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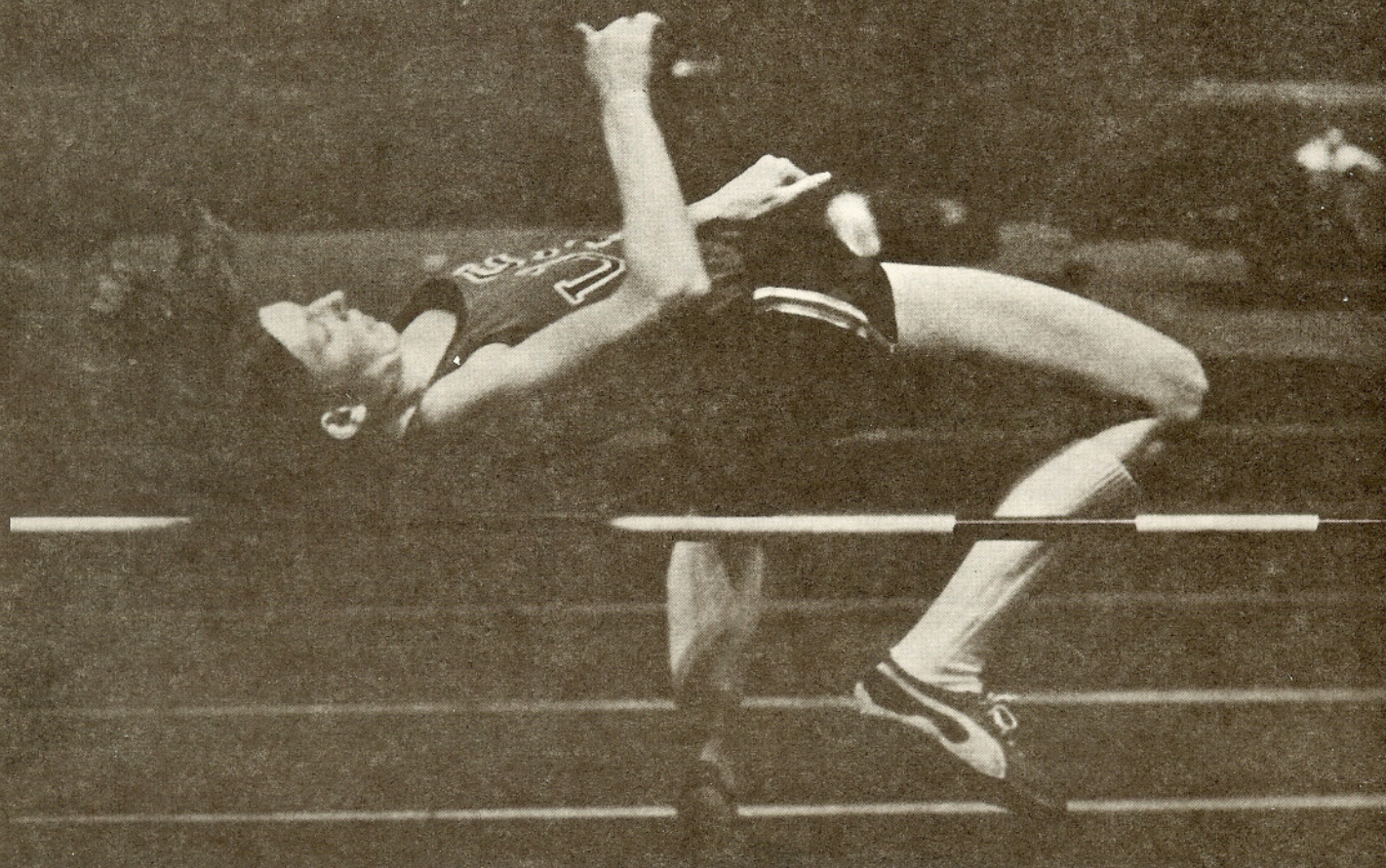


STARTING LINE

TRACK & FIELD FOR YOUNG ATHLETES

MARCH - APRIL 1974 VOL. 4 No. 28 P. O. BOX 878, RESEDA, CALIFORNIA 91335

JONI HUNTLEY



FORUM

AAU RECORDS...

To all association age group chairmen, coaches, meet directors and age group workers.

Subject: 1973 age group national tabulations and national records for events used in '73.

In this issue you will find the tabulations of the top performances for the 1973 National AAU Boys Track & Field age group program.

At the '73 convention, the boys age group committee adopted a get firm policy regarding National AAU records for various reasons that I find most just.

There were many athletes who broke existing national records who are not noted in the 1973 Tabulations, due to a NO RESPONSE from the Associations in which these performances were made. In other words, many Associations failed to submit to us, as requested, the following: 1) application form for national record, 2) a copy of the meet sanction, denoting that the record performance was made in an AAU sanctioned age group track & field meet and 3) a copy of birth certificate or other proof of age.

We requested each Association to forward the missing forms at least three times. We even made expensive phone calls. The first notice was sent out September 5, and we gave ample time to answer.

The National AAU rules are most specific for Senior Women and Men, Junior Olympics, etc., and thus we have adopted the same firm policies. They will be carried out this year and in the future.

Among the many records that were submitted, we found that some of them were broken in Junior Olympic competition and therefore couldn't be accepted in these tabulations.

So that in the future a youngster will not loose out, we stress that the sanction clearly states that the performance was made in an AAU BOYS AGE GROUP TRACK & FIELD MEET and thus solve this problem.

The number one goal of the committee is the promotion of Boys Age Group Track & Field competition.

Inefficiency and neglect are the big factors for which athletes turn against the AAU and the sport.

It is the feeling of the committee that those who are responsible for the promotion and staging of meets, directors, coaches and Association Age Group Chairmen should take it upon themselves to insure that athletes who break national records will be duly recognized by complying with AAU procedures.

We are involved here with the youth of our country. We attempt to set in them a sense of morals and responsibilities and provide them with intensive encouragement, so that they will continue to compete for many years to come. But if those youngsters are neglected because of some NO CARE ATTITUDES, what can one expect and how can we answer those fine athletes.

For the sake of all young athletes, we must try to work hand in hand. I am willing to help in any way and I welcome all suggestions and ideas ---Yes I accept your criticisms as well. Thanks.

ROY JOSEPH SILVA,
National Chairman, AAU Boys,
Track & Field Committee

A COACH'S FAREWELL TO GIRLS' TRACK...

I would like to begin by mentioning a few names everyone in the Midwest already knows: Steve Price of Kettering, Harry McKnight of Ohio, Norm Skelly with the Fleet feet TC, Herb Stockman of Blue Ribbon, Pat Greener of Cleveland Hgts and there are many more. These are people I have come to know in the Midwest circuit and you will not find any more selfless and dedicated men in Girls' track and field. In addition, Mark Becker of Mound TC has made a number of progressive steps for the boys here in the Midwest.

The effort and energy expanded in running a club for all three seasons and developing strong character and shaping healthy attitudes of the girls is seldom rewarded in a proper manner. Sometimes the word "thank you" gets stuck in their throats, or in their exuberance during a meet, they forget.

But it's not hard to see the deep affection reflected in their eyes. They say, "We are together now, for a little while before we go our own ways toward our own separate destinies. We love you, coach, but you can't go with us. We need you now to show us the way, but not to go along. You have touched our lives but it is difficult for us to express our feelings. Thank you so much, coach..for everything". These are silent words your girls never say, but they are just as real as a six pound shot.

This was to have been our bad year in Cross Country as all our girls are at the bottom of their age. Instead we took two state divisional titles, many divisional trophies in various invitationals and a good deal more. However, the season ended in somewhat of a disaster which brought me to the conclusion that the hassle isn't worth all the effort.

Once the joy, thrill and feeling of accomplishment began to leave, so do I. But there are other reasons.

First of all, the AAU has never been my best friend and I no longer see any future for the GATC as far as it's concerned. \$25 for club membership is ridiculous and the raising of the individual athlete's membership to \$2.00 is equally ridiculous and I have parents that are not happy. Additionally it takes a battery of lawyers to figure out the '74 rule book, which we haven't even received. I feel our club has been unjustly neglected, and for \$25 dues I feel we are entitled to at least a mimeographed piece of paper telling us what happened at Yellowstone.

Those around Ohio and Michigan will remember Mike Oliver of the Toledo Roadrunners and Bruce Shelly of the Canton TC who had both produced some exceptionally fine female athletes. They have since departed for the reasons mentioned above or at least in part.

I have enjoyed most of our short existence, but I cannot persuade myself that a continuing hassle with an organization I no longer believe in is worth the effort.

I have always loved the Golden Angels and my girls know how deeply I care for them. It will be extremely difficult for them to understand my actions and even more difficult for me when I go. I suppose I just don't have the drive and determination of a Steve Price or the dedication and sacrifice of a Harry McKnight, but then these are extraordinary individuals.

(CONTINUED ON PAGE 6)



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CHANGE OF ADDRESS

If you're moving, please let us know three weeks before changing your address.

Next Mailing date, last week of May

PHOTO CREDITS

On the Cover

Photo series of Jon Huntley,
by Top Photog JEFF JOHNSON

17 year-old JONI HUNTLEY, from Sheridan, Oregon, jumped up to fame with her history making high jump of 6-0 1/4.

Photographer Jeff Johnson captured her form in this excellent photo layout.

Joni added some icing on the cake by taking the National AAU title and defeating the Russians in Moscow.

From the Editors

Starting in the next issue of STARTING LINE, we begin compiling the lists of best age group times and distances for the current year.

In order to simplify the task somewhat, the compilers will continue to group the athletes, insofar as possible, according to the commonly accepted International method of determining age (though this method is not yet accepted generally in the USA).

This is the way the international system works:

1) The age group of each boy or girl is determined by his or her age as of January 1, 1974. For example, a boy who was 11 years of age when 1974 began, is considered to be 11 years old (for competition purposes) until the end of the year, December 31, '74.

2) An athlete stays in the same age group during the entire year. In other words, the same boy mentioned above would be grouped in the so called "10-11 Division" all season long, no matter when his twelfth birthday occurred (even if he turned 12 on January 2, 1974).

Of course, we can't follow this system to the letter, since the correct information as to the athlete's age is not always immediately available. So we will generally group the athlete according to the group in which he or she competes (according to the result sheets), until we find out further information.

Some boys and girls will have marks which will qualify them to be listed in more than one age group during the year (and many actually compete in more than one). Therefore, the same athlete will sometime appear in two age groups during the year.

In 1974 STARTING LINE will group the athletes in the following way:

Boys & Girls born in 1964 or later	{ equivalent to 9-Under Div. }
Boys & Girls born in 1962 or later	{ " " " to 11-Under Div. }
Boys & Girls born in 1960 or later	{ " " " to 13-Under Div. }
Boys & Girls born in 1958 or later	{ " " " to 15-Under Div. }
Girls born in 1956 or later	{ Junior Women }
Boys born in 1955 or later	{ Junior Men }

At the end of the year, STARTING LINE will again put together a 1974 and all-time AGE LIST for what will be its 4th Edition of their Handbook. Birthdates are the all important factor in such a list. Do not wait until the end of the year to submit this information. Coaches send in your club's roster NOW! It is never too early to do what ultimately must be done.

1973 14-17 BOYS HIGHLIGHTS

by Mark Zucker

In the last issue of *STARTING LINE* we reviewed last year's Best Performers in the 9-Under, 10-11 and 12-13 age groups. In the following pages, we will continue the '73 report with the 14-15 and 16-17 Divisions.

This will be the last of the series, and we are eagerly looking at the new season, just started. We wish everyone a successful season.

Boys 14-15 Division

FOURTEEN & FIFTEEN TOP ATHLETE OF 1973

DAVE SHATTUCK, from Belvidere, Illinois. Born September 6, 1957, a member of the Belvidere Track Club.

This fine athlete came into the Nationals at Lakewood, with creditable bests of 20-5 and 6-4 1/2 in the jumps, both realized at the Illinois Jr. Olympics. After the two-day Nationals, Dave had proved his worth by becoming a three times National Champion.

His greatest day was the second day of that meet where he was busy as a bee. In the 120 high hurdles finals, he won a bare but comfortable victory in 14.9, the leading mark of the year in that event. In the long jump he needed his best ever jump to beat Dave Worthey, reaching 21-4 1/2 for his 2nd win of the day and a third place spot on the year list.

His third title came in the high jump, where he was very hard pressed by Ed Mann. A personal best of 6-6 3/4; fourth on the year's list, was the deciding factor against Mann's flight of 6-6.

All his '73 performances are of Athlete of the year caliber. He displayed all the necessary aspects of such an honor. He has durability (1 prelim, 3 finals in two days), versatility (brilliant in three different events) and his marks are consistently of national scope.

Dave is without doubt the cream of last year's 14-15 athletes. If he sticks around (and we can't see why not), this country will have a great talent for the years to come.

The Fosbury flopping Shattuck is certainly no "flop" in the high jump...or the long jump...or the hurdles...

SELECTED PERFORMERS OF 1973

JON COOK (9-20-57), from Mission Viejo, California

If '73 is any indication, Jon Cook is a truly great prospect. His season consisted of middle/long distance performances any high school boys could be proud of, and he is only a sophomore.

After a great dual meet season, he was invited to the Von's Classic (in L.A.), where he promptly climaxed his season with a 4:18.1 mile that leads the '73 list. His achievements also include a 1:58.4 in the half, 3rd best time of the year. Any other mark would be a definite plus, and his 9:35 in the two-mile is a big one.

He is in the top five in the 73 list in all 3 events. To be watched in 1974.

(CONTINUED ON PAGE 16)

ROAD RUNNERS CLUB of AMERICA



NATIONAL CHAMPIONSHIP

AGE GROUP POSTAL MEET OF MILES for BOYS AND GIRLS

Saturday, June 8, 1974

FORMAT:

Series of one-mile races for Boys and Girls at the sites described below and possibly at other sites. National rankings will be programmed by computer, to the nearest whole second, for individuals & teams.

EVENTS:

The races will take place in the following divisions: 9 & Under, 10-11, 12-13 and 14-15 - separate boys and girls races. Most sites will also have a 40-over and 7-under races. Those events will not be scored on a national basis.

LOCATIONS:

BAKERSFIELD, CALIFORNIA

Dale Knox, 714 Sixth Street,
Wasco, CA 93280 (805)758-2040

WASHINGTON, D.C.

Irene Mirkin, 11109 Rosemont Dr,
Rockville, MD 20852 OR
Milt Criswell, 12509 Arbor view
Terrace, Silver Spring, MD 20902
(301)933-8287

DENVER, COLORADO

Dick Haggerty, 5905 Estes,
Arvada, CO 80004 (303)423-0288

HOUSTON, TEXAS

Tom McBrayer, 7733 Moline,
Houston, TX 77017 (713)649-6832

PITTSBURGH, PENNSYLVANIA

John Harwick, 467 Beverly Rd.,
Mt. Lebanon, PA 15216

SAGINAW, MICHIGAN

Roger Hanson, 3865 Hospital Rd.
Saginaw, MI 48603 (517)792-1815

GAINESVILLE, FLORIDA

Ken Burnsed, 24-B 205 SE 16th Ave
Gainesville, FL 32601
(904)373-1634

FORT LAUDERDALE, FLORIDA

Jim Thomas, 7160 Venetian Street
Miramar, FL 33023 (305)981-5589

PORTLAND, OREGON

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Beaverton, OR 97005 (503)644-0559

CINCINNATI, OHIO

Ron Harmon, 6808 Marvin Ave.,
Cincinnati, OH 45224 (513)729-4816

NASHVILLE, TENNESSEE

Janice Cocke, Rt.3, Snead Road,
Franklin, TN 37064

NOTE: Other locations are welcome and encouraged to host a section. If interested, contact:

GABE MIRKIN, M.D., 11109 Rosemont Drive,
Rockville, MD 20852 (301)770-4424

GIRLS INDOOR WRAP-UP

by BILL PECK

HUNTLEY, DECKER & CAMPBELL

LEAD JUNIORS INDOOR

JONI HUNTLEY "flopped" her way to high jump history in a spectacular indoor season for U.S. juniors. Defeating all comers at home and abroad, Sheridan, Oregon's slender 17 year-old first set an American Womens indoor record of 5-10 $\frac{3}{4}$ at Portland on January 26. She climbed to a startling 6-0 $\frac{1}{4}$ mark at Oakland three weeks later, which was followed by another six footer the next night in San Diego and a victory (at the same height) in the National AAU meet in New York the next week.

Finishing the season in grand style, Joni was one of four American women to win an event in the USA/USSR Indoor Dual Meet at Moscow on March 2. Though trailing going into the final height, she reacted to the pressure by clearing a winning 1.81 meters/5-11 $\frac{1}{4}$.

Two of the other American wins in the distaff section of that meet came from 15 year-olds MARY DECKER and ROBIN CAMPBELL. Of the two middle distance aces, Decker was particularly hot all season as she set so-called "world indoor records" at 800 meters (2:01.8) and 880 yards (2:02.3) at San Diego on February 17 and also had a world best at 1000 yards (2:26.7) at Los Angeles on January 19.

Mary topped off the season by winning wire-to-wire in the AAU Championships 880 (2:07.1) and in the 800 meters (2:04.5) at Moscow. She was hottest of all, however, after she was cut off by her Soviet rival in the anchor leg of the relay, which resulted in her now famous baton throwing incident.

Campbell, though not grabbing as many headlines, was even more versatile. The tough Washington, DC speedster set a USA women's indoor 600y best (1:19.3) at Toronto on Feb. 15, had the best U.S. 440 (55.5) of the season and traveled a neat 1500 meters (4:26.4).

Robin finished in a blaze, by kicking to the AAU Mile Championship (4:50.7) and leading a one-two finish against the USSR in the 600m (1:30.1). The latter time can be considered the world best on a "normal" size indoor track. But she followed with an even more incredible 1:29.0 for the same distance on a relay leg later the same afternoon.

All in all, the three juniors accounted for no less than six U.S. Women's (!) all-time bests. But there were many other fine performances by USA junior women, which can be summarized as follows:

SPRINTS (60y/220y) - ROSALYN BRYANT (from Illinois) ran 6.9 and an incredible 24.0 on the 265 yard track; JACKIE RANDOLPH (DC) 6.4 (50m) & 6.7; JUDY FONTAINE (Ct) 6.8 & 25.2 (AAU finalist); TERRY HOPKINS (Ill) 6.9/25.0; VALERIE MILAN (Ill) 6.9/25.1; DEIDRE WILSON (NY) 6.9;

LONG SPRINTS (300y/440y) - PAT HELMS (Pa) 37.3/56.0; JANICE WISER (Ca) 36.1; FONTAINE 36.5/57.9; TRUDI REBSAMEN (Ill) 57.1; CONNIE SIMPSON (NY) 36.5; RANDOLPH 37.6; JAN FOX (Colo) 37.8;

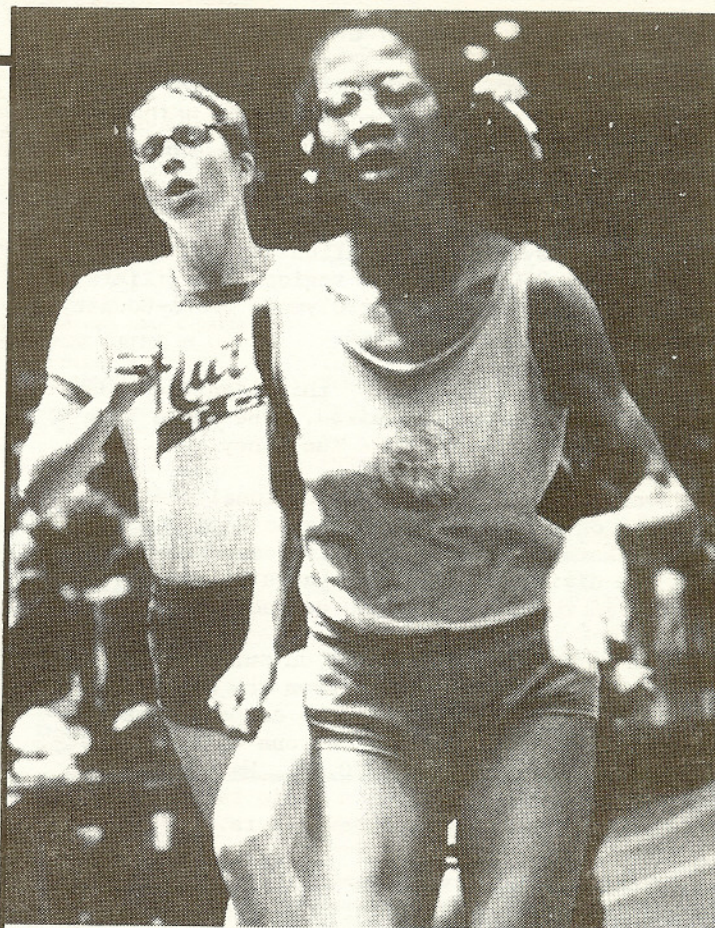


Photo by JEFF JOHNSON

Middle Distance greats, DOREEN ENNIS (left) and ROBIN CAMPBELL

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\$4,000 RAISED TO SEND CROSS-COUNTRY TEAM TO NATIONALS

By LARRY HEIDEBRECHT,
Coach, Cheyenne TC

Cheyenne, Wyoming, population 40,000, recently raised \$4,000 to send 15 regional qualifiers back to the National Junior Olympic Cross-Country Meet in Nashville, Tennessee.

To undertake a project of this magnitude many peoples' talents were required. The whole team pitched in to help us raise the money.

It all began following the regional meet in November on a snow-swept course in Rapid City, South Dakota. Our city totally dominated the 3 boys age divisions (12 to 17 years of age) by qualifying 15 runners of the 20 we took along.

This made a big impression on our city and brought on monetary support from the community. The first group to kick off the campaign was the Cheyenne Quarterback Club. At one of their meetings they raised almost \$300.00. We then began a massive publicity drive on radio talk shows, television interviews and newspapers.

At the same time we began to circulate pledge forms, trying to get people to pledge so much per hour for our upcoming 24-hour relay. This was to be our big fund raiser.

A total of 35 runners from all three junior high schools and both senior high schools participated. A total of 224 miles were covered in the 24 hour period. This particular adventure raised approximately \$3,000 and we were well on our way.

The next project was a chili supper held in conjunction with a University basketball game. This project netted another \$300 and we had almost reached our \$4,000 goal.

We then began to have the cheerleaders and pom pon girls ask for donations in the halls, so we could raise the rest. This effort brought in several hundred dollars and the rest of the money came by peddling eggs from door to door.

This last project was our most interesting one - what we did was to go to the first house on the block and ask for just one egg. We then would go to the next house and sell the egg for 25¢ and so on. Not only was this fun, but it really helped to make the entire community aware of our project.

Without the help of the entire community, this amount of money could never have been raised. The money raised was well worth the effort as 14 out of the 15 runners we took placed, six of these were named All-American, and we brought home two National Champions.

(Editor's note: For the results of the National Jr Olympic Cross-Country, in which two of the Cheyenne boys, ED BUNDY and STEVE ALLEN, went back home victorious, see the Jan/Feb issue of STARTING LINE Mag.)

A Coach's Farewell CONTINUED

It has been fun though. As a rule, coaches and athletes throughout the nation are exceptional. From GATC's standpoint you have exemplified the finest kind of sportsmanship and graciously displayed your hospitality toward us.

Our kids have become richer socially, mentally and physically as a result. I hate to see such a good thing come to an end. I love my girls very much and I want them to know that; as I am sure most of them do.

Track to me is a very personable thing as most likely it is with Duke City, Rialto, Colorado, Phoenix and the rest. Who knows, maybe in the final analysis my girls (who know they have such a hold on me) will change my mind, but I seriously doubt it will happen.

So to all the U.S. teams, I would say support your coaches and the people who make the team go. Let them know you appreciate what they do, because believe me they do a lot.

Good luck to all of you in '74, and remember, come Thanksgiving, you'll be playing in our back yard.

RALPH ORMSBY
Golden Angels TC
Columbus, Ohio

Following are the results of the 1974 National AAU Junior (19-Under) 15-kilometer Race Walk Champs.

- 1-JIM BENTLEY, 18 (Reno, Nevada) 1:16:34.5;
- 2-BRYAN SNAZELLE, 18 (San Raphael, CA) 1:17:02;
- 3-BOB ROSENCRANTZ, 18 (Seattle, WA) 1:19:11;
- 4-RANDY MIMM, 19 (Willingboro, NJ) 1:20:29.2;
- 5-BRAD BENTLEY, 17 (Reno, NV) 1:21:48
- 6-SCOTT MESSINGER, 17 (Portland, OR) 1:23:00;
- 7-MARK RANDLE, 19 (Northridge, CA) 1:26:19;
- 8-MIKE BENNER, 16, (Stockton, CA) 1:29:18;
- 9-DAVE SWIFT, 19, (Sparks, NV) 1:29:43;
- 10- EUGENE QUILANTANG, 17 (Stockton, CA) 1:29:48;

Profiles on the six medal winners.

JIM BENTLEY, Jr - At age 16, the youngest member of the USA Jr Track & Field team that met the USSR Jr team in 1972; holds numerous age group and Jr Olympic Race Walk records; won 3 of the 5 National Jr. Championships in '73 and was voted "outstanding prep athlete" by the Sierra Sports writers and broadcasters in 1973.

BRYAN SNAZELLE - Outstanding Junior Race Walker and Water Poloist in 1972 and '73.

BOB ROSENCRANTZ - Outstanding distance Walker, and only Junior to win a medal in a Senior Walk in '73.

RANDY MIMM - Winner of the USA Junior trials in 1973, competing on the US Jr team against USSR and Poland.

BRAD BENTLEY - Second place finisher in the '72 and '73 Junior National 15-KM Walks; holder of numerous age group and J.O. records.

SCOTT MESSINGER - Holder of numerous age group and Junior Olympic record in Oregon.

THE FINISH LINE

A Summary of Results

SOUTHERN PACIFIC AAU GIRLS ALL-COMERS MEET
CYPRESS, CA - Feb 16 - from BOB SEAMAN

Field eventers pushed each other to some fine early marks in all age divisions. Long jumpers were both hampered and assisted by buffeting winds but the weight events saw consistently good marks. BEA HUNT, of Rialto, had a nice shot/discus dual win in the 12-13 class. On the track, LAURIE CARROLL spanned two age divisions to score an unusual triple win in 2 hurdles and the 880 run. /Track-Cypress College, all weather; Weather - clear, 72° Results:

Girls 9-Under 220(in flights)-Latanya Dawkins (Los Angeles Jets) 29.5w, Sharon Hatfield (Blue Angels TC) 31.6w, Stacey Granger(West Coast Jets) 31.6w (wind +2.7 meters per second for all three) Michelle Doolittle (Oxnard TC) 31.7w; 880-Andrea Kirkorn (BA) 2:35.5, Leslie Irving (So California Cheetahs) 2:55.7; LJ-Hatfield 12.8 (w +2.0mps), Lisa Stary (Long Beach Comets) 11-10½w (+2.6mps), Janice Bowie (Santa Barbara Sandpipers) 11-7 (+2.0 mps), Bridget Barry (Orange Coast GTC) 11-5 (+2.0) Dawn Smirthwaite (LBC) 11-4½w (+2.7mps);
100 yd Dash (w -1.3mps) 440 yard Dash (flights) Latanya Dawkins LAJ 12.6 Sharon Hatfield, BA 71.0 Sharon Hatfield, BA 13.4 Latanya Dawkins, LAJ 1.4 Stacey Granger, WJC 13.5 Lisa Stary, LBC 74.2 Ging Betrice, LAJ 14.0 Dawn Smirthwaite, LBC 5.0

Girls 10-11 Mile-Joni Caldwell (BA) 5:39.8; LJ-Joyce Bowie (StB) 14-11w (+3.8mps), Pat McFall (OC) 14-9½w (+2.6), Susie Ray (OC) 14-5½ (+1.6), Tanya Willis (OC) 14-2 (+1.7), Jenny Townsend (LBC) 14-1 (+2.0); 6#SP-Ray 31-3, Diane Dorion (StB) 25-1; 4x110Re-SCC 58.4;
100 yd Dash (w -0.1mps) 440 yard Dash Tanya Willis, OC 12.0 Jenny Townsend, LBC 65.5 Joyce Bowie, StB 12.1 Lisa Peters, SCC 66.5 Pat McFall, OC 12.1 Laurie Teague, EC 66.7

220 yd Dash (w +1.6mps) 880 yard Run Pat McFall, OC 28.3 Laurie Carroll, SB 2:36.0 Tanya Willis, OC 28.4 Anna Strathman, BA 37.5 Lisa Peters, SCC 29.1 Julie Hatfield, BA 38.8

50 yard Hurdles (30") (in flights) (w +0.4 to 0) Laurie Carroll, StB 8.4 Tracy Hanlon, LBC 8.8 Rena Wright, SoBayStr 8.8 Detra Washington, SBS 8.9

Girls 12-13 100-Ella Rich (LAJ) 12.1; 440-Joanne Erb (Los Angeles TC) 60.6, Beth Rockcliffe (OC) 61.5; 880-Teri Beamish (La Mirada Meteors) 2:27.2 Rochelle Hatfield (BA) 2:27.5; Mile-Paula Rose (OC) 5:30.4; MiW-April Hickey (BA) 9:11.7, Lynn Holmbeck (BA) 9:12.8; 200mH-Laurie Carroll 31.3; LJ-Vicki Almeida (LMM) 16-7¾w (+3.0mps), Beth Rockcliffe (OC) 16-2w (+2.8), Arnetta Robinson (LAJ) 15-4½w (+3.6), Kerry Zwart (Crescenta-Canada Spikettes) 15-3½w (+2.8); JT-Anne Schultz (SBS) 91-1, Mariana Pond (Lakewood International) 87-8;
220 yd Dash (w +2.0mps) Shot Put (6 pound) Beth Rockcliffe, OC 27.3 Bea Hunt, RialtoRR 38-6¼ Erin Pike, LMM 27.7 Jackie Nelson, OC 37-6¼ Debbie Morelli, LBC 27.8 Christi Fyle, CCS 36-6 Vicki Almeida, LMM 27.9 Kerry Zwart, CCS 33-1¼ Carol Kent, StB 32-1

80m Hurdles (w +0.1mps) Discus Throw (1.0 kg) Kathy Egger, LMM 13.1 Mary Winnewisser, StB 3.3 Bea Hunt, RRR 111-2 Beth Prather, LaCanada 5 Carrie Mason, OC 97-10½ Kathy Bower, SBS 13.8 Christi Fyle, CCS 91-6

Girls 14-15 440-Lauri Millins (LATC) 59.4; LJ-Kim Moran (LATC) 17-1½w (+3.2mps); SP-K.Flynn (La Canada TC) 35-¾; JT-Lynne van Benthem (La Jolla TC) 122-10, Lorelei van Benthem (LJ) 118-7, Lisa van Benthem (LJ) 116-7, Kelly Robertson(SCC) 116-3, Raedean Rona (BA) 111-10,

Girls 14-Over (juniors only) 440-Yolanda Rich (LAJ) 58.4; Mile-Jill Caldwell 5:10.8; 2M-Becky Wolfmargher (SCC) 11:15.2, Laurie Jewell (LBC) 11:18.0; MiW-Sheila Thomsen (Ox) 8:13.0, Terri Teegarden (BA) 8:13.2

ALBUQUERQUE OLYMPETTES GIRLS INDOOR INVITATIONAL
ALBUQUERQUE, NM - Feb 2 - from FLOYD HIGHFILL

The ninth renewal of this well run meet once again attracted the best feminine tracksters from all over the southwest USA. All told, 453 girls from 22 clubs were represented.

14 year-old SONYA HARDY passed her first big test in the "high" hurdles. After dominating the age group event last year, the Boulder, Colorado phenom nearly won the 50 "highs" in open competition, numbering National Champ BOBBETTE KRUG among her victims.

Led by Olympian CINDY GILBERT and hometown leaper DINIE NORERO, no less than 10 juniors were over 5-0 in the high jump. Age groupers were topped by the impressive half-mile of Arizona's SHARI CASSIN, who came very near dipping under the 2:20 mark and ROXANNE KEATING of the Phoenix Chaparrals who just missed a 17 foot long jump. /Track-IQ laps to the mile, banked/

Girls 9-Under 50-Pat Brockwell (Albuquerque TC) 7.2; HJ-Donna Edens (Valley of the Sun TC) tied Ellen Berthot (Scottsdale TC) at 3-4; 4x176Re-Pear's Peaches 1:47.5, Duke City Dashers 1:48.9; 440 yard Dash Mary Sanford, PP 75.5 Bobby Gallegos, A 2:55.0 Joann Chatterton 78.4 Linda Burianek, DCD 56.4 Kim Grunewald, VOS 78.5 Bess Rogers, Sc 2:56.5

Girls 10-11 50-Cynthia Rhodes (Mesa TC) 6.7 & 6.6h, Lydia Laidlaw (La Jolla TC) 6.8; 440-Laidlaw 67.0, Kammy Bishop (The Colorado Gold) 67.7; 880-Julie Kautz (CG) 2:39.1, Joyce Schmal (PP) 2:40.8; 4x176Re-Alb 95.4 One mile Run Sandra Beach, Al 5:45.0 Cynthia Rhodes, Msa 13-7¼ Denise Falzone, DC 45.3 Dawn Freeman, VOS 13-4½ Linda Lindsey, PP 45.4 Jill Gordon, PhxTC 13-2 Dawn Freeman, VOS 48.7

USTFF INDOOR RELAYS

SOUTH PARK, PA - Jan 12 - from JOHN HARMICK

Teams from Ohio, Maryland and Pennsylvania shared honors in this total relay meet. For the first time Boys relays were included, with Austintown TC of Ohio taking the lion's share of events. Host Mt Lebanon, Maryland's Frederick TC and Columbus (Ohio) Community TC shared most of the Girls Blue Ribbons. Age Group Results:

Boys 9-Under 4x110Re-Bethel Park 68.9; 4x220Re-Churchill 2:28.0; 4x440Re-Mt Lebanon TC 5:52.1; LJRe-ML 28-10 (Loftis 10-5); BskTRe-ML 149-8

Boys 10-11 4x110Re-Pennsylvania Striders 63.1; 4x220Re-Austintown TC 2:13.5; 4x440Re-ML 5:14.0; LJRe-Aus 33-10½ (Horvath 12-0½); BskTRe-ML 161-11

Boys 12-13 4x110Re/4x220Re/4x440Re-Aus 58.8/2:04.1/4:47.5; LJRe-PS 36-1¼; SPRe-ML 86-7½ (Mirabelli 35-1)

Girls 9-Under 4x110Re-BP 73.9; 4x220Re/4x440Re-ML 2:33.5/6:05; LJRe-ML 27-2¼ (Burnett 10-3); BskTRe-Latrobe TC 91-¾, ML 91-3 (Burnett 38-1)

Girls 10-11 4x110Re/4x220Re-Frederick T&FC 63.8/2:12.7; 4x440Re-New Image TC 5:06; LJRe-Pred 33-5 (Davis 11-8¼); BskTRe-ML 144-2

Girls 12-13 4x110Re/4x220Re/4x440Re-Columbus Community TC 58.5/1:58.0/4:32.9; LJRe-Greensburg TC tied ML at 37-10¼; SPRe-ML 100-2 (Piatt 35-2¼ Radecic 34-6¼)

ATOMS TRACK CLUB INDOOR INVITATIONAL

PRINCETON, NJ - Feb 10 - from HUGO PRUTER

Eastern girls ran wild at this big meet, held on the 220 tartan track of Princeton University. DOREEN ENNIS showed good speed in a sub-2:12 880. Sports International's National Champs JACKIE RANDOLPH and ROBIN CAMPBELL scored outstanding wins in the shortest and longest sprints, respectively. Connecticut's JUDY FONTAINE had an excellent day, taking home a nice sprint/long jump triple. ROBIN BLAINE led the host club's list of newcomers. Top time and distances by juniors:

60...Jackie Randolph (Sports International) 6.8, Deirdre Wilson (New York PAL) 6.9; Judy Fontaine (Age Group AA) & Marsha Bridgewater (NYP) 7.0... Doretha Brown (NYP) 7.2...33 timed runners; 220...Connie Simpson (NYP).25.9...Robin Blaine (Atoms TC) & Denise Johnson (NYP) 26.5, Marcia Fitzgerald (AT) 26.6...42 timed runners!; 440-Robin Campbell (SI) 55.7...Fontaine 57.4...Blaine 59.2, Andrea Andrews (At) 59.6...49 times runners!!!; 880-Doreen Ennis (Nutley TC) 2:11.9; Mile...Katy Schilly (Syracuse Chargers) 4:57.8; 60H(33")...Anneyus Robinson (SI) 8.9; LJ-Fontaine 18-9¼

Girls 12-13 50-Rhonda Adams (Alb) 6.7 & 6.6h; 880-Shari Cassin (Arizona TC) 2:20.2; Mi-Krista Holmes (Sc) 5:37.7, Deane Barrett (Arz) 5:39.3; 50H-Christine Brockhoff (Alb) 8.1, Lorri Hooker (Texas TC) 8.1; 6#SP-Kim Wykoff (VOS) 32-5½; 4x176Re-El Paso Sun Queens 1:28.0;

220 yard Dash 440 yard Dash Kathy Weiss, CG 27.4 Kathy Weiss, CG 60.6 Lisa Thompson, VOS 27.5 Cheryl Symons, Arz 62.0 Leslie King, PhxCh 27.5 Mitzi Stanton, CG 62.9 Kathy Weiss, CG 27.6 Vickie Murray, VOS 63.1

High Jump Long Jump Chris Brockhoff, Alb 5-0 Roxanne Keating 16-11½ Lori Anderson, Sc 4-11 Chris Brockhoff 16-0¼ Debbie Miller, DCD 4-9 Barbara Drain, Tx 15-8

Girls 14-Over (juniors only) 50...3-Sonya Hardy (14, Boulder Cinderbellies) 6.3, Pam Secchiari (14, Sc) 6.3, Diane Baker (Univ of Colorado TC) 6.3 & 6.2h; 220...2-Linda Wright 26.0, 3-Hardy tied Linda Morrison (LJ) at 26.4, 5-Baker 26.6, 6-Jan Fox & Lynnae Engdahl (CG) tied at 26.7; 440...2-Cindy Ashby (Albuquerque Olympettes) 58.7, 3-Fox & Engdahl tied at 59.6; 880...2-Donna Argo (AO) 2:22.6; Mile...2-Cindy Rice (AO) 5:22.8, 3-Julie Andrews (DCD) 5:23.7, 4-Chriselle Speller (DCD) 5:23.7; 3000m-Debbie Derr (Arz) 10:31.2, Karen Cramond (AO) 10:38.0, Ellen Hart 10:39.2, Jyme Kay Borges (DCD) 10:49.8; 50H...2-Hardy 7.0, 3-Bobbette Krug (LJ) 7.2 & 7.1h, 4-Linda Wright 7.3 5-Mary Herrington (Arz) 7.4, 6-Shelly Harris (Cactus Wrens) 7.4; HJ-Cindy Gilbert (LJ) 5-7, Dinie Norero (DCD) 5-6...4-Anne Gilliland (DCD) 5-4... 6-Monique Donithan (14, CW) 5-2; 4kgSP...3-Linn Polk (Farmington Fleetfooters) 36-10½

METROPOLITAN AAU GIRLS INDOOR DEVELOPMENT MEET
NEW YORK, NY - Jan 12 - from HUGO PRUTER

Philadelphia's RAENETTE FIELDS, 9, highlighted this meeting of girls from 12 area teams, running a sub-2:50 half-mile on Baker's Field 160 yd oval. Meet Director Joel Iseberg saw the neophyte Staten Island Jets take the majority of places in the age group events

Girls 11-Under 60-Theresa Ventrilli (Staten Island Jets) 8.0 & 7.9h, Sharon Adams (New York Police AL) 8.1 & 7.9h, Rene Mullaney (SIJ) 8.3 & 7.8h; 220(in flights)-Allison Bradford(SIJ) 31.1 ...4-Raenette Fields (age 9, Philadelphia Clippers) 32.1; 440-Bradford 66.6; 880-Fields 2:48.6 Mile-D.McManus (SIJ) 6:27.4; HJ-Rochelle Dixon (NYPAL) 3-9; LJ-Robin Jackson (SIJ) 12-9

Girls 12-13 60-Leslie Cordy (Atoms TC) 7.2, Patsy James (PAL) 7.3 & 7.2h; 220-Nnemdi Aroh (At) 26.9, Cordy 27.4; 440-Colleen Barnes (PAL) 65.4; 880-Martha Minguets (At) 2:38.6; HJ-Tracey Adams (PAL) 3-7; LJ-Pat Thomas (At) 14-3

HAMILTON JUNIOR HIGH SCHOOL RELAYS

FRESNO, CA - Mar 16 - from JOE HERZOG

High jumper JOHN HUTCHINSON's 6-1 clearance led Sierra Junior High to one of five meet relay records. Eight Fresno area schools fielded extraordinarily well rounded teams for this annual affair. /Track-grass, 440; Weather-70°, 0-3mph headwind for long jump/ Leading Results:

Junior Boys (12-13) 4x110Re-Irwin JHS 51.6; 4x220Re-Tehipite 1:56.4; 4x440Re/4x880Re-Hamilton JHS 4:24.1/10:19.4; SPMedRe/DistMedRe-Tenaya JH 4:22.4/13:47.5; 480HurRe-Irwin 65.7; 2xHJRe-Ir 9-1 (Arthur Ireland 4-10); 3xLJRe-Ir 49-11 (Ireland 18-0), Tenaya 47-10½; 3xSPRe-Ahwahnee 96-8½ (Jeff McComb 40-6½); 3xDTRRe-Ahwahnee 213-0½ (McComb 100-0)

Intermediate Boys (14-15) 4x110Re/4x220Re-Irwin 47.0/1:40.6; 4x440Re/4x880Re-Hamilton 4:08.7/9:11.7 (2:17, 2:15.8, 2:20.8, 2:18.1); SPMedRe-Irwin 4:12.0; DistMedRe-Sierra JHS 12:12.0 (Mike Saddler 4:55.0); 480HurRe-Irwin 60.6...8 teams finished!; 3xHJRe-Sierra 17-0 (John Hutchinson 6-1); 3xLJRe-Irwin 56-3½ (Ed Conway 19-9½); 3xSPRe-Tenaya 126-4 (Hunter 52-7); 3xDTRRe-Tenaya 291-6; 70H(30")-Rhoades (Ham) 10.7

PITTSBURGH INDOOR TRACK CLASSIC
PITTSBURGH, PA - Feb 8-10 - from JOHN HARWICK

Two separate arenas and seven meet directors (1) were needed to accommodate the athletes entered in the 137 different events in this prodigious under-cover meet. The extremely well rounded Boys and Girls age group competition was contested on Friday in Schoonmaker Hall, with a 12 lap-to-the-mile dirt track, and the remaining Saturday/Sunday events were held in the University of Pittsburgh's Field House, with its 220 yard synthetic oval.

The meet included divisions from 9 & under to Master's (50-over) and nearly every thinkable event in the field and on the track. Despite the gas shortages, four states and the major metropolitan centers, such as New York, Philadelphia, Detroit and Cleveland, were well represented.

Ironically the meet is sponsored by Gulf Oil (and sanctioned by the USTFF).

The top Boys mark was turned in by GREG SMITH, of Philadelphia, in the 12-13 50 yard dash.

The most noteworthy female efforts came from local phenoms ROBIN WORMSLEY (whose 9-under sprint triple included a 68.2 on the dirt track), distance runner MARLENE HAREWICZ and shot putter KIM TRAVERS. Leading age group & junior results:

Boys 9-Under 50-Kenny Brown (Morris Estate TC, Philadelphia) 6.9, Carl Rivers (ME) 7.0, Charles Scales (Pennsylvania Striders) 7.1; 220-Rivers 33.1, Scales 33.2; 440/LJ-Will Loftis (Mt Lebanon TC) 75.7/10-2; HJ/880-Chris Nabors (ML) 3-10½/2:51.9; Basketball Throw-Scales 60-4; 4x440Re-Morris Estate 5:15.2; 4x880Re-Mt Lebanon 11:42.0

Boys 10-11 50-Jeff Craig (ME) 6.4; 220/HJ-John Holliday (Detroit Jets) 29.7/3-9; 440-John DePetro (Austintown TC, Ohio) 72.1; 880-John Hughes (Model Cities Pioneers, Philadelphia) 2:40.4, Tod Hughes (MCP) 2:41.9; MJ-Gary Steiner (ME) 6:06.2; LJ-Zach Armwood (ME) 13-6; SP-James Wilson (Ohio Valley TC) 23-0; BsktT-Shawn Wimbush (Holidaysburg Catholic, Pa) 80-9; 4x440Re-ME 4:37.4; 4x880Re-MCP 11:01.5, ML-11:17.0

Boys 12-13 50-Greg Smith (ME) 5.8, Rocky Parker (West Side YMCA, NYC) 6.1, John Beard (WS) 6.1; 220-Randy Brown (ME) 28.4; 440-Harry Washington (MCP) 64.9; 880/Mi-Tom Rhodes (ML) 2:24.7/5:25.5 HJ-Dan Sygar (Aus) 4-6; LJ-Mark Rossi (HC) 15-2½ FV-Eric Koval (ML) 8-0, Gene Menke (Aus) 7-6; SP/BsktT-John Mirabelli (ML) 37-0½/113-1; 4x440Re-ME 4:03.3; 4x880Re-ME 9:47.2, MCP 9:59.0

NEW MEXICO STATE AAU INDOOR CHAMPIONSHIPS
ALBUQUERQUE, NM - Mar 2 - from CHARLES GILLILAND and DAVE SANCHEZ

Tere were some excellent times in mile high Albuquerque for the final indoor meet of the season, with twelve state Records toppling during the 82 event meet.

High jumpers and half milers were the hottest. Female vertical leapers from the Duke City Dashers were especially "up" for the occasion. THERESA DORWART (10-11) and DEBBIE MILLER (12-13) turned in national calibre jumps, as no less than four DCD gals cleared 5-2 in open (14-over) division, led by ANNE GILLILAND's 5-6.

Another Dasher LARRY HOBELL was the most impressive boy. Running in the 12-13 group, Larry was a double record setter with a fine 59.5 in the 440 and 2:23.8 in the half; it was the first time this youngster had run either event (1).

Special event included a mother's relay, in which no less than four teams finished. /Track-plywood, 176 yds per lap/ Results:

Boys 9-Under 50/220-Tim Galle (Alva) 6.9/32.2, Neil Corley (Albuquerque TC) 7.2/30.2; 440-Toby Garcia (Albuquerque PAL) 75.4; 880-Alfie Morgan 2:51.4, John Webster 2:52.3, Brian Reilly 2:52.8; HJ-Jim Scheel (Alva) 3-5; LJ-Andy Roupf (Alva) 11-3

Boys 10-11 50-Jimmy Cox (Alva) 6.8; 220-Willie Goldsmith (PAL) 29.5; 440-Eric Padilla (Duke City Dashers) 68.7; 880-Frank Morgan (DCD) 2:33.9, Ed Garcia (DCD) 2:42.1; Mile-Tim Hordado (DCD) 5:28.5 Tim Sanchez (DCD) 5:29.3; HJ-Goldsmith 4-2; LJ/SP-Scott Carrethers (PAL) 13-0½/26-0½

Boys 12-13 50-Joe Williams (PAL) 5.9; 220-Sammy Keyes (PAL) 26.4, Larry Hobbell (DCD) 27.1; 440/880-Hobbell 59.5/2:23.8; MJ-Billy Powell 5:15.7; HJ-Cully Nalda (Corona) 5-0½; LJ-Steve Rogers (PAL) 16-8½; SP-Dickie Winchester (Cor) 30-9½

Girls 9-Under 50-Julie Hansen (Alvarado ES) 7.3 220/LJ-Pat Brockwell (ALB) 30.7/11-4½; Mile-Stephanie Keel (AlBTC) 7:13.7; 4x176Re-DCD 87.8;

Boys 14-15 50/220-Keith Hill (Y-Spikettes, Pa) 5.9/27.0; 440-Jim Polifrone (Aus) 59.0; 880-Todd Danielson (FS) 2:14.6; MJ-Todd Hamilton (Tri-County TC, Pa) 4:40.2; LJ-John Gano (FS) 18-0; FV-Bob Black (Aus) 11-0; SP-Randy Fusco (Aus) 46-5; 4x440Re/4x880Re-Aus 3:56.7/9:28.8

Girls 9-Under 50/220-Robin Wormsley (New Image TC) 7.2/31.4; 440-Wormsley 68.2, Rachel Danduran (Ohio TC) 73.1; 880-Laura Craven (Ohio TC) 2:45.3 Nisi Davis (Padukies) 2:51.6, Alma Leak (Pad) 2:53.1; HJ-Cherie Brock (Buckeye TC) 3-2; LJ-Denise Hutchins (Columbus Community TC) 10-6½; BsktT-Ann Sedlock (Cleveland Hts Comets) 42-8½; 4x440Re/4x880Re-Padukies 5:08.0/11:24.5

Girls 10-11 220-Mickey Johnson (Pad) 31.0; 440-Veronica Gallashaw (Pad) 69.8; MJ-Tanya Richardson (Pad) 5:55.4; HJ-Terri Albright (Greensburg TC) 4-1; LJ-Jill Currie (Latrobe TC) 12-8; 6#SP-Kathy Travers (ML) 28-8½, Mary Maciejczyk (ML) 26-2½; Theresa Stas (Lat) 24-3; BsktT-Susan Bradford (CC) 65-4½; 4x440/4x880Re-Pad 4:30.5/10:47; 50 yard Dash 880 yard Run Mickey Johnson, Pad 6.5 Joan Hazlip, NI 2:42.2 Rose Richardson, Pad 6.6 Val Fisher, Pad 2:42.3 Theresa Ventrilla, SIJ 6 Anne Vargo (IQ) CHC :46.4

Girls 12-13 50-Mary Neumeister (Buffalo Belles) 6.4; 220/440-Sherrylynn Brown (CC) 29.8/63.9; 880-Lisa Loftis (ML) 2:27.5, Pam Dutton (Pad) 2:31.1; MJ-Dutton 5:42.0; HJ-Sally Slocum (Buck) 4-6; LJ-Rene Cason (CC) 14-5½; BsktT-Barb Ralston (Buck) 78-6; 4x440Re/4x880Re-CC 4:09.9/10:14.6;

50 yard Hurdles Shot Put (6 pound) Rene Felton, Gr 7.4 Gina Piatt, ML 36-8½ Ann Showalter, WSRR 7.6 Jackie Burton, Lpk 35-7 Sandy Bloomfield, ML 7.8 Susan Collins, Gr 35-0½

Girls 14-Over (junior only) 50-Gwen Smith (CC) 6.1, Bridget Callahan (14, BB) 6.3; 220-Gina Talley (CC) 26.7, Lisa Talley (CC) 26.9; 440-Pat Helms (Pad) 57.8, Debbie Vetter (Blue Ribbon TC) 58.5; 880-Vetter 2:13.8; MJ/3000M-Marlene Harewicz (ML) 5:15.2/10:11.6; LJ-Helms 15-9½; SP-Kim Travers (ML) 41-2, Peri-Jude Radecic (ML) 34-6

880 yard Run High Jump Bobby GallegosAlb 2:50.9 Kris Leslie, Alv 3-7 Francis Yepa, DCD 2:55.3 Theresa Gonzales, DCD 6 Lynn Schreyer, DCD 2:57.0 Jennifer Weber, DCD 3-6 Michelle Alcon, DCD :59.4 Holly Omori, AlbTC 3-6

Girls 10-11 50-Chris Lambert (Alv) 6.9; 220-Sandy Beach (AlBTC) 30.0, Dolores Archuleta (Alb TC) 30.2...33 times runners; 440/50H(30")-Janice Quintana (AlBTC) 68.4/8.8; HJ-Therese Dorwart (DCD) 4-7, Zizi Fritz (New Mexico Dust Devils) 4-3; LJ-Teddie White (DCD) 13-3; 6#SP-Kathy Gleason (AlBTC) 20-8½; 4x176Re-Alb TC 1:34.1;

880 yard Run One mile Run Sandy Beach, Alb 2:28.9 Pat Collins, DCD 5:44.8 Denise Falzone, DCD 28.9 Lisa Matthews, DCD :45.1 Teddi White, DCD 2:35.4 Christine Silva, DC 48.3

Girls 12-13 50-Donna Corley (AlBTC) 6.4, Rhonda Adams (AlBTC) 6.4; 440-Sally Marquez (Albuquerque Olympettes) 62.1; 880-Ruth Anderson (AlBTC) 2:28.8 50H(30")-Chris Brockhoff (AlBTC) 7.5; HJ-Debbie Miller (DCD) 5-2, Brockhoff 5-0, Mary Sedall (Alb TC) 5-0; LJ-Miller 16-0½, Sandra Tatum (DCD) 15-6½ SP-Sedall 29-0; 4x176Re-DCD 1:27.8; AO 1:28.4;

220 yard Dash One mile Run Ronda Adams, AlbTC 27.4 Lesa Gilliland, DCD 5:27.4 Diane Deford, DCD 27.6 Tracy Bear, DCD 5:28.1 Cecilia Siglar, AO 27.7 Cynthia Lackey, DCD 5:29.0 Donna Corley, AlbTC 7.9 Cathy Gill, DCD 5:29.6

Girls 14-Over (juniors only) 60...2-Val Boyer (AlBTC) 7.3, 3-Lisa Gibbs (AO) 7.4; 220-Gibbs 26.1, Susan Vigil (DCD) 26.2, Alice Watson (DCD) 26.3; 440...2-Vigil 58.5, Donna Argo (AO) 58.7; 880-Cindy Ashby (AO) 2:16.2, Linda Stecker (DCD) 2:18.4; Mile-Cindy Rice (AO) 5:24.3; 60H(30")...2-Laurie Gilliland (DCD) 8.9; LJ-Dinie Norero (DCD) 16-9½; 4kgSP...2-Linn Polk (Farmington Fleetfooters) 37-9½;

3000 meter Run High Jump Ellen Hart 10:39.0 Dinie Norero, DCD 5-4 Karen Cramond, AO 10:43.6 Kathy Hart, DCD 5-2 Jyme Borges, DCD 10:47.0 Ranae Coffield, DCD 5-2

UNITED COACHES ASSN INDOOR MEET #1
PHILADELPHIA, PA - Jan 12 - from TIM HICKEY

Honors were well divided between several teams from metropolitan "Philly" at the 160 yard Civic Center track. REGGIE PAYNE of Model Cities ran a scintillating 9-under half mile to highlight the age group competition. Results:

Boys 9-Under 60-Billy Brown (Intercity) 8.1, Reggie Payne (Model Cities) 8.2; 880-Payne 2:42.6 Pervis Herbert (Ambler OC) 2:53.4, Jeff Bradford (Willingboro) 2:54; 4x160Re-Ambler 1:31.8

Boys 10-11 60-Richard Lewis (Jr Pioneers) 8.0; 880-Ernie McCombs (Wil) 2:36.0, Tom Washington (MC) 2:36.6; 4x160Re-Morris Estate 1:26

Boys 12-13 60-Greg Smith (ME) 7.1, Arche Davis (Int) 7.2; Mile-Thomas Whitfield (MC) 5:31, Brian Pharr (ME) 5:31.6; 4x160Re-ME 1:17.6, MC 1:19.2

Boys 14-15 60-Darryl Murphy (Mallery) 6.6, Clinton Young (Int) 6.6; Mile-Raynard Hughes (MC) 5:04; 4x160Re-Intercity 1:08.6, JP 1:11.5

Girls 9-Under 60-Kaleigh Baldwin (Amb) 8.3, Wanda Taylor 8.4; 880-Kim Gallagher (Amb) 2:47.2, Nisi Davis (Pad) 2:49, Baldwin 2:56; 4x160Re-Amb 93.3

Girls 10-11 60-Michell Johnson (Pad) 8.0; 880-Rose Richardson (Pad) 2:38.3, Val Fisher (Pad) 2:40.5; 4x160Re-Padukies 1:26.7

Girls 12-13 60-Geraldine Tillery (Mt Carmel) 7.9; Mile-Pam Dutton (Pad) 5:36.3, Jackie Thompson (Lamott TC) 5:46.4; 4x160Re-Lam 1:23.7, Hawks 1:24

Girls 14-15 60-Leona Rainey (Mal) 7.6; MJ-Ursula Elder (So Jersey Chargers) 5:34.6, Robin Perry (Amb) 5:34.8; 4x160Re-Mt Carmel 1:20.5, Mallery 1:20.9

Girls 16-Over (junior) 60-Mary Rivers (Pad) 7.3

UNITED TRACK COACHES ASSOCIATION INDOOR MEET #2
PHILADELPHIA, PA - Jan 19 - from TIM HICKEY

Sprinter GREG SMITH of Morris Estate Track Club in the 12-13 division, and REGGIE PAYNE of Model Cities in the 9-under 880, turned in the top performances for the boys.

Ambler Olympic Club's MARISSA SCHMIDT and the Padukie's ROSE RICHARDSON ran an unusual dead heat in the 10-11 girls 880.

These were the most noteworthy events, as ten teams divided honors in the second meet of a series. /Widenor College; Track 176 yards/

Boys 9-Under 50-Carl Battle (Intercity) 6.9, Kenny Brown (Morris Estate) 7.0, Clyde Peterson (Mt Carmel) 7.2, Reggie Payne (Model Cities) 7.2, Eric Cottman (MC) 7.2; 176y(1 lap)-Peterson 24.0 880-Payne 2:45.3, Carl Rivers (ME) 2:53.4; 4x176 Re-Morris Estate 1:41.7, Model Cities 1:46.4

Boys 10-11 50-Tony Logan (MC) 6.6, Jeff Craig (ME) 6.7; 176y-Craig 22.7, Zach Armwood (ME) 23.6; 880-David Pharr (ME) 2:41.8; 4x176Re-ME 86.7;

Boys 12-13 352y(2 laps)-Alfred Woodson (Pioneers) 45.4, Andre Davis (Int) 46.3; 4x176yRe-ME 86.7; 50 yard Dash One mile Run Greg Smith, ME 5.9 Tom Whitfield, MC 5:30.5 Andre Davis, Int 6.0 Carl Watkins, MC 5:30.8 Dwayne Wilson, ME 6.1 Brian Pharr, ME 5:30.8

Boys 14-15 50-Darryl Murphy (Mallery) 5.7, Leo McCalland (Int) 5.7; 528y(3 laps)-Bill Rollin (Int) 69.8; Mile-Tony Fulton (ME) 5:27.2

Girls 9-Under 50-Kaleigh Baldwin (Ambler OC) 7.2, Pat Watson (Amb) 7.3; 176y(1 lap)-Baldwin 24.7; 880-Kim Gallagher (Amb) 2:42.7, Nisi Davis (Padukies) 2:47.4, Baldwin 2:53.9; 4x176Re-Amb 1:46.2

Girls 10-11 176y-Mickey Johnson (Pad) 22.8, Portland Ford (Lamott TC) 23.8; 4x176Re-Pad 97.1; 50 yard Dash 880 yard Run Mickey Johnson, Pad 6.6 Marissa Schmidt, 2:41.7 Portland Ford, Lam 6.6 R. Richardson, P 2:41.7 Rose Richardson, Pad 6.7 Val Fisher, Pad 2:45.5 Veronica Gallashaw, P 7 Sheila Dalo, Olney :45.6

Girls 12-13 50-Murrylyn Council (Lam) 6.5, Geraldine Tillery (Mt Carm) 6.5; 352y(2 laps)-Sylvia Floyd (Lam) 49.1, Pam Dutton (Pad) 50.0; Mile-Dutton 5:46.4; 4x176Re-Lamott 1:29.1

Girls 14-15 50-Kathy Tillery (MTC) 6.1, Carla Bradley (MTC) 6.2, Linda Mozee (Clippers) 6.2; 528y(3 laps)-Vanessa Landis (Mal) 80.4, Ursula Elder (So Jersey Chargers) 80.6; Mile-Elder 5:38.4

1973 AAU BOYS NATIONAL TABULATION

by ROY J. SILVA

EDITOR'S NOTE: The lists of performances on the following pages represent only a condensed version of the final AAU tabulations for 1973. It must be understood that these are not Junior Olympic lists, nor STARTING LINE lists, but were compiled by the respective AAU National Statisticians. All inquiries should be directed to ROY J. SILVA, (Boys Lists) Route 10, Box 330, Lenoir, N. Carolina 28645 or GEORGE LARRIER (Girls lists), 270 Broadway, Room 2315, New York, NY 10007.

NOTE:

The information listed below includes (left to right), time or distance, name of athlete and AAU District Association. The Districts are abbreviated as follows:

ARZ - Arizona; CEN - Central; CT - Connecticut; DC - District of Columbia; FGC - Florida Gold Coast; IE - Inland Empire (WA); IND - Indiana; MA - Middle Atlantic (PA); MW - Midwestern (Iowa, Kansas); MV - Missouri Valley; MCH - Michigan; MET - Metropolitan (NY); NM - New Mexico; OH - Ohio; ORE - Oregon; OZ - Ozark; PAC - Pacific (CA); PSW - Pacific Southwest (CA); PV - Potomac Valley; RM - Rocky Mountain (Colo); SP - Southern Pacific (CA); SA - South Atlantic (MD); SO - Southern (LA); TEX - Texas; VA - Virginia; WYO - Wyoming.

INTRODUCTION BY ROY J. SILVA, NATIONAL CHAIRMAN AAU BOYS AGE GROUP TRACK AND FIELD COMMITTEE

The tabulations presented here denote the top athletes for the events noted in the 1973-74 AAU Rule Book, and the tabulations are listed for the 9-Under, 10-11, 12-13 and 14-15 age levels only.

At the 1973 AAU Convention, we passed legislation on a complete revision of the age group events, to align with those of the Junior Olympic Program. We also passed legislation to accept the above age levels as well as the 16-17 year-old participants (in so long as he is no older than 17, his time, distance and height will be accepted), even if he competes in the optional 16-19 Junior Men; as long as he is 16-17 years of age, his performance will be accepted for National Tabulation procedures.

We hope that in the coming season everyone will cooperate, by sending in all results to me. These will be filed by associations, and on September 15th, we will start the long process of computing the 1974 national standings.

Be sure to submit for national record acceptance: 1) copy of a sanction which clearly states the meet was an age group boys meet; 2) completed application for record (get one from your District Chairman); 3) proof of birth date and age (a birth certificate copy or other).

There are a lot of results that were not submitted to me last year. The performances shown are those which were submitted by the various associations. We hope that this year all associations will submit their top 5 athletes in each event.

Thanking each and everyone of you for helping out.

NINE AND UNDER DIVISION			440 yard Race Walk			75 Yard Dash			One Mile Race Walk		
<u>50 yard Dash</u>			2:06.8 Mike Barker	ME		9.2 Vincent White	RM		8:42.0 Greg Bentley	PAC	
6.8 David Rodigo	PAC		2:08.4 Steve Bentley	PAC		9.3 Ken Ranson	RM		8:59.0 Courtney Smith	PAC	
6.8 E. Gerald	PAC		<u>One Mile Race Walk</u>			9.4 Darrell Grissum	AZ		9:22.1 Barry Buchanan	PAC	
6.8 M. Sherrard	PAC					9.4 Ron Pollard	RM				
6.9 Johnny Nelson	SP		10:01.3 A. Sakelarios	PAC		<u>Long Jump</u>					
6.9 Peter Fisher	SP		10:02.6 S. Bentley	PAC		16-8 S. Bruce					PAC
7.0 Mark Johnson	SP		10:19.6 Kevin Brenning	MV		15-8 Anthony Gibson	SP				SP
7.0 Bruce Jackman	SP					15-8 Ferrell Johnson	SP				SP
7.0 Kenny Dent	SP		<u>Standing Long Jump</u>			15-7½ Kris Rudd	OZ				OZ
7.0 Jon West	SP		7-0 Ernest Monroe	OZ		15-3½ Bob Rieden	SP				SP
<u>75 yard Dash</u>			6-5½ Chris Biss	OZ		15-3½ Ron Pollard	RM				RM
9.4 Dan Hall	ME		6-2 Mark Donais	IE		15-3½ J. Flannery	PAC				PAC
9.6 Vincent Miller	RM		<u>Long Jump</u>			15-3 J. Teixeira	PAC				PAC
9.7 Herbert Lacassagne	SO		14- 4 D. Rodigo	PAC		15-1 Tim Crance	IND				IND
10.0 Dean Vlanis	MV		14- 1½ Dan Price	IN		15-0½ Tony Sahm	IE				IE
10.0 Glenn Wellman	SP		13-11 W. Sellis	PAC		<u>Triple Jump</u>					
<u>100 yard Dash</u>			13-10½ Jim Banich	RM		33-1½ Randy Persins	OZ				OZ
12.3 Vincent Miller	RM		13- 9½ Bobby Jenkins	RM		31- ½ K. Keefe	PAC				PAC
12.3 Herbert Lacassagne	SO		13- 8 Johnny Nelson	SP		30-8½ B. Sells	PAC				PAC
12.8 Thayne Murray	MV		13- 6 E. Gerard	PAC		30-7 Tom Miller	OZ				OZ
12.8 D. Rodigo	PAC		<u>High Jump</u>			30-7 Bobby Penn	OZ				OZ
12.8 Dan Price	IND		4- 8½ Wendell Sells	PAC		30-4½ J. Teixeira	PAC				PAC
12.8 Rodrick Emery	SP		4- 4 Lex Ludtke	IE		30-2½ Eric Ernst	MV				MV
12.8 Mark Johnson	SP		4- 3 D. Armon	PAC		30-1 Don Dreher	MV				MV
12.8 Peter Fisher	SP		4- 2 Willie Goldsmith	NM		<u>High Jump</u>					
12.9 John West	SP		4- 1 Bryan Tynar	PAC		4-10 Ron Pollard	RM				RM
12.9 Doug Dunbar	SP		4- 0½ Jeff Taton	RM		4- 9 Chris McPherson	SP				SP
12.9 Glenn Wellman	SP		4- 0 Bobby Jenkins	RM		4- 9 Kevin McNeal	IE				IE
<u>220 yard Dash</u>			4- 0 Tom McAlpine	IE		4- 8 Eric Hoffman	MV				MV
29.2 Aaron Lybarger	SP		4- 0 Drew Stevens	SP		4- 7 Glenn Potts	SP				SP
29.4 Vincent Miller	RM		4- 0 Kyle Hall	SP		4- 7 Jeff Orosz	RM				RM
29.4 Thayne Murry	MV		<u>Baseball Throw</u>			4- 7 Paul Trousil	RM				RM
29.6 Johnny Nelson	SP		169- ½ Greg Carda	OZ		4- 7 B. Burns	PAC				PAC
29.6 John Ventress	SP		164-7 Greg Bown	ORE		4- 6 Steve Brown	MV				MV
29.6 Herbert Lacassagne	SO		161-8 Clay Chiles	OZ		4- 6 John Koris	ME				ME
29.7 Michael Dennis	SP		161-4 Jeff Courtright	IE		4- 6 L. Turner	PAC				PAC
29.7 Dan Stallworth	IND		159-8 Mike McGinley	MV		4- 5½ Dwayne Johnson	SP				SP
29.9 Wendell Sells	PAC		157-9 John Crowl	MV		4- 5 Ted Campbell	ORE				ORE
29.9 Scott Barnes	ORE		<u>440 yard Relay</u>			4- 5 M. Gersper	PAC				PAC
29.9 Peter Fisher	SP		57.9 Blue Angels TC	SP		4- 5 Jim Roletto	IE				IE
<u>440 yard Dash</u>			58.5 Herbert Hoover MBC	PAC		4- 5 Bob Murphy	SP				SP
66.2 Willie Goldsmith	NM		58.6 Salinas Val. TC	PAC		<u>Shot Put (6 pound)</u>					
67.1 Craig Hall	PV		59.6 San Juan Striders	PAC		40- 4 Anthony Gibson	SP				SP
67.4 Wendell Sells	PAC		<u>50 yard Dash</u>			37- 1 Mike Kennedy	SP				SP
68.0 Rodrick Emery	SP		6.3 Vincent White	RM		36-10 Peter Boydanovitch	ME				ME
68.1 Jiggs Stein	PAC		6.5 Darryl Lawler	SP		33- 5 William Schroeder	MV				MV
68.4 David Oliver	PAC		6.6 Troy Johnson	SP		32- 9 Stew Herczeg	IND				IND
68.6 Mike Assuma	SP		6.6 Deron Linsacum	SP		32- 7 Neville Duval	SP				SP
70.1 Doug Dunbar	SP		6.6 Kevin Russell	SP		32- 5½ Paul Trousil	RM				RM
70.2 Todd Henry	SP		6.6 Jim Roletto	IE		32- 4 B. McGuire	PAC				PAC
70.3 Dan Castigan	ME		6.7 Kenny Poteet	OZ		32- 1½ Alan Ursery	OZ				OZ
<u>660 yard Dash</u>			6.7 Greg Panghorn	IE		32- 0 Joe Filicetti	IE				IE
1:58.1 Steve Rapier	SO		<u>TEN & ELEVEN DIVISION</u>			<u>Baseball Throw</u>					
1:59.8 Darrell Boykin	RM		<u>50 yard Dash</u>			215- 4 Roger Tochtrop	OZ				OZ
2:01.4 Tom Ray	RM		6.3 Vincent White	RM		197- ½ Dick Crabb	IE				IE
2:06.4 John Benssink	OZ		6.5 Darryl Lawler	SP		196- 7 Jim Stone	IE				IE
2:06.9 Kevin Folan	ME		6.5 Anthony Gibson	SP		193-11 Robert Tolliver	OZ				OZ
2:07.6 Clay Chiles	OZ		6.6 Troy Johnson	SP		193- 3 Dick Bates	IE				IE
2:07.8 Rodney Kinder	OZ		6.6 Deron Linsacum	SP		192- 8½ Kent Dopp	OZ				OZ
<u>220 yard Race Walk</u>			6.6 Kevin Russell	SP							
56.8 Steve Bentley	PAC		6.6 Jim Roletto	IE							
59.0 Alex Kanwet	PAC		6.7 Kenny Poteet	OZ							
			6.7 Greg Panghorn	IE							

440 yard Relay

55.7	Herbert Hoover	MBC TC	PAC
56.5	Portland TC		ORE
56.5	Semo		OZ
56.5	Royal Knights	TC	OZ
56.8	Napa TC		PAC
56.9	Los Altos TC		PAC

TWELVE & THIRTEEN DIVISION

70 yard Low Hurdles

9.4	Brian Morton		RM
9.6	Jim Ryan		RM
9.6	J. Cooper		PAC
9.6	Ronald Jordan		SP
9.8	Rourke Lowe		ORE
9.8	K. Lawler		PAC
9.8	Pat Nickens		OZ
9.9	David New		OZ
9.9	Willie Curran		SP
10.0	Brian Edrington		SP
10.0	Carl Jones		SP
10.0	Mike Prey		SP

75 yard Dash

8.7	Gerard Quimette		IE
8.9	Tony Wilson		OZ
8.9	Kevin Orr		OZ
9.0	Eddie Storey		MV
9.0	Jerry Mallett		OZ
9.1	Dale Ellner		MV
9.1	Bruce Conley		IE
9.2	Rick Faoro		IE

100 yard Dash

10.4	Terry Smith		RM
10.7	Corey Powell		MET
10.8	Darryl Tyler		SP
10.9	Ken Lawler		SP
10.9	Melvin Dunmon		FGC
11.0	Jim Cooper		PAC
11.0	Jeff Hayter		SP
11.0	Harry Rita		SP
11.0	Sam Rudd		SP

220 yard Dash

23.8	Terry Smith		RM
24.3	Adrian Jones		SP
24.6	Ken Lawler		SP
24.8	Ed Corpuz		SP
24.8	Darryl Tyler		SP
24.8	Corey Powell		MET
24.8	Lawrence Haden		MET
24.9	Sam Rudd		SP
25.0	Larry Jackson		FGC
25.0	Rex Schweers		RM
25.0	Kevin McDonald		PAC

440 yard Dash

53.6	Lawrence Haden		MET
54.2	Bruce Conley		IE
54.4	Rex Schweers		RM
54.5	Brian Morton		RM
54.8	Mike Caldwell		SP
55.8	Kevin Edgecomb		FGC
55.9	Gregory Montgomery		SP
56.7	Esteban Acosta		FGC
56.8	Dean Christian		RM
56.9	Ed Corpuz		SP

660 yard Dash

1:30.0	Bruce Conley		IE
1:33.8	Dean Christian		RM
1:35.2	Mark Dixon		MV
1:36.0	Bryon Morton		RM
1:36.7	Eddie Lujan		CEN
1:37.0	Jim Ryan		RM

880 yard Run

2:10.7	Jay Ramsey		SP
2:10.9	Bruce Conley		IE
2:12.5	Dean Christian		RM
2:12.8	Kevin Knox		CEN
2:13.0	Arthur Ballard		FGC
2:13.2	Jim Rosales		RM
2:13.7	Ronald Jordan		SP
2:14.1	Steve Wallace		ORE
2:15.2	Dan Davis		ORE
2:16.0	Chuck Assuma		SP
2:16.0	Bernard Alex		SP

One Mile Race Walk

8:02.0	Greg Hack		IE
8:03.4	Kelly Walters		IE
8:38.8	D. Martinez		PAC
8:50.9	F. Miller		PAC
8:55.2	Kevin Butler		OH
8:57.8	Phil Ragland		IE

Long Jump

19- 7½	Kevin McDonald		PAC
18-11½	Steve Shiell		ORE
18-10½	Scott Wells		IE
18- 9	Richard Lloyd		RM
18- 5½	Lance Davenport		IE
18- 3½	Dan Ertel		SP
18- 2½	F. Miller		PAC
18- 2	D. Vidal		PAC
18- 1	K. McDonald		PAC
18- 0½	Mike Murphy		SP

Triple Jump

38- 3½	J. Cooper		PAC
37- 3	C. Sells		PAC
36-11½	Jim Wehrwein		MV
36-10	Tom Harvery		MV
36- 9½	Dan Hunt		SP
36- 1½	Scott Wells		IE
34-10½	William Lee		OZ
35- 7	Chris Friday		ORE
35- 6	Ken Riedle		WYO
35- 5½	Dale Hinton		OZ

High Jump

5-10	C. Sells		PAC
5- 8	Steve Shiell		ORE
5- 6	Tim Walsh		MV
5- 6	Ron Roumanis		CAS
5- 4	Jeff Mullen		RM
5- 4	Jim Trammell		IE
5- 4	David New		OZ
5- 2	Richard Foster		RM
5- 2	Rex Schweere		RM
5- 2	L. Lowe		PAC
5- 2	Scott Wells		IE
5- 2	Steve Eskridge		IE

Pole Vault

10-4	Greg Hansen		ORE
10-0	John Johnson		IE
9- 6	Chris Hyde		ORE
9- 6	Mike Gegen		MV
9- 6	Steve Sheill		ORE
9- 0	David Cross		MV
9- 0	David Wiedeman		RM
8- 9	Steve Knapp		RM

Shot Put (8 pound)

58- 5	James Faurow		MV
52- 7	Dan Bocahower		WYO
52- 6	John Harper		SP
50- 0	Chris Friday		ORE
49- 6½	Mark Adams		ME
48-11½	Steve Notis		ME
47- 9	Brian Jackson		SP
47- 2½	Besmond Quon		SP
46- 4½	Mike Aguilar		SP
44- 8½	Tim Walsh		MV

440 yard Relay

49.8	Herbert Hoover		PAC
50.3	Eureka Team		OZ
50.6	Pleasant Hill		PAC
51.9	Holy Spirit Striders		PAC
51.9	NW Kiwanis		IE

FOURTEEN & FIFTEEN DIVISION

70 yard High Hurdles

9.4	Tracy Edington		OZ
9.6	Larry Cope		OZ
10.4	Eddie May		OZ
10.5	Steve Holloway		MV

120 yard Low Hurdles

13.7	Vincent Parrette		MV
14.0	Steve Prine		MV
14.5	Steve Holloway		MV
14.8	Reggie McGee		IND
14.9	Craig Adams		IE
14.9	David Shattuck		CEN
15.0	Bruce Parsons		MET

100 yard Dash

10.0	Kevin Williams		SP
10.2	Alfred Walker		SP
10.2	Jason Laws		SP
10.2	Dwayne Evang		AZ
10.3	Anthony Tucker		SP
10.3	Brian Theriot		SP
10.4	Paul Austin		RM
10.5	Leslie Turnquest		FGC
10.5	K. Taylor		PAC
10.5	Ron Rhodes		OZ
10.5	Steve Holman		IE
10.6	Wendell Shavers		FGC
10.6	Vincent Parrette		MV
10.6	Jack McCarthy		MV
10.6	Sherrill Smith		OZ
10.6	Mike Moss		OZ
10.6	Reggis McGee		IND

220 yard Dash

22.5	Ferrell Mack		SP
22.5	Alfred Walker		SP
22.5	Rodney Scott		SP
22.7	Dyrk Dahl		RM
22.9	Dwayne Evans		RM
23.0	Derek Best		ADI
23.1	Wendell Shavers		FGC
23.1	Anthony Tucker		SP
23.1	Jason Law		SP
23.2	Ronald Hollingsworth		NC
23.2	Paul Austin		RM
23.4	Leslie Turnquest		FGC
23.4	Steve Holman		IE
23.4	K. Taylor		PAC

440 yard Dash

51.5	Derek Best		ADI
51.5	Brian Theriot		SP
52.1	Rick Dies		OZ
52.5	Eric Richter		FGC
52.5	Greg Stiver		MV
52.8	Mike McGinnis		FGC
53.0	David Worthey		NM
53.1	Gary Kautz		CEN
53.1	Steven Edgecomb		FGC
53.4	Bruce Conley		IE
53.6	Jeff Dolnes		IE

880 yard Run

1:58.0	Dyrk Dahl		RM
1:59.1	Mark Romero		NM
2:01.5	Scott Conley		IE
2:05.2	David Stauffer		SP
2:05.6	Bill Myers		MV
2:05.6	Eric Lathrop		MV
2:06.0	Tim Riley		IE
2:06.7	Kevin Kenny		MV
2:07.2	Greg Schlatter		MV
2:07.2	Rick Kling		ORE
2:07.5	Steve Moregon		SP
2:07.9	Michael Cooper		FGC

One Mile Run

4:28.6	Eric Lathrop		MV
4:34.8	Tim Riley		IE
4:36.0	Mark Sinclair		RM
4:36.8	Norman Carlson		RM
4:37.4	Brian Russell		SP
4:38.7	Bert Clark		ORE
4:39.3	Ed Bundy		WYO
4:40.0	Walter Bridges		SP

One Mile Race Walk

8:06.9	Tim Votapka		MV
8:27.5	Denton Hoyer		MV
9:09.0	Dale Hedgcoth		OZ
9:19.5	Russell Jaramillo		NM

Long Jump

21- 4½	Dave Shattuck		CEN
21- 3	Jim Gray		SP
21- 2½	Mitch Barnett		SP
20- 9½	Ken Smith		SP
20- 7	Dave Worthy		NM
20- 5½	Leanard Ledet		SP
19-11½	Barry Davis		OZ
19-11½	Richard Richardson		SP
19-11	Ron Knight		RM

Triple Jump

44- 7½	Duben Dorsey		SP
43-10	Vincent Parrette		MV
43- 3½	Barry Davis		OZ
42- 4½	Bruce Parsons		ADI
42- 2	Steve Townsell		OZ
41- 7	Eric Fuller		IE
41- 7	Paul Klees		IE
41- 5	Denny Myers		IE
41- 2½	Dave Moreland		RM
41- 0	Pierre Gamache		RM
40- 8½	Preston Shepard		OZ

High Jump

6-6½	David Shattuck		CEN
6-6	Ed Mann		IE
6-4½	Mark Hoenig		MV
6-4½	Tracy Edington		MV
6-4	Jerry Flowers		SP
6-4	J. Washington		SP
6-3½	Steve Rainbolt		MV
6-2	Mark McNeal		IE
6-0	Joe Miller		RM
6-0	Mike Washington		SP
6-0	Jeff Jones		OZ

Pole Vault

13-10	Tim Vahlstrom		SP
13- 0	Pierre Gamache		RM
12- 7	Jeff Wilson		IE
12- 6	Dan Robinson		OZ
12- 0	Kevin Crowley		SP
12- 0	Clark Sanders		SP
12- 0	Keith Schimmel		SP
12- 0	Tom Roberts		SP

Shot Put (8 pound)

57- 4½	Greg Taylor		OZ
55- 8	Kyle Jones		IE
54- 3	John Ohio		MV
54- 1½	Steve Johnson		OZ
53-10	Scott Estes		OZ
53- 5½	Kevin Hannam		ORE
51- 4	Tim Lane		ORE
48-11	Mike Varney		IE

Shot Put (12 pound)

52-10	Charles McDonald		ME
52- 8½	R. Wilson		PAC
51- 7	Jeff Pill		IE
47- 6	Nat Tupper		ME
47- 4½	Greg Taylor		OZ
46- 1½	T. Green		PAC
46- 0	Bob Merritt		RM

Discus Throw (1.6 kg)

144- 6	Jeff Pill		IE
140- 1½	Scott Harroll		OZ
124- 3	Kevin Hannam		ORE
120-11½	Steve Mengranen		OZ
120-10½	Greg Taylor		OZ
118- 1	Bruce Kidhart		RM
117- 4	Lars Koch		SP
115- 8	Bob Merritt		RM
113- 3½	David Odom		FGC
112- 4	Mark Gunderson		ORE

1973 AAU GIRLS NATIONAL TABULATION

by GEORGE LARRIER

Read the editor's note at the start of the Boy's Lists

NINE AND UNDER DIVISION

100 yard Dash

12.3	Gina Hayes	MV
12.6	Tanya Dawkins	SP
12.8	Jiwa Lea	DC
12.9	Dawnella Jones	RM
13.0	Vanessa Patrick	PAC
13.0	Lisa Filkowski	PAC
13.0	Rita Hairston	PSW
13.0	Brenda Bates	SO
13.0	Tina Scott	SP

Long Jump

14- 1/2	Lisa Nesbitt	SP
13- 6	Carol Lewis	MCH
13- 4 1/2	Signe Thompson	AZ
12-11 1/2	Chevelle Hartridge	MET
12-10 1/2	Laurie Call	MCH
12-10	Kelly Cerdas	SP
12- 9 1/2	Brenda Wagner	PAC
12- 7 1/2	Myra Henderson	OH

Triathlon

1008	Dayna Lackman	AZ
894	Jody Hark	PAC
863	Laura Nida	AZ
862	Kim Shaffer	AZ
839	Rene Brown	OZ
834	Elena Smith	AZ
774	Sheri Ball	PSW
755	Stephanie Gill	PAC

220 yard Dash

28.8	Tanya Dawkins	SP
29.1	Monica Bednar	SP
29.4	Kim Mickens	FGC
29.5	Tina Scott	SP
29.5	Brenda Burton	MCH
30.3	Jiwa Lea	DC
30.3	Frankie Baker	SO
30.4	Lalita Green	MA
30.5	Michelle Smart	MCH
30.5	Chevelle Hartridge	MET
30.6	Deborah Smith	FGC
30.6	Alana Capozzi	SP

440 yard Dash

66.1	Tanya Dawkins	SP
69.1	Michele Smartt	MCH
69.6	Brenda Burton	MCH
69.8	Denise Sandoval	PAC
70.0	LaDonna Cmor	NM
70.4	Dawnella Jones	RM
70.6	Cimi Ruderman	SP
70.9	Kim Mickens	FGC
71.0	Susan Metcalf	SP
71.1	Kim Gallagher	MA

880 yard Run

2:30.7	Carol Lantry	SP
2:32.2	Kristy Wilson	SP
2:33.2	Kim Gallagher	MA
2:34.0	Andrea Kirkorn	SP
2:37.2	Cimi Ruderman	SP
2:37.2	Laura Craven	OH
2:37.4	Danielle Kojica	SP
2:40.47	Patricia Collins	NM
2:41.0	Michele Smartt	MCH

440 yard Relay

56.7	NY Police Athletic L.	MET
58.8	Denver Flyers	RM
58.8	Nugent	SO
59.4	Richmond Lions	PAC
60.6	So. Cal. Cheatahs	SP
60.7	Albuquerque TC	NM

880 yard Relay

2:08.0	Denver Flyers	RM
2:09.7	Blue Angels	SP
2:10.1	Sports United Rialto	SP
2:10.4	So. Calif. Cheatahs	SP
2:11.5	Albuquerque TC	NM

Baseball Throw

148- 3	Rayna Lackman	AZ
143- 4 1/2	Lisa Filowski	PAC
136- 4	Sheri Ball	PSW
135- 9	Robbie Tedder	AZ
135- 7 1/2	D. Sandoval	PAC
134-11	Monica Johnson	AZ
133- 5	Lori Daigle	SO
132- 0	T. Frazer	PAC
131- 9	Jeannine Marks	PAC
126- 9	Rena Wright	SP

High Jump

4- 2	La Donna Omori	NM
4- 2	Cezanne Fritz	NM
4- 0	Rena Wright	SP
4- 0	Jane Morgan	AZ
4- 0	Tricia Hall	RM
4- 0	Jill Gillingham	SP
3-11	Barbara Dale	AZ
3-10	Sheri Shook	PAC
3-10	Glenda Padilla	NM
3-10	Cheryl Harding	ORE
3-10	Crystal Reese	SP
3-10	Tina Brown	SP

One mile Run

5:13.1	Chris Stoiloff	SP
5:13.1	Lisa Gilliland	NM
5:14.7	Sandy Beach	NM
5:15.0	Corinne Nunez	SP
5:18.8	Michelle Waters	SP
5:19.1	Kim MacMillan	SP
5:19.5	Mari Gibbs	SP
5:20.9	Cathy Gill	NM
5:26.3	Lisa Matthews	NM
5:26.9	Marian Franklin	PAC
5:26.9	Monica Sherwin	DC
5:27.0	Pat Paul	AZ

One Mile Race Walk

8:46.3	Joyce Brodock	SP
8:58.0	Becky Gomez	SP
8:59.0	Jessica Waskow	SP
9:09.2	Vickie Flores	SP
9:12.6	Kim MacMillan	SP

440 yard Relay

54.1	Richmond Lions	PAC
54.1	Orange Coast Girls TC	SP
54.2	Mickey's Missiles	PSW
54.3	Denver Flyers	RM
54.4	Salinas Valley TC	PAC

880 yard Medley

2:01.4	Detroit Striders	MCH
2:01.7	Albuquerque TC	NM
2:02.0	Padukies TC	MA
2:02.1	Sports United Rialto	SP
2:02.2	Richmond Lions	PAC

High Jump

4-11	Cindy Cooper	SP
4-10	Lori Anderson	AZ
4- 9	Rene Holyk	ORE
4- 9	Mary Sedall	NM
4- 8	Rose Sweeney	SP
4- 8	Terri Smithey	SP
4- 8	Pam Passarello	SP
4- 7 1/2	Dawn Freeman	AZ
4- 7	Kelly Hoban	SP
4- 7	Sally Layman	IE
4- 7	Linda Janicki	OH

Long Jump

16- 3 1/2	Roxanne Keating	AZ
16- 1	Joyce Bowie	SP
15-10	Erin Pike	SP
15- 9	Janette Windle	SP
15- 7 1/2	Cynthia Rhodes	AZ
15- 4	Cassandra Griffin	PSW
15- 2	Denise Morrow	MCH
15- 2	Cynthia Banks	MCH
15- 1	C. Dlyel	SP

Shot Put (6 pound)

38- 9 1/2	Susan Springer	PAC
35- 9 1/2	Dorcas Williams	SP
35- 4 1/2	Jackie Nelson	SP
32- 4	Teresa Warne	SP
32- 1/2	Kim Wykoff	AZ
31-11	Melinda Walker	ORE
31- 4	Laura Yeager	ORE
30-11 1/2	Bridgette Rhodes	SP
29-10	Lori Thomas	SP

Baseball Throw

188- 2	Janet Ballard	SP
187- 5	Teresa Warne	SP
183- 8	D. Kinney	PAC
181- 4	Becky Howell	PAC
180- 2	Charm Bishop	SP
180- 0	Jackie Nelson	SP
176- 0	Debbie Edens	AZ

Triathlon (100m, High Jump, 6#Shot)

1485	Sandra Tatum	NM
1477	Susan Springer	PAC
1385	Tanya Willis	SP
1348	Lisa Peters	SP
1330	Susan Ray	SP
1305	Erin Pike	SP
1264	Kim Crookston	AZ
1249	Carolyn Scott	PAC
1236	Janice Brown	PAC
1230	Rose Sweeney	SP

TWELVE & THIRTEEN DIVISION

80 meter Low Hurdles

12.0	Sonja Hardy	RM
12.1	Kelly Sparks	IND
12.2	Renee Van Natta	AZ
12.5	Denise Rogers	PAC
12.5	Sandy DeWitt	PAC
12.6	Teresa Wierson	ORE
12.6	Tanya Little	PSW
12.6	Tanya	
12.6	Lori Krug	PSW
12.6	Brenda Coash	RM

200 meter Low Hurdles

29.0	Teresa Wierson	ORE
29.3	Tanya Little	PSW
29.6	Audie Shapiro	AZ
29.6	Connie Jackson	AZ
29.6	Roslyn Moore	AZ
29.7	Shelley South	AZ
29.7	Renee Van Natta	AZ
29.8	Lori Krug	PSW

100 yard Dash

11.0	Laurie Blanchard	CEN
11.0	Marilyn Johnson	RM
11.2	Yolanda Allen	PAC
11.2	Lynn Richmond	MCH
11.2	Wanda Nicholson	SO
11.3	Regina Johnson	PSW
11.4	Tina Roberson	SP
11.4	Kim Moore	MET
11.4	R. Smith	PAC
11.4	Felicia Dupuch	RM

220 yard Dash

25.0	Lela Johnson	SP
25.1	Jan Fox	RM
25.3	Marilyn Johnson	RM
25.4	Murilyn Council	MA
25.4	Laurie Blanchard	CEN
25.6	Wanda Nicholson	SO
25.7	Pam Green	SP
25.7	Chris Smallwood	PAC
25.7	Katie Gaston	PSW
25.9	Jane Harding	SP
25.9	Joy Green	SO

440 yard Dash

57.5	Jan Fox	RM
57.7	Sherry Lynn Brown	OH
58.2	Lisa Peterson	PAC
58.9	Pam Green	SP
59.1	Cynthia Tyler	PSW
59.4	Melissa Hill	DC
59.5	Cynthia Smith	PAC
59.7	Linda McQuarrie	SP
59.9	Kathy Thomas	PSW
59.9	Christine Brockhoff	NM
60.0	Mura Mundell	OH

880 yard Run

2:17.9	Suzanne Keith	SP
2:18.3	Janet Burns	PAC
2:19.4	Alice Trumbly	
2:20.0	Peggy Stok	PAC
2:20.1	Kathy Mintie	SP
2:20.2	Kathy Governale	NM
2:20.2	Stephanie McDade	NM
2:20.7	Becky Wolfenbarger	SP
2:21.2	Paula Rose	SP
2:22.9	Penny Bridges	SP

One Mile Run

4:56.1	Kathy Mintie	SP
5:08.8	Suzanne Keith	SP
5:12.7	Amy Lucero	NM
4:14.1	Eryn Forbes	ORE
5:15.3	Jamie Bowen	SP
5:15.3	Cathy Gill	NM
5:15.6	Kathy Adams	PAC
5:15.8	Susan Greenberg	PAC
5:16.1	Jody Cobb	PAC
5:17.7	Jamie Mitchell	ORE
5:17.8	Jeana West	NM

One Mile Race Walk

8:21.2	Chris Sakelarios	PAC
8:22.2	Dayna Gerth	SP
8:36.8	Georgia Sakelarios	PAC
8:44.5	Becky Villalvazo	SP
8:47.8	Lisa Metheny	SP

440 yard Relay

49.4	Mickey's Missiles	PSW
49.5	La Mott TC	AZ
50.1	Mesa TC	MA
50.2	Mile High Denver	RM
50.4	Mountain View Striders	PSW
50.4	Mt. Carmel TC	MA

880 yard Relay

1:49.4	Columbus Community TC	OH
1:51.0	Mickey's Missiles	PSW
1:52.2	San Jose Cindergals	PAC
1:52.6	La Mott TC	MA
1:52.7	Colorado Pacers	RM

Long Jump

18- 3½	Marie Davenport	RM
17- 9½	Linda McQuarrie	SP
17- 7	Sada McCoy	AZ
17- 5½	Doreen Ransford	OH
17- 5	Lori Dinello	CEN
17- 0	Pam Secchiari	AZ
16-11½	Lynn Marchi	PAC
16-10½	Roberta Hodges	PAC
16- 9½	Roxanne Keating	AZ
16- 8½	Jackie Gay	PSW
16- 8½	Marena Chmelar	AZ

High Jump

5-4	Anne Gilliland	NM
5-4	Sharon Laughlin	SP
5-2½	Chris Shawhan	PAC
5-2	Laurie Carmen	SP
5-2	Juanita Barnett	SP
5-2	Sue Cary	OH
5-2	Jill Cerise	RM
5-2	Monique Donithan	AZ
5-1	Gail Pharris	SP
5-1	Tam Fraley	CEN
5-1	Carol Addy	OH

Baseball Throw

245-1½	Freda Hanes	PAC
220-8	Lisa Van Benthem	PSW
219-7	Lavon O'Banner	AZ
216-9	Cynthia Smith	PSW
213-5	Janie Felix	AZ
211-0	Carole Bean	AZ
211-0	Raedean Rona	SP

Discus Throw

115- 4	Kelly Curran	
111- 4	Bea Hunt	SP
105-11	Donna Yarbrough	AZ
101- 3	Liz O'Connor	PAC
101- 1	Carrie Mason	SP
101- 0	Pat Harrington	ORE
99 - 4	Christi Pyle	SP
94 - 4½	Kellye Richardson	AZ
93 - 5	Rose Villalvazo	SP
93 - 5	Joyce Springer	PAC

Javelin Throw

128- 5	Lisa Van Benthem	PSW
124- 3	Kelly Robertson	SP
119-10	Lorelei Van Benthem	PSW
115- 5	Raedean Rona	SP
108- 9	Lynn Van Benthem	PSW
108- 2	Donna Yarbrough	AZ
105- 6	Ellen Colleary	AZ
104-11	Sue Carney	SP
102- 7	Kendra Branblett	SP
101- 1	Nancy Ellertson	ORE
101- 0	Joyce Springer	PAC
100- 7	Cheryl Stefanik	SP

Shot Put (6 pound)

39- 5	Pat Malaczewski	OH
39- 3½	Bea Hunt	SP
38-10	Christi Pyle	SP
38- 9½	Darlene Corso	SO
37- 4½	Dianie James	SO
37- 2½	Martha Kuehl	PAC
37- 0	Debbie Yeager	ORE
36-10½	Elaine Roque	SP
36- 9½	Susan Springer	PAC

Pentathlon

3454	Lori Krug	PSW
3341	Chris Brockhoff	NM
3330	Brenda Coash	RM
3285	Ann Gilliland	NM
3262	Jill Cerise	RM

FOURTEEN & FIFTEEN DIVISION

100 meter Low Hurdles

14.2	Cheryl Poirier	SA
14.4	Rosalind Anderson	SA
14.4	Cathy Clarke	PSW
14.9	Melinda Peterson	SP
15.0	Shelley Harris	AZ
15.0	Jocelyn Skelly	MCH
15.0	Kay McMath	IE

300 meter Low Hurdles

45.3	Susie White	DC
46.1	Lisa Thomas	RM
46.3	Effie Jordan	SP
46.6	Cathy Clarke	PSW
46.7	Therese San Agustin	SP
46.8	Shauna Kalicki	RM
47.1	Mary Lee Erickson	SP

100 yard Dash

11.0	Dolly Fleetwood	SP
11.0	Karen Elmore	PAC
11.0	Annette Robinson	PAC
11.0	Linda Mozee	MA
11.1	Ginger Lewis	PAC
11.1	Linda Banks	OH
11.1	Carol Parsons	MA
11.1	Diedre Wilson	MET
11.2	Kim Leggett	PSW
11.2	Andrea Wilson	RM
11.2	Vonnie Coker	SP

220 yard Dash

24.3	Denise Roberson	MA
24.9	Therese San Agustin	SP
24.9	Kathy Keyes	SP
24.9	Valerie Milan	CEN
25.1	Isabelle Hartford	SO
25.1	Chemise Smith	SA
25.2	Annette Robinson	PAC
25.2	Linda Mozee	MA
25.3	Tina Leatherman	SA

440 yard Dash

55.7	Kathy Weston	PAC
55.9	Chera DeHaven	IND
56.1	Mary Decker	SP
56.5	Kathy Keys	SP
57.0	Yvonne Braxton	RM
57.3	Lynn Hollins	SP
57.3	Jan Fox	RM
57.5	Yolanda Rich	SP
57.6	Therese San Agustin	SP
58.0	Sue Roehm	
58.0	Denise Roberson	MA

880 yard Run

2:09.1	Mary Decker	SP
2:12.6	Lynn Hollins	SP
2:15.2	Pat Helms	MA
2:15.6	Natosha Frazier	MA
2:15.9	Karen Aleccia	SP
2:16.2	Betty Cuthbert	MA
2:16.7	Stephanie McDade	NM
2:17.9	Erin Daly	SP

One Mile Run

4:57.9	Mary Decker	SP
5:05.9	Robin Perry	MA
5:05.9	Kathy Adams	PAC
5:06.6	Becky Wolfenbarger	SP
5:07.4	Estella Guina	PAC
5:09.3	Kathy Jewell	SP
5:09.4	Suzanne DeCuir	SP
5:11.7	Monique Gregoire	SP
5:11.7	Cathy Greer	PAC
5:12.6	Amy Lucero	NM

2-Mile Run

11:12.1	Ellen Hart	NM
11:19.6	Sonia Gerth	SP
11:19.6	Doreen Assuma	SP
11:26.7	Carolyn McDonald	PSW
11:27.2	Marie Albert	SP
11:27.2	Lynn Miller	PSW
11:27.6	Sofie Rivera	SP
11:28.2	Doreen Villa	NM

One Mile Race Walk

7:59.4	Shelia Thomsen	SP
8:03.0	Lori Thomas	RM
8:20.6	Dayna Gerth	SP
8:33.9	Jaydee Folkens	SP
8:35.0	Carol A. Siciliano	CT
8:37.4	Sonia Gerth	SP
8:39.2	Joyce Weimer	PAC

440 yard Relay

48.2	Nugent Center TC	SO
48.5	Los Angeles Jets	SP
48.6	Mountain View Striders	PSW
48.7	Frederick TC	SA

880 yard Medley Relay

1:47.0	Sports International	DC
1:47.4	Blue Angels	SP
1:48.2	Frederick TC	SA
1:48.6	Panthers TC	OH
1:49.7	Los Angeles Jets	SP

One Mile Relay

3:57.2	Sports United Rialto	SP
3:57.4	Sports International	DC
4:00.5	Blue Angels	SP
4:02.7	Will's Spikettes	PAC
4:02.9	Dryades St. TC	SO

2-Mile Relay

9:27.4	Blue Angels	SP
9:33.6	Will's Spikettes	PAC
9:39.2	San Jose Cindergals	PAC
9:45.7	Duke City Dashers	NM

Long Jump

18- 6	Julie Varela	RM
18- 2	Pat Helms	MA
18- 2	Susan Hackett	SO
18- 0	Kathy Sulinski	PAC
18- 0	Mary Barnett	AZ
17-10½	Antoinette Griffon	PSW
17- 9½	Ella Willis	MCH
17- 9	Linda Mozee	MA
17- 8½	Shelley Harris	AZ

High Jump

5-9½	Susan Hackett	SO
5-8½	Dorothy Ritter	TEX
5-6	Pam Blackburn	PAC
5-6	Anita Lee	MCH
5-5	Signe Johnson	SP
5-4	Lisa Kinamaka	PAC
5-4	Cathy Clarke	PSW
5-4	Cindy Mitchell	AZ
5-4	Virginia Oliver	SP
5-4	Ann Robinson	DC

Shot Put (8 pound)

45- 8½	Emily Doyle	SP
42- 1½	Kay Illertsen	RM
40 -9½	Kelly Curran	SP
39- 2	Kelly Fuiks	AZ
38-10½	Laurie Borgaro	SP
38- 9½	Kim Travers	MA
38- 8½	Marie Garcia	PAC
38- 4	Jane Pierce	MCH

Discus Throw

130-1	Kim Travers	MA
129-4	Emily Dole	SP
117-0	Kelly Curran	RM
116-6	Kelly Fuiks	AZ
115-5	Edie Bradbury	SP
113-5½	Debra Haynes	
110-2	Julie Cart	AZ
109-5½	Kathy DeVine	PSW
108-3	Kim Pyles	DC
107-5½	Julie Hansen	IE
106-10	Anne Hilleborn	PSW

Javelin Throw

148- 3½	Kelly Fuiks	AZ
130- 6	Connie Gassen	SP
129- 5	Kathy Sulinski	PAC
124-10	Kathy DeVine	PSW
123- 5	Marilyn White	AZ
115-11	Patti Patterson	PSW
114-10	Betsy Hardaway	PSW
114- 3	K. Huntley	PAC
113- 6	Sue Inman	MCH
113- 1	Donna Yarbrough	AZ

3rd Edition

The Track & Field Annual for Junior Age Group Athletes

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ARIZONA AAU GIRLS ALL-COMERS MEET
PHOENIX, Ariz - Feb 16 - from SUE HUMPHREY

It is becoming usual for long jumpers and javelin throwers to make much of the news in Arizona girls track and field circles. This meet which drew 314 athletes from 13 teams, was no exception.

Long leapers CYNTHIA RHODES (10-11) and ROXANNE KEATING (12-13) were no less than sensational, as they spanned over two feet more than their nearest competitor, closing in on 16 and 17 feet, respectively.

Then visiting NADINE BOWERS from the San Jose Cindergals surprised local tossers, as the former age group phenom entered the national javelin picture by bettering 140 feet.

Top Arizona weight mark was turned in by Mesa's fast improving shot putter MARY O'BANNER, while the most noteworthy races were turned in by 16 year-old LIZ VAN HOUTEN in the 220, 10-11 race walker MARLOU HEILAND and a trio of 9-under half-milers.

/Weather-warm, windless; Track-reslite/ RESULTS:

Girls 9-Under 100(wind nil)-Theresa Beach (Pear's Peaches) 13.9; 220-Jan Carter(Creighton TC) 34.2 440-Carter 74.7, Mary Sanford (PP) 75.1; **HJ**-Ellen Berthot (Scottsdale TC) 3-7; **LJ**-Berthot 11-8½, Beach 11-4; **4x100R**e/4x200R-PP 64.6/2:14.3;

880 yard Run **Baseball Throw**
Lisa AnetsbergerA 2:46.3 Monica Johnson,PP 130-5
Monica Johnson,PP 2:49.3 Lori Garrow, Cr 109-9
Joann Chatterton,PP 49.8 Arlene Tevison,VS 102-10

Girls 10-11 100(wind nil)/220-Cynthia Rhodes (Mesa TC) 12.4 & 12.2h/28.0; 440-Karen Hooper (Cr) 66.7, Jane Morgan (Sc) 67.0; 880-Joyce Schmal (PP) 2:35.0, Rebecca Kuyasa (Sc) 2:35.8; **MI**-Dawn Freeman (VOS) 5:45.5, Linda Lindsey (PP) 5:48.2; **50H**(w nil)-Rosemary Serrano (Cr) 10.2; **HJ**-Freeman 4-9, Jill Gordon (Phoenix TC) 4-6; **LJ** (w nil)-Rhodes 15-8½, Gordon 13-4½; **6SP**-Debbie Thatford (PP) 24-3½, Debbie Edens (Valley of the Sun TC) 24-3½; **BBT**-Edene 169-0, Gayle Kirby (Phoenix Chaparrals) 165-9; **MIW**-Marlou Heiland (Arizona TC) 9:11.6; **4x100R**e-Arizona TC 59.0

Girls 12-13 100(w nil)-Lisa Thompson (VOS) 11.7, Connie Jackson (Msa) 11.7; 220-Leslie King (PC) 26.5, Jackson 27.5; 440-Sherly Symons (Arz) 60.3 Marie Jorgenson (Arz) 61.1, Vicki Murray (VOS) 63.0; 880-Diane Barrett (Arz) 2:25.9; **MI**-Krista Holmes (Sc) 5:32.0; **80mH**(w nil)-Terri McMahon (Arz) 13.0; 200mH-Jackson 29.9, McMahon 30.1; **MIW**-Patty Brown (Msa) 9:28.4; **LJ**(w nil)-Roxanne Keating (PC) 16-11½; **JT**-Kim Wycoff (VOS) 82-8; **JT**-Lisa Gahafer (Arz) 96-5, Sue Gillie (Arz) 92-3 **4x100R**e-PC 52.6; **880Med**Re-Arizona TC 1:56.0;

High Jump **Shot Put (6 pound)**
Lori Anderson, Sc 5-2 Wonda Ester, VOS 32-7½
Vicki Murray, VOS 4-10 Kim Wycoff, VOS 32-0
Mary Lund, PhxTC 4-10 Sue Gillie, ArzTC 31-6½

Girls 14-15 100(w nil)/220-Terri Harrell (Msa) 11.9 & 11.7h/26.3; 440-Cindy Frey (Cactus Wrens) 61.2; 880-Mi-Kim Carvahlo (Sc) 2:27.5/5:22.4; **100mH**-Shelley Harris(CW) 15.7, Andie Shapiro (Msa) 16.3; **300mH**-Shapiro 48.3, Patty Delp (Msa) 48.3; **HJ**-Monique Donithan (CW) 5-1, Cindy Mitchell (CW) 5-1; **LJ**(w nil)-Harris 16-8½, Cecelia Thomas (PP) 16-7½; **4kgSP**-Pam Johnson (Cr) 30-11; **DT**-Ellen Colleary (Msa) 104-3, Donna Yarbrough (Cr) 103-2½ **JT**-Michel Espinoza (Maricopa Striders) 112-3, Yarbrough 107.5, Colleary 107-4; **4x100R**e/880Med Re-Mesa TC 50.5/1:54.0; **4x400R**e-CW 4:38.5

Girls 14-Over (juniors only) 100(w nil)/100mH(w nil)/400mH-Linda Wright 11.4/15.1/65.1; 220-Liz Van Houten (CW) 25.1; **4kgSP**-Mary O'Banner (Mesa) 38-3; **DT**-Kelly Fuiks (CW) 109-4; **JT**-Nadine Bowers (San Jose Cindergals) 142-6, Fuiks 125-0, Marilyn White (Msa) 122-1; **HJ**-Karen Schwantze (PhxTC) 5-1; **LJ**(w nil)-VanHouten 16-3

SPECIAL GIRLS PENTATHLON
SEATTLE, Wash - Feb 9

An unusual early season outdoor/indoor pentathlon saw MITZIE McMILLIN once again better 4000 points. Held in conjunction with a two day meet at the U of Washington, under the direction of coach Ken Shannon, the jumps were held indoors at Edmondson Pavilion and the remaining events in windless 40° weather and heavy fog.

Mitzie recorded the following marks: 14.5 (100m-33" hurdles), 34-7 (4kg shot), 5-6 1/2 (high jump), 19-2 1/4 (long jump) and 25.7 in the 200m, for a total of 4015 points, defeating her opponents easily.

CENTRAL AAU GIRLS & WOMEN INDOOR CHAMPS
CHAMPAIGN, Ill - Feb 2 - from NIGEL DaSILVA

Led by an incredible, if true, 220 by Chicago's ROSALYN BRYANT (she ran a flat 24 seconds in the 261 yd U of Illinois oval), Central Association sprinters, once again, turned in a sensational series of marks. Rosalyn's Mayor Daley Youth Foundation teammate WINONA PARKS (13) traded wins with RACHEL LEWIS of the Galesburg JC Jets in two rapid age group dashes.

Another indication of the strength of the northern area is that visiting internationalist DEBBIE CLAY from Indiana was outdistanced by not only Bryant, but by another girl from Chicago TERRY HOPKINS as well, in the 60.

The find of the host West Suburban TC, KATHY LAPORTE (15) was not far behind veteran Mamie Rallins in the Women's Hurdles, and teammate KORI DINELLO (14) was right behind Kathy. TOP RESULTS:

Girls 13-Under 440-Laura Kutska (West Suburban TC) 62.2...5-Andrea Mollenbach (age 9, WS) 70.3; 880-Carol Cychol (Peoria Pacettes) 2:30; **MI**-Margaret LaPorte (WS) 5:44.7, Ann Henry (10, PP) 5:49.5; **2MI**-Tamara Ehrentreau (PP) 12:55; **50H**-Karen LaPorte (WS) 7.7, Jill Henschen (WS) 8.2; **HJ**-Shelley Smith (12, PP) 4-9; **LJ**-Lisa Allen (Galesburg Jets) 15-8½; **SP**-Ann Weber (WS) 32-2, Sharon Marr (PP) 31-5; **4x400R**e-WS 4:39.5;

50 yard Dash **220 yard Dash**
Winona Parks, MD 6.1 Rachel Lewis, GJ 27.1
Rachel Lewis, GJ 6.2 Winona Parks, MD 27.5
Lisa Allen, GJ 6.3 Bridget McClean, TH 27.8

Girls 14-Over (juniors only): 60...3-Terry Hopkins (Mayor Daley YF) 6.9, 4-Rosalyn Bryant (MD) 6.9...6-Debbie Clay (Mayor Hatcher YF) 7.1; 220-Bryant 24.0...3-Hopkins 25.0, 4-Valerie Milan (MD) 25.1; 440...2-Trudi Rebsamen 57.1...5-Dawn Moriarty (14, WS) 57.6; 880...2-Robin Smith (15,MD) 2:21.5, 3-Laura Menches (14, WS) 2:21.6, 4-Trudi Rebsamen 2:21.9; **MI**-Lisa Hamity (WS) 5:07.3, Cristy Dotseth (MD) 5:19.8; **60H**...2-Kathy LaPorte (15, WS) 8.3...3-Lori Dinello (14, WS) 8.6, 4-Debi Kilhoffer (14, PP) 8.7; **HJ**...2-Jean Baltz (PP) 5-4, 3-Lisa Mitchell (15, WS) 5-3; **LJ**...2-Kim Schofield (PP) 18-7...4-Debi Kilhoffer (14, PP) 17-3½; **4kgSP**-Sheila Yurksat (MD) 38-11; **880Med** Re-WS (Moriarty-Dinello-LaPorte-Blanchard) 1:50.5

SO CALIFORNIA MAF CROSS COUNTRY CHAMPIONSHIP
SO EL MONTE, CA - Jan 26 - from MANNY GUERRERO

Each of the six municipal Athletic Federations, which make up "SCMAF", scored a win in their annual cross country finals held at the flat Whittier Narrows Park.

The races were so close that only four of the fourteen races were decided by more than 4 seconds. Qualifiers for the finals came from playground and recreation competition. Previous restrictions on AAU competitors were completely dropped for the first time.

Orange County (OC) took five of the individual gold medals, to edge the South San Joaquin (SSJ) by one. Other federations represented were Inland Valleys (IV), South-east (SE), San Gabriel Valley (SGV) and San Diego (SD).

TOP FINISHERS:

BOYS COMPETITION

Div.1 (Born in or after 1965)
0.5 mile

Danny Hogg SSJMAA 3:22
Brett Natress OCMAA 3:23
Troy Hall SGVMAA 3:24
Andrew Zampardo SDMAA 3:25
Eddie Varb OCMAA 3:27
Donald Cornwell OCMAA 3:28

Div.2 (Born in 1964) 0.5 mile

Matthew Kobloska SSJMAA 3:16
Vincent Lencioni SSJMAA 3:17
Curt Haslington SEMAA 3:18
Mike Simmons SGVMAA 3:19
John Vargas OCMAA 3:20
Armando Gama SDMAA 3:21
James Lindgren SDMAA 3:22

Div.3 (Born in 1963) 0.75 mile

Doug Dunbar OCMAA 4:31
Randy Babb SEMAA 4:33
Greg Battles SSJMAA 4:34
Paul Schofield SDMAA 4:35
Tom Scholten OCMAA 4:40
Kenneth Joeger SSJMAA 4:41
Ken Banks SEMAA 4:42

Div.4 (Born in 1962) 1 mile

Mike McIntyre SDMAA 6:28
Mark Porath OCMAA 6:31
Joey Fana OCMAA 6:32
Barry Ruderman IVMAA 6:33
Jonathan Waldum IVMAA 6:34
Joe Campos IVMAA 6:35
Pete Lange SSJMAA 6:36
Darrel Sims SGVMAA 6:37
Tom Lindgren SDMAA 6:38

Div.5 (Born in 1961)
1.5 mile

David Camarillo SSJMAA 8:47
Brian Pierce OCMAA 8:52
Eddy Lindgren SDMAA 9:02
Danny Egan IVMAA 9:04
David Krasnak SGVMAA 9:05
Mike Vucinic OCMAA 9:09
Roger Phillips SGMAA 9:10

Div.6 (Born in 1960)
1.5 mile

Eddie Lujan SSJMAA 8:22
Mike Gifford OCMAA 8:31
Robert Aragon IVMAA 8:33
Rick Smith OCMAA 8:34
Robert Avila SGVMAA 8:35
John Sheerer IVMAA 8:38
Henry Carrasco SSJMAA 8:41
Craig Page SGVMAA 8:42
Trent Jennings SDMAA 8:43
Ralph Ramirez IVMAA 8:47

Div.7 (Born in 1959)
2 miles

Jim Grant SEMAA 10:45
Steve Gunberg SDMAA 10:51
David Mendoza SGVMAA 10:54
Randy Matusak IVMAA 11:02
Joe Young OCMAA 11:05
Tony Vega SEMAA 11:07
Richard Wilson OCMAA 11:08
Russ Roberts SGVMAA 11:13
George Martinez SDMAA 11:17

ALLEGHENY MOUNTAIN AAU GIRLS INDOOR CHAMPIONSHIPS
PITTSBURGH, Pa - Feb 17 - from DON LENZ

Greensburg's TERRI ALBRIGHT and ROBIN WORMSLEY of New Image each won three events, highlighting the individual efforts. Mount Lebanon and Latrobe scored the most points for the third year, in this 13 and under meet.

Robin included a sub-70 seconds 440 and a 6.7 in the 50 yard dash among her 9 & under victories, while Terri had a fine all-around 440/high jump/hurdle triple in the 10-11 class.

The top 12-13 performance was a 39 foot shot put by Mt. Lebanon's GINA PIATT. Results:

Girls 9-Under 50-Robin Wormsley (New Image TC) 6.7, Tammy Malfer (Johnstown TC) 7.0; 220/440-Wormsley 30.8/69.8; 660/LJ-Lisa Burnett (Mt Lebanon TC) 2:12.1/10-3; 440W-Carol Lynch (Latrobe TC) 2:31.6; **HJ**-Malfer 3-7, Chris Stemmler (Lat) 3-5; **BskT**-D.Clayborne (Jo) 36-7

Girls 10-11 50-Charlene Massena (Lat) 7.1; 220-Faye Wilson (NI) 31.5; 440/50H/HJ-Terri Albright (Greensburg TC) 70.5/8.7/4-1; 880-Lori Stouffer (Lat) 2:53.5; **MI**-Mary Jo Davis (Lat) 6:07.2; 440W-Athena Monios (ML) 2:07.2; **LJ**-Jill Currie (Lat) 12-2½; **SP**-Kathy Travers (ML) 27-7½

Girls 12-13 50/440-N.Smith (Jo) 6.3/70.5; 220-Sandy Bloomfield (ML) 29.2; 880-Mary Ann Murphy (ML) 2:34.8; **MI**-Marsha Neurohr (Gr) 5:54; 50H-Renee Felton (Gr) 7.7; 880W-Cindy Bertolotti (Burgettstown) 4:48; **HJ**-Antoinette Jackson (Bethel Park) 4-9; **LJ**-Sue Kovalik (Gr) 13-5½; **SP**-Gina Piatt (ML) 39-0, Sue Collins (Gr) 34-4

ASTRO-BELLES GIRLS RELAYS

HOUSTON, Tex - Feb 23 - from HERMAN GOLDBERG

Fourteen teams participated in the first of what is planned to be an annual early season outdoor meet, with decent weather for teams from all over the USA. Two divisions were held this year for the girls 13-under and Women 14-over.

Former athletes of the host team helped officiate this year's meet.

Junior Internationalist javelin thrower SUSAN ARMSTRONG started her season on one leg. The Houston miss was hobbled on crutches, due to a recent ankle injury, but talked her coach into throwing and managed a fine toss of 126-3. /Weather-68°, sunny, slight wind; Track-Worthing High School, cinder/

GIRLS COMPETITION

Div.1 (Born in or after 1965)
0.5 mile

Kendy Anno OCMAA 4:01
Dolores Stave SEMAA 4:02
Tina Cordova SEMAA 4:08
Monica Johnson SGVMAA 4:12
Diane Mazanek OCMAA 4:14

Div.2 (Born in 1964)0.5 mile

Lisa Johnston OCMAA 3:26
Betsy Goldsby OCMAA 3:22
Wendy Bigham IVMAA 3:23
Annette Davis OCMAA 3:24
Pat Garcia IVMAA 3:28
Monique Guiday SSJMAA 3:32

Div.3 (Born in 1963)0.75 mile

Alan Capozzo OCMAA 4:45
Cynthia Ward SEMAA 4:47
Paula Cobb IVMAA 4:47
Sharon Hameline SGVMAA 5:02
Diane Ursin SSJMAA 5:07

Div.4 (Born in 1962) 0.75 mile

Lori Bigham IVMAA 4:30
Denise Cody SDMAA 4:31
Jessica Waskon IVMAA 4:37
Cynthia Rice SDMAA 4:39
Connie Mikkel SSJMAA 4:40
Patty Plumer OCMAA 4:43
Natalie Sonaduroff SEMAA 4:44

Div.5 (Born in 1961) 1 mile

Tawnee Ferree OCMAA 6:27
Laurie Johnson IVMAA 6:39
Marcie Ricardi IVMAA 6:48
Sharon Dudek OCMAA 6:54
Pamela Spencer OCMAA 6:55
Shelley Vassey OCMAA 6:57
Ielene Izaguirre OCMAA 6:59

Div.6 (Born in 1960) 1 mile

LaDonna Phillips SGVMAA 6:41
Sheryl Harplan SEMAA 6:43
Jodie Bowen SEMAA 6:44
Diane Stern SGVMAA 6:45
Cheryl Milam OCMAA 6:48

Div 7 (Born in 1959) 1 mile

Jamie Bowen SEMAA 6:26
Linda Brodock IVMAA 6:38
Kathy Anno OCMAA 6:41
Nancy Samadouroff SEMAA 7:04
Janne Bigham IVMAA 7:08

STARTING LINE CALENDAR

APRIL

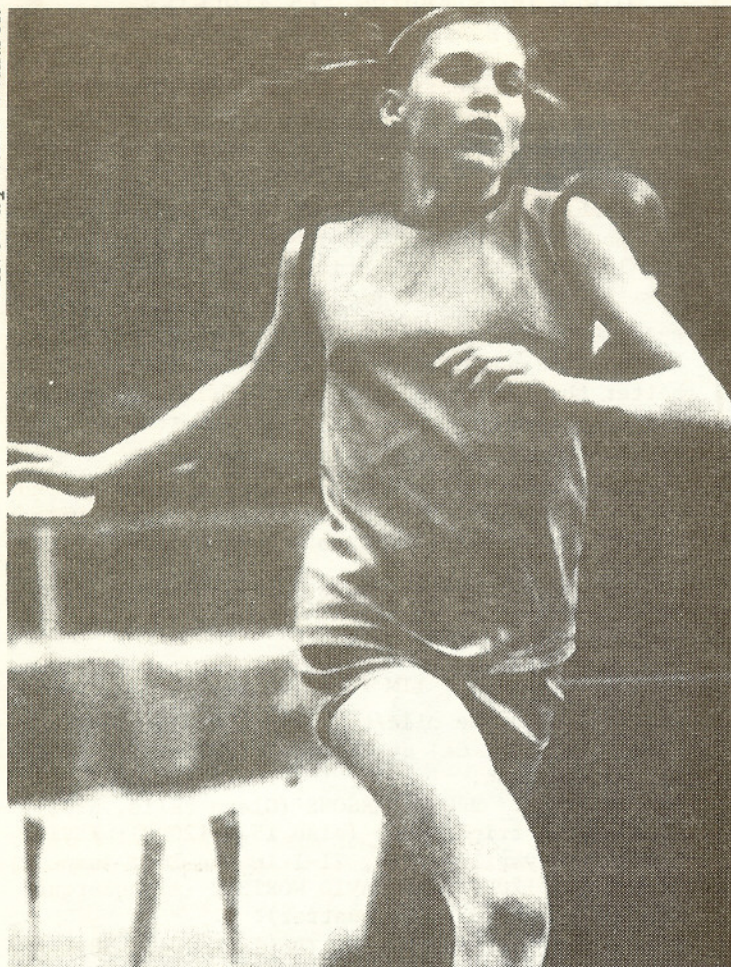
- 27 COMMUNITY YOUTH CLUB GIRLS MEET, Miami Dade JC North, Florida (Girls, 9-under & up, Track & Field) Eli Gagich, 400 NW 43rd Place, Miami, Florida 33126
27 MANCHESTER (Tenn) ROTARY RELAYS, Coffee County Stadium (Girls, JHS & HS, T&F) Winston Wallace, Rt 6, Box 899, Manchester, Tenn 37355 (615) 728-2522
27 OZARK "INVITATIONAL", Edwardsville, Illinois (G & B, 9-under & up, T&F & Race Walks) Bob Hyten, 1033 Randle Street, Edwardsville, Illinois 62025
27 RUN-WALK PENTATHLON, Columbia, Missouri.....Joe Duncan, 4004 Defoe, Columbia, Missouri
27 CUPERTINO YEARLINGS "INVITATIONAL", Foothill JC, Los Altos, California (Boys, 9-under to 14-15, T&F) PO Box 1049, Cupertino, California 95014
27 COLORADO INVITATIONAL RELAYS, Boulder, Colorado (Girls) Lyle Knudson, 1330 Georgetown Road, Boulder, Colorado 80302
27-28 COLUMBUS (Ohio) COMMUNITY TRACK CLUB MEET.....Edmond White, 786 Bulen Avenue, Columbus, Ohio 43205
27-28 ORINDA (California) "INVITATIONAL" (Girls, 9-under & up, Track & Field) Don Bailes, 133 Selborne Way, Moraga, California 94556
27-28 MOUNT SAN ANTONIO RELAYS, Walnut, Calif (Girls, 9-u & up, T&F) Jim Allen, 10044 Central Avenue, Montclair, California 91763 (714) 624-7434
28 METROPOLITAN AAU ALL-COMERS, Queensborough, New York (Girls, Track & Field) Ramona Massey, 112-26 203rd Street, Saint Albans, New York 11412

MAY

- 4 MIRAMAR STRIDER BOYS MEET, Miami Dade JC, Florida (Boys, Age group only, Track & Field) Eli Gagich, 400 NW 43rd Place, Miami, Florida 33126
4 SAGINAW (Michigan) TRACK CLUB SPRING MEET (Boys & Girls, 9-under to 14-15, Track & Field) Roger Hansen, 5456 Adrian, Saginaw, Michigan 48603
4 GRACELAND RELAYS, Lamoni, Iowa (Girls) Betty Welch, Graceland College, Lamoni, Iowa
4 PLEASANT HILL (California) "INVITATIONAL" (Boys, 9-under & up, Track & Field) Gary Santos, 1961 Lucille Lane, Pleasant Hill, California 94523
4 LAKEWOOD INTERNATIONAL "INVITATIONAL", Lakewood (CA) HS (Girls, 9-u & up, T&F) Dave Rodda, 6142 Monlaco Rd, Long Beach, Calif 90808 (213) 421-8334
5 METROPOLITAN AAU MEET, Van Cortlandt Park, Bronx, NY (Girls, Track & Field) Ramona Massey, 112-26 203rd Street, Saint Albans, New York 11412
5 JACKSON "INVITATIONAL", Cape Girardeau, Missouri.....Sam Giambelluca, 1020 Kendall Drive, Poplar Bluff, Missouri 63901
5 ALBUQUERQUE SPRING TRACK CLASSIC, University of New Mexico (Girls, 9-under & up) Tony Sandoval, 2712 Rhode Island, NE, Albuquerque, New Mexico 87110
5 SOUTHERN PACIFIC AAU PENTATHLON/TRIATHLON, UCLA, Westwood, Calif (Girls, 9-under & up) Chuck Debus, 18100 Pacific Coast Highway, Malibu, Calif 90265
5 PACIFIC AAU PENTATHLON/TRIATHLON, Mills HS, Millbrae, California (Girls, 9-under & up) Harmon Brown, 2335 David Court, San Mateo, California 94403
11 LAUREL (Maryland) RELAYS (Boys & Girls) Bob Ryerson, 12228 Shadetree Lane, Laurel, Maryland 20810
11 FLORIDA GOLD COAST BOYS AGE GROUP MEET, Miami Dade JC South (Girls, 9-under & up, T&F) Eli Gagich, 400 NW 43rd Place, Miami, Florida 33126
11 POLAR ICE CAP SPECIAL, Midland, Michigan (Girls, 9-under & up, Track & Field) Norm Skelly, Box 1185, Midland, Michigan 48640 (517) 835-7858
11 ALL-AMERICAN CITY RELAYS, Poplar Bluff, Missouri (Boys & Girls, Age group) Sam Giambelluca, 1020 Kendall Avenue, Poplar Bluff, Missouri 63901
11 ARIZONA STATE AAU CHAMPIONSHIPS, Phoenix College (Girls, 9-under & up) Sue Humphrey, 1902 East Meadowbrook, Phoenix, Arizona 85016
11 SAN JUAN STRIDER "INVITATIONAL", Carmichael, Calif (Girls, 14-15 & up, Track & Field) Larry Neverkovec, 6401 Stanley Ave, Carmichael, California 95608
11 ROSEVILLE (California) GAZELLES MEET (Girls, 9-under & up, Track & Field) Gilbert Duran, 1325 Susan Circle, Roseville, California
11-12 SO CALIFORNIA CHEETAHS "INVITATIONAL", Mt San Antonio Coll, Walnut, Ca (G, 9-u & up, T&F) Bill Peterson, 1840 Hawkbrook, San Dimas, California 91773
12 METROPOLITAN AAU GIRLS MEET, Victory Field, New York City (Girls, Track & Field) Ramona Massey, 112-26 203rd Street, Saint Albans, New York 11412
18 FLORIDA GOLD COAST BOYS AGE GROUP MEET, Miami Dade JC, Florida (Boys, 9-under to 16-19, T&F) Eli Gagich, 400 NW 43rd Place, Miami, Florida 33126
18 MIAMI VALLEY "INVITATIONAL", Dayton, Ohio (Girls, 9-under & up, Track & Field) Steve Price, 1205 Waving Willow, Kettering, Ohio
18 SAGINAW (Michigan) TRACK CLUB "INVITATIONAL" (Boys & Girls) Roger Hansen, 3865 Hospital Road, Saginaw, Michigan 48603
18 OZARK AAU BOYS & GIRLS CHAMPIONSHIPS, Parkway North HS, St Louis, Missouri (B&G, age group) Marvin Piggs, 224 Judith, Cahokia, Illinois 62206
18-19 ORANGE COAST "INVITATIONAL", Newport Harbor (Calif) HS (Girls, 9-under & up, T&F) Don Moraga, PO Box 2082, Huntington Beach, Ca 92647 (714) 646-1891
19 TRIPLE CITIES RUNNERS CLUB MEET, Endwell, New York (Boys & Girls, Track) Bob Osborne, 3717 Wildwood Drive, Endwell, New York 13760
19 MISSOURI VALLEY AAU OPEN MEET, Kansas (Girls, Track & Field) Dr John Davis, Garlinghouse Building, Topeka, Kansas 66612
19 THE COLORADO GOLD "INVITATIONAL" (Girls, 9-under & up, Track & Field) Gordon Fox, 9350 Osceola, Westminster, Colorado
19 DENVER (Colorado) RELAYS (Boys & Girls, all ages, Relays) Robert Smith, 3210 Ivy Street, Denver, Colorado
19 PACIFIC AAU GIRLS TRACK & FIELD CHAMPIONSHIPS, San Jose, Calif (Girls, 14-17 & up, T&F) Augie Argabright, 18430 Baylor Ave, Saratoga, California 95070
25 MOUND "INVITATIONAL", Miamisburg, Ohio (Boys, 9-under & up, Track & Field) Mark Becker, 708 North 12th Street, Miamisburg, Ohio 45342
25 CINDERETTES "INVITATIONAL", Fort Wayne, Indiana (Girls, 9-under & up, Track & Field) Roberta Widmann, 613 Till Road, Fort Wayne, Indiana
25 OZARK JUNIOR OLYMPIC PENTATHLON/TRIATHLON, Poplar Bluff, Missouri (Girls, 9-under to 14-17) Sam Giambelluca, 1020 Kendall Ave, Poplar Bluff, Mo
25 REGION TEN OUTDOOR CHAMPIONSHIPS, Colorado (Girls, Track & Field) Evie Dennis, 3072 Cook Street, Denver, Colorado 80205
25 ARIZONA STATE JUNIOR OLYMPIC CHAMPIONSHIPS, Phoenix College (Boys & Girls, 9-under to 16-17) Sue Humphrey, 1902 East Meadowbrook, Phoenix, Az 85016
25 NEW MEXICO AAU PENTATHLON CHAMPIONSHIPS, Univ of New Mexico, Albuquerque.....Don DeHart, 1820 Kentucky NE, Albuquerque, New Mexico 87110
25 PACIFIC AAU GIRLS AGE GROUP CHAMPIONSHIPS, Redwood City, Calif (Girls, 9-u to 12-13, T&F) Nick Sakelarios, 11 Burbank Ave, Redwood City, Ca 94063
26 NEW MEXICO AAU CHAMPIONSHIPS, Univ of New Mexico, Albuquerque (Girls, 9-under & up, T&F) Don DeHart, 1820 Kentucky NE, Albuquerque, New Mex 87110
26-27 LA JOLLA "INVITATIONAL", Balboa Stadium, San Diego, Calif (Girls, 9-u & up, T&F) Tracy Sundlum, 363 Playa del Sur, La Jolla, Calif (714) 459-0820

JUNE

- 1 SCARBOROUGH "INVITATIONAL", Toronto, Ontario, Canada (Girls, age group, Track & Field) Frank Mann, 5 Martorino, Scarborough, Ontario, Canada
1 FLORIDA GOLD COAST JUNIOR OLYMPIC CHAMPIONSHIPS, Miami Dade JC South (B&G, 9-u to 12-13, T&F) Stan Romero, 5595 West 14th Avenue, Hialeah, Fla 33012
1 GOLDEN TRIANGLE "INVITATIONAL", Ypsilanti, Mich (B&G, age group & up, T&F) Bob Parks, Eastern Michigan University, Ypsilanti, Michigan 48197
1 JUNIOR NATIONAL AAU 5000m RACE WALK & REGION EIGHT TRACK & FIELD (B&G, age group, T&F) Bob Hyten, 1033 Randle Street, Edwardsville, Illinois 62025
1 NORTHERN CALIFORNIA JUNIOR OLYMPIC TRIALS, Del Norte HS, Crescent City (B&G, T&F) Dee Sullivan, 784 C Street, Crescent City, California 95531
1 COLORADO OPEN AGE GROUP MEET, Aurora (Girls, Track & Field) Lyle Knudson, 1330 Georgetown Road, Boulder, Colorado 80302
1-2 CENTRAL AAU CHAMPIONSHIPS, Glen Ellyn, Illinois (Girls, age group & up, T&F) Nigel da Silva, 1036 Superior, Oak Park, Illinois
1-2 OZARK JUNIOR OLYMPIC DECATHLON, Poplar Bluff, Missouri (Boys, 14-15 & 16-17) Sam Giambelluca, 1020 Kendall Drive, Poplar Bluff, Missouri 63901
1-2 SOUTHERN PACIFIC AAU CHAMPIONSHIPS, Long Beach State Univ, Calif (Girls, 9-u & up, T&F) Bob Seaman, 648 So Pamela Kay Lane, La Puente, Calif 91746
2 REGION SEVEN & MIDWESTERN AAU CHAMPIONSHIPS, Hastings, Neb (Girls, T&F) Father Patrick O'Byrne, Hastings St Cecelia High School, Hastings, Neb 68901
2 PACIFIC AAU CHAMPIONSHIPS, Redwood City, Calif (Girls, 14-15 & up, T&F) Nick Sakelarios, 11 Burbank Avenue, Redwood City, California 94063
3 ARIZONA AAU PENTATHLON/TRIATHLON CHAMPIONSHIPS, Phoenix College (Girls, 9-under & up) Sue Humphrey, 1902 East Meadowbrook, Phoenix, Arizona 85016
5 ROANOKE VALLEY TRACK CLUB AGE GROUP MEET, Roanoke, Virginia (Boys & Girls, T&F) Darr Graham, 839 Dillon Drive, Vinton, Virginia 24179
7-8 CALIFORNIA STATE BOYS AAU CHAMPIONSHIPS, Carmichael, Calif (Boys, 9-under & up, T&F) Larry Neverkovec, 6401 Stanley Ave, Carmichael, Calif 95608
7 ROCKY MOUNTAIN AAU GIRLS CHAMPIONSHIPS, Boulder, Colorado (Girls, 14-17, Track & Field) Lyle Knudson, 1330 Georgetown Road, Boulder, Colo 80302
8-9 CALIFORNIA STATE AAU CHAMPIONSHIPS, UCLA, Westwood, Calif (Girls, 12-13 & up, Track & Field) Bob Seaman, 648 So Pamela Kay Lane, La Puente, Ca 91746
8 OHIO AAU AGE GROUP CHAMPIONSHIPS, Kettering (Boys & Girls, 9-u to 14-15, T&F) Steve Price, 1205 Waving Willow Road, Kettering, Ohio
8 CENTRAL AAU AGE GROUP CHAMPIONSHIPS, Belvidere, Illinois (Boys, Track & Field) Joe Twyman, 220 West Locust, Belvidere, Illinois 61008
8 CENTRAL AAU PENTATHLON CHAMPIONSHIPS, Peoria, Illinois (Girls) Dave Miller, Box 47A, Tremont, Illinois 61568
8 MOSCOW (Idaho) MERCURIANS AGE GROUP OPEN MEET (Boys & Girls, Track & Field) Bernard Dare, PO Box 3151, University Station, Moscow, Idaho
8 PACIFIC AAU AGE GROUP CHAMPIONSHIPS, So Lake Tahoe, California (Girls, 9-under to 12-13, T&F) Don Miniaci, PO Box 7942, So Lake Tahoe, Calif 95075
8 RRCA NATIONAL POSTAL MILE RUNS, Washington, DC (Boys & Girls, 9-under to 14-15) Irene Mirkin, 11109 Rosemont Drive, Rockville, Maryland 20852
8 RRCA NATIONAL POSTAL MILE RUNS, Gainesville, Florida (Boys & Girls, 9-under to 14-15) Ken Burnsed, 24B, 205 Southeast 16th Ave, Gainesville, Fla 32601
8 RRCA NATIONAL POSTAL MILE RUNS, Fort Lauderdale, Florida (Boys & Girls, 9-under to 14-15) Jim Thomas, 7160 Venetian Street, Miramar, Florida 33023
8 RRCA NATIONAL POSTAL MILE RUNS, Cincinnati, Ohio (Boys & Girls, 9-under to 14-15) Ron Harmon, 6808 Marvin, Cincinnati, Ohio 45224
8 RRCA NATIONAL POSTAL MILE RUNS, Saginaw, Michigan (Boys & Girls, 9-under to 14-15) Roger Hansen, 3865 Hospital Road, Saginaw, Michigan 48603
8 RRCA NATIONAL POSTAL MILE RUNS, Houston, Texas (Boys & Girls, 9-under to 14-15) Tom McBrayer, 7733 Moline, Houston, Texas 77017
8 RRCA NATIONAL POSTAL MILE RUNS, Denver, Colorado (Boys & Girls, 9-under to 14-15) Dick Haggerty, 5905 Estes, Arvada, Colorado 80302
8 RRCA NATIONAL POSTAL MILE RUNS, Portland, Oregon (Boys & Girls, 9-under to 14-15) Charles Dagg, 7075 Southwest 155th, Beaverton, Oregon 97005
8 RRCA NATIONAL POSTAL MILE RUNS, Bakersfield, California (Boys & Girls, 9-under to 14-15) Dale Knox, 714 Sixth Street, Wasco, California 93802
9 NEW JERSEY AAU CHAMPIONSHIPS, Nutley (Girls, Track & Field) John Schwarz, 56 Hampton Place, Nutley, New Jersey 07110
9 CONNECTICUT AAU STATE CHAMPIONSHIPS, Fitch HS, Groton (Girls, Track & Field) John Contoulis, 74 Old Colchester Road, Quaker Hill, Connecticut 06375
9 ROCKY MOUNTAIN AAU PENTATHLON/TRIATHLON CHAMPIONSHIPS, Boulder, Colorado (Girls) Lyle Knudson, 1330 Georgetown Road, Boulder, Colorado 80302
10 DENVER WINGFOOTS TRACK CLINIC, Denver, Colorado (Boys & Girls) Pete Traver, 8232 East Lehigh Drive, Denver, Colorado 80237
12 ROANOKE VALLEY TRACK CLUB AGE GROUP MEET, Roanoke, Virginia (Boys & Girls, Track & Field) Darr Graham, 839 Dillon Drive, Vinton, Virginia 24179



Top miler DEBBIE QUATIER

GIRLS INDOOR WRAP-UP CONTINUED

MIDDLE DISTANCES (600y/880y) - DOREEN ENNIS (NJ) 1:24.6/2:11.9 (6th in AAU); SUE PARKS (Mich) 2:12.6; DEBBIE VETTER (Ohio) 2:13.4; HELMS 1:24.4; FONTAINE 1:25.2; SIMPSON 1:26.4; SUSAN WHITE (Md) 1:26.5; DONNA SCHELLHUS (Ca) 2:15.5;

DISTANCES (Mile/3000 meters) - DEBBIE QUATIER (Wash) 4:51.4 (4th in AAU)/9:29.0 (3rd in Moscow); ENNIS 4:51.6 (2nd in AAU)/10:00.0 (4th at Moscow); KATY SCHILLY (NY) 4:58.0 (AAU finalist)/10:45.2 (two mile); EILEEN CLAUGUS (Ca) 5:00.8/10:31.4 (2 mile); MARLENE HAREWICZ (Pa) 10:11.6; LISA HAMITY (Ill) 5:03.4;

MILE WALK - SUSAN BRODOCK (Ca) 7:28.6 which betters all previous US women's times and Sue also held her own in competition against men at San Diego.

HURDLES (33 inch, 50y/60y) - SONYA HARDY (Colo) 7.0; BOBBETTE KRUG (Ca) 7.1/7.9; MITZI McMILLIN (Wash) 7.9; CHERYL POIRIER (Md) 8.0;

HIGH JUMP - CINDY GILBERT (Ca) 5-7 (2nd in AAU); McMILLIN 5-7 $\frac{3}{4}$; DINIE NORERO (NM) & PAM BLACKBURN (Ca) both 5-6; JEAN BALTZ (Ill), LISA MITCHELL (Ill) & ANNE GILLILAND (NM) 5-4; LISA KINIMAKA (Ca) 5-4 $\frac{1}{4}$;

LONG JUMP - McMILLIN 19-2 $\frac{1}{2}$; HELMS 19-0; FONTAINE 18-9 $\frac{1}{2}$; KIM SCHOFIELD (Ill) & DIANNA WINDLE (Ca) 18-8 $\frac{1}{2}$

SHOT PUT (4 kg) - KATHY DEVINE (Ca) 44-11; JUDY LANE (Ca) 41-11 $\frac{1}{2}$; EMILY DOLE (Ca) 41-6; KIM TRAVERS (Pa) 41-2; KELLY CURRAN (Colo) 40-0 $\frac{1}{2}$; SHEILA YURKSHAT (Ill) 38-11.

LOOK WHAT YOU'VE MISSED!

Important!—our March issue has a complete list of all colleges and universities offering sports scholarships to girls, how much is offered, in what sports scholarships are available, and how to apply!

Young girl athletes are featured in every issue. Thus far we've interviewed young girls in gymnastics, mini-bike racing, ice hockey, boxing, track, softball and golf. There are 48 slick pages full of action photographs (color and b&w) and intimate interviews and sports advice. Send 75¢ for a sample copy or \$4.50 for a year's subscription (6 issues) to THE SPORTSWOMAN, P.O. Box 2611-O, Culver City, CA 90230.

Name _____

Address _____

City _____ State _____ Zip Code _____

Large action b&w posters of Wyomia Tyus, Micki King, Olga Korbut and Kathy Whitworth available. \$2 each.

ERIC HULST (11-28-57), From Laguna Beach, Cal

He is the picture perfect athlete. He is durable, versatile and consistent (most of the time).

In a short span of time, he reeled off several significant distance marks, climaxed by a brilliant two-mile.

In the mile run, he had a fine 4:27.6 followed by 4:24.8 four days later, the latter mark second best of the year. His fantastic 9:04.4 in the two mile puts him in 2nd position on the all-time list, behind age group phenom Craig Virgin.

He was even more outstanding in the 3-mile, running a great 14:05, best mark all-time by 58 secs!

He looks ready for '74, having already run a 8:58.4 indoors, a new sophomore record.

We have rarely seen a prospect this good since Craig Virgin and that's a tall order.

TRACY EDINGTON (11-13-57), from Poplar Bluff, Mo.

Tracy is an all-arounder of amazing capabilities. His highlights of the year came in the decathlon, which is definitively his event.

He became the first 15 year-old to break the 5000 points (5073) in the ten events, improving on the old mark by over 700 points!

During the ordeal, he also recorded a 6-4½ in the high jump, 5th best height of the year.

His talent is undeniable and, short of injury, should be in the news for years.

PIERRE GAMACHE (3-18-58), from Colorado Springs, Co

Pierre deserves this standing by his fine showing in the jumps and pole vault all year, and particularly at the Nationals.

In that meet he took a fourth in the long jump, with 19-7½, a third in the triple jump at 41-0 and a satisfying first place in the pole vault with a fine 13-0, 3rd best mark of the year.

Considering that all these marks were done in one day is a remarkable achievement for this up-and-coming youngster.

DYRK DAHL (9-15-57), from Okmulgee, Oklahoma

Dyrk's performance in the 880 alone would be more than sufficient to belong in this column.

After starting the year with a fine 1:55.9, he reached the very top level in his age group, with a stupendous 1:53.0, an age-15 super first.

At the Nationals, he easily won by over a second in 1:58.0, the fourth time he had been at or under 1:58.0.

Dahl showed another side of his talent, by powering a 22.7/220 in the heat, before being edged by Dwayne Evans (see promising 14 year-olds) by one tenth, running 23.0. He is probably the first to double 220/880 in a meet like a National.

The age-16 Best of 1:50.3 by Mark Belger seems to be the next objective of this promising athlete.

OTHER OUTSTANDING '73 ATHLETES

TOM LLOY, from Huntington Beach, California

Leads the year list in the 440 with a fine 50.0 and owns 2:00 in the half, showing good capabilities in the middle distances.

DAVE KARRASH, from Santa Ana, California

Leader of the year in all three shot categories (8, 10 and 12 lb) and National record holder with the 12 pound shot with 61-1½.

BRIAN GOODMAN, from Agoura, California

His 14-8 pole vault performance was 10 inches better than anyone else in '73. Brian now ranks 4th in the all-time list, 4" off the record.

LARRY JOHNSON, from Easton, California

Larry, who is remembered as the boy who jumped 22-1 as a 13 year-old, is back on the scene with a list leading mark 23-4 as a 15 year-old.

In the sprints: BRIAN THERIOT (CA) 10.3/100 and 51.5 in the 440 and JAYSON LAW (CA) 10.2 and 22.4 .

In the distances: TIM RILEY (spokane, WA), 4:25.4 and 9:30.8 in the mile/two-mile and DAVE CORTEZ (Mountain View, CA) at 4:40.4, 9:47.0 and 2:42:28 in the marathon.

In the Jumps: BRUCE PARSONS (Glenn Falls, NY), 42-4 in the triple jump (also 15.0/120HH); KEVIN YAUSSI (Marysville, KS), 21-1 in the long jump (also 15.3/120HH) and DAVID WORTHEY (Albuquerque, NM) 20-7 (also 53.0 in quarter).

In the weights: JEFF PILL (Potlach, WA), 58-2 with the 12 lb shot and 152-1 with the 1.6kg discus.

PROMISING YOUNG 14 YEAR-OLDS

Most of the 14 year-olds that are mentioned below practically belong in the selected list of the 14-15 group. Their performances were just outstanding. As they will most likely reappear in 1974 in some of our headlines, we will just introduce them along with their best mark of the year. In alphabetic order:

BARRY DAVIS (St Louis, MO), 19-11/LJ and 43-3½ in the triple jump (2nd best all-time).

DWAYNE EVANS (Phoenix, AZ), a very promising sprinter with 10.1 and 22.5 for the year; was the National Champion in both sprints.

KYLE JONES (Spokane WA), has been great for years; his 42-9/TJ places him 4th all-time.

ROBERT LANDGREN (Chatsworth, CA), could be the best sprinter in So. Cal at 10.3 and 22.9.

CLAYTON TAYLOR (San Jose, CA), a great triple jumper at 43-0 - 3rd all-time.

JACK WALL (Erie, PA), has been the best for years; 147-10 with the 1.6 Discus and an age-14 Best of 52-9 with the 12 pound Shot.

CYRIL WYATT (Orlando, FL), has a fantastic mark in the 100 where he leads the year list with 10.0; also recorded 22.7 in the furlong.

Boys 16-17 Division

SIXTEEN & SEVENTEEN TOP ATHLETE OF 1973



Photo by KARIN SMITH

Prep of the year CRAIG VIRGIN

CRAIG VIRGIN, from Lebanon, Illinois.
Born August 2, 1955.

Named Prep Athlete of the year by TRACK & FIELD NEWS, Craig can be considered one of the finest distance star in the annals of High School track.

The consistency of high class performances was just staggering. On the very first meet of the year, he doubled 4:12.5 and 8:52.0 indoors in the mile/two-mile events. By the end of the year, he had added five other marks under that 4:12.5. His average for the year was 4:09.3, a mark that only two other 17 year-old boys have bettered all year besides Craig.

In the 2-mile he had 8 marks at or under 8:54! Only one 17 year-old has beaten even once his average time of 8:48.9 (Curtis Beck, 8:48.8). And that is all-time!

After setting the year's best mark in the mile with a 4:05.5, he pounded, one week later, the High School record in the 2-mile into oblivion with a 8:41.0, taking track star Steve Prefontaine off the books.

He brought all of these credentials into the National Junior Championships. His footing was sure, as he whipped the field by 11 seconds, in a fantastic 13:36.8 for 3 miles. This meet was to be a stepping stone for the European Junior Tour.

Against Germany he recorded a 8:10.6 for 3,000m, approximately equal to an 8:44/2-mile. He placed only 3rd, a rather inauspicious start. Against Poland, he won in a slowish 8:16 (the Age-best is 8:08 by Prefontaine). Then he was Russia bound, where he was trashed last year, as a 16 year-old. There he got sweet revenge, winning the 5,000m in an amazing 13:58.2, third all-time, behind High School greats Gerry Lindgren and Prefontaine.

During his last three years as a prep, he lost only four times. His success was of his own making, training a grueling 70-80 miles a week, in a high school that has no track! By his determination, Craig Virgin has put small Lebanon, ILL on the map.

SELECTED PERFORMERS OF 1973

CARTER SUGGS (7-17-55), from Tarboro, N. Carolina
Consistency is Carter's biggest asset. Consistently great is the only way to describe him.

He had all 6 of his 100 marks at 9.5 or under. He ran 9.3 on three occasions. His top mark in the 220 is 21.1. Carter has also leaped 24-0½, which along with his 100 and 220 marks, is first on the year's list.

On the European Tour for Juniors, he lost only to his American teammate Jesse Forbes, and was a member of the team that set a world Junior record in the short sprint relay (39.6).

His 9.3 ties the High School record, and he has one more year to go.

Only time will tell how good he'll become; maybe 9.2 seconds of time.

RON LIVERS (7-20-55), from Norristown, PA

He is versatile and consistent, has the good marks and rarely lost. The only reason he is ranked behind Suggs, is his failure to beat Europe's bests.

His best for the year in the triple jump was 51-7 ¾ (3rd on the all-time list) and he was averaging 50-2 in six meets; but that was before the Tour.

In Europe, he could only reach a top of 49-11, losing to his US teammates in all three meets, and losing to his European counterparts everytime but once.

But even this can't blemish his great overall record. He lost only once all season to a prep, averaging 49-9. Was he the best triple jumper of the year in HS competition? Yes sir!

DAVE DOUPE (7-1-55), from Inglewood, California

With the 12 lb Shot, Dave was hard to beat. As a matter of fact, the only boy who defeated him all year was 18 year-old Jim Neidhart. over the whole year. Doupe and Neidhart traded wins, four a piece.

Dave's best effort of the year was a 67-8, with an average of 65-10 for the year. He also threw the 16 pound shot 56-5 (to Neidhart 55-10).

Doupe also did very well in the discus, with a fine throw of 186-0, 3rd best of the year.

Consistency was the key to his success.

OTHER OUTSTANDING ATHLETES OF '73

KEITH TINNER, from Tacoma, Washington

Won two of three in Europe, hitting 47.3 (converted from meters) for his best of the year. He also has a 21.6/220.

LONNIE SHELTON, from Bakers, California

Was the runner-up in the shot put on the year's list at 65-2 and demonstrated tremendous abilities in the discus with a nation leading mark of 195-5.

PAUL JORDON, from Philadelphia, PA

He was the best 16 and 17 year-old long jumper of last year, with 23-9 (16) and 24-0½ (17). He was also the leading triple jumper at 51-1. While still 16, he recorded a 50-0, 3rd best all-time.

ALVIN CRENSHAW, from Dallas, Texas

He had barely turned 17 (by 9 days), when he ran a 47.5 in the quarter, good enough for second best time of the year. He also owns an excellent 1:51.1 half mile - 3rd best time of the year.

DONALD MERRICK, from Delano, Florida

But for Carter Suggs, he was the best sprinter last year, with a sterling pair of 9.5 and 21.2.

WILLIE BANKS, from Oceanside, California

Was the second best jump doubler behind Jordan, with 23-0/LJ and 49-1 in the triple.

GREG EDMOND, from Galveston, Texas

One of the fine sprinters from the state of Texas. all his marks were close to his bests of 9.4 and 21.6 in the short sprints.

PROMISING YOUNG 16 YEAR-OLDS

The following athletes are some of the young men who will make the news in 1974. A listing of their exploits of last year will demonstrate the pool of talent that exists in this country.

RALPH SERNA (Anaheim, CA), 1:56.7 /4:13.2 /9:17.8 in the distances - a top prospect; MILLARD HAMPTON (San Jose, CA), 9.6 and 21.5 in the sprints - one of the more promising youngster; DON DUVAL (Denver, CO), with a terrific 51-2 smashed the age-16 best in the triple jump; MARK BELGER (Bellmore, NY), his 1:50.3 in the 880 set a new standard for his age; RON SHAW (Jeffersonville, IN) and TIM WALKER (Newport, RI), became co-owner of the all-time best in the high jump at 6-11; GARY BLUME (Huntington Beach, CA), the best 16 year-old of the year in the 2-mile with an outstanding 9:03.6; RICHARD KIMBALL (Concord, CA) the pride of N. Cal, with tremendous times from the 2 to the 6 miles - 9:10.6, 13:43.6 and 29:57; RONNIE HARRIS (Charlottesville, VA), at 48.4 in the 440 was the year's best in this age; RICHARD NANCE (Sepulveda, CA), excellent distance prospect, with a year's best of 4:13.7 in the mile and several fine 2-mile performances and BRIAN GOODMAN (Agoura, CA), with his 14-9 flight in the pole vault, led the year's by 15 inches. Will not turn 17 until May.

This completes the Boys age group report for 1973, and are now, at long last, welcoming the '74 season.

HOUSE CALL

by DR. GABE MIRKIN

At each cross country race last fall, I was approached numerous times by coaches, runners, and parents regarding running injuries.

The overwhelming majority of the injured athletes had narrow feet (size B or narrower) and were wearing conventional track shoes (size D). Many of the injured runners also had flat feet.

The association between flat feet and improperly fitting shoes is more than casual. The human body is similar to a large building, in that the entire structure depends on its foundation. The foundation of the body is the feet.

Dr. George Sheehan's great contribution to athletic medicine was to show that most running injuries, regardless of location, are caused by foot unbalance. He quotes the old song: "The foot bone is connected to the ankle bone, and the ankle bone is connected to the leg bone, and the leg bone is connected to the thigh bone, and the thigh bone is connected to the hip bone, and the hip bone is connected to the back bone".

Let us examine the body as an architect would examine a large building. A good example would be to look at flat feet.

Flat feet does not mean that the arch is flat. Flat feet is a condition in which weak ankles allow the foot to roll medially, giving the appearance that the foot is flat. For example, cup your hands and place it on the table. Now roll the hand towards the thumb. The arch (cup of the hand) will seem to disappear. This is what happens in flat feet (Fig.1).

Because the foot is rolled medially, an abnormal torque is transmitted to the medial aspect of the ankle with resultant pain at this site (Fig.2).

The foot rolls medially, giving the appearance that the arch has vanished

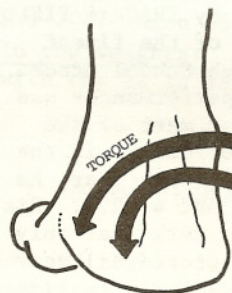


Figure 1

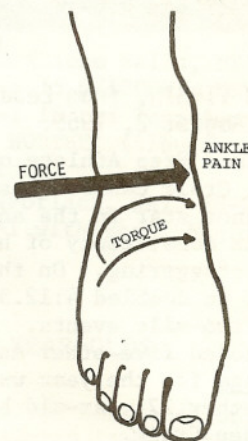


Figure 2

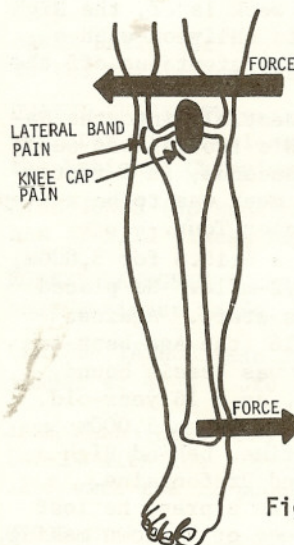
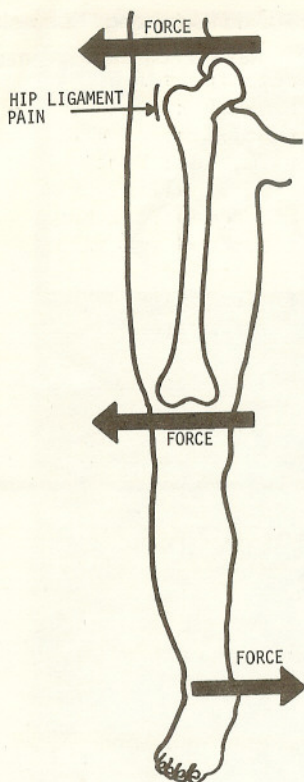


Figure 3

To compensate for the medial pressure on the ankle, an opposite force is transmitted to the lateral lower border of the knee cap and the lateral aspect of the knee. (Fig.3)



Additionally, this force is transmitted to the lateral aspect of the hamstring muscle and to the ligaments around the greater trochanter of the hip. Additional pain can occur in the small of the back. (Fig.4)

Figure 4

To correct flat feet, one needs shoes that fit both the sole and heel. Problems caused by flat feet are markedly exaggerated by poorly-fitting shoes. As flat feet are a rolling-in of the whole foot, a loosely fitting heel or sole increases the severity of the rolling-in.

As far as I know, only two companies make varied track shoe widths. One of the companies, New Balance Shoes, of Watertown, Mass., does not make shoes smaller than 4½. Puma, the other company, (Sports Beconta, Elmsford, NY), does go down to 1½ in their ladies sizes.

(Ed Note: If readers desire further information on the products of the shoe companies mentioned above, write to us and we'll forward your request to the right place.)

INSTRUCTIONS ON PROPER SHOE FIT

- 1) Get your exact shoe width.

Width D: Any convential track shoe;

E: New Balance

C: Any convential track shoe. However, you will have to add a spenco insole to the shoe. This will reduce the width one grade.

Do not use Dr. Scholl's pads as they do not reduce the width and wear out immediately.

B: Puma ladies or New Balance

A: New Balance with a Spenco insole

- 2) Make the heel fit properly. If the heel of the shoe is too loose, glue in ½ inch moleskin on the sides of the heel, as shown in Fig.5. Be careful not to run the moleskin all the way around the heel as it will shorten the shoe. Cover the moleskin with rubber tape.

- 3) If you have flat feet, make sure that you glue soft orlon cookies under the arch of your feet. The cookie can be obtained from any cobbler for about one dollar. It will serve to alleviate some of the rolling-in of the foot. Dr. Scholl's arch supports are not of much value, as they raise the heel of the foot out of the shoe. This gives less stability.

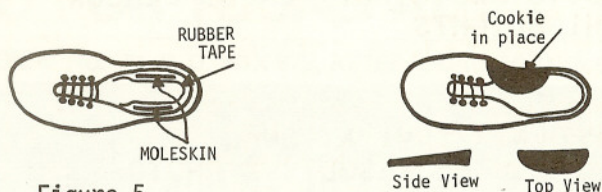
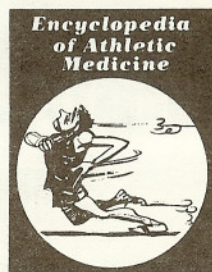


Figure 5

You will be amazed how many injuries can be prevented by using a shoe that fits your feet.

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