

75¢



STARTING LINE

TRACK & FIELD FOR YOUNG ATHLETES

AUGUST-SEPTEMBER 1973 VOL 3 NO 24

P. O. BOX 878, RESEDA, CALIFORNIA 91335

**Junior
International
Tour**

**Junior Olympics
&
Boys Age-Group
Nationals**

Age-Group List

**POSTAL
CONTEST**



FORUM

DRUGS AND THE SYSTEM

Recently, former Olympic hammer champion Hal Connolly testified before a United States Senate committee that members of a Los Angeles area high school football team were using amphetamines regularly and that others were receiving what he believed to be anabolic steroid shots every two weeks.

Whether Mr. Connolly's charges are true or not is actually secondary, although Mr. Connolly is not known for speaking lightly. The primary problem lies in the question of what is wrong with the values that high school athletes (and others) are learning from their coaches.

When winning at all costs becomes the main goal of athletic competition, then it is time to reevaluate the whole system. When and if a system pushes a young athlete to the use of drugs in order to achieve this goal, then it surely confesses bankruptcy. If athletic competition is a means to improve a person, it should help to make this person a more "rounded" individual rather than becoming his sole purpose for existing. The coach who demands nothing less than a winning performance, unwittingly drives his athletes towards possible drug abuse. The coach who tells his athletes to use some sort of drug is defeating the goal of fair competition and, in effect, is telling them that they can't handle the competition, so they may as well cheat.

Athletic competition should determine who is the better conditioned athlete, rather than who has the better pharmacist. Competition is the end result of many hours of training and conditioning and when an athlete artificially improves his performance with the use of drugs, he has accomplished nothing except to admit that the other athletes are so much better.

BRICE HAMMERSTEIN
Athlete and Coach
Ventura, California

WHAT'S GOING ON IN THIS HOUSE - THE AAU HOUSE, THAT IS -

After many months of waiting, I finally received a copy of the Official AAU Track & Field Handbook for 1973-74. It was received only after the majority of age group meets in our area were finished and therefore too late to be of use for the meets in which it was needed most.

It is interesting to see how poor are the rules for boys age group track and field that are listed in the book. Many meet directors from coast to coast (including myself) violate the rules that are set up in the book. This is true for cross country and track.

The reasons for the violations are obvious. For instance, in the nine and under boys, there is no 880 or mile listed and the longest approved event is the 660. At the "national championships", in the 9-under division in 1972, boys are throwing the shot, an illegal event, according to the book.

The 10-11 division lacks a 220 according to this book (most likely a printing error) and it does not have a mile or two mile that I run in my meets and that I see quite frequently mentioned in the results of the West Coast meets.

The 12-13 boys division rules I find absolutely ridiculous. The 1320 is the longest race listed. Again the mile and the two mile are in violation of the rules. To compound it, I find it ridiculous that if I ran a boy in the mile in our age group meets (which I do but which is not a listed event) I could not enter him in the mile walk almost six hours later (the mile walk for some reason is in the book and legal).

My big concern is the 14-15 boys, who are really getting it put to them. A boy in this age group cannot run a mile and an 880 in the same meet. But in the '72 AAU boys nationals a boy runs the mile, two mile and race walk. In Ohio high school track you can't even double a mile and two mile. If a freshman attends a four year high school in Ohio he can double a mile and half mile, but in an age group meet with its archaic rules, he cannot.

In cross-country, the nine and unders are supposed to run an 880 as the longest race (we run the mile as most others do). Ten and elevens regularly run $1\frac{1}{4}$ miles to $1\frac{1}{2}$ miles, but the rule book states that the longest "official" distance is one mile. The twelve and thirteen boys are allowed to run $1\frac{1}{2}$ miles, but now the girls in this age group are running the two-mile (and the boys will too).

I personally think it is time that the boys age group committee takes a clue from the girls age group program and gets the ball rolling to get the boys rules clarified. This can't be done in a sketchy $3\frac{1}{2}$ pages.

The boys age group program in this country lacks leadership at the upper echelons, namely the boys age group committee. Let's hope they catch up with the times.

MARK BECKER
Head Coach, Mound Track Club
Miamisburg, Ohio

(Editor's note: Don't think only the boys' program has a monopoly on confusion, Mark. The AAU Junior Olympics provide us with an example. This year the girls ran 100 meter hurdles over 30 inches barriers in some qualifying regional meets and with 33 inch hurdles in others. At the National JO Finals the hurdle race was run over 100 yards, with the height of the hurdles unknown. At least that is how the official results were reported. The truth is that most meet directors don't know what they are supposed to do because of the plethora of confusing and often conflicting rules and standards. See editorial on next page).



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PHOTO CREDITS

On the Cover

- 1) Photo of U.S. Junior Girls international team by KARIN SMITH
- 2) Photo of the track team from Belvidere, Illinois, by JOHN COOK

1) Illustrated in this photo are the members of the first U.S. Junior International team, who toured Europe and competed with honor in West Germany, Poland and the U.S.S.R. From left to right - TOP ROW: Bobette Krug, Joni Huntley, Lavonne Neal, Lisa Kinimaka, Mitzi McMillin and Kim Schofield. MIDDLE ROW: Kathy Weston, Maureen Abare, Debbie Roberson, Doreen Ennis, Carol Hudson, Cindy Gilbert, Julie Brown and Diana Windle. BOTTOM ROW: Debbie Clay, Brenda Nichols, Susan Armstrong, Karin Smith, Robin Campbell and Eileen Claugus.

2) The second annual AAU Boys Age Group Championships attracted many of the better teams in the nation to Lake-wood, Colorado. In this photo, a very impressive contingent of young athletes from Illinois, represented by the BELVIDERE TRACK CLUB, leads the parade of teams that preceded the running of the two day event.

From the Editors

As the letter of frustration by Mark Becker on the previous page suggests, much of the misunderstanding in age group track and field arises from a lack of uniform rules and policies.

If you are looking for the situation to change rapidly, you may be disappointed because the leaders of track and field just do not have the time to devote to a project that would demand an intensive reevaluation of rules and standards. Many of the national officers are often involved in actively promoting the sports programs in their own community, leaving them little spare time to even contemplate the prospect of a major overhaul on the national level. Not to be disregarded is the fact that they have to work for a living.

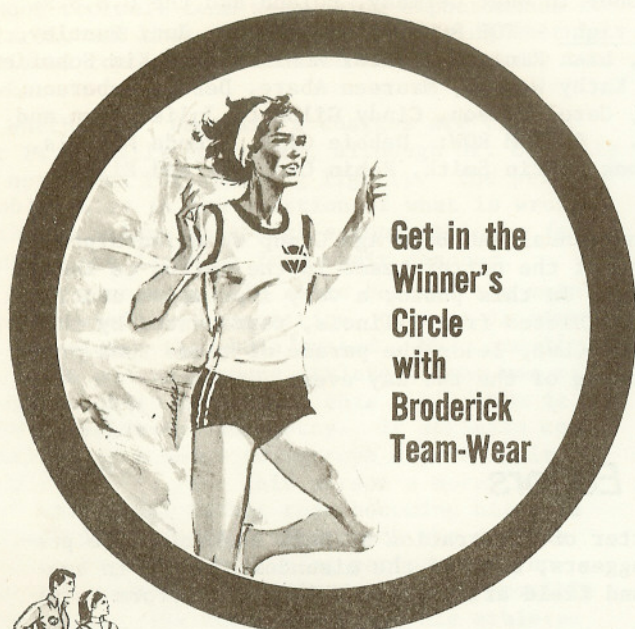
Another reality is that most of the various AAU Committees and sub-Committees are often more fictional than real. The members live thousands of miles apart and seldom (sometimes never) meet as a committee to discuss problems or ways to improve the age group program. Those individual officers and committees who do get together (at the National AAU convention or at national meets usually) often get side-tracked into talking about issues of secondary importance (such as all-american teams). Sometimes you can't blame them when you realize the terribly unwieldy methods that exist in order to make new rules possible.

Our advice is to use national rules as a guide only. The local leaders, in most instances, know as much as the national leaders. The important thing is to continue to develop the best local programs possible and, hopefully, the national programs will catch up later on. This seems to be the "American system" traditionally.

STARTING LINE is generally devoted to reporting track and field for Boys and Girls of high school age and younger. Because of limitation of space, no attempt is made to cover Boys Interscholastic track and field in depth.

NATIONAL POSTAL SIX-MINUTE RUN CONTEST

Since there was so much interest shown in our first physical fitness postal contest last spring, STARTING LINE is announcing the second six-minute run postal contest for school teams and physical education classes, which will last from October 1973 through April 1974.



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1973 WOMEN AND GIRLS NATIONAL
CROSS COUNTRY CHAMPIONSHIPS
and EXHIBITION AGE GROUP GIRLS
9-Under, 10-11 and 12-13

ALBUQUERQUE, NEW MEXICO
NOVEMBER 24, 1973

CONTACT: 1973 Women's Cross Country Championships
P.O. Box 6602, Albuquerque, N.M. 87107

RRCA NATIONAL BOYS & GIRLS AGE GROUP
CROSS COUNTRY CHAMPIONSHIPS

VAN CORTLAND PARK, NEW YORK
NOVEMBER 4, 1973

CONTACT: BARRY GEISLER, Sr.,
1134 Findlay Ave., Bronx, New York

NATIONAL AAU BOYS AGE GROUP
CROSS COUNTRY CHAMPIONSHIPS

RIALTO, CALIFORNIA
OCTOBER 27, 1973

CONTACT: DAVE JAPS, 835 Oakdale,
Rialto, California 92376

We will award certificates to the five members of at least the top three teams in each of the following divisions: (1) Elementary School Boys, (2) Elementary School Girls, (3) Junior High/Intermediate School Boys and (4) Junior High/Intermediate School Girls.

Winners in each division will be determined on the basis of the furthest total distance covered within a single six-minute timed run, by five runners attending the same school. Contest entries may be sent at any time, but must be received by STARTING LINE no later than May 5, 1974, so that we may have time to tabulate the results and mail the awards to the winning schools before the school term finishes next spring.

School coaches and teachers may wish to have competition among their gym classes or even arrange competition with other schools. All you have to do now is follow the rules below and send us the results (you may write for a sample entry blank if you wish). Good luck and good running!

1. SCHOOLS ELIGIBLE are any public or private school in the United States.
2. RUNNERS ELIGIBLE for a team must be in current attendance at a single school (AAU registered runners are eligible). In Elementary Divisions, runners must be in the sixth grade or below and must have been born in 1961 or later. Runners in Junior High/Intermediate Divisions must be in the eight grade or below and have been born in '59 or later.
3. A TEAM consists of any five runners at the school, who run as far as possible within a single timed six-minute period on any regulation quarter-mile or 220 yard track - indoor or outdoor.
4. TIMING (of the six minutes) may be done with any accurate watch with sweep second-hand.
5. SCORING is done by taking the total distance covered by the five runners in the 6-minute span.
6. MEASUREMENT of the distance covered is figured to the furthest 110 yd segment for each runner. A runner must complete 110 yards before the 6-minute period expires in order to get credit for covering that distance. In case of tie, the team with the youngest total age will be the winner.
7. COMPETITION may be intra-mural (one school only competing) or inter-scholastic (two or more schools in competition). Different divisions may be run separately or combined into one race. A school may submit an entry for more than one team in a division, and may enter any and all divisions. Schools may enter the same team in number of teams (have several different races at different times). However, all members of a team submitted as an entry must have run at the same time.
9. ENTRIES must be received by STARTING LINE, P.O. Box 878, Reseda, CA 91335, no later than May 5, '74. Write for entry blanks or submit the following information: (a) name of school, with address, (b) site of competition - name of field and city, (c) date of competition, (d) first & last names of the five scoring athletes, plus grade in school and birthdate of each runner, (e) distance covered by each runner, to the furthest quarter-lap - e.g. 4½ laps, 3¾ laps, 3 laps, etc., (f) the names and positions of two verifying adults (one of which should be an employee of the school).

European Tour Commentaries

In sharp contrast to most recent ventures of U.S. Senior teams, the first overseas tour for American Junior Men and Women was an unqualified success.

Consistently good performances and an unusually positive team unity, characterized the three meet tour to West Germany, Poland and the Soviet Union.

Despite the travel hang-ups and living adjustments that are always present with foreign excursions, athletes and team leaders alike had mostly positive comments and experiences.

DAVE RODDA (Assistant Coach for Women)

The housing throughout Europe in most cases was excellent. One exception was in Warsaw (two days spent at the uncomfortable Almatour International Student Hotel) and it related to a communication breakdown. Even this depressing situation had a good side - a better team unity between team leaders and athletes. It's always exciting for a coach to see athlete's enthusiasm towards two-a-day workouts. I guarantee those first two days in Warsaw we saw more of the track than we did our "accommodations".

The officials from the various Sports Federations did everything possible to make our stay a pleasant one. When not training, there seemed to be something happening at all times.

Life styles played a major role in the cultural shock confronted by many within our delegation. For most athletes it was their first encounter with community shower facilities in a large hotel complex. The lack of refrigerated drinks in the eastern European countries was one custom very few of us got used to. The travel, with the constant luggage change and waiting at airport terminals, would tax the mind of the most stable individual. In my opinion, the only time the travel had a negative effect on our performance was the initial competition in Heidenheim.

Competing against European national teams on their home ground was a totally different coaching experience for me. The IAAF (International Amateur Athletic Federation) rules allow for no coaching, still we were constantly confronted with the European trainers (coaches) inside the competitive arena, communicating with their athletes.

The strict control that meet officials have over the conduct of the proceedings is just fantastic. Time schedules are always adhered to and seldom was there a lag in the competition. Generally speaking we were at the mercy of the meet directors and changes relating to time schedules were not often considered. An example of this was the 2 1/2 hour pentathlon in Odessa, which was quite a shock to athletes and coaches alike.

The foreign competitors exhibited great discipline and power in the technical events. In my opinion many of our field event athletes had better technical form than their counterparts, yet were not able to handle the pace at which the event was conducted. An example is the long jump, which requires extreme concentration throughout the completion of each attempt (as do all discipline events). Our athletes completed their six attempts in one meet in twenty minutes and the tempo was so fast that physical and mental adjustments were very difficult.

Nowhere in our tour were we able to establish a session by which we could discuss training methods with foreign coaches. However, and to my surprise, we were allowed to film workout sessions of some athletes in the eastern European countries.

The technical meetings proved interesting as they set the tone for the competition to follow. One could see the seriousness of these meetings in just the approach taken by the foreign coaches. I was fortunate to be with an experienced international coach such as Alex Ferenczy, who understood this about our foreign comrades and we spent time in advance, selecting those pivotal events which we felt important as they related to lane assignments, throwing or jumping order.

A knowledge of the mechanics of these technical meetings is a must for any coach on an extended foreign tour.

The relationship between the men and women's team leaders was extremely sound. Cooperation was the key word and seldom did any problem arise. The medical staff, under the direction of Dr. Anthony Daly, provided the best possible care and treatment of injuries and illness. I feel many possible serious injuries were prevented because of its skill.

I found that coaching top athletes in foreign competition in a short time span is based on one's ability to communicate. You are dealing with many different personalities and with athletes who are on the top in their event. Each comes from a different coaching environment with technical skills that have taken them to the top. To try and change their style would be an insult to their coach and to the athletes themselves. The best thing to do, therefore, is to get them to understand the importance of workouts in relation to the upcoming competition and the reason why their prescribed program may have to be adjusted.

I am sure the optimism and lack of negative comments have rankled a few of the chronic critics of the US track program on an international level. But to those critics, I am sorry to say that this trip has been a positive and gratifying experience for everyone who was part of it.

BOBBETTE KRUG (National 14-17 Champion in the 100m hurdles - La Jolla, CA)

At first everybody was kind of bashful, but as the tour went along everybody became pretty well acquainted.

In our first meet, in West Germany, everything went pretty well and afterwards we had a tremendous banquet and then almost everyone went out dancing. Our curfew was 11:30, but they changed it to 1:00, which was pretty nice of our chaperones. We didn't stay as long as we thought in Germany, as our plans were changed and we left for Poland two days earlier.

The first place we stayed in that country was very bad. We had to sleep in what looked like coffins. The food was terrible and there were only three bathrooms in the whole place out of nine floors. By that time I was in tears. We stayed there for two days, which seemed like two years to me. All in all we stayed in Poland for about a week and we did a lot of shopping, as everything was really cheap.

Then we were on our way to Odessa, in Russia. We stayed in a very nice place and the people that worked at the motel were very nice to us.

The meet with Russia was two days of competition. The track was made of cinder and was very slow. On the second day I won the hurdle race, and that must have been the biggest thrill I ever had. It was a tremendous experience for me.

When we arrived back in New York, half of the people didn't get their luggage back, because the Russians held it. This was because we were over-weight, like about \$2000 worth. That shows how much junk we brought back. By now, I'm sure everyone has their stuff back.

The guys on the team were very nice and respected the girls; I became close friends with a lot of people on the team, that I thought I never would when it all started.

The exploits of the athletes are recounted on the following pages. They are to be congratulated along with coaches and leaders JOE HEALY, JERRY ISOM and JOHN MOON (Junior Men) as well as ALEX FERENCZY, DAVE RODDA and MARALYN WEST (Junior Women).

On this page is a montage of comments by some of those fortunate to represent the United States on the first ever International Tour for our Junior teams.

STARTING LINE would like to take this opportunity to express its appreciation to DAVE RODDA, for his very thorough recap of the trip, to JONI HUNTLEY and BOBBETTE KRUG for their personal comments and to KARIN SMITH whose excellent photography of the Tour provided us with the great shots that appear throughout this issue.

JONI HUNTLEY (National 14-17 runnerup in high jump - Sheridan, Oregon)

I was very much impressed by Germany, as it was so much like my home in Oregon. Even the people's life style was very much like ours.

The team competed on a beautiful tartan track that was surrounded with trees and decorated with flowers.

Poland and Russia was most interesting to visit. Their way of life is quite different than ours, and their standard of living quite a bit lower than what we are used to.

Generally we ate well and in Odessa the food was quite good but not like mom's home cooking. I didn't realize how spoiled I was (about eating that is) until this trip.

Our team was very well organized and we did not have any major problems. The coaches, trainers and doctor were with us all the times and everyone enjoyed each others company.

The team went through a lot of waiting in airports and had a bad experience in a "slummy" hotel in Poland, but everyone stuck together and grew quite close as they became better acquainted.

We were busy most of the times; two practices a day and some sightseeing. In Germany we went on a walk to Heidenheim's castle and several of the team members went for a sailplane ride.

There were a couple of rock concerts and javelin thrower Susan Armstrong got up and showed the locals how to play a guitar American style.

In Poland we went on tours of the old and the new Warsaw and went shopping for souvenirs.

In Odessa, Russia, we went swimming in the Black Sea and attended a Russian ballet that was very enjoyable. We even had time to fly to Moscow where we were treated to an unguided tour.

In the three countries we visited we attempted to talk with the other athletes and found that their English was much better than our use of their language. But it was still quite hard to converse.

I really enjoyed the trip and if I ever have a chance to go on another, I only hope that it will be just as successful as this one was.

COACHES CONCLUSIONS

JOHN MOON - For many of these athletes, this was their first time out of the country and it was their Olympics. They competed and reacted in just that way. The tour gave the Junior athletes a better chance to compete than they would have had on the Senior team. I think they performed better because they were in a more relaxed state and competing among their peers.

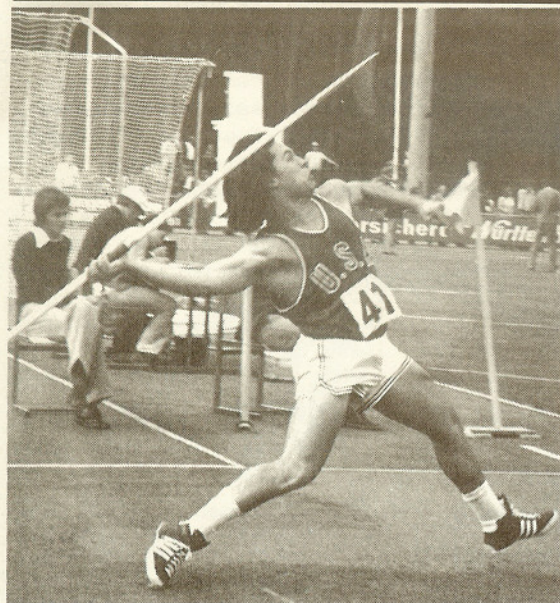
By giving them a piece of the action early, it should give them more desire, motivation and determination.

JOE HEALEY (head coach) - The trip was both great and difficult. Let's keep up the international competition, but minimize the competitive scores.

We understand that winning is important, but participation is so much more important.

Junior International Tour

All photos of the Tour
by KARIN SMITH



ROD EWALIKO
241-9 in the Javelin in West Germany



SUSIE SNIDER
48-9 in the Shot Put in Odessa



TERRY WILLIAMS AND ROBBIE PERKINS
14:08.4/5000m tie for an American sweep in Poland.

USA vs W.GERMANY

HEIDENHEIM, W.GERMANY / JULY 14

JUNIOR MEN: USA-132, WG-80

JUNIOR WOMEN: USA-80, WG-66

For a start, the U.S. Junior squad could scarcely have been more successful. The junior men, who were competing in their first international competition outside of the country, won 16 of 20 events and went one-two in 12 events to score an overwhelming point victory. [Scoring in International Duals is 5 points for a win, 3 for second, 2 for third and 1 for fourth place.]

U.S. Junior Women also won convincingly, sweeping four individual events, and winning 9 of 14 altogether. For the girls it was their first international competition anywhere as a team, although four members had previously competed on Senior teams.

On the track, U.S. men were virtually unchallenged except for the 3000 meter run, in which CRAIG VIRGIN set a brisk early pace only to be outprinted by both German opponents. Hurdles LARRY SHIPP and ALLEN MISHER were especially impressive, both running 13.8 against a strong (0.9mps) wind. The same can be said for HAROLD SCHWAB and GEORGE HALEY in the 400 meter "intermediates". MIKE IRMEN, set a national record in the 2000 meter Steeplechase, though he was 18 seconds off of the world junior mark for the event.

JUNIOR MEN

100 m Dash (-1.3mps w)	
Suggs, US	10.4
Forbes, US	10.5
Grimmiger, WG	10.6
Weissensteil, WG	10.9
non-scorers	
(Grisby, US)	10.7
(Schneider, WG)	10.8
(Harksen, WG)	10.9
200 m Dash (-1.9mps w)	
Gilbreath, US	21.3
McFarland, US	21.4
Gruse, WG	21.9
Lemke, WG	21.9

400 meter Dash	
Tinner, US	46.9
Farmer, US	47.6
Krieg, WG	47.7
Dubermann, WG	48.6

800 meter Run	
Francis, US	1:49.8
Scott, US	1:50.0
Benz, WG	1:52.2
Scheidtsteger, WG	1:52.9

1500 meter Run	
Centrowitz, US	3:49.5
Schilling, US	3:54.1
Fleschen, WG	3:55.2
Dreifuerst, WG	3:55.8

2000 meter Steeplechase	
Irmen, US	5:50.6
Innes, US	5:53.8

Kramer, WG	5:56.2
Borgmann, WG	6:09.0
3000 meter Run	
Orthmann, WG	8:08.8
Lederer, WG	8:09.0
Virgin, US	8:10.6
Grubbs, US	8:31.4

5000 m Run (non-scoring)	
(Williams, US)	14:37.8
(Perkins, US)	14:37.8
(Fischer, US)	14:42.6
(Addison, US)	15:23.0

10000 meter Walk	
Goeggelmann, WG	48:37.2
Schwarz, WG	49:14.4
Patton, US	52:04.8
Mimm, US	53:49.4

110 m Hurdles (0.9mps w)	
Shipp, US	13.8
Misher, US	13.8
Schmitt, WG	14.6
Kerl, WG	14.9

400 meter Hurdles	
Schwab, US	51.3
Haley, US	51.7
Woehleke, WG	52.9
Wittke, WG	53.1

4 x 110 meter Relay	
US (Suggs, Gilbreath, Grisby, Forbes)	39.9
West Germany	40.5
non-scorers	
Switzerland	40.9

4 x 400 meter Relay	
US (Frazier, Tinner, Robinson, Misher)	3:11.3
West Germany	3:14.3

High Jump	
Wildforster	2.12m/6-11½
Fern, US	2.09m/6-10½
Lichtenberg	2.06m/6-9½
Miles, US	2.03m/6-8

Pole Vault	
Walpurgis, WG	4.80m/15-9
Freeman, US	4.70m/15-5
Haagen, US	4.60m/15-1½
Lieber, WG	4.40m/14-5½

Long Jump	
Hardeman, US	7.39m/24-3
Thompson, US	7.16m/23-6
Kaiser, WG	6.64m/21-9½
Busse, WG	4.28m/14-0½

Triple Jump	
Lennex, US	15.80m/51-10
Kolmsee, WG	15.10m/49-6½
Lievers, US	14.80m/48-6½
Briegel, WG	14.77m/48-5½

Shot Put (16 pound)	
Albritton	18.13m/59-5½
Neidhart	17.03m/55-10½
Tremmel, WG	16.12m/52-10½
Farsen, WG	15.25m/50-0½

Discus Throw (2.0 kg)	
Berger, WG	53.82m/176-7
Miller, US	51.10m/167-7
Buescher, WG	48.96m/160-7
Plucknett	48.28m/158-4

Hammer Throw (16 pound)	
Jackson, US	61.90m/203-1
Bartlett, US	58.92m/193-3
Ploghaus, WG	56.42m/185-1
Stadlbauer	53.28m/174-9

Javelin Throw (800 gram)	
Ewaliko, US	73.70m/241-9
Dow, US	70.82m/232-4
Neermann, WG	68.90m/226-0
Hemforth, WG	57.16m/187-6
non-scorer	
(Schreiber, WG)	68.94/226-2

400 meter Dash	
Weston, US	53.8
Hudson, US	54.4
Jennen, WG	56.3
Barth, WG	56.4
800 meter Run	
Campbell, US	2:08.8
Siegl, WG	2:09.1
Brown, US	2:09.4
Berens, WG	2:13.0

1500 meter Run	
Claugus, US	4:25.2
Ennis, US	4:29.7
Riehl, WG	4:35.3
Kreuz, WG	4:59.4

100 m Hurdles (w -1.1m)	
Roedel, WG	14.0
Neal, US	14.2
Sprengel, WG	14.4
Krug, US	14.8

4 x 110 meter Relay	
US (Clay, Randolph, Bryant, Abare)	45.4
West Germany	45.6
4 x 400 meter Relay	
US (Weston, Roberson, Nichols, Hudson)	3:40.9
West Germany	3:45.7

High Jump	
Hetzl, WG	1.76m/5-9½
Wolf, WG	1.73m/5-8½
Gilbert, US	1.70m/5-7
Huntley, US	1.70m/5-7

Long Jump	
Schwerdtfeger	6.00m/19-8½
Lemkamp, WG	5.96m/19-6½
Schofield, US	5.78m/18-11½
Windle, US	5.75m/18-10½

Shot Put (4 kilogram)	
Snider, US	14.05m/46-1½
Heling, WG	13.65m/44-9½
Albrecht, WG	13.13m/43-1
Mitchell, US	12.99m/42-7½

Discus Throw (1.0 kg)	
Werth, WG	42.96m/140-11
Mitchell, US	41.62m/136-6
Rivera, US	40.12m/131-7
Eilers, WG	40.10m/131-6

Javelin Throw (600 gram)	
Smith, US	51.14m/167-9
Armstrong	48.66m/159-7
Pietschmann	45.88/150-6
Thyssen, WG	43.42m/142-5

Pentathlon (100mH, 4kg SP, H Jump, L Jump, 200m)	
McMillin, US	3907 (14.1w, 30-10, 5-5, 18-10½, 25.9)
Weight, WG	3794 (14.4w, 35-3½, 5-1, 18-5, 26.3)

Krolkiewicz, WG	3742 (14.8, 36-0½, 5-5, 17-11, 27.5)
Kinimaka, US	3112 (9.1w, 29-6½, 5-1, 17-4½, 27.2)

USA vs POLAND

WARSAW, POLAND / JULY 20-21

JUNIOR MEN: USA-134, POL-89

JUNIOR WOMEN: USA-76, POL-57

Despite the adversity of various travel and housing snafus (see commentary) both the men and women improved their Heidenheim performances. Three world junior records in relays and a 1973 US Women's best 1.78m (5-10 1/8) by JONI HUNTLEY were the most notable of happenings as the travelers won 16 of 21 men's events and 8 of 13 women's.

JESSE FORBES handed CARTER SUGGS his first loss of the year in the short sprint, then they bookended the 4x100 relay team which tied the world junior record of 39.6 set by the USA team last year at the USSR dual meet at Sacramento. The 4x400 team returned the next day with one regular, KEITH TINNER, and three alternates to turn a record 3:08.2 as the second place Polish quartet set a new European record of 3:08.9 after a lively battle. The American girls team toured the four laps in 3:38.1 for yet another world junior best.

American swept every distance run except the girls 1500 meters. Two lappers DALE SCOTT and KEITH FRANCIS worked in perfect tandem to finish two full seconds ahead of their opposition, while ROBIN CAMPBELL and JULIE BROWN stepped lively to hold off strong Polish opponents. Sub REED FISCHER powered to a 3:41.9 1500 meter triumph (equivalent to a sub-4 minute mile) as second placer MATT CENTROWITZ ran the second best high school time ever (only a guy named Ryun has run faster). CRAIG VIRGIN, TERRY WILLIAMS and ROBBIE PERKINS all ran personal best times and some of the best ever high school marks for their distances. GORDON INNES lowered the new US 2000m steeplechase best by nine seconds.

Hurdlers LARRY SHIPP, ALLEN MISHNER (in the highs) and HAROLD SCHWAB (intermediates) all recorded personal bests. The latter's 50.8 was only good enough for second, however, to Europe's best JERZY PIETRZYK. LAVONNE NEAL dipped under 14.0, but was a centimeter or two short at the finish. In the flat 100m, JACKIE RANDOLPH turned in her best of the year.

JUNIOR MEN

100 meter Dash (on 7/21)	4 x 100 m Relay (7/21)
Forbes, USA 10.3	USA (Suggs, Gilbreath, Grisby, Forbes) 39.6
Suggs, US 10.4	Poland 40.6
Wieczorek, Poland 10.7	4 x 440 m Relay (7/22)
Rudevicz, P 10.7	USA (Frazier, Mondschein, Robinson, Tinner) 3:08.2
200 meter Dash (7/22)	Poland 3:08.9
McFarland, US 21.0	High Jump (7/21)
Madry, P 21.5	Wrzosek, P 2.08m/6-9 3/4
Wieczorek, P 21.6	Miles, US 2.08m/6-9 3/4
Gilbreath, US 22.5	Fern, US 2.05m/6-8 3/4
(Suggs, non-scoring 20.8)	Perka, P 2.00m/6-6 3/4
400 meter Dash (7/21)	Pole Vault (7/22)
Koziaz, P 46.9	Brigham, US 4.80m/15-9
Tinner, US 47.2	Freeman, US 4.80m/15-9
Wysocki, P 47.7	Gerlach, P 4.70m/15-5
Robinson, US 47.7	Triczka, P 4.60m/15-1 1/2
800 meter Run (7/22)	Long Jump (7/22)
Scott, US 1:48.8	Hardeman, US 7.72m/25-4
Francis, US 1:49.6	Thompson, US 7.32m/24-0 1/2
Hiller, P 1:51.2	Seweryn, P 7.30m/23-11 1/2
Lachuta, P 1:51.3	Seidel, P 7.30m/23-11 1/2
1500 meter Run (7/21)	Triple Jump (7/21)
Wisher, US 3:41.9	Lennox, US 15.66m/51-4 1/2
Centrowitz, US 3:43.4	Wisniewski 15.30m/50-2 1/2
Kaczmarek, P 3:53.8	Kurzawa, P 15.03m/49-3 1/2
Michalski, P 3:59.3	Livers, US 14.74m/48-4 1/2
3000 meter Run (7/21)	Shot Put, 16 lb (7/21)
Virgin, US 8:16.0	Albritton 17.99m/59-0 1/2
Grubbs, US 8:20.2	Breczewski 17.03m/55-10 1/2
Rikicki, P 8:28.0	Neidhart 16.81m/55-1 1/2
Cepel, P 8:43.6	Bejrowski, P 16.23m/53-3
5000 meter Run (7/22)	Discus Throw, 2kg (7/22)
Williams, US 14:08.4	Bejrowski, P 57.76m/189-6
Perkins, US 14:08.4	Majewski, P 52.20m/171-3
Nadolny, P 14:43.8	Plucknett 50.50m/165-11
Poniatowski, P 15:02.6	Miller, US 50.14m/164-6
10000 meter Walk (7/21)	Hammer Throw, 16kg (7/22)
Kazmierski, P 46:37.2	Jackson, US 61.06m/200-4
Reiner, P 48:52.6	Golda, P 57.98m/190-2
Patton, US 50:34.8	Kamionka, P 57.54m/188-9
Mimm, US 51:44.0	Bartlett 57.26m/187-10
110 meter Hurdles (7/21)	Javelin Throw (7/21)
Shipp, US 13.6	Ewaliko, US 72.02m/236-3
Misher, US 13.7	Dow, US 69.70m/228-8
Skarcynski, P 15.0	Zaba, P 67.76m/222-3
Mieczko, P 15.0	Drozdz, P 61.04m/200-3
400 meter Hurdles (7/22)	
Pietrzyk, P 50.6	
Schwab, US 50.8	
Haley, US 52.8	
Platek, P 52.8	
2000 m Steeplechase (22)	
Innes, US 5:41.8	
Mrozowski, P 5:43.0	
Irmen, US 5:45.4	
Pawlak, P 5:52.2	

JUNIOR WOMEN

100 meter Dash (7/21)	200 meter Dash (7/22)
Randolph, US 11.7	Weston, US 24.1
Pawlowska, P 11.8	Abare, US 24.4
Clay, US 12.0	Siewierska, P 24.9
Lenard, P 12.3	Lenard, P 25.9
	400 meter Dash (7/21)
	Weston, US 54.3
	Hudson, US 55.3
	Zalewska, P 55.7
	Jacniacka, P 57.1
	800 meter Run (7/22)
	Campbell, US 2:06.5
	Brown, US 2:07.8
	Jacniacka, P 2:08.8
	Farart, P 2:10.3
	1500 meter Run (7/21)
	Januchta, P 4:20.6
	Claugus, US 4:24.6
	Ennis, US 4:27.5
	Duplicka, P 4:32.2
	100 m Hurdles, 33" (7/22)
	Novakowska, P 13.9
	Neal, US 13.9
	Krug, US 14.2
	Andruszczyszyn, P 14.4
	4 x 110 m Relay (7/21)
	USA (Clay, Randolph, Bryant, Abare) 45.8
	Poland disqualified
	4 x 400 m Relay (7/22)
	USA (Weston, Roberson, Campbell, Hudson) 3:38.1
	Poland 3:42.4
	High Jump (7/22)
	Huntley, US 1.78m/5-10 1/2
	Gilbert, US 1.74m/5-8 1/2
	Fornal, P 1.65m/5-5
	Wisniewska, P 1.60m/5-3
	Long Jump (7/21)
	Novakowska, P 6.01m/19-8 1/2
	Jarzab, P 5.89m/19-4
	Windle, US 5.72m/18-9 1/2
	Schofield, U 5.62m/18-5 1/2
	Shot Put, 4kg (7/21)
	Bazylińska, P 15.28m/50-1 1/2
	Habrzyk, P 14.74m/48-4 1/2
	Snider, US 14.24m/46-8 1/2
	Mitchell, US 13.72m/45-0 1/2
	Discus Throw, 1kg (7/22)
	Grazarek, P 53.34m/175-8
	Cymer, P 52.18m/172-2
	Mitchell, U 41.76m/137-0
	Rivera, US 41.30m/135-6
	Javelin Throw (7/21)
	Smith, US 51.96m/170-5
	Armstrong, U 49.70m/163-0
	Jablonska, P 46.82m/153-7
	Grecka, P 46.58m/152-10

USA vs USSR

ODESSA, USSR / JULY 27-28

JUNIOR MEN: USA-123, USSR-108

JUNIOR WOMEN: USA-71, USSR-74

After the two "warm-up" meets, everyone anticipated the toughest test of all. Once again the whole U.S. squad passed with "A" grades. No less than six of the junior men who had experienced the loss to the Soviet team last year, were anxious to reverse the decision this time.

The U.S. men lost only two track events (the steeplechase and 10 km walk), but only one field event (TERRY ALBRITTON's magnificent 61-10 1/2, his first time over 60 feet). In addition, CRAIG BRIGHAM won a spirited decathlon dual, so that the final team score was indeed a reverse of 1972.

Though falling far behind the first day (partially due to close losses in the 100 and 1500 meters), the American girls rallied on the second day to close within three points. Javelin throwers and middle distance runners led the way. KARIN SMITH tossed a personal best of 182-2 and SUSAN ARMSTRONG barely completed a surprise sweep in the javelin (their third straight one-two finish). The same can be said of one lap specialists KATHY WESTON and CAROL HUDSON, both in the 400 and 4x400 relay. ROBIN CAMPBELL won her third 800 in a row as both she and runner-up JULIE BROWN saved their best for last (and they needed it against strong Soviet opposition). ROSALYN BRYANT stayed unbeaten in the 200 and as a member of the 4x100 relay team, which ran faster than the boys (see below).

On the male side, runners showed brightly at all distances. CARTER SUGGS scored a fine triple win, including a 400m relay victory which was in doubt long after the finish. Anchorman JESSE FORBES had inadvertently dropped the baton as he neared the finish tape, after the Soviet team had dropped their stick earlier but continued running. Though retrieving the baton before finishing the American foursome had to survive a Soviet protest to assure themselves of victory.

CRAIG VIRGIN enjoyed himself in speeding to a sub-14:00 minute victory in the 5000, while TERRY WILLIAMS and ROBBIE PERKINS ran in tandem for a smashing sub-30:00 minute sweep in the 10000 (an event which the hosts tried to remove from the program this year, after trouncing the Americans - including Perkins - last year).

JUNIOR MEN

100 meter Dash (on 7/28)	4 x 400 m Relay (7/29)	Matveyeva, SU 25.0
Suggs, USA 10.5	USA (Frazier, Farmer, Robinson, Tinner) 3:09.6	Abare, US 25.6
Forbes, US 10.6	USSR 3:12.3	400 meter Dash (7/28)
Aksinin, Sov Union 10.7		Weston, US 54.4
Tankazki, SU 11.1		Hudson, US 54.5
200 meter Dash (7/29)		Bystrova, SU 56.1
Suggs, US 21.3		Denisova, SU 56.5
McFarland, US 21.4		800 meter Run (7/29)
Aksinin, SU 21.9		Campbell, US 2:06.3
Mechvabishvili, SU 22.0		Brown, US 2:07.2
400 meter Dash (7/28)		Zabozhko, SU 2:07.7
Tinner, US 47.7		Averina, SU 2:09.6
Ivanov, SU 47.9		1500 meter Run (7/28)
Farmer, US 48.2		Gladich, SU 4:27.2
Vashmalidze, SU 48.5		Claugus, US 4:27.4
800 meter Run (7/29)		Ennis, US 4:28.2
Francis, US 1:50.8		Avramova, SU 4:30.6
Scott, US 1:50.8		100 m Hurdles, 33" (7/29)
Abramov, SU 1:51.2		Krug, US 14.2
Volkov, SU 1:51.2		Karnayeva, SU 14.3
1500 meter Run (7/28)		Neal, US 14.4
Schilling, US 3:45.8		Margulina, SU 14.6
Centrowitz, US 3:46.3		4 x 110 m Relay (7/28)
Ustinovich, SU 3:52.3		USA (Clay, Randolph, Bryant, Abare) 45.8
Anokin, SU 4:04.0		USSR 46.3
3000 m Steeplechase (28)		4 x 400 m Relay (4/29)
Beklemishev, SU 8:47.0		USA (Weston, Roberson, Campbell, Hudson) 3:38.4
Irmen, US 8:53.4		USSR 3:46.6
Innes, US 8:53.4		High Jump (7/29)
Griza, SU 9:04.4		Oskolok, SU 1.77m/5-9 1/2
5000 meter Run (7/29)		Huntley, US 1.77m/5-9 1/2
Virgin, US 13:58.2		Akramenko, SU 1.71m/5-7 1/2
Sellik, SU 14:01.4		Gilbert, US 1.68m/5-6 1/2
Radostiev, SU 14:43.4		Long Jump (7/28)
Grubbs, US 14:45.4		Bucheyeva, SU 6.15m/20-2 1/2
10000 meter Run (7/28)		Petrova, SU 6.09m/19-11 1/2
Williams, US 29:55.8		Schofield, US 5.41m/17-9
Perkins, US 29:56.0		Windle, US no fair jump
Sintsov, SU 31:47.8		Shot Put, 4kg (7/28)
Radostiev, SU 32:10.6		Abashidze, SU 15.67m/51-5
110 m Hurdles, 42" (7/28)		Kukhtina, SU 15.64m/51-3 1/2
Shipp, US 13.9		Snider, US 14.86m/48-9
Misher, US 14.1		Mitchell, US 13.92m/45-8
Natienkov, SU 14.3		Decathlon (7/28 & 7/29)
Kurostiliev, SU 14.6		Brigham, US 7402
400 m Hurdles, 36" (7/29)		Buryakov, SU 7330
Haley, US 51.5		Bakanov, SU 7049
Schwab, US 51.7		Stebbins, US 6547
Nagainik, SU 52.8		JUNIOR WOMEN
Krisschstein, SU 53.0		100 meter Dash (7/28)
10000 meter Walk (7/28)		Konratyeva, SU 12.3
Pochenchuk, SU 45:42.8		Randolph, US 12.4
Frolov, SU 46:48.6		Matveyeva, SU 12.5
Patton, US 49:47.0		Bryant, US 12.6
Mimm, US 49:55.2		200 meter Dash (7/29)
4 x 110 m Relay (7/28)		Bryant, US 24.6
USA (McFarland, Suggs, Grisby, Forbes) 46.2		Kondratyeva, SU 24.8
USSR disqualified		

NATIONAL MEETS

All Photos by
JOHN COOK



A swift flurry of jerseys marks the start of the 14-15 mile.

National Boys Age-Group Championships

LAKEWOOD, COLORADO - AUGUST 3 & 4

FROM JERRY SHAFFER AND JOHN COOK

Although still far removed from the level of participation and the degree of proficiency of the girls nationals, this second annual boys age group National was a much improved affair, with 320 athletes representing sixteen states taking part in the activities.

The Jefferson County Track Club hosted the meet for the second year in a row. The athletes from 46 teams bettered the winning marks of last year's championship in all but 7 of the 48 events of the four age groups.

High jumpers DAVE SHATTUCK and ED MANN renewed their sensational rivalry to highlight this meet. Mann, from Spokane, the defending champion in the 14-15 jump (6-3 last year as a 14 year-old), leaped three inches higher this year, but lost his title by 3/4 of an inch to last year's runner-up Shattuck, who hails from Belvidere, Ill. These jumps have been exceeded only by a handful of fifteen year-olds ever. Dave had himself a tremendous weekend by also winning the long jump and the low hurdles.

The top athlete in the 12-13 division was JIM FAVROW, from Manhattan, Kansas, who tossed the 8 pound shot 58-5, farther than anyone ever has in his age group and was within two feet of the best discus (1 kg) throw as well (164-10).

Potlatch, Washington's JEFF PILL was almost in the same class in the same two events of the 14-15 division.

Though the sprints were somewhat hampered by the heavy cinder track of Jefferson County Stadium and distance runners were slowed by the mile high altitude, DWAYNE EVANS (Phoenix, Az) and NORMAN CARLSON (Denver) didn't mind much. Norm won both 14-15 distance runs in hard battles with ED BUNDY (Cheyenne, Wyo), while Dwayne, just 14, took the short races in excellent 10.3/22.9 clockings.

Boys 14-15

100 yard Dash

Dwayne Evans (14) Ariz	10.3
Paul Austin, Colo	10.4
Larry Ardourel, Co (10.5h)	10.7
Dave Cornelius, Co (10.5h)	10.8

220 yard Dash

Dwayne Evans, Ariz	22.9
Dyrk Dahl, Okla (22.7h)	23.0
Derek Best, NY (23.0h)	23.3
Paul Austin, Colo (23.2h)	23.8
Dave Cornelius, Co (23.3h)	24.1

440 yard Dash

Derek Best, NY	51.5
David Worthey, N Mex	53.0
Gary Kautz, Ill	53.1
Lionel Fleming, NY	53.2
Paul Austin, Colo	54.0
David Troup, Colo	55.6
Matt Ciacomini, Colo	55.9
Jerry Brown, Ill	56.0

660 yard Run

Bruce Lundy (14) Colo	1:33.2
James Walker (14) Colo	1:33.3
Jame Carps, Colo	1:33.6

880 yard Run

Dyrk Dahl, Okla	1:58.0
Mark Romero, N Mex	1:59.1
Bill Myers, Kans	2:05.6
James Walker, Colo	2:08.4
Bob Rials, Colo	2:08.9
Moon Vallo, N Mex	2:09.0

One mile Run

Norman Carlson, Colo	4:36.8
Ed Bundy, Wyo	4:39.3
Walter Bridges, Calif	4:49.7

Randy Stoneman, Colo	4:50.1
Anthony Provenzola, Mch	4:52.0
Scott Hunter, Calif	4:52.3

Two mile Run

Norman Carlson, Colo	10:10.4
Ed Bundy, Wyo	10:20.4
Steve Lohman, Colo	10:26.0
Anthony Provenzola, Mch	10:32.5
Scott Hunter, Calif	10:32.6
Kevin Fries, Kans	10:39.0

One mile Walk

Tim Votadka, Kans	8:17.0
Denton Hoyer, Kans	8:27.5
Russell Jaramillo, N Mx	9:19.5

120 yard Hurdles (30 inch)

David Shattuck, Ill	14.9
Bruce Parsons, NY	15.0
Ron Knight, Colo	15.1
Mark Carara, Colo	15.2
Jon Hardesty, Kans	15.4

High Jump

David Shattuck, Ill	6- 6 $\frac{3}{4}$
Ed Mann, Wash	6- 6
Joe Miller, Colo	6- 0
Kevin Cuervo, Calif	6- 0
Don Reed, Colo	5-10

Pole Vault

Pierre Gamache, Colo	13-0
Mike Mason, Ariz	11-6
Byron Birkedahl, Colo	11-6
Kevin Cuervo, Calif	10-6

Long Jump

David Shattuck, Ill	21- 4 $\frac{1}{2}$
Dave Worthy, N Mex	20- 7
Ron Knight, Colo	19-11
Pierre Gamache, Colo	19- 7 $\frac{1}{2}$

Darrel White, Colo	19- 6 $\frac{1}{2}$
Dave Bucklin, Ill	19- 3 $\frac{1}{2}$

Triple Jump

Bruce Parsons, NY	42-4 $\frac{1}{2}$
Dave Moreland, Colo	41-2 $\frac{1}{2}$
Pierre Gamache, Colo	41-0
Mark Carara, Colo	38-8
Chris Parise, Colo	38-7 $\frac{1}{2}$
Jerry Scott, Colo	38-7

Shot Put (12 pound)

Jeff Pill, Wash	51-7
Bob Merritt, Colo	46-0
Robert Todine, Colo	43-7
Bruce Kiphart, Colo	41-1 $\frac{1}{2}$

Discus Throw (1.6 kilogram)

Jeff Pill, Wash	144-6
Bruce Kiphart, Colo	116-5
Bob Merritt, Colo	114-1

Boys 12-13

100 yard Dash

Terry Smith, Colo	10.4
Corey Powell, NY	10.7
Jim Cooper, Calif	11.0
Kevin McDonald, Calif	11.1

220 yard Dash

Terry Smith, Colo (23.8h)	24.0
Laurence Haden, NY (24.8h)	24.9
Kevin McDonald, Calif	25.0
Corey Powell, NY (24.8h)	25.1
Rex Schweers, Colo (25.0h)	26.0

440 yard Dash

Laurence Haden, NY	53.6
Rex Schweers, Colo	54.4
Brian Morton, Colo	54.5
Sandy Paniello, Ky	54.7
John McQuire, Calif	59.1

660 yard Run

Dean Christian (12) Co	1:35.9
Eddie Lujan, Calif	1:36.7
Jim Ryan, Colo	1:37.0

880 yard Run

Dean Christian, Colo	2:12.5
Kevin Knox, Calif	2:12.8
Ron Roumanis, Calif	2:20.1

One mile Run

Chuck Assumma (12) Cal	5:02.2
Randy White, Calif	5:02.3
Todd McCallister, Ill	5:05.9
Mark McCallister, Ill	5:06.2
Shawn Shambaugh, Calif	5:19.5
Dennis Fox, Calif	5:20.8

One mile Walk

Kevin Butler, Ohio	8:55.2
Greg Johnson (12) Kans	9:30.6
Bryan Lauck, Calif	9:47.5

70 yard Hurdles (30 inch)

Brian Morton, Colo	9.4
Jim Ryan, Colo	9.6
Jon Weston, Colo	10.3
Drew Harrison, Ohio	10.4
Ken Ardourel, Colo	10.5
Sandy Paniello, Ky	10.6
Jon Hullings, Kans (10.5h)	10.6

High Jump

Ron Roumanis, Calif	5-6
Wally McRoberts, Ill	5-5

Jeff Mullen, Colo	5-4
Richard Poster, Colo	5-2
Jeff Guy, Colo	5-1
Daniel Rohrs, Ohio	5-0

Pole Vault

Greg Hansen, Wash	10-4
David Wiedeman, Colo	9-0
Brian Reinhart, Colo	8-6
William Ernest, Colo	8-6
Jim Rivera, Ariz	8-0
Steve Kreimier, Colo	8-0

Long Jump

Kevin McDonald, Calif	19-7 $\frac{1}{2}$
Richard Lloyd, Colo	18-9
Jim Cooper, Calif	17-6
Eric Thias, Mo	16-4 $\frac{1}{2}$
Jeff Guy, Colo	16-2
Steve Lund, Wyo	16-2

Triple Jump

Jim Cooper, Calif	38-1 $\frac{1}{2}$
Ken Riedel, Wyo	35-6
Chris Friday, Wash	35-0 $\frac{1}{2}$
Eric Thias, Mo	34-8 $\frac{1}{2}$
Kevin Brewer, Calif	34-7 $\frac{1}{2}$
Jeff Guy, Colo	34-5 $\frac{1}{2}$

Shot Put (8 pound)

James Favrow, Kans	58- 5
Dan Boomhower, Wyo	52- 7
Chris Friday, Wash	49-10 $\frac{1}{2}$
Kim Larson, Ill	41- 8
Kevin Brewer, Ill	39- 7 $\frac{1}{2}$
Brian Hisaw, Wyo	38- 9 $\frac{1}{2}$

Discus Throw (1.0 kilogram)

James Favrow, Kans	164-10
Chris Friday, Wash	144- 0
Dan Boomhower, Wyo	132- 8
Kevin Brewer, Ill	120-11
Wally McRoberts, Ill	120- 4

13 year-old JIM FAVROW, the new shot put and discus Champion and record holder in the 8 pound shot (58-5)

Second in the furlong was Oklahoma's 1:53 half miler DYRK DAHL. Dyrk won the two lap race here, with a surprisingly strong challenge from MARK ROMERO of Albuquerque. DEREK BEST from Laurelton, NY, won the 440 in a superb 51.5 after finishing third in the 220.

Other exceptional performances were registered by LAURENCE HADEN, from the Bronx, NY, winning the 12-13 quarter in a great 53.6, TERRY SMITH (Colorado Springs) double winner in the 12-13 sprints (23.8 in the 220 heats) and 12 year-old DEAN CHRISTIAN from Denver, who will remember this date as the year he defeated two of the best runners in the 12-13 division, EDDIE LUJAN (Bakersfield) in the 660 and the well known KEVIN KNOX from Wasco (CA) in the 880.

Looking ahead one year, it has been announced that next year's National meet will be held in Lenoir, North Carolina on August 9 and 10.

Results of the 12 to 15 events follow: /wind o.k. - cinder track/

STARTING LINE ILLUSTRATED

In our efforts to make STARTING LINE more attractive to youngsters and grown-up alike, we have attempted to be more and more illustrative. Space and costs have always held us back, but we are getting closer to the day when full page photo spreads can be possible. If you like the idea, let us know by sending in photos that you would like to see printed. All you have to remember is: they must be black & white, sharp and not too small. And now, meet a few people you might have already heard about.

a) All first place winners of the Saginaw section of the National Postal Mile Runs. (See results in the July issue of S.L.)

b) This is the way it looks when the photo timer gets activated when you cross the finish line. It's no use arguing.

c) The ever engaging CALVIN BROWN, So. Cal meet director, announcer, track nut and track personality. A good guy.

d) The 9-Under team of the Laurel TC of Maryland. (L to R) ROB RYERSON, BRUCE MONTIGNY, JIM HUBER, JOE SHEPPARD and CHRIS ATHEY. Very good prospects.

e) The girls International team in street clothes, somewhere in Europe. That's the way they look without their track suits on.

f) The Police Boys Club track team, returning from the National mile at Baltimore.

g) LISA KINEMAKA, MITZIE McMILLIN and JONI HUNTLEY clowning for Karen Smith's camera in Odesa, Russia.

h) A good shot of sharp looking DALE KNOX, coach of the Wasco Wildkats, CA. Dale is a VIP in Calif. track and a fine person.

i) The CUPERTINO YEARLING's 9-Under team, 1973 team Champion of the National Postal Mile. (L to R) GREG JONES, JIGGS STEIN and ERIC CARLSON. All sub-6:00 milers

PHOTO CREDITS:

a) BILL AYVAZIAN/Saginaw News; b) submitted by CALVIN BROWN; c) MAX ZUCKER; d) GLENN AUSTIN; e) submitted by KARIN SMITH; f) submitted by team official; g) KARIN SMITH; h) DOUG SCHWAB and h) submitted by WILLIAM JONES.



STARTING LINE CALENDAR

SEPTEMBER

- 29 NEW YORK ROAD RUNNERS AGE GROUP CROSS-COUNTRY, Alley Pond Park, Queens, NY (Boys & Girls, 5-Under & up, 11:00 a.m.) Nat Cirulnick (212) 276-7451
- 29 EASTERN GIRLS TRACK LEAGUE CROSS COUNTRY, Washington, DC (Girls & Boys, 9-Under & up) Gabe Mirkin (301) 770-4424
- 29 GOLDEN ANGELS CROSS COUNTRY "INVITATIONAL", Columbus, Ohio (Girls) Ralph Ormsby, 2552 Westmont, Columbus, Ohio 43221
- 29 LOMITA (California) ROAD RUNS (Girls, 9-under & up, Novice & open) Paul LeSage, 11109 Stanford Way, Stanton, California 90680
- 29 PICO-RIVERA (California) ALL-COMERS CROSS COUNTRY, Smith Park (Boys & Girls, 9-Under & up, 9:30 a.m.) Bill Peck (213) 666-0546
- 30 FALMOUTH (Massachusetts) TRACK CLUB AGE GROUP CROSS COUNTRY (Boys & Girls, 9-Under & up) John J. Carroll, Box 756, North Falmouth, Mass 02556
- 30 NEW JERSEY AGE GROUP CROSS COUNTRY, Echo Lake, Mountinside (Boys, 11-under to 14-15, 11:30 a.m.) George Miller, 38 Autumn Avenue, Clark, NJ 07006
- 30 GOLDEN TRIANGLE CLASSIC, Ypsilanti, Michigan (Boys & Girls, 9-Under & up, LD Runs) Bob Parks, Athl Dept, E Michigan Univ, Ypsilanti, Mich 48197
- 30 COLORADO PACERS HANDICAP WALKS, Webster Lake, Northglenn, Colo (Girls) John Greene, Box 29226, Thornton, Colorado 80229
- 30 ALBUQUERQUE (New Mexico) TRACK CLUB CROSS COUNTRY RUN (Girls & Boys, 9-Under & up) Jim Ciccarello, 319 N Princeton, N Mex 87106, (505) 266-5367

OCTOBER

- 6 KETTERING (Ohio) CROSS COUNTRY "INVITATIONAL" (Girls & Boys, 9-Under & up) Steve Price, 1117 Purcell, Dayton, Ohio 45420
- 6 OZARK TRACK CLUB NOVICE RACE WALKS, So Illinois Univ, Edwardsville (Boys & Girls, 17-under & up) Bob Hyten, 1033 Randle St, Edwardsville, Ill 62025
- 6 BLUE ANGEL CROSS COUNTRY "INVITATIONAL", Fountain Valley, Calif (B & G, 9-U & up) Don DeNoon, 8671 Camel Circle, Huntington Beach, Calif 92647
- 6 EAST LOS ANGELES (California) ALL-COMERS CROSS COUNTRY, Hazard Park (B & G, 9-U & up, 9:30am) Bill Peck, 1140 N Alexandria Ave, Los Angeles, Ca 90029
- 6-7 COLORADO DISTANCE CLASSIC, Boulder (Girls, 9-under & up, Cross country & Track) Lyle Knudson, 1330 Georgetown Road, Boulder, Colorado 80303
- 7 NEW YORK ROAD RUNNERS AGE GROUP CROSS COUNTRY, Clove Lake Park, Staten Island (Boys & Girls, 5-under & up, 1:00 p.m.) Dan Dougherty (212) 981-2532
- 7 NEW JERSEY AGE GROUP CROSS COUNTRY, Unami Park, Garwood (Boys, 11-under to 14-15) George Miller, 38 Autumn Avenue, Clark, New Jersey 07006
- 7 INDIANOLA (Iowa) LONG DISTANCE RUNS (Boys & Girls, 2:00 p.m.) Ron Werling, 708 1/2 West First Avenue, Indianola, Iowa
- 7-13 NATIONAL AAU CONVENTION, West Yellowstone, Montana (AAU Age Group & Junior Olympics Rules and Policies Meetings)
- 10 COLORADO PACERS FALL RACE WALKS (Girls) John Greene, Box 29226, Thornton, Colorado 80229
- 12-14 DOWS COACHES CONFERENCE, Jefferson High School, Denver, Colorado (Coaches Clinics) Beverly Peterson, Box 22482, Denver, Colorado 80222
- 13 EASTERN GIRLS TRACK LEAGUE CROSS COUNTRY, Ambler, Penna (Girls & Boys, 9-under & up) Larry Wilson, 1300 East Cliveden St, Philadelphia, Pa 19119
- 13 ALLEGHENY MOUNTAIN AAU CHAMPIONSHIPS, Mt Lebanon, Pennsylvania (Girls) John Harwick, 467 Beverly Road, Mount Lebanon, Pennsylvania 15216
- 13 CURRIE CREEK RUN, Midland, Michigan (Girls & Boys) Norm Skelly, 2007 Sharon Court, Midland, Michigan 48640
- 13 CARTHAGE (Missouri) CROSS COUNTRY "INVITATIONAL" (Girls, 3:00 p.m.) Carl Lewton, 1302 Maple, Carthage, Missouri 64836
- 13 VENTURA (California) CROSS COUNTRY RUN, Arroyo Verde Park (Girls, 9-under & up, Novice & open) David Drapeau, 194 Dean Court, Ventura, Ca 93003
- 13 EAST LOS ANGELES (Calif) ALL-COMERS CROSS COUNTRY, Belvedere Park (B & G, 9-U & up, 9:30am) Bill Peck, 1140 N Alexandria Ave, Los Angeles, Ca 90029
- 14 FALMOUTH (Massachusetts) TRACK CLUB AGE GROUP CROSS COUNTRY (Boys & Girls, 9-Under & up) John J. Carroll, Box 756, North Falmouth, Mass 02556
- 14 NEW JERSEY AGE GROUP CROSS COUNTRY, Warinanco Park, Elizabeth (Boys, 9-Under to 14-15, 11:30 a.m.) George Miller, 38 Autumn Ave, Clark, NJ 07006
- 14 NEW YORK ROAD RUNNERS AGE GROUP CROSS COUNTRY, Van Cortlandt Park, Bronx, NY (Boys & Girls, 5-under & up, 1:00 p.m.) Kurt Steiner (212) 276-7451
- 14 ALBUQUERQUE (New Mexico) OLYMPETTE CROSS COUNTRY "INVITATIONAL" (Girls) Floyd Highfill, 1516 Hoffman N.E., Albuquerque, New Mexico 87110
- 14 POSTAL RACE WALKS, Broomfield (Colorado) High School (Girls) Gail Bristol, 2930 Dover Drive, Boulder, Colorado 80303
- 20 EASTERN GIRLS TRACK LEAGUE CROSS COUNTRY, Frederick, Maryland (Girls, 9-under & up) Jack Griffin, 533 Grant Place, Frederick, Maryland 21701
- 20 SKEETER TRACK CLUB CROSS COUNTRY "INVITATIONAL", Van Sann Park, Paramus, N Jersey (Girls, 13-U to HS) Jook Brown, 23 Franklin St, Ramsey, NJ 07446
- 20 MICHIGAN AAU GIRLS CROSS COUNTRY CHAMPIONSHIPS, Mount Pleasant.....Don Sazima, Athletic Dept, Central Michigan Univ, Mount Pleasant, Michigan 48858
- 20 CINDERETTES CROSS COUNTRY RUNS, Fort Wayne, Indiana (Girls) Roberta Widmann, 613 Till Road, Fort Wayne, Indiana 46808
- 20 OZARK AAU & REGION EIGHT JUNIOR OLYMPICS CROSS COUNTRY, Florissant, Missouri (Boys & Girls) Ralph Thorne, 3052 St Christopher, Florissant, Mo 63033
- 20 CENTRAL AAU GIRLS CROSS CHAMPIONSHIPS, Peoria, Illinois.....Dave Miller, Box 47A, Tremont, Illinois 61568
- 20 CEDAR RAPIDS (Iowa) 4 kilometer CROSS COUNTRY RUN (Boys) Martin Smith 905 Eighth Avenue, S.E., Cedar Rapids, Iowa
- 20 REEDLEY (California) ROAD RUNS (Girls & Boys, 9-under & up, 8:45 a.m.) Jeanne Snyder, 2010 Fourth Street, Sanger, California 93657



- 21 RAELETTES CROSS COUNTRY "INVITATIONAL", Van Cortlandt Park, Bronx, New York (Girls, 9-under & up) Ray Jenkins, 955 Tinton Avenue, Bronx, NY 10456
 21 NEW YORK ROAD RUNNERS AGE GROUP CROSS COUNTRY RUNS, Van Cortlandt Park, Bronx, New York (B & G, 5-under & up, 1:00pm) Kurt Steiner (212) 532-7000
 21 NEW JERSEY AGE GROUP CROSS COUNTRY, Rahway River Park (Boys, 11-under to 14-15, 11:30 a.m.) George Miller, 38 Autumn Avenue, Clark, N Jersey 07006
 21 COLUMBIA (Missouri) Two-Mile CROSS COUNTRY RUNS (Boys & Girls, 2:00 p.m.) Joe Duncan, 4004 Defoe Drive, Columbia, Missouri
 21 DUKE CITY DASHERS CROSS COUNTRY "INVITATIONAL", Albuquerque, New Mexico.....John Haaland, 5408 Euclid N.E., Albuquerque, New Mexico 87110
 21 COLORADO PACERS HANDICAP RACE WALK, Webster Lake, Northglenn, Colo (Girls) John Greene, Box 29226, Thornton, Colorado 80229
 21 CHEETAH CROSS COUNTRY "INVITATIONAL", Mt San Antonio College, Walnut, Calif (Girls, 9-U & up) Bill Peterson, 1840 Hawkbrook Dr, San Dimas, Ca 91773
 27 SOUTH JERSEY CROSS COUNTRY "INVITATIONAL", Pennsville, N Jersey (B & G, 9-under & up) Jim Goldsmidt, 309 Whitehurst Pike, Somerdale, New Jersey
 27 MOUND CROSS COUNTRY "INVITATIONAL", Miamisburg, Ohio (Boys & Girls, 9-under & up, 1:00 p.m.) Mark Becker, 708 North 12th St, Miamisburg, Oh 45342
 27 CHAMPION OF CHAMPIONS CROSS COUNTRY, Cincinnati, Ohio (Girls, 13-under & up) Don Kastrup, 4007 O'Leary Avenue, Cincinnati, Ohio 45236
 27 NATIONAL AAU GIRLS 10000 meter RACE WALK, Columbia, Missouri.....Joyce Schulte, Route 3, Box 24. Columbia, Missouri 65201
 27 ROCKY MOUNTAIN AAU GIRLS CROSS COUNTRY CHAMPIONSHIPS, Rotella Park, Denver, Colo. (9-U to 14-15) Lyle Knudson, 1330 Georgetown Rd, Boulder, Co 80303
 27 HAMILTON CROSS COUNTRY INVITATIONAL, Hamilton Jr HS, Fresno, Calif (B & G, JHS) Joe Herzog, 102 East Clinton Avenue, Fresno, California 93705
 27 NATIONAL AAU BOYS AGE GROUP CHAMPIONSHIPS, Glen Helen Park, Rialto, Calif (9-under to 14-15) Dave Japs, 835 Oakdale, Rialto, California 92376
 27 RIALTO (California) DISTANCE CARNIVAL, Glen Helen Regional Park (Girls, 9-under & up) Dave Japs, 835 Oakdale, Rialto, California 92376
 27 R LOS ANGELES (Calif) ALL-COMERS CROSS COUNTRY, City Terrace Park (B & G, 9-U & up, 9:30am) Bill Peck, 1140 N Alexandria Ave, Los Angeles, Ca 90029
 28 NEW JERSEY AGE GROUP CROSS COUNTRY, Warinanco Park, Elizabeth (Boys, 11-Under to 14-15, 11:30 a.m.) George Miller, 38 Autumn Ave, Clark, NJ 07006
 28 NEW YORK ROAD RUNNERS CROSS COUNTRY RUNS, Van Cortlandt Park, Bronx (Boys & Girls, 5-Under & up, 1:00 p.m.) Kurt Steiner (212) 532-7000
 28 NEW ENGLAND AAU GIRLS CROSS COUNTRY CHAMPIONSHIPS, Falmouth, Massachusetts.....John J. Carroll, PO Box 756, North Falmouth, Massachusetts 02556
 28 WOODLAKE (California) 25 kilometer RUN (Boys, Junior High School & up) Wayne Van Dellen, 37149 Road 142, Woodlake, California 93286
 31 IOWA AAU BOYS CROSS COUNTRY, Des Moines.....Butch Hammer, RR 1, Carlisle, Iowa 50047

NOVEMBER

- 3 CENTRAL USA CROSS COUNTRY CHAMPIONSHIPS, Forest Park, St Louis, Mo (G & B, 9-U & up, 3:00pm) Bob Hyten, 1033 Randle St, Edwardsville, Ill 62025
 3 USTFF MIDWEST CROSS COUNTRY CHAMPIONSHIPS, Kenosha, Wisconsin (Boys & Girls) Vic Godfrey, Univ of Wisconsin, Parksdale, Kenosha, Wisconsin
 3 LOS ANGELES (California) ALL-COMERS CROSS COUNTRY, Eagle Rock Rec Center (B & G, 9-U & up, 9:30am) Bill Peck, 1140 N Alexandria Ave, Los Angeles, Calif
 4 RRCA NATIONAL AGE GROUP CROSS COUNTRY CHAMPIONSHIPS, Van Cortlandt Park, Bronx, NY (B & G, 6-7 & up) Barry Geisler, 1134 Findley Ave, Bronx, NY
 4 DISTANCE RELAYS, Palos Hills, Illinois (Girls) Mike Beard, 10267 Huntington Court, Orland Park, Illinois 60462
 4 SO PACIFIC AAU GIRLS CROSS COUNTRY CHAMPIONSHIPS, La Mirada (Calif) Regional Park (9-U & up) Roy Swett, 14514 Gardenhill, La Mirada, Calif 90638
 10 REGION TWO AAU CROSS COUNTRY CHAMPIONSHIPS, Pittsburgh, Pennsylvania (Girls & Boys) John Harwick, 467 Beverly Road, Pittsburgh, Pa 15216
 10 ROCKY MOUNTAIN AAU RACE WALK, Webster Lake, Northglenn, Colorado (Girls) Gail Bristol, 2930 Dover Drive, Boulder, Colorado 80303
 10 EAST LOS ANGELES (Calif) ALL-COMERS CROSS COUNTRY, Belvedere Park (B & G, 9-U & up, 9:30am) Bill Peck, 1140 N Alexandria Ave, Los Angeles, Ca 90029
 11 REGION ONE AAU CROSS COUNTRY CHAMPIONSHIPS, Amherst, Massachusetts (Girls) Sugarloaf Mountain AC, Box 853, Amherst, Massachusetts 01742
 11 NEW JERSEY AGE GROUP CROSS COUNTRY, Warinanco Park, Elizabeth (Boys, 11-Under to 14-15, 11:30 a.m.) George Miller, 38 Autumn Ave, Clark, NJ 07006
 11 NEW YORK ROAD RUNNERS AGE GROUP CROSS COUNTRY, Clove Lake Park, Staten Island (Boys & Girls, 5-Under & up, 1:00 p.m.) Dan Dougherty (212) 981-2532
 11 J F KENNEDY 3 mile RUNS, Schenley Park, Pittsburgh, Pennsylvania (B & G, 13-Under & up, 10:00am) John Harwick, 467 Beverly Rd, Pittsburgh, Pa 15216
 17 NEW YORK ROAD RUNNERS AGE GROUP CROSS COUNTRY, Alley Pond Park, Queens, NY (B & G, 5-under & up, 11:00 a.m.) Nat Cirulnick (212) 276-7451
 17 OHIO TRACK CLUB DISTANCE CARNIVAL, Columbus (LD Runs, Race Walks & Relays) Harry McKnight, 1715 Guilford, Columbus, Ohio 43221
 17 DETROIT (Michigan) CROSS COUNTRY RUNS (Boys & Girls) Marv Fraser, 7510 Pettysville Road, Howell, Michigan 48843
 17 MID-AMERICA CROSS COUNTRY CLASSIC, Peoria, Illinois (Boys & Girls) Dave Miller, Box 47A, Tremont, Illinois 61568
 17 LOS ANGELES (California) ALL-COMERS CROSS COUNTRY, Blyssian Park (B & G, 9-U & up, 9:30am) Bill Peck, 1140 N Alexandria Ave, Los Angeles, Ca 90029
 18 FOUR MILE TURKEY TROT, Peoria, Illinois (Boys & Girls) Dave Miller, Box 47A, Tremont, Illinois 61568
 24 NATIONAL AAU GIRLS CROSS COUNTRY CHAMPIONSHIPS, Albuquerque, New Mexico (9-under & up) PO Box 6602, Albuquerque, New Mexico 87107
 25 NEW YORK ROAD RUNNERS AGE GROUP CROSS COUNTRY RUNS, Marine Park, Brooklyn, NY (Boys & Girls, 5-under & up, 1:00 p.m.) Bill Moran (212) 339-6100

The 1973 Best Performers Lists appearing on these pages show the best outdoor marks reported to the compilers. Marks reported in fragmentary form are shown with the "questionable" or invalid marks at the end of the tabulated list of valid marks.

Only marks taken from detailed reports of complete meets are considered for the regular list, though additional information on "questionable" marks would be greatly appreciated. Please submit additional results and/or corrections to the compilers in care of STARTING LINE, P.O. Box 878, Reseda, California 91335.

Marks to be included in STARTING LINE's Outdoor Rankings must meet the following requirements:

1. Marks must be made on standard outdoor facilities (surveyed track, reasonably legal jumping pits, throwing rings, toe boards, etc...).
2. There must be at least three timed or measured competitors in the event, which is part of a regularly scheduled meet (hastily improvised record attempts are not acceptable).
3. In the sprints, hurdles, long jump and triple jump, the wind assistance should be reported (wind gauge readings remove all doubts; wind estimate helps determine validity of mark).
4. The weight of the shot, discus, hammer and javelin must be reported (some indication that implements have been properly checked for weight and dimensions will help determine validity of mark).
5. In hurdle races, note height and number of hurdles (if there might be a doubt) as well as the distance of the race.

* * * * *

Data in the lists include (left to right):
(1) Time or distance, (2) Name of athlete,
(3) Birth year, if known, (4) Home state,
(5) Date of best performance for the year.

'73 Girls Best Performers List

GIRLS 14-17 Division

Compiled by Bill Peck

NOTE: Girls who were 15 years old on date of performance are marked with asterisk (*). Those who were 14 are marked (**).

This is the final year list for this age group (though we welcome additions for the year-end age lists). About 70% of the marks are taken from AAU Girls (14-17 and 14-15) plus Women's Divisions. Another 20% were compiled from the ever growing High School Girls State and Regional Meets (most notably in the weight events). The remainder of the competitors made their best marks in Junior Olympics (Intermediate & Senior Divisions), RRCA, CYO and other competition (including International).

Girls whose names are preceded by an asterisk (*) were known to be 15 years-old on the date of their best performance; those marked with two asterisks were 14. In most events additional names of 14/15 girls are added (below the dotted line). All high school girls whose marks qualify for the list are included, unless they were known to be born earlier than 1955.

In running events, times made at metric distances have been incorporated in the equivalent "English distance" events on an average pace basis. No times have been converted one way or the other. Similarly, in the Shot Put list, marks made with the 4 kg. shot have been "integrated" with the 8 pound shot marks. A differential of two feet even has been allowed for the heavier (4kg) shot. E.g. 40' with 4kg = 42' with 8 lb.

100 yd/100 meter Dash (m=100m time)

10.5 Mable Ferguson (55) Cal	3/25	11.0 *Kim Schofield (57) Ill	5/19
10.7 Debbie Carroll, Iowa	6/ 9	11.0 Deborah Clay, Ind	5/19
11.7m Jackie Randolph, DC	7/20	11.0 *Mary Barnett (57) Ariz	6/ 3
10.8 Janice Wiser, Cal	3/25	11.0 *Annette Robinson (58) Ca	6/10
10.8 *Isabelle Hartford(59) La	4/13	11.0 Gayle Butler, Cal	6/30
10.8 *Gail Douglas, Cal	6/ 3	11.0 Ditra Henry (57) Ill	7/ 8
10.8 Christel Brown, Iowa	6/ 9	11.0 Alma Ray Jones, SCar	7/14
10.8 Maureen Abare (56) Cal	6/10	11.0 Lisa Johnson, Wash	7/21
10.8 *Denise Roberson (57) Pa	6/24	11.0 Veronica Williams, Ind	8/15
10.8 Jenny Gill, Ohio	6/30	11.1 *Kim Leggett, Cal	3/24
10.9 Jackie Taylor, DC	5/12	11.1 *Judy Johnson (58) Cal	3/24
10.9 Alfreda Daniels (55) Mich	5/19	11.1 *Alice Watson (57) NMx	3/24
10.9 *Valerie Milan, Ill	6/24	11.1 *Linda Banks, Ohio	6/ 9
10.9 *Tina Roberson (59) Cal	3/25	11.1 *Dolly Fleetwood (58) Cal	6/24
11.0 Rosetta Birt, Cal	4/ 8	11.1 *Carla Huddle, Ill	7/ 8
11.0 *Karen McDaniel (57) DC	5/10	11.1 *Deborah Carter (57) Mo	8/15
11.0 *Diedre Wilson (58) NY	5/13	11.1 *Lisa Talley, Ohio	5/19

Wind aided: 10.7-Randolph & Clay on 6/20; 10.9-Schofield, Wilson & Rosalyn Bryant, Ill on 6/19; Creola Miller (56) Cal on 6/20; 11.0-Fleetwood on 5/12, S.Choates, Tenn on 6/22; More info needed: 11.0-*Linda Mozee(58) Pa on 8/16

200 meter/220 yard Dash (m=200m time)

23.3 Mable Ferguson (55) Cal	6/23	24.9 **Valerie Milan, Ill	6/24
24.1 Maureen Abare (56) Cal	6/22	25.0 *Judy Johnson (58) Cal	4/29
24.1m Rosalyn Bryant, Ill	7/21	25.0 Carol Hudson (55) NMx	4/29
24.3 Janice Wiser, Cal	3/25	25.0 *Debbie Roberson, Cal	4/29
24.3 *Denise Roberson (57) Pa	6/24	25.0 Marsha Talley, Tex	5/
24.4 *Isabelle Hartford(59) La	6/ 2	25.0 *Tina Leatherman (57) Md	7/14
24.6 Debbie Carroll, Iowa	6/ 2	25.1 *Gail Douglas, Cal	6/ 3
24.6 Veronica Williams, Ind	8/16	25.1 *Diedre Wilson (58) NY	6/10
24.7 Gwen Smith, Tex	5/	25.2 *Alice Watson (57) NMx	3/25
24.8 Beverly McNeely, Tex	5/	25.2 *Mary Decker (58) Cal	5/13
24.8 Creola Miller (56) Cal	8/16	25.2 *Bernadine Givens (58) La	6/ 2
24.9 *Theresa SanAgustin(57)Ca	5/27	25.2 *Trudi Rebsamen, Ill	7/ 8
24.9 *Kathy Keys (57) Cal	5/27	25.2 *Annette Robinson (58) Ca	6/24

Wind-aided: 24.1-Bryant on 6/22; 24.2-Chris A'Harrah (55) Pa on 6/19; 24.4-Williams & Linda Blakely, Mich on 6/20; 24.6-Johnson on 5/13, Marie Dickson Cal on 6/19; 24.7-*Susan Vigil (57) NMx on 5/13, Miller on 6/19; 24.8-Gayle Butler, Cal on 6/20; 25.0-Sherry James, DC on 6/19, Deborah Clay, Ind on 6/20
More info needed (facilities, wind, complete results): 24.7-Ditra Henry (57) on 7/22; 24.9-Robinson on 4/15; 25.0-*Lisa Talley, Ohio on 5/13, Rebsamen on 5/19, Alma Ray Jones, SC on 7/14

400 meter/440 yard Dash (m=400m time)

53.8 Mable Ferguson (55) Cal	5/19	56.6 *Lynn Hollins (58) Cal	6/ 3
53.8m *Kathy Weston, Nev	7/14	56.6 *Connie Simpson (57) NY	6/19
53.9m Chris A'Harrah (55) Pa	7/17	56.9 Leesa Wallace, Kans	8/16
54.5 **Robin Campbell (59) DC	5/12	57.0 Debbie Esser, Iowa	6/ 2
54.5 Sherry James, Va	7/14	57.0 Denise Johnson (56) NY	6/ 3
54.6 Janice Wiser, Cal	5/27	57.0 *Yvonne Braxton (58) Colo	6/ 9
54.6 **Mary Decker (58) Cal	6/10	57.0 Maureen Abare (56) Cal	6/10
54.4m Carol Hudson (55) NMx	7/14	57.1 *Sue Roehm (57) Pa	7/14
54.8 Wendy Koenig (55) Colo	4/29	57.1 Judy Fontaine, Ct	8/16
55.3 *Renée Moore (59) Tex	6/11	57.2 Christina Caldwell, Cal	6/10
55.3 *Trudi Rebsamen, Ill	8/16	57.4 *Yolanda Rich (57) Cal	6/ 3
55.5 *Debbie Roberson, Cal	6/19	57.5 *Lisa Gibbs (57) NMx	5/13
55.9 Brenda Nichols, NY	6/19	57.6 **Julie Lake, Cal	6/10
56.0 Susan Vigil (57) NMx	6/19	57.7 *Renelda England (57) Tex	6/11
56.1 *Chere DeHaven (58) Ind	6/19	58.0 *Donna Schellhaus (58) Ca	6/24
56.3 *Theresa SanAgustin(57)Ca	3/25	58.1 *Gwen Gunn, Ohio	4/29
56.4 Janis Vetter (57) Ohio	6/20	58.2 **Jan Fox (59) Colo	6/19
56.4 Denise Anderson, Wash	7/21	58.2 **Bernadine Givens (58) La	6/24
56.5 *Kathy Keys (57) Cal	6/30	58.2 *Teresa Caudillo (58) Cal	6/10
		58.6 **Diane Holder (58) Cal	6/10

More info needed (facilities, complete results): Marie Nickson, Cal on 4/15

100 meter Hurdles (30 inch)

14.2 *Cheryl Poirier (58) Md	6/24	14.7 Karen Meriweather, Wash	7/21
14.3 **Rosalind Anderson(58) Md	7/14	14.8 Nela Ford, Ore	5/19
14.4 Terri Wheeler, Mont	5/26	14.8 Kathy Bickerstaff, Mont	5/26
14.4 *Cathy Clarke (58) Cal	6/24	14.8 *Chris Rassel, Ill	7/ 8
14.4 Jacqueline Guichard, Wash	7/21	14.8 *Delphine Crump (57) Pa	7/14
14.5 Cindy Bentham, Mont	5/26	15.0 **Shelley Harris (58) Ariz	6/ 3
		15.2 *Paula Girven, Va	6/16

Wind-aided: 14.1-Mary Officer, Ore on 5/19; 14.3-Jo Rasmussen, Ore on 5/19;

More info needed (questionable facilities, wind, questionable competition):

14.1-Wheeler on 8/15; 14.3-Guichard on 8/15; 14.4-Gayle Butler on 6/30;

14.5-Rassel on 8/15; 14.7-Julie Rusing (55) Ariz on 8/15

100 meter Hurdles (33 inch)

13.9 Lavonne Neal (55) Pa	7/21	14.7 Terri Wheeler, Mont	6/ 9
14.1 Mitzi McMillin (56) Wash	6/17	14.8 Clydine Crowder (58) Cal	5/13
14.2 Bobette Krug (56) Cal	7/28	15.0 Gayle Butler, Cal	6/10
14.6 Desiree Gronwald(55) Col	5/13	15.1 Julie Rusing (55) Ariz	5/19
14.6 Janice Lester, Cal	6/10	15.2 *Denise Rodgers, Cal	6/10
14.6 *Cathy Clarke (58) Cal	5/13	15.2 *Chris Rassel, Ill	6/16
14.7 Wendy Koenig (55) Colo	3/11	16.2 **Shelley Harris (58) Ariz	3/24

Wind-aided: 13.8-Krug on 6/23; 14.3-Clarke & Cheryl Poirier (58) Md on 6/19; 14.3-Wheeler on 6/22; 14.7-Pamela Jones, Cal on 6/20; 14.8-Joanne Rasmussen, Ore on 6/19; 15.2-Sharon Kirk, Tenn on 6/19; More info needed (facilities,

wind, complete results): 13.6-Neal on 5/12; 14.3-Debbie Esser, Iowa on 6/2;

14.7-Crowder on 3/16; 15.2-Jacqueline Guichard & Sharon Barker, Wash on 6/9

300 meter Hurdles (30 inch)

45.3 **Susan White (58) DC	6/24	46.9 Lori Poppy (57) Ariz	6/ 3
46.0 Linda Wright (56) Ariz	6/ 3	47.1 *Mary Lee Erickson(57) Ca	6/24
46.1 *Lisa Thomas, Colo	6/24	47.4 Liz Walker, Wash	5/26
46.3 *Effie Jordan (58) Cal	5/12	47.6 *S. Duffy, Ohio	6/30
46.5 *Shauna Kalicki, Colo	6/24	47.8 *Kathy Day (58) Fla	6/24
46.6 *Cathy Clarke (58) Cal	5/27	48.2 *Jill South (57) Ariz	5/19
46.7 *Theresa SanAgustin(57)Ca	6/30	48.9 **Robin Corey (58) Cal	4/29
46.8 Diane Dellinger, Cal	6/30	49.8 **Pam Allen (58) Cal	4/28

400 meter Hurdles (30 inch)

59.1 Wendy Koenig (55) Colo	3/25	64.4 **Effie Jordan (58) Cal	6/20
61.9 Clydine Crowder (56) Cal	6/23	64.7 *Shauna Kalicki, Colo	6/20
63.4 Vickie Amstutz (57) Ind	6/20	64.6 *Cathy Clarke (58) Cal	6/10
63.4 Linda Wright (56) Ariz	6/23	65.0 *Mary Lee Erickson(57) Ca	6/10
63.6 Anne Gallaher (55) Ariz	3/25	66.2 Jill Gereovich, Cal	6/10
63.6 Laurie Gilliland (56) NM	6/19	66.3 *Kathy Day (58) Fla	6/19
63.6 Danette Marshall, Pa	6/19	66.8 *Jill South (57) Ariz	6/19
64.0 Marie Henry, Ohio	6/19	66.9 *Diane Nissen (57) Ariz	3/24
64.0 **Susan White (58) DC	6/19	67.0 *Lisa Gibbs (57) NMx	4/ 8
64.1 Cathy Faughn, Ind	6/22	67.1 Liz Walker, Wash	6/ 9
64.4 Lori Poppy (57) Ariz	1/27	67.2 *Anita Marsland (58) NMx	6/19
64.4 Diane Dellinger, Cal	6/10	67.3 *Toni Griffin (57) Cal	4/15
		67.3 *Lisa Thomas, Colo	6/19

More info needed (complete results): 62.3-Debbie Vetter (56) Ohio on 7/7

800 meter/880 yard Run (m=800m time)			
2:02.4m	**Mary Decker (58) Cal	7/12	2:15.9 Karen Aleccia (57) Cal
2:03.8	Wendy Koenig (55) Colo	5/27	2:16.2 Chris A'Harrish (55) Pa
2:04.7m	**Robin Campbell (59) DC	5/19	2:16.2 Diane Vetter (56) Ohio
2:07.9	**Lynn Hollins (58) Cal	5/27	2:16.3 *Pat Helms (57) Pa
2:07.2m	Julie Brown, Mont	7/28	2:16.3 *Kathy Weston, Cal
2:10.7	Ruth Kleinsasser (57) Ca	4/29	2:16.4 Diane Mull, La
2:11.0	Kathy Haughey, Cal	6/10	2:16.6 Rosemary Holden, Iowa
2:11.2	Anne Gallaher (55) Arz	6/22	2:16.7 **Stephanie McDade (59) NM
2:11.9	Debbie Vetter (56) Oh	6/19	2:16.7 *Lisa Hamity, Ill
2:12.0	Vicky Eberly (55) Cal	6/10	2:17.0 Eileen Clausus (55) Ca
2:12.7	Sue Parks (56) Mich	6/10	2:17.2 *Sue Roehm (57) Pa
2:12.8	Patty Cape (56) Cal	4/29	2:17.4 *Natasha Frazier, Pa
2:13.7	Debbie Roth (55) Ore	5/5	2:17.5 *Cindy Ashby (58) NMx
2:13.7	Linda Stecker (57) NMx	8/16	2:17.5 *Joyce Anderson, Cal
2:13.9	Andra Olson, Ill	8/16	2:17.7 **Erin Daly (59) Cal
2:14.1	Betty Cuthbert (57) Pa	6/16	2:18.4 **Renee Nelson (58) Cal
2:14.2	Carol Hudson (55) NMx	5/13	2:18.5 **Beth Howell (58) Cal
2:14.4	Linda Goff, Wash	8/16	2:18.5 *Melody Miller, Ill
2:15.0	Diane Andrade (56) NY	8/15	2:19.0 *Liz McDonald (57) Cal
2:15.2	Sally Arthur, Kans	8/16	2:19.6 *Rhonda Garrison, Tex
			2:19.8 *Kathy Jewell (57) Cal

More info needed (complete results): 2:15.2-Pat Helms on 5/5; 2:16.3-Janis Vetter (57) Ohio on 7/28; 2:17.3-Ruth Harris, Minn on 6/2

1500 meter/One mile Run (m=1500m tm)			
4:37.4	**Mary Decker (58) Cal	7/28	5:07.4 Estella Guina, Cal
4:24.6m	Eileen Clausus (55) Ca	4/20	5:07.5 Debra Johnson (57) Cal
4:49.5	Doreen Ennis, NJ	6/23	4:44.6m Carol Hudson (55) NMx
4:51.3	*Debbie Quatier (57) Wsh	6/23	5:08.3 *Kathy Jewell (57) Cal
4:53.9	Katy Schilly, NY	6/23	5:09.0 Diane Andrade (56) NY
4:55.6	Tena Anex (56) Cal	6/20	5:09.0 *Suzanne DeCuir, Cal
5:00.2	Ruth Kleinsasser (57) Ca	4/28	5:09.8 Debbie Heald (55) Cal
5:00.2	Anita Scandurra (55) NY	5/20	5:10.3 Ann Forshee, Mich
5:00.5	Val Eberly (55) Cal	6/20	5:10.5 *Doreen Assumma (58) Ca
5:00.6	*Joy Jarvis, Ohio	6/20	5:10.8 Lynn Lovat (57) Mich
5:02.7	Toni St Pierre, Minn	6/9	5:11.0 Linda Heinmiller, Cal
4:40.2m	Nancy Ihrman (55) Ariz	2/17	5:11.5 **Monique Gregoire (59) Ca
5:04.0	Arene Mears, Cal	6/10	5:11.7 *Kathy Greer, Cal
5:05.7	**Robin Campbell (59) DC	6/2	5:12.6 **Amy Lucero (59) NMx
5:05.9	**Robin Perry (58) Pa	6/24	5:14.3 **Renee Nelson (58) Cal
5:05.9	**Kathy Adams, Cal	6/24	5:14.9 *Marlene Harewicz, Pa
5:06.3	Kim Piper, Wisc	6/9	5:16.9 *Robin Hollidayoke, DC
5:06.6	**Becky Wolfenbarger, Cal	6/3	5:17.3 *Cindy Rice, NMx
5:07.3	Catherine Schrader, NY	6/19	5:18.0 **Lynn Hollins (58) Cal
			5:18.6 **Marie Albert (58) Cal

More info needed (complete results): 5:00.0-Robin Campbell on 5/4; 4:40.1m-Vicky Eberly (55) Cal on 4/15

3000 meter/Two mile Run (m=3000m tm)			
9:30.8m	Eileen Clausus (55) Ca	4/15	11:12.8 **Marlene Harewicz, Pa
10:34.0	Tena Anex (56) Cal	6/23	11:14.0 **Doreen Assumma (58) Ca
10:40.0	Val Eberly (55) Cal	6/10	11:14.0 *Robbie Reneau (57) Ca
10:41.6	Nancy Ihrman (55) Arz	6/20	10:24.3m **Kathy Adams, Cal
10:46.0	Catherine Schrader, NY	6/3	11:18.2 *Sonia Gerth (57) Cal
10:46.0	Doreen Ennis, NJ	6/3	11:20.4 Karen Cramond (56) NM
10:51.1	*Estella Guina, Cal	6/10	11:25.1 *Ruth Benavidez (58) NM
10:14.7m	**Pam Allen (58) Cal	4/29	11:26.7 *Carolyn McDonald (58) C
11:02.4	*Ellen Hart (58) NMx	6/20	11:27.2 *Lynne Miller, Cal
11:06.3	Debra Johnson (57) Ca	6/10	11:27.2 **Marie Albert (58) Cal
11:06.4	Cathie Buhlert, Cal	6/3	11:27.6 *Sofia Rivera (58) Cal
			11:28.5 *Carrie Gilliland (58) NM

More info needed (complete results): 10:25.4-Julie Shea (59) NC on 5/19; 11:00.7-**Robin Campbell (59) DC on 5/26; 11:01.4-Joy Jarvis, Ohio on 5/13

High Jump			
5-10	*Cindy Gilbert (57) Cal	6/20	5-5 Katie Solon (57) NMx
5-10	Joni Huntley (56) Ore	7/20	5-5 Dinie Norero (57) NMx
5-9½	**Susan Hackett (58) La	6/2	5-5 *Johanna DeYoung (58) Wash
5-9	Deanne Wilson (55) Cal	6/3	5-4½ Louise Ritter, Tex
5-7½	Mitzi McMillin (56) Wash	6/17	5-4 **Lisa Kinimaka (58) Cal
5-7	Cheryl Friesen (55) Kans	6/20	5-4 Carla Tart, Tenn
5-7	*Pam Blackburn, Cal	6/23	5-4 Suzie Snider (55) Tex
5-6	**Chris Remmling (58) Cal	5/13	5-4 Kim Erekson, Mont
5-6	*Kathy Clarke (58) Cal	5/13	5-4 Laura Ward, Tenn
5-6	Jean Baltz, Ind	5/19	5-4 **Cindy Mitchell, Ariz
5-6	Desiree Gronwald (55) Col	5/27	5-4 *Virginia Oliver (57) Cal
5-6	Sue Parks (56) Mich	6/2	5-4 Jenny Walt, Cal
5-6	Pam Spencer, Mont	6/9	5-4 *Anita Lee (57) Mich
5-6	*Kathy McQuillan, Cal	6/10	5-4 Aneyeus Robinson, DC
5-6	Karen Krichko, Pa	8/16	5-4 *Beth McQuillan, Cal
5-5½	Trudie Beth Jackson, Tex	5/	5-4 *Debbie Guest, Ill
5-5	**Signe Johnson (58) Cal	6/3	5-3 **Chris Shawhan (59) Cal
5-5	Sandi Goldsberry (55) Ca	6/19	5-2 **Anita Marsland (58) NMx
5-5	Vera Schlosser, SDak	6/19	5-2 *Nancy Shellenbarger, Cal

More info needed (facilities, complete results): 5'8-Schlosser on 5/26; 5'7-Tart on ?; 5'6-Toni Jones, DC on 8/11; 5'4-Marilyn Haynes, Tenn on 6/16

Long Jump			
19-8½	*Kim Schofield (57) Ill	6/23	18-3½ *Mary Barnett (57) Ariz
19-2	Dianna Windle, Cal	6/19	18-3 Jackie Taylor, DC
19-0½	Cheryl Butler, DC	8/16	18-2½ Jennifer Henry (56) Cal
18-10½	Mitzi McMillin (56) Wsh	7/14	18-2½ *Diedre Wilson (58) NY
18-9½	*Toni Griffin (57) Cal	6/24	18-1½ **Susan Hackett (58) La
18-8½	*Anita Lee (57) Mich	6/24	18-1 *Kim Leggett, Cal
18-8	Revel Carter, Cal	5/25	18-0½ Yvette Evans, Cal
18-6	*Julie Varela (57) Colo	6/24	18-0 Scooter DeLorme, SCar
18-4½	Desiree Gronwald (55) Co	6/9	18-0 Helen Haynes, Tex
18-4½	Judy Fontaine, Ct	8/16	17-10½ Kathy Jones, Tex
18-4½	Lorraine Ray, Fla	6/2	17-8½ *Audrey Marrocco, Ill
18-4½	Linda Cornelius, Tex	6/9	17-8 *Dinie Norero (57) NMx

Wind-aided: 19'5½-Windle on 6/23; 19'3½-Gronwald on 6/18; 19'2½-Griffin on 6/20; 19'1½-McMillin on 6/18; 18'11½-Karen Elmore, Cal & 18'10½-Henry & 18'3-Hackett & 18'1½-Marrocco, all on 6/20; More info needed (wind, facilities, questionable measurement): 19'11½-Butler on 7/14; 18'7-Jenny Gill, Ohio on 7/22; 18'5-Lile Yurdakol, Ohio on 6/30 & Tonenge Bell on 7/11; 18'4-Danette Marshall, Pa on 7/14; 18'3½-Gwen Gould, Neb on ?; 18'2-*Pat Helms (57) Pa on 5/5; 18'0½-Gaylene Barber (56) Ill on 7/14; 18'0-*Kathy Sulinski on 4/15

Shot Put /8 lb/4 kg/ (k=4kg mark)			
48-9k	Suzie Snider (55) Tex	7/27	40-5 Sally Newberry, Mont
45-8k	Waynette Mitchell, Haw	7/27	40-4½ *Kim Travers, Pa
44-8½k	Desiree Gronwald (55) Co	6/17	38-3½k Liz Schroder, Cal
44-8½k	Kathy Devine (57) Cal	6/20	40-2½ Donna Short, Neb
44-3k	Judy Lane (56) Cal	6/20	40-1½ Trece Juhnke, Ore
46-0½	Olga Aranda, Tex	8/16	38-0½k Lori Lyford, Mont
45-8½	*Emily Dole (57) Cal	5/12	39-6½ Jackie Gordon, Va
43-9½	Terry Simonsen, Wisc	8/16	39-6 Betty Ledgerwood, Ore
43-8½	Linda Montgomery, Tex	5/	39-4 Kathy Kaebler, Iowa
41-7½k	Sheila Yurkshot (56) Ill	6/20	39-2½ Karen Marshall, Ore
43-3	Loran Griffin, Mont	8/16	39-1½ Mary Persechino, Ct
43-1	Pam Dahmke, Ind	8/16	37-0½k Debbie Rivera (57) Cal
40-7½k	Debra Haynes (57) Cal	6/20	38-11½ Kim Erekson, Mont
42-1½	*Kay Ilertson (57) Cal	6/24	38-10½ *Laurie Borgaro, Cal
42-1½	*Kelly Fuiks (58) Ariz	8/16	38-9½ Jeanne Knight, Ill
40-0½k	Natalie Klein, Md	6/20	38-8½ Kathy Hart, Tex
41-3½	Jacque Soehngen, Tex	5/	36-2k Jane Pierce, Mich
39-0½	Melody Lavender, Ind	6/23	37-2 Heidi Kauti (58) Cal
40-9½	Candy Votava, Wash	6/9	36-10 *Mary O'Banner (57) Ariz
38-9k	**Kelly Curran (59) Colo	6/20	36-9½ **Marie Garcia (58) Cal

More info needed (implements, facilities, measurement ???): 41'9½-P.Chrahs, SDak on ?; 41'7½-Karen Sapienza, Mass on 6/2; 40'11-Travers on 7/14; 40'9½-Curran on 6/16; 40'8-Ann Richardson, Neb on ?; 40'6-Holmes, Mass on 6/2; 39'8-Porter, SDak on ?; 39'3-Kathy Griffin, Minn on 6/2; 39'1-Linda Uher, Neb on ?

Discus Throw /1.0 kilogram/			
158-2	Suzie Snider (55) Tex	6/2	119-6 Denise Briggs, Ore
148-1	Debbie Rivera (57) Cal	4/29	118-10 Vicki Lin Cothen, Tex
147-6	Waynette Mitchell, Haw	6/23	118-8 Desiree Gronwald (55) Co
142-1	Debra Langevain (55) Ca	4/8	118-6 *Kelly Fuiks (58) Ariz
140-11	Linda Montgomery, Tex	5/	117-8 Vanessa Calabrese, Ill
140-3	Terri Sabol (56) Cal	5/13	117-0 **Kelly Curran (59) Colo
139-7	Judy Lane (56) Cal	3/17	115-5 *Edie Bradbury, Cal
135-4	Olga Aranda, Tex	5/	114-5 Melody Lavender, Ind
130-5	Kathy Hart, Tex	5/	113-8 Kim Erekson, Mont
130-11	Lori Lyford, Mont	6/19	113-5 Vickie Jackson, Tex
130-0	*Kim Travers, Pa	6/24	113-5 *Debra Haynes (57) Cal
129-4	*Emily Dole (57) Cal	6/24	113-3 Kay Thomas, Tex
126-8	Kim Baker, Wash	6/9	110-7 **Kathy O'Brien (58) Cal
124-8	Jackie Gordon, Va	6/22	110-2 *Julie Cart, Ariz
123-0	*Anne Seelye, Wash	6/19	108-3 *Kim Pyles, DC
121-9	Kathy Devine (57) Cal	6/3	106-9 **Anne Hilleborn (59) Cal

More info needed (questionable implements, facilities, measurements): 144'11-Langevain on 3/16; 129'8-Gordon on 5/7; 124'11-Trece Juhnke, Ore on 5/19; 124'10-Erekson on 5/26; 124'2-Devine on 3/16; 120'8-Ann Richardson, Neb on ?

Javelin Throw /600 gram/			
182-2	Karin Smith (55) Cal	7/28	124-8 **Carol Duron (58) Ariz
169-3	Susan Armstrong (56) Tx	6/20	123-5 *Marilyn White (57) Ariz
168-6	Debra Langevain (55) Ca	6/23	121-8 *Betsy Hardaway, Cal
144-1	*Kathy Sulinski, Cal	6/20	121-1 Dottie Richardson, Ct
143-10	*Kathy Devine (57) Cal	3/25	120-0 Vickie Hileman, Mont
143-1	Denise Sherrill (55) Ca	3/4	118-3 Mary Gray (57) La
142-6	Kelly Fuiks (58) Ariz	4/29	115-11 *Terry Blog, NMx
139-0	Linn Polk, NMx	6/20	115-7 **Kelly Robertson (59) Ca
131-5	Julie Angal, Ore	6/23	114-7 *Val Moore (58) Cal
130-6	**Connie Gassen (58) Cal	6/3	113-10 Kim Erekson, Mont
126-2	*Jenny Stary (57) Cal	3/25	113-0 **Sue Inman, Mich
125-10	*Anne Seelye, Wash	6/20	111-10 Nori Wood, Cal
125-7	Karen Schwantje (56) Arz	4/29	111-8 **Patti Patterson (58) Cal

More info needed (questionable implements, facilities, measurement or competition): 151'5-Sherrill on 2/17; 150'5-Richardson on 6/2; 148'3-Fuiks on 5/27; 134'1-Angal on 7/5; 130'11-Hileman on 5/26; 130'6-Duron on 1/27; 130'5-Erekson on 5/26; 129'11-Kimie Getchy, Ore & Ellen Downey, Ore, both on 6/19; 127'10-Debbie Browning, Mont on 5/26; 127'2-Lisa Kirk, Ore on 5/19; 126'8-Karen Ruckel, Ore on 5/7; 125'6-Mary Bain, Mont on 5/26

Pentathlon /100m Hurdles (33")/ 4kg Shot Put/ High Jump/ Long Jump/ 200m/			
Mitzi McMillin (56) Wash	4109	/14.1 /34-4½ /5-7½ /19-1½ /25.3	6/17-18
Desiree Gronwald (55) Colo	4041	/15.5 /44-8½ /5-3½ /19-3½ /26.1	6/17-18
**Lisa Kinimaka (58) Cal	3223	/18.0 /33-9 /5-2½ /16-1w /27.3	6/17-18
Sharon Barker, Wash	3155	/15.2 /26-9½ /4-6½ /15-6½ /25.9	6/9-10
Karen Meriweather, Wash	3001	/15.2 /24-3 /4-6½ /16-3½ /27.9	6/9-10
Diane Stuart, Cal	2930	/17.0 /27-8½ /4-11½ /15-1½ /28.6	5/5

More info needed (details unknown): 3405-Kinimaka on 7/27-28; 3024-Gayle Butler, Cal on 5/19; (unknown implements & hurdles): 3115-*Mary Barnett (57), 3096-*Shelley Harris (58), 3059-*Allison Hollister (57), all Ariz, on 6/7

BEST MARKS IN OTHER EVENTS:

5000 meter Run			
17:42.59	Nancy Ihrman (55) Arz	3/25	
18:33.86	**Doreen Assumma (58) Ca	3/25	
18:48.82	Karen Cramond (56) NMx	3/25	
19:12:27	Debra Johnson (57) Ca	3/25	
80 yard Hurdles (30 inch)			
10.4	Terri Wheeler, Mont	5/26	
10.7	Juanita Orduna, Neb	5/	
10.7	Janice Lester, Cal	5/25	
10.7	Cindy Bentham, Mont	5/26	
10.8	Clydine Crowder (56) Cal	5/25	
10.8	Kathy Bickerstaff, Mont	5/26	
Triple Jump			
37-10½	Retha Swindell, Tex	5/	
37-2½	Louise Ritter, Tex	5/	
36-10	Cindy Bell, Tex	5/	

The continuation of the year end Age-Group lists for the other Divisions will appear in the next issue of SL.

'73 Boys Best Performers List

Compiled by Max Zucker

The marks listed on this page represent the compilation of the summaries of bona-fide meets received by the compiler by Sept. 1. Only marks taken from complete result sheets are deemed satisfactory for the purpose of tabulation.

At the end of each event are marks that require additional information, mostly in regard to wind and/or facility.

The names that appear under the dotted lines are additional junior age boys (e.g. age 10 in the 10-11 division).

The final year-end age group lists will start with the next issue of STARTING LINE. Do we have the results of your meet?

The field events for the 10-11 Division appeared in the last issue of SL

BOYS 10-11 Division

(born in 1961 or later)

50 yard Dash

6.1	Lionell Wilson, Tex	7/10
6.3	Terry Daniels, Fla	6/16
6.3	Dwight Drane, Fla	6/16
6.4	Ronnie Hudson, Tex	7/10
6.4	Bobby Pippin, Tex	7/10

100 yard Dash

11.5	Vincent White, Colo	8/ 4
11.6	Rodrick Washington, Neb	6/ 9
11.7	Anthony Gibson (62) SCAL	7/ 8
11.7	Paul Warren, Tex	7/10
11.8	Scott Schoettger, Neb	6/ 9
11.8	Dwight Drane, Fla	6/16
11.8	George Rhymes, Fla	6/16
11.8	Ferrell Johnson, SCAL	7/ 8
11.8	Ronald Hudson, Tex	7/10

Wind-aided: 11.5-Reggie Ashley, Mich on 4/29; More info needed (wind, site): 11.5-George Rhymes on 5/19; Terry Daniels, Fla on 5/19

220 yard Dash

26.7	Vincent White, Colo	8/ 3
26.8	George Rhymes, Fla	6/16
27.0	Anthony Gibson (62) SCAL	6/ 9

6.5	Anthony Gibson (62) SCAL	4/28
6.5	Daryl Lawler (61) SCAL	4/28
6.5	Ty Portee, Cen Cal	5/12
6.5	Marty Milburn, Cen Cal	5/12
6.5	Troy Johnson, SCAL	7/10

11.8	Robert Wakefield, Kans	8/ 4
11.9	Mark Patten, Neb	6/ 9
11.9	Reynaldo Rivers, SCAL	7/ 8
11.9	Mike Thomas, Tex	7/10
12.1	Todd Hookfin, Ohio	6/ 9
12.2	C.J. Waddell (61) SCAL	3/18
12.2	*Eric Williams (63) SCAL	3/31
12.2	Scott Dahm, Ohio	5/ 5
12.2	David Saunders (61) DC	6/23

27.0	Dwight Drane, Fla	6/16
27.3	Robert Wakefield, Kans	8/ 3
27.4	John Maguire, NCal	6/ 2
27.6	Nelson Lyles (61) DC	6/23

Boys 9-Under Division

(born 1963 and later)

50 yard Dash

6.6	Blake Lewis, Tex	7/10
6.7	Andre Hunter, CenCal	5/12
6.8	Trent Hagler, Tex	7/10
6.9	David Rodigo (63) NCal	5/12
6.9	Bill Prindle, CenCal	5/12
6.9	J. R. Nelson, SCAL	5/26
6.9	Glenn Wellman (63) SCAL	6/30
7.0	Mark Johnson, SCAL	4/14
7.0	Vestee Jackson, CenCal	5/12

100 yard Dash

12.3	Herbert Leassagne, La	8/ 4
12.4	Vincent Miller (64) Colo	8/ 4
12.5	Scott Harris, Neb	6/ 9
12.5	Derek Nared, Neb	6/ 9
12.5	Carl Horne, Neb	6/ 9
12.6	Andre Hunter, CenCal	5/12
12.7	Bill Prindle, CenCal	5/12
12.8	Roderick Emery (64) SCAL	4/14

220 yard Dash

29.6	Aaron Lybarger, SCAL	6/30
29.6	Vincent Miller (64) Colo	8/ 3
29.6	Herbert Lacassagne, La	8/ 3
30.0	Johnny Nelson, SCAL	5/12
30.0	Roderick Emery (64) SCAL	3/18
30.3	Frank Gaffney (64) SCAL	6/ 9
30.3	Rodney Dixon, Fla	6/16
30.3	Dwayne Dale, Md	6/23
30.4	John Paglino, Fla	6/16

Wind-aided: 30.0-Eric McSwine on 4/29; More info needed (wind, facilities): 29.2-Lybarger on 5/26; 29.6-Nelson on 5/12 & John Ventres, SCAL on 5/26; 29.7-Michael Dennis, SCAL on 5/26; 30.5-Fisher on 7/8; 30.6-Louis McClen-don, Mich on 5/26; 30.9-Jamie Delgado, SCAL on 5/12 & McSwine on 5/26

440 yard Dash

66.2	Willie Goldsmith, N Mex	8/ 4
67.1	Craig Hall (63) Md	8/ 4
68.0	Roderick Emery (64) SCAL	4/14
68.5	*Charles Jackson (65) Md	6/23
68.6	Mike Assumma (63) SCAL	4/28
68.6	Louis McClenDon, Mich	4/29
68.6	Bobby McMonagle, Va	6/23
68.8	David Oliver (63) NCal	6/ 2
69.7	Bret Meehan (63) SCAL	6/ 9
70.1	Doug Dunbar, SCAL	3/18
70.1	Brian Tyner, NCal	3/24

7.0	Bruce Jackman, SCAL	5/26
7.0	*James Robinson, NCal	6/ 2
7.0	Mike Sherrard (63) NCal	6/ 2
7.0	Frank Gaffney (64) SCAL	6/ 9
7.0	K. Dent, SCAL	6/ 9
7.0	John West, SCAL	6/ 9
7.0	Peter Fisher, SCAL	6/ 9
7.0	Vincent Dorman, Va	6/16
7.0	Gerald Alchin, Fla	6/16

12.8	Mark Johnson, SCAL	4/14
12.9	David Rodigo (63) NCal	5/12
12.9	Jon West, SCAL	5/26
12.9	Peter Fisher, SCAL	7/ 8
12.9	Johnny Nelson, SCAL	7/ 8
13.0	Wendell Sells (63) NCal	5/12
13.0	Vestee Jackson, CenCal	5/12
13.0	Glenn Wellman (63) SCAL	7/ 8
13.1	*Todd Henry (64) SCAL	4/14

30.6	Jeff Peters (63) SCAL	6/ 9
30.6	Peter Fisher, SCAL	6/23
30.6	*Charles Jackson (65) DC	6/23
30.6	Ken Taylor, NCal	6/ 2
30.8	Doug Dunbar, SCAL	4/14
30.8	John West, SCAL	6/30
30.8	Kenny Dent, SCAL	6/30
30.8	Bryan Tyner, NCal	3/24
30.9	Jim Banich (63) Colo	8/ 4

70.2	*Todd Henry (64) SCAL	5/12
70.2	Bruce Jackman, SCAL	6/30
70.2	Jiggs Stein, NCal	6/ 2
70.4	Mitchell Green, Fla	6/16
70.4	Jim Scattini (63) NCal	5/12
70.4	Dan Bingenheimer, Ill	8/ 4
70.4	Joe Van Dyke, Colo	8/ 4
71.0	Wendell Sells (63) NCal	6/ 2
71.1	Tim McDonald, CenCal	5/12
71.1	Jim Jennings, Mo	5/26
71.2	Douglas Divens, SCAL	6/ 9

28.0	Lucas Johnson, SCAL	3/18	28.3	*Scott Friend (62) NCal	3/24
28.0	Ken Ransom, Colo	8/ 4	28.4	*Eric Williams (63) SCAL	4/28
28.1	Dale Dilworth, NCal	6/ 2	28.4	*Lester Lyles (62) DC	6/23

Wind-aided: 27.1-Scott Dahm, Ohio on 4/29; 27.2-David Saunders (61) DC on 5/27; 28.1-Reginald Ashley, Mich on 4/29; More info needed (wind, facilities): 26.9-Drane on 5/19; 27.1-O.J. Waddell (61) SCAL on 5/26; 27.9-Terry Daniels, Fla on 5/19; 28.0-Anthony Woods, SCAL on 5/26; 28.1-Robbie Rampsch, SCAL on 5/26

440 yard Dash

59.7	David Saunders (61) DC	5/27	63.1	Troy Lindsey, Colo	8/ 4
59.8	Scott Dahm, Ohio	4/29	63.8	Glenn Potts (61) SCAL	6/ 9
60.3	*Leroy Harris, Colo	8/ 4	63.8	Jeff Zucker (61) SCAL	6/30
61.3	Ken Ransom, Colo	8/ 4	63.9	*Lester Lyles (62) DC	5/27
61.4	John Maguire, NCal	6/ 2	64.5	Nathan Olivas, NCal	6/ 2
62.0	Vincent White, Colo	6/16	64.6	John Cavalaris, Ohio	6/ 9
62.5	Tim Ritchie, CenCal	6/ 2	64.6	Dwayne Johnson, SCAL	6/30
62.5	Terry Daniels, Fla	6/16	64.8	Ray Eddy, NCal	3/24
62.9	George Rhymes, Fla	5/19	65.0	Greg Capestany, NCal	6/ 2
63.0	Philip Shirley (61) SCAL	6/ 9	65.0	Mickey Williams, Md	6/23

880 yard Run

2:23.8	Scott Dahm, Ohio	5/26	2:29.6	*Jon Lantry (62) SCAL	6/ 2
2:24.0	Glenn Potts (61) SCAL	5/26	2:29.8	Gregg Woolever (61) SCAL	3/18
2:25.2	Jim Hudson, NCal	6/ 2	2:30.5	Mark Matrangola, NCal	6/ 2
2:25.5	Keith Yarwood, SCAL	6/23	2:30.5	Charles Ratcliff, CCal	5/12
2:27.0	Roger Phillips (61) SCAL	6/23	2:30.7	Philip Shirley (61) SCAL	6/ 9
2:27.2	Roy Eddy, NCal	4/28	2:30.7	Bart Clark, CenCal	5/12
2:27.3	Todd Knox (61) CenCal	4/14	2:31.0	Steve Feeley, NCal	6/ 2
2:28.2	*Lester Lyles (62) DC	5/27	2:31.6	Bob Kadie, NCal	3/24
2:29.4	Brian O'Connor (61) NJ	6/10	2:31.6	Bobby Rogers, Fla	5/19
2:29.4	Dan Bauer (62) SCAL	4/14	2:31.7	Rusty Weaver, Colo	8/ 4
			2:35.0	*Steve Burke (62) NCal	5/12

More info needed (site) & questionable competition: 2:29.6-Woolever on 2/24

One mile Run

5:06.6	John Singer (61) Mich	6/ 2	5:21.9	*Tom Wiltson (62) Md	6/ 2
5:10.9	Richard Moore (61) NY	4/29	5:22.7	Ray Eddy, NCal	6/16
5:11.5	Lyn Couch (61) Ore	6/16	5:22.9	Tim McCarthy (61) NY	6/ 2
5:11.7	*Steve Burke (62) NCal	6/16	5:23.7	Bob Kadie, NCal	5/12
5:12.2	Todd Knox (61) CenCal	6/16	5:23.7	Sean Roche (61) NY	6/ 2
5:13.4	Brian O'Connor (61) NJ	6/ 2	5:23.9	*Raymond Cook (62) SCAL	6/16
5:15.1	*Jon Lantry (62) SCAL	6/ 2	5:24.4	*Lester Lyles (62) DC	6/ 2
5:16.8	John Alexander, Fla	6/16	5:24.5	*Gene Mirkin (62) Md	6/ 2
5:17.6	Wayne Williams, Fla	5/19	5:25.0	Robert Martinez, NCal	6/ 2
5:19.3	Keith Yarwood (61) SCAL	6/ 2	5:31.3	*Jackie Kent, CenCal	3/31
5:19.9	George Cotter (61) DC	6/ 2	5:31.8	*Harold Tinsley (63) Ala	6/ 2
			5:33.2	*Chris Sherwin (63) Md	6/ 2

Unconfirmed results: 4:50.2-Chuck Assumma & 4:52.9-Frank Assumma, Cal on 1/27

880 yard Run

2:32.4	Craig Hall (63) Md	8/ 4	2:39.8	Pete Fisher, CenCal	5/12
2:32.9	Mike Assumma (63) SCAL	4/14	2:40.5	David Oliver (63) NCal	6/ 2
2:33.7	Jim Scattini (63) NCal	6/ 2	2:40.5	Scott Kannenberg, Colo	8/ 4
2:36.6	D. Bunting, NCal	6/ 2	2:40.7	Gary Fuller, NCal	6/ 2
2:37.9	Jim Kelley, SCAL	6/30	2:42.8	Andy Kice, NCal	5/12
2:38.5	Douglas Divens, SCAL	6/ 9	2:43.0	Tracey Johnson, SCAL	6/30
2:39.3	Drew Stevens, SCAL	7/ 8	2:43.0	Kenny Dent, SCAL	7/ 8
2:39.3	D. Aviles, NCal	5/12	2:43.1	Peter Marlow, SCAL	6/30
2:39.4	Elridge Alexander, Fla	6/16	2:43.2	Scott Crowl, NCal	4/28
2:39.7	Gary Lekander, NCal	6/ 2	2:43.4	Karl Leinberger, Fla	6/16
			2:43.7	Louis McClenDon, Mich	5/26

One mile Run

5:22.1	Mike Assumma (63) SCAL	6/16	5:46.3	Robert Ryerson (64) Md	6/ 2
5:31.1	Craig Hall (63) Md	6/ 2	5:46.9	Eric Carlson, NCal	6/16
5:31.3	Jim Scattini (63) NCal	6/16	5:48.5	Kevin Burnsed (63) Fla	6/ 2
5:37.2	Greg Jones, NCal	6/16	5:49.2	David Trusel (63) SCAL	6/ 9
5:38.9	Jiggs Stein, NCal	6/16	5:50.2	R. Aviles, NCal	6/ 1
5:40.0	Ted Good (64) Md	6/ 2	5:50.9	*Dan Perkins (64) NY	6/ 2
5:42.3	Tom Owen, NCal	3/24	5:52.3	John Gailley (63) Pa	6/ 2
5:42.8	D. Bunting, NCal	6/ 1	5:53.1	Dennis Moody, SCAL	4/14
5:45.5	Wendell Sells (63) NCal	6/16	5:53.4	Chris Caudell (64) Mich	6/ 2
5:46.0	D. Aviles, NCal	6/ 1	5:53.9	Mark Butcher, SCAL	6/16

High Jump

4-8 1/2	Wendell Sells (63) NCal	5/12	4- 0	*Kyle Hall, SCAL	6/23
4-4	Lex Ludtke, Wash	8/ 4	4- 0	Bobby Jenkins, Ariz	8/ 4
4-3	Dave Sandall, CenCal	5/12	4- 0	Jeff Taton, Colo	8/ 4
4-2	David Dayan (63) SCAL	6/ 9	3-11	Stuart Calderon (63) SCAL	6/ 9
4-2	David Armon, NCal	6/ 2	3-11	Ahola, SCAL	6/ 9
4-2	Willie Goldsmith, N Mex	8/ 4	3-10 1/2	Scott Greenwald, Ky	5/26
4-1	Brian Tyner, NCal	3/24	3-10	Mike Sherrard (63) NCal	3/24
4-1	Drew Stevens, SCAL	6/ 2	3-10	Jim Scattini (63) NCal	5/12
4-0	Steve Law, NCal	5/12	3-10	David Oliver (63) NCal	6/ 2
4-0	Shawn Kelley, CenCal	5/12	3-10	Doug Stuber (63) SCAL	6/ 9
			3-10	Spencer Wood, Wyo	8/ 4

Long Jump

13-10 1/2	Jim Banich (63) Colo	8/ 4	13-6	Gerald Alchin, Fla	6/16
13- 9 1/2	Bobby Jenkins, Ariz	8/ 4	13-4 1/2	David Dayan (63) SCAL	6/ 9
13- 8	Johnny Nelson, SCAL	4/28	13-4 1/2	Vincent Mathis, Va	6/16
13- 8	Wendell Sells (63) NCal	6/ 2	13-1 1/2	Tom Ray, Colo	6/16
13- 7	David Rodigo (63) NCal	5/12	13-1 1/2	Roderick Emery (64) SCAL	3/18
13- 6	Gerald Alchin, Fla	6/16	13-1 1/2	Doug Dunbar, SCAL	6/30
			13-1	Edward Gerard, NCal	6/ 2

More info needed (wind, facilities): 14'3"-Gregg Prindle, CenCal on 5/12; 14'1"-Brent Harsin, Neb on 6/9; 13'10"-Mitch Parker, CenCal on 5/12; 13'8 1/2"-Rich McLain & 13'8"-Rick Bender, both Neb, on 6/9; 13'3 1/2"-John West, SCAL on 5/12 & Jerome Waddell, SCAL on 6/9; 13'2 1/2"-Todd Franke, Mo on 6/9 & *Todd Henry (64) SCAL, on 5/12; 13'2 1/2"-John Verdun, SCAL on 5/12; 13'1"-Joey Glickenberg, Ill on 6/30

The time has come to send in all birthdates information, for the All-Time AGE LIST that will appear in the 1974 STARTING LINE ANNUAL HANDBOOK.

THE FINISH LINE

A Summary of Results WESTERN Area

EUGENE, OREGON, ALL-COMERS MEETS

FROM TOM RAGSDALE

Five year-olds playing in the sand (which sometimes serves as a long jump pit). Mommys and daddies running the Jogger's Mile. Such are the pastoral scenes at anyone of the annual Oregon Track Club's "All-Comers" Meets at Eugene. This series, the most noted of all of the hundreds of summer series throughout the country, extends from late June through early August and is open to complete novices as well as high champs and even Olympians (such as Ken Moore, a frequent participant).

The two day series of events has eight age groups for boys and men and an equal number for girls and women! Events range from shot and discus for the 9-10 year olds to fitness runs for the "old folks" and just about everything in between - hurdles, pole vault, throws, sprints, steeplechase, jumps and distances for most everybody.

While high calibre competition is not the only, nor even the main purpose of "all-comers" track & field, still some outstanding age group marks were turned in during the '73 series. For example, in the boys 13-14 division BILL MCCHESENEY of Spencer Butte recorded a superb 2:11, 4:34, 9:34 distance series breaking in the process some meet records of older brother TOM (who himself ran 2:01.5, 4:23, 9:31 and 9:42.9 (3000m steeplechase) in the 17-18 class. Oregon state javelin champ JULIE ANGAL tossed the spear 134-1 for the top girls mark of the summer.

Families abound. VICKI and KRISTI SPRICHERMAN, ages 8 and 6, of Fairfield, won a half-dozen events while Portland's BAMBI and BARMLEY FOULKES did the same in the 9-10 division, in events ranging from the high jump to the mile. Internationalist JONI HUNTLEY (16) and sister SANDY (13) both won their high jump specialties at 5-6 and 5-0 in one meet. So if your family is going to be traveling in the Pacific Northwest next summer, stop by Hayward Field (University of Oregon) any Friday or Saturday evening about twilight. Have some fun.

INLAND EMPIRE BOYS JUNIOR OLYMPICS

SPOKANE, Wash - June 23

Cheney's MARK MCNEAL upset defending national age group champ ED MANN of Spokane in the boys intermediate high jump, for one of the many interesting results at Spokane Community College.

Other excellent 14-15 marks were turned in by shot putter CHUCK VANCE (with two different weights) BRUCE CONLEY, who dipped under 1:30 in the junior division 660 and RICK BATES in the midget long sprints. PHIL RAGLAND was the best race walker, as usual, and SCOTT WELLS jumped to three victories in the 10-11 division. Best of the boys:

Bantam Boys (9-Under) 50/100-S.Gerling (Walla Walla) 6.9, 13.3w; 220-Brian Hill (NW Kiwanis) 31.8w; 440-L.Murphy (Spokane) 74.6; 880-Tom Mc-Alpine (Ephrata) 2:49.4; Jody Baker (SP) 2:49.9; LJ-Robinson (Richland) 12-5; HJ-McAlpine & Chris Caviness (Sp) tied at 4-2½; BBT-M.Bach (Toppenish) 169-3; M.Allen (Benton City) 151-9

Midget Boys (10-11) 50/75-J.Whitmire (Pasco) 6.5/9.4; 100-Tony Sahn (Ri) 12.3w; 220/440-Rick Bates (Cheney) 28.3/63.3; 660-Gilbert Heintz(Eph) 1:52.0; 880-Joe Herrodd (Md) 2:40.9; Mi-Jeff Bendewald (Md) 5:34.1; 440w/MiW-Jerry Baker (Sp) 2:04.2/9:49.7; HJ-K.McNeal(Ch) 4-8½; Jim Roletto (Silverton) 4-5½; LJ-Steve Kutsch (NWK) 14-0½; SLJ-Rick Bundy (Mi) 7-3; TJ-C.C.Clark (Bickleton) 25-9; 6#SP-Jon DeJong 32-9; BBT-J.Wright (Yakima) 32-9; 4x110Re-Mead AC 57.0

Junior Boys (12-13) 75-Jim Decote 8.7w; 100-Kevin Hill (NWK) 11.1; 220-J.Sekawitch (Granger) 26.4; 440-Brian Young (Post Falls) 56.6; 880-Don Hobbick (Prosser) 2:23.5; Mi-Kelly Walters (Md) 5:06.6; 70HH-Randy Weiss (Kennewick) 10.0; HJ/LJ/TJ-Scott Wells (Yakima) 5-4½/17-11½/35-7½; FV-John Johnson (Sp) 10-10; R.Duvoisin (Sp) 9-3; SP-Tim Stone (Y) 46-10½; Kevin Hill (Sp) 41-8½; 880w/MiW-Phil Ragland (NWK) 3:51.7/8:12.2; 2MiW-Greg Hack (NWK) 17:50.5; 4x110Re-Prosser 54.3

Intermediate Boys (14-15) 100/220-Steve Holman (Otis Orchards) 10.5/24.0; 440-Duane Ostler (Ri) 52.3; Todd Morton (Sp) 53.6; 880-S.Skinner (Ri) 2:04.7; Scott Conley (NWK) 2:05.0; Mi-Tim Riley (NWK) 4:37.2; 2Mi-Jim Rice (Ri) 10:37.0; 120HH-Craig Adams (NWK) 17.3; 120HH-Bill Fuzak (Ri) 14.3; HJ-Mark McNeal (Ch) 6-1½; Ed Mann(Sp) 6-1½; FV-Bob Andring (Y) 12-3; Jeff Wilson (Pa) 12-0; LJ-Martin Cole (Leviston) 19-2; TJ-Paul Klees(WV) 40-4; 8#SP-Chuck Vance (Y) 59-4; Holman 56-3½; 12#SP-Vance 49-8½; 4x110Re-NW Kiwanis 46.9

REGION TWELVE JUNIOR OLYMPICS

SPOKANE, Washington - July 21 - from NEIL GMEINER

Seattle's RUSSELL VINCENT bombed the 12 pound shot 59-10 and Spokane's TIM RILEY (15) traveled the mile in 4:25.4 to highlight the JO qualifying meet at Spokane Community College. Tim actually finished fourth in his 14-17 event, won in 4:18.8 by RUSS DAGGATT of Bellevue, Wash.

Other good marks were recorded in the mile walk by RUDY PEARSON of Oregon (7:28.6), in the 100 by DURAN WOOTEN of Seattle (9.6) and high jump by STEVE SHELTON of Edmonds, Wash (6-7 1/4).

JEFFCO TRACK CLUB BOYS INVITATIONAL
LAKEWOOD, Colo - June 16 - from JERRY SHAFFER

Sprinters VINCENT MILLER (9-Under) and VINCENT WHITE (10-11) from the Denver PAL impressed in double sprint victories and JIM BANISH of the host team turned in the top individual effort.

Jim put the 6 pound shot over 32 feet, which is not bad for a guy still only nine. The best out of stater was Albuquerque's WILLIE GOLDSMITH who had Miller in a tussle in the 9-urder "furlong" and handily won the 440.

The top all-around effort came from BRIAN MORTON who captured the 12-13 hurdles, 440 and 660. Best of the results:

Boys 9-Under 75-Darrel Boykin(Denver PAL) 10.6; 100-Vincent Miller (DP) 13.0; 220-Miller 30.9; Willie Goldsmith (Albuquerque PAL) 31.1; 440-Goldsmith 72.5; 660/880-Scott Kannenberg (Jeffco TC) 1:59.3/2:50.1; HJ-Jeff Taton 3-8; LJ-Tom Ray (Jf) 13-1½; Jim Banich (Jf) 12-11½; 6#SP-Banich 32-5½; 880Re-Denver PAL 2:14.7

Boys 10-11 75/220-Ken Ransom (Centennial Colts) 9.8/29.5; 100-Vincent White(DP) 12.1; 440-White 62.0; Troy Lindsey (DP) 63.3; Leroy Harris (DP) 65.3; 660-Lindsey 1:49.2; Chris Turner(DP) 1:49.3 880-Turner 2:40.0; Terry Whitney (DP) 2:41.0; Mi-Whitney 6:03.9; HJ/6#SP-Paul Troussil (Jf) 4-4/30-4; LJ-Bud Schroeder (S Suburban TC) 13-6

Boys 12-13 100/8#SP-David Otero (AP) 11.5/34-9½; 440/660-Brian Morton (DP) 56.8/1:36.0; 880-Dean Christian (DP) 2:25.5; 70HH-Morton 9.9; Jim Ryan (Jf) 10.1; HJ-Stanley Adams (AP) 4-10; FV-Steve Knopp 8-9; LJ-James Bell (AP) 16-2½; TJ-Jeff Mullen (SS) 32-1; 880Re-Albuquerque PAL 1:52.8

Boys 14-15 100/220-Paul Austin (Jf) 10.5/24.2; 440/LJ-Dave Worthy (AP) 54.2/19-5; HJ-Joe Miller (Jf) 5-8; FV-Kevin Holbrook (AP) 10-9; TJ-Dave Morland 40-9½; 12#SP-Bob Merritt (SS) 41-2½



Photos/MARY EASTBURN / Register-Guard
(Submitted by TOM RAGSDALE)

(L) WHEN THE OREGON T.C. STAGES A CLINIC FOR YOUNGSTERS, IT CAN RELY ON SOME PRETTY FAIR TEACHERS. PETE SHMOCK, A 66-FOOT SHOT PUTTER, HELPS MICHAEL SCHACHNER WHO ALSO GETS HELP FROM A PROTRUDING TONGUE.

(R) FORMER OLYMPIC CHAMPION DICK FOSBURY, WHO IS INTERNATIONALLY FAMOUS AS FOUNDER OF THE FOSBURY FLOP HIGH JUMP TECHNIQUE, WATCHES A FLOPPER GETTING UP AND OVER.

SOUTHERN PACIFIC BOYS JUNIOR OLYMPICS WALNUT, CA - June 30 - from JEAN HOUNSELL

All of a sudden a number of strong clubs are sprouting up in the southern California area to challenge the "establishment" and add zest to the boys competition in the land of Disneyland and smog. For example, the Blue Angels (Orange Co.) in the 9-under category and the East Valley Trojans (San Fernando Valley) in the 12-13 division have quickly emerged as top all around teams in their divisions, to challenge the "old-time" Los Angeles Jets, Valley Vikings and Rialto Road Runners among others.

For a refreshing change of pace, the previously "foreign" discus and triple jump events were added for this association championships.

The top results were as follow:

Boys 9-Under 50-Glenn Wellman (Las Virgenes TC) 6.9; Peter Fisher (Lancers) 7.0; HJ-Kyle Hall (age 8, LV) 3-10; Drew Stevens (Blue Angels) 3-8; LJ-Doug Dunbar (BA) 13-1½; Jon West (BA) 13-1; Jon Verdun (Valley Vikings) 13-1; 440Re-BA 58.3;

100 yard Dash 440 yard Dash
Rodrick Emery, BA 12.9 Rodrick Emery, BA 68.2
Johnny Nelson, Aur 12.9 Bruce Jackson, BA 70.2
Glenn Wellman, LV 13.0 Brett Meehan, LV 71.8
Peter Fisher, Lan 13.1 John Dunbar, BA 73.9

220 yard Dash 880 yard Run
Aaron Lybarger, BA 29.6 Jim Kelley, LV 2:37.9
Johnny Nelson, Aur 29.9 Drew Stevens, BA 2:41.7
Jon West, BA 30.8 Tracey Johnson, Aur 43.0
Kenny Dent, Lan 30.8 Peter Marlow, LV 2:43.1

Boys 10-11 50-Ferrell Johnson 6.6; 100/220-Anthony Gibson (Valley Chargers) 12.1/27.4; 440-Jeffrey Zucker 63.8; Dwayne Johnson (Greater Compton TC) 64.6; HJ-Glenn Potts 4-8; D.Johnson 4-4; LJ-Deron Linsacum (Huntington Beach BC) 15-9½; F. Johnson 15-2; 6#SP-Gibson 35-4; Mike Kennedy (Lan) 32-6; Neville Duvall (East Valley Trojans) 31-1½; Eric Marenin 30-11½; 4x110Re-HB 55.1;

880 yard Run **One mile Run**
Keith Yarwood,BA 2:25.7 Jon Lantry, BA 5:23.3
Glenn Potts 2:25.7 Keith Yarwood,BA 5:28.2
Roger Phillips,VV :29.3 Ray Cook, RialtoRR 28.3

Boys 12-13 100-Ken Lawler (Los Angeles Jets) 11.1; 220-Sam Rudd (Aurora TC) 24.5; Deryl Tyler (Aur) 24.9; Ken Lawler (LAJ) 25.0; Mi-Matt Rauch (EVT) 5:10.6; 2Mi-Rauch 10:45.5; Burt Shirley (EVT) 11:00.4; David Daly (BA) 11:02.6; 70HH-Carl Jones (LAJ) 10.0; Mike Prey (EVT) 10.3; HJ-Ron Roumanis (LV) 5-3; LJ-Dan Ertel (WV) 17-6½; TJ-Dan Hunt (EVT) 34-10½; 8#SP-Brian Jackson (Walnut Valley TC) 47-9; Jeff Hayter (HB) 44-4; DT-Mark Lubash (W Vly Pacers) 95-7; 440Re-Aur 49.7;

440 yard Dash **880 yard Run**
Mike Caldwell, EVT 56.8 Jay Ramsey, HB 2:12.7
Michael Murphy, GC 57.9 Ronald Jordan,LAJ :15.2
Greg Montgomery,LAJ 7.9 Ron Roumanis, LV 2:15.5

Boys 14-15 100-Kevin Williams (LAJ) 10.1; Jayson Law (VW) 10.2; 220-Robert Landgren 22.9; 440/880-Martin Lemos 55.0/2:09.4; Mi-Brian Russell (WV) 4:38.3; Eric Scott (EVT) 4:41.7; 2Mi-Scott McKeon (Upland TC) 10:12.4; 120HH/TJ-Alonzo George (VW) 16.5/40-5½; 180HH-Keith Watkins (VW) 22-3; HJ-Don Cavanaugh (VW) 5-10; Kevin Cuervo 5-10; LJ-Jim Gray (Lan) 20-10½; 10#SP-Don Cummings 48-9½; Lars Koch (La Canada TC) 46-9; John Harper 46-3½; DT-Koch 107-5; FV-Tim Vahlstrom (California TC) 13-6; 4x110Re-LA Jets 45.4

EASTERN Area

OLD NEWSBOYS RELAYS & REGION 2 JR OLYMPICS

PITTSBURGH, PA - July 14 - from JOHN HARNICK

Pitt stadium was the scene of another track extravaganza hosted by the hyper-active Mount Lebanon Track Club. All this meet had was 120 relays and individual events for boys, girls, men and women in 14 age groups (from 9-unders to masters).

Excellent relay times were turned in by the 9-under and 10-11 boys 2-mile relay teams of the Laurel Track Club of Maryland and by the Padukies of Philadelphia in the girls mile baton race.

The long jumpers were outstanding in the individual events: JIM RUNNERS bettered 22 feet in the boys 14-15 division and CHERYL BUTLER of DC got off the best junior girls long jump of the year in the Region two JO meet, which was run in conjunction with the Sears co-sponsored relays and dedicated to long time Pitt U track coach DON MOLLENAUER.

Maryland's DAVE SANDRIDGE won two JO distance races and DC's SHERRY JAMES sped to a fast 440, as all regional winners advanced to the Nationals at Ann Arbor.

Age group Relays results are followed by Region Two JO (14-17) summaries:

Boys 9-Under HJ-Eric Nabors (Mt Lebanon TC) 3-8 LJ-Vincent Mathis (W End Richmond Striders, Va) 13-5½, Devin Jackson (House of Culture) 13-3, Richard Blong (ML) 12-7½; 4x440Re-ML 5:02.7; 4x880Re-Laurel TC 11:17.6; 880MedRe-Va Comets 2:17.7

Boys 10-11 HJ-Dan Rohrs (Ohio TC) 4-8½, Mike Rencheck (Burgettstown TC) 4-2; LJ-Rohrs 15-5, Larry Bland (Virginia Comets) 15-0; TJ-Rencheck 27-3, Gary Bryce (ML) 27-3; SP-Joe Jeffries (Tri-State TC) 27-7, Rencheck 26-6½, Bruce Evans 26-5; 4x440Re-VC 4:37.5; 4x880Re-Laurel 10:03.0; 880MedRe-VC 2:02.6, Ohio TC 2:04.8, Pa Striders 2:05

Boys 12-13 HJ/TJ-Rusty Froats (Bur) 5-0½/32-4½; LJ-Cornelius Cousins (WERS) 16-10½; SP-Steve Wall (ML) 43-7, John Rosenstern (ML) 39-8; JT-Wall 145-9; DT-Rosenstern 111-6, Daryl Baugh (VC) 112-2; 4x440Re-ML 4:16.0; 4x880Re-ML 10:21.4; 880MedRe-Midland TC 1:58.0, ML 1:59.4

Girls 9-Under HJ-Robin Wornley (NI-B) 3-6; LJ-Nancy Jones (NI-B) 12-6½, Marcia Olszewski (Latrobe TC) 11-4; 4x440Re/4x880Re-Padukies 4:50.0/11:56.6; 880MedRe-Springfield Community TC 2:12.4

Girls 10-11 HJ/LJ-Missy Parziale (Virginians TC) 3-8/14-3½; SP-Kathy Travers (ML) 26-11½, Beth Dunlap (T-S) 26-0; 4x440Re/880MedRe-SprC 4:38.6/2:05.4; 4x880Re-Padukies 10:50, SprCom 10:52.4

Girls 12-13 HJ-Sandy Bloomfield (ML) 4-6, LJ-Addie Bass (SprC) 15-5, Karen Williams (T-S) 15-2 SP/DT-Peri Jude Radevic (ML) 34-3½/89-8, Gina Piatt (ML) 34-0½/79-5½; JT-Piatt 95-10½; 4x440Re/4x880Re/880MedRe-ML 4:21.7/10:44.2/1:56.2

Girls 14-15 LJ-Patty Rojko (Virginians) 16-8; 8SP/DT-Kim Travers (ML) 40-11/120-7; 4x440Re-Jets 4:20.1, Cavalette-Cavaliers TC 4:20.1; 4x880Re-Latrobe 10:48.4; 880MedRe-Jets 1:54.3

Boys 100-Mike Seitz (Middle Atlantic Assn) 9.7, Cliff Wiley (South Atlantic Assn) 9.8; 440-Wiley 47.5; 880-Dave Sandridge (Potomac Valley Assn) 1:54.5, Mark Smith (SA) 1:55.6; MI-Sandridge 4:19.1; 120HH-George Holmes (MA) 14.1, John Pollio 14.5; MI-Larry Hickman (Virginia Assn) 7:38.9; HJ-Dave Hajnik (Allegheny Mt Assn) 6-6; LJ-Carlton Shaw (PV) 23-5; 12SP-Ken Currie (AM) 56-1½

Girls 100-Jackie Taylor (PV) 11.0, Sandra Upshaw (PV) 11.1; 220-Tina Leatherman (SA) 25.0, Sherry James (PV) 25.2; 440-James 54.5, Sue Roehm 57.1, Jackie Daniels (MA) 57.3; 880-Betty Cuthbert (MA) 2:15.4, Roehm (AM) 2:17.2; 100HH-Rozie Anderson (SA) 14.3, Cheryl Poirier (SA) 14.4, Delphine Crump (MA) 14.8; HJ-Karen Krichko (AM) 5-5; LJ-Cheryl Butler (PV) 19-11½, Tonengee Bell (AM) 18-5, Danette Marshall (MA) 18-4; SP-Kim Travers (AM) 40-4½, Natalie Klein (SA) 40-2½, J. Gordon 39-6½

Boys 14-15 HJ-Matt Wehrle (ML) 5-6; LJ-Jim Runner (Y-Spikettes) 22-1, Andrew Wicks (New Image -Bidwell) 20-10½; TJ-Bob Moore (Ohio Valley TC) 35-7; SP-Jack Wall (ML) 51-6, Tim Beck (Fox Chapel) 45-1; DT-Wall 143-10, Ken Talton (Y-Strider) 140-9; JT-Doug Labor 142-11; 4x440Re-VC 3:45.2, ML 3:45.9; 4x880Re-MI 9:01, VC 9:06.1; 880MedRe-VC 1:39.2, Y-Spik 1:43.3, ML 1:43.5

Photo/GLENN AUSTIN



10-11 two-mile relay team of the LAUREL BOYS CLUB, Maryland. (L to R): GEORGE COTTER, JEFF MONTIGNY, BRUCE TROUT, TOM WILTISON and RAY DEVRIES in front.

SOUTHERN Area

SOUTHERN ASSOCIATION GIRLS JR OLYMPICS

NEW IBERIA, LA. - June 30 -

from BILL WALLIS and EARL HACKETT

Sprinters from Mississippi and Louisiana split honors in this district meet.

WANDA NICHOLSON from New Orleans was the top speed merchant as she won three 12-13 dashes in excellent times. LANA ZIMMERMAN of Harvey, La., after taking the 10-11 high jump and the 50, missed by 5/100 of a second of being a triple winner too, losing a close 100 to CORA SHERMAN of Woodville, Miss.

Best field event was the 12-13 Shot Put, in which DARLENE OURSO of Baton Rouge reversed a defeat by DIANE JAMES (Greenville, Miss) in the district AAU meet two weeks earlier.

RESULTS: /grasstex track, wind negligible/

Girls 9-Under 440-Robin Smith (Dryades St YMCA TC) 77.8, Yvette Summers (Crescent City TC) 78.6; 660-Danielle Barthet (New Iberia TC) 2:20; 880-Teresa Maristany (CC) 2:56.5; HJ-Stephanie Brown (Nugent Center TC, Miss) 3-5½, Becky Brewer (West Bank TC) 3-4½; LJ-Susan Daniels (Jefferson Parish Little Farms TC) 10-8½; 4x110Re-Nugent 63.0, Harvey Youth Booster TC 63.4; 4x220Re-Dry 2:12.2;

50 yard Dash Frankie Baker, Nu 7.1
Baseball Throw Laura Waguespack, NI 119-7
Brenda Bates, Nu 7.2
Birda Mathews, Nu 7.2
Becky Brewer, WB 112-4

100 yard Dash Ellen Murray, Nu 13.1
220 y Dash (straightaway) Ella Cloudin, Dry 13.4
Frankie Baker, Nu 30.3
Glennal Moore, Ha 13.5
Paulette Hansell, Dr 30.9
Ella Cloudin, Dry 31.0
Brenda Bates, Nu 31.6

Girls 10-11 50-Lana Zimmerman (Ha) 6.3, Barbara Jolla (Dry) 6.4, Cora Sherman (West Riverside TC, Miss) 6.4; 220str-Maudeva Jackson (Press Park Dragons) 27.9; 440-Pat LeBlanc (CC) 66.6; 660-Laurie Hart (CC) 1:58.1; 880-Pam LeBlanc (CC) 2:40.5, Debra Cox (Dry) 2:46.4; HJ-Zimmerman 4-3
Cindy Brewer (WB) 4-3; LJ-Jan Mansfield (WB) 13-2½; 6SP-Laurie Baker (So Shreveport TC) 25-4½, Kim Allen (JPLF) 25-4; Sherrie Sterken(WB) 23-10; BET-Allen 138-5; 4x110Re-W Riverside 56.1, N Iberia 56.8; 880MedRe-New Iberia 2:05.8;

100 yard Dash Cora Sherman, WR 12.0
50 yd Hurdles (30 inch) Lana Zimmerman, Ha 12.1
Katherine Conrad, NI 8.5
Shannon Richard, NI 8.9
Barbara Jolla, Dr 12.2
Diane Ettinger, JPLF 9.0
Angelia Davis, WR 12.3
Mona Landry, NI 9.3

Girls 12-13 440-Maple Willis (Istrouma TC) 63.7
Candy Price (CC) 64.2; 880-Chris Ward (CC) 2:36.2
50H-Lena Hicks (WR) 7.2, Danica Courtney (JPLF) 7.8; 80H-Hicks 11.4; HJ-Clara Scott (Dry) 4-9, Debra Block (JPLF) 4-9; LJ-Kay Posecai (JPLF) 15-6½, Block 15-6; DT-Margaret LaCroix (Prog City) 85-4, Ourso 80-1½; JT-Cassandra Scallan (NI) 66; BET-Ourso 204-2; 440Re-NI 52.1; 880MedRe-CC 1:57.4;

50 yard dash Wanda Nicholson, Dr 6.0
220 y Dash (straightaway) Clara Scott, Dry 6.2
Wanda Nicholson, Dr 25.9
Joy Green, NI 26.0
Gerry Bonomolo, CC 6.2
Candy Price, CC 26.0

100 yard Dash Wanda Nicholson 11.3
Shot Put (6 pound) Dayna Stewart, CC 11.8
Darlene Ourso, Is 38- 9½
Gwen Harding, NI 11.9
Diane James, Nu 37- 4½
Delores Davis, Nu 12.0
Margaret LaCroix 34-11½
Rose Boullion, FC 34- 0½

GULF ASSOCIATION JUNIOR OLYMPICS

HOUSTON, Texas - July 10 & 11

from HERMAN GOLDBERG

"Speed City" has apparently migrated south, all the way from San Jose to this Texas metropolis. Leading the bevy of sprinters was 11 year-old NEDRA SIMPSON, who during the year had national best marks for her age in all sprints from the 50 to the 440. In this meet she dipped under one-minute in the quarter, and demolished two other sprint fields as well. Hardly less impressive was HAROLD SANDERS with an ultra-rapid 22.6 in the junior division. We need more information on that mark.

No division escaped the orgy of swift times. RENEE MOORE sped 55.3 in the girls 14-15 440; IRBY WINSTON came close to 50 seconds in the boys race of the same division; three midget class boys were under 12 seconds in the 100 and three bantam girls were below 7 seconds in the 50.

Hurdlers, led by MIKE QUINTLA's 15.0 in the Intermediate Division highs, were speedy too. The same group contributed the top field event mark, with JOHNNY SMITH's 6-3 1/2 in the high jump. Results:

Bantam Girls (9-Under) 50-Eleanor Warren (Dickinson) 6.7, Terri Smajstrla (Pearland) 6.8, Mary Thomas (Port Arthur) 6.9; 100-Laura Tolber (West Columbia) 13.1; 440-Marla Walker (Baytown) 75.3, Anita Craddock (Texas City) 76.8, Smajstrla 76.9

Midget Girls (10-11) 50/100-Nedra Simpson 6.2/11.6, Aaron Joyce (PA) 6.5/12.5; 440-Simpson 59.5
Jackie Smith (Houston Astrobells) 66.5, Lisa Griffiths (HAB) 66.6, Annadette Tillman 66.7

Junior Girls (12-13) 100-Terri Hayes (Wor) 11.4
Rosa Caldwell (Pacers) 11.8; 220-Hayes 27.3; 440-Gwen Smith (HAB) 62.8; LJ-Sherri Burch (Dad) 15-1½

Intermediate Girls (14-15) 100-Robin Williams (Ryan) 11.3; 220-Renee Moore (Wor) 26.3; 440-Moore 55.3, Renella England (HAB) 57.7; 100MLH/LJ-Sandra Hafernick (Ganado) 17.0/16-1; HJ-Kim Cardiff (Katy) 4-10½; SP-Cheryl Hughes (PA) 30-1½

Senior Girls (16-17) 100-Rose Stout (Wor) 11.2; 220/100MLH-Bobbi Kacz (Alvin) 27.4/15.6; 440-Candice Glover (HAB) 59.0; 880-Carol Sheffield (College Station) 2:20.6; HJ-Kathy Hays (Katy) 5-1½; SP-Teri Darby (Hamshire-Fannett) 34-4½

Bantam Boys (9-Under) 50-Blake Lewis (Wor) 6.6, Trent Hagler (Dick) 6.8; 100-Lewis 13.1, Marty Tatum (PA) 13.4; 660-Lewis 1:54.3, Greg Neumann (El Campo) 1:59.0; SLJ-David Smith (TC) 6-6½

Midget Boys (10-11) 50-Lionell Wilson (S Union) 6.1, Ronnie Hudson (Wor) 6.4, Bobby Pippin 6.4; 100-Paul Warren (Dick) 11.7, Hudson 11.8, Mike Thomas (PA) 11.9; 660-Craig Smajstrla (Pearland) 1:46.3, Stephen Duplantis (Bay) 1:48.0, Rick Berreth 1:49.4; HJ-T.G. Surratt (TC) 4-3

Junior Boys (12-13) 70LH-Timmy Thomas (PA) 10.1
LJ-Tim Morton (Pear) 17-1½, SP-Craig Teykl (Needville) 52-3, Neal Barton (Forest Park) 50-5;

100 yard Dash Harold Sanders, Wor 10.7
880 yard Run Freddie Warner 2:14.7
Willie Wallace, SU 10.8
Hal Morton 2:17.2
Barry Willingham 11.0
Billy Kvintau 2:17.3

220 yard Dash Harold Sanders, Wor 22.6
High Jump Willie Wallace, SU 24.4
Jimmy Howard, Alvin 5-3
B. Willingham, Bayt 24.6
Scott Glasgow, Fr'wd 5-3
Tommy Becker, PA 5-1

Intermediate Boys (14-15) 220-Arnaz Sims (Washington) 23.1, Dennis Sanders (Furr) 23.1; 880-Clint Nicholson (Lee) 2:05.7, Rafael Green (Jesusit) 2:06.0; MI-Randy Payne (Clear Creek) 4:38.1, Mike 4:39.3; LJ-David Parkinson (Sterling) 20-3½; HJ-Johnny Smith (CC) 6-3½, Carl Miller (Line'n) 5-10½;

100 yard Dash Effren Neal, Miller 10.0
440 yard Dash Charles Haggerty, Bay .2
Irby Winston, Fr'wd 50.9
Michael Marzeal, PA 52.2
Arnaz Sims, Wash'n 10.3
Tim Gabriel, ForBrk 52.8
Weldon Cartwright, PA .3
Leonard Johnson, Furr 2.9

120 yard Hurdles (39") Mike Quintla, PA 15.0
Shot Put (12 pound) Cliff Broussard, FB 15.2
Joey Peno, For Pk 50-3½
Tom Slaughter 46-10½
Zane Busch, Humble 15.8
Steve Timmons, Bay 46-5½

Senior Boys (16-17) 100-Larry Shorts (Forest Brook) 9.7; 120HH-Craig Wilson (PA) 14.5; MI-Ron Mucci (CS) 8:19.0; HJ-Lynn Byrd (TC) 6-6

MID-WESTERN Area

MIDLAND GIRLS INVITATIONAL
MIDLAND, Mich - June 25 - from NORM SKELLY

OHIO TRACK CLUB INVITATIONAL

COLUMBUS, Ohio - June 30 - from HARRY MCKNIGHT

Thirteen track clubs send their girls and boys to this third annual event, resulting in fierce competition in most of the events.

Most notable were the boys 12-13 sprints and the girls 100 and high jump in the same division, in which some national ranking marks were needed to get the top places. Individually, the best mark of the day probably belonged to the host club's 8 year-old LAURA CRAVEN who toured the Worthington High School Track for 1500 meters in 5:14 (equivalent to an impressive 5:39 mile). RESULTS:

Boys 9-Under 100-B.Bonisks (Kettering Striders) 13.9; 220-D.Bernard (KS) 31.2; 440-Bernard 72.7 R.Blom (Mt Lebanon TC) 74.7; 1500m-J.Gailey (ML) 5:44; LJ-Blom 12-1½; 4x110Re-Kettering 62.0

Boys 10-11 100-D.Rohrs (Ohio TC) 12.3; 220-B. Wrightsel (O) 29.0; 440-J.Cavalari (O) 66.4; 880-S.Eisnaugle (O) 2:41; 1500m-M.Mayhew (Athens TC) 5:09; HJ-Rohrs 4-9; Cavalari 4-3; LJ-D. Savic (O) 13-9; 4x110Re-Ohio TC 56.4

Boys 12-13 100-J.Householder (Mound TC) 10.9; 220-T.Bova (Mnd) 25.3; Householder 25.3; 440-Bova 58.5; S.Dahm (KS) 59.2; 880-J.Wallace (O) 2:25.3 1500m-Dahm 4:45.4; K.Butler (O) 4:49.8; 800m-H.D. Harrison (O) 14.3; HJ-R.Snodgrass (Mnd) 4-10; LJ-M.Zandwick (Mnd) 16-10½; 880Re-Mound 1:43

Girls 9-Under 100/220-R.Wormsley (ML) 13.1/31.0 T.Browning (Springfield Community TC) 13.2/29.5; 440-S.Cotner (O) 72.0; D.Hutchins (Golden Angels) 76.0; 1500m-L.Craven (O) 5:14; LJ-J.Nincheiser (O) 12-1½; B.Stout (Ath) 11-2; 4x110Re-OhTC 62.1

Girls 10-11 100-D.Fellows (Cleveland TC) 12.5; 220-A.Davis (SC) 28.3; 440-J.Fudge (SC) 66.7; 880-D.Wheeler (KS) 2:40.9; 1500m-K.Shanton (O) 5:42.6; HJ-G.Nielson (KS) 4-6; L.Janicki (Panther TC) 4-5; LJ-Janicki 13-5½; 4x110Re-SC 57.2

Girls 12-13 100-T.Browning(SC) 11.5; R.Phillips (CI) 11.7; L.Cotner (O) 11.8; 220-Browning 26.1; 440-L.Eichholt (GA) 61.6; L.Loftis (ML) 63.3; 880-C.Craven (O) 2:25.9; 1500m-S.Cline (GA) 5:07; 800m-H.Caddy (O) 14.3; L.Little (O) 14.5; 200mH-S.Bloomfield (ML) 31.0; HJ-I.Bayer(CI) 5-2; Addy 5-2; S.Cary (Pan) 4-10; LJ-Bayer 15-2½; SP-C. Miller (O) 34-2; P.Radeecic (ML) 33-8; DT-Radeecic 93-4½; A.Foust (ML) 76-9½; 4x110Re-Spr Com 51.5

REGION EIGHT JUNIOR OLYMPIC CHAMPIONSHIPS

OKLAHOMA CITY, Okla - July 7 - from SAM GIAMBELLUCA

Shot putters stood out in this JO qualifying meet which combined some of the best boys and girls from the Arkansas, Missouri Valley, Oklahoma and Ozark Associations.

T.J. HUMPHREYS and GERALDINE STEVENS (boys & girls 14-17) plus JEFF LEWIS and PHYLLIS ANDERSON (12-13) led an impressive array of weight tossers as all four scored victories with nationally ranking marks.

Quarter-milers GREG VERMILLION (12-13) and LEESA WALLACE (14-17) were outstanding and decisive victors. All 14-17 winners qualified for the National JO meet at Ann Arbor, Michigan, the results of which appear elsewhere in this issue.

Boys 12-13 100-Steve Hammond (Missouri Valley) 11.0; Mark Abel (MV) 11.1; LJ-Richard Shambhart (Arkansas) 17-8½; Mike Brady (Ozark) 17-3; 4x110 Re-Missouri Valley 48.7; Arkansas 48.8;

440 yard Dash Shot Put (8 pound)
Greg Vermillion, MV 55.6 Jeff Lewis, MV 49- 2½
Rodney Belknap, A 58.2 Craig Cassel, MV 47- 3½
Scott Overby, A 58.4 John Humphreys, A 45-10½

Boys 14-17 100-Jerry Tiller (Oklahoma) 10.1; 440-W.C. Jones (Ok) 50.2; 880-Dyrk Dahl (Ok) 1:56.5; Mark Deming (MV) 1:57.0; Mile-Terry Glen (MV) 4:28.6; 120H(39")-Dennis Bruck (MV) 14.7 & 14.5h; Jim Stumbaugh (Oz) 14.8; MiW-Steve Herrman (MV) 7:31.8; Mitch Patton (MV) 7:38.2; HJ-Andy Piper (MV) 6-2½; LJ-Jerry King (Ok) 22-0½; 12#SP -T.J. Humphreys (A) 61-2½; Paul White (A) 58-8½; Kent Kayhill (MV) 55-9½; 4x110Re-Arkansas 44.6

Girls 12-13 100-Laurette Rhea (MV) 11.8; Rosiland Love (Oz) 11.9; 440-Susan Skolant(MV) 63.2; Briand Moore (Oz) 63.3; Linda Ontko (Oz) 63.5; LJ-Karesa Robbins (MV) 16-2½; Kippi Austin (A) 15-2½; 6#SP-Phyllis Anderson (Ok) 42-2; Gayla Williams (MV) 38-3½; 4x110Re-MV 51.5; Ozark 51.8

The sixth annual edition of this meet, hosted by the Fleet Feet Track Club, brought together many of the top age groupers of Illinois, Ohio, western Pennsylvania, Ontario (Canada) and Michigan.

High winds spoiled some of the track events, but they didn't stop ELLA WILLIS, 15, (Lipke TC), PERI JUDE RADECEIC, 13, (Mt Lebanon TC) and 9 year-old MICHELLE SMART (Detroit Striders) from triple wins in their divisions.

Competitively the top race of the day may have been the torrid 880 battle between three hot 9-under, LAURA CRAVEN, ANNE BERRY and ANNE VARGO.

Best Results:

Girls 9-Under 220-Michelle Smartt (Detroit Striders) 31.1; Maureen Alley (Scarborough Optimists, Ontario, Can) 32.1; BBT-Cheryl Seifert (Cleveland Heights TC, Ohio) 124-5; 4x110Re-Springfield Community TC, Oh 63.5; 880MedRe-Ohio TC 2:18.2;

100 yd Dash (w 14 mph)
Michelle Smartt, DS 13.3
Charlene Messina, Lat 5.3
Nancy Jones, Bidw'l 13.6
Susan Cotner, Ohio 13.7

440 yard Dash
Michelle Smartt, DS 71.4
Tracy Browning, SC 72.0
Susan Cotner, OhTC 74.0
Fran Dorsey, MoCty 5.7
Lori Stauffer, Lat 75.8

880 yard Run (w 8-14mph)
Laura Craven, Oh 2:43.4
Anne Berry, FltPt :43.5
Ann Vargo, CH 2:44.7

Girls 10-11 880-Cathy Chambers (SO) 2:46.4; Mi-Doreen Sanoerson (Latrobe TC, Pa) 6:02.5; LJ-Cynthia Banks (Motor City PAL) 15-2; 6#SP-Kathy Travers (Mt Lebanon TC, Pa) 25-6½; Marion Stas (Lat) 25-3½; BBT-Debra Howard (Chippewa Striders) 146-8; 4x110Re-MC 57.4; 880MedRe-Spr Cm 2:10.5;

100 yd Dash (w 12 mph)
Karin Mobley, Bidw 12.0
Lanette Jones, Mchgm .4
Debbie Fellows, Clv 12.4

220 yd Dash (wind 3mph)
Lanette Jones, Mch 28.7
Anita Davis, SprCm 28.8
Cynthia Banks, MC 28.8

Girls 12-13 100(w 15mph)-Angela Johnson (MC) 11.5; Lisa Glenn (MC) 11.7 & 11.8h (w ok); 220-Tonette Browning (Spr) 26.8; 880(w 7-20mph)-Carrie Craven (Oh) 2:28.5; Mile(w 7-15mph)-Mary Ann Opalewski 5:25.7; Annette Cotner (Oh) 5:39.5; Tammy Mahoney (Kettering Striders, Oh) 5:40.7; 800m-Rene Felton (Greensburg TC, Pa) 12.7; Karen Williams (Tri-State TC) 13.9; LJ-Williams 14-11; 6#SP-Peri Radeecic (ML) 35-0; Carolyn Miller (Oh) 32-7½; DT-Radeecic 86-8½; Bev Washington(TS) 78-3 JT-Radeecic 83-0; 440Re-MC 53.4; 880MR-ML 1:56.8;

440 yard Dash
Lisa Loftis, ML 61.0
Sue Kovalik, Gr 62.4
Liz Eichholt, GldAng .6
Cheryl Gilliam, MC 62.9

High Jump
Carol Addy, Ohio TC 5-2
Isabelle Boyer, Clv 5-0
Sue Miller, TH 4-8
Shannon Cline, G Ang 4-8

Girls 14-15 100(w 22mph)-Debbie Warnert (United AA, Oh) 11.5; 220/440(w 14mph)-Ella Willis (Lipke TC) 26.7/61.1; 880-Kathy Dempsey (Lat) 2:30.8 Mile-Marie Kastrop (N College Hill TC, Oh) 5:32.9; 100mH(w 2mph)-Caryle Martin (Un) 15.4; Jocelyn Skelly (Fleet Feet TC) 15.4; Diane Wymore (FF) 16.1; Sue Duffey (Ohio TC) 16.1 & 15.9h; LJ-Ella Willis 16-8½; HJ-Beth Neperman (Murchettes, Chicago) 4-10; DT-Kim Travers (ML) 125-7; Debbie Stephens (KS) 101-0; JT-Sue Inman (FF) 113-0; Stephens 109-0; Karen Oldfield (KS) 104-7; 4x110 Re-Cleveland Heights TC 54.3; 880MedRe-Kitchener Waterloo Club, Ont, Can 1:57.2; Latrobe 1:59.6;

Shot Put (8 pound)
Tia Franklin, Lat 35-0½
Sheila Williams, MC 34-6½
Jane Pierce, Mchg 38-4
Helen Williams, MC 34-5

Girls 14-17 220-Charmane Smith (MV) 25.7; 440-Leesa Wallace (MV) 56.6; Camilla Jones (Oz) 59.0; 880-Sally Arthur (MV) 2:17.6; 100mH(30")-Lynn Bayer (Oz) 15.3; HJ-Jane Hobbs (Ok) 5-4; Amy Carter (Ok) 5-4; LJ-Jan Smith (MV) 17-10½; C. Smith (MV) 17-5½; 4x110Re-Missouri Valley 48.4;

100 yard Dash
Debbie Carter, Oz 11.1
Towanna Humphrey, Oz .2
Nanette Lee, MV 11.2

Shot Put (8 pound)
Geraldine Stevens 41-0½
Delaine Buseman, MV 36-7½
Jesse Riddle, MV 36-4½

REGION SIX JUNIOR OLYMPIC CHAMPIONSHIPS
MOLINE, Ill - July 22 - from MARK BECKER

Indiana guys and Illinois gals dominated the 14-17 division, while Ohio Association athletes made off with most of the 12-13 medals.

High jumpers were "out-of-sight". Kentucky's RONNIE SHAW leaped 6-11 and was only second to sensational sixteen year-old NOEL RUEBEL, of Highland, Ind., who cleared the same height to win. Ohio Track Club's CAROL ADDY was hardly less impressive as she jumped to a 5-4 in the girls 12-13 class.

Mound Track Club's JAY HOUSEHOLDER and TAMI ESSINGTON from Illinois were the best all-around performers, each placing in three events in the 12-13 division. A fine double winner in the sprints was Indiana's VERONICA WILLIAMS.

CHARLES WHITE from Illinois looked very strong in the 880 and SHERRY BROWN from Ohio ran a sub 58 second in the 12-13 "quarter". RESULTS:

Boys 12-13 MiW-Kevin Butler (Ohio) 8:17.8, Ray Fredette (O) 8:39.3;

100 yard Dash
Jay Householder, O 11.2
Terry Bova, O 11.3
Carl Finley, Ill 11.3

440 yard Dash
Tim Tripp, O 56.2
Sandy Paniello, Ky 56.7
Terry Bova, O 57.9

70 yd Hurdles (30 inch)
Jay Householder, O 9.2
Mark Adkins, O 9.9
Bob Taylor 10.1

High Jump
Dean Shattuck, Ill 5-7½
John Harraway, Ky 5-6
James Maupin 5-5

Boys 14-17 440-Greg Hill (K) 48.9, Louis Carr (Ill) 49.9; MiW-Larry Olinick (K) 7:26.1, Jerry Jacobi (K) 7:26.1; SP-John Marks (Ill) 54-5;

100 yard Dash
Roger Frazier, Ind 10.0
William Pointer, In 10.1
Louis Carr, Ill 10.1

120 yd Hurdles (39 in)
Jim Williams, Ind 13.9
Andy Roberts, Ill 14.1
Ludie Parks, O 14.6

High Jump
Noel Reubel, Ind 6-11
Ronnie Shaw, Ky 6-11
Bill Fisher, Ill 6-7

Girls 12-13 880 yard Run
Carrie Craven, O 2:24.1
Carol Cycho, Ill 2:24.9
Annette Cotner, O 2:25.0

100 yard Dash
Laurie Blanchard, Ill (11.1h) 11.3
Rachel Lewis, Ill 11.6
Lisa Talley, O 11.6

220 yard Dash
Lisa Talley, O 25.9
Sherrylynn Brown, O 25.9
Tonette Browning, O 26.1

440 yard Dash
Sherrylynn Brown, O 57.9
Donna Burroughs, O 60.0
Tami Essington, Ill 60.6

50 yard Hurdles (30 in)
Debbie Kilhoffer, Ill 7.1
Tami Essington, Ill 7.2

Girls 14-17 SP-Pam Dahnke (Ind) 40-9½, Sheila Yorkshot (Ill) 40-9; 100-Veronica Williams (Ind) 11.1, Jenny Gill (O) 11.2, Ditra Henry (Ill) 11.3;

220 yard Dash
Veronica Williams 24.4
Ditra Henry, Ill 24.7
Trudi Rebsamen, Ill 25.8

440 yard Dash
Trudi Rebsamen, Ill 55.5
Chere DeHaven, Ind 56.2
Mary Clark, Ind 57.9

100 m Hurdles (30 inch)
Chris Russell, Ill 14.5
Carol Schaefer, Ky 14.8
Carla Lange, Ill 15.0

High Jump
Jean Baltz, Ill 5-7½
Deby Gust, Ill 5-4
Chris Hart, O 5-2

Long Jump
Celeste Johnson, Ill 18-7
Jenny Gill, O 18-7
Lile Yurdakul, O 18-3

HOUSE CALL

by DR. GABE MIRKIN

TRAINING AT AN EARLY AGE

QUESTION: *While I was competing in high school, I saw many runners who, while they excelled in their early high school years, did not get any better later on. I felt this was due to their coaches over extending their talents during practices during the week. These athletes were burnt out by junior year. I would, therefore, like to know if I am correct in working my term out only three times weekly, so as not to overtax or hurt them physically?*

TOM FRANKE,
Coach, St. Vincent Ferrer
New York

DR. MIRKIN: It is certainly not settled as to how much work should be given to a young runner. Psychological as well as physical factors require consideration by the coach or parent.

As for psychological factors, I would like to know how many young runners would tolerate an Igloi or a Timmons. Their runners never knew what they were going to do. The workout unfolded as they ran each interval. The runner never knew whether the quarter he was running was his last one or if he was only a third of the way through the workout. Workouts that are psychologically difficult certainly are not conducive to keeping a young runner interested ten years later.

Contrast this method with that of Bill Bowerman. Workouts are planned weeks in advance. The runner knows what is expected of him.

Bowerman says that he does not need instant success. He wants the runner to improve ten percent a year. On our team we have already seen hard-nose kids with little ability pick up ten percent a year while their more talented teammates practice sporadically. In a couple of years the talented kids are unable to beat the workers.

Bill Bowerman also believes in alternating hard-easy days. That adds up to three or four real workouts a week. Track work is done only once a week.

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More world-class distance runners have run for Bowerman than for any other American coach. Notice that his runners keep on running for many years. Grelle, Dellinger, Beaty, Moore, etc., kept on running many years after they were finished with their formal schooling.

Besides the obvious psychological benefits of alternate-day hard workouts, there is sound animal and human data to support this method.

Studies on drowning rats showed survival rates on hard exercise every second day were better than the same total weekly exercise divided equally each day. Bowerman runners have shown over the years that this system works.

I do not believe that there is any evidence to show that hard workouts before the age of ten are detrimental physically. Swimmers and gymnasts have worked over six hours a day in their first decade and have become world class performers in their teens. There is no evidence whatsoever to show permanent physiologic harm from hard training in early life.

The major question regarding hard workouts for young kids must remain whether there is any psychological detriment. Everything must be done to make workouts enjoyable.

Young runners belonging to a team get much enjoyment from the many friends they meet, their belonging to a unit, the pursuit of excellence and the travelling.

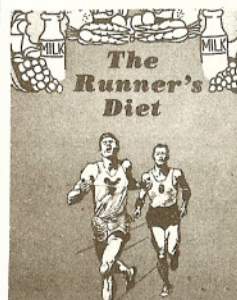
The effect of hard training in early life has been well studied in female swimmers. Twenty years later, in comparison to their non-athletic classmates, the swimmers showed better psychologic adjustments.

Because of the difficulty of quantitating psychological effects, there is still some arguments about how much work to give a young kid.

Ask Mark Spitz what it is like to train on double workouts from the time you are seven years old. Spitz has not been in the water very many times since the Olympics. I am sure he does not enjoy swimming as much as many of my friends enjoy running.

In conclusion, I favor three or four hard workouts a week. The two a day workouts is not advisable as it could kill the cheer pleasure of running. I want the kids to be running fifty years from now as I am still running and competing.

When the Olympics or National Championships appear, an individual can decide whether he wants to dedicate himself to the pursuit of excellence to the exclusion of other things or whether he rather not.



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