

TRACK NEWSLETTER

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 By Bert & Cordner Nelson, Track & Field News \$6 per year (24 issues)

NEWS

EUROPEAN season neared an end with two more world records. Fantastic Sandy Iharos regained his 5000m mark with 13:40.6 at Budapest, Oct. 23, in the Hungarian national championships before 50,000 fans. He also bettered the three-mile mark with 13:14.2. The track was heavy after rain. Second went to Tabori in 13:53.2, for fourth on the all-time list.

Other marks include a new Italian discus mark of 182.6 by 38-year-old Adolfo Consolini; 186  $\frac{3}{8}$  European rec. by Merta 10/15; 14:19 by Pirie over Zatopek 10/15; 14-5 $\frac{1}{4}$  by Denisenko; 248-10 $\frac{1}{4}$  by Tsibulenko; 14:03.4 by Cherayavskiy; 22 miles, 418 yards in two hours, for an unofficial world mark by Joe Lancaster of Britain, with Gordon Pirie second, 75 yards back; 261-3 $\frac{1}{2}$  for a Finnish record by Soini Nikkinen at Helsinki 10/9; 14:24.8 Danish record by Thige Thogersen; 47.3 by Roger Moens; 8:06.2 3000m by Ken Wood for English record; 52-5  $\frac{7}{8}$  by Lasseau and 239-3 $\frac{1}{4}$  by Macquet, French records; 29:43.2 Norwegian record by Saksvik. 47.5 by Horst Mann, East Germany, equalling record.

Hungary 112, Sweden 100, Budapest, 10/8&9: Rozsavolgyi 1:51.3, Szentgali 1:51.4; Kovacs 14:17; Eriksson 52.7; Bolyki 50-6  $\frac{3}{4}$  HSJ, Hungarian record; Goldovanyi 21.2; Nyberg 29:33; Johansson 14.4; Rozsnyoi 8:50.0; Nilsson 6-6  $\frac{3}{4}$ ; Foldessy 24-11  $\frac{5}{8}$ ; Mihalyfi 54-6  $\frac{3}{4}$ , Hungarian rec; Csermak 19965  $\frac{5}{8}$ ;

Dresden 10/9: Nielsen 1:49.1, Richtzenhain 1:50, Mugosa 1:50.7, Lewandowski 1:50.8; Laufer 14:22.2, Tuomaala 14:22.6; Opris 14.5;

Germany 127, Italy 74 Freiburg, 10/16&15: Brenner 1:49.6; Urbach 54-7  $\frac{7}{8}$ , German record; Meconi 54-2 $\frac{1}{2}$ , Italian record; Schade 29:39.0; Consolini 177-9; Storch 193-3  $\frac{3}{8}$ .

Prague 110, London 105 at London, 10/12: 3m, Driver 13:52, Sando 13:52.4; Pirie 29:19, Norris 29:21.4, Zatopek 29:28.6; Hildreth 14.5; Lansky 6-7  $\frac{1}{8}$ ; Merta 174-10; Maca 196-0.

Poland 168, East Germany 155, Belgium 100 10/15&16: Rut 197-  $\frac{3}{3}$ / $\frac{4}{4}$ ; Chromik 14:11.4, Hermann, DDR, 14:11.6, East German record; Herman, B, 14:17.6, Reiff 14:25.6; Sidlo 251-2  $\frac{5}{8}$ .

Also: 29:29.2 by Ullsperger, CSR; Kosice Marathon, Nyberg, Sweden 2:25:40; Ovsepien, USSR, 56-2  $\frac{7}{8}$ .

Brazil Telles da Conceicao 10.4, 21.3, 24-3  $\frac{3}{8}$ , 6-0  $\frac{7}{8}$ ; da Silva 50-7 $\frac{2}{8}$ ; de Oliveira 49-0  $\frac{5}{8}$ ; Carneiro 14.8.

United States Madison Square Garden, Oct. 20, Olympic Carnival: 440--Malocco 50.7 by 2 yards from Lea, Jones 3rd and last; 880-Stanley 1:54.8, Spurrier 1:54.9, Bright 10 yards back, Maynard 4th, Pearman 5th; Mile--Santee 4:05.2 (second fastest in Garden), Dwyer 4:08.5, Tidwell 4:15.2; LaPierre 4th; also ran, Truex, Seaman, Ashenfelter.

WIND SPRINTS

Michel Macquet says he practiced for his new French javelin mark by throwing dead German hand grenades 60 times each day...Wyoming has enrolled a 13-1 $\frac{1}{2}$  vaulter in Arthur Brauss of Germany...Paul Anderson, the world's strongest man, ran 11.0 in high school...Galina Sybina upped the woman's shot put record to 53-6.4...Gen. Douglas MacArthur has booked plane tickets for the Olympic Games...New York Giant coach Jim Howell says Rosey Grier, the ex Penn State state shot putter, is a real find. "He could become one of the all time greats. The only thing wrong with him is he plays so hard he gets tired."...it will cost between \$1900 and \$2000 per man to send an American athlete to Melbourne...the tombstone of Welshman Griffith Morgan reports that he ran 12 miles in 53 minutes in 1700...Santa Barbara, Calif. is bidding for the Olympic decathlon tryouts. The 1951 AAU meet was held there.

SO THEY TELL US

TN SPENCE GARTZ, San Diego--"Years ago I saw a big meet in which two inspectors were assigned to each turn, Chairs were provided for them to sit on when there weren't any turn races being run off. During the interim they didn't wander all over the track getting in the way of other officials. They were also provided with two semaphore flags, one white, one red. When a race was completed, the head finish judge would look toward both turns; if a white flag were held aloft it was a clean race; if a red block were flying, any announcement of a winner was withheld until after an inquiry. Such a procedure would also be an aid to us hardheaded track 'nut'.

"This is the first year of our San Diego Track and Field Association, and I think we had a very successful year taking everything into consideration. The only sponsors we had were 'the little people'; the few track 'nuts' around town who wanted to see such an organization make good. We sold yearly memberships to them at \$2, and made enough to buy running suits. Most of the performers had their own shoes and sweat clothes. If we can get back the \$9.50 entry fee for the rained out East L.A. Relays, we will have finished the season in the 'black'. That alone, I think, makes our venture successful. The main thing is-- we have established ourselves, received some fair publicity from the local papers, and interested many high school performers, who aren't going on to college and normally give up running, to compete for the club next year. Incidentally, if any smaller towns are interested in forming running clubs, the popular membership angle is one of the best. Two hundred \$2 memberships amounts to \$400, which is a good start. We found most participants were only too happy to pay for their own AAU cards, entry fees, and share of gas on trips."

LANE BLANK (what a name for a TN), Los Angeles: "Interested no end to read that one "Terrell" ran 20.9 for the Air Force. Presume it's Carlton Terrell, former Indianapolis schoolboy. I saw him in Germany a year ago. His slow start is the only distraction from form that might make him the world's greatest. Terrell improves every year. He's of average size and build and generates terrific acceleration."

TN TAD DOBROSKI, Japan: "Ed Rye, New Zealand's best distance man, regrets the lack of news on international distance events, and would like to correspond with any Track Nuts. Write Ed Rye, Woodburne, Blenheim, New Zealand."

TN TIM OWENS, San Marino, Cal.: "It is historic that the NCAA meet of 1955 was held on June 18, the same date in the year that the first NCAA meet was held in 1921. Also it is very real that on June 18, 1921, Charley Paddock ran 110 yards in 10.2 for a record that is the equal of any of the official world records for 100 meters at this time. The Coliseum record in the 100 yard dash was first set at 9.5 in 1926 by Paddock, and the record is still unbroken as the oldest Coliseum mark on the books. It is true also that none of the 305 stars in Don Potts' great handbook at 9.6 or better in the 100 besides Paddock has ever done as well or better than the 1921 record of Paddock. These ideas give meaning to the award that was given to Charley Paddock in his memory on the day of the 1955 NCAA finals."

NOTED WITH INTEREST

TN ROY SILVER sends us a transcript of a shortwave conversation between NBC's assistant director of Sports, Lindsey Nelson, and Russian Olympic track coach Gabriel Korobkov. Both the questions, asked by Nelson, and the answers were prepared:

Q. How can sports be used to improve relations between the US & USSR? A. Well, for sport and track and field in particular, to fulfill this mission, we must have meetings more often. After the 1952

Olympics we had only one opportunity of meeting American athletes and that was only with a small group. This took place last month in Belgrade and these meetings were purely accidental. We were both invited for the 10th Anniversary of the Yugoslav Sports Club. We didn't know that Americans would be present and vice-versa. First, it was not a planned meeting between American and Soviet athletes. Our sports committee sent out a number of invitations to the AAU for American-Soviet contests but there has been no answer from the USA so far. While out in Belgrade I spoke to Clyde Littlefield, Rod Richard, Bob Smith, Lang Stanley, Dick Maiocco and Joe LaPierre. They told me they hadn't heard of the invitations and said it would be a good idea to have annual track meets between our countries, both here and there. Bob Smith and Lang Stanley gave me their addresses so that I could get in touch with them about this third American match idea, and Clyde Littlefield promised to get in touch with Dan Ferris of the AAU about the matter.

Q. Please give details of any exchange program you may suggest.

A. Strictly speaking, this affair would have to be discussed with America's sport officials, but we here would like to suggest an annual USA-USSR contest of Olympic sport, with the exception of the marathon and walking races. We feel that these meets would help make friends out of Soviet and American athletes and not only that, but out of Soviet and American people as well. I think these meets would also go far to popularize and develop athletics in our country and everywhere else for that matter. I think the best time for this meet would be immediately after the USA Championship. That's the time most of your athletes would be on hand and in best shape, too. Now suppose we turn the tables and I get a question in. What do you think of the idea of having our first USA-USSR track and field meet in 1956 at any time convenient for the American team? The choice of place is up to you, although we would like to invite the American team to Moscow? A. (by Nelson) I'll pass the information along to Dan Ferris."

SPORTS COLLEGE NEWS reveals that middle distance runners have the best heart efficiency of competitors in any sport, followed by basketball players and swimmers. Ballet dancers (studied for comparison purposes) also rated near the top. The following figures give normal pulse rate, after exercise, 10 minutes later, and heart reserve (difference in pulse between lying and standing):

|                     |    |     |     |    |                    |    |     |     |    |
|---------------------|----|-----|-----|----|--------------------|----|-----|-----|----|
| Basketball          | 57 | 110 | 73  | 6  | Mid. Dist. Running | 52 | 76  | 68  | 4  |
| Football            | 66 | 128 | 96  | 9  | Boxing             | 68 | 119 | 96  | 8  |
| Hockey              | 73 | 136 | 102 | 12 | Paddling Canoe     | 62 | 131 | 104 | 7  |
| Tennis              | 71 | 129 | 92  | 11 | Weightlifting      | 69 | 147 | 118 | 10 |
| Baseball            | 76 | 148 | 114 | 12 | Ballet Dancing     | 59 | 118 | 69  | 5  |
| Mid. Dist. Swimming | 56 | 118 | 82  | 7  |                    |    |     |     |    |

Conclusions from this, and other studies, indicate it is harder to play a game of basketball (taking the average of all positions in each sport) than any other team game. Football was next, followed by hockey, tennis and baseball. Baseball appears to be a picnic for all players except the pitcher so far as physical effort is concerned. In side tests, it was found that recovery rates indicate that swimming a 440 and running an all-out mile are the two toughest activities of all on general endurance. Paddling a canoe all-out for half a mile is next. Boxing a 10 round bout apparently is not too difficult from a general endurance viewpoint, and can be ranked just before tennis.

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## QUESTIONNAIRE RESULTS

Final portion of the first annual Track Nuts poll, taken Jan. 1955.

8. Favorite event? Mile 25%, 440 14, 880 12, 220 5, 4% each for discus, relay, cross country, high hurdles, high jump, hurdles, vault.

9. Favorite track and field man of present? Richards 15%, Bannister 13, Whitfield 11, O'Brien 8, Landy, Mathias, Santee 6, Zatopek, Pearman 4%.

9b. Favorite track and field man of all time? Owens 37%, Mathias 16, Patton 10, Warmerdam 6, Nurmi, Zatopek and Hagg 5.

10. Favorite track man of present? Bannister 20%, Santee 14, Landy 10, Whitfield 10, Davis 8, Zatopek 6, Pearman 4, Chataway 4.

10b. Favorite track man of all time? Owens 28%, Nurmi 16, Zatopek 10, Patton 10, Hagg 6, Dillard 4.

11. Favorite field event man of present? O'Brien 32, Richards 28, Gordien 18, Shelton 10, Held 4.

11b. Favorite field event man of all time? Warmerdam 38, Owens 13, O'Brien 11, Richards 7, Fuchs, Ewry, Mathias 5.

14. Greatest track and field man of all time? Owens 49%, Mathias 12, Warmerdam 10, Zatopek 10, Thorpe 4, Nurmi 4, Bannister 4, votes to McKenley, J. P. Jones, Woodruff, and Steers.

15. Greatest track man of all time? Owens 60%, Zatopek 20, Nurmi 6, Patton 4, scattering to McKenley, Jones, Woodruff, Bannister, Landy, and Hagg.

16. Greatest field event man of all time? Warmerdam 64%, O'Brien 24, Owens 4, Mathias 4, votes to Gordien, Richards, Steers.

19. Fastest track in the world? Turku 30%, Fresno 25, Eskilstuna 15, Helsinki 15, Malmo 5, Budapest 5, Los Angeles 2½, Goteborg 2½.

20. Fastest track in U.S.? Fresno 58%, Compton 18, Los Angeles Coliseum 10, Berkeley and Princeton 5, Modesto 2.

21. Would you like to see the following changes in U.S. track?

a. Meters replace yards, yes by 3 to 2. b. 440 hurdles replace 220? yes by 9 to 1. c,d,e, steeplechase, hammer and HSJ become regular events, yes by 9 to 1. f. 3m or 5000 replace 2 mile, yes 9 to 1. g. Season to run to Oct. 1, yes by 3 to 1.

17. Predictions for 1956 Olympic Games winners:

100--Golliday 29%, Bragg 27, Jackson 13, Futterer 10, Agostini & Williams 4; votes for Richard, Cager, Hogan, Smith and Haines.

200--Stanfield 31, Pollard 23, Futterer and Jackson 10, Thomas 8, Bragg 6, votes for Haines, Ignatyev and King.

400--Lea 43, Ignatyev 21, Mashburn 15, Gosper 10, Jenkins 6, Tobacco 2

800--Whitfield 31, Szentgali 17, Sowell 13, Johnson 11, Boysen 9, Nielsen 6, DeMuynck & Seaman 4, Moens 2.

1500--Santee 70, Landy 14, Nielsen 10, Boysen & McMillen 2.

3000SC--Karvonen 32, Rinteenpaa 22, Rozsnyoi 20, Ashenfelter 12, Chromik 7, Iharos, Druetzler & Soderberg 2.

5000--Kuts 42, Chataway 36, Pirie and Landy 8, Green 2.

10000--Zatopek 50, Pirie 20, Kuts 18, Kovacs 12.

HH--Davis 96, Curtis & Dillard 2. Marathon--Zatopek 100 (write-in)

MH--Lituyev 46, Yulin 29, Lean 11, Sowell 7, Jones & Culbreath 2.

400R--USA 99, USSR 1. 1600R--USA 96, Germany & GB 2.

HJ--Shelton 92, Nilsson 7, Wyatt 1.

BJ--Bennett 36, Upshaw 32, Brown 23. Range 4, Foldessy 2.

PV--Richards 84, Smith 6, Bragg, Welbourne, Landstrom, Denisenko, Laz 2

HSJ--Da Silva 68, Sheherbakov 32. SP--O'Brien 100

HT--Krivonosov 64, Strandli 18, Nyenashev 8, Csermak 5, Rydekin & Rut 2

DT--Gordien 78, O'Brien 16, Iness 6.

JT--Miller 41, Nikkinen 22, Sidlo 19, Held 13, Kuznetsov & Young 2.

Decathlon--Campbell 76, Johnson 14, Kuznetsov 5, Lewis & Richard 2.

Best bets: O'Brien, Zatopek (mar), Shelton, Richards, Gordien, Camp.