

MARCH 1992

# CALIFORNIA

## Track News

✓ **Sunkist  
Indoor Meet**

✓ **Butch  
Reynolds**

✓ **All  
California  
H.S. Cross  
Country  
Team**

✓ **Reno Indoor**



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# CALIFORNIA Track News

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## FROM THE EDITOR

### The View is Great

A popular t-shirt on campus sports the saying, "Life's a Beach." The beach is only a three-hour drive from where I live. However, if I go in the opposite direction, I can be in the mountains in less than one hour. This is a big difference, because, to me life isn't a beach -- Life is a Mountain.

I don't know when I first developed this love of the mountains. It probably has its roots in the family summer camping trips of my childhood--a tradition I am continuing with my own family. My first backpacking experience was a two week stint on the John Muir Trail as a high school junior. This trip sealed my preference for the mountains; I haven't missed many summer high country excursions since.

Usually associated with each backpacking trip is a climb to the top of the highest peak in search of the ultimate view. On other occasions I have driven in the mountains and experienced sights of equal beauty from the comfort and luxury of an air-conditioned automobile. But, somehow, the sights were never as good as the views gained through the struggle of the climb. The experience after the drive was hollow by comparison.

For me the value of the view goes beyond the view itself. In other words, the view isn't the major end of the climb. The real value is in the hike to get to the view. That hike gives the view meaning and value. Without the hike, the value of the view is small. The climbs (and the resulting views) that I remember the most are those which provided the biggest challenges--they were steeper, tougher and more difficult. These were the ones where everyone in the party had to work together and help each other. After hours and hours of struggle and effort against all kinds of physical obstacles we'd make it to the top. The view would be great!

Something happens during the struggle. I develop a sense of respect for, appreciation of, and bonding be-

tween God's creation and one another. Growth takes place. I always feel better and stronger because I climbed. Maybe I am better and stronger *because* I climbed.

The past two years my climb up life's trail has experienced some new ridges. Both accident and illness have provided formidable bumps to an otherwise smooth journey up the trail. No one likes the difficult times in life. We don't like pain, discomfort, setbacks, or disappointments. However, rather than thinking of these obstacles as unfortunate mishaps, we can recognize their value in providing some additional challenges to the climb. As with climbing excursions, the more challenging ones are the better ones. The obstacles make all the difference.

Because of the obstacles on the journey, my life has been blessed in ways that would have been missed on a super highway. I have seen, first hand, that God's "... power is made perfect in my weakness." (2 Cor. 12:9). When we climb the really big ones, we see who carries us. It's very strengthening.

In climbing life's mountain it may be that the easy way and the fast way are not the best way. Actually, if you encounter some obstacles and difficulties, RE-JOICE--the view will be great!

*Bill*

**ON THE COVER:** Sunkist open competitors DOUG PADILLA, JACKIE JOYNER-KERSEE and SERGEY BUBKA spark a great indoor meet. See Doug Speck's story beginning on page 8.

Photos by Bill Leung, Jr.



# SCHEDULE

Please send cross country and track information to CTN, 4957 E. Heaton Ave., Fresno, CA 93727.

The schedule is subject to change, so please verify dates, locations, times, etc., prior travelling to an event. It is a good idea to always include a self-addressed, stamped envelope when requesting information or entry forms.

## High School

### Track & Field

**March 7 (Sat.): Los Banos:** 2nd Annual Los Banos Lions T&F Meet. Mike Miller, Coach, (209) 826-2214 or Laura Lopez (Coach) (209) 826-6033.

**March 7 (Sat.): Long Beach:** Long Beach Poly High School Track Invitational, Veterans Stadium New Olympic Facility. Charles Clinton (310) 424-7335 or (714) 250-2587.

**March 14-15 (Sat.-Sun.): Syracuse, New York:** National Scholastic Indoor Championships. Carrier Dome, Syracuse Univ., Syracuse, NY. Tracy Sundlun, Metropolitan Athletics Congress, 57 Reade St., New York, NY 10007-1821. (212) 227-0071.

**March 28 (Sat.): Azusa:** Azusa Pacific / Arroyo Meet of Champions. Irv Ray, Azusa Pacific University Track, 921 E. Alosta Ave., Azusa 91702-7000. For info call: Irv Ray (818) 969-3434 at APU or (714) 593-2362 home. Tim O'Rourke (818) 444-9201 at Arroyo or (818) 914-2794 home.

**April 4 (Sat.): Trabuco Hills:** Trabuco Hills Track & Field Invitational. Trabuco Hills HS, Mission Viejo. Coach Jack Recia (714) 768-1934.

**April 11 (Sat.): Arcadia:** Arcadia Invitational. Arcadia High School. Nils Miller, Arcadia High School, 180 Campus Drive, Arcadia 91006 (818) 446-0131.

**April 17-19 (Fri.-Sun.): Walnut:** Mt. San Antonio Relays.

**June 13-14 (Sat.-Sun.): Van Nuys:** National Scholastic Outdoor T&F Championships. Birmingham HS. Lou Ramirez, Meet Director, NSOTFC, Birmingham HS, 17000 Haynes St., Van Nuys 91406.

**June 13 (Sat.): Sacramento:** Golden West Invitational.

**June 20 (Sat.): Elmhurst, IL:** Keebler Invitational.

**June 21-22 (Sun.-Mon.): Columbus, OH:** National Junior T&F. Ohio State University. Wayne Roberts, Columbus City Hall, Rm. 127, Columbus, OH 43215 (614) 745-7410.

**June 30-July 4 (Tues.-Sat.): Auburn, AL:** U.S. Youth Athletics T&F.

**July 28-August 1 (Tues.-Sat.): Walnut:** U.S. Junior Olympic T&F Championships.

### Cross Country

**December 5 (Sat.): Fresno, CA:** Kinney West Regional. Woodward Park. Qualifier for Kinney Cross Country Championships to be held December 12. 5000 meters. Contact Bill Cockerham, 4957 E. Heaton Ave., Fresno, CA 93727 (209) 456-0535.

**December 11-12 (Fri.-Sat.): Mobile, AL:** U.S. Junior Olympic Cross Country Championships.

**December 12 (Sat.): San Diego, CA:** Kinney Cross Country Championships. Balboa Park.

## College & Open

### Track & Field

**March 6-7 (Fri.-Sat.): Kansas City, MO:** NAIA Indoor National Championships. 9 a.m.

**March 7 (Sat.): Los Angeles:** Frank Candida Memorial Relays (Jesse Owens Track, CSLA). 9 a.m.

**March 7 (Sat.): San Diego:** Aztec Invitational.

**March 13-14 (Fri.-Sat.): Indianapolis, IN:** NCAA Div. II Indoor Championships,

Hoosier Dome, Indianapolis, IN. James Perkins, Special Projects Office, TAC/USA, P.O. Box 6060, Indianapolis, IN 46206. (317) 636-1989.

**March 13-14 (Fri.-Sat.): Saginaw, Michigan:** NCAA Div. II Indoor Championships, Saginaw Valley State University, Saginaw, Michigan. Jim Nesbitt, Track Coach, Saginaw Valley State Univ., 2250 Pierce Rd., University Center, MI 48710. (517) 791-7300.

**March 13-14 (Fri.-Sat.): Stevens Point, Wisconsin:** NCAA Div. III Indoor Championships, Univ. of Wisconsin at Stevens Point, Stevens Point, WI. Rick Witt, Track Coach, Univ. of Wisconsin at Stevens Point, 111 Berg Gym, Stevens Point, WI. 54481. (715) 346-3677.

**March 14 (Sat.): Pomona:** Wendy's Invitational (Pomona).

**March 14 (Sat.): Birmingham, England:** USA vs. Great Britain (M&W), Birmingham, England. TAC/USA, P.O. Box 120, Indianapolis, IN. 46206. (317) 261-0500.

**March 18-19 (Wed.-Thur.): Tucson, AZ:** Arizona Decathlon.

**March 20 (Fri.): Seattle, WA:** Huskie Invitational.

**March 20-21 (Fri.-Sat.): Tucson, AZ:** Willie Williams Invitational.

**March 21-22 (Sat.-Sun.): Los Angeles:** Oxy Decathlon.

**March 21 (Sat.): Berkeley:** Golden Bear Meet of Champions.

**March 27-28 (Fri.-Sat.): Stanford:** Stanford Track & Field Festival (College only), Stanford University. Brooks Johnson, (415) 725-0759.

**March 27-28 (Fri.-Sat.): San Francisco:** San Francisco State Invitational Decathlon.

**March 28-29 (Sat-Sun): Goleta:** Santa Barbara Decathlon.

**March 28 (Sat.): Northridge:** Northridge Invitational (Cal State Northridge).

**March 28 (Sat.): Stanford:** Stanford Relays.

**April 4 (Sat.): Fresno:** Fresno Relays, Ratcliffe Stadium, FCC. All day.



# SCHEDULE

**April 4 (Sat.): Azusa:** GSAC Championships (Azusa Pacific).

**April 4 (Sat.): Tempe, AZ:** Sun Angel Invitational (Tempe, Az) 6 p.m.

**April 4 (Sat.): Sacramento:** Stan Wright Invitational (open), Sacramento State. Joe Neff (916) 278-6208.

**April 11 (Sat.): Salinas:** Hartnell Throwers' Meet.

**April 11 (Sat.): Azusa:** Meet of Champions. Azusa Pacific University.

**April 17 (Fri.): Pomona:** Pomona-Pitzer Invitational (Pomona).

**April 18 (Sat.): Long Beach:** Long Beach Grand Prix Meet.

**April 17-19 (Sat.): Walnut:** Mt. San Antonio Relays (Walnut).

**April 18 (Sat.): Columbus, OH:** U.S. Men's Olympic Marathon Trials.

**April 19-20 (Sun-Mon): Tempe, AZ:** NIKE/Sun Devil Invitational. Decathlon.

**April 23-24 (Thu.-Fri.): Azusa:** Cal. Decathlon/Heptathlon. 9 a.m.

**April 25-26 (Sat.-Sun.): Irvine:** Irvine Invitational (Irvine). 9 a.m.

**April 25 (Sat.): Eugene, OR:** Oregon Invitational.

**May 2 (Sat.): Northridge:** Northridge Open.

**May 2 (Sat.): San Francisco:** Johnny Mathis Invitational (San Francisco State).

**May 2 (Sat.): Tucson, AZ:** Arizona Last Chance.

**May 8-9 (Fri.-Sat.): San Diego:** NAIA District III Championships (Point Loma, San Diego).

**May 8-9 (Fri.-Sat.): Fresno:** Big West Championships, Fresno State Warmerdam Field, All day.

**May 9 (Sat.): Los Angeles:** Occidental Invitational.

**May 15-16 (Fri.-Sat.): Los Angeles:** CCAA Championships (Jesse Owens Track, Cal State L.A.) 9 a.m.

**May 15-16 (Fri.-Sat.): Long Beach:** California State Junior College Championships.

**May 16 (Sat.): Modesto:** S & W Relays, Modesto, 10 a.m.

**May 16 (Sat.): Eugene, OR:** Oregon Twilight.

**May 16-17 (Sat-Sun): Santa Barbara:** VISA Late Afternoon Decathlon.

**May 21 (Thurs.): Fresno:** FSU Last Chance Meet, Warmerdam Field, 3 p.m.

**May 21-22 (Thurs.-Fri.): BC:** NAIA Outdoor National Championships (Simon Fraser, Vancouver, BC).

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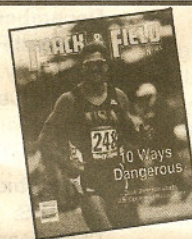
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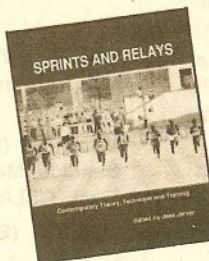
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# SCHEDULE

**May 22 (Fri.): Santa Monica:** 7th Ann. Santa Monica Distance Classic (Santa Monica College) 6 p.m.

**May 23 (Sat.): Los Angeles:** 9th Annual Los Angeles Invitational (Jesse Owens Track) 9 a.m.

**May 24 (Sun.): Portland, OR:** Oregon Invitational.

**May 27-30 (Wed.-Sat.): Waterville, ME:** NCAA Division III Championships.

**May 28 (Thu.): Long Beach:** Long Beach Twilight Invitational.

**May 28-30 (Thurs.-Sat.): San Angelo, TX:** NCAA Division II Championships, Angelo State University, San Angelo, Texas) All day.

**May 30 (Sat.): San Jose:** Jenner Classic, San Jose, 10 a.m.

**May 31 (Sun.): Long Beach:** Long Beach SCA/TAC Championships.

**June 6 (Sat.): Eugene, OR:** Prefontaine Classic.

**June 7 (Sun.): Irvine:** Irvine Koningh Elite Classic.

**June 3-6 (Wed.-Sat.): Austin, TX:** NCAA Division I Outdoor T&F Championships.

**June 19-28 (Fri.-Sun.): New Orleans, LA:** U.S. Olympic T & F Trials. Tad Gormley Stadium. U.S. Olympic T&F Trials, 601 Loyola Ave., Poydras Plaza Mall, New Orleans, LA 70113 (504) 484-1992.

**July 31-August 9 (Fri.-Sun.): Barcelona, Spain:** 25th Olympic Games Championships.

**Dec 12-13 (Sat-Sun): Long Beach:** VISA Long Beach State Winter Decathlon.

## Cross Country

**November 28 (Sat.) Kenosha, WI:** U.S. Cross Country Championships.

## Masters

### Track & Field

**March 14 (Sat): Long Beach:** L.A. Patriots Meet, Cal State Long Beach, Marv Thompson, (213) 666-7341.

**April 3-5 (Fri.-Sat.-Sun.): Columbus, OH:** U.S. TAC National Masters In-

door Championships, Ohio State U., Columbus. James Pearce, 2449 Southway Dr., Columbus, OH 43221.

**April 25 (Sat): Sacramento:** Ken Carline Classic, California St. U of Sacramento. Michael Ackley, 4649 Oakbough Way, Carmichael 95608. (916) 967-9003.

**May 3 (Sun.): Long Beach:** Striders Meet of Champions, Cal State Long Beach. John Cosgrove, 7411 Earldom Ave. Playa del Ray 90293. 310/823-9448.

**May 23 (Sat.): UC Irvine:** Dan Aldrich Memorial Meet, UC Irvine, Calif. David Lewis, 505 Begonia Ave., Corona del Mar, CA 92625. 714/673-2025.

**May 23, 24 (Sat & Sun): U.S.,** Olympic Development Invitational, site TBA. Marv Thompson, (213) 662-1062.

**May 25 (Mon.): San Diego:** San Diego Senior Sports Festival, Balboa Stadium. 55+. Sam Cohen, 4867 A Collwood Blvd., San Diego, CA 92115. 619/286-3588; 583-3300.

**June 13 (Sat.): Los Gatos:** TAC/Pacific Masters Championships, Los Gatos H.S., Los Gatos, Calif. Joy Margeram or Willie Harmatz, P.O. Box 1334, Los Gatos, CA 95031. 408/354-5660.

**June 19-28 (Fri. thru Sun.): New Orleans, LA:** U.S. Olympic Track & Field Trials, New Orleans. (504) 484-1992.

**June 20 (Sat.): Los Angeles:** SCA/TAC District Championships, Occidental College, Los Angeles. SASE to Christel Miller, 1740 Grandview Ave., Glendale, CA 91201. 818/843-2139 until 9 p.m.

**July 4-7. Spokane, WA:** National Pentathlon. Spokane Falls Community College. Vernie Foxley, SFCC Athletics, MS-3070, West 3420 Ft. George Wright Dr., Spokane, WA (509) 459-3644.

**July 11-12 (Sat.-Sun.): Des Moines, IO:** TAC/USA National Masters Decathlon/Heptathlon Championships, Drake U., Des Moines, Iowa. Rex Harvey, 2661 Euclid Heights Blvd., OH 44106. (216) 932-9368.

**July 12 (Sun): Los Angeles:** Trojan Masters Meet, USC, Los Angeles. Russ Reabold, 1125 Stimson Ave., La Puente 91744. (818) 917-6289.

**July 25-26 (Sat.-Sun.): Hayward:** TAC Western Sectional Masters Championships, Chabot College, Hayward, Calif. Jim Johnson, 1026 Murchison, Millbrae, CA 94030. 415/697-1889.

**August 13-16 (Thurs.-Fri.-Sat.-Sun.): Spokane, WA:** TAC/USA National Masters Championships, Spokane, Wash. Vernie Foxley, Spokane Falls Community College, Athletics MS-3070, W. 3410 Ft. George Wright Dr., Spokane, WA 99204-5288. Phone: (509) 459-3644; Fax: 509/623-4128.

**Sept 20 (Sun): Long Beach:** Sri Chinmoy Masters Meet, CSU Long Beach. 40+. Bigalita Egger, 1921 S. Sherbourne Dr. Los Angeles 90034. (213) 838-4746.

## Cross Country

**March 20: Boston, MA:** International Veterans Cross Country Classic. (Precedes the IAAF World Cross Country Championships 3/21/92.) Franklin Park. John McGrath or Sue Smith (617) 891-4538.

## Camps / Clinics

**May 3 (Sun): Cypress:** SCA/TAC Officiating Clinic, Cerritos College, Cypress, 10 a.m. to 2 p.m.. Anyone who wants to learn how to officiate is welcome. Christel Miller (818) 843-2139.

**July 19 (Sun): Walnut:** SCA/TAC Officiating Clinic, Mt. SAC College, Walnut, 9 a.m. to 4 p.m. Anyone who wants to learn how to officiate is welcome. Christel Miller (818) 843-2139.

**August 2-7: Lake Tahoe:** Runner's Workshop Coed Summer Running Camps. Workouts, clinics and fun-filled recreation for high school runners (age 13 & Up). Runners Workshop, Mark and Rene Celestin, Coordinators, P.O. Box 817, Huntington Beach 92648. (714) 969-8703.

**August 26-31: Catalina Island:** Runner's Workshop Coed Summer Running Camps. Workouts. See details above.

**Sept. 1-6: Catalina Island:** Runner's Workshop Coed Summer Running Camps. Workouts. See details above.

## MEET DIRECTORS...

Send information on your track meet, clinic or camp to CTN, 4957 E. Heaton Ave., Fresno, CA 93727, FAX (209) 255-4904.



# Butch Reynolds

The first quality one notices about Butch Reynolds is the sparkle in his eyes.

He speaks with enthusiasm. He speaks of the future.

In 1988, Reynolds' future in track and field was never brighter. But two years later, it plunged to a nadir.

The sparkle, so unmistakable, was gone. His name was tarnished, so was his reputation and world record in the 400 meters.

Now, Reynolds, 27, has new life. The tribulations, since allegedly testing positive for steroids, seem over since The Athletics Congress, the governing body of American track and field, exonerated him October 4.

He and his wife moved from Ohio to Palo Alto over a month ago; he's undergone a spiritual rebirth and he's training seriously again.

His aims now are to be reinstated by the International Amateur Athletic Federation, to win an Olympic gold medal, and to run the first sub 43-second 400.

"It helped me know who my friends are," said Reynolds, emphasizing the positive. "It helped me know how strong Butch Reynolds is. . . how to know Butch Reynolds. It brought me closer to my spiritual faith and made me older, not in years, but in knowledge and wisdom.

"I love challenges. They (the governing bodies) made it hard for me. But it will push me to another level in track and field." A scary thought.

In 1987, Reynolds a student at Ohio State



**400 Meter Finals at the 1987 TAC Championships (from left): MARK ROWE, RODDIE HALEY, BUTCH REYNOLDS, ANTONIO MCKAY and DANNY EVERETT.**

*Fine Flicks by Don Gosney*

University, burst onto the international track scene with the three fastest low-altitude times in history (44.10, 44.13, 44.15). That, however, was only a precursor to what was to follow in 1988.

Reynolds shocked the track world with a 43.29 clocking in Zurich, Switzerland, shattering one of the sport's oldest and most secure world records -- Lee Evans' 43.86 gold-medal winning performance in the 1968 Mexico City Olympics.

The year 1988 held a sobering significance, as well. In the Seoul Olympics, during which Reynolds earned a silver medal, Canada's Ben Johnson broke the world record in the 100 meters, but tested positive for steroids and his record stripped away.

It was a blow to the sport, whose credibility doubled over like a boxer with a weak stomach. Drug testing increased, penalties be-

came more severe.

Following an Aug. 12, 1990 meet in Monte Carlo, a urine sample placed in Reynolds' name tested positive for the anabolic steroid nandrolone and Reynolds was suspended by TAC and IAAF.

"I've never taken steroids in my life," Reynolds

said. He also said he never took drugs. Furthermore, he took a drug test a week later that was analyzed by a process 10 times more sensitive than that used August 12, and there was no trace of anadrolone metabolites.

With only a week in between, pharmacological experts would expect an appearance of nandrolone in the event of a positive Aug. 12 test.

Reynolds hoped his clean past would give him the benefit of the doubt, but the bureaucrats, perhaps paranoid after the Ben Johnson scandal, did not budge.

"I wanted to know why two urine bottles didn't match," Reynolds said. "But never once did they cast doubts. I'm not saying there was enough evidence to cast out a positive test, but there should've been a further investigation. It didn't happen for another one and a half years. That's what ticks me off."

The test results caught not only Reynolds, but everyone close to him, off guard.

"My family was hurt, really crushed," said Reynolds, whose brother, 26-year old Jeff, is

*continued next page...*

**By David Kiefer**



one of the finest quartermilers in the country. "My mother called me every day for months. She was devastated.

"My family's very protective. They heard a lot of comments around town -- there are



Fine Flicks by Don Gosney

some cruel people in the world.

"My coach's wife sent me a card every week for six months. It helped me a lot when I was down and depressed. They always seemed to come at the right time. They had little jokes in them. It gave me a little laugh. It's hard to laugh sometimes."

Training was difficult. There seemed to be too many distractions, too many ghosts.

In an agonizing decision last fall, Reynolds and his wife decided to move from Ohio to California. He chose to train under Stanford coach Brooks Johnson, rather than UCLA's John Smith, because of Johnson's knowledge of biomechanics and because Reynolds enjoyed the peaceful atmosphere of Palo Alto.

On October 4, Reynolds was cleared by a TAC Doping Hearing Board panel on an appeal and allowed to compete domestically. In addition, TAC requested that the IAAF lift its suspension as well.

The 15-page decision said, "There is a strong case that can be made which leaves too much doubt to find against (Reynolds)."

The IAAF, however, postponed its hearing with Reynolds three times since November. At this writing, the three-member arbitration panel was expected to meet with Reynolds and his lawyer March 3.

At the moment, Reynolds can compete in the U.S., including the Olympic Trials, but not outside it, including the Barcelona Olympics.

Nonetheless, Reynolds feels reborn. His enthusiasm for training has returned, he's received great support from the Stanford track team, which he trains with, and "here, I can ride a bus or taxi in peace."

Reynolds was to make his season debut either at the Stanford All-Comers Meet, March 21 or at the Stanford Collegiate Open April 18.

With the adjustments he's making in his running style to extend his stride, Reynolds believes the 43-second barrier is the next to fall.

His ultimate goal is to win a gold medal in the 400 and follow four years later with a gold in the 800, an event Reynolds said is definitely in his future.

Meanwhile, Reynolds' burdens--weighing heavier than the proverbial bear a quartermiler carries on his back down the homestretch--have been lifted, and the sparkle is back.

# BOOKS...

FROM CTN

- ☐ **Basic Track & Field Biomechanics -- \$11.50**  
Tom Ecker. 1985. 208 pgs. Illustrated.
- ☐ **Ed Fern's Flight School -- \$8.50**  
Ed Fern. 72 pgs. Illustrated.
- ☐ **Getting Started in Track & Field -- \$6.50**  
A Coaching Manual. R. S. Parker. 1976. 128pgs. Illustrated.
- ☐ **High School Cross Country -- \$6.50**  
Joseph McLaughlin. 1983. 96 pgs. Illustrated.
- ☐ **How High School Runners Train -- \$5.00**  
ed. by Frank P. Calore. 2nd ed. 1982, 128pgs. Illustrated.
- ☐ **Peak When It Counts: Periodization for American T&F -- \$12.00**  
William H. Freeman. 1969. 111 pgs. Illus.
- ☐ **Competitive Edge -- \$10.00**  
Rich Elliott. 193 pp.
- ☐ **The Throws Manual--\$15.00**  
Kevin McGill & George Dunn, Jr. 153 pgs.
- ☐ **The Hurdles -- \$13.50**
- ☐ **TAC T&F Coaching Manual -- \$16.00**

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# MEET SPOTLIGHT

By Doug Speck

## Sunkist Indoor Meet

### Open Division

With the Sunkist Meet moved a month later than in previous years to the old L.A. Times mid-February weekend and a month later into the preparation of top athletes for the coming Olympic outdoor season, some great things were bound to happen. With the TAC Indoor Nationals coming up and a big push for the indoor version of the sport in the rest of the world, people were ready to roll and the action was hot! Al and Don Franken had done their job of gathering the talent, with the massive rains during the week in Los Angeles turning people's interests indoors for all activities. Sergei Bubka, Jackie Joyner-Kersey, and Andre Cason were the headliners, and no one was let down.

Sergei Bubka, with twenty-eight world records to his credit along the way to being the only Pole Vaulter ever over 20 feet indoors and out, is one of the most impressive athletes ever in our sport. The power he generates down the runway and through the entire vault is unlike any other mortal person. Anything was possible, with Nike financially assisting Sunkist and Franken in assuring Bubka's presence here. The Ukrainian indicated a distaste for the facility right off the bat, with a rubber mat eventually tacked down over the last half of the runway so that Sergei would vault. Once the competition eventually took place it was a classic! Bubka did not enter the competition until 17-4 1/2, where he skied over on his first attempt. Bubka passed to 5.70 meters (18-8 1/4), with Tim Bright (Mizuno) and Bill Payne (Mazda TC) joining the Ukrainian with clearances there. With the bar at 5.80 meters (19-0 1/4), Bright missed three times. Bubka was ahead on misses over Payne, but the former Baylor star amazed with a clearance of the bar at that 19-0 1/4 height on his third attempt. Bubka passed the 5.80 barrier, choosing to vault at 19-2 1/4 (5.85), and clearing on his second attempt. Playing the "cat and mouse" game, Payne

passed 5.85, and was in the ballpark despite his three misses to end his battle for the win at 5.90 (19-4 1/4). Bubka, obviously fatigued after travel and concern over the facility, surprisingly continued to vault. Was there incentive money for higher heights? There for sure was a new Jeep Wrangler for a World Record. At 6.00 meters, a lofty 19-8 1/4, the best legal vault ever on American soil, Sergei awed all that had stuck around until 11:00 p.m. as he powered off his huge pole seemingly way up into the rafters before coming down with a clearance on his second trial. After some five and a half hours of warm-up and competition, Bubka finished the classic competition with three good attempts at 6.13 (20-1 1/4).

Jackie Joyner-Kersey (World Class TC) looks in great shape. Early efforts in her Long Jump competition of 21-10 and 22-4 1/2 put her comfortably ahead of Christie Opara's 20-7 1/4, with the great all-arounder following husband/coach Bobby's advice to accelerate more into the board, reaching 22-10 on her fifth effort to come within three inches of her American Indoor Record.

Andre Cason (Goldwin TC/Mazda) had broken the World Indoor Record for 60 Meters this winter in Europe, with a hectic plane flight from Europe this weekend that had put him into L.A. at 1:30 p.m. the day of the Meet. The fairly short Cason, giving rave credits in interviews to Coaches John Smith and Art Venegas for his preparation, appears the perfect size for indoor running, with his slight stature allowing him to easily power into sprinting position after the start. Over 50 Meters here it seemed as if David Ezinwa (Nigerian at Azusa Pacific) had a slight flyer at the gun. The Nigerian native was in Lane 5, two lanes to Cason's left and certainly visible out of the corner of Andre's eye. One had the feeling it was a very quick race, with Cason's power amazing once he really got rolling. He caught up to Ezinwa two-thirds of the way through the event, and edged by at the tape 5.62-5.64. The clocking is within .01 of the World Record for the distance held by Man-

fred Kokot (East Germany-1973) and James Sanford (1981). With a flight from Europe arriving some five hours prior to the race one wonders what a rested Cason could have done. In interviews after the race Cason indicated that he could have run faster if he had run through instead of leaned at the finish line, with the Virginia native casually discussing Olympic year goals that include a Gold Medal at 100 Meters.

Michelle Finn (Atoms TC) was nearly as sharp in the Women's 50 Meter event. After a solid start, Finn was gone from the field, winning by a meter over Christie Opara (Cal State L.A.) 6.13-6.21. Michelle's impressive effort equals the American record of Jeanette Bolden from 1981, and is within just .02 of the drug-tainted world record of Marita Koch (East Germany) 1980. Evelyn Ashford (Mazda TC), early in her Olympic year preparation, seemed sluggish, losing a meter in the first ten and made absolutely no headway against Finn, finishing a full two meters behind in fourth place.

The annual Sunkist Mile for men was pleasing to local fans. Chris Vincent (UCLA) was the rabbit through a 60.6 opening 440, when Greg Whiteley (Asics/former University HS of Irvine/Brown University) took over and pushed the pace through 2:00.8 (880) with a narrow lead at the 1320 (3:00.7). Jeff Atkinson led the following pack, with Steve Scott making a huge move down the backstretch with one and a half laps to go to move into a narrow lead. Scott was two meters to the front at the gun, with Whiteley straining the entire last lap to get up and past the long-time local favorite. Greg, who has come as far from High School to the Open scene as anyone local recently in the distances, could not edge by, with Scott indicating his 3:58.54- 3:58.78 win over the former Irvine resident as good a race as he has run on the boards in four or five years.

Doug Padilla owns the 3000 meter event here. Nick Hopkins (Britain) was the early pace-setter with a 62.6 opening 440. Brian

*continued next page...*



# MEET SPOTLIGHT

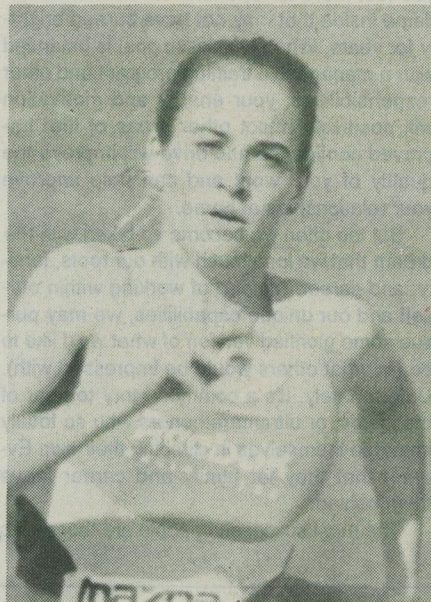
Abshire, who had run 8:23.1 in Portland for two miles two weeks ago, took the pace through a 4:10.7 mile, with a nice group in line on the pole behind the former Bay area prep (before a collegiate career at Clackamas JC and Auburn University). Behind Abshire, Padilla, Matt Giusto (Mizuno), Ruben Reina (Nike), and Maurice Smith (Reebok) neatly followed in a line, with only Smith falling off through a 6:19.2 mile and a half. With three laps to go Giusto had had enough of the steady pacing, taking off into the lead. With two 160 circuits to go at 7:03.5, the former San Mateo prep (and University of Arizona NCAA 5000 Meter Champion) Giusto still led. Padilla picked the backstretch of the second to last lap to rocket by, accelerating that 160 yard segment at 57.5/440 pace. Ruben Reina led the chase after Padilla, with Doug blasting the final lap at 55.5/440 pace to come in 7:45.12-7:46.30 ahead of the former Arkansas star Reina.

The Lady Footlocker Women's Mile was a great race, with Shelly Steele (Mizuno) the pacesetter through 68.4 (440), 2:18.1 (880), and 3:27.6 (1320) markers, with an interesting group in tow. Suzy Favor has married (Hamilton the new last name), and has become a Southern Californian, assisting with the coaching at Pepperdine University in Malibu. Alisa Harvey-Hill (So Cal Cheetahs) is one of the nation's elite middle distance runners, with Darcy Arreola (Nike) former World Championship team member from Cal State Northridge, and Stephanie Barrett (former Pleasant Valley HS of Chico and Cal Poly/SLO before following Coach Lance Harter to Arkansas University). Anyway, the race became interesting at the 1320 point, with Arreola aggressively moving up to second behind Steele. With two laps to go a tight group of Steele, Hill, Hamilton, and Arreola battled. With one lap to go Hill had moved right up to the pacesetter Steele, and Hamilton appearing still full of run. The pace the final lap was screeching, with Hamilton digging very deep to edge ahead off the final turn and narrowly win 4:32.39-4:32.56 over Hill, with the last 160 yard lap run at 61.6/440 pace.

Willie Gault is one of those amazingly ageless athletes, here giving Tony Li (China) a heck of a go over the 50 Meter Hurdles, finishing just .02 behind the World ranked Asians' 6.54 at 6.56, with Dan O'Brien next at 6.68.

Maria Mutola, the Mozambique native attending High School in Springfield, Oregon,

was very impressive over 880 yards. Against a good group the prep moved aggressively to the front, leading through the 440 at 61.1, and accelerating through a 1:31.3 600 meter (#3 prep time ever there) on the way to a 25 yard win at 2:03.92 (also the #2 prep time ever behind Mary Decker's 2:02.4 national indoor prep best).



SUZY HAMILTON

Fine Flicks by Don Gosney

Locals Janeene Vickers and Danny Harris looked ready for an Olympic year. Vickers met a good group in the Women's 500 Yard event, powering the last lap to pull away to win from Lillie Leatherwood and a good group to win 55.16-55.95. Danny Harris dominated the entire Men's 500 Yard event against a Kevin Young-led group, roaring through the 440 mark in 48.9 on the way to a 55.30 Meet Record eight meter win.

Brian Stanton took the High Jump with a fine 7-5 3/4, with Ray Brown spreading the field early in the 880 before romping away to a good 1:49.60 win on this size track.

## Open Women's Meet

**50 Meters**--1. Finn (Atoms TC) 6.13 (equals American Record Jeanette Bolden (UCLA) 1981 and is new Meet Record), 2. Opala (Cal State L.A.) 6.21, 3. Gaines (Stanford) 6.26, 4. Ashford (Mazda TC) 6.27, 5. Brown (So Cal Cheetahs) 6.30, 6. Feagin (UNLV) 6.36.

**440y**--1. Vickers (World Class TC) 55.16, 2.

Leatherwood (Reebok) 55.95, 3. S. Williams (Nike) 55.96, 4. Young (Reebok) 56.30, 5. Grant (Cal State L.A.) 57.5 (Hand).

**880y**--1. Mutola (Mozambique/Springfield HS, Or) 2:03.91 (along way 1:31.3 600m), 2. Richburg (Gazelles) 2:07.32, 3. Halliday (Nike Indiana) 2:07.76, 4. Teter (Arkansas) 2:10.15, 5. Carpenter (Washington State) 2:13.98, 6. Zaleski (Track West) 2:17.5 (Hand).

**Lady Foot Women's One Mile**--1. Hamilton (Reebok) 4:32.39, 2. Harvey-Hill (So Cal Cheetahs) 4:32.56, 3. Steely (Mizuno) 4:32.57, 4. Arreola (Nike) 4:36.60, 5. Barrett (Arkansas) 4:44.63, 6. Bailes (Nike Oregon) 4:44.4 (hand).

**Long Jump**--1. Joyner-Kersey (World Class TC) 22-10, 2. Opala (Cal State L.A.) 21-0, 3. Rose (UNLV) 20-6 1/2, 4. Ralph (So Cal Sports Club) 20-1, 5. Sedwick (World Class TC) 19-8 3/4, 6. Bright (Mizuno) 19-6, 7. Simmons (Azusa-Pacific) 19-2 1/2, 8. Hudson (Mizuno) 19-0, 9. Innis (Unat) 18-11 1/4.

## Open Men's Meet

**50 Meters**--1. Cason (Goldwin TC/Mizuno) 5.62 (Meet Record and =#4 performance ever in event), 2. Davidson Ezinwa (Azusa Pacific) 5.64, 3. Bates (Unat) 5.75, 4. Johnson (Canada) 5.76, 5. J. Williams (Reebok) 5.78, 6. Adeniken (UTEP) 5.81.

**500 Yards**--1. Harris (Nike) 55.30 (Meet Record), 2. Young (Goldwin TC) 56.24, 3. Graham (Santa Monica TC) 58.19, 4. Bridgewater (Cal State L.A.) 58.33.

**880 Yards**--1. Brown (Nike) 1:49.60, 2. Marsala (NYAC) 1:49.83, 3. Armour (Unat) 1:51.64, 4. Pyrah (BYU) 1:51.76, 5. Slowkowski (Nike North) 1:52.46.

**Sunkist Mile**--1. Scott (Asics) 3:58.54, 2. Whiteley (Asics) 3:58.78, 3. Hanneck (UTEP) 3:58.81, 4. Atkinson (Nike) 4:01.48, 5. P. Rono (Kenya) 4:02.67, 6. Spivey (Asics) 4:06.01, 7. Whelan (Asics) 4:06.23, 8. Candaele (Oregon) 4:10.5 (hand), 9. Keino (Arizona) 4:13.1, 9. Popejoy (Unat) 4:16.8.

**Los Angeles Mile**--1. Ashford (Unat) 4:10.32, 2. O'Neill (Long Beach TC) 4:10.37, 3. Jones (UCLA) 4:19.20, 4. Luevano (Santa Monica TC) 4:23.57, 5. Haug (UCLA) 4:26.55, 6. LaPlant (Track West) 4:28.72.

**Mobil Men's 3000 Meters**--1. Padilla (Nike) 7:45.12 (Meet Record), 2. R. Reina (Nike) 7:46.30, 3. Giusto (Mizuno) 7:48.74, 4. Abshire (Reebok) 7:50.88, 5. Davis (Arizona) 7:51.72, 6. Brahm (Nike Indiana) 8:00.4 (hand time), 7. M. Smith (Nike West) 8:01.3, 8. Jaeger (Reebok) 8:03.1, 9. Hunt (Unat) 8:14.7, 10. J. Ortiz (Santa Monica TC) 8:15.0.

**Reebok Men's 50 Meter High Hurdles**--1. Li (China) 6.54, 2. Gault (L.A. Raiders) 6.56, 3. O'Brien (Reebok) 6.68, 4. Reading (Accusplit TC) 6.75, 5. Iwasaki (Japan) 7.07.

**Daily News Men's High Jump**--1. Stanton (Stars & Stripes TC) 7-5 3/4, 2. Williams (Keiser TC) 7-3 3/4, 3. Noji (Nike) 7-1 3/4, 4. Thomas (Long Beach CC) 6-11 3/4, 5. Anderson (UCLA) 6-9 3/4.

**Nike Pole Vault**--1. Bubka (Nike International/Ukraine) 19-8 1/4 (Meet Record--best ever legal vault on American soil), 2. Payne (Mazda TC) 19-0 1/4, 3. Bright (Mizuno) 18-8 1/4, 4. Fraley (Pacific Coast Club) 17-8 1/2, 5 (tie) Curran (Unat), Arkell (Australia), Volz (Nike Indiana) at 17-4 1/2, McMichael (Athletes in Action) 17-4 1/2.



# Goals Can Be Powerful, If. . .

By Jeff Galloway

Sam had been running socially for many years when he joined a marathon training group. He was a popular member and seemed to come alive with the challenge. It surprised everyone—including Sam—when he easily ran 3:45 in his first attempt. When the group met a week later for their party, the normally affable Sam was getting on everyone's nerves. He couldn't stop talking about how he was going to break 3 hours in his next marathon—which he had already entered.

Sadly, many runners have goals that are at least slightly unrealistic—and this gets them into trouble. Sam's goal of a 3 hour marathon might be possible in two years, but it's unlikely that he could drop 45 minutes in one 6 month training period. I tried to tell him this when we sat down for a training consultation, but he had too many stars in his eyes to see or hear anything else.

I'm not against goals, dreams and mental visualization—indeed, there are powerful new techniques which improve performance and

nificant and forces you to prioritize the various elements of your life. Somehow, it makes you feel more alive, and in touch with a little flame inside that may not have burned brightly for years. When a realistic goal is balanced with a manageable training program and other responsibilities, your energy and motivation will positively affect other areas of life. Improved confidence and drive will improve the quality of your work and can help improve your relationships at home.

But too often we become so taken with the dream that we lose touch with our roots, family, and career. Instead of working within ourself and our unique capabilities, we may pursue some glorified version of what we'd like to be (or what others would be impressed with). Unfortunately, it's a common story to hear of triathletes, or ultramarathoners who so totally immerse themselves in climbing their own Everest that they let family and career leave them behind.

The most successful people are those who

Through a series of realistic goals, you set yourself up for success. If you achieve a 10K goal half-way through the season, you have time for one of more goals. Each success gives you momentum toward the next success. You become a very successful person.

Too often, however, we choose to pursue the moon. While a dramatic goal may impress people, a series of small successes is more likely to lead to an eventual goal that is more satisfying. While Sam may have been capable of dropping 45 minutes in the next marathon it was at the edge of his capabilities at best. To achieve the ambitious goal, he increased his training dramatically and developed several injuries. The increased time away from his family produced a strain. Because he felt committed to his 3 hour marathon he tried to push through the injuries and finally had to stop running for 3 months to recover. This produced a dramatic strain on his marriage, a loss of self-respect, and a deterioration in the quality of his work.

Sam should have pursued a 15 minute improvement, and then another. With the modest increase in training, he could have balanced family life and career with running. He would have almost certainly been more successful than he predicted. What a great problem to have!

My greatest joys have come through working through many little problems; I learned to enjoy the struggle. When we grow through challenges, we can improve our running and virtually every other area of life.

*Note: Olympic distance runner Jeff Galloway has written the nation's best-selling running book: Galloway's Book on Running. Through his seminars, vacations and readers comments, he is working on a book about running in the 21st century. He encourages your comments or interest: Jeff Galloway, P.O. Box 76843, Atlanta, GA 30358.*

**A** realistic goal can mobilize your resources. It allows you to focus on something significant and forces you to prioritize the various elements of your life.

happiness when used properly. My personal dream of making the Olympic team energized my training for more than two decades—and still influences my life in many positive ways. Today, after 32 years of "just running", I'm training for my first triathlon; and I'm feeling a type of commitment and challenge which compares to my approach to Munich in 1972.

A realistic goal can mobilize your resources. It allows you to focus on something sig-

become athletes at any age. Those who stay within the boundaries of their personal strengths and weaknesses and blend the best of family and career in their dreams. Frank Shorter once said that he never dreamed specifically of winning an Olympic medal—nor of even making an Olympic team. At each level of performance, Frank was determined to do his best and then rise to the next level when it was possible.



# SoCAL DIARY

By Bill Minarik

## February 17

As the track and field season opens in So-Cal, the #1 story for the last few months remains the transfer of prep phenom Marion Jones from Rio Mesa High to Thousand Oaks. While speculation about the transfer continues, the rumor circulating among track insiders seems to be fairly specific. While Marion wanted to have Elliott Mason as her personal coach, she also wanted to call the shots as to what meets she competed in and which events she would run. This reportedly evolved from a situation last year where she was required to run on relay teams which had no potential in the big meets. In any case, Rio Mesa coach Brian FitzGerald said no to all conditions, while Thousand Oaks coach Art Green reportedly bought the package. Playing basketball supposedly had nothing to do with the decision.

I'll probably never know what the exact facts are in this case, however I'm very opinionated as to the alleged issues. If an Olympic caliber athlete has an opportunity to obtain a personal coach, as most quality Europeans do, then the athlete should be allowed to do so, irrespective of the institutional level. However, if the athlete wants to be part of a team, then he/she should follow the team coaches meet directives. You're either a full member of a team or your not at all. There is no in between even in a sport like track.

In any case, all of the coaches involved here are outstanding and should not have to take any heat for something they really don't have any control over. The issue here is Marion Jones and what she feels is best for her.

The Sunkist Invitational provided SoCal track fans with some indoor entertainment so conspicuously absent in the rest of the state. However you could tell it is an Olympic year as many of SoCals finest opted out of this year's meet in favor of a later starting season which hopefully will see them peak for Barcelona. Two exceptions were Jackie-Joyner Kersee who destroyed the women's long jump field with a meet record 22-10 and fast starting Andre Cason who posted a 6.52 fifty, good for 4th on the all time list.

## February 24

The Community Colleges got their season underway with some major conference dual meets. Riverside demonstrated it's potent men's team enroute to a 93-47 win over Rancho Santiago. Mt. SAC put both it's men and women's Juggernauts on display while running over the El Camino and Pasadena teams by scores of 102-35 and 71-66 and 107-40 and 87-36. El Camino came out ahead of Pasadena by scores of 73-63 and 96-26. Elsewhere the Glendale CC men topped Ventura and Valley 71-60-46, while Moorpark took both the men and women's division of a 4-way meet by scores of 95-38-32-15 over Cuesta, Canyons, and Santa Monica, and 64-37-33-17 over Santa Monica, Cuesta and Canyons.

At the Long Beach Invitational, with all top Community College teams in action, the men's team from Long Beach City showed the best all-around strength, however San Diego Mesa appeared to have one of their strongest teams ever as they captured 5 individual events. On the distaff side, the El Camino women swept every relay event.

## March 2

The Riverside CC men's team continued to roll last Friday with a 115-29 romp over Orange Coast while the Orange Coast women just edged RCC 69-67. Moorpark showed why it is a favorite for a conference title in both men's and women's division with wins of 101-46-40-3 and 81-47-19-0 over Glendale, Canyon and West L.A.

For those of you who felt sorry for Cal State Northridge having to compete in Division I track along side of USC and UCLA, the time for pity appears to be over. The Matadors have arrived. The CSUN men outscored Stanford, UC Irvine and USC 66-49 1/2-46-45 1/2, while the Lady Matadors came away with a 49-49-45-33 count in 4-way scoring against UC Irvine, USC, and Stanford while sweeping all 3 in dual meet scoring.

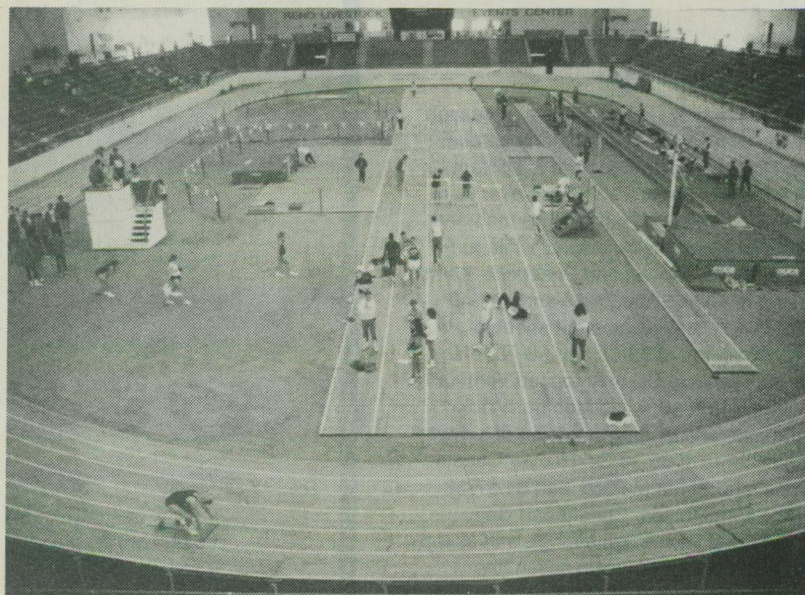
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# Reno Gives Bill Cosby Top Rating Reno Indoor Track and Field

*By Bob Fraley, Fresno State University*



AT A TIME WHEN indoor track meets have been disappearing faster than the Northern Spotted Owl, the Bill Cosby Track in the Reno Livestock Center is providing West Coast track athletes with one of the finest board facilities in the United States, giving fun, excitement and hope to schools, athletes and fans.

When Roger Bowen took over the University of Nevada, Reno head coaching position in 1990 he began to look for a place where UNR athletes could train during the winter months and found the unused track at the New Orleans Superdome for sale. With financial help from comedian Bill Cosby, Bowen was able to bring the track from New Orleans and install it in the Reno Livestock Center for use during January and February.

The timing of the facility could not have been better. With the current budget crunch causing colleges to restrict travel, the City of Reno has some of the best room rates and food bargains of any city in the country. The Holiday Inn's Karen Stephun, and the Ponderosa Hotel's Joe Kashmiri have provided excellent room rates and athletes have been able to eat 3 buffet meals a day for less than \$12.00 at some hotels. With excellent accommodations and with no big city traffic hassles, Reno has none of the time consuming frustrations that coaches and athletes experience at most big city meets. In Reno it's just a walk to the track.

Through endless hours Roger Bowen, Del Hessel and staff have put together a series of meets which have drawn athletes from across the country. On any given Saturday you will find teams from Florida, Texas, Kansas, Arizona, New Mexico, Utah, Washington, Oregon, California and Nevada competing, along with club athletes from the West Coast.

The Reno Livestock Arena is different than most indoor facilities in that it provides excellent seating for the fans who do not have to stand in a corner or hang over a wall to see the athletes running around the track. It also provides a good warmup area just behind the seating sections so coaches can communicate with athletes as they warmup and still watch the competition on the arena floor.

The 200 meter Bill Cosby Track has provided some excellent marks. Aaron Thigpen ran 6.18 in the 55m, Willie Caldwell 46.52 for 400m, Christie Gaines 6.78 in the 55m, Maicel Malone 52.91 for 400m, and many other athletes have made NCAA qualifying marks on the track.

The pole vault runway is becoming as popular as the Los Angeles International Airport with 2-3 vault divisions waiting their time to compete on the fast runway which was developed by former UNR assistant Mickey Cutler and Steve Chappell and Lane Maestretti from UCS Spirit in Carson City, Nevada. In January 1991, Scott Huffman of the Pacific Coast

Club vaulted 18-9 to set the arena record. In January of this year the California-Nevada TAC Vault Clinic was held in conjunction with Reno's first Indoor Meet and competition was held in four divisions starting at noon and ending at 10:15 p.m. This competition saw Anthony Curran (18-4 1/2) break his ten year P.R. which he set back in 1982.

The 200 meter banked track, which is considered excellent for a board surface, now has a fine Long Jump-Triple Jump runway to go along with its fine pole vault facility. This year Bowen replaced the all wood runway with a wood runway covered with a rubber surface which saw Triple Jumper Tyrone Scott (Texas) bound 54-2 3/4, and Billie Butler (UNLV) fly 43-4. At the same mid-January meet Shanta Rose (UNLV) Long Jumped 21-6 1/4. Excellent early season marks.

Whether you are flying to Reno from other parts of the country or driving over the beautiful snow-capped summit with skiers streaming down the slopes of Boreal, athletes, coaches and fans will agree the effort by Bill Cosby, Roger Bowen, Del Hessel, the UNR Staff, and the Reno Track Officials is the most positive step for Track and Field on the West Coast. The timing couldn't be better and the potential is great.

## Quotes from Athletes.

### Fans and Coaches:

As one fan said, "I had never seen an indoor meet before. It was great. All the events are right in front of you."

An athlete travelling from the Southern part of the United States said, "I look more forward to vaulting off the Reno runway than any other indoor facility in the United States."

Another fan who had never seen a track meet had this to say, "I couldn't believe how high the pole vault bar looked at 18 feet. To sit right there and watch athletes fly so high is great. This is exciting. I didn't realize people could go so high. What an exciting event."

### Some coaches comments:

"We spent time showing our athletes how to Rhythm Clap so we could help our athletes down the runway. The Arena seating is great and fans and teammates can follow the progress of the field events."

"The University budgeted us for one trip to Reno. Because we were able to drive and the hotels and food was much cheaper we were able to make two trips."

"We were able to sell our extra bus seats to parents and boosters who wanted to make the trip to see the Nevada Invitational."

"You know, Bill Cosby is a comedian, he knew how to help put some fun and excitement back into track and field."



# California

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# PREP NOTES

By KEITH CONNING

## ■ Edwards Stadium Threatened?

The University of California at Berkeley wants to build a new arena for its basketball team. Harmon Arena with 6,000+ capacity is too small for a basketball program that wants to be ranked nationally. Unfortunately, the Berkeley campus doesn't have any space to build a new arena. Therefore, reliable sources are saying that the University is talking about tearing down historic Edwards Stadium and using that site to build the new basketball arena.

Edwards Stadium was completed in 1931 and has been the site for many NCAA track championship meets and major international competitions. The North Coast Section Meet of Champions is held there in May.

Several world track and field records have been set there. The most memorable was Jim Ryun's 3:51.3 mile in 1966.

Where would the Cal track team go to practice? One idea is to improve the track facility at the Clark Kerr Campus (the old California School for the Deaf). They could dig into the hill for stands.

Coach Irv Hunt said that nothing is going to happen soon. The University has tried for 20 years to get this space. They wanted to build the new Cowell Hospital where the east stands are located. Instead they're building it across the street.

Assistant coach Tony Sandoval said that the Cal track program would benefit if the university would build a new state-of-the-art track and field facility for men and women.

## ■ Killeen, Texas to compete in Oakland Invitational Relays

Two years ago Ball (Galveston, Texas) competed in the Oakland Invitational at Edwards Stadium, Berkeley and really gave the fans a demonstration of Texas relay speed. This year Killeen, Texas, will be coming west. Last year they ran the 4 X 100 in 40.16, which was the second fastest in the nation and the third fastest of all-time.

The fastest California time last year was 41.11 by Washington (Los Angeles). Tom

Broom, the meet director, has also invited high jumper Amy Acuff (Calallen, Corpus Christi, Texas). Acuff set a national sophomore class high jump record of 6-2 1/4 last year. The top returning California jumper is Julie Jenkins (San Ramon, Danville) at 5-8.

## ■ Sean Brown (Terra Linda, San Rafael)

Sean Brown (Terra Linda, San Rafael), a senior, is off to a fast start in the pole vault. Last year he had a best of 13-6. He qualified for the finals in the North Coast Section Meet of Champions with a vault of 12-0. But he no heighted at 12-6 in the finals.

This year he has already cleared 15-4 indoors (Reno, January 18) and 15-0 outdoors (Berkeley, Feb. 1). He had a close miss at 15-6. He is stronger and faster this year. He has attended Jan Johnson's Sky-Jumpers camp at Cal Poly San Luis Obispo three times. He is doing gymnastics three times a week.

Terra Linda head coach Hector Benitez said that Brown has a new attitude this season, because he sat down and set his goals. Pole vaulting is a real mental sport.

## ■ Richard Dupree (Roosevelt, Fresno) transfers to Mt. Pleasant

Richard Dupree (Roosevelt, Fresno), the State Meet champion in the 400 meters at 47.21, has transferred to Mt. Pleasant, San Jose. The Mt. Pleasant boys' 4 X 100 relay team that placed seventh in the State Meet in 42.47 returns intact this season. With the addition of Dupree they will be even stronger. They will be going to the Oakland Invitational Relays on March 28 rather than to Stanford, because they want to compete against Killeen, Texas.

## ■ Tanya Lazar-Lea (McAteer, San Francisco) transfers to Vallejo

Tanya Lazar-Lea has transferred from J. Eugene McAteer in San Francisco to Vallejo. Lazar-Lea placed fifth in the 1991 State Meet 300 low hurdles in 45.78 and sixth in the 100

low hurdles in 14.45. She did not make the finals in the high jump. She cleared 5-4 in the trials, but it took 5-5 to qualify. She had season bests of 14.29w, 45.78, and 5-8. Vallejo coach Mike Wilson told me that she may run on their 4 X 400 relay team.



TANYA LAZAR-LEE

Photo by Burt Davis

## ■ Kelli White (Logan, Union City) has speedy genes

Kelli White (Logan, Union City) is going to start her high school track career this sea-

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# PREP NOTES

son. Last year as an eighth grader at St. John's The Baptist Catholic School in El Cerrito, she turned in times of 12.75, 26.34, and 61.2. She competed for the Berkeley East Bay Track Club.

White is the daughter of Willie White, the assistant track coach at Cal State Hayward. Her father set two meet records at the State Meet in 1956--9.5 in the 100 yard dash and 18.9 in the 180 yard low hurdles. He was ranked #4 in the world in 1957 with a best of 9.4 in the 100 yards, when the world record was 9.3. Her mother Debbie Byfield was a member of the Jamaican 4 X 100 relay team at the 1972 Olympic Games. Byfield ran 11.5 and 23.7 as a senior at Berkeley High in 1973.

## ■ Latisha Gilliam (Pittsburg) moves to North Carolina

Latisha Gilliam (Pittsburg), who placed eighth in the State Meet 400 in 56.70, has moved to North Carolina. Gilliam won the North Coast Section 3A 400 in 55.00. She was the fastest freshman in California and the second fastest in the United States last year. Freshman Annette Deal (Woods, Spring, Texas) ran 54.86. The national freshman record is 52.57 by Andrea Thomas (Walton, Bronx, NY) 1984.

## ■ Northern California High School Track Results Wanted

Please send results of Northern California high school track meets to Keith Conning, 2235 Browning Street, Berkeley, CA 94702.

## ■ High schools: anti-tough stance

The Associated Press

(Prep Editor: The following article appeared in the *Oakland Tribune* on January 7.)

New Orleans--Forcing unrealistic academic goals on high school athletes could diminish rather than broaden their educations, high school athletic officials from around the nation said yesterday.

"We feel very strongly about academics, but we also feel participating in athletics is an extension of the classroom," said Clair Muscaro, commissioner of the Ohio High School Athletic Association. "I don't want to omit youngsters from that part of their education

with too stringent requirements." He was interviewed between sessions of the National Federation of State High School Associations convention. Ohio, like many other states, has requirements for high school students wanting to participate in athletics or other extracurricular activities. The requirements have not been toughened in the wake of Proposition 48, the NCAA requirement that athletes come to college with a 2.0 grade-point average in core subjects and achieve a score of at least 700 on the SAT test or 15 on the ACT. The NCAA is currently considering raising the requirements to a 2.5 average and a 750 score on the SAT.

"I think the requirement is a good one," said Bernie Saggau, executive director of the Iowa association. "College is for, first of all, academics. If youngsters assume they have to meet certain grade standards to meet college standards, that's good. But college and high school athletics have no relationship."

The majority of high school athletes do not go on to be college athletes, Saggau pointed out. Those that do, should certainly prepare academically as well as athletically, he said. But for the high school student unable to excel in the classroom, athletics still play a valuable role in education he said.

"In athletics, we have youngsters who may not do well in the classroom, but can be provided with an incentive to stay in school and work harder because of their participation," Saggau said.

## ■ NCAA adopts toughest-ever academics rule

By Doug Tucker, The Associated Press  
(Prep Editor: The following article appeared in the *Oakland Tribune* on January 9.)

Anaheim--NCAA schools, over the bitter objection of black educators charging discrimination, voted yesterday for the toughest academic standards in the history of college sports.

Drawn up and championed by the reform-minded NCAA Presidents Commission, the new rules will strengthen both freshman eligibility requirements and the standards athletes must meet beyond their freshman year. They were adopted overwhelmingly by Division I schools, the major athletic powers.

"I think it's a very historic day," said Gerald Turner of Mississippi, chairman of the Presidents Commission. "For the first time, we have an accurate statement to kids about what it takes as a minimum foundation to

have a chance to graduate from our universities."

Black educators, joined by a few white colleagues, charges that the standardized test scores used to determine freshman eligibility are racially and culturally discriminatory. It's a controversy that has raged since Proposition 48, the freshman eligibility rule, was first adopted over the objection of blacks in 1983.

"This proposal disproportionately affects black students," said Dr. William DeLauder, president of predominantly black Delaware State who predicted that as many as 70 percent of black athletes could be denied access to NCAA schools. "This is clearly a discriminatory proposal."

Currently under Proposition 48, freshman can be eligible for sports if they have a 2.0 or "C" average in 11 college preparatory or "core" high school courses and attain a 700 on the SAT or a 17 on the ACT.

Virtually without opposition, schools voted to raise the number of core courses to 13, adding either English, math or science. But more than 90 minutes of debate preceded a 249-72 vote to raise the required grade point from 2.0 to 2.5 with a sliding test score index. Later yesterday, schools adopted another key component in the package, raising the satisfactory progress requirements. Beginning with next fall's freshmen, athletes will have to complete at least 25 percent of the requirements in a specific degree program entering their third year, 50 percent entering their fourth year and 75 percent entering their fifth year.

"A lot of people believe this could turn out to be the most significant part of the whole package," said Chuck Neinas, executive director of the College Football Association. The satisfactory progress rule might especially affect junior college transfer athletes.

"I think the nation should take great comfort that the educational opportunity of young people has been reaffirmed as an essential mission of the athletic program, and that we will greatly increase the opportunity in years ahead that young people are going to get a degree as well as participate in intercollegiate athletics," said Dr. Thomas Hearn, president of Wake Forest.

Beginning in 1995, freshmen will need a 2.5 if they have a test score of 700 on the SAT or a 17 on the ACT. The scale descends to where a freshman with a 2.0 grade-point will need a 900 SAT or a 21 ACT to be eligible.

"The combined 2.5 and 700 SAT will eliminate more than 70 percent of the black ath-

continued next page....



# PREP NOTES

letes vs only 18 percent of white athletes," DeLauder said. "This is clearly a discriminatory proposal. And it's not just a problem for black kids. A lot of white kids from the inner city and from poor rural areas will also be discriminated against by this proposal."

"I think this is a resounding victory for the improvement of quality in the American high schools, colleges and universities," said Hearn, a member of the President's Commission. "If I were convinced this legislation would disadvantage black youngsters, I'd be against it. I believe it's going to advantage them."

DeLauder and other black educators first tried without success to have the proposal tabled for another year. More than 2,300 delegates are attending the convention.

## ■ Francie Larrieu-Smith makes her fifth Olympic team

Houston, January 26--Francie Larrieu-Smith (Fremont High School, Sunnyvale, 1970) placed third in the Women's Olympic Marathon Trials in 2:30:39. She qualified for



FRANCIE LARRIEU-SMITH

the Barcelona Games and earned \$20,000.

Larrieu-Smith, 39, made her U.S.-record tying fifth Olympic team, tying long jumper Wil-

lye White (1956-72). She had made three Olympic teams at 1,500 meters and one at 10,000 meters. She is still seeking her first Olympic medal. She placed 5th in the 10,000 in 1988 at Seoul.

Francie Larrieu set the California high school record in the 1,500 meters at 4:16.8 in 1969 as a junior. She also ran a 2:05.9 800 meters in 1970 as a senior in high school, which ranks her 10th all-time among California preps. There was no State Meet for girls until 1974. She competed for the San Jose Cindergals coached by Augie Augerbright.

Larrieu's brother Ron was a member of the 1964 Olympic Team. He placed 24th in the Olympic Games in the 10,000 meters in 30:42.6.

## ■ NORTHERN CALIFORNIA PREP SCHEDULE

-Saturday, March 14. Chabot/Mariner Invitational. 10:00 a.m. Chabot Community College, Hayward. Contact Phil Wilder, Moreau High School, Hayward.

-Saturday, March 21. Pierce-Golden Bear Invitational. Edwards Stadium, Berkeley. Contact Tim Bruder, Alhambra High School, Martinez.

-Thursday, Friday, Saturday, March 26, 27, 28. Stanford Track & Field Festival. 3:00 p.m. Thursday, 9:00 a.m. Friday and Saturday. Stanford Stadium.

-Saturday, March 28. Oakland Invitational Relays. 9:00 a.m. Edwards Stadium, Berkeley.

-Friday, Saturday April 3, 4. Fresno Relays. 9:00 a.m. Ratcliff Stadium, Fresno City College.

-Saturday, April 4. Hampton-Phillips Track Classic. 9:00 a.m. Silver Creek High School, San Jose. Contact Bob Poynter.

-Saturday, April 25. Vallejo Invitational. Vallejo High School. Contact Mike Wilson.

-Saturday, April 25. Leigh-West Valley Relays. West Valley Community College, Saratoga. Contact Bill Hotchkiss, Leigh High School, San Jose.

-Friday, May 8. Sacramento Meet of Champions. 5:00 p.m. Sacramento.

-Saturday, June 13. Golden West Invitational. Sacramento.

If you would like your meet listed, please send information to Keith Conning, 2235 Browning Street, Berkeley, CA 94702.

## ■ Track Results

### All-Comers Meet

U.C. Berkeley, January 11, 1992

#### Boys

55 (Combined heats)--1. Mike Sanders (Castlemont), Frank Madu (McAteer), and Tim Leung (Berkeley) 6.6.  
200--1. Andre Shelton (Encinal) 23.3. 2. Rodney Joiner (Castlemont) 23.4. 3. Jason Williams (Castlemont) 23.5.  
400--1. Rodney Joiner (Castlemont) 53.3. 2. Darrel Sanders (Castlemont) 60.4. 3. Uyen Tai Nguyen (Castlemont) 64.8.  
800--1. Eddie Barragan (Vallejo) 2:10.0. 2. Paul Stuckey (Castlemont) 2:15.9. 3. Joe Blandino (Westmoor) 2:18.0.  
1500--1. David Benedetto (Berkeley) 4:31.2. 2. Michael Blair (Justin-Siena) 4:45.1. 3. Abel Becerra (Logan) 4:53.2.  
55HH--1. Tracey DiVita (Napa) 7.7. 2. Chris Redmond (Vallejo) 7.8. 3. Fred Nethercott 8.0.  
300IH--1. Fred Nethercott 43.6. 2. Mike Garcia (Westmoor) 49.5. 3. Adrian Lucero (Westmoor) 51.2.  
400R--1. Castlemont 44.3. 2. Encinal 44.7. 3. Oakland Tech 44.7.  
HJ--1. Gonsolin (Solano) 6-4. 2. Carter (Westmoor) 6-0. 3. Negri (Justin-Siena) 5-10.  
PV--Sean Brown (Terra Linda) 14-0.  
LJ--1. Tracey Di Vita (Napa) 6.16 (20-2 1/2). 2. Ryan Morgan (Castlemont) 5.95 (19-6 1/4). 3. Jimmie Johnson (Tennyson) 5.66 (18-7).  
TJ--1. Melvin Simmons (Westmoor) 13.20 (43-3 3/4). 2. Jason Hatch (Westmoor) 12.35 (40-6 1/4). 3. Ryan Morgan (Westmoor) 12.00 (39-4 1/2).  
SP--1. Brian Pina (Logan) 46-3 1/4. 2. Frank Aguirre (Justin-Siena) 41-6. 3. Jabari Norton (Bishop O'Dowd) 37-8.  
DT--1. Jabari Norton (Bishop O'Dowd) 38.84 (127-5). 2. Bryan Moscardini (Westmoor) 29.78 (97-8). 3. Ben Green (Westmoor) 27.64 (90-8).  
JT--1. Steve Frank (Napa) 50.12 (164-5). 2. Frank Aguirre (Justin-Siena) 38.00 (124-8).

#### Girls

55--1. Jodie Bailey (St. Elizabeth) 7.3. 2. Shaline Brumfield 7.4. 3. Damstria Lockridge (Westmoor) 7.4.  
200 (combined heats)--1. Jodie Bailey (St. Elizabeth) 26.5. 2. Shaline Brumfield, Tanya Jackson (Skyline), and Smoke Wallace (Skyline) 26.6.  
400--1. LaShundra Crummie (Dr. King TC) 59.0. 2. Angela Harris (Skyline) 60.2. 3. Malica Freeman (Skyline) 61.8.  
800--1. Tamisha Johnson (Dr. King TC) 3:07.2.  
1500--1. Belinda Williams 5:32.5. 2. Dorothy Yee (Westmoor) 5:53.2. 3. Gielanie Crisostomo (Westmoor) 6:04.5.  
55H--1. Tanya Lazar-Lea (Vallejo) 8.7. 2. Denise Castaneda (Westmoor) 11.1. 3. Angela Blout (Dr. King TC) 12.6.  
400R--1. Skyline A 49.2. 2. Skyline B 49.6. 3. Dr. King 51.6.  
LJ--1. Felix Esmilla 5.21 (17-1 1/4).  
SP--1. Sarita Ellison (Hogan) 32-7 1/4. 2. Jeannie Tofu (Hogan) 26- 3 1/4.  
DT--1. Sarita Ellison (Hogan) 23.26.

continued next page...



### **All-Comers Meet**

**U.C. Berkeley, January 18, 1992**

#### **Boys**

55--1. Michael Sanders (Castlemont) 6.6, 2. T.J. Johnson (Vallejo) 6.6, 3. Chris Redmond (Vallejo) 6.7.  
 200--1. Rodney Joiner (Castlemont) 23.7, 2. Dan Stephens 24.0, 3. Jason Williams (Castlemont) 24.1.  
 400 (combined heats)--1. Rodney Joiner (Castlemont) 51.2, 2. Michael Davis 51.6, 3. Erick Treuhaff 53.8.  
 800 (combined heats)--1. David Benedetto (Berkeley) 2:00.5, 2. Adam Herndon 2:02.8, 3. Nick Collins (Castlemont) 2:03.5.  
 1500--1. Charles Williams 4:29.7, 2. Robert McBlain (Vintage) 4:30.0, 3. Matt Van Damm (St. Mary's) 4:43.4.  
 3200--1. Tony Graves (Hogan) 13:00.3.  
 55HH--1. Tracey DiVita (Napa) 7.7, 2. Chris Redmond (Vallejo) 7.7, 3. Leonardo Tom (Jefferson) 8.9.  
 400R--Castlemont 44.2.  
 1600R--1. Castlemont 3:32.1, 2. Bishop O'Dowd 3:32.5.  
 HJ--Gonsolin (Solano) 6-2, 2. R. Cannon 6-0, 3. D. Darcy (St. Mary's) 5-10.  
 PV--Tracy Calkins (Tamalpais) 13-0.  
 LJ--1. Tracy DiVita (Napa) 21-2 1/2, 2. Robert Curry (Logan) 20-2 1/4, 3. Ryan Morgan (Castlemont) 19-11 1/2.  
 TJ--1. Ryan Morgan (Castlemont) 12.99 (42-7 1/2), 2. Tom Durante (Justin-Siena) 10.71 (35-1 3/4).  
 SP--1. Brian Pina (Logan) 47-1, 2. Kevin Kimball (Logan) 34-0 1/4.  
 DT--Jabari Norton (Bishop O'Dowd) 40.42 (132-7).  
 JT--Steve Frank (Napa) 52.38 (171-10).

#### **Girls**

55 (combined heats)--1. Lesa Parker (Bishop O'Dowd) 7.0, 2. Charlene Baldwin (Logan) 7.5, 3. Kelli White (Logan) 7.5.  
 200--1. Kelli White (Logan) 27.1, 2. Sarah-Tyah Wilson (Berkeley) 28.1, 3. Tanisha Johnson 29.6.  
 400--1. Monique Dale (Logan) 61.6, 2. Bisa Grant (Bishop O'Dowd) 61.7, 3. Tanya Lazar-Lea (Vallejo) 63.4.  
 800 (combined heats)--1. Elena Martysch (Berkeley) 2:36.1, 2. Maya Greene (Bishop O'Dowd) 2:41.3, 3. Crystal Miles Threatt 2:42.4.  
 1500--1. Leslie Asbury (Napa) 5:51.4.  
 55HH--1. Tanya Lazar-Lea (Vallejo) 8.8, 2. Esker-D Ligon 9.7.  
 400R--Vallejo 53.8.  
 1600R--1. Bishop O'Dowd/Logan 4:06.2, 2. Dr. King T.C. (Crummie 56.9) 4:13.9.

### **Pole Vault Clinic**

**Reno, Nevada, January 18, 1992**

PV--Sean Brown (Terra Linda) 15-4

### **All-Comers Meet**

**U.C. Berkeley, January 25, 1992**

#### **Boys**

55--Michael Sanders (Castlemont) 6.5.  
 200--Michael Sanders (Castlemont) 22.6.  
 400--Wilson 51.0.  
 1500--Greg Kogut 4:25.9.  
 3200--Jesse Russell (FB) 10:35.2.  
 400R--Castlemont 44.1.  
 1600R--Hogan 3:35.6.  
 55HH--Tracey DiVita (Napa) 7.6.  
 HJ--Davidson (California) 6-4.  
 PV--1. Travis Calkins (Tamalpais) 13-0, 2. Luis Lino (Liberty) 13-0.  
 LJ--Tracy DiVita (Napa) 21-7 1/4.  
 SP--Brian Pina (Logan) 14.56 (47-9 1/4).  
 DT--Jabari Norton (Bishop O'Dowd) 36.68 (120-4).  
 JT--Frank Aguirre (Justin Siena) 39.18 (128-6).

#### **Girls**

200--Bisa Grant (Bishop O'Dowd) 26.6.

400--Bisa Grant (Bishop O'Dowd) 61.9.  
 800--Andrea Comer (Unattached) 2:29.9  
 1500--Diana Harlick (Mills) 4:54.3.

### **All-Comers Meet**

**Edwards Stadium, Berkeley, February 1, 1992**

#### **Boys**

55 (combined heats)--1. Tracey DiVita (Napa) 6.6, 2. David Benedetto (Berkeley) 6.7, 3. Mack Porter and Tim Leung (Berkeley) 6.8.  
 200--1. David Benedetto (Berkeley) 23.9, 2. Jason Williams (Castlemont) 23.9, 3. Mack Porter 24.1.  
 400--1. Cary McAlister 52.5, 2. Olson 54.0, 3. Lonnie Daniels 54.8.

800 (combined heats)--1. Paul Ward (Acalanes) 2:03.4, 2. Joe Kerbleski (St. Ignatius) 2:06.7, 3. Robert McBlair (Vintage) 2:13.6.

1500--1. Eric Hyde (Amador Valley) 4:16.3, 2. Robert McBlair (Vintage) 4:16.7, 3. Jason Kroh 4:30.6.  
 55HH--1. Tracey DiVita (Napa) 7.7, 2. David Shaw (St. Ignatius) 8.1, 3. Fred Nethercott 8.3.  
 300H--1. Jason Jones (Castlemont) 43.6, 2. Andre Carter (Westmoor) 45.7.  
 HJ--1. Harvey (Nevada Union) 6-6, 2. Gonsolin (Sonoma) 6-4, 3. Negri (Justin-Siena) 6-0.  
 PV--1. Sean Brown (Terra Linda) 15-0, 2. La Coste (Nevada Union) 13-0, 3. Shon (Hillsdale) 12-6.  
 LJ--1. Tracey DiVita (Napa) 6.51 (21-4 1/4), 2. Jason Hatch (Westmoor) 6.28 (20-7 1/4), 3. Jimmy Miller (St. Ignatius) 6.00 (20-0 1/2).

## **TAC/USA JUNIOR TRACK & FIELD CHAMPIONSHIPS**

*By Doug Speck*

A highlight of the spring and summer Track & Field season for young athletes born 1973 or later will be the U.S. Junior National Championships July 4-5 in Columbus, Ohio at The Ohio State University. This Meet will bring together the finest young athletes in the country and serve as the qualifying competition for the Fourth World Junior Track & Field Championships, in Seoul, South Korea, September 16-20. Also planned for the U.S. Junior team for the summer is an International Competition in Kamloops, Canada on August 8th and 9th.

The U.S. Junior Championship Meet is the only end of season competition for high school athletes that can lead on to valuable international experience as the member of a U.S. Junior National Team.

The U.S. Junior Championship competition is a highlight of the season for the top high school athletes in the nation. The 1991 Junior Championship Meet in Blaine, Minnesota, was headlined by both the Male and Female *Track and Field News* High School Athletes of the Year, Sprinter/Hurdler Bryan Bronson from Texas, and sprinter Marion Jones from California.

Four National High School Records have been set in the last three years in the U.S. TAC Junior National Championships or by members of the U.S. Junior National team

chosen from that competition during summer international meets. Joining Athlete of the Year Marion Jones on the Girls side at Blaine were fellow California prep stars Triple Jumper Juliana Yendork, and middle distance runners Nicole Teter and Becky Spies. The above mentioned athletes were members of the U.S. Junior National team in summer meets, picking up invaluable international experience. The presence at the U.S. Junior Nationals of these top male and female stars shows the importance of that competition in the seasonal plan of top prep athletes. Of the one hundred high schoolers accorded All-American status by *Track & Field News* for 1991, sixty-five competed in the 1991 National Junior Championships in Blaine, Minnesota. Over half of the U.S. Junior National team selected from last year's U.S. Junior National Championship Meet was of High School age. Most College coaches follow the Junior Championships to discover future recruits.

More information on the 1992 United States Junior Track & Field Championships can be secured by contacting the Meet Management. U.S. Junior National Championships, Columbus Recreation and Parks Department, 90 W. Broad Street, Columbus, OH 43215-4184. Phone (614) 645-8432.



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tius) 5.64 (18-6).

TJ--1. Jason Hatch (Westmoor) 12.80 (42-0). 2. Brian Negri (Justin-Siena) 12.20 (40-0 1/2). 3. Thomas Seto (St. Ignatius) 11.97 (39-3 1/4).

SP--1. Jason Dossey (St. Ignatius) 15.91 (52-2 1/2). 2. Ivan Zasimczuk (St. Ignatius) 15.19 (49-10). 3. Chris Clark (St. Mary's) 13.53 (44-4 3/4).

DT--1. Ivan Zasimczuk (St. Ignatius) 49.18 (161-4). 2. Jason Dossey (St. Ignatius) 44.70 (146-8). 3. Mike Jackson (St. Ignatius) 44.10 (144-8).

JT--1. Steve Frank (Napa) 52.84 (173-4). 2. Frank Aguirre (Justin-Siena) 40.10 (131-7).

## Girls

55 (combined heats)--1. Lesa Parker (Bishop O'Dowd) 7.1. 2. Sommer Washington (St. Ignatius) and Davieta Shepard (Berkeley East Bay TC) 7.5.

200--1. Lesa Parker (Bishop O'Dowd) 25.1.

400--1. Tanya Lazar-Lea (Vallejo) 1:02.7. 2. Elena Martysch (Berkeley) 1:05.4. 3. Kathy Morse (Mills) 1:05.7.

800 (combined heats)--1. Ann Baldelli (St. Ignatius) 2:32.1. 2. Jessica McCool 2:34.6. 3. Erin Bellamy (Moreau) 2:35.0.

1500--1. Belinda Williams (Washington, Fremont) 5:14.3. 2. Alisha Lopez (El Cerrito) 5:26.9. 3. Alicia Stanfill (St. Ignatius) 5:49.4.

55H--1. Tanya Lazar-Lea (Vallejo) 8.5. 2. Scarlett Dalglish (Justin-Siena) 9.5. 3. Karyn Cyr (Westmoor) 10.3.

400R--St. Ignatius 54.6.

1600R--St. Ignatius 4:38.6.

HJ--1. Tanya Lazar-Lea (Vallejo) 5-4. 2. Munoz (Vallejo) 4-10.

LJ--1. Julie Jenkins (San Ramon) 4.66 (15-3 1/2). 2. Nicole Dobroski (St. Ignatius) 4.57 (15-0). 3. Carol Trauner 4.55 (14-11).

TJ--1. Scarlett Dalglish (Justin-Siena) 9.89 (32-5 1/2).

## All-Comers Meet

Edwards Stadium, Berkeley. February 8, 1992

### Boys

200--Greg Turner 22.3.

800--Nick Collins (Castlemont) 2:01.7.

1500--Mark McManus (St. Ignatius) 4:20.7.

3200--Brad Glosser (St. Ignatius) 10:01.1.

55HH--David Swan (St. Ignatius) 8.5.

300IH--Jason Jones (Castlemont) 44.9.

400R--Logan 44.6.

1600R--St. Mary's 3:48.1.

HJ--Brian Negri (Justin-Siena) and Gonsolin (Solano) 6-2.

LJ--Adkins 21-9 1/4.

SP--Jason Dossey (St. Ignatius) 51-1 1/2.

DT--Ivan Zasimczuk (St. Ignatius) 48.58 (159-4).

JT--Steve Frank (Napa) 48.20 (158-2).

### Girls

55--Tanya Jackson (Skyline) 7.4.

200--Tanya Jackson (Skyline) 26.3.

800--Alisha Lopez (El Cerrito) 2:29.9.

1500--Ann Baldelli (St. Ignatius) 5:14.0.

3200--Diana Harlick (Mills) 11:28.9.

55H--Tanya Lazar-Lea (Vallejo) 8.9.

400R--Acorn TC 48.8.

1600--Acorn TC 4:05.5.

HJ--Julie Jenkins (San Ramon) 5-2.

LJ--Ferguson (Washington, SF) 18-6.

## 1992 U.S. JUNIOR OUTDOOR CHAMPIONSHIP QUALIFYING STANDARDS

### MEN

	Automatic/Hand
100m	10.64/10.4
100y	9.74/9.5
200m	21.44/21.2
220y	21.54/21.3
400m	47.84/47.7
440y	48.14/48.0
800m	1:52.70/1:52.7
880y	1:53.10/1:53.1
1500m	3:52.80/3:52.8
1600m	4:11.00/4:11.0
1 Mile	4:12.60/4:12.6
3000m SC	9:15.00/9:15.0
2000m SC	6:15.00/6:15.0
5000m	14:45.00/14:45.0
3000m	8:29.50/8:29.5
	Automatic/Hand
3200m	9:05.20/9:05.2
2 Mile	9:08.20/9:08.2
3 Mile	14:15.00/14:15.0
10,000m	32:00.00/32:00.0
6 Mile	30:57.00/30:57.0
110m H (42")	14.50/14.3
120y H (39")	14.14/13.9
400m H (36")	53.94/53.8
440y H (36")	54.20/54.0
400m H (30")	53.74/53.6
440y H (30")	53.94/53.8
300m H (36")	37.44/37.3
300m H (30")	36.94/36.8
330y H (36")	37.64/37.5
330y H (30")	37.14/36.9
	Automatic/Hand
5K Walk	25:28.00/25:28.0
10K Walk	55:15.00/55:15.0
	Metric/English
High Jump	2.11/6-11
Pole Vault	4.75/15-7
Long Jump	7.28/23-10.5
Triple Jump	14.82/48-7.75
Shot (16#)	15.71/51-6.5
Shot (12#)	18.33/60-1.75

Discus (2K)	47.24/155-0
Discus (HS)	54.72/179-6
Hammer (16#)	42.68/140-0
Hammer (12#)	48.78/160-0
Javelin (NEW)	59.44/195-0
Javelin (OLD)	62.64/205-6
Decathlon	5950 (Int'l) 6250 (HS)

### WOMEN

	Automatic/Hand
100m	12.04/11.8
100y	11.04/10.8
200m	24.64/24.4
220y	24.74/24.5
400m	55.94/55.8
440y	56.24/56.1
800m	2:14.64/2:14.5
880y	2:15.64/2:15.5
1500m	4:45.14/4:45.0
1600m	5:03.94/5:03.8
	Automatic/Hand
1 Mile	5:05.14/5:05.0
3000m	10:22.14/10:22.0
3200	11:02.14/11:02.0
2 Mile	11:07.14/11:07.0
5000m	19:00.14/19:00.0
10,000 M	45:00.14/45:00.0
100m H (33")	14.64/14.4
100m H (30")	14.34/14.1
300m H (30")	44.74/44.6
400m H (30")	63.14/63.0
	Automatic/Hand
3K Walk	16:00.14/16:00.0
5K Walk	28:30.14/28:30.0
10K Walk	58:00.14/58:00.0
	Metric/English
High Jump	1.73/5-8.0
Long Jump	5.72/18-9.25
Triple Jump	11.60/38-0.75
Shot (4K)	12.80/42-0
Discus	42.80/140-5
Javelin	39.02/128-00
Heptathlon	4200 (FAT)

### Qualifying Guidelines:

1. Qualifying marks must be made in 1) TAC sanctioned meets, 2) collegiate meets, or 3) high school meets, except dual and triangular meets.
2. Junior Qualifying standards must be met from May 1, 1991 through June 28, 1992.
3. Junior multi-event marks must be made from January 1, 1991 through June 28, 1992.
4. Indoor marks made after December 1, 1991 are acceptable for entry into the Junior Championships
5. A three percent (3%) altitude allowance will be permitted on track events of 1500 meters and longer conducted above 4000 feet.
6. Standards for events of 3000 meters and longer must be met on standard tracks, not on road courses.
7. If fully automatic and manual times are both recorded, only FAT can be submitted. Times submitted in hundredths of seconds must be FAT.
8. 1500-meter, 1600-meter, one mile, 3000-meter, 3200-meter, and two mile qualifying times also qualify for the 5000 meters and 10,000 meters for both men and women and the 3000 meter steeplechase for men.



# Digital Quartz Printing Stopwatch S129

## DISPLAY AND BUTTON/SWITCH OPERATION

**Paper advance switch:**  
With each press of the switch, one line is advanced. The paper is advanced continuously by keeping the switch pressed.

**Print mode selection switch:**  
Split time and lap time are printed out.  
 • Upper position: SPLIT  
 • Lower position: LAP  
 Split time is printed out. SPLIT

**Readout selection button:**  
With each press of the button, the measurement is displayed in 1/100 seconds and one second alternately.

**Mode selection button:**  
1 Stopwatch mode  
2 Auto start setting mode  
3 Time/calendar mode

**Roll paper cover:**  
Set the roll paper inside the cover.

**Power switch for printer**

**Grip switch selector:**  
When the grip switch is used.  
 • Upper position  
 • Lower position  
 When the grip switch is not used.

**Lock lever:** The lever locks button A.

	Stopwatch mode	Auto start set and Time/Calendar mode
Button A	Start/stop	Digit set
Button B	Split/lap reset	Selection of digits to be advanced

**Memory recall button:**  
With each press of the button, the times stored in the memory can be recalled.

**External data output jack**

**Grip Switch Jack:**  
The jack connects the grip switch with the stopwatch.

**Auto Start Jack:**  
The jack is used for transferring the auto start time.

# SEIKO S129

**\$279.00**

+ Tax and \$3 shipping

PAPER: \$4.50 / 5 roll box

## System Printer

The following data is printed permanently on tape:

1. Year, Month, Date and Time are automatically printed
2. Print Select: either Split (cumulative) or Split/Lap (cumulative and lap times)
3. Places: printed to "99," then start again at "0"
4. Printed Data: printed out immediately as measured or printed later from the memory function of the stopwatch.

### SAMPLES OF PRINTER TAPE SHOWING SPLIT AND SPLIT/LAP

1989 3 28

START 17:06

SPLIT

1-0:00'19 13

2-0:00'20 41

3-0:00'21 69

4-0:00'23 14

5-0:00'24 60

6-0:00'26 11

7-0:00'27 58

8-0:00'29 21

9-0:00'33 78

10-0:00'37 18

1989 3 28

START 17:07

SPLIT / LAP

1-0:00'07 06

0:00'07 06

2-0:00'09 03

0:00'01 97

3-0:00'11 11

0:00'02 08

4-0:00'13 15

0:00'02 04

## Applications

The Seiko Digital Quartz Printing Stopwatch is a multipurpose hand-held timing system that provides a printed record of all time measurements — even rapid successive times. It is used for a variety of timing and training applications in sports, recreation and fitness activities, and for industrial work time samples and laboratory testing.

## Specifications

### Time Base and Accuracy:

Quartz oscillator,  $\pm 0.5$  seconds (24 hours/70°F)

### Printout:

9 hours, 59 minutes, 59.99 seconds maximum, then repeats. Prints 300 to 600 lines per roll depending on print selection.

**Time Measurement:** 1/100 of a second

### LCD Stopwatch Display:

6 digits Split/Lap Time, 7 digits Running Time, 2 digits show Place or Lap Number.

### Modes:

Split Time and Split/Lap Time, time of day and calendar.

### Temperature:

Accuracy guaranteed ranges 23°F to 104°F; operational ranges 5°F to 131°F.

### Dimensions:

3.25" W x 8" L x 1" D

**Weight:** 12 ounces with batteries, paper and cord

### Batteries:

Stopwatch: 1 Lithium battery, SB-T 51 (3-year maximum life).

Printer: 4 AA size alkaline batteries, Eveready E91, Ray-O-Vac 815, Duracell MN1500. Will print approx. 10,000 lines.

### Construction:

Cases are high impact plastic with Hardlex stopwatch display crystal.

# JACK'S ATHLETIC SUPPLY

P.O. Box 459, San Carlos, CA 94070 • (415) 595-2249



**PREP NOTES**

# Sunkist Indoor Meet -- High School

By Doug Speck

With some added funding from the Amateur Athletic Foundation, the group that has the profits from the 1984 Olympics, Al Franken and the long-time Sunkist sponsors decided to move the thirty-two year old affair from its traditional mid-January meet date to the old L.A. Times weekend in mid-February and run a Saturday afternoon and evening competition. The plan was to increase the participation in the prep portion of the meet, and still have the high quality of the Invitational Olympic-level meet in the evening. The move was a real hit! Attendance was 12,442, with a day of great action for all in the sport. It was long for those there from the opening gun, but the teenage athletes never let you down on the track. With the best gathered from around California and assorted other states, there were a series of stunning performances, with the preps sitting back later in the evening to watch Sergey Bubka, Jackie Joyner-Kersey, and crew do their thing.

A series of great prep field event performances on the infield highlighted action in that portion of the meet. A strong Pole Vault field was led by the nation's top returnee, Wayne Guidry (Orangefield, Tx), with a 16-7 from last year outdoors. All of California's best were along, with Travis Caulkins (Tampabay, Mill Valley) and Brad Hecox (South Hills, West Covina) prying and joining Guidry and Louisiana vaulter Robbie Menard through 14-6. Guidry was having towering clearances, but early on was frustratingly tipping the bar off as he fell towards the pit. Wayne got it all straightened out with a big 16-3 clearance, with the bar placed at a Meet Record and personal best 16-8, with the very powerful looking Texan sailing over. Wayne has talent the equal of any prep vaulter seen in our parts. Two High Jump athletes who had the luxury of a nice long, uninterrupted right side run up for their flopping starred in that area. Brian Davidson (California, San Ramon), the North Coast Section Champion at 6-8, cleared that height here along with Griff Childers of Woodland. At 6-10 Davidson surprised with a nice clearance, with Childers not able to move on up. Even more shocking was Davidson's big (2-3" at the hips) move over 6-11, the best

jump in recent years here.

In the Girls event, Amber Roberts (Muir, Pasadena), Danielle Boswell (Bullard, Fresno), and Julie Jenkins (San Ramon, Danville) were over 5-6, with Jenkins a clean slate with no misses. With the bar moved to 5-8 Jenkins equalled her personal best with a second attempt clearance. The San Ramon hurdler/jumper wasted no time, moving to 5-10. The slight (she cannot be over 5-4 tall) Jenkins there was equally as surprising, snaking over the bar for the best jump in the nation among preps this winter.

The Boys Triple Jump was headlined by the nation's top jumper, Offord Rollins (Wasco), whose 51-4 3/4 wind-aided jump to take the State Meet is the best returning leap in the nation. Here, it was par for the course, with Rollins dominating the field through the final round with a 48-6 1/4 nation-leading effort. Cary Taylor (Morse, San Diego), a late entrant in the event, was jumping after Rollins in the order, with the San Diego Football/Basketball player amazing with a 49-8 1/2 effort to take the competition. It was a shame Rollins did not have a chance to respond.

Sheena Ferguson (Washington, San Francisco), who Long Jumped out over 19 feet in last summer's age-group national competition, was the winner here over a good field. Sheena was 18-8 1/4, with 19-footer Nicole Haynes (Bishop Montgomery, Torrance) next at 18-0. Amy Littlepage of the jumping Mt. Miguel crew (the Spring Valley school has had the best group of triple jumpers in the nation over the last half-dozen years), took the three-leap event at 37-11. Eugene Dreher (Antelope Valley, Lancaster) took the Boys Long Jump at 23-1 3/4.

Some top distance fields were gathered for the Prep Meet. Footlocker sponsored a National Boys High School Mile Championship, with impressive Kinney National Cross Country champion Corey Ihmels (Williston, North Dakota) joined by Somalians Jama Bile and Ibrahim Aden (Fork Union Military, Virginia) in meeting a top California group. The group lacked an early pace-setter, with a dawdling 67 second opening 440. After that point T.J. Reyes (Lakewood) forced things, with the 1320 point coming up in 3:19.2. Aden and Bile pushed things along with Reyes from that

point, with stars such as 4:10 1600m runner Todd Tressler (San Marcos, Santa Barbara) and 9:01 3200m runner Angel Martinez (San Gabriel) not a part of the front-end action. Aden won the last lap sprint to the tape, recording a 4:18.7 off a 59.5 final quarter mile. Goss Lindsey (Peninsula, Rolling Hills Estates), a young man who is a super runner despite congenital bone density problems that keeps him in the pool and on a bike for most workouts, raced 4:18.9 in one heat of the Rated Mile to dominate Jeff Arnold (York, Monterey) (4:23.0) and the pack, with teammate Brian Steip (Peninsula) taking the other race at 4:28.0. In the Two Mile a good group cruised through a 4:50 first mile. Kinney Western Regional Champion Margarito Casillas (Hoover, Glendale) had an hour earlier run a good 4x880 leg, with the strong junior getting his distance legs under himself after a mile in the longer race. Steadily moving through the pack and eventually away from the field, Casillas raced his final mile well under 4:35 on the way to a 9:26.6 win.

A great Boys 880 race let no one down. A flock in the field had bests of under 1:55.0, with 1:52.72 performer Bryan Woodward (Long Beach Poly) off a good cross-country season and Mike Katrti (Fortuna), State Division IV Cross Country Champion having run a 4:19.1 indoor mile in Portland two weekends previous. Super soph, Vondre Armour (Bakersfield) set the pace through a 57 second opening 440, where a strong-looking Woodward took the lead. While Katrti made a determined run during the final lap he could not get past the Poly star, with Woodward winning an exciting run 1:56.1-1:56.2. Down the road the state will have a fast race or two in the 800 this spring!

Some great running graced the Girls distance events here. Maria Mutola, the 1:57.63 800m star from Mozambique of High School age attending Springfield HS in Oregon, ran in the Open 880 yard event in the evening. After suffering tactically in a loss in the New York Millrose Games a week previous Mutola took it right out here, racing 61.1 for the opening 440, coming by the 600 meters in the #3 prep time ever run (1:31.3), and moving on to the #2 prep 880 ever run at 2:03.92. Only Mary Decker's 2:02.4 prep indoor national

continued next page...



# California Track and Cross Country Coaches Alliance

## PREP NOTES

record is faster.

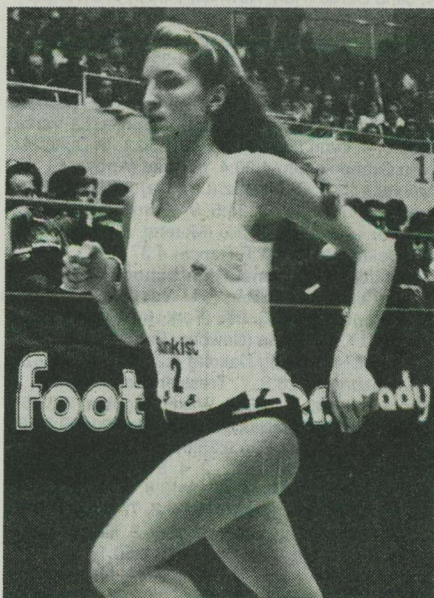
A Nike Seeded One Mile run had Nikki Shaw (Fillmore), the nation's best prep middle distance runner (4:49.01 1600m and 2:09.19 800m) race away from a strong group through a 71 second opening 440. The pert Fillmore lass could only push herself from that point in, with a 76 second final 440 after a 3:47 1320 resulting in a good 5:03.4 win. Carrie Garritson (Sunny Hills, Fullerton) utilized the same tactic over two miles, taking the Asics sponsored event with no company after the first couple of laps. Garritson's mitety-mite body hugged the indoor corners nicely, with the Sunny Hills star recording a 10:45.7 with Maribella Aparicio (Fillmore) next at 11:00.1. Kamara Mayberry (St. Bernard, Playa del Rey) took the fastest 880 yard heat over a very good field at 2:19.9. In the 4 x 880 relays the Agoura Girls team of Laura Hayward (2:30.1), Allison Kaz (2:32.2), Kay Nekota (2:23.4), and Kristie Camp (2:23.7) raced a fine 9:49.4.

The complexion of State outdoor team Track titles begins to take a bit of shape here in the sprints and relay action.

On the Girls side, Morningside stayed away once again from the Open events, with hurdler Sanoma Nickson and Triple Jumper Shirena Harris the only Monarchs to venture outside a relay. The nation's top returning 4x100 group (45.90) blazed 1:14.3 in the 4x160 for the day's fastest, and had four legs of between 60.3 and 61.8 for a 4:03.7 4 x 440 that was the day's best by over ten seconds. Long Beach Poly has picked up the nation's top junior high sprinter in Andrea Anderson (12.04 and 24.44 last summer). Anderson was the winner in the 50 Meter event by a hair over Kanika Conwright (Dorsey) 6.61-6.61, with sister Chanell Anderson third at 6.68. The whole LB Poly group got together in the 8 x 160 event, blasting the old Meet Record of 2:33.0 set by Poly in 1990 in racing 2:30.1. That is two consecutive 1:15.0 4 x 160's (with a tenth added in), with Coach Charles Clinton of Poly appearing able to keep Morningside very honest along the way this spring. Skyline of Oakland is the most improved Girls HS program in the State, with a great looking group of sprinters racing 1:15.8 in a 4x160 win and 2:34.8 in a 4x160 rated race win.

On the Boys side it was the early favorite for the Boys State title, Mt. Pleasant (San Jose), against the best in the South. Mt. Pleasant, with sprinters Jarron Turner, Jayson Pennywell, hurdler Terry Fulton, and defending State 400m champion, transfer Rich-

ard Dupree is very strong. In a 4x160 race Coach Steve Nelson's San Jose crew looked sharp, blasting a 1:06.2. Muir (Pasadena) looked very impressive in a later heat 1:06.0 "fastest of day" win. Jarron Turner surprised a great group of sprinters gathered for the 50 meter event, narrowly edging 10.59 (100m) University of Nebraska bound star, Riley Washington (Southwest, San Diego) 5.92-5.93, with Glendale's Craig Harzman (injured much of last year) a surprising 4th at 5.94. To go along with its 4 x 160 success, Muir was really the most impressive Boys group of the day, blasting a 2:13.1 8 x 160 win that fea-



NIKKI SHAW

Photo by Bill Leung, Jr.

tured beautiful baton work, a rarity in this real "crash and bum" event, with a race rarely held without some spectacular spill. Sub 3:30 4 x 440 relay heat winners were Foothill (Santa Ana) 3:28.0, St. Mary's (Berkeley) 3:27.2, and Muir at 3:29.1. In the 500 yard event, top returning quarter milers, Shante Williams (Independence, San Jose) (59.3) and Derek Shepard (Lincoln, San Francisco) (59.8) were heat winners, with Aaron Taub (Foothill, Santa Ana) edging Erik Holcomb (Westlake, Westlake Village) 59.6-59.8. Tammara McLin (Eisenhower, Rialto) looked good in the Girls 500 Yard event, winning her race at 1:09.8.

(Girls) 50 meters: (H-1) 1. Conwright (Dorsey, L.A.) 6.67, 2. A. Anderson (Poly, Long Beach) 6.72, 3. Sims (Etiwanda) 6.74, 4. Tidwell (Dallas Christian, Tx) 6.85, 5. Frank (Oak Park) 6.89, 6. Dean

(Mission Viejo) 6.91 (H-2) 1. Henderson (Morse, San Diego) 6.67, 2. C. Anderson (Poly, Long Beach) 6.72, 3. Mitchell (Los Alamitos) 6.75, 4. Brooks (Pius X, Downey) 6.79, 5. Ellison (Mt. Pleasant, San Jose) 6.93, 6. Good (Torrance) 6.99 (Finals) 1. A. Anderson 6.61, 2. Conwright 6.61, 3. C. Anderson 6.68, 4. Sims 6.69.

500 Yards: (R-1) 1. Jones (San Marcos, Santa Barbara) 1:10.4, 2. Thomas (Moorpark) 1:14.1, (R-2) 1. McLin (Eisenhower, Rialto) 1:09.8, 2. McCamish (Torrance) 1:12.3, 3. Baldwin (Logan, Union City) 1:13.8, 4. Kerr (El Camino, Sacramento) 1:15.6.

880 Yards: (R-1) 1. Mayberry (St. Bernard, Playa del Rey) 2:19.9, 2. Engesser (Ocean View, Huntington Beach) 2:21.7, 3. Carr (Bonita, La Verne) 2:24.1, 4. Scott (Mt. Carmel, San Diego) 2:25.7, 5. Gillis (Irvine) 2:26.1, 6. Johnston (Central, Fresno) 2:28.0, 7. Dear (Crenshaw, L.A.) 2:28.9, 8. Buchanan (Mitty, San Jose) 2:31.4. (R-2) 1. Espinoza (Dana Hills) 2:27.4, 2. de la Cerdá (Hart, Newhall) 2:29.3, 3. Stewart (Locke, L.A.) 2:29.8, 4. Cooper (Dana Hills) 2:33.2.

One Mile (Nike Seeded): 1. Shaw (Fillmore) (71.0-2:27.0-3:45.9) 5:03.4, 2. Hsu (San Marino) 5:17.2, 3. Miller (North, Bakersfield) 5:18.2, 4. Horn (Santa Rosa) 5:18.7, 5. Dahlberg (El Modena, Orange) 5:19.5, 6. Snowbeck (University, L.A.) 5:29.2, 7. McNamara (Logan, Union City) 5:35.7, 8. Auer (1000 Oaks) 5:36.2, 9. Sumi (Wilson, Long Beach) 5:41.5. (Rated) (71.7-2:23.6-3:56.5) 1. Skiersz (Agoura) race one lap short, no time. 2) Lopez (Compton).

Asics Two Mile: 1. Garritson (Sunny Hills, Fullerton) 10:45.7 (10:01.6 3000 meters), 2. Aparicio (Fillmore) 11:00.1 (10:19.6 3000m), 3. Heidt (Canyon, Canyon Country) 11:25.3 (10:43.0 3000m), 4. Klein (Ketchikan, Alaska) 11:36.9, 5. Parkinson (Orange Lutheran) 11:41.3, 6. Eckburg (Santa Barbara) 11:42.9, 7. Brix (University, Irvine) 11:53.0, 8. Venables (Skyline, Oakland) 12:06.0.

50 Meter Hurdles: (Heat Results misplaced) (Finals) 1. Tolson (Fountain Valley) 7.51, 2. Nickson (Morningside, Inglewood) 7.59, 3. Bernard (Nogales, La Puente) 7.65, 4. Mays (Hawthorne) 7.96.

4 x 160: (R-1) 1. Muir 1:16.9, 2. Torrance 1:18.8, 3. Duarte 1:25.5. (R-2) 1. Morningside 1:14.3, 2. Pius X (Downey) 1:20.2, 3. Sonora (La Habra) 1:20.9. (R-3) 1. Hawthorne 1:17.9, 2. Rancho Cotate (Rohnert Park) 1:21.4, 3. Mt. Pleasant (San Jose) 1:21.8. (R-4) 1. Dorsey (L.A.) 1:17.4 (only finisher). (R-5) 1. Skyline (Oakland) 1:15.8, 2. Washington (L.A.) 1:21.8, 3. Redwood (Visalia) 1:23.0, 4. Thousand Oaks 1:23.4.

4 x 440: (R-1) 1. Morningside (Inglewood) (61.0-60.3-60.9-61.8) 4:03.7, 2. St. Bernard (Playa del Rey) 4:14.3, 3. San Marcos (Santa Barbara) 4:17.0. (R-2) 1. Muir (Pasadena) 4:17.3, 2. University (L.A.) 4:25.0, 3. Los Gatos 4:27.0, 4. Mission Viejo 4:27.2, 5. Palmdale 4:29.9, 6. Redwood (Visalia) 4:32.0. (R-3) 1. Hawthorne 4:14.5, 2. Upland 4:20.9, 3. Torrance 4:34.5.

8 x 160: (Seeded) 1. Poly (Long Beach) 2:30.4 (Meet Record), 2. Lynwood 2:39.1, 3. Mission Viejo 2:39.6, 4. Upland 2:43.6. (Rated) (R-1) 1. Skyline (Oakland) 2:34.8, 2. Wilson (Long Beach) 2:41.7, 3. Palmdale 2:44.5, 4. Santa Ana Valley 2:48.3. (R-2) 1. Alta Loma 2:47.3, 2. Burroughs (Burbank) 2:49.3, 3. Yucaipa 2:49.9, 4. Pomona 2:51.8.

4 x 880: (R-1) 1. Agoura (Hayward 2:30.1-Kaz 2:32.2-Nekota 2:23.4- Camp 2:23.7) 9:49.4, 2. Wilson (Long Beach) 10:01.6, 3. Upland 10:02.6, 4.

continued next page...



# PREP NOTES

Simi Valley 10:07.9, 5. Los Gatos 10:18.7, 6. Peninsula (Rolling Hills Estates) 10:26.6, 7. Canyon (Canyon Country) 10:29.4, 8. El Modena (Orange) 10:30.6, 9. San Pedro 10:35.9. (R-2) 1. Belmont 10:26.4, 2. El Capitan (Lakeside) 10:28.5, 3. Costa Mesa 10:30.6, 4. Corona del Mar 10:34.9, 5. Channel Islands (Oxnard) 10:38.1. (R-3) 1. El Toro 10:22.3, 2. Elsinore (Lake Elsinore) 10:27.9.

HJ:1. Jenkins (San Ramon, Danville) 5-10, 2. Boswell (Bullard, Fresno) 5-6, 2. Roberts (Muir, Pasadena) 5-6, 4. Morrison (Laguna Hills) 5-4, 5. Lazar-Lea (Vallejo) 5-2, 6. Hoagland (Canyon, Anaheim) 5-2, 7. Ulrich (North, Bakersfield) 5-2, 8. Broughton (Irvine) 5-2, 9. Brown (Woodbridge, Irvine) 5-2.

LJ:1. Ferguson (Washington, San Francisco) 18-8 1/4, 2. Haynes (Bishop Montgomery, Torrance) 18-0, 3. Sterlin (Mission Viejo) 17-9 3/4, 4. Warner (West Bakersfield) 17-9, 5. Littlepage (Mt. Miguel, Spring Valley) 17-8, 6. Renton (Downey, Modesto) 17-4 1/2, 7. Dolphin (Santa Monica) 17-1, 8. Simpson (Poly, Long Beach) 16-6 1/2.

TJ:1. Littlepage (Mt. Miguel, Spring Valley) 37-11, 2. Harris (Morningside, Inglewood) 37-5 3/4, 3. Lang (Centennial, Compton) 36-9 1/4, 4. Sherwood (Watsonville) 36-6 1/2, 5. Renton (Downey, Modesto) 36-5 1/2, 6. Montgomery (Clovis West, Fresno) 34-5, 7. Clinger (Orange Glen, Escondido) 34-2, 8. Ladzedko (Kennedy, Granada Hills) 34-0 3/4.

## Boys

**50 Meters:** (Football 50m) 1. Evans (Vallejo) 6.10, 2. Barnes (Alta Loma) 6.15, 3. Sanders (Castlemont, Oakland) 6.15, 4. Mahone (Marina, Huntington Beach) 6.20, 5. Hill (Carson) 6.30.

**50 Meters:** (H-1) 1. Bradley (Pius X, Downey) 6.03, 2. Lewis (Wilcox, Santa Clara) 6.04, 3. Agoulu (Harvard-Westlake, North Hollywood) 6.10, 4. Barnum (Alemany, Mission Hills) 6.20, 5. Halburton (Rubidoux, Riverside) 6.20, 6. Serpas (Birmingham, Van Nuys) 6.20. (H-2) 1. Washington (Southwest, San Diego) 5.92, 2. Harzman (Glendale) 5.92, 3. Turner (Mt. Pleasant, San Jose) 5.94, 4. Jackson (Dominguez, Compton) 6.11, 5. Abdelkerim (Birmingham, Van Nuys) 6.22, 6. Levi (Chino) 6.28, (H-3) 1. Jackson (San Geronio, San Bernardino) 5.99, 2. Hammond (Lincoln, San Diego) 6.01, 3. Booker (Wilson, Long Beach) 6.06, 4. Baker (Pt. Loma, San Diego) 6.09, 5. Madu (McAteer, San Francisco) 6.19, 6. Presbury (Loara, Anaheim) 6.27. (H-4) 1. Horn (Washington, L.A.) 6.07, 2. Hadnot (Centennial, Compton) 6.07, 3. Pennywell (Mt. Pleasant, San Jose) 6.08, 4. Tyler (Millikan, Long Beach) 6.10, 5. Hunt (Lompoc) 6.10, 6. Ayers (St. John Bosco, Bellflower) 6.40. (Finals) 1. Turner 5.92, 2. Washington 5.93, 3. Harzman 5.94, 4. Jackson 5.94, 5. Bradley 5.96, 6. Horn 6.14.

**500 Yards:** (R-1) 1. Williams (Independence, San Jose) 59.3, 2. Nelson (Wilson, Long Beach) 60.0, 3. Brown (Serra, San Diego) 62.6, 4. Moguel (Birmingham, Van Nuys) 66.0. (R-2) 1. Sullivan (St. Mary's, Berkeley) 61.2, 2. Brown (Eisenhower, Rialto) 61.6, 3. Crane (Dana Hills) 61.7, 4. Burks (Lompoc) 63.4. (R-3) 1. A. Taub (Foothill, Santa Ana) 59.6, 2. Holcomb (Westlake, Westlake Village) 59.8. (R-4) 1. Shepard (Lincoln, San Francisco) 59.8, 2. Wilson (St. Mary's, Berkeley) 60.3, 3. Coleman (Locke, L.A.) 61.7, 4. Wutrich (Wilson, Long Beach) 63.0, 5. Welde (Crescenta Valley, La Crescenta) 64.0.

**880:** (R-1) 1. Woodward (Poly, Long Beach) 1:56.1, 2. Katri (Fortuna) 1:56.2, 3. Wilkinson (Mad-

era) 1:59.4, 4. Armour (Bakersfield) 2:03.1, 5. Heaney (Hanover, NH) 2:03.9, 6. Robeson (Mt. Carmel, San Diego) 2:05.4. (R-2) 1. Carvelli (Santa Teresa soph, San Jose) 1:59.6, 2. Gaston (Newman, Santa Rosa) 2:00.1, 3. Woods (Duarte) 2:00.2, 4. Christiansen (San Pasqual, Escondido) 2:03.7, 5. Tutweiler (Jordan, Long Beach) 2:04.1, 6. Aguilar (Norte Vista, Riverside) 2:06.9. (R-3) 1. Stokes (29 Palms) 2:05.9, 2. Stroye (Centennial, Compton) 2:06.0, 3. Pillard (Fillmore) 2:06.8, 4. Andrade (Bosco Tech, Rosemead) 2:08.7. (R-4) 1. Ronning (Downey) 2:02.0, 2. Frogue (El Toro) 2:02.0, 3. Peterson (Rowland soph, Rowland Heights) 2:02.1, 4. McDonald (American, Fremont) 2:03.6.

**One Mile:** (R-1) 1. Lindsey (Peninsula, Rolling Hills Estates) 4:18.9, 2. Arnold (York, Monterey) 4:23.3, 3. Wegener (Mira Mesa, San Diego) 4:26.4, 4. de la Cerda (Hart, Newhall) 4:26.8, 5. Divergilio (San Luis Obispo) 4:28.6, 6. Valdez (Simi Valley) 4:30.0, 7. Balkman (Los Gatos frosh) 4:32.4, 8. Ibarra (Righetti, Santa Maria) 4:32.7, 9. Cera (Upland) 4:35.6, 10. Rehnstrom (Glendora) 4:41.6. (R-2) 1. Steip (Peninsula, RH Est's) 4:28.0, 2. Sallberg (Muir, Pasadena) 4:28.1, 3. Ray (Bonita, La Verne) 4:29.0, 4. Lynn (Mission Viejo) 4:30.1, 5. Dunn (Arroyo Grande soph) 4:30.4, 6. Hake (Arroyo, El Monte) 4:31.6, 7. Alcaraz (La Jolla) 4:34.2, 8. Holman (Sonora frosh) 4:34.5, 9. Ward (Acalanes, Lafayette) 4:34.9, 10. Carillo (Moreno Valley) 4:35.5, 11. Delahanty (West Torrance) 4:37.5.

**Footlocker National High School Mile:** 1. Aden (Fork Union Military, FU, Va) 4:18.7, 2. Reyes (Lakewood) 4:19.5, 3. Bile (Fork Union Military, FU, Va) 4:19.7, 4. Wilson (Newbury Park) 4:22.6, 5. Ihmels (Willison, North Dakota) 4:23.0, 6. Martinez (San Gabriel) 4:23.5, 7. Tressler (San Marcos, Santa Barbara) 4:26.8, 8. Wilson (Agoura) 4:32.5. **Two Mile:** 1. Casillas (Hoover, Glendale) 9:26.6, 2. Lynch (Laguna Hills) 9:33.8, 3. Romero (San Pasqual, Escondido) 9:35.2, 4. Ellington (Milpitas) 9:40.4, 5. Rojas (Moorpark) 9:46.5, 6. Mendoza (Channel Islands, Oxnard) 9:49.2, 7. Mitchell (South Hills, West Covina) 9:46.5, 8. Hamer (Covina) 9:49.7, 9. Castner (Oak Park) 9:50.1, 10. Grossman (Hart, Newhall) 9:50.6, 11. Minami (Peninsula, RH Est's) 9:52.8.

**50 Meter High Hurdles:** (H-1) 1. Davidson (Saddleback, Santa Ana) 6.84, 2. Hale (St. John Bosco, Bellflower) 7.04, 3. Quesada (Pittsburg) 7.30, 4. Prescott (Chino) 7.43. (H-2) 1. Redmond (Vallejo) 6.94, 2. Banner (Birmingham, Van Nuys) 7.06, 3. Powell (Reseda) 7.14, 4. Moon (Loyola, L.A.) 7.23, 5. Clark (Centennial, Compton) 7.31. Finals: 1. Davidson 6.80, 2. Redmond 6.95, 3. Hale 7.17, 4. Powell 7.29, 5. Banner 7.48.

**4 x 160:** (R-1) 1. Harvard-Westlake (North Hollywood) 1:07.6, 2. Thousand Oaks 1:10.2, 3. Birmingham (Van Nuys) 1:10.9, 4. Quartz Hill 1:13.0, 5. Kennedy (Granada Hills) 1:13.1. (R-2) 1. Mt. Pleasant (San Jose) 1:06.2, 2. Foothill (Santa Ana) 1:09.1, 3. Arcadia 1:09.5, 4. Washington (L.A.) 1:09.7, 5. Ganesha (Pomona) 1:09.8. (R-3) 1. Millikan (Long Beach) 1:07.1, 2. Mission Viejo 1:07.5, 3. Locke (L.A.) 1:07.9, 4. Redwood (Visalia) 1:10.1, 5. Banning (Wilmington) 1:10.7. (R-4) 1. Pius X (Downey) 1:09.6, 2. Lompoc 1:10.0, 3. Wilson (Long Beach) 1:10.7, 4. Banning (Wilmington) 1:11.1. (R-5) 1. Muir (Pasadena) 1:06.0, 2. Dorsey (L.A.) 1:08.0, 3. Hueneme (Oxnard) 1:12.3, 4. Valencia (Placentia) 1:14.8.

**8 x 160 (Rated):** (R-1) 1. Lynwood 2:17.6, 2. Crenshaw (L.A.) 2:18.4, 3. Compton 2:22.0, 4. Ei-

senhower (Rialto) 2:22.3, 5. Bishop Montgomery (Torrance) 2:28.0. (R-2) 1. Dorsey (L.A.) 2:20.3, 2. Upland 2:20.9, 3. Loyola (L.A.) 2:25.0, 4. Verbum Dei (L.A.) 2:25.6, 5. Saddleback (Santa Ana) 2:27.1. (dropped baton). (Seeded) 1. Muir (Pasadena) 2:13.1, 2. Morningside (Inglewood) 2:17.7, 3. Santa Ana Valley 2:17.9, 4. Poly (Long Beach) 2:18.2, 5. Hawthorne 2:21.3.

**4 x 440:** (R-1) 1. Foothill (Santa Ana) (E. Taub 52.0-Heath 51.3- Kuchera 53.5-A. Taub 51.3) 3:28.0, 2. Hawthorne 3:32.3, Belmont (L.A.) 3:34.0, 4. Rosemead 3:42.2, 5. Redwood (Visalia) 3:43.1. (R-2) 1. St. Mary's (Berkeley) (Branch 52.4-Wilson 50.5-Hornsby 52.8-Sullivan 51.5) 3:27.2, 2. Lynwood 3:34.7, 3. Gardena 3:38.2, 4. Birmingham (Van Nuys) 3:45.5, 5. Saddleback (Santa Ana) 3:47.5. (R-3) 1. Muir (Pasadena) (53.2-51.6-53.7-50.9) 3:29.1, 2. Morningside (Inglewood) 3:30.7, 3. Wilson (Long Beach) 3:35.8, 4. Upland 3:37.1, 5. Mt. Pleasant (San Jose) (Turner (2) 50.9) 3:44.0. (R-4) 1. Dominguez (Compton) 3:38.1, 2. Nogales (La Puente) 3:43.4, 3. Murphy (L.A.) 3:47.1, 4. Poly (Long Beach) 3:47.2, 5. Locke (L.A.) 3:51.2.

**4 x 880:** (R-1) 1. San Gabriel 8:29.0, 2. Hart (Newhall) 8:29.0, 3. Belmont (L.A.) 8:31.9, 4. Camarillo 8:35.5, 5. Upland 8:36.0, 6. Saddleback (Santa Ana) 8:36.7. (R-2) 1. Canyon (Canyon Country) 8:18.4, 2. Hoover (Glendale) 8:35.9, 3. Mt. Carmel (San Diego) 8:38.5, 4. Corona del Mar (Newport Beach) 8:39.9. (R-3) 1. Royal (Simi Valley) 8:25.6, 2. Loyola (L.A.) 8:25.6, 2. Loyola (L.A.) 8:26.3.

HJ:1. Davidson (California, San Ramon) 6-11, 2. Childers (Woodland) 6-8, 3. Waldren (Cypress) 6-6, 4. Ziedler (Bellarmine, San Jose) 6-4, 5. Carlson (Katella, Anaheim) 6-4, 6. Rehbein (29 Palms) 6-4, 7. Bertino (Bella Vista, Fair Oaks) 6-4, 8. Curtis (Elsinore, Lake Elsinore) 6-2, 9. Burks (Sonora) 6-2, 10. Santos (Poway) 6-2, 11. Ipkeowo (Wilson, Long Beach) 6-2.

PV:1. Guidry (Orangefield, Tx) 16-8 (Meet Record), 2. Manard (Metairie, Louisiana) 14-6, 3. Hecox (South Hills, West Covina) 14-6, 4. Caulkins (Tamalpais, Mill Valley) 14-6, 5. Carroll (Orange Glen, Escondido) 14-0, 6. Phelps (Christian Brothers, Sacramento) 14-0, 7. Stern (Harvard-Westlake, North Hollywood) 14-0, 8. Buddin (Orange Glen, Escondido) 13-6, 9. Weighall (Highland soph, Bakersfield) 13-6, 10. Alusha (El Rancho, Pico Rivera) 13-6, 11. (tie) To (Mt. Pleasant, San Jose) 13-0 & Gehrke (Diamond Bar) 13-0, 13. McNaughton (Kingsburg) 13-0.

LJ:1. Dreher (Antelope Valley, Lancaster) 23-1 1/4, 2. Hammond (Lincoln, San Diego) 22-5 3/4, 3. Jackson (San Geronio, San Bernardino) 22-3 1/4, 4. D'Agostini (Amador, Sutter) 22-1 3/4, 5. Gary Taylor (Morse, San Diego) 22-1, 6. Cary Taylor (Morse, San Diego) 21-10 1/2, 7. Hunt (Bullard, Fresno) 21-9 1/2, 8. Janoski (Corona) 21-6 3/4, 9. Rodriguez (Bell Gardens) 21-6 1/4, 10. Hicks (Wilson, Long Beach) 21-5, 11. Houston (Logan, Union City) 21-4 1/2, 12. Barragan (Millikan, Long Beach) 21-3 1/2, 13. Baptista (Caruthers) 20-11 1/4.

TJ:1. Cary Taylor (Morse, San Diego) 49-8 1/2 (National indoor prep yearly leader), 2. Rollins (Wasco) 48-6 1/4 (#2 mark nationally indoors 1992), 3. Gary Taylor (Morse, San Diego) 46-8 1/4, 4. Satterfield (San Dimas) 45-9 3/4, 5. Ellington (Lynwood) 45-9 1/2, 6. Carraway (Fairfield) 44-9 3/4, 7. Green (Muir, Pasadena) 44-1 1/4, 8. White (Muir, Pasadena) 43-10 1/2, 9. Harrison (Wasco) 43-8 3/4, 10. Batiste (Banning, Wilmington) 42-2 3/4.



# California Track and Cross Country Coaches Alliance

## 1991-92 Membership Update:

In its third year the California Track and Cross Country Coaches Alliance continues to expand its scope, involvement, and improvement regarding our two sports within the state.

## Why Should I Join The Coaches Alliance?

The California Track and Cross Country Coaches Alliance is the only organization in the State whose purpose is to improve the sports of Cross Country and Track and Field.

Provides a unified voice for concerns regarding our sports to the governing bodies within the state. As experience shows, a group consensus helps to bring about change more effectively than isolated individual concerns. The Coaches Alliance was directly involved in helping to create a change in the State Cross Country meet format from three divisions to four.

In an effort to assist coaches with their continued growth of knowledge regarding their sport, the Coaches Alliance will be involved with clinics at Stanford, Fresno State, and San Diego during the month of January.

The State CIF has thought enough of the Alliance to include two of its members on a select CIF Track and Cross Country Advisory Committee.

## What Do I Receive For My Membership?

Coaches Alliance members will receive monthly editions of **California Track News**, the official publication of the Alliance. Each month members will be kept current with happenings around the state in the Coaches Alliance section of the magazine. Both cross country and track will be covered.

Coaches Alliance meetings organized around the **CIF/REEBOK** State Meets in Cross Country and Track and Field. Using representatives from all the various sections in the state, members will be able to make concerns regarding their sport heard.

Discounts at the Coaches Alliance sanctioned clinics held in different locations throughout the state. These clinics are:

1. **San Joaquin Coach of the Year Clinic in Fresno.**
2. **Stanford Track Clinic at Stanford University.**
3. **TAC/ Coaches Alliance Clinic in San Diego**

Coaches Alliance members will receive a **\$50 discount** toward camp costs when they choose to work on their coaching certification in the pole vault at **the Sky Vaulters Jumping Clinics**

Participation in the **Reebok Coaches Clinic** (co-sponsored by the Coaches Alliance) to be held on the Saturday morning of the California State Track Meet weekend.

**If you would like to join, please fill out the following: (Please Print)**

Name: \_\_\_\_\_

School: \_\_\_\_\_ Section: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: Home (\_\_\_\_) \_\_\_\_\_ School (\_\_\_\_) \_\_\_\_\_

Dues for 1991/92 year (Tax Deductible) **\$25.00** Make out to Coaches Alliance



**Send To:** Dennis McClanahan-Treasurer, Mt. Carmel High School, 9550 Carmel Mt. Road, San Diego, Ca. 92128



# 1991 ALL-CALIFORNIA High School Cross Country Team

Compiled by Keith Conning

The athletes are listed in the order of their best time at Woodward Park during the California Interscholastic Federation/Reebok State Meet or the Kinney Western Regional.

Abbreviations: -=Senior, \*=Junior, \*\*=Sophomore, \*\*\*=Freshman; CCS=Central Coast Section, CR=Course Record, CS=Central Section, D=Division, Fr=Freshman, GM=Grand Masters, J/S=Junior/Senior, Jr=Junior, Lg=Large, Med=Medium, MOC=Meet of Champions, MSAC=Mt. San Antonio College, N=National, NCS=North Coast Section, R=race, SDS=San Diego Section, SJS=Sac-Joaquin Section, Sm=Small, So=Sophomore, Sr=Senior, SS=Southern Section, W=Western.

## 8. \*Keith Grossman

(Hart, Newhall)

14:50	1) Seaside Jr	09/14
15:47	1) Mt. Carmel D1 Jr	09/21
16:16	6) Royal Lg	09/28
15:56	4) Stanford D1	10/05
15:53	4) MSAC R38	10/19
15:39	6) SS DI	11/23
15:24	4) State DI	11/30
15:31	15) Kinney W	12/07

## 9. -Fernando Mendoza

(Channel Islands, Oxnard)

15:01	3) Seaside Sr	09/14
15:30	1) Mt. Carmel D1 Sr	09/21
15:20	2) MSAC R38	10/19
15:34	4) SS DI	11/23
15:25	5) State DI	11/30

## 10. -T.J. Reyes

(Lakewood)

15:52	1) Bronco	09/14
15:26	2) MSAC R39	10/19
15:30	3) SS DI	11/23
15:40	8) State DI	11/30
15:29	14) Kinney W	12/07

## 11. -Mark Hamer

(Covina)

15:34	2) Rosemead Sr	09/14
16:00	2) San Gabriel Valley	10/04
15:38	5) MSAC R39	10/19
15:36	2) SS DIII	11/23
15:33	2) State DIII	11/30
15:54	1) Kinney Sr	12/07

## Brian Keim

(San Pasqual, Escondido)

15:05	1) Laguna Hills Sr	09/14
15:09	1) Woodbridge Med Sr	09/21
14:50	1) Dana Hills D2 Sr	09/28
15:25	1) MSAC R33	10/19
15:47	3) SDS DII	11/23
15:33	3) State DII	11/30
15:34	16) Kinney W	12/07

## TOP 25 BOYS:

### 1. \*Margarito Casillas

(Hoover, Glendale)

14:48	1) Woodbridge Lg Jr	09/21
14:27	1) Bell-Jeff D1	09/28
15:20	2) Kenny Staub D1	10/04
15:15	1) MSAC R38	10/19
15:32	1) Santa Clarita D1	10/26
15:19	2) SS DI	11/23
15:14	2) State DI	11/30
15:02	1) Kinney W	12/07
15:30	5) Kinney N	12/14

### 2. -Jeff Wilson

(Newbury Park)

Listed #5 in 1990 at 15:15.

14:35	1) Seaside Sr	09/14
14:48	1) Woodbridge Sm Sr	09/21
15:27	1) Royal Lg	09/28
15:13	1) Kenny Staub DII	10/04
15:08	1) MSAC R39	10/19
15:26	1) SS DIII	11/23
15:15	1) State DIII	11/30
15:05	2) Kinney W	12/07
15:18	2) Kinney N	12/14

### 3. -Angel Martinez

(San Gabriel)

Listed #4 in 1990 at 15:09.

14:47 CR	1) Rosemead Sr	09/14
15:20	1) Nogales Sr	09/28
16:26	17) MSAC R39	10/19
15:14	1) SS DI	11/23

15:06	1) State DI	11/30
15:12	8) Kinney W	12/07
15:29	4) Kinney N	12/14

### 4. \*Ryan Wilson

(Agoura, Agoura Hills)

14:45	1) Woodbridge Med Jr	09/21
15:19	1) Kenny Staub D1	10/04
15:43	3) MSAC R38	10/19
15:15	1) SS DII	11/23
15:16	2) State DII	11/30
15:07	3) Kinney W	12/07

### 5. \*Daniel Das Neves

(Helix, La Mesa)

Listed #6 in 1990 at 15:19.

15:24	1) SDS DII	11/23
15:08	1) State DII	11/30
15:11	6) Kinney W	12/07
15:33	7) Kinney N	12/14

### 6. \*Nazario Romero

(San Pasqual, Escondido)

15:32	1) Laguna Hills Jr	09/14
15:29	2) Woodbridge Med Jr	09/21
14:46	1) Dana Hills D2 Jr	09/28
15:57	4) MSAC R33	10/19
15:40	2) SDS DII	11/23
15:44	6) State DII	11/30
15:13	9) Kinney W	12/07

### 7. -Cruz Gallegos

(Centennial, Corona)

15:31	2) Laguna Hills Sr	09/14
15:38	5) SS DI	11/23
15:20	3) State DI	11/30
15:26	13) Kinney W	12/07

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### 13. -David Rojas

(Moorpark)

16:19	3) Las Vegas Sm	09/14
16:23	5) Clovis Med	09/21
15:27	1) Bell-Jeff D3	09/28
16:22	1) MSAC R13	10/18
16:04	5) SS DIII	11/23
15:36	3) State DIII	11/30
15:34	17) Kinney W	12/07

### 14. -Michael Katri

(Fortuna)

16:41	3) Chico	09/28
18:23	1) NCS Far North DIV	11/16
15:41	1) NCS DIV	11/23
15:35	1) State DIV	11/30

### Stewart Ellington

(Milpitas)

11:29	1) Alum Rock	09/28
15:46	1) Foothill Sr	10/18
10:26	1) Soquel	10/26
15:23	1) CCS DI	11/20
15:39	7) State DI	11/30
15:35	18) Kinney W	12/07

### 16. -Jason Kayne

(Grossmont, La Mesa)

15:56	2) Mt. Carmel D1 Sr	09/21
16:07	4) Stanford D2	10/05
16:05	1) MSAC R37	10/19
15:58	4) SDS DII	11/23
15:43	5) State DII	11/30
15:36	19) Kinney W	12/07

### 17. \*\*\*Jason Balkman

(Lynbrook, San Jose)

12:21	3) Ram	09/28
11:31	1) Artichoke D1	10/05
16:20	1) Foothill Fr	10/18
15:14	1) CCS DIII	11/20
15:37	4) State DIII	11/30
15:53	1) Kinney Fr	12/07

### 18. -Polo Duarte

(Madera)

15:54	6) Mt. Whitney	09/18
16:17	14) Stanford D1	10/05
16:01	6) MSAC R38	10/19
10:37	3) Soquel	10/26
15:56	1) CS DI	11/14
15:41	1) CS GM	11/21
15:39	6) State DI	11/30
15:54	44) Kinney W	12/07



**DANIEL DAS NEVES (left) and RYAN WILSON**

Photo by Kirby Lee



**MARGARITO CASILLAS**

Photo by Phillip Enbody

### 19. -Froylan Sanchez

(St. Francis, La Canada)

15:16	2) Woodbridge Sm Sr	09/21
15:50	2) Kenny Staub DII	10/04
15:44	6) MSAC R39	10/19
15:49	4) SS DIII	11/23
15:54	7) State DIII	11/30
15:40	24) Kinney W	12/07

### 20. \*Michael Love

(Katella, Anaheim)

Listed #20 in 1990 at 15:42.

15:33	3) Woodbridge Med Jr	09/21
16:05	10) MSAC R39	10/19
15:21	1) Orange Co DI Jr	10/26
15:43	3) SS DII	11/23
15:41	4) State DII	11/30

### Goss Lindsay

(Peninsula, Rolling Hills Estates)

16:05	9) MSAC R38	10/19
15:57	10) SS DI	11/23
15:41	9) State DI	11/30

### 22. \*Jim Cera

(Upland)

16:01	2) Bronco	09/14
15:40	4) Woodbridge Lg Jr	09/21
15:13	2) Dana Hills D1 Jr	09/28

15:50	7) MSAC R39	10/19
15:54	9) SS DI	11/23
15:42	10) State DI	11/30

### Eric Ricketts

(Hilltop, Chula Vista)

15:40	1) Mt. Carmel D2 Sr	09/21
15:27	2) MSAC R33	10/19
16:06	2) SDS DI	11/23
15:57	15) State DI	11/30
15:42	29) Kinney W	12/07

### Jason Brown

(Bret Harte, Altaville)

16:03	1) Stanford D4	10/05
16:06	1) MSAC R14	10/18
15:27	1) SJS DIV	11/15
16:09	9) State DIV	11/30
15:42	30) Kinney W	12/07

### 25. -Jeff Arnold

(The York School, Monterey)

16:13	6) Clovis Lg	09/21
16:17	2) Stanford D4	10/05
16:07	11) MSAC R39	10/19
15:42	1) CCS DIV	11/16
15:43	2) State DIV	11/30
15:56	49) Kinney W	12/07

continued next page...



## \*Paul De La Cerda

(Hart, Newhall)

15:08	2) Seaside Jr	09/14
15:47	2) Mt. Carmel D1 Jr	09/21
15:58	3) Royal Lg	09/28
15:59	6) Stanford D1	10/05
16:06	10) MSAC R38	10/19
15:53	7) SS DI	11/23
15:43	11) State DI	11/30
15:48	34) Kinney W	12/07

## \*\*Mebrahtom Keflezighi

(San Diego)

15:12	1) Seaside So	09/14
15:27	1) Woodbridge Sm So	09/21
15:10	1) Dana Hills D3 So	09/28
15:59	1) SDS DI	11/23
15:58	17) State DI	11/30
15:43	31) Kinney W	12/07

# TOP 25 GIRLS

## 1. \*Milena Glusac

(Fallbrook)

Listed #3 in 1990 at 17:25.

16:49 CR	1) Laguna Hills DI Jr/S	09/14
15:53 CR	1) Mt. Carmel DI Jr	09/21
17:18	1) MSAC R40	10/19
14:31	1) SDS DI	11/23
17:13	1) State DI	11/30
17:11	1) Kinney W	12/07
19:53	30) Kinney N	12/14

## 2. -Shelley Taylor

(Edison, Huntington Beach)

Listed #5 in 1990 at 17:42.

17:09	1) Laguna Hills DII J/S	09/14
16:47	1) Dana Hills D2 Jr/Sr	09/28
18:13	1) MSAC R41	10/19
17:05	1) Orange County Sr	10/26
17:29	1) SS DII	11/23
17:28	1) State DII	11/30
17:28	3) Kinney W	12/07
18:48	21) Kinney N	12/14

## 3. \*\*Carrie Garritson

(Sunny Hills, Fullerton)

Listed #4 in 1990 at 17:36 for Rim of the World, Lake Arrowhead.

16:53	1) Laguna Hills DII So	09/14
17:21	1) Woodbridge Med	09/21
16:57	1) Dana Hills D3 So	09/28
18:05	2) MSAC R40	10/19

17:13	1) Orange County So	10/26
18:20	2) SS DII	11/23
18:06	2) State DII	11/30
17:32	4) Kinney W	12/07
18:02	6) Kinney N	12/14

## 4. \*Maribella Aparicio

(Fillmore)

Listed #13 in 1990 at 18:11.

19:30	1) Rotary West/Ojai	09/14
17:48	1) Woodbridge Sm	09/21
18:12	1) Royal Sm	09/28
18:34	1) MSAC R17	10/18
17:52	1) SS DIV	11/23
17:47	1) State DIV	11/30
17:34	5) Kinney W	12/07
18:02	7) Kinney N	12/14

## 5. \*Christina Blackmer

(Upland)

18:49	1) Bronco	09/14
17:41	1) Woodbridge Lg	09/21
17:46	2) Dana Hills DI Jr/Sr	09/28
18:55	4) MSAC R40	10/19
18:07	2) SS DI	11/23
18:09	3) State DI	11/30
17:49	6) Kinney W	12/07
18:24	12) Kinney N	12/14

## 6. \*\*Kay Nekota

(Agoura, Agoura Hills)

Listed #10 in 1990 at 18:07 for Woodbridge, Irvine.

17:31	2) Woodbridge Sm	09/21
18:10	2) Kenny Staub DI	10/04
18:22	2) MSAC R41	10/19
17:59	1) SS DI	11/23
18:01	2) State DI	11/30
18:02	9) Kinney W	12/07

## 7. -Angela Orefice

(Arroyo Grande)

Listed #19 in 1990 at 18:31.

18:33	1) Arroyo Grande Lg	09/14
19:37	3) Clovis Lg	09/21
18:41	2) Stanford DI	10/05
18:57	6) MSAC R41	10/19
18:34	5) SS DI	11/23
18:13	4) State DI	11/30
18:18	12) Kinney W	12/07

## 8. \*\*\*Amy Skieresz

(Agoura, Agoura Hills)

17:33	3) Woodbridge Med	09/21
18:08	1) Kenny Staub DI	10/04
18:31	4) SS DI	11/23

18:17	5) State DI	11/30
18:32	18) Kinney W	12/07

## 9. \*\*Kim Nelson

(Canyon, Anaheim)

16:42	1) Las Vegas Sm	09/14
17:50	1) Dana Hills D2 So	09/28
18:45	3) MSAC R41	10/19
17:52	3) Orange County So	10/26
18:53	3) SS DII	11/23
19:27	27) State DII	11/30
18:25	14) Kinney W	12/07

## 10. -Susan Scott

(Mt. Carmel)

17:14	2) Mt. Carmel DI Sr	09/21
17:37	1) Dana Hills DI Jr/Sr	09/28
15:15	2) SDS DI	11/23
19:44	41) State DI	11/30
18:27	16) Kinney W	12/07

## 11. -Maya Muneno

(Peninsula, Rolling Hills Estates)

18:20	4) Laguna Hills DI Jr/S	09/14
17:48	4) Mt. Carmel DI Sr	09/21
19:11	2) Royal Lg	09/28
19:03	6) Stanford DI	10/05
19:06	8) MSAC R41	10/19
18:26	3) SS DI	11/23
18:31	6) State DI	11/30

## 12. \*\*Magi Martinez

(Wood, Vacaville)

Listed #22 in 1990 at 18:37.

19:30	8) MSAC R40	10/19
18:35	1) SJS DII	11/15
18:32	3) State DII	11/30
18:34	21) Kinney W	12/07

## 13. \*Melissa Keim

(San Pasqual, Escondido)

17:36	2) Laguna Hills DII J/S	09/14
17:10	2) Dana Hills D2 Jr/Sr	09/28
18:36	1) MSAC R28	10/19
15:17	1) SDS DII	11/23
18:33	4) State DII	11/30
18:41	29) Kinney W	12/07

## \*\*\*Wendy Murphy

(Granite Hills, El Cajon)

17:45	2) Mt. Carmel DI Fr	09/21
15:23	4) SDS DI	11/23
18:44	10) State DI	11/30
18:33	20) Kinney W	12/07

continued next page...



## 15. -Maria Lopez

(Compton)

19:16	6) SS DII	11/23
18:34	5) State DII	11/30

## Nika Horn

(Santa Rosa)

14:40	CR 1) Ram	09/27
18:56	5) Stanford DI	10/05
19:03	4) Mariner Lg	10/19
18:37	1) NCS MOC DI	11/23
18:34	7) State DI	11/30
18:46	31) Kinney W	12/07

## 17. -Laura Hayward

(Agoura, Agoura Hills)

17:38	5) Woodbridge Med	09/21
18:32	3) Kenny Staub DI	10/04

18:54 5) MSAC R41

18:51 9) SS DI

18:35 8) State DI

18:37 25) Kinney W

10/19

11/23

11/30

12/07

18:09 2) Bell-Jeff DI

18:45 8) SS DI

18:38 9) State DI

11/23

11/30

## 20. -Nikki Shaw

(Fillmore)

20:54	2) Rotary West/Ojai	09/14
19:17	2) Royal Sm	09/28
19:13	1) Stanford D4	10/05
19:16	2) MSAC R17	10/18
19:51	7) SS DIV	11/23
18:41	2) State DIV	11/30
18:39	26) Kinney W	12/07

## Tanya Brix

(University)

18:04	3) Laguna Hills DII J/S	09/14
18:07	10) Woodbridge Med	09/21
17:23	4) Dana Hills D2 Jr/Sr	09/28
19:13	5) MSAC R40	10/19
18:59	4) SS DII	11/23
18:42	6) State DII	11/30
18:35	22) Kinney W	12/07

## 19. -Veronica Barajas

(Channel Islands, Oxnard)

Listed #6 in 1990 at 17:44.

## 21. \*\*Gabriela Rodriquez

(Oxnard)

19:46	1) Royal Lg Fr/So	09/28
19:29	12) Stanford DI	10/05
19:57	1) MSAC R52	10/19
18:59	15) SS DI	11/23
Did not qualify for State Meet.		
18:41	28) Kinney W	12/07

## 22. -Eleanore Chiariello

(San Marcos)

18:33	4) Dana Hills D3 Jr/Sr	09/28
15:37	3) SDS DII	11/23
18:43	7) State DII	11/30

## Cindy Franco

(Delano)

20:18	9) Clovis Lg	09/21
19:13	3) Bell-Jeff D2	09/28
18:57	3) CS GM	11/23
18:43	8) State DII	11/30

## 24. -Donna Mills

(Newport Harbor)

19:12	4) SS DIII	11/23
18:45	1) State DIII	11/30

## \*Kristie Camp

(Agoura, Agoura Hills)

18:00	7) Woodbridge Med	09/21
18:48	5) Kenny Staub DI	10/04
19:12	9) MSAC R41	10/19
18:57	13) SS DI	11/23
18:45	11) State DI	11/30
19:02	40) Kinney W	12/07



**MILENA GLUSAC**

Photo by Kirby Lee



**SHELLEY TAYLOR**

Photo by Phillip Enbody



**CARRIE GARRITSON**

Photo by Kirby Lee



# RESULTS

Please send track & field / cross country results directly to: CTN, 4957 East Heaton, Fresno, CA 93727 or FAX (209) 255-4904.

## AAU Youth Indoor Track and Field Championships

February 15, 16, Lawrence, Kansas.

### Boy's Results

#### Youth:

**60yd.:** 1. Randall Milleson (Falun, KS) 7.23, 2. Todd Robinett (Jewell, KS) 7.46, 3. Andy Twist (Rogers, AR) 8.01. **300:** 1. Nathan Banfield (Montgomery City, MO) 37.79, 2. Brandon Clark (Valley Center, KS) 38.13. **600:** 1. Brandon Clark (Valley Center, KS) 1:31.59. **1000:** 1. Beebe Rutledge (San Carlos, CA) 2:41.14, 2. Kurt Rogers (Wellsville, KS) 3:12.97. **1 Mile:** 1. David Gonzalez (Bolingbrook, IL) 4:53.36, 2. Beebe Rutledge (San Carlos, CA) 4:56.78, 3. Tim Ocheltree (Iowa City, IA) 5:02.61. **2 Mile:** 1. David Gonzalez (Bolingbrook, IL) 10:34.6, 2. Beebe Rutledge (San Carlos, CA) 10:49.7, 3. Tim Ocheltree (Iowa City, IA) 10:50.5. **2 Mile Racewalk:** 1. Shawn Michelson (Mira Loma, CA) 17:59.08, 2. Aaron Mendonca (Riverside, CA) 18:59.6, 3. Jason Lee (Vinita, OK) 19:36.3. **Triple Jump:** 1. Matt Thompson (Beloit, KS) 32-5 1/2, 2. Andy Twist (Rogers, AR) 31-2. **Shot Put:** 1. Randall Milleson (Falun, KS) 45-0 1/4, 2. Wesley Moore (Batesville, AR) 42-0 1/2, 3. Matt Thompson (Beloit, KS) 36-10 1/4. **High Jump:** 1. Todd Robinett (Jewell, KS) 4-11 3/4, 2. Nathan Banfield (Montgomery City, MO) 4-9 3/4. **High Jump:** 1. Todd Robinett (Jewell, KS) 4-11 3/4, 2. Nathan Banfield (Montgomery City, MO) 4-9 3/4. **Long Jump:** 1. Todd Robinett (Jewell, KS) 16-5 1/2, 2. Matt Stratton (Unat) 15-3, 3. Andy Twist (Rogers, AR) 14-9. **Pole Vault:** 1. Garrett Attig (Lawrence, KS) 11-5 3/4.

#### Intermediate:

**60 Yd.:** 1. Kevin Cotton (Austin, TX) 6.79, 2. Danny Marousek (Omaha, NE) 6.81, 3. Bryon White (Sacramento, CA) 6.82. **300:** 1. Michael Williams (Aston, MD) 33.35, 2. Danny Marousek (Omaha, NE) 33.70, 3. Jason Briscoe (Edmond, OK) 33.97. **600:** 1. Michael Williams (Aston, MD) 1:17.23, 2. Jason Cade (Orange Grove, TX) 1:17.48, 3. Steve Bagnaschi (Overland Park, KS) 1:22.19. **1000:** 1. Fernando Martinez (Wichita, KS) 2:30.22, 2. Eric Schmitz (Olathe, KS) 2:31.43, 3. Justin Robinson (Hays, KS) 2:32.30. **1 Mile:** 1. Danielle Fonzino (Elmhurst, IL) 5:29.25, 2. Anne Klassen Van Ors (Riverside, CA) 5:33.66, 3. Rebecca Villegas (Rialto, CA) 5:37.33. **2 Mile:** 1. Gilbert Alvarez (Alice, TX) 10:09.98, 2. Mike Bryson (Arlington, TX) 10:34.11, 3. Alan Trites (Lenexa, TX) 10:45.88. **60 Hurdles:** 1. Reginald Payton (Suitland, MD) 7.5, 2. Jason Briscoe (Edmond, OK) 8.2, 3. Bill LeMaster (Topeka, KS) 9.5.

**Triple Jump:** 1. Sherman Clophas (San Diego, CA) 42-0, 2. Trent Lyons (St. Joseph, MO) 39-0 1/2, 3. Joe Kaiser (Jefferson City, MO) 38-4 3/4. **Shot Put:** 1. William Feickert (Columbia, MO) 40-10 1/4, 2. Brad Elmore (Paola, KS) 39-9 1/4, 3. David Robinett (Jewel, KS) 35-1 1/4. **High Jump:** 1. Robert Williams (Great Bend, KS) 6-6 3/4, 2. Charles Graham (Lawrence, KS) 6-1 1/2, 3. Trent Lyons (St. Joseph, MO) 5-9 3/4. **Long Jump:** 1. Reginald Payton (Suitland, MD) 20-11 3/4, 2. Sherman Clophas (San Diego, CA) 20-3 1/2, 3. Trent Lyons (St. Joseph, MO) 19-1. **Pole Vault:** 1. Marc Romito (Leawood, KS) 13-5 3/4, 2. Paul Gonzalez (Sanita, TX) 12-6, 3. (tie) Justus Ball (Cheney, KS), Justin Langer (Fremont, NE) and Scott Wilkinson (Stroud, OK) 11-5 3/4.

#### Young Men:

**60 Yd.:** 1. Maurice Green (Kansas City, KS) 6.40, 2. Paul Turner (San Diego, CA) 6.48, 3. Marc Porter (Bellwood, IL) 6.51. **300:** 1. Tim Dwight (Iowa City, IA) 32.70, 2. Rich Peace (Colorado Springs, CO) 33.13, 3. Terry Sears (Colorado Springs, CO) 33.70. **600:** 1. Benjamin Chapman (Edmond, OK) 1:14.09, 2. Chris Ellis (Chicago, IL) 1:17.09, 3. Jason Keese (Iowa City, IA) 1:17.29. **1000:** 1. Chris Ellis (Chicago, IL) 2:20.02, 2. Jason Anhalt (Elmwood Park, IL) 2:22.56, 3. Andy Stills (Edmond, OK) 2:22.80. **1 Mile:** 1. Scott Anderson (Chicago, IL) 4:27.14, 2. Daniel Reilly (Spring, TX) 4:29.85, 3. Chris Ronan (Overland Park, KS) 4:30.66. **2 Mile:** 1. Gilbert Alvarez (Alice, TX) 10:09.98, 2. Mike Bryson (Arlington, TX) 10:34.11, 3. Alan Trites (Lenexa, TX) 10:45.88. **2 Mile Racewalk:** 1. Adam Mendonca (Riverside, CA) 15:05.7, 2. Michael Tomasulo (Rialto, CA) 15:11.02, 3. Christopher Braudis (Columbia, MO) 16:36.0. **60 Hurdles:** 1. Brian Ginter (Topeka, KS) 7.59, 2. Roderick Howard (Fort Worth, TX) 7.85, 3. Adrian Jones (Kansas City, KS) 7.88. **Mile Relay:** 1. Benjamin Chapman, Muril Rao, David Schuengerdt, Justin Chapman (Edmond, OK) 3:21.16, 2. Nathan Hill, Omari Miller, James Bowers, Brian Martin (Kansas City, KS) 3:27.72, 3. Marvin Adams, Mark Williams, Terry Sears, Rich Peace (Colorado Springs, CO) 3:31.58. **Triple Jump:** 1. Adrian Jones (Kansas City, KS) 45-10 3/4, 2. Andrew Wright (Osawatomie, KS) 45-9 1/4, 3. Everett Morgan (Kansas City, KS) 44-11. **Shot Put:** 1. Kevin Robinson (Perryville, MO) 51-6 1/4, 2. Demetry Gemolas (Prairie Village, KS) 51-0 1/4, 3. Andrew Luett (Iowa City, IA) 50-6 3/4. **High Jump:** 1. Blaine Jones (Penalosa, KS) 6-5 1/2, 2. Eric Davis (Rolla, MO) 6-3 1/2, 3. Brian Nimphius (Southlake, TX) 5-11 1/2. **Long Jump:** 1. Markus Matthews (Carthage, MO) 23-2, 2. Marcus Scheid (Overland Park, KS) 23-0, 3. Tim Dwight

(Iowa City, IA) 22-3 1/2. **Pole Vault:** 1. Nathan Labus (Fort Worth, TX) 15-0, 2. Ryan Jones (Huntsville, AR) 14-6, 3. (tie) Jay Wilkinson (Stroud, OK), Brian Nimphius (Southlake, TX) and Shawn Pebley (Fremont, NE) 14-0.

### Girl's Results

#### Youth:

**60 Yd.:** 1. Shameika McField (St. Louis, MO) 7.57, 2. Kimberely Covington (Nashville, TN) 7.79, 3. Erika Black (St. Louis, MO) 7.83. **300:** 1. Chrissy Soucek (Westmont, IL) 39.02, 2. Sharon Robinson (Kansas City, MO) 39.10, 3. Kimberely Covington (Nashville, TN) 41.03. **600:** 1. Chrissy Soucek (Westmont, IL) 1:35.20, 2. Shameika McField (St. Louis, MO) 1:37.81, 3. Donene Schuyloer (Sacramento, CA) 1:40.35. **1000:** 1. Adrienne Nielson (Neosho, MO) 2:56.20, 2. Allison Medlin (Carthage, MO) 2:56.30, 3. Donene Schuyler (Sacramento, CA) 3:03.76. **1 Mile:** 1. September Cortes (Alta Loma, CA) 5:37.64, 2. Allison Medlin (Carthage, MO) 5:47.37, 3. Selena Harrigan (West Covington, CA) 5:54.40. **2 Mile:** 1. Septemb er Cortes (Alta Loma, CA) 12:15.37, 2. Allison Medlin (Carthage, MO) 12:23.27, 3. Adrienne Nielson (Neosho, MO) 12:48.61. **2 Mile Racewalk:** 1. Lora McGee (Batesville, AR) 23:09.6. **60 Hurdles:** 1. Sueanna Hilton (Buhler, KS) 9.43, 2. Candace Fortney (El Dorado Springs, MO) 9.86, 3. Mario McGuire (Florissant, MO) 9.91. **Mile Relay:** 1. Erika Black, LaTisha Brooks, Shameika McField, Mario McGuire (St. Louis, MO) 4:43.50, 2. LaToya Williams, Kamilla Harrison, Teresa Thomas, Sharon Robinson (Kansas City, MO) 5:08.92. **Triple Jump:** 1. Shaunda Johnson (Sacramento, CA) 30-0, 2. Evan Jeter (Hays, KS) 28-3 1/2, 3. Abigail Knapp (Rolla, MO) 27-9 1/2. **Shot Put:** 1. Keri Kersten (Leavenworth, KS) 22-1. **High Jump:** 1. Abigail Knapp (Rolla, MO) 4-9 3/4. **Long Jump:** 1. Candace Fortney (El Dorado Springs, MO) 14-7 1/4, 2. Joy Honey (Winton, CA) 14-5 1/4, 3. Shaunda Johnson (Sacramento, CA) 13-5.

#### Intermediate:

**60 Yd.:** 1. Sheila Budke (Beloit, KS) 7.45, 2. China Smith (Austin, TX) 7.47, 3. Teanasha Newton (Wichita, KS) 7.50. **300:** 1. Sylvia Pieslak (Atherton, CA) 37.75, 2. Sheila Budke (Beloit, KS) 38.26, 3. Sonja Banks (Kansas City, MO) 39.48. **600:** 1. Sylvia Pieslak (Atherton, CA) 1:30.46, 2. Crystal Harris (Highland, CA) 1:31.60, 3. April Baldwin (Scranton, KS) 1:32.55. **1000:** 1. Crystal Harris (Highland, CA) 2:49.73, 2. Danielle Fonzino (Elmhurst, IL) 2:50.47, 3. Tiffany Spratt (Lawrence, KS) 2:55.8. **1 Mile:** 1. Danielle Fonzino (Elmhurst, IL) 5:29.25, 2. Anne Klassen Van Ors (Riverside, CA) 5:33.66, 3. Rebecca Villegas (Rialto, CA) 5:37.33. **2 Mile:** 1. Rebecca Villegas (Rial-

to, CA) 11:43.31, 2. Anne Klassen Van Ors (Riverside, CA) 12:10.33, 3. Carrie Cook (Hutchinson, KS) 12:12.35. **2 Mile Racewalk:** 1. Adrienne Nielsen (Neosho, MO) 19:48.6, 2. Mollie Sabo (Manchester, MO) 19:56.2. **60 Hurdles:** 1. Kelli Helm (Hays, KS) 8.90, 2. Akliah Carter (Topeka, KS) 9.02, 3. Molly Hayes (Elmhurst, IL) 9.10. **Mile Relay:** 1. Leah Stein, Debbie McDiarmid, Jessica Holmes, Tiffany Spratt (Topeka, KS) 4:19.93, 2. Mona Skoog, Danielle Fonzino, Molly Hayes, Chrissy Soucek (Chicago, IL) 4:22.03, 3. Sonja Banks, Latifga Mason, Carmella Woods, Michelle Shelton (Kansas City, MO) 4:30.99. **Triple Jump:** 1. Nicky Ramage (Little River, KS) 36-1 1/2, 2. Pam Van Loan (Arlington, TX) 34-4, 3. Jessie Wipfler (Crystal City, MO) 31-9 1/2. **Shot Put:** 1. Leslie Schlegel (Liberal, KS) 34-7 3/4, 2. Karen Villa Fuente (Rialto, CA) 31-0 1/2, 3. Laurie Gibson (Leavenworth, KS) 22-11 3/4. **High Jump:** 1. Candace Mason (Navada, MO) 5-6 1/2, 2. Nicky Ramage (Little River, KS) 5-1, 3. Jessica Wipfler (Crystal City, MO) 5-1. **Long Jump:** 1. Akliah Carter (Topeka, KS) 17-9, 2. Candace Mason (Navada, MO) 17-0, 3. Nicky Ramage (Little River, KS) 16-8.

#### Young Women:

**60 Yd.:** 1. Casey Custer (Arlington, TX) 7.19, 2. Dawn Williams (Kansas City, MO) 7.35, 3. Kim Berry Patterson (Dallas, TX) 7.42. **300:** 1. Casey Custer (Arlington, TX) 36.60, 2. Karis Mosly (Arlington, TX) 38.27, 3. Tianna Swinney (St. Louis, MO) 38.80. **600:** 1. Stacy Milligan (Dallas, TX) 1:25.28, 2. Hilary Bruening (St. Louis, MO) 1:25.57, 3. Adeyinka Whiteside (Arlington, TX) 1:25.60. **1000:** 1. Brenna O'Dell (Wylie, TX) 2:47.12, 2. Fanny Stein (Topeka, KS) 2:54.80, 3. Velma Velarde (El Monte, CA) 2:56.17. **1 Mile:** 1. Velma Velarde (El Monte, CA) 5:29.31, 2. Ann Golubski (Kansas City, KS) 5:33.79, 3. Cybelle McFadden (Sacramento, CA) 5:34.10. **2 Mile:** 1. Scott Anderson (Chicago, IL) 9:44.4, 2. Daniel Reilly (Spring, TX) 9:45.0, 3. Ryan Siler (Edmond, OK) 9:51.6. **2 Mile Racewalk:** 1. Shawn Michelson (Mira Loma, CA) 17:59.08, 2. Aaron Mendonca (Riverside, CA) 18:59.6, 3. Jason Lee (Vinita, OK) 19:36.3. **60 Hurdles:** 1. Carrie Pollock (Wheaton, IL) 8.67, 2. Yvonne Scott (Sacramento, CA) 8.76, 3. Mandy Scott (Pryor, OK) 8.98. **Mile Relay:** 1. Karis Moseley, Casey Custer, Brenna O'Dell, Adeyinka Whiteside (Arlington, TX) 4:02.86. **Triple Jump:** 1. Tanga Colson (Sacramento) 35-8 3/4, 2. Shannon North (Emporia, KS) 32-3 1/2, 3. Tyea Johnson (Kansas City, KS) 30-1 1/2. **Shot Put:** 1. Heather Humphrey (Wymore, NE) 36-1 1/4, 2. Nicole Mathias (Junction City, KS) 34-11 3/4, 3. Jamie Dempsey (Osawatomie, KS) 34-4 1/4. **High Jump:** 1. Erin Burns (Napolean, MO)



# RESULTS

5-3 3/4, 2. Tonya Elmore (Paola, KS) 5-1 3/4, 3. (tie) Shanna Beaver (Edmond, OK), Jennifer Watkins (Meade, KS) and Mandy Scott (Pryor, OK) 4-11 3/4. **Long Jump:** 1. Kristy Harris (Savoy, IL) 17-2 1/4, 2. Carrie Pollock (Wheaton, IL) 16-10, 3. Tangala Colson (Sacramento, CA) 16-8 1/4.

## Bill Cosby Indoor Track & Field Invitational

February 15, Reno.

### Men's Results

**55m:** 1. Aaron Thigpin (Unat) 6.18 arena record. **55m Hurdles:** 1. Malcolm Dixon (Unat.) 7.31. **200m:** 1. Willie Caldwell (Unat) 21.11. **3000m:** 1. Miguel Tibaduiza (Unat) 8:33.4. **400m:** 1. Willie Caldwell (Unat) 46.52. **Mile:** 1. Darryl Jewell (CS Bakersfield) 4:14.7. **800m:** 1. Patrick Robinson (Nevada) 1:50.59. **PV:** 1. Mike Heath (Wichita St) 17-10 3/4. **TJ:** 1. Demitry Pitterman (Unat) 52-10 3/4. **LJ:** 1. John Burrell (Nevada) 25-7 1/4. **HJ:** 1. Walt Barney (CS Bakersfield) 6-11. **SP:** 1. Ryan Vierra (CS Northridge) 58-1 1/2. **35 lb. Wt:** 1. John Hamilton (Wichita St) 66-0. **Mile Relay:** 1. Utah State 3:16.11. **2 Mile Relay:** 1. Nevada 7:57.61.

### Women's Results

**55m:** 1. Julia Turing (US Army) 6.98. **55m Hurdles:** 1. Stephanie Thomas (US Army) 7.93. **Mile:** 1. Suzanne Castruita (Mt. SAC) 5:12.43. **400m:** 1. Michelle Taylor (Cheetahs TC) 54.17. **800m:** 1. Sonja Sutherland (Unat) 2:11.59. **200m:** 1. Julia Turing (US Army) 24.78. **3000m:** 1. Brooke Mabe (Long Beach St) 10:21.18. **Mile Relay:** 1. Utah St. 3:53.21. **2 Mile Relay:** 1. Nevada 10:01.59. **TJ:** 1. Tammura Hawthorne (Long Beach St) 38-9 1/4. **HJ:** 1. Agnetta Westen (Utah St) 5-10 1/2. **LJ:** 1. Amber Thompson (Long Beach St) 18-5 1/4. **SP:** 1. Rica Brown (CS Bakersfield) 52-10 1/2.

## Air Force Academy Falcon Classic Indoor Track & Field

February 15, Colorado Springs, CO.

### Men's Results

**Team Scores:** 1. Fresno State 110, 2. Colorado 104, 3. Air Force Academy 103, 4. Boise State 95.5, 5. Wyoming 59.5, 6. Colorado State 59, 7. New Mexico 47.

**55m:** 1. Kerry Lawyer (Boise St) 6.26, 2. (tie) Marcus Askins (Colorado) and Erik Mitchell (Colorado) 6.40, 4. Carlton McDonald (AF Academy) 6.52, 5. Darlington Munhenga (AF Academy) 6.53.

**55m Hurdles:** 1. Roberto Carmona (Colorado) 7.4, 2. Cliff Alexander (AF Academy) 7.51, 3. Marcus Turner (Colorado St) 7.53, 4. Joel Giorgio (Wyoming) 7.56, 5. Kwane Stewart (NM) 7.56.

**200m:** 1. Kerry Lawyer (Boise St) 21.31, 2. Dant Kusleika (FSU) 21.54, 3. David Lawyer (Boise St) 21.64, 4. Marcus Askins (Colorado) 21.80, 5. Darlington Munhenga (AF Academy) 22.04.

**400m:** 1. Willie Garcia (NM) 48.02, 2. Dant Kusleika (FSU) 48.45, 3. Mike Lippold (Colorado St) 48.48, 4. Downen Raynor (Boise St) 48.64, 5. Cliff Alexander (AF Academy) 48.91.

**800m:** 1. Masiu Amusa (NM) 1:54.19, 2. Steve Roper (Colorado) 1:56.16, 3. Nick Thiel (Wyoming) 1:56.20, 4. Joe Amendt (FSU) 1:56.21, 5. Rob Gneiser (Colorado St) 1:56.44.

**Mile:** 1. Eli Ricca (AF Academy) 4:22.61, 2. Chris Smith (Colorado St) 4:23.38, 3. Neff McGhie (FSU) 4:24.60, 4. Nick Thiel (Wyoming) 4:25.32, 5. Andy Samuelson (Colorado) 4:28.76.

**3000m:** 1. Fritz Rogers (Colorado) 8:50.92, 2. Nick MacFalls (AF Academy) 8:55.02, 3. Phil Swenson (AF Academy) 8:55.41, 4. Matt Schubert (Colorado St) 9:01.05, 5. Dyvind Simonsen (Wyoming) 9:03.12.

**Mile Relay:** 1. Boise State 3:17.27, 2. Colorado 3:17.42, 3. Air Force Academy 3:17.72, 4. Colorado State 3:19.24, 5. Fresno State 3:19.78.

**Two Mile Relay:** 1. Colorado 7:50.74, 2. Fresno State 8:00.21, 3. Air Force Academy 8:01.33, 4. Colorado State 8:09.21, 5. Wyoming 8:25.56.

**Long Jump:** 1. Kerry Lawyer (Boise St) 24-1 1/2, 2. Erik Brewington (Boise St) 24-1 1/2, 3. Reggie Jackson (FSU) 23-5 3/4, 4. Dave Shannon (Wyoming) 23-4 3/4, 5. Carlton McDonald (AF Academy) 23-1.

**35 lb. Wt:** 1. Rob Upton (Colorado St) 64-8 1/2, 2. Tom Rowe (FSU) 59-9 3/4, 3. Roshawn James (FSU) 57-2, 4. Vern Conaway (AF Academy) 55-8 1/2, 5. Keith Jones (FSU) 52-11 1/4.

**High Jump:** 1. Bud Hamilton (Wyoming) 7-1, 2. Ivar Hella (NM) 6-11 3/4, 3. Gio Sprattling (FSU) 6-10 3/4, 4. Mark McDonald (Colorado) 6-10 3/4, 5. Travis Williams (Colorado) 6-10 3/4.

**Shot Put:** 1. Cahd Lindsay (Wyoming) 59-4, 2. Chuck McThjny (Boise St) 52-10, 3. Roshawn James (FSU) 52-4, 4. Darius Holland (Colorado) 51-4 3/4, 5. Shawn Larcher (AF Academy) 50-11.

**Triple Jump:** 1. Reggie Jackson (FSU) 52-10 1/4, 2. David Stuart (Boise St) 49-11 1/4, 3. Matt Rice (Colorado) 49-6, 4. Khadun Rucker (FSU) 49-0 1/2, 5. Dave Shannon (Wyoming) 48-10 1/2.

**Pole Vault:** 1. David Cox (FSU) 17-0, 2. (tie) Darrin Bryant (NM) and Jeremy Williams (AF Academy) 16-8, 4. Mike Tenney (AF Academy) 16-0, 5. Scott Lupo (Boise St) 15-8 1/4.

**Outstanding Male Track Performer:** Rob Upton (Colorado St).

**Outstanding Male Field Performer:** Kerry Lawyer (Boise St).

### Women's Results

**Team Scores:** 1. Fresno State 152.5, 2. Wyoming 105, 3. Colorado 99, 4. Colorado State 87.5, 5. New Mexico 33, 6. Air Force Academy 20.

**55m:** 1. Trecia Roberts (Wyoming) 7.09, 2. Trishun Jackson (FSU) 7.09, 3. Lisa Hunter (FSU) 7.17, 4. Cindi Hill (FSU) 7.16, 5. Natanya Jones (NM) 7.25.

**55m Hurdles:** 1. Trecia Roberts (Wyoming) 7.84, 2. Monica Missick (FSU) 8.19,

## Men's NCAA District 8 Track and Field Ratings

By District 8 Rating Committee  
Ratings Through March 10, 1992

- |                     |                      |
|---------------------|----------------------|
| 1. Washington State | 11. USC              |
| 2. Oregon           | 12. Stanford         |
| 3. UCLA             | 13. CS Bakersfield   |
| 4. Cal              | 14. Cal Poly SLO     |
| 5. Fresno State     | 15. UC Santa Barbara |
| 6. Arizona          | 16. UC Davis         |
| 7. Arizona State    | 17. CS Los Angeles   |
| 8. Washington       | 18. CS Chico         |
| 9. CS Northridge    | 19. Cal Poly Pomona  |
| 10. UC Irvine       | 20. CS Long Beach    |

3. Carol Hood (Colorado) 8.25, 4. Stacey Dickson (Colorado St) 8.39, 5. Monica Crittenden (NM) 8.48.

**200m:** 1. Lisa Hunter (FSU) 25.0, 2. Trecia Roberts (Wyoming) 25.12, 3. Cindi Hill (FSU) 25.24, 4. Mary Norwesh (Colorado St) 25.60, 5. Becky Sorensen (Colorado St) 25.93.

**400m:** 1. Tanya Dooley (FSU) 55.30, 2. Tamara Ards (Colorado) 57.34, 3. Janisha Richardson (FSU) 57.83, 5. Amy Schroth (Wyoming) 58.80.

**800m:** 1. Amie Cohon (FSU) 2:16.06, 2. Lisa Weiderin (FSU) 2:17.05, 3. Brooke Baughman (Colorado) 2:18.65, 4. Melissa Donovan (Wyoming) 2:18.66, 5. Jenny Hodsden (Colorado St) 2:19.7.

**Mile:** 1. Brooke Baughman (Colorado) 4:58.4, 2. Shannon Lieder (FSU) 4:58.8, 3. Debbie Maass (Colorado St) 5:10.1, 4. Carla Hay (Wyoming) 5:16.0, 5. Muffy Raveling (Colorado) 5:19.7.

**3000m:** 1. Sandy Ham (Colorado St) 10:11.7, 2. Kelly Dix (NM) 10:27.5, 3. Dina Farage (FSU) 10:34.3, 4. Dodie Kocis (Wyoming) 10:41.9, 5. Julie Verke (FSU) 10:42.1.

**Mile Relay:** 1. Colorado 3:52.65, 2. Fresno State 3:54.53, 3. Colorado State 3:57.28, 4. Wyoming 4:04.97, 5. Air Force Academy 4:06.11.

**Two Mile Relay:** 1. Fresno State 9:34.57, 2. Wyoming 9:44.46, 3. Colorado State 9:50.50, 4. Air Force Academy 10:22.84, 5. Colorado 10:37.6.

**Long Jump:** 1. Carol Hood (Colorado) 18-10 1/4, 2. Tara Didyk (FSU) 18-8 1/2, 3. Trishun Jackson (FSU) 18-5 3/4, 4. Pam Owen (Colorado) 17-11, 5. Diane Schneider (Colorado St) 17-3 1/4.

**High Jump:** 1. Karol Dason (Colorado) 6-1 1/5, 2. Pam Owen (Colorado) 5-9 1/4, 3. Debbie Shaffer (Colorado St) 5-5 3/4, 3. Missy Hanlen (Colorado St) 5-5 3/4, 5. Chris Lazz (Wyoming) 5-4 1/2.

**Shot Put:** 1. Jennelle Viavia (FSU) 48-4 1/2, 2. Starla Ahu (Colorado) 45-11 3/4, 3. Deb Sazama (Wyoming) 45-10 1/4, 4. Nichole Roberts (Colorado) 42-11, 5. Robyn

Young (Wyoming) 42-11.

**Triple Jump:** 1. Tara Didyk (FSU) 38-8 3/4, 2. Missy Hanlen (Colorado St) 37-7 1/2, 3. Lachelle Coleman (NM) 36-7, 4. Tori Connett (Wyoming) 35-11 1/4, 5. Trishun Jackson (FSU) 35-5 1/2.

**Outstanding Female Track Performer:** Trecia Roberts (Wyoming).

**Outstanding Female Field Performer:** 1. Karol Dawson (Colorado).

## Long Beach State Track & Field Relays

February 22, Long Beach State Univ.

### Men's Results - Univ./Open

**110m HH:** 1. Larry Happington (Unat) 14.09, 2. Richard Benoy (Springco) 14.17, 3. Ashford (AIA) 14.25. **400m IH:** 1. Tim Shields 54.89, 2. Al Hart (LBSU) 55.35, 3. Peter Kallik (UCSB) 57.70. **3000m SC:** 1. Scott Fairbanks (UCSB) 9:56.48, 2. Joe Neff (SDSU) 10:01.75, 3. Tom Bibbs (UCI) 10:06.08. **5000m:** 1. Gordon Christie (Unat) 14:51.10, 2. Steve Barlow (Alan Hancock College) 14:52.33, 3. Jim Swinson (SDSU) 14:58.03. **4x100m Relay:** 1. USC 39.86, 2. SSTC 41.40, 3. CSUB 41.71. **4x200m Relay:** 1. UCI 1:27.44, 2. CSUB 1:27.65, 3. Chuk 1:31.58. **4x400m Relay:** 1. USC 3:07.95, 2. UCLA 3:11.34, 3. SSTC 3:13.46. **4x800m Relay:** 1. Unattached 7:39.55, 2. UCI 7:44.65, 3. TWTC 7:45.05. **4x1600m Relay:** 1. SDSU 17:10.04, 2. Capaz 17:19.07, 3. UCLA 17:25.15. **Sprint Medley Relay:** 1. CSUB 3:23.89, 2. LBSU 3:27.27, 3. USMC 3:27.89. **Distance Medley Relay:** 1. TWTC 10:00.54, 2. UCI 10:08.12, 3. UCSB 10:17.74.

**HJ:** 1. Colman Conroy (UCSB) 7-2 1/2, 2. Juan Thomas (Unat) 7-0 1/2, 3. Jim Cody (Unat) 6-10 3/4. **PV:** 1. Vidharo Kishi 15-5 3/4, 2. Dan Tapia (Cerritos TC) 15-5 3/4, 3. John Sommers (UCLA) 15-5 3/4. **LJ:** 1. D.D. Manns 25-0 3/4, 2. Gordon Laine (Unat) 24-3, 3. Chris Wilcox (S&S) 23-11 3/4. **TJ:** 1. Robert Cannon 53-7, 2. Alex Norca (Unat) 53-3 3/4, 3. Willie Banks



# RESULTS

(Mazda TC) 52-11 1/2. SP: 1. Billy McDannell (Unat) 57-5 3/4, 2. Mark Parlin (Unat) 55-3. 3. Rod Chronister (CS Bakersfield) 52-10 3/4. DT: 1. Jamie Pressley (UCLA) 176-6, 2. Mark Parlin (Unat) 152-11, 3. Mike Opp (Redlands Univ.) 149-8. JT: 1. Jason Twedt (Unat) 218-11, 2. Fred Carpenter (AIA) 210-11, 3. Joe ? (Advantage Athletics) 209-1. HT: 1. Monte Wilson (CS Bakersfield) 176-1, 2. Jay Christofferson (UCSB) 168-3, 3. Grant Sniffin (CS Bakersfield) 157-7.

## Women's Results - Univ/Open

**100m Hurdles:** 1. Decoux (USC) 14.49, 2. Lipscomb (USC) 14.60, 3. Marieke Veltman (UCI) 14.62. **400m IH:** 1. Cassandra Tyson (Unat) 1:04.28, 2. Barb Guterac (CS Fullerton) 1:06.48, 3. Alethia Brhel (CPP) 1:06.85. **3000m:** 1. Ruth Wysocki (Unat) 9:20.45, 2. Arcelia Gomez (Occidental College) 10:03.62, 3. Cindy Brown (UCI) 10:06.73. **5000m:** 1. Pam Boyles (CS Bakersfield) 17:39.04, 2. Christy Perkins (SDSU) 17:51.82, 3. Kelly Kosteg (LBSU) 18:30.24. **4x100m Relay:** 1. USC 46.44, 2. SOSC 46.64, 3. UCI 47.74. **4x200m Relay:** 1. WC 1:33.89, 2. PFTC 1:39.51, 3. SOSC 1:40.34. **4x400m Relay:** 1. WC 3:42.03, 2. USC 3:45.92, 3. UCLA 3:50.35. **4x800m Relay:** 1. TWTC 9:12.50, 2. Ca Poly Pomona 3:38.78, 3. UCI 9:57.34. **4x1600m Relay:** 1. NCTC 19:56.22, 2. UCI 20:37.73, 3. TWTC 20:55.10. **Sprint Medley Relay:** 1. Foote (Unat) 1:46.81, 2. UCI 1:48.84, 3. LBSU 1:49.49. **Distance Medley Relay:** 1. NCTC 11:32.06, 2. UCI 11:51.89, 3. Cal Poly Pomona 12:28.90.

**HJ:** 1. Clare Look Jasper (Nike Cst TC) 6-1 1/2, 2. Jackie Joyner-Kersey (World Class TC) 6-0 1/2, 3. Crissy Mills (Advantage Athletics) 6-0 1/2. **LJ:** 1. Ana Ralph 18-11 1/2, 2. Tonya Sedswick (World Class TC) 18-9 1/2, 3. Larsen (Nike Cst TC) 18-6 1/2. **TJ:** 1. Angel Carter 37-10 3/4, 2. Franke (USC) 37-10 1/2, 3. Lynette ? (LBSU) 37-2 1/4. **SP:** 1. Bonnie Dasse (Nike Cst TC) 54-10 3/4, 2. Susie Greganic (LBSU) 43-3 3/4, 3. Julie Wejarias (SDSU) 40-5. **DT:** 1. Sarah Andrews (UCI) 143-6, 2. Shelly Biddinger (CS Bakersfield) 141-2, 3. Not Available (USC) 139-0. **JT:** 1. Franke (USC) 153-2, 2. Jennifer Stuart (LA Valley College) 141-4, 3. Larsen (Nike Cst TC) 135-10.

## Men's Results - City College

**110m HH:** 1. Torrance Campbell (LBCC) 15.23, 2. Chris Love (LBCC) 15.31, 3. Dominique Arnold (LBCC) 15.40. **400m IH:** 1. Jerry Black (SD Mesa) 54.11, 2. Terrance Cam (LBCC) 55.04, 3. David Robinson (Porterville College) 55.95. **3000m SC:** 1. Nate Abbate (SD Mesa) 10:16.28, 2. Phil McDonald (Hancock) 10:18.37. **5000m:** 1. Cesar Lopez (SD Mesa) 15:05.13, 2. Buddy Jones (M SAC) 15:21.33, 3. Luis Cazonia (Hancock) 15:27.99. **4x1600m Relay:** 1. ECC 17:20.84, 2. LBCC 17:45.11, 3. PCC 18:13.64. **Sprint Medley:** 1. Taft College 3:29.22, 2. COS 3:34.27, 3. LBCC 3:37.64. **Distance Medley:** 1. LBCC 10:08.55, 2. PCC 10:30.95, 3. SD Mesa

10:36.87.

**HJ:** 1. Jon Deberry (Taft College) 6-10 3/4, 2. Elgin Blake (SD Mesa) 6-8 3/4, 3. Mark Montgomery (PCC) 6-6 3/4. **PV:** 1. Arman Karapogian (LBCC) 13-5 3/4, 2. Chad Reddy (LBCC) 13-5 3/4, 3. Luis Ortiz (Mt. SAC) 13-5 3/4. **LJ:** 1. Jeff Vaughn (LBCC) 23-1 1/4, 2. Benny Fernando (Mt. SAC) 23-1 1/4, 3. Terrance Sweet (SD Mesa) 22-9 1/4. **TJ:** 1. Don Williams (Taft College) 49-8 1/2, 2. Anthony Bartley (LBCC) 49-0 1/4, 3. Terrance Sweet (SD Mesa) 48-11 1/2. **SP:** 1. Dee Wallin (LBCC) 52-5 1/4, 2. Jim Hurtado (SD Mesa) 46-2 3/4, 3. David Loshonlop (SD Mesa) 42-9 1/2.

## Women's Results - City College

**100m Hurdles:** 1. Alicia Armstrong (Taft College) 14.62, 2. Phetina Woods (LBCC) 14.75, 3. Stephanie Swift (Hancock) 16.88. **400m Hurdles:** 1. Latoya Skippings (Compton College) 1:08.00, 2. Kirstina MacPhee (LBCC) 1:09.60, 3. Dee Salck (COS) 1:09.93. **3000m:** 1. Sellon Rivera (Unat) 10:10.93, 2. Tanesha Sandoz (LBCC) 10:23.12, 3. Marcia Larson (SD Mesa) 11:03.66. **5000m:** 1. Suzanne Castuita (Mt. SAC) 17:37.56, 2. Sharon Browne (Hancock) 19:28.57, 3. Teri Gray (Cerritos College) 2:29.04. **Distance Medley:** 1. El Camino College 13:00.27, 2. Mt. SAC N.T., 3. COS 13:29.65.

**HJ:** 1. Dee Balch (COS) 5-5, 2. Jenny Wilbourn (COS) 5-1 3/4, 3. Shelly Walch (Hancock) 4-7 3/4. **LJ:** 1. Michelle Allen (El Camino College) 18-1 1/4, 2. Toni Griffen (SD Mesa) 17-10 1/4, 3. Shelly Holder (Hancock) 16-1 3/4. **TJ:** 1. Michelle Allen (ECC) 36-0 1/4, 2. Nikki Sweeney (ECC) 31-3, 3. Michelle DeLeon (Cerritos College) 30-8 1/4. **SP:** 1. Jennifer Riney (PCC) 37-8 1/2, 2. Leslie Coons (SD Mesa) 37-7 1/4, 3. Doris Fluellen (LBCC) 37-7 1/4.

## Fresno State University 4-Way Track & Field Meet FSU/Cal/Sacramento St/CS Bakersfield

March 7. Warmerdam Field, Fresno.

### Men's Results

#### Team Scores:

1. California 86, 2. Fresno State 77, 3. CS Bakersfield 34, 4. Sacramento State 6. California 90 - Fresno State 73  
Fresno State 151 - Sacramento State 10  
Fresno State 119 - CS Bakersfield 43  
California 115 - CS Bakersfield 40  
California 141 - Sacramento State 17  
CS Bakersfield 81 - Sacramento State 36  
**100m:** 1. Larry King (CSB) 10.56, 2. Tim Green (Cal) 10.64, 3. Whaylin Bratton (FSU) 10.83, 4. Mike Orwat (FSU) 10.89, 5. Mike Allison (Cal) 10.90. **200m:** 1. Larry King (CS Bakersfield) 21.41, 2. Dant Kusleika (FSU) 21.54, 3. Gerald Monroe (CSB) 21.85, 4. Mike Allison (Cal) 21.96, 5. Paul Castle (FSU) 22.01. **400m:** 1. Dant Kusleika (FSU) 47.64, 2. Oliver Brown (Cal) 48.75, 3. Rodney Burt (CSB) 48.97, 4. Din-

gane Newson (Cal) 49.74, 5. Curtis Margain (CSB) 49.94. **800m:** 1. Erick McBride (FSU) 1:49.29, 2. Joe Amendt (FSU) 1:50.86, 3. Craig Magness (Cal) 1:51.03, 4. James Warhaver (Cal) 1:51.80, 5. Jamie Harris (FSU) 1:53.42.

**1500m:** 1. Jamie Harris (FSU) 3:50.09, 2. Ben Turman (Cal) 3:50.59, 3. Richie Boulat (Cal) 3:51.17, 4. Erick McBride (CSB) 3:55.55, 5. Kevin Baxter (FSU) 3:59.39. **3000m SC:** 1. Neff McGhie (FSU) 9:10.33, 2. Brian Petersen (Sacto St) 9:32.26, 3. Dale Vinski (Cal) 9:59.87, 4. Lawrence Shaw (FSU) 10:24.28, 5. Ed Jeffrey (FSU) 12:42.07. **5000m:** 1. Mark Douglas (Cal) 15:10.97, 2. Andy Bupp (Cal) 15:14.44, 3. Kevin Baxter (FSU) 15:16.14, 4. Tim Coburn (FSU) 15:28.51, 5. Joe Sertic (Sacto St) 15:32.54.

**110m HH:** 1. Brent Burns (Cal) 14.63, 2. Jabari Reynolds (FSU) 14.76, 3. Kendall Hoggatt (FSU) 15.49, 4. Ben Killmeyer (Cal) 15.63, 5. Jack Bush (FSU) 15.69. **400m IH:** 1. Andy Sample (Cal) 52.84, 2. Mark Higgins (Cal) 54.01, 3. Jack Bush (FSU) 54.83, 4. Jabari Reynolds (FSU) 54.85, 5. Harley North (FSU) 55.02. **4x100 Relay:** 1. Cal 41.14, 2. CS Bakersfield 41.29, 3. Fresno State A 41.41, 4. Fresno State B 41.54. **4x400 Relay:** 1. CS Bakersfield 3:13.92, 2. Cal 3:14.60, 3. Fresno State A 3:14.81, 4. Fresno State B 3:22.24, 5. Cal B 3:22.94.

**High Jump:** 1. Gio Sprattling (FSU) 7-0 1/2, 2. Walter Barney (CSB) 6-10 1/4, 3. Kevin Keane (Cal) 6-10 1/4, 4. Lawson Silva (CSB) 6-9, 5. Tim Loomer (CSB) 6-8. **Pole Vault:** 1. Brent Burns (Cal) 17-0, 2. Derek Oliver (FSU) 16-6, 3. Paul Friedenbach (FSU) 16-0, 4. Sean Haworth (Cal) 15-6, 5. Darren Fraley (FSU) 14-6. **Long Jump:** 1. Sam Watson (FSU) 24-1 1/4, 2. Tyrone Edwards (Cal) 23-11 1/2, 3. Alonzo Livingston (Cal) 23-7 1/2, 4. Reggie Jackson (FSU) 23-4 3/4, 5. Joe Frank (Cal) 23-4. **Triple Jump:** 1. Reggie Jackson (FSU) 55-2w, 2. Joe Frank (Cal) 50-5 1/2, 3. Kevin Keane (Cal) 45-6, 4. David Lason (FSU) 44-3 1/4. **Shot Put:** 1. Ramon Jimenez/Gaona (Cal) 58-1, 2. Roshawn James (FSU) 54-10, 3. John Wirtz (Cal) 53-10 1/2, 4. Jared Wright (FSU) 52-0 1/2, 5. Keith Jones (FSU) 51-11 3/4.

**Discus:** 1. John Wirtz (Cal) 184-1, 2. Roshawn James (FSU) 177-7, 3. Rick Cox (Cal) 165-9, 4. Peter Schaffer (Cal) 159-9, 5. John Cummings (Cal) 153-9. **Javelin:** 1. Todd Riech (FSU) 244-4, 2. John Cummings (Cal) 194-1, 3. Rod Chronister (CSB) 182-9, 4. Lloyd Porter (FSU) 180-9, 5. Jim Lyons (Sacto St) 153-11. **Hammer:** 1. Roshawn James (FSU) 189-07, 2. Dave Lunde (Sacto St) 189-05, 3. Damian Luper (Cal) 184-06, 4. Tom Rowe (FSU) 175-01, 5. Monte Wilson (CSB) 170-11.

### Women's Results

#### Team Scores:

1. Fresno State 110, 2. California 32, 3. CS Bakersfield 20, 4. Sacramento State 19. Fresno State 107 - California 38  
Fresno State 123 - Sacramento State 22  
Fresno State 119 - CS Bakersfield 22

California 79 - CS Bakersfield 29  
California 73 - Sacramento State 59  
Sacramento State 76 - CS Bakersfield 36

**100m:** 1. Stacey Rogers (Sacto St) 12.10, 2. Lisa Hunter (FSU) 12.13, 3. Debbie White (Cal) 12.77, 4. Cyndi Hill (FSU) N.T. **200m:** 1. Tanya Dooley (FSU) 24.52w, 2. Lisa Hunter (FSU) 24.59, 3. (tie) Cyndi Hill (FSU) and Stacey Rogers (Sacto St) 24.66, 5. Andrea Swift (Sacto St) 26.2. **400m:** 1. Janisha Richardson (FSU) 57.19, 2. Kenia Lockhart (CSB) 58.87, 3. Lisa Wiederin (Cal) 1:00.15, 4. Karen Clarke (Cal) 1:00.21, 5. Aimee Cohon (FSU) 1:00.23. **800m:** 1. Shannon Lieder (FSU) 2:10.12, 2. Adria Ibarra (Cal) 2:17.30, 3. Courtney Clark (Cal) 2:18.15, 4. Gina Westby (Cal) 2:19.50, 5. Karlyn Neal (Cal) 2:19.85.

**1500m:** 1. Noelle Righter (FSU) 4:45.31, 2. Kim Neminac (Sacto St) 4:48.97, 3. Suzie Ellison (Cal) 4:59.89, 4. Ginny Mommson (Cal) 5:00.66, 5. Letitia Castaneda (FSU) 5:12.75. **3000m:** 1. Dina Farage (FSU) 10:08.57, 2. Julie Verke (FSU) 10:39.24, 3. Tami Dabel (Cal) 10:47.35, 4. Eva Belt (FSU) 11:00.80, 5. Evelyn Martino (FSU) 11:04.75. **5000m:** 1. Janet Bowie (Cal) 16:51.96, 2. Dina Farage (FSU) 16:58.56, 3. Julie Verke (FSU) 17:25.05, 4. Pam Boyles (CSB) 17:29.52, 5. Eva Belt (FSU) 18:36.52.

**100m H:** 1. Gerri Golden (CSB) 14.35w, 2. Laurie Smith (Cal) 14.37, 3. Monica Missick (FSU) 14.38, 4. Nicole Atlaque (FSU) 15.54, 5. Andrea Swift (Sacto St) N.T. **400m H:** 1. Nicole Atlaque (FSU) 1:06.61, 2. Jennifer Sperling (FSU) 1:06.81, 3. Jennifer Owens (Cal) 1:07.18, 4. Monica Missick (FSU) 1:12.05, 5. Shanna McCord (Sacto St) 1:13.14. **4x100 Relay:** 1. Fresno State A 46.74, 2. Sacramento State 49.41, 3. California 49.99, 4. Fresno State B N.T. **4x400 Relay:** 1. Fresno State A 3:51.52, 2. Cal 4:00.34, 3. Sacramento State 4:03.07, 4. Fresno State B 3:59.59.

**High Jump:** 1. Chi Johnson (Cal) 5-6, 2. Larissa Roostee (FSU) 5-4 1/4, 3. Clarissa Moulton (CSB) 5-4 1/4, 4. Renee Sandberg (Sacto St) 5-4 1/4, 5. Alna Van Winkle (FSU) 5-2 1/4. **Long Jump:** 1. Stacey Rogers (Sacto St) 20-0 1/4, 2. Cami Hall (Cal) 19-0 3/4, 3. Tara Didyk (FSU) 18-9 1/4, 4. Kristen Kulow (FSU) 18-7 1/4, 5. Rachel Hudson (FSU) 17-4. **Triple Jump:** 1. Tara Didyk (FSU) 40-2 1/4, 2. Stacey Lyles (FSU) 37-11 1/4, 3. Kristen Kulow (FSU) 37-10 1/2, 4. Rachel Hudson (FSU) 36-9 3/4, 5. Chi Johnson (Cal) 36-6 3/4. **Shot Put:** 1. Rica Brown (CSB) 50-4, 2. Jennifer Via-via (FSU) 44-9, 3. Lorraine Seiler (FSU) 43-8 1/2, 4. Talafulu Misa (FSU) 41-6 1/2, 5. Lori Rodriguez (FSU) 41-2 1/2.

**Discus:** 1. Talafulu Misa (FSU) 157-1, 2. Devlyn Dunlap (CSB) 148-1, 3. Lorraine Seiler (FSU) 146-1, 4. Rica Brown (CSB) 145-4, 5. Annette Kalihiwa (Cal) 138-8. **Javelin:** 1. Jill Camron (FSU) 117-6, 2. Lori Rodriguez (FSU) 116-7, 3. Rachel Hudson (FSU) 108-1, 4. Maty Atkinson (Sacto St) 107-8, 5. Sharon Holgersen (Sacto St) 106-8.



# Qualifying Standards 1992 U.S. Olympic Track and Field Trials

## TAC Executive Committee Okays Changes in Olympic Trials Standards

**October 16, 1991. Indianapolis**--The Executive Committee of The Athletics Congress has approved a change in the qualifying standards for next year's U. S. Olympic Track and Field Trials.

The changes relax the qualifying standards in all but two of the 36 events--20 for men, 16 for women--at the Trials. The Trials, set for June 19-28 in New Orleans, will determine the American track and field team for the Olympic Games.

"The changes," said TAC president Frank Greenberg of Philadelphia, who chairs the Executive Committee, "were adopted after we discovered that athletes and coaches were using standards that were incorrect." Greenberg explained that less stringent qualifying marks had been in circulation since February of this year, and the Executive Committee realized that many athletes and coaches would be using the inaccurate standards as the gauge for entry into the Trials. "We didn't want to see anyone come to New Orleans thinking they'd qualified, only to wind up heartbroken over two one-hundredths of a second," said Greenberg.

Greenberg explained that only athletes who meet the 'A' standards--those published in the official entry form--will have their Trials expenses paid. The expenses covered include air travel, ground transportation in New Orleans, room and meals.

The same offer will stand for other qualifiers needed to reach the minimum field in each event, plus any others who eventually qualify for the U.S. Olympic team.

### Women's Invitational/Exhibition Events

The International Competition Committee of The Athletics Congress/USA will conduct women's Invitational/exhibition events at the 1992 U.S. Olympic Track and Field Trials at the discretion of the Women's Track and Field Committee. Female athletes will be invited to compete in the following events by the Women's Track and Field Committee.

5000 Meters	Top 12 Performers
2000m Steeplechase	Top 12 Performers
Hammer	Top 12 Performers
Triple Jump	Top 12 Performers

### Men's Qualifying Standards

Event	Auto Qual. A		Auto Qual. B		Prov. Qual.		Min.
	Auto	Manual	Auto	Manual	Auto	Manual	Field
100m	10.23	NA	10.25	NA	10.37	NA	32
200m	20.47	NA	20.60	NA	20.85	NA	32
400m	45.49	NA	45.80	NA	46.40	NA	32
800m	1:47.20	1:47.2	1:47.65	1:47.6	1:49.10	1:49.1	32
1500m	3:41.35	3:41.3	3:41.80	3:41.8	3:43.50	3:43.5	36
5000m	13:45.00	13:45.0	13:47.00	13:47.0	13:58.00	13:58.0	36
10,000m	28:38.00	28:38.0	28:40.00	28:40.0	29:10.00	29:10.0	24
110m H	13.64	NA	13.65	NA	13.90	NA	32
400m H	50.20	NA	50.30	NA	51.00	NA	32
3000mSC	8:41.00	8:41.0	8:41.00	8:41.0	8:48.64	8:48.6	36
20K Walk	1:30:00.0	1:30:00.0	1:30:00.0	1:30:00.0	Top 15 Performers		15
Decathlon	7850	7850	7800	7800	7500	7500	18
HJ	2.30		2.27		2.23		24
PV	5.70		5.60		5.45		24
LJ	8.15		8.00		7.85		24
TJ	16.60		16.30		16.10		24
SP	19.50		18.75		18.30		24
DT	61.00		59.00		56.50		24
HT	66.00		64.00		61.50		24
JT	75.00		72.30		70.00		24

### Women's Qualifying Standards

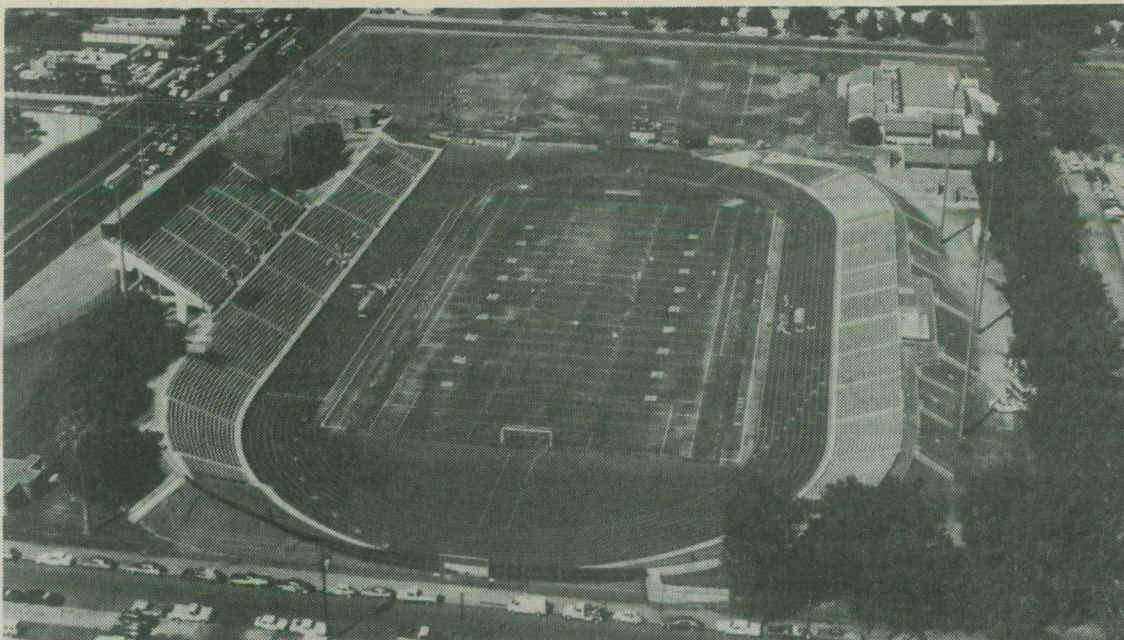
Event	Auto Qual. A		Auto Qual. B		Prov. Qual.		Min.
	Auto	Manual	Auto	Manual	Auto	Manual	Field
100m	11.45	NA	11.55	NA	11.70	NA	32
200m	23.32	NA	23.55	NA	23.80	NA	32
400m	52.50	NA	53.30	NA	53.85	NA	32
800m	2:03.59	2:03.5	2:05.00	2:05.0	2:07.00	2:07.0	32
1500m	4:15.00	4:15.0	4:16.70	4:16.7	4:20.00	4:20.0	36
3000m	9:03.00	9:03.0	9:13.00	9:13.0	9:23.00	9:23.0	24
10,000m	33:20.00	33:20.0	33:35.00	33:35.0	34:25.00	34:25.0	24
100m H	13.35	NA	13.45	NA	13.75	NA	32
400m H	57.60	NA	58.45	NA	59.95	NA	32
10K Walk	50:00.00	50:00.0	50:00.00	50:00.0	Top 15 Performers		15
Heptathlon	5800	5800	5500	5500	5300	5300	18
HJ	1.89		1.87		1.84		24
LJ	6.47		6.40		6.30		24
SP	16.00		15.25		14.90		24
DT	55.00		53.50		51.00		24
JT	54.00		52.00		48.00		24

### Drug Testing

Anti-doping tests will be administered at the 1992 U.S. Olympic Track and Field Trials. Discovery of any forbidden substances will be reported to the International Amateur Athletic Federation as prescribed by international Amateur Athletic Federation and The Athletics Congress/USA rules. A positive sample will result in loss of eligibility to be a member of the 1992 U.S. Olympic Track and Field Team as well as the opportunity to compete in the 1992 Olympic Games. Some prescription and over-the-counter medications contain banned substances. Information regarding drugs and drug testing may be obtained by calling the United States Olympic Committee Drug Hot Line at (800) 233-0393.

1992 U.S. Olympic Track & Field Trials ▲ June 19 through June 28 ▲ Tad Gormley Stadium, New Orleans





# **-FRESNO RELAYS-**

Sponsored by Pepsi Cola and Fresno City & County Convention & Visitor's Bureau

**April 3-4, 1992**

**Ratcliffe Stadium, Fresno, California**

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## **Divisions & Division Directors:**

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Community College: Ken Dose, Fresno City College (209) 442-4600

Intercollegiate, Open & Invitational: Bob Fraley, Fresno State University (209) 294-4098

Intercollegiate and Open Women: Tom Pagani, Fresno State University (209) 294-4097

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