152'2 in April, 154'7 in early May, 158'7 in late May, and 165'6 against the Russian Juniors in June....

Peru's Edith Noeding, a hurdler and pentathlonist, is now training in West Germany and has improved to 13.9 in the hurdles and 4170 in the pentathlon....Any runner who took part in the finals of the girl's or women's mile in Bakersfield and did NOT place in the top seven, but who ran 5:10 or better or 11:20 or better in the two mile, please forward you clocking to WTFW IF it is your season best. Likewise for any walker who was under 8:40. Or two mile relay under 10 minutes or mile relay under four minutes....We still need to work on the reporters for accuracy. A UPI release on the National Collegiates stated that Audrey Bruce "set records in the 100meter hurdles and high jump, but BOTH WERE DISQUALIFIED BECAUSE OF A 15 MILE AN HOUR WIND"; And later, "Fifth place finishers Iowa State set a record in the mile relay"; and more, "Two finished third in the meet"; and winds up with "Prairie View took the 880y medley relay race, breaking the national record with a 1:52.3". Once again, Good Grief! Might be a good idea for the news services to send a reporter to the meets who is knowledgeable in the sport!....Then such statements as "Debra Sapenter raced to a record 55.0 in the 400 yard medley relay finals. Miss Sapenter broke the previous record of 55.2". Now honestly, if you can figure out what all those statements refer to or are supposed to mean, send a card to UPI....The Atoms had a dual meet with the Masters Sports Association of New York, (men over 40), and defeated their personal Bobby Riggs' by a score of 34-29....



## CHI CHENG NEW TRACK COACH AT REDLANDS UNIVERSITY

Chi Cheng, who held official world records in more different events than any other woman athlete in history, has been named as Head of the Women's Intercollegiate Athletics program and track/cross country coach at the University of Redlands in California effective in September of 1974. Chi expects to establish a full slate of intercollegiate sports for the women at the University.

At the same time, Redlands announced the signing of Vince Reel, Chi's husband, as head men's track/cross country coach, thereby establishing the first husband/wife coaching team in a United States college. The two new coaches, with the complete cooperation of the University administration, will conduct their teams in a unique manner for the first time in the country. The men and women will train together on the same field at the same time and with the same coaches. For the

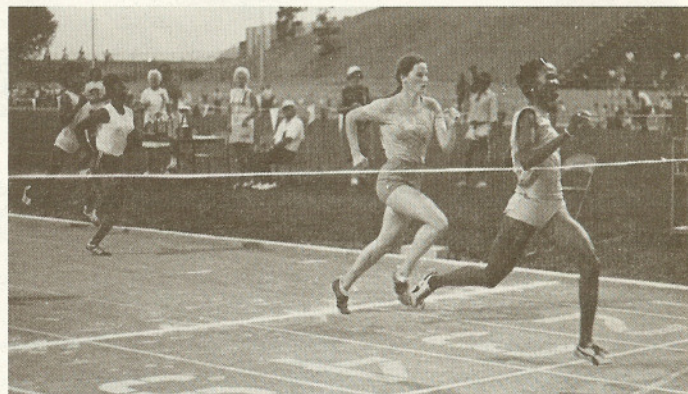
first time in history, an athlete's sex will not determine who will be their coach. Chi will coach the sprinters and hurdlers, Reel will handle the distances and weights and oversee the program as coordinator. The jumps will be coached by one of the top performers in the world, Mohinder Gill of India.

Redlands has announced an outstanding schedule for the 1975 season and will stage "double" dual meets involving both men's and women's teams simultaneously. Some of the top women's teams in the nation have accepted invitations to meet the new University of Redlands women's team.

The coaching couple invite applications and inquiries concerning the University of Redlands and the new intercollegiate program. Contact either Chi Cheng or Vince Reel at the University of Redlands, Redlands, California 92373.



Half milers break at the 180y marker in the Women's AAU Championships. Left to right, Liane Swegle, 3rd; Tecla Chemabwai, 4th; Nancy Shafer, 7th; Wendy Koenig Knudson, 6th; Robin Campbell, 2nd; Mary Decker, winner. (Photo by Diane Johnson)



Alice Annum wins Women's 220 title over Fran Sichting, 23.1 to 23.4. Others are Pam Greene, 8th, and Renaye Bowen, 6th. (Jeff Johnson photo)

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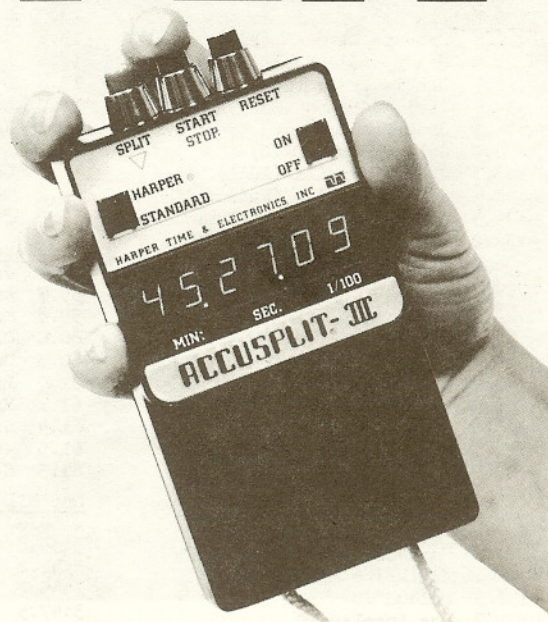
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# USA TOP TEN (MARKS RECEIVED TO JULY 28)

(Wind aided marks not listed. \* indicates mark converted from meters. f=non US Citizen d=disqualified)

## 100 Yards

10.3	Alice Annum (SITC) f
10.4	Renaye Bowen (LITC)
10.4	Janet Brown (TWU)
10.4	Mattline Render (NYPAL)
10.5	Theresa Montgomery (TSU) 10.4w
10.5	Angel Doyle (Ambler) 15y
10.6	Mable Ferguson (WCJETS)
10.6	Fran Sighting (SthCstTC, Ore)
10.7	Pat Henderson (TexSth) 10.2w
10.7	Carol Cummings (PV) 10.4w f
10.7	Martha Watson (LITC) 10.6w
10.7	Pam Greene (ColStUn) 10.5w

## 220 Yards

23.1	Alice Annum (SITC) f
23.3*	Fran Sighting (SCTC, Ore)
23.6	Renaye Bowen (LITC) 23.5w
23.7	Roslyn Bryant (MDYF)
23.7	Rhonda McManus (Sthn)
23.8	Debbie Byfield (BerkTC) f
23.8	Angel Doyle (AmblerOC) 15y
23.9	Pam Jiles (Dryades)
23.9	Pam Greene (ColStUn)
23.9	Audrey Reid (TWU) f

## 440 Yards

52.2	Debra Sapenter (PV)
53.31*	Sheila Ingram (WashDC)
53.43*	Kathy Weston (WS)
53.6	Sheila Choates (TSU)
53.6	Marliyn Neufville (LATC) f
53.7	Janice Wiser (LJTC)
53.9	Gwen Norman (SITC)
54.2	Shirley Williams (PV)
54.3	Mary Decker (BA) 15y
54.5	Robin Campbell (SITC) 15y
54.5*	Cheryl Toussaint (Atoms)

## 880 Yards

2:03.2*	Mary Decker (Un) 15y
2:04.6*	Kathy Weston (WS)
2:05.9	Robin Campbell (SITC) 15y
2:05.9*	Cheryl Toussaint (Atoms)
2:06.4*	Francie Larrieu (PCC)
2:07.4	Liane Swegle (Seattle U)
2:08.4	Lynn Hollins (RRR)
2:08.5	Tecla Chembawai (ChiSt) f
2:08.8	Debbie Vetter (BRTC)
2:09.1	Wendy Knudson (TCG)

## 1500 Meters

4:10.3	Francie Larrieu (PCC)
4:21.9	Cyndy Poor (SJC)
4:22.7	Debbie Heald (IMM)
4:24.6	Teri Anderson (SJC)
4:26.1	Judy Graham (SJC)
4:26.2	Julie Brown (LATC)
4:28.1	Janice Merrill (AGAA)
4:28.5	Debbie Quatier (Falcon TC)
4:29.4	Cheryl Toussaint (Atoms)
4:32.2	Becky Wolfenbarger (SCC)

## One Mile

4:33.1	Francie Larrieu (PCC)
4:44.4	Julie Brown (LATC)
4:44.9	Judy Graham (SJC)
4:45.3	Debbie Quatier (FalconTC)
4:46.1	Teri Anderson (SJC)
4:48.0	Cyndy Poor (SJC)
4:48.4	Kathy Gibbons (GlenGch)
4:50.2	Karen MacHarg (KS)
4:50.4	Vicki Foltz (FalconTC)
4:51.1	Peggy Neppel (IowaSt)

## Two Mile Relay

8:49.1	San Jose Cindergals
8:57.5	Kettering Striders
8:58.3	Falcon TC
9:01.7	Los Angeles TC
9:02.8	Track America
9:03.0	Duke City Dashers
9:03.9	Mayor Daley YF
9:12.6	Blue Ribbon TC

## 3000 Meters

9:39.7	Clare Choate (LATC)
9:45.3	Marlene Harewicz (MtLeb)
10:03.8	Katy Schilly (SyrChrgs)
10:03.8	Anita Scandurra (Un)
10:20.4	Lynn Bjorklund (DCD)
10:20.4	Amy Welch (SyrChrgs)
10:40.7	Cynthia Sprague (Un)
10:49.4	Karen McKeachie (Michigammas)

## Two Miles

10:10.2	Teri Anderson (SJC)
10:11.1	Lynn Bjorklund (DCD)
10:11.8	Clare Choate (LATC)
10:26.5	Marlene Harewicz (MtLeb) 15y
10:36.2	Nadia Garcia (SPTC)
10:38.8d	Julie Brown (LATC)
10:39.3	Judy Graham (SJC)
10:40.3	Debra Johnson (RRR)
10:40.4	Katy Schilly (SyrChrgs)
10:40.9	Anita Scandurra (Un)

## One Mile Walk

7:14.1	Susan Brodock (RRR)
7:29.5	Ellen Minkow (SyrChrgs)
7:45.3	Esther Marquez (RRR)
7:50.9	Linda Brodock (RRR)
7:56.0	Sheila Thomsen (Oxnard TC)
7:58.3	Mary Beth Haford (GatewayTC)
8:02.0	Carol Mohanco (KS)
8:02.6	Chris Sakelarios (RC Flyers)
8:04.0	Cynthia Johnson (BA)
8:11.4	Becky Vallalvazo (RRR) 13y

## 5000 Meters

16:38.0	Julie Brown (LATC)
16:45.5	Clare Choate (LATC)
16:46.2	Debbie Quatier (Falcon TC)
17:20.5	Teri Anderson (SJC)
17:34.8	Donna Sanchez (RRR)
17:48.8	Lynn Bjorklund (DCD)
17:49.8	Caroline Walker (OreTC)
18:01.6	Gabriele Schress (Un)
18:14.0	Karen Crammond (AlbOC)
18:18.2	Marjorie Kaput (PhoenixTC)

## 100 Meter Hurdles

13.2	Patty Johnson (LJTC)
13.2	Mamie Rallins (TSU)
13.5	Deby Lansky (GoldTri)
13.5	Modupe Oshikoya (Un) f
13.7	Sonya Hardy (BC)
13.8	Carol Thomson (DelSC) 13.6w
13.8	Lavonne Neal (PhilHawks)
13.8	Pat Donnelly (LITC)
14.0	Andrea Bruce (PV) 13.9w f
14.2	Janice Lester (LBC) 14.0w
14.2	Lorraine Tummings (Atoms) f
14.2	Cherrie Sherrard (Un)
14.2	Cheryl Poirer (FredTTC) 13 9w
14.2	Pat Hawkins (Atoms)

## 400 Meter Hurdles

59.5	Janice Lester (LBC)
59.7	Andrea Bruce (PV) f
59.8	Michelle Hopper (PremTC)
60.0	Glydine Crowder (LMM)
60.3	Debbie Vetter (BRTC)
61.0	Linda Wright (ArizTC)
61.1	Mary Ayers (PV)
61.4	Susan White (SITC)
61.5	Wendy Koenig (TCG)
61.5	Marilyn Linsenmeyer (TexTCO)

## One Mile Relay

3:39.6	Sports International TC
3:39.8	Tennessee State University
3:41.2	Prairie View
3:45.2	Atoms TC
3:47.5	Dryades
3:49.3	Peoria Pacettes
3:50.5	Rialto Toad Runners
3:51.0	Los Angeles TC
3:51.0	San Jose Cindergals
3:51.2	Iowa State University TC

## High Jump

6'0 3/4	Joni Huntley (OreTC)
6'0	Andrea Bruce (PV) f
6'0	Pam Spencer (GtFalls)
5'11	Susan Hackett (Dryades)
5'10 3/4	Cindy Gilbert (LJTC)
5'10	Louise Ritter (RedOakTC)
5'10	Karen Moller (DelSC)
5'9 3/4	Modupe Oshikoya (Un).f
5'9	Vera Schlosser (SD, HS)
5'8 1/2	Jane Frederick (Un)

## Long Jump

21'4	Martha Watson (LITC)
21'2 1/2	Willie White (MDYF)
20'10 3/4	Sherron Walker (EvtChrgs)
20'8 3/4	Cheryl Butler (PioneerAC)
20'6 1/2	Modupe Oshikoya (Un) f
20'4 1/2	Andrea Bruce (PV) f
19'10 1/4	Jane Frederick (Un)
19'8	Jodi Anderson (PremierTC)
19'5 1/2	Cathy Newman (Iowa State)
19'5	Lorriane Ray (CYC) 20'5 1/2w
19'5	Marilyn King (ML)

## Shot Put

56'7	Maren Seidler (MDYF)
50'6 1/2	Jan Svendsen (LJTC)
49'6	Kathy Devine (SD Lan)
48'9 1/2	Cindy Reinhoudt (Un)
48'9	Jean Roberts (DelSC) f
48'6 1/2	Denise Wood (Un)
48'3 1/4	Emily Dole (LTC)
47'5 1/4	Linda Langford (MDYF)
47'3 1/2	Jane Frederick (Un)
46'9	Lynette Matthews (SeatPacific)

## Discus Throw

173'11	Joan Pavelich (LJTC) f
167'11	Jan Svendsen (LJTC)
166'9	Monette Driscoll (LATC)
164'8	Jean Roberts (DelSC) f
164'1	Linda Langford (MDYF)
161'5	Josephine Dela Vina (MDYF) f
156'1	Denise Wood (Un)
155'6	Teri Sabol (LATC)
153'7	Cindy Reinhoudt (Un)
151'9	Susie Snider (Baylor)

## Javelin Throw

203'2	Kathy Schmidt (LATC)
192'1	Lynn Cannon (Chico St)
190'9	Sherry Calvert (LITC)
183'8	Karin Smith (SthCstTC, Cal)
181'0	Barbara Friedrich (Shore AC)
165'6	Cathy Sulinski (ML)
166'2	Barbara Whitfield (CS, Hayward)
163'3	Susan Armstrong (Astro-belles)
163'0	Nadine Bowers (SJC)
156'10	Susie Norton (Kansas State)

## Pentathlon

4391	Jane Frederick (Un)
4015	Mitzi McMillin (Gazelles)
3939	Carol Thomson (DelSC)
3934	Marilyn King (ML)
3819	Lisa Kinimaka (SJC)
3653	Lisa Chiavario (AlbOC)
3645	Jeanine Shepherd
3536	Cherrie Sherrard (Un)
3433	Jill Cerise (UCTC)
3350	Julie Rusing (ArizTC)

## 440 Yard Relay

45.5	Prairie View
45.6	Texas Women's University
45.6	Sports International TC
46.1	Mayor Daley YF
46.4	Lakewood International TC
46.5	Tennessee State University
46.6	New York PAL
46.7	Berkeley TC
46.8	Dryades
47.1	West Columbia, Texas, HS





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