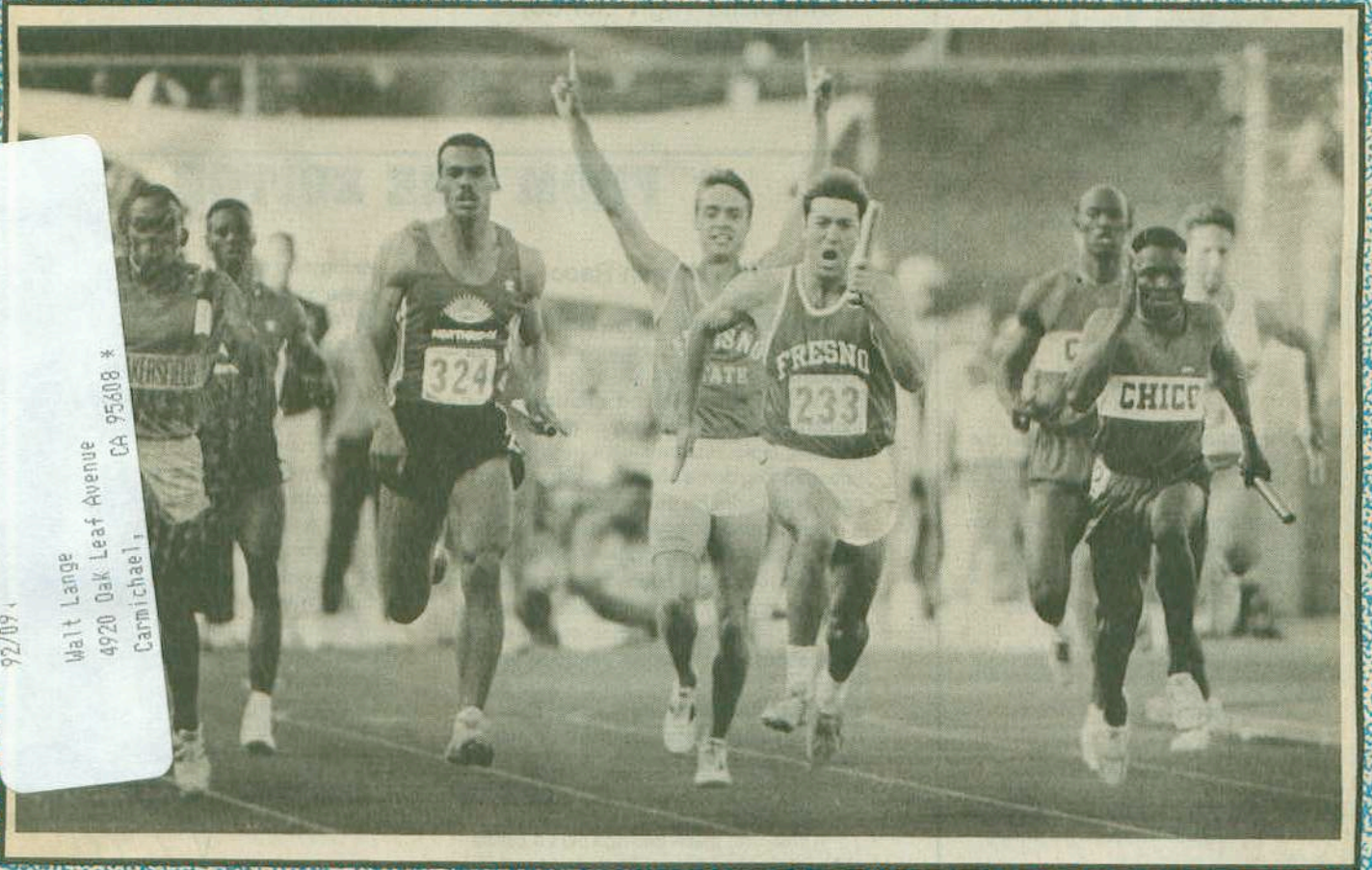


MAY 1992

CALIFORNIA

Track News



92/09

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Carmichael, CA 95608 *

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- ✓ California High School Best Marks
- ✓ California Collegiate Ranking

Track & Field



Cross Country

Eighteenth Year

CALIFORNIA Track News

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4957 E. Heaton Avenue
Fresno, CA 93727
(209) 255-4904 Office & FAX



TABLE OF CONTENTS

MAY 1992

Schedule.....	3	Prep Notes.....	20
SoCal Diary.....	8	Prep Results	
Subscription Form.....	9	NorCal.....	23
California Collegiate		SoCal.....	26
Ranking.....	10	Arcadia.....	30
California High School		Central Cal.....	35
Best Marks		Track Results.....	37
This Season.....	16		

FROM THE EDITOR

The Human Race

I hesitate to bring up the topic of the recent Los Angeles riots. However, local road race timing guru and middle of the pack runner, Victor Salazar, shared a positive thought with me concerning an otherwise depressing topic. His comments were just what I needed to pick me back up.. Maybe you can benefit from his observations as well.

Immediately following the acquittal of the police involved in the Rodney King incident, the news media was flooded with scenes of violence, not only in Los Angeles, but around the state, including my hometown, Fresno. I knew about hate, violence, prejudice and stupidity, but I had never experienced the confusion, frustration and fear that filled me during the riots. Man's inhumanity to man was portrayed in a very ugly, very real and very close way. It was depressing and made me sick.

It was with these feelings plus a sense of hopelessness for mankind, that I took the family to the first Fresno Fair Children's 1K Footraces. This was during the time of the riots. We all wondered if the kids races would be cancelled, as other athletic events in town and around the state had been.

It was in these children's footraces that my friend Victor Salazar pointed out that there is hope for humans to be able to get along. He observed that our children, hundreds of them from all races hadn't yet learned prejudice and hate. We watched

youngsters side-by-side enjoying the run together and having fun together. There was joy, happiness and peace among all those children coming together to participate in this event. I am proud to be part of such a sport that provides this type of brotherhood among all who toe the starting line.

In the midst of one of the darkest times I can remember, I saw a ray of light. Even though people around the state were acting out hate and violence, there was hope. Hope in the children. Hope in our kids, who haven't yet learned to hate. What are we teaching them? What are they learning from us? They will learn from us by our words and deeds. Perhaps we should first learn a lesson in brotherhood from them.

My prayer is that we, as role-models, can demonstrate love and peace for all people. This could preserve the spirit of brotherhood I observed at the children's races.

ON THE COVER: Fresno State's 4x100m Relay team sprinted to first place at the Fresno Relays. Anchor runners (left to right): LARRY KING (CS Bakersfield), SCHAN REED (CS Bakersfield), MIKE ORWAT (Fresno State), and DAVID SAWYER (Chico State). DANT KUSLEIKA handed off to Orwat.

Photo by Terry Pierson

SCHEDULE

Please send cross country and track information to CTN, 4957 E. Heaton Ave., Fresno, CA 93727.

The schedule is subject to change, so please verify dates, locations, times, etc., prior travelling to an event. It is a good idea to always include a self-addressed, stamped envelope when requesting information or entry forms.

High School

Track & Field

May 25-26 (Mon-Tues): Walnut. Mazda Mt. SAC Relays High School Decathlon & Heptathlon. Dan Shrum (714) 595-1415.

June 5-6 (Fri.-Sat.): Cerritos: CIF/Reebok State Meet. Cerritos College.

✓ **June 12-13 (Fri.-Sat.):** Van Nuys: National Scholastic Outdoor T&F Championships. Birmingham HS. Lou Ramirez, Meet Director, NSOTFC, Birmingham HS, P.O. Box 16092, Encino 91416-6092.

June 13 (Sat.): Sacramento: Golden West Invitational. 1:30 p.m. American River College. Golden West Invitational, 120 Ponderosa Ct., Folsom 95630

June 20 (Sat.): Elmhurst, IL: Keebler Invitational.

June 30-July 4 (Tues.-Sat.): Auburn, AL: U.S. Youth Athletics T&F.

July 4-5 (Sat-Sun): Columbus, OH: National Junior T&F. Ohio State University. Columbus Recreation and Parks Department, City Hall Rm. 127, 90 West Broad, Columbus, OH 43215-4184 (614) 645-8432.

July 28-August 1 (Tues.-Sat.): Walnut: U.S. Junior Olympic T&F Championships.

Cross Country

September 18 (Fri.): Fresno, CA: Clovis Independent Cross Country Invitational. Elementary and Junior High. (High School on Sept. 19). Contact Steve Ward, Clovis High School (209) 299-7211.

September 19 (Sat.): Fresno, CA: Clovis Independent Cross Country Invitational. High School Division. Contact Steve Ward, Clovis High School (209) 299-7211.

December 5 (Sat.): Fresno, CA: Kinney West Regional. Woodward Park. Qualifier for Kinney Cross Country Championships to be held December 12. 5000 meters. Contact Bill Cockerham, 4957 E. Heaton Ave., Fresno, CA 93727 (209) 456-0535.

December 11-12 (Fri.-Sat.): Mobile, AL: U.S. Junior Olympic Cross Country Championships.

December 12 (Sat.): San Diego, CA: Kinney Cross Country Championships. Balboa Park.

College & Open

Track & Field

May 15-16 (Fri.-Sat.): Los Angeles: CCAA Championships (Jesse Owens Track, Cal State L.A.) 9 a.m.

May 15-16 (Fri.-Sat.): Long Beach: California State Junior College Championships.

May 16 (Sat.): Modesto: S & W Relays, Modesto, 10 a.m.

May 16 (Sat.): Eugene, OR: Oregon Twilight.

May 16-17 (Sat-Sun): Santa Barbara: VISA Late Afternoon Decathlon. Pauley Track, UCSB. Sam Adams (805) 893-2133.

May 21-22 (Thurs.-Fri.): BC: NAIA Outdoor National Championships (Simon Fraser, Vancouver, BC).

May 22-23 (Fri.): Santa Monica: 7th Annual Santa Monica Distance Classic (Santa Monica College) 6 p.m. Skip Stolley (213) 730-9617.

May 23 (Sat.): Los Angeles: 9th Annual Los Angeles Invitational (Jesse Owens Track) 9 a.m. John Turek (213) 343-3095.

May 23-24 (Sat-Sun): Visalia. US Olympic Development Track & Field Invitational. Redwood High School. Marvin Thompson (213) 666-7341.

May 24 (Sun.): Portland, OR: Oregon Invitational.

May 26 (Tues.): Walnut. Mt. SAC Last Chance Twilight Meet. Dan Shrum (714) 595-1415.

May 27-30 (Wed.-Sat.): Waterville, ME: NCAA Division III Championships.

May 27-28 (Wed-Thurs): Long Beach. SCA/TAC Heptathlon Championships. Long Beach State. Andy Sythe (213) 985-4666.

May 28 (Thu.): Long Beach: Long Beach Twilight Invitational. Andy Sythe (213) 985-4666.

May 28 (Thurs): Fresno. Last Chance Meet. Fresno State Univ. Bob Fraley (209) 278-4097.

May 28-30 (Thurs.-Sat.): San Angelo, TX: NCAA Division II Championships, Angelo State University, San Angelo, Texas) All day.

May 30 (Sat.): San Diego. San Diego TAC Championships. San Diego State. Jim Cerveney (619) 594-5536.

May 30 (Sat.): San Jose: Jenner Classic, San Jose, 10 a.m.

May 31 (Sun.): Long Beach: Long Beach SCA/TAC Championships. Veterans Stadium, Long Beach. Ron Alice (213) 420-4482.

June 6 (Sat.): San Francisco: Kezar Mizuno Invitational (Pacific Assoc. TAC T&F Championships). Kezar Stadium. Jerry Colman, Meet Director (916) 487-3175.

June 6 (Sat.): Eugene, OR: Prefontaine Classic.

June 7 (Sun.): Irvine: Irvine Koningh Elite Classic. UC Irvine. Danny Williams (714) 856-6342.

June 3-6 (Wed.-Sat.): Austin, TX: NCAA Division I Outdoor T&F Championships.

BOOKS...

FROM CTN

- ☐ **Basic Track & Field Biomechanics -- \$11.50**
Tom Ecker. 1985. 208 pgs. Illustrated.
- ☐ **Ed Fern's Flight School -- \$8.50**
Ed Fern. 72 pgs. Illustrated.
- ☐ **Getting Started In Track & Field -- \$6.50**
A Coaching Manual. R. S. Parker. 1976. 128pgs. Illustrated.
- ☐ **High School Cross Country -- \$6.50**
Joseph McLaughlin. 1983. 96 pgs. Illustrated.
- ☐ **How High School Runners Train -- \$5.00**
ed. by Frank P. Calore. 2nd ed. 1982, 128pgs. Illustrated.
- ☐ **Peak When It Counts: Periodization for American T&F -- \$12.00**
William H. Freeman. 1969. 111 pgs. Illus.
- ☐ **Competitive Edge -- \$10.00**
Rich Elliott. 193 pp.
- ☐ **The Throws Manual--\$15.00**
Kevin McGill & George Dunn, Jr. 153 pgs.
- ☐ **The Hurdles -- \$13.50**
- ☐ **TAC T&F Coaching Manual -- \$16.00**

☛ **TO ORDER --** Send in this form, or listing of books requested, along with your check to: CTN, 4957 E. Heaton, Fresno, CA 93727.

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For orders:

- under \$10, add \$1.75
- \$10 to \$20, add \$2.95
- \$20 or more, add 14%

Please allow 4-6 weeks for delivery.
Thank you.

SCHEDULE

June 13 (Sat.): Tucson. Tucson Elite Classic. Arizona University. Fred Harvey (602) 621-2124.

June 19-28 (Fri.-Sun.): New Orleans, LA: U.S. Olympic T & F Trials. Tad Gormley Stadium. U.S. Olympic T&F Trials, 601 Loyola Ave., Poydras Plaza Mall, New Orleans, LA 70113 (504) 484-1992.

July 11 (Sat.): TAC West Regional Championships. John Mansoor (916) 933-4913.

July 31-August 9 (Fri.-Sun.): Barcelona, ESP: 25th Olympic Games Championships.

August 1 (Sat.): Sacramento. River City Track Club Pre-National Tune-up. CS Sacramento. Master, sub-master, & open. Michael Holzgang, PO Box 255131, Sacramento 95865 (916) 489-7881.

Dec 12-13 (Sat-Sun): Long Beach: VISA Long Beach State Winter Decathlon.

Cross Country

November 28 (Sat.) Kenosha, WI: U.S. Cross Country Championships.

Masters

Track & Field

May 23 (Sat.): UC Irvine: Dan Aldrich Memorial Meet, UC Irvine, Calif. David Lewis, 505 Begonia Ave., Corona del Mar, CA 92625. 714/673-2025.

May 23, 24 (Sat & Sun): U.S., Olympic Development Invitational, site TBA. Marv Thompson, (213) 662-1062.

May 25 (Mon.): San Diego: San Diego Senior Sports Festival, Balboa Stadium. 55+. Sam Cohen, 4867 A Collwood Blvd., San Diego, CA 92115. 619/286-3588; 583-3300.

June 13 (Sat.): Los Gatos: TAC/Pacific Masters Championships, Los Gatos H.S., Los Gatos, Calif. Joy Margeram or Willie Harmatz, P.O. Box 1334, Los Gatos, CA 95031. 408/354-5660.

June 19-28 (Fri. thru Sun.): New Orleans, LA: U.S. Olympic Track & Field Trials, New Orleans. (504) 484-1992.

June 20 (Sat.): Los Angeles: SCA/TAC District Championships, Occidental College, Los Angeles. SASE to Christel Miller,

1740 Grandview Ave., m Glendale, CA 91201. 818/843-2139 until 9 p.m.

July 4-7, Spokane, WA: National Pentathlon. Spokane Falls Community College. Vernie Foxley, SFCC Athletics, MS-3070, West 3420 Ft. George Wright Dr., Spokane, WA (509) 459-3644.

July 11-12 (Sat.-Sun.): Des Moines, IO: TAC/USA National Masters Decathlon/Heptathlon Championships, Drake U., Des Moines, Iowa. Rex Harvey, 2661 Euclid Heights Blvd., OH 44106. (216) 932-9368.

July 12 (Sun): Los Angeles: Trojan Masters Meet, USC, Los Angeles. Russ Reabold, 1125 Stimson Ave., La Puente 91744. (818) 917-6289.

✓ **July 25-26 (Sat.-Sun.): Hayward:** TAC Western Sectional Masters Championships, Chabot College, Hayward, Calif. Jim Johnson, 1026 Murchison, Millbrae, CA 94030. 415/697-1889.

August 1 (Sat.): Sacramento. River City Track Club Pre-National Tune-up. CS Sacramento. Master, sub-master, & open. Michael Holzgang, PO Box 255131, Sacramento 95865 (916) 489-7881.

August 13-16 (Thurs.-Fri.-Sat.-Sun.): Spokane, WA: TAC/USA National Masters Championships, Spokane, Wash. Vernie Foxley, Spokane Falls Community College, Athletics MS-3070, W. 3410 Ft. George Wright Dr., Spokane, WA 99204-5288. Phone: (509) 459-3644; Fax: 509/623-4128.

Sept 20 (Sun): Long Beach: Sri Chinmoy Masters Meet, CSU Long Beach. 40+. Bigalita Egger, 1921 S. Sherbourne Dr. Los Angeles 90034. (213) 838-4746.

Camps / Clinics

June 27-July 1: Stanford. Stanford Track Camp. Age 9-17. Track & Field. Staff includes: Brooks Johnson, Scott Chisam, Stanford runners. Director: Brooks Johnson, Stanford University, Stanford, CA 94305 (415) 725-0761.

July 13-18: Eugene, OR. Oregon Track Camp. Age 12-17. Staff includes: Bill Dellinger, Tom Heinonen, Pat Tyson. Bill Dellinger, Director, PO Box 7651, Eugene, OR 97401 (503) 346-5465 or (503) 484-7040.

SCHEDULE

July 19 (Sun): Walnut. SCA/TAC Officiating Clinic, Mt. SAC College, Walnut, 9 a.m. to 4 p.m. Anyone who wants to learn how to officiate is welcome. Christel Miller (818) 843-2139.

July 19-24: Eugene, OR. Oregon Track Camp. Age 12-17. Staff includes: Bill Dellinger, Tom Heinonen, Pat Tyson. Bill Dellinger, Director, PO Box 7651, Eugene, OR 97401 (503) 346-5465 or (503) 484-7040.

✓ **July 25-27 (Sat-Mon): Walnut:** TAC Level I Coaching Certification School. Mt. San Antonio College. 7/25 3:30 p.m. through 7/27 11:30 a.m. Doug Todd, 8542 Belair St., Buena Park 90620 (714) 952-3596.

July 26-31 (Sun-Fri): Carpinteria. Gary Tuttle's Distance Camp. Age 12 & up. Staff includes: Tuttle, Bill Scobey, Jim Hunt. Gary Tuttle, 1410 E. Main St., Ventura 93001 (805) 643-1104 or (805) 643-3220.

August 1-5: Flagstaff, AZ. High Altitude Track Camp. Age 11-17. Training at 7000'. Ron Mann, Director, Northern Arizona University, Box 15400 Flagstaff, AZ 86011 (602) 523-5646 or (602) 526-5605.

August 2-7: Yosemite Area. Yosemite Running and Cross Country Camps. Age: open. Director: Dave Donaldson. Brochure write: Merced College Community Services, 3600 M St., Merced, CA 95348 (209) 384-6224.

August 2-7: Arcata. Humboldt State Long distance Running & Steeplechase Work-

shop. Coed, ages 12 & older. Registration deadline: July 10. Dave Wells, Athletic Dept., Humboldt State University, Arcata 95521

August 2-7: Santa Cruz. Coach Roy Benson's Redwoods Running Camp. University of California at Santa Cruz. Roy Benson, Director, Redwood Running Camp, 5600 Roswell Rd., Suite 355-North, Atlanta, GA 30342 (404) 255-6234, FAX (404) 255-0731. After 8/1/92: Roy Benson, c/o The Conference Ofc., Heller Drive, UCSC, Santa Cruz 95064 (408) 459-2611.

August 2-7: Lake Tahoe: Coed Summer Running Camps. Workouts, clinics and fun-filled recreation for high school runners (age 13 & Up). Runners Workshop, Mark and Rene Celestin, Coordinators, P.O. Box 817, Huntington Beach 92648. (714) 969-8703.

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August 9-14: Yosemite Area. Yosemite Running and Cross Country Camps. Age: open. Director: Dave Donaldson. Brochure write: Merced College Community Services, 3600 M St., Merced, CA 95348 (209) 384-6224.

August 10-14: Grouse Ridge, CA. High Altitude Challenge Camp. HS and older. Nick Vogt, Director, 1025 Grange Rd., Meadow Vista, CA 95722 (916) 878-0697 or (916) 878-0521.

August 15-19: Stanford. Stanford Track Camp. Age 9-17. Cross Country Staff includes: Brooks Johnson, Scott Chisam, Stanford runners. Director: Brooks Johnson, Stanford University, Stanford, CA 94305 (415) 725-0761.

August 26-31: Catalina Island. Coed Summer Running Camps. Workouts, clinics and fun-filled recreation for high school runners (age 13 & Up). Runners Workshop, Mark and Rene Celestin, Coordinators, P.O. Box 817, Huntington Beach 92648. (714) 969-8703.

Sept. 1-6: Catalina Island: Coed Summer Running Camps. Workouts, clinics and fun-filled recreation for high school runners (age 13 & Up). Runners Workshop, Mark and Rene Celestin, Coordinators, P.O. Box 817, Huntington Beach 92648. (714) 969-8703.

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9:00	HAMMER THROW ALL	LONG JUMP OPEN	HIGH JUMP MEN 50 & UP	POLE VAULT 50 & UP & WOMEN
11:00	DISCUS 50 & UP	LONG JUMP 30 TO 49	HIGH JUMP MEN 30 - 49	POLE VAULT 30 TO 49
LUNCH				
1:15	DISCUS 30-49	LONG JUMP 50 & UP		
2:45	DISCUS OPEN		HIGH JUMP MEN OPEN	POLE VAULT OPEN

SATURDAY TRACK EVENTS:

9:00	5000M	MEN OPEN - 59	9:40	5000M	MEN 60 & UP, WOMEN
10:30	80M HURDLES	MEN 70 & UP, WOMEN	10:50	100M HURDLES	MEN 60 TO 69
11:10	110M HURDLES	MEN OPEN, 30-59	11:30	4 X 100M RELAY	ALL TEAMS
LUNCH					
1:30	100M	MEN	2:00	100M	WOMEN
2:00	400M	MEN	2:30	400M	WOMEN
3:00	1500M	MEN OPEN, 30-49	3:30	1500M	WOMEN, MEN 50 & UP
4:00	300/400 HURDLES	MEN WOMEN	4:45	5000M WALK	ALL

SUNDAY FIELD EVENTS:

10:00	JAVELIN 50 & UP	SHOT 30-49	TRIPLE JUMP OPEN	HIGH JUMP WOMEN	30 & UP WOMEN
LUNCH					
1:15	JAVELIN 30-49	SHOT OPEN	TRIPLEJUMP 50 & UP	HIGH JUMP WOMEN	OPEN
2:45	JAVELIN OPEN	SHOT 50 & UP	TRIPLE JUMP 30-49		

SUNDAY RUNNING EVENTS:

9:00	10,000M	ALL	10:00	2000M STEEPLECHASE	ALL
10:30	3000M STEEPLECHASE	ALL	11:20	800M	ALL
LUNCH					
1:20	800M	WOMEN	1:50	200M	MEN
2:20	200M	WOMEN	2:50	4 X 400M RELAY	ALL
3:15	3200M RELAY	ALL	3:30	10,000M WALK	ALL



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 SIGNED _____ DATE _____

"Athletes who participate in this competition may be subject to formal drug testing in accordance with TAC rules and IAAF rules. Athletes found positive for banned substances, or who refuse to be tested, will be disqualified from this event and will lose eligibility for future competitions. Some prescription and over-the-counter medications may contain banned substances. Information regarding drugs and drug testing may be obtained by calling the USOC Hot Line at (800) 233-0393."

SoCAL DIARY

By Bill Minarik

March 9

There was relatively little track action reported the past weekend. In a WSC Community College Meet, the men from Moorpark showed why they are a significant threat to Bakersfield for the Conference Title as they easily outscored Santa Barbara and Ventura 109-38-32. However the Santa Barbara women used superior front line strength to get by Moorpark and the Pirates 82-70-16.

On the Prep front, the Long Beach Poly Invitational saw the Boys and girls from the host school as well as Muir, Dorsey and Morning-side give indications that all are contenders for C.I.F. section titles.

At the NAIA Championships, the Azusa Pacific men came up a little short against distance laden Adams State 82-72. Highlight for Azusa Pacific was a virtual dead-heat in the 60 by the Ezinwa brothers.

In an outdoor quadrangular meet, the UC Irvine men outscored Cal Poly SLO, UC Santa Barbara and USC 195-173-173-100, while the CPSLO women took things down to the 1600 relay before escaping with a 169-164-101-89 victory over UCI, USC and UCSB.

In a triple dual which was supposed to pretty much settle things in the SCIAC, Pomona-Pitzer swept Oxy, Redlands, and Cal Lutheran in both men and women's competition. The men's scores were 98-65, 102-59 and 134-14 while the surprising female Sagehens prevailed 71-64, 100-35, and 95-40.

March 16

There were a multitude of High School Invitationals last week, however the only one reporting a scoring format was the Palm Springs Invitational where Dana Hills took both the girls and boys Section I titles with the Escondido boys and Valley View girls being crowned Division II champs.

A featured Community College dual meet saw the Santa Monica men out run Glendale, Santa Barbara and Canyons 55-47-46-38; while the Santa Barbara women just nipped Santa Monica with Glendale and Canyons trailing 76-70-18-7.

In outdoor college action, USC finally got into the win column as it's men defeated Long Beach State and San Diego State 197-159-

109, while the Women of Troy were likewise victorious 155-148-121 over SDS and CSULB. At Irvine, the UCI men and women were both victorious in 4-way affairs; defeating Cornell, Navy and C/S Fullerton 251-131-116-88 in the men's meet, while the Lady Ant-eaters were 236-125-81-66 winners over the Big Red, CSF, and the Middies. In a non-scoring multi-team meet at Azusa Pacific, the Ezinwa brothers gave the local fans hope for another national championship as they zipped to excellent early season sprint marks of 10.08 and 20.29.

In Division I Indoor Championships, UCLA's Dawn Dumble showed that she will be a contender for the Olympic team by destroying the shot put field with a 56-11 1/2 effort. The Bruins Melissa Weis was 4th with a very respectable 51-7 3/4.

March 23

The Cal State Northridge men and women's teams demonstrated last Saturday at the Long Beach Invitational that their recent successes against Division I teams were no flukes. In an oddly scored meet where only the top competitor from each team scores in each event, the Matador men took the meet down to the 1600 relay before edging runner-up Air Force 216-214 as well as the rest of the field which included the Army, Utah State, Cornell, C/S Long Beach, C/S Los Angeles, San Diego State, Mankato State, C/S Fullerton, Weber State, DePaul and Wisconsin. Things weren't quite so tight for the Lady Matadors who ended up with a 219-192 edge over CSULB.

UCLA's women's team received a jolt when star thrower, Melissa Weis, decided to transfer to Cal State Bakersfield so she could live at home. While the Bruins have a strong group of throwers, Melissa would have added points at any level of competition and will be sorely missed. However, the Bruins loss will be the Roadrunners gain and Melissa could easily be a shot and discus double national champion at the Division II level.

March 30

There were a number of Large College Invitationals Saturday including the local C/S

Northridge Invitational where at least 50 colleges and Clubs were represented at the Stanford Invitational, the annual competition between the PAC-10 and The Big 10 went to the West 58-48.

At UC Irvine, the host school came out on top in both the men and women's division of a six-way meet. The male Ant-eaters outran the Air Force, Cal Poly Pomona, Weber State, Villanova and DePaul by a 340-301-183-169-127-84 count while the UCI Ladies were comfortably ahead of Weber State, Air Force, DePaul, and Villanova by a 260-183-160-93-65 margin.

April 6

Relays dominated the Prep and College track scene last weekend, and has been the case in recent years, the scoring formats have given way to individual and relay duals. At the Bishop Amat Relays at Mt. SAC, Glendale High sprint ace Craig Harzman breezed to 200-400 double in 21.6-48.6 despite a strong crosswind. Craig is rated by most veteran track buffs to be the fastest sprinter to come out of the Glendale area since Forrest Beatty lit up the cinders for Glendale Hoover in the early 60's. While Craig just started to get regional notoriety at the end of his junior season, his running speed has been well known to this writer for some time. For 5 years, I coached against Craig and his Dad Mike in the Glendale AYSO Soccer Region. The only way I could hope to stop Craig was surround him with 4 players and pray he didn't get the ball.

Other Prep action could be seen at the Beverly Hills Invitational, the Trabuco Hills and Bishop Invitationals and the Norco Invitational where boys teams from Palmdale and Norte Vista and the girls teams from Canyon Springs and Norco were crowned Divisional champs.

Most of the two and four year colleges were up at the Fresno Relays where the Cal State Bakersfield men had some outstanding individual performances and indicated they could be a force to be reckoned with in the big meets.

California

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1992 Best Marks

Includes marks received through **May 11, 1992**

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93727 or FAX (209) 255-4904.

MEN

100 Meters

Davidson	Ezinwa	APU	09.91
Osmond	Ezinwa	APU	10.09
Ato	Boldon	San Jose CC	10.24
Tony	Miller	UCLA	10.29
Jeff	Laynes	USC	10.30
Bryan	Bridgewater	CSLA	10.34
Curtis	Conway	USC	10.49
Harold	Liles	Taft	10.52
Tim	Green	Cal	10.54
Delvic	Philyaw	Taft	10.60
Mike	Orwat	Fresno St	10.63
Keith	Williams	Taft JC	10.64
Jacobbi	Williams	Diablo Valley	10.64
Eddie	Vaughn	Delta	10.64
Eddie	Wong	Chico	10.64
Rocky	Morris	San Jose CC	10.64
Damon	Island	HSU	10.65
Whaylin	Bratton	Fresno St	10.66
Derrick	Baker	UCLA	10.66
Delvic	Phillip	Taft JC	10.72
Dustin	James	UCI	10.73
Larry	Evans	Contra Costa	10.74
Jhrold	Devahl	Merritt	10.74
Kale	Weidemier	Delta	10.74

200 Meters

Davidson	Ezinwa	APU	20.29
Tony	Miller	UCLA	20.69w
Travis	Hannah	USC	20.81w
Jeff	Laynes	USC	20.85w
Bryan	Bridgewater	CSLA	21.03
Tim	Green	Cal	21.08
Ato	Boldon	San Jose CC	21.18
Dustin	James	UC Irvine	21.28
Sonny	Reynolds	UC Irvine	21.34

Yuri	Henry	Chico	21.34
Dant	Kusleika	Fresno St	21.42
Aki	Brdley	Taft JC	21.44
Mike	Zimmerman	Chico	21.44
Derrick	Baker	UCLA	21.45
Whaylin	Bratton	Fresno St	21.45
Damon	Island	Hayward	21.50
Scottie	Stokes	PC	21.54
Patrick	Rowe	SDSU	21.56
Mike	Lewis	CS Northridge	21.58
Dave	Norville	Stan. St.	21.65
Ronnie	Skold	Pt. Loma	21.65
Harold	Liles	Taft	21.68
John	Hensley	CSLA	21.69
Jacobbi	Williams	DVC	21.74
Delvic	Philyaw	Taft	21.74

400 Meters

Quincy	Watts	USC	44.43
Travis	Hannah	USC	45.41
Joey	Ellis	FPC	46.69
Mike	Stevenson	UCLA	46.73
Marty	Beck	UCLA	46.76
Derrick	Baker	UCLA	46.84
Michael	Williams	UCLA	46.94
Dustin	James	UC Irvine	47.03
Dant	Kusleika	Fresno St	47.18
Bryan	Bridgewater	CSLA	47.34
Kevin	Jones	SFSU	47.48
Wallace	Henry	APU	47.49
Yuli	Henry	Chico	47.54
John	Hensley	CSLA	47.84
Samuel	James	Merritt	47.84
Larry	Billoups	CSU Long Bch	47.85
Patrick	Rowe	SDSU	48.19
Keith	Williams	Taft	48.24
Geoff	Garvin	Hayward	48.34
Aki	Brdley	Taft	48.34
Tommy	Cook	Sac City	48.46
John	Toro	Pt. Loma	48.47
Nate	Wright	CS Northridge	48.5
Marshall	Evans	CS Northridge	48.63

Harley	North	Fresno St	48.70
Kofi	Banks	Santa Rosa	48.78
Sonny	Reynolds	UC Irvine	48.80
Michael	Chambers	Merritt	48.84

800 Meters

Robert	Keter	PLNC	1:49.61
Joe	Amendt	Fresno St	1:49.73
Jim	Bowles	HSU	1:50.1
Craig	Olson	HSU	1:50.8
James	Warhover	Cal	1:50.84
Rick	Lucero	Chico	1:51.01
Craig	Magness	Cal	1:51.03
Jim	Olson	Hayward	1:51.11
Bill	Frampton	HSU	1:51.14
Alex	Accetta	Stanford	1:51.26
David	Sanford	CSLA	1:51.28
Sean	O'Leary	UC Irvine	1:51.34
Dan	Held	Son	1:51.44
Dave	Wasserman	HSU	1:51.62
Dutch	Yerton	HSU	1:51.8
Kevin	Harris	UC Irvine	1:52.63
Donnell	Johnson	Taft	1:52.64
Mike	Smith	CS Northridge	1:52.86
Keith	Guillory	Fresno St	1:52.9
Steve	Dirkse	Fresno St	1:52.96
Ryan	Angle	UC Santa Barb	1:53.07
Dave	Frazier	Chico	1:53.2
Jamey	Harris	Fresno St	1:53.42
Brad	Grady	SDSU	1:53.44
Doug	Ravasyd	PLNC	1:53.50
Rick	Lucero	Chico	1:53.8
Neil	Chomos	CSU Long Bch	1:53.83

1500 Meters

Alex	Accetta	Stan	3:47.5
Ben	Turman	Cal	3:47.73
Jamie	Harris	Fresno St	3:48.19
Jim	Olson	Hayward	3:49.39
Kevin	Harris	UC Irvine	3:50.16
Robert	Keter	PLNC	3:50.23
Bill	Frampton	Hayward	3:50.27
Dan	Held	Son	3:50.28
Dirk	Vanderpool	UC Davis	3:50.54
Tony	Bergman	APU	3:51.27
Jason	Lindholm	FPC	3:51.42
Steve	Frison	CSU Fullerton	3:52.08
Rene	Rigal	UC Santa Barb	3:52.30
Matt	Gough	UCD	3:52.43
Parker	Kelley	UC Davis	3:52.7
Mike	Nielsen	UC Irvine	3:52.71
Brian	Johnson	CSU Fullerton	3:53.57
Bryan	MacMillan	UCSB	3:53.93
Jason	Heldeman	Son	3:54.05
Dave	Wasserman	HSU	3:54.21

CALIFORNIA COLLEGIATE RANKING

Neff	McGhie	Fresno State	3:54.59
Dutch	Yerton	HSU	3:54.6
Rik	Provenzano	CS Northridge	3:54.66
Clay	Biddle	UC Irvine	3:54.75
Rio	Anderson	Hayward	3:55.2
Donnie	Johnson	Taft JC	3:55.5

3000m Steeplechase

Fred	Carter	Stan	8:54.45
Gary	Stolz	Stanford	8:56.0
Neff	McGhie	Fresno St	9:01.07
Reed	Elmore	HSU	9:04.75
Bryan	MacMillan	UC Santa Barb	9:10.1
Phil	Cox	Sonoma	9:16.07
Joe	Neff	SDSU	9:21.95
Matt	Johanson	SFSU	9:22.90
Jeremy	Redding	Shasta	9:24.22
Rio	Anderson	HSU	9:25.0
Mike	Tansley	CSU Fullerton	9:25.8
Brian	Hild	UC Irvine	9:26.04
David	Hesseltine	UCI	9:29.8
John	Bekmanis	Fresno St	9:32.00
Matt	Holloway	Hayward	9:33.83
Dan	Galindo	UC Irvine	9:34.77
Eban	Robinson	Westmont	9:36.51
Gus	Arce	PLNC	9:37.14
Larry	Hrovinger	UCD	9:37.5
Jerry	Stewart	Stan. St.	9:38.93
Phil	Kilbridge	UCD	9:39.2
Robert	Burnett	Chico	9:40.5
Jason	Carney	APU	9:40.94
Tony	Engels	Biola	9:43.31
Steve	Fong	CSU Long Bch	9:44.5

5000 Meters

Bobby	Soay	ARC	14:05.2
Gary	Stolz	Stan	14:08.63
Creighton	Harris	UCLA	14:21.27
Jamey	Harris	Fresno State	14:25.36
Scott	Pierce	Sonoma	14:42.9
Jim	Swinson	SDSU	14:45.23
Tony	Bergman	APU	14:48.25
Dirk	Vandepool	UCD	14:49.84
Matt	Gough	UCD	14:50.5
Ken	Brown	Son	14:52.01
Aaron	Mascorro	UC Irvine	14:52.34
Kenneth	Jansson	PLNC	14:53.22
Matt	Johanson	SFSU	14:53.8
Kevin	Baxter	Fresno St	14:54.49
Brian	Hild	UC Irvine	14:55.00
Clay	Biddle	UC Irvine	14:55.09
Jose	Serrano	CSU Fullerton	14:55.81
Steve	Frison	CSU Fullerton	14:56.61
Chip	Anderson	Son	14:57.01
Parker	Kelly	UCD	14:57.6
Tim	Coburn	Fresno St	14:58.05
Bryan	MacMillan	UCSB	15:00.91
Robert	Keter	PLNC	15:03.20
Steve	Brusig	Taft	15:03.5
Brett	Dobson	Taft	15:03.5
Ken	Hall	PLNC	15:04.14

10,000 Meters

Dave	Scudamore	Stanford	29:21.03
Scott	Pierce	Son	30:44.5
John	Maloney	Foothill	30:54.0

Brian	Hild	UC Irvine	30:59.14
Aaron	Mascorro	UCI	31:10.84
Ken	Brown	Son	31:14.5
Kevin	Baxter	Fresno State	31:15.0
Karl	Polivka	UCLA	31:16.6
Dan	Zoldak	WVC	31:17.54
Derek	Bork	Stan	31:22.2
Jose	Serrano	CSU Fullerton	31:24.0
Jeff	Cook	UCI	31:30.94
Chris	Hobson	HSU	31:32.3
Keith	Lewis	UCD	31:38.3
Tim	Coburn	Fresno State	31:40.0
Rob	Ladner	SDSU	31:47.19
Scott	Whitman	HSU	32:00.0
Tom	Castro	CSU Fullerton	32:02.0
Ken	Hall	PLNC	32:13.44
Ian	Blair	Sonoma	32:18.0
Chris	Douville	HSU	32:19.3
Jonathan	Stiles	Hayward	32:22.7
Brian	White	DVC	32:24.2
Lou	Ortiz	Hayward	32:29.9
Dan	Galindo	UC Irvine	32:33.44

110m High Hurdles

Mark	Crear	USC	13.48
Larry	Harrington	PC	13.93
Doug	Conner	CSU Long Bch	14.05
Robert	Foster	PC	14.06
Marty	Beck	UCLA	14.17
Peter	Simmon	Cal	14.29w
Marc	Kallick	UC Irvine	14.39
Ross	Flowers	UCLA	14.41
Brent	Burns	Cal	14.42
Stephan	King	UC Irvine	14.45
Jabari	Reynolds	Fresno St	14.56
Jason	Ricker	CSU Long Bch	14.59
George	Woods	CSLA	14.61
Regi	Johnson	UC Santa Barb	14.66
Robert	Premo	DVC	14.69
Ronnie	Skold	PLNC	14.73
Ray	Lauderdale	Chico	14.74
Rocky	Morris	San Jose CC	14.77
David	Fair	APU	14.79
David	Owens	CSU Long Bch	14.79
Brett	Hartley	Santa Rosa	14.84
Vaughan	Mealey	APU	14.87
Paul	Grenier	Stan. State	14.88
Kendall	Hoggatt	Fresno St	14.90
Peter	Kallick	UCSB	14.91

400m Int. Hurdles

Marty	Beck	UCLA	49.90
Martin	Cannady	USC	51.35
Andy	Sample	Cal	52.34
Keith	Williams	Taft JC	52.54
Keadrick	Washington	CSLA	52.60
Mark	Higgins	Cal	52.77
Nate	Wright	CS Northridge	52.79
Tim	Shields	UC Irvine	52.82
Al	Hart	CSU Long Bch	53.07
Kostas	Koutalas	PLNC	53.23
David	Fair	APU	53.30
Harley	North	Fresno State	53.34
Rocky	Morris	San Jose CC	53.44
Ray	Lauderdale	Chico	53.57
Rex	Speer	Chico	53.87
Stephan	King	UC Irvine	53.94
John	Kidd	CSU Fullerton	54.08

Jason	Jacques	UC Davis	54.31
Robert	Premo	DVC	54.36
John	Jump	Chico	54.39
Myron	Felix	SFSU	54.46
Jim	Farmer	Fresno St	54.49
Ken	Reynolds	WVC	54.52
Steve	Dirkse	Fresno St	54.66
Anthony	Roberts	CCSF	54.82

400 Meter Relay

USC	39.34
UCLA	40.20
APU	40.24
Cal	40.61
Fresno State	40.62
Taft JC	40.69
UC Irvine	40.71
San Jose CC	40.88
CS Northridge	41.21
CSLA	41.25
Chico St	41.33
Sacramento CC	41.47
Merritt	41.48
PLNC	41.54
SDSU	41.61
Humboldt St	41.62
Porterville	41.74
San Francisco St.	41.84
Contra Costa	42.01
Stanis St	42.21
CS Hayward	42.24
Hayward	42.24
Stanford	42.25
Diablo Vly	42.31
UCSB	42.34

1600 Meter Relay

UCLA	3:06.67
USC	3:07.95
Chico St	3:10.45
CSLA	3:10.98
UC Irvine	3:11.45
Taft CC	3:12.04
Sacramento CC	3:12.36
Merritt	3:12.49
Stan. St.	3:13.07
Cal	3:13.43
Fresno State	3:13.62
APU	3:15.71
SFSU	3:16.01
Porterville	3:16.11
CS Northridge	3:16.50
PLNC	3:16.71
CS Long Beach	3:17.28
San Jose CC	3:17.98
San Diego St	3:18.67
Humboldt St	3:18.8
Santa Rosa	3:19.02
Contra Costa	3:19.51
San Francisco CC	3:20.0
Sonoma St	3:20.7
DeAnza	3:21.84

High Jump

Coleman	Conroy	UC Santa Barb	7-02.5
Avery	Anderson	UCLA	7-011
Jon	Deberry	Taft CC	7-01.75

CALIFORNIA COLLEGIATE RANKING

Mark Wilson	UCLA	7-01.75
Undrae Walker	Hayward St	7-01.5
George Woods	CSLA	7-01.0
Tim Rucks	WVC	7-00.5
Gio Sprattling	Fresno St	7-00.5
Ron Walker	Stan. St.	7-00
Chris Olsson-O'Neil	CSLA	6-11.75
Kevin Keane	Cal	6-11.75
Travis Clark	Stan	6-11.75
Brian McCleery	CSLA	6-10.75
Jim O'Sullivan	Cal	6-10.75
Brad Milby	UCI	6-10.75
Dave Swanson	CS Northridge	6-10.50
Ben Beal	APU	6-10.0
Adolpho Lopez	Hartnell	6-10.0
David Bass	Fresno CC	6-10.0
Jeff Brown	Santa Rosa	6-10.0
Brent Miller	SacramentoCC	6-10.0
John Gamber	Hayward	6-08.75
Brock Chase	Hayward	6-08.75
Igor Fomine	Fresno St	6-08.75

Pole Vault

Brent Burns	Cal	18-01.25
David Cox	Fresno State	17-09.25
Jay Borick	UCLA	17-08.50
Jim Drath	Fresno State	17-06.50
Steve Slocum	UCLA	17-05.50
Vince Berestford	APU	17-01
Jay Bellinger	UCLA	17-0.75
Derek Oliver	Fresno St	17-0.5
Eric Klassen	USC	16-06.75
Todd Lehman	USC	16-06
Steve Slocum	UCLA	16-06
Vaughan Mealey	APU	16-04
Mavis Haley	Hayward St	16-02.0
Paul Friedenbach	Fresno St	16-00.0
Jason Yarborough	UCD	16-00.0
Mike Garcia	Fresno State	16-00.0
Jeremy Moore	Siskiyous	16-00
Tim Cockrell	APU	15-5
Brian Monroe	UCD	15-11.0
Allen Heintz	MPC	15-06.0
Gregor Neumann	UCI	15-05.0
Mike Hewitt	UC Irvine	15-05
Wes Stephens	APU	15-05
Darren Fraley	Fresno St	15-04.0
Scott Kirshbaum	SDSU	15-01.0

Long Jump

Reggie Jackson	Fresno St	24-11.0
Alonzo Levingston	Cal	24-09.25
Benjamin Koech	APU	24-09
Robert Foster	PC	24-07.0
Bill Primbs	UCD	24-07.0
McArthur Anderson	UCLA	24-04.50
Ronnie Skold	PLNC	24-04.5
William McCoy	CSLA	24-04.5
Charles Rogers	UCLA	24-03.75
Lee Adkins	Skyline	24-03.50
Roque Balina	UCI	24-01.5
Sam Watson	Fresno St	24-01.25
Andre Girley	Stan. St.	24-00.5
Kendall Hoggatt	Fresno St	24-00.25
Ray Lauderdale	Chico	23-11.75
Crispin Alapag	CS Long Bch	23-08.25
Robert Fisher	HSU	23-07
Charles Tyler	SDSU	23-05.5

Eric Ellis	SDSU	23-05.25
Donnell Williams	Taft	23-04.75
Steve Price	UCD	23-04.5
Jon Poggi	Chico	23-03.50
Ernest Morrell	UC S Barb	23-03.5
Phu Nguyen	UCI	23-03.25

Triple Jump

Reggie Jackson	Fresno St	55-02.0
Charles Rogers	UCLA	53-00.50
Benjamin Koech	APU	51-11.25
Joe Frank	Cal	51-09.25w
McArthur Anderson	UCLA	51-04.25
Khalidun Rucker	Fresno St	50-00
William McCoy	CSLA	50-00
Christian Andreasson	PLNC	50-0.75
Jamal Elmidge	USC	50-0.5
Donnie Williams	Taft CC	49-07.75
Tim Young	Son	49-03.5
Jess Henderson	CSFullerton	49-03.0
Paul Evans	Stan. St	49-01
Phu Nguyen	UC Irvine	49-01
Andre Girley	Stan. St	48-08.25
Ronnie Skold	PLNC	48-04.5
Ben Beal	APU	48-01
Robert House	Fresno CC	47-10.0
Derek Sourry	Northridge	47-06.5
Mike Jones	UCD	47-06.25
Craig Price	Hartnell	47-02.50
Lee Adkins	Skyline	47-01
Frank Smith	UCSB	46-10.5

Shot Put

John Godina	UCLA	63-08.25
Ramon Jimenez-Gaona	Cal	60-01
Joe Bailey	UCLA	59-05.5
Jason Wyatt	APU	56-01.0
Roshawn James	Fresno St	55-05
Tony Smiderle	Hay	54-05
Cary Cooper	Stan. St.	53-08
Per Karlsson	PLNC	53-07.50
Allen Babayon	UCD	53-04
Rodney Dickerson	HSU	53-03.0
Ryan Vierra	Northridge	53-00.25
Bonner Montier	SDSU	52-11
Keith Jones	Fresno St	52-05.5
Jared Wright	Fresno St	52-00.5
Al Haghighi	UC Irvine	51-08.25
Marc Harisay	Northridge	51-08
Gabe Allende	Hayward	51-08
Tom Rowe	Fresno St	51-00.0
Bruce Ventura	San JoseCC	50-03.0
Rich Brown	Northridge	50-02.5
Pat Mair	APU	50-01.50
Greg Farley	Son	49-10.5
Angelo Munoz	DVC	49-10.0
Rob Wagner	UCD	49-10.0
Joel Rogers	FPC	49-09.25

Discus Throw

Ramon Jimenez-Gaona	Cal	202-03.0
John Godina	UCLA	201-10.0
John Wirtz	Cal	185-11
Peter Schaffer	Cal	185-07.0
Erik Johnson	UCLA	184-11
Jamie Presser	UCLA	184-10
Pat Stowell	Stanford	178-02



REGGIE JACKSON

CSUF Sports Information Photo

Roshawn James	Fresno St	177-07.0
Matt Karsevar	Stanford	173-04.0
Rodney Dickerson	HSU	173-02
Rick Cox	Cal	170-7
Per Karlsson	PLNC	170-10
Robert Clark	CSLA	170-03
Rob Wagner	UCD	168-11
Ryan Vierra	Northridge	167-08
Cary Cooper	Stan. St.	167-07
Jeff Blakefield	UCD	159-01.0
Allen Babayon	UCD	159-00
Rich Brown	Northridge	158-09
Roman Slobodinskyj	UCI	157-10.0
Gabe Allende	Hayward	154-02.0
Pat Mair	APU	154-01
Mike Gonzales	Deanza	153-08
Tony Moore	CS Long Bch	153-03
Al Haghighi	UCI	153-00.0
Joey Taylor	UCD	152-06

Hammer

Per Karlsson	PLNC	231-03
David Popejoy	Stanford	208-03
Demian Luper	Cal	198-09
Greg Hodel	UCLA	197-08
Larry Johnston	APU	194-09
Toby Norwood	Stanford	194-02
Roshawn James	Fresno St	191-00
Robert Clark	CSLA	190-05.5
Tom Rowe	Fresno St	189-04
Jay Christofferson	UCSB	181-03
Brett Chappell	Fresno St	179-02
Ryan Vierra	Northridge	179-01
Joey Taylor	UCD	178-02
Damon Felice	WVC	174-09
Jared Wright	Fresno St	173-06
Cary Cooper	Stan. St.	166-10
Pat Mair	APU	164-11
Randy Herron	Fresno St	164-03
Rich Brown	Northridge	163-11
Robert Dilts	Shasta	162-02
Roman Slobodinskyj	UCI	161-10
Wade Whitney	Fresno St	159-08.0
Bill Bowers	DVC	159-06.0
Steve Stevens	UCD	159-01
Don Carpenter	HSU	159-00

CALIFORNIA COLLEGIATE RANKING

Javelin

David	Bunevacz	UCLA	246-10
Todd	Riech	Fresno St	244-10
Erik	Smith	UCLA	237-02
Gi	Carrillo	CS Northridge	222-02
Nils	Fearnly	UCSB	218-10
Garret	Noel	CS Northridge	216-02
John	Cummings	Cal	215-07
Christian	Andreasson	PLNC	207-03
Clint	Gertenrich	APU	205-03
Wayne	Bartelme	Son	204-05
Matt	Farmer	UC Irvine	200-11
Dave	Moore	UCD	198-11
Ryan	Rapoza	Chico	198-02
Jason	Pollock	Hancock	196-04
Cary	Cooper	Stan. St	195-05
Garth	Bender	Son	194-02
Jim	Miller	SDSU	192-07
Harold	Tower	UCSB	186-10
Horace	Samuels	CSLA	185-03
Jon	Poggi	Chico	185-00
John	Strong	Sisk	184-07
Chris	Harget	SDSU	184-03
Marcus	Wilson	Sac City	184-01
David	Burton	Chico	184-01
Stephen	Kallenberg	PLNC	182-09

Decathlon

Erik	Klassen	USC	7137
Matt	Farmer	UC Irvine	7117
James	Prestridge	USC	7038
Alex	Sharp	USC	7010
Ray	Lauderdale	Chico	6935
David	Fair	APU	6734
Brett	Tudsbury	Chico	6729
Stephan	Kallenberg	PLNC	6616
Vaughan	Mealey	APU	6569
David	Pope	APU	6548
Jon	Poggi	Chico	6407
Ryan	Rapoza	Chico	6345
David	Burton	Chico	6162
Frank	Christ	Chico	6155
Rick	Gordon	Chico	6145
Jason	Frudakis	CSU Long Bch	6113
Harold	Tower	UCSB	6091
Jeff	Spence	Chico	6000
Tony	Brunello	UCSB	5848
Jeff	Coyner	UCD	5835
Lane	Polete	Chico	5787
Rob	Fitzpatrick	UCD	5688
Steve	Coats	Biola	5591
Dusty	Boeger	UCD	5543
Mark	Cassayre	UCSB	5483

WOMEN

100 Meters

Inger	Miller	USC	11.16
Christy	Gaines	Stanford	11.17

Christy	Opara	CSLA	11.43
Melanna	Gray	USC	11.58
Darla	Vaughn	SDSU	11.62
Hemin	Joseph	Hancock	11.64
LaTina	Jones	USC	11.78
Charlotte	Vines	CS Northridge	11.81
Margo	Grant	CSLA	11.81
Felicia	Howard	CSLA	11.88
Desiree	Bracey	UC Irvine	11.91
Felicia	Harris	Hayward St	11.92
Jackie	Edwards	Stanford	11.96
Dee Dee	Small	CS Northridge	11.98
Rhonda	Colvin	Hay	11.99
Juan	Ball	HSU	12.02
Jesica	Casimir	Hay	12.04
Marieka	Veltman	UC Irvine	12.04
Dzifa	MackKwashie	PLNC	12.04
Lisa	Hunter	Fresno St	12.10
Anette	Thomas	ARC	12.14
Auwana	Brown	Taft JC	12.17
Amy	Mitchell	Santa Rosa	12.24
Jessica	Johnson	SFSU	12.27
Jeanene	Hamilton	UCD	12.29

200 Meters

Christy	Opara	CSLA	23.4
Christy	Gaines	Stanford	23.42
Inger	Miller	USC	23.43
LaTina	Jones	USC	23.72w
LaTina	Jones	USC	23.86
Melanna	Gray	USC	23.94w
Margo	Grant	CSLA	23.98
Jackie	Edwards	Stanford	24.19
Juan	Ball	HSU	24.21
Hemin	Joseph	Hancock	24.24
Marieka	Veltman	UC Irvine	24.34
Melanna	Gray	USC	24.35
Desiree	Bracey	UCI	24.38
Rhonda	Oliver	Stanford	24.44
Tanya	Dooley	Fresno St	24.52
Dzifa	Mac-Kwashie	PLNC	24.55
Janine	Stewart	SDSU	24.56
Lisa	Hunter	Fresno St	24.59
Felicia	Harris	HSU	24.64
Dee Dee	Small	CS Northridge	24.65
Cyndi	Hill	Fresno St	24.66
Charlotte	Vines	CS Northridge	24.69
Erin	McLaughlin	Chico	25.04
Jessica	Johnson	SFSU	25.06
Felicia	Howard	CSLA	25.07
Auwana	Brown	Taft JC	25.24

400 Meters

LaTina	Jones	USC	53.65
Tanya	Dooley	Fresno State	53.76
Margo	Grant	CSLA	54.30
Christy	Opara	CSLA	54.50
Janine	Stewart	SDSU	55.19
Janisha	Richardson	Fresno St	55.25
Marsha	Guido	CSLA	55.44
Joslyn	Mack	Cal	55.64
Erica	Prodanovich	SDSU	56.39
Juan	Ball	HSU	56.64
Cela McPherson-Taylor		CS Northridge	56.87
Jeanene	Hamilton	UCD	57.06
B. Guterac-Nethington		CSU Fullerton	57.2
Cheryl	Porter	CSLA	57.51
Angel	Mason	UC Irvine	57.78

Pam	Kurtela	UC Irvine	57.91
Lynnetra	Powell	UCD	58.11
Elizabeth	Onyambu	Biola	58.12
Andrea	Sansom	UCI	58.20
Michelle	Rodda	UCD	58.38
Aminda	Sloan	PLNC	58.44
Tonehia	Hodges	CSU Long Bch	58.62
Gniesha	Dinwiddie	UC Irvine	58.70
Lari	Friese	UCSB	58.90
Charlene	Falcis	UCD	59.04
K	Fillebrown	Stan St	59.18

800 Meters

Carrie	Luis	Stan. St	2:07.59
Laura	Baker	Cal	2:07.92
Elizabeth	Onyambu	Biola	2:08.65
Shannon	Lieder	Fresno St	2:08.68
Andrea	DellaMonica	UCLA	2:08.96
Glenda	Smith	UCLA	2:09.22
Marlene	Wilcox	CSLA	2:09.28
Kathi	Roldan	UCLA	2:10.26
Susan	Heffer	Stanford	2:10.63
Denise	Walker	HSU	2:11.0
Michelle	Rodda	UCD	2:11.01
Aimee	Cohon	Fresno State	2:11.82
Andrea	Sansom	UC Irvine	2:11.85
Nina	Lowery	CS Northridge	2:13.99
Lisa	Wiederin	Fresno State	2:14.10
Marlead	Looney	UC Irvine	2:14.44
Rayna	Cervantes	UCI	2:15.02
Jenee	Ellis	APU	2:15.60
Genevieve	Farnady	WVC	2:16.99
Julie	Thomas	UC Santa Barb	2:17.19
Socorro	Vazquez	CSLA	2:17.5
Noelle	Righter	Fresno State	2:17.5
Carolyn	Griffin	UC Irvine	2:17.74
Angel	Mason	UC Irvine	2:18.02
Michelle	Rivera	PLNC	2:18.15
Roberta	Moronez	UCI	2:18.45

1500 Meters

Shannon	Lieder	Fresno State	4:26.29
Beth	Bartholomew	UCLA	4:26.8
Marisad	Looney	UC Irvine	4:27.42
Elizabeth	Onyambu	Biola	4:28.50
Rayna	Cervantes	UC Irvine	4:30.22
Carrie	Luis	Stan. St	4:30.65
Denise	Walker	HSU	4:30.80
Karen	Hecox	UCLA	4:31.82
Jenee	Ellis	APU	4:35.00
Janet	Bowie	Cal	4:36.40
Julie	Thomas	UC Santa Barb	4:37.03
Melissa	Freeburg	Stanford	4:37.47
Kristin	Peters	CSU Fullerton	4:37.9
Michelle	Rodda	UCD	4:38.73
Noelle	Righter	Fresno St	4:39.38
Brooke	Mabe	CSU Long Bch	4:39.50
Heather	Killeen	CSU Fullerton	4:41.1
Jennifer	Cleary	Foothill	4:41.34
Suzie	Jones	UCD	4:41.69
Lucinda	Reyes	CSU Fullerton	4:42.3
Ruth	Viramontes	CSU Fullerton	4:42.7
Roberta	Moronez	UC Irvine	4:42.73
Michelle	Lubinsky	Westmont	4:42.78
Janell	Dovallina	CSU Fullerton	4:43.0
Natalie	Gage	Stan. St	4:43.24
Cynthia	Carlson	Chico	4:43.9

CALIFORNIA COLLEGIATE RANKING

3000 Meters

Beth	Bartholomew	UCLA	09:36.4
Marleah	Looney	UCI	09:49.32
Heather	Killeen	CSU Fullerton	09:50.1
Traci	Goodrich	UC Irvine	09:51.24
Kristin	Peters	CSU Fullerton	09:55.46
Julie	Verke	Fresno St	09:55.76
Dina	Farage	Fresno St	09:59.40
Jennifer	Cleary	Foothill	10:00.54
Tiffany	York	UC Irvine	10:00.84
Elizabeth	Onyambu	Biola	10:01.50
Brooke	Mabe	CSU Long Bch	10:01.83
Denise	Walker	HSU	10:03.0
Jennifer	Feller	UCD	10:04.30
Vanessa	Couch	PLNC	10:04.58
Jenee	Ellis	APU	10:05.90
Rayna	Cervantes	UC Irvine	10:08.64
Janell	Dovalina	CSU Fullerton	10:09.5
Susan	Carey	Stan. St	10:10.0
Chrystee	Perkins	SDSU	10:10.71
Michelle	Lubinsky	Westmont	10:11.04
Sita	Jones	UC Irvine	10:12.11
Teresa	Clark	UCD	10:13.5
Julie	Dyson	Sonoma	10:15.1
Kim	Ojeda	CSLA	10:18.5

5000 Meters

Traci	Goodrich	UC Irvine	16:39.41
Janet	Bowe	Cal	16:51.96
Kristin	Peters	CSU Fullerton	16:52.72
Dina	Farage	Fresno St	16:58.56
Elizabeth	Pmuabi	Biola	17:04.25
Julie	Verke	Fresno St	17:11.35
Janell	Dovalina	CSU Fullerton	17:13.9
Rayna	Cervantes	UC Irvine	17:16.04
Heather	Killeen	CSU Fullerton	17:16.1
Vanessa	Couch	PLNC	17:18.04
Jennifer	Ashe	UCLA	17:24.64
Sita	Jones	UC Irvine	17:25.34
Tiffany	York	UC Irvine	17:25.83
Chrystee	Perkins	SDSU	17:26.78
Susan	Carey	Stan. St	17:27.6
Jennifer	Cleary	Foothill	17:28.0
Rosa	Cazares	CSLA	17:31.4
Teresa	Clark	UCD	17:37.0
Jade	Preato	UC Irvine	17:40.86
Michelle	Lubinsky	West.	17:41.35
Brooke	Mabe	CSU Long Bch	17:41.39
Beth	Mercier	Westmont	17:58.82
Jennifer	Feller	UCD	18:06.0
Julie	Dyson	Son	18:06.0
Cynthia	Carlson	Chico	18:06.48
Kami	Howden	CSU Fullerton	18:16.1

10,000 Meters

Traci	Goodrich	UCI	34:19.24
Janet	Bowe	Cal	34:33.5
Dina	Farage	Fresno State	34:36.9
Julie	Verke	Fresno State	36:16.1
Susan	Carey	Stan. St	36:26.0
Janell	Dovalina	CSU Fullerton	36:29.71
Cynthia	Carlson	Chico	36:30.6
Jade	Preato	UCI	36:33.94
Mary	Schumacher	CSU Long Bch	36:42.4
Teresa	Clark	UCD	37:41.4
Gloria	Barron	UCLA	37:55.0
Eva	Belt	Fresno State	38:47.4
Julie	Stal	Chico	38:50.5

Beth	Mercier	Westmont	38:51.0
Kelly	Coster	CSU Long Bch	39:30.21
Debbie	Bedal	39:33.3	39:33.3
Gerry	Seymour	HSU	40:06.0
Maria	Andrade	HSU	40:15.5
Susie	Dondrio	HSU	40:37.2
Estella	Romo	Chico	40:53.0
Kika	Pellegin	HSU	41:47.4
Shawn	Hartless	SDSU	41:57.12

100m High Hurdles

Daria	Vaughn	SDSU	13.14
Rhonda	Colvin	Hay	13.40
Laurie	Smith	Cal	13.58
Felice	Lipscomb	USC	13.62
Marsha	Gulardo	CSLA	13.66
Monica	Missick	Fresno St	13.73
Michelle	DeCoux	USC	13.83
Jessica	Johnson	SFSU	14.01
Erin	Morris	CS Northridge	14.04
Felicia	Harris	Hayward St	14.10
Ambre	Thompson	CSU Long Bch	14.14
Tanya	Smith	USC	14.19
Marleka	Veltman	UC Irvine	14.22
Andrea	Burnside	SDSU	14.23
Jessica	Casimir	Hay	14.34
Alica	Armstrong	Taft JC	14.62
Kristi	Kaufmann	UC Irvine	14.84
Erica	Prodanovich	SDSU	14.88
Anna	Mark	PLNC	14.88
Lisa	Colett	Hay	14.89
Stephanie	Williams	SDSU	14.96
Rebecca	Thomas	UCSB	15.00
Gigi	Gullrand	Hayward	15.02
Bridget	Taylor	SFSU	15.03
Tonia	Coleman	HSU	15.27

400m Interm. Hurdles

Michelle	DeCoux	USC	0:57.05
Erica	Prodanovich	SDSU	0:59.05
Felice	Lipscomb	USC	0:59.44
Roslyn	Mack	Cal	0:59.82
Rhonda	Colvin	Hay	1:00.54
Keisha	Marvin	UCLA	1:01.09
Sheila	Burrell	UCLA	1:01.33
Jessica	Casimir	Hay	1:01.67
Laurie	Smith	Cal	1:01.70
Christy	Boyd	Stanford	1:01.84
Anna	Rydell	PLNC	1:03.00
Tonia	Coleman	HSU	1:03.16
Annie	Lunsman	CSLA	1:03.4
Maddie	Liseblad	PLNC	1:03.53
Monica	Missick	Fresno St	1:03.79
Tami	Olson	UCSB	1:04.11
Diana	Pacheco	APU	1:04.28
Erin	Morris	CS Northridge	1:04.41
April	Anderson	UCD	1:04.84
Angel	Mason	UC Irvine	1:04.94
B. Guterac	Nettingham	CSU Fullerton	1:05.13
Stephanie	Williams	SDSU	1:05.16
Carrie	Lawson	Son	1:05.90
Taun	Jackson	ARC	1:05.94
Jennifer	Sperling	Fresno St	1:06.16

400 Meter Relay

USC	44.07
Stanford	45.56
UC Irvine	46.24

Fresno State	46.45
CS Northridge	46.48
UCLA	46.92
CS Hayward	47.22
SDSU	47.51
Taft JC	47.64
Cal	47.86
CSU Long Beach	47.89
UC Davis	48.27
PLNC	48.33
Stan. St	48.78
Humboldt St	48.99
San Francisco	49.24
Chico St	50.01
Hancock	50.04
APU	50.13
Biola	50.20
Diablo Valley	50.22
Monterey	50.83
San Jose CC	51.57
Chabot	51.70
Hartnell	51.93

1600 Meter Relay

CS Los Angeles	3:40.98
USC	3:43.93
UCLA	3:43.99
Fresno State	3:45.30
SDSU	3:47.29
San Mateo	3:47.66
Cal	3:48.55
Stanford	3:48.65
UC Davis	3:49.86
CS Hayward	3:51.08
UC Irvine	3:54.10
CS Northridge	3:55.26
PLNC	3:55.60
Stan. St	3:58.30
Humboldt St	4:00.3
APU	4:04.27
Biola	4:05.04
SFSU	4:05.12
CSU Long Beach	4:07.28
Westmont	4:21.32
Chico St	4:22.2
Sonoma St	4:23.5
Fresno Pacific	4:25.48

High Jump

Lori	Svoboda	CSU Long Bch	5-11.25
Liz	Bauer	UC Irvine	5-08.0
Mary	Prince	UCD	5-07.5
Larissa	Roostee	Fresno State	5-07.0
Alana	VanWinkle	Fresno St	5-07
Lisa	Gill	CS Northridge	5-06.0
Terry	Wasson	CS Northridge	5-06.0
Brooke	Knight	FPC	5-06
Terri	Pruitt	APU	5-06
Marleka	Veltman	UC Irvine	5-05.0
Deedee	Balch	COS	5-05.0
Amy	Gale	UCD	5-05
Sonya	Sencik	UCD	5-05
Kelly	Barnes	Westmont	5-05
Lori	Buettner	CSU Long Bch	5-04.5
Monica	Missick	Fresno St	5-04.25
Maggie	Benson	UC Santa Barb	5-04.0
Annemarie	Travis	Deanza	5-04
Sarah	Beesley	Yuba	5-04
Lisa	Watley	Hay	5-04

CALIFORNIA COLLEGIATE RANKING

Carrie	Glockel	Hayward	5-04
Jenny	Delroy	SDSU	5-03
Pinder	Baldwan	SFSU	5-02
Debbie	Wackeen	CSLA	5-01



LORI SVOBODA

Photo by Bill Cockerham

Long Jump

Christy	Opara	CSLA	22-00.75
Jackie	Edwards	Stanford	21-08.75
Marieka	Veltman	UC Irvine	20-09.75
Roshanda	Glenn	UCLA	19-11
Ambre	Thompson	CSULong Bch	19-06.50
Tara	Didyk	Fresno St	19-03.50
Amey	Mitchell	Santa Rosa	19-02.0
Anna	Mark	PLNC	19-02
Felicia	Harris	HSU	19-01
Angie	Scott	CSULong Bch	18-09.75
Kristi	Kaufmann	UC Irvine	18-08.75
Cindy	Noriege	SDSU	18-08.75
Traycee	Caldwell	CSU Fullerton	18-08.25
Kristen	Kulow	Fresno St	18-07.25
Shelinda	Skamp	Chico	18-06
Heidee	Ruiz	APU	18-05
Lisa	Colett	Hay	18-04.75
Kim	Young	CS Northridge	18-03.75

Tonehia	Hodges	CSULong Bch	18-03.75
April	Cochrane	Hayward	18-03.75
Tammy	Beckley	Fresno St	18-03.75
Lori	Svoboda	CSULong Bch	18-03.0
Tammy	Graham	UCD	18-02.75
Bridget	Taylor	SFSU	18-02.50

Triple Jump

Roshanda	Glenn	UCLA	43-02.5
Jackie	Edwards	Stanford	43-0.5
Felicia	Harris	Hayward St	41-09.75
Tara	Didyk	Fresno St	40-02.25
Althea	Moses	UCLA	39-6
Chi	Johnson	Cal	39-09.75w
Tammy	Graham	UCD	39-06.75
Dana	Weeks	Stanford	39-05.75
Alison	Calicoate	Stanford	39-05
Anna	Lee	Stanford	39-01
Tammura	Hawthorne	CSULong Bch	38-10.25
Kristen	Kulow	Fresno St	38-06.25
Allison	Franke	USC	38-00.25
Chi	Johnson	Cal	38-00.25
Allison	Franke	USC	38-0.25
Stacey	Lyles	Fresno St	37-11.25
Anna	Mark	PLNC	37-11
Carol	Myszkowski	Chico	37-10.75
Lynette	Parker	CSU Long Bch	37-09.50
Florence	Adu	Stanford	37-09.25
Dawn	Smith	Stan. St	37-06.25
Jennifer	Delroy	SDSU	37-03.25
Anna	Mark	PLNC	37-03
Tanya	Lynch	CS Northridge	37-02.50
Stefanie	Hartl	DVC	37-00

Shot Put

Dawn	Dumble	UCLA	56-11.50
Jennifer	Whelchel	UCLA	49-11
Jennifer	Viavia	Fresno St	46-07
Brandi	Gail	CSLA	46-06
Nicole	Logan	CS Northridge	45-07.75
Marc	Kallick	UC Irvine	45-05.0
Suzie	Greganic	CSU Long Bch	44-11.5
Heidee	Ruiz	APU	44-05.25
Lori	Rodriguez	Fresno St	43-11.0
Lorraine	Seller	Fresno St	43-08.50
Teresa	Stricklin	CS Northridge	43-05.75
Julie	Dejarlais	SDSU	43-01.75
Talafulu	Misa	Fresno St	42-03.50
Missy	Maloata	Deanza	42-00.50
Jennifer	Rowley	Stan. St	41-11.25
Kristin	Dunn	CS Northridge	41-06.50
Sarah	Andrews	UC Irvine	40-09.50
ShaRon	Jones	Stan. St	40-08.50
Julie	Murphy	HSU	40-07.0
Essie	Moore	Stan St	40-05
Susanne	Herte	SDSU	40-02
Tanisha	Huddleston	COS	39-09.50
Tracy	Meadors	FPC	39-06.50
Dara	Wright	Fresno CC	39-06.25

Discus Throw

Dawn	Dumble	UCLA	184-03
Talafulu	Misa	Fresno St	162-08.0
Jennifer	Whelchel	UCLA	161-03
Sarah	Andrews	UC Irvine	160-09
Brandi	Gail	CSLA	158-07.0

Micheline	Sheaffer	UC Santa Barb	158-03.0
Allison	Franke	USC	158-02
Teri	Ortega	USC	155-04
Candy	Roberts	UCLA	153-10
Annette	Kalihiwa	Cal	151-07
Lorraine	Seller	Fresno St	151-01.0
Kimya	Phillips	CSLA	149-04.0
Jennifer	Viavia	Fresno St	149-01
Julie	Dejarlais	SDSU	148-03.0
Constance	Speseri	Chico	147-08.0
Julie	Rise	Stan. St	144-09
Jodie	Warr	CS Northridge	144-03.0
Suzie	Greganic	CSU Long Bch	143-10.0
Nicole	Logan	CS Northridge	142-09.0
Paula	Samento	UCD	142-04.0
Tracy	Meadors	FPC	140-06
Teresa	Sticklin	CS Northridge	139-03.0
Heidee	Ruiz	APU	138-0
Kristi	Dunn	CS Northridge	136-11.0
Suzanne	Herte	SDSU	134-10.0

Javelin Throw

Allison	Franke	USC	160-09
Jennifer	McCormick	San Mateo	151-11
Kristi	Dunn	CS Northridge	150-03.0
Colleen	MacCotter	CSLA	148-09
Tiffany	Janssen	DVC	147-03
Alicia	Harasty	PLNC	137-10
Karen	Tiner	Fresno St	134-06.0
Julie	Hales	Hay	134-00.0
Linda	Standring	SDSU	130-05.0
Essie	Moore	Stan. St	130-05
Christy	Smith	Hartnell	129-00
Lisa	Gill	CS Northridge	128-03.0
Kristi	Kaufmann	UC Irvine	128-00.0
Heidee	Ruiz	APU	122-08
Francie	Bynum	Chico	121-09.0
Tamara	Haack	Stan St	120-06
Dawn	Marusov	UCSB	120-04.0
Lori	Rodriguez	Fresno St	119-03.0
Tonya	Wolf	Hay	119-02.0
Jodie	Warr	CS Northridge	118-11.0
Michelle	Stranahan	Son	118-11
Nancy	O'Donnell	Sonoma	118-09
Marieke	Veltman	UCI	118-01.0
Constance	Spesert	Chico	117-07.0
Jill	Camron	Fresno St	117-06.0

Heptathlon

Marieka	Veltman	UC Irvine	5366
Kristi	Kaufmann	UC Irvine	5179
Allison	Franke	USC	4868
Tanya	Smith	USC	4555
Erin	McLaughlin	Chico	4447
Lisa	Colett	Hayward St	4321
Shelinda	Skemp	Chico	4208
Dore	Dangles	APU	4017
Tanya	Iwankovitsch	Chico	3976
Pinder	Baldwan	SFSU	3947
Lisa	Moxley	CSU Long Bch	3893
Sydney	Dull	Stan. St.	3864
Nancy	O'Donnell	Chico	3257



LESA PARKER

Photo by Burt Davis

This list contains the best California high school marks of the 1992 prep season. The current United States leader or the best mark outside of California is listed at the end of the event.

Symbols: =Senior, *=Junior, **=Sophomore, ***=Freshman, c=converted mark, i=indoor.

Please send Northern California results to Keith Conning, 2235 Browning Street, Berkeley, CA 94702-1823, and Southern California results to Doug Speck, 563 N. Willowgrove, Glendora, CA 91740. Please be sure to specify if timing is hand or automatic, and indicate if events are wind-aided.

Boys

100 Meters

10.62	Washington (Southwest, SDS)
10.63	Volson (Merced, SJS)
10.68	Lewis (Highlands, SJS)
10.71	Turner (Mt. Pleasant, CCS)
10.77	Lewis (Wilcox, CCS)

California High School Best Marks This Season

Compiled by Keith Conning

Marks received by April 15, 1992

10.77	Hammond (Lincoln, SDS)
Wind-aided:	
10.74	Harzman (Glendale, SS)
	<u>United States Leader (outside CA):</u>
10.64	Gilbert Grantlin (Glades Central, Belle Glade, FL)

1:55.40	Garcia (Roosevelt, CS)
1:55.44	White (Muir, SS)
1:55.68	Steip (Peninsula, SS)
	<u>United States Leader (outside CA):</u>
1:52.55	Mike Schroer (Clarkstown So., West Nyack, N.Y.)

200 Meters

21.46	Bradley (Pius X, SS)
21.62	Harzman (Glendale, SS)
21.68	Evans (Vallejo, SJS)
21.73	Hammond (Lincoln, SDS)
21.74	Madu (McAteer, SFS)
21.74	Lewis (Wilcox, CCS)
21.76	Volson (Merced, SJS)
21.80	Washington (Southwest, SDS)
21.90	Shepard (Lincoln, SFS)
21.96	Coleman (Locke, LAS)
Wind-aided:	
21.32	Dupree (Mt. Pleasant, CCS)
21.64	Evans (Vallejo, SJS)
21.65	Lewis (Wilcox, CCS)
21.68	Turner (Mt. Pleasant, CCS)
21.6	Washington (Southwest, SDS)
21.90	Williams (Independence, CCS)
	<u>United States Leader:</u>
21.40i	Jermaine Lewis (Roosevelt, Green Belt, MD)

1,500 Meters

3:54.13	Das Neves (Helix, SDS)
3:55.9	Wilkinson (Merced, SJS)
3:57.6	J. Wilson (Newbury Park, SS)
3:57.8	Lindsey (Peninsula, SS)
3:57.8	R. Wilson (Agoura, SS)
3:59.53	Tressler (San Marcos, SS)
4:00.25	Casillas (Hoover, SS)
4:01.83	Luce (Royal, SS)



**BRIAN WOODWARD (left)
& NATHAN WOODS**

Photo by Burt Davis

400 Meters

46.68	Shepard (Lincoln, SFS)
46.72	Dupree (Mt. Pleasant, CCS)
47.78	Johnson (Mission San Jose, NCS)
47.98	Williams (Independence, CCS)
48.2	Bower (Madera, CS)
48.44	Wilson (St. Mary's, NCS)
48.61	Woodard (Long Beach Poly, SS)
48.75	Burks (Lompoc, SS)
48.81	Davis (Valley, SJS)
48.83	Harzman (Glendale, SS)
48.83	Davis (Santa Ana Valley, SS)
48.88	Sullivan (St. Mary's, NCS)
49.0	White (Sanger, CS)
	<u>United States Leader:</u>
46.4	Danny McCray (Elision, Killeen, TX)

800 Meters

1:50.76	Woodward (Long Beach Poly, SS)
1:51.24	Hughes (Stagg, SJS)
1:52.57	Armour (Bakersfield, CS)
1:53.83	Woods (Duarte, SS)
1:54.10	Lopez (North, CS)
1:54.27	Katri (Fortuna, NCS)
1:54.41	Robeson (Mt. Carmel, SDS)
1:54.76	Steip (Peninsula, SS)
1:54.98	Lopez (Fillmore, SS)
1:55.39	Wilkinson (Merced, SJS)

4:02.9	Wenger (Mira Mesa, SDS)
4:03.09	Valdez (Simi Valley, SS)
	<u>United States Leader (outside CA):</u>
3:58.7	-Eric O'Brien (Westminster, Atlanta, GA)

PREP BEST MARKS

1,600 Meters

4:11.17	Wilkinson (Merced, SJS)
4:12.44	J. Wilson (Newbury Park, SS)
4:12.77	R. Wilson (Agoura, SS)
4:13.16	Tressler (San Marcos, SS)
4:14.38	Reyes (Lakewood, SS)
4:15.11	Katri (Fortuna, NCS)
4:15.74	Lindsay (Peninsula, SS)
4:17.5c	Arnold (York, CCS)
4:17.72	Keim (San Pasqual, SDS)
4:17.9c	McManus (St. Ignatius, CCS)
4:18.72	Sallberg (Muir, SS)
4:19.0	Jones (Livermore, NCS)
4:19.8	Martinez (San Gabriel, SS)
4:19.86	Kennedy (East, CS)
4:20.06	Holman (Sonora, SJS)
<u>United States Leader:</u>	
4:10.17	-Eric O'Brien (Westminster, Atlanta, GA)

3,000 Meters

8:30.7	Martinez (San Gabriel, SS)
8:35.0	Casillas (Hoover, SS)
8:35.3	Grossman (Hart, SS)
8:38.6	Romero (San Pasqual, SDS)
8:41.7	Reyes (Lakewood, SS)
8:43.04	Hammer (Covina, SS)
8:43.1	Mitchell (South Hills, SS)
8:45.1	Lindsay (Peninsula, SS)
8:45.2	Serrano (Pt. Loma, SDS)
8:51.6	Ellington (Milpitas, CCS)
8:52.6	Sandu (Gunderson, CCS)
8:58.06	Butman (Etiwanda, SS)
8:58.17	Vega (Hoover, SS)
<u>United States Leader (outside CA):</u>	
8:43.8	Gonzalez (Bishop Ford, Brooklyn, N.Y.)

3,200 Meters

9:02.82	Martinez (San Gabriel, SS)
9:04.02	Das Neves (Helix, SDS)
9:08.93	Casillas (Hoover, SS)
9:09.83	Grossman (Hart, SS)
9:13.49	Reyes (Lakewood, SS)
9:15.51	Romero (San Pasqual, SDS)
9:16.4	Lindsay (Peninsula, SS)
9:17.51	Mitchell (South Hills, SS)
9:19.4	Serrano (Pt. Lomas, SDS)
9:19.65	Brewer (North, CS)
9:19.70	Elizondo (Mission Bay, SDS)
9:21.39	De La Cerdia (Hart, SS)
9:23.5	Wilson (Agoura, SS)
9:24.5c	Monk (Fairfield, SJS)
9:24.9	Tressler (San Marcos, SS)
9:25.5	Lynch (Laguna Hills, SS)
<u>United States Leader (outside CA):</u>	
9:06.44	Gomes (Bell, Hurst, TX)

110 Meter High Hurdles

14.35	Smith (Hawthorne, SS)
14.44	Moten (Loyola, SS)
14.2	Ford (Diamond Bar, SS)
14.61	Banner (Birmingham, LAS)
14.76	Bagley (Lemoore, CS)

14.82	Hale (St. John Bosco, SS)
14.83	Ruffin (St. Francis, CCS)
14.89	Williams (Independence, CCS)
14.90	Stokes (Thacher, SS)
14.95	Fulton (Mt. Pleasant, CCS)
<u>Wind-aided:</u>	
14.57	Woods (Roosevelt, CS)
14.90	Brockington (Stagg, SJS)
14.96	Perryman (Lemoore, CS)
<u>United States Leader:</u>	
14.22	Jones (Merritt Island, FL)

300 Meter Interm. Hurdles

37.86	Smith (Hawthorne, SS)
38.40	Moten (Loyola, SS)
38.3	Muniz (Woodbridge, SS)
38.84	Fitzhugh (Wilson, LB, SS)
38.92	Ford (Diamond Bar, SS)
38.7	Peck (Irvine, SS)
39.36	Banner (Birmingham, LAS)
39.36	Swan (St. Ignatius, CCS)
39.2	Crane (Dana Hills, SS)
<u>United States Leader:</u>	
37.0	-Derris Wilmington (Dulles, Sugar Land, TX)

4 x 100 Relay

41.65	Mt. Pleasant, CCS
41.65	Muir, SS
41.97	Vallejo, SJS
41.98	Hawthorne, SS
42.0	Morningside, SS
42.20	Valley, SJS
42.31	Wilcox, CCS
42.33	Merced, SJS
42.34	Logan, NCS
42.37	Fontana, SS
42.3	Highland, SJS
42.52	St. Mary's, NCS
42.52	Long Beach Poly, SS
<u>United States Leader:</u>	
40.63	Reagan, Austin, TX

4 x 400 Relay

3:16.10	Morningside, SS
3:16.3	St. Mary's, NCS
3:17.76	Foothill, S.A., SS
3:18.51	Muir, SS
3:19.18	Dorsey, LAS
3:19.26	Hawthorne, SS
3:19.89	Mt. Pleasant, CCS
3:20.37c	Long Beach Poly, SS
3:20.40	Belmont, LAS
3:20.62	Bakersfield, CS
3:20.78	Santa Ana Valley, SS
3:20.92	Alta Loma, SS
3:22.2	Wilson, L.B., SS
3:22.22	Dominguez, SS
3:22.3	Bishop O'Dowd, NCS
3:22.5	Burbank, SJS
<u>United States Leader:</u>	
3:11.8	Johnson, Austin, TX

High Jump

6-11i	Davidson (California, NCS)
6-10 1/4	Childers (Woodland, SJS)
6-10 1/4	Williams (Yuba City, SJS)
6-10	Belony (Del Mar, CCS)
6-10	Greenberry (Cabrillo, SS)
6-9	Nyberg (Mt. Whitney, CS)
6-9	Haynes (Corcoran, CS)
<u>United States Leader:</u>	
7-1 3/4	*Sam Hill (New Smyrna Beach, FL) and -Mike Ledet (Morgan City, LA)

Pole Vault

15-6	Phelps (Christian Brothers, SJS)
15-5	Lino (Liberty, NCS)
15-4	Slover (Leland, CCS)
15-4i	Brown (Terra Linda, NCS)
15-3	Vance (Los Gatos, CCS)
15-0	Johnson (El Dorado, SJS)
14-6	Caulkins (Tamalpais, NCS)
14-6	Buddin (Orange Glen, SDS)
14-6	Van Sluis (El Modena, SS)
14-6	Gehrke (Diamond Bar, SS)
<u>United States Leader:</u>	
17-0 1/4	-Daren McDonough (Edwardsville, IL)

Long Jump

24-3 3/4	Purdue (Valley, SJS)
23-4 1/2	Gumbs (Bishop O'Dowd, NCS)
23-2 1/4	Janoski (Corona, SS)
23-1 3/4i	Dreher (Antelope Valley, SS)
22-11 3/4	Adams (Fontana, SS)
22-11	Hicks (Wilson, LB, SS)
22-9 1/2	Ragland (Tulare Western, CS)
22-9	Bishop (Taft, SS)
22-7 3/4	Smith (Edison, CS)
22-7 1/4	Stokes (Thacher, SS)
22-7	Taylor (Morse, SDS)
22-6 1/4	Baptista (Caruthers, CS)
<u>Wind-aided:</u>	
23-3	Ridgeway (Lynwood, SS)
22-10 3/4	Wright (North Monterey County, CCS)
<u>United States Leader:</u>	
25-11 1/2	-Sheddric Fields (South Oak Cliff, Dallas, TX)

Triple Jump

49-8 1/2	C. Taylor (Morse, SDS)
48-3 1/2	Howell (Long Beach Poly, SS)
47-7	G. Taylor (Morse, SDS)
47-6 3/4	Feddema (Fremont, CCS)
47-3 1/2	Batiste (Banning, LAS)
47-2	Baskin (Helix, SDS)
46-11 3/4	Ikpeowo (Wilson, LB, SS)
46-11 1/2	Massey (Long Beach Poly, SS)
46-8 1/2	Parrish (Marina, HB, SS)
46-4 3/4	Gumbs (Bishop O'Dowd, NCS)
46-4 1/4	Wright (North Monterey County, CCS)
46-4	Green (Muir, SS)
46-4	McBride (Morningside, SS)
46-0 1/4	White (Muir, SS)
46-0 1/4	Perry (Mira Mesa, SDS)

continued next page...

PREP BEST MARKS

United States Leader:

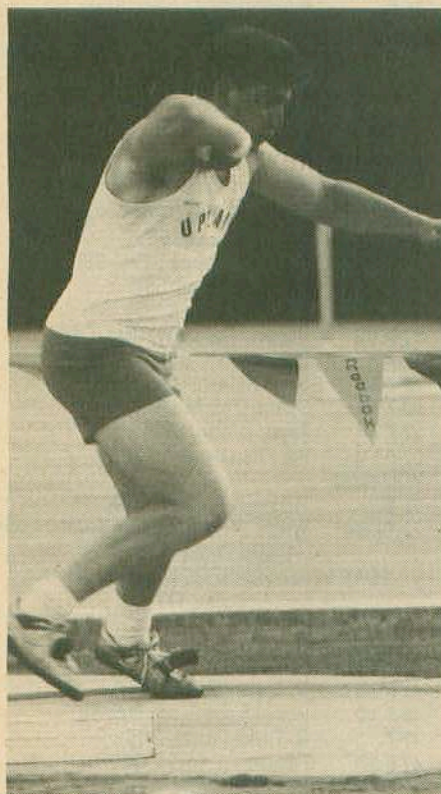
51-3 1/4 **Andre Scott (Seminole, Sanford, FL)

Shot Put

62-10	Lingenfelter (Upland, SS)
60-1 1/4	Buckey (Bakersfield, CS)
56-10	Swanson (San Benito, CCS)
56-10	Cienega (Escondido, SS)
56-8 3/4	Macuso (Newport Harbor, SS)
56-5 1/4	Smith (Crespi, SS)
55-7 3/4	Glock (Nogales, SS)
55-7 1/2	Dossey (St. Ignatius, CCS)
55-4 1/2	Torre (Notre Dame, R, SS)
54-10 1/2	Zasimczuk (St. Ignatius, CCS)
54-9	Keyes (Corcoran, CS)
54-7 1/4	Haug (Homestead, CCS)
54-2	Reyes (Los Altos, SS)
54-2	Mosman (Cordova, SJS)

United States Leader:

66-7 -Ceasar O'Neal (Huntsville, TX)



TYSON LINGENFELTER

Photo by Bill Cockerham

Discus

208-11	Buckey (Bakersfield, CS)
194-10	Torre (Riverside, SS)
180-7	Wainwright (South, CS)
177-2	Werth (Ventura, SS)

175-4	Swanson (San Benito, CCS)
173-9	Lingenfelter (Upland, SS)
172-1	Zasimczuk (St. Ignatius, CCS)
168-8	McKeown (Newbury Park, SS)
167-0	Mulitalo (Jefferson, CCS)
165-10	Kirschke (Esperanza, SS)
165-8	Pease (Trabuco Hills, SS)
165-0	Robinson (Bellarmine, CCS)
163-6	Koch (El Capitan, SDS)
163-1	Dossey (St. Ignatius, CCS)

United States Leader (outside CA):

194-4 -Matt Lepsis (Frisco, TX)

Girls

100 Meters

11.51	Jones (Thousand Oaks, SS)
11.89	Parker (Bishop O'Dowd, NCS)
11.94	Anderson (Long Beach Poly, SS)
12.03	Haddad (Long Beach Poly, SS)
12.13	Sumpter (Muir, SS)
12.18	Strickland (Merced, SJS)
12.28	Lowe (Edison, CS)
12.29	Bedford (Highlands, SJS)
12.31	Sims (Etiwanda, SS)
12.35	Pieslau (Menlo-Atherton, CCS)
12.35	Conwright (Dorsey, LAS)

Wind-aided:

12.26 White (Logan, NCS)

United States Leader (outside CA):

11.83 *Casey Custer (Martin, Arlington, TX)

200 Meters

23.43	Jones (Thousand Oaks, SS)
24.17	Parker (Bishop O'Dowd, NCS)
24.87	Jackson (Bakersfield, CS)
24.93	Sullivan (Serra, SDS)
25.03	Sumpter (Muir, SS)
25.09	Brooks (Pius X, SS)
25.13	Ferguson (Independence, CCS)
25.14	Pieslau (Menlo-Atherton, CCS)
25.17	Jayasinga (Arcadia, SS)
25.31	Henderson (Morse, SDS)
25.32	Vigilante (Long Beach Wilson, SS)
25.35	Conwright (Dorsey, LAS)
25.38	Miller (Westridge, SS)
25.38	Dring (Mt. Carmel, SDS)

United States Leader (outside CA):

24.01 -Monica Davenport (Madison, Dallas, TX)

400 Meters

54.44	Jones (Thousand Oaks, SS)
54.7	Nichols (Bakersfield, CS)
56.61	McCamish (Torrance, SS)
56.69	Crummie (Hogan, SJS)
56.6	Pieslau (Menlo-Atherton, CCS)
56.6	McLin (Eisenhower, SS)
57.12	Jones (San Marcos, SS)
57.2	Prothro (Long Beach Poly, SS)

57.35 Gilliam (Pittsburg, NCS)

57.49 Baldwin (Logan, NCS)

United States Leader (outside CA):

54.85i ***Jowanna McMullen (IS 342, Brooklyn, N.Y.)

800 Meters

2:11.57	Marzell (Bishop O'Dowd, NCS)
2:12.15	Mayberry (St. Bernard, SS)
2:12.66	Shaw (Fillmore, SS)
2:13.42	Woolheater (Casa Grande, NCS)
2:14.31	Miller (North, CS)
2:14.53	Engesser (Ocean View, SS)
2:14.86	Ossey (Hawthorne, SS)
2:14.92	Hand (Fallbrook, SDS)
2:15.08	Scott (Mt. Carmel, SDS)
2:15.24	Lewis (Long Beach Wilson, SS)
2:16.17	Gillis (Irvine, SS)
2:16.20	Hsu (San Marino, SS)

United States Leader (outside CA):

2:12.60i ***Jowanna McMullen (IS 342, Brooklyn, N.Y.)

1,500 Meters

4:34.3	Taylor (Edison, SS)
4:34.5	Shaw (Fillmore, SS)
4:40.5	Boisvert (Lutheran, SS)
4:43.8	Hand (Fallbrook, SDS)



MIESHA MARZELL (right) & NIKA HORN

Photo by Burt Davis

4:44.8	Hsu (San Marino, SS)
4:44.9	Skieresz (Agoura, SS)
4:47.2	Keim (San Pasqual, SDS)
4:47.9	Lopez (Compton, SS)
4:48.13	Pedersen (Simi Valley, SS)

United States Leader (outside CA):

4:34.6i -Kim Fisher (Sun Valley, Aston, PA)

PREP BEST MARKS

1,600 Meters

4:51.98	Taylor (Edison, SS)
4:53.85	Shaw (Fillmore, SS)
4:58.59	Glusac (Fallbrook, SDS)
5:00.2	Boisvert (Lutheran, SS)
5:02.38	Skiersz (Agoura, SS)
5:02.87	Hsu (San Marino, SS)
5:05.57	Pedersen (Simi Valley, SS)
5:06.10	Keim (San Pasqual, SDS)
5:06.63	Lopez (Compton, SS)
<u>United States Leader:</u>	
4:51.91ci	-Kim Fisher (Sun Valley, Aston, PA)

3,000 Meters

9:52.2	Glusac (Fallbrook, SDS)
10:01.6i	Garrison (Sunny Hills, SS)
10:03.7	Aparicio (Fillmore, SS)
10:14.7	Nekota (Agoura, SS)
10:15.16	Hayward (Agoura, SS)
10:20.9	Heidt (Canyon, SS)
10:24.1	Muneno (Peninsula, SS)
<u>United States Leader:</u>	
9:45.10i	**Kate Landau (Tri-Valley, Grahamsville, N.Y.)

3,200 Meters

10:31.05	Glusac (Fallbrook, SDS)
10:42.0i	Garrison (Sunny Hills, SS)
10:46.16	Aparicio (Fillmore, SS)
10:52.68	Nekota (Agoura, SS)
11:00.15	Hayward (Agoura, SS)
11:02.38	Heidt (Canyon, SS)
11:03.54	Muneno (Peninsula, SS)
11:04.39	Brix (University, SS)
11:06.16	Durnell (Merced, SJS)
11:07.9	Skiersz (Agoura, SS)
<u>United States Leader:</u>	
10:21.12i	*Amanda White (Dulaney, Timonium, MD)

100 Meter Low Hurdles

(30 inches)	
13.94	Warner (West, CS)
14.31	Bernard (Nogales, SS)
14.34	Blunt (San Pasqual, SDS)
14.38	Grant (Bishop O'Dowd, NCS)
14.40	Tolson (Fountain Valley, SS)
14.50	Sims (Lompoc, SS)
14.57	Sims (Nogales, SS)
14.64	Bredlove (Redwood, CS)
14.64	Lazar-Lea (Vallejo, SJS)
14.76	Odom (Independence, CCS)
14.79	Brookhart (Muir, SS)
14.83	Montgomery (Clovis West, CS)
<u>Wind-aided:</u>	
14.20	Odom (Independence, CCS)
14.45	Scharff (San Ramon, NCS)
<u>United States Leader (33 inches):</u>	
13.99	-Anjanette Kirkland (Holmes, San Antonio, TX)

300 Meter Low Hurdles

42.96	Sims (Lompoc, SS)
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43.03	Blunt (San Pasqual, SDS)
44.31	Bernard (Nogales, SS)
45.18	Nellis (Palmdale, SS)
45.28	Lazar-Lea (Vallejo, SJS)
45.54	Hanger (Thousand Oaks, SS)
45.69	Moten (Muir, SS)
45.72	Wilson (Paramount, SS)
45.96	Mason (Torrance, SS)
46.17	Carroll (Wasco, CS)
46.1	Bredlove (Redwood, CS)
46.40	Knott (Sonora, SS)
<u>United States Leader:</u>	
42.1	-Tenya Williams (Norview, Norfolk, VA)

400 Meter Relay

46.17	Long Beach Poly, SS
46.24	Morningside, SS
47.09	Bishop O'Dowd, NCS
47.57	Bakersfield, CS
47.63	Muir, SS
47.7	Skyline, OS
47.88	Thousand Oaks, SS
48.42	Morse, SDS
48.52	Independence, CCS
48.54	Logan, NCS
48.62	Dorsey, LAS
48.96	Edison, CS
<u>United States Leader (outside CA):</u>	
46.22	Madison, Dallas, TX

1,600 Meter Relay

3:45.86	Morningside, SS
3:49.52	Long Beach Poly, SS
3:49.92	Bishop O'Dowd, NCS
3:54.6	Logan, NCS
3:55.7	Skyline, OS
3:56.53	Hawthorne, SS
3:57.22	Eisenhower, SS
3:57.76	Wilson, SS
3:58.04	St. Bernard, SS
3:59.23	Torrance, SS
4:00.30	Lynwood, SS
<u>United States Leader:</u>	
3:44.38	Madison, Dallas, TX

High Jump

5-11	Boswell (Bullard, CS)
5-10	Jenkins (San Ramon, NCS)
5-9	Cheli (Los Altos, CCS)
5-8 1/2	Kierulff (Esperanza, SS)
5-8	Blankenship (Torrance, SS)
5-7	Black (Downey, SS)
5-7	Ross (Newport Harbor, SS)
5-7	Bowman (Newport Harbor, SS)
5-6	Lazar-Lea (Vallejo, SJS)
5-6	Candidate (Clovis West, CS)
5-6	Gangert (Moreno Valley, SS)
5-6	Lawyer (Cate, SS)
5-6i	Roberts (Muir, SS)
<u>United States Leader:</u>	
6-3	*Amy Acuff (Calallen, Corpus Cristi, TX)
New High School Record.	

Long Jump

19-6 1/4	Warner (West, CS)
19-6	Sterlin (Mission Viejo, SS)
18-9 3/4	Ferguson (Washington, SFS)
18-9	Littlepage (Mt. Miguel, SDS)
18-4 1/2	Henderson (Bakersfield, CS)
18-3 1/2	Montgomery (Clovis West, CS)
18-2 3/4	McClung (Fall River, NS)
18-2	Figueroa (Quartz Hill, SS)
18-2	Hayes (Peninsula, SS)
18-1 3/4	Doby (Lynwood, SS)
18-0	Dolphin (Santa Monica, SS)
18-0i	Haynes (Bishop Montgomery, SS)
<u>Wind-aided:</u>	
18-6	Montgomery (Clovis West, CS)
<u>United States Leader (outside CA):</u>	
19-6	-Nicole Franklin (Pontotoc, MS)

Triple Jump

39-0 1/2	Henderson (Bakersfield, CS)
38-8	Littlepage (Mt. Miguel, SDS)
38-7 3/4	Sherwood (Watsonville, CCS)
38-1 1/2	Roberts (Muir, SS)
38-0	Harris (Morningside, SS)
37-9	Renton (Downey, SJS)
<u>Wind-aided:</u>	
38-2	Warner (West, CS)
37-10 3/4	Montgomery (Clovis West, CS)
<u>United States Leader:</u>	
40-3i	-Tyra Moore (Largo, MD)

Shot Put

46-0	Heaston (Ygnacio Valley, NCS)
44-8 1/2	Brownlee (Westlake, SS)
42-8	Hopkins (Burbank, SJS)
41-5 1/4	Mataafa (Orange Glen, SDS)
41-5 1/4	Bill (University, SS)
41-3 1/2	Timo (Twentynine Palms, SS)
41-0 1/2	Misapeka (Temecula Valley, SS)
40-9 1/2	Rouse (Livingston, SJS)
40-8	Stephens (Atwater, SJS)
40-5	Maumausolo (Mt. Carmel, SDS)
40-3	Shanley (Tulare, CS)
<u>United States Leader:</u>	
49-2 1/2i	*Nicole Sims (Plainfield, NJ)

Discus

157-3	Powell (Downey, SJS)
151-1	Mataafa (Orange Glen, SDS)
143-0	Bill (University, SS)
141-9	Maumausolo (Mt. Carmel, SDS)
134-8	Bryant (Hesperia, SS)
133-7	Heads (Newport Harbor, SS)
132-8	Ellison (Hogan, SJS)
132-4	Hampton (North, CS)
130-8	Barden (Nevada Union, SJS)
130-5	Hart (North, CS)
<u>United States Leader:</u>	
167-5	-Dani Parkos (Central, Grand Forks, ND)

By **KEITH CONNING**

■ Kristen Heaston (Ygnacio Valley)

March 18--Junior Kristen Heaston (Ygnacio Valley), seventh in the State Meet and third in the North Coast Section shot put, threw 46-0 in a dual meet against Antioch. She also had another throw over 44 feet in her series. She also threw the discus 128-2.

Heaston said that she does her best at the Antioch facility. She is looking forward to the Bay Valley Athletic League meet, which will be held at Antioch this year.

As a freshman she threw the shot 38-6 and the discus 104-3. As a sophomore she improved to 43-1 1/2 and 125-5.

Heaston is coached by Jim Hart, an ex-Marine who throws in masters competition, and Scott Brady-Smith, the former Acalanes and Antioch coach. Brady-Smith is using a medicine ball and the balance beam in training.

Heaston was born on November 11, 1975 in Walnut Creek. She is 5-feet-11 inches tall and weighs 240 pounds.

Heaston's father is the water polo coach at the University of California at Berkeley. He served as Pete Cutino's assistant for seven years and has been the head coach for three years. Heaston was the U.S. Olympic assistant water polo coach in 1988. He played water polo for Cutino.

Heaston's parents went to Clayton Valley High School and Fresno State University. She does not want to go to Cal.

■ Suzy Powell (Downey, Modesto)

Downey, March 18--Sophomore Suzy Powell (Downey, Modesto), second in the State Meet, threw the discus 145-2 in a dual meet against Modesto.

■ Kiwanis-Bellarmino Invitational

Los Gatos, March 21--Senior Jeremy Robinson (Bellarmino, San Jose) set a meet record in the hammer with 194-4.

Junior Amy Cheli (Los Altos) broke her personal record for the second time in three days on the way to winning the girls' athlete of

the meet award.

Cheli leaped 5-9 to win the high jump, breaking her personal record by two inches. Last year, she jumped 5-6 to win the Region II title on the same track before surpassing that mark on March 19 in a dual meet at Wilcox.

A first-team All-Peninsula middle blocker in volleyball, Cheli has said that her athletic goal is to earn a college volleyball scholarship. The three-sport athlete may have a good chance at a track scholarship, as well.

■ Pierce-Golden Bear Relays

Berkeley, March 21--Russell Pierce, a successful insurance salesman who lives in Blackhawk (the home of Oakland A's Jose Canseco), has put \$10,000 of his own money into this new endeavor. Pierce placed second in the North Coast Section 200 meters while at Washington of Fremont. He later became an All-American at BYU. He remembers dropping the baton while anchoring the mile relay against Dave Archibald of California in 1964. He is committed to this meet for five years. There is a possibility that the colleges will be added in the future. Next year they are trying to secure a date in April at Edwards Stadium.

The first meet went off very professionally. All the coaches and officials were treated to a catered lunch! He gave watches to the winners and beautiful engraved medals to the top placers.

Senior Lesa Parker (Bishop O'Dowd, Oakland), the North Coast Section champion in the 100, ran 11.89 with the flags hanging limp on the flag poles.

■ Stanford Track & Field Challenge

Stanford, March 27-28--In an Olympic development event, Jeremy Robinson of Bellarmine threw the hammer 206-0, the best high school mark in the country this year.

Robinson is 5-foot-11 and weighs 210 pounds.

Robinson is the brother of Scott Robinson, who won the State Meet 1,600 meters in 1988.

Bellarmino coach Terry Ward said to me, "I wonder what end of the table they eat at."

Robinson's hammer throw surprised him but not his coach.

"I'm not surprised," Ward said to Fran Errata (Peninsula Times Tribune). "He's dedicated and strong and he's actually ahead of Kevin McMahon at this point in his senior season. McMahon won here two years ago at less than 200 and then went on to do 219 feet in the junior nationals."

Robinson said his practices during the week did not indicate he would throw 200 feet.

"I guess I just happened to put everything together on my third throw," said Robinson, who is aiming for the junior nationals in the hammer, which is not a California high school event. "I worked on different things in practices during the week and actually thought I would have technique problems today. I am working a lot on technique but did not expect 206 feet."

"I will compete in the hammer next Saturday at the St. Francis-Foothill meet and also at the Mt. SAC Relays, the Keebler meet in Chicago in June and the Junior Nationals in Columbus, Ohio, in July. I hope to do well in the discus and shot in all other meets."

The Merced boys' sprint medley relay with Brian Wilkinson won in 3:32.4.

James C. Webb (Chaparral, Las Vegas) triple jumped 49-4 1/2.

Bishop O'Dowd with Miesha Marzell, the Nevada State Meet 800 meter champion, won the girls' sprint medley relay in 4:10.16. Merced placed second in 4:14.4, St. Ignatius third in 4:14.7, and Logan fourth in 4:15.2.

Los Gatos won the girls' distance medley relay in 12:42.27.

■ Oakland Invitational

Edwards Stadium, Berkeley, March 28--Derek Shepard (Lincoln, San Francisco), a State Meet 400 meter finalist, overhauled defending State Meet champion Richard Dupree (Mt. Pleasant, San Jose) in a great stretch run--46.68 to 46.72, the second and third best marks in the nation. Lamont Melrose (Killeen, Texas) placed third in 47.68.

The Mt. Pleasant 4 x 100 relay team won in 41.68.

The St. Mary's (Berkeley) 4 x 400 relay team turned in the fifth fastest time in the nation and the fastest in California of 3:16.3.

continued next page...

PREP NOTES

Fortuna won the sprint medley relay in 3:32.65. Mike Katri, who placed seventh in the State Meet, anchored in 1:55.7.

Billy Spiller (Killeen, Texas) won the long jump at 24-0 wind-aided.

The Skyline girls' 4 x 100 relay team won in 47.95.

Bishop O'Dowd ran the sprint medley relay in 1:48.22.

■ St. Ignatius has five 150+ discus throwers

San Francisco, March 29--Aldo Congi, the St. Ignatius of San Francisco assistant coach, reported that last week his sophomore Chris DeMartini threw the discus 150-4. He becomes the fifth S.I. thrower to exceed 150 feet this season.

His teammates are seniors Ivan Zasimczuk 163-1, Jason Dossey 163-1, Mike Jackson 155-4, and Nick Tsiakgis 150-5.

Has any school ever had five throwers over 150 feet in the same season? Let me know.

■ Suzy Powell (Downey, Modesto)

Modesto, April 1--Sophomore Suzy Powell (Downey, Modesto) threw the discus 149-8 in a dual meet against Beyer.

■ Hampton-Phillips Track and Field Classic

San Jose City College, April 4, 1992--Millard Hampton, the 1976 Olympic Games gold medalist in the 4 x 100 and silver medalist in the 200, and Andre Phillips, the 1988 Olympic Games 400 intermediate hurdles gold medalist, were on hand to open the meet. Hampton is currently a San Jose police officer. Phillips is training with his old coach Stan Dowell (Independence, San Jose) in Reno, Nevada for the 1992 Olympic Games. Dowell retired from high school coaching and is now living in Truckee.

John Powell, the former world record holder in the discus, Harold Rucker (California), who was hit in the head by a hammer last year, and Tranel Hawkins, sixth in the 1984 Olympic Games 400 intermediate hurdles, also participated in the opening ceremonies.

There were four state leading performances: Shon Lewis (Wilcox), seventh in the 1991 State Meet 100, ran 10.3w, Richard Dupree (Mt. Pleasant, San Jose), the 1991 State Meet 400 champion, won the 200 in

21.32w, Mt. Pleasant smoked the 4 x 100 in 41.56, Jennifer Odom sprinted over the girls' 100 low hurdles in 14.20w.

Senior Ashley Scharf (San Ramon Valley, Danville), third in the 1991 North Coast Section Meet of Champions 100 meter hurdles, placed second in 14.45w.

Bishop O'Dowd (Oakland) girls' won the 4 x 100 in 47.66 and the 4 x 400 in 3:53.2.

Junior Christine Sherwood (Watsonville) triple jumped 38-7 1/2w.

■ Fresno Relays

Ratcliffe Stadium, Fresno, April 4--Milton Hughes (Stagg, Stockton), the 1991 Sac-Joaquin Section champion, became the national leader in the 800 meters with his 1:51.24. Sophomore Vondre Armour (Bakersfield) was second in 1:52.57.

Brian Wilkinson (Merced), the 1991 Sac-Joaquin Section champion, turned in the top 1,600 meters in California this season at 4:12.99.

Clarence Phelps (Christian Brothers, Sacramento), third in the 1991 Sac-Joaquin Section, vaulted 15-6, the highest in California.

Jeff Buckey (Bakersfield), the 1991 State Meet champion, threw the discus 186-6. Buckey is the California leader at 208-11 (see best marks list elsewhere in this issue). Matt Lepsis (Frisco, Texas) is the national leader at 194-4.

"I'm happy with my discus throw because it's just my second meet of the season," said Buckey to Lisa Burnett (Fresno Bee). "But I was really not feeling my best today."

Buckey is going to Stanford on a football scholarship. He has set two goals for himself this year: 1) be an All-American in football and get a college scholarship, and 2) set the national discus record.

Kam Warner (West, Bakersfield) set meet records in the 100 low hurdles of 13.94 and long jump at 19-4 3/4. Warner placed seventh in the 1991 State Meet long jump. Her time in the hurdles is the second best in Central Section history, .01 seconds off the top mark set by Clovis West's Debbie Budwig in 1984.

"This is always a good track to run," Warner said to Lisa Burnett (The Fresno Bee). "As a matter of fact, it is my favorite track to run."

"I was a little surprised because I didn't feel like I had good form. I'm expecting (a faster time), but I'm kind of worn down from all the jumping."

Ebony Henderson (Bakersfield) triple

jumped 38-4 3/4.

Suzy Powell (Downey, Modesto), second in the 1991 State Meet, threw the discus 150-3.

■ Foothill-St. Francis Invitational

Foothill College, April 4--Jeremy Robinson (Bellarmine, San Jose) threw the hammer 192-9.

■ Offord Rollins (Wasco) Convicted

April 4--Offord Rollins (Wasco), the 1991 State Meet triple jump champion and a football star, was convicted in the 1991 shooting death of Maria Rodriguez, 17.

Rollins, 18, will be sentenced May 1.

Rodriguez's body was found August 2, 1991, in a remote wooded area of Kern County.

Rollins, who dated Rodriguez, says he is innocent. Defense attorney Timothy Lemucchi says Rollins was convicted because the prosecution exploited him as a black teenager in a county with strong racial tensions.

An appeal is planned, partly because the jury had no blacks.

■ Woody Wilson/Reebok Invitational

Toomey Field, U.C. Davis, April 10--Kristen Heaston (Ygnacio Valley), the California shot put leader at 46-0, threw 42-9 1/2.

The Logan girls' 4 x 400 relay team won by over six seconds in 3:54.6, the second best time in Northern California. The splits were: 59.6, Charlene Baldwin 57.5, 60.6, Kelly White 56.9.

Lashundra Crummie (Hogan, Vallejo) ran the second leg of the 4 x 400 relay in 55.6.

Clarence Phelps (Christian Brothers), the Fresno Relays pole vault winner and state leader at 15-6, took only two jumps tonight because he was saving himself for the prestigious Arcadia Invitational tomorrow night. Phelps cleared 14-3 and 14-9 easily then retired for the evening.

■ Amy Acuff sets national high jump record

Corpus Christi, Texas, April 11--Junior Amy Acuff (Calallen, Corpus Christi, Texas) set a national high school high jump record of 6-3 at a district meet.

The old record of 6-2 3/4 was set by Lisa

continued next page...

PREP NOTES

Bernhagen (Wood River, Hailey, Idaho) at Sherbrooke, Quebec on July 22, 1983 and tied by Latrese Johnson (Clovis) at Sanger on March 15, 1985.

Acuff, who cleared 6-2 1/4 three times last year, had nine of the top 11 performances in 1991.

After clinching the district title Saturday at 6-0, Acuff asked for the bar to be raised to 6-3. After two misses, she made the height. "It felt like I was about to come out of my skin. The adrenaline was really popping," she told The Associated Press.

Acuff, who missed on three attempts at 6-4, qualified for the U.S. Olympic Trials in June.

She also holds the following national records: freshman class at 6-0, the sophomore class at 6-2 1/4, age-15 at 6-2 1/4, and age-16 at 6-3.

■ Luis Lino (Liberty, Brentwood)

Liberty High School, Brentwood, April 15-Senior Luis Lino (Liberty, Brentwood) pole vaulted 15-5 in a dual meet against Benicia. He becomes the second highest vaulter in California this season. Only Clarence Phelps (Christian Brothers, Sacramento), the Arcadia Invitational winner at 15-6, has vaulted higher.

Lino moves to #7 on the all-time North Coast Section list.

Notes from Doug Speck

□ Texas Relays

Morningside High School of Inglewood traveled to the Texas Relays the weekend of April 3rd and 4th for competition against the quick baton squads from the Lone Star State. The Sentinals did California proud, with the Girls 4x100 and 4x1600 relay groups finishing very close seconds to the nation-leading times of 46.22 (Morningside 46.24) and 3:44.38 (Morningside 3:45.85) run by Madison of Dallas, Texas. Madison featured on the anchor one of the nation's best, Monica Davenport, an 11.80 (100m)-24.12 (200m) sprinter. *Track & Field News* reporter Don Steffens reported that the crowd of 18,000 went crazy during the two girls relay races, with the squads sep-

arated by only inches during the entire 4x100 race. The Morningside Boys 4x400 group was 4th at 3:16.10. Morningside has typically paced its season very carefully, with a planned peak in late May and early June at the California State Meet, so their efforts here were much farther along than they had ever been this time of year.

□ Twila Sims Back

Lompoc's Twila Sims, who two years ago as a sophomore raced 41.76 for the 300 meter low hurdles (and runner-up position in the State Finals) before a 1991 season that fell victim to injury, has marked a big return. At the Germany Relays she let the prep sports world know she was back with a fine 14.71-44.02 hurdle double. Duels between Sims and Erin Blunt of San Pasqual (Escondido) could be a highlight of the outdoor season, with the two talented stars capable of pushing each other to very fine performances in 1992.

□ Craig Harzman Glendale Sprinter

Missing the end of the 1991 season with injury, Glendale's Craig Harzman has come out with a vengeance in 92, charging to a 10.74w 100 meter win in the Santa Barbara Easter Relays in later March, then racing 21.62 (200m) and an impressive 48.65 (400m) in taking those events at the Bishop Amat Relays on April 4th.

□ Orange County Section

Over the last few years there has been talk of the Orange County area of the Southern Section breaking away to form its own Section. Talk has given way to action, as a petition suggesting the break-up from Placentia Unified School District. Superintendent Dr. Jim Fleming will be voted on at a May 8th State Federated Council Meeting in San Francisco. Sections are given voting power relative to size in the Federated Council (101 possible votes), with the Southern Section, affected most by the move, with the most votes at 24.

In a survey of Southern Section Schools (484 members), 82 indicated (17%) they approved of the new Section, 261 (54%) said they disapproved, and 141 (29%) did not reply. Importantly, 13 of the 14 private schools in the proposed section were against the formation of the new governing body (13 said no, one did not respond). The smaller private

schools have consistently indicated their inability to make up Leagues in the Section that would be fair to them.

It would be a real shame at championship time of the season to have to make some tough choices which contests to go watch in the greater L.A. area. If Orange County were to accomplish this split, many wonder if other areas (San Bernardino-Riverside or Ventura County, or wherever) would try the same because of some supposed or real slight that had taken place along the way in Section politics.

□ Youth Sprint Groups

West Bakersfield and Muir (Pasadena) both have outstanding young sprint crews. West Bakersfield had frosh Marcus Holliwell blast a legal 10.81 accutrack in winning the frosh/soph race in the March 28th Pasadena Games, with soph Brian Howard 11.00 in second. In the 4x100, with a reported team of three frosh and one soph, West recorded a rocketing 42.56. Muir raced 3:23.44 in the same meet for the 4x400 frosh/soph event, only to be disqualified when a coach vaulted the fence surrounding the track and raced through the finish line, showing up in the Accutrack photo in second place.

□ Dead Weeks

The Southern Section voted in a three week "dead period" for summer sports programs that will ban all organized sports activities except weight lifting. Cross Country and Water Polo teams were given the option of taking the period June 29-July 19 or August 3-24 for their dead period. The rule was designed to give students a break from year-round team involvement or requirements, with the weight lifting stipulation seemingly designed around football strength maintenance programs in between a six week summer program and the start of pre-school workouts in late August. With schools in the Section eligible for Cross Country competitions as of September 7th, 1992 one would wonder about the medical considerations of getting a young, beginning athlete ready to race a challenging three mile race on two weeks of conditioning (August 25th to September 7-10th).

PREP NOTES

TRACK
RESULTS

■ NorCal

Don Franklin Invitational

March 14, 1992

From Mac Powell (Modesto)

Boys

200-McDonald (Merced) 22.43, 2 Mile-Eric Kropf (Madera) 9:41.7, 400R-Merced 43.17, DT-Casey 151-11.

Girls Large Schools

200-Strickland (Merced) 25.50, LJ-Jessica Renton (Downey) 18-2 1/4, TJ-Jessica Renton (Downey) 35-3 1/2, SP-Chelsea Stephens (Atwater) 36-9, DT-Erin Lathrop (Manteca) 120-3, Julie Herron (Beyer) 114-10.

Girls Small Schools

SP-Tiann Rouse (Livingston) 37-3 1/2, DT-Tiann Rouse (Livingston) 127-8.

Ram Field Event
Invitational

Westmoor High School, Daly City

March 14, 1992

From Ron Dimaggio

Boys

SP-Dossey (St. Ignatius) 52-10 meet record, Edwin Mulitalo (Jefferson) 51-10, DT-Zasimczuk (St. Ignatius) 163-3 meet record.

Girls

HJ-Michelle Ghiggio (Mills) 5-2, TJ-Christine Sherwood (Watsonville) 36-8 1/2 meet record.

Ukiah Invitational

Mendocino Junior College

March 14, 1992

Boys

110HH-Junior Dominguez (Eureka) 15.02.

Girls

200-Keeta Zimmerman (Eureka) 26.02.

Kiwanis/Bellarmino

Los Gatos High School

March 21, 1992

Boys

200-1. Turner (Mt. Pleasant) 10.71, 2. Lewis (Wilcox) 10.77, 3. Madu (McAteer) 10.94, 4. Terry (Wilcox) 11.13, 5. Sanders (Castlemont) 11.45 (11.05 heat 3), Heat 6-Rice (Mt. Pleasant) 11.12.

200-1. Lewis (Wilcox) 21.64, 2. Turner (Mt. Pleasant) 21.89, 3. Smith (McAteer) 22.48, Heat 3-Sanders (Castlemont) 22.50, Heat 4-Pennywell (Mt. Pleasant) 22.36.

400-1. Cole (Silver Creek) 50.44, 2. Gertos

(Riordan) 50.47.

800-1. Collins (Castlemont) 1:57.06, 2. Thomas (St. Francis) 1:58.04, 3. Stewart (Del Mar) 1:58.68, 4. Martinez (Mt. Pleasant) 1:58.98.

1 Mile-1. Arnold (York) 4:19.0, 2. McManus (St. Ignatius) 4:19.4, 3. Prindiville (De La Salle) 4:29.1.

Two Mile-1. Ellington (Milpitas) 9:32.23, 2. Elmi (Mt. Pleasant) 9:40.69, 3. Higaki (Piedmont Hills) 9:40.76, 4. Walker (De La Salle) 9:42.75, 5. Prindiville (De La Salle) 9:43.9, 6. Glosser (St. Ignatius) 9:49.0, 7. Benjamin Mack (Independence) 9:50.0.

110HH-1. Moten (Loyola) 14.80, 2. Ruffin (St. Francis) 14.83.

300H-1. Moten (Loyola) 38.67, 2. Swan (St. Ignatius) 39.36.

400R-1. Mt. Pleasant 41.70 (meet record), 2. McAteer 42.59, 3. Wilcox 42.65.

1 Mile R-1. St. Ignatius 3:26.37.

HJ-1. McGee (Del Mar) 6-6, 2. Mayes

(Palo Alto) 6-4, 3. Belomy (Del Mar) 6-4.

PV-1. Brown (Terra Linda) 15-0, 2. Slover

(Leland) 15-0, 3. Vance (Los Gatos) 15-0,

4. Young (Mt. Pleasant) 13-6.

LJ-1. Rebugio (Independence) 21-8.

TJ-1. Stone (Yerba Buena) 44-1 1/2.

SP-1. Zasimczuk (St. Ignatius) 54-9, 2.

Haus (Homestead) 54-7 3/4, 3. Multalo

(Jefferson) 53-10, 4. Robinson (Bellarmine)

53-7, 5. Dossey (St. Ignatius) 52-9, 6. Peters

(Gunn) 52-3 1/4, 7. Petrys (Saratoga)

50-9, 8. Bein (St. Francis) 50-7 1/2.

DT-1. Robinson (Bellarmine) 164-9, 2. Dos-

sey (St. Ignatius) 163-1, 3. Jackson (St. Ig-

natius) 155-6 1/2, 4. Multalo (Jefferson)

152-10, 5. Zasimczuk (St. Ignatius) 152-9.

HT-1. Robinson (Bellarmine) 194-4 (meet

record).

Frash-Soph

1 Mile-1. Balkman (Lynbrook) 4:29.7 (meet

record).

Girls Teams-1. St. Francis 56, 2. Indepen-

dence 46, 3. Berkeley 36, 4. Los Gatos 33,

5. Mt. Pleasant 32, 6. (tie) Mitty and Leigh

28, 8. Skyline 24, 9. Del Mar 17, 10. (tie)

Lynbrook, Menlo-Atherton and Shasta 16.

100-1. Ferguson (Independence) 12.31, 2.

Piesloe (Menlo-Atherton) 12.35, 3. Jenkins

(Del Mar) 12.46, 4. Bittner (Leigh) 12.50.

200-1. Ferguson (Independence) 25.13, 2.

Piesloe (Menlo-Atherton) 25.14, 3. Parrish

(Wilcox) 25.48, 4. Freeman (Skyline) 25.55.

Heat 2-3. Ellison (Mt. Pleasant) 25.60.

400-1. McCloskey (Lynbrook) 59.09, 2.

Jackson (Lowell) 59.40, 3. Chew (Lynbrook)

59.45.

800-1. Veeder (Los Gatos) 2:25.93.

1 Mile-1. Middlecoff (Los Gatos) 5:14.2, 2.

Sweeney (Leigh) 5:17.2, 3. Look (Shasta)

5:20.0, 4. Baldeili (St. Ignatius) 5:24.4.

Two Mile-1. Look (Shasta) 11:20, 2.

Sweeney (Leigh) 11:31.2.

100LH-1. Odum (Independence) 15.21

(15.14 heat 5), 2. McClung (Fall River)

15.34, 3. Timberlake (Del Mar) 15.77

(15.69 heat 2), ...6. Popek (St. Francis)

16.17 (15.74 heat 4).

300LH-1. Monahan (Terra Nova) 48.81.

400R-1. Independence 48.52, 2. Skyline

48.54, 3. Berkeley 49.61, 4. St. Francis

49.69, 5. St. Ignatius 50.15, 6. Los Gatos

50.68.

1 Mile R-1. Skyline 4:03.76, 2. Berkeley

4:09.70.

HJ-1. Chelli (Los Altos) 5-9 (meet record), 2.

Duffey (St. Francis) 5-4, 3. Bakkers (Los

Gatos) 5-4, 4. Johnson (Mitty) 5-4, 5. Ng

(Piedmont Hills) 5-2.

LJ-1. Ferguson (Washington) 17-10, 2. Elli-

son (Mt. Pleasant) 17-10, 3. McClung (Fall

River) 17-5 1/2, 4. Wood (St. Francis) 16-9

3/4.

TJ-1. Jones (Mt. Pleasant) 31-1.

SP-1. Brooks (Berkeley) 36-11 1/4, 2. Bower

(Gunn) 36-11.

DT-1. Stamps (Mt. Pleasant) 112-7, 2. Do-

lan (Palo Alto) 111-8.

Pierce-Golden Bear Relays

Edwards Stadium, Berkeley

March 21, 1992

Boys Teams-St. Mary's 74, Pittsburg 40,

Bishop O'Dowd and Amador Valley 38, Anti-

och 34.

100-Jesse Wilson (St. Mary's) 11.05.

400-Jesse Wilson (St. Mary's) 48.44, 2. Erik

Alston (Pittsburg) 49.36, 3. Damien Sullivan

(St. Mary's) 49.71, 4. Jimmie Johnson (Mis-

sion San Jose) 50.06.

1600-Chris Gaston (Montgomery) 4:25.48,

2. Jeff Hartlin (Amador Valley) 4:26.53, 3.

Adam Ozarski (Granada) 4:27.50.

3200-John Atwood (Castro Valley soph)

9:32.96, 2. Ahmik Jones (Livermore)

9:41.01, 3. Dave Braden (Amador Valley)

9:44.34.

400R-St. Mary's and Pittsburg 43.06 (Ran

same time in separate sections.)

1600R-St. Mary's 3:18.33, 2. Bishop

O'Dowd 3:25.26, 3. Pittsburg 3:29.24.

3200R-Monte Vista 8:20.68.

SMR-St. Mary's 1:35.05.

DMR-Amador Valley 10:50.39.

4x70 SHR-Livermore 39.44.

HJR-Livermore 12-4 (Jason Neuss 6-4), Le-

onard Haywood (St. Mary's) 6-4.

LJR-Carlmont 43-0 (Paul Bradford 23-0 1/

2), Keir Gumbs (Bishop O'Dowd) 22-1 1/4.

PVR-Monte Vista 25-0.

TJR-St. Mary's 90-4 3/4 (Leonard Haywood

46-8 1/4), Keir Gumbs (Bishop O'Dowd) 46-

5 1/2.

SPR-Antioch 98-4.

DTR-Antioch 287-7, Travis Nutter (Amador

Valley) 154-5, Justin Snyder (Northgate)

154-0, Demetri Brown (Pittsburg) 150-0.

Girls Teams-Santa Rosa, Bishop O'Dowd,

100-Lesa Parker (Bishop O'Dowd) 11.89, 2.

Teresa Weskamp (Antioch) 12.70.

400-Kerri Woolheater (Casa Grande) 58.10,

2. Maya Greene (Bishop O'Dowd) 59.97.

1600-Miesha Marzell (Bishop O'Dowd)

5:19.33, 2. Nika Horn (Santa Rosa)

5:23.68.

3200-Angela Dalke (Bishop O'Dowd)

11:43.3, 2. Eris Miller (Clayton Valley)

11:48.2, 3. Melissa Ackermann (Castro

Valley) 11:48.4.

400R-Bishop O'Dowd 48.32.

1600R-Bishop O'Dowd 4:06.77.

3200R-Santa Rosa 10:00.28.

SMR-Clayton Valley 1:55.64.

DMR-Santa Rosa 12:49.03.

4x70 SHR-Clayton Valley 40.73.

HJR-Santa Rosa 10-0, Kim Davis (Ama-

dor Valley) 5-3, Joelle Babula (Montgomery)

5-2.

LJR-Clayton Valley 31-7, Melissa Mac-

Pherson (Montgomery) 16-9 1/2.

TJR-Montgomery 65-9.

SPR-Clayton Valley 58-6 1/2.

DTR-Amador Valley 231-0 (Vicki Garcia

117-3, Karin Zarccone 113-9).

Stanford Track & Field
Challenge

Stanford Stadium

March 27-28, 1992

Boys

100-1. Anthony Volson (Merced) 10.77, 2.

Shon Lewis (Wilcox) 10.81, 3. Lindsey

McDonald (Merced) 11.13.

1 Mile-1. Brian Wilkinson (Merced) 4:19.97, 2.

Jeff Arnold (York) 4:21.19, 3. Dylan Kenne-

dy (East) 4:21.50, 4. Prindiville (De La

Salle) 4:22.00, 5. Thomas (St. Francis MV)

4:22.40, 6. McManus (St. Ignatius)

4:23.78, 7. Balkman (Lynbrook frosh)

4:24.90, 8. McCord (El Camino, Sacramen-

to) 4:25.20.

5,000-1. John Kelley (De La Salle)

15:49.14.

110H-1. Quincy Ruffin (St. Francis, M.V.)

15.03.

400H-1. David Swan (St. Ignatius) 56.32.

4 x 100-1. Merced 42.66, 2. Logan 43.06,

3. St. Ignatius 43.32, 4. Monterey 43.52.

1 Mile R-1. Logan 3:26.7, 2. Monterey 3:27.9.

4 x 880-1. Nevada Union 8:15.85.

SM-1. Merced 3:32.4.

DM-1. St. Ignatius 10:40.0.

SH-1. North Monterey County 1:05.75.

HJ-1. Ed Magee (Del Mar) 6-6, 2. Eli Glad-

den (San Lorenzo Valley) 6-4, 3. Matt Hor-

sley (Fremont MV) 6-4, 4. Lavell Beloney

(Del Mar) 6-4, 5. Childers (Woodland) 6-4.

PV-1. Brandon Vance (Los Gatos) 15-3, 2.

Scott Slover (Leland) 15-0, 3. Travis Cal-

kins (Tamalpais) 14-6, 4. Will Jones (Incline,

Incline Village, NV) 14-6, 5. A. J. LaCoste

(Nevada Union) 13-6, 6. (Tie) Alex Gordon

(Logan) and Sean Brown (Terra Linda) 13-6.

LJ-1. Ryan Mayes (Palo Alto) 22-1, 2. Mike

Wright (No. Monterey County) 21-10.

TJ-1. James C. Webb (Chaparral, Las Ve-

gas) 49-4 1/2, 2. Robert Curry (Logan) 44-

11 3/4, 3. Brendon Feddema (Fremont MV)

44-7, 4. Simmons (Westmoor) 44-4 3/4.

SP-1. Ivan Zasimczuk (St. Ignatius) 54-4

3/4, 2. Jeremy Robinson (Bellarmine) 52-11,

3. Jason Dossey (St. Ignatius) 52-9 1/4.

DT-1. Ivan Zasimczuk (St. Ignatius) 159-9,

2. Matt Panzeira (Palma) 156-11, 3. Jason

Dossey (St. Ignatius) 155-4, 4. Robinson

(Bellarmine) 154-5, 5. DeMartini (St. Igna-

tius) 150-5.

HT-1. Jeremy Robinson (Bellarmine) 206-0.

Girls

100 (Section 1)-1. Maigha Strickland

(Merced) 12.39, 2. Charlene Baldwin (Lo-

gan) 12.54, 3. Somer Washington (St. Igna-

tius) 12.58, 4. Davis (Atwater) 12.66.

100 (Section 2)-1. Silvia Pieslak (Menlo-

California Track and Cross Country Coaches Alliance

PREP NOTES

Atherton) 12.63, 2. Kelly White (Logan) 12.68.
 Mile-1. Robin Snowbeck (LA University) 5:16.38, 2. Lisa Crouch (Aptos) 5:19.50, 3. Mei-Ling McNamara (Logan) 5:21.75, 4. Colonna (Sheldon, Oregon) 5:21.98, 5. Sweeney (Leigh) 5:24.84.
 3000-1. Nicole Silva (Aptos) 10:33.38, 2. Grace Durnell (Merced) 10:40.30, 3. Cybelle McFadden (St. Francis, Sac.) 10:41.50, 4. Kaiser (Seaside) 10:49.15, 5. Harlick (Mills) 10:50.96, 6. Sweeney (Leigh) 10:57.46.
 1000H-1. Erin McClung (Fall River) 15.02, 2. Kerri Gabrielson (Monte Vista) 15.23, 3. Sunshine Peterson (Logan) 15.56.
 400H-1. Aisha Sims (Bishop O'Dowd) 1:09.10.
 4 x 100-1. Logan 49.56, 2. Del Mar 50.47, 4 x 440-1. Merced 4:07.30.
 4 x 880-1. Los Gatos 9:58.97.
 SM-1. Bishop O'Dowd 4:10.16, 2. Merced 4:14.4, 3. St. Ignatius 4:14.7, 4. Logan 4:15.2.
 DM-1. Los Gatos 12:42.27.
 SH-1. Tokay 1:11.24.
 HJ-1. Amy Chell (Los Altos) 5-4, 2. Ingrid Bekkers (Los Gatos) 5-2.
 LJ-1. Erin McClung (Fall River) 17-4 1/2, 2. Christine Sherwood (Watsonville) 16-10 1/4, 3. Eva Potter (West Valley) 16-10.
 TJ-1. Christine Sherwood (Watsonville) 37-11 1/4, 2. Felicia Johnson (Merced) 35-11 1/4.
 SP-1. Tiann Rouse (Livingston) 39-6 1/2, 2. Kristina Barden (Nevada Union) 39-4, 3. Leslie Woolery (West Valley) 38-1 1/2, 4. Del Santos (Ukiah) 37-11 1/2, 5. Shafer (Logan) 36-11, 6. Stephens (Atwater) 36-0 3/4, 7. K. Smith (No. Monterey County) 35-3.
 DT-1. Kristina Barden (Nevada Union) 130-8, 2. Tiann Rouse (Livingston) 129-9, 3. Tina Dolan (Palo Alto) 118-9, 4. Sullivan (Watsonville) 116-0.

Oakland Invitational

Edwards Stadium, Berkeley
 March 28, 1992

Boys Invitational

(Wind: Aided the jumpers and hindered the runners.)

Teams-1. Mt. Pleasant 79, 2. Long Beach Poly 71, 3. Killeen (Texas) 54.
 100-1. Jarron Turner (Mt. Pleasant) 10.90, 2. Billy Spiller (Killeen) 10.97, 3. Ali Evans (Vallejo) 11.04, 4. Frank Madu (McAteer) 11.06, 5. Derrick Prewitt (Long Beach Poly) 11.13.
 400-1. Derek Shepard (Lincoln, SF) 46.68, 2. Richard Dupree (Mt. Pleasant) 46.72, 3. Lamont Melrose (Killeen) 47.68, 4. (tie) Jesse Wilson (St. Mary's) and Damien Sullivan (St. Mary's) 48.88, 6. Erik Alston (Pittsburg) 49.86.
 800-1. Bryan Woodward (Long Beach Poly) 1:54.1, 2. Mike Katri (Fortuna) 1:55.1, 3. Nick Collins (Castlemont) 1:57.6.
 1600-1. Ahmik Jones (Livermore) 4:23.6, 2. John Atwood (Castro Valley) 4:25.6.
 3200-1. Dave Braden (Amador Valley) 9:43.4.
 110H (-2.12)-1. Charles West (Killeen)

14.98.
 400R-1. Mt. Pleasant 41.68, 2. Vallejo 42.12, 3. McAteer 42.74, 4. Killeen 43.00, 5. Valley 43.20, 6. Long Beach Poly 43.21, 7. Lincoln (SF) 43.53, 8. Vanden 43.55.
 800R-1. Mt. Pleasant 1:28.54, 2. Killeen 1:28.77.
 1600R-1. St. Mary's 3:16.3, 2. Long Beach Poly 3:21.0, 3. Bishop O'Dowd 3:22.3.
 3200R-1. Amador Valley 8:17.1.
 SMR-1. Fortuna 3:32.65 (Mike Katri 1:55.7).
 DMR-1. Amador Valley 10:44.4.
 HJ-1. Brian Davidson (California) 6-6, 2. Jason Neuss (Livermore) 6-4.
 PV-1. Luis Lino (Liberty) 14-6, 2. Young Vong (Mt. Pleasant) 14-0.
 LJ-1. Billy Spiller (Killeen) 24-0, 2. Ernest Rebuglio (Independence) 21-11 1/4, 3. Eric Treuhart (Amador Valley) 21-11.
 TJ-1. Xavier Howell (Long Beach Poly) 44-



DEREK SHEPARD

Photo by Burt Davis

11 1/2, 2. Vathana Inthapatha (Eureka) 44-7.
 SP-1. Pete Swanson (San Benito) 54-0, 2. Henry Thomas (Long Beach Poly) 53-2 1/4.
 DT-1. Pete Swanson (San Benito) 164-4, 2. Travis Nutter (Amador Valley) 157-2.
Boys Open
Teams-1. St. Mary's 66 1/2, 2. Bishop O'Dowd 31, 3. Independence 29, 4. Livermore 25.

100-1. John Fisher (Skyline) 11.09.
 400 Heat 1-1. Adam Herndon (Bishop O'Dowd) 50.03.
 400 Heat 2-1. Bruce Gaetos (Riordan) 50.27.
 110H-1. David Dominguez (Eureka) 14.8, 2. Jason Neuss (Livermore) 15.29.
 400R-1. St. Mary's 42.52, 2. Skyline 43.34.
 LJ-1. Keir Gumbs (Bishop O'Dowd) 22-4.
 SP-1. Demeatre Brown (Pittsb) 50-4 3/4.
Girls Invitational
Teams-1. Long Beach 77, 2. Bishop O'Dowd 64, 3. Mt. Pleasant 56.
 100-1. Casey Custer (Martin, Arlington, Texas) 12.17, 2. Lesa Parker (Bishop O'Dowd) 12.18, 3. Hadad Aminah (Long Beach Poly) 12.24, 4. Andrea Anderson (Long Beach Poly) 12.26, 5. Cherice Ellison (Mt. Pleasant) 12.65, 6. Tanisha Johns (Burbank) 12.67.
 400-1. Latasha Gilliam (Pittsburg) 57.35, 2. LaShundra Crummie (Hogan) 57.54, 3. Latasha Prothro (Long Beach Poly) 57.56.
 800-1. Kerri Woolheater (Casa Grande) 2:15.9, 2. Kristie Johnson (Central) 2:22.4.
 1,600-1. Miesha Marzell (Bishop O'Dowd) 5:10.9, 2. Nika Horn (Santa Rosa) 5:11.0.
 100LH-1. Jennifer Odom (Independence) 14.68, 2. Bisa Grant (Bishop O'Dowd) 14.93, 3. Ashley Scharff (San Ramon) 15.05, 4. Julie Jenkins (San Ramon) 15.10.
 400R-1. Skyline 47.95, 2. Bishop O'Dowd 48.08, 3. Long Beach Poly 48.86, 4. Mt. Pleasant 49.72, 5. Vallejo 49.90, 6. San Ramon Valley 50.83, 7. Hogan 50.83.
 800R-1. Skyline 1:41.92.
 1600R-1. Long Beach Poly 3:56.74.
 3,200R-1. Long Beach Poly 10:02.7.
 SMR-1. Bishop O'Dowd 1:48.22.
 DMR-1. Santa Rosa 12:50.7.
 HJ-1. Julie Jenkins (San Ramon) 5-6, 2. Tanya Lazar-Lea (Vallejo) 5-6, 3. Kim Davis (Amador Valley) 5-2.
 LJ-1. Sheena Ferguson (Washington, S.F.) 17-11, 2. Cherice Ellison (Independence) 17-10, 3. Tanya Lazar-Lea (Vallejo) 17-7.
 TJ-1. Keeta Zimmerman (Eureka) 36-4, 2. Simone Warren (Vallejo) 35-9, 3. Delicia Pennix (Mt. Pleasant) 35-0 1/4.
 SP-1. Renee Hopkins (Burbank) 41-1 1/2, 2. Nicole Brooks (Berkeley) 35-10 1/2.
 DT-1. Sarita Ellison (Hogan) 132-8, 2. Tyrenda Stamps (Mt. Pleasant) 129-2, 3. Vicki Garcia (Amador Valley) 124-9, 4. Karin Zarccone (Amador Valley) 114-6.
Girls Open
Teams-1. Berkeley 76, 2. Vallejo 66, 3. Vallejo 55.
 400-1. Christie Johnson (Central) 58.82.
 800-1. Vicky Fleschner (Fortuna) 2:20.9.
 400R-1. Berkeley 50.00, 2. St. Elizabeth 50.40.
 LJ-1. Terene Harrington (Valley) 16-9 1/4.
 DT-1. Wendi George (Vallejo) 110-6.

Hampton-Phillips Track and Field Classic

San Jose City College

April 4, 1992

Wind: All events are wind-aided except boys hurdle final. The wind gauge was turned in

the wrong direction.

Boys

100 Final-1. Shon Lewis (Wilcox) 10.3, 2. Jarron Turner (Mt. Pleasant) 10.5, 3. Ali Evans (Vallejo) 10.6, 4. Richard Dupree (Mt. Pleasant) 11.01. 100 Heat 1: 1. Turner 10.91, 2. Lewis 11.03, 3. Rae Carruth (Valley) 11.07. 100 Heat 2: 1. Evans 10.89, 2. Dupree 11.00.
 200 Section 1-1. T. J. Johnson (Vallejo) 21.8, 2. Harold Green (Mt. Pleasant) 21.9, 3. Daz Snare (East Union) 22.1, 4. Andrew Jollivette (Sacred Heart) 22.2. 200 Section 2-1. Richard Dupree (Mt. Pleasant) 21.32, 2. Ali Evans (Vallejo) 21.64, 3. Shon Lewis (Wilcox) 21.65, 4. Jarron Turner (Mt. Pleasant) 21.68, 5. Shante Williams (Independence) 21.90, Derek Shepard (Lincoln, S.F.) false started.

400 Section 1-1. Mark McDonald (American) 50.48, 2. James Davis (Wood) 50.53. 400 Section 2-1. John Lockard (Logan) 49.38, 2. Gerald Stamps (Muir) 50.44.
 800-1. Kolvera Cheng (Independence) 2:03.0.

1600-1. Jacques Sailberg (Muir) 4:21.4, 2. Ahmik Jones (Livermore) 4:22.1, 3. Jeff Hartlin (Amador Valley) 4:23.4, 4. Nick Collins (Castlemont) 4:24.0.

3200-1. Dave Braden (Amador Valley) 9:40.1, 2. Jacques Sailberg (Muir) 9:41.3.
 110HH Final (+64)-1. Terry Fulton (Mt. Pleasant) 14.95, 2. Andy Colbert (Muir) 15.05, 3. Ross Bomben (Liberty) 15.31.
 110HH Heat 1-1. Bomben 15.0, 2. Jason Neuss (Livermore) 15.0. 110HH Heat 2-1. Fulton 15.0.

400H-1. Terry Fulton (Mt. Pleasant) 57.09.
 4 x 100-1. Mt. Pleasant 41.56, 2. Muir 41.74, 3. Vallejo 41.98, 4. Valley 42.20, 5. Logan 42.34, 6. Wilcox 42.74, 7. Fairfield 43.3.

4 x 400 Section 1-1. Vallejo 3:26.00, 4 x 400 Section 1-1. Mt. Pleasant 3:19.89, 2. Muir 3:20.0, 3. Logan 3:24.09.
 4 x 800-1. Santa Teresa 8:06.2 (Scott Cervelli 1:54.9).

HJ-1. Brian Davidson (California) 6-6.
 PV-1. Luis Lino (Liberty) 15-0, 2. To Vu (Mt. Pleasant) 14-0, 3. Ross Bomben (Liberty) 14-0.

LJ-1. Robert Purdue (Valley) 22-2 1/2 (next best jump 21-9 3/4), 2. Eric Houston (Logan) 22-2 1/2 (21-7 1/4), 3. Walter Tilles (Fairfield) 22-1, 4. Keir Gumbs (Bishop O'Dowd) 21-11 3/4, 5. Lloyd Pierce (Yerba Buena) 20-11 3/4, 6. Maurice Eaglin (Yerba Buena) 20-10 1/2.

TJ-1. Brandon Feddema (Fremont, S.) 47-6 3/4, 2. Kenny White (Muir) 46-0 1/4, 3. Keir Gumbs (Bishop O'Dowd) 45-11 1/2, 4. Melvin Simmons (Westmoor) 45-11 1/4, 5. Ray Carraway (Fairfield) 44-10 1/2.
 SP-1. Pena (Logan) 50-10 (50-5 1/2), 2. Elbert (Yerba Buena) 50-10 (48-7 1/4), 3. Maiou (Valley) 50-3 1/4.
 DT-1. J. Young (Piedmont Hills) 148-1.

Fresh/Soph

200-1. Mark Porter (Westmoor) 22.43.

Girls

100 Final-1. Kelly White (Logan) 12.26, 2.

California Track and Cross Country Coaches Alliance

PREP NOTES

Michelle Ferguson (Independence) 12:37, 3. Aisha Wallace (Skyline) 12:59, 4. Tami Simpson (Overfelt) 12:69, 100 Heats-Ferguson 12.2, White 12.3.

200 Section 1-1. Asheley Walker (Aptos) 26:17, 2. Tami Simpson (Overfelt) 26:31. 200 Section 2-1. Lesa Parker (Bishop O'Dowd) 23.7, 2. Cherice Ellison (Mt. Pleasant) 24.7, 3. Rachel Parrish (Wilcox) 25.1, 4. Roshawda Walker (Vallejo) 25.1, 5. Michelle Ferguson (Independence) 25.3, 6. Reyna Goodwin (Skyline) 25.3, 7. Jill Louie (Silver Creek) 25.9.

400-1. Malika Freeman (Skyline) 57.44, 2. Charlene Baldwin (Logan) 57.49, 3. Maya Greene (Bishop O'Dowd) 59.21, 4. Marlicia Walker (Lincoln, S.F.) 59.79.

1600-1. Lisa Crouch (Aptos) 5:07.6, 2. Miesha Marzell (Bishop O'Dowd) 5:16.9, 3. Mei-Ling McNamara (Logan) 5:18.2.

3200-1. Nicole Silva (Aptos) 11:27.7, 2. Angela Daik (Bishop O'Dowd) 11:35.1, 3. Kim Wilkes (Logan) 11:47.5. Magi Martinez (Wood) won in 11:27.5, but was disqualified for shoving at the finish.

100H Final-1. Jennifer Odom (Independence) 14.20, 2. Ashley Scharff (San Ramon) 14.45, 3. Sunshine Peterson (Logan) 15.09, 4. Aisha Sims (Bishop O'Dowd) 15.09, 5. Rebecca Peters (Willow Glen) 15.31, 6. Delicia Pennix (Mt. Pleasant) 15.4, 7. Esker Ugon (Vallejo) 15.76. 100H Heat 1-1. Scharff 14.4, 2. Peters 15.2, 3. Sims 15.5. 100H Heat 2-1. Odom 14.41, 2. Peterson 15.32. Tanya Lazar-Lea (Vallejo) fell in the middle of the race and didn't finish.

400H-1. Tanya Lazar-Lea (Vallejo) 1:05.2.

4 x 100-1. Bishop O'Dowd 47.66, 2. Skyline 48.02, 3. Logan 48.54, 4. Independence 48.94, 5. Mt. Pleasant 49.4, 6. Vallejo 49.9, 7. San Ramon 50.1.

4 x 400 Section 1-1. Independence 4:07.47, 2. East Union 4:09.31. 4 x 400 Section 2-1. Bishop O'Dowd 3:53.2, 2. Skyline 3:55.7, 3. Logan 4:02.5, 4. Vallejo 4:05.0, 5. Valley 4:08.0, 6. San Ramon 4:09.6.

4 x 800-1. Amador Valley 10:07.4. HJ-1. Aisha Sims (Bishop O'Dowd) 5-4. LJ-1. C. Sherwood (Watsonville) 17-3 1/2, 2. Cherice Ellison (Mt. Pleasant) 17-0, 3. T. Harrington (Valley) 16-10.

TJ-1. C. Sherwood (Watsonville) 38-7 1/2, 2. Lillian Ito (Fremont) 35-2 3/4, 3. D. Pennix (Mt. Pleasant) 35-2 1/2, 4. H. Green (Logan) 35-2.

SP-1. Mirinda Shafer (Logan) 38-6 1/2, 2. Karin Zarcone (Amador Valley) 35-8 1/2, 3. Vicki Garcia (Amador Valley) 35-4 1/4.

DT-1. Vicki Garcia (Amador Valley) 126-7, 2. T. Stamps (Mt. Pleasant) 119-1, 3. M. Sullivan (Watsonville) 114-0, 4. L. Zaraboi (Westmoor) 110-5.

Foothill-St. Francis Invitational

Foothill College

April 4, 1992

Boys

100-1. Young (San Mateo) 11.0. 200-1. Belony (Oak Grove) 22.4. 400-1. Belony (Oak Grove) 49.1, 2. Johnson (Mission San Jose) 49.6, 3. Jandersevit (Bellarmine) 50.0. 800-1. Nealon (Leland) 1:57.4, 2. McManus (St. Ignatius) 1:58.6, 1,500-1. Thomas (St. Francis) 4:06.8, 2. Balkman (Lynbrook) 4:07.6, 3. Ellington (Milpitas) 4:08.3.

3,000-1. Ellington (Milpitas) 8:51.6, 2. Sandu (Gunderson) 8:52.6, 3. McManus (St. Ignatius) 8:58.5, 4. Allen (Carmel) 9:00.0, 5. Glosser (St. Ignatius) 9:08.0. 110HH-1. Ruffin (St. Francis) 14.9. 400H-1. Swan (St. Ignatius) 56.4. 400R-1. St. Francis 43.9. MileR-1. Bellarmine 3:31.5. DMR-1. Gunderson 10:52.0.

HJ-1. McGee (Del Mar) 6-6, 2. Jilson (Prospect) 6-4, 3. Zeldier (Bellarmine) 6-4, 4. Mayes (Palo Alto) 6-4. LJ-1. Mayes (Palo Alto) 22-1, 2. Wan (St. Ignatius) 22-1. TJ-1. Barnes (Gunn) 43-5 1/4. PV-1. Slover (Leland) 15-4, 2. Williams (Del Mar) 14-0, 3. Chan (Mills) 14-0, 4. Cho (Palo Alto) 14-0, 5. Hinkin (St. Francis) 13-6. SP-1. Zaszczuk (St. Ignatius) 54-10 1/2, 2. Dossey (St. Ignatius) 51-5. DT-1. Zaszczuk (St. Ignatius) 171-6, 2. Robinson (Bellarmine) 165-0, 3. Dossey (St. Ignatius) 161-7, 4. Rodgers (Los Gatos) 157-5, 5. Tsagkas (St. Ignatius) 156-6. HT-1. Robinson (Bellarmine) 192-9.

Girls

100-1. (tie) Washington (St. Ignatius) and Chew (Lynbrook) 12.6. 200-1. Pieslak (Menlo-Atherton) 25.5. 400-1. Pieslak (Menlo-Atherton) 56.6. 800-1. Middlecoff (Los Gatos) 2:23.3, 1,500-1. Baldelli (St. Ignatius) 4:59.8, 2. Malander (Los Gatos) 5:04.6.

3,000-1. Sweeney (Leigh) 10:56.2. 100LH-1. Gabrielson (Monta Vista) 14.9, 2. Timberlake (Del Mar) 15.4. 330LH-1. Gabrielson (Monta Vista) 46.6, 2. Timberlake (Del Mar) 47.0, 3. Veeder (Los Gatos) 47.3. 400R-1. St. Ignatius 49.7. MileR-1. Los Gatos 4:07.1, 2. St. Francis 4:09.1, 3. Lynbrook 4:10.8. 3,200R-1. Carondelet 10:31.6. DMR-1. Mills 13:13.4.

HJ-1. Bekkers (Los Gatos) 5-4, 2. Watkins (St. Francis) 5-2, 3. Duffey (St. Francis) 5-2, 4. Johnson (Mitty) 5-2. LJ-1. Wood (St. Francis) 17-10, 2. Johnson (Mitty) 17-7, 3. Ocegueda (St. Francis) 17-4, 4. Sweet (Mitty) 17-1, 5. Poli (Soquel) 17-1. TJ-1. Gabrielson (Monta Vista) 36-0, 2. Snow (St. Francis) 35-8 1/2, 3. Ocegueda (St. Francis) 35-2 3/4, 4. Simmons (Mitty) 35-

0. SP-1. Bower (Gunn) 36-11 1/2, 2. Edwards (Del Mar) 36-9, 3. Mair (Mitty) 35-8. DT-1. Duke (Leigh) 111-7 1/2.

King City Invitational

King City

April 4, 1992

Boys Teams-North Monterey County 74, 2. Palma 63, 3. King City 61, 4. Arroyo Grande 53, 5. Carmel 34, 6. Jefferson 32, 7. Monterey 31 1/2, 8. Salinas 22 1/2, 9. Righetti 21, 10. North Salinas 20.

440-Mitchell (Monterey) 49.5. 880-

Mitchell (Monterey) 1:57.5.

HJ-Wright (North Monterey County) 6-5. TJ-Wright (North Monterey County) 46-4 1/4. SP-Panziera (Palma) 53-3. DT-Mulitalo (Jefferson) 167-0.

Girls Teams-North Monterey County 82, 2. Arroyo Grande 55, 3. Jefferson 38, 4. Newark Memorial 33, 5. Paso Robles 32 1/2, 6. Lompoc 32, 7. Gilroy 29, 8. Los Altos 28, 9. Seaside 26, 10. King City 25.

100LH-Broden (Jefferson) 15.1.

LJ-Brown (Seaside) 17-6. SP-Andrews (Arroyo Grande) 36-3. DT-Smith (North Monterey County) 122-10.

Lamont Invitational

College of the Redwoods, Eureka

April 4, 1992

from Rod Kaiser (Fortuna)

Boys

400-Quintal (Fortuna) 50.2. 800-Chris Gaston (Cardinal Newman) 1:56.5 (meet record; old 1:58.6 Andy Clark, McKinleyville, 1985). Jesse Hunt (Fortuna) 1:57.0.

TJ-Inthapatha (Eureka) 45-6 3/4 (meet record; old record 44-4 1/2 Rob Harrison, Eureka 1980).

Girls

100-Keeta Zimmerman (Eureka) 12.4 (12.3 in trials). 400-Vicky Fleschner (Fortuna) 58.8. 400R-Eureka 50.7.

TJ-Keeta Zimmerman (Eureka) 37-6 3/4 (meet record; old record 35-4 3/4 Amey Mitchell, Rancho Cotate 1989).

Woody Wilson/Reebok Invitational

Toomey Field, U.C. Davis

April 10, 1992

Boys

100-1. Craig Young (Florin) 11.12. 200-1. Jimmy Johnson (Mission San Jose) 22.0, 2. Erik Alston (Pittsburg) 22.2. 400-1. Jimmy Johnson (Mission San Jose) 47.87, 2. Erik Alston (Pittsburg) 48.37, 3. John Lockard (Logan) 49.48, 4. Mike Baeta (Rio Americano) 49.63, 5. Rashid Gayle (Roseville) 50.07. 800-1. Tim Welsh (Colfax) 1:56.5, 2. Jim Drake (Jesuit) 1:57.4, 3. Jared Scobes (West Valley) 1:57.9, 4. Jeff Dressen (Del Campo) 1:58.6, 5. Charles Williams (Hogan) 1:58.7.

1600-1. Devin McCord (El Camino) 4:23.0, 2. Rich Landrum (Casa Roble) 4:25.1, 3. Charles Williams (Hogan) 4:25.8. 3200-1. Steve Brown (Piedmont soph) 9:36.7, 2. Ken Rhoades (Colfax) 9:39.2, 3. Dave Schersen

(Del Campo) 9:40.4, 4. Keith McCord (El Camino) 9:43.7, 5. Kevin Girt (West Valley) 9:45.5. 110H-1. Greg Quesada (Pittsburg) 15.20. 300H-1. Greg Quesada (Pittsburg) 38.7, 2. Justin Heilmann (Colfax) 39.0, 3. Rueben Parrish (Atwater) 39.8.

4 x 100-1. Pittsburg 43.14, 2. Logan 43.25, 4 x 400-1. Logan 3:22.2 (52.3, John Lockard 48.6, 50.5, 50.9), 2. Roseville 3:23.1 (50.7, 52.0, 51.0, Rashid Gayle 49.4), 3. Pittsburg 3:23.5 (51.3, 53.5, 51.0, Erik Alston 47.7), 4. Colfax 3:27.1.

HJ-1. Gabe Gomez (Rio Americano) 6-6, 2. Todd Kelly (Big Valley) 6-6, 3. Jeff Bond (Piedmont) 6-4, 4. Andy Dabill (Big Valley) 6-4, 5. Nick Leonard (Roseville) 6-4. PV-1. Clarence Phelps (Christian Brothers) 14-9, 2. Corey Johnson (El Dorado) 14-3, 3. Truett Aitken (Jesuit) 13-9. LJ-1. Ian Hata-da (Casa Roble) 22-0 3/4. TJ-1. Ian Hata-da (Casa Roble) 44-9 1/4. SP-1. Adam Mossman (Cordova) 54-4 1/2, 2. DeMatre Browne (Pittsburg) 52-7 1/2, 3. Brian Pena (Logan) 50-0. DT-1. Dematre Brown (Pittsburg) 163-5.

Girls

100-1. Yvonne Scott (Johnson) 12.54, 2. Kelly White (Logan) 12.56. 200-1. Kelly White (Logan) 25.47, 2. LaShundra Crummie (Hogan) 25.83, 3. Tina Davis (Atwater) 25.84. 400-1. LaShundra Crummie (Hogan) 56.6, 2. Charlene Baldwin (Logan) 58.8, 3. Kristie Kerr (El Camino) 58.8. 800-1. Irene Hobbs (Atwater) 2:18.6, 2. Shelby McKnight (Casa Roble) 2:21.2, 3. Jessica McCool (Piedmont) 2:22.1, 4. Theresa Smith (Florin) 2:23.2.

1600-1. Mei-Ling McNamara (Logan) 5:12.5, 2. Dawn Cablitac (Florin) 5:14.5. 3200-1. Dawn Cablitac (Florin) 11:44.8, 2. Shannon Reed (Johnson) 11:45.2. 100LH-1. Yvonne Scott (Johnson) 14.6, 2. Erin McClung (Fall River) 14.6, 3. Sunshine Peterson (Logan) 14.7, 4. Rebecca Peters (Willow Glen) 15.4. 300LH-1. Wendy Essad (Florin) 45.8, 2. Sunshine Peterson (Logan) 46.0, 3. Kirsten Nelson (East Union) 46.5, 4. Christi Goodoff (Vacaville) 46.7.

4 x 100-1. Logan 48.8, 2. Johnson 49.9, 3. Hogan 50.0. 4 x 400-1. Logan 3:54.6 (59.6, Charlene Baldwin 57.5, 60.6, Kelly White 56.9), 2. Hogan 4:00.9, 3. West Valley 4:07.0, 4. Davis 4:08.9.

HJ-1. Alicyn Chappelle (Logan) 5-0. LJ-1. Erin McClung (Fall River) 18-2 3/4. TJ-1. Erin McClung (Fall River) 34-7. SP-1. Kristen Heaston (Ygnacio Valley) 42-9 1/2, 2. Tiann Rouse (Livingston) 40-9 1/2, 3. Miranda Shafer (Logan) 38-0 1/4, 4. Leslie Woolery (West Valley) 38-0 1/2, 5. Sarita Ellison (Hogan) 37-10 1/4, 6. Chelsea Stephens (Atwater) 36-7 1/2, 7. Heather Queyrel (Logan) 35-8 3/4. DT-1. Tiann Rouse (Livingston) 133-4, 2. Sarita Ellison (Hogan) 132-6, 3. Leslie Woolery (West Valley) 119-8, 4. Kristen Heaston (Ygnacio Valley) 115-6, 5. Aleta Thompson (Hogan) 112-8, 6. Heather Queyrel (Logan) 111-1.

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Ventura Relays

Ventura H.S. - Saturday March 14th
(no wind information provided)

Boys:

LJ-1. Dreher (Antelope Valley, Lancaster)
22-4 1/2, 2. Grant (Claremont) 21-11 1/2,
3. DeJesus (Channel Islands, Oxnard) 21-9.
SP-1. Taylor (Antelope Valley, Lancaster)
50-7 3/4. DT-1. McKeown (Newbury Park)
161-9 1/2, 2. Werth (Ventura) 158-9 1/2.
Scores: 1. Channel Islands 80; 2. Ventura
69; 3. Buena (Ventura) 51. (Frosh/Soph): 1.
Ventura 85.

Girls:

3200m-1. Jefferson (San Luis Obispo)
11:48.1. LJ-1. Austin (Rio Mesa, Oxnard)
16-9 1/2. TJ-1. Joslyn (Claremont) 35-7.
SP-1. Bill (University, Irvine) 36-1. DT-1.
Bill (University, Irvine) 118-4 1/2, 2. Tuimo-
loau (Channel Islands, Oxnard) 110-9.
(Frosh/Soph) DT-1. Righetti (Ventura)
113-3 1/2.

Scores: 1. Channel Islands 70, 2. (tie) Uni-
versity, Irv & Claremont 62. (Frosh/Soph):
1. Ventura 88.

Mt. Carmel Invitational

Poway High School, Sat., March 28.

By Doug Speck

Rain during the week forced a switch from the Mt. Carmel dirt facility to the all-weather one at fellow district school Poway, with the results on the surface there very pleasing. The day threatened rain, but held off and people got in some great running. Particularly impressive were running event Athletes of the Meet distance runners Daniel Das Neves (Helix, La Mesa) and Milena Glusac (Fallbrook). There were some strong races between top groups in a number of events which made this one of the more successful meets of this rain-plagued season.

Daniel Das Neves, the Brazilian native at Helix HS showed up fresh to run a 3200 here. The State 1600m champion and State Division II Cross Country titlist did not mess around, showing surprising sharpness in dragging the field through early 63.5-2:11.7-3:20.2 and 4:28.6 400 splits, obviously quickly separating himself from the field. Continuing to press the next three laps at 70 seconds each, Daniel was 7:59.7 with one lap to go. Racing past 3000m in 8:33.3 he finished in an impressive 9:04.02, the nation's best this spring. Das Neves returned to anchor his school's winning distance medley relay (10:40.69) at 4:25.1 after Geoff Pfau had put Helix out to a big lead with a 3:13.3 lead-off 1200.

Milena Glusac (Fallbrook) was every bit as impressive, as the north San Diego county junior had been hibernating a bit this winter (no indoor action) in preparation for the outdoor season. Her start here was impressive! Over 1600 meters Milena pushed the pace, separating from the field after two

laps and holding on for a 4:58.89 win. Re-turning almost two hours later Glusac churned a 5:24.4 first 1600m to leave a good group far behind, and looked strong through the finish in a 10:53.65 meet record win.

A great sprint match-up involved the state's top returnee, Riley Washington (Southwest, San Diego) (10:59-21.43 1991) and Gentry Bradley (Pius X, Downey) (10:4-10.82-21.54 1991). Over 100 meters the rocket-starting Washington had a meter lead through the first 50, with the more up-right, powerful Bradley running the Southwest star down from there on in, winning 10.89- 10.93 (wind -40). Over 200 meters Bradley is very aggressive from the start, blasting a 21.4w (+2.18 mps)-21.6w win over Washington, with the meet here probably providing the talented University of Nebraska-bound Southwest star with motivation for serious preparation the rest of the season.

On the Girls' side in the sprints, Monica Henderson (Morse, San Diego) surprised the state's top dasher outside of Marion Jones, Angela Sullivan (Serra, San Diego) 12.42-12.44 (-0.01 mps) over 100 meters, with Sullivan blasting a 24.93 200m (+44) to handle a good field. Allison Dring (Mt. Carmel) looked good during a 56.01 400m win, with Melanie Hand (Fallbrook) at that same level with a 2:15.45 800m triumph.

Erin Blunt (San Pasqual, Escondido), the state's top returning hurdler was kept honest, with the San Pasqual star having to run down quick-starting Shonna Bernard (Nogales, La Puente) in the 100 lows 14.34-14.41 (+25 mps), then losing her step over the last hurdle and costing herself a time in the mid 43's during a 44.37 300 barrier win. Amy Littlepage (Mt. Miguel, Spring Valley) had a good horizontal jump double (LJ 18-1, TJ 36-9 3/4w). Kristina Mataafa (Orange Glen, Escondido) was given the Girls Field Event Athlete of the Meet with her Shot Put (40-11 1/2) and Discus (140-3) wins.

Greg Robeson (Mt. Carmel), under 1:54.0 two years ago and a state finalist as a soph before injury last year, looked strong during a 1:55.68 800m win over a good field. Brian Keim (4:20.20) won the 1600m event. Nogales (La Puente) looked strong all during the day, with a "fastest of day" 400m relay win out of a second level race (42.57). Marc Baskin (Helix, La Mesa) surprised with a fine 47-2 Triple Jump win that garnered him the field event "Athlete of the Meet" award. Gabriel Torre (Notre Dame, Riverside) had a fine Discus series, topped by a 170-6 winner.

Surprises in the meet were Ryan Scott (Ontario), who took the level I 400 in 49.58 out of lane 1, and recent Texas transfer, Raphael Allen (El Modena, Orange), who won the 300 Intermediates at 39.82 out of the same lane.

Results:

Women: 100m (R-1) (wind -0.01 meters per second) 1. Henderson (Morse, San Diego) 12.42, 2. Sullivan (Serra, SD) 12.44, 3. Brooks (Pius X, Downey) 12.61. (R-3)

(+0.1) 1. Sandoz (Pius X, D) 12.70, 200m (R-1) (+44) 1. Sullivan (Serra, SD) 24.93, 2. Brooks (Pius X, D) 25.09, 3. Jayasinghe (Arcadia) 25.17, 4. Dring (Mt. Carmel, SD) 25.38, 5. Burton (Helix, La Mesa) 25.41. (R-2) (wind legal) 1. Fuller (Chula Vista) 26.45, 400m (R-1) 1. Dring (Mt. Carmel) 58.01, 2. Bernestine (Pius X, D) 58.82, 3. Rashad (Lynwood) 59.83. (R-2) 1. Birdsall (Mt. Carmel) 59.41, 800m 1. Hand (Fallbrook) 2:15.45, 2. Dahlberg (El Modena, Orange) 2:20.13.

1600m-1. Glusac (Fallbrook) 4:58.89 (4:40.1 1500m), 2. Lopez (Compton) 5:11.30 (4:52.4), 3. Keim (San Pasqual, Escondido) 5:13.30 (4:55.4), 3200m-1. Glusac (Fallbrook) 10:53.65 (10:15.7 3000m), 2. Tyrell (San Pasq, Esc) 11:33.92 (10:51.3), 3. Chiariello (San Marcos) 11:38.90 (10:58.1), 4. Whitfield (El Modena, Or) 11:41.86 (10:58.6), 5. Stuart (West Hills, Santee) 11:47.09, 6. Vergith (Mt. Carmel) 11:47.55, 100mLH- (R-1) (+25) 1. Blunt (San Pasqual, Esc) 14.34, 2. Bernard (Nogales, La Puente) 14.41, 3. Sims (Nogales, La Puente) 14.57, 4. Brown (Ontario) 15.19, 5. Parker (Orange Glen, Escondido) 15.70, 300m LH-(R-1) 1. Blunt (San Pasq) 44.37, 2. Bernard (Nogales, LP) 45.56, 3. McCaister (Ramona) 47.84. (R-2) 1. Key (Lynwood) 47.21.

400m Re-(R-1) 1. Morse (SD) 48.98, 2. Pius X (Down) 49.34, 3. Mt. Carmel 49.45, 4. Lynwood 49.99, 5. Serra (SD) 50.25. (R-2) 1. Arcadia 50.59, 2. Patrick Henry (SD) 50.81, 3. Lincoln (SD) 50.96, 4. Orange Glen (Esc) 50.98, 5. Pomona 51.12, 1600m Re-(R-1) 1. Mt. Carmel 4:00.47 (Dring 56.3), 2. San Pasqual (Esc) 4:00.47, 3. Nogales (LP) 4:05.00, 4. Fallbrook 4:08.63. (R-2) 1. Arcadia 4:09.2 (Jayasinghe 56.9), 2. Rancho Bernardo 4:10.9, 4x800m 1. Mt. Carmel (SD) (Tupper 2:25.6-Kurth 2:31.3-Vergith 2:29.7-Scott 2:23.4) 9:50.19, 2. Rancho Buena Vista 9:55.48, 3. San Pasqual (Esc) 10:00.57, 4. El Capitan (Lakeside) 10:05.87, Dist Med Re-1. Arcadia 13:32.65.

HJ-1. Boykin (Rancho Bernardo) 5-1. LJ- (wind-legal jumps) 1. Littlepage (Mt. Miguel, Spring Valley) 18-1, 2. Forest (Mt. Mig) 17-6 1/4, 3. Doby (Lynwood) 17-6, 4. Clinger (Orange Glen, Esc) 17-3 3/4, 5. Kemp (San Diego, Encinitas) 17-3/4. TJ (wind-aided jumps) 1. Littlepage (Mt. Mig) 36-9 3/4w, 2. Clinger (Orange Glen, Esc) 36-1w, 3. Huley (Ontario) 35-11 1/2w, 4. Burnett (Lynwood) 35-10 1/2w, 5. Doby (Lynwood) 35-1 3/4w. SP-1. Mataafa (Orange Glen, Esc) 40-11 1/2, 2. Maumausolo (Mt. Carmel) 38-8 1/4, 3. Wickman (Mira Mesa, SD) 37-11 1/4, 4. Smith (Patrick Henry, SD) 37-8 1/4. DT-1. Mataafa (Or Glen) 140-3, 2. Maumausolo (Mt. Carmel) 137-2, 3. Smith (Patr Henry) 121-10, 4. Croteau (San Diego, Enc) 117-2, 5. Wickman (Mira Mesa, SD) 111-9. Athletes of Meet: Running: Milena Glusac (Fallbrook), Field: Kristina Mataafa (Orange Glen, Escondido)

Men: 100m (R-1) (wind -40 mps) 1. Bradley (Pius X, D) 10.89, 2. Washington (Southwest, San Diego) 10.93. (R-2) (-27) 1. De-

vine (Nogales, LP) 11.13, 200m (+2.18 mps) 1. Bradley (Pius X, D) 21.4w, 2. Washington (SW, SD) 21.6w, 3. Lanham (Nogales, LP) 22.1w. (R-2) (+1.47) 1. Devine (Nogales, LP) 22.40, 400m-(R-1) 1. Scott (Ontario) 49.58, 2. Brown (Serra, SD) 49.97, 3. King (Nogales, LP) 50.00, 4. Ferguson (Morse, SD) 50.46, 5. Nunn (San Diego, Enc) 50.85, 6. McQueen (Morse, SD) 50.97. (R-2) 1. Bennett (Compton) 50.75, 800m-1. Robeson (Mt. Carmel) 1:55.68, 2. Sanchez (Castle Park, Chula Vista) 1:57.19, 3. Dayton (Mira Mesa, SD) 1:57.80, 4. Zastovpil (Grossmont, La Mesa) 1:58.63, 5. Alcaraz (La Jolla) 1:58.72.

1600m-1. Keim (San Pasqual, Esc) 4:20.20 (4:04.4), 2. Wenger (Mira Mesa, SD) 4:20.76 (4:04.9), 3. Straw (La Jolla) 4:23.13 (4:06.7), 4. Serrano (Pl. Loma) 4:24.24, 5. Kolenic (Rancho Bernardo) 4:24.90, 3200m-1. Das Neves (Helix, La Mesa) 9:04.02 (8:33.3 3000m), 2. Romero (San Pasqual, Esc) 9:24.27, 3. Serrano (Pl. Loma) 9:37.77, 4. Kayne (Grossmont, La Mesa) 9:40.45, 5. Day (Mira Mesa, SD) 9:45.95, 110m HH-(R-1) (+75) 1. Ingram (Lynwood) 15.25. (R-2) (+35) 1. Bailey (Rancho Buena Vista, Vista) 15.10, 2. Parry (Mira Mesa, SD) 15.14, 300mLH-(R-1) 1. Thompson (Fallbrook) 40.63, 2. Bryant (Lynwood) 40.79. (R-2) 1. Allen (El Modena, Or) 39.82. (R-3) 1. Johnson (Nogales, LP) 40.75.

400m Re-(R-1) 1. Lincoln (SD) 42.72, 2. Lynwood 43.30, 3. Pius X (Down) 43.33, 4. Kearny (SD) 43.59, 5. Southwest (SD) 43.67, 6. Morse 43.91. (R-2) 1. Nogales (LP) 42.57, 2. San Pasqual (Esc) 43.63, 1600m Re-(R-1) 1. Morse 3:23.5, 2. Nogales (LP) 3:24.9, 3. Ontario 3:26.1, 4. Compton 3:27.0, 5. Pius X (Down) 3:29.3, 6. Lynwood 3:29.5. (R-2) 1. Mt. Carmel 3:28.21. (R-3) 1. Mira Mesa 3:28.99, 4x800-1. San Pasqual 8:14.96 (Romero 2:00.4), Dist Med Re-1. Helix (La Mesa) (Pfau 3:13.3-Voinov 54.9-Bobrowski 2:07.3-Das Neves 4:25.1) 10:40.69.

HJ-1. Reilly (San Pasqual, Esc) 6-6, 2. Santos (Rancho Bernardo) 6-4. PV (I) 1. Bailey (Rancho Buena Vista, V) 14-0, 2. Ryneason (Valhalla, El Cajon) 14-0, 3. Budin (Orange Glen, Esc) 14-0, 4. Van Sluis (El Modena, Or) 14-0, 5. Shimooka (San Pasq) 13-6, 6. Fipp (La Jolla) 13-6, 7. Fuller (RBV) 13-0. (II) 1. Wilson (RBV) 13-0. LJ (wind legal) 1. Harrison (Helix, La Mesa) 21-11 3/4, 2. Boykins (El Cajon) 21-10, 3. Adams (Nogales, LP) 21-7 1/2, TJ- (wind legal) (I) 1. Baskin (Helix, La Mesa) 47-2, 2. Adams (Nogales, LP) 45-2, 3. Boykin (El Cajon) 44-10, 4. Russell (University City, San Diego) 43-8 1/2, 5. Ellington (Lynwood) 43-6 1/4. (II) 1. Perry (Mira Mesa, SD) 46-0 1/4, SP-1. Glock (Nogales, LP) 53-10 1/4, 2. Torre (Notre Dame, Riv) 52-8 1/4, 3. Giakas (Arcadia) 51-8 1/4, 4. Koch (El Capitan, Lakeside) 50-6 3/4. DT-1. Torre (Notre Dame, Riv) 170-6.

Athletes of Meet: Track: Daniel Das Neves (Helix, La Mesa), Field: Marc Baskin (Helix, LM).

PREP NOTES

Long Beach Wilson Invitational

Cal State Long Beach. March 28.

Boys:

100m-1. Hale (St. John Bosco, Bellflower) 10.8, 2. Hadnot (Centennial, Compton) 10.9. 1600m-1. Reyes (Lakewood) 4:17.2. 110mHH-1. Brooks (Wilson, Long Beach) 14.7, 2. Hale (St. John Bosco, Bellflower) 14.8.

HJ-1. Ikpeowo (Wilson, Long Beach) 6-2. PV-1. Monaghan (Wilson, Long Beach) 13-6. LJ-1. Hicks (Wilson, Long Beach) 21-8. TJ-1. Baptiste (Banning, Wilmington) 47-2. 2. Ikpeowo (Wilson, LB) 45-7, 3. McClain (Jordan, LB) 44-7 3/4, 4. Nelson (Wilson, LB) 44-5 1/2.

400m Re-1. Millikan (Long Beach) 42.7, 2. Wilson (Long Beach) 42.8, 3. Carson 43.3, 4. Centennial (Compton) 43.56. 800m Re-1. Millikan (LB) 1:30.9. 1600m Re-1. Wilson (LB) 3:22.2, 2. Bishop Montgomery (Torrance) 3:28.0, 3. St. John Bosco (Bellflower) 3:30.5, 4. Millikan (LB) 3:31.4. 3200m Re-1. St. John Bosco (Bellflower) 8:16.5, 2. Palmdale 8:22.2, 3. Wilson (LB) 8:23.2. Spr Medley-1. Centennial (Compt) 3:38.2, 2. Palmdale 3:38.7, 3. Jordan (LB) 3:40.7. Dist Med Re-1. Saugus 10:46.1, 2. San Marino 10:50.2, 3. Lakewood 10:50.4.

Girls:

100m-1. Bass (Lakewood) 12.3. 100mLH-1. Nellis (Palmdale) 14.8, 2. Takenaka (San Marino) 15.5. 1600m-1. Hsu (San Marino) 5:03.3, 2. Dien (La Canada) 5:12.4, 3. Pengra (La Canada) 5:13.0, 4. Lewis (Wilson, LB) 5:16.7.

HJ-1. Watson (Saugus) 5-2, LJ-Lang (Centennial, Compt) 17-3 1/2. TJ-Lang (Centennial, Compt) 36-4, 2. Vigilant (Wilson, LB) 35-10 3/4.

400m Re-1. Wilson (LB) 49.5, 2. San Marino 50.7, 3. Palmdale 51.0, 4. Centennial (Compton) 51.0. 800m Re-1. Wilson (LB) 1:45.3, 2. Palmdale 1:47.7, 3. Ganesha (Pomona) 1:50.8, 4. Carson 1:50.8, 5. Santa Margarita (Rancho SM) 1:51.3. 1600m Re-1. Wilson (LB) 4:01.7, 2. San Marino 4:03.6. 3200m Re-1. Wilson (LB) 9:53.43, 2. Santa Margarita (Rancho SM) 10:00.5. Spr Medley Re-1. Santa Margarita (Rancho SM) 4:27.4, 2. La Canada 4:29.3, 3. Saugus 4:29.6, 4. Wilson (LB) 4:29.8, 5. Palmdale 4:30.0. Distance Medley-1. Lakewood 12:48.3, 2. Wilson (LB) 12:58.1, 3. La Canada 13:03.9, 4. San Marino 13:20.1.

Arroyo Invitational

Azusa Pacific College. Sat., March 28.

Boys:

400m-1. Sermons (Bishop Amat, La Puente) 51.1. 800m-1. Ray (Bonita, La Verne) 1:59.1. 1600m-1. Martinez (San Gabriel) 4:19.8 (70 first 400m), 2. Hake (Arroyo, El Monte) 4:29.8. 3200m-1. Mitchell (South Hills, West Covina) 9:26.5, 2. Bucman (Etiwanda) 9:38.8, 3. Marica (Hart, Newhall) 9:40.6, 4. Echeveste (Mountain View, El Monte) 9:42.0, 5. Contreras (Bish-

op Amat, La Puente) 9:42.4, 6. Rehnstrom (Glendora) 9:49.9, 7. Hernandez (Glendora) 9:54.2, 8. Cervantes (Arroyo, EM) 9:54.1, 9. Trujillo (Bell Gardens) 9:59.8. 2000m Steeplechase-1. Ray (Bonita, La Verne) 6:19.8, 2. Frack (Esperanza, Anaheim) 6:23.8, 3. Walsh (Esperanza) 6:28.3. 1600m Re-1. Etiwanda 3:29.8. Girls: 400m-1. Bowlong (Etiwanda) 58.1, 800m-1. Russell (Etiwanda) 2:24.8. 1600m-1. Velarde (Mountain View, EM) 5:23.6. 3200m-1. Delgado (Temple City) 11:43.8, 2. Yaba (Bishop Amat, La Puente) 11:45.5. 1600m Re-1. Etiwanda 4:13.7.

Tustin Relays

Rancho Santiago College. March 28.

Boys:

400m Re-1. West Torrance 44.2, 2. Fountain Valley 44.3. 160m Re-1. Rowland (Rowl Hts) 3:31.0, 2. West Torrance 3:31.4. Dist Med-1. Claremont 10:43.8, 2. Mission Viejo 10:44.1, 3. West Torrance 10:49.6, 5. Rowland (RH) 11:00.1. 3200m Re-1. West Torrance 8:16.3. 6400m Re-1. Claremont 18:19.1, 2. Rowland (RH) 18:36.8. Team Champion: Fountain Valley.

Girls:

400m Re-1. Mission Viejo 50.3. 800m Re-1. Fountain Valley 1:46.3. 1600m Re-1. Mission Viejo 4:10.9, 2. El Toro 4:12.0. 3200m Re-1. El Toro 9:46.4, 2. Claremont 10:01.7, 3. Orange Lutheran 10:07.5, 4. Mission Viejo 10:10.6. 6400m Re-1. Irvine 21:56.5, 2. Ocean View (Hunt Bch) 22:15.1, 3. El Toro 22:21.3. Distance Med-1. Orange Lutheran 12:56.2 (Boisvert 5:02), 2. Ocean View (HB) 12:57.0, 3. Laguna Hills 13:04.1, 4. Claremont 13:09.9, 5. Tustin 13:16.9, 6. Irvine 13:30.9. Team Champions: Claremont.

Valencia Invitational

Valencia HS. Saturday, March 28.

Boys:

HJ-1.1. Salim (Sonora, La Habra) 6-6. SP-1. Braun (Villa Park) 51-10 1/4. Team Champions: Valencia. Girls: 200m-1. McKelvy (Gahr, Cerritos) 26.75. HJ-1.1. Rusher (Estancika, Costa Mesa) 5-4. LJ-1.1. Barksdale (Gahr, Cer) 17-0 1/2. TJ-1. Covington (Warren) 35-1, 2. Folino (Valencia, Plac) 34-0 1/4. SP-1. Burton (Warren, Downey) 39-8, 2. Wilson (Charter Oak, Covina) 35-2 1/2. DT-1. Wilson (Charter Oak, Cov) 116-0. Team: Gahr.

San Luis Obispo County Championships

Arroyo Grande HS. March 28.

Boys:

1600m-1. Dunn (Arroyo Grande soph) 4:26.2, 2. Divergilio (San Luis Obispo) 4:29.8. PV-1. Will (Arroyo Grande) 13-6. Girls: 1600m-1. Jefferson (San Luis Obispo) 5:22.34. SP-1. Newell (San Luis Obispo) 35-8. DT-1. Lopez (Arroyo Grande frosh)

118-7, 2. Andrews (Arroyo Grande soph) 113-8.

Brea-Olinda Relays

Brea HS. Saturday, March 28.

Boys:

100m-1. Young (Woodbridge, Irvine) 10.9. 400m-1. Zroka (Whittier Christian, La Habra) 50.7. 1600m-1. Sera (Upland) 4:26.9. 110mHH-1. Ford (Diamond Bar) 14.6. 400m Re-1. Woodbridge (Irv) 43.5. 1600m Re-1. Upland 3:29.2. Team Champion: Upland 104.

Pasadena Games

Occidental College. Sat., March 28.

Results:

Girls: 100m (R-1) 1. Sumpter (Muir, Pas) 12.41. 200m (R-1) 1. Marion Jones (1000 Oaks) 23.47, 2. Jackson (Bakersfield) 24.87, 3. Sumpter (Muir, Pas) 25.29, 4. Conwright (Dorsey, LA) 25.37, 5. Myema Jones (Hawthorne) 25.46, 6. Miller (Westridge, Pasadena) 25.47, 7. Hart (Monrovia) 26.03. (R-2) 1. Rogers (Channel Islands, Oxnard) 26.43. (R-3) 1. Hardman (Poway) 26.39. 400m (R-1) 1. Jones (1000 Oaks) 54.44, 2. Nichols (Bakersfield) 55.07, 3. King (Hawthorne) 58.18, 4. Hardman (Poway) 58.40, 5. Miller (Westridge, Pas) 59.03. (R-3) 1. Ali (Muir, Pas) 58.87, 2. Rogers (Channel Islands, Oxn) 58.94, 3. Walker (Dorsey, LA) 59.65, 4. Oresel (Santa Ana Valley) 59.98.

800m (R-1) 1. Shaw (Fillmore) 2:12.66, 2. Miller (North Bakersfield) 2:14.31, 3. Ossey (Hawthorne) 2:17.06, 4. Heidt (Canyon, Canyon Country) 2:18.84, 5. De la Cerda (Hart, Newhall) 2:19.79, 7. Hidalgo (Clovis) 2:21.48. (R-2) 1. Pederson (Simi Valley) 2:19.19, 2. Vanatta (Buena, Ventura) 2:20.99. 1600m-1. Shaw (Fillmore) 5:04.44, 2. Miller (North Bakersfield) 5:08.32, 3. Aparicio (Fillmore) 5:10.22, 4. Pederson (Simi Valley) 5:13.88, 5. De la Cerda (Hart, Newhall) 5:16.97, 6. MacDougall (Crescenta Valley, La Crescenta) 5:18.73. 3200m-1. Aparicio (Fillmore) 11:00.01, 2. Muneno (Peninsula RH Ests) 11:14.45, 3. Barajas (Channel Islands, Oxn) 11:21.71, 4. Rodriguez (Oxnard) 11:27.09, 5. Senga (Peninsula, RH Ests) 11:29.37, 6. Dialla (Simi Valley) 11:38.22, 7. Giles (Canyon, CC) 11:39.68.

100mLH (R-1) 1. Warner (West Bakersfield) 14.54, 2. Brookhart (Muir, Pas) 14.83, 3. Mays (Hawthorne) 15.18, 4. Moten (Muir, Pas) 15.35, 5. Mosely (Muir, Pas) 15.43, 6. Hangar (1000 Oaks) 15.56. 300mLH (R-1) 1. Veale (Poway) 47.47, 2. Mosley (Muir, Pas) 47.68. (R-2) 1. Moten (Muir, Pas) 47.79. (R-3) 1. Mosier (Canyon, Canyon Country) 47.95.

400m Re (R-1) 1. Muir (Pas) 48.04, 2. Thousand Oaks 48.21, 3. Bakersfield 48.24, 4. Hawthorne 48.98, 5. Poway 50.42. (R-2) 1. Newport Harbor (Newp Bch) 50.03, 2. Westridge (Pas) 50.66, 3. Santa Ana Valley 51.03. (R-3) 1. Dominguez (Compt) 49.67, 2. West Bakersfield 50.21, 3. Channel Islands (Oxn) 50.52, 4. Oak Park 50.88.

1600m Re (R-1) 1. Hawthorne 3:59.50, 2. 1000 Oaks 4:02.07, 3. Bakersfield 4:03.20, 4. Poway 4:05.63, 5. Dominguez (Compt) 4:06.72, 6. Newport Harbor 4:08.08. (R-2) 1. Dorsey (LA) 4:04.26, 2. Peninsula (Rolling Hills Estates) 4:08.98. Dist Med Re-1. Channel Islands (Oxn) 12:47.43, 2. Poway 12:50.65, 3. Peninsula (Roll Hills Ests) 12:57.58, 4. 1000 Oaks 12:58.07, 5. Canyon (Canyon Country) 13:07.35, 6. South Pasadena 13:07.88.

HJ-1.1. Boswell (Bullard, Fresno) 5-6, 2. Roberts (Muir, Pas) 5-4, 3. Black (Downey) 5-4, 4. Ullrich (North Bakersfield) 5-2, 5. Komin (Bakersfield) 5-2. LJ-1.1. Warner (West Bakersfield) 18-6, 2. Hayes (Peninsula, Rolling Hills Ests) 17-5 3/4, 3. Ward (Ventura) 16-11 1/2. TJ-1.1. Henderson (Bakersfield) 39-0 1/2, 2. Roberts (Muir, Pas) 38-1 1/2, 3. Burns (W. Bakersfield) 35-9 1/2, 4. Hughes (Marshall, Pasadena) 35-8 1/4. SP-1. Misipeka (Temecula Valley) 41-0 1/2, 2. Kavar (Crescenta Valley, La Cresc) 39-6, 3. Crowder (Bakersfield) 39-4 3/4, 4. Hampton (North Bakersfield) 38-1 3/4, 5. Sephus (Mission Bay, San Diego) 37-2, 6. Heads (Newport Harbor, Newp Bch) 36-8 1/4, 7. Perrault (Peninsula RH Ests) 36-4 1/4. DT-1. Heads (Newport Harbor, Newp Beach) 118-10, 2. Tuimolau (Channel Islands, Oxnard) 118-5, 3. Hampton (North Bakersfield) 117-11, 4. Sephus (Mission Bay) 117-2, 5. Hart (North Bakersfield) 118-0, 6. Misipeka (Temecula Valley) 115-4, 7. Dijkstra (Bakersfield) 112-6.

Boys:

100m (R-1) 1. Nolden (Muir, Pas) 10.99, 2. Jackson (Dominguez, Compt) 11.03, 3. Serphas (Birmingham, Van Nuys) 11.11. Frosh/Soph 100m (R-1) 1. Holwell (West Bakersfield) 10.81, 2. Howard (West Bakersfield) 11.00. 200m (R-1) 1. McCutlough (Muir, Pas) 22.02, 2. Jasper (Muir) 22.30, 3. Jennings (Bakersfield) 22.60. (R-3) 1. Stokes (Thacher, Ojai) 22.35. 400m (R-1) 1. Davis (Santa Ana Valley) 48.83, 2. Burks (Lompoc) 48.97, 3. Oliver (Hawthorne) 49.30, 4. Williams (Dorsey, LA) 49.31, 5. Moguel (Birmingham, Van Nuys) 49.37, 6. Stamps (Muir, Pas) 49.99, 7. Laws (Bakersfield) 50.17. (R-2) 1. Wisherd (Channel Islands, Oxn) 49.54, 2. Clark (Dorsey, LA) 50.71, 3. Mason (Dominguez, Compton) 50.95. (R-3) 1. Barby (Santa Ana Valley) 50.08, 2. Nelson (Dominguez, Compton) 50.72.

800m (R-1) 1. Armour (Bakersfield soph) 1:52.5, 2. Woods (Duarte) 1:54.40, 3. Lopez (North Bakersfield) 1:54.54, 4. Lopez (Fillmore) 1:54.98, 5. White (Muir, Pas) 1:55.44, 6. Steip (Peninsula, RH Ests) 1:55.68, 7. Gutierrez (Clovis) 1:56.34. (R-2) 1. Shelby (Pasadena) 1:58.88, 2. Higginbotham (Poway) 1:59.55. (R-3) 1. Brooks (Alta Loma) 1:59.20, 2. Nugent (1000 Oaks) 1:59.82, 3. Wenz (Canyon, CC) 1:59.82. 1600m-1. Casillas (Hoover, Glendale) 4:20.55, 2. Mendoza (Channel Islands, Oxn) 4:21.73, 3. Valdez (Simi Valley) 4:22.31, 4. Lindsay (Peninsula, Rolling Hills Ests) 4:24.84, 5. Salberg (Muir, Pas) 4:26.26, 6. Lopez (Fillmore) 4:26.38, 7. Ma-

California Track and Cross Country Coaches Alliance

PREP NOTES

ciel (Fremont, LA) 4:26.96, 8. Tallekson (Nordhoff, Ojai) 4:28.35, 3200m--1. Casillas (Hoover, Glend) 9:11.97, 2. Brewer (North Bakersfield) 9:20.79, 3. Grossman (Hart, Newhall) 9:24.19, 4. De la Cerda (Hart, Newhall) 9:24.62, 5. Minami (Peninsula, RH Est's) 9:32.07, 6. Elizondo (Mission Bay, SD) 9:32.28, 7. Brito (Santa Ana Valley) 9:48.30, 8. Darpeno (Channel Islands, Oxn) 9:48.66, 9. R. Sobel (Canyon, CC) 9:48.68, 10. Rivera (Clovis) 9:49.67.

110mHH--(R-1) 1. Moten (Loyola, LA) 14.44, 2. Smith (Hawthorne) 14.56, 3. Bonner (Birmingham, Van Nuys) 14.77, 4. Parker (Bakersfield) 15.33, (R-2) 1. Stokes (Thacher, Ojai) 14.90, (R-3) 1. Medeaes (Hart, Newhall) 15.40, 300mHH--(R-1) 1. Moten (Loyola, LA) 38.40, 2. Jones (Hawthorne) 40.23, 3. Elliott (Escondido) 40.28, 4. Bennett (Alta Loma) 40.38, 5. Esselman (Poway) 40.72, (R-2) 1. Mitchell (Muir, Pas) 40.37, (R-3) 1. Sweetman (Canyon, Canyon Country) 39.70, 2. Noala (Hawthorne) 40.36, 3. Phenev (Schurr, Montebello) 40.54.

400m Re--(R-1) 1. Muir (Pasadena) 41.65, 2. Hawthorne 42.16, 3. Bakersfield 42.88, 4. Dominguez (Compt) 43.03, 5. Santa Ana Valley 43.25, 6. Birmingham (Van Nuys) 43.37, 7. Crenshaw (LA) 43.66, (R-2) 1. Lompoc 43.34, (R-3) 1. Marshall (Pasadena) 43.59, 2. Channel Islands (Oxn) 43.87, Frosh/Soph 400m Re--(R-1) 1. West Bakersfield 42.56, (R-2) 1. Muir (Pas) 43.66, 1600m Re--(R-1) 1. Dorsey (LA) 3:19.18, 2. Muir (Pas) 3:20.44, 3. Santa Ana Valley 3:20.76, 4. Belmont (LA) 3:21.00, 5. Alta Loma 3:21.18, 6. Hawthorne 3:26.09, 7. Birmingham (Van Nuys) 3:26.27, (R-2) 1. Bakersfield 3:20.62, 2. Dominguez (Compt) 3:22.55, 3. Duarte 3:28.50, (R-3) 1. Lompoc 3:25.23, 2. Channel Islands (Oxnard) 3:29.02, 3. Buena (Ventura) 3:29.13, Dist Med Re--1. Peninsula 10:31.20, 2. Hart (Newhall) 10:35.51, 3. Bakersfield 10:37.81, F/S 800m Re--1. West Bakersfield 1:30.65.

HJ--1. Parker (Bakersfield) 6-4, 2. Hulce (Alhambra) 6-4, PV--1. Alusha (El Rancho, Pico Rivera) 14-0, 2. Lovank (North Bakersfield) 13-4, LJ--1. Stokes (Thacher, Ojai) 22-7 1/4, 2. Rodriguez (Bell Gardens) 22-3 1/2, 3. Green (Muir, Pas) 21-9 3/4, TJ--1. Green (Muir, Pas) 46-4, 2. McAllister (Marshall, Pasadena) 45-9, 3. White (Muir, Pas) 45-2, SP--1. Buckley (Bakersfield) 58-0, 2. Mancuso (Newport Harbor, Newp Bch) 58-8 3/4, 3. Cienega (Escondido) 53-7 1/2, 4. Ralphs (Newport Harbor, NB) 50-5, DT--1. Buckley (Bakersfield) 192-4, 2. Wainwright (South Bakersfield) 170-11, 3. Werth (Ventura) 162-9, 4. Pearce (Trabuco Hills, Mission Viejo) 155-2.

Recycler Classifieds/ Trabuco Hills Invitational

Trabuco Hills HS, Saturday, April 4,
By Doug Speck

How many first year High School Invitational meets have you ever been to where the fi-

nal results are totally complete five minutes after the last running event of the day. It was that kind of a Saturday on the new super all-weather facility at Trabuco Hills High School for Coach Jack Recla's inaugural "Recycler Classifieds/Trabuco Hills Invitational" on April 4th. The format of the meet was to have invitational individual and relay races with open races in the same events where entry numbers justified it, and large single field event groups. There were running relay and individual field event Boys Frosh/Soph contests held. After a great day of action Marion Jones (1000 Oaks) and Goss Lindsay (Peninsula, Rolling Hills Estates) were given the Athlete of the Meet awards for fine multiple race efforts.

Jones here would run the 4x100 relay, Invitational 200 and 400 events, and run on the TO 4x400 relay. Starting our viewing day off in fine style early on with a screeching anchor leg that had her come from eight meters back on some very good people to an eight meter win, Jones was clocked in 10.7 for her 100 meters from the starting line for that individual event on into the finish with the Lancers recording a 48.95 time. A bit later, in the 400 event, Jones sat on Porchia King of Hawthorne for 300 meters (Marion went out at 13.8 for the first 100 meters, was 27.5 at 200, and 42.7 at the 300) before she went into overdrive and charged the straightaway 100 in 14.2 for a 56.89 win. Over 200 meters Marion appeared to put in a good effort, recording a 23.96 with no competition with a 0.3 meter per second wind behind her. The 4x400 relay was her best running, with Hawthorne having over a four second lead after a 58.0 first leg. Marion would show up on the second leg, taking the baton at 62.2 into the race. Wasting no time here, Jones blasted out and carried her effort the full way in, recording an impressive 53.6 clocking.

On the Boys' side, Goss Lindsey was the headliner. The Peninsula (Rolling Hills Estates) senior raced away early from a good group in the 1600 meter event, crossing the 1200 point with a 40 meter lead at 3:08.1. The powerful striding Peninsula star soloed it on in to a very impressive 4:15.74 win. Much later in the afternoon over 3200 meters, Goss was part of a pack that followed Chino's James O'Connor through the four lap point, with Lindsey and Pt. Loma's Gilbert Serrano breaking away over the final lap or two. Lindsey was every bit as impressive here, racing a 63.2 final 400 to finally lose eleventh grader Serrano with a half a lap to go.

Keith Moten (Loyola, L.A.) continued his fine season of hurdling, racing 14.51 to dominate the Highs, then recording a 38.57 300 Meter Intermediates winner to take Desmond Smith (Hawthorne), slowly recovering from leg injuries (2nd here at 39.11). Joe Lim (Sonora, La Habra) impressed with a 6-8 High Jump clearance, with Tony Mancuso (Newport Harbor) the other top field mark for the Boys with a 56-5 1/2 Shot Put.

James Jackson (Dominguez, Compton) was a good sprint double winner at 10.83-

22.61 (wind +0.2 in the longer). Hawthorne spoiled a Santa Ana Valley sweep of the sprint relays, taking the 4x200 event at



MARION JONES

Photo by Burt Davis

1:29.56 after Coach George Payan's SAV crew took the 4x100 in 43.16 and 400 winner Anthony Davis had an anchor that had to be 48.0 or better on a 3:20.95 4x400 winner. Paul De la Cerda got the winning Hart Distance Medley Relay (10:40.5) team out to a lead they never relinquished in a 3:10.9 1200.

Kendra Ossey (Hawthorne) and Barbara Boisvert (Orange Lutheran) were very, very impressive solo middle distance racers. Ossey, in the 800, blasted out and soloed a 2:14.86 800 meter win that featured aggressive running not seen much in the 1990's (30.6 opening 200, 63.2 400 and 1:38.1 600 splits). Boisvert, in the 1600 meters did the same, leaving the pack far behind during a 67.5 opening 400 meters, and coming by the 1200 at 3:41 on the way to a 5:00.2 win. Shelley Taylor anchored in 5:06 for the winning Edison of Huntington Beach Girls 4x1600 relay (21:44.1), and added a 2:17.7 800 in the middle of a Distance Medley win (12:44.56), with Jeannie Formosa (3:56.0) Nicole King (64.2) and Jennifer Formosa (5:26.5) other members of that team. Muir frosh Heather Sumpter continues to impress,

here with a 12.27 (wind +0.3) Invite 100 win. Elinor Tolson (Fountain Valley) looked great in a 14.3 100 meter hurdles win, then proceeded to start limping just past the finish line with the knee problem that has bothered her all spring. El Toro raced a fine 9:47.9 4x800 relay anchored by the 2:21.3 of Julie Focht. On the field Amber Roberts (Muir) took the Triple Jump with a fine 37-3 1/2, with Andrea Bill (University, Irvine) doubling in the Shot and Discus at 40-0 and 131-8.

RESULTS

(Accutrack timing in hundredths, hand-times in tenths) (wind gauge unavailable for first half of meet--wind readings unless indicated judged legal)

Boys:

100m--(R-1) (wind +0.8 meters per second) 1. Myles (Dominguez) 11.22, (R-2) (wind +0.6 mps) 1. Jackson (Dominguez, Compton) 10.83, 2. Hale (St. John Bosco, Bellflower) 10.93, 3. Ramirez (Mission Viejo) 10.99, 200m--(R-1) (wind +0.1 mps) 1. Turner (University, Inv) 23.13, (R-2) (+0.2) 1. Jackson (Dominguez, Compton) 22.61, 2. Ramirez (Mission Viejo) 22.76, 3. Bandy (Santa Ana Valley) 22.81, 400m--(R-1) 1. Duron (St. John Bosco, Bellflower) 50.77, 2. Prouse (1000 Oaks) 51.08, (R-2) 1. Davis (Santa Ana Valley) 49.90, 2. Fausto (Los Amigos, Garden Grove) 50.44, 800m--(R-2) 1. Woods (Duarte) 1:59.26, 2. Wentz (Canyon, CC) 1:59.84.

1600m--(R-1) 1. Guzman (University City, San Diego) 4:26.57, 2. Falcon (Montebello) 4:26.89, 3. Zavala (Canyon, CC) 4:30.91, 4. Berkland (Canyon, CC) 4:33.99, (R-2) 1. Lindsay (Peninsula, RHE) 4:15.74 (3:57.8 1500 meters), 2. Valdez (Simi Valley) 4:20.59 (4:05.8), 3. De la Cerda 4:21.12 (4:04.4), 4. Love (Katella, Anaheim) 4:22.0 (4:05.3), 5. Lynch (Laguna Hills) 4:22.6, 6. Steip (Peninsula, RHE) 4:23.19, 7. Grossman (Hart, Newhall) 4:25.7, 8. David Cullum (Mission Viejo) 4:28.2, 9. Bloom (Woodbridge, Irvine) 4:29.6, 3200m--1. Lindsey (Peninsula, RHE) 9:16.4 (8:45.1 3000 meters), 2. Serrano (Pt. Loma) 9:19.4 (8:45.2), 3. Love (Katella, Anaheim) 9:29.4, 4. O'Connor (Chino) 9:32.5, 5. Valdez (Simi Valley) 9:40.3, 6. Brito (Santa Ana Valley) 9:41.6, 7. Peterko (Newport Harbor) 9:51.5, 8. Bedortha (Littlerock) 9:58.3, 11. Zavala (Santiago, GG) 9:58.4, 12. Overton (Newport Harbor) 9:59.1.

110mHH--(R-1) 1. Medeiros (Hart, Newhall) 15.3, (R-2) 1. Lilly (Katella, Anaheim) 15.94, (R-3) Moten (Loyola, L.A.) 14.51, 2. Hale (St. John Bosco, Bellflower) 14.82, 3. Sweetman (Canyon, Canyon Country) 15.19, 4. Muniz (Woodbridge, Irvine) 15.24, 5. Jones (Hawthorne) 15.26, 6. Kuwaye (Don Lugo, Chino) 15.44, 7. Delgado (Arroyo, El Monte) 15.45, 300mHH--(R-1) 1. Sweetman (Canyon, CC) 39.92, 2. Lilly (Katella, Anaheim) 40.86, (R-2) 1. Allen (El Modena, Orange) 40.62, (R-3) 1. Chanley (Capistrano Valley, MV) 42.08, (R-4) 1. Moten (Loyola, LA) 38.57, 2. Smith (Hawthorne) 39.11, 3. Muniz (Woodbridge, IV) 39.90, 4. Bennett

California Track and Cross Country Coaches Alliance

PREP NOTES

(Alta Loma) 40.34.

4x100m--(R-1) 1. Woodbridge (Irvine) 43.9, 2. Fountain Valley 44.2, 3. Duarte 44.8. (R-2) 1. Santa Ana Valley 43.16, 2. Crenshaw (L.A.) 43.54, 3. Mission Viejo 43.74, 4. Capistrano Valley (Miss Viejo) 44.21, 5. Orange 44.63. 4x200m--(R-1) 1. Hawthorne 1:29.56, 2. Santa Ana Valley 1:29.86, 3. Crenshaw (LA) 1:30.93. 4x400m--(R-1) 1. Loyola 3:27.60. (R-2) 1. Santa Ana Valley 3:20.95, 2. Alta Loma 3:21.29, 3. Dominguez (Compton) 3:25.23, 4. El Modena (Orange) 3:25.82, 5. Duarte 3:26.29, 6. St. John Bosco (Bell) 3:31.26, 7. Thousand Oaks 3:31.74. 4x800m--1. St. John Bosco (Bell) 8:21.39, 2. University (Irvine) 8:25.53. 4x1600m--1. Esperanza (Anaheim) 18:30.41, 2. University (Irvine) 18:32.25, 3. Elsinore (Lake Elsinore) 18:40.78, 4. Santiago (Garden Grove) 18:54.34, 5. Thousand Oaks 19:00.9, 6. Santa Margarita (Rancho SM) 19:19.6. Spr Medley--(R-1) 1. El Modena (Orange) 3:39.01. Distance Med--1. Hart (New) 10:40.5, 2. Duarte 10:47.6, 3. Canyon (CC) 10:48.1, 4. La Habra 10:50.8, 5. Thousand Oaks 11:03.9.

HJ--1. Lim (Sonora, La Habra) 6-8, 2. Carlson (Katella, Anaheim) 6-6, 3. Kamb-wohia (Orange) 6-6, 4. Mann (Sunny Hills, Fullerton) 6-4, 5. (tie) Brown (Alta Loma) & Gwoltney (Foothill, Santa Ana) 6-2. PV--1. Lanara (Arroyo, El Monte) 14-1, 2. Van Sluis (El Modena, Orange) 14-1, 3. Dyer (Esperanza, Anaheim) 13-0, 4. Dotuin (Alta Loma) 13-0, 5. Clark (Woodbridge, Irvine) 13-0. LJ--1. Hayes (Crenshaw) 20-10 3/4. TJ--1. Singbandith (Magnolia, Anaheim) 44-1 3/4, 2. Ha (Laguna Hills) 43-6 1/4. SP--1. Mancuso (Newport Harbor) 56-5 1/2, 2. Braun (Villa Park) 52-6 3/4, 3. Brown (Mission Viejo) 51-3 1/2, DT--1. Kirschke (Esperanza, Ana) 165-10, 2. Pearce (Trabuco Hills) 154-2.

Fresh-Soph:

4x100m--1. Long Beach Poly 44.25. 4x400m--(R-1) 1. Long Beach Poly 3:33.47. (R-2) 1. Loyola (L.A.) 3:34.99. 4x800m--1. Mission Bay (San Diego) 8:27.12. Dist Med Re--1. Mission Bay (San Diego) 10:46.5, 2. Hart (Newhall) 10:54.4. HJ 1. Pomeroy (El Dorado, Placentia) 6-3.

Girls:

100m--(R-1) (wind -1.4 mps) 1. A. Dean (Mission Viejo) 13.04. (R-2) (+0.3) 1. Sumpter (Muir, Pasadena) 12.27, 2. Wilson-Duval (Woodbridge, Irvine) 12.56, 3. Simmons (Dominguez) 12.88. 200m--(R-1) (wind +0.3 mps) 1. Moore (Orange) 27.03. (R-2) (+0.3) 1. Jones (1000 Oaks) 23.96, 2. C. Anderson (Poly, LB) 26.27, 3. A. Dean (Mission Viejo) 26.38, 4. Wilson-Duval (Woodbridge, Irvine) 26.69, 5. Calendar (Canyon, Ana) 26.95. 400m--(R-2) 1. Jones (1000 Oaks) 56.89, 2. King (Hawthorne) 58.56, 3. Molway (University, Irvine) 59.50. 800m--(R-1) 1. Roundy (Orange) 2:24.54. (R-2) 1. Ossey (Hawthorne) 2:14.86, 2. Christie Engesser (Ocean View, Hunt Bch) 2:18.3, 3. Brx (University, Irvine) 2:19.5, 4. De la Cerda (Hart, Newhall) 2:20.7, 5. McGinnis (Poly, Long Beach) 2:22.8.

1600m--(R-1) 1. Boggio (Canyon, CC) 5:29.41, 2. Austin (El Modena, Orange) 5:29.66, 3. Giles (Canyon, CC) 5:29.95. (R-2) 1. Boisvert (Orange Lutheran Frosh) 5:00.2 (4:40.5 1500m), 2. Heldt (Canyon, CC) 5:09.5 (4:50.4), 3. Pederson (Simi Valley) 5:10.0 (4:53.3), 4. Auer (1000 Oaks) 5:13.7 (4:54.4), 5. Muneno (Peninsula, RH Est's) 5:15.7, 6. Lawson (Ocean View, Huntington Beach) 5:16.3, 7. Engesser (Ocean View, Huntington Beach) 5:22.1, 8. Steinberger (Mission Viejo) 5:22.6, 9. Sickler (Laguna Hills) 5:23.6. 3200m--1. Muneno (Peninsula, RHE's) 11:16.99 (10:32.2 3000 meters), 2. Nelson (Canyon, Ana) 11:25.84 (10:46.5), 3. Baxcon (Elsinore, Lake Elsi) 11:30.16 (10:47.9), 4. Dahlberg (El Modena, Or) 11:36.92 (10:49.6), 5. Delilla (Simi Valley) 11:40.36, 6. Eklof (Costa Mesa) 11:41.78, 7. McGlone (Laguna Hills) 11:45.92, 8. Tardif (Woodbridge, Irvine) 12:01.42, 9. Mayra Medina (Laguna Hills) 12:03.3.

100mLH--(R-1) 1. Sterlin (Mission Viejo) 15.01. (R-2) 1. Erdi (Canyon, Anaheim Frosh) 16.24. (R-3) 1. Floding (Katella, Anaheim soph) 16.77. (R-4) 1. Tolson (Fountain Valley) 14.3, 2. Mays (Hawthorne) 14.7, 3. Hangar (1000 Oaks) 15.0, 4. Mosley (Muir, Pasadena) 15.2, 5. Roberts (Muir, Pas) 15.3, 6. Tomson (El Toro) 15.5, 7. Mosier (Canyon, Canyon Country) 15.7. 300mLH--(R-1) 1. Kim Engesser (Ocean View, Hunt Bch) 47.93, 2. Moore (Los Alamitos) 48.04. (R-2) 1. Mays (Hawthorne) 47.10, 2. Hangar (1000 Oaks) 47.54, 3. S. Dean (Mission Viejo) 48.14, 4. Samuelson (University, Irvine) 48.36, 5. Grebing (Mission Bay, San Diego) 48.39.

4x100m--(R-1) 1. Newport Harbor 50.15. (R-2) 1. Muir "B" 51.9, (R-3) 1. Thousand Oaks 48.95, 2. Hawthorne 49.67, 3. Dominguez (Compton) 49.99, 4. Mission Viejo 50.00, 5. Katella (Ana) 51.36. 4x200m--(R-1) 1. Crenshaw (LA) 1:49.63, 2. El Toro 1:50.03, 3. University (Irvine) 1:52.06, 4. Capistrano Valley (Miss Viejo) 1:52.70. (R-2) 1. Muir (Pasadena) 1:45.55, 2. Thousand Oaks 1:46.83, 3. Santa Ana Valley 1:50.93. 4x400m--(R-1) 1. Santa Ana Valley 4:13.92. (R-2) 1. Hawthorne 3:56.53, 2. Thousand Oaks 3:59.97 (Jones 53.6 2nd leg), 3. Mission Viejo 4:03.32, 4. Muir (Pas) 4:07.68, 5. Newport Harbor 4:07.72, 6. Canyon (Anaheim) 4:13.52. 4x800m--1. El Toro 9:47.9, 2. 1000 Oaks 9:54.36, 3. Santa Margarita (Rancho SM) 9:54.36. 4x1600m--1. Edison (Huntington Beach) 21:44.1, 2. El Toro 22:22.1, 3. Elsinore (Lake Elsi) 22:35.7, 4. Esperanza (Anaheim) 22:44.2, 5. Santa Margarita (Rancho SM) 22:51.3, 6. Peninsula (Rolling Hills Est's) 22:59.6. Sprint Medley--(R-1) 1. Edison 4:29.25, 2. Muir (Pasadena) 4:38.34. (R-2) 1. Santa Margarita (Rancho SM) 4:30.1, Dist Med Re--1. Edison (Huntington Beach) 12:44.56 (Taylor 2:17.7 800m), 2. Costa Mesa 12:54.28, 3. Ocean View (Huntington Beach) 13:03.26, 4. Canyon (CC) 13:10.72, 5. Hart (Newhall) 13:16.7, 6. El Toro 13:18.1, 7. Elsinore (Lake Elsin) 13:20.5, 8. Arroyo (El Monte) 13:23.4.

HJ--1. Ross (Newport Harbor) 5-4, 2. May (Newport Harbor) 5-4, 3. (tie) Hoaglund (Canyon, Ana) & Kieruff (Esperanza) 5-2. LJ--1. Kieruff (Esperanza, Anaheim) 17-6, 2. Ross (Newport Harbor) 17-4 1/2. TJ--1. Roberts (Muir, Pas) 37-3 1/2, 2. SP--1. Bill (University, Irvine) 40-0, 2. Heads (Newport Harbor) 38-2, 3. Sephus (Mission Bay, San Diego) 37-2, 4. Jones (Santa Ana) 36-11, 5. Ballesteros (Arroyo, El Monte) 36-7, 6. Perrault (Peninsula, RH Est's) 36-3, 7. Peterson (Ocean View, HB) 35-4, 8. Usrey (Hart, Newhall) 35-3. DT--1. Bill (University, Irvine) 131-8, 2. Heads (Newport Harbor) 126-10, 3. Sephus (Mission Bay, San Diego) 123-8, 4. Nia Jones (Santa Ana) 111-9, 5. O'Brice (Edison, HB) 109-6, 6. Richards (Katella, Ana) 109-2, 7. Valenzuela (Orange) 108-0.

Bishop Amat Invitational

Mt. San Antonio College. Sat., April 4. (Winds judged legal)

Boys--

100m--Lanham (Nogales, La Puente) 10.93, 2. Tovey (Diamond Bar) 10.94, 3. Ipeowo (Wilson, LB) 11.01, 4. Eaglin (West Covina) 11.02, 5. Devine (Nogales, LP) 11.15. 200m--Harzman (Glendale) 21.62, 2. Jones (Gardena) 22.21, 3. Lanham (Nogales, LP) 22.23, 4. McMillan (Gardena) 22.55, 5. Presbury (Loara, Ana) 22.60. 400m--1. Harzman (Glendale) 48.65, 2. Wuthrich (Wilson, LB) 49.32, 3. Nelson (Wilson, LB) 49.35, 4. King (Nogales, LP) 49.56, 5. Sermon (Bishop Amat, La Puente) 50.99. 800m--1. Tressler (San Marcos, SB) 1:56.38, 2. Fort (Claremont) 1:56.70, 3. Lopez (Fillmore) 1:58.70, 4. McLaughlin (Redlands) 1:59.87. 1500m--1. Casillas (Hoover, Glendale) 4:01.0, 2. Tressler (San Marcos, SB) 4:03.0, 3. Sera (Upland) 4:05.6, 4. Lopez (Fillmore) 4:06.3, 5. Simon (Claremont) 4:07.2, 6. Minami (Peninsula, Rolling Hills Est's) 4:08.3. 3000m--1. Martinez (San Gabriel) 8:40.39, 2. Hamer (Covina) 8:43.04, 3. Butman (Etiwanda) 8:58.06, 4. Vega (Hoover, Glend) 8:58.17, 5. McGeary (Banning, Wilmington) 9:02.85, 6. Christiansen (Claremont) 9:09.50.

110mHH--1. Ford (Diamond Bar) 14.2, 2. Brooks (Wilson, LB) 14.6, 3. Stewart (Eldorado, Las Vegas) 14.6, 4. Fitzhugh (Wilson, LB) 14.7, 5. Jerimi (Upland) 14.9, 6. Dion (Diamond Bar) 15.1. 300mH--1. Fitzhugh (Wilson, LB) 38.84, 2. Ford (Diamond Bar) 38.92, 3. Dion (Diamond Bar) 39.70, 4. Wehrane (Upland) 39.77, 5. Stewart (Eldorado, LV) 40.22.

400mRE--Nogales (LP) 42.81, Wilson (LB) 43.04, 3. Glendale 43.38, 4. Bishop Amat (LP) 43.41, 5. St. Francis (La Canada) 43.76. Diamond Bar 44.23. 800m Re--1. Wilson (LB) 1:31.64. 1600m Re--1. Wilson (LB) 3:22.5, 2. Diamond Bar 3:22.9, 3. Nogales (LP) 3:27.4, 4. Bishop Montgomery (Torrance) 3:27.6, 5. Upland 3:28.4, 6. Damien (La Verne) 3:28.6. Dist Med--1. San Gabriel 10:25.5, 2. Upland 10:44.1, 3. Peninsula (RHE) 10:45.7, 4. Basic (Henderson, NV) 10:50.0, 5. Rowland (Rowl Hts) 10:53.0, 6. Hoover (Glend) 10:53.2.

HJ--1. Trujillo (Redlands) 6-4. PV--1. Gehrke (Diamond Bar) 14-0, 2. Parker (Upland) 13-6, 3. Monaghan (Wilson, LB) 13-6, 4. Smith (St. Francis, LC) 13-4. LJ--1. Hanson (Eldorado, LV) 22-8, 2. Hicks (Wilson, LB) 22-4. TJ--1. Ipeowo (Wilson, LB) 46-11 3/4, 2. McClure (Rowland, RH) 45-10 3/4, 3. Adams (Nogales, LP) 45-5, 4. Baptiste (Banning, Wilmington) 45-1 3/4, 5. Nelson (Wilson, LB) 44-4 3/4, 6. Robinson (Covina) 44-2 3/4. SP--1. Swanson (San Benito, Hollister) 56-10, 2. Glock (Nogales, LP) 55-5, 3. Smith (Crespi, Encino) 53-8 1/2. DT--Swanson (San Benito, Hollister) 175-4, 2. Wainwright (South Bakersfield) 159-3, 3. Merkersen (Clark, Las Vegas) 155-0 1/2, 4. Foley (Bonanza, Las Vegas) 154-5.

Girls

100m--1. Sims (Etiwanda) 12.43, 2. Nave (Chandler, Az) 12.46, 3. Washington (Rowland, Rowl Hts) 12.68, 4. Harry (Wilson, LB) 12.74. 200m--1. Vigilante (Wilson, LB) 25.32, 2. Jones (San Marcos, SB) 25.65, 3. Sims (Etiwanda) 25.95, 4. Harris (Wilson, LB) 26.26. 400m--1. Jones (San Marcos, SB) 57.12, 2. Bowling (Etiwanda) 59.72, 3. Chambers (San Marino) 60.03, 4. Nelson (Wilson, LB) 60.16. 800m--1. Hsu (San Marino) 2:16.20, 2. Mayberry (St. Bernard, Playa del Rey) 2:17.04, 3. Chowen (Wilson, LB) 2:18.65, 4. Chapman (South Bakersfield) 2:23.95.

1500m--1. Shaw (Fillmore) 4:43.52, 2. Aparicio (Fillmore) 4:48.24, 3. Lewis (Wilson, LB) 4:50.92, 4. Blackner (Upland) 4:51.75, 5. Sanchez (Etiwanda) 4:55.86, 6. Bruhns (Etiwanda) 5:04.45. 3000m--1. Aparicio (Fillmore) 10:21.6, 2. Aten (Bonanza, Las Vegas) 10:29.4, 3. Monson (Claremont) 10:37.8, 4. MacDougall (Crescenta Valley, La Cresc) 10:41.4, 5. Nahale (Diamond Bar) 10:43.7, 6. Twist (San Marino) 10:51.1.

100mLH--1. Bernard (Nogales, LP) 14.4, 2. Sims (Nogales, LP) 14.9, 3. Takenaka (San Marino) 15.4. 300mLH--1. Bernard (Nogales, LP) 44.60, 2. Lange (San Marcos, SB) 48.25, 3. Sims (Nogales, LP) 48.21. 400mRE--1. Wilson (LB) 49.38, 2. Nogales (LP) 49.41, 3. San Marino 50.58, 4. South Bakersfield 50.59. 800m--1. St. Bernard (PDR) 1:47.39, 2. South Bakersfield 1:48.54, 3. Chandler, Az 1:48.58, 4. Wilson (LB) 1:50.00, 5. Upland 1:50.79. 1600m--1. St. Bernard (PDR) 4:00.5, 2. San Marino 4:01.6, 3. Wilson (LB) 4:01.9, 4. San Marcos (SB) 4:04.2, 5. Nogales (LP) 4:06.4, 6. Etiwanda 4:09.9. Dist Med Re--1. Upland 12:37.7, 2. Claremont 12:57.4, 3. Wilson (LB) 13:09.4, 4. Peninsula (RHE) 13:09.8.

HJ--1. Smith (San Marcos, SB) 5-2, 2. Camper (Redlands) 5-2. LJ--(tie) 1. Nelson (Wilson, LB) & Hayes (Peninsula, RHE) 16-10 1/2, 3. Roberson (Wilson, LB) 16-7 1/2. TJ--1. Vigilante (Wilson, LB) 36-2, 2. Joslin (Claremont) 35-1 1/2, 3. Lyons (St. Bernard, PDR) 35-2 3/4, 4. Pimpton (Wilson, LB) 34-3 3/4. SP--1. Kavar (Crescenta Valley, La Cresc) 39-9 1/2, 2. Matatula (San Bernardino) 37-9 3/4, 3. Lauka (Nogales, LP) 34-8 1/2. DT--1. Lauka (No-

gales, LP) 124-0, 2. Bryant (Hesperia) 121-10, 3. McElroy (Eldorado, LV) 111-0.

Beverly Hills Invitational

Beverly Hills H.S. Saturday, April 4.

Boys:
110mHH-1. Stokes (Thacher, Ojai) 14.0, 2. Macias (Loyola, L.A.) 15.1, 300mHH-1. Weissman (Beverly Hills) 40.2, 400mRe-1. Dorsey (L.A.) 43.4, 1600m Re-1. Dorsey 3:31.5, PV-1. Levedge (Notre Dame, Sherman Oaks) 13-0.

Girls:
100m-1. Conwright (Dorsey, L.A.) 12.4, 100mHH-1. Figueroa (Quartz Hill) 15.1, 2. Nash (Quartz Hill) 15.2, 300mHH-1. Davis (Dorsey) 48.1, 400m Re-1. Quartz Hill 50.5, 2. Torrance 50.6, 1600m Re-1. Dorsey 4:09.4, 800m Medley Relay-1. Torrance 1:51.0, 2. Dorsey 1:53.0, HJ-1. Blankenship (Torrance) 5-8, 2. Lewis (Quartz Hill) 5-4, LJ-1. Figueroa (Quartz Hill) 18-2, 2. Johnson (Dorsey) 17-6, 3. Martin (Quartz Hill) 17-4, TJ-1. Moore (Beverly Hills) 34-1, SP-1. Munger (Torrance) 36-4.

Beaumont Invitational

Beaumont HS. Saturday, April 4.
Girls:
800m-1. Boisvert (Orange Lutheran) 2:21.52, DT-1. Rayna (Serrano, Phelan) 115-11.

Meet of Champions

Prep Distance Invitational

Meet of Champions - Distance Invitational - sponsored by Arroyo High School of El Monte. Held at Azusa Pacific University.

Over 850 athletes and 20 high schools took part. In a unique track meet only 400-800-1600-3200 and a special 2000 meter steeplechase plus 4x400 relays, at all levels. Frosh/soph, Girls Varsity, Boys Varsity. Over 60 races were run for the day.

Each race is a final, seated by times, with medals given to 1/2 of the field in each race. The races are all very exciting.

Trying to develop interest in the Steeplechase we featured the high school distance 2000m steeple. Chris Ray of Bonita took the event seriously and as a opportunity to qualify for Jr. TAC Nationals. Obviously he was prepared as Ray posted the fastest time in the nation of 6:19.8 to date. The time was in the top 3 posted in 1991 by *Track and Field News*. Ray also came back and won the 800m race in 1:59.2, coming through in 61.2 and 58.0.

Also posting top marks in the 1600 was Angel Martinez running 4:19.8 on a solo performance. First lap was 70. Realizing this was too slow he proceeded to run 3:09.8 for the next 1200m. It was an outstanding effort by one of the nation's top preps.

The boys 3200m race was a race of local talent from the San Gabriel Valley with a total of 10 runners bettering 10 minutes. An excellent early season performance was posted by Gary Mitchell of South Hills of 9:26.5.

In the girls action top performers were Delgado of Temple City who ran an 11:43.8 3200m, Velarde of Mt. View with a 5:23.6 1600m, Russel of Etiwanda who ran 800m in 2:24.8 and Bowlong of Etiwanda with a 58.1 400m.

With Hart High School's #1 boys cross country team attending along with many



CHRIS RAY

Photo by Ivy Ray

other top distance teams, the Meet of champions Distance Invitational gives athletes a great opportunity to post fast early season times.

Boys Results

Steeplechase: 1. Ray (Bon) 6:19.8, 2. Frack (Esp) 6:23.8, 3. Walsh (Esp) 6:28.3, **3200m (Race 1):** 1. Mitchell (SH) 9:26.5, 2. Butman (Eti) 9:38.8, 3. Hamer (Cov) 9:40.6, 4. Echeveste (MV) 9:42.0, 5. Contreras (BA) 9:42.4, 6. Rehnstram (GL) 9:49.9, 7. Hernandez (GL) 9:54.2, 8. Cervantes (Arr) 9:54.2, **3200m (Race 2):** 1. Trujillo (BG) 9:59.8, **400 (Race 1):** 1. Sermons (Bis) 51.1, 2. Covarrubias (MV) 51.3, 3. Covarrubias (Bas) 51.5, 4. Monrox (SG) 51.9, 5. Mius (Yuc) 51.9, 6. Rutter (Eti) 51.9, 7. Pechy (BA) 51.9, **FS 400:** 1. Hevlerly (Bon) 51.3, **1600m (Race 1):** 1. Martinez (SG) 4:19.8, 2. Hake (Arr) 4:29.8, **Race 2:** 1. Falcon (Mt) 4:30.3, **800 (Race 1):** 1. Ray (Bon) 1:59.2, 2. Robles (Cov) 2:00.6, 3. Hake (Arr) 2:00.7, 4. Pasienski (TC) 2:01.0, **(Race 2):** 1. China (BG) 2:01.4, **1600m Relay (Race 1):** 1. Etiwanda 3:29.8, 2. Mountain View 3:32.7, 3.

Temple City 3:33.2, 4. Covina 3:33.8, 5. San Gabriel 3:33.9, **FS Race 1:** 1. Bonita 3:41.4.

Girls Results

3200m (Race 1): 1. Delgado (TC) 11:43.8, 2. Taba (BA) 11:45.5, 3. Sanchez (Eti) 12:00.1, 4. Flayer (HT) 12:19.1, **(Race 2):** 1. Bueno (Hart) 12:15.8, **400 (Race 1):** 1. Bowlong (ET) 58.1, 2. Gallardo (Cov) 1:01.9, 3. Davis 1:01.1, **1600m (Race 1):** 1. Velarde (MV) 5:23.6, 2. Brian (Eti) 5:29.4, 3. Johnson (Cov) 5:33.6, 4. Sanchez (Eti) 5:33.7, 5. Yaba (BA) 5:37.1, **(Race 2):** 1. Murillo (BG) 5:30.9, 2. Hake (Arr) 5:36.7, **(Race 3):** 1. Canales (Alh) 5:34.1, **800m (Race 1):** 1. Russel (Eti) 2:24.8, 2. Pugmire (Esp) 2:26.3, 3. Whiteman (Esp) 2:27.4, 4. Patel (Bon) 2:27.9, **(Race 3):** 1. Canales (Alh) 2:28.1, **1600m Relay (Race 1):** 1. Etiwanda 4:13.7, 2. Bonita 4:22.2, 3. Covina 4:23.8, **(Race 2):** 1. South Hills 4:24.2, 2. Arroyo 4:28.

Arcadia Invitational

April 11, Arcadia High School.

By Doug Speck

Under the Meet Directorship of Arcadia Track Coach Nils Miller the 1992 Arcadia Invitational switched slightly in scope from the national to the state level. With continued support from all the State's fine track programs there is certainly enough talent in California and adjoining states to put on a fine meet, with the 1992 Arcadia competition another great one. When the dust had cleared on another picture perfect Southern California mid-April evening, there were thirteen events with nation leading performances for the year with twenty-three events where the leading mark in the state came from the competition. The level of excitement in the evening meet where event after event features such high quality and impressive depth is still far, far ahead of anything that is in second place as a Western U.S. meet during the regular season. As usual, where to start in describing such a competition requires some thought.

On the Girls' side Marion Jones (1000 Oaks) came to town again for her sprint spectacular, with distance runners Shelley Taylor (Edison, Huntington Beach) and Milena Glusac (Fallbrook) racing strong in the distances, and the Long Beach Poly girls relay groups very quick. On the Boys' side, Angel Martinez (San Gabriel), Jeff Buckley (Bakersfield), and Bryan Woodward (Poly, Long Beach) were a bit above a series of spectacular performances.

Marion Jones would race her first 100 meters of the year here, with memories in the air of her spectacular 11.38-22.87 sprint double from 1991 here where she thrashed *Track & Field News* Athlete of the Year Zundra Feagin of Florida. There is no one at the prep level in 1992 to press Marion, with the sixteen year old rocketing through her gears in the 100 and rapidly pulling away from a talented pack to win at 11.51.

Over 200 meters Marion was just as impressive in a seven meter triumph at 23.43. Behind Marion there are some good California dashers, with Lisa Parker (Bishop

O'Dowd, Oakland) 11.91 and 24.17 in second, and super Long Beach Poly frosh stars Andrea Anderson (11.97) and thirteen year old Aminah Haddad (12.03) looking very good in the 100. Marion's domination is amazing, with the lass needing to look far beyond the prep level for competition this Olympic Year. Marion was given the Athlete of the Meet Award for her efforts.

The Girls distance events featured outdoor national leading performances in each race. Shelley Taylor (Edison, Huntington Beach) and Nikk Shaw (Fillmore) would hook up over 1500 meters early on. Barbara Boisvert (Orange Lutheran), who had run under 5:10 for a mile two years ago as a seventh grader, assumed the early pace-setting, taking the group through the 400 at 68.5 and the 800 at 2:25.3. During the third lap Taylor and Shaw moved up through and past the pack, with Shelly leading by two meters at 3:42.7 for the 1200. During a furious last lap build-up, Shelley passed the 1400 mark at 4:17.2 (34.5 or 4:36.0 1600 pace for the first half of the last lap), then finished with a 34.7 for a 4:51.98 national outdoor leading lifetime best win. Shaw finished in a fine 4:53.85. Taylor would return impressively in the Distance Medley. Over 3200 meters, Milena Glusac (Fallbrook) returned to the site of her lifetime best 10:24.61 last year in chasing Deena Drossin. This year the San Diego athlete lacked company during the pace-setting, starting out through the first 1600 at almost exactly the same pace as in '91, 5:13.8 at 1600 meters, with a 78.8 fifth lap and concentrated effort through the sixth lap pulling her far away from Carrie Garritson, Washingtonian Heidi Van Borkolo, and Maribella Aparicio. Totally unpressed, Glusac finished in a national outdoor leading 10:31.05.

An hour and forty-five minutes after her 1600m triumph, Taylor would anchor her Edison distance medley relay team against a solid Agoura squad. Coming from fifty meters back on the anchor against fine Agoura frosh Amy Skiersz, Taylor blazed a 69 second final 400 during a 4:53 leg that had her just nip the Agoura anchor runner at the tape, 12:09.37-12:09.39. The University of Arkansas-bound Taylor had one of those magic evenings. The other girls middle distance event, the 800, featured former Nevada, Miesha Marzell, 2:11.97 for Reed HS in Sparks in 1991, now at Bishop O'Dowd in Oakland. Marzell surprisingly won the race during a furious stretch battle with Kamara Mayberry (St. Bernard, Playa del Rey), thought to be California's best, 2:11.57-2:12.15.

In the absence of Morningside (Inglewood), beat up a bit from competition and travel to the Texas Relays the week previous, Long Beach Poly cut it loose in the Girls' relays. In the 4x100 event the Jackrabbits featured frosh athletes Andrea Anderson and Aminah Haddad, with Andrea's cousin Chanel back from injury. With the squad connecting solidly on their handoffs, they raced a 46.17 nation-leading effort. In

PREP NOTES

the 4x400 the Poly crew edged Bishop O'Dowd 3:49.52-3:49.92, with Poly's effort the #3 nationally for the year.

Boys Athlete of the Meet Award went to Angel Martinez (San Gabriel), who toyed with a top 3200 meter field (nine ran under 9:20). After a casual 4:34.9 first 1600, Kinney Western Regional winner Margarito Casillas (Hoover, Glendale) started a gradual acceleration with 67.5 5th lap, with Martinez effortlessly gliding along through 69.2 and 68.2 laps for 6:59.8 at the gun. Surprising Theo Molla (University, Tucson, Az) actually challenged Martinez with 150 meters to go, with Martinez sprinting away from there on in to win in a nation-leading 9:02.82. A little over an hour later Martinez anchored his San Gabriel distance medley relay team, coming from fifty meters back during a 4:13.9 leg to lead his team to a nation-leading 10:18.18 victory. Martinez showed such grace and power this evening that he was voted Athlete of the Meet over some other super performances.

Jeff Buckley (Bakersfield) took one of the great prep Discus competitions ever. Arizonan Aaron Cochran (Maryvale, Phoenix) went back and forth with Jeff, with the duo each having two throws over 195' in the trials (Jeff led 197-4 to 197-3). Gabriel Torre (Notre Dame, Riverside) had improved out to 188-8 in qualifying, with a 194-10 toss in the Finals. Cochran lobbed his final toss out to 199' on a narrow foul, with Buckley letting it all hang out on his final effort, a 208-11 throw that seemed to hang in the air forever. With this event held before the meet really gets started at 4:00 there is a good crowd with throwers typically responding as they did this evening. In the Shot Put with many of the same actors later in the evening, junior Tyson Lingenfelter (Upland) picked this meet to improve his best over 3 feet, out to 62-10 for a shocking performance and win.

Bryan Woodward (Poly, Long Beach) marked a surprising 1:52.90 win here last year in one of his first 800 meter efforts. Since that time the powerful Poly athlete put in a good effort during the Fall Cross Country campaign, and came gassed up and ready to go against a good group here. Duarte's Nathan Woods led at the break through a 26.1 first 200, with Woodward and 1:52.5 Bakersfield soph Vondre Armour abreast at 54.7 for the 400. Woodward really accelerated the third 200, racing by the 600 at 1:22.0 (third 200 27.3--1:49.2 pace) to leave the field behind, then powerfully charge the homestretch with the field some twenty meters behind to finish in an amazing 1:50.76! Bryan and New York's Mike Schroer, the National Scholastic Indoor winner at 1:52.55 both look capable of sub-1:49.0 somewhere down the line this year. It is hoped they can meet.

Brian Wilkinson (Merced) was the other distance hero, with the eleventh grader part of a great 1600 meter field. Following Todd Tressler through a 2:07.9 800 and Goss Lindsey through a 3:11.1 1200, Brian blasted the first 200 of the final lap in 29.0, and



SHELLEY TAYLOR (right) sprints to victory over NIKKI SHAW

Photo by Burt Davis

continued his momentum through a 59.1 final circuit in a very impressive 4:11.17 win. Jeff Wilson (Newbury Park) (4:12.44) and Agoura's Ryan Wilson (4:12.77) made big breakthroughs in the field that had eleven finish under 4:20.0.

Kam Warner (West Bakersfield), who had blazed 13.94 for the 100 meter lows a week previous, handled a top field here in that event at 14.16, then went over to the Long Jump and sailed a nation-leading 19-6 1/4. Suzy Powell (Downey, Modesto) took the Discus at a fine 157-3, the #2 mark nationally this spring.

Boys' sprint action was very interesting. Defending 400 champion, Derrick Shepard (Lincoln, San Francisco), had earlier run 46.68, and continued his fine season here with an impressive 46.85 win. In the 100, a heralded young sprinter fulfilled his promise shown in lesser meets thus far this spring. Frosh Marques Holliwell (West Bakersfield) had run 10.81 and 10.80 in winning the Taft Invite and Pasadena Games, with a super

statewide group gathered here at Arcadia. In the closest finish ever in such a high-quality race in California, four athletes finished within one hundredth of a second, with Holliswell, who had given the field close to two meters in a terrible start, accelerating wildly and getting the narrow nod when the picture was closely examined. Maryvale of Phoenix has a super team, with Coach Arbia Jones featuring George Page in the sprints. After coming from behind in anchoring the winning 41.65 4x100 group Page blasted a 21.42 200, the #2 mark nationally this spring.

Charlie Davidson (Saddleback, Santa Ana) raced a 14.37 State leader in the 110 Meter Hights, with Demond Smith (Hawthorne) winning this edition of his season-long duels in the 300 Intermediates with Keith Moten (Loyola, L.A.) in a state-leading 37.86-38.45. Twila Sims (Lompoc), 41.76 two years ago in the 300 lows in a State runner-up effort, marked a return to form, racing 42.86 to handle last year's State Champion, and defending Champion here, Erin Blunt



BRIAN WILKINSON (left) battles GOSS LINDSEY in the 1600m

Photo by Burt Davis

(San Pasqual, Escondido).

Boys' jumping events were strong. Aleck Greenberry (Cabrillo, Lompoc) high jumped into the state meet picture with a 6-10 win over California's best. Arizonan Chris Yancy (Tolleson) took the Pole Vault over Clarence Phelps (Christian Brothers, Sacramento) on misses at 15-6. In the Long Jump, Robert Purdue (Valley, Sacramento) shocked with a big 24-3 3/4 (wind +1.0 meters per second) state leading personal best, and added a 23-10 1/2 that was far better than anyone else in that field. With Triple Jumper Offord Rollins' (Wasco) unfortunate conviction of murder, Xavier Howell (Poly, Long Beach) assumed the favorite's role for the State Meet with a 48-3 1/2 win here.

Janice Nichols (Bakersfield) raced the nation's #2 400 meter time in an impressive 54.7 400 meter win. Tanya Lazar-Lea (Vallejo) won the High Jump on misses over State Leader Danielle Boswell (Bullard, Fresno) at 5-6. Amy Littlepage (Mt. Mi-

PREP NOTES

guel, Spring Valley) jumped the State's #2 mark in the Triple Jump with her 38-8 win, with junior Kristen Beaton (Ygnacio Valley, Concord) the Shot Put winner at 42-10.

Results

Weather: 65 degrees, slight breezes. Wind readings determined by three gauges at meet site. Times in hundredths are fully automatic Accutrack. Times in tenths are hand-times.

Boys

100m—(Invite) (wind -1.30 meters per second) Marques Holwell (West, Bakersfield frosh) 10.80 (first male frosh athlete to ever win Invitational event at Arcadia Invitational), George Page (Maryvale, Phoenix, Az) 10.80, Riley Washington (Southwest, San Diego) 10.81, Anthony Volson (Merced) 10.81, Ali Evans (Vallejo) 10.86, Gentry Bradley (Plus X, Downey) 10.90, Shon Lewis (Wilcox, Santa Clara) 10.94, Frank Madu (McAteer, San Francisco) 10.98, Craig Harzmann (Glendale) 11.12. (Seeded) (wind -0.70) Brian Howard (West Bakersfield frosh) 10.84, Scott Hammond (Lincoln, San Diego) 10.92, Rashaun Horne (Washington, L.A.) 10.98, Lewis Nolden (Muir, Pasadena) 11.10, Jaime Houston (Lemoore) 11.12, Jayson Pennywell (Mt. Pleasant, San Jose) 11.14, Jeremiah Aguolu (Harvard-Westlake, North Hollywood) 11.14, Terry Barnum (Alemay, Mission Hills) 11.19.

200m—(0.31 mps wind) George Page (Maryvale, Phoenix, Az) 21.42 (#2 mark nation 1992), Gentry Bradley (Plus X, Downey) 21.46 (State Leader), Ali Evans (Vallejo) 21.68, Shon Lewis (Wilcox, Santa Clara) 21.74, Anthony Volson (Merced) 21.76, Riley Washington (Southwest, San Diego) 21.80, Amado Coleman (Locke, L.A.) 21.96, Saladin McCullough (Muir, Pasadena) 22.02. (Seeded) (0.31 mps) Scott Hammond (Lincoln, San Diego) 21.73, Frank Madu (McAteer, San Francisco) 21.74, Derrick Sheppard (Lincoln, San Francisco) 21.90, Rod Branch (St. Mary's, Berkeley) 22.03, Ronnie Williams (Dorsey, L.A.) 22.13, Lindsay McDonald (Merced) 22.15, Rashaun Horne (Washington, L.A.) 22.54.

400m—Derrick Sheppard (Lincoln, San Francisco) 46.85 (Sheppard is State Leader), Shante Williams (Independence, San Jose) 47.98, Johan Motiejunas (Horizon, Scottsdale, Az) 48.27, Jesse Wilson (St. Mary's, Berkeley) 48.47, Donnie Burks (Lompoc) 48.75, Tony Davis (Valley, Santa Ana) 48.81, Damien Sullivan (St. Mary's, Berkeley) 49.6, Ramon Darius Banks (Quartz Hill) 49.7.

800m—Bryan Woodward (Poly, Long Beach) 1:50.76 (National Leader), Vondra Armour (Bakersfield) 1:53.42, Korrey Henderson (Central, Philadelphia, Pa) 1:53.76, Nathan Woods (Duarte) 1:53.83, Joel Lopez (Fillmore) 1:54.10, Greg Robeson (Mt. Carmel, San Diego) 1:54.41, Brian Step (Peninsula, Rolling Hills Estates) 1:54.76, Brian McQuaid (Reno, Nv) 1:54.77, Kenny White (Muir, Pasadena) 1:56.42, Mike Wenz (Canyon, Canyon Country) 1:57.0,

Keith Richards (Red Mountain, Mesa, Az) 1:57.2.

1600m—Brian Wilkinson (Merced) 4:11.17 (#2 mark Nation-State Leader) (3:55.9 for 1500m), Jeff Wilson (Newbury Park) 4:12.44 (3:57.6), Ryan Wilson (Agoura) 4:12.77 (3:57.8), Todd Tressler (San Marcos, Santa Barbara) 4:13.16 (3:58.4), T.J. Reyes (Lakewood) 4:14.38 (3:58.0), Mike Katri (Fortuna) 4:15.09 (3:59.6), Tim Martin (Page, Az) 4:15.11 (3:59.3), Brian Keim (San Pasqual, Escondido) 4:17.72 (3:59.8), Jason Salberg (Muir, Pasadena) 4:18.72 (4:04.7), Jeff Arnold (York, Monterey) 4:18.86 (4:03.1), Ahmik Jones (Livermore) 4:19.0 (4:02.8), Ryan Luce (Royal, Simi Valley) 4:21.36 (4:01.1), Goss Lindsey (Peninsula, Rolling Hills Estates) 4:21.6 (4:01.6).

3200m—Angel Martinez (San Gabriel) 9:02.82 (National Leader) (8:30.7 at 3000 meters), Theo Molla (University, Tucson, Az) 9:04.81 (8:33.5), Margarito Casillas (Hoover, Glendale) 9:08.93 (8:35.0), Keith Grossman (Hart, Newhall) 9:09.83 (8:35.3), T.J. Reyes (Lakewood) 9:13.49 (8:41.7), Nazario Romero (San Pasqual, Escondido) 9:15.51 (8:38.0), Gary Mitchell (South Hills, West Covina) 9:17.51 (8:43.1), Ricardo Brewer (North, Bakersfield) 9:19.65 (8:46.6), Devin Elizondo (Mission Bay, San Diego) 9:19.70 (8:48.7), Paul De la Cerda (Hart, Newhall) 9:21.39 (8:49.9), Stewart Ellington (Milpitas) 9:23.33, David Rojas (Moorpark) 9:23.6, Dan Minami (Peninsula, Rolling Hills Estates) 9:23.7, Eric Kropf (Madera) 9:23.9, David Hamer (Covina) 9:27.2, Chris Lynch (Laguna Hills) 9:30.7, Theo Martin (Page, Az) 9:34.0, Ray Butman (Etlwanda) 9:38.2.

110mHH—(wind -0.82 mps) Charlie Davidson (Saddleback, Santa Ana) 14.37 (State Leader), Keith Moten (Loyola, L.A.) 14.45, Ray Banner (Birmingham, Van Nuys) 14.61, Tyree Newman (Central, Philadelphia, Pa) 14.74, Shante Williams (Independence, San Jose) 14.89.

300mIH—Demond Smith (Hawthorne) 37.86 (State Leader), Keith Moten (Loyola, L.A.) 38.45, Greg Muniz (Woodbridge, Irvine) 38.85, Ray Banner (Birmingham, Van Nuys) 39.36, Darryl Fitzhugh (Wilson, Long Beach) 39.66, Kirk Sweetman (Canyon, Canyon Country) 40.13.

400m Re—(Invite) Maryvale (Phoenix, Az) 41.65, Muir (Pasadena) 41.76, Vallejo 41.79, Hawthorne 41.98, Wilcox (Santa Clara) 42.31, Fontana 42.37, Santa Ana Valley 42.61, St. Mary's (Berkeley) 42.74. (Seeded) Merced 42.33, Poly (Long Beach) 42.52, Bakersfield 42.56, Wilson (Long Beach) 42.72, Dorsey (L.A.) 42.73, McAteer (San Francisco) 42.87, Nogales (La Puente) 42.98, Lincoln (San Diego) 43.40. **1600m Re**—(Invitational) Muir (Pasadena) 3:18.51, St. Mary's (Berkeley) 3:18.52 (St. Mary's is State Leader), Belmont (LA) 3:20.41, Alta Loma 3:20.92, Poly (Long Beach) 3:21.66. (Seeded) Foothill (Santa Ana) 3:17.76, Hawthorne 3:19.26, Valley (Sacramento) 3:22.30, Bishop O'Dowd (Oakland) 3:23.23, Wilson (LB) 3:23.82,

Lompoc 3:24.26, Nogales (La Puente) 3:26.1, Woodbridge (Irvine) 3:26.5. **Dist Med Re**—San Gabriel 10:18.18 (National Leader—Martinez 4:13.9 anchor), San Pasqual (Escondido) 10:19.77, Royal (Simi Valley) 10:22.20, De la Salle (Concord) 10:22.81, Peninsula (Rolling Hills Estates) 10:23.88, Madera 10:27.96, Central (Philadelphia, Pa) 10:28.15, St. Ignatius (San Francisco) 10:33.49, Birmingham (Van Nuys) 10:34.14, Newport Harbor (Newport Bch) 10:34.43, Bellarmine (San Jose) 10:34.46, Canyon (Canyon Country) 10:35.7, Mt. Carmel (San Diego) 10:37.1. **HJ**—Alerick Greenberry (Cabrillo, Lompoc) 6-10 (equal State Leader), Jeremy Fischer (Camarillo) 6-8, Terry Mann (Sunny Hills, Fullerton) 6-6, Brian Davidson (California, San Ramon) 6-6, Jason Neuss (Livermore) 6-4. **PV**—Chris Chancey (Tolleson, Az) 15-6, Clarence Phelps (Christian Brothers, Sacramento) 15-6 (State Leader), Sean Brown (Terra Linda, San Rafael) 15-0, Gary Van Sluis (El Modena, Orange) 14-6, David Behrke (Diamond Bar) 14-6, (tie) Chris Buddin (Orange Glen, Escondido) & Ty Wool (Modesto) 14-0, (tie) Brad Hecox (South Hills, West Covina) & Maurice Mendoza (Hesperia) 14-0, Josh Fuller (Rancho Buena Vista, Vista) 14-0, Mike Lanaro (Arroyo, El Monte) 14-0, Mark Crowley (Marina, Huntington Beach) 14-0, Charles Shimooka (San Pasqual, Escondido) 14-0, Evan Black (Hesperia) 14-0, Jesse Stern (Harvard-Westlake, North Hollywood) 13-6, (tie) Alan Poland (Greenway, Phoenix, Az), Matt Monaghan (Wilson, Long Beach), & David Rynearson (Valhalla, El Cajon) 13-6, (tie) Sergio Alusha (El Rancho, Pico Rivera), Brent Plets (Agoura), & Xoung Vong (Mt. Pleasant, San Jose) 13-6.

LJ—Robert Purdue (Valley, Sacramento) 24-3 3/4 (+1.0 mps wind) (also 23-10 1/2 +1.77) (#4 mark nation 1992-State Leader), Keir Gumbs (Bishop O'Dowd, Oakland) 23-4 1/2w (+2.40) (23-1 1/2 wind legal), Dave Janoski (Corona) 23-2 1/4 (+1.54), Mike Adams (Fontana) 22-11 3/4w (+2.91), (20-11 1/2 wind legal), Jim Hicks (Wilson, Long Beach) 22-11w (+3.18) (22-10 1/2 wind legal), Eugene Dreher (Antelope Valley, Lancaster) 22-5 1/2 (+0.42), Morris Brown (Fontana) 22-5w (+2.16), Charlie Davidson (Saddleback, Santa Ana) 22-2 3/4 (+1.79), Correy Merrell (Moreno Valley) 22-2 (+1.38), Ricky Rodriguez (Bell Gardens) 22-1 3/4w (+2.52) (21-8 1/2 wind legal), Choice Clark (Pasadena) 22-0w (+3.06) (21-5 1/2 wind legal), Maurice Stokes (Thacher, Ojai) 21-9 1/4 (+0.93), Tracey Divita (Napa) 21-8 1/2w (+2.25) (no wind legal). **TJ**—Xavier Howell (Poly, Long Beach) 48-3 1/2 (wind 0.0) (State Leader), Barry Massey (Poly, Long Beach) 46-11 1/2 (+0.05), Tony Parrish (Marina, Huntington Beach) 46-8 1/2 (+0.01), Keir Gumbs (Bishop O'Dowd, Oakland) 46-6 3/4 (+0.01), Perry McBride (Morningside, Inglewood) 46-4 (-0.01), Ryan Starks (Central, Philadelphia, Pa) 45-2 1/2 (+0.32), Norris Ellington (Lynwood) 45-0 (+0.41).

SP—Tyson Lingenfelter (Upland) 62-10. (#2

mark nation-State Leader), Junior Cienega (Escondido) 56-10, Cody Smith (Crespi, Encino) 56-5 1/4, Jeff Buckley (Bakersfield) 55-8 1/2, Mark Glock (Nogales, La Puente) 55-7 3/4, Gabe Torre (Notre Dame, Riverside) 54-4, Jason Dossey (St. Ignatius, San Francisco) 53-4 3/4, Tony Mancuso (Newport Harbor, Newport Bch) 53-4, Ivan Zasmiczuk (St. Ignatius, San Francisco) 53-3, Aaron Corcorran (Maryvale, Phoenix, Az) 52-7 1/4.

DT—Jeff Buckley (Bakersfield) 208-11 (National leader), Aaron Corcorran (Maryvale, Phoenix) 197-3 (#2 mark nation), Gabe Torre (Notre Dame, Riverside) 194-10 (#3 mark nation), Brandon Wainwright (South, Bakersfield) 180-7, Justin Werth (Ventura) 177-2, Tyson Lingenfelter (Upland) 173-9, Ivan Zasmiczuk (St. Ignatius, San Francisco) 172-1, Sean McKeown (Newbury Park) 168-8, Chad Pease (Trabuco Hills, Mission Viejo) 165-8, Jeremy Robinson (Bellarmine, San Jose) 162-8, Jared Casey (Downey, Modesto) 159-8, Jerome Perryman (Colton) 156-6.

Athlete of Meet - Angel Martinez (San Gabriel)

Girls

100m—(Invite) (wind -0.96 meters per second) Marion Jones (1000 Oaks) 11.51 (National Leader), Lisa Parker (Bishop O'Dowd, Oakland) 11.91, Andrea Anderson (Poly, Long Beach) 11.94, Aminah Haddad (Poly, Long Beach) 12.03, Tika Walton (Red Mountain, Mesa, Az) 12.15, Maigha Strickland (Merced) 12.29, Kanika Conwright (Dorsey, L.A.) 12.35, Monica Henderson (Morse, San Diego) 12.40, Sylvia Plesiau (Menlo-Atherton, Atherton) 12.58. (Seeded) (wind -0.02) Heather Sumpter (Muir, Pasadena) 12.41, Asha Jayasinghe (Arcadia) 12.42, Michelle Ferguson (Independence, San Jose) 12.51, Sherise Sandoz (Plus X, Downey) 12.53.

200m—(Invite) (wind -0.64 mps) Marion Jones (1000 Oaks) 23.43 (National leader), Lisa Parker (Bishop O'Dowd, Oakland) 24.17, Tika Walton (Red Mountain, Mesa, Az) 24.73, Chanda Brooks (Plus X, Downey) 25.07, Michelle Ferguson (Independence, San Jose) 25.22, Sylvia Plesiau (Menlo-Atherton, Atherton) 25.33, Tike Jackson (Bakersfield) 25.25, Monica Henderson (Morse, San Diego) 25.31, Maigha Strickland (Merced) 25.48. (Seeded) (wind -0.39 mps) Heather Sumpter (Muir, Pasadena) 25.03, Kanika Conwright (Dorsey, L.A.) 25.35, Asha Jayasinghe (Arcadia) 25.36, Heather Miller (Westridge, Pasadena) 25.38, Angel Mosley (Palmdale) 25.69, Sherise Sandoz (Plus X, Downey) 25.77. **400m**—Janice Nichols (Bakersfield) 54.7 (#2 mark nation), Tammera McLin (Eisenhower, Rialto) 56.6, Latasha Prothro (Poly, Long Beach) 57.2, Barbie Jones (San Marcos, Santa Barbara) 57.6, Marli Arguelles (Corona) 57.7, Michelle Nelson (Wilson, Long Beach) 58.4, Tracy Pleasant (Locke, L.A.) 59.0.

800m—Miesha Marzell (Bishop O'Dowd, Oakland) 2:11.57 (National Leader), Ka-

California Track and Cross Country Coaches Alliance

PREP NOTES

mara Mayberry (St. Bernard, Playa del Rey) 2:12.15, Kerri Woolheater (Casa Grande, Potaluma) 2:13.42, Christie Engesser (Ocean View, Huntington Beach) 2:14.53, Melanie Hand (Fallbrook) 2:14.92, Susan Scott (Mt. Carmel, San Diego) 2:15.08, Nikki Shaw (Fillmore) 2:15.21, Christine Lewis (Wilson, Long Beach) 2:15.24, Jennifer Gillis (Irvine) 2:16.17, Lori Miller (North, Bakersfield) 2:16.2, Brenda Stewart (Locke, L.A.) 2:16.7, Kristie Camp (Agoura) 2:17.0, Kendra Ossey (Hawthorne) 2:18.1

1600m—Shelley Taylor (Edison, Huntington Beach) 4:51.98 (National Leader) (4:34.3 1500 meters), Nikki Shaw (Fillmore) 4:53.85 (4:34.5), Amy Skiersz (Agoura) 5:02.38 (4:44.9), Marjorie Hsu (San Marino) 5:02.87 (4:44.8), Barbara Boisvert (Orange Lutheran, Orange) 5:02.90 (4:43.2), Rikke Pederson (Simi Valley) 5:05.57 (4:48.2), Melissa Keim (San Pasqual, Escondido) 5:06.10 (4:48.0), Maria Lopez (Compton) 5:06.63 (4:47.9), Christina Blackmer (Upland) 5:07.94 (4:49.7), Saskia Hostettler (Torrey Pines, Encinitas) 5:12.29 (4:49.9), Nika Horn (Santa Rosa) 5:13.36 (4:53.9).

3200m—Milena Glusac (Fallbrook) 10:31.05 (National Leader) (9:52.3 for 3000 meters), Heidi Van Borkulo (Blanchet, Seattle, Wa) 10:40.98 (10:02.7), Marbella Aparicio (Fillmore) 10:46.16 (10:03.7), Carrie Garritson (Sunny Hills, Fullerton) 10:47.16 (10:05.9), Kay Nekota (Agoura) 10:52.68 (10:14.7), Laura Hayward (Agoura) 11:00.15 (10:21.7), Robin Heidt (Canyon, Canyon Country) 11:02.38 (10:20.9), Maya Muneno (Peninsula, Rolling Hills Estates) 11:03.54 (10:24.1), Tanja Brix (University, Irvine) 11:04.39 (10:26.5), Grace Dumell (Merced) 11:06.16 (10:26.7), Kelly Roda (Irvine) 11:16.2 (10:36.0), Chrissy Look (Shasta, Redding) 11:24.9 (10:36.4), Angie Dahlke (Bishop O'Dowd, Oakland) 11:26.5 (10:43.2), Gabriela Rodriguez (Oxnard) 11:29.9 (10:48.3), Jennifer Vergith (Mt. Carmel, San Diego) 11:31.7 (10:51.0), Yoko Senga (Peninsula, Rolling Hills Estates) 11:31.9 (10:48.9), Kim Nelson (Canyon, Anaheim) 11:35.0.

100m LH—(wind -1.31 mps) Kam Warner (West, Bakersfield) 14.03 (Warner is National Leader), Shonna Bernard (Nogales, La Puente) 14.31, Adra Hysong (Tolleson, Az) 14.33, Blisa Grant (Bishop O'Dowd, Oakland) 14.38, Erin Blunt (San Pasqual, Escondido) 14.39, Tanya Lazar-Lea (Vallejo) 14.64, Twila Sims (Lompoc) 14.72, Maronke Sims (Nogales, La Puente) 14.82, Jennifer Odum (Independence, San Jose) 14.90.

300m LH—Twila Sims (Lompoc) 42.86 (National Leader), Erin Blunt (San Pasqual, Escondido) 43.03, Shonna Bernard (Nogales, La Puente) 44.31, Adra Hysong (Tolleson, Az) 44.90, Kim Nellis (Palmdale) 45.18, Tanya Lazar-Lea (Vallejo) 45.28, Meshaua Mays (Hawthorne) 47.08, Ch'a Mosley (Muir, Pasadena) 47.55.

400m RE—(Invited) Poly, Long Beach 46.17 (National leader), Bishop O'Dowd (Oakland)

47.09, Muir (Pasadena) 47.53, Bakersfield 47.57, Thousand Oaks 47.88, Morse (San Diego) 48.42, Dorsey (L.A.) 48.62, Pius X (Downey) 48.99, (Seeded) Lynwood 49.08, Mt. Pleasant (San Jose) 49.27, Lompoc 49.93, Hawthorne 50.00, Washington (L.A.) 50.71.

1600m RE—(Invited) Poly, Long Beach 3:49.52 (#3 mark nation), Bishop O'Dowd (Oakland) 3:49.92, Eisenhower (Rialto) 3:57.22, Thousand Oaks 3:59.91, Hawthorne 4:00.33, Muir (Pasadena) 4:00.55, Dorsey (L.A.) 4:01.48, (Seeded) Wilson (Long Beach) 3:57.76, St. Bernard (Playa del Rey) 3:58.04, Santa Rosa 4:03.07, Merced 4:03.68, Bakersfield 4:03.87, Mt. Carmel (San Diego) 4:04.37, San Marcos (Santa Barbara) 4:06.67.

Dist Med RE—Edison (Huntington Beach) 12:09.37 (National leader), Shelley Taylor 4:53 anchor, Agoura 12:09.39, Upland 12:22.21, Costa Mesa 12:28.10, Etiwanda 12:30.98, Ocean View (Huntington Beach) 12:31.70, Santa Rosa 12:32.52, Wilson (Long Beach) 12:38.89, Poly (Long Beach) 12:45.76, El Modena (Orange) 12:46.80, Corona del Mar (Newport Beach) 12:47.94, San Marino 12:53.0.

HJ—Tanya Lazar-Lea (Vallejo) 5-6, Danielle Boswell (Bullard, Fresno) 5-6 (Boswell is State Leader), Kala Ross (Newport Harbor, Newport Bch) 5-6, Kim Blankenship (Torrance) 5-4, Kristy Kierulff (Esperanza, Anaheim) 5-4, Janea Oliveira (Lemoore) 5-4, Tracy Broughton (Irvine) 5-2, (tie) Sabrina Johnson (Cabrillo, Lompoc) & Amber Roberts (Muir, Pasadena) 5-2, Kelly Black (Downey) 5-2.

LJ—Kam Warner (West, Bakersfield) 19-6 1/4 (+0.02 mps wind), (National leader), Heather Sterlin (Mission Viejo) 19-0 1/2 (+0.47), Sheena Ferguson (Washington, San Francisco) 18-9 3/4 (+0.29), Amy Littlepage (Mt. Miguel, Spring Valley) 18-9 (+1.03), Keisha Doby (Lynwood) 18-1 3/4 (+0.61), Crystal Hayes (Peninsula, Rolling Hills Estates) 17-10 (+0.48), Wendy Ward (Ventura) 17-9 (+1.24), Cherise Ellison (Mt. Pleasant, San Jose) 17-7 1/4 (+0.31), Jessica Renton (Downey, Modesto) 17-5 1/2 (+0.02), Montoya Johnson (Dorsey, L.A.) 17-4 1/2 (+0.60), Christine Sherwood (Watsonville) 17-4 1/4 (+1.09), Adra Hysong (Tolleson, Az) 17-4 (+0.01), Glory Dolphin (Santa Monica) 17-2 3/4 (-0.02), Kala Ross (Newport Harbor, Newport Bch) 17-0 1/2, Jennifer Oliviera (Lemoore) 16-11 (-0.76), Tahara Martin (Quartz Hill) 16-10 (+0.33).

TJ—Amy Littlepage (Mt. Miguel, Spring Valley) 38-8 (+0.61 meters per second wind), Christine Sherwood (Watsonville) 38-7 3/4 (+0.72), Adra Hysong (Tolleson, Az) 38-2 (+0.46), Sherena Harris (Morningside, Inglewood) 38-0 (+1.50), Monica Henderson (Bakersfield) 37-11 1/4 (+1.17) (Henderson is State Leader), Jessica Renton (Downey, Modesto) 37-9w (+2.41) (37-7 wind legal), Karen Vigilant (Wilson, Long Beach) 36-11 1/2 (+1.29), Amber Roberts (Muir, Pasadena) 36-11 (+0.50), Nicole Joslin (Claremont) 36-9 1/4 (+1.05), Latasha Burnett

(Lynwood) 36-6 1/4 (+1.93), Carole Clinger (Orange Glen, Escondido) 35-8 1/4w (+2.18) (34-5 wind legal), Dana Burns (West, Bakersfield) 35-7 1/4 (+1.38), Babette Huley (Ontario) 35-3w (+2.15) (no wind legal), Marion Ali (Muir, Pasadena) 35-2 1/2 (+1.47).

SP—Kristen Heaston (Ygnacio Valley, Concord) 42-10 (Beaston is State leader), Crystal Brownlee (Westlake, Westlake Village) 42-7, Lisa Maspeka (Temecula Valley) 40-6, Kristina Mataafa (Orange Glen, Escondido) 40-3 1/4, Yolanda Crowder (Bakersfield) 39-10, Scia Maumausolo (Mt. Carmel, San Diego) 39-3 1/2, Brittany Mounger (Torrance) 38-9 3/4, Nada Kavar (Crescenta Valley, La Crescenta) 38-6, Andrea Bill (University, Irvine) 38-0, Misako Hampton (North, Bakersfield) 37-11 1/2, Gina Heads (Newport Harbor, Newport Bch) 37-6 1/2, Barbara Timo (29 Palms) 36-1 1/4.

DT—Suzy Powell (Downey, Modesto) 157-3 (#2 mark nation-State Leader), Mataafa (Orange Glen, Escondido) 151-1, Maumausolo (Mt. Carmel, San Diego) 141-9, Bill (University, Irvine) 138-11, Heads (Newport Harbor, Newport Bch) 138-2, Bryant (Hesperia) 134-8, Hampton (North, Bakersfield) 132-4, Yeal (San Dimas) 124-2, Stamps (Mt. Pleasant, San Jose) 121-6, Sullivan (Watsonville) 121-1, Maspeka (Temecula Valley) 119-8.

Athlete of Meet - Marion Jones (1000 Oaks)

Open Division

Weather 75 degrees, slight breezes. Wind readings determined by three gauges at meet site. Times in hundredths are fully automatic Accutrac; times in tenths are hand-times.

Boys

100m—(R-1) (wind +4.1 meters per second) Tony Wilson (Eisenhower, Rialto) 10.95, Robert Rice (Mt. Pleasant, San Jose) 11.00, Jeff Tovey (Diamond Bar) 11.09 (R-2) (-.85 mps) Rae Carruth (Valley, Sacramento) 10.93, Marcus Soward (Eisenhower, Rialto) 11.08, Jerome Hunt (Lompoc) 11.13 **200m**—(R-1) (-2.89 meters per second wind) Jeremiah Aguilo (Harvard-Westlake, No. Hollywood) 22.45, Ramon Derius Banks (Quartz Hill) 22.50 (R-2) (-1.57 mps) Dameron Knight (Lynwood) 22.58 (R-3) (+1.64) Lewis Jennings (Bakersfield) 22.31, Scott Mitchell (Agoura) 22.42.

400m—(R-1) James Redd (Fontana) 47.97 (Meet Record), Chris Brown (Eisenhower, Rialto) 48.68, Aaron Taub (Foothill, Santa Ana) 48.78, Ryan Scott (Ontario) 49.33, Alan Lollis (Bakersfield) 50.76 51.39. (R-2) David Bauer (Madera) 49.22, Donald Scott (Compton) 51.12 (R-3) Andre Desaussure (Royal, Simi Valley) 50.08.

800m—(R-1) results invalid, outside stagger group started from wrong box-line. Ahmik Jones (Livermore) 1:54.73 and Joel Bounds (Central, Philadelphia, Pa) 1:56.35, Joel Martinez (Mt. Pleasant, San Jose) 1:59.1, Damian Flores (Bell) 1:59.8 from correct starting line. (R-2) Pierre-Allain Fort (Claremont) 1:56.30, Brian Peterson (Rowland,

Rowland Hts) 1:56.80, Ky Adderley (Central, Philadelphia, Pa) 1:56.93, Colin Dean (Bishop O'Dowd, Oakland) 1:57.55, Jose China (Bell Gardens) 1:58.21, Bill Neff (Royal, Simi Valley) 1:58.25, Shannon Horn (Palmdale) 1:58.84, John Mothershed (Escondido) 1:59.48.

1600m—(R-1) David Rojas (Moorpark) 4:19.27, Geoff Delahanty (West Torrance) 4:20.07, Jim Cera (Upland) 4:21.40, Willy Carillo (Moreno Valley) 4:23.30, Bryon Hake (Arroyo, El Monte) 4:24.18, Bodie Minster (Camarillo) 4:25.61, Scott Rehnstrom (Glendora) 4:27.5, Ryan Nugent (Thousand Oaks) 4:28.44, Andy Pendoley (Terra Linda, San Rafael) 4:28.88, Brett Strahan (Hart, Newhall) 4:29.02 (R-2) Brett Pease (El Modena, Orange) 4:24.89, John Nels (Upland) 4:26.05, Dan Trejo (Santa Fe, SF Springs) 4:27.05, Jasper Simon (Claremont) 4:27.33, Justin Simon (Claremont) 4:27.56, Scheimann (Westlake, Westlake Village) 4:27.74, Adrian Baca (Schurr, Montebello) 4:28.67.

3200m—Mike Prindville (De la Salle, Concord) 9:26.79 (8:55.8), Mohammad Elmi (Mt. Pleasant, San Jose) 9:28.03 (8:55.8), Jim Cera (Upland) 9:28.53 (8:56.2), Ty Walker (De la Salle, Concord) 9:32.38 (8:56.9), Jason Brown (Bret Harle, Altaville) 9:38.80 (9:07.1), Ben Nichols (San Marino) 9:38.92 (9:03.6), Sean Rios (Madera) 9:40.78 (9:06.7), Lucio Brito (Santa Ana Valley) 9:43.42, Ethan Bradley (Peninsula, Rolling Hills Estates) 9:43.82, Tommy Givens (Hart, Newhall) 9:44.8, Nate Arnold (Poway) 9:46.5, Walter Christiansen (Claremont) 9:46.8, Mario Marquez (Mission Bay, San Diego) 9:49.5, Froylen Sanchez (St. Francis, La Canada) 9:51.9, Kevin Fay (Peninsula, RH Est's) 9:53.2, Ramon Serratos (Duarte) 9:55.8, Bryan Contreras (Bishop Amat, La Puente) 9:57.0.

110m HH—(R-1) (wind -1.4 meters per second) Richard Ford (Diamond Bar) 14.76, Kirk Sweetman (Canyon, Canyon Country) 14.88, Larry Parker (Bakersfield) 15.15, Damon Bagley (Lemoore) 15.21 (R-2) (-.60 mps) Andy Colbert (Muir, Pasadena) 15.25 (R-3) (+0.60) Drue Powell (Reseda) 14.66 (Meet Record).

300m HH—(R-1) Richard Ford (Diamond Bar) 38.49, Ken Haslip (Muir, Pasadena) 38.61, Terry Fulton (Mt. Pleasant, San Jose) 39.34, Brian Elliot (Escondido) 40.15, Gary Dumpson (Garey, Pomona) 40.29, Rafael Allen (El Modena, Orange) 40.37, Alex Puckick (Crespi, Encino) 40.91, (R-2) Andrew Werhane (Upland) 39.09, Kyle O'Neil (Bella Vista, Fair Oaks) 39.15, Mark Weissman (Beverly Hills) 39.61, John Phung (Schurr, Montebello) 39.89, James Bryant (Lynwood) 40.38, (R-3) Antoine Adkins (Moreno Valley) 39.20, Delewis Johnson (Nogales, La Puente) 39.57, Zachary Donaldson (Pius X, Downey) 39.65, Tyron Prince (Highland, Bakersfield) 40.21, Dion Manly (Diamond Bar) 40.36, Chris Baeza (Bishop Montgomery, Torrance) 40.40.

400m RE—(R-1) Mt. Pleasant (San Jose) 42.55 (Meet Record), Eisenhower (Rialto) 42.95, Millikan (Long Beach) 43.35, Comp-

PREP NOTES

ton 43.46, Muir "B" (Pasadena) 43.54, Lynwood 43.62, Crenshaw (L.A.) 43.83, Marshall (Pasadena) 44.00, (R-2) Valley (Sacramento) 42.30 (breaks Mt. Pleasant's Meet Record), Lompoc 42.93, Menlo-Atherton, Atherton 43.76, Pius X (Downey) 43.85, Quartz Hill 44.04, Bishop Amat (La Puente) 44.11, Woodbridge (Irvine) 44.59, 1600m Re-Pius X (Downey) 3:20.16, Compton 3:20.17, Lynwood 3:21.08, Eisenhower, Rialto 3:21.44, Duarte 3:22.65, Diamond Bar 3:25.25, Fremont (L.A.) 3:24.43, (R-2) Fontana 3:22.96, Muir "B" (Pasadena) 3:23.85, Bishop Montgomery (Torrance) 3:24.77, Bishop Amat (La Puente) 3:25.22, Arcadia 3:25.47, Upland 3:25.89, Ontario 3:25.91.

Dist Med Re-Poway 10:38.52, West Torrance 10:41.62, Mission Viejo 10:42.75, La Habra 10:45.25, Loyola (L.A.) 10:47.95, Upland 10:48.94, 1000 Oaks 10:49.38, Escondido 10:51.55, HJ-Nick Bertino (Bella Vista, Fair Oaks) 6-6, Richard Romero (Hesperia) 6-4, Andrew Hosley (Compton) 6-4, PV-Reed Lovan (North, Bakersfield) 14-0, David Fipp (La Jolla) 13-6.

LJ-Andrew Little (Fresno) 22-7 (+1.75 meters per second wind), Terrel Grant (Claremont) 22-0 (+1.71), Jeffrey Ridgeway (Lynwood) 21-10 (+0.45).

TJ-James McAllister (Marshall, Pasadena) 45-5 (wind +1.06 meters per second), Geri-mi Burleigh (Upland) 44-10 (+0.25), Myron McClure (Rowland, Rowland Heights) 44-7 (+1.19), Monty Owens (Santa Fe, SF Springs) 43-10 (+1.65), Winston Brown (Eisenhower, Rialto) 43-9 (+1.85).

SP-Wayne Countryman (Nogales, La Puente) 53-7 1/2.

DT-Dameon Armstrong (El Monte) 154-2, Mark Glock (Nogales, La Puente) 150-6, Jamie Jalving (Bakersfield) 150-5.

Girls

100m--(R-1) (wind -0.22 meters per second) Jaime Sims (Etiwanda) 12.36, Tiffany Lott (Don Lugo, Chino) 12.66 (R-2) (+0.42 mps) Dominique Hughes (Ganesha, Pomona) 12.42, Fiona Mason (Torrance) 12.64 (R-3) (+1.08) Darylette Bass (Lakewood) 12.41, 200m--(R-1) (wind -1.41 meters per second) Darylette Bass (Lakewood) 26.31 (R-2) (-0.44 mps) Dominique Hughes (Ganesha, Pomona) 25.84, Keisha Griffiths (Washington, L.A.) 26.14.

400m--(R-1) Wendy McCamish (Torrance) 56.61, Heather Miller (Westridge, Pasadena) 57.72, C.J. Hardman (Poway) 57.97, Malicia Walker (Lincoln, San Francisco) 58.36, Cheeza Figueroa (Quartz Hill) 59.54 (R-2) Carmen Gage (Rim of World, Lake Arrowhead) 57.58, Nicole Wallace (Ontario) 59.07, Robin Johnson (Ganesha, Pomona) 59.26, Kathy Aagaard (Sonora, La Habra) 59.82 (R-3) Jerrena Bernestine (Pius X, Downey) 58.47, Maria Willis (Eisenhower, Rialto) 59.75.

800m--(R-1) Holly Welch (Bella Vista, Fair Oaks) 2:16.79, Rajai Espinosa (Dana Hills) 2:19.12, Keanna Collins (Mt. Pleasant, San Jose) 2:19.93, Lisa Sanchez (Merced) 2:20.16, Jessica Graham (Westlake, West-

lake Village) 2:20.80, Allison Kaz (Agoura) 2:21.41, Rebecca Lacey (Elsinore, Lake Elsin) 2:22.0, Monica Callen (Poway) 2:22.8, Christa Ayuso (Burbank) 2:24.8, Melissa Fox (Agoura) 2:25.1, (R-2) Spring Lino (Fresno) 2:19.42, Fiona Looney (St. Paul, Santa Fe Springs) 2:20.30, Adrien Smith (West Bakersfield) 2:20.98, Jenny Meyerette (Burbank) 2:21.54, Tara Thomas (Moorpark) 2:22.57, Amy Markel (Santa Margarita, Rancho SM) 2:23.31, Claudia Murillo (Bell Gardens) 2:23.81, Beth Caster (Arcadia) 2:24.0.

1600m--Janna Evans (Edison, Huntington Beach) 5:10.08, Amy Van Atta (Buena, Ventura) 5:12.45, Laura Monson (Claremont) 5:13.35, Sarah Etman (South Pasadena) 5:14.23, Jaime Artzner (Peninsula, Rolling Hills Estates) 5:14.69, Sarah Diem (La Canada) 5:15.5, Wendy Kumin (Bakersfield) 5:15.8, Kim Crosse (Royal, Simi V) 5:16.2, Sara Lee Reyes (Lakewood) 5:16.8, Sherrie Donovan (Madera) 5:18.9, Josefina Sanchez (Hueneme, Oxnard) 5:21.1, Mary Blake (Peninsula, Roll Hills Est's) 5:22.7, Tiffany Marra (Rio Mesa, Oxnard) 5:24.6, Dani Coleman (Mission Bay, San Diego) 5:24.9.

3200m--Stacey Auer (Thousand Oaks) 11:13.64 (10:35.9 3000 meters), Jennifer Formosa (Edison, Huntington Beach) 11:26.98 (10:44.6), Tania Nahale (Diamond Bar) 11:29.37 (10:48.3), Carrie Tacheira (Downey, Modesto) 11:31.43 (10:51.2), Janna Evans (Edison, Huntington Beach) 11:34.84 (10:54.0), Jamie Bascom (Elsinore, Lake Elsin) 11:37.72 (10:53.6), Teresa Santana (Quartz Hill) 11:38.92 (10:56.0), Catherine Litchfield (South Pasadena) 11:44.73 (10:57.3), Summer Eckberg (Santa Barbara) 11:46.63, Carlene Pengra (La Canada) 11:50.5, Danielle El-dridge (Edison, Hunt Bch) 11:51.7, Josephine Yaba (Bishop Amat, La Puente) 11:59.6.

100mLH--(R-1) (wind -0.80 meters per second) Elinor Tolson (Fountain Valley) 14.40 (Meet Record), Jennifer Odom (Independence, San Jose) 14.76, Shireen Brookhart (Muir, Pasadena) 14.79, Yuko Takenara (San Marino) 15.24, Felicia Pennex (Mt. Pleasant, San Jose) 15.44, Lisa Key (Lynwood) 15.82 (R-2) (-0.90 mps) Latasha Burnett (Lynwood) 15.25, Kelly Moten (Muir, Pasadena) 15.28, Nicole Wilson (Paramount) 15.67, Cheeza Figueroa (Quartz Hill) 15.68, Lisa Knott (Sonora, La Habra) 15.70, (R-3) (-1.10 mps) Jacinta Parker (Orange Glen, Escondido) 15.27, Andrea Wasden (Rio Mesa, Oxnard) 15.36, Heather Novak (Santa Margarita, Rancho SM) 15.73.

300mLH--(R-1) Nicole Wilson (Paramount) 45.72, Fiona Mason (Torrance) 45.96, Kristen Grebing (Mission Bay, San Diego) 46.48, Cathey Prater (Agoura) 46.49, Jessica Veale (Poway) 47.27, Lisa Key (Lynwood) 47.72, (R-2) Kelly Moten (Muir, Pasadena) 45.69, Celise Carroll (Wasco) 46.17, Lisa Knott (Sonora, La Habra) 46.40, Quisha Mosley (Lompoc) 47.23, Karl Jungwirth (Camarillo) 47.68.

400m Re--(R-1) Torrance 49.40, Eisenhower (Rialto) 49.50, Arcadia 49.79, Moreno Valley 50.30, Quartz Hill 50.39, Santa Margarita (Rancho SM) 50.46, Burroughs (Burbank) 50.83, (R-2) Sonora (La Habra) 49.93, San Marino 50.21, Westridge (Pasadena) 50.58.

1600m Re--(R-1) Torrance 3:59.23, Lynwood 4:00.30, Peninsula (Rolling Hills Estates) 4:00.81, Sonora (La Habra) 4:03.72, Arcadia 4:05.36, Mt. Pleasant (San Jose) 4:09.84, (R-2) Poway 4:01.72, Pius X (Downey) 4:03.28, Burroughs (Burbank) 4:05.96, Lompoc 4:08.71.

Dist Med Re--Buena (Ventura) 12:43.55, Bella Vista (Fair Oaks) 12:47.02, Poway 12:48.35, Newbury Park 12:49.51, Santa Margarita (Rancho SM) 12:51.10, Belmont (L.A.) 12:52.0, Claremont 12:56.01, Torrance 13:03.45, Elsinore (Lake Elsin) 13:21.76, Quartz Hill 13:27.60.

HJ-Nikki Hubbert (Bakersfield) 5-2, Christina Ivey (Foothill, Santa Ana) 5-2, Heather Lewis (Quartz Hill) 5-2.

LJ-Latasha Burnett (Lynwood) 17-9 1/2 (wind -0.17 meters per second), Ashanti Austin (Rio Mesa, Oxnard) 17-6 3/4 (+1.23), Ginger Vega (Notre Dame, Riverside) 17-1 (+1.31), Kelly Moten (Muir, Pasadena) 17-1w (+2.51) (16-10 3/4 wind legal best), Dominique Hughes (Ganesha, Pomona) 17-1w (+2.44) (16-8 wind legal best), Kendra Johnson (Bishop O'Dowd, Oakland) 16-9 (+1.43).

TJ-Carmen Gage (Rim of World, Lake Arrowhead) 35-10 (wind +0.43 meters per second), Kara Theis (Orange Lutheran, Orange) 35-8 3/4 (+1.23), Kashala Erby (Eisenhower, Rialto) 35-8 (+1.08), Ginger Vega (Notre Dame, Riverside) 35-7 (+1.81), Uteeya Whitaker (Quartz Hill) 35-4 (+1.51), Kendra Johnson (Bishop O'Dowd, Oakland) 35-4 (+1.84), Erika Ebel (Orange Lutheran, Orange) 35-3 (+1.01).

SP-Dawn Anderson (Newbury Park) 34-9 1/4.

DT-Diane Hart (North, Bakersfield) 130-4, Helen Dijkstra (Bakersfield) 126-5, Adara Newidowski (Dana Hills) 125-11, Mary Alice Lott (Palm Springs) 125-10, Yolanda Crowder (Bakersfield) 124-6, Peka Lulu (Nogales, La Puente) 118-11, Mary Wilson (Charter Oak, Covina) 118-4, Kara Stephens (Orange Lutheran, Orange) 115-2, Kim Righetti (Ventura) 114-7, Susan Doddridge (Quartz Hill) 111-0.

Carpinteria Cup

Carpinteria H.S. Saturday, April 11.

Boys:

800m--1. Anthony Fisher (Maranatha, Sierra Madre) 1:58.60. LJ--1. Mark Aucutt (Santa Clara, Oxnard) 22-4 3/4 (Breaks Meet Record--Old Mark 22-4 set 1936!!!). TJ--1. Isiah Mustafa (Santa Clara, Oxnard) 45-0 1/2. HJ--1. Dan Paine (Nordhoff, Ojai) 6-8. 2. Isiah Mustafa (Santa Clara, Oxn) 6-4. SP--1. Alan Duben (Oak Park) 51-9 1/2.

Girls:

LJ--1. Vanessa Macen (Santa Clara, Oxnard) 16-10, 2. Tracye Lawyer (Cate, Carpinteria) 16-9. TJ--1. Jennifer Lagle (Paso

Robles) 35-1 1/2 (also won SP at 34-2 1/2 and ran on winning 4x400 relay team for Athlete of Meet Award). HJ--1. Tracye Lawyer (Cate, Carpinteria) 5-6. DT--1. Har-nethia Mansell (Oak Park) 118-9, 2. Wendy Cantua (St. Joseph, Santa Maria) 110-0.

Bronco/Diamond Bar Relays

Cal Poly Pomona. Tuesday, April 14. (RACES COMBINED IN BELOW RESULTS)

Girls

100m--Hughes (Ganesha) 12.0, McLin (Eisenhower) 12.1, Sims (Etiwanda) 12.2, Lott (Don Lugo, Chino) 12.4. 200m--Hughes (Ganesha) 25.6w, Jaime Sims (Etiwanda) 25.7w, Cureton (Alta Loma) 25.9w, 800m--Boisvert (Orange Lutheran) 2:17.2, Espinosa (Dana Hills) 2:22.0.

1500m--Espinosa (Dana Hills) 4:53.4, Bruins (Etiwanda) 5:01.6, Bascom (Elsinore, LE) 5:03.3, Ericka Nehrs (Upland) 5:06.0, 100mLH--Moten (Muir, Pas) 14.5, Henlon (Upland) 15.0, 300mLH--Henlon (Upland) 46.7.

400m Relay--Eisenhower 49.6, Etiwanda 50.1, Ontario 50.1, Ganesha (Pomona) 50.3. 4x880--Upland 10:07.5.

HJ--Munwakkil (Eisenhower, Rialto) 5-3, SP--Shelby Wynne (Chaffey, Ontario) 36-1 1/2. DT--Stephens (Orange Lutheran) 115-1, Haney (Diamond Bar) 108-1, Pack (Eisenhower) 103-1.

Boys

100m--Donald Scott (Compton) 10.7, 200m--Soward (Eisenhower, Rialto) 21.9w, Brown (Eisenhower) 22.1w, Ephraim (Compton) 22.2w.

1500m--Cera (Upland) 4:07.0. 3000m--Cera (Upland) 8:54.3, Jared Overton (Newport Beach, Newport Harbor) 9:02.1, Chuck Foote (Walnut) 9:05.8. 110mHH--Jess Ku-waye (Don Lugo, Chino) 14.7, Burleigh (Upland soph) 14.9, Prescott (Chino) 15.0, 300mLH--Werhane (Upland) 39.2.

400m Re--Eisenhower 42.4, Ganesha 43.3, Compton 43.5. 4x880--Upland 8:27.4.

HJ--Curtis (Elsinore, Lake Elsi) 6-4, Aaron McGee (Diamond Bar) 6-4, Edward Barnett (Upland) 6-4. PV--Gehrke (Diamond Bar) 13-6. DT--Conrad (Brea) 162-3.

IF YOU ARE MOVING...

...let us know as soon as possible. CTN is mailed third class bulk rate and is NOT forwardable.

Thank you!

Central Cal

Golden West Track & Field Invitational

March 21, Visalia.

Varsity Boys Results

Team Scores: 1. Hanford 98, 2. Lemoore 64, 3. Reedley 50, 4. Corcoran and Mt. Whitney 39, 6. Tulare Western 32, 7. Porterville 28, 8. Delano 24, 9. Redwood 23, 10. Tulare 17.

11. Yosemite 11, 12. Golden West 8, 13. Immanuel 6, 14. Washington Union 2.

100m: 1. Houston (Lemoore) 11.0, 2. Wilkerson (Tulare) 11.2. **1600m:** 1. Wilson (Mt. Whitney) 4:30.0, 2. Rivera (Delano) 4:30.2. **3200m:** 1. Rivera (Delano) 9:37.8, 2.

Ochoa (Corcoran) 9:44.8. **110m H:** 1. Bagley (Lemoore) 14.9, 2. Perryman (Lemoore) 15.5. **300m IH:** 1. Bagley (Lemoore) 39.7, 2. Giannola (Hanford) 40.0.

HJ: 1. Haynes (Corcoran) 6-9, 2. Nyberg (Mt. Whitney) 6-4. **PV:** 1. Red (Hanford) 12-6, 2. Jones (Reedley) 12-0. **LJ:** 1. Morales (Reedley) 22-1 3/4, 2. Ragland (Tulare Western) 21-11. **TJ:** 1. Morales (Reedley) 43-11 1/4, 2. Ragland (Tulare Western) 43-10 1/4. **SP:** 1. Keyes (Corcoran) 54-9, 2. Quarles (Porterville) 51-10 3/4. **DT:** 1. Keyes (Corcoran) 149-1 1/2, 2. Quarles (Porterville) 143-5.

400m Relay: 1. Lemoore 43.4, 2. Hanford 43.9. **1600m Relay:** 1. Hanford 3:28.1, 2. Redwood 3:34.0. **Sprint Med. Relay:** 1. Hanford 3:42.8, 2. Reedley 3:47.1.

Varsity Girls Results

Team Scores: 1. Redwood 105 1/2, 2. Golden West 60, 3. Lemoore 50 1/2, 4. Tulare 46 1/2, 5. Porterville 43, 6. Reedley 35, 7. Tulare Western 28, 8. Delano 19, 9. Mt. Whitney 6, 10. Hanford 5 1/2, 11. Corcoran 3, 12. Yosemite 2.

100m: 1. Hammond (Redwood) 12.5, 2. Hendrix (Tulare Western) 13.1. **1600m:** 1. Billuado (Golden West) 5:27.7, 2. Franco (Delano) 5:32.3. **3200m:** 1. Petty (Golden West) 11:55.2, 2. Franco (Delano) 12:11.4. **100m LH:** 1. Breedlove (Redwood) 15.1, 2. Ferguson (Redwood) 15.6. **300m LH:** 1. Breedlove (Redwood) 46.1, 2. Ferguson (Redwood) 48.0.

HJ: 1. Ja. Oliveira (Lemoore) 5-5, 2. Merritt (Porterville) 5-0. **LJ:** 1. Je. Oliveira (Lemoore) 17-0 3/4, 2. T. Petty (Golden West) 15-3 1/4. **TJ:** 1. Ja. Oliveira (Lemoore) 34-6, 2. Norby (Redwood) 32-3. **SP:** 1. Shenley (Tulare) 38-9, 2. Baker (Tulare Western) 33-1. **DT:** 1. Martinez (Reedley) 116-7, 2. Shanley (Tulare) 113-3.

400m Relay: 1. Redwood 50.8, 2. Tulare 51.5. **1600m Relay:** 1. Redwood 4:11.0, 2. Porterville 4:19.5. **Sprint Med. Relay:** 1. Golden West 4:32.9, 2. Redwood 4:38.9.

Fresh/Soph Boys Results
Team Scores: 1. Porterville 79, 2. Corcoran 64, 3. Redwood 60, 4. Delano 57, 5. Lemoore 47, 6. Mt. Whitney and Tulare Western 31, 8. Washington 24, 9. Hanford 21,

10. Golden West 8, 11. Tulare 7, 12. Reedley 5.

100m: 1. Henley (Washington) 11.5, 2. Sharp (Porterville) 11.8. **1600m:** 1. Shannon (Lemoore) 4:39.0, 2. Andrade (Redwood) 4:39.2. **3200m:** 1. Temmerman (Mt. Whitney) 10:03.7, 2. Sanchez (Delano) 10:05.9. **65m HH:** 1. Merritt (Porterville) 10.0, 2. Boyd (Lemoore) 10.2. **300m IH:** 1. Dumag (Delano) 44.3, 2. Cartwright (Porterville) 45.3.

HJ: 1. Merritt (Porterville) 5-10, 2. Roby (Corcoran) 5-10. **PV:** 1. Stark (Porterville) 11-6, 2. Aninon (Delano) 10-0. **LJ:** 1. Dumag (Delano) 20-8, 2. Hanley (Washington) 19-9 3/4. **TJ:** 1. Herrera (Redwood) 40-11 1/4, 2. Allen (Tulare Western) 39-9 3/4. **SP:** 1. Duran (Porterville) 46-7, 2. Roby (Corcoran) 43-7. **DT:** 1. Duran (Porterville) 125-8 1/2, 2. Jasso (Redwood) 123-5.

400m Relay: 1. Tulare Western 47.0, 2. Lemoore 47.6. **1600m Relay:** 1. Redwood 3:40.6, 2. Corcoran 3:42.8. **Sprint Med. Relay:** 1. Corcoran 3:52.8, 2. Mt. Whitney 3:56.0.

Fresno Relays

April 3, 4. Ratcliffe Stadium, Fresno.

Small High School Boy's Results

100m: 1. Rod Branch (St. Mary's College HS) 10.97, 2. Joe Tabangura (Garces) 11.10, 3. Marcus Marshall (Dos Palos) 11.11, 4. Chris Baptista (Caruthers Union) 11.25, 5. Russell Hornsby (St. Mary's College HS) 11.34. **800:** 1. Benji Soliz (Los Banos) 1:58.30, 2. Eddie Lopez (Hughson) 1:59.38, 3. Juan Ayala (Coalinga) 1:59.55, 3. Eduardo Gonzalez (Coalinga) 1:59.55, 5. Chris Loh (St. Mary's College HS) 1:59.58. **1600:** 1. Jed Saveressig (Yosemite) 4:30.41, 2. John Owens (Sierra) 4:31.83, 3. Jose Ochoa (Corcoran) 4:36.6, 4. Francisco Angniano (Coalinga) 4:39.31, 5. Mike Prendergast (St. Mary's College HS) 4:42.20.

3200: 1. Jose Ochoa (Corcoran) 9:53.06, 2. Sammy Morales (Washington Union) 10:40.50, 3. Jordan Jarosz (St. Mary's College HS) 10:26.60, 4. Ernesto Ibarra (Los Banos) 10:27.59, 5. Juan Morales (Washington Union) 10:40.50. **110m H:** 1. Clarence Phelps (Christian Bros) 15.15, 2. Pat Villapudva (Los Banos) 15.72, 3. Anthony Montgomery (St. Mary's College HS) 15.74, 4. Shomari Smith (Churchill Co.) 16.06, 5. Steve McNaughton (Kingsburg) 16.49. **4x100:** 1. St. Mary's College HS 43.04, 2. Garces 43.45, 3. Christian Brothers 43.69, 4. Stockdale 45.28, 5. Washington Union 45.42. **4x400:** 1. Coalinga 3:30.54, 2. Christian Bros. 3:33.17, 3. Los Banos 3:34.13, 4. Sierra, Oakhurst 3:34.66, 5. Garces 3:39.45.

PV: 1. Steve McNaughton (Kingsburg) 13-7 1/4, 2. Chris Goodman (Sierra) 13-7 1/4, 3. Shomari Smith (Churchill Co.) 13-1 1/2, 4. Pat Deverick (Coalinga) 13-1 1/2, 5. Joe Jensen (Coalinga) 12-7 1/2. **DT:** 1. Alfred Keyes (Corcoran) 157-2, 2. Andy Johnson (Kingsburg) 156-2, 3. Jason Salzar (Caruthers Union) 145-0, 4. Hector Hernandez (Fowler) 142-3, 5. Padraic Rohan

(St. Mary's College HS) 134-3. **LJ:** 1. Chris Baptista (Caruthers Union) 22-6 1/4, 2. Tony Baker (Garces) 21-3 1/4, 3. Kunterio Henley (Washington Union) 21-2 3/4, 4. Mark Berkey (Coalinga) 20-10 3/4, 5. Glenn Rivers (Washington Union) 19-10 3/4. **TJ:** 1. Mark Berkey (Coalinga) 42-3 1/4, 2. Calijon Orficio (Churchill Co.) 42-0, 3. Rah-mu Brown (St. Mary's College HS) 41-8 3/4, 4. Cody Wilson (Central) 41-8, 5. Anthony Moreno (Dos Palos) 40-6 1/4. **HJ:** 1. Calvin Haynes (Corcoran) 6-8, 2. (tie) Steve Farris (Immanuel, Reedley), Clint Unruh (Yosemite), Abby Hussein (St. Mary's College HS) 6-2, 5. A.J. Reeves (Sierra) 6-0. **SP:** 1. Alfred Keyes (Corcoran) 49-9, 2. Chris Clark (St. Mary's) 46-10, 3. Aaron Castro (Hughson) 44-9, 4. Hector Hernandez (Fowler) 43-10, 5. Andy Johnson (Kingsburg) 43-5.

Team Scores: 1. St. Mary's College HS 46, 2. Coalinga 35, 3. Corcoran 29, 4. Garces and Los Banos 21, 6. Christian Bros. 20, 7. Sierra 18, 8. Kingsburg and Washington Union 15, 10. Caruthers 14, 11. Churchill Co. 12, 12. Yosemite 10, 13. Hughson 9, 14. Dos Palos and Fowler 7, 16. Stockdale 6, 17. Central and Immanuel 4, 19. Tranquility 2, 20. Avenal 1.

Small High School Girls Results

100m: 1. Michelle Reed (Folsom) 12.73, 2. Paige Plaskett (Garces) 12.94, 3. Megan Roze (Churchill Co.) 12.96, 4. Torwanda Logan (Folsom) 13.12, 5. Trish Woods (Caruthers Union) 13.24. **800:** 1. Sarah Kilkenny (Folsom) 2:23.69, 2. Nicole Albert (Corcoran) 2:25.50, 3. Nicole Kulikov (Coalinga) 2:26.8, 4. Susan Rhea (Immanuel, Reedley) 2:28.19, 5. Angela Quintana (Fowler) 2:29.10. **1600:** 1. Nicole Albert (Corcoran) 5:27.80, 2. Wendy Grier (Sierra) 5:28.83, 3. Celeste Everhart (Folsom) 5:46.01, 4. Laura Pafford (Dos Palos) 5:52.50, 5. Regina Kinsman (Sierra) 5:55.95. **3200:** 1. Celeste Everhart (Folsom) 12:42.93, 2. Gretchen Sauer (Churchill Co.) 13:05.95, 3. Christina Ponce (Coalinga) 13:35.08.

100m H: 1. Celise Carroll (Wasco) 15.18, 2. Christina Carbajal (Wasco) 16.20, 3. Lorie Gilstrap (Caruthers Union) 16.52, 4. Kim Dorsey (Garces) 16.65, 5. Paige Plaskett (Garces) 16.70. **4x100:** 1. Christian Bros. 51.54, 2. Wasco 51.80, 3. Garces 52.30, 4. Sierra, Oakhurst 52.47, 5. Immanuel, Reedley 53.71. **4x400:** 1. Immanuel, Reedley 4:12.57, 2. Christian Brothers 4:12.59, 3. Garces 4:23.21, 4. Sierra, Oakhurst 4:27.38, 5. Coalinga 4:28.50.

LJ: 1. Michelle Reed (Folsom) 17-9 3/4, 2. Shamika Collins (Caruthers) 17-8 1/2, 3. Megan Roze (Churchill Co.) 17-3 3/4, 4. Lora Baker (Sierra, Oakhurst) 17-0, 5. Charity Cornwell (Galt) 16-2. **DT:** 1. Tiffany Powers (Dos Palos) 118-3, 2. Jane Ansolabehere (Garces) 108-7, 3. Katie Widhalm (Garces) 90-7, 4. Stefanie Wade (Yosemite) 87-9, 5. Amanda Buchanan (Fowler) 86-7. **HJ:** 1. Charity Cornwell (Galt) 5-0, 2. Janice Rippee (Sierra) 4-10, 3. Melissa Pidkin (Immanuel) 4-10, 4. Tanus Patton (Sierra) 4-8, 5. Della Bennfield (Avenal) 4-8. **TJ:** 1. Ronette Harrison (Wasco) 35-11 1/4, 2. Michelle Reed (Folsom) 33-10 3/4, 3. Shamika Collins

(Caruthers Union) 34-7, 4. Amy Lottin (Galt) 34-3, 5. Lora Baker (Sierra) 33-11 1/4. **SP:** 1. Tiffany Powers (Dos Palos) 35-5, 2. Katie Widhalm (Garces) 32-11 3/4, 3. Bernadette Garcia (Corcoran) 30-4 1/2, 4. Mary Martinez (Caruthers) 28-9 1/2, 5. Stefanie Wade (Yosemite) 28-9 1/2. **Team Scores:** 1. Folsom 37, 2. Garces 36, 3. Sierra 29, 4. Wasco 25, 5. Immanuel, Reedley 20, 6. Caruthers Union 18 1/2, 7. Christian Bros. 18, 8. Dos Palos and Corcoran 16, 10. Churchill County 13, 11. Coalinga and Galt 11, 13. Yosemite 6 1/2, 14. Fowler 4, 15. Avenal 3, 16. Westwood and Kingsburg 1.

Large High School Boy's Results

100m: 1. Anthony Volson (Merced) 10.63, 2. Brian Lewis (Highlands, Sacto) 10.73, 3. Lindsey McDonald (Merced) 10.91, 4. Jaime Houston (Lemoore) 10.94, 5. Mike Richmond (Lincoln, Stockton) 10.99. **800:** 1. Milton Hughes (AA Staff) 1:51.24, 2. Michael Katri (Fortuna) 1:54.27, 3. Vondre Armour (Bakersfield) 1:55.37, 4. Brian Wilkinson (Merced) 1:55.39, 5. Adrian Garcia (Roosevelt) 1:55.40. **1600:** 1. Brian Wilkinson (Merced) 4:12.99, 2. Michael Katri (Fortuna) 4:19.36, 3. Dylan Kennedy (East Bakersfield) 4:19.86, 4. Darren Holman (Sonora) 4:20.06, 5. Polo Duarte (Madera) 4:20.66. **3200:** 1. Polo Duarte (Madera) 9:35.43, 2. Eric Krupf (Madera) 9:36.48, 3. Richard Brewer (North, Bakersfield) 9:37.16, 4. Frank Madrigal (Madera) 9:37.72, 5. Heriberto Castellanos (Lynwood) 9:42.37.

110m H: 1. Terry Woods (Roosevelt) 14.57, 2. Anthony Brockington (Stagg) 14.90, 3. Danny Perryman (Lemoore) 15.08, 4. Larry Parker (Bakersfield) 15.09, 5. Jesse Bloodworth (McLane) 15.67. **4x100:** 1. Highland, Sacto 42.50, 2. Merced 42.52, 3. Lemoore 43.38, 4. Lynwood 43.73, 5. Bakersfield 43.81. **4x400:** 1. St. Mary's College HS 3:17.23, 2. Bakersfield 3:23.11, 3. Roosevelt, Fresno 3:26.35, 4. Madera 3:28.73, 5. Clovis West 3:29.52. **8x200:** 1. Bakersfield 3:00.63, 2. Lynwood 3:03.69, 3. Merced 3:04.89, 4. Lemoore 3:06.87, 5. Kennedy, Sacto 3:09.39.

DT: 1. Jeff Buckley (Bakersfield) 186-6, 2. Jared Casey (Downey, Modesto) 160-7, 3. Lorenz Marquez (Fresno) 154-9, 4. Billy Wilkerson (Clovis West) 152-11, 5. David Dumble (Bakersfield) 148-9. **LJ:** 1. Andrew Little (Fresno) 21-7 1/4, 2. Eric Hunt (Bullard) 21-4, 3. Demetrius Taylor (McLane) 21-0 3/4, 4. Jason Calhoun (Bakersfield) 21-0, 5. Robert Sims (Lynwood) 20-9. **PV:** 1. Clarence Phelps (Chris. Bros) 15-6, 2. Vance Branden (Los Gatos) 15-0, 3. Corey Johnson (El Dorado) 14-6, 4. Ty Wool (Modesto) 14-0, 5. Tye Harvey (Sonora) 14-0. **SP:** 1. Jeff Buckley (Bakersfield) 55-3, 2. Jared Casey (Downey, Modesto) 49-3 1/2, 3. Tim Grill (Fresno) 47-10, 4. Nathan McKnight (Hoover) 47-7 1/2, 5. Brad Fleeman (Selma) 47-5 1/2. **TJ:** 1. Acie George (Bakersfield) 45-9 3/4, 2. Rod Smith (Edison, Fresno) 45-9, 3. Norris Ellington (Lynwood) 43-5, 4. Mike Kuoppamaki (El Dorado) 42-11 1/2, 5. Anthony Brockington

PREP NOTES

(Stagg, Stockton) 42-4 3/4. HJ: 1. Jeremy Burke (Sonora) 6-4, 2. Eric Nyberg (Mt. Whitney) 6-4, 3. Eli Gladden (San Lorenzo) 6-2, 4. Larry Parker (Bakersfield) 6-2, 5. Randy Martin (Clovis West) 6-2.

Team Scores: 1. Bakersfield 53, 2. Merced 33, 3. Madera and Lynwood 22, 5. Lemoore 18, 6. Highlands, Sacto 15, 7. Roosevelt, Fresno and Fresno HS 14, 9. Sonora and Stagg, Stockton 13, 11. Fortuna, St. Mary's College HS and Downey, Modesto 10, 14. El Dorado and Clovis West 7, 16. Christian Brothers 6 1/2, 17. McLane, Fresno, Mt. Whitney and Bullard, Fresno 6, 20. Edison, Fresno and Los Gatos 5, 22. North, Bakersfield, East Bakersfield and San Lorenzo 4, 25. Hoover, Fresno 3 1/2, 26. Modesto 3, 27. Lincoln, Stockton, Selma and Kennedy, Sacto 2, 30. York, Tulare Union, Reedley and Dos Pueblos 1.

Large High School Girls Results

100m: 1. Maigha Strickland (Merced) 12.18, 2. Carmen Bedford (Highland, Sacto) 12.29, 3. Crystal Lowe (Edison, Fresno) 12.44, 4. Delisa House (Hoover, Fresno) 12.50, 5. Tina Davis (Atwater) 12.52. **800:** 1. Kristie Johnston (Central) 2:17.05, 2. Irene Hobbs (Atwater) 2:20.15, 3. Spring Lino (Fresno) 2:21.18, 4. Sherrie Donovan (Madera) 2:23.48, 5. Lisa Sanchez (Merced) 2:23.82. **3200:** 1. Sarah Grogg (Clovis West) 11:15.03, 2. Becky Kaiser (Seaside) 11:23.18, 3. Judy Petty (Golden West) 11:27.62, 4. Grace Durnell (Merced) 11:39.48, 5. Marci Lawson (Clovis West) 11:40.90.

100m H: 1. Kam Warner (West, Bakersfield) 13.94, 2. Allison Breedlove (Redwood, Visalia) 14.64, 3. Kayla Montgomery (Clovis West) 15.00, 4. Romanda Mayo (Hoover, Fresno) 15.01, 5. Tiffany Weigant (McLane) 15.34. **4x100:** 1. Edison, Fresno 48.96, 2. Lynwood 49.68, 3. Roosevelt, Fresno 49.81, 4. West, Bakersfield 50.11, 5. Merced 50.51. **4x400:** 1. Redwood, Visalia 4:04.97, 2. Edison, Fresno 4:08.16, 3. Turlock 4:08.76, 4. Dos Pueblos 4:09.21, 5. Roosevelt, Fresno 4:10.59.

SP: 1. Soozie Shanley (Tulare Union) 40-3, 2. Yolanda Crowder (Bakersfield) 39-2, 3. Roshelle Stovall (Clovis West) 37-10 1/2, 4. Chelsea Stephens (Atwater) 37-8 1/2, 5. Klesha Bey (Bullard) 35-9. **LJ:** 1. Kam Warner (West, Bakersfield) 19-4 3/4, 2. Kayla Montgomery (Clovis West) 18-6, 3. Ebony Henderson (Bakersfield) 18-4 1/2, 4. LaTasho Burnett (Lynwood) 17-10 3/4, 5. Jennifer Oliveira (Lemoore) 17-0 1/2. **HJ:** 1. Rischea Canidate (Clovis West) 5-6, 2. Janea Oliveira (Lemoore) 5-4, 3. Jayme Ullrich (North, Bakersfield) 5-2, 4. Kelly Lloyd (North, Bakersfield) 5-0. **DT:** 1. Suzy Powell (Downey, Modesto) 150-3, 2. Diane Hart (North, Bakersfield) 130-5, 3. Julie Herron (Beyer) 123-0, 4. Marisol Flores (Silma)

111-4, 5. Christy Love (Highland, Sacto) 111-3. **TJ:** 1. Ebony Henderson (Bakersfield) 38-4 3/4, 2. Kam Warner (West, Bakersfield) 38-2 1/4, 3. Kayla Montgomery (Clovis West) 38-4 3/4, 4. LaTasho Burnett (Lynwood) 36-4, 5. Dayna Burns (West, Bakersfield) 35-6.

Team Scores: 1. Clovis West 31, 2. West, Bakersfield 23, 3. Edison, Fresno 22, 4. Lynwood 17, 5. Redwood, Visalia 16, 6. Bakersfield 15, 7. Merced 13, 8. North, Bakersfield 12, 9. Atwater 11, 10. Roosevelt, Fresno, 11. Lemoore, Tulare Union, Downey, Modesto, Highlands, Sacto 7, 13. Turlock, Central, Hoover, Fresno 6, 18. Seaside and Dos Pueblos 5, 20. Golden West, Fresno and Beyer 4, 23. McLane, Selma, Madera and Bullard 3, 27. Reedley 1.

Los Banos Lions Track & Field Invitational

April 4, Los Banos.

Fresh/Soph Results

100m: 1. Dickerson (SM) 11.57. **200m:** 1. Lourenco (LB) 24.05. **400m:** 1. Anderson (DP) 55.04. **800m:** 1. Marshall (ES) 2:14. **1600m:** 1. Marshall (ES) 4:53. **3200m:** 1. Marshall (ES) 10:42. **65m H:** 1. Sydow (LB) 10.14. **300m LH:** 1. Sydow (LB) 44.12. **400m Relay:** 1. St. Mary's 48.8. **1600m Relay:** 1. Los Banos 3:51.

SP: 1. Lucas (TR) 46-11. **DT:** 1. Lucas (TR) 118-3. **HJ:** 1. Castilior (TR) 5-3. **PV:** 1. Beam (LB) 11-6. **LJ:** 1. Sullivan (SM) 17-7. **TJ:** 1. Sullivan (SM) 36-8 1/2.

Varsity Boys Results

100m: 1. Fisher (SM) 11.58. **200m:** 1. Chavira (DP) 24.34. **400m:** 1. Soliz (LB) 53.2. **800m:** 1. Soliz (LB) 2:11.44. **1600m:** 1. Barajas (TR) 4:53. **3200m:** 1. Barajas (TR) 10:57. **110m HH:** 1. Diaz (LB) 16.6. **300m IH:** 1. Diaz (LB) 43.26. **400m Relay:** 1. Dos Palos 48.62. **1600m Relay:** 1. Los Banos 3:46.

SP: 1. Ruiz (TR) 42-6. **DT:** 1. Warren (LB) 141-1. **HJ:** 1. McLaughlin (DP) 5-10. **PV:** 1. Wilson (DP) 11-8. **LJ:** 1. Bohannon (LB) 18-8 1/4. **TJ:** 1. Elson (SM) 40-11 3/4.

Varsity Girls Results

100m: 1. Orange (SM) 13.31. **200m:** 1. Oranges (SM) 29.09. **400m:** 1. Hast (SM) 1:05.1. **800m:** 1. Bishop (LB) 2:42. **1600m:** 1. Carreon (LB) 5:50. **3200m:** 1. Carreon (LB) 12:56. **100m H:** 1. Reuben (SM) 16.52. **300m LH:** 1. Santillan (DP) 52.11. **400 Relay:** 1. St. Mary's 55.46. **1600 Relay:** 1. Los Banos 4:42.01.

SP: 1. Rodriguez (TR) 29-4 1/2. **DT:** 1. Rodriguez (TR) 87-9. **HJ:** 1. Thiercol (ES) 4-7. **LJ:** 1. Taylor (SM) 15-2. **TJ:** 1. Taylor (SM) 32-8 3/4.

STUDY ON HIGH SCHOOL TRACK AND FIELD ~NORTHERN CALIFORNIA~

Dear Coaches,

I am conducting a study of the condition of high school track and field. I would greatly appreciate your taking a small amount of time to complete the questionnaire below.

1. How long have you been coaching at the high school level or higher?
2. How many years have you been head coach for boys, girls, or both?
3. How many years have you served as an assistant coach for boys, girls or both?
4. How many years have you coached at your present school?
5. What is the highest number of years you have coached at any school?
6. How many years did you coach as a full-time site coach for boys, girls or both?
7. How many years did you coach as a walk-on coach for boys, girls or both?
8. How many areas in track and field can you coach at a good level?
9. What is your area(s) of expertise, ie. jumps, distances, throws, sprints, hurdles?
10. As a full-time coach, how can colleges and TAC help you?
11. As a walk-on coach, how can colleges and TAC help you?

Please complete and send to:
Al Hernandez
44972 Parkmeadow Drive
Fremont, CA 94539

Thank you!

COMING UP IN CTN...

- ✓ June issue -- Mt. SAC & more
- ✓ July issue -- CIF H.S. State Meet

RESULTS

Please send track & field / cross country results directly to: CTN, 4957 East Heaton, Fresno, CA 93727 or FAX (209) 255-4904.

Azusa Pacific/UCLA/ Cal Poly SLO/Fresno Pacific

March 14, Azusa Pacific University,
Men's Results

100m: 1. Osmond Ezinwa (APU) 10.09, 2. Dave Edwin (Unat) 10.52, 3. Derrick Baker (UCLA) 10.77. **200m:** 1. Davidson Ezinwa (APU) 20.29, 2. Dave Edwin (Unat) 21.60, 3. Ed Lovelace (Unat) 21.72. **400m:** 1. Joey Ellis (FPC) 46.69, 2. Mike Stevenson (UCLA) 46.73, 3. Marty Beck (UCLA) 46.76. **800m:** 1. Kevin Young (SMT) 1:53.24, 2. Sven Haug (UCLA) 1:55.28, 3. Matt Sayer (APU) 1:57.18. **1500m:** 1. Brent Jones (UCLA) 4:00.80, 2. Robert Mata (UCLA) 4:03.72, 3. Erik Starkey (APU) 4:07.43. **2 Mile:** 1. Cryton Harris (UCLA) 9:15.26, 2. Tony Bergman (APU) 9:18.79, 3. Jeff Burns (APU) 9:24.36. **110mH:** 1. Tony House (Unat) 14.16, 2. O. Henderson (UCLA) 14.80, 3. David Fair (APU) 14.98. **400mH:** 1. David Fair (APU) 53.89, 2. Stephen DeBerry (UCLA) 54.01, 3. Kevin Schaffer (APU) 59.60. **4x100:** 1. Azusa Pacific 40.24, 2. Fresno Pacific DQ. **4x400:** 1. UCLA 3:11.23, 2. Team Decathlon 3:15.98, 3. Fresno Pacific 'A' 3:23.54.

HT: 1. Greg Hodel (UCLA) 181-9, 2. Larry Johnston (APU) 179-2, 3. Erik Johnson (UCLA) 161-6. **LJ:** 1. M. Anderson (UCLA) 23-0 1/2, 2. Derrick Baker (SLO) 23-0 1/2, 3. Cotton (SLO) 22-6 1/2. **SP:** 1. Jason Wyatt (APU) 55-4 1/4, 2. Greg Hodel (UCLA) 54-9 1/4, 3. Joe Bailey (UCLA) 54-6 1/2. **DT:** 1. Jamie Presser (UCLA) 175-5, 2. Greg Hodel (UCLA) 157-6, 3. Pat Mair (APU) 140-9. **HJ:** 1. Mark Wilson (UCLA) 6-10, 2. Jon Eagleton (Unat) 6-8, 3. Ben Beal (APU) 6-6. **TJ:** 1. Ben Koech (APU) 51-5, 2. M. Anderson (UCLA) 51-4 1/4, 3. Don Parrish (Unat) 50-6 1/4. **JT:** 1. Clint Gertenrich (APU) 204-1, 2. Steve Barnett (UCLA) 202-5, 3. Jon Eagleton (Unat) 171-5. **PV:** 1. Anthony Curran (Unat) 18-8 1/4, 2. Ryan Sager 12-1 1/2. **Non-Scoring Meet.**

Women's Results

100m: 1. Roshanda Glen (UCLA) 12.15, 2. Althea Moses (UCLA) 12.67, 3. Tashah Turner (UCLA) 12.75. **200m:** 1. Althea Moses (UCLA) 25.91, 2. Tasha Turner (UCLA) 26.40, 3. Dore Dangleis (APU) 27.06. **400m:** 1. Kathi Roldan (UCLA) 58.12, 2. Glenda Smith (UCLA) 58.85, 3. Andra Monica (UCLA) 59.30. **800m:** 1. B. Bartholomew (UCLA) 2:11.7, 2. Melissa Sutton (UCLA) 2:21.31, 3. Nicole DeVries (APU) 2:24.34. **1500m:** 1. Karen Hecox (UCLA) 4:32.92, 2. Melissa Sutton (UCLA) 4:44.05, 3. Jennifer Ashe (UCLA) 4:49.55. **3000m:** 1. Jenae Ellis (APU) 10:09.54, 2. Jennifer Ashe (UCLA) 10:11.44, 3. Kira Jorgenson (UCLA) 10:20.40. **100mH:** 1. Tiffany Smith

(WGT) 14.14, 2. Wendi Simmons (Unat) 14.83, 3. Michelle McLain (APU) 16.62. **400mH:** 1. Diana Pacheco (APU) 1:06.67, 2. Michelle McLain (APU) 1:12.06. **4x100:** 1. World Class TC 46.28, 2. UCLA 48.49, 3. Azusa Pacific 50.90. **4x400:** 1. World Class TC 3:35.40, 2. UCLA 'A' 3:48.40, 3. UCLA 'B' 3:59.93.

Exhibition Hammer: 1. Donna Beard (AIA) 144-11, 2. D. Malachowski (APU) 131-3. **SP:** 1. Tracy Meadors (FPC) 38-10 1/4, 2. Melissa Stewart (APU) 35-3 3/4, 3. Jamie Enright (FPC) 33-11 1/4. **HJ:** 1. J. Joyner-Kersey (WC) 6-2, 2. Brook Knight (FPC) 5-4, 3. Wendi Simmons (Unat) 5-4. **DT:** 1. Jenni Wheelchel (UCLA) 153-8, 2. Tracy Meadors (FPC) 138-1 1/2, 3. Suzy Jost (FPC) 123-6 1/2. **JT:** 1. D. Malachowski (APU) 134-8, 2. Heidee Ruiz (APU) 122-8, 3. Tarah Evans (FPC) 102-3. **LJ:** 1. L. Clarke (Canada) 18-7, 2. Heidee Ruiz (APU) 17-0, 3. Dore Dangleis (APU) 16-5 1/2.

Fresno Relays

April 3, 4, Ratcliffe Stadium, Fresno.

Small JC Men's Results

100m: 1. Scotty Stokes (Porterville) 10.63, 2. Herschel Thompson (Siskiyou) 10.83, 3. Greg Allen (Citrus) 10.88, 4. Nate Ellis (Kings River) 10.94, 5. Kwabna Stewart (Siskiyou) 11.14. **500m:** 1. Tony Roman (Hartnell) 14:53.90, 2. Javier Naranjo (Hartnell) 15:07.46, 3. Kipp Ortenburger (Cuesta) 15:19.53, 4. Jesus Luna (Citrus) 15:48.64, 5. Mike Beptristis (Cabrillo) 15:54.76. **110mH:** 1. George Frazier (Citrus) 15.40, 2. Dave Robinson (Porterville) 15.66, 3. Cyrus Honan (Cabrillo) 15.77, 4. Derrek Orel (Yuba) 15.82, 5. Jeff Brooner (Butte) 15.99. **3200 Relay:** 1. Siskiyou 7:58.24, 2. COS 8:04.69, 3. Hartnell 8:05.06, 4. Cabrillo 8:10.90, 5. Solano 8:40.02. **1600 Relay:** 1. Porterville 3:19.05, 2. Cuesta 3:20.81, 3. Cosumnes River 3:23.26, 4. Siskiyou 3:23.34, 5. Butte 3:25.11. **400 Relay:** 1. Porterville 42.50, 2. Siskiyou 42.78, 3. Merced 43.04, 4. Citrus 43.09, 5. COS 43.43. **Dist. Med. Relay:** 1. Hartnell 10:33.94, 2. Siskiyou 10:36.44, 3. Cabrillo 10:36.98, 4. Cuesta 10:41.39, 5. Citrus 11:13.40.

DT: 1. Doug Vigue (Siskiyou) 144-0, 2. Mark Bagwell (Shasta) 143-9, 3. Jon Strong (Siskiyou) 136-1, 4. Dan Cunningham (Hartnell) 136-0, 5. Mike Coulter (Shasta) 136-0. **LJ:** 1. Manny Harris (COS) 22-1 1/2, 2. Jason Raven (Kings River) 22-1 1/2, 3. Steven Gonsolin (Solano) 21-5 1/2, 4. Geoff Bradshaw (Cuesta) 21-4 3/4, 5. Marvin Boyd (Kings River) 21-2. **PV:** 1. Bret Whitford (Cuesta) 15-8, 2. P.J. Chadwick (Cuesta) 15-6, 3. Jeremy Moore (Siskiyou) 15-6, 4. Dave Santos (Hartnell) 15-0, 4. Justin Carro (Cuesta) 15-0. **SP:** 1. John McDonald (Shasta) 48-11 1/2, 2. Menyada Watson (Hartnell) 45-5 1/2, 3. Jimmy

Moore (COS) 45-0, 4. Pete Walmlowski (Siskiyou) 44-11, 5. Joe Correa (COS) 44-7 1/2. **HJ:** 1. Pat Haney (Hartnell) 6-8, 2. Fetch Lopez (Hartnell) 6-6, 3. (tie) Steven Gonsolin (Solano) and Scott Tucker (Yuba) 6-4, 5. Sean Payne (Cuesta) 6-4. **TJ:** 1. Craig Price (Hartnell) 47-5 1/4, 2. Marvin Boyd (Kings River) 46-9 1/2, 3. Eddie Beavers (Siskiyou) 45-11 3/4, 4. Fetch Lopez (Hartnell) 45-1, 5. Allen Heiny (Hartnell) 43-8. **HT:** 1. Mohamed Saat-Ara (Citrus) 151-8, 2. Robert Dilts (Shasta) 151-5, 3. Allan Reinke (Shasta) 143-5, 4. Shane Jackson (Merced) 138-11, 5. Shawn Peterson (Sierra) 133-11. **JT:** 1. Ray Elzy (COS) 192-3, 2. Geoff Bradshaw (Cuesta) 176-1, 3. Jon Strong (Siskiyou) 171-11, 4. Robert Moreno (Porterville) 168-5, 5. Joe Correa (COS) 165-6.

Team Scores: 1. College of the Siskiyou 68, 2. Hartnell 60, 3. Cuesta 40 1/2, 4. Porterville 34, 5. College of Sequoias 30, 6. Citrus JC 25, 7. Shasta 24 1/2, 8. Kings River 17, 9. Cabrillo 16, 10. Solano 9 1/2, 11. Merced 9, 12. Yuba 6 1/2, 13. Cosumnes River 6, 14. Butte 5, 15. Sierra College 3.

Small JC Women's Results

100m: 1. Delphine Smith (Contra Costa) 12.3, 2. Rene Williams (Contra Costa) 12.4, 3. Joanne Grier (Monterey Peninsula) 12.4, 4. Cindy Harmon (Shasta) 12.6, 5. Nikki Hokanson (Siskiyou) 12.8. **3000:** 1. Shirley Weller (COS) 10:49.61, 2. Margaret Chung (Monterey Peninsula) 11:03.61, 3. Christine Buchanan (Cabrillo) 11:59.33, 4. Rochelle Gonzalez (Citrus) 12:18.41, 5. Sonia Estrada (Citrus) 12:26.4. **100mH:** 1. Stacy Mikaelson (Yuba) 15.3, 2. Allisha Davis (Monterey Peninsula) 16.2, 3. Katie Rasmussen (Citrus) 16.8, 3. Jeni Oxford (Shasta) 16.8, 5. Jennifer Wilbourn (COS) 17.5. **400 Relay:** 1. Contra Costa 48.97, 2. Monterey Peninsula 50.09, 3. Siskiyou 50.52, 4. Shasta 50.58, 5. Hartnell 51.52. **Dist. Med. Relay:** 1. College of Sequoias 13:06.7, 2. Cuesta 13:21.5, 3. Shasta College 13:32.9, 4. Cabrillo 13:55.0, 5. Butte College 14:53.8.

LJ: 1. Karleen Shields (Contra Costa) 18-5 1/2, 2. Delphine Smith (Contra Costa) 17-5 1/2, 3. Stephanie Padilla (COS) 17-5, 4. Annaliese Guthrie (Shasta) 16-9 1/4, 5. Stacey Thomps (Contra Costa) 16-6 1/2. **HJ:** 1. Sara Beesley (Yuba) 5-6, 2. Cindy Harmon (Shasta) 5-4, 3. Jeni Oxford (Shasta) 5-2, 4. Dee Ba (COS) 5-2, 5. Christina Cusworth (Cuesta) 5-0. **SP:** 1. Dana McIntyre (Cosumnes River) 37-5, 2. Brooke Flagg (Shasta) 36-7 1/2, 3. Jenny Cheever (Citrus) 35-6, 4. Kelli Barnes (COS) 35-1, 5. Charlene Adams (Monterey Peninsula) 34-2 1/2. **TJ:** 1. Karleen Shields (Contra Costa) 38-6, 2. Stacey Thompson (Contra Costa) 36-5, 3. Stephanie Padilla (COS) 34-11 3/4, 4. Theresa Guzman (Hartnell) 34-7, 5. Nikki Hokanson (Siskiyou) 34-2. **JT:** 1. Christy Smith (Hartnell) 133-5, 2. Shelly

Paolinetti (Siskiyou) 122-4, 3. Dana McIntyre (Cosumnes River) 117-2, 4. Alyssa VanSchmus (Cuesta) 111-4, 5. Stefani Schlueter (Shasta) 103-3.

Team Scores: 1. Shasta 56, 2. Contra Costa 48 1/2, 3. College of Sequoias 37, 4. Monterey Peninsula 25 1/2, 5. College of the Siskiyou 22 1/2, 6. Cuesta 19, 7. Cosumnes River 17, 8. Citrus 14 1/2, 9. Yuba 14, 10. Hartnell 13, 11. Cabrillo 8, 12. Merced 4, 13. Butte 2.

Large JC Men's Results

100m: 1. Ato Boldon (San Jose CC) 10.41, 2. Sylvanues Hepburn (Mt. SAC) 10.44, 3. Marcus Reed (LA Valley) 10.47, 4. Anthony Coleman (Cerritos) 10.51, 5. Aki Bradley (Taft) 10.56. **3K Steeplechase:** 1. Robert Nelson (Glendale) 9:04.50, 2. Oscar Perez (Glendale) 9:13.96, 3. Jeremy Redding (Shasta) 9:24.21, 4. Richard Raya (El Camino) 9:40.58, 5. Bart Stephens (Diablo Valley) 9:46.19. **5000:** 1. Julio Moreno (El Camino) 15:09.62, 2. Dan Zoldak (West Valley) 15:13.02, 3. Matt Haugen (Redwoods) 15:15.81, 4. Scott Kennedy (Merritt) 15:32.84, 5. Brian White (Diablo Valley) 15:33.47. **110mH:** 1. Cornelius Griggs (Redwoods) 14.27, 2. Rocky Morris (San Jose CC) 14.32, 3. Robert Premo (Diablo Valley) 14.62, 4. Myron Wise (Mira Costa) 14.86, 5. Michael Jordan (Merritt) 14.92. **1600 Relay:** 1. Sacramento CC 3:12.09, 2. Merritt 3:12.17, 3. Moorpark 3:14.27, 4. San Jose CC 3:16.55, 5. Contra Costa 3:18.09. **3200 Relay:** 1. Mt. SAC 7:49.17, 2. Contra Costa 7:53.07, 3. El Camino College 8:01.57, 4. West Valley 8:01.58, 5. Santa Barbara CC 8:07.25. **Dis. Med. Relay:** 1. Mt. SAC 10:13.95, 2. Sacramento CC 10:16.54, 3. Taft 10:27.30, 4. Contra Costa 10:29.22, 5. Moorpark 10:31.41. **400 Relay:** 1. Taft 40.23, 2. LA Valley 40.85, 3. San Jose CC 41.04, 4. Sacramento CC 41.09, 5. Merritt 41.17.

PV: 1. Blake Burnett (San Joaquin Delta) 15-6, 2. Heath Fuik (Mt. SAC) 15-0, 3. Moises Osuna (San Jose CC) 14-6, 4. Luis Ortiz (Mt. SAC) 14-6, 5. Robert Villas (Santa Barbara CC) 14-0. **LJ:** 1. Jon Baker (Bakersfield) 24-7 3/4, 2. Benny Fernando (Mt. SAC) 23-11 1/2, 3. Keith Cephas (Mira Costa) 23-1 3/4, 4. Lee Adkins (Skyline) 23-1 1/4, 5. Dominic Dupree (SFCC) 23-1 1/4. **SP:** 1. Jon Frank (Bakersfield) 50-10 1/4, 2. Bruce Ventura (San Jose CC) 47-7, 3. Jayme Dinovitz (Moorpark) 47-6 1/4, 4. Chris Anderson (Cerritos) 44-4 1/4, 5. Carl Fudge (Cerritos) 43-10 3/4. **JT:** 1. Jason Pollock (Hancock) 181-5, 2. Troy New (Santa Barbara CC) 177-11, 3. Angelo Munoz (Diablo Valley) 175-5, 4. Todd Lockwood (Mt. SAC) 175-3, 5. Ty Wilcox (Moorpark) 169-6. **HT:** 1. Dan Zorich (Moorpark) 169-2, 2. Damon Felice (West Valley) 165-7, 3. Bill Bowers (Diablo Valley) 161-5, 4. David Koeb (Mt. SAC) 156-0, 5.

RESULTS

James Wong (Mt. SAC) 151-5. DT: 1. Jon Frank (Bakersfield) 170-7, 2. Jim Gilliam (Mora Costa) 157-8, 3. Dan Zorich (Moorpark) 149-10, 4. Kevin Thomas (Bakersfield) 148-5, 5. Brian Righetti (Ventura) 146-1. TJ: 1. Mario Fisher (Bakersfield) 49-5 3/4, 2. Donald Williams (Taft) 48-9 1/4, 3. LA Chars Coleman (Contra Costa) 48-1 1/4, 4. Robert House (Fresno CC) 48-1 1/4, 5. Darrell Sears (Mt. SAC) 47-7 3/4. HJ: 1. Jon DeBerry (Taft) 7-0, 2. Tim Rucks (West Valley) 6-10, 3. Jeff Brown (Sacto CC) 6-10, 4. David Bass (Fresno CC) 6-8, 5. Yusuf Cummings (Sacto CC) 6-8, 5. Brent Miller (Sacto CC) 6-8.

Team Scores: 1. Mt. SAC 50; 2. Bakersfield 33, 3. San Jose CC and Taft 30, 5. Sacramento CC 29, 6. West Valley 25, 7. Moorpark 24, 8. Contra Costa 19, 9. Los Angeles Valley and Mira Costa 17, 11. Diablo Valley 16, 12. El Camino and Merritt 15, 14. Cerritos 13, 15. Glendale 11, 16. Redwood 10, 17. Fresno CC and Santa Barbara CC 8 1/2, 19. Ventura 7, 20. Hancock and San Joaquin Delta 6, 22. Skyline and Shasta 4, 24. DeAnza and San Francisco CC 2, 26. American River 1.

Large JC Women's Results

100m: 1. Hermin Joseph (Hancock) 11.61, 2. Beverly Williams (Taft) 12.04, 3. Marcie Peterson (Santa Barbara CC) 12.27, 4. Shannika Williams (El Camino) 12.28, 5. Contina Young (Taft) 12.29. **3000:** 1. Suzanne Castruita (Mt. SAC) 10:18.49, 2. Janice Sellen (Mt. SAC) 10:23.96, 3. Frankie Rivera (Mt. SAC) 10:24.05, 4. Misti Allen (Santa Barbara CC) 10:39.93, 5. Kristin Diggs (American River) 10:40.1. **100m H:** 1. Suyang Chan (Mt. SAC) 13.90, 2. Alicia Armstrong (Taft) 14.47, 3. Sharon Swift (SFCC) 15.21, 4. Stefanie Hauf (Diablo Valley) 15.32, 5. Julie Wallace Moorpark 16.41. **1600 Relay:** 1. El Camino 3:49.82, 2. Hancock 3:58.70, 3. LA Valley 4:02.79, 4. American River 4:06.80, 5. Mira Costa 4:07.25. **3200 Relay:** 1. El Camino 9:21.23, 2. Mt. SAC 9:36.86, 3. San Francisco CC 9:46.19, 4. Moorpark 9:49.2, 5. West Valley 9:51.6. **Dist. Med. Relay:** 1. San Francisco CC 12:22.94, 2. El Camino 12:35.04, 3. Diablo Valley 13:11.24, 4. San Jose City 13:20.66, 5. Santa Monica CC 13:22.02. **400 Relay:** 1. Taft 46.66, 2. El Camino 47.85, 3. LA Valley 48.92, 4. Hancock 49.24, 5. Diablo Valley 49.36.

SP: 1. Missy Maloata (DeAnza) 39-11, 2. Alicia Goodlock (Mt. SAC) 37-6, 3. Latesia Taylor (Sacto CC) 37-4, 4. Dara Wright (Fresno CC) 37-1, 5. Deborah Lowe (San Joaquin Delta) 35-9. **DT:** 1. Kristina McKinnon (Fresno CC) 126-8, 2. Octavia Dumas (San Jose CC) 125-4, 3. Danielle Miles (Diablo Valley) 124-4, 4. Yolanda Burns (Taft) 124-3, 5. Suzette Whitaker (Mt. SAC) 124-2. **LJ:** 1. Marcie Peterson (Santa Barbara CC) 17-10 3/4, 2. Michelle Allen (El Camino) 17-7 1/4, 3. Annette Thomas (American River) 17-7, 4. Shelly Holder (Hancock) 17-1 1/2, 5. Stefanie Hauf (Diablo Valley) 16-10 3/4. **HJ:** 1. Annemarie Travis (DeAnza) 5-2, 2. Luchine White (Bakersfield) 5-0, 3. Elaine Dockery (Hancock) 4-10, 4. Shelly Holder (Hancock) 4-10, 5. Nicole Watry (West Valley) 4-10. **TJ:** 1.

Michelle Allen (El Camino) 38-10 1/4, 2. Annette Thomas (American River) 37-4, 3. Stefanie Hauf (Diablo Valley) 37-3 3/4, 4. Tashanda Lewis (American River) 36-7 1/2, 5. Michelle Dimry (Mira Costa) 35-1 1/4. **JT:** 1. Jennifer McCormick (San Mateo) 152-0, 2. Mikka Bass (Cerritos) 121-9, 3. Nadene Volkoff (Cerritos) 115-6, 4. Suzette Whitaker (Mt. SAC) 113-1, 5. Robyn Kahle (Santa Monica CC) 112-2. **Team Scores:** 1. El Camino 51, 2. Mt. SAC 34, 3. Hancock 30, 4. American River and Taft 20, 6. Diablo Valley 19, 7. San Francisco CC 16, 8. DeAnza and Santa Barbara CC 13, 10. Los Angeles Valley 12, 11. Fresno CC and San Jose CC 10, 13. Cerritos 9, 14. College of San Mateo 6, 15. Bakersfield and Mira Costa 5, 17. Moorpark, Sacramento CC, Santa Monica CC and West Valley 4, 21. San Joaquin Delta 3.

Small College Men's Results



100m: 1. Larry King (CS Bakersfield) 10.34, 2. Darryl Garner (CS Bakersfield) 10.49, 3. Gerald Monroe (CS Bakersfield) 10.50, 4. Damon Island (Humboldt St) 10.65, 5. Mike Zimmerman (CS Chico) 10.79. **5000m:** 1. Ken Brown (Sonoma St) 14:55.51, 2. Scott Pierce (Sonoma St) 15:00.54, 3. David Goodrich (CS Hayward) 15:09, 4. Chip Anderson (Sonoma St) 15:09.64, 5. Martin Smith (CS Hayward) 15:12.26. **110m H:** 1. Paul Grenier (CS Stanislaus) 15.08, 2. Raymond Lawderdale (CS Chico) 15.11, 3. Mark Ward (CS Stanislaus) 15.69, 4. James Dingus (CS Stanislaus) 15.84, 5. Martin Smith (CS Hayward) 16.07. **400m Relay:** 1. Humboldt State 41.62, 2. Cal State Chico 41.63, 3. CS Stanislaus 42.47, 4. CS Hayward 43.10. **4x800 Relay:** 1. Humboldt State 7:48.94, 2. Claremont Mudd 7:54.52, 3. Sonoma State 7:56.93, 4. CS Chico 8:09.04. **4x400 Relay:** 1. CS Bakersfield 3:13.94, 2. CS Stanislaus 3:18.35, 3. CS Chico 3:21.10, 4. Claremont Mudd 3:23.31, 5. CS Hayward 3:24.23. **Dist. Med. Relay:** 1. CS Stanislaus 12:06.5, 2. Humboldt St 12:25.2, 3. CS Hayward 12:39.5, 4. CSU Chico 12:43.8. **HT:** 1. Monte Wilson (CS Bakersfield)

54.22, 2. Rod Chronister (CS Bakersfield) 53.22, 3. Grant Sniffin (CS Bakersfield) 50.24, 4. Fritz Anker (Claremont Mudd) 49.94, 5. Cary Cooper (CS Stanislaus) 48.84. **PV:** 1. Marvis Haley (CS Hayward) 4.73, 2. Chris Rajanna (Claremont Mudd) 4.57, 3. Rick Gordon (CS Chico) 4.57, 4. Mark Gilbreth (Claremont Mudd) 4.42, 5. Eric Johnson (Claremont Mudd) 4.42. **SP:** 1. Rod Chronister (CS Bakersfield) 16.62, 2. Tony Smiderle (CS Hayward) 16.61, 3. Rodney Dickerson (Humboldt St) 16.01, 4. Gabe Allende (CS Hayward) 15.34, 5. Cary Cooper (CS Stanislaus) 14.44. **HJ:** 1. Undrae Walker (CS Stanislaus) 2.10, 2. Lawson Silva (CS Bakersfield) 2.05, 3. Brock Chase (Humboldt St) 2.05, 4. Jeremy Jurgens (Claremont Mudd) 1.95, 5. James Dingus (CS Stanislaus) 1.90. **TJ:** 1. Tim Young (Sonoma St) 14.53, 2. Raymond Lawderdale (CS Chico) 14.26, 3. Andre Girley (CS Stanislaus) 14.20, 4. Robert Fisher (Humboldt

12.59, 5. Jodi Hardy (San Francisco SU) 12.94. **3000m:** 1. Shanna Skillman (CS Stanislaus) 10:29.33, 2. Heather Scoble (CS Stanislaus) 10:57.46, 3. Estella Romo (CS Chico) 10:58.49, 4. Suzy Donofrio (CS Hayward) 10:59.90, 5. Alice Atkinson (Humboldt St) 11:03.31. **100m H:** 1. Rhonda Colvin (CS Hayward) 13.40, 2. Geri Golden (CS Bakersfield) 14.09, 3. Felecia Harris (CS Hayward) 14.11, 4. Jescia Casimiri (CS Hayward) 14.54, 5. Gigi Guirand (CS Hayward) 15.02. **4x100 Relay:** 1. CS Hayward 47.7, 2. CS Stanislaus 49.8. **4x400 Relay:** 1. CS Stanislaus 3:56.51, 2. CS Stanislaus 3:58.30. **Dist. Med. Relay:** 1. Humboldt St 10:13.47, 2. Sonoma St 10:17.09, 3. Claremont Mudd 10:17.11, 4. CS Stanislaus 10:28.12.

JT: 1. Nancy O'Donnell (CS Chico) 36.20, 2. Essie Moore (CS Stanislaus) 34.72, 3. Francis Bynum (CS Chico) 35.08, 4. Carol Myszkowski (CS Chico) 34.72, 5. Linette Butler (Claremont Mudd) 34.24. **HJ:** 1. Lisa Watley (CS Hayward) 1.59, 2. Shalene Celestine (CS Stanislaus) 1.53, 3. Sheldi Skimp (CS Chico) 1.48, 4. Traci Ciapponi (CS Chico) 1.48, 4. Sydney Dull (CS Stanislaus) 1.48. **DT:** 1. Julie Riise (CS Stanislaus) 44.12, 2. Constance Spesert (CS Chico) 40.08, 3. Jennifer Stengel (Claremont Mudd) 36.40, 4. Tamara Haack (CS Stanislaus) 35.90, 5. Francis Bynum (CS Chico) 34.88. **LJ:** 1. Lisa Colet (CS Hayward) 5.61, 2. Bridget Taylor (SFSU) 5.55, 3. Aprille Cochran (CS Hayward) 5.50, 4. Dawn Smith (CS Stanislaus) 5.44, 5. Carol Myszkowski (CS Chico) 5.20. **TJ:** 1. Felecia Harris (CS Hayward) 12.10, 2. Heather Hilday (CS Chico) 11.07, 3. Carol Myszkowski (CS Chico) 1.06, 4. Dawn Smith (CS Stanislaus) 11.01, 5. Teri Ciapponi (CS Chico) 10.85. **SP:** 1. Essie Moore (CS Stanislaus) 12.32, 2. ShaRon Jones (CS Stanislaus) 12.12, 3. Christi Chaney (Humboldt St) 11.96, 4. Julie Murphy (Humboldt St) 11.82, 5. Nancy O'Donnell (CS Chico) 11.44.

Team Scores: 1. CS Hayward 84, 2. CS Stanislaus 80 1/2, 3. CS Chico 50 1/2, 4. Humboldt State 18, 5. San Francisco State Univ. 8, 6. Claremont Mudd 6, 7. CS Bakersfield 5.

Open/Invitational Men's Results

100m: 1. Jeff Williams (S&S) 10.29, 2. Anthony Barnes (Keiser TC) 10.32, 3. Darrrell Hudson (Unat) 10.48, 4. Barry Smith (Showtime TC) 10.49, 5. Dionicio Napier (US Army) 10.61. **1 Mile:** 1. Ernie Freer (Bulldog TC) 3:59.04, 2. Brian Abshire (Reebok Aggies) 4:05.04, 3. Sasha Vujic (CS Northridge) 4:08.12, 4. Damian Capozzola (Unat) 4:22.55, 5. Neil Chomos (CS Long Beach) 4:24.90. **400:** 1. Chris Taylor (Unat) 46.98, 2. Marvin Samuels (NorCal TC) 47.23, 3. Dant Kusielka (Fresno State) 47.78, 4. Yuli Henry (CS Chico) 47.94, 5. Dionicio Napier (Army) 48.04. **800:** 1. Ockey Clark (Mazda TC) 1:49.19, 2. Erick McBride (CS Bakersfield) 1:49.19, 3. Joe Tambyn (Unat) 1:49.50, 4. Peter Howard (Unat) 1:49.66, 5. Jack Armour (Westchester Puma TC) 1:51.07. **110m H:** 1. Tony Li (S&S) 13.59, 2. Eugene Swift (Unat) 13.66, 3. Pat Duffy (Unat) 13.94.

ERNIE FREER

Photo by Bill Cockerham

St) 14.03, 5. Frank Christ (CS Chico) 13.51. **DT:** 1. Rod Chronister (CS Bakersfield) 50.06, 2. Cary Cooper (CS Stanislaus) 49.60, 3. Gabe Allende (CS Hayward) 45.38, 4. Rodney Dickerson (Humboldt St) 44.92, 5. Rich Nolette (Sonoma St) 44.30. **LJ:** 1. Robert Fisher (Humboldt St) 6.93, 2. Andre Girley (CS Stanislaus) 6.83, 3. Julius Lewis (CS Bakersfield) 6.53, 4. Phil Mishoe (CS Chico) 6.44, 5. Kanik Chung (SFSU) 6.44. **JT:** 1. Dave Moore (UC Davis) 59.44, 2. Ryan Rapoza (CS Chico) 58.84, 3. Brent Zandes (CS Bakersfield) 57.82, 4. Cary Cooper (CS Stanislaus) 54.70, 5. Brett Tudsbury (CS Chico) 52.88.

Team Scores: 1. CS Bakersfield 66, 2. CS Stanislaus 60 1/2, 3. Humboldt State 54 1/2, 4. CS Chico 53, 5. Sonoma State 38, 6. CS Hayward 34, 7. Claremont Mudd 33, 8. UC Davis 6, 9. San Francisco State Univ. 3.

Small College Women's Results

100m: 1. Rhonda Colvin (CS Hayward) 11.99, 2. Felecia Harris (CS Hayward) 12.06, 3. Jescia Casimiri (CS Hayward) 12.56, 4. ShaRon Jones (CS Stanislaus)

RESULTS

4. Richard Benoy (Sprinco TC) 14.10, 5. Tony House (Showtime TC) 14.26. **400 Relay:** 1. Track Express 41.64, 2. South Bay TC 41.77, 3. Patriots 43.30, 4. Fresno State 43.33. **1600 Relay:** 1. All-Stars (Unat) 3:12.36, 2. Unattached 3:14.19, 3. Team Patriots USA 3:25.53, 4. CSU Northridge 3:26.26.

400 Hurdles: 1. Marcus Carter (Bkld Coll) 50.86, 2. John Register (Army) 52.62, 3. Nate Wright (Northridge) 52.64, 4. Al Hart (Long Bch) 53.07, 5. Danny Pitwa (un) 53.71. **200m:** 1. Dionicio Napier (Army) 20.95w, +0.80, 2. Bernard Chapman (McNeal TC) 21.37, 3. Jim Farmer (Fresno St) 22.28, 4. John Spencer (Fresno St) 22.38, 5. Terry Neely (Kaiser TC) 22.76. **Distance Medley Relay:** 1. Illinois 9:47.35, 2. Track West 9:56.87, 3. Fresno State 10:10.84, 4. UC Santa Barbara 10:18.38, 5. Cal State Northridge 10:20.78.

PV (So. Pit): 1. Adam Stratton (Unat) 16-0 3/4, 2. Tim Baker (Unat) 16-0 3/4, 3. Kevin Rankin (Unat) 16-0 3/4, 4. John Besmer (Unat) 15-7, 5. Dan Besmer (Unat) 15-1. **PV (No. Pit):** 1. Anthony Curran (S&S) 18-4 1/2, 2. Doug Fraley (Pacific Coast Club) 18-0 1/2. **SP:** 1. CJ Hunter (US West) 65-3 1/4, 2. John Fraiser (SSIC) 60-8 1/2, 3. Billy McDannel (un) 59-0, 4. Marc Harisay (Northridge) 55-2, 5. Martin Perkins (Army) 53-7. **JT:** 1. Todd Riech (Fresno St) 239-0, 2. Craig Christiansan (Nike Oregon Int'l) 237-9, 3. Garrett Noel (CSU Northridge) 224-5, 4. Allan Collatz (Unat) 224-2, 5. Gil Carrillo (CSU Northridge) 215-9.

Invitational/Open Women's Results
1500: 1. Christine Morgan (Nike Int'l) 4:31.32, 2. Carla Borovicka (Impala RT) 4:36.87, 3. Jenean Sorrells (Track West) 4:39.39, 4. Persephone Lowery (CSU Northridge) 4:41.93, 5. Liz Zaragoza (SFSU) 4:56.46. **400:** 1. Tanya Dooley (Fresno St) 54.58, 2. Linetta Wilson (South Bay TC) 54.62, 3. Ruth Morris (Army) 55.20, 4. Jackie Henderson (Unat) 55.23, 5. Rose Blake (AIA) 56.70.

TJ: 1. Billy Butler (UNLV) 42-2 1/4, 2. Dawn Brown (Unat) 39-5 1/4, 3. Miloe McCall (South Bay TC) 38-9 1/2, 4. Tamara Hawthorne (Long Bch St) 38-7, 5. Tara Didyk (Fresno St) 37-9 1/2.

Intercollegiate/Open Men's Results
100m: 1. Bryan Bridgewater (CSLA) 10.34, 2. Larry King (CS Bakersfield) 10.43, 3. Darryl Garner (CS Bakersfield) 10.55, 4. Eddie Wong (SFSU) 10.67, 5. Whayland Bratton (Fresno St) 10.68. **110m H:** 1. Jerry Edwards (CPSLO) 14.38, 2. Jabari Reynolds (Fresno St) 14.56, 3. Chris Edwards (CPSLO) 14.86, 4. Kendall Hoggatt (Fresno St) 14.90, 5. Peter Kalik (UCSB) 14.93. **5000m:** 1. Chris Schille (Unat) 14:24.56, 2. Obed Aguirre (Unat) 14:32.99, 3. Kevin Brodie (CPSLO) 14:50.78, 4. Mark LaPlant (Track West TC) 14:52.51, 5. Glenn Madden (Unat) 14:54.66. **Steeplechase:** 1. Wes Ashford (Track West) 8:51.99, 2. Neff McGhie (Fresno St) 9:11.32, 3. Bryan MacMillan (UCSB) 9:14.93, 4. Lance Rankin

(CPSLO) 9:23.29, 5. Dan Nolan (Ill) 9:28.88. **400m Relay:** 1. Fresno State 40.93, 2. Cal State Bakersfield 40.8, 3. Cal State Northridge 41.14, 4. Chico State 41.33, 5. UCSB 42.71. **1600m Relay:** 1. Cal State Los Angeles 3:12.81, 2. Cal State Bakersfield 3:12.88, 3. Fresno State 3:14.41. **3200m Relay:** 1. Univ. of Illinois 7:29.92, 2. Fresno State 7:33.39, 3. Humboldt State Univ. 7:39.90, 4. Cal State Univ. Northridge 7:40.47, 5. Track West Track Club 7:47.32. **HJ:** 1. Brian Stanton (S&S) 7-3, 2. Rick Noll (S&S) 7-0 1/2, 3. Frank Eatmon (Unat) 7-0 1/2, 4. Colman Conroy (UCSB) 7-0 1/2, 5. Gio Sprattling (Fresno St) 7-0 1/2. **LJ:** 1. Kevin Smith (Unat) 24-9 1/4, 2. Derek Scurry (CSU Northridge) 24-9, 3. William McCoy (CSLA) 24-4 1/2, 4. Will Hibbert (New Jacks TC) 24-3, 5. Reggie Jackson (Fresno St) 23-7 1/4. **JT:** 1. Ralph Howell (Unat) 221-11, 2. Tom Silva (Unat) 202-11, 3. Jeff Elliott (Unat) 187-7, 4. Dave Moore (UC Davis) 185-11, 5. Corey Fleck (CS Hayward) 183-6. **DT:** 1. Mike Buncic (Mazda TC) 211-11, 2. Halsteinsson Vestel (Mizuno TC) 208-8, 3. Steve Muse (Boise TC) 197-6, 4. Brian Blumreich (NYAC) 196-0, 5. Jamie Presser (UCLA) 184-3. **PV (North Pit)** 1. Dave Cox (Fresno St) 17-2 3/4, 2. Derek Oliver (Fresno St) 16-8 3/4, 3. (tie) Brian Adamick (CPSLO) and Tony Castiglioni (CPSLO) 16-2 3/4, 5. Chris Thorson (CPSLO) 16-2 3/4. **TJ:** 1. Robert Cannon (S&S) 54-7 1/4, 2. Reggie Jackson (Fresno St) 54-0, 3. Ray Kimble (Unat) 53-4 1/4, 4. Henry Ellard (Unat) 52-2 3/4, 5. Torey Barr (New Jacks TC) 51-8 1/4.

Team Scores: 1. Fresno State 104 1/2, 2. Cal Poly SLO 45 1/2, 3. CS Los Angeles 42, 4. CSU Northridge 36, 5. CS Bakersfield 27, 6. Univ. of Illinois 23, 7. Univ. of Santa Barbara 21, 8. CS Hayward 10, 9. UC Davis, CS Long Beach, Humboldt State Univ. 6, 12. CS Stanislaus, San Francisco State Univ., Cal State Chico 3.

Open/Intercollegiate Women's Results

100m: 1. Tina Iheagwam (LA Mercurettes) 11.31, 2. Myra Mayberry (Showtime TC) 11.48, 3. Julia Turing (US Army) 11.56, 4. Rosie Williams (Nike Oregon Int'l) 11.78, 5. Andralette Gill (LA Mercurettes) 11.84. **3000m:** 1. Carol Keller (Impala RT) 9:29.55, 2. Rae-Ann Stiger (Unat) 9:42.81, 3. Jenn Thatcher (Impala RT) 9:52.26, 4. Dina Farage (Fresno St) 9:59.40, 5. Pam Boyles (CS Bakersfield) 10:07.14. **100m H:** 1. Stephanie Thomas (US Army) 13.50, 2. Rhonda Colvin (CS Hayward) 13.53, 3. Monica Miskick (Fresno St) 13.73, 4. Kim Young (CSU Northridge) 13.85, 5. Erin Morris (CSU Northridge) 14.14. **400m Relay:** 1. Los Angeles Mercurettes 45.80, 2. Cal St. Univ. Northridge 46.38, 3. Fresno State 46.67, 4. Cal State Hayward 48.40, 5. Mira Costa Relay 49.87. **1600m Relay:** 1. Fresno State 3:47.47, 2. Cal State Univ. Northridge 3:52.98, 3. Nevada-Las Vegas 3:59.67, 4. Track West 4:01.59. **3200m Relay:** 1. Fresno State 9:00.04, 2. Track West 9:11.15, 3. Cal State Hayward 9:41.10, 4. Impala Racing Team 10:12.3.

Dist. Med. Relay: 1. Fresno State 12:05.80, 2. Nevada-Las Vegas 12:29.04, 3. Long Beach State 12:34.10, 4. Impala Racing Team 12:48.01.

JT: 1. Nicole Carroll (Unat) 176-2, 2. Cathy Harris (Rebel West TC) 167-5, 3. Mary Andrews (Unat) 150-9, 4. Jenny McCormack (Unat) 147-2, 5. Kirsten Dunn (CSU Northridge) 144-10. **DT:** 1. Lacy Barnes (Nike Int'l) 206-4, 2. Melissa Weis (Unat) 179-2, 3. Chris Barboza (AIA) 151-3, 4. Talafulu Misa (Fresno St) 151-1, 5. Shelly Biddinger (CS Bakersfield) 150-8. **LJ:** 1. Tanya Miles (Chico TC) 19-6 1/2, 2. Ambre Thompson (Long Beach St) 19-6 1/2, 3. Tara Didyk (Fresno St) 19-3 1/2, 4. Tanya Lynch (CSU Northridge) 19-2 3/4, 5. Ana Ralph (LA Mercurettes) 19-0 3/4. **HJ:** 1. Vickie Borsheim (Unat) 6-0, 2. Miloe McCall (South Bay TC) 5-5 3/4, 3. Connie Long (US Track West) 5-5 3/4, 4. Lori Svoboda (Long Beach St) 5-5 3/4, 5. Lisa Gill (CSU Northridge) 5-5 3/4. **SP:** 1. Rica Brown (CS Bakersfield) 51-6 1/2, 2. Melissa Weis (Unat) 48-0 1/2, 3. Brandi Gail (CSLA) 45-9 3/4, 4. Lorraine Seiler (Fresno St) 44-8 3/4, 5. Jennifer Viavia (Fresno St) 44-2 3/4. **Team Scores:** 1. Fresno State 95 1/2, 2. CSU Northridge 58, 3. Long Beach St 35 1/2, 4. CS Bakersfield 21, 5. CS Hayward 18, 6. Nevada-Las Vegas 16, 7. CS Los Angeles 13, 8. Los Angeles Mercurettes 10, 9. Cal Poly SLO 6, 10. Track West 4, 11. Unattached 2.

GSAC Championships

April 4. Azusa Pacific University.

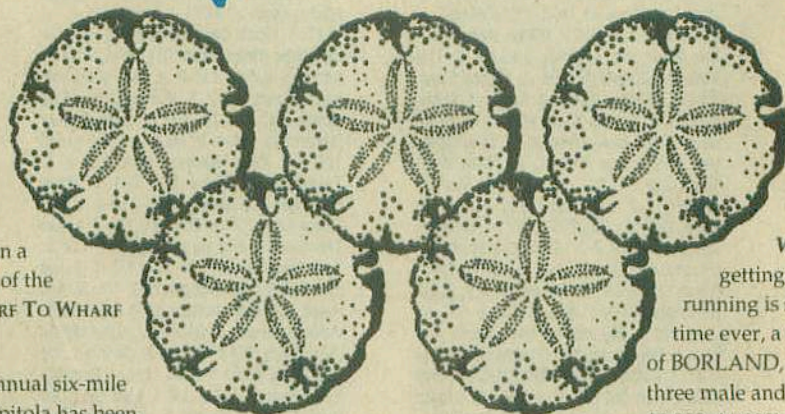
Men's Results
100m: 1. Osmond Ezwina (APU) 10.60, 2. Davidson Ezwina (APU) 10.68, 3. Ronnie Skold (PLNC) 10.78. **200m:** 1. Jason Zurba (WC) 22.38, 2. John Toro (PLNC) 22.45, 3. Wallace Henry (APU) 22.94. **400m:** 1. Wallace Henry (APU) 49.07, 2. John Toro (PLNC) 50.77, 3. Jason Allen (FPC) 51.23. **800m:** 1. Doug Ravasdy (PLNC) 1:57.19, 2. Scott Lardner (PLNC) 1:57.93, 3. Kevin Miller (FPC) 1:57.95. **1500m:** 1. Tony Bergman (APU) 3:56.81, 2. Eben Robinson (WC) 3:57.47, 3. Jason Lindholm (FPC) 3:57.69. **3000m SC:** 1. Gus Arce (PLNC) 9:38.6, 2. Jason Carney (APU) 9:47.6, 3. Jim Michaelian (PLNC) 9:58.9. **5000m:** 1. Robert Ketter (PLNC) 15:03.20, 2. Bryan Walbank (PLNC) 15:11.50, 3. Jason Lindholm (FPC) 15:26.60. **10,000m:** 1. Ken Hall (PLNC) 32:13.44, 2. Jef Burns (APU) 32:40.90, 3. Brian Purcell (APU) 33:57.94. **110mHH:** 1. Ronnie Skold (PLNC) 14.73, 2. Vaughan Mealey (APU) 14.87, 3. David Fair (APU) 15.00. **400mIH:** 1. Kostas Koutalas (PLNC) 53.72, 2. David Fair (APU) 54.60, 3. Ronnie Skold (PLNC) 56.64. **4x100:** 1. Azusa Pacific University 41.62, 2. Point Loma Nazarene 41.64, 3. Westmont College 44.00. **4x400:** 1. Azusa Pacific University 3:20.67, 2. Point Loma Nazarene 3:22.49, 3. Fresno Pacific College 3:28.82. **HJ:** 1. Ben Beal (APU) 6-6, 2. David Pope (APU) 6-4, 3. Gary Witcher (FPC) 6-4. **HT:** 1. Per Karlsson (PLNC) 230-5, 2. Larry Johnson (APU) 192-7 1/2, 3. Pat Mair (APU) 164-11. **SP:** 1. Jason Wyatt (APU)

53-11, 2. Per Karlsson (PLNC) 52-2 1/2, 3. Patrick Mair (APU) 45-1 3/4. **LJ:** 1. Benjamin Koeh (APU) 24-9, 2. Ronnie Skold (PLNC) 24-4 1/2, 3. Christian Andreasson (PLNC) 22-3. **DT:** 1. Per Karlsson (PLNC) 149-5, 2. Stephan Kallerberg (PLNC) 142-10, 3. Patrick Mair (APU) 140-1. **JT:** 1. Clint Gerlenrich (APU) 200-6, 2. C. Andreasson (PLNC) 185-0, 3. Stephan Kallerberg (PLNC) 182-9. **TJ:** 1. Benjamen Koeh (APU) 51-4, 2. Ben Beal (APU) 47-11 1/2, 3. Lester Smith (WC) 45-8. **PV:** 1. Vince Bersford (APU) 17-1, 2. Tim Cockrell (APU) 15-0, 3. Dave LeMay (APU) 14-0. **Team Scores:** 1. Azusa Pacific University 187, 2. Point Loma Nazarene 134, 3. Fresno Pacific College 47, 4. Westmont College 43, 5. Southern California College 0.

Women's Results
100m: 1. Dzifia MacKwashie (PLNC) 12.22, 2. Anna Mark (PLNC) 12.61, 3. Diana Pacheco (APU) 12.78. **200m:** 1. Dzifia MacKwashie (PLNC) 25.66, 2. Teresa Bush (APU) 26.67, 3. Anna Rydell (PLNC) 26.74. **400m:** 1. Teresa Bush (APU) 1:00.12, 2. Amy Westly (APU) 1:01.68, 3. Michelle Rivera (PLNC) 1:02.48. **800m:** 1. Melissa Mabe (PLNC) 2:20.31, 2. Nicole DeVries (APU) 2:21.85, 3. Jennifer Jackson (APU) 2:22.84. **1500m:** 1. Vanessa Couch (PLNC) 4:47.7, 2. Anna Helsabeck (WC) 4:54.6, 3. Patty McNulty (WC) 4:54.9. **3000m:** 1. Jenee Ellis (APU) 10:05.90, 2. Vanessa Couch (PLNC) 10:08.47, 3. Michelle Lubinsky (WC) 10:16.87. **5000m:** 1. Beth Mercier (WC) 17:58.82, 2. Jenee Ellis (APU) 18:19.20, 3. Donna Daudel (FPC) 21:51.71. **10,000m:** 1. Amy McManus (PLNC) 49:33.37, 2. Emily Nicholson (WC) 52:58.60. **100mH:** 1. Anna Mark (PLNC) 14.88, 2. Julie Hopkins (WC) 15.69, 3. Alecia Harasty (PLNC) 15.77. **400mH:** 1. Diana Pacheco (APU) 1:04.28, 2. Madeline Liseblad (PLNC) 1:07.04, 3. Michelle McLain (APU) 1:10.51. **4x100:** 1. Point Loma Nazarene 49.1, 2. Azusa Pacific University 50.1, 3. Westmont College 52.6. **4x400:** 1. Azusa Pacific University 4:05.55, 2. Point Loma Nazarene 4:10.71, 3. Westmont College 4:21.32. **Sprint Med. Relay:** 1. Point Loma Nazarene 1:50.58, 2. Azusa Pacific University 1:54.12, 3. Westmont College 1:56.53. **SP:** 1. Heidee Ruiz (APU) 43-7, 2. Tracy Meadors (FPC) 39-6 1/2, 3. Monica DeKoster (PLNC) 38-5. **JT:** 1. Alecia Harasty (PLNC) 127-0, 2. Tarah Evans (FPC) 117-2, 3. Brook Knight (FPC) 108-2. **HJ:** 1. Brook Knight (FPC) 5-6, 2. Kelly Barnes (WC) 5-4, 3. Terri Pruitt (APU) 5-4. **LJ:** 1. Anna Mark (PLNC) 18-7, 2. Heidee Ruiz (APU) 18-5, 3. Dore Dangleis (APU) 17-8 1/2. **TJ:** 1. Terri Pruitt (APU) 35-6 1/4, 2. Jennifer Ponder (APU) 35-2 3/4, 3. Kristina Kurtz (WC) 34-7 1/2. **DT:** 1. Tracy Meadors (FPC) 140-6, 2. Heidee Ruiz (APU) 136-1, 3. Melissa Stewart (APU) 119-5 1/2. **Team Scores:** 1. Azusa Pacific University 137, 2. Point Loma Nazarene 115, 3. Westmont College 61, 4. Fresno Pacific College 51.

THE TWENTIETH ANNUAL

Wharf to Wharf



If you're not running in Barcelona on the fourth Sunday in July, come join in a special seaside celebration of the Olympic Spirit at the WHARF TO WHARF RACE in Santa Cruz!

For twenty years, the annual six-mile run from Santa Cruz to Capitola has been the highlight of the summer running calendar. More than just a great race, WHARF TO WHARF is a happy blend of perfect weather, spectacular scenery, keen competition and a fast course that make it a favorite of casual joggers and world-class athletes alike.

Unfortunately, WHARF TO WHARF is not for everyone. Due to narrow streets and small town venue limitations, the race is restricted to just 12,000 runners on a first-come-first-served basis. Twice that number apply each year, so enter now!

Santa Cruz to Capitola

26 JULY, 8:30 A.M.

REGISTRATION

Complete the attached entry form, clip and mail with a check for \$16.00 to WHARF TO WHARF, Box 307, Capitola CA 95010. Only one entry per form. Form may be photocopied. Once accepted, entry fees are non-refundable. Late entries and entry fees will be returned to sender. Race packets will be mailed to successful applicants on July 1st.

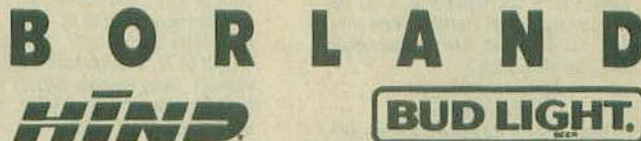
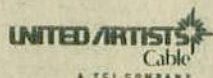
AWARDS

Everyone's a winner at the WHARF TO WHARF RACE. Just getting in is something, and the running is something else! For the first time ever, a \$20,000 prize purse, courtesy of BORLAND, will be distributed to top three male and female finishers (\$5,000, \$3,000, \$1,000). Top local male and female also win \$1,000 each. First 100 finishers will receive specially designed commemorative sweatshirts. All race finishers earn a giftpack loaded with goodies, featuring the Official WHARF TO WHARF RUNNER T-shirt which cannot be purchased by anyone, anywhere, at any price, ever!

It's the best little roadrace in California. Catch it if you can!

RECORDS

Brian Abshire 27:30 (1991)
Lynn Nelson 31:42 (1989)



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Race Hotline: 408 475-2196

1992 WHARF TO WHARF RACE

OFFICIAL ENTRY FORM

Please Print Clearly

Name		First Name		Last Name		Best 1992 10K Time	
Address						Raceday Age Sex	
City		State		Zip		Day Phone ()	

AS ROADRACING IS DANGEROUS, ALL RUNNERS ARE REQUIRED TO ASSUME ALL RISK BY SIGNING THIS GENERAL RELEASE: In consideration of your accepting my entry application, I for myself, my personal representatives, heirs and next of kin hereby release and discharge Wharf To Wharf Race, Inc., its organizers, sponsors, directors and agents, the County of Santa Cruz, the Cities of Santa Cruz and Capitola and their respective agents from all liability to me, my personal representatives and heirs for all loss, damage, or any claims or demands on account of personal injury, death or property damage arising out of my participation in the Wharf To Wharf Race. I am fully aware of the risks inherent in participating in said RACE and hereby elect to voluntarily enter said event and event area and voluntarily assume all risks of loss and injury which I may sustain. I am physically fit and properly conditioned for this event. I hereby grant full permission to Wharf To Wharf Race, Inc., to use my name, voice or picture in any broadcast, telecast, advertising promotion or account of this event for any purpose. I have read and understand this release and waiver of all liability. I know that all entrants are subject to drug testing for banned drugs listed in IAAF Rule 55.



SIGNATURES _____ / DATE _____
RUNNER PARENT/GUARDIAN IF UNDER 18

Only one entry per blank (form may be photocopied). Form must be signed. Clip and mail with check for \$16.00 to: Wharf To Wharf Race, Box 307, Capitola CA 95010