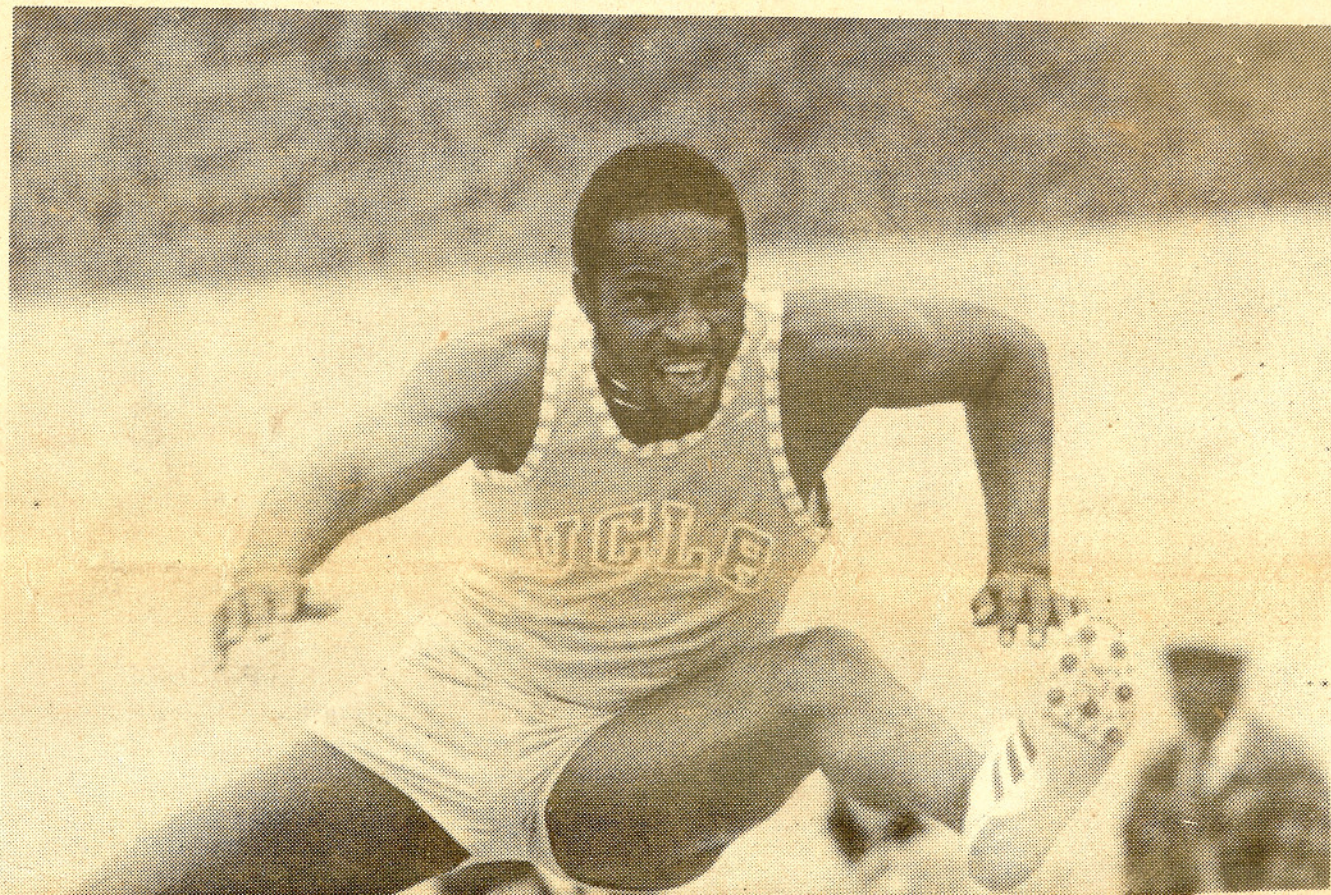


# CALIFORNIA TRACK & RUNNING NEWS

**JUNE 1981**

**\$1.00**

**ISSUE 56**



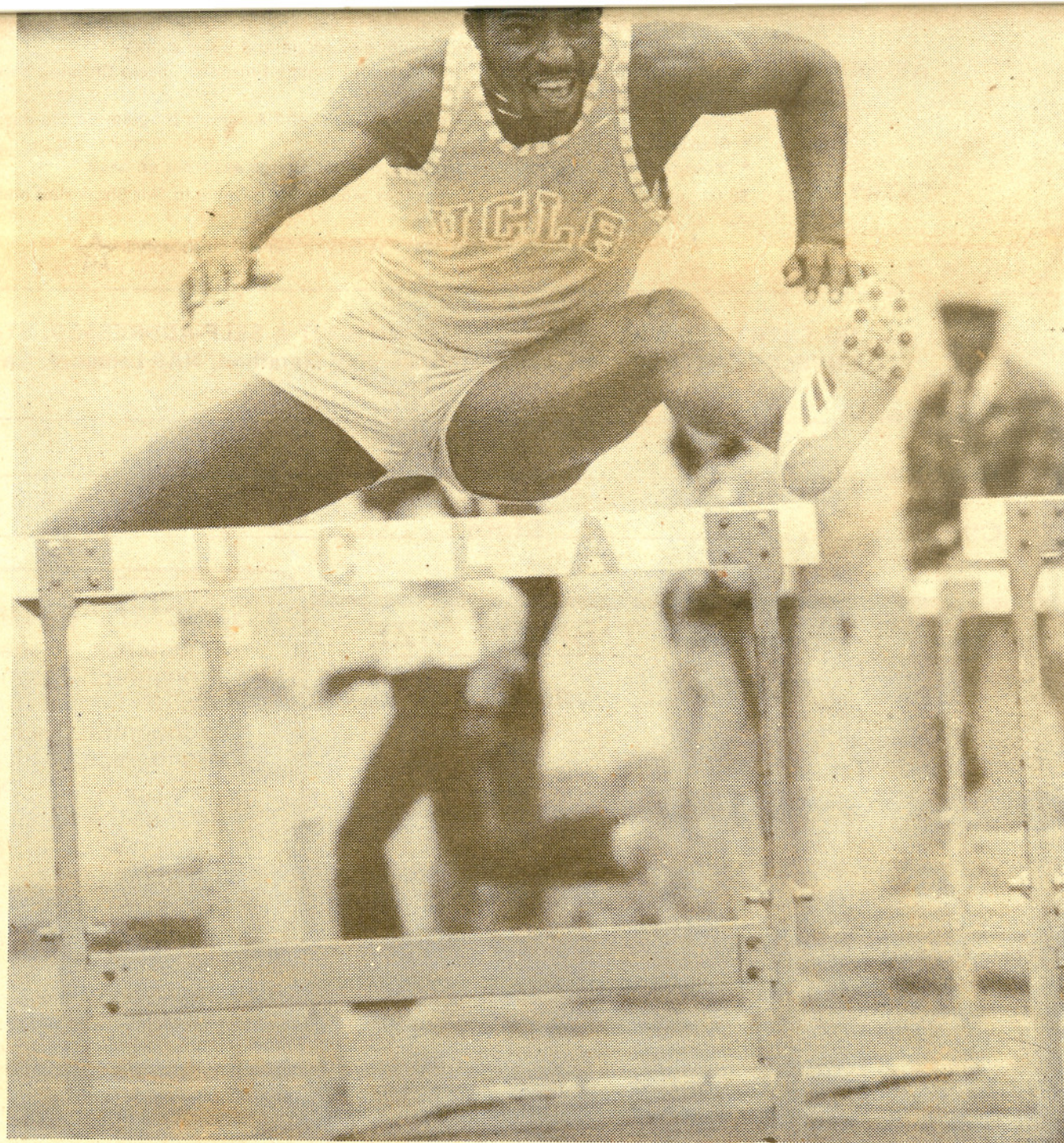


# JUNE

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*California Track & Running News*  
P.O. Box 6108  
Fresno, CA 93703



CALIFORNIA'S TRACK AND RUNNING PUBLICATION



1st Annual ☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆  
**NAVAL AIR STATION LEMOORE**

☆ **AIR SHOW - HALF MARATHON** ☆

**SUNDAY-JUNE 28, 1981**

**7:30 AM**

1st Annual

NAS LEMOORE

**HALF MARATHON**

'81

**COURSE:**

Flat-not a hill in sight. Actually run around and finish directly in front of Blue Angel Aircraft.

**FEATURES:**

- Special one-of-a-kind T-shirt to all participants
- Free Air Show program (Reg. \$2.50 Value)
- Pre-registration with race packet mailed to you one week prior to the race.
- Aid stations at 3, 6, 9, & 12 miles with electrolyte and water drinks

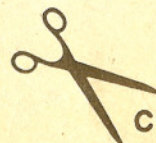
**AWARDS:**

- Seiko Chronograph watch to first male and female finishers. Casio Chronograph watches for division placers.
- With race number in hand may pick up T-shirt and Air Show program on the day of the race.
- Course will close after 3 hours.
- Motorhome parking and tent camping without charge available on base

**ENTRY FEE:**

\$8.00 (non-refundable) via check or money order made payable to: Air Show Half Marathon, NAS Lemoore, Ca. 93245

☆ Registration ends 14 June 1981 - no late entries will be accepted. ☆



cut here

**NO ENTRY FEE WILL BE PROCESSED WITHOUT A SELF-ADDRESSED, STAMPED ENVELOPE. [4" x 10"] Address: Air Show Half Marathon, NAS Lemoore, Ca 93245.**

Print Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_



**AWARDS:**

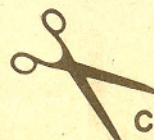
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Print Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**DIVISIONS:** (check one)**T-SHIRT SIZE****MEN****WOMEN**

(circle one)

☐ .....12 & Under.....☐☐ .....13-17.....☐☐ .....Open 18-35.....☐☐ .....36-49.....☐☐ .....50+.....☐☐ .....Military.....☐

Sm

Med

Lg

X-Lg

***Special Features for Runners***

- **48 watches to be given:** \$250.00 Seiko Chronograph Alarms (solar powered) to 1st male & female finishers. \$150.00 Seiko Chronograph to each division winner. Casio Chronograph to division placers.
- **FREE** Budweiser, Pepsi, and Crystal Geyser Water at the finish line.
- **Photos:** 5x7 color finish pictures of runner with planes in the background (\$7.50).
- **V.I.P. Seating** for all division winners at the Air Show (with the admirals, etc.). Will meet Blue Angel pilots.

**WAIVER:**

In consideration of the acceptance of my entry, I for myself, my executors, administrators, and assignees, do hereby release and discharge the Naval Air Station Lemoore Naval Hospital Lemoore and the United States Navy and other sponsors for all claims of damages, demands, actions whatsoever in any manner arising or growing out of my participating in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in this event. I also understand that the entry fee paid by me is non-refundable and that the bib numbers are non-transferrable.

Runner's Signature \_\_\_\_\_

Parent's Signature \_\_\_\_\_

(parent's signature required in under 18yrs)





By **LEN WALLACH**

**T**he intersection of Howard and Spear Streets on San Francisco's waterfront is quiet and lonely now. The only thing that moves are scraps of old newspaper blown about by the cold winds off the bay. There's an occasional human being crossing the walkway but even these are drifting derelicts seeking refuge in their wine-induced stupor.

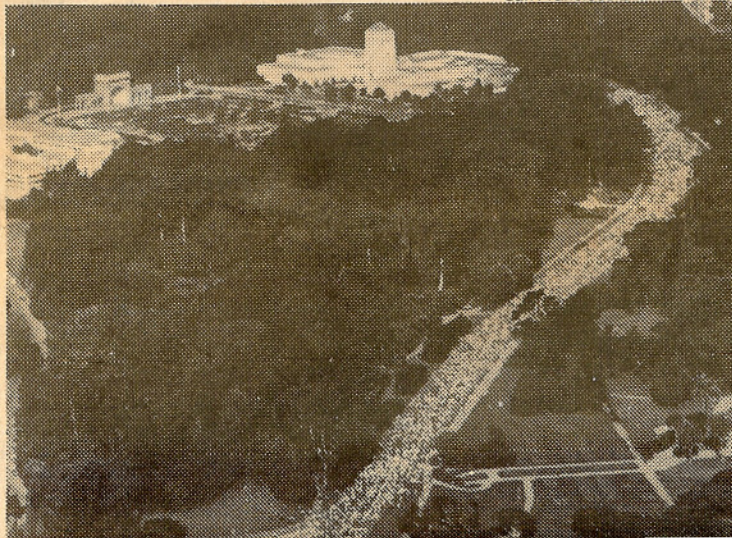
Just a few days ago, the same location was as jammed packed as a Tokyo subway at rush hour. The over 40,000 Bay to Breakers athletes provided their own heat source against the chill of the two hour wait from 6 a.m. until the gun time of 8 o'clock. The 70th running of the cross city race surprised everybody, including me, as I thought that the official registration of almost

costumes and non costumes. Being a nude runner didn't even make it this year as the newspaper folks of the sponsoring *Examiner* brought her out into the open with a self-imposed feature story thus destroying the mystery lady's identity.

The usual gorillas, supermen, fairy queens, and frogs were outdone by giant M and M's, surgical patients on hospital gurnies, space shuttles, six packs and, of course, the infamous centipedes representing cave men, Santa and his reindeer, and a variety of other demented groupies each wearing the required twinkie feelers on pointed heads.

I have a biased vantage point of the Bay to Breakers being the race director of this awesome to awful athletic ac-

San Francisco Examiner photo



## California Track & Running News

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**LDR STATISTICS:** Bob Martin, National Running Data Center.

**PHOTOGRAPHERS:** Keith Conning, Jim Engle, Don Gosney, Marty Higginbotham, Bill Leung, Jr., Richard Slotkin, Ken Takeuchi, Dave Stock.

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**SUBSCRIPTION RATES:** 1 Year (12 issues) \$10.00; 2 Years (24 issues) \$18.00; 3 Years (36 issues) \$25.00. Add \$6.00 per year for first class. Foreign rates on request.



**CALIFORNIA TRACK & RUNNING NEWS**

P.O. Box 6103  
Fresno, CA 93703  
(209) 264-5847

41:47. Virgin is a two-time winner and Oehm is the new kid on the block, pigtails and all, looking as innocent as Alice in Wonderland.

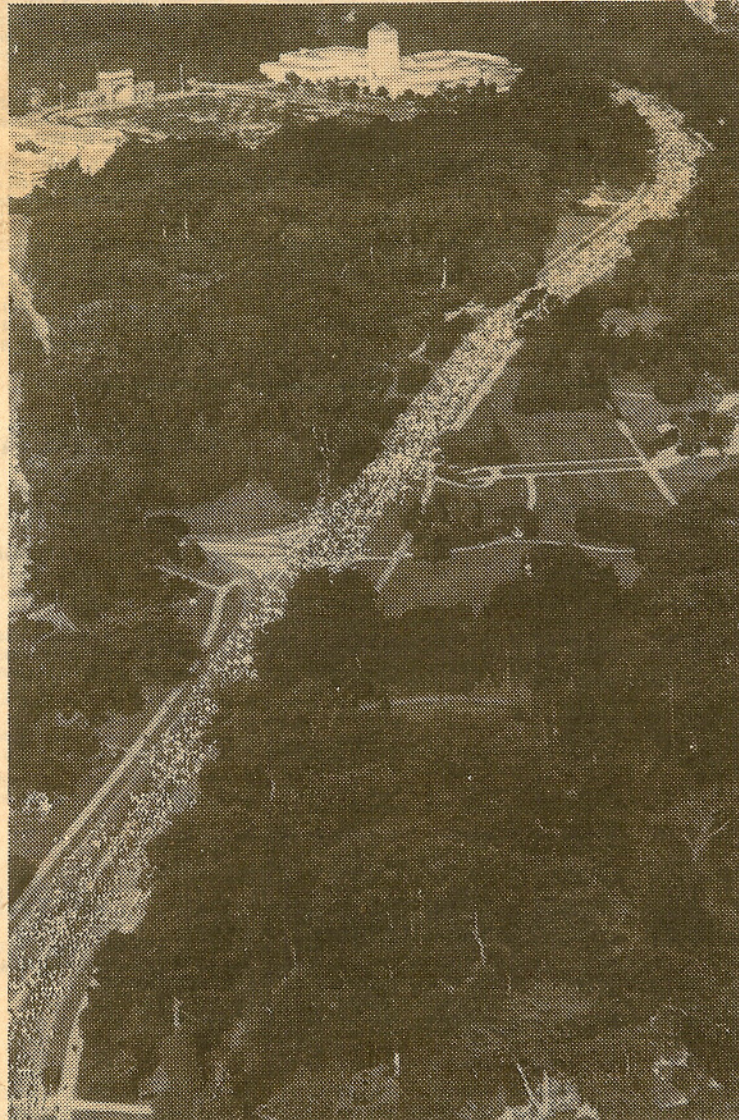
It was also a joy to a young couple who ran the entire race with their wedding party and got married on the finish line awards platform with appropriate catcalls and congratulatory

The usual gripes didn't surface and runners and unrunners alike accepted the crowded lines for T-shirts, Crystal Geyser Water and Miller's Beer. The army of volunteers from the Red Cross, California Conservation Corps, Explorer Scouts were marched by two other armies, on the real one who had



everybody, including me, as I thought that the official registration of almost Bay to Breakers being the race director of this awesome to awful athletic ac-

San Francisco Examiner photo



World's most popular fun run. The Examiner Bay to Breakers is the world's largest fun run, snaking 7.63 miles from San Francisco Bay to the Pacific shores. More than 30,000 runners participated this year in this, America's oldest continuous run.

28,000 had captured all the unofficial runners from last year when the official entry list was at a mere 12,000 crazy folks.

But the crowd had more numberless chests than at the exit gate of a prison. Everybody in town decided to run and run they did in the usual variety of

tivity. I think it's every inch a footrace, but I also believe that its a stampede and a human sideshow.

Craig Virgin and Janice Oehm think its a footrace too, along with several other tight-calved folks who pummeled their way across town. Both Virgin and Oehm set new records of 35:07.0 and

41:47. Virgin is a two-time winner and Oehm is the new kid on the block, pigtails and all, looking as innocent as Alice in Wonderland.

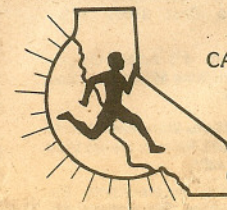
It was also a joy to a young couple who ran the entire race with their wedding party and got married on the finish line awards platform with appropriate catcalls and congratulations coming from the supporters and distractors of the institution of matrimony.

It was a joy to the Aggies Running Club who won their third world title as the fastest centipede even though their image may be tarnished from the questions about the location of their starting position and having gotten between Oehm and Franci Larrieu in the rumored efforts to get in the top 100 no matter what. They didn't make it to that spot nor did they endear themselves to several top athletes on trying to get new PR's.

Ivor Welch successfully defended his title as oldest finisher for the second year at 86 and Peter Noe was the new holder of youngest finisher at age 5.

Subject to checking on current memberships and paid-up dues in their respective organizations, the team title is up for grabs between West Valley Track Club and Camino West with the former in a better position than the latter.

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The usual gripes didn't surface and runners and unrunners alike accepted the crowded lines for T-shirts, Crystal Geyser Water and Miller's Beer. The army of volunteers from the Red Cross, California Conservation Corps, Explorer Scouts were marched by two other armies, on the real one who had soldiers manning the two water stops and providing the Sixth Army Band at the start.

The other army was a yellow-jacketed troop of several hundred runners who became a human wall in front of the pack, locked arm in arm under the command of chief marshal Colonel Buck Swannack of the United States Marines. The rough and tough leader probably could have held the crowd back single-handed but the bright jackets provided by Brooks shoes lent an aura of further authority to the starting line crew.

What's it like to be the race director of the Bay to Breakers? It directs me not me it, consequently I feel a little like a lifeguard riding a surfboard over Niagara Falls for the second time.

I should know better, but it hurts so good that I can't resist the thrill. Besides, I made a bet that I could beat Craig Virgin to the first intersection. The only way to do that is to be the race director and get a good spot on the starting line.

By the way, I beat him--just barely.

**ON THE COVER:** Andre Phillips, The UCLA hurdle sensation, played a key role in the UCLA victory over USC and gave Edwin Moses a big scare at Mt. SAC. Has a 1981 best 400 intermediate time of 48.62.

photo by Bill Leung, Jr.



# SCHEDULE

Please send scheduling information directly to **California Track & Running News**, P.O. Box 6103, Fresno, CA 93703.

Schedule is subject to change. Please verify dates and times with meet directors before travelling to an event. Keep in mind that some events require advance entries and have entry limits and/or deadlines. It is a good idea to always include a stamped, self-addressed envelope when requesting meet information and/or entry blanks.

## Long Distance Running Schedule

### JUNE

**JUN 6: Coronado 10K.** Coronado Island, 7 am. Coronado Track Club, c/o End of the Line Race Consulting, 1172 Orange Ave., Coronado 92118.

**JUN 6: Heart and Sole 10K.** Hartnell College, Salinas, 10 am. Dave Lewis, 364 Main St., Salinas 93901.

**JUN 6: Synanon Mt. Run 10K Cross Country.** Badger, 9 am. Michelle Gauthier, P.O. Box 139, Badger 93603. (209) 337-2885.

**JUN 6: Santa Maria 5 & 10K Scholarship Run.** Broadway & Cook Streets, 7 am. John Rodriguez, 901 S. Broadway, Santa Maria 93454. (805) 925-2567.

**JUN 6: Triathlon.** Walnut Creek, 9 am. 2.7 mile run, 700 yd. swim, 2.7 mile run. Triathlon, 1908 Olympic Blvd., Walnut Creek 94596. (415) 932-6400.

**JUN 6: Marcus Garvey 5 & 10K Races.** Griffith Park, Los Angeles, 8:00 am. Lois Austin, 1838 West Florence, Los Angeles 90047. (213) 758-3147.

**JUN 6: Providence Challenge 10K.** Westminster, 8 am. RACE, Box BC, Westminster 92683. (714) 897-2227, (714) 547-6128.

**JUN 7: Children's Home Society/Sandpipers/Marianne's Ice Cream 10K Fun Run.** Santa Cruz (near entrance of Natural Bridges State Pk., Delaware St.) 8:30 am. Carol Courtney, 37 Rockview Dr., Santa Cruz 95062. (408) 475-2661.

**JUN 7: Dump to Dump.** 4.5 miles, Coyote Point, San Mateo, 9 am. Mike Miller, P.O. Box 5481, San Mateo 94402.

**JUN 7: PAL Menlo Micro-Marathon.** Menlo Park, 10:30 am. Dominick Peloso, Menlo Park Police Dept. (415) 324-4481.

**JUN 7: Flower Festival 1/4-Marathon.** Encinitas, 8 am. Bob Casale, 591 Hygeia, Encinitas 92024. (714) 280-6272.

**JUN 13: Las Vegas 5,000 Meter.** University of Nevada at Las Vegas, 7 am. Tommy Hodges, 6245 Hobart Ave., Las Vegas, NV 89107.

**JUN 13: Lake Tahoe 72 Mile Relay.** Intersection of Highway 50 & 89, 7 am. Robert DeCelle, P.O. Box 1606, Alameda 94501.

**JUN 13: Palos Verdes Marathon.** Palos Verdes Estates (Rolling Hills High School), 7 am. Kiwanis Club of Palos Verdes, P.O. Box 153, Palos Verdes Estates 90274. (213) 437-8774.

**JUN 13: Golden State Women's Run.** 5K & 10K, Walnut Creek, 9 am. Suzie Breese, Fleet Feet, 1250 Newell Ave., Walnut Creek. (415) 943-MILE.

**JUN 14: Lake Tahoe Series 3 Mile.** 9 am. Lake Tahoe Series P.O. Box 97, Carnelian Bay, CA 95711. (916) 583-8475.

**JUN 14: American 10K.** San Diego. Barbara J. Traddeo, 2127 Glencoe Dr., Lemon Grove 92045. (714) 461-1325.

**JUN 14: Cudahy Bar-S Stampede Co. 5 & 10K.** De Anza College, Cupertino, 9 am. Dr. William Feigel (415) 964-4800.

**JUN 14: Statuto Races.** 4 & 8.1 miles. San Francisco, 8 am. Emile Mazini, 1630 Stockton, San Francisco 94133. (415) 421-6541.

**JUN 14: Kiwanis 10K.** Rialto, 8 am. Running Center, 249 S. Riverside Ave., Rialto 92376. (714) 874-5480.

**JUN 14: Idyllwild 5 & 10K.** Running Center, 249 S. Riverside Ave., Rialto 92376. (714) 874-5480.

**JUN 14: Scottish Highlands 10K.** San Diego. George Green, 1172 Orange Ave., Coronado 92118. (714) 437-4556.

**JUN 18: Sepulveda Dam Evening 10K Run.** 6:30 pm. Connie Rodewald, 852 Sharon Dr., Camarillo 93010. (805) 482-5360.

**JUN 20: Morgan Hill-Gilroy Dispatch 3K and 15K Run for Fun.** Las Animas Park, 9 am. The Dispatch, P.O. Box 7, Gilroy 95020.

**JUN 20: Double Dipsea.** 13.4 miles, Stinson Beach, 9 am. Walt Stack, 741 Kansas, No. 2, Encino 94107. (415) 647-9459.

**JUN 27: Fresno Bunion Derby 3K.** Fresno State University. Larry Lung, 784 Jana Way, Hanford 93230 (209) 584-5142.

**JUN 27: Western States Endurance Run.** 100 miles, Squaw Valley Lodge, 5 am. Shannon Gardner, P.O. Box 1228, 649 Lincoln Way, Auburn 95603. (916) 823-7283. *Run closed for 1981.*

**JUN 27: Lake Tahoe Marathon.** Incline Village, Nevada, 7 am. Reg Bedell, Lake Tahoe Track Club, Box 5983, Incline Village, NV 89450. (702) 831-1730.

**JUN 27: Blood Run II.** 5K & 10K. Sacramento, Miller Park, 8 am. Bob Montgomery, 601 W. Acres Rd., West Sacramento 95691. (916) 441-2345.

**JUN 28: Naval Air Station Lemoore Air Show Half Marathon.** NAS Lemoore, 7:30 am. SASE to Air Show Half Marathon, NAS Lemoore 93245. *Please see advertisement and entry blank in this issue.*

**JUN 28: SPA 30K Championships.** Westlake Village, 7 am. John Duhig, 1642 Trafalgar Pl., Westlake Village 91361. (805) 497-2011.

**JUN 28: Fitch Mt. Footrace.** 10K, Healdsburg, 9 am. Healdsburg Chamber of Commerce, 217 Healdsburg Ave., Healdsburg 95448. (707) 433-6935.

**JUN 28: PA TAC 15K Championships.** Los Altos Hills, 9 am. Bill and Ellen Clark, 156 Marvin Ave., Los Altos 94022. (415) 948-8029.

**JUN 28: Soledad Mission 10K.** Soledad, 9 am. Bob Gwinn, Almond Acres, Sp. 2, Soledad 93960. (408) 678-3093.

**JUN 28: Cascade Run Off.** 15K, Portland. Write: Cascade Run Off, 1000 Willamette Center, 121 SW Salmon, Portland, OR 97204. (503) 223-9016. *Please see advertisement in last issue.*

**JUN 28: LMJS Fourth Sunday Runs.** 5, 10 & 15K. Lake Merritt, Oakland, 9 am. John Notch, 230 Marlow, Oakland 94605.

**JUN 28: Mulholland Wisdom Run.** 3K & 5K. Los Angeles, 8 am. Stephen S. Wise Temple, 15500 Stephen S. Wise Dr., Los Angeles 90024. Attn: Mulholland Wisdom Run.

**JUN 28: Rancho Bernardo 10K.** San Diego area, 7 am. Ed Coverley, 11827 Bernardo Terr., San Diego 92128. (714) 485-7763.

### JULY

**JUL 4: Oakland Embarcadero Fourth of July Run.** 5 miles, 10 am. John Notch, 230 Marlow Dr., Oakland 94605. (415) 562-2210.

**JUL 4: Milpitas Firecracker 10K.** Beresford Square Shopping Center, 9 am. David Muela, Milpitas Community Center, 160 N. Main St., Milpitas 95035. (408) 262-2310.

**JUL 4: Kenwood Footrace.** 6.2 miles. Fred Kenyon, 1570 North Street, No. 22, Santa Rosa 95404.

**JUL 4: Fourth of July Parade Run.** Redwood City, 9:45 am. 5K. Bill Wooten, 1400 Roosevelt Ave., Redwood City 94061. (415) 364-6060.

**JUL 4: Bartlett Independence Day Run.** 4.0 miles, Mooney Grove Park, Visalia, 7:30 am. Marty Higginbotham, 1026 W. Princeton, Visalia 93277. (209) 732-8030. *Please see advertisement and entry blank in this issue.*

**JUL 4: SPA TAC 15K Championships.** Santa

**JUL 11: Top-Of-The-State Footraces.** 4.7 and 7 miles. College of the Siskiyous, Weed, 8 am. Lee Ferrero, 800 College Ave., Weed 96094. (916) 938-4805.

**JUL 11: Coyote Reservoir 20K Run.** 7:30 am. Bill Flodberg, 12925 Foothill, San Martin 95046. (408) 683-2453.

**JUL 12: HOPE Unit Foundation 10K.** Pierce College, 8 am. Janine Asal, HOPE Unit Foundation, Box 441, Encino 91436.

**JUL 12: Domaine Chandon Run in the Vineyard.** 10K, Yountville, 9 am. Mark Proteau, Run in the Vineyard, P.O. Box 2470, Yountville 94558. (707) 255-0733.

**JUL 12: San Francisco Marathon.** Golden Gate Park, 8 am. Scott Thomason (415) 681-6616. *Please see advertisement and entry blank in this issue.*

**JUL 12: Merced Run for Cancer.** Main Street Square, Merced, 5 miles. Don Dudley, MTC, P.O. Box 3275, Merced 95344. (209) 723-0383.

**JUL 18: Fresno Bunion Derby 10K.** Fresno State University, 7:30 am. Larry Lung, 784 Jana Way, Hanford 93230. (209) 584-5152.

**JUL 19: Excelsior Beach Run.** 10K. Ocean Beach and Sloat Blvd., 10 am. Mike Conroy, 8 Heath Ct., Daly City 94015.

**JUL 19: Marin Headlands Race.** 7 miles. Ft. Cronkhite, 10 am. Kees Tuinzing, 627 Galerita Way, San Rafael 94903.

**JUL 19: Inaugural Westlake 10K.** Westlake Elementary, 7:30 am. Mike Froman, 6599 Tamarind, Agoura 91301. (213) 991-0140.

**JUL 19: Lake Tahoe Series 6 Mile.** Tahoe City. Lake Tahoe Series, P.O. Box 97, Carnelian Bay, CA 95711. (916) 583-8475.

**JUL 24: Desert News Marathon.** Salt Lake City, Utah, 5:30 am. Marathon, Box 1257, Salt Lake City, UT 84110. *Enter by July 17.*

**JUL 25: SPA TAC One Hour Run Championships.** UCSB track, Santa Barbara, 8 am. John Brennand, Box 6616, Santa Barbara 93111.

**JUL 25: Watermelon Run.** 8.4 miles. Oakland, 9 am. Robert DeCelle, P.O. Box 1606, Alameda 94501. (415) 523-2265.

**JUL 25: Tulare Road Run.** 2 mile prediction and 6 mile race. Live Oak Park, 7 am. Norm Takeuchi, Tulare Parks & Recreation Dept., 411 E. Kern, Tulare 93274. (209) 688-2001 ext. 575.

**JUL 25: Las Vegas 10K Championships.** UNLV track, 8 am. Tommy Hodges, 6245 Hobart Ave., Las Vegas, NV 89107.

**JUL 26: Gayrun.** 5 & 10K. Golden Gate Park, San Francisco, 10 am. Scott Anderson, 1730 S. Amphlett, Suite 225, San Mateo 94402. (415) 573-7100.

**JUL 26: Pear Fair 10 Miller.** Courtland, 8 am. Jeff Bogle, Fleet Feet, 2408 "J" St., Sacramento 95816. (916) 442-7223.

**JUL 26: Occidental 10K.** Occidental Community Center, 8 am. Rod Matteri, P.O. Box 682, Occidental 95465. (707) 874-3315.

### LOOKING AHEAD

**AUG 22: Bass Lake Half Marathon.** Bill Cockerham, P.O. Box 6103, Fresno 93703. (209) 284-5847.



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**JUN 6: Providence Challenge 10K.** Westminster, 8 am. RACE, Box BC, Westminster 92683. (714) 897-2227, (714) 547-6128.

**JUN 6: Run for Life 10K.** Redlands, 8 am. Sue Whiteman, RN, P.O. Box 391, Redlands 92373. 793-3101-page hrs. 9-12.

**JUN 7: Los Angeles Half Marathon & 10K.** Griffith Park, 8 am. LAJCC, 404 S. Bixel St., Los Angeles 90017. (213) 482-1311.

**JUN 7: American Heart Assoc. 10K.** Torrance, 8 am. Barry Pearce, Attn: 10 km Run, American Heart Association, 6820 La Tijera Blvd., Los Angeles 90045. (213) 390-5313.

**JUN 7: American Academy of Podiatric Sports Medicine 10K Run.** Disneyland Hotel, 8:30 am. M.W. Heaslet, DPM, 2192 Martin, No. 100, Irvine 92715. (714) 752-0044.

**JUN 7: Villa Park 5 Mile & 2 Mile.** 8:30 am. Orange Flyers Track Club, 2733 Villa Vista Wy, Orange 92667. (714) 774-3959.

**JUN 7: Carson 10K.** Dominguez Park, 9 am. Diann Draves and Scott Davidson, 701 E. Carson St., P.O. Box 6234, Carson 90749. (213) 830-7600, ext. 259 or 236.

**JUN 7: Leatherneck Marathon.** Santa Ana. Cpl. Doug Weatherman, Public Affairs Office, Marine Corps Air Station El Toro, Santa Ana 92709. (714) 559-2488.

**JUN 7: Russian River Marathon.** Ukiah, 6 am. Ivan Rauch or Gail Opperman, Ukiah Community Center/Volunteer Bureau, 516 S. State St., Ukiah 95482. (707) 462-8679.

**JUN 7: Sri Chinmoy Marathon.** Bay area, 7 am. Sundari Michaelian, 2438 16th Ave., San Francisco 94116. (415) 861-4148.

**JUN 7: Fair Oaks Fiesta Five Miler.** Temescal, Fair Oaks, 9 am. Wayne Lowery, P.O. Box 34, Fair Oaks 95628. (916) 966-1011.

**JUN 7: St. John's Festival Old Town Run.** 5 miles, St. John's Church, 960 Caymus, Napa, 9 am. Bernice Sousa, 444 Adams St., Napa 94558. (707) 228-8965.

**JUN 7: Dipsea 7.1 Miles.** Layton Square, Mill Valley, 9 am. Mill Valley Jaycees, Box 30, Mill Valley 94941.

**JUN 7: Pajaro Dunes Beach Run.** 10.07 miles, 8 am. Mark Steelman, 42 Trembley Lane, Watsonville 95076.

**JUN 7: Children's Home Society/Sandpipers/Marianne's Ice Cream 10K Fun Run.** Santa Cruz (near entrance of Natural Bridges State Pk., Delaware St.) 8:30 am. Carol Courtney, 37 Rockview Dr., Santa Cruz 95062. (408) 475-2661.

**JUN 7: Dump to Dump.** 4.5 miles, Coyote Point, San Mateo, 9 am. Mike Miller, P.O. Box 5481, San Mateo 94402.

**JUN 7: PAL Menlo Micro-Marathon.** Menlo Park, 10:30 am. Dominick Peloso, Menlo Park Police Dept. (415) 324-4481.

**JUN 7: Flower Festival 1/4-Marathon.** Encinitas, 8 am. Bob Casale, 591 Hygeia, Encinitas 92024. (714) 280-8272.

**JUN 13: Las Vegas 5,000 Meter.** University of Nevada at Las Vegas, 7 am. Tommy Hodges, 6245 Hobart Ave., Las Vegas, NV 89107.

**JUN 13: Lake Tahoe 72 Mile Relay.** Intersection of Highway 50 & 89, 7 am. Robert DeCelle, P.O. Box 1606, Alameda 94501.

**JUN 13: Palos Verdes Marathon.** Palos Verdes Estates (Rolling Hills High School), 7 am. Kiwanis Club of Palos Verdes, P.O. Box 153, Palos Verdes Estates 90274. (213) 437-8774.

**JUN 13: Golden State Women's Run.** 5K & 10K, Walnut Creek, 9 am. Suzie Breese, Fleet Feet, 1250 Newell Ave., Walnut Creek. (415) 943-MILE.

**JUN 13: Orange County Assoc. for Mental Health 5K, 10K, 20K.** Mason Park, 8 am. John Blair, 2110 E. First St., Suite 101, Santa Ana 92705. (714) 547-7559 or 996-0556.

**JUN 13: Run for Money 10K.** Fisherman's Wharf, San Francisco, 8:30 am. Barbara Murray, Box 5808, San Mateo 94402.

**JUN 13: Fountain Valley 5 and 10K.** 7 am. Chris Rochten, 17427 Santa Isabel St., Fountain Valley 92708. (714) 842-2607.

**JUN 13: St. Jude's Children's Research Hospital 10K Run for the Kids.** San Francisco, 8:30 am. St. Jude's Run, 205 E. Third Ave., Suite 315, San Mateo 94402.

**JUN 14: Moscow Road 10,000.** Monte Rio Post Office, 8:30 am. Fred Kenyon, 1570 North Street, No. 22, Santa Rosa 95404.

**JUN 14: NCSTC Woodminister Cross Country.** 9 miles, Joaquin Miller Park-Meadow, Oakland, 10 am. G.A. Wetzork, 881 Cedar St., Alameda 94501. (415) 523-3724.

**JUN 14: Father's Day Five Kilometer.** Crane Park, St. Helena, 9:30 am. Reg Harris, 1267 Walnut C66, Napa 94558.

**JUN 14: Marin Rotary Youth 10K.** Indian Valley College, 9 am. Bill Taylor, Essex Professional Center, 412 Red Hill Ave., San Anselmo 94960. (415) 457-2214.

**JUN 14: Coco's Family Run.** 5K & 10K, Irvine, 8 am. MD Race Committee, Far West Services, 2701 Alton Ave., Irvine 92714.

**JUN 14: Chihuahua Road Run.** 2 & 6 miles, Corner of F and Mono, Fresno, 8 am. Victor Salazar, 4387 N. Thorne Ave., Fresno 93704. (209) 229-5862. *Please see advertisement in last month's issue.*

**JUN 14: ARC-Southwest Roller Run.** 5 mile, Gardena, 7:59 am. William G. McGrow, ARC-Southwest, 16921 S. Western, Gardena 90247.

**JUN 14: Boy Scouts 5K & 10K.** Brea, 8 am. Tony Means, 2333 Scout Way, L.A. 90026.

**JUN 14: 4 Man Santa Monica Mountain Relay.** Will Rogers State Park, 9 am. Jim Pongeny, Culver City AC, 4070 Minerva Ave., L.A. 90066.

**JUN 14: Lake Tahoe Series 3 Mile.** 9 am. Lake Tahoe Series P.O. Box 97, Carnelian Bay, CA 95711. (916) 583-8475.

**JUN 14: American 10K.** San Diego. Barbara J. Traddeo, 2127 Glencoe Dr., Lemon Grove 92045. (714) 461-1325.

**JUN 14: Cudahy Bar-S Stampede Co. 5 & 10K.** De Anza College, Cupertino, 9 am. Dr. William Feigel (415) 964-4800.

**JUN 14: Statuto Races.** 4 & 8.1 miles. San Francisco, 8 am. Emile Mazini, 1630 Stockton, San Francisco 94133. (415) 421-6541.

**JUN 14: Kiwanis 10K.** Rialto, 8 am. Running Center, 249 S. Riverside Ave., Rialto 92376. (714) 874-5480.

**JUN 14: Idyllwild 5 & 10K.** Running Center, 249 S. Riverside Ave., Rialto 92376. (714) 874-5480.

**JUN 14: Socktish Highlands 10K.** San Diego. George Green, 1172 Orange Ave., Coronado 92118. (714) 437-4556.

**JUN 18: Sepulveda Dam Evening 10K Run.** 6:30 pm. Connie Rodewald, 852 Sharon Dr., Camarillo 93010. (805) 482-5360.

**JUN 20: Morgan Hill-Gilroy Dispatch 3K and 15K Run for Fun.** Las Animas Park, 9 am. The Dispatch, P.O. Box 7, Gilroy 95020.

**JUN 20: Double Dipsea.** 13.4 miles, Stinson Beach, 9 am. Walt Stack, 741 Kansas, No. 2, San Francisco 94107. (415) 647-9459.

**JUN 20: Y to Y Benefit Run.** 2.1 and 5.1 miles, Pinole YMCA, 9:30 am. Ken Stein, 3230 Macdonald Ave., Richmond 94804. (415) 234-1270.

**JUN 21: Holy City Race.** 9.08 miles, Holy City, 7:30 am. Phil Sanfilippo, 2153 Warburton Ave., Santa Clara 95050. (408) 244-0790.

**JUN 21: Camp Coombes Cross Country Run.** 1/2 mile, 1 1/2 mile & 7 mile. Napa State Hospital, 9 am. P.O. Box 7004, Imola 94558. (707) 226-7709.

**JUN 21: Valley of the Flowers Marathon & Half Marathon.** River Park, Lompoc, 7:30 am. Valley of the Flowers Marathon, P.O. Box 694, Lompoc 93438.

**JUN 21: Father's Day Run.** 6 miles, Fresno, 6:30 am. Bob Fries, 1501 E. Browning, Fresno 93710.

**JUN 21: Century City Run.** Vince Maher, c/o Century City Chamber of Commerce, 2020 Avenue of the Stars, L.A. (213) 553-4062.

**JUN 21: Labor of Love Run-A-Thon.** 5 & 14 miles. Golden Gate Park, San Francisco, 8:30 am. Recreation Center for the Handicapped, 207 Skyline Blvd., San Francisco 94132. (415) 665-4100.

**JUN 21: South Bay Advocates for Youth.** 4 miles, Los Osos. South Bay Advocates for Youth, P.O. Box 6125, Los Osos 93402. Jim Lindholm (805) 549-5400.

**JUN 27: Watts Health Foundation 10K Run and 5K Walk.** California State University at Dominguez Hills, 8 am. William L. Buffington, Race Director, Watts Health Foundation, 10300 S. Compton Ave., Los Angeles 90002. (213) 564-4331.

**JUN 27: Morro Bay to Cayucos Summer Beach Run.** 6 miles, noon. Brian Waterbury, 234 Catalina, San Luis Obispo 93401. (805) 543-6750.

**JUN 27: Parade Route 3 Mile.** Downtown Lompoc, 9 am. Ray Gil, 304 Amherst Pl., Lompoc 93436. (805) 738-4333.

**JUN 28: Mulholland Wisdom Run.** 3K & 5K. Los Angeles, 8 am. Stephen S. Wise Temple, 15500 Stephen S. Wise Dr., Los Angeles 90024. Attn: Mulholland Wisdom Run.

**JUN 28: Rancho Bernardo 10K.** San Diego area, 7 am. Ed Coverley, 11827 Bernardo Terr., San Diego 92128. (714) 485-7763.

## JULY

**JUL 4: Oakland Embarcadero Fourth of July Run.** 5 miles, 10 am. John Notch, 230 Marlow Dr., Oakland 94605. (415) 562-2210.

**JUL 4: Milpitas Firecracker 10K.** Beresford Square Shopping Center, 9 am. David Muela, Milpitas Community Center, 160 N. Main St., Milpitas 95035. (408) 262-2310.

**JUL 4: Kenwood Footrace.** 6.2 miles. Fred Kenyon, 1570 North Street, No. 22, Santa Rosa 95404.

**JUL 4: Fourth of July Parade Run.** Redwood City, 9:45 am. 5K. Bill Wooten, 1400 Roosevelt Ave., Redwood City 94061. (415) 364-6060.

**JUL 4: Bartlett Independence Day Run.** 4.0 miles, Mooney Grove Park, Visalia, 7:30 am. Marty Higginbotham, 1026 W. Princeton, Visalia 93277. (209) 732-8030. *Please see advertisement and entry blank in this issue.*

**JUL 4: SPA TAC 15K Championships.** Santa Barbara, 8 am. John Brennand, Box 6616, Santa Barbara 93111.

**JUL 4: Palisades-Will Rogers 10K.** 8:30 am. Brian W. Shea, P.O. Box 487, Pacific Palisades 90272. (213) 394-9611.

**JUL 4: Atwater Signal Run-for-Independence.** 5 miles, Ralston Park, Atwater, 8 am. Atwater Signal, 927 Atwater Blvd., Atwater 95301. (209) 358-6431.

**JUL 4: La Palma 5K & 10K Running Celebration.** SASE to Erika Jelosek, City of La Palma Rec. Dept, 7821 Walker St., La Palma 90623. (714) 522-6740. *Please see advertisement in this issue.*

**JUL 4: Larkspur-Corte Madera 4th of July Race.** 5.25 miles. Jim Kaleen (415) 924-5344.

**JUL 4: Morgan Hill 4th of July 5 & 10K Runs.** 8:30 am, Gavilan Park. Morgan Hill Recreation Dept., 17666 Crest Ave., Morgan Hill 95037.

**JUL 4: July 4th Luncheon Optimist 10K.** Christmas Hill Park, Gilroy, 7:30 am. B.W. Jesse, 969 Montebello Dr., Gilroy 95020.

**JUL 5: Great Callistoga Footrace.** 5 miles. Napa County Fairgrounds, 9 am. Reg Harris, 1267 Walnut, C66, Napa 94558. (707) 255-8705.

**JUL 5: Historic Folsom 10K.** Folsom City Hall, 8 am. Frank Krebs, 8406 Taramore Ct., Orangevale 95662. (916) 725-4616.

**JUL 5: Firecracker Runs.** 1 1/2 & 4 miles. Miramar Beach, Half Moon Bay, 8:30 am. Bill Hurja, 637 Buena Vista, Moss Beach 94038.

**JUL 5: Big Island Marathon.** Hawaii, 6 am. Big Isle Roadrunners, Box 1381, Hilo, HI 96720.

**JUL 7: Sea King Anniversary Run.** 10K. Irvine, 6:30 pm. Newport Beach Runners Association, 1162 Dorset Ln., Costa Mesa 92626.

**JUL 11: Fresno Bunion Derby 5K.** Fresno State University, 8 am. Larry Lung, 784 Jana Way, Hanford 93230. (209) 584-5152.

**JUL 11: Philpippides Freeway Frolic 5 & 10K.** Chatsworth, 7:30 am. Philpippides-Encino, 16545 Ventura Blvd., Encino 91436. (213) 986-8686.

**JUL 25: Watermelon Run.** 8.4 miles. Oakland, 9 am. Robert DeCelle, P.O. Box 1606, Alameda 94501. (415) 523-2265.

**JUL 25: Tulare Road Run.** 2 mile prediction and 6 mile race. Live Oak Park, 7 am. Norm Takeuchi, Tulare Parks & Recreation Dept., 411 E. Kern, Tulare 93274. (209) 688-2001 ext. 575.

**JUL 25: Las Vegas 10K Championships.** UNLV track, 8 am. Tommy Hodges, 6245 Hobart Ave., Las Vegas, NV 89107.

**JUL 28: Gayrun.** 5 & 10K. Golden Gate Park, San Francisco, 10 am. Scott Anderson, 1730 S. Amphlett, Suite 225, San Mateo 94402. (415) 573-7100.

**JUL 28: Pear Fair 10 Miller.** Courtland, 8 am. Jeff Bogle, Fleet Feet, 2408 "J" St., Sacramento 95816. (916) 442-7223.

**JUL 28: Occidental 10K.** Occidental Community Center, 8 am. Rod Mattern, P.O. Box 682, Occidental 95465. (707) 874-3315.

## LOOKING AHEAD

**AUG 22: Bass Lake Half Marathon.** Bill Cockerham, P.O. Box 6103, Fresno 93703. (209) 264-5847.

**AUG 23: Mayors Cup Marathon.** San Francisco, Treasure Island, 7 am. Sherm Welpton, The Guardsmen, 12 Geary St., San Francisco 94108. (415) 781-8758.

**AUG 30: Santa Monica Marathon.** Santa Monica Recreation Dept., 1685 Main St., Santa Monica 90401. (213) 393-0462.

**SEP 13: Nike/OTC Marathon.** Eugene, Oregon. Box 10412, Eugene, OR 97440. *Limited to 1000 runners chosen at random from all entries received between May 11 and June 18.*

**SEP 27: Sacramento Marathon.** McIntosh Sports Cottage, 4120 El Camino, Sacramento 95821. (916) 488-7184.

## POSTAL

**JAN 1 - AUG 31: One Hour Run.** Contact Al Huff, 18127 1st Ave. N.W., Seattle, WA 98177. (206) 642-2930.

**NOTE TO MASTERS ATHLETES:** See the "Masters Scene" section for specific masters competitions.





# Track & Field Schedule

JUNE

SEPTEMBER

**JUN 4-6: NCAA Division I National Championships.** Baton Rouge, Louisiana. LSU Athletic Dept., PO Box AS-LSU Station, Baton Rouge, LA 70893. (504) 388-8627.

**JUN 5-6: California State High School Championships.** Cerritos College, Norwalk.

**JUN 6: Hayward Classic.** University of Oregon. Bill Dellinger, Athletic Dept., University of Oregon, Eugene, OR 97403. (503) 686-5465.

**JUN 7: Compton Invitational.** Compton College, 9 am. Harris Williams, 19003 Cliveden, Carson 90746. (213) 636-7643.

**JUN 13: American Council of Athletics All Comers.** San Diego State University. Richard Thorsh, 4901 Morena Blvd., Suite 106, San Diego 92117. (714) 273-5371.

**JUN 14: Naturite Invitational.** Cerritos College, Norwalk, 9 am. Rich Ede, 1424 Lynoak, Claremont 91711. (714) 624-1484.

**JUN 13: Brooks Invitational.** University of California, Berkeley. Ron Stanko, Penn Square Center, 601 Penn St., Reading, PA 19601. (215) 376-2925.

**JUN 13: Golden West Prep Invitational.** Hughes Stadium, Sacramento. Bob Jarvis, P.O. Box 60813, Sacramento 95860. (916) 929-7880.

**JUN 13: TAC Junior Nationals.** Knoxville, Tenn. Billy Maxwell, Athletic Dept., University of Tenn., P.O. Box 47, Knoxville, TN 37901. (615) 974-1225.

**JUN 19-21: TAC U.S. Nationals (Men & Women).** Hughes Stadium, Sacramento. Al Baeta, American River College, 4700 College Oak Dr., Sacramento 95841. (916) 484-8143.

**JUN 20: International Prep Invitational.** Naperville, Illinois. Joe Newton, 220 Berkley St., Elmhurst, IL 60126. (312) 530-1240, ext. 272.

**JUN 20-21: California TAC Age Group Championships.** UC Irvine. Frank Duarte, 3717 S. Ramona Dr., Santa Ana 92707. (714) 545-7701.

**JUN 23-24: Fresno All Comers.** Ratcliffe Stadium. Ken Dose, Fresno City College, 1101 E. University, Fresno, CA 93741.

**JUN 26 & 27: TFA/USA Pole Vault Clinic and Competition.** University of California, Irvine. Phil Mitchell, Cata-Pole/Port-a-Pit, 1340 North Jefferson, Anaheim 92807. (714) 524-8750. Please see advertisement in last month's issue.

**JUN 30-JUL 1: TAC Junior Women National Championships.** UCLA. Pete Scanlan, 2925 Knoxville, Long Beach 90815. (213) 421-2867.

JULY

**SEP 4-6: World Cup.** Olympic Stadium, Rome, Italy. Team selected from TAC Outdoor Championships.



**SUBSCRIBE to:**

**California Track & Running News**

*See page 17 for an order blank*



## PAUL MASSON VINEYARDS AND VOLKSWAGEN OF AMERICA PRESENT THE FIFTH ANNUAL SAN FRANCISCO MARATHON

Conducted by Pamakid Runners

SUNDAY JULY 12, 1981 • 8 A.M. • POLO FIELD • GOLDEN GATE PARK

**THE COURSE:** Nationally certified and closed to all traffic, it winds through beautiful Golden Gate Park, along the Pacific Ocean, around Lake Merced and finishes inside the Polo Field Stadium. Splits will be called at 9 points, with digital clocks located on the pace vehicle, at 13.1 miles and the finish. 12 aid stations.

### EACH ENTRANT WILL RECEIVE:

- A race t-shirt
- 30+ page race program
- Vichy Springs Mineral Water
- Foremost Low-fat Yogurt
- Nature Valley Granola Bars
- Fresh fruit
- Complete results
- Commemorative certificate (finishers only)

**AWARDS:** Top finishers receive a bottle of Paul Masson champagne and merchandise from Sub-4, Moving Comfort, Reebok and Jogbra. Trophies and medals will also be awarded in each division.

**GRAND PRIZES:** The first male and female and the top masters male and female will each receive a one-week trip to the Honolulu Marathon and a case of Paul Masson Champagne. A trip to Honolulu will also be given away at a drawing comprised of the top three finishers from each division.

**ENTRY FEE:** \$10 before June 27; \$12 late entry.

**RACE HEADQUARTERS:** Second Sole -- 3053 Fillmore.





of Tenn., P.O. Box 47, Knoxville, TN 37901.  
(615) 974-1225.

**JUN 19-21: TAC U.S. Nationals (Men & Women).** Hughes Stadium, Sacramento. Al Baeta, American River College, 4700 College Oak Dr., Sacramento 95841. (916) 484-8143.

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**JUN 26 & 27: TFA/USA Pole Vault Clinic and Competition.** University of California, Irvine. Phil Mitchell, Cata-Pole/Port-a-Pit, 1340 North Jefferson, Anaheim 92807. (714) 524-8750. *Please see advertisement in last month's issue.*

**JUN 30-JUL 1: TAC Junior Women National Championships.** UCLA. Pete Scanlan, 2925 Knoxville, Long Beach 90815. (213) 421-2867.

## JULY

**JUL 3-5: TAC Age Group Girls National Championships.** UCLA. Bill Peck, 1140 N. Alexandria, Los Angeles 90028. (213) 666-0546.

**JUL 3-4: TAC Jr./Sr. Women Heptathlon National Championships.** Spokane, Washington. Vernie Gmeiner, N1810 Greene St., Spokane, WA 99207. (509) 624-6911.

**JUL 7-8: Fresno All Comers.** Ratcliffe Stadium. Ken Dose, Fresno City College, 1101 E. University, Fresno 93741.

**JUL 18-19: Women's Open Decathlon.** Ventura. John Dobroth, 2422 Seahorse, Ventura 93001. (805) 643-3444.

**JUL 19-30: World University Games.** Bucharest, Romania. Special team selection by US Collegiate Sports Council.

**JUL 25-27: Boys National Age Group Championships.** Baton Rouge, Louisiana. Jim Hadden, 536 Trammell Dr., Baton Rouge, LA 70815. (504) 275-0494.

## AUGUST

**AUG 1-3: Junior Olympic Decathlon/Pentathlon.** Winston-Salem, North Carolina.

**AUG 5-9: Junior Olympics National Games.** Wake Forest University, Winston-Salem, North Carolina.

**AUG 7-9: AAU Junior Olympics.** North Carolina. Ramsey Thomas, Athletic Dept., Wake Forest University, 7265 Reynolda Station, Winston-Salem, NC 27109. (919) 761-5630.

9 points, with digital clocks located on the pace vehicle, at 13.1 miles and the finish. 12 aid stations.

### EACH ENTRANT WILL RECEIVE:

- A race t-shirt
- 30+ page race program
- Vichy Springs Mineral Water
- Foremost Low-fat Yogurt
- Nature Valley Granola Bars
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**ENTRY FEE:** \$10 before June 27; \$12 late entry.

**RACE HEADQUARTERS:** Second Sole -- 3053 Fillmore. S.F. 94123 (922-9413); 3227 Lakeshore Ave., Oakland (452-2012).

**RACE DIRECTOR:** Scott Thomason, (415) 681-6616

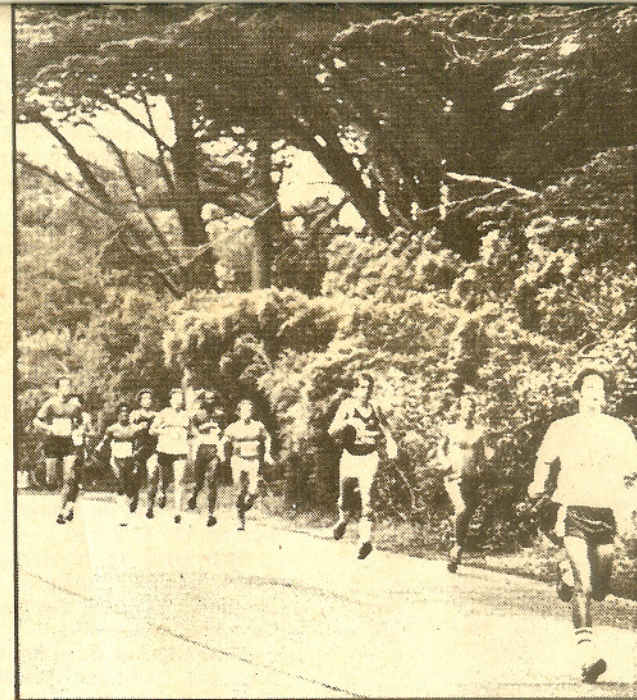


PHOTO: KENNETH LEE

**ENTRY FORM** Please print or type. Make check payable to Pamakid Runners and send to:  
S.F. Marathon • P.O. Box 6616 • Santa Barbara, CA 93111

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| LAST NAME            |  |  |  |                      |  |  |  |                      |  | FIRST NAME           |  |                      |  |  |  |                                      |  |  |  | MALE                                  |  | FEMALE                   |  |  |  |  |  |
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| BIRTH DATE           |  |  |  | AGE ON               |  |  |  | SHIRT SIZE           |  |                      |  | BEST MARATHON TIME   |  |  |  | I WILL PICK UP MY PACKET AT:         |  |  |  |                                       |  |                          |  |  |  |  |  |
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| MO.                  |  |  |  | DAY                  |  |  |  | YEAR                 |  |                      |  | JULY 12, 1981        |  |  |  | S M L XL                             |  |  |  | <input type="checkbox"/> OAKLAND      |  |                          |  |  |  |  |  |
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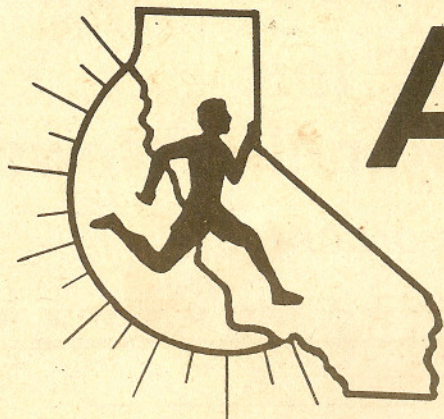
In consideration of your acceptance of this entry, I hereby, for myself, my heirs, my executors and administrators, waive any and all rights and claims for damages I may have against Pamakid Runners, Volkswagen of America, Paul Masson Vineyards, the S.F. Recreation and Parks Dept., coordinating groups, and any individuals associated with the event their representatives, successors and assigns, and will hold them harmless for any and all injuries suffered in connection with said event. Also, none of the above are responsible for the loss of personal items nor any other form of aggravation in connection with said event. I have been warned I must be in good health to participate in this event. In filling out this form I acknowledge that I am an amateur in such events. I also give permission for the free use of my name and picture in any broadcast, telecast or print media account of this event. In filling out this form, I acknowledge I have read and fully understand my own liability and do accept the restrictions.

**SIGNATURE (PARENT OR GUARDIAN'S IF UNDER 18)** \_\_\_\_\_

### DIVISIONS: (Men and Women)

☐ 18 & Under ☐ 19-24 ☐ 25-29 ☐ 30-34 ☐ 35-39 ☐ 40-44 ☐ 45-49 ☐ 50-54 ☐ 55-59 ☐ 60 & Over





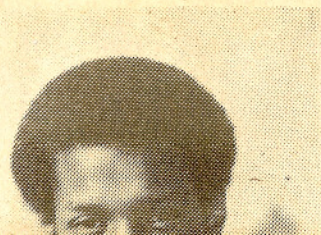
# Around the State

By MARTY HIGGINBOTHAM

## Latest Speed Sensation

One of California's most underrated community college sprinters last year was Eddie Carey who ran 10.4, 21.0 and 47.9 as a sophomore at Butte College. Now, just one year later he's made more than a 2½ second improvement on his 400 time with a sparkling 45.35 at the Pepsi Meet on May 10 (see results in this issue). The University of California at Irvine junior has accomplished these other highlights this year:

- Ran 46.6 hand timed in collegiate debut against Cal Poly SLO - a school record - February 21.
- Anchored 1600-meter relay team to 3:07.65 in USC Invitational March 21.
- Ran 46.9 against UCLA February 28.
- Ran 46.3 against Long Beach April 4.
- Ran 20.6 hand timed against Bakersfield, Pomona and Rhode Island on April 11.
- Beat Kasheef Hassan of Oregon State in the 200 at 21.32 in double dual meet April 25.
- Ran 20.96 at Mt. SAC April 26 and anchored mile relay team to 3:08.17.



## Central California TAC LDR Standings

By MARTY HIGGINBOTHAM

Listed below are the Central California Athletic Congress Long Distance Standings. Currently Jim Hartig of the Fresno Track Club is the leader with victories at the Bakersfield Half Marathon, Max Chaboiian Run, Roeding Park Six Mile, and Merced TC 10K. Second through sixth place positions are held by members of the Bartlett Mineral Water Race Team. Bartlett's Juan Garcia is in second position with his wins at both the TAC 10K and 15K championships. In the 30-39 age group a tight battle is being fought between Dave Bronzan of High Sierra TC, Gary Campbell of the Visalia Runners, and Curt Elia of Fresno TC. High Sierra's Len Thornton is leading Frank Padilla (Visalia Runners) and Frank Delgado (Fresno TC) in another close battle in the masters division. Rosemary Alcaraz and Renee Wyckoff are current leaders in the women's open standing with a five way tie for second. The women's thirty and over is being led by Diane Stauffer.

Points are determined by dividing one's average place in selected races by the number of races run.

**Open Men:** .25 Jim Hartig (Fresno TC); .50 Juan Garcia (Bartlett); .88 Ed Taylor (Bartlett); 1.0 Juan Garza (Bartlett); 1.0 Al



## Miki's Story Runs to Film

With running still a major part of her life, Los Angeles resident, Japanese-born Miki



## Spotlight on: DEANNE GABBARD

By MARTY HIGGINBOTHAM

**Age 11. Height 4-6. Weight 51 pounds.  
Sixth Grade. Birthdate July 26, 1969.  
Waukena, California.**

Deanne Gabbard got started in running by participating in the school's (Waukena School) local track meets. Today Deanne is a top junior competitor in track and field as well as road racing. Gabbard, who is coached by Rick Carmen, has run in local Junior Olympic meets, where she has earned a third place in high jump, and a second in the 3000 meters on the regional level. Deanne prefers distance running to the other events, although she has some impressive marks of 4-8½ in the high jump and a leap of 13-9 in the long jump! Her distance running performances are even more impressive as she has a 12:06 3000 meter, 5:30 1500 meter and a 2:42 800 meter to her credit. On the road Deanne's marks are just as good. She is one of the Central Valley's finest female road racers. Some of her 1980 road racing accomplishments include a 45:16 10 kilometer at the Bartlett Mineral Spring Water 10K in September 1980. She also timed a 20:14 5 kilometer at



• Ran 46.6 hand timed in collegiate debut against Cal Poly SLO - a school record - February 21.

• Anchored 1600-meter relay team to 3:07.65 in USC Invitational March 21.

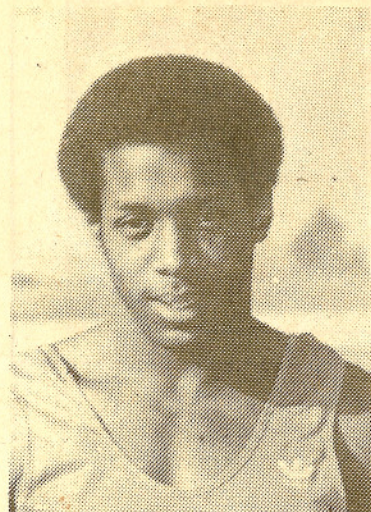
• Ran 46.9 against UCLA February 28.

• Ran 46.3 against Long Beach April 4.

• Ran 20.6 hand timed against Bakersfield, Pomona and Rhode Island on April 11.

• Beat Kasheef Hassan of Oregon State in the 200 at 21.32 in double dual meet April 25.

• Ran 20.96 at Mt. SAC April 26 and anchored mile relay team to 3:08.17.



## Vote on California's Best Road Races

This is a chance for California's road racers to select the top road racing events in the state. Readers are encouraged to send a list of what they believe are the best road races in California. Also select what you believe is the best 10K, 15K, 20K, 13.1 miler and marathon. Send your selections to: Marty Higginbotham, 1026 W. Princeton, Visalia, CA 93277. Please respond to this survey as it will let the runners know what events are considered the best by your fellow runners. Some criteria on selecting top races should include race organization, does care for the runner come first? Also course layout, competition in the field, and any other items that come to mind. This is your chance to select what you believe are the top road racing events. Results will be tabulated from the readers response, so please respond! Be hearing from you soon.

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Points are determined by dividing one's average place in selected races by the number of races run.

**Open Men:** .25 Jim Hartig (Fresno TC); .50 Juan Garcia (Bartlett); .88 Ed Taylor (Bartlett); 1.0 Juan Garza (Bartlett); 1.0 Al Lara (Bartlett).

**30-39 Men:** .28 Dave Bronzan (High Sierra); .31 Gary Campbell (Visalia Runners); .33 Curt Elia (Fresno TC); .75 Paul Cross (Bakersfield TC); .81 Bill Woody (High Sierra).

**40 & Over Men:** .31 Len Thornton (High Sierra); Frank Padilla (Visalia Runners); .55 Frank Delgado (Fresno TC); .80 Sid Toabe (Fresno TC); .94 Rick Zamarrippa (High Sierra).

**Open Women:** .50 Rosemary Alcaraz; .50 Renee Wyckoff (Visalia Runners).

**30 & Over Women:** .33 Dianne Stauffer; .43 Liz DeMonte (Fresno TC); .50 Dorothy Thomas.



## Championship Issue

Don't miss the next issue of *California Track & Running News*. The July issue will be the "Championship Issue," featuring results of the major championship events, such as: PAC-10, CCAA, WAC, NAIA Dist. III, PCAA, JC State Meet, High School State Meet, AIAW Championships, NCAA Championships and TAC Championships. This outstanding issue will hit the post office the first of July. If you don't yet subscribe, now would be a good time (see order blank on page 16). **Don't Miss It!**



## Miki's Story Runs to Film

With running still a major part of her life, Los Angeles resident, Japanese-born **Miki (Michiko) Gorman**, the internationally famed marathon runner, who twice won both the Boston and the New York City marathons, now has a non-athletic credit to add to her long list of achievements. Her story has been made into a major motion picture.

Called "My Champion" the movie is based on Miki Gorman's own story from her novel "Run, Miki, Run" and stars Yoko Shimada, last seen by American viewers in NBC Television's "Shogun" as marathon runner Miki. Co-starring as Miki's insurance salesman husband, Mike, the man who first introduced her to running, love and marriage, is Chris Mitchum, son of the distinguished motion picture Robert Mitchum.

"My Champion" traces the true facts of Miki Gorman's real life, from her arrival in Los Angeles in 1964 with little more than ten dollars and a live-in housekeeping job, to her chance meeting on a Venice beach with Mike Gorman who finally persuades her to join him in his hobby of running. She started her record-breaking running career in 1969 when she was 33 years old.

Miki Gorman's list of achievements since then is long, and includes a world record of 2 hours 46 minutes 36 seconds in the 1973 25th Western Hemisphere Marathon; her spectacular wins of the 1974 and 1977 Boston Marathons; the fact that she not only won the 1976 New York City Marathon, but did so while she was carrying her first child; and finally her triumph the following year (1977) of winning the New York City Marathon yet again.



Age 11. Height 4-6. Weight 51 pounds. Sixth Grade. Birthdate July 26, 1969. Waukena, California.

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At present, Deanne does not peak for any competition; her strategy is "to be tops" which she certainly is. One of her biggest enjoyments in track is bettering her own personal records. She feels her brother and father have been a big inspiration to her running. Her long-range goals include a college education and competing all the way through her college years and afterwards--also the possibility of the Olympics!



## Meet Director Springbett

By MARTY HIGGINBOTHAM

Bruce Springbett of Los Gatos is certainly doing his share of the work for the masters track and field program. This year, Springbett will play host for two major masters events: The Athletics Congress Western Regionals June 30-31 and the National Athletic Congress Masters Championships to be held August 15-16. Both of these meets will be held at Los Gatos High School in Los Gatos.

The Los Gatos High facility provides an excellent all-weather circuit. Already this year Springbett has hosted a top masters meet in the Pacific Association Championships on May 30.



Springbett himself is a top master runner, who competes for the NorCal Seniors. For information and an entry form for the Western Regionals or Nationals, contact Bruce Springbett, Box 1328, Los Gatos, CA 95030.



## Leading Weight Coach

Top collegiate weight event coach in California right now is probably Art Venegas of Cal State Long Beach. Art, formerly of Cal State Northridge, has more weight men ranked on the state listing than any other coach.



## Big X-Country Weekend

High school and age group cross country runners mark your calendar now. December 4, 5 and 6 will be a big cross country weekend in Fresno.

•December 4 (Friday): Runners forum and film night.

•December 5 (Saturday): Kinney Western Cross Country Championships for high school boys and girls. Top eight will be sent to the Kinney Nationals on December 12 in Orlando, Florida. For information contact: Bill Cockerham, Meet Director, P.O. Box 6103, Fresno, CA 93703.

•December 6 (Sunday): Junior Olympics Region 13 Cross Country Championships and qualifying for J.O. Nationals in Amarillo, Texas on December 12. For more information contact: Dave Dodson, Meet Director, 10518 E. California, Sanger, CA 93657.



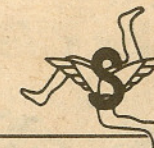
## New Track & Field Book

A New book for track and field coaches and jump athletes: **THE JUMPS: Contemporary Theory, Technique & Training**. Edited by Jess Jarver, published by Track & Field News, 128 pages, 8½x11, paperbound, available after June 1, 1981, from Track & Field News P.O. Box 296, Los Altos, Ca 94022 for \$7.50 plus postage and applicable taxes.

Jess Jarver's latest from Tafnews Press in the "Contemporary Theory, Technique & Training" series covers all aspects of the high jump, pole vault, long jump, and triple jump.

Like a well-constructed pyramid, THE JUMPS includes articles which build from the elementary to the highly-sophisticated. The contents include such practical topics as "Why the Flop is Better," "Planning of Pole Vault Training," "Flight Problems in Long Jumping," and "Flat Triple Jump Technique."

Geared for the student of the jumps, whether coach or athlete, THE JUMPS is a valuable contribution to the library of track and field.



## History-Making Masters

The excitement and drama of the competitive spirit will be in full force at the 5th Annual Home Savings Pan American Masters Track & Field Championships August 8 & 9 at Cromwell Field, University of Southern California in Los Angeles.

Many of the best competitors in the Western Hemisphere will again be running, throwing, hurdling and walking for the sake of sport, comradeship and goodwill. Hundreds of masters athletes participated in last year's, '80 Championship Meet and

## Award Winners

Two Fresno State seniors honored recently at the Bulldog Track & Field Awards Banquet. Both middle distance runners: Bob Tapia (left) most inspirational, and Bryan Foley most outstanding track performer.



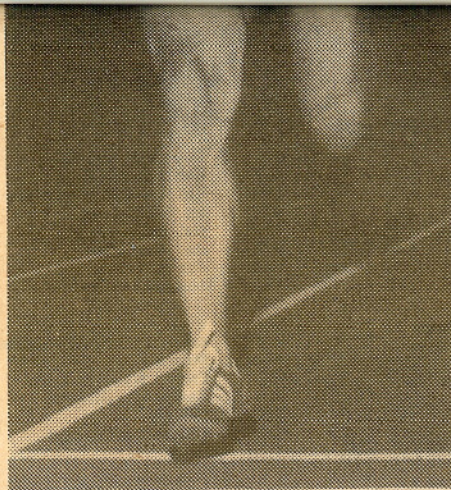
established an astonishing total of records -- 92 meet records, 10 world records, and 11 American records. More American and world records were set in the 1980 Home Savings Pan American Masters meet than any other masters meet.

This Championship Meet is the only international Masters Track & Field competition being held in the United States this year. Athletes from the USA, Mexico, Venezuela, Colombia and other Latin American countries will join in to participate.

For entry forms and further information, please contact Hilliard I. Sumner, Jr., Meet Chairman, at 22713 Ventura Blvd., Woodland Hills, CA 91364. (213) 884-1349.







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# TUTTLE'S TRACK TOPICS

## The Best and The Worst

By GARY TUTTLE

**E**very year in Ventura County, there are well over 50 road races offered to the running population. If a runner desired to, he could run in a race nearly every weekend.

Races have become so common in the area that far too many runners have begun to look upon road racing as one of their God-given rights, rather than the privilege it is. Just recently, several runners were indignant when a race director had to cancel one of their favorite annual runs a month before the usual date. The director had a legitimate excuse, "not enough time," but that wasn't acceptable to the upset runners.

Some of today's runners apparently feel they not only have a right to run in a race, but they feel they should be able to run for free. In the last couple of years, the number of "unofficial," "unpaid," "freebie runners" has increased. These are the people who don't enter the race, don't pay the money, don't wear the important race numbers, but take advantage of the measured course, the rented bathrooms, the paid police protection, and the hours spent by people to organize the event.

Inevitably, even after pre-race instructions which ask these people to stay away from the finish line, these "freebie flyers" insist on running through the finishing chute, which often confuses the officials and messes up the times for nearly everyone. If they don't come near the finish line, they stop a few feet away and time themselves, or they stand and scream, "What's my time?" to the official timers.

These "running bandits" are not evil people, they are just uninformed as to the work that goes into putting on a race. It's a safe bet that none of the "avaricious athletes" have ever been a race director or worked a hectic hour at the finish line.

Perhaps if these "stingy-striders" knew what is involved in putting on a race, they would be a little more thankful.

A lot of work begins at least 60 days prior to the event, especially a "First Annual" event.

At this early date, a course needs to be selected and accurately measured with a wheel or a steel tape.

The local city officials must be contacted, the special use permits obtained, and the course route approved by the city police. In some cases, a race runs from city property to county to state, and the paperwork and meetings increases three-fold.

Also during this time, someone needs to develop an artistic logo, to order T-shirts, type and print entry blanks, order race numbers, obtain a TAC sanction, contact large corporations for sponsorship, obtain awards for the winners, and even order the Port-A-Pottys.

By two weeks prior to race day, the race director will have called some 15-20 volunteers, spent hours answering phone calls about the pending race, and made numerous trips all over town picking up race day supplies.

The night before the race is when the bulk of the work begins. Usually, the race director has around 200 pre-entries which must be processed and assigned race numbers for the next morning. In addition, there are usually at least a dozen signs to be made and a course map to be drawn.

Often the race director is late to bed and earlier to rise. Before the arrival of the first registrant, the entire route must be marked with chalk, tables set in place, a finish chute put together, aid stations set up, and race volunteers briefed.

The day-of-race volunteers spend a minimum of three hours each working the entire race course. Some are handing out aid, or pointing out the course route, or giving split times, or registering people, or handing out T-shirts, or working the hectic finish line.

Once the runners begin to finish, the race director has to keep the finish chute operating properly, and then get someone started on picking the age division winner's names from the result sheets.

When the awards have finally been handed out, the complaints fielded, the chute taken down, the grounds cleaned, and the last runner gone, the volunteers are done until the next race.

Invariably, the same people are seen working at nearly every race, and road racing owes a lot to them. Usually, the race director becomes a race day volunteer at the next race, and one of the volunteers becomes the next race director.

Road races don't just simply happen, they are created by dedicated runners who love the sport of running and are eager to put in hours of time so that you and I can run against or with each other.



**BEST MARKS****CALIFORNIA MEN 1981**

This list contains the best California marks so far for 1981. It includes marks received through May 15. Please send additions, and corrections to California Track & Running News, P.O. Box 6103, Fresno, CA 93703. Thanks to all of the college coaches who helped us out by regularly sending us their best marks lists. Now, if we could just get some help from the clubs. We didn't receive one single mark from a club coach, director, or athlete. We'll be running a final 1981 listing in August or September. We are also looking for an open division statistician to handle these men's rankings in the future. If interested please contact the Editor at the above address.

photo by Don Gosney



John Koningsh (left), Dan Aldridge (middle), and Ray Wicksell

**100 METERS**

10.05 James Sanford (SCA)  
10.20 Eric Brown (UCLA)

**800 METERS**

1:45.43 Mike Bolt (SCS)  
1:46.01 James Robinson (ICAC)

**STEEPLECHASE**

8:40.1 Dave Daniels (UCLA)  
8:41.2 Bill McCullough (SSTC)  
8:43.6 Ivan Huff (SLO)  
8:46.6 Mike Dyer (Cal)  
8:47.3 Charles Gray (Unat)  
8:53.6 Mike Tylman (UCI)  
8:53.7 Carmelo Rios (CPSLO)  
8:53.8 Mark LaBonte (Cal)  
8:54.4 Bryan Foley (FSU)  
8:54.5 Mark Lewis (UCLA)  
8:54.6 Kevin Jones (CPSLO)  
8:55.8 Rod Berry (Stan)  
8:56.2 Scott Deschemaeker (MPC)  
8:58.3 Robert Lusitana (SDS)  
8:59.4 Dennis Arriola (Stan)  
8:59.9 Bill Graham (Stan)

**5000 METERS**

13:35.5 Doug Padilla (BYU)  
13:36.0 Duncan Macdonald (AW)  
13:39.0 Ed Arriola (Unat)  
13:44.3i Dan Aldridge (Sub-4)  
13:47.0 Benton Hart (WVTC)  
13:49.0 Steve Alvarez (UCR)  
14:01.0 Dan Grimes (HSU)  
14:01.8 Tom Downs (Cal)  
14:02.1 Steve Ortiz (Unat)  
14:04.0 Jeff Nelson (Glendale CC)  
14:08.8 Don Moses (UCLA)  
14:09.5 Terry Gibson (CPSLO)  
14:11.9 Charlie Christensen (UCI)  
14:12.2 Ron Cornell (UCLA)  
14:12.45 Ivan Huff (CPSLO)  
14:12.6 Rich McCann (Cal)  
14:14.67 Dave Daniels (UCLA)  
14:14.8 Manny Bautista (CPSLO)

**10,000 METERS**

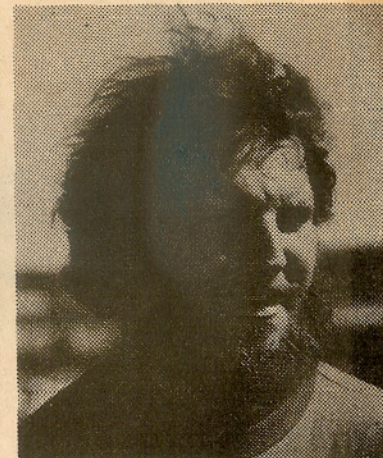
28:33.0 Benton Hart (WVTC)  
28:37.5 Steve Ortiz (Unat)  
28:41.7 Tom Wysocki (Sub-4)  
28:56.0 Dan Harvey (SJS)  
29:10.5 Domingo Tibaduiza (WVTC)  
29:10.6 George Mason (AIA)  
29:11.7 Dan Grimes (HSU)  
29:18.2 Manny Bautista (CPSLO)  
29:19.0 Bill Graham (Stan)  
29:24.3 Rich McCann (Cal)  
29:25.9 Bill Adams (AIA)

photo by Don Gosney



Tyke Peacock

photo by Don Gosney



Ben Plucknett

29:44.7 Tom O'Neil (Stan)  
29:45.5 Chris Hughes (UCSB)  
29:46.2 Rick Rose (UCLA)

**110 METER HURDLES**

13.10 Greg Foster (Shaklee)  
13.43 Sam Turner (SSTC)  
13.49 Dedy Cooper (BAS)  
13.55 Tonie Campbell (USC)  
13.64 Larry Cowling (Cal)  
13.65 Milan Stewart (USC)  
13.70 Greg Veatch (SCS)  
13.74 Dan Lavitt (PCC)  
13.81 James McCraney (Macc)  
13.83 Ashland Whitfield (Macc)  
13.88 Whitfield (BAS)  
13.95 Andre Phillips (UCLA)

**400 METER HURDLES**

48.61 Edwin Moses (UI)  
48.62 Andre Phillips (UCLA)  
49.62 James King (Macc)  
49.83 Bart Williams (SSTC)  
50.28 Tonie Campbell (USC)  
50.41 Rhan Sheffield (Macc)  
50.74 Larry Cowling (Cal)

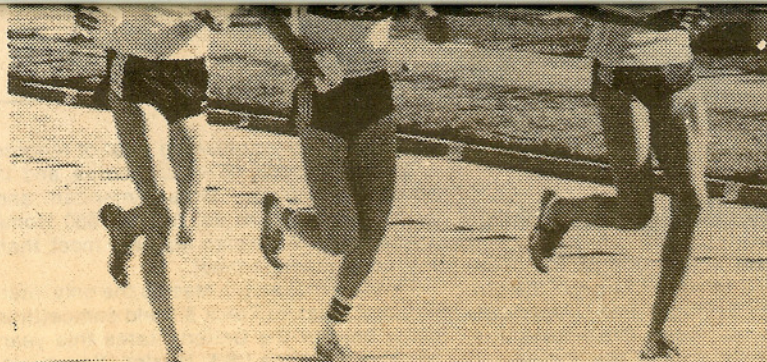
**4x100 RELAY**

39.10 USC Alumni  
39.33 UCLA  
39.44 USC  
39.52 USC T.C.  
39.9 Stars & Stripes TC  
39.94 San Diego State  
39.99 Cal Poly San Luis Obispo  
40.09 Mt. San Antonio College  
40.13 Cal Berkeley  
40.2 San Jose State  
40.32 Pasadena CC  
40.3 Spartan TC  
40.4 Sacramento CC  
40.53 UC Irvine  
40.73 American Council of Athletics  
40.85 Maccabi TC  
40.9 Fresno State University  
40.9 Capitol City Striders  
40.91 Taft CC  
40.91 Cal State Northridge

**4x400 RELAY**

3:05.18 San Diego State  
3:05.52 UCLA  
3:05.73 Maccabi TC  
3:06.7 USC





John Koningh (left), Dan Aldridge (middle), and Ray Wicksell

## 100 METERS

|       |                              |
|-------|------------------------------|
| 10.05 | James Sanford (SCA)          |
| 10.20 | Eric Brown (UCLA)            |
| 10.25 | Bill Green (USC)             |
| 10.32 | David Russell (SDS)          |
| 10.32 | Greg Simmons (SDS)           |
| 10.38 | Mike Sanford (USC)           |
| 10.39 | Mark Kent (CPSLO)            |
| 10.39 | Kenny Robinson (Berkeley HS) |
| 10.45 | Adrian Jones (Pasadena CC)   |
| 10.45 | Greg James (SSTC)            |
| 10.52 | Harold Williams (SDS)        |
| 10.54 | Marion McCoy (Macc)          |
| 10.55 | Kevin Willhite (Cordova HS)  |
| 10.57 | Kevin Smith (CSUH)           |

## 200 METERS

|       |                        |
|-------|------------------------|
| 20.20 | James Sanford (SCA)    |
| 20.39 | Eric Brown (UCLA)      |
| 20.47 | Don Quarrie (SCA)      |
| 20.53 | Bill Green (USC)       |
| 20.62 | Kevin Hollins (Sac CC) |
| 20.67 | Roy Mosley (Sac CC)    |
| 20.83 | Nate Williams (Sac CC) |
| 20.85 | Ray Threatt (AZ)       |
| 20.88 | Mike Sanford (USC)     |
| 20.90 | David Russell (SDS)    |
| 20.96 | Eddie Carey (UCI)      |
| 20.98 | Chris Whitlock (WSU)   |
| 20.99 | Larry Goldston (UCLA)  |
| 21.01 | Clancy Edwards (Unat)  |

## 400 METERS

|       |                              |
|-------|------------------------------|
| 45.07 | Bill Green (USC)             |
| 45.35 | Eddie Carey (UCI)            |
| 45.84 | Chris Whitlock (WSU)         |
| 46.03 | Pat Croft (CPSLO)            |
| 46.11 | Larry Goldston (UCLA)        |
| 46.14 | Tim Peters (AIA)             |
| 46.19 | Tony Banks (UCLA)            |
| 46.24 | Rod Bethany (USC)            |
| 46.28 | Billy Konchellah (SDS)       |
| 46.43 | Chris Blaylock (SDS)         |
| 46.68 | R. Jackson (Pasadena CC)     |
| 46.75 | Cook (CP-Pom)                |
| 46.76 | Mike Turner (USC)            |
| 46.8  | Kenny Robinson (Berkeley HS) |

## 800 METERS

|         |                        |
|---------|------------------------|
| 1:45.43 | Mike Boit (SCS)        |
| 1:46.01 | James Robinson (ICAC)  |
| 1:46.11 | Mark Enyeart (PCC)     |
| 1:47.05 | Steve Scott (Sub-4)    |
| 1:47.17 | Brian Theriot (SSTC)   |
| 1:47.18 | David Mack (OR)        |
| 1:48.26 | Andy Clifford (AIA)    |
| 1:48.2  | Mike White (Cal)       |
| 1:48.43 | Vernon Sallaz (CPSLO)  |
| 1:48.44 | Bo Breigan (SJS)       |
| 1:48.50 | Gerald Masterson (SMT) |
| 1:48.8  | Jeff West (UCLA)       |
| 1:49.60 | David Omwanza (Unat)   |
| 1:49.9  | Dave Brown (UCLA)      |

## 1500 METERS

|         |                          |
|---------|--------------------------|
| 3:36.01 | Steve Scott (Sub-4)      |
| 3:42.19 | Andy Clifford (AIA)      |
| 3:42.47 | Dan Aldridge (Sub-4)     |
| 3:43.08 | Doug Padilla (BYU)       |
| 3:43.31 | Mark Luevans (SMT)       |
| 3:44.4  | Frank Assuma (UCR)       |
| 3:44.50 | John Koningh (Sub-4)     |
| 3:44.9  | David Mack (OR)          |
| 3:45.9  | Brian Russell (UCLA)     |
| 3:46.6  | John Schaefer (Stanford) |
| 3:46.67 | Graeme Fell (SDS)        |
| 3:46.9  | Tom Downs (Cal)          |
| 3:47.0  | Ron Cornell (UCLA)       |
| 3:47.25 | M. Pope (Grossmont JC)   |
| 3:47.4  | Vernon Sallaz (CPSLO)    |
| 3:47.5  | Bryan Foley (FSU)        |

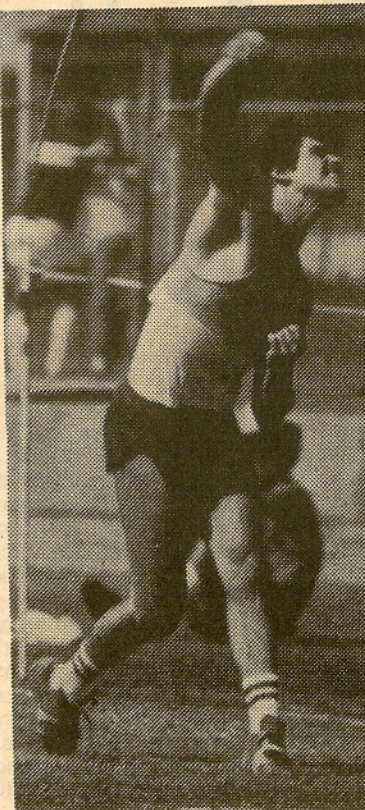
## ONE MILE

|         |                       |
|---------|-----------------------|
| 3:51.81 | Steve Scott (Sub-4)   |
| 3:56.61 | Doug Padilla (BYU)    |
| 3:59.31 | Mark Belger (PCC)     |
| 3:59.9  | Dan Aldridge (Sub-4)  |
| 4:02.43 | Graeme Fell (SDS)     |
| 4:03.2  | Andy Clifford (AIA)   |
| 4:03.6  | John Koningh (Sub-4)  |
| 4:04.7  | Duncan Macdonald (AW) |
| 4:06.2  | Dave Wicksell (Sub-4) |
| 4:08.55 | Steve Whitcomb (UCLA) |

|          |                           |
|----------|---------------------------|
| 13:39.0  | Ed Arriola (Unat)         |
| 13:44.31 | Dan Aldridge (Sub-4)      |
| 13:47.0  | Benton Hart (WVTC)        |
| 13:49.0  | Steve Alvarez (UCR)       |
| 14:01.0  | Dan Grimes (HSU)          |
| 14:01.8  | Tom Downs (Cal)           |
| 14:02.1  | Steve Ortiz (Unat)        |
| 14:04.0  | Jeff Nelson (Glendale CC) |
| 14:08.8  | Don Moses (UCLA)          |
| 14:09.5  | Terry Gibson (CPSLO)      |
| 14:11.9  | Charlie Christensen (UCI) |
| 14:12.2  | Ron Cornell (UCLA)        |
| 14:12.45 | Ivan Huff (CPSLO)         |
| 14:12.6  | Rich McCann (Cal)         |
| 14:14.67 | Dave Daniels (UCLA)       |
| 14:14.8  | Manny Bautista (CPSLO)    |

## 10,000 METERS

|         |                          |
|---------|--------------------------|
| 28:33.0 | Benton Hart (WVTC)       |
| 28:37.5 | Steve Ortiz (Unat)       |
| 28:41.7 | Tom Wysocki (Sub-4)      |
| 28:56.0 | Dan Harvey (SJS)         |
| 29:10.5 | Domingo Tibaduiza (WVTC) |
| 29:10.6 | George Mason (AIA)       |
| 29:11.7 | Dan Grimes (HSU)         |
| 29:18.2 | Manny Bautista (CPSLO)   |
| 29:19.0 | Bill Graham (Stan)       |
| 29:24.3 | Rich McCann (Cal)        |
| 29:25.9 | Bill Adams (AIA)         |
| 29:27.0 | Terry Gibson (CPSLO)     |
| 29:28.1 | Don Moses (UCLA)         |



Rob Riley

|         |                     |
|---------|---------------------|
| 29:44.7 | Tom O'Neill (Stan)  |
| 29:45.5 | Chris Hughes (UCSB) |
| 29:46.2 | Rick Rose (UCLA)    |

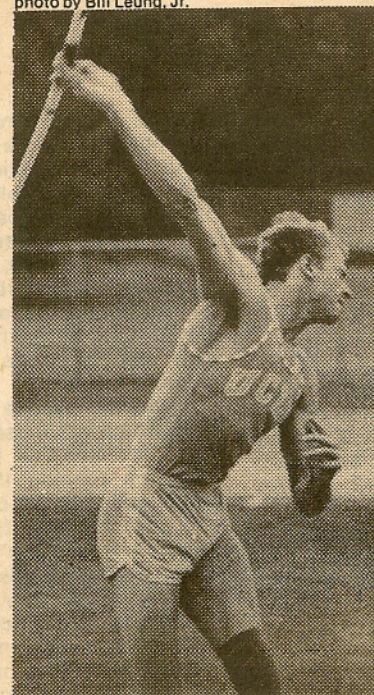
## 110 METER HURDLES

|       |                          |
|-------|--------------------------|
| 13.10 | Greg Foster (Shaklee)    |
| 13.43 | Sam Turner (SSTC)        |
| 13.49 | Dedy Cooper (BAS)        |
| 13.55 | Tonie Campbell (USC)     |
| 13.64 | Larry Cowling (Cal)      |
| 13.65 | Milan Stewart (USC)      |
| 13.70 | Greg Veatch (SCS)        |
| 13.74 | Dan Lavitt (PCC)         |
| 13.81 | James McCraney (Macc)    |
| 13.83 | Ashland Whitfield (Macc) |
| 13.88 | Whitfield (BAS)          |
| 13.95 | Andre Phillips (UCLA)    |

## 400 METER HURDLES

|       |                            |
|-------|----------------------------|
| 48.61 | Edwin Moses (UI)           |
| 48.62 | Andre Phillips (UCLA)      |
| 49.62 | James King (Macc)          |
| 49.83 | Bart Williams (SSTC)       |
| 50.28 | Tonie Campbell (USC)       |
| 50.41 | Rhan Sheffield (Macc)      |
| 50.74 | Larry Cowling (Cal)        |
| 50.89 | Bill Dorval (UCI)          |
| 50.99 | Don Ward (OR)              |
| 51.2  | R. Kennedy (ACA)           |
| 51.30 | Allen Jones (LBCC)         |
| 51.5  | Bernie Holloway (LBCC)     |
| 51.6  | Dedy Cooper (BAS)          |
| 51.71 | Gary Shumway (Stan)        |
| 51.85 | Quinton James (Chaffey JC) |

photo by Bill Leung, Jr.



Mark Anderson

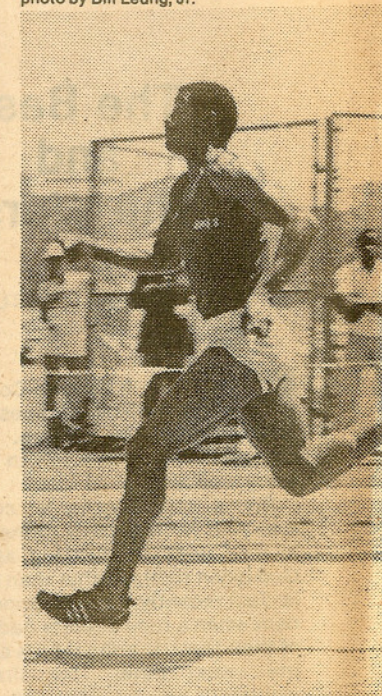
## 4x100 RELAY

|       |                               |
|-------|-------------------------------|
| 39.10 | USC Alumni                    |
| 39.33 | UCLA                          |
| 39.44 | USC                           |
| 39.52 | USC T.C.                      |
| 39.9  | Stars & Stripes TC            |
| 39.94 | San Diego State               |
| 39.99 | Cal Poly San Luis Obispo      |
| 40.09 | Mt. San Antonio College       |
| 40.13 | Cal Berkeley                  |
| 40.2  | San Jose State                |
| 40.32 | Pasadena CC                   |
| 40.3  | Spartan TC                    |
| 40.4  | Sacramento CC                 |
| 40.53 | UC Irvine                     |
| 40.73 | American Council of Athletics |
| 40.85 | Maccabi TC                    |
| 40.9  | Fresno State University       |
| 40.9  | Capitol City Striders         |
| 40.91 | Taft CC                       |
| 40.91 | Cal State Northridge          |

## 4x400 RELAY

|         |                          |
|---------|--------------------------|
| 3:05.18 | San Diego State          |
| 3:05.52 | UCLA                     |
| 3:05.73 | Maccabi TC               |
| 3:06.7  | USC                      |
| 3:07.02 | UC Irvine                |
| 3:07.66 | Sacramento CC            |
| 3:08.94 | Mt. San Antonio College  |
| 3:09.1  | Cal Berkeley             |
| 3:09.66 | San Jose State           |
| 3:09.8  | Cal Poly San Luis Obispo |
| 3:09.9  | Pasadena CC              |

photo by Bill Leung, Jr.



James Sanford



3:11.41 Capitol City Striders  
3:11.72 Fresno State University  
3:12.3 Long Beach CC  
3:12.9c Berkeley High School  
3:12.9 Glendale CC

## HIGH JUMP

7-5 Tyke Peacock (MJC)  
7-5 Brian Stanton (LBCC)  
7-4½ Dwight Stones (PCC)  
7-4½ Lee Balkin (UCLA)  
7-4½ Roger Curtis (SCS)  
7-4 Thurlis Gibbs (Unat)  
7-3 Nat Page (SCS)  
7-3 Reynaldo Brown (AATC)  
7-2¾ Brian Saunders (Macc)  
7-2¾ Schiefer (SDS)  
7-2¾ Del Davis (UCLA)  
7-2¾ Mike Nelson (Cal)  
7-2 M. Goode (Alameda CC)  
7-1¾ Dan McNamara (FSU)  
7-1 Tim Arnwine (LBCC)  
7-1 Mel Baker (LBCC)  
7-1 Rory Kotinek (Unat)

## POLE VAULT

18-4½ Larry Jesse (Macc)  
18-1¾ Greg Woepse (ACA)  
18-0½ Anthony Curran (UCLA)  
18-0 Dan Ripley (PCC)  
17-9½ Ralph Haynie (SCS)  
17-8½ Felix Bohne (SJS)  
17-8½ Tom Hintnaus (SCS)  
17-6¾ Dave Kenworthy (SCA)  
17-6 Earl Bell (PCC)  
17-6i Russ Rogers (Macc)  
17-3 Ross McAlexander (Cal)  
17-2½ Halverson (SDS)  
17-0¾ Don Baird (Unatt)  
17-0¾ Jerry Mulligan (SCA)  
17-0¾ Ralph Preiman (Foot JC)

## LONG JUMP

26-3¾ Randy Williams (SCA)  
26-2¾ Mike McRae (BAS)  
25-9¾ Larry Doubly (USC)  
25-9 Norm Alston (CSH)  
25-8¾ Larry Clemons (BC)  
25-8 Arnie Robinson (Unat)  
25-7 Mike Marlow (SSTC)  
25-5¾ Ken Hayes (Unat)  
25-4¾ Paul Bates (Cal)  
25-4 Charlton Ehizuelen (Macc)  
25-3¾ Dokie Williams (UCLA)  
25-0¾ Mike Bradford (CSUN)  
25-0 G. McCullough (LBCC)

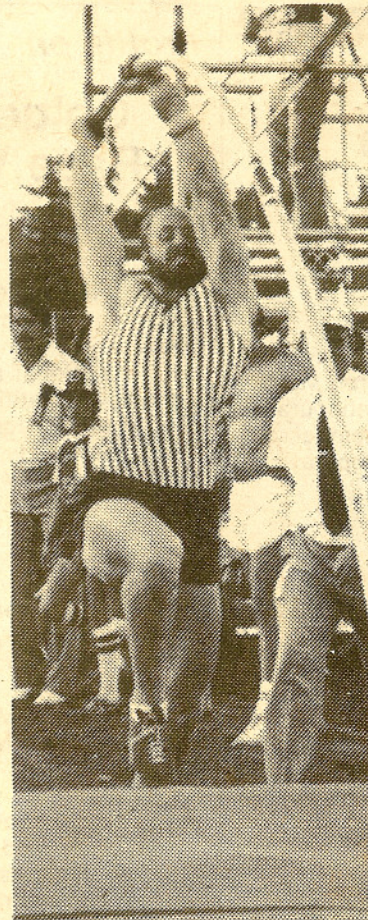
## TRIPLE JUMP

56-9½ Willie Banks (IAAA)  
55-11 Mike Marlow (SSTC)  
55-10½ Greg Caldwell (SSTC)  
54-10 Dokie Williams (UCLA)  
54-7¾ Paul Jordan (HAC)  
54-2¾ Rayfield Dupree (SCA)  
54-2¾ Doug Garner (Macc)  
53-9i Milan Tiff (MIA)  
53-6¾ Henry Ellard (FSU)  
52-8¾ Paul Bates (Cal)  
52-5¾ Bryon Criddle (CCC)  
52-5¾ Ray Kimble (BAS)  
52-5 Carey Tyler (Biola)  
52-0½ Charlton Ehizuelen (Macc)

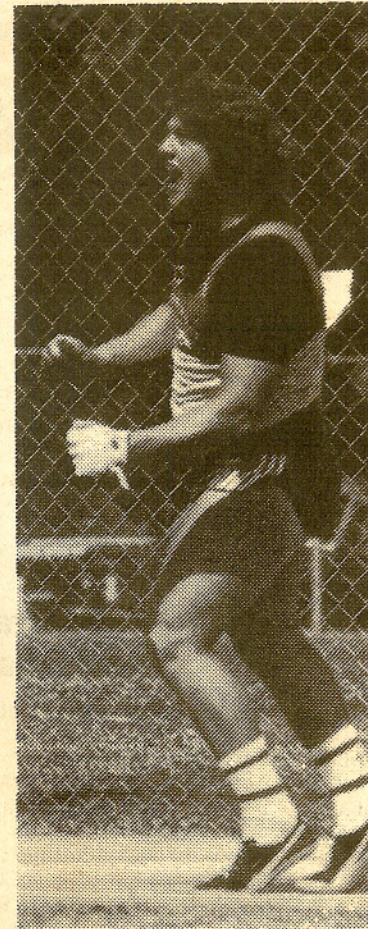
## SHOT PUT

71-4½ Brian Oldfield (UCTC)  
66-8 Mike Weeks (PCC)  
66-7¾ Dave Laut (AW)  
66-3¾ Bishop Dolegiewicz (Macc)  
65-8 Tim Scott (PCC)  
64-10¾ Ben Plucknett (SCS)  
64-10 Colin Anderson (UCTC)  
64-10 Mike Smith (CSULB)  
64-8 Dave Porath (Cal)  
64-3i Joe Staub (NB)  
62-10 Al Feuerbach (AW)  
61-8¾ Bruce Parker (Cal)  
61-0 Jeff Stover (SCS)  
61-0 Doug Lane (WVTC)

photo by Don Gosney



Greg Woepse



Matt Mileham

## DISCUS

222-8 Art Burns (SJ Stars)  
221-11 Knut Hjeltnes (BAS)  
219-2 John Powell (AA)  
217-11 Ben Plucknett (SCS)  
210-5 Ken Stadel (AW)  
209-4 Dave Porath (Cal)  
207-0 Jim McGoldrick (SJ Stars)  
205-4 Tim Scott (PCC)  
199-8 Marcus Gordien (Unat)  
199-7 Svein Walvik (Macc)  
199-1 Greg McSeveney (CSULB)  
199-0 Mike Weeks (PCC)  
192-11 Richard Slaney (SDS)  
192-4 Kris Lettow (UCLA)  
190-4 Jud Binley (AATC)  
190-3 Dave Thomson (Stan)

## HAMMER

235-7 Peter Farmer (Macc)  
230-4 Matt Mileham (FSU)  
222-0 Dave McKenzie (Unat)  
221-9 Rick Buss (Stan TC)  
213-10 Bill Green (CSULB)  
213-2 Dave Thomson (Stan)  
209-10 John Go'dhammer (AIA)  
208-0 Doug Barnett (APC)  
206-10 Ed Burke (SJ Stars)  
197-8 Greg McSeveney (CSULB)  
194-0 Rick Fritzmeier (AIA)  
193-1 Doug Silcox (Chico)  
192-1 George Frenn (Macc)  
191-11 Steve Rohovit (49er)  
189-0 Ed Arco (Macc)  
187-5 Ron Fritzmeier (FSU)

## JAVELIN

263-11 Bruce Kennedy (PCC)  
259-2 Mike Barnett (APC)  
257-3 Mike Packer (Macc)  
253-9 Mark Anderson (UCLA)  
246-6 Tom Petranoff (SCS)  
243-11 Barron Rutherford (USC)  
241-6 Rob Riley (CPSLO)  
239-5 Fred Carpenter (AIA)  
238-1 Rory Kotinek (Unat)  
237-4 Tom Jadwin (Unat)  
232-6 Mike Jones (UCD)  
232-6 Dave Rider (CSULB)  
230-2 Roller (WVTC)  
227-6 Gary Bruner (Stan)  
225-3 Doug Hart (CSUN)

photo by Don Gosney



# Jack's Athletic Supply



17-61 Russ Rogers (Macc)  
 17-3 Ross McAlexander (Cal)  
 17-2 1/4 Halverson (SDS)  
 17-0 1/4 Don Baird (Unatt)  
 17-0 1/4 Jerry Mulligan (SCA)  
 17-0 1/4 Ralph Preiman (Foot JC)

65-8 Tim Scott (PCG)  
 64-10 1/4 Ben Plucknett (SCS)  
 64-10 Colin Anderson (UCTC)  
 64-10 Mike Smith (CSULB)  
 64-8 Dave Porath (Cal)  
 64-3i Joe Staub (NB)  
 62-10 Al Feuerbach (AW)  
 61-8 1/4 Bruce Parker (Cal)  
 61-0 Jeff Stover (SCS)  
 61-0 Doug Lane (WVTC)

Greg Woepse

Matt Mileham

263-11 Bruce Kennedy (PCG)  
 259-2 Mike Barnett (APC)  
 257-3 Mike Packer (Macc)  
 253-9 Mark Anderson (UCLA)  
 246-6 Tom Petranoff (SCS)  
 243-11 Barron Rutherford (USC)  
 241-6 Rob Riley (CPSLO)  
 239-5 Fred Carpenter (AIA)  
 238-1 Rory Kotinek (Unat)  
 237-4 Tom Jadwin (Unat)  
 232-6 Mike Jones (UCD)  
 232-6 Dave Rider (CSULB)  
 230-2 Roller (WVTC)  
 227-6 Gary Bruner (Stan)  
 225-3 Doug Hart (CSUN)

photo by Don Gosney



Duncan Macdonald (left) and Steve Ortiz

# Jack's Athletic Supply

Screened T-Shirts as Low as \$1.85  
 (\$1.50 in Kid's Sizes)

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Race Supply Warehouse (Buy-Rent)



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**Ph. 415/341-3119**



# CLUB NEWS

By MARTY HIGGINBOTHAM

Clubs wishing to be in the "Club News" section of *California Track & Running News* should send a copy of their newsletter to: Club News Editor, Marty Higginbotham, 1026 W. Princeton, Visalia, CA 93277. Also, clubs are encouraged to occasionally send a black and white photograph of a member or members. Photos will be returned upon request. Your help and cooperation in publicizing your club will be very much appreciated.

## Lompoc Valley Distance Club

P.O. Box 694, Lompoc, CA 93438

The Lompoc Valley Distance club has been conducting a pre-marathon clinic in preparation for the June 21 Valley of the Flowers Marathon and Half Marathon. The last clinic will be held June 9, with the race just less than two weeks away. The clinic was set up to assist runners in finding a suitable long distance running program.

Club member Joe Carey, a strong sixty plus runner, is pursuing a running program for the blind in the Lompoc area. This year Carey has clocked a 86:17.1 20 kilometer at the St. Patrick's 20 Kilo Great Race in March. He has also timed a 67:10 15 kilo.

## Aggie Running Club

1176 Buchon Street  
San Luis Obispo, CA 93401

The Aggie Running Club made a good showing in the Jordache Hollywood Greater Los Angeles Pro Am Marathon. Jaime White placed third in 2:17:11 while Rich Langford was sixth in 2:18:11. For the Ag women, Carol Young was seventh at 2:53 and Paula Ramirez was eleventh in 3:17.

At the Martin Luther King Games the Ags took a fourth place in the four mile relay with the team of Sweeney 4:13.9, Fabris

## Bartlett Mineral Water Race Team

1026 W. Princeton, Visalia, CA 93277

The Bartlett Mineral Water Race Team made it two-for-two as they captured their second straight Central California Athletic Congress Championships. This time they took the 10 kilometer title. Leading the way was overall winner Juan Garcia in 31:53 followed by Ed Taylor 33:15 in fourth and Robert Taylor sixth, timing 34:10. Fred Castillo timed 34:38 for seventh place.

Once again the Bartlett Mineral Water racers captured another Athletic Congress Championships. The Central California TAC Ten Mile Championship held May 3, was a clean sweep for Bartlett runners. New member Al Lara led the group with his winning effort of 51:58. Juan Garza, also a new member, followed in second at 52:29 and Ed Taylor timed 53:27 for third.

Two club members competed in the Jeff Coach Memorial Four Mile Run. Juan Garza captured first in 20:50 while teammate Bruce Greenway nabbed second in 21:24.

Bob Higginbotham captured first place in the 400 meter intermediate hurdles at the May 9 Grandfather Games. Higginbotham also competed in the May 17 Striders Relays, where he captured the 300 meter intermediate hurdles in 51.6, the 60 meter high hurdles in 10.9, and the 100 meters in 13.1. He also leaped 15-1 for a second in the long jump.

Al Lara ran a 25:02 five mile at the Jovian

## Profile on:

## Golden Gate Race Walkers

By MARTY HIGGINBOTHAM

The Golden Gate Race Walkers began in September 1978. It started because the San Francisco area had several national and world class race walking competitions, and to draw new people into race walking, teaching them the fundamentals and techniques. The GGRW has put race walking on the map in the Bay Area. They are the only functioning race walking organization in Northern California to serve only race walking.

There are several area coordinators in the Bay Area. A breakdown of area coordinators looks like this: San Francisco-Harry Siitonen, East Bay-Helena Foster, Marin-Roger Anawalt, Peninsula-Lori Maynard, South Bay and West Valley-Bonnie Dillon.

The club has introduced race walking to many people through actual participation or media coverage. Many of the new walkers who are not competitive find the race walking as an informal outlet-the same as jogging and running provide for others. Many top competitive race walkers got their start in the club.

At present, the GGRW are still growing. They offer many 'fun walk' one-mile races and an increasing number of races at longer distances.

The club has no team uniforms, but they have a club T-shirt. Also there is no formal membership. As Harry Siitonen puts it, "anyone who considers themselves a member is one." They put out a monthly publication called *The Golden Gate Race Walker* and the mailing list on this newsletter fluctuates between 210 and 240. The group includes people of all age groups, from juniors through masters. There is also a notable majority of women over men!

Some of the club's top race walkers

a national class race walking status in little more than a year. In 1980 she finished third in the women's National TAC 5000 Meter Walk. Other top women include Daphne Dunn, Laine Silber, Armonita Yuen, Lori Maynard (a top-notch competitor) and Elena Carola (age 72 who holds several national master age group records).

Top men include Dennis Gustafson, Charles Marut, Fred Dunn, Bill Penner, Rob Robinson, Emory Chow, Craig Bergquist and Harry Siitonen.

The club began Saturday meetings in two basic locations in the Bay Area-San Francisco and the Peninsula. Now they met in four different areas at least once a month. Besides San Francisco and the Peninsula, they meet in Oakland and the East Bay twice a month, and once a month in Cupertino (DeAnza College) for the South Bay Area.

There is no formal leadership and decision-making is said to be loose and informal. Voluntary donations of no set amount determine the budget. Members are expected to make an occasional donation for upkeep of the newsletter or their name will be removed from the mailing list after a three-month period.

Much activity takes place at the Saturday meetings, such as coaching, competition, and social race walking sessions. Everything somewhat informal, personalized and low-key. They meet every Saturday of the year, except the last two or three weeks in December due to the holidays.

In November 1980, they held a club 5000 meter championship and in September 1980, they hosted the Pacific Association Athletic Congress 10,000 Meter Race Walking Championship. Annual club picnics have been held the last two years in September, also. This year some longer distance races are hoped for.

The club describes the future and the goal of their organization: To promote race walking, whether it be competitive, recreational or for health and social aspects. Also to teach race walking form and technique to new people and help others to discover a



just less than two weeks away. The clinic was set up to assist runners in finding a suitable long distance running program.

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At the Martin Luther King Games the Ags took a fourth place in the four mile relay with the team of Sweeney 4:13.9, Fabris 4:14.3, Sperando 4:12.0, and Harms 4:14.1. They also took a sixth in the distance medley with Stokes 48.2, Schilling 1:54.1, Harms 3:01.3, and Sweeney 4:09.9. Dennis O'Hallaran and Matt Yeo competed in the 10 Kilometer. O'Hallaran clocked 29:54 for ninth while Yeo timed 30:12 for twelfth.

Paula Ramirez clocked a 30:57 for a third place finish in the California Classic Five Mile Run held May 23 in Visalia.

the new walkers who are not competitive find the race walking as an informal outlet--the same as jogging and running provide for others. Many top competitive race walkers got their start in the club.

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Some of the club's top race walkers include Bonnie Dillon, a 33-year old mother of four children who shot up to

Two club members competed in the Jeff Coach Memorial Four Mile Run. Juan Garza captured first in 20:50 while teammate Bruce Greenway nabbed second in 21:24. Bob Higginbotham captured first place in the 400 meter intermediate hurdles at the May 9 Grandfather Games. Higginbotham also competed in the May 17 Striders Relays, where he captured the 300 meter intermediate hurdles in 51.6, the 60 meter high hurdles in 10.9, and the 100 meters in 13.1. He also leaped 15-1 for a second in the long jump.

Al Lara ran a 25:02 five mile at the Joyeria Mexico Run. His time placed him sixth overall and fourth in the open division.

Bartlett captured the Natural Light Cal Classic Five Mile Run team title on May 23. Juan Garcia led team members with his third place finish at 24:30. Al Lara followed at 24:43, while Ed Taylor was next at 25:46. Bryan Patterson, running his first race for the team, ran 27:55.

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Otto Sommerauer



Chuck Marut

## Humboldt State University 7th Annual Cross Country & Steeplechase Summer Workshop

August 2-7 • August 9-14

Aspiring distance runners of all ages are encouraged to attend, especially those in training for high school, junior college, college and all levels of amateur competition. Coaches are also encouraged to attend.

**STAFF FEATURES:** Coach Jim Hunt who recently led his Humboldt State cross country team to the 1980 NCAA Division II National Championships. Gary Tuttle who was a five-time NCAA All-American and is a former NCAA and AAU National Record Holder. Bill Scobey who was a four-time NCAA All-American and has held both American and World Records. Additional counseling from nationally ranked men and women distance runners will be provided.

**For a brochure write:** Jim Hunt, Track Coach, Humboldt State University, Arcata, CA 95521. Or call: (707) 822-6067 or (707) 826-4536.



photo by Judy Cockerham



**Fresno Track Club at Los Osos:** (left to right): Gene Lynch, Bob Fries, Dick Cain, Jim Harris, Frank Delgado, Gordon Keller, and Bill Cockerham.

## Fresno Track Club

P.O. Box 6103, Fresno 93703

The month of April had many surprise activities, mostly pleasant for the Fresno Track Club.

A quickly assembled team of masters and several sub-masters entered the RRCA Regional Championships at Los Osos, California. On a hilly course and unseasonably hot day, the club swept the top four places in the masters competition with 3 places scoring for the team. Dick Cain, Frank Delgado and Jim Harris set a meet record of 3:59:16 (old record 4:13:22). Bob Fries, Fresno City College Track Coach, captured first place in the 50-59 division.

Two weeks later eight club members made the trip to Beantown. Those who participated were Liz and Brent DeMonte, Evan Orme, Jim Harris, Larry Lung, Craig and Curt Elia, and Al Lomeli who, running his first Boston, led the group with a 2:44 finish. Everybody had a GREAT time.

April 26 Fresno entertained its first triathlon. In order, it consisted of a 6.3 mile run, 21.3 mile bicycle ride, and 350 yard swim. The field was limited to the first 140

## High Sierra Track Club

112 Green Oaks, Visalia, CA 93277

Dave Bronzan led HSTC members at the Central California TAC 10K Championships. Bronzan timed 33:13 winning the submaster division and placing third overall. Don Chapin was second in the submaster division and eighth overall clocking 34:41. HSTC captured the submaster team title. In the masters division, Wayne Van Dellen, Rick Zamarrippa and Len Thornton combined to win the masters title.

photo by Marty Higginbotham



25:11; Scott Thornton, sixth 25:30; and Dave Bronzan, eleventh (second submaster) 26:05, combined for the second place finish. Len Thornton set a new 50-59 age group mark with his time of 28:23, while Harry Harder established a record in the new sixty plus division timing 35:10.

## Visalia Runners

P.O. Box 3638, Visalia, CA 93278

Rob Stephenson competed in his first Fifty Miler on April 12, at the American River Fifty. Stephenson finished 87th out of 270 finishers (296 started) in a time of 8 hours 16 minutes.

The Visalia Runners hosted the Central California Athletic Congress 10 Kilometer Championships on April 25. Team members that ran included Gary Campbell (top finisher) placing fifth overall and second in the submaster group timing 33:36. Next was Jess Rodriguez in 34:53, followed by Frank Padilla, first master in 35:02. Tanis Ryzabal was the first female finisher in 39:41 followed by teammate Shirley Rojas in 41:09.

Gary Campbell led Visalia Runners at the Central California TAC Ten Mile Championship May 3. He took top honors in the submaster division with a 53:36 time, which is a new meet record for submasters. Also set-

photo by Marty Higginbotham



## Address Change?

Be sure to notify California Track & Running News as soon as possible of a change in your address. CT&RN is mailed third class bulk rate and the post office will not forward the magazine. Send your new address, as well as your old, to California Track & Running News, P.O. Box 6103, Fresno, CA 93703.

## Seniors Track Club

1626 Wellington Place  
Westlake Village, CA 91361

Several Seniors TC runners competed in the Santa Monica 10 Kilometer and turned in some impressive performances. Jim Knerr timed 33:58 for first in the 45-49 division. The Seniors TC also had another divisional winner in Eddie Lewin as he clocked 39:37 to take honors in the sixty and over group. Other STC runners included Larry Hatch 39:11 eighth in the 45-49, Bill Winstanley 39:17 fourth in the 50-54, and Pat Winstanley who timed 57:36 for a personal record and sixth in the women's 45-49 division.

Some Senior TC competitors are turning to the track for some track and field competition. In last month's Grandfather Games held at Vay Nuys, Joe Caruso turned in an impressive performance with the long jump in his division.

photo by Marty Higginbotham





The month of April had many surprise activities, mostly pleasant for the Fresno Track Club.

A quickly assembled team of masters and several sub-masters entered the RRCA Regional Championships at Los Osos, California. On a hilly course and unseasonably hot day, the club swept the top four places in the masters competition with 3 places scoring for the team. Dick Cain, Frank Delgado and Jim Harris set a meet record of 3:59:16 (old record 4:13:22). Bob Fries, Fresno City College Track Coach, captured first place in the 50-59 division.

Two weeks later eight club members made the trip to Beantown. Those who participated were Liz and Brent DeMonte, Evan Orme, Jim Harris, Larry Lung, Craig and Curt Elia, and Al Lomeli who, running his first Boston, led the group with a 2:44 finish. Everybody had a GREAT time.

April 26 Fresno entertained its first triathlon. In order, it consisted of a 6.3 mile run, 21.3 mile bicycle ride, and 350 yard swim. The field was limited to the first 110 entrants. No less than 13 club stalwarts entered the competition. Two of the club's sub-masters, Gordon Keller and Ken Lehman, were dead serious in their training preparation.

Along with open runner, Darrel Cox, they led the field almost to the end of the bicycle ride. Gordon and Lehman started the swim simultaneously, but ex-swimmer Lehman really started stroking. The club captured 1, 3, and 4-Lehman, Keller and Cox in 1:44:46, 1:47:40 and 1:47:51 respectively. Next year the competition should be even more fierce.

## San Luis Distance Club

P.O. Box 1134  
San Luis Obispo, CA 93406

San Luis Distance Club interval workouts were very popular last spring and summer, so they were resumed on Wednesday, May 20. They are held at the San Luis Obispo High School track, usually beginning at 5:30-6:00 p.m., these club workouts will be held every Wednesday through September.

Final results have been tabulated and the SLDC has won the 1980 Puma-TFA/USA National Postal Three Mile Championship in the open division. Paul Spangler was an individual champion in the seventy and over age group; his time was 24:25.7.

Dave Bronzan led HSTC members at the Central California TAC 10K Championships. Bronzan timed 33:13 winning the submaster division and placing third overall. Don Chapin was second in the submaster division and eighth overall clocking 34:41. HSTC captured the submaster team title. In the masters division, Wayne Van Dellen, Rick Zamarrippa and Len Thornton combined to win the masters title.

photo by Marty Higginbotham



Wayne Van Dellen

HSTC hosted the Central California Athletic Congress 10 Mile Championships May 3. The club's top finisher was Dave Bronzan claiming second in the submaster division clocking 55:58. Len Thornton was a divisional winner for the HSTC as he won the 50 and over category in a new record time of 57:42.

High Sierra TC captured second place at the Natural Light Cal Classic Five Mile on May 23. The team of Juan Molina, fifth



Juan Garza (left) and Juan Garcia

ting a record in the 40-49 age group was Frank Padilla with a time of 58:27. Renee Wyckoff destroyed the women's course record as she clocked 58:56. She was followed in second by teammate Shirley Rojas in 71:41. Others competing were Craig Newport timing 58:22 for a personal record and third in the submaster division. Roger Sebert captured fourth in the submaster category by running 58:59. Dave Calderon ran 59:34 for fifth in the 20-29 age group and Jim Lowe finished fourth in the 40 and over category in 65:00.

Gary Campbell led Visalia Runners at the Natural Light Cal Classic Five Mile. He finished ninth in 25:47, however he was the first submaster finisher. Jess Rodriguez was the club's next finisher at 27:33 for fourth in the submaster group. Tanis Ryzabal was the women's champion establishing a new course record of 30:03. Shirley Rojas was next at 31:56 for first in the 15-19 age group, while Cherie Stephenson was the third club finisher at 34:56. These three women combined to give the Visalia Runners the women's team title. JoAnn Branco, who last year won the 30-39 title in 37:10, came back this year to take the 40-49 title in 35:49, while teammate Cec Conway was third.

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photo by Marty Higginbotham



Joe Caruso



# MASTERS SCENE

By MARTY HIGGINBOTHAM

The masters track and field season is in full swing now. The month of May brought several outstanding meets and now June brings the Athletic Congress Western Regionals in Los Gatos and the Senior Olympics in Los Angeles. The Western Regional would be a good tune up for the National Championships which will be held at the same site two months later. The TFA/USA Western Regional Championships will be held in California this year, at UCLA. This is figured to be a top quality meet with more than three hundred athletes expected to compete on the super UCLA facility.

On the road Jim Bowers, age 42, of Santa Rosa won the Masters National Athletic Congress 30 Kilometer in New York at the end of March. His time of 1:39:29 is a new point to point masters record. The 30k course ran from Schenectady to Albany. Bowers is having an outstanding season as in February he was the overall winner of the Seaside Marathon in Oregon with the super time of 2:24:18. The next masters national championship will be at the 25 kilometer distance and will be contested in Colorado either this month or July.

As always, California Track & Running News welcomes any information on masters athletes and meets.

## EDITORIAL

### Masters Hurdle Heights

By BOB HIGGINBOTHAM

I cannot understand this foolishness of tampering with the masters hurdle heights and distances. If this is done to follow the world rules it makes even less sense as very few hurdlers ever go to the World Games. Also, many potential hurdlers are frightened out of competing with the increase in heights (to 36" in 50-59 age group). This season in various meets 50-59 hurdlers must compete with hurdles at 33" and 36" and distances between hurdles of ten yards and 8.5 meters.

All the surveys I have seen have been in favor of the American standards of 33" and 10 yards. Why were these surveys taken and then ignored? The whole thing is ridiculous. The masters program is to encourage senior athletes to compete. Yet this tampering with the hurdles is doing just the opposite - discouraging participation.

## Race Walks Added

From HARRY SIITONEN

The walking events were not included in the initial batch of entry forms sent out for the Western Regional and National TAC Masters Championships in Los Gatos.

Twenty kilometer road racewalks have been added to the agenda of both of these major track and field championship meets.

The schedule is as follows:

**Western Regionals:** Saturday, June 20, 8 am: 5000 meter walk, Los Gatos High

School track, Sunday, June 21, 8 am: 20 kilometer road walk, site to be announced.

**Nationals:** August 15, 8 am: 5000 meter walk, Los Gatos High School track. Sunday, August 16, 8 am, 20 kilometer road walk, site to be announced.

All these meets, covering a full scale of track and field offerings, are open to all men and women in both masters and sub-masters age categories. TAC membership required. For entry forms and information contact: Bruce Springbett, Meet Director, P.O. Box 1328, Los Gatos, CA 95030. Telephone (408) 354-7333.

## SCHEDULE

*Listed here are events specializing in masters competition and of interest to California masters. Also check the regular scheduling section in each issue as many events listed there also feature masters divisions. Please send scheduling information to: California Track & Running News, P.O. Box 6103, Fresno, CA 93703.*

### Track & Field

**June 20-21: Western Regional Athletics Congress Masters T&F Championships.** Los Gatos High School. Bruce Springbett, P.O. Box 1328, Los Gatos, CA 95030. (408) 354-7333.

**June 27-28: 12th Annual Senior Olympics.** University of Southern California, Los Angeles. Warren Blaney, 5670 Wilshire Blvd., Suite 300, Los Angeles, CA 90036. (213) 938-5548.

**July 4-5: 4th Annual North American Masters T&F Championships.** Philadelphia, PA. Contact: Jim Weed, 11672 E. 2nd Ave., Aurora, Colorado 80010. (303) 341-2980.

**July 18: TFA/USA Western Masters T&F Championships.** UCLA's Drake Stadium. Michael Sims & Associates, 5419 Sunset Blvd., Los Angeles, CA 90029. (213) 462-7360. *Please see advertisement in this issue.*

**July 24-25: Northwest Seniors Track Classic.** Gresham, Or. Jim Puckett, Mt. Hood College, 26000 Stark, Gresham, OR 97030.

Entries now being accepted for the 5th Annual

# HOME SAVINGS PAN AMERICAN





course ran from Schenectady to Albany. Bowers is having an outstanding season as in February he was the overall winner of the Seaside Marathon in Oregon with the super time of 2:24:18. The next masters national championship will be at the 25 kilometer distance and will be contested in Colorado either this month or July.

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# HOME SAVINGS PAN AMERICAN MASTERS TRACK & FIELD CHAMPIONSHIPS

*(co-sponsored by the Southern California Striders)*

**August 8 and 9**

University of Southern California (U.S.C.)  
Los Angeles, California

**Entry fee:** \$8.00 — 1st event, \$3.50 — each additional event

**Program and T-shirt** to each competitor

**Dinner Dance** — Saturday evening, August 8 — \$16.00 per ticket

**For additional information and entry application, send self-addressed, stamped envelope to:**  
Hilliard Sumner, Jr., Meet Chairman  
22713 Ventura Boulevard  
Woodland Hills, California 91364  
213/884-1349

**Accommodations available nearby:**  
University of Southern California  
Dormitory Summer Housing  
Birnkranth Hall  
University Park, California  
213/741-2022







Hilliard Sumner

**August 1: 9th Annual Corona del Mar "Don Palmer Memorial" Relays.** Santa Ana College. Dave Jackson, 19103 Andmark Ave., Carson, CA 90746. (213) 638-7125.

**August 8-9: 5th Annual Home Savings Pan American Masters Games.** Los Angeles. Hilliard Sumner, 22713 Ventura Blvd., Woodland Hills, CA 91367. (213) 884-1349. *Please see advertisement in this issue*

**August 15-16: 14th Annual Penn Mutual/Athletics Congress National Masters Track & Field Championships.** Los Gatos High School. Bruce Springbett, P.O. Box 1328, Los Gatos, CA 95030. (408) 354-7333. *Please see advertisement in this issue.*

**August 29-30: Shakespeare Masters Track & Field Classic.** Southern Oregon State College, Ashland, OR. Write P.O. Box 119, Phoenix, OR 97535.

**October 3: 8th Annual Santa Barbara Masters Track & Field Meet.** University of California at Santa Barbara. George Adams, P.O. Box K, Goleta, CA 93017. (805) 687-6323.

## Spotlight On: BOB HUNT

By MARTY HIGGINBOTHAM

Bob Hunt, age 60, is a top master competitor for the Southern California Striders. The 5-11, 148 pound Hunt has some very impressive credentials. He holds the world record decathlon mark at 3790 for age 57. Also in 1976 he held world marks for age 56 in the high hurdles at 16.7 and 400 intermediates at 63.7. At the World Games in New Zealand Hunt picked up gold medals in both the high and intermediate hurdles.

Success in track and field is not new to Hunt. As a high schooler at Manual Arts High he established a Class B League record in the 70 yard high hurdles at 9.2. In 1939 he tied the world record 60 yard high hurdle indoor mark of 7.2.

Hunt likes to compete about once a week, and his favorite event is the 400 meter intermediate hurdles. Hunt says his competition strategy is "Blast to the first hurdle." His training rules include a potassium pill once a day and seven hours of sleep. An immediate goal for him is the 60 year 400 meter hurdle record, while his long range goal he says is to keep fit. Hunt is 60 now and plans to keep competing until about 85 or 90 years of age.

Hunt got started in track to lose weight. He used to weigh 190 and had a 36½" waist. Now he is down to 141 with a 31 waist. He says participating in track keeps his weight down. At present he is a PBX technician and will retire in September of this year.

A typical week's workout for Hunt consists of stretching, sprints at various distances and a lot of hurdle work. Monday thru Thursday he runs two miles on his lunch hour. He rests on Friday, competes on Saturday then ends the week with rest on Sunday.

Already this season Bob has turned in some very impressive performances at the Sacramento Relays, Grandfather Games and Striders Relays.



## Penn Mutual TAC National Masters Track & Field Championships



Los Gatos, California  
August 15, 16, 1981  
Los Gatos High School Track

### • ENTRY FEES •

\$5.00 first event, \$3.00 each additional event  
\$16 for relays, \$10.00 for Pentathlon

ENTRY DEADLINE: August 1, 1981

AWARDS FOR 6 PLACES WHEN EVENTS FULL.

Banquet — \$16 per person, Saturday, August 15

### Saturday, August 15

STEEPLE CHASE  
HAMMER  
5,000 WALK  
10,000 METER  
400 PRELIMS  
400 RELAY  
800 FINAL

POLE VAULT  
SHOT PUT  
LONG JUMP  
100m PRELIM  
110m HURDLES  
110m ELITE HURDLES  
400m FINALS  
100m FINALS

### Sunday, August 16

5,000m RUN  
200m PRELIM  
DISCUS  
HIGH JUMP  
400m I.H.  
200m FINALS  
1500m FINAL

JAVELIN  
TRIPLE JUMP  
1600m RELAY  
PENTATHLON

For an Entry Blank and/or More Information, Send SASE to:  
BRUCE SPRINGBETT, Meet Director  
P.O. Box 1328, Los Gatos, CA 95030. (408) 354-7333.

## Striders Relays

May 16, Cal State Northridge: Southern California Striders Relays.

**HAMMER:** 30-39: 1. Mike Deller (Unat) 142-7; 2. Manuel Lechuga (SCS) 108-3. 40-49: 1. Stu Thomson (SCS) 150-11; 2. Hal Smith (SCS) 106-8; 3. Dave Douglass (SCS) 102-1. 50-59: 1. Paul Evans 90-2½; 2. Jerry Wojcik 83-1; 3. Bill Bangert 71-7. 60-69: 1. Joe Sanz (CDM) 103-5; 2. Art Vesco (SCS) 90-0. 70-79: 1. Randy Hub-

**HIGH JUMP:** 30-39: 1. Charles Rader (Unat) 6-0; 2. Tim Knappen (SCS) 5-10. 40-49: 1. Nick Newton (SCS) 5-6; 2. Gary Bane (SCS) 5-0. 50-59: 1. Dave Brown (CDM) 4-8¼; 2. Patrick Devine (CCAC) 4-2; 3. Bob Perry (CDM) 4-2. 60-69: 1. Jim Vernon (Unat) 4-0; 2. Art Vesco (SCS) 3-10.

**POLE VAULT:** 30-39: 1. Warren Wilkie 14-0. 40-49: 1. Gary Bane (SCS) 11-6; 2. Dave Douglass (SCS) 10-1. 50-59: 1. Vero Wolfe 9-6.

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**DISCUS:** 30-39: 1. Mike Deller (Unat) 149-10; 2. Manuel Lechuga (SCS) 133-4; 3. Jerry Eibert (CW) 119-6. 40-49: 1. Bob Humphreys (CDM) 157-7; 2. Stu Thomson (SCS) 134-8; 3. Ed VanPelt 126-1. 50-59: 1. George Ker (CDM) 120-0; 2. Bill Bangert 117-7; 3. Tom Allison 115-4. 60-69: 1. Mike Castaneda (SCS) 119-2; 2. Jack Thatcher (CDM) 116-1; 3. Joe Sanz (CDM) 105-8. 70-79: 1. Vern Cheadle 117-11; 2. Don Pierotti (CDM) 100-10; 3. Stan Herrmann (CDM) 89-1. **Women:** 1. Shirley Kinsey (CDM) 78-9; 2. Edith Mendyka (CDM) 60-9.

**SHOT PUT:** 30-39: 1. Mike Deller (Unat) 44-11; 2. Manuel Lechuga (SCS) 43-1. 40-49: 1. Stu Thomson (SCS) 42-3½; 2. Hal Smith (SCS) 41-3; 3. Mike Farris (Unat) 38-6. 50-59: 1. George Ker (CDM) 45-11; 2. Bill Bangert 45-0; 3. Tom Allison 39-9. 60-69: 1. Mike Castaneda (SCS) 45-10½; 2. Jack Thatcher (CDM) 43-7½. 70-79: 1. Vern Cheadle 42-3½; 2. Don Pierotti (CDM) 36-8; 3. Stan Herrmann (CDM) 33-1. **Women:** 1. Shirley Kinsey (CDM) 29-1; 2. Edith Mendyka (CDM) 28-1.

**JAVELIN:** 30-39: 1. Warren Wilke 205-4. 40-49: 1. Hal Smith (SCS) 143-7; 2. Gary Bane (SCS) 129-9; 3. Ralph Hudson (CDM) 127-8. 50-59: 1. Jerry Wojcik (Unat) 120-11. 60-69: 1. Joe Sanz (CDM) 91-1; 2. Art Vesco (SCS) 73-5; 3. George Polynnis (CDM) 73-4. 70-79: 1. Bob MacConaghy (CDM) 98-3; 2. Randy Hubbell (MTC) 88-11. **Women:** 1. Chrystal Miller (CDM) 100-9; 2. Shirley Kinsey (CDM) 82-0; 3. Edith Mendyka (CDM) 68-6.

**LONG JUMP:** 30-39: 1. Richard Lewis (SCS) 22-3½; 2. Carl Flowers (CDM) 21-9¼. 40-49: 1. Roger Tsuda 19-1¼; 2. Gary Bane (SCS) 18-9; 3. Mike Farris 17-11. 50-59: 1. Dave Brown (CDM) 16-2½; 2. Bob Higginbotham (BMW) 15-5. 60-69: 1. Jim Vernon (Unat) 14-8¾; 2. Herb Miller (CDM) 13-10¼; 3. C.A. Mercurio (SCS) 11-5. **Women:** 1. Edith Mendyka (CDM) 8-0; 2. Mag Kuehne (Unat) 5-6¼.

**TRIPLE JUMP:** 30-39: 1. Dave Jackson (CDM) 45-7½. 40-49: 1. Dave Jackson (CDM) 41-3¼. 50-59: 1. Dave Brown (CDM) 33-11; 2. Loren Noyes 28-1. 60-69: 1. C.A. Mercurio (SCS) 29-2¼; 2. Herbert Miller (CDM) 28-7; 3. George Polynnis (CDM) 26-6¼.

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**1500 METERS:** **Women:** 1. Reiko Duba 5:58.2; 2. Chiye Horiguchi 6:47.02.

**3000 METERS:** 30-39: 1. Henry Lange (SCS) 9:34.0; 2. Dan Andrews' nt; 3. Joe Evanish (CDM) 13:14.0. 40-49: 1. Eino 9:32.4; 2. Len Efron (CCAC) 9:42.0; 3. Ed Field (SCS) 10:22.0. 50-59: 1. Jerry Withers (SMT) 10:38.0; 2. Patrick Devine (CCAC) 10:45.6; 3. Bruce Robinson (CCAC) 11:50.0. 60-69: 1. Ed Stattenberg (SMT) 11:43.0; 2. George Polynnis (CDM) 14:45.0.

**100 METERS:** 1. 30-39: 1. Warren Spikes 10.62; 2. Walt Butler (age 40) 10.7; 3. Hilliard Sumner (SCS) 11.13. 40-49: 1. Doug Smith (CDM) 11.06; 2. Bill Knocke (SCS) 11.27; 2. Lewis Smith (SCS) 11.27. 50-59: 1. Bob Higginbotham (BMW) 13.12; 2. Wilbur Buchanan (SCS) 13.2; 3. Jack Yabian (SCS) 13.76. 60-69: 1. Al Guidet (CDM) 13.42; 2. Robert Hunt (SCS) 13.71; 3. Anthony Castro (age 71) 13.99. **60 METER HURDLES:** 30-39: 1. Walt Butler (age 40) 8.0; 2. Larry Sallinger (CDM) 8.17; 3. Tim Knappen (SCS) 8.8. 40-49: 1. Mike DeStefano (CDM) 8.9; 2. Gary Bane (SCS) 9.37; 3. Dave Douglass (SCS) 10.7. 50-59: 1. Bob Higginbotham (BMW) 10.9; 2. Loren Noyes 12.86. 60-69: 1. Robert Hunt (SCS) 9.9; 2. Al Guidet (CDM) 10.29; 3. Herbert Miller (CDM) 11.5.

**300 METER INTERMEDIATES:** 30-39: 1. Larry Sallinger (CDM) 45.2; 2. Henry Lange (SCS) 52.7. 40-49: 1. Dave Douglas (SCS) 54.1. 50-59: 1. Bob Higginbotham (BMW) 51.6; 2. Loren Noyes 63.1. 60-69: 1. Bob Hunt (SCS) 52.0; 2. Herbert Miller (CDM) 69.6.

**400 RELAY:** 30-39: 1. CDM 43.49. 50-59: 1. SCS nt.

**800 RELAY:** 30-39: 1. CDM 1:34.24. 40-49: 1. SCS 1:33.9. 50-59: 1. SCS 2:88.9.

**SPRINT MEDLEY:** 30-39: 1. CDM 4:02.2. 40-49: 1. SCS 3:44.4. 50-59: 1. SCS 4:17.9.

**DISTANCE MEDLEY:** 30-39: 1. Unat 11:27.1. 40-49: 1. SCS 12:12.6. 50-59: 1. SCS 12:28.41.

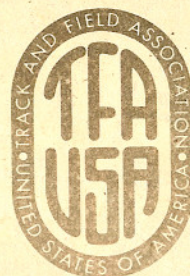
For an Entry Blank and/or More Information, Send SASE to:

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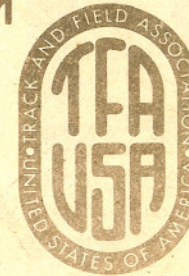
SO. CALIFORNIA  SERIES

# TFA-USA 1981 PACIFIC MASTERS TRACK AND FIELD CHAMPIONSHIPS

SATURDAY, JULY 18, 1981



**UCLA**  
DRAKE STADIUM



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On-site computers, results by Accutrack,  
certified officials, medals and certificates awarded,  
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For entry form and information, send self-addressed stamped envelope to:  
MICHAEL SIMS & ASSOCIATES □ 5419 Sunset □ Los Angeles, CA 90027



# 1981 High School Top Marks

Compiled by KEITH CONNING

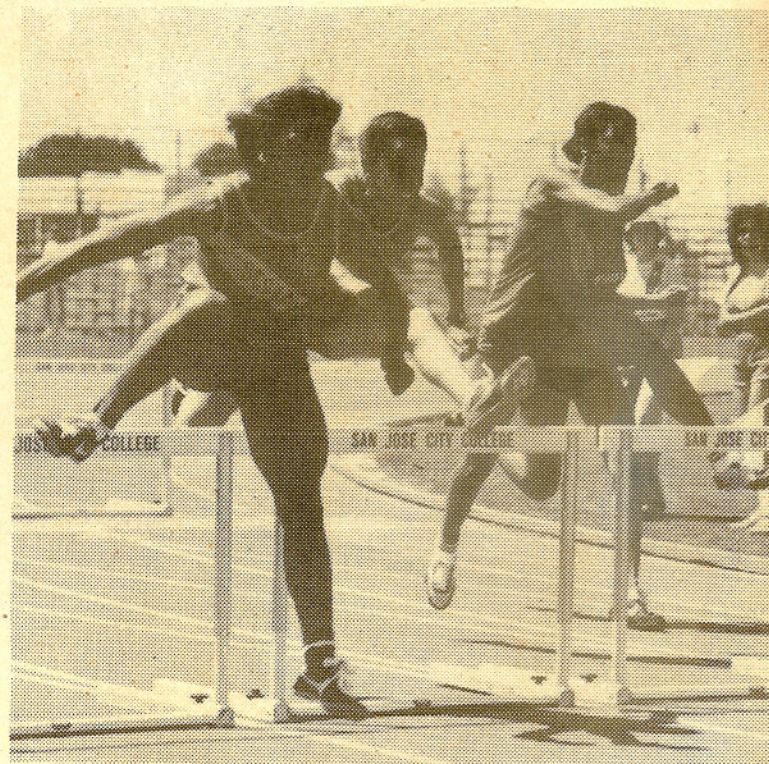
This list contains the best California high school marks through May 14. Times in 100ths are automatic and are placed in a position of corresponding higher value on the hand timed list.

Please send all high school information to Keith Conning, 2235 Browning St., Berkeley, CA 94702.

Please be sure to include wind information on all affected events and specify if timing is hand or automatic.

Classes: \*\*\* frosh; \*\* Soph; \* junior. Other symbols: c converted time; ' after name is non-US citizen.

photo by Don Gosney



(left to right): Sharifa Sanders, Robyne Johnson, Yvette Bates - Berkeley ace hurdlers.

## Girls

photo by Don Gosney



photo by Don Gosney



photo by Don Gosney



### 800 Meters

|         |                                    |
|---------|------------------------------------|
| 2:06.3  | Regina Jacobs (Argl Ep Acad, NH)   |
| 2:08.0  | *Jessica Spies (Livermore)         |
| 2:09.4  | *Maria King (Milpitas)             |
| 2:09.7  | *Marilyn Davis (Miramonte, Orin)   |
| 2:10.4  | Tracy Weber (Lynbrook, San Jose)   |
| 2:10.6  | Donna Curtis (Culver City)         |
| 2:11.6  | Rennie Durrand (Laguna Bch)        |
| 2:12.33 | *Vickie Cook (Alemany, MissHls)    |
| 2:13.39 | *Carla Johnson (Manual Arts, LA)   |
| 2:13.5  | *Polly Plumer (University, Irvine) |

### One Mile

|         |                                    |
|---------|------------------------------------|
| 4:41.8  | *Vickie Cook (Alemany, MissHls)    |
| 4:55.2  | Kerry Brogan (Los Altos)           |
| 4:55.61 | *Marilyn Davis (Miramonte, Ornd)   |
| 4:56.49 | Margaret Spotts (Redondo)          |
| 4:57.4  | Kelly Buzza (Arroyo Grande)        |
| 4:57.87 | Michelle Mason (Buena, Ventura)    |
| 4:59.28 | *Laurie Hollingworth (Piner, SROS) |
| 4:59.8  | Shelly Hazlett (Saugus)            |
| 5:00.25 | *Polly Plumer (University, Irv)    |
| 5:02.78 | *Bonnie McGlinchey (Ftn. Vly)      |

### Two Mile

|          |                                |
|----------|--------------------------------|
| 10:45.79 | *Lori Lopez (Sacred Heart, LA) |
|----------|--------------------------------|

### 1600 Meter Relay

|         |                          |
|---------|--------------------------|
| 3:42.38 | Kennedy, Granada Hills   |
| 3:43.13 | Manual Arts, Los Angeles |
| 3:49.6c | Berkeley                 |
| 3:54.37 | Walnut                   |
| 3:56.0  | Carlmont, Belmont        |
| 3:56.51 | Camarillo                |
| 3:56.77 | North, Torrance          |
| 3:57.25 | Locke, Los Angeles       |
| 3:58.3  | Ganessa                  |
| 3:59.5  | Clovis West              |

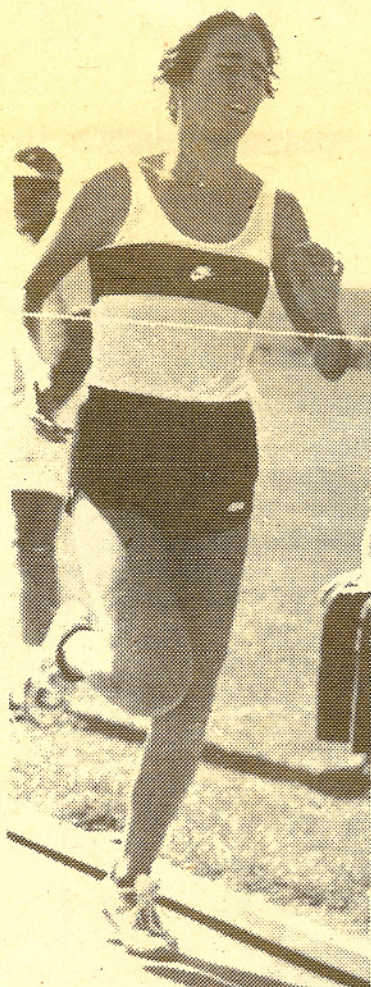
### High Jump

|         |                                  |
|---------|----------------------------------|
| 5-10    | Allison Walker (Hoover, Glen)    |
| 5-10    | Laura Campbell (Troy, Fulltn)    |
| 5-9     | *Debbie Disbrow (Granada, Liv)   |
| 5-8     | Laura Mills (University, Irvine) |
| 5-8     | Karen Robinson (Fremont, Sunvle) |
| 5-8     | *Tanya Mendonca (Mt. Whit, Vis)  |
| 5-8     | Cooks (Wilson, Hacienda Hts.)    |
| 5-8     | Maggie Van Zeeland (Acalanes, L) |
| 5-7     | Stacy Newman (Agoura)            |
| 5-6 3/4 | *Kathy Repanich (Lynbrook, SJ)   |

Photo by Bill Leung, Jr.



photo by Don Gosney



Kerry Brogan

photo by Don Gosney



Marilyn Davis

photo by Don Gosney



Sharon Ware

## 100 Meters

|       |                                  |
|-------|----------------------------------|
| 11.59 | Sharon Ware (Berkeley)           |
| 11.72 | *Gervaise McGraw (Ganeshia, Pom) |
| 11.78 | *Zelda Johnson (Garey, Pom)      |
| 11.80 | *Latanya Dawkins (Dorsey, L.A.)  |
| 11.81 | *Denean Howard (Kennedy, GH)     |
| 11.82 | Debra James (Fremont, LA)        |
| 11.6  | *Ellen Jones (Mt. Miguel, SpVl)  |
| 11.97 | Holland (Manual Arts, LA)        |
| 11.6  | *Gurtha Pounds (Live Oak, MorH)  |
| 11.6  | Valerie Spence (San Lorenzo)     |

## 200 Meters

|       |                                  |
|-------|----------------------------------|
| 23.97 | *Latanya Dawkins (Dorsey, L.A.)  |
| 23.8c | *Denean Howard (Kennedy, GH)     |
| 24.0  | *Gervaise McGraw (Ganeshia, Pom) |
| 24.3c | *Zelda Johnson (Garey, Pomona)   |
| 24.62 | Sharon Ware (Berkeley)           |
| 24.4c | Debra James (Fremont, LA)        |
| 24.5  | Inger Peterson (Dorsey, LA)      |
| 24.98 | *Gurtha Pounds (Live Oak, MorH)  |
| 25.03 | Margaret Demorest (Buchser, SCI) |

## 400 Meters

|        |                                  |
|--------|----------------------------------|
| 53.43c | *Denean Howard (Kennedy, GH)     |
| 55.62  | **Gayle Kellon (Walnut)          |
| 55.5   | Valerie Spence (San Lorenzo)     |
| 55.76  | *Carla Johnson (Manual Arts, LA) |
| 55.7   | *Brenda Brewer (Hillsdale, SM)   |
| 55.9   | *Sherrill Miller (Fremont, Sni)  |
| 56.55  | Tina Howard (Kennedy, GrnHls)    |
| 56.5   | Kathy Halpin (Livermore)         |
| 56.5   | **Lana Rice (Berkeley)           |
| 56.9   | Davis (Del Mar, San Jose)        |
| 56.9   | *Jessica Spies (Livermore)       |

## 800 Meters

|         |                                    |
|---------|------------------------------------|
| 2:06.3  | Regina Jacobs (Argl Ep Acad, NH)   |
| 2:08.9  | *Jessica Spies (Livermore)         |
| 2:09.4  | *Maria King (Milpitas)             |
| 2:09.7  | *Marilyn Davis (Miramonte, Orin)   |
| 2:10.4  | Tracy Weber (Lynbrook, San Jose)   |
| 2:10.6  | Donna Curtis (Culver City)         |
| 2:11.6  | Rennie Durrand (Laguna Bch)        |
| 2:12.33 | *Vickie Cook (Alemany, MissHls)    |
| 2:13.39 | *Carla Johnson (Manual Arts, LA)   |
| 2:13.5  | *Polly Plumer (University, Irvine) |

## One Mile

|         |                                    |
|---------|------------------------------------|
| 4:41.8  | *Vickie Cook (Alemany, MissHls)    |
| 4:55.2  | Kerry Brogan (Los Altos)           |
| 4:55.61 | *Marilyn Davis (Miramonte, Ornd)   |
| 4:56.49 | Margaret Spotts (Redondo)          |
| 4:57.4  | Kelly Buzza (Arroyo Grande)        |
| 4:57.87 | Michelle Mason (Buena, Ventura)    |
| 4:59.28 | *Laurie Hollingworth (Piner, SROS) |
| 4:59.8  | Shelly Hazlett (Saugus)            |
| 5:00.25 | *Polly Plumer (University, Irv)    |
| 5:02.78 | *Bonnie McGlinchey (Ftn. Vly)      |

## Two Mile

|           |                                     |
|-----------|-------------------------------------|
| 10:45.79  | *Lori Lopez (Sacred Heart, LA)      |
| 10:46.3   | Michelle Mason (Buena, Ventura)     |
| 10:47.79c | ***Teresa Barrios (University, Irv) |
| 10:48.2   | *Sheli Lachel (Monte Vista, SD)     |
| 10:50.5c  | Karin Lambden (Castro Valley)       |
| 10:52.2   | Marcia White (Miramonte, Orinda)    |
| 10:52.4   | *Linda VanHousen (Sac H, Mio Pk)    |
| 10:54.0   | Carol Gleason (Lynbrook, S Jose)    |
| 10:55.0   | Betsy Chadwick (Mira Mesa, SD)      |
| 10:55.6c  | Lori Shanoff (Petaluma)             |

## 100 Meter Hurdles

|       |                                  |
|-------|----------------------------------|
| 13.89 | Sherifa Sanders (Berkeley)       |
| 14.07 | Val Flemmings (Northgate, WICK)  |
| 14.13 | Laura Mills (University, Irvine) |
| 14.25 | Robyne Johnson (Berkeley)        |
| 14.37 | Shari Pendleton (Fremont, L.A.)  |
| 14.51 | CeCe Chandler (Elsinore)         |
| 14.52 | Aladrian Hunter (Dorsey, L.A.)   |
| 14.54 | **Ruth Whitehead (Berkeley)      |
| 14.55 | ***Yvette Bates (Berkeley)       |
| 14.68 | Yvette Williams (Chowchilla)     |

## 300 Meter Hurdles

|       |                                   |
|-------|-----------------------------------|
| 43.34 | ***Gayle Kellon (Walnut)          |
| 43.88 | Audry Williams (Saugus)           |
| 43.9  | Sherifa Sanders (Berkeley)        |
| 44.16 | Margaret Demorest (Buchser, S Cl) |
| 44.22 | *Cynthia Cooper (Locke, LA)       |
| 44.66 | Robyne Johnson (Berkeley)         |
| 44.5  | *Candy Mills (Jefferson, LA)      |
| 44.5c | Aladrian Hunter (Dorsey, LA)      |
| 44.97 | Roberta Eccles (Gunderson, SJ)    |
| 45.1c | Karen Bonty (Manual Arts, LA)     |

## 400 Meter Relay

|       |                             |
|-------|-----------------------------|
| 45.9  | Berkeley                    |
| 46.5  | Kennedy, Granada Hills      |
| 47.19 | Dorsey, Los Angeles         |
| 47.79 | Manual Arts, Los Angeles    |
| 47.80 | Muir, Pasadena              |
| 47.86 | DeAnza, Richmond            |
| 48.2  | Ganeshia                    |
| 48.3  | San Geronio, San Bernardino |
| 48.53 | San Carlos                  |

## 1600 Meter Relay

|         |                          |
|---------|--------------------------|
| 3:42.38 | Kennedy, Granada Hills   |
| 3:43.13 | Manual Arts, Los Angeles |
| 3:49.6c | Berkeley                 |
| 3:54.37 | Walnut                   |
| 3:56.0  | Carlmont, Belmont        |
| 3:56.51 | Camarillo                |
| 3:56.77 | North, Torrance          |
| 3:57.25 | Locke, Los Angeles       |
| 3:58.3  | Ganeshia                 |
| 3:59.5  | Clovis West              |

## High Jump

|         |                                  |
|---------|----------------------------------|
| 5-10    | Allison Walker (Hoover, Glen)    |
| 5-10    | Laura Campbell (Troy, Fulltn)    |
| 5-9     | *Debbie Disbrow (Granada, Liv)   |
| 5-8     | Laura Mills (University, Irvine) |
| 5-8     | Karen Robinson (Fremont, Sunvle) |
| 5-8     | *Tanya Mendonca (Mt. Whit, Vis)  |
| 5-8     | Cooks (Wilson, Hacienda Hts.)    |
| 5-8     | Maggie Van Zeeland (Acalanes, L) |
| 5-7     | Stacy Newman (Agoura)            |
| 5-6 3/4 | *Kathy Repanich (Lynbrook, SJ)   |

Photo by Bill Leung, Jr.



Natalie Kaaiawahia

## Long Jump

|           |                                    |
|-----------|------------------------------------|
| 19-4 1/2  | Sherifa Sanders (Berkeley)         |
| 19-2      | Sheila Nicks (Tulare)              |
| 19-0 3/4  | Robyne Johnson (Berkeley)          |
| 18-11 1/2 | ***Yvette Bates (Berkeley)         |
| 18-9      | Brenda Bertillion (Sunset, Hay)    |
| 18-9      | Williams (Vly Christian, Cerritos) |
| 18-8 3/4  | **Vivian Riley (Mt. Pleasant, SJ)  |
| 18-8      | *Sheila Frye (Poly, Long Beach)    |
| 18-6      | Maggie Van Zeeland (Acalanes, L)   |
| 18-2 3/4  | ***Gayle Kellon (Walnut)           |



## Shot Put

|           |                                    |
|-----------|------------------------------------|
| 50-10     | **Natalie Kaaiawahia (Fullerton)   |
| 46-3      | Debra Corley (Garces, Bakersfield) |
| 46-0 1/2  | Lorraine Costanzo (Saugus)         |
| 44-6      | Wendy Bradshaw (Saugus)            |
| 44-0 1/4  | Yolanda Fletcher (Crenshaw, LA)    |
| 43-9 1/2  | Laura DeSnoo (Washington, Frmt)    |
| 43-7 1/2  | *Jaquie Norton (Mission Viejo)     |
| 43-4 1/2  | *Cindi Durschlag (San Carlos)      |
| 42-11 1/2 | Diana Clements (San Clemente)      |
| 42-9      | Gia Carrozz (Carlmont, Belmont)    |

## Discus

|       |                                    |
|-------|------------------------------------|
| 164-9 | Laura DeSnoo (Washington, Frmt)    |
| 150-8 | *Karen Nickerson (Cordova, RC)     |
| 149-3 | *Jacque Norton (Mission Viejo)     |
| 147-7 | Sue Compton (Marian, ImpBch)       |
| 147-7 | **Natalie Kaaiawahia (Fullerton)   |
| 146-3 | *Cindi Durschlag (San Carl)        |
| 138-7 | Andrea Kriva (Burbank)             |
| 138-3 | Debra Corley (Garces, Bakersfield) |
| 138-2 | Diane Oswalt (Los Gatos)           |

# Boys

## 100 Meters

|             |                                   |
|-------------|-----------------------------------|
| 10.39       | Kenny Robinson (Berkeley)         |
| 10.55       | *Kevin Willhite (Cordova, RchCor) |
| 10.57       | Ken Smith (Palo Alto)             |
| 10.4        | Kevin Shields (San Diego)         |
| 10.4        | Leonard Graham (Centennial, Cpt)  |
| 10.73       | Gerald White (McClymonds, Oak)    |
| 10.5        | Calvin Jackson (Dorsey, L.A.)     |
| 10.78       | Harold Todd (Serra, Gardena)      |
| Wind Aided: |                                   |
| 10.3        | *Kevin Willhite (Cordova, RchCor) |
| 10.5        | Rex Brown (Ocean Vw., Hunt. Bch)  |
| 10.5        | Antonio Manning (Hamilton, LA)    |
| 10.5        | Brad Miller (San Geronio, SB)     |

## 200 Meters

|             |                                   |
|-------------|-----------------------------------|
| 21.1        | Leonard Graham (Centennial, Cpt)  |
| 21.3        | *Kevin Willhite (Cordova, RchCor) |
| 21.3        | Walter Murray (Berkeley)          |
| 21.4        | Tim Ware (Centennial, Cptn)       |
| 21.65       | White (Gunderson, San Jose)       |
| 21.70       | Calvin Jackson (Dorsey, L.A.)     |
| 21.5        | Antonio Manning (Hamilt. LA)      |
| 21.83       | Allen (Eisenhower, Rialto)        |
| 21.6        | Greg Washington (Locke, LA)       |
| 21.89       | Reggie Grimes (Hill, San Jose)    |
| Wind-aided: |                                   |
| 20.72       | *Kevin Willhite (Cordova, RchCor) |
| 21.33       | Walter Murray (Berkeley)          |
| 21.50       | Dave Ashford (West Covina)        |

## 400 Meters

|       |                                  |
|-------|----------------------------------|
| 46.8  | Kenny Robinson (Berkeley)        |
| 47.1c | Erwin Hickman (Fremont, L.A.)    |
| 47.2  | Dave Timmons (Oakland)           |
| 47.4  | Blair McMurray (Compton)         |
| 47.5  | Leonard Graham (Centennial, Cpt) |
| 47.5c | Victor Townsend (Long Bch Poly)  |

## 800 Meters

|         |                                 |
|---------|---------------------------------|
| 1:50.2  | Pete Richardson (Berkeley)      |
| 1:51.6  | Scott Cox (Wilson, Long Bch)    |
| 1:52.17 | Erwin Hickman (Fremont, L.A.)   |
| 1:53.0  | Steve Gerhart (Miramonte, Orin) |
| 1:53.5  | John Langerston (Berkeley)      |
| 1:53.57 | MacArthur Osborne (Crensh, LA)  |
| 1:53.9c | Eddie Davis (Compton)           |
| 1:53.9  | David King (Hawthorne)          |
| 1:53.9  | Dave Rodriguez (Montgomery, SR) |
| 1:53.94 | Chris Monroe (Baptist, L.A.)    |

photo by Don Gosney



Kevin Willhite

## One Mile

|        |                                  |
|--------|----------------------------------|
| 4:09.6 | Jon Butler (Edison, HntBch)      |
| 4:11.2 | Barasa Thomas (Santa Barbara)    |
| 4:15.4 | Nelson Bernal (Westmont, Cmpbl)  |
| 4:15.7 | Shawn Gallagher (Corona del Mar) |
| 4:16.7 | Brian Dulin (Leigh, San Jose)    |
| 4:17.1 | Steve Valen (El Modena, Orange)  |
| 4:17.8 | Paul Cox (Los Gatos)             |
| 4:17.9 | Gary Gonzales (Clovis)           |
| 4:18.1 | *Brian Bergstrom (Los Gatos)     |

|          |                                 |
|----------|---------------------------------|
| 9:05.31c | Shawn Gallagher (CDM, Npt Bch)  |
| 9:07.06c | Jeff Atkinson (Mira Costa, MB)  |
| 9:07.26c | Barasa Thomas (Santa Barbara)   |
| 9:10.9   | Gary Gonzales (Clovis)          |
| 9:11.4   | Nelson Bernal (Westmont, Cmpbl) |
| 9:12.6   | Paul Cox (Los Gatos)            |
| 9:14.8c  | Brad Meyer (University, Irvine) |

## 110 Meter Hurdles

|             |                                 |
|-------------|---------------------------------|
| 13.7        | Ron McCoy (Edison, Fresno)      |
| 13.7        | Ed Tave (Muir, Pasadena)        |
| 13.8        | David Ashford (West Covina)     |
| 13.8        | Chris Crisman (Poly, Riverside) |
| 14.0        | Steve Southward (Ftn. Vly)      |
| 14.30       | Mark Hale (Katella, Anaheim)    |
| 14.1        | Todd Hart (Servite, Anaheim)    |
| 14.1        | *Steve Kerho (Mission Viejo)    |
| 14.1        | Reggie Hawkins (Hillsdale, SM)  |
| 14.1        | Robert Howard (Fremont, Oaklnd) |
| Wind-aided: |                                 |
| 13.6        | Dave Ashford (West Covina)      |
| 14.1        | Walter Murray (Berkeley)        |

## 300 Meter Low Hurdles

|        |                                  |
|--------|----------------------------------|
| 36.5c  | David Ashford (West Covina)      |
| 36.79  | Ronnie Seanez (Gilroy)           |
| 36.6   | James Knowles (Blair, Pasadena)  |
| 36.85  | Chris Chrisman (Poly, Riverside) |
| 36.7   | Walter Murray (Berkeley)         |
| 37.19c | *Steve Kerho (Miss. Viejo)       |
| 37.0   | Mark Hale (Katella, Anaheim)     |
| 37.2   | Ken Brajevich (Poway)            |
| 37.4c  | Robert Jones (Centennial, Cmp)   |
| 37.5   | Riley (Compton)                  |
| 37.5c  | Kenny Allen (Washington, LA)     |

## 400 Meter Relay

|       |                         |
|-------|-------------------------|
| 41.2  | Berkeley                |
| 41.45 | Muir, Pasadena          |
| 41.71 | Dorsey, Los Angeles     |
| 41.6c | Fremont, Los Angeles    |
| 41.78 | Compton                 |
| 41.80 | Washington, Los Angeles |
| 41.9c | Long Beach Poly         |
| 42.08 | Cordova, Rancho Cordova |
| 42.0c | Castlemont, Oakland     |
| 42.0  | Bakersfield             |

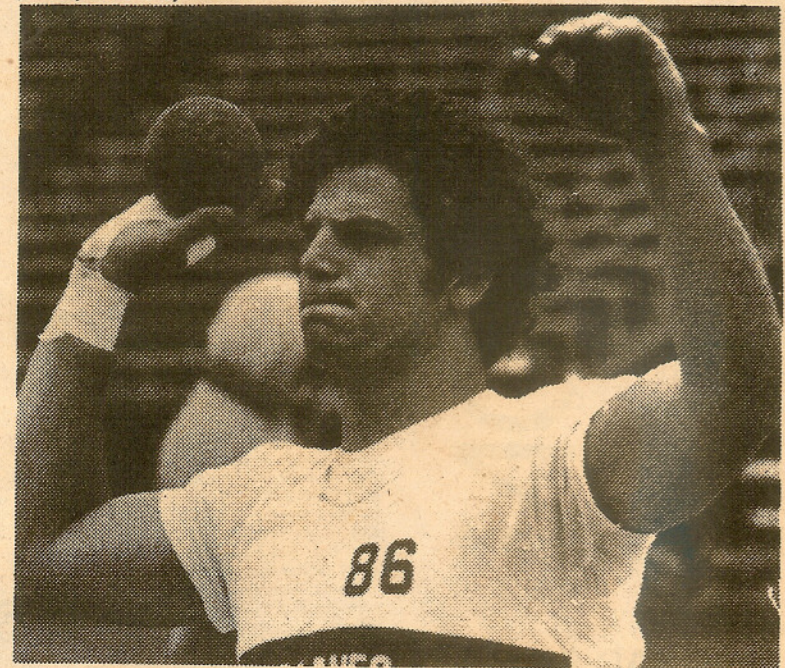
## 1600 Meter Relay

|          |                         |
|----------|-------------------------|
| 3:12.9c  | Berkeley                |
| 3:13.71  | Muir, Pasadena          |
| 3:15.17  | Centennial, Compton     |
| 3:15.8c  | Compton                 |
| 3:15.9c  | Polytechnic, Long Beach |
| 3:16.1   | Pasadena                |
| 3:16.7c  | Oakland                 |
| 3:17.28c | Crenshaw                |
| 3:17.5   | Bakersfield             |
| 3:18.0c  | Locke, Los Angeles      |

## High Jump

|          |                                |
|----------|--------------------------------|
| 7-0      | Anthony Caire (Plux X. Downey) |
| 7-0      | *Maurice Crumby (Balboa, SF)   |
| 6-11     | Chris Bonner (Inglewood)       |
| 6-11     | Jay Thorson (Laguna Beach)     |
| 6-11     | Farrar (Encina, Sacramento)    |
| 6-10 1/2 | John Atkinson (Long Bch Poly)  |
| 6-10     | Allen (Blair, Pasadena)        |
| 6-10     | Jones (Santa Ana Valley, SA)   |
| 6-10     | Mike Powell (Edgewood, W. Cov) |

photo by Don Gosney



Paul Rosati

## Shot Put

|           |                                    |
|-----------|------------------------------------|
| 64-2 1/2  | John Frazier (Antip VI, Lancaster) |
| 63-10     | Dennis DeSoto (Santa Rosa)         |
| 63-2      | Junior III (Nogales, La Puente)    |
| 61-6 3/4  | Michael Alo (Banning, Wilmgt)      |
| 61-5      | Tim Sutro (Del Mar, San Jose)      |
| 61-2      | Randy Arie (West, Bakersfield)     |
| 60-10     | Paul Rosati (Acalanes, Lafayette)  |
| 60-3 3/4  | Dave Maggard (Acalanes, Lafayette) |
| 59-5 3/4  | Brent Bartz (Arcadia)              |
| 58-11 1/2 | Kevin Jeffries (Newport Har. NB)   |

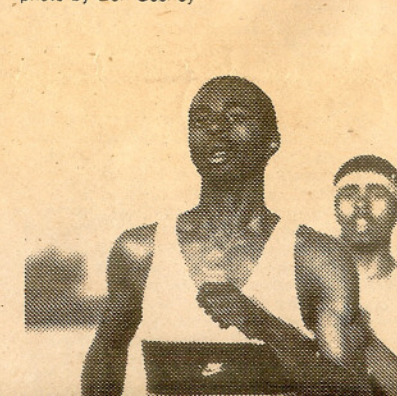
## Discus

|        |                                    |
|--------|------------------------------------|
| 193-7  | *Antoni Dobbins (Burroughs, Pci)   |
| 185-11 | Kevin Jeffrie (Newport Har. NB)    |
| 181-11 | Dan Westerfield (Capistrano VI)    |
| 181-7  | *Dan Katches (Mills, Millbrae)     |
| 181-6  | Chris Day (Montgomery, S Rosa)     |
| 176-11 | Dennis DeSoto (Santa Rosa)         |
| 174-11 | Luten (Monrovia)                   |
| 174-9  | John Berry (Northgate, WintCk)     |
| 172-9  | Mike Ostrom (Las Lomas, WintCk)    |
| 172-8  | Dave Maggard (Acalanes, Lafayette) |

## Kenny Robinson



photo by Don Gosney





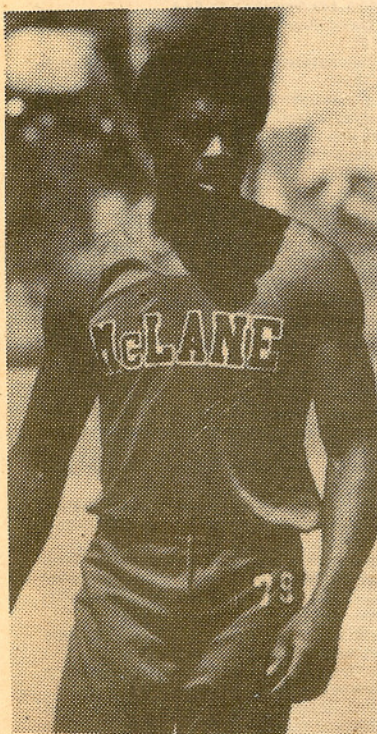
10.3 \*Kevin Wilhite (Cordova, RchCor)  
 10.5 Rex Brown (Ocean Vw., Hunt. Bch)  
 10.5 Antonio Manning (Hamilton, LA)  
 10.5 Brad Miller (San Geronio, SB)

## 200 Meters

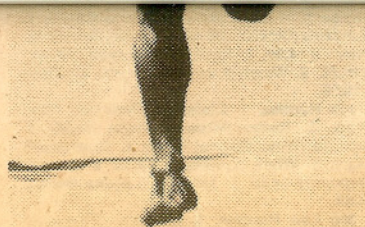
21.1 Leonard Graham (Centennial, Cpt)  
 21.3 \*Kevin Wilhite (Cordova, RchCor)  
 21.3 Walter Murray (Berkeley)  
 21.4 Tim Ware (Centennial, Cptn)  
 21.65 White (Gunderson, San Jose)  
 21.70 Calvin Jackson (Dorsey, L.A.)  
 21.5 Antonio Manning (Hamitn, LA)  
 21.83 Allen (Eisenhower, Rialto)  
 21.6 Greg Washington (Locke, LA)  
 21.89 Reggie Grimes (Hill, San Jose)  
 Wind-aided:  
 20.72 \*Kevin Wilhite (Cordova, RchCor)  
 21.33 Walter Murray (Berkeley)  
 21.50 Dave Ashford (West Covina)

## 400 Meters

46.8 Kenny Robinson (Berkeley)  
 47.1c Erwin Hickman (Fremont, L.A.)  
 47.2 Dave Timmons (Oakland)  
 47.4 Blair McMurray (Compton)  
 47.5 Leonard Graham (Centennial, Cpt)  
 47.5c Victor Townsend (Long Bch Poly)  
 47.7 Charles Clewis (Berkeley)  
 47.7 Pete Richardson (Berkeley)  
 47.88 Darrel Willis (Norco)  
 48.03 \*Fabian Cooper (Washington, LA)



Vestee Jackson



Kevin Wilhite

## One Mile

4:09.6 Jon Butler (Edison, HntBch)  
 4:11.2 Barasa Thomas (Santa Barbara)  
 4:15.4 Nelson Bernal (Westmont, Cmpbl)  
 4:15.7 Shawn Gallagher (Corona del Mar)  
 4:16.7 Brian Dulin (Leigh, San Jose)  
 4:17.1 Steve Valen (El Modena, Orange)  
 4:17.8 Paul Cox (Los Gatos)  
 4:17.9 Gary Gonzales (Clovis)  
 4:18.1 \*Brian Bergstrom (Los Gatos)

## Two Mile

8:52.2 Jon Butler (Edison, HuntBch)  
 9:04.93 Jesse Torres (Independence, S.J.)  
 9:05.2 Mike McCollum (Palo Alto)

photo by Don Gosney



David Timmons

41.78 Compton  
 41.80 Washington, Los Angeles  
 41.9c Long Beach Poly  
 42.08 Cordova, Rancho Cordova  
 42.0c Castlemont, Oakland  
 42.0 Bakersfield

## 1600 Meter Relay

3:12.9c Berkeley  
 3:13.71 Muir, Pasadena  
 3:15.17 Centennial, Compton  
 3:15.8c Compton  
 3:15.9c Polytechnic, Long Beach  
 3:16.1 Pasadena  
 3:16.7c Oakland  
 3:17.28c Crenshaw  
 3:17.5 Bakersfield  
 3:18.0c Locke, Los Angeles

## High Jump

7-0 Anthony Caire (Plux X. Downey)  
 7-0 \*\*Maurice Crumby (Balboa, SF)  
 6-11 Chris Bonner (Inglewood)  
 6-11 Jay Thorson (Laguna Beach)  
 6-11 Farrar (Encina, Sacramento)  
 6-10 1/2 John Atkinson (Long Bch Poly)  
 6-10 Allen (Blair, Pasadena)  
 6-10 Jones (Santa Ana Valley, SA)  
 6-10 Mike Powell (Edgewood, W. Cov)  
 6-10 Thompson (Monache, Porterville)  
 6-10 Dave Wicker (Millikan, L. Bch)

## Pole Vault

15-4 Marc Anderson (Buchser, S.Clara)  
 15-2 1/4 Doug Wicks (South, Bakersfld)  
 15-0 1/2 \*\*Doug Fraley (Clovis West)  
 15-0 Rob Avant (Valhalla, El Cajon)  
 15-0 Chapman (Cordova, RchCor)  
 15-0 Mitch Norris (Del Mar, San Jose)  
 14-9 Paul Peters (Villa Park)  
 14-8 Jeff O'Donnell (Buchser, S. Clara)  
 14-7 Reed (Los Amigos)  
 14-7 Jeff Lunt (Westmont, Cmpbl)

## Long Jump

24-5 Ron McCoy (Edison, Fresno)  
 24-2 1/4 Ed Tave (Muir, Pasadena)  
 24-2 Ken Frazier (Mission, S.F.)  
 23-11 Ken Smith (Palo Alto)  
 23-10 1/4 Sherman Brooks (Serra, Gardena)  
 23-9 1/2 Paul Jones (Kennedy, GrHls)  
 23-4 1/2 Atkins (Walnut)  
 23-4 Montgomery (Banning)  
 23-4 Ron Young (Locke, L.A.)  
 23-3 1/2 Kenny Allen (Washington, L.A.)  
 Wind-aided:  
 24-5 1/2 Ed Tave (Muir, Pasadena)  
 23-11 1/2 \*Clint Williams (Central, Fresno)

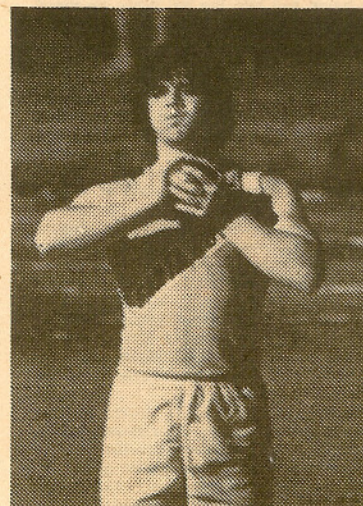
## Triple Jump

51-7 1/4 Vestee Jackson (McLane, Fresno)  
 50-6 \*Ken Frazier (Mission, S.F.)  
 50-1 1/2 \*Ken Williams (Troy, Fullerton)  
 48-11 1/2 John McDaniels (South, Bakersfld)  
 48-7 Ken Taylor (Yerba Buena, S.J.)  
 48-1 Jerome Hendrix (Hunt. Park)  
 48-0 1/2 Anthony Henry (Bakersfield)  
 47-11 1/4 Ed Tave (Muir, Pasadena)  
 47-11 Curtis Johnson (Stagg, Stockton)  
 47-8 Paul Jones (Kennedy, GrHls)  
 47-8 L. Weidon (Silver Creek, San Jose)  
 Wind-aided:  
 49-7 1/4 Ed Tave (Muir, Pasadena)

## Kenny Robinson



photo by Don Gosney



Dennis DeSoto

photo by Don Gosney



Pete Richardson

181-6 Chris Day (Montgomery, S. Rosa)  
 176-11 Dennis DeSoto (Santa Rosa)  
 174-11 Luten (Monrovia)  
 174-9 John Berry (Northgate, WintCk)  
 172-9 Mike Ostrom (Las Lomas, WintCk)  
 172-8 Dave Maggard (Acalanes, La'ytte)



# PREP NOTES

By Keith Conning

## Mt. SAC Relays

By DOUG SPECK

April 25, Walnut.

In a bit of change with the hope of attracting more schools, the High School division of the Mt. SAC Relays were moved to Saturday, April 25, instead of the traditional Friday this year. With less conflict with dual meets the lightning-fast facility brought forth a number of excellent performances during a day-long orgy of action.

As Steve Hunt of the *Pasadena Star News* put it they may have to rename the meet the "Muir-SAC" relays after the way the Pasadena school tore through all its competition here. Ed Tave and Bernard Mathis took care of the individual events, while quick relay groups took care of meet records in a big way in the 400, 800, and 1600 meter relays. Tave rocketed the highs in 14.07, and took the two horizontal jumps in 24-5 1/2 w and 49-7 3/4 w. Mathis took the 100 meters by a big margin during his 10.79 win. Super relay efforts of 41.45 (400), 1:27.38 (800) and 3:13.71 (1600) interspersed during the afternoon showed the Mustang class this year. If there is a group talented enough to run with Berkeley this may be the one.

The University of Irvine and Kennedy of Granada Hills girls headed that half of the meet. Laura Mills of the Orange County school took the 100 meter lows in a meet record 14.13 and the high jump at 5-7 on misses from improving Elisa Cooks (Wilson, Hacienda Heights). The Trojans' 6000 relay group (4x1500) ran a fine 19:57.8 without Polly Plumer. The Kennedy relay groups won in 46.5 (400) and 3:42.38 (1600)—the latter quite exciting as Denean Howard gave the Manual Arts squad a seemingly insurmountable lead before running the Toiler anchor girl down in the homestretch during a 51.2 leg. The Manual Arts girls raced an excellent 3:43.13. Earlier in the day the Toilers had chucked

## Capital City Invitational

By KEITH CONNING

April 25, Hughes Stadium, Sacramento.

The Berkeley sprint medley team of Charles Clewis 21.8, Walter Murray 21.1, Kenny Robinson 47.5, and Pete Richardson 1:50.7, set a new national high school record of 3:21.1. The old record of 3:23.3 for yards, which converts to 3:22.2, was established by Spring Branch Memorial (Houston, Texas) in 1967. That team was anchored by Dave Morton in 1:50.6.

Kenny Robinson edged Kevin Willhite (Cordova, Rancho Cordova) in the 100 meters—10.2w to 10.3w. But Willhite came back to win the 200 meters in 20.6w.

Berkeley won the 400 meter relay in 41.2, and the 800 meter relay in 1:25.1, which equalled the fifth fastest of all time.

Sharon Ware (Berkeley) won the 100 meters in 11.4w and ran on the victorious 400 meter relay team (45.9). The Berkeley girls also won the 800 meter relay in 1:38.1, which is equal to the third fastest of all time and is the best mark in the nation this year. They also captured the 1600 meter relay in 3:56.6 and the sprint medley in 4:08.8.

Sherifa Sanders (Berkeley) won the 100 meter hurdles in 13.6w and the long jump at 19-8w.

## Charles Eaton Relays

By KEITH CONNING

May 1, Acalanes High School, Lafayette.

Miramonte (Orinda) set a new four mile relay record of 20:49.8. The team was composed of sophomore Wendy Shiner 5:17.6, junior Marilyn David 5:05.9, Cindy Nagle 5:15.3, a transfer from Kentucky, and Marcia White 5:11.0.

Valley Stream (Montgomery, New York) set the old record of 21:02.4 last year.

## Arcadia Invitational

By DOUG SPECK

May 2, Arcadia.

After a two week delay due to a freak rain storm the week-end of April 18th, the Arcadia Invitational was held on Saturday, May 2nd. About everyone returned for the re-run, and if anything athletes were sharper as they approached league and sectional competition.

Many events took on a Northern California against Southern California flavor, and these sectional rivalries combined with the usual number of state and national leaders resulted in the usual excellent competition and top marks.

California's newest national record setter, shot putter Natalie Kaaliwahia from Fullerton, let no one down. After placing third in a hot discus competition won by Washington of Fremont's Laura DeSnoo in a nation-leading 164-9 1/2, Natalie stepped into the shot put ring after a stirring introduction by announcer Dwayne Esper for her first put. Natalie responded

—Chrisman again here with an opportunistic 36.85.

Fine fields and excellent competitions high-lighted the men's field events. Antonio Dobbins (Burroughs, Ridgecrest) sailed the discus out to 193-7 1/2 early in the evening. Edison of Fresno's Ron McCoy topped a super long jump field (five over 23-4) at 24-5. Antelope Valley's John Frazier topped four over 61 in the shot at 63-10 1/4. Anthony Calre (Plus X, Downey) is rounding into form off basketball and sailed 7-0 in the high-jump. Ken Frazier (Mission, San Francisco) nipped improving Troy of Fullerton junior Ken Williams 49-3 to 49-0 1/4 in the triple jump.

The other distance races were very interesting. Pete Richardson (Berkeley) seemed content to stay just ahead of the pack during his 1:52.02 win. Erwin Hickman (Fremont, LA) made a big breakthrough during a strong stretch run that took him down to 1:52.17, as seven were under 1:54.44. Compton's Eddie Davis blasted a good group of four-lappers in the last go-round to win by nearly five seconds in a 4:13.85 1600. Davis and El Modena's Steve Valen battled to the tape during the Distance Medley Relay anchor — they both clocked 4:13's as Valen's lean took the contest 10:15.06 to 10:15.13. In the women's distance medley Santa Barbara made a valiant solo effort at their new national record, but fell just short with a new meet record of 12:04.27. State 800 champ Marilyn Davis (Miramonte, Orinda) moved up to the 1600 here and looked strong in turning back a good state-wide field at 4:53.89. Rennie Durand (Laguna Beach) ran away from Vickie Cook (Alemany) during a 2:11.80 800 win. University High of Irvine star, Teresa Barrios, will always count the laps from now on as she kicked one too early and stopped at the end of seven during the 3200. Sacred Heart's Lori Lopez romped by during the last lap doing a fine 10:42.05 win. Teresa showed a lot of guts by struggling to a second at 10:44.02.

Carla Johnson (Manual Arts, LA) raced to an excellent 55.7 in taking the women's 400 handily. Muir's Ron Brown charged the homestretch best to take an exciting men's race in 48.14.

In the other girls field events Alison Walker of Glendale Hoover topped 5-10 to take the high-jump, and Berkeley's Sherifa Sanders collected another watch for her 19-2 1/4 in the long jump.

South Bakersfield's Doug Wicks topped six over 14 in the pole vault with his 15-0 win.

### WOMEN'S RESULTS:

**100 Meters:** 1. Ware (Berkeley) 11.94; 2. Dawkins (Dorsey) 12.07; 3. James (Fremont) 12.15; 4. Winston (Jordan, Long Beach) 12.21; 5. Holland (Manual Arts) 12.30; 6. Moon (Centennial, Compton) 12.37; 7. Jones (Mt. Miguel, San Diego) 12.45; 8. Bryant (Muir) 12.56; 9. Brown (Muir) 12.63; 10. Dye (Lakewood) 12.81.

**200:** 1. Ware (Berkeley) 24.62; 2. Winston (Jordan, LB) 24.91; 3. Rodgers (Berkeley) 25.11; 4. Jones (Mt. Miguel, SD) 25.27; 5. Pullins (Muir) 25.34; 6. Arnold (Locke, LA) 25.81; 7. Munns (Manual Arts, LA) 25.84.

**400:** 1. Johnson (Manual Arts, LA) 55.76; 2. Peterson (Dorsey) 56.88; 3. Lark (Compton) 57.41; 4. Jordan (Camarillo) 58.07; 5. Lowe (Manual Arts) 58.72.

**800:** 1. Durand (Laguna Beach) 2:11.80; 2. Cook (Alemany, Mission Hills) 2:12.33; 3. Gottlieb (Beverly Hills) 2:14.45; 4. Wright (Manual Arts) 2:15.35; 5. Haller (Buena, Ventura) 2:15.45; 6. Palmer (Westchester) 2:16.20.

**1600:** 1. Davis (Miramonte, Orinda) 4:53.89; 2. Spotts (Redondo) 4:54.66; 3. Mason (Buena,

Eisenhower, Rialto) 17-1; 7. Lindberg (Santa Barbara) 18-11.

**Shot Put:** 1. Kaaliwahia (Fullerton) 50-10; 2. Corley (Garces, Bakersfield) 46-3; 3. Fletcher (Crenshaw, LA) 44-0 1/4; 4. DeSnoo (Washington, Fremont) 43-9 1/2; 5. Norton (Mission Viejo) 43-7 1/2; 6. Costanzo (Saugus) 42-4 1/4.

**Discus:** 1. DeSnoo (Washington, Fremont) 164-9; 2. Costanzo (Saugus) 145-6; 3. Kaaliwahia (Fullerton) 140-11; 4. Krivia (Burbank) 138-7; 5. Corley (Garces, Bakersfield) 138-3.

### MEN'S DIVISION:

**100 Meters:** 1. Robinson (Berkeley) 10.67 (photo originally misread); 2. Graham (Centennial, Compton) 10.83; 3. Manning (Hamilton, LA) 10.87; 4. Todd (Serra, Gardena) 10.96; 5. Mathis (Muir, Pasadena) 10.98; 6. Henderson (East Bakersfield) 11.04; 7. Crittendon (Crenshaw, LA) 11.12; 8. Utter (Crespi, Encino) 11.16.

**200:** 1. Graham (Centennial, Compton) 21.67; 2. Mathis (Muir) 21.93; 3. Todd (Serra, Gardena) 21.96; 4. Manning (Hamilton, LA) 21.99; 5. Deleamar (Pasadena) 22.21; 6. Miller (San Geronimo, San Bernardino) 22.32.

**400:** 1. Brown (Muir, Pasadena) 48.14; 2. Ware (Centennial, Compton) 48.56; 3. Barber (Bakersfield) 48.62; 4. Willis (Norco) 48.95; 5. Townsend (Poly, Long Beach) 49.09; 6. George (University, LA) 49.96.

**800:** 1. Richardson (Berkeley) 1:52.02; 2. Hickman (Fremont, LA) 1:52.17; 3. Cox (Wilson, Long Beach) 1:52.53; 4. Osborne (Crenshaw, LA) 1:53.57; 5. King (Hawthorne) 1:54.04; 6. Monroe (LA Baptist) 1:54.14; 7. Dalzell (Bakersfield) 1:54.44.

**1600:** 1. Davis (Compton) 4:13.85; 2. Garibaldi (Pacific, San Bernardino) 4:18.48; 3. Rhone (Poly, Long Beach) 4:19.43; 4. Colla (Corona Del Mar) 4:19.76; 5. Olofson (La Canada) 4:20.90; 6. LaCrosse (Costa Mesa) 4:22.10; 7. Badgett (Saugus) 4:22.45; 8. Carroll (Douglas, NV) 4:22.91.

**3200:** 1. Butler (Edison, Huntington Beach) 8:57.12; 2. Torres (Independence, San Jose) 9:01.76; 3. Gallagher (Corona Del Mar) 9:02.14; 4. Atkinson (Mira Costa, Manhattan Beach) 9:03.88; 5. Thomas (Santa Barbara) 9:04.04; 6. Gonzales (Clovis) 9:06.82; 7. Meyer (University, Irvine) 9:14.90; 8. Erickson (Fountain Valley) 9:16.70; 9. Walsh (Canyon, Canyon Country) 9:19.06.

**110 Hurdles:** 1. Chrisman (Riverside Poly) 14.25; 2. Kerho (Mission Viejo) 14.34; 3. Ashford (West Covina) 14.46; 4. Tave (Muir) 14.69; 5. White (Lynwood) 14.73; 6. Murray (Berkeley) 14.86; 7. Thorson (Laguna Beach) 14.88.

**300 Low Hurdles:** 1. Chrisman (Riverside Poly) 36.85; 2. Murray (Berkeley) 37.09; 3. Kerho (Mission Viejo) 37.19; 4. Carroll (Muir) 37.35; 5. Jones (Centennial) 37.86; 6. Mimms (Pasadena) 38.07; 7. Bradshaw (Lakewood) 38.47.

**400 Relay:** Race 1: 1. Muir 41.96; 2. Berkeley 42.15; 3. Fremont 42.35; 4. Serra 42.50; 5. Centennial 42.57; 6. Kennedy, Granada Hills 42.70; 7. Compton 42.77; 8. Crenshaw 42.85. Race 2: 1. Pasadena 42.49; 2. Locke 42.80; 3. Palisades 43.17.

**1600 Relay:** Race 1: 1. Centennial, Compton 3:15.17; 2. Compton 3:15.84; 3. Muir 3:16.10; 4. Pasadena 3:16.81; 5. Long Beach Poly 3:16.92; 6. Locke 3:19.13; 7. Berkeley 3:20.15. Race 2: 1. Fremont 3:21.15; 2. Serra 3:21.54.

**Distance Medley:** 1. El Modena 10:15.06; 2. Compton 10:15.13; 3. Camarillo 10:15.80; 4. Dos Pueblos, Goleta 10:19.59; 5. Costa Mesa 10:28.05; 6. Santa Barbara 10:28.08.

**Girls 1500:** 1. Lori Shanoff (Petaluma) 4:39.6; 2. Karen Van Wagenen (Clovis West) 4:44.0; 3. Ann Bertucci (Petaluma) 4:50.1.

**Boys 110 Hurdles:** 1. Ronnie McCoy (Edison) 14.43; 2. Chip Upshaw (Acalanes) 14.68; 3. Matt Simmons (W. Bakersfield) 14.79.

**Girls 100 Meters:** 1. Terri Phillips (E. Bakersfield) 12.70; 2. Ruth Lawanson (Clovis West) 12.73; 3. Brenda Pannell (Merced) 12.74.

**Boys 100 Meters:** 1. Gerald White (McClymonds) 10.74; 2. George Ervin (Castlemont) 10.77; 3. Tyrone Henderson (E. Bakersfield) 10.91.

**Boys 2 Mile Relay:** 1. Bellarmine 7:57.11; 2. Edison 8:03.23; 3. Fresno 8:03.73.

**Boys 2 Mile Run:** 1. Jeff Scott (El Camino) 9:26.60; 2. Dave Hammer (San Juan) 9:29.63; 3. Rusty Knowles (Vacaville) 9:32.69.

**Girls 400 Relay:** 1. Tulare 48.58; 2. Overfelt 48.90; 3. Clovis West 49.12.

**Boys 400 Relay:** (combined) 1. Castlemont 42.46; 2. McClymonds 42.61; 3. Edison 42.68.

**Girls Mile Relay:** 1. Livermore 3:58.57; 2. Clovis West 4:00.19; 3. Clovis 4:02.71.

**Boys Mile Relay:** (combined) 1. Bakersfield 3:21.02; 2. St. Mary's 3:21.85; 3. Edison 3:23.52.

**Boys Long Jump:** 1. Ronnie McCoy (Edison) 23-6 1/4; 2. Clint Williams (Central) 22-5 1/4; 3. Alton Henry (Bakersfield) 22-2 1/4.

**Boys Pole Vault:** 1. Doug Wicks (S. Bakersfield) 14-6; 2. Doug Fraley (Clovis West) 14-8; 3. Kelly Rodrigues (Sierra) 14-0.

**Boys High Jump:** 1. Rick Swenson (Clovis) 6-8; 2. Tim Dolan (Folsom) 6-8; 3. Byron Choyce (Merced & Mark Thompson (Monache) 6-6.

**Girls High Jump:** 1. Tonya Mendonca (Mt. Whitney) 5-4; 2. Debbie Disbrow (Granada) 5-2; 3. Amy Walter (Garces) 5-2.

**Girls Shot Put:** 1. Deborah Corley (Garces) 44-4; 2. Laura DeSnoo (Washington, Frmt) 41-6; 3. Sharon Pearson (Tranquility) 38-1 1/4.

**Boys Discus:** 1. Chris Day (Montgomery) 175-2; 2. Brent Martin (Madera) 171-4; 3. Dave Maggard (Acalanes) 165-10.

**Girls Long Jump:** 1. Sheila Nicks (Tulare) 19-0 1/4; 2. Ruth Lawanson (Clovis West) 18-6; 3. Kalen Wright (Memorial) 18-4.

**Girls Discus:** 1. Laura DeSnoo (Washington, Frmt) 156-6; 2. Kim Shakir (Clovis West) 135-10; 3. Janet Whitney (Fresno) 134-2.

**Boys Shot Put:** 1. Randy Avley (W. Bakersfield) 61-2; 2. Tim Sutro (Del Mar) 60-8 1/4; 3. Paul Rosati (Acalanes) 60-3.

**Boys Triple Jump:** 1. Vestee Jackson (McLane) 48-9; 2. John McDaniel (South Bakersfield) 47-8; 3. Cornel Archie (Fresno) 46-10 1/2.

**Girls Team Scores:** 1. Clovis West 30; 2. Tulare 20 1/4; 3. Livermore 14; 4. Garces-Bakersfield 10; 5. Washington-Fremont 10.

**Boys Team Scores:** 1. Bakersfield 39; 2. Edison-Fresno 38; 3. Richmond 26; 4. South Bakersfield 23; 5. Castlemont-Oakland 16.

## Quicksilver Classic

By KEITH CONNING

May 9, San Jose City College.

Kevin Willhite (Cordova, Rancho Cordova) and Sharon Ware (Berkeley) were selected as the outstanding athletes. Berkeley won both the boys' and girls' team championship. Kenny Robinson (Berkeley) did not run, because of a groin muscle injury. Willhite won the 100 in 10.62w (2.6mps), the 200 in 20.72w (3.6mps), and ran on both relays. Ware won the 100 in 11.64, the 200 in 24.04w (3.2mps), and ran the



As Steve Hunt of the Pasadena Star News put it they may have to rename the meet the "Muir-SAC" relays after the way the Pasadena school tore through all its competition here. Ed Tave and Bernard Mathis took care of the individual events, while quick relay groups took care of meet records in a big way in the 400, 800, and 1600 meter relays. Tave rocketed the highs in 14.07, and took the two horizontal jumps in 24-5½w and 49-7¼w. Mathis took the 100 meters by a big margin during his 10.79 win. Super relay efforts of 41.45 (400), 1:27.38 (800) and 3:13.71 (1600) interspersed during the afternoon showed the Mustang class this year. If there is a group talented enough to run with Berkeley this may be the one.

The University of Irvine and Kennedy of Granada Hills girls headed that half of the meet. Laura Mills of the Orange County school took the 100 meter lows in a meet record 14.13 and the high jump at 5-7 on misses from improving Elisa Cooks (Wilson, Hacienda Heights). The Trojans' 6000 relay group (4x1500) ran a fine 19:57.8 without Polly Plumer. The Kennedy relay groups won in 46.5 (400) and 3:42.38 (1600)-the latter quite exciting as Denean Howard gave the Manual Arts squad a seemingly insurmountable lead before running the Toiler anchor girl down in the homestretch during a 51.2 leg. The Manual Arts girls raced an excellent 3:43.13. Earlier in the day the Toilers had churned what is by far the fastest ever 3200 relay performance by a California girls group with their 9:15.6 win.

Ganesha of Pomona's Gervaise McGraw looked super in taking both women's sprints. Her 11.72w took club teammate Zelda Johnson (Garey, Pomona) and her 11.78 in the 100, while Gervaise won by a block in her 24.03w (2.42 mps) 200. Walnut's Gayle Kellon blasted a 55.62 400, while Culver City's Donna Curtis showed the same type of power during a home stretch charge that brought her a 2:10.6 meet record 800 win over Laguna Beach's Rennie Durrand (2:11.6). Fullerton's Natalie Kaaiawahia took a fine shot put competition (six over 40-5¼) at 47-10¼ and continued to improve in the discus with a 137-10 win.

Eddie Davis and his Compton distance teammates continue to be invincible. In the morning's 4x1500 relay Davis came from way back during a well-paced 3:51.6 to kick his way to a 16:13.4 team victory. In the middle of the afternoon Davis rolled to a 1:52.0 during a big 3:24.9 sprint medley win (second 3:32.9). As dark settled in, Davis rocketed the final straight during a 10:10.4 distance medley win. Another distance star was Gary Gonzales (Clovis) who screamed three laps in 3:03 during a 3:51.36 solo 1500. El Modena of Orange featured soph Jesse DeSantos 1:55.4 and Steve Valen 1:56.0 in their 7:48.4 meet record 3200 relay.

There were a number of other good men's events. Eisenhower of Rialto sprinter Dwayne Allen charged a 21.7w (2.64 mps) 200 win, Norco's Dwayne Willis won the 400 at 47.88 (meet record), and Scott Cox (Wilson, Long Beach) looked powerful during a 1:53.40 800 win. Antelope Valley's John Frazier tossed the shot out a state-leading 64-2½, and Newport Harbor's Kevin Jefferies won the discus at 172-9. Inglewood's Chris Bonner took Laguna Beach's Jay Thorson at 6-8¼ on misses in the high jump.

Other women's events went to Shelly Hazlett (Saugus) 4:41.35 for 1500 meters, and El Capitan of San Diego at 12:25.2 in the women's distance medley relay.

Valley Stream (Montgomery, New York) set the old record of 21:02.4 last year.

## Arcadia Invitational

By DOUG SPECK

May 2, Arcadia.

After a two week delay due to a freak rain storm the week-end of April 18th, the Arcadia Invitational was held on Saturday, May 2nd. About everyone returned for the re-run, and if anything athletes were sharper as they approached league and sectional competition.

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California's newest national record setter, shot putter Natalie Kaaiawahia from Fullerton, let no one down. After placing third in a hot discus competition won by Washington of Fremont's Laura DeSnoo in a nation-leading 164-9½, Natalie stepped into the shot put ring after a stirring introduction by announcer Dwain Esper for her first put. Natalie responded with a stunning 50-10, well over her 50-1¼ earlier this season.

North-South battles, centered around Berkeley speed against LA area stars. Early in the meet, in the 400 meter relay, Muir's Bernard Mathis shocked everyone by running down Yellowjacket anchor-runner Walter Murray in a 41.96 win. Kenny Robinson from Berkeley returned to squash the South's best over 100 meters - running 10.67 to romp over Leonard Graham (Centennial) 10.83 and a flock of others. Without Robinson on the 1600 relay due to a slight injury Berkeley still had a 20 meter lead beginning the anchor leg - 50 meters into his anchor leg Ulysee Walker had the baton sail into the air. While he ran it down six teams sailed past - Berkeley would have run in the 3:14 range, but as it was they probably set a national record for a dropped baton (3:20.53) behind Centennial's 3:15.17 and five others under 3:19.13. The Berkeley girls romped at the short end - Sharon Ware winning the 100 (11.94) and 200 (24.62), and the Yellowjacket 400 relay group winning easily in 46.79. Manual Arts took the Northerners over the 1600 distance at 3:48.07 however.

Jon Butler (Edison, Huntington Beach) against Gary Gonzales (Clovis) appeared to have real potential over the 3200 meter distance, especially after Gonzales' 3:51.36 1500 at Mt. SAC recently. After six laps of pack running - Butler near the front, Gonzales near the rear, Jon sailed a 200 around 30 seconds and finished it off. Butler won in a fine 8:57.12 as four others came in before Gonzales at 9:06.82.

Walnut sophomore Gayle Kellon showed how the lows can be run with a powerful 43.34 win there. Sherifa Sanders rocketed 14.17 in her dual with the Southern Cal girls. The men's hurdles were strange - 13.7 flyers David Ashford (West Covina) and Ed Tave (Muir) tangled after the last hurdle in the highs. As that duo staggered across the line Riverside Poly's Chris Chrisman sailed to a 14.25 win. In the 300 lows Blair's James Knowles was sailing to a low 36 second win when he topped the last hurdle and was thrown off balance just enough to fall

in the other girls field events. Allison Walker of Glendale Hoover topped 5-10 to take the high jump, and Berkeley's Sherifa Sanders collected another watch for her 19-2¼ in the long jump.

South Bakersfield's Doug Wicks topped six over 14 in the pole vault with his 15-0 win.

### WOMEN'S RESULTS:

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**1600:** 1. Davis (Miramonte, Orinda) 4:53.89; 2. Spotts (Redondo) 4:54.66; 3. Mason (Buena, Ventura) 4:56.14; 4. Hollingsworth (Piner, Santa Rosa) 4:59.79; 5. McGlinchey (Fountain Valley) 5:01.02; 6. Hazlett (Saugus) 5:01.17; 7. Dykstra (Drake, San Anselmo) 5:03.5; 8. Van Wagenen (Clovis West) 5:07.5; 9. Prieur (LeLycee Francais) 5:10.5; 10. Walther (Chatsworth) 5:13.51.

**3200:** 1. Lopez (Sacred Heart, LA) 10:42.05; 2. Barrios (University, Irvine) 10:44.02; 3. Villanueva (Fountain Valley) 10:53.10; 4. Chadwick (Mira Mesa, San Diego) 10:54.20; 5. Garstka (Westchester) 10:59.81; 6. Truscott (Santa Fe Christian, Solano Beach) 11:08.32.

**100 Meter Hurdles:** 1. Sanders (Berkeley) 14.17; 2. Pendleton (Fremont, LA) 14.37; 3. Johnson (Berkeley) 14.43; 4. Mills (University, Irvine) 14.51; 5. Hunter (Dorsey, LA) 14.52; 6. Bates (Berkeley) 14.77; 7. Hanson (Buena, Ventura) 15.05.

**300 Meter Hurdles:** 1. Kellon (Walnut) 43.34; 2. Williams (Saugus) 43.88; 3. Cooper (Locke, LA) 44.22; 4. Johnson (Berkeley) 44.66; 5. Bonty (Manual Arts, LA) 45.54; 6. Bates (Berkeley) 46.02.

**400 Relay:** Race 1: 1. Berkeley 46.79; 2. Dorsey 47.19; 3. Manual Arts 47.79; 4. Muir 47.80; 5. San Geronio 48.76; 6. Jordan, Long Beach 48.85; 7. Fremont 49.71. Race 2: 1. Westchester 49.04; 2. Locke, LA 49.22; 3. Culver City 49.51; 4. Saugus 49.69; 5. Centennial 49.85.

**1600 Relay:** Race 1: 1. Manual Arts 3:48.07; 2. Berkeley 3:56.01; 3. Camarillo 3:56.51; 4. Locke 3:57.90; 5. Walnut 3:59.07; 6. LA Canada 4:00.47. Race 2: 1. Laguna Beach 4:01.78; 2. Beverly Hills 4:05.44.

**Distance Medley:** 1. Santa Barbara 12:04.27; 2. Buena, Ventura 12:18.40; 3. Glendale 12:31.14; 4. Capistrano Valley 12:32.05; 5. Alemany 12:33.80; 5. Saugus 12:38.40; 6. Corona Del Mar 12:50.77.

**High Jump:** 1. Walker (Hoover, Glendale) 5-10; 2. Mendonca (Mt. Whitney, Visalia) 5-6; 3. Mills (University) 5-6; 4. Thomas (Mission Bay, San Diego) & Baker (Burroughs, Ridgecrest) 5-4; 6. Grob (Santa Barbara) 5-4.

**Long Jump:** 1. Sanders (Berkeley) 19-2¼; 2. Johnson (Berkeley) 18-8½; 3. Frey (Poly, Long Beach) 18-8; 4. Macayan (Fountain Valley) 17-7¼; 5. Bates (Berkeley) 17-3½; 6. Williams

4. Atkinson (Mira Costa, Manhattan Beach) 9:03.88; 5. Thomas (Santa Barbara) 9:04.04; 6. Gonzales (Clovis) 9:06.82; 7. Meyer (University, Irvine) 9:14.90; 8. Erickson (Fountain Valley) 9:16.70; 9. Walsh (Canyon, Canyon Country) 9:19.06.

**110 Hurdles:** 1. Chrisman (Riverside Poly) 14.25; 2. Kerho (Mission Viejo) 14.34; 3. Ashford (West Covina) 14.46; 4. Tave (Muir) 14.69; 5. White (Lynwood) 14.73; 6. Murray (Berkeley) 14.86; 7. Thorson (Laguna Beach) 14.88.

**300 Low Hurdles:** 1. Chrisman (Riverside Poly) 36.85; 2. Murray (Berkeley) 37.09; 3. Kerho (Mission Viejo) 37.19; 4. Carroll (Muir) 37.35; 5. Jones (Centennial) 37.88; 6. Mimms (Pasadena) 38.07; 7. Bradshaw (Lakewood) 38.47.

**400 Relay:** Race 1: 1. Muir 41.96; 2. Berkeley 42.15; 3. Fremont 42.35; 4. Serra 42.50; 5. Centennial 42.57; 6. Kennedy, Granada Hills 42.70; 7. Compton 42.77; 8. Crenshaw 42.85. Race 2: 1. Pasadena 42.49; 2. Locke 42.80; 3. Palisades 43.17.

**1600 Relay:** Race 1: 1. Centennial, Compton 3:15.17; 2. Compton 3:15.84; 3. Muir 3:16.10; 4. Pasadena 3:16.81; 5. Long Beach Poly 3:16.92; 6. Locke 3:19.13; 7. Berkeley 3:20.15. Race 2: 1. Fremont 3:21.15; 2. Serra 3:21.54.

**Distance Medley:** 1. El Modena 10:15.06; 2. Compton 10:15.13; 3. Camarillo 10:15.80; 4. Dos Pueblos, Goleta 10:19.59; 5. Costa Mesa 10:28.05; 6. Santa Barbara 10:28.08.

**High Jump:** 1. Caire (Pius X) 7-0; 2. Bonner (Inglewood) 6-10; 3. Anderson (Fremont, LA) 6-8; 4. Nehring (Camarillo) 6-8; 5. Thorson (Laguna Beach) 6-6; 6. Ross (Rio Mesa, Oxnard) 6-6.

**Long Jump:** 1. McCoy (Edison, Fresno) 24-5; 2. Tave (Muir, Pasadena) 24-1¼; 3. Brooks (Serra) 23-10¼; 4. Jones (Kennedy, Granada Hills) 23-9¼; 5. Frazier (Mission, San Francisco) 23-6; 6. Cobb (Dorsey, LA) 23-4¼.

**Pole Vault:** 1. Wicks (South Bakersfield) 15-0; 2. Rosellini (Simi) 14-6; 3. Fraley (Clovis West) 14-6; 4. Givliano (Sylmar) 14-6; 5. Peters (Villa Park) 14-0; 6. Marlow (Crespi, Encino) 14-0.

**Shot Put:** 1. Frazier (Antelope Valley) 63-10¼; 2. Ili (Nogales, La Puente) 62-5; 3. Alo (Banning, Wilmington) 61-6¼; 4. Arley (West Bakersfield) 61-2; 5. Jeffries (Newport Beach) 56-11¼; 6. Wolitarsky (Culver City) 56-1¼.

**Discus:** 1. Dobbins (Burroughs, Ridgecrest) 193-7; 2. Luiten (Monrovia) 174-10; 3. Jeffries (Newport) 173-10; 4. Westerfield (Capistrano Valley) 173-9; 5. Phillips (Beverly Hills) 163-11; 6. Corkery (Arroyo, El Monte) 162-5; 7. Krown (Calabassas) 157-7.

**Triple Jump:** 1. Frazier (Mission, San Francisco) 49-3; 2. Williams (Troy, Fullerton) 49-0¼; 3. Henry (Bakersfield) 47-7½; 4. Tave (Muir) 46-11¼; 5. Hendrix (Huntington Park) 46-8; 6. Anderson (Fremont, LA) 46-6¼; 7. Brooks (Serra) 46-3¼.

## West Coast Relays

May 9, Fresno.

**Boys 8x220 Relay:** 1. Bakersfield 3:03.29; 2. McClymonds 3:03.62; 3. Skyline 3:04.39.

**Girls 100 Meter Hurdles:** 1. Tie Tracy Phillips (Fresno) & Tammi Shaw (Lemoore) 15.36; 3. Yolanda Bryson (Lemoore) 15.40.

**Boys Distance Medley Relay:** 1. Bella Vista 10:13.6; 2. Vacaville 10:30.0; 3. Corcoran 10:34.6.

**Boys Sprint Medley Relay:** (combined) 1. Bakersfield 3:33.17; 2. Richmond 3:36.21; 3. St. Mary's 3:37.64.

4. Atkinson (Mira Costa, Manhattan Beach) 9:03.88; 5. Thomas (Santa Barbara) 9:04.04; 6. Gonzales (Clovis) 9:06.82; 7. Meyer (University, Irvine) 9:14.90; 8. Erickson (Fountain Valley) 9:16.70; 9. Walsh (Canyon, Canyon Country) 9:19.06.

**Boys Shot Put:** 1. Randy Avley (W. Bakersfield) 61-2; 2. Tim Sutro (Del Mar) 60-8¼; 3. Paul Rosati (Acalanes) 60-3.

**Boys Triple Jump:** 1. Vestee Jackson (McLane) 48-9; 2. John McDaniel (South Bakersfield) 47-8; 3. Cornel Archie (Fresno) 46-10½.

**Girls Team Scores:** 1. Clovis West 30; 2. Tulare 20¼; 3. Livermore 14; 4. Garces-Bakersfield 10; 5. Washington-Fremont 10.

**Boys Team Scores:** 1. Bakersfield 39; 2. Edison-Fresno 38; 3. Richmond 26; 4. South Bakersfield 23; 5. Castlemont-Oakland 16.

## Quicksilver Classic

By KEITH CONNING

May 9, San Jose City College.

Kevin Willhite (Cordova, Rancho Cordova) and Sharon Ware (Berkeley) were selected as the outstanding athletes. Berkeley won both the boys' and girls' team championships. Kenny Robinson (Berkeley) did not run, because of a groin muscle injury. Willhite won the 100 in 10.62w (2.6mps), the 200 in 20.72w (3.6mps), and ran on both relays. Ware won the 100 in 11.64, the 200 in 24.04w (3.2mps), and ran the second leg on the 4x100 relay.

Ronnie Seanez (Gilroy) won the 300 LH in 36.79 and the highs in 14.3w.

Ken Frazier (Mission, San Francisco) won the long jump at 23-7½ and the triple jump at 48-9¼.

Pete Richardson (Berkeley) won the 800 in 1:50.3. His first lap was 54.4.

David Timmons (Oakland) won the 400 in 47.61.

Dan Katches (Mills, Milbrae) won the discus at 181-7.

Jay Marden (Mission San Jose, Fremont), making a rapid comeback from an ankle injury and mononucleosis, edged Jesse Torres (Independence, San Jose) in the 3000 - 8:26.5 to 8:26.8. Marden kicked by Torres in the stretch. Torres had led from the second lap. The splits were: 68.49, 2:18.31, 3:27.38, 4:37.02, 5:46.06, 6:54.28, and 7:58.70.

In the 200 Willhite defeated Walter Murray (Berkeley) 21.33w and Charles Clewis (Berkeley) 21.48w.

The Berkeley boys won both relays in 42.01 and 3:14.1.

Cindi Durchslag (San Carlos) won the discus at 141-8 with Karen Nickerson (Cordova, Rancho Cordova) second at 138-11.

Sherifa Sanders (Berkeley) lead a 1-2-3-4 Berkeley sweep of the 100 low hurdles. Sanders ran 13.89 and Robyn Johnson was second in 14.25.

Marilyn Davis (Miramonte, Orinda) won the 800 in 2:13.0.

Kerry Brogan (Los Altos) defeated Marcia White (Miramonte, Orinda) in the 3000 - 10:06.6 to 10:07.9.

Margaret Demorest (Buchser, Santa Clara) won the 300 lows in 44.16. Roberta Eccles (Gunderson, San Jose) was second in 44.97. Ruth Whitehead (Berkeley) placed third in 45.17 and Lynn Beran (Miramonte, Orinda) was fourth in 45.19.

In the 200 Ware defeated Nedrea Rodgers (Berkeley), who ran 24.26.

The Berkeley girls won the mile relay in 3:55.9 and the 400 meter relay in 46.13.



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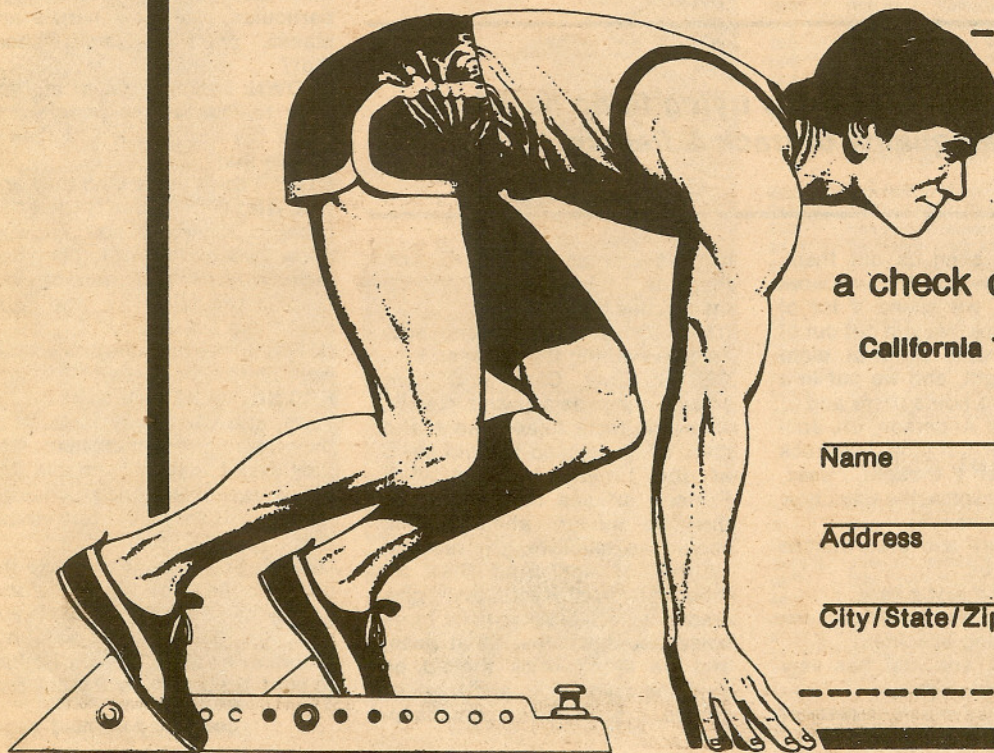
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# LONG DISTANCE LOG



by RICHARD SLOTKIN LONG DISTANCE EDITOR

Please send road race highlights, pictures and stories directly to Richard Slotkin, 14212 Summertime Lane, Culver City, CA 90230. Also send a copy of the results to the California Track & Running News office: P.O. Box 6103, Fresno, CA 93703.

## POINTS OF INTEREST

# Debus Rebuttal

An Interview

By RICHARD SLOTKIN

## PART I

Recent issues of California Track and Running News have run some reprints of articles appearing in the CSUN student newspaper, The Daily Sundial, last summer. The articles, by Randy Foster, were a series of exposes on L.A. Naturite Track Club coach Chuck Debus and his purported encouragement of the use of steroids by his athletes.

In my opinion, these were, plain and simple, hatchet jobs by someone looking to make a name for himself, and as such, I felt they didn't even belong in this publication. Nevertheless, because they did appear, I suggested to Debus that he write a letter, or even an article to CTRN, and ask his side of the story.

It is second or even third hand. The so-called first hand accusers are, as we shall see, of questionable credibility. The first hand sources that I was able to talk to do not corroborate the charges. All the sources that I personally contacted that did agree with the accusations were at least once removed from the scene, that is, second or third hand.

Whether innocent or guilty, it isn't for me to say. He may well be, but before any convictions are set down, there should be better evidence than has so far surfaced.

Following now, with all the coughs, burps and sneezes, is the interview, conducted on 08 April 1981.

steroid business was...started out as a sour grapes thing from Kathy McMillan at the Olympic Trials, you know, criticizing, accusing Jodi....

**CTRN:** Well...stories about that were going on long before the Trials....

**BROWN:** Yeah, they were, because I've heard...I heard about four years ago...that I was taking steroids, and that everyone on our team was taking steroids, but no one had any proof, and...people just started rumors about it...I don't even know why....

**CTRN:** Well, you know what I've heard...I've heard this from girls, I don't hear it from guys, because I don't know if guys are that observant, but some of the girls will say, "Look at so-and-so and so-and-so and so-and-so before the season, and look at them during the middle of it. Where did all that bulk come from?" They'll start naming specific items.... How would you answer to something like that? Is that really there or are they just seeing it because they want to see it? And these are people with no ax to grind...at least, I don't think they do.

**DEBUS:** Well, there's a lot of ways to answer that. First of all, if you're going to say that, then you'd have to talk about literally dozens of people in the sport across the country who alter their body through the course of a season through training.

**CTRN:** They're all accused of taking them too...(laughter).

**DEBUS:** Maybe so...I don't know...(laughter).

**BROWN:** I saw...I know Jodi Anderson does not take steroids. I saw Jodi Anderson about three weeks ago. She looks like a completely different person...because she hasn't been lifting weights, she hasn't been running, she hasn't been training like she usually does. Once she lifts weights, and trains, she, she...just gets athletic looking. Now, she looks like a normal person.

**CTRN:** I haven't seen her in....

**DEBUS:** You can greatly alter the human body...first of all, with a woman especially because she has so much inherent fat, but if you can virtually cut that fat to

**CTRN:** (To Brown) But, then you are too. Watching you work out is pretty awesome, too.

**BROWN:** Well, I think that strength that you see from me is mostly because of the leanness of my body, like he said...that I train so much, my muscles get very lean, and when there's no fat, of course you can see the muscles....

**DEBUS:** But she doesn't gain weight. I mean, she stays at a hundred and ten pounds all the time. But she looks leaner...it's more muscle than it is fat at the end of the year, but you take the European distance runners and they gain ten, twelve pounds, so you know that's a whole different ballgame.

**CTRN:** Uh...I almost said everybody knows, but I don't know if everybody knows it, apparently Europeans do use it, especially Iron Block/Iron Curtain countries apparently do a lot of steroid use...I don't know...is that true? Do you suppose it's true?

**DEBUS:** I don't know. I don't know. I wouldn't know about their distance runners...I would think that probably their shot putters and discus throwers....

**BROWN:** And their....

**DEBUS:** That can get a lot out of a person too...there's no way to verify it. That may be sour grapes, too.

**CTRN:** Do you think that the use of steroids ought to be of anybody's concern? Other than the athletes?

**DEBUS:** Well, it should be eliminated from sport.

**CTRN:** You don't think it should be allowed?

**DEBUS:** Absolutely not...I don't think everybody should be free to use it. I think NO ONE should be allowed to use it.

**CTRN:** Why? If it offers an advantage, wouldn't it be pretty well....

**DEBUS:** Well we don't know enough about it...but I mean, I don't think any world record or any major international title should be granted without...uh...the person submitting to a test.... That's why I had Jodi tested the day after that happened within the Olympic Trials....

**CTRN:** Whatever happened to it? You said there'd be a press conference, but I never heard

pointed in California Track News to...to...to...(Debus was at a loss for words momentarily.)

**CTRN:** Keep publishing one after another?

**DEBUS:** Well, publish...republish Foster's articles from a...from a school newspaper...without really checking it out...that's sort of disappointing.

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**"I will win at all costs as long as it's within the rules."**

---

**CTRN:** Well...a funny thing happened....

**DEBUS:** Especially without even talking to me, and asking me for the other side of it.

**CTRN:** Well, that's where I come in...he didn't ask me...this was my idea, 'cause I kind of got a little bit annoyed, but, umm....

**DEBUS:** But we...we have the results right here...I'll give them to you. You can keep them...for your information, and...it's the third time Jodi's been tested, and I think that should be noted...she was tested twice before in international competitions, which very often you're required to do...and, of course, this one we did, uh, on our own...and the tests were done, and...when you write the article you can put this in here. You know, it was done at, uh, this institute of science in...Montreal, where they did the Olympic testing. You want to shut that off while you read it to save tape?

At this time, Debus presented a copy of a letter from Dr. Robert Dugal of the Institute national de la recherche scientifique of the University of Quebec, indicating a negative finding in the test for the presence of steroids in Jodi Anderson's urine sample.

**DEBUS:** I mean, if I even had the remotest idea that she was taking steroids I wouldn't have her tested...there would have been no point in it. Why take a chance?

**CTRN:** Well, what about the



## PART I

Recent issues of California Track and Running News have run some reprints of articles, appearing in the CSUN student newspaper, The Daily Sundial, last summer. The articles, by Randy Foster, were a series of exposes on L.A. Naturite Track Club coach Chuck Debus and his purported encouragement of the use of steroids by his athletes.

In my opinion, these were, plain and simple, hatchet jobs by someone looking to make a name for himself, and as such, I felt they didn't even belong in this publication. Nevertheless, because they did appear, I suggested to Debus that he write a letter, or even an article to CTRN and tell his side. He was reluctant to do so, claiming that it didn't bother him that much and that he didn't want to lower himself. However, it was clear that he was disturbed. I further suggested that he let me do an interview with him and he could tell his side that way. He liked that idea and for several months has been after me to do it. We finally managed to get together.

There were a few ground rules. One, anything he said off the record would remain confidential. I intend to honor that. Second, this would not be a whitewash. He could say what he wanted, answer or dodge my questions as he saw fit, and the chips would fall where they might. Lastly, to avoid any problems of misquoting, everything was taken down on tape, a point to which Debus was especially agreeable because he was tired of being misquoted and quoted out of context. An unexpected bonus turned out to be Julie Brown, who accompanied Debus. It was all done at my apartment, so although I could have been victim to some amount of snowing, I was not likely to be intimidated.

I do not and have not claimed that Debus is an innocent victim. What I have said is that the evidence against him is suspect, considering the sources. Most of

it is second or even third hand. The so-called first hand accusers are, as we shall see, of questionable credibility. The first hand sources that I was able to talk to do not corroborate the charges. All the sources that I personally contacted that did agree with the accusations were at least once removed from the scene, that is, second or third hand.

Whether innocent or guilty, it isn't for me to say. He may well be, but before any convictions are set down, there should be better evidence than has so far surfaced.

Following now, with all the coughs, burps and sneezes, is the interview, conducted on 08 April 1981.

**CTRN:** What have you got to say to his (Foster's) charges, in general?

**DEBUS:** First of all, they don't really bother me. Because...uh...I'm used to having a lot of criticism...over the years...criticism doesn't tend to bother me, unless it's by people I respect...and, basically, the people that appeared in his article have no credibility. And there were a lot of unnamed sources...it seems like if they had any credibility, they would have used their names, so, in that regard, it doesn't bother me. What does bother me is that a person can write something very irresponsibly but the people that read it don't know that...that's the only thing...his criticism doesn't bother me. What bothers me is that the people who read it think that it's factual and truthful and I just wish that they knew the other side. That's all.

**CTRN:** Well, let me ask you this--just point blank. Maybe you'll elaborate on this later, because this is the question everybody's going to want...would ask you anyway. What's the story on the steroids? Are you directly or indirectly involved with any of the girls taking them?

**DEBUS:** No...and the thing is, this

is across the country who alter their body through the course of a season through training.

**CTRN:** They're all accused of taking them too...(laughter).

**DEBUS:** Maybe so...I don't know...(laughter).

**BROWN:** I saw...I know Jodi Anderson does not take steroids. I saw Jodi Anderson about three weeks ago. She looks like a completely different person...because she hasn't been lifting weights, she hasn't been running, she hasn't been training like she usually does. Once she lifts weights, and trains, she, she...just gets athletic looking. Now, she looks like a normal person.

**CTRN:** I haven't seen her in....

**DEBUS:** You can greatly alter the human body...first of all, with a woman especially because she has so much inherent fat, but if you can virtually cut that fat to zero, I mean, get it down to five percent, and then, uh...well, eliminate fat and sugar from their diet, and do a tremendous amount of weight training, you're going to alter the human body a lot, just in that regard. If you've ever

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**"I feel that what we're trying to do here is improve the quality of track & field in America."**

---

seen...you've seen us out there, Dick; you know how long we work out...I mean, we spend a lot of hours out there. We just got out of the weight room now, at eight o'clock at night, and we put in a good hard two hours there and....

**BROWN:** Jodi Anderson, uh, Jodi Anderson, the first time I ever took a look at her I thought, "Jeez, she's just awesome, the way...how strong she looks...."

**DEBUS:** Before she even started training with us.

**BROWN:** She's just a very....

**CTRN:** Yeah, she's a very impressive looking specimen.

**DEBUS:** Well, she just has very strong muscles, legs....

(There was a lot of interrupting at this point.)

**CTRN:** Do you think that the use of steroids ought to be of anybody's concern? Other than the athletes?

**DEBUS:** Well, it should be eliminated from sport.

**CTRN:** You don't think it should be allowed?

**DEBUS:** Absolutely not...I don't think everybody should be free to use it. I think NO ONE should be allowed to use it.

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**CTRN:** Whatever happened to it? You said there'd be a press conference, but I never heard anything come of it.

**DEBUS:** Well...I said there'd be a press conference?

**CTRN:** Yeah, you told...said to me at the field that she had taken a...she had a test.

**DEBUS:** Oh yeah, we were going

to have a press conference...and that was, I think that was prior to the articles that, uh....

**CTRN:** Oh yeah. Way long ago. This was during the summer.

**DEBUS:** Right, Okay, and there was a long delay, and finally, when the tests finally came, and then, uh, it seemed like old news at the time, and then...then Foster's articles came out, and then we thought about it...well, should we, shall we, give rebuttal to that or not? And then we thought, "Well, you just give credence to it." Why make more noise about it? Just let it pass, and we didn't think there'd be anything come of it, and then, of course, I mean, I was very disap-

ted twice before in international competitions, which very often you're required to do...and, of course, this one we did, uh, on our own...and the tests were done, and...when you write the article you can put this in here. You know, it was done at, uh, this institute of science in...Montreal, where they did the Olympic testing. You want to shut that off while you read it to save tape?

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**DEBUS:** I mean, if I even had the remotest idea that she was taking steroids I wouldn't have her tested...there would have been no point in it. Why take a chance?

**CTRN:** Well, what about the charges these gals made...I don't have the copies (of CTRN) here, I've got them in my room someplace...but, whoever they were, I never heard of any of the girls, which doesn't necessarily mean anything, but these girls in particular...you know, names and places, practically...what about that?

**BROWN:** I think...first of all, you have to look at the people that made the accusations. If they're people that....

**CTRN:** I don't know who they are.

**BROWN:** Well...I don't know the specific names...I just know, I know two or three of them that were always badmouthing our team, and Chuck, and just everything....

**CTRN:** (interrupting) While they were on the team itself?

**BROWN:** While they were on the team, and while they were...after they were kicked off the team. And they were the type of people that didn't make the team...couldn't hack it, and they were very vindictive.

**DEBUS:** See, and...if you take the coach in any sport, professional sports or any sport, and you ask...go back and ask his athletes...ex-athletes that he had to cut from the team, or you know,

continued on next page...



didn't make it, they're not all gonna be too favorable...and in women's track and field these particular...uh...people...uh...you know, they can take shots at you. **BROWN:** I think, also, that you...he was dealing with a lot of athletes that came in off high schools where they were stars of their team. And when they came to Northridge, they obviously weren't the star anymore. And they were very mad and jealous about this. And I think that...

**DEBUS:** It was hard for them to go back home again and admit failure to their ex-high school coaches and parents and friends. They can't go back and say THEY failed. They have to use a scapegoat...the coach was the reason they failed. Now that's a very significant point in women's athletics.

**CTRN:** More so than men?

**DEBUS:** Yes, absolutely.

**CTRN:** What would have got them on steroids? ...I mean, what would have made a steroid accusation?

**DEBUS:** How else could you get at Debus? How else could you get rid of him? Could you say he's a bad coach?

**CTRN:** Uh, well, they could take the approach, which seems to be more effective, that was taken at UCLA.

**BROWN:** That was old news.

**DEBUS:** Yeah, that wouldn't work again.

**BROWN:** That...was exhausted.

**CTRN:** It's always hot stuff.

**BROWN:** They did that...they did do it. But they exhausted their case with that.

*Note: The above references are to the accusations leveled at Debus, and found to have no validity, that he forced and/or encouraged girls on the team to sleep with him as a condition of their being on the team. This occurred while Debus was at UCLA.*

**CTRN:** By the way...I met one of your chief accusers. She tried to join our club...well, she actually did join our club...I didn't know who she was at the time. It wasn't til I found out that two of your ex-girls refused to run with her, that I found out, but...I couldn't stand her from the start (laughter) and I

even know who you have other than Marlene (Harmon) and Pam Spencer. They're the only ones I know really by name, and I'm just slightly familiar with one or two of the other girls, like Renee...no, not Renee...what's her name?...Regina. And Roma...but, I was thinking, on a track team the size of yours, having five world class athletes would be almost incredible, wouldn't it? Wouldn't that be a kind of meaningless accusation?

**DEBUS:** What's the problem here? I don't understand where you're going with this.

**CTRN:** ...To say he's no good because he doesn't have five world class athletes?

**BROWN:** What about Jodi?

*Debus then pointed out that he did have five, including Jodi Anderson, Pam Spencer, Marlene Harmon, Sandy Myers, who was a record holder in the 400m hurdles last year, and of course Julie Brown, who despite her attempt to enter medical school is still on the team. The interview digressed a bit at this point as I tried to identify, or clarify in my mind some of the girls currently working out with Naturite.*

**DEBUS:** Well, we had more people on the Olympic Team than anybody else. More people on the USA team than anybody else, so I don't even understand that kind of a thing. We've had ninety-two USA team members in the last eight years.

**CTRN:** Well, I...what I don't understand is....

**DEBUS:** See, that just points up the jealousy. That's an ugly statement to make.

**CTRN:** I don't understand the animosity on the part of certain people. It usually takes more than that (jealousy). I mean, usually there has to be a run-in of a kind. But one person I'm thinking of in particular hasn't had a run-in with you. There's been no real contact of any kind...I asked him, flat out, "Why do you have such animosity against the guy? You haven't competed with him for a job or anything like that." And his answers were very unsatisfactory because they were all based on a

program, and you have a few envious coaches.

**CTRN:** What do you think of this...uh....

**DEBUS:** I don't think there's any people other than that. I think they all fit into those two categories.

**CTRN:** What do think of this...Frank Kush deal? Do you think it's the same thing, or do you think there's a little fire where that's coming from?

**DEBUS:** No, I don't think that's...I don't know. I don't think...there's any correlation there. I didn't punch anybody in the face.

**CTRN:** No...but he's been accused of doing something...that he's not supposed to do...the people who are accusing him, for the most part, seem to have an ax to grind.

**BROWN:** I think, um, Mr. Aberk (this name was not clear) said...said, once that Chuck has a very...he said, abrasive personality.

**CTRN:** Oh, I've said that. Abrasive as hell. (Laughter)

**DEBUS:** At work!

**CTRN:** Well, yeah....

**BROWN:** I think the people around him, in track, know that...that he's that way, and some people can't...I mean, they...have something...they can't handle...and there's no way they can get back at him because they know there's no way they can beat him on the track, so they do it...verbally. Like...tearing him down. I don't understand it either. I'm...with you...but they do it, and I know him, and his athletes know him, and they know what he's like and that's all that really matters.

**DEBUS:** ...Reggie Jackson said it best when he was with the Oakland A's...they had just won the world championship World Series three years in a row, and he says, "I don't understand it." He says, "Why do people keep criticizing us, and tearing us down?" He said, I mean "What they should do is look up our record, admire it, and then try to top it instead of trying to tear us down to their level...try to top our..." And I'll tell you a good example of that was in 1978 when we (should have) won the AAU Nationals...we lost, that was the year

will never succeed. And that's why I don't let this criticism bother me. I don't let it bother me. I just feel sorry for people that have to spend time doing that, because they should be spending that time in a positive, optimistic way, trying to do things that will accomplish positive results, rather than wasting time tearing things down. And that's really where I'm coming from. I wish they

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### **"...two categories of people...disgruntled ex-athletes...and a few envious coaches."**

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understood that. And anybody that's ever close to me knows that that's what I really care about, what I'm really trying to do. I used to serve on a lot of National AAU committees. I was even national chairman of a couple of committees, and I found that those committees were...uh...virtually useless, in that the people on them were self-serving, and so...I don't want this to come off harshly...so, hopefully, you can write this in a way that's not so harsh, cause I always sound harsh, but...

**CTRN:** I feel the same way, my opinion is....

**DEBUS:** (Re-interrupting) I don't want to belittle the people. I just felt they were there for the wrong reasons. For different reasons than I wanted to be there. My whole purpose for being there was to try to effect change...legislatively. Wasn't happening, so I decided to go back home and build my team to the strongest it could possibly be, and hopefully set an example in...in some ways, maybe influence decisions and changes, and effect change by putting together one heck of a program. And, uh, we tried to do that.

tional championships in AIAW and AAU, we have won eleven of them. And, and...I know for a fact that people copy what we do. That's good...that's all right, that's fine. I'm never asked to speak at Olympic Committee clinics, which I find very interesting and awry, but, uh, but these same people are copying what we're doing. And...whether they admit it or not...I mean...I remember going to West Germany, and the coach said, who's won the national championships I think like 12 or 13 years in a row, now...their club...he opened up his training book one day, and...and...and out fell MY stretching chart! That I had designed and had an artist draw...I mean, I just...I just about fell over on the ground. And there it was in West Germany. So...it made me feel good...to know that someone like that, whose club has won the national championships over there 13 years in a row, and he's had a lot of Olympians...uh, you know, thought enough of our stretching program to put it in his workout book. So...I really have no hard feelings for these people. I...just wish that their priorities were a little different, so that we could all really join together and work hard toward a successful culmination...and particularly, it's very significant now because we have an Olympic Games here in 1984. And, really, the Europeans...there's no secret about it, they look at this as cold war. Or, somewhere between cold and hot war. And, uh, I think it is that. I really view it that way, and I resent accusations of...that say that I will win at all costs. Absolutely not. That is not true. I will win at all costs as long as it's within the rules. I do not believe in, uh, circumventing the rules.

**CTRN:** Well...on the Northridge thing, we're more or less addressing that...those series of articles, these...I don't have the...should I get them out?



**BROWN:** That was old news.  
**DEBUS:** Yeah, that wouldn't work again.  
**BROWN:** That...was exhausted.  
**CTRN:** It's always hot stuff.  
**BROWN:** They did that...they did do it. But they exhausted their case with that.

*Note: The above references are to the accusations leveled at Debus, and found to have no validity, that he forced and/or encouraged girls on the team to sleep with him as a condition of their being on the team. This occurred while Debus was at UCLA.*

**CTRN:** By the way...I met one of your chief accusers. She tried to join our club...well, she actually did join our club...I didn't know who she was at the time. It wasn't til I found out that two of your ex-girls refused to run with her, that I found out, but...I couldn't stand her from the start (*laughter*) and I told her to stop asking so damn many questions and just get out there and see what you can do for the club (*laughter*) and she didn't like that...but, uh...I forgot the girls' name now. I mentioned it to you once before.

*At this point, Debus brought out some literature on the Naturite Track Club, plus some miscellaneous articles.*

**DEBUS:** I just thought that would help you to get a little perspective...I collect these articles.

**CTRN:** I already got something like this from one of your admirers...(*laughter*).

**BROWN:** He has admirers?

**CTRN:** Oh yeah...he has....

**BROWN:** Never read about them.

**DEBUS:** Well, I think the detractors really are...are not many. I met a guy on the plane once...he he says, he says, "Oh, you can't let the critics bother you," he says. "You measure your success by the number of detractors you have."

**CTRN:** Somebody...one of your detractors said to me...uh...I'm going to paraphrase because I don't remember the exact conversation, but he said something to the effect of...uh, anybody can be a great coach with good material, but what has he got now? I bet he doesn't...I bet you can't name five good...five top-rated athletes that he's got and, uh...of course, I don't

anybody else. Some people on the USA team than anybody else, so I don't even understand that kind of a thing. We've had ninety-two USA team members in the last eight years.

**CTRN:** Well, I...what I don't understand is....

**DEBUS:** See, that just points up the jealousy. That's an ugly statement to make.

**CTRN:** I don't understand the animosity on the part of certain people. It usually takes more than that (jealousy). I mean, usually there has to be a run-in of a kind. But one person I'm thinking of in particular hasn't had a run-in with you. There's been no real contact of any kind...I asked him, flat out, "Why do you have such animosity against the guy? You haven't competed with him for a job or anything like that." And his answers were very unsatisfactory because they were all based on a presumed guilt of the steroids and other....

**DEBUS:** There's a lot of....

**CTRN:**...Other, uh, I wouldn't call them drugs...whatever you call the stuff.

**DEBUS:** Well, you figure it out, I don't know.

**CTRN:** I don't know.

**DEBUS:** I don't know either...I can't answer that.

**CTRN:** I can't either...I'm at a loss...One of your ex-team members left under very bitter circumstances. I talked to her and she called you every name under the sun. But, she never once...this was first hand, because I was talking to the "horse"...and she never once mentioned steroids...or anything like that. So, all the accounts that I have heard...I personally have heard (regarding steroid use) have been at best, second hand...mostly third hand. The closest thing to an exception was in Foster's article, if those girls being quoted could be called first hand.... So, I wonder why so much accusation against you on the point of steroids.

**DEBUS:** That's it (*pointing to an article containing a quote on jealousy which appeared in the Saturday Evening Post in 1915*) ...it's as simple as that. I think you have two categories of people--you have disgruntled ex-athletes, who really just didn't fit into our

anybody else. Some people on the USA team than anybody else, so I don't even understand that kind of a thing. We've had ninety-two USA team members in the last eight years.

**DEBUS:** ...Reggie Jackson said it best when he was with the Oakland A's...they had just won the world championship World Series three years in a row, and he says, "I don't understand it." He says, "Why do people keep criticizing us, and tearing us down?" He said, I mean "What they should do is look up our record, admire it, and then try to top it instead of trying to tear us down to their level...try to top our..." And I'll tell you a good example of that was in 1978 when we (should have) won the AAU Nationals...we lost, that was the year Julie had the broken leg, I'm sorry, and she wasn't able to compete, and we lost the Nationals...after the 3000 meters I knew we had to get third to win and we got fourth and we lost by two points, and I went up to the winning coach and said, "Great! Nice going!" See, I feel the person did a heck of a job, 'cause we had a good team and he beat us, and you know, he did a good job. And the next year we beat them. You know, he wouldn't even speak to me, and he was totally sullen, and, uh, just very rude about it, and...see I don't look at it that way. I feel that what we're trying to do here is improve the quality of track and field in America. Hopefully, to compete better against the East Germans and Russians in international competition, which means we all must work together. We really have to work together, and we all...if we all work together, we can discover ways...uh...to close the gap, and do better against them, instead of all of us trying to tear each other down. See, my feeling is that if somebody else does well, I want to try to beat them. And, and I also want to try to top myself. And I want other people to try to beat me, too, because competition is what made this country great. And it's what makes...what will make track and field better. But the opposite is to tear people down to your level, and that...that

mittees were...uh...virtually useless, in that the people on them were self-serving, and so...I don't want this to come off harshly...so, hopefully, you can write this in a way that's not so harsh, cause I always sound harsh, but...  
**CTRN:** I feel the same way, my opinion is....

**DEBUS:** (*Re-interrupting*) I don't want to belittle the people. I just felt they were there for the wrong reasons. For different reasons than I wanted to be there. My whole purpose for being there was to try to effect change...legislatively. Wasn't happening, so I decided to go back home and build my team to the strongest it could possibly be, and hopefully set an example in...in some ways, maybe influence decisions and changes, and effect change by putting together one heck of a program. And, uh, we tried to do that. Now, I don't want to be quoted for this, but we...we...uh, you know YOU should say it, but we have won, out of the last fifteen na-

very significant now because we have an Olympic Games here in 1984. And, really, the Europeans...there's no secret about it, they look at this as cold war. Or, somewhere between cold and hot war. And, uh, I think it is that. I really view it that way, and I resent accusations of...that say that I will win at all costs. Absolutely not. That is not true. I will win at all costs as long as it's within the rules. I do not believe in, uh, circumventing the rules.  
**CTRN:** Well...on the Northridge thing, we're more or less addressing that...those series of articles, these...I don't have the...should I get them out?

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continued next issue

# RESULTS

## Three Peaks Mountain Race

From DAVID NIEMAN

February 22, Howell Mountain. 13.8 miles.

|    |                                  |         |
|----|----------------------------------|---------|
| 1  | Leroy Kotcherar (27)             | 1:23:39 |
| 2  | Michael Duncan (WVTC, 31)        | 1:30:08 |
| 3  | Ralph Shinevar (Mid Mich TC, 24) | 1:32:22 |
| 4  | Mark Driscoll (RCTC, 34)         | 1:33:33 |
| 5  | Dave Roeber (BC, 34)             | 1:33:57 |
| 6  | Nik Epanchin (Tamalpa, 41)       | 1:36:13 |
| 7  | Rich Whitewater (Marin R, 40)    | 1:39:22 |
| 8  | Dave Ketelsen (HMR, 21)          | 1:40:19 |
| 9  | John Rinehart (28)               | 1:40:28 |
| 10 | Robert Malain (BC, 53)           | 1:40:40 |
| 28 | Joy Taylor (Impala, 25) F        | 1:54:08 |
| 29 | Valerie Doyle (Zepher, 38) F     | 1:54:17 |
| 38 | Grace Voss (PWBCO, 37) F         | 2:04:12 |
| 40 | M.A. Maricle (NCSTC, 47) F       | 2:06:16 |

## Daily News 10K

|                        |                     |       |
|------------------------|---------------------|-------|
| Van Nuys. February 21. |                     |       |
| 1                      | Jon Sutherland (29) | 31:43 |
| 2                      | Ron Ysais (19)      | 31:43 |
| 3                      | Jon Black (20)      | 32:00 |
| 4                      | Tom Lowry (28)      | 32:04 |
| 5                      | Richard Govi (28)   | 32:09 |
| 6                      | Billy Entz (26)     | 32:21 |

|    |                         |       |
|----|-------------------------|-------|
| 7  | Mike Munoz (25)         | 32:30 |
| 8  | Tim Hampton (25)        | 32:43 |
| 9  | Jim Kelley (17)         | 33:09 |
| 10 | Mark Pedersen (17)      | 33:13 |
| 11 | Jeffrey Kusumi (17)     | 33:23 |
| 12 | Larry Montag (28)       | 33:26 |
| 13 | Andy Black (22)         | 33:32 |
| 14 | Steven Dietch (16)      | 33:35 |
| 15 | Charles Hoover (32)     | 33:45 |
| 16 | Steve McCalley (27)     | 34:13 |
| 17 | Stephen Brightwell (29) | 34:19 |
| 18 | Ray Kovacs (17)         | 34:30 |
| 19 | Frank Peters (20)       | 34:40 |
| 20 | Bob Shelly (16)         | 34:45 |

Divisions

|                 |                |       |
|-----------------|----------------|-------|
| Boys 12 & under |                |       |
| 1               | Craig Lawson   | 39:22 |
| 2               | Peter Oviatt   | 42:51 |
| Men 13-17       |                |       |
| 1               | Jim Kelley     | 33:09 |
| 2               | Mark Pedersen  | 33:13 |
| 3               | Jeffrey Kusumi | 33:23 |
| 4               | Steven Dietch  | 33:35 |
| Men 18-34       |                |       |
| 1               | Jon Sutherland | 31:43 |
| 2               | Ron Ysais      | 31:43 |
| 3               | Jon Black      | 32:00 |
| Men 35-39       |                |       |
| 1               | Roy Burleson   | 35:20 |
| 2               | Tom Gleason    | 35:36 |
| 3               | Pedro Ponce    | 37:07 |
| 4               | Bill Elam      | 37:15 |

continued on next page...



## Results, continued:

| Men 40-44           |       |  |
|---------------------|-------|--|
| 1 Charles McClung   | 35:05 |  |
| 2 Eino Romppanen    | 35:25 |  |
| 3 Merl Glauser      | 35:49 |  |
| Men 45-49           |       |  |
| 1 Jim Knerr         | 35:52 |  |
| 2 Ted Oviatt        | 37:32 |  |
| 3 Frank Greene      | 37:39 |  |
| Men 50-54           |       |  |
| 1 Patrick Devine    | 37:59 |  |
| 2 Leopoldo Ibarra   | 42:16 |  |
| Men 55-59           |       |  |
| 1 Avery Bryant      | 39:29 |  |
| 2 Keith Albright    | 39:46 |  |
| Men 60 & over       |       |  |
| 1 Phil Castle       | 41:56 |  |
| 2 Oscar Borgen      | 47:12 |  |
| Girls 12 & under    |       |  |
| 1 Sheri Lawson      | 40:04 |  |
| 2 Julie Tingle      | 53:54 |  |
| Women 13-17         |       |  |
| 1 Vickie Cook       | 36:03 |  |
| 2 Janine Walther    | 39:01 |  |
| Women 18-29         |       |  |
| 1 Robin Tracey      | 38:32 |  |
| 2 Bobbi King        | 38:47 |  |
| Women 30-39         |       |  |
| 1 Barbara Terhune   | 39:51 |  |
| 2 Susan Harmon      | 42:37 |  |
| 3 Carmel Vrabel     | 45:32 |  |
| 4 Stephanie Ebla    | 45:58 |  |
| Women 40-44         |       |  |
| 1 Christa Romppanen | 41:16 |  |
| 2 Joyce Momita      | 46:34 |  |
| Women 45-49         |       |  |
| 1 Jane Dods         | 45:59 |  |
| 2 Ann Richards      | 50:44 |  |
| Women 50 & over     |       |  |
| 1 Daisy Wong        | 49:41 |  |

## City of Fremont 10k

From SARAH COLE

March 1, Fremont. 10,000 meters.

|                        |       |
|------------------------|-------|
| 1 John Embody          | 32:27 |
| 2 Steve Palladino      | 32:49 |
| 3 James Tracey         | 32:52 |
| 4 Scott Steinmaus      | 33:48 |
| 5 Rich Moriada         | 33:58 |
| 6 Glen Walder          | 34:24 |
| 7 Phil Garcia          | 35:03 |
| 8 Dave Stalters        | 35:18 |
| 9 Doug Latimer         | 35:38 |
| 10 Wayne Stone         | 35:48 |
| 11 Eric Peterson       | 35:52 |
| 12 Marco Margiotta     | 36:07 |
| 13 Ron Alonzo          | 36:09 |
| 14 Roberto Gomez       | 36:24 |
| 15 Myron Nevraumont    | 36:39 |
| 31 Denise Bigelow 1-F  | 38:09 |
| 38 Jolie Houston 2-F   | 39:04 |
| 40 Sharlet Gilbert 3-F | 39:17 |

Visalia Runners  
Four Mile Race

From CRAIG NEWPORT

March 1, Visalia.

|                             |       |
|-----------------------------|-------|
| 1 Gary Campbell 1-30        | 21:10 |
| 2 Juan Garza 1-open         | 21:26 |
| 3 Robert Stephenson 2-30    | 21:57 |
| 4 Henry Osgood 3-30         | 22:10 |
| 5 Ken Lehman 4-30           | 22:12 |
| 6 Alexander Gallegos 1-17&U | 22:16 |
| 7 Fernie Montanez 1-40      | 22:33 |
| 8 Michael Gourley 2-open    | 22:38 |

photo by Marty Higginbotham



Gary Campbell

|                           |       |
|---------------------------|-------|
| 9 Jeff Brueggemann 3-open | 22:56 |
| 10 Renee Wyckoff 1-open F | 23:01 |
| 11 Frank Padillo 2-40     | 23:10 |
| 21 Tanis Ryzebol 2-open F | 25:12 |
| 31 Bob Lehman 1-60        | 26:44 |
| 36 Chuck Freuler 1-50     | 27:17 |
| 37 Kenneth Takeuchi 2-50  | 27:26 |
| 46 Deon Stockton 1-17&U F | 28:28 |
| 63 Sue Takayama 1-50 F    | 33:59 |

Marina Freeway  
10K Run

By LOUIS HIRSCH

Few people normally have the opportunity of running on a freeway. But on this day, about 3200 runners got that chance in the third running of the Tree People's Marina Freeway 10K. Just like any major traffic jam,

19-29

|                   |         |
|-------------------|---------|
| 1 John Koningh    | 29:39.3 |
| 2 Daniel Predmore | 29:45.6 |
| 3 Tom Bryant      | 30:43.8 |

30-34

|                 |         |
|-----------------|---------|
| 1 Charles Hodge | 33:55.8 |
| 2 Donald Ruetz  | 34:12.1 |
| 3 T. Dennis Joe | 34:54.7 |

35-39

|                   |         |
|-------------------|---------|
| 1 Michael Mahler  | 32:09.8 |
| 2 Hal Gofoth, Jr. | 33:41.9 |
| 3 Jim Minami      | 34:19.7 |

40-44

|                |         |
|----------------|---------|
| 1 George Cohen | 35:16.7 |
| 2 Roy Pellerin | 35:55.1 |
| 3 Bruce Kostin | 36:08.9 |

45-49

|              |         |
|--------------|---------|
| 1 Len Efron  | 34:58.7 |
| 2 Craig Ray  | 35:52.8 |
| 3 Ted Oviatt | 37:05.8 |

50-54

|                  |         |
|------------------|---------|
| 1 Patrick Devine | 36:56.1 |
| 2 John F. Racely | 37:25.3 |
| 3 Dick Durand    | 38:10.5 |

55-59

|                    |         |
|--------------------|---------|
| 1 Avery A. Bryant  | 39:51.0 |
| 2 Robert VanNoy    | 42:44.0 |
| 3 Ralph N. Goldwyn | 43:58.7 |

60+

|                |         |
|----------------|---------|
| 1 Eddie Lewin  | 39:36.6 |
| 2 Abe Stein    | 41:58.3 |
| 3 Clyde Ailing | 43:06.7 |

Women

|                   |         |
|-------------------|---------|
| 12 & under        |         |
| 1 Eleanor Uribe   | 40:01.5 |
| 2 Carol Doody     | 40:28.6 |
| 3 Susan Gugliotta | 52:26.7 |

13-15

|                      |         |
|----------------------|---------|
| 1 Katherine Dunsmuir | 39:39.2 |
| 2 Jeanette Perez     | 42:14.4 |
| 3 Trudy Uribe        | 46:42.3 |

16-18

|                   |         |
|-------------------|---------|
| 1 Karen Kinsinger | 44:27.4 |
| 2 Lisa Arnsdorf   | 45:12.2 |
| 3 Debbie Flatgard | 48:25.4 |

19-29

|                  |         |
|------------------|---------|
| 1 Ruth Caldwell  | 34:24.8 |
| 2 Julie McKinney | 39:39.2 |
| 3 Ilka Gillette  | 39:49.0 |

30-34

|                    |         |
|--------------------|---------|
| 1 Denny Goodfellow | 41:31.6 |
| 2 Dee MacLeod      | 42:01.1 |
| 3 Suzanne Miller   | 43:21.4 |

35-39

|                   |         |
|-------------------|---------|
| 1 Harolene McLean | 42:06.3 |
| 2 Susan Oberding  | 42:37.8 |
| 3 Anna Lewin      | 45:41.4 |

40-44

|                 |         |
|-----------------|---------|
| 1 Lisa Newman   | 44:47.8 |
| 2 Marion Seaman | 45:50.9 |
| 3 Elsa Nilsson  | 48:42.5 |

45-49

|                   |         |
|-------------------|---------|
| 1 Atsuko Fujimoto | 48:14.3 |
| 2 Joy C. Thornton | 54:44.9 |
| 3 Carolyn R. Carr | 56:33.0 |

50-54

|                   |         |
|-------------------|---------|
| 1 Colleen Jones   | 44:30.2 |
| 2 Joyce Boedecker | 55:10.9 |
| 3 Pat Reed        | 56:00.7 |

55-59

|                   |         |
|-------------------|---------|
| 1 Vila Hancock    | 52:35.8 |
| 2 Helga R. Carden | 54:56.3 |
| 3 Easter Yee      | 55:45.7 |

60+

|                   |           |
|-------------------|-----------|
| 1 Edith Carlisle  | 54:56.7   |
| 2 Priscilla Libby | 58:28.3   |
| 3 Dorothy Busk    | 1:10:58.9 |

|         |  |
|---------|--|
| 29:39.3 |  |
| 29:45.6 |  |
| 30:43.8 |  |

30-34

|         |  |
|---------|--|
| 33:55.8 |  |
| 34:12.1 |  |
| 34:54.7 |  |

35-39

|         |  |
|---------|--|
| 32:09.8 |  |
| 33:41.9 |  |
| 34:19.7 |  |

40-44

|         |  |
|---------|--|
| 35:16.7 |  |
| 35:55.1 |  |
| 36:08.9 |  |

45-49

|         |  |
|---------|--|
| 34:58.7 |  |
| 35:52.8 |  |
| 37:05.8 |  |

50-54

|         |  |
|---------|--|
| 36:56.1 |  |
| 37:25.3 |  |
| 38:10.5 |  |

55-59

|         |  |
|---------|--|
| 39:51.0 |  |
| 42:44.0 |  |
| 43:58.7 |  |

60+

|         |  |
|---------|--|
| 39:36.6 |  |
| 41:58.3 |  |
| 43:06.7 |  |

|                                    |         |
|------------------------------------|---------|
| 11 Art Webb (Santa Rosa, 39)       | 2:39:37 |
| 12 Mike McGuire (Santa Rosa, 36)   | 2:41:16 |
| 13 Errol Jones (Berkeley, 31)      | 2:41:52 |
| 14 Gary Kaufman (Palo Alto, 30)    | 2:41:52 |
| 15 Douglas Frost (Citrus Hts., 30) | 2:41:53 |

Men 40-49:

|                                    |         |
|------------------------------------|---------|
| 1 Doug Rennie (Fair Oaks, 40)      | 2:33:51 |
| 2 Don Ardell (Mill Valley, 42)     | 2:40:18 |
| 3 Nic Epanchin (San Rafael, 41)    | 2:40:47 |
| 4 Edward Lujan (Bakersfield, 42)   | 2:46:34 |
| 5 Mike Paradis (San Jose, 42)      | 2:47:31 |
| 6 Rich Whitewater (S San Fran, 41) | 2:48:59 |
| 7 Robert Nations (Newbury Pk, 40)  | 2:49:37 |
| 8 Van Whitis (Mt. View, 43)        | 2:50:51 |
| 9 Don German (Greenbrae, 45)       | 2:51:38 |

Men 50-59:

|                                 |         |
|---------------------------------|---------|
| 1 Hans Roenau (Mill Valley, 52) | 2:53:58 |
| 2 Rich Miller (Oakland, 51)     | 2:56:17 |
| 3 Don Bemis (San Jose, 50)      | 2:59:17 |
| 4 Greg Kondrek (San Fran, 55)   | 3:03:03 |
| 5 Karl Bollinger (San Fran, 55) | 3:12:20 |

Men 60 &amp; Over:

|                                |         |
|--------------------------------|---------|
| 1 Bob Manly (Coulterville, 61) | 3:46:25 |
|--------------------------------|---------|

Piedmont  
Middle School  
"Feet Meet"

5 Kilometer

|                      |       |
|----------------------|-------|
| 1 Allan Smith        | 15:50 |
| 2 Kent Thompson      | 16:16 |
| 3 Sal Vasquez        | 16:24 |
| 4 Gregory A. Bachand | 16:29 |
| 5 David Powell       | 16:34 |
| 6 Bruce Wolfe        | 16:35 |
| 7 Wayne Cottrell     | 16:49 |
| 8 Dan Greco          | 16:54 |
| 9 Rey Corona         | 17:08 |
| 10 Leigh Forsberg    | 17:30 |
| 45 Alison Keiler     | 20:39 |
| 55 Barbara Noe       | 21:16 |
| 56 Jane Hartwell     | 21:18 |

10 Kilometer

|                       |       |
|-----------------------|-------|
| 1 Thomas Craig        | 33:00 |
| 2 Jim Myers           | 33:43 |
| 3 Doug Bamford        | 35:07 |
| 4 Bob Myers           | 35:09 |
| 5 Joseph McDevitt Jr. | 35:17 |
| 6 Kenneth Mattson     | 35:23 |
| 7 Sheldon Clark       | 35:34 |
| 8 Greg Ryan Jr.       | 34:41 |
| 9 Bob Galloway        | 35:45 |
| 10 Myron Nevraumont   | 35:50 |
| 27 Linda Skinner      | 39:52 |
| 37 Kristan Martin     | 40:45 |
| 44 Marion Irvine      | 42:10 |

## Indian Valley X-C

From JIM PLATT

March 21, Novato. 5.0 miles.

|   |  |
|---|--|
| <b>Female 12 &amp; Under:</b> 1. Leslie Skarhaug (Novato) 45:02. <b>Female 13-15:</b> 1. Lisa Buckley (Novato) 38:43. <b>Female 16-19:</b> 1. Robin MacSwain (San Rafael) 33:02; 2. Nancy Reese (San Rafael) 35:58; 3. Marcy Holzang (San Rafael) 37:01. <b>Female 20-29:</b> 1. Betsy Potter (Novato) 39:31; 2. Debbie Hannaford (Tiburon) 39:41. <b>Female 30-34:</b> 1. Terri Kayser (Novato) 37:26; 2. Bev Dunderdale (Novato) 39:38; 3. Melody Castro (Novato) 39:48. <b>Female 35-39:</b> 1. Barbara Magid (Mill Valley) 37:23; 2. Elaine Parliman (San Rafael) 39:20; 3. Maureen Wittman (Novato) 41:24. <b>Female 40-49:</b> 1. Kathryn Singer (Novato) 35:39; 2. Marty Maricle (San Francisco) 36:24; 3. Kay Martin (San Anselmo) 40:44. <b>Female 50 &amp; Over:</b> 1. Cecelia Payen |  |
|---|--|

## Napa Marathon

From CHUCK HALL





**Sponsored By:**  
City of La Palma  
Automatic Data Processing, Inc.  
Royal Crown/Schweppes

#### Course:

S.P.A.A.U. Sanctioned Flat and Fast Asphalt Streets 5K Run (1 loop, 3.1 Miles), 10K Run (2 loops, 6.2 Miles). Split Times at each mile. Electronic Finish Timing with Digital Display Clock.

#### Entry Fees:

\$7.00 - Includes Entry Fee & Commemorative shirt for all 5K and 10K Finishers. Must attend race to receive shirt.  
\$3.00 - Race Entry Only (No Shirt)  
\$18.00 - Family Plan - 3 Members of immediate family  
\$24.00 - Family Plan - 4-5 Members of immediate family  
Late Entry, received after June 26  
\$4.00 - Race Only (No Shirt)  
\$9.00 - Race & Shirt (If Available)

#### Time Schedule:

6:45 a.m. - 7:30 a.m.: Check-in  
7:45 a.m.: Merchandise Drawing for all pre-registered runners.  
8:00 a.m.: Sharp: Start 5K & 10K Run  
8:45 a.m.: Entertainment  
9:30 a.m.: Awards Ceremony

#### Registration:

Entries will be limited to 2000 participants. Pre-registration required by FRIDAY, JUNE 26 to receive commemorative shirt. For further information call the La Palma Recreation Department at (714) 522-6740.

|    |                         |       |
|----|-------------------------|-------|
| 9  | Jeff Brueggemann 3-open | 22:56 |
| 10 | Renee Wyckoff 1-open F  | 23:01 |
| 11 | Frank Padillo 2-40      | 23:10 |
| 21 | Tanis Ryzebol 2-open F  | 25:12 |
| 31 | Bob Lehman 1-60         | 26:44 |
| 36 | Chuck Freuler 1-50      | 27:17 |
| 37 | Kenneth Takeuchi 2-50   | 27:26 |
| 46 | Deon Stockton 1-17&U F  | 28:28 |
| 63 | Sue Takayama 1-50 F     | 33:59 |



## Marina Freeway 10K Run

By LOUIS HIRSCH

Few people normally have the opportunity of running on a freeway. But on this day, about 3200 runners got that chance in the third running of the Tree People's Marina Freeway 10K. Just like any major traffic jam, when things started just after 8:00, many people on the freeway forgot to signal lane changes, tailgated, and rear-ended. One of those who was able to work clear of these illegal goings-on was John Koningh. He accelerated quickly from the gun and took control of the race. At the turnaround point of the out-and-back course, it became a bit messy as the leaders headed back into the oncoming mob. The leaders just did avoid some head-on collisions. With about 2 miles to go Daniel Predmore caught up with Koningh and victory was now up for grabs. But Koningh, seemingly uncaring, "put the pedal to the metal" with about a quarter of a mile to go and beat Predmore by 6 seconds, while setting a new course record. Koningh was supposed to have been at the World Cross Country Meet, but circumstances kept him in the L.A. area and it appears to be all for the better. He is currently working hard to get through chiropractic school and to be able to run a sub-four minute mile by the end of the season, which would be appropriate, considering that he runs for the Sub-4 Track Club. Ruth Caldwell successfully made it through the heavy traffic to win the women's division in 34:24, probably a course record. After the race she continued to move fast enough to avoid this reporter from talking to her. Fifteen year old Katie Dunsmuir, who is unaffiliated and virtually uncoached, ran a sparkling 39:39.2 to take second place honors, just nosing out Julie McKinney, who was credited with the same time.

#### Results:

| MEN        |                   |         |
|------------|-------------------|---------|
| 12 & under |                   |         |
| 1          | Richard Mario     | 39:07.4 |
| 2          | Ahmed Aboa Zanzan | 41:46.5 |
| 3          | Doug Aitken       | 42:36.4 |
| 13-15      |                   |         |
| 1          | Robert Ramirez    | 34:56.8 |
| 2          | Donald Young      | 36:05.2 |
| 3          | Doug Sullivan     | 37:24.9 |
| 16-18      |                   |         |
| 1          | Ed Allrunner      | 32:41.2 |
| 2          | Claudio Ayestas   | 33:21.0 |
| 3          | Chris Noonan      | 34:50.3 |

|       |                 |           |
|-------|-----------------|-----------|
| 2     | Dee MacLeod     | 42:01.1   |
| 3     | Suzanne Miller  | 43:21.4   |
| 35-39 |                 |           |
| 1     | Harolene McLean | 42:06.3   |
| 2     | Susan Oberding  | 42:37.8   |
| 3     | Anna Lewin      | 45:41.4   |
| 40-44 |                 |           |
| 1     | Lisa Newman     | 44:47.8   |
| 2     | Marion Seaman   | 45:50.9   |
| 3     | Elsa Nilsson    | 48:42.5   |
| 45-49 |                 |           |
| 1     | Atsuko Fujimoto | 48:14.3   |
| 2     | Joy C. Thorton  | 54:44.9   |
| 3     | Carolyn R. Carr | 56:33.0   |
| 50-54 |                 |           |
| 1     | Colleen Jones   | 44:30.2   |
| 2     | Joyce Boedecker | 55:10.9   |
| 3     | Pat Reed        | 56:00.7   |
| 55-59 |                 |           |
| 1     | Villa Hancock   | 52:35.8   |
| 2     | Helga R. Carden | 54:56.3   |
| 3     | Easter Yee      | 55:45.7   |
| 60+   |                 |           |
| 1     | Edith Carlisle  | 54:56.7   |
| 2     | Priscilla Libby | 58:28.3   |
| 3     | Dorothy Busk    | 1:10:58.9 |

## Napa Marathon

From CHUCK HALL

#### March 8, Napa.

##### Women 20-29:

|   |                                |         |
|---|--------------------------------|---------|
| 1 | Susan Blake (San Fran, 26)     | 3:08:44 |
| 2 | Mo Sprout (Weimar, 29)         | 3:10:45 |
| 3 | Marilyn Mendle (Greenbrae, 26) | 3:13:48 |

##### Women 30-39:

|   |                             |         |
|---|-----------------------------|---------|
| 1 | Florianne Harp (Mill V, 32) | 2:52:28 |
| 2 | Linda Skinner (Albany, 33)  | 3:04:38 |
| 3 | Diane Young (Saratoga, 38)  | 3:04:52 |
| 4 | Carol Stroud (Saratoga, 39) | 3:04:52 |
| 5 | Hilary Naylor (Oakland, 34) | 3:06:18 |

##### Women 40-49:

|   |                                 |         |
|---|---------------------------------|---------|
| 1 | Marilynn Harbin (Martinez, 43)  | 2:54:46 |
| 2 | Kathryn Singer (Novato, 40)     | 3:13:45 |
| 3 | Margaret Oakes (Healdsburg, 45) | 3:19:01 |

##### Women 50-59:

|   |                         |         |
|---|-------------------------|---------|
| 1 | Erma Baker (Angwin, 52) | 3:41:47 |
|---|-------------------------|---------|

##### Women 60 & Over:

|   |                              |         |
|---|------------------------------|---------|
| 1 | Mavis Lindgren (Orleans, 73) | 4:34:08 |
|---|------------------------------|---------|

##### Men 19 & Under:

|   |                              |         |
|---|------------------------------|---------|
| 1 | Mike Warr (Carmichael, 19)   | 2:31:28 |
| 2 | Ernest Price (Berkeley, 18)  | 2:49:10 |
| 3 | Ed Ettinghausen (Angwin, 18) | 3:01:18 |

##### Men 20-29:

|    |                                 |         |
|----|---------------------------------|---------|
| 1  | Doug McLean (Palo Alto, 27)     | 2:24:54 |
| 2  | Peter Leach (Portland, OR, 27)  | 2:29:31 |
| 3  | John Hart (Richmond, 25)        | 2:29:31 |
| 4  | David Kadish (San Fran, 28)     | 2:31:32 |
| 5  | David Mulela (Vallejo, 28)      | 2:33:34 |
| 6  | Lloyd George (Castro Val, 24)   | 2:39:17 |
| 7  | Mark Samuelson (Stockton, 27)   | 2:39:55 |
| 8  | David Unger-Smith (San Pab, 29) | 2:40:52 |
| 9  | Mark Levy (Berkeley, 23)        | 2:44:22 |
| 10 | Michael Fransich (Scotts V, 28) | 2:44:36 |
| 11 | Ken Pilcock (Concord, 20)       | 2:44:58 |
| 12 | John King (Cotati, 28)          | 2:45:48 |
| 13 | John Myers (Angwin, 23)         | 2:46:20 |
| 14 | Louise Garcia (S. Rosa, 24)     | 2:46:25 |
| 15 | Henry Wald (Medford, OR, 28)    | 2:46:31 |

##### Men 30-39:

|    |                               |         |
|----|-------------------------------|---------|
| 1  | Robert Clay (L. Lake, 33)     | 2:31:45 |
| 2  | Pat Becker (Portland, OR, 39) | 2:32:45 |
| 3  | Jasper Kirby (Mt. View, 32)   | 2:33:43 |
| 4  | Steven Frisk (Benicia, 35)    | 2:33:46 |
| 5  | James Gibbons (Willits, 36)   | 2:37:14 |
| 6  | James Owen (Palo Alto, 33)    | 2:38:16 |
| 7  | Bill Fanning (Cloverdale, 35) | 2:38:38 |
| 8  | Jack Leydig (San Mateo, 37)   | 2:38:51 |
| 9  | Lloyd Sampson (Berkeley, 37)  | 2:38:59 |
| 10 | Ken Drew (San Jose, 31)       | 2:39:31 |

## Indian Valley X-C

From JIM PLATT

#### March 21, Novato. 5.0 miles.

**Female 12 & Under:** 1. Leslie Skarhaug (Novato) 45:02. **Female 13-15:** 1. Lisa Buckley (Novato) 38:43. **Female 16-19:** 1. Robin MacSwain (San Rafael) 33:02; 2. Nancy Reese (San Rafael) 35:58; 3. Marcy Holzang (San Rafael) 37:01. **Female 20-29:** 1. Betsy Potter (Novato) 39:31; 2. Debbie Hannaford (Tiburon) 39:41. **Female 30-34:** 1. Terri Kayser (Novato) 37:26; 2. Bev Dunderdale (Novato) 39:38; 3. Melody Castro (Novato) 39:48. **Female 35-39:** 1. Barbara Magid (Mill Valley) 37:23; 2. Elaine Parlman (San Rafael) 39:20; 3. Maureen Wittman (Novato) 41:24. **Female 40-49:** 1. Kathryn Singer (Novato) 35:39; 2. Marty Maricle (San Francisco) 38:24; 3. Kay Martin (San Anselmo) 40:44. **Female 50 & Over:** 1. Cecelia Payen (Novato) 46:32.

**Male 12 & Under:** 1. Eric Wegerbauer (Marshall) 35:23. **Male 13-15:** 1. Craig Wilson (Novato) 29:21; 2. Dennis Gray (Novato) 31:11. **Male 16-19:** 1. Ed Gallagher (San Rafael) 29:51; 2. Josh Rosen (San Rafael) 30:10; 3. Paul Glassmaker (Novato) 30:58. **Male 20-29:** 1. Chuck McMillan (Tiburon) 27:28; 2. Ron Elijah (Novato) 27:30; 3. Peter O'Reilly 28:40; 4. Richard Rice (Marshall) 30:14; 5. Louis Garcia (Santa Rosa) 30:24. **Male 30-34:** 1. Randy Belzer (Marshall) 28:36; 2. John Cobourn (San Rafael) 29:52; 3. Allan Stanbridge (Burlingame) 30:33. **Male 35-39:** 1. Bruce Degen (Bohinas) 27:35; 2. Peter Laskier (Mill Valley) 29:56; 3. John Stafsnes (Fairfax) 30:16. **Male 40-49:** 1. Darryl Beardall (Santa Rosa) 28:22; 2. Roger Daniels (Novato) 29:54; 3. Roger Whitewater (San Francisco) 30:12. **Male 50 & Over:** 1. Don Pickett (Tiburon) 32:59; 2. Dave Olson (Lucas Valley) 34:56.

## Vichy Springs Ribbon Runs

#### March 22, Napa.

##### Two Mile:

|    |                              |       |
|----|------------------------------|-------|
| 1  | Jack Kegg (Petaluma)         | 11:07 |
| 2  | Jerry Bourne (Sonoma)        | 11:31 |
| 3  | Tom Spence (Napa)            | 11:39 |
| 4  | E.G. Blackburn (Angwin) 1-40 | 11:40 |
| 8  | Nina Beatie (Napa) 1-F       | 12:45 |
| 16 | Bob Connor (Napa) 1-50       | 15:09 |
| 19 | Michele Blackwell (Napa) 2-F | 15:32 |

##### Four Mile:

|    |                               |       |
|----|-------------------------------|-------|
| 1  | Steve Zanetell (Yountville)   | 24:09 |
| 2  | Glynn Stanley (Napa)          | 24:27 |
| 3  | Joe Dana (Fairfield) 1-40     | 24:44 |
| 19 | George Grammens (Napa) 1-50   | 30:55 |
| 22 | Hisae Reichel (Oakland) 1-40F | 32:48 |
| 24 | Mary Ervin (El Sobrante) 2-F  | 34:00 |

##### Eight Mile:

|    |                               |       |
|----|-------------------------------|-------|
| 1  | Roy Hoglund (Vacaville)       | 42:22 |
| 2  | Steve Frisk (Benicia)         | 43:50 |
| 3  | Lou Daugherty (Napa) 1-40     | 48:49 |
| 16 | Michael Tselentis (Napa) 1-50 | 62:00 |
| 20 | Melinda Dittman (Napa) 1-F    | 67:24 |



## Golden State Women's Series

From SUZI CLARK

### March 22, Davis, 10 Kilometer.

|                           |       |
|---------------------------|-------|
| 1 Jolie Houston (24)      | 37:24 |
| 2 Sharlet Gilvert (29)    | 37:44 |
| 3 Kathy Priefer (21)      | 38:45 |
| 4 Vicki Randall (23)      | 38:51 |
| 5 Katherine Virostko (23) | 39:05 |
| 10 Joan Reiss (43)        | 40:34 |
| 17 Ruth Anderson (51)     | 42:44 |
| 5 Kilo Run:               |       |
| 1 Bridget Hoppe (20)      | 20:51 |
| 2 Judy Wessel (36)        | 23:04 |

## Mercury News 10K

March 22, San Jose.

### TOP MALE

|                      |         |
|----------------------|---------|
| 1. Duncan MacDonald  | 29:11.1 |
| 2. Domingo Tibaduza  | 29:34   |
| 3. Michael Layman    | 29:37   |
| 4. Rich Langford     | 29:52   |
| 5. Brian Maxwell     | 29:58   |
| 6. Miguel Tibaduza   | 30:06   |
| 7. Mitch Kingery     | 30:11   |
| 8. Mike Porter       | 30:13   |
| 9. Denis O'Halloran  | 30:17   |
| 10. Emil Magallanes  | 30:18   |
| 11. Rudy Munoz       | 30:20   |
| 12. Matt Yeo         | 30:28   |
| 13. Mike McCallum    | 30:32   |
| 14. Mike Pinocci     | 30:34   |
| 15. Star Gentry      | 30:34   |
| 16. M. Cassidy       | 30:40   |
| 17. Ron Ysaia        | 30:41   |
| 18. Richard Kimball  | 30:45   |
| 19. Paul Sechrest    | 30:55   |
| 20. Hugh Stahl       | 30:56   |
| 21. Peanut Harms     | 31:01   |
| 22. John Mansdor     | 31:03   |
| 23. Tom Laris (40)   | 31:03   |
| 24. Chuck Cathey     | 31:07   |
| 25. Tony Ramirez     | 31:08   |
| 26. Doug McLean      | 31:13   |
| 27. Tim Gruber       | 31:14   |
| 28. Skip Brown       | 31:15   |
| 29. Steve Palladino  | 31:17   |
| 30. Bryan Foley      | 31:18   |
| 31. John Embody      | 31:19   |
| 32. Gary Nitti       | 31:19   |
| 33. Gary Goettelmann | 31:20   |
| 34. Steven Chase     | 31:21   |
| 35. Matthew Bruni    | 31:25   |
| 36. William Searer   | 31:30   |
| 37. James Tracy      | 31:32   |
| 38. Bill Clark       | 31:37   |
| 39. Brian Abshire    | 31:44   |
| 40. Jesse Torres     | 31:53   |
| 41. Steve Kodo       | 31:55   |
| 42. Ferne Fernandez  | 31:57   |
| 43. Jewett           | 31:59   |
| 44. Joaquin Fritz    | 32:00   |
| 45. Stacey Geiken    | 32:00   |
| 46. Rich Read        | 32:06   |
| 47. Steve Lanker     | 32:06   |
| 48. Mark Hines       | 32:14   |
| 49. Baker            | 32:17   |
| 50. Stuart Jenkins   | 32:18   |

### TOP FEMALE

|                        |         |
|------------------------|---------|
| 1. Michele Aubuchon    | 34:43.5 |
| 2. Teresa Barrios (15) | 36:40   |
| 3. Carol Gleason       | 37:08   |
| 4. Dehl Koetter        | 37:25   |
| 5. Jessica Spies       | 37:44   |
| 6. Irene Crowley       | 38:10   |
| 7. Carol Stroud        | 38:21   |

|                       |         |
|-----------------------|---------|
| 3 James Urcolo        | 32:01   |
| 4 Ron Gee             | 32:04   |
| Male                  | 35:45:  |
| 1 Gabriel Bernal (42) | 32:52   |
| 2 P. Ponce (35)       | 34:26   |
| 3 Frank Zaragoza (35) | 35:22   |
| Male 46-55:           |         |
| 1 Walt Windsor (49)   | 33:55   |
| 2 Jim Brownfield (49) | 36:42   |
| Female 11-13:         |         |
| 1 Vonnelle Brown      | 38:06   |
| Female 14-17:         |         |
| 1 Bobbie Chavez       | 44:20   |
| Female 18-25:         |         |
| 1 Marianne Duffy      | 42:58   |
| 2 Catherine Molina    | 44:30   |
| Female 26-34:         |         |
| 1 Christine Gonzalez  | 43:38   |
| 2 Yolanda Campos      | 44:21   |
| Female 35-45:         |         |
| 1 Mikki Gorman (45)   | 38:00   |
| 2 Nancy Ishino (37)   | 47:45   |
| Female 46-55:         |         |
| 1 Jessie Smith (50)   | 46:00   |
| Female 56-65:         |         |
| 1 Daisy Wong (56)     | 49:01   |
| Female 66 & Over:     |         |
| 1 C. Adney (67)       | 1:06:04 |

## Escondido 10K X-C

From BOB DANIEL

March 28, Escondido. 75 finishers. 2 loop, very hilly course.

Men 18-39: 1. Kevin Heaton (27) 34:59, 2. Will Wester (28) 35:37, 3. Dennis Kasischke (34) 36:32, 4. Don Shannahan (38) 36:41, 5. Dan Dierken (31) 37:10. Women 18-39: 1. Kathy Askin (25) 46:20. Men 40-49: 1. John Van Dyke (45) 42:08, 2. Harry Mollgaard (41) 42:53, 3. T.R. Eddy (47) 43:43. Women 40-49: 1. Jo Wichary (44) 45:06, 2. Faye Heldoorn (44) 47:42. Men 50-59: 1. Bill Stock (51) 40:34, 2. Don Hegerle (50) 42:54, 3. Rudy Iglesias (56) 43:48. Women 50-59: 1. Nicki Hobson (50) 47:27, 2. Mary Storey (56) 48:12. Men 60 & Over: 1. Don Dilworth (61) 48:21. Women 60 & Over: 1. Judy Simon (65) 66:13.

## IAAF World Cross Country Championships

March 28, Madrid Spain.

|  |       |
|--|-------|
| Men 12,000 meters:                           |       |
| 1 Craig Virgin (USA)                         | 35:05 |
| 2 Mohamed Kadir (ETH)                        | 35:07 |
| 3 Fernando Mamede (POR)                      | 35:09 |
| 4 Julian Goater (ENG)                        | 35:13 |
| 5 Antonio Prieto (ESP)                       | 35:18 |
| 6 Robert DeCastella (AUS)                    | 35:20 |
| 7 Berhan Girma (ETH)                         | 35:22 |
| 8 Thom Hunt (USA)                            | 35:23 |
| 9 Alexf Hagelsteens (BEL)                    | 35:24 |
| 10 Pierre Levisse (FRA)                      | 35:26 |
| 11 Rod Dixon (NZL)                           | 35:30 |
| 17 Mark Nenow (USA)                          | 35:42 |
| 18 Bill Donakowski (USA)                     | 35:42 |
| 19 Bruce Bickford (USA)                      | 35:42 |
| 40 Bill Britton (CAN)                        | 36:05 |
| 51 George Malley (USA)                       | 36:12 |
| 63 Dan Dillon (USA)                          | 36:20 |
| 80 Mike McGuire (USA)                        | 36:30 |
| 103 Mark Muggleton (USA)                     | 36:50 |
| Team Scores: Ethiopia 81, United States 114, |       |

|                               |       |
|-------------------------------|-------|
| 9 Roy Hoglund (24)            | 33:23 |
| 10 Daniel Martinez (20)       | 33:30 |
| 11 Dan Anderson (25)          | 33:33 |
| 12 Brad Hawthorne (25)        | 33:38 |
| 13 Jeff Grubbs                | 33:39 |
| 14 Matthew Dawling (22)       | 33:57 |
| 15 Sal Vasquez (41)           | 34:03 |
| 16 Harvey Franklin (37)       | 34:08 |
| 17 Scott Marcodda (16-18)     | 34:26 |
| 18 Jeff Rawlings (35)         | 34:29 |
| 19 Daniel Brown (25/29)       | 34:32 |
| 20 Doug Butt (36)             | 34:51 |
| 21 Mike Emry (24)             | 35:04 |
| 22 Ronald Sample (34)         | 35:13 |
| 23 Steve Krotoski (16-18)     | 35:18 |
| 24 Paul Hill (17)             | 35:29 |
| 25 Bradley Kearns (27)        | 35:33 |
| 36 Myron Nevraumont (46)      | 36:21 |
| 55 Donal Coghlan (51)         | 37:27 |
| 77 Leslie McMullin (30) 1-F   | 38:38 |
| 83 Amil St. Augustine (57)    | 39:05 |
| 128 Juana Stavolone (35) 2-F  | 40:21 |
| 134 Kristan Martin (22) 3-F   | 40:29 |
| 144 Joni Mooney (15) 4-F      | 40:45 |
| 161 Wanda Bailey (11) 5-F     | 41:21 |
| 164 Mary Elpert (28) 6-F      | 41:28 |
| 171 Karen Himenes (13) 7-F    | 41:42 |
| 176 Carol Granados (28) 8-F   | 41:48 |
| 177 Kim Himenes (13) 9-F      | 41:49 |
| 180 Nora Crans (30) 10-F      | 41:55 |
| 301 Jill Plummer (46) 1-45 F  | 45:28 |
| 307 Frank Cuzzillo (65)       | 45:33 |
| 320 Nora Smuiga (44) 1-40 F   | 45:50 |
| 325 Troy Gorge (61)           | 45:56 |
| 512 Luisa Hansen (53) 1-50 F  | 52:08 |
| 668 Eleanor Thune (61) 1-60 F | 68:19 |

## Pinole Marathon

From STEVE JUSTICE

March 29, Pinole.

|                                    |         |
|------------------------------------|---------|
| 1 Virginio De Araujo (San Fran)    | 2:36:23 |
| 2 David Nieman (Angwin) 1-30       | 2:41:55 |
| 3 Ted Wile (Monterey) 2-30         | 2:44:25 |
| 4 Dwight Hendrix (Lafayette)       | 2:44:33 |
| 5 Allan Smith (Pinole)             | 2:45:21 |
| 6 Mark Driscoll (San Jose) 3-30    | 2:47:39 |
| 7 Curtis Turney (R. Cordova)       | 2:47:51 |
| 8 Dennis Urtiaga (Union C) 4-30    | 2:49:26 |
| 9 John Notch (Oakland) 5-30        | 2:50:06 |
| 10 Dan Williams (Lafayette)        | 2:51:02 |
| 11 Bill Stolp (Lafayette)          | 2:51:02 |
| 12 Greg Yamanaka (Oakland)         | 2:53:15 |
| 13 Ralph Duckett (Hayward) 6-30    | 2:54:20 |
| 14 Pat Shaughnessy (Pinole)        | 2:55:03 |
| 15 Rich Whitewater (SSF) 1-40      | 2:55:28 |
| 17 Ben Sawyer (Santa Cruz) 2-40    | 2:57:03 |
| 23 Jack Byrd (Antioch) 3-40        | 3:01:19 |
| 37 Eileen Clausus (Sacto) 1-F      | 3:15:23 |
| 40 Heidi Skaden-Poyser (Sacto) 40F | 3:17:21 |
| 42 Valerie Doyle (Berkeley) 1-30 F | 3:18:02 |
| 48 Joan Reiss (Sacto) 2-40 F       | 3:20:29 |
| 50 Debbie Bispo (Sacto) F          | 3:22:09 |
| 55 Ruth Anderson (Oakland) 3-40    | 3:23:19 |

## Moorpark Scramble

From NORM CHUNG

March 29, Moorpark.

5 Kilometer Run:

|   |  |
|---|--|
| MEN: 9 & Under: 1. Craig Cieslik 20:52.         |  |
| 10-13: 1. Richard Mareno 18:28, 2. Tony         |  |
| Jasamillo 18:41, 14-18: 1. Steven Dietch 15:35, |  |
| 2. Donald Young 17:10, 19-29: 1. Ron Ysaia      |  |
| 14:44, 2. Steve Blum 15:01, 3. Peter Moore      |  |
| 15:56, 4. Mark Kinsbury 16:11, 30-39: 1. Pete   |  |
| McJordetema 17:31, 2. Harvey Mahler 19:25,      |  |

|                      |         |
|----------------------|---------|
| 2 Yvonne Yanke       | 38:34   |
| 3 Anna Lisa Giorgini | 37:03   |
| 30-39:               |         |
| 1 Kay Harpold        | 37:10   |
| 2 Audrey Burns       | 37:30   |
| 3 Virginia Treadway  | 38:18   |
| 40-49:               |         |
| 1 Jennifer Wright    | 38:19   |
| 2 Christa Romppanen  | 39:40   |
| 3 Dianne Stocklin    | 40:04   |
| 50-59:               |         |
| 1 Anne Johnson       | 40:46   |
| 2 Nicki Hobson       | 41:57   |
| 3 Ruth Pogue         | 45:55   |
| 60 & over:           |         |
| 1 Gerry Davidson     | 51:33   |
| 2 Judy Simon         | 55:33   |
| 3 Eunice Webster     | 1:01:43 |
| 1175 finishers/      |         |

## Magical Musical Marathon

From JO SUMNER

The 1981 Magical Musical Marathon took to the historic route from Folsom to Sacramento along the off-street approach-the Jedediah Memorial Bike Trail-also known as the American River Bike Trail. Five hundred and seventy five finished the half marathon (13.1 miles) while two hundred and fifty five finished the full marathon.

Leading the full marathon and new course record holders included: Women's Overall winner Sacramento's Debbie Bispo in 3 hours and 8 minutes followed by Lauren Syda (3:10) and Kay Johnson (3:29). The Men's Overall winner was none other than Gregg Jewett with a fast 2 hours and twenty seven minutes followed by Ronny Harries (2:42) and Karl Yamauchi (2:44).

Winners for the half marathon were in the women's division: Sharlet Gilbert (1:29) followed by Joan Reiss (1:26) and Krisi Hathhorn (1:27) while leading the men were from Davis Edward Schelegle in 1 hour and 8 minutes followed by Eric Winje (1:11) and Chris Hadley (1:11:42).

The youngest finisher was eight year old Ralph Scott, Jr. from Sacramento in a time of 5 hours and 42 minutes.

Half Marathon:

|                          |         |
|--------------------------|---------|
| 1 Edward S. Schelegle    | 1:08:10 |
| 2 Eric Winje             | 1:11:14 |
| 3 Chris Hadley           | 1:11:42 |
| 4 Chris Turney           | 1:11:52 |
| 5 Michael Cunningham     | 1:13:08 |
| 6 Steve Nygaard          | 1:14:11 |
| 7 Frank Krebs            | 1:15:10 |
| 8 Bill Stainbrook        | 1:15:37 |
| 9 Dannie Cabitac         | 1:15:39 |
| 10 Lucas Munoz           | 1:15:54 |
| 11 J. K. Pedrotti        | 1:16:25 |
| 12 Edward Cavazos        | 1:16:57 |
| 13 Robyn W. Graves       | 1:17:45 |
| 14 Rick Edson            | 1:17:45 |
| 15 Tim Ross              | 1:18:38 |
| 21 Robert Malain 1-50    | 1:20:31 |
| 24 Sharlet Gilbert 1F    | 1:21:04 |
| 27 Jim Drake 1-40        | 1:21:42 |
| 34 Kenneth Schwisow 2-40 | 1:22:56 |
| 54 Joan Reiss 1-40F      | 1:26:59 |
| 58 Krisi Hathhorn        | 1:27:06 |
| 84 Pam Royer 1-30F       | 1:31:20 |
| 100Hal Stainbrook 2-50   | 1:32:47 |
| 469Eric Garrett 1-60     | 2:02:43 |
| 568Peggy Feiten 1-60     | 2:34:18 |

## Whittier YMCA Legg Lake Park 5K & 10K

April 4, Whittier.

|                       |       |
|-----------------------|-------|
| 5K                    |       |
| Male 9&u              |       |
| 1 William Weister     | 22:23 |
| Male 10-15            |       |
| 1 Raul Serratos       | 16:51 |
| Male 16-19            |       |
| 1 Enrique Serratos    | 16:09 |
| Male 20-24            |       |
| 1 Dennis Forthoffer   | 15:20 |
| Male 25-29            |       |
| 1 Peter Mogg          | 16:02 |
| Male 30-34            |       |
| 1 Peter Rice          | 16:59 |
| Male 35-39            |       |
| 1 Tom Nelson          | 17:05 |
| Male 40-44            |       |
| 1 Skip Shaffer        | 16:36 |
| Male 45-49            |       |
| 1 Walt Windsor        | 17:03 |
| Male 50-54            |       |
| 1 Jerry Withers       | 18:07 |
| Male 55-59            |       |
| 1 Leonard Kulbacki    | 19:39 |
| Male 60-65            |       |
| 1 Herman Myers        | 29:30 |
| Male 66 & over        |       |
| 1 David Bender        | 28:23 |
| Female 9&u            |       |
| 1 Velma Velade        | 28:57 |
| Female 10-15          |       |
| 1 Patricia Flores     | 20:40 |
| Female 16-19          |       |
| 1 Maryellen Bayardo   | 19:42 |
| Female 20-24          |       |
| 1 Sherry Simmons      | 18:27 |
| Female 25-29          |       |
| 1 Lorraine Ordaz      | 20:41 |
| Female 30-34          |       |
| 1 Lynda Huey          | 22:12 |
| Female 35-39          |       |
| 1 Sheila Hasham       | 21:52 |
| Female 40-44          |       |
| 1 Marie Villalobos    | 27:49 |
| Female 45-49          |       |
| 1 Jacqueline De Rieux | 26:09 |
| Female 50-54          |       |
| 1 Mae Myers           | 25:13 |
| Female 55-59          |       |
| 1 Katie Enriquez      | 35:26 |
| 10K                   |       |
| Male 9&u              |       |
| 1 Gary Schneider      | 48:39 |
| Male 10-15            |       |
| 1 Adam Colon          | 38:46 |
| Male 16-19            |       |
| 1 Jeff Mullican       | 34:46 |
| 2 David Rosas         | 35:08 |
| Male 20-24            |       |
| 1 Larry Hayden        | 32:45 |
| 2 Carlos Medina       | 33:25 |
| Male 25-29            |       |
| 1 Richard Govi        | 31:59 |
| 2 Bill Avila          | 33:29 |
| 3 Jim Ursulo          | 34:15 |
| 4 Charlee Padilla     | 34:39 |
| 5 Leslie Caldera      | 34:58 |
| Male 30-34            |       |
| 1 Joe Alvarado        | 34:32 |
| 2 Frank Meza          | 36:16 |
| 3 Robert Lopez        | 36:21 |
| Male 35-39            |       |
| 1 Donald Padilla      | 36:04 |



|                      |       |
|----------------------|-------|
| 25. Tony Ramirez     | 31:08 |
| 26. Doug McLean      | 31:13 |
| 27. Tim Gruber       | 31:14 |
| 28. Skip Brown       | 31:15 |
| 29. Steve Palladino  | 31:17 |
| 30. Bryan Foley      | 31:18 |
| 31. John Embody      | 31:19 |
| 32. Gary Nitti       | 31:19 |
| 33. Gary Goettelmann | 31:20 |
| 34. Steven Chase     | 31:21 |
| 35. Matthew Bruni    | 31:25 |
| 36. William Searer   | 31:30 |
| 37. James Tracy      | 31:32 |
| 38. Bill Clark       | 31:37 |
| 39. Brian Abshire    | 31:44 |
| 40. Jesse Torres     | 31:53 |
| 41. Steve Kodo       | 31:55 |
| 42. Ferne Fernandez  | 31:57 |
| 43. Jewett           | 31:59 |
| 44. Joquin Fritz     | 32:00 |
| 45. Stacey Geiken    | 32:00 |
| 46. Rich Read        | 32:04 |
| 47. Steve Lanker     | 32:06 |
| 48. Mark Hines       | 32:14 |
| 49. Baker            | 32:17 |
| 50. Stuart Jenkins   | 32:18 |

## TOP FEMALE

|                          |         |
|--------------------------|---------|
| 1. Michele Aubuchon      | 34:43.5 |
| 2. Teresa Barrios (15)   | 36:40   |
| 3. Carol Gleason         | 37:08   |
| 4. Dahl Koetter          | 37:25   |
| 5. Jessica Spies         | 37:44   |
| 6. Irene Crowley         | 38:10   |
| 7. Carol Stroud          | 38:21   |
| 8. Therese Fisher (15)   | 38:53   |
| 9. Juana Stavolone       | 39:06   |
| 10. Nanette Garcia (15)  | 39:16   |
| 11. P. Ramirez           | 39:31   |
| 12. Kimbi Hamer          | 39:38   |
| 13. K. Himmelberger      | 39:51   |
| 14. Pearl Anit           | 40:01   |
| 15. Diane Young          | 40:13   |
| 16. Sue Grigaby          | 40:17   |
| 17. R. Chamberlain (16)  | 40:27   |
| 18. Kathleen Bonnet (15) | 40:28   |
| 19. Shariene Rogers (15) | 40:29   |
| 20. J. Gustafson         | 40:31   |
| 21. Teresa Rementer      | 40:40   |
| 22. Carol Carbaugh       | 40:48   |
| 23. Connie Buckler (15)  | 41:12   |
| 24. Eileen Cunningham    | 41:15   |
| 25. Christina Callas     | 41:19   |
| 26. Sheri McCarroll      | 41:21   |
| 27. Jerilyn Getz         | 41:26   |
| 28. Kristine Morrells    | 42:04   |
| 29. Valerie Eberly       | 42:11   |
| 30. Rachel Lester        | 42:14   |

## 10K-arat Gold Run

Monterey Park. March 28.

|                         |       |
|-------------------------|-------|
| Male 7 & under:         |       |
| 1 Ralph Tapia           | 50:40 |
| Male 8-10:              |       |
| 1 James Brown           | 38:22 |
| Male 11-13:             |       |
| 1 Sammy Gutierrez       | 40:48 |
| Male 14-17:             |       |
| 1 Raul Serratos         | 33:50 |
| 2 John Morales          | 33:54 |
| 3 Marty Spalka          | 34:17 |
| Male 18-25:             |       |
| 1 Joseph Avila          | 31:12 |
| 2 Enrique Serratos      | 32:52 |
| 3 Henry Nunez           | 33:00 |
| 4 John Aravjo           | 33:24 |
| 5 Kai Brown             | 33:26 |
| Male 56-65:             |       |
| 1 Leonard Kulbacki (56) | 39:15 |
| Male 66 & over:         |       |
| 1 John Thomson (69)     | 52:34 |
| Male 26-34:             |       |
| 1 Mike Ruffatto         | 30:00 |
| 2 Ben Martinez          | 30:04 |

## IAAF World Cross Country Championships

March 28, Madrid Spain.

|   |       |
|---|-------|
| Men 12,000 meters:  |       |
| 1 Craig Virgin (USA)  | 35:05 |
| 2 Mohamed Kadir (ETH)   | 35:07 |
| 3 Fernando Mamede (POR)   | 35:09 |
| 4 Julian Goater (ENG)   | 35:13 |
| 5 Antonio Prieto (ESP)  | 35:18 |
| 6 Robert DeCastella (AUS)   | 35:20 |
| 7 Berhan Girma (ETH)  | 35:22 |
| 8 Thom Hunt (USA)   | 35:23 |
| 9 Alexf Hagelsteens (BEL)   | 35:24 |
| 10 Pierre Levisse (FRA)   | 35:26 |
| 11 Rod Dixon (NZL)  | 35:30 |
| 17 Mark Nenow (USA)   | 35:42 |
| 18 Bill Donakowski (USA)  | 35:42 |
| 19 Bruce Bickford (USA)   | 35:42 |
| 40 Bill Britton (CAN)   | 36:05 |
| 51 George Malley (USA)  | 36:12 |
| 63 Dan Dillon (USA)   | 36:20 |
| 80 Mike McGuire (USA)   | 36:30 |
| 103 Mark Muggleton (USA)  | 36:50 |
| Team Scores: Ethiopia 81, United States 114, Kenya 220, Spain, Australia. |       |

|                              |       |
|------------------------------|-------|
| Women 4410 meters:           |       |
| 1 Grete Waitz (NOR)          | 14:07 |
| 2 Jan Merrill (USA)          | 14:22 |
| 3 Yelena Sipatova (URS)      | 14:22 |
| 4 Agnese Possamai (ITA)      | 14:25 |
| 5 Tatyana Sycheva (URS)      | 14:25 |
| 6 Betty Springs (USA)        | 14:28 |
| 7 Svyetlana Ulmasova (URS)   | 14:28 |
| 8 Debbie Scott (CAN)         | 14:31 |
| 9 Tatyana Pozdanyakova (URS) | 14:34 |
| 10 Asuncion Sinovas (ESP)    | 14:38 |
| 13 Julie Shea (USA)          | 14:41 |
| 15 Mary Shea (USA)           | 14:42 |
| 17 Lynn Kanuka (CAN)         | 14:47 |
| 30 Brenda Webb (USA)         | 15:02 |
| 36 Francie Larrieu (USA)     | 15:02 |

Team Scores: 1. Soviet Union 24, 2. United States 36, 3. Italy 89, 4. New Zealand 90, 5. Canada 96.

Junior Men:

|                          |       |
|--------------------------|-------|
| 1 Mohamed Chouri (TUN)   | 22:04 |
| 2 Yevgeniy Zerbine (URS) | 22:06 |
| 3 Keith Brantly (USA)    | 22:07 |
| 4 George Nicholas (USA)  | 22:08 |
| 5 Paul Davis-Hale (ENG)  | 22:19 |
| 6 John Butler (USA)      | 22:21 |
| 7 Vincent Rousseau (BEL) | 22:23 |
| 8 S. Antibo (ITA)        | 22:29 |
| 9 E. Panetta (ITA)       | 22:31 |
| 10 Chris Hamilton (USA)  | 22:32 |
| 22 Peter Warner (USA)    | 23:01 |
| 23 Michael Pyeatt (USA)  | 23:04 |

Team Scores: 1. United States 23, 2. England 61, 3. Canada 66, 4. Italy 80, 5. Belgium 118.

## Pleasant Hill 10K

March 29, Diablo Valley College.

|                        |       |
|------------------------|-------|
| 1 Gary Tuttle (33)     | 30:42 |
| 2 Chuck Cathey (19)    | 32:17 |
| 3 Gary Goodstein (22)  | 32:18 |
| 4 Colin Rogers (40)    | 32:42 |
| 5 Tim Berry (16)       | 33:10 |
| 6 John Routh, Jr. (26) | 33:11 |
| 7 Dave Peissner (17)   | 33:12 |
| 8 Steve Frisk (35)     | 33:19 |

|                                |         |
|--------------------------------|---------|
| 4 Mark Driscoll (San Jose)     | 3:30    |
| 7 Curtis Turney (R. Cordova)   | 2:47:51 |
| 8 Dennis Urtiaga (Union C)     | 4:30    |
| 9 John Notch (Oakland)         | 5:30    |
| 10 Dan Williams (Lafayette)    | 2:51:02 |
| 11 Bill Stolp (Lafayette)      | 2:51:02 |
| 12 Greg Yamanaka (Oakland)     | 2:53:15 |
| 13 Ralph Duckett (Hayward)     | 6:30    |
| 14 Pat Shaughnessy (Pinole)    | 2:55:03 |
| 15 Rich Whitewater (SSF)       | 1-40    |
| 17 Ben Sawyer (Santa Cruz)     | 2-40    |
| 23 Jack Byrd (Antioch)         | 3-40    |
| 27 Eileen Clausius (Sacto)     | 1-F     |
| 40 Heidi Skaden-Poyser (Sacto) | 40F     |
| 42 Valerie Doyle (Berkeley)    | 1-30 F  |
| 48 Joan Reiss (Sacto)          | 2-40 F  |
| 50 Debbie Bispo (Sacto)        | F       |
| 55 Ruth Anderson (Oakland)     | 3-40    |

## Moorpark Scramble

From NORM CHUNG

March 29, Moorpark.

5 Kilometer Run:

|                   |  |
|-------------------|--|
| MEN: 9 & Under:   | 1. Craig Cieslik 20:52.  |
| 10-13:            | 1. Richard Mareno 18:28, 2. Tony Jasamillo 18:41, 14-18: 1. Steven Dietch 15:35, 2. Donald Young 17:10, 19-29: 1. Ron Ysais 14:44, 2. Steve Blum 15:01, 3. Peter Moore 15:56, 4. Mark Kinsbury 16:11, 30-39: 1. Pete Meindersma 17:31, 2. Harvey Mahler 19:25, 40-49: 1. Jim Knerr 16:27, 2. Len Efron 16:36, 3. Aba Ramirez 17:06, 50 & Over: 1. Dick Durand 17:53, 2. Leonard Walts 18:17. |
| WOMEN: 9 & Under: | 1. Cory Rasey 25:33.   |
| 10-13:            | 1. Debbie Ball 21:14, 2. Mary Bittner 21:31, 14-18: 1. Alison Spielmann 22:46, 2. Sandy Simon 22:49, 19-29: 1. Mary Beth Smith 22:11, 2. Karen Mahan 25:36, 3. Maryanne Godfrey 26:11, 30-39: 1. Wendy Jurutka 22:25, 2. Donna Cort 25:48, 3. Jeanne English 26:08, 40-49: 1. Gloria Lowndes 23:28, 2. Jean Bowers 25:40, 50 & Over: 1. Joyce Boedecker 26:09.                               |

10 Kilometer Run:

|                   |   |
|-------------------|---|
| MEN: 9 & Under:   | 1. Donovan Skidmore 42:46, 10-13: 1. Joel Rapp 41:21, 2. Peter Oviatt 41:42, 14-18: 1. Patrick Cooper 35:15, 2. John Fox 36:23, 19-29: 1. Michael Larson 31:06, 2. Louie Hernandez 33:30, 3. Darins Elnick 34:31, 4. Steve Fairman 36:17, 30-39: 1. Roy Burleson 34:34, 2. Jim Hughes 35:55, 3. Norman Doust 35:58, 40-49: 1. Jim Knerr 35:34, 2. Len Efron 35:44, 3. Aba Ramirez 36:47, 50 & Over: 1. Will Robinson 38:52, 2. Jack Thomas 39:12. |
| WOMEN: 9 & Under: | 1. Lisa Shottliff 51:26.  |
| 10-13:            | 1. Kelley Patterson 44:43, 14-18: 1. Lisa Lital 51:44, 19-29: 1. Kim Moore 46:55, 2. Jane Mack 47:06, 3. Christine Ford 47:18, 30-39: 1. Alvera Sabin 43:28, 2. Juanita West 46:47, 3. Irene Norman 47:00, 40-49: 1. Ingrid Hainline 45:40, 2. Marilyn Kistner 49:08, 50 & Over: 1. Joyce Boedecker 60:23.  |

## Bonne Bell 10K

From BARB RASMUSSEN

April 4, San Diego.

|                    |       |
|--------------------|-------|
| 12 & under         |       |
| 1 Eleanor Uribe    | 40:55 |
| 2 Robin Eager      | 43:32 |
| 3 Tiffany Gorman   | 44:24 |
| 13-17              |       |
| 1 Ruthie Truscott  | 35:35 |
| 2 Ingrid Nissen    | 39:37 |
| 3 Kimberly Sterton | 39:51 |
| 18-29              |       |
| 1 Elizabeth Baker  | 35:02 |

|                          |         |
|--------------------------|---------|
| Half Marathon:           |         |
| 1 Edward S. Schelegle    | 1:08:10 |
| 2 Eerie Winje            | 1:11:14 |
| 3 Chris Hadley           | 1:11:42 |
| 4 Chris Turney           | 1:11:52 |
| 5 Michael Cunningham     | 1:13:08 |
| 6 Steve Nygaard          | 1:14:11 |
| 7 Frank Krebs            | 1:15:10 |
| 8 Bill Stainbrook        | 1:15:37 |
| 9 Dannie Cabitac         | 1:15:39 |
| 10 Lucas Munoz           | 1:15:54 |
| 11 J. K. Pedrotti        | 1:16:25 |
| 12 Edward Cavazos        | 1:16:57 |
| 13 Robyn W. Graves       | 1:17:45 |
| 14 Rick Edson            | 1:17:45 |
| 15 Tim Ross              | 1:18:38 |
| 21 Robert Malain 1-50    | 1:20:31 |
| 24 Sharlet Gilbert 1F    | 1:21:04 |
| 27 Jim Drake 1-40        | 1:21:42 |
| 34 Kenneth Schwisow 2-40 | 1:22:56 |
| 54 Joan Reiss 1-40F      | 1:26:59 |
| 58 Krisi Hathhorn        | 1:27:06 |
| 84 Pam Royer 1-30F       | 1:31:20 |
| 100Hal Stainbrook 2-50   | 1:32:47 |
| 469Eric Garrett 1-60     | 2:02:43 |
| 568Peggy Feiten 1-60     | 2:34:18 |

Marathon:

|                          |         |
|--------------------------|---------|
| 1 Greg Jewett            | 2:27:58 |
| 2 Ronny Haries           | 2:42:00 |
| 3 Karl Yamauchi          | 2:44:13 |
| 4 Patrick Leslie         | 2:47:29 |
| 5 Douglas Frost          | 2:48:56 |
| 6 Lonnie Snowden         | 2:49:15 |
| 7 Wayne Schwartz         | 2:49:49 |
| 8 Steve Runyon           | 2:52:12 |
| 9 Don Koeberlein         | 2:52:18 |
| 10 Curt Royer            | 2:52:24 |
| 11 Nolan Cunningham      | 2:53:13 |
| 12 Rafael Tierrafria     | 2:55:24 |
| 13 Tom Butler            | 2:55:27 |
| 14 Richard Ongert        | 2:55:57 |
| 15 Paul Holmes 1-40      | 2:56:58 |
| 22 A. J. Underwood 2-40  | 3:05:21 |
| 27 Debbie Bisop 1F       | 3:08:04 |
| 35 Lauren Syda 2F        | 3:10:01 |
| 63 Kay Johnson 1-30F     | 3:23:10 |
| 118Bob Rodgers 1-50      | 3:39:42 |
| 148Steve Cole 1-60       | 3:47:47 |
| 164Virginia Taneja 1-40F | 3:54:12 |

## Orange County YMCA Marathon

April 4, Newport Beach.

|                  |         |
|------------------|---------|
| Men's Open       |         |
| 1 Ken Olsen      | 2:38:42 |
| 2 Terry Schmitz  | 2:40:26 |
| 3 Greg Bruggar   | 2:45:19 |
| 4 John Loftus    | 2:49:32 |
| 5 Jerry Laverty  | 2:49:44 |
| Women's Open     |         |
| 1 Terry Sweetman | 3:22:11 |
| 2 Kathy LeMay    | 3:42:16 |
| 3 Carol Moran    | 3:42:40 |
| Men's Masters    |         |
| 1 Dick Vosburg   | 2:58:55 |
| 2 Rob Montanus   | 3:02:00 |
| 3 Rex Castellow  | 3:05:15 |
| Women's Masters  |         |
| 1 Jessie Smith   | 3:57:58 |
| 2 Mary Galvin    | 4:01:39 |
| 3 Freddie Brown  | 5:18:34 |

|                       |       |
|-----------------------|-------|
| Female 35-39          |       |
| 1 Sheila Hasham       | 21:52 |
| Female 40-44          |       |
| 1 Marie Villalobos    | 27:49 |
| Female 45-49          |       |
| 1 Jacqueline De Rieux | 26:09 |
| Female 50-54          |       |
| 1 Mae Myers           | 25:13 |
| Female 55-59          |       |
| 1 Katie Enriguez      | 35:26 |

10K

|                   |       |
|-------------------|-------|
| Male 9&u          |       |
| 1 Gary Schneider  | 48:39 |
| Male 10-15        |       |
| 1 Adam Colon      | 38:46 |
| Male 16-19        |       |
| 1 Jeff Mullican   | 34:46 |
| 2 David Rosas     | 35:08 |
| Male 20-24        |       |
| 1 Larry Hayden    | 32:45 |
| 2 Carlos Medina   | 33:25 |
| Male 25-29        |       |
| 1 Richard Govi    | 31:59 |
| 2 Bill Avila      | 33:29 |
| 3 Jim Ursulo      | 34:15 |
| 4 Charlee Padilla | 34:39 |
| 5 Leslie Caldera  | 34:58 |

|                     |       |
|---------------------|-------|
| Male 30-34          |       |
| 1 Joe Alvarado      | 34:32 |
| 2 Frank Meza        | 36:16 |
| 3 Robert Lopez      | 36:21 |
| Male 35-39          |       |
| 1 Raynold Sodini    | 35:24 |
| 2 Lawrence Fabela   | 35:40 |
| 3 Frank Zaragoza    | 36:01 |
| Male 40-44          |       |
| 1 Ron Navarrette    | 35:18 |
| 2 Richard Belliveau | 35:23 |
| 3 John Sampson      | 39:34 |

|                     |       |
|---------------------|-------|
| Male 45-49          |       |
| 1 Arthur Milanez    | 36:44 |
| 2 Rogelio Cervantes | 38:56 |
| 3 Robert Jackson    | 39:31 |
| Male 50-54          |       |
| 1 Charles Turner    | 38:46 |
| 2 Bob Landry        | 39:24 |
| Male 55-59          |       |
| 1 Fred Ellis        | 36:35 |
| 2 K. G. Taki        | 40:10 |
| Male 60-65          |       |
| 1 George Boyle      | 46:30 |

|                    |         |
|--------------------|---------|
| Male 66 & over     |         |
| 1 R. T. Gilmore    | 1:13:37 |
| Female 9&u         |         |
| 1 Romy Jacobson    | 56:17   |
| Female 10-15       |         |
| 1 Ana Lares        | 48:21   |
| Female 16-19       |         |
| 1 Lesley White     | 41:58   |
| Female 20-24       |         |
| 1 Raquel Enriguez  | 42:01   |
| Female 25-29       |         |
| 1 Linda Collins    | 40:08   |
| 2 Carolyn Wagstaff | 44:33   |

|                    |         |
|--------------------|---------|
| Female 30-34       |         |
| 1 Marilyn Bates    | 46:09   |
| Female 35-39       |         |
| 1 Chris Trevarthen | 42:18   |
| Female 40-44       |         |
| 1 Eloisa Alaniz    | 54:45   |
| Female 45-49       |         |
| 1 Paula Hernandez  | 50:32   |
| Female 50-54       |         |
| 1 Helen Steinwart  | 54:05   |
| Female 55-59       |         |
| 1 Ruby Taki        | 52:49   |
| Female 66 & over   |         |
| 1 Lenore Nicholson | 1:12:07 |



## Six Flags Magic Mountain 10K

(From the Valley News)

Steve Scott, the U.S. indoor mile record holder (3:51.8), demonstrated the effect his foot speed can have at a longer distance with an impressive victory in the Six Flags Magic Mountain 10 Kilometer (6.2 miles) run.

The former University of California Irvine star averaged close to a 4:40 mile pace to win the event in 28 minutes 29 seconds. It surpassed Scott's previous best at the distance by two seconds.

Scott, who won the Sub-4 Track Club Invitational 10 Kilometer in 28:31 at Anaheim, was surprised by his time and questioned the authenticity of the length of the course through the Valencia-based amusement park.

Race director Don Baird, however, verified the course had been measured accurately for certification.

Scott's speed is definitely no surprise. He has run more sub-four minute miles than any other American. And, his electronically-timed 3:51.11 in Oslo, Norway, in 1979 is still pending acceptance as an American record. The recognized U.S. mark is a hand-held watch timed 3:51.1 in 1967 by Jim Ryun. The International Amateur Athletic Federation (IAAF) voted in 1979 to recognize world record times as those recorded electronically, which is considered more accurate.

Ryun actually took part in the Magic Mountain run, but failed to finish due to a foot problem.

Mary Decker, the women's world mile record holder, also dropped out. She is still recovering from surgery to correct a foot injury.

John Walker had been scheduled to compete at Magic Mountain, but decided to prolong his stay in his native New Zealand. He is scheduled to run against Scott and Ireland's Eamonn Coghlan and Ray Flynn in the UCLA/Pepsi Invitational at Drake Stadium.

The powerful Walker was the first man to break the 3:50 barrier in the mile with an incredible 3:49.4 in 1975. He recently ran 3:50.56 in a meet in New Zealand.

Gary Tuttle, one of the top U.S. runners at 10,000 meters, finished second to Scott in 28:57.1. George Mason was third in 29:37.8.

Andi Pernell captured top honors among women with a time of 37:03. Twelve year old Voncille Brown was second overall in 39:00.3.

|                     |       |
|---------------------|-------|
| Female 19-29        |       |
| 1 Jaynie Studenmund | 36:03 |
| 2 Leslie Schiller   | 37:02 |
| 3 Jolly Enciso      | 40:43 |
| 4 Diana Hurtado     | 43:12 |
| 5 Cynthia Wignot    | 44:03 |
| Female 30-39        |       |
| 1 Judy Kewley       | 38:42 |
| 2 Marie Stevenson   | 40:42 |
| 3 Sheila Hasham     | 42:15 |
| 4 Susan Simms       | 42:32 |
| 5 Irene Norman      | 43:13 |
| Female 40-49        |       |
| 1 Joyce Momita      | 43:02 |
| 2 Gloria Sedore     | 44:19 |
| 3 Grace Maynard     | 45:42 |
| Female 50-59        |       |
| 1 Margaret Miller   | 39:16 |

|                    |         |
|--------------------|---------|
| 20-29 Female       |         |
| 1 Julie McKinney   | 41:27.6 |
| 2 Sheryl Snyder    | 41:37.6 |
| 30-34 Male         |         |
| 1 Ron Gee          | 32:45.0 |
| 2 Ruben Garcia     | 34:08.8 |
| 30-34 Female       |         |
| 1 Denny Goodfellow | 44:58.3 |
| 2 Fran Strusser    | 45:52.3 |
| 35-39 Male         |         |
| 1 Stan Stauble     | 34:15.9 |
| 2 Dennis Carr      | 35:04.4 |
| 35-39 Female       |         |
| 1 Wendy Watson     | 41:52.8 |
| 2 Roselia Lopez    | 42:49.2 |
| 40-44 Male         |         |
| 1 Nelson Crader    | 35:39.5 |
| 2 George Cohen     | 36:23.5 |

photo by Richard Slotkin



2nd from left is Cleveland Whalen, with Mike Craigie (398), Paul Farina (271).

## Playa-Vista 10K

By RICHARD LEE SLOTKIN

Culver City. April 5.  
Hughes Aircraft Company's Culver City

|                |         |
|----------------|---------|
| 40-44 Female   |         |
| 1 Elsa Nilsson | 48:25.9 |
| 2 Carole Davis | 50:41.6 |
| 45-49 Male     |         |
| 1 Walt Windsor | 35:18.5 |
| 2 Chip Strange | 38:16.4 |

## Billy Mills Runs

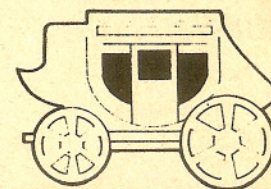
10 Kilometer

|                       |          |
|-----------------------|----------|
| Men 12 & under        |          |
| 1 Zac Belcher         | 46:02.06 |
| Men 13-15             |          |
| 1 Mark Rothleder      | 40:33.8  |
| Men 16-19             |          |
| 1 Kurt Keilman        | 36:15.1  |
| Men 20-29             |          |
| 1 Dennis Rinde        | 29:51.9  |
| 2 Fred Frank          | 32:52.8  |
| 3 Richard Lopes       | 34:55.1  |
| 4 Dave Smith          | 35:32.5  |
| 5 Richard Gil         | 37:42.6  |
| Men 30-39             |          |
| 1 Dan Alario          | 35:08.9  |
| 2 E. Takahashi        | 37:31.8  |
| 3 Dave Williams       | 38:03.8  |
| Men 40-49             |          |
| 1 Jim Bowers          | 32:02.7  |
| 2 Tim Jorden          | 35:07.7  |
| Men 50-59             |          |
| 1 Herb Adams          | 39:11.6  |
| 2 Gilbert Duran       | 41:45.3  |
| Women 12 & under      |          |
| 1 Stacy Moseley       | 56:25.4  |
| Women 13-15           |          |
| 1 Leslie Wilson       | 43:25.6  |
| Women 20-29           |          |
| 1 Joy Sackman         | 48:58.9  |
| Women 30-39           |          |
| 1 Virginia Nordstrom  | 51:21.0  |
| Women 40-49           |          |
| 1 Heidi Skaden-Poyser | 41:17.2  |
| Women 50-59           |          |
| 1 Barbara Douglass    | 51:38.5  |

## South Bay 20K Run

|                            |         |
|----------------------------|---------|
| April 5. Los Osos.         |         |
| 1 Kevin Jones (20)         | 1:06:20 |
| 2 Greg Parks (22)          | 1:09:01 |
| 3 Jon Root (26)            | 1:14:06 |
| 4 Steve D. Jones (21)      | 1:14:55 |
| 5 Antonio Arreola (21)     | 1:15:45 |
| 6 Frank Hutchinson (28)    | 1:15:50 |
| 7 Paul Lee (20)            | 1:15:51 |
| 8 Bob Nanninga (34)        | 1:16:38 |
| 9 John Ernatt (17)         | 1:17:51 |
| 10 Gordon Keller (34)      | 1:18:05 |
| 11 Dick Cain (48)          | 1:18:24 |
| 12 Frank Delgado (45)      | 1:19:43 |
| 13 Charles Elkins (37)     | 1:20:03 |
| 14 Bobby Roberts (36)      | 1:21:03 |
| 15 Jim Harris (46)         | 1:21:09 |
| 16 Terry Barnes (29)       | 1:21:11 |
| 17 Bob Fries (50)          | 1:22:15 |
| 18 Ray Gil (56)            | 1:22:28 |
| 19 Stan Rosenfield (33)    | 1:23:05 |
| 20 Gene Lynch (48)         | 1:23:21 |
| 26 John J. Holoubek (64)   | 1:26:53 |
| 30 Sue Oran 1F (20)        | 1:28:15 |
| 38 Mary Stevenson 2F (21)  | 1:32:04 |
| 46 Mary Storey (56 1W)     | 1:36:04 |
| 47 Teresa Campbell (31 1W) | 1:36:05 |

## Mountain Madness Run



## Pigeon Pass Marathon

April 12. Loma Linda.

|                        |           |
|------------------------|-----------|
| Women's 1/4 Marathon   |           |
| 1 Shannon Duncan       | 47:13.4   |
| 2 Sonia Gomez          | 47:32.5   |
| 3 Sharon Turner        | 48:43.1   |
| Women's 1/2 Marathon   |           |
| 1 Valerie Lisiewicz    | 1:35:40   |
| 2 Kelly Daugherty      | 1:39:57   |
| 3 Denise Bedford       | 1:41:17   |
| Women's Marathon       |           |
| 1 Sara Ellis           | 3:47:30   |
| 2 Linda Papermaster    | 3:52:07   |
| 3 Virginia Terry 1M    | 4:10:41   |
| Men's 1/4 Marathon     |           |
| 1 Terry Thomas         | 36:13.0   |
| 2 Angel Tejada         | 37:34.8   |
| 3 Craig Kean           | 38:12.8   |
| Men's 1/2 Marathon     |           |
| 1 Stephen Boaz         | 1:13:33.6 |
| 2 Mitchell Harmatz     | 1:13:48.6 |
| 3 Stephan Adams        | 1:14:18.5 |
| 4 Jim Masterson        | 1:15:07.3 |
| 5 Mark Judge           | 1:15:07.6 |
| 6 Steve Corona         | 1:16:07.1 |
| 7 Kevin Arnott         | 1:17:03   |
| 8 Jack Garcia          | 1:17:12   |
| 9 Danny Contreras      | 1:17:32   |
| 10 David Loud          | 1:17:50   |
| 1M Anthony Spore (43)  | 1:23:35   |
| Men's Marathon         |           |
| 1 Herbert Tanzer       | 2:46:28   |
| 2 Del Valdez           | 2:47:08   |
| 3 Stephen Streeter     | 2:49:16   |
| 4 Charles McClung (1M) | 2:53:54   |
| 5 Tad Kleindienst      | 2:54:02   |
| 6 Dan Stumpus          | 2:54:56   |
| 7 Kenneth Price        | 2:56:01   |
| 8 Sherman Schapiro     | 2:56:45   |
| 9 Gary Seeger          | 2:57:12   |
| 10 James Sible         | 3:05:21   |

## American River Fifty

By BOB COOPER

The American River 50, largest ultramarathon in the country, also has a reputation for being one of the toughest. But that didn't stop Jim Howard from running 5:32:18, an awesome 43 minutes under his own course record.

The 25-year-old Sacramento graduate student took the lead at 12 miles and kept it all along the rugged Pioneer Express Trail, running

## Freeway Fantasy 10K Run

April 5. Granada Hills.

|                     |       |
|---------------------|-------|
| Male 12 & under     |       |
| 1 Jeff Reesing      | 36:25 |
| Male 13-15          |       |
| 1 Phillip Hernandez | 33:08 |
| 2 Jeff Jacobs       | 34:32 |
| 3 Lane Olson        | 35:01 |
| Male 16-18          |       |
| 1 Brad Kearns       | 32:38 |
| 2 Dan Scheid        | 32:57 |



Edmarron Coghlan and Ray Flynn in the UCLA/Pepsi Invitational at Drake Stadium. The powerful Walker was the first man to break the 3:50 barrier in the mile with an incredible 3:49.4 in 1975. He recently ran 3:50.56 in a meet in New Zealand.

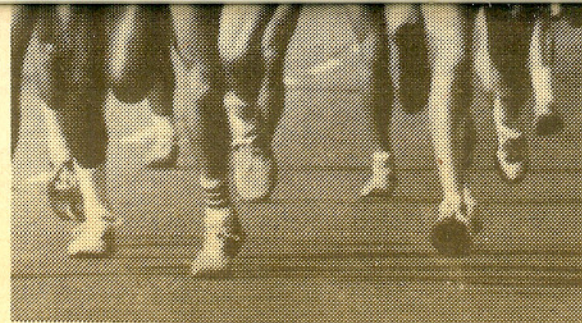
Gary Tuttle, one of the top U.S. runners at 10,000 meters, finished second to Scott in 28:57.1. George Mason was third in 29:37.8.

Andi Pernel captured top honors among women with a time of 37:03. Twelve year old Voncille Brown was second overall in 39:00.3.

## Freeway Fantasy 10K Run

April 5. Granada Hills.

|                     |       |
|---------------------|-------|
| Male 12 & under     |       |
| 1 Jeff Reesing      | 36:25 |
| Male 13-15          |       |
| 1 Phillip Hernandez | 33:08 |
| 2 Jeff Jacobs       | 34:32 |
| 3 Lane Olson        | 35:01 |
| Male 16-18          |       |
| 1 Brad Kearns       | 32:38 |
| 2 Dan Scheid        | 32:57 |
| 3 Patrick Quinlan   | 35:27 |
| Male 19-29          |       |
| 1 Mike Munoz        | 29:43 |
| 2 Tim Hampton       | 30:21 |
| 3 Steven Durand     | 32:15 |
| 4 Steve Fairman     | 32:28 |
| 5 Madison Spach     | 34:02 |
| 6 Larry Stein       | 34:31 |
| 7 Mark Matta        | 35:20 |
| 8 Louis Talamantos  | 35:40 |
| 9 Mark Mayers       | 35:43 |
| 10 Jerry Esses      | 35:50 |
| 11 Carlos Caparelli | 35:58 |
| 12 J. J. Ribeiro    | 36:07 |
| 13 Jeff Pedersen    | 36:28 |
| 14 Rick Hunter      | 36:40 |
| 15 Herbie Yee       | 36:45 |
| Male 30-39          |       |
| 1 Charles Hoover    | 31:52 |
| 2 Chris Francolla   | 33:01 |
| 3 Rene Ruiz         | 33:29 |
| 4 Jim Hughes        | 33:38 |
| 5 Steve Glocke      | 33:40 |
| 6 Chuck Huffer      | 33:47 |
| 7 Joe Wells         | 34:43 |
| 8 Rick Weindruch    | 34:48 |
| 9 Felipe Barraza    | 34:55 |
| 10 Rod Tull         | 35:02 |
| Male 40-49          |       |
| 1 Gabriel Bernal    | 31:26 |
| 2 Jim Knerr         | 32:34 |
| 3 Richard Belliveau | 33:04 |
| 4 Len Efron         | 33:22 |
| 5 Frank Knybel      | 33:30 |
| 6 Skip Witt         | 33:57 |
| 7 Karl Ryden        | 34:07 |
| 8 John Duhig        | 35:45 |
| 9 Gary Schwager     | 35:57 |
| 10 Cecil Arnold     | 37:12 |
| Male 50-59          |       |
| 1 Dick Durand       | 36:09 |
| 2 James Simos       | 37:59 |
| 3 Edwin Travers     | 38:27 |
| Male 60 & over      |       |
| 1 Abe Stein         | 41:18 |
| Female 12 & under   |       |
| 1 Sheri Lawson      | 38:21 |
| Female 13-15        |       |
| 1 Natalie Fuess     | 40:00 |
| Female 16-18        |       |
| 1 Janine Walther    | 36:35 |



2nd from left is Cleveland Whalen, with Mike Craigie (398), Paul Farina (271).

## Playa-Vista 10K

By RICHARD LEE SLOTKIN

Culver City. April 5. Hughes Aircraft Company's Culver City facility became the site for a fast, flat 10K. "Fast" became an inoperative word, however, because the weather had very suddenly changed from quite cool the previous day to quite warm. Even at the eight o'clock start time, it was uncomfortably warm. So, despite the presence of some very good local talent, there weren't many PR's being scored.

Altogether, about 1100 poor souls suffered through in heat that they had not seen much of so far this year and, consequently, were not acclimated.

Venice's Cleveland Whalen suffered the least, apparently, as he took the lead from Santa Monica Track Club's Paul Farina near the three mile mark. Then he slowly pulled away and led the hot, tired pack to the finish line in 31:41.9. Farina was second in 31:55.2, with teammate Steve Berry third.

Fifteen year old Katie Dunsmuir led all the women in a heat slowed 41:03.5. A few weeks earlier, she had run under 40 minutes in the Marina Freeway 10K, but the weather was more pleasant then. However, it was more than good enough, because second place Julie McKinney, whom she had barely edged out at Marina (their times were identical) was 24 seconds behind.

Eddie Lewin continued his domination of the 60 and over age group. Sixty-six year old Lewin, looking pretty bushed down the stretch, was nevertheless strong enough to win his division by almost three minutes. His time was 40:15.9--pretty respectable, especially in that heat.

|                    |         |
|--------------------|---------|
| Results:           |         |
| 15 & under Male    |         |
| 1 Eugenio Cruz     | 32:28.0 |
| 2 Michael Stone    | 40:05.4 |
| 15 & under Female  |         |
| 1 Katie Dunsmuir   | 41:03.5 |
| 2 Laura Poering    | 43:24.5 |
| 16-19 Male         |         |
| 1 Paul Farina      | 31:55.2 |
| 2 Eddie Allrunner  | 33:10.6 |
| 16-19 Female       |         |
| 1 Susan Potter     | 48:30.8 |
| 2 Julie Chisholm   | 48:31.1 |
| 20-29 Male         |         |
| 1 Cleveland Whalen | 31:41.9 |
| 2 Steven Berry     | 32:14.4 |

|                   |           |
|-------------------|-----------|
| 40-44 Female      |           |
| 1 Elsa Nilsson    | 48:25.9   |
| 2 Carole Davis    | 50:41.6   |
| 45-49 Male        |           |
| 1 Walt Windsor    | 35:18.5   |
| 2 Chip Strange    | 38:16.4   |
| 45-49 Female      |           |
| 1 Ann Martin      | 46:29.7   |
| 2 Jane Dods       | 48:50.2   |
| 50-59 Male        |           |
| 1 Patrick Devine  | 37:36.1   |
| 2 Barrie Hardwick | 38:49.5   |
| 50-59 Female      |           |
| 1 Colleen Jones   | 45:54.8   |
| 2 Ginny Grosshard | 54:15.7   |
| 60 & up Male      |           |
| 1 Eddie Lewin     | 40:15.9   |
| 2 Clyde Ailing    | 43:10.8   |
| 60 & up Female    |           |
| 1 Priscilla Libby | 1:00:39.4 |
| 2 Thelma Anderson | 1:12:35.9 |

photo by Richard Slotkin



Katie Dunsmuir

|                            |         |
|----------------------------|---------|
| 1 Kevin Jones (20)         | 1:06:20 |
| 2 Greg Parks (22)          | 1:09:01 |
| 3 Jon Root (26)            | 1:14:06 |
| 4 Steve D. Jones (21)      | 1:14:55 |
| 5 Antonio Arreola (21)     | 1:15:45 |
| 6 Frank Hutchinson (28)    | 1:15:50 |
| 7 Paul Lee (20)            | 1:15:51 |
| 8 Bob Nanninga (34)        | 1:16:38 |
| 9 John Ernatt (17)         | 1:17:51 |
| 10 Gordon Keller (34)      | 1:18:05 |
| 11 Dick Cain (48)          | 1:18:24 |
| 12 Frank Delgado (45)      | 1:19:43 |
| 13 Charles Elkins (37)     | 1:20:03 |
| 14 Bobby Roberts (36)      | 1:21:03 |
| 15 Jim Harris (46)         | 1:21:09 |
| 16 Terry Barnes (29)       | 1:21:11 |
| 17 Bob Fries (50)          | 1:22:15 |
| 18 Ray Gil (56)            | 1:22:28 |
| 19 Stan Rosenfield (33)    | 1:23:05 |
| 20 Gene Lynch (48)         | 1:23:21 |
| 26 John J. Holoubek (64)   | 1:26:53 |
| 30 Sue Oran 1F (20)        | 1:28:15 |
| 38 Mary Stevenson 2F (21)  | 1:32:04 |
| 46 Mary Storey (56 1W)     | 1:36:04 |
| 47 Teresa Campbell (31 1W) | 1:36:05 |

## Mountain Madness Run

April 12. Nevada City.

|                             |       |
|-----------------------------|-------|
| 4,716 Mile                  |       |
| 1 Skyler Jones(WVTC)        | 26:53 |
| 2 Oliver Mills              | 27:36 |
| 3 Mike Peavy                | 29:40 |
| 4 James Weber(SSRC)         | 30:02 |
| 5 Dave Williams(SSRC)       | 31:18 |
| 6 Keith Currier             | 31:35 |
| 7 Doug Johnston(SSRC)       | 31:57 |
| 8 Mike McAllister(SSRC)     | 32:01 |
| 9 Mark Phillips             | 32:27 |
| 10 Dwayne Fleming 1 40      | 32:40 |
| 12 George Peavy 1 50 (SSRC) | 33:03 |

## Bothe Park Ribbon Runs

April 12. Napa.

|                             |       |
|-----------------------------|-------|
| 2 Mile                      |       |
| 1 Tim Swezey                | 12:09 |
| 2 Jeff Meyer                | 12:21 |
| 3 Charles Kramer            | 12:25 |
| 4 Greg Gibson               | 12:27 |
| 5 John Volkman              | 12:37 |
| 17 Erma Baker 1 VW          | 15:46 |
| 18 Wendy Bernstein 1 W      | 15:51 |
| 5.8 Mile                    |       |
| 1 Victor McLeon             | 35:02 |
| 2 Vince Pedroi              | 37:59 |
| 3 Lou Daugherty 1-40        | 38:43 |
| 4 Tim Swezey                | 39:04 |
| 5 Charles Kramer            | 40:09 |
| 6 Brian Newell              | 40:20 |
| 7 Dick Dyas                 | 40:52 |
| 8 Stan Dittman              | 40:52 |
| 9 Joe Dana 2-40             | 41:03 |
| 10 Bob French               | 41:45 |
| 24 Sandy Koval 1F           | 46:58 |
| 29 Lilla Esther Peverini 2F | 48:03 |
| 32 Mike Tselentis 1-50      | 50:08 |
| 33 Janice Bigelow 1 40F     | 50:20 |

|                        |         |
|------------------------|---------|
| 10 David Lead          | 1:17:50 |
| 1M Anthony Spore (43)  | 1:23:35 |
| Men's Marathon         |         |
| 1 Herbert Tanzer       | 2:46:28 |
| 2 Del Valdez           | 2:47:08 |
| 3 Stephen Streeter     | 2:49:16 |
| 4 Charles McClung (1M) | 2:53:54 |
| 5 Tad Kleindienst      | 2:54:02 |
| 6 Dan Stumpus          | 2:54:56 |
| 7 Kenneth Price        | 2:56:01 |
| 8 Sherman Schapiro     | 2:56:45 |
| 9 Gary Seeger          | 2:57:12 |
| 10 James Sibille       | 3:05:21 |

## American River Fifty

By BOB COOPER

The American River 50, largest ultramarathon in the country, also has a reputation for being one of the toughest. But that didn't stop Jim Howard from running 5:32:18, an awesome 43 minutes under his own course record.

The 25-year-old Sacramento graduate student took the lead at 12 miles and kept it all along the rugged Pioneer Express Trail, running 7 minute miles over hills and through tall weeds, then dropping it to 6 minute pace on the flat bike trail portion to the finish. His lead over runnerup Bob Cooper grew from 5 minutes at the marathon (2:54 to 2:59) to 10 minutes at the finish.

Everyone expected the race to be a showdown between Howard, a 2:21 marathoner, and Buffalo Bill McDermott, who narrowly beat Howard a month earlier at the Catalina Marathon. But McDermott was on the space shuttle launch crew; the delay in the launch prevented him from coming. Still, even Buffalo Bill would have needed rocket-powered legs to catch Howard.

In the women's contest, winner Bjorg Austrheim-Smith clipped 16 minutes off the course standard, running 7:21:02. Like Howard and Cooper, she credited her strong showing to an even pace and a love of trails.

Many veterans of the more glamorous Western States 100 Milers are drawn to this shorter event because of its similarities to the "100," which include a scenic trail course marked by ribbons hung on tree branches and a team of horseback riders who keep tabs on the runners by walkie-talkie.

Ron Kovacs won the masters division in 6:55:58 while Santa Monica's Nicki Lewis led three under the old record for masters women, finishing in 8:16:49.

All but one of the 270 finishers (out of 290 starters)—an impressive 93 percent of those who started—came in under the 12 hour cutoff time. But for another it was close. Sacramento's 61-year-old Paul Camerer, in his first 50 mile attempt, was the last official finisher in 11:59:34.

|                  |         |
|------------------|---------|
| Results          |         |
| Men              |         |
| 1 Jim Howard     | 5:32:18 |
| 2 Bob Cooper     | 5:42:48 |
| 3 Charles Hoover | 6:15:41 |
| 4 Bill Davis     | 6:24:10 |
| 5 David Nieman   | 6:32:46 |
| 6 James Branson  | 6:37:14 |
| 7 Marc Hoschler  | 6:38:52 |
| 8 Tim Hicks      | 6:41:32 |
| 9 Bruce LaBelle  | 6:48:09 |
| 10 Mike Hicks    | 6:48:35 |



| Men 40-49               |         |  |
|-------------------------|---------|--|
| 1 Ron Kovacs            | 6:55:58 |  |
| 2 Richard Dinges        | 7:07:22 |  |
| 3 Tom Zavortink         | 7:15:10 |  |
| Men 60+                 |         |  |
| 1 Paul Reese            |         |  |
| Women                   |         |  |
| 1 Bjorg Austrheim-Smith | 7:21:02 |  |
| 2 Joan Perkins          | 7:50:31 |  |
| 3 Carol Straud          | 8:02:01 |  |
| Women 40-49             |         |  |
| 1 Nicki Lewis           | 8:16:49 |  |
| 2 Jody Payne            | 8:35:00 |  |
| 3 Martha Maricle        | 8:37:32 |  |

## Tierrasanta Kiwanis Spring Run 10K

From Dan & Barbara Driscoll

| April       | 18.              | San | Diego. |
|-------------|------------------|-----|--------|
| 1           | T. Hunt          |     | 30:25  |
| 2           | Dave Babiracki   |     | 30:54  |
| 3           | Albert Kuhn      |     | 31:53  |
| 4           | Jim Moser        |     | 32:00  |
| 5           | Bob Day          |     | 32:08  |
| 6           | Gerry Staunton   |     | 32:29  |
| 7           | Kevin Heaton     |     | 32:49  |
| 8           | Bill Burger      |     | 32:54  |
| 9           | Robert Franks    |     | 33:10  |
| 10          | Jose Vega        |     | 33:13  |
| 11          | Vince Hernandez  |     | 33:43  |
| 12          | Dan McCaskill    |     | 33:48  |
| 13          | Mark Galeazzi    |     | 33:52  |
| 14          | Ralph Knerg      |     | 34:11  |
| 15          | Ted Kukla        |     | 34:12  |
| 16          | Peter Widmer     |     | 34:16  |
| 17          | Dennis Kasischke |     | 34:38  |
| 18          | Lee Zanetti      |     | 34:42  |
| 19          | Scott Hovda      |     | 34:48  |
| 20          | Barry Mangan     |     | 34:55  |
| 21          | Dan Shanahan     |     | 35:06  |
| 22          | Marty Warren     |     | 35:13  |
| 23          | Ron Johnson      |     | 35:20  |
| 24          | Randy Montesanto |     | 35:48  |
| 25          | Gene Robinson    |     | 35:57  |
| Men 0-12    |                  |     |        |
| 1           | Mark Georgiev    |     | 39:39  |
| 2           | Andrew Matthew   |     | 44:48  |
| 3           | Dustin Grosse    |     | 45:30  |
| Women 0-12  |                  |     |        |
| 1           | Tiffany Gorman   |     | 44:17  |
| 2           | Yvette Niles     |     | 49:05  |
| 3           | K. Fillat        |     | 50:18  |
| Women 13-17 |                  |     |        |
| 1           | Patty Madrigal   |     | 41:56  |
| 2           | E. Flanagan      |     | 43:54  |
| 3           | Susan Cummings   |     | 44:45  |
| Women 18-29 |                  |     |        |
| 1           | Yvonne Yanke     |     | 39:14  |
| 2           | Wanda Gunderson  |     | 40:04  |
| 3           | Ellen Turkel     |     | 40:57  |
| Women 30-39 |                  |     |        |
| 1           | Audrey Burns     |     | 38:49  |
| 2           | V. Lucas         |     | 43:20  |
| 3           | Carol Scott      |     | 44:20  |
| Men 40-49   |                  |     |        |
| 1           | Dan McCaskill    |     | 33:48  |
| 2           | Howard Moody     |     | 36:01  |
| 3           | Chris Bourke     |     | 37:38  |
| Women 40-49 |                  |     |        |
| 1           | Diane Stocklin   |     | 41:21  |



Tom Lux

## Intern'l Friendship Marathon

By CLARA JENSEN

April 25. San Diego to Mexico.

Tom Lux, a 28 year old teacher of Physical Education at Grossmont College in El Cajon crossed the finish line in 2:21:16 to become the first overall winner of the International Friendship Marathon April 25, 1981. Just before he crossed the finish line a school girl, one of the crowd watching the event handed him a Mexican flag which he held high as he broke the tape. Sue Krenn, a native of San Diego who now teaches in Nevada was the first woman finisher with a time of 2:54:24.

Almost 1700 runners toed the starting line in Chula Vista for the race to Rosarito Beach, Mexico, the first time a marathon has ever crossed the United States-Mexican Border. Susan Shook, who placed third in the women's division was heard to comment as she plodded up Enchilada Mountain (name the runners gave to the 500 foot elevation which they had to conquer), "At least in this race we are going some place, not just running in circles." And, indeed, they were going some place. The people of Rosarito greeted the runners with fresh fruit, milk, sandwiches, free beer and any other goodies their hearts desired. In Mexico the runners are heroes and all of them from the first to finish to the last were given a

| 4  | Ed Taylor (Bartlett)             | 33:15 |
|--|----------------------------------|-------|
| 5  | Gary Campbell (Vis. Run)         | 33:36 |
| 6  | Robert Taylor (Bartlett)         | 34:10 |
| 7  | Fred Castillo (Bartlett)         | 34:38 |
| 8  | Don Chapin (HSTC) 3-30           | 34:41 |
| 9  | Alex Gallegos (Unatt) 1 under 18 | 34:49 |
| 10   | Jess Rodriguez (Vis Run) 1-35    | 34:53 |
| Team Titles: Open Men: Bartlett Mineral    |                                  |       |
| Water R.T.. Submaster Men: High Sierra TC. |                                  |       |
| Master Men: High Sierra TC.                |                                  |       |
| Women:                                     |                                  |       |
| 1  | Tania Ryzabol (Vis Run)          | 39:40 |
| 2  | Shirley Rojas (Vis Run)          | 41:09 |
| 3  | Jo Ann Branco (Vis Run)          | 43:55 |
| 4  | Michelle Gauthier (Synanon RC)   | 44:30 |
| 5  | Elaine Hutsinspiller (Un)        | 44:40 |

## Run-For-All

From SANDI COLE

April 25. Micke Grove Park, Lodi. 10K.

| Male 13 & under  |                   |         |
|------------------|-------------------|---------|
| 1                | Shane Loncor      | 45:32.4 |
| 2                | Chris Franco      | 45:41.1 |
| 3                | Bill King         | 55:38.3 |
| Male 14-18       |                   |         |
| 1                | Bill Campbell     | 37:58.3 |
| 2                | Jeff Walters      | 38:41.0 |
| 3                | Rene Ramos        | 39:19.5 |
| Female 14-18     |                   |         |
| 1                | Jill Anthony      | 46:17.9 |
| 2                | Marry Staton      | 47:36.5 |
| 3                | Jenny Papais      | 51:51.8 |
| Male 19-29       |                   |         |
| 1                | Silky Sullivan    | 33:32.8 |
| 2                | Kenneth Alberg    | 34:53.7 |
| 3                | Mark Ulm          | 35:42.8 |
| 4                | Jerry Martinez    | 36:04.5 |
| Female 19-29     |                   |         |
| 1                | Kathy Way         | 38:10.7 |
| 2                | Kathy Gilliam     | 49:40.3 |
| 3                | Deborah Webb      | 53:05.8 |
| 4                | Joanne Lyons      | 53:15.7 |
| Male 30-39       |                   |         |
| 1                | John Semler       | 36:53.3 |
| 2                | Max Perez         | 37:00.1 |
| 3                | Richard Doty      | 37:52.7 |
| Female 30-39     |                   |         |
| 1                | Sharon Miller     | 42:08.9 |
| 2                | Karen Sanguinetti | 43:51.5 |
| 3                | Mary Whildal      | 44:23.4 |
| Male 40 & over   |                   |         |
| 1                | Steven Gaal       | 39:19.7 |
| 2                | Terrence Flx      | 40:37.7 |
| 3                | Jim Baker         | 41:07.5 |
| Female 40 & over |                   |         |
| 1                | Ginger Burrola    | 42:38.5 |
| 2                | Sharon Hoffman    | 43:16.1 |
| 3                | Irene Case        | 52:34.1 |

## Natural Light/ Converse Half Marathon

April 25. Walnut.

| Male 29 & under: |                  |         |
|------------------|------------------|---------|
| 1                | Carlos Victorino | 1:06:41 |
| 2                | Adrian Gutierrez | 1:07:07 |
| 3                | Rudy Chavez      | 1:07:54 |
| 4                | Terry Drake      | 1:08:36 |

## Norml "Mari-thon" 10K

April 26. San Francisco.

| Male 17 & under   |                    |           |
|-------------------|--------------------|-----------|
| 1                 | Francis Mason      | 34:49.0   |
| 2                 | Joe Turini         | 36:24.5   |
| 3                 | Eric Allen         | 37:32.7   |
| Female 17 & under |                    |           |
| 1                 | Cindy Lane         | 48:12.0   |
| 2                 | Gwen Coleman       | 1:05:13.1 |
| Male 18-29        |                    |           |
| 1                 | Christopher Speere | 31:12.2   |
| 2                 | Paul Kinny         | 32:14.4   |
| 3                 | Tony LaMay         | 32:45.7   |
| Female 18-29      |                    |           |
| 1                 | Marie Ng           | 40:16.3   |
| 2                 | Sandra Bean        | 45:22.5   |
| 3                 | Julie Rosen        | 46:54.2   |
| Male 30-39        |                    |           |
| 1                 | Jan Serphen        | 32:44.8   |
| 2                 | Jay Gehrig         | 33:13.7   |
| 3                 | Fred Meitz         | 34:14.5   |
| Female 30-39      |                    |           |
| 1                 | Millicent Buxton   | 43:30.5   |
| 2                 | Judy Clark         | 45:16.3   |
| 3                 | Patricia Wells     | 45:55.8   |
| Male 40-49        |                    |           |
| 1                 | Sal Vasquez        | 32:31.1   |
| 2                 | Bert Botta         | 34:06.4   |
| 3                 | John E. Bostock    | 39:22.8   |
| Female 40-49      |                    |           |
| 1                 | Nora Charles       | 57:05.3   |
| 2                 | Mary Jane Stoll    | 58:41.9   |
| 3                 | Dorothy Telfer     | 1:01:11.0 |
| Male 50 & over    |                    |           |
| 1                 | George Rodriguez   | 45:54.4   |
| 2                 | M. L. Clinnick     | 46:18.2   |
| 3                 | Steve Cole         | 49:59.9   |
| Female 50 & over  |                    |           |
| 1                 | Ada B. Thomas      | 1:03:56.8 |

## Run for Daylight 10K

April 26. Lafayette.

| Men 12 & under |                   |         |
|----------------|-------------------|---------|
| 1              | Chris Mihm        | 39:11.1 |
| Women 13-17    |                   |         |
| 1              | Marcia White      | N/A     |
| Men 13-17      |                   |         |
| 1              | Eddie Flores      | 34:45.3 |
| 2              | Dan McComb        | 35:47.3 |
| 3              | John Wilhelmy     | 35:55.1 |
| Women 18-29    |                   |         |
| 1              | Jolie Houston     | 37:00.0 |
| 2              | Kristan A. Martin | 40:51.0 |
| 3              | Karen Schelegle   | 41:02.7 |
| 4              | Joy Taylor        | 42:28.3 |
| 5              | Lisa Homan        | 42:48.0 |
| Men 18-29      |                   |         |
| 1              | Richard Kimball   | 31:28.4 |
| 2              | Ed Schelegle      | 32:23.7 |
| 3              | Kenneth Mattson   | 32:56.1 |
| 4              | Dan Anderson      | 33:06.2 |
| 5              | Dennis Coulter    | 33:49.3 |
| 6              | Mike Trosset      | 33:54.2 |
| 7              | Steven Wight      | 33:59.9 |
| Women 30-39    |                   |         |
| 1              | Shariet Gilbert   | 36:38.0 |
| 2              | Jane Sowersby     | 39:33.0 |
| 3              | Karen Lanterman   | 39:54.0 |
| Men 30-39      |                   |         |

| 2            | Carmen Lemus         | 41:10 |
|--------------|----------------------|-------|
| 3            | Linda Copp           | 41:20 |
| Male 16-29   |                      |       |
| 1            | Michael LeBold       | 30:28 |
| 2            | Chris Mouahan        | 30:46 |
| 3            | Albert Kuhn          | 31:19 |
| Female 30-39 |                      |       |
| 1            | Patti Huri           | 38:15 |
| 2            | Cindy Cohazen        | 41:45 |
| 3            | Lynda Gregg          | 43:05 |
| Male 30-39   |                      |       |
| 1            | Mike Cour            | 31:01 |
| 2            | Dick Jensen          | 33:45 |
| 3            | Graeme Shirley       | 34:42 |
| Female 40-49 |                      |       |
| 1            | Judy Splitberger     | 43:15 |
| 2            | Mark Frakes          | 48:35 |
| 3            | Ginger Baldwin       | 49:05 |
| Male 40-49   |                      |       |
| 1            | Jerry Berkhouf       | 36:45 |
| 2            | Terry Jones          | 37:10 |
| 3            | Will Rasmussen       | 37:15 |
| Female 50-59 |                      |       |
| 1            | Merry Carol Van Sant | 46:05 |
| 2            | Lucy Killea          | 55:45 |
| 3            | Hilda M. Milliken    | 67:40 |
| Male 50-59   |                      |       |
| 1            | Jim O'Neil           | 36:00 |
| 2            | Homer Rhoads         | 40:58 |
| 3            | A. Caldarell         | 41:00 |



## Volunteer Triathlon

From FRANZ WEINSCHENK

April 26. Clovis.

|    |  |         |
|----|--|---------|
| 6  | Mile Run/20 Mile Bike Race/385 Yard Swim |         |
| 1  | Ken Lehman                               | 1:44:46 |
| 2  | Rick Wallace                             | 1:48:55 |
| 3  | Gordon Keller                            | 1:47:40 |
| 4  | Darrel Cox                               | 1:47:51 |
| 5  | Cliff Clarke                             | 1:49:39 |
| 6  | Scott Schoenfeld                         | 1:50:20 |
| 7  | Mike Erwin                               | 1:51:22 |
| 8  | Bob Rose                                 | 1:53:10 |
| 9  | Chris Rosander                           | 1:53:18 |
| 10 | Harry Morton                             | 1:54:18 |
| 14 | Robert Fries 1-50                        | 1:59:08 |
| 16 | Jim Harris 1-40                          | 2:00:33 |
| 17 | Frank Russell 2-40                       | 2:00:45 |
| 33 | Chuck Freuhler 2-50                      | 2:10:28 |
| 44 | Carol Maus 1-30F                         | 2:17:08 |
| 47 | Jane Johnson Russell 1-20F               | 2:19:35 |
| 49 | Virginia Beal 2-30F                      | 2:20:49 |

Ken Takeuchi photo





|                     |       |
|---------------------|-------|
| 19 Scott Hovda      | 34:48 |
| 20 Barry Mangan     | 34:55 |
| 21 Dan Shanahan     | 35:06 |
| 22 Marty Warren     | 35:13 |
| 23 Ron Johnson      | 35:20 |
| 24 Randy Montesanto | 35:48 |
| 25 Gene Robinson    | 35:57 |
| Men 0-12            |       |
| 1 Mark Georgiev     | 39:39 |
| 2 Andrew Matthew    | 44:48 |
| 3 Dustin Grosse     | 45:30 |
| Women 0-12          |       |
| 1 Tiffany Gorman    | 44:17 |
| 2 Yvette Niles      | 49:05 |
| 3 K. Fillat         | 50:18 |
| Women 13-17         |       |
| 1 Patty Madrigal    | 41:56 |
| 2 E. Flanagan       | 43:54 |
| 3 Susan Cummings    | 44:45 |
| Women 18-29         |       |
| 1 Yvonne Yanke      | 39:14 |
| 2 Wanda Gunderson   | 40:04 |
| 3 Ellen Turkel      | 40:57 |
| Women 30-39         |       |
| 1 Audrey Burns      | 38:49 |
| 2 V. Lucas          | 43:20 |
| 3 Carol Scott       | 44:20 |
| Men 40-49           |       |
| 1 Dan McCaskill     | 33:48 |
| 2 Howard Moody      | 36:01 |
| 3 Chris Bourke      | 37:38 |
| Women 40-49         |       |
| 1 Diane Stocklin    | 41:21 |
| 2 Dorothy Stock     | 42:39 |
| 3 Judy Splitberger  | 44:08 |
| Men 50-59           |       |
| 1 Bill Stock        | 38:28 |
| 2 Rod Johnson       | 39:13 |
| 3 Rudy Iglesias     | 40:19 |
| Women 50-59         |       |
| 1 Mary McDonald     | 51:03 |
| 2 Mae Ann Garty     | 51:44 |
| 3 Ruth Bloland      | 57:45 |
| Men 60 & over       |       |
| 1 Wayne Zook        | 42:08 |
| 2 Donald Dilworth   | 42:48 |
| 3 John Lafferty     | 43:16 |

## Great Recycling Footrace

|                            |         |
|----------------------------|---------|
| April 18, Visalia, 6 Mile. |         |
| 1 Joe Jaramillo            | 33:59.0 |
| 2 Roger Sebert             | 35:20.8 |
| 3 Gary White               | 35:46.8 |
| 4 Bob Terhaar              | 35:56.7 |
| 5 Chuck Maas               | 36:49.5 |
| 6 Jim Jungwirth            | 38:39.7 |
| 7 Warren Jennings          | 39:00.4 |
| 8 Norm Takeuchi            | 39:06.3 |
| 9 Ron Aschwanden           | 39:06.8 |
| 10 Christopher Denny       | 39:24.3 |
| 11 Ken Takeuchi            | 39:55.7 |
| 14 Al Branco               | 40:18.9 |
| 15 Babs Hall               | 40:36.9 |
| 16 Joanne Branco           | 41:32.2 |
| 28 Cherie Stephenson       | 45:02.1 |
| 29 Ed Preston              | 45:12.5 |
| 36 Sue Takayama            | 50:19.2 |

## Marathon

By CLARA JENSEN

### April 25, San Diego to Mexico.

Tom Lux, a 28 year old teacher of Physical Education at Grossmont College in El Cajon crossed the finish line in 2:21:16 to become the first overall winner of the International Friendship Marathon April 25, 1981. Just before he crossed the finish line a school girl, one of the crowd watching the event handed him a Mexican flag which he held high as he broke the tape. Sue Krenn, a native of San Diego who now teaches in Nevada was the first woman finisher with a time of 2:54:24.

Almost 1700 runners toed the starting line in Chula Vista for the race to Rosarito Beach, Mexico, the first time a marathon has ever crossed the United States-Mexican Border. Susan Shook, who placed third in the women's division was heard to comment as she plodded up Enchilada Mountain (name the runners gave to the 500 foot elevation which they had to conquer), "At least in this race we are going some place, not just running in circles." And, indeed, they were going some place. The people of Rosarito greeted the runners with fresh fruit, milk, sandwiches, free beer and any other goodies their hearts desired. In Mexico the runners are heroes and all of them from the first to finish to the last were given a warm and sincere welcome.

Bands were playing constantly - everything from mariachis to rock and roll and those runners who could stay for the fiesta, tired as they were revved to dance, and clap and sing. Buses had been engaged to take participants back to the starting point in Chula Vista at different times during the afternoon.

**Male 17 & Under:** 1. Albert Mejia (16) 2:50:17; 2. Benjamin Escobedo (17) 2:51:15; 3. Mario Sanchez-Verdue (17) 3:06:30.

**Male 18-29:** 1. Tom Lux (28) 2:21:16; 2. Wally Buckingham (28) 2:28:55; 3. Michael Podlenski (21) 2:32:08; 4. Michael Calvano (22) 2:35:30; 5. Jeff Ruland (21) 2:42:24.

**Male 30-39:** 1. Athol Barton (33) 2:28:55; 2. Jon Wickstrom (32) 2:32:08; 3. Laddie Shaw (32) 2:41:12.

**Male 40-49:** 1. Howard Moody (40) 2:46:50; 2. Bob Wiermas (48) 2:49:06; 3. Dale Larable (40) 2:57:43.

**Male 50-59:** 1. Dick Robinson (50) 3:05:05; 2. Lono Tipon (53) 3:18:33; 3. Paul Goldman (58) 3:24:09.

**Male 60 & Over:** 1. Bob Hutchins (64) 3:50:25; 2. Harold Elrick (62) 3:54:50.

**Female 18-29:** 1. Susan Shook (23) 3:19:33; 2. Barbara Honeck (29) 3:25:39; 3. Kathleen Rusk (25) 3:26:20.

**Female 30-39:** 1. Sue Krenn (31) 2:54:24; 2. Kay Harpold (30) 2:58:54; 3. Eileen Waters (35) 3:23:51.

**Female 40-49:** 1. Una Marie Pierce (42) 3:56:03; 2. Joanne Pearson (40) 3:56:04.

**Female 50-59:** 1. Maeann Garty (53) 4:03:51; 2. Virginia Hastings (56) 4:58:20.

## CCA TAC 10K Championships

|                            |       |
|----------------------------|-------|
| April 25, Visalia.         |       |
| 1 Juan Garcia (Bartlett)   | 31:53 |
| 2 Juan Garza (Unat)        | 32:38 |
| 3 Dave Bronzan (HSTC) 1-30 | 33:13 |

|                     |         |
|---------------------|---------|
| 2 Max Perez         | 37:00.1 |
| 3 Richard Doty      | 37:52.7 |
| Female 30-39        |         |
| 1 Sharon Miller     | 42:08.9 |
| 2 Karen Sanguinetti | 43:51.5 |
| 3 Mary Wihlidal     | 44:23.4 |
| Male 40 & over      |         |
| 1 Steven Gaal       | 39:19.7 |
| 2 Terrence Fix      | 40:37.7 |
| 3 Jim Baker         | 41:07.5 |
| Female 40 & over    |         |
| 1 Ginger Burrola    | 42:36.5 |
| 2 Sharon Hoffman    | 43:16.1 |
| 3 Irene Case        | 52:34.1 |

## Natural Light/Converse Half Marathon

### April 25, Walnut.

**Male 29 & under:**  
1 Carlos Victorino 1:06:41  
2 Adrian Gutierrez 1:07:07  
3 Rudy Chavez 1:07:54  
4 Terry Drake 1:08:36  
5 Jerry Willis 1:08:38  
6 Bill Avila 1:11:06  
7 Alvaro Palacios 1:11:11  
8 Al Siddons 1:11:50  
9 Juan Molina 1:12:06  
10 Enrique Serratos 1:12:26  
11 Kee Yazzie 1:12:45  
12 Ron Richardson 1:13:11  
13 David Loud 1:13:15  
14 Irv Ray 1:13:21  
15 Michael Ward 1:16:43

**Male 30-34:**  
1 Donald Ocana 1:09:45  
2 Jose Ibarra 1:10:46  
3 Goddy Carlos 1:12:39

**Male 35-39:**  
1 Jesus Ocana 1:17:43

**Male 40-44:**  
1 Ray Schmidt 1:20:23  
2 Dick Johnson 1:27:12  
3 Jay Willis 1:29:40

**Male 45-49:**  
1 Jim Knerr 1:15:20  
2 P. Alexander 1:30:52  
3 Dave Lawrence 1:33:41

**Male 50-59:**  
1 Robert Page 1:27:03  
2 Roger Tilford 1:28:31  
3 Aurelio Camacho 1:29:56

**Male 60 & over:**  
1 Paul Richel 1:38:15

**Female 29 & under:**  
1 Christine Grundy 1:29:12  
2 Libby Muller 1:31:51

**Female 30-34:**  
1 Sue Alper 1:41:22

**Female 35-39:**  
1 Diane Eastman 1:38:17

**Female 40-44:**  
1 Johnna Cessor 1:45:27

**Female 45-49:**  
1 Erika Fleischer 2:01:27

**Female 50-59:**  
1 Virginia Terry 1:51:01

**Female 60 & over:**  
1 Bess James 2:20:38

## 10K

### April 26, Lafayette.

**Men 12 & under**  
1 Chris Mihm 39:11.1  
**Women 13-17**  
1 Marcia White N/A

**Men 13-17**  
1 Eddie Flores 34:45.3  
2 Dan McComb 35:47.3  
3 John Wilhelmly 35:55.1

**Women 18-29**  
1 Jolie Houston 37:00.0  
2 Kristan A. Martin 40:51.0  
3 Karen Schelegle 41:02.7  
4 Joy Taylor 42:28.3  
5 Lisa Homan 42:48.0

**Men 18-29**  
1 Richard Kimball 31:28.4  
2 Ed Schelegle 32:23.7  
3 Kenneth Mattson 32:56.1  
4 Dan Anderson 33:06.2  
5 Dennis Coulter 33:49.3  
6 Mike Trosset 33:54.2  
7 Steven Wight 33:59.9

**Women 30-39**  
1 Sharlet Gilbert 36:38.0  
2 Jane Sowersby 39:33.0  
3 Karen Lanterman 39:54.0

**Men 30-39**  
1 Bill Seaver 31:26  
2 Tom Kearcher 32:52  
3 Harvey Franklin 33:41  
4 Jeff Rawlins 34:13  
5 Wolf Goubau 34:19

**Women 40-49**  
1 Beverly Richardson 44:34  
2 Nora Smiriga 44:46  
3 Alice Rose 46:07

**Men 40-49**  
1 Myron Neuraumont 36:14  
2 Jim Moore 36:18  
3 Norm McAbee 36:21

**Women 50-59**  
1 Luisa Hansen N/A

**Men 50-59**  
1 Lee Sorenson 38:48  
2 G. A. Wetzork 41:23  
3 Bruce Riggs 41:32

**Women 60 & over**  
1 Eleanor Thune N/A  
**Men 60 & over**  
1 Frank Cuzzillo 46:13.3  
2 John Thune 48:21.8

## Space Race

From Sharon Walker Mastenbrook

### April 26, Balboa Park, San Diego.

**Female 12 & under**  
1 Tiffany Gorman 42:55  
2 Robin Eager 42:56  
3 Yvette Niles 45:50

**Male 12 & under**  
1 Andy Matthew 41:40  
2 Dusty Rehn 41:45  
3 Todd Halverson 41:55

**Female 13-17**  
1 Catherine Guevarra 40:15  
2 Cassey Sheppard 42:10  
3 Dawn Erickson 45:55

**Male 13-17**  
1 Jose Vega 33:34  
2 David Cantu 38:05  
3 Wayne East 39:18

**Female 18-29**  
1 Suzanne Bigbee 40:55

Ken Takeuchi photo



Ken Lehman

## Encino Optimist Club 10K

From RAND PINSKY

### Encino, April 26.

Women

|                     |       |
|---------------------|-------|
| 12 & under:         |       |
| 1 Eleanor Uribe     | 42:12 |
| 2 Romy Jacobson     | 57:51 |
| 3 Phoebe Marritt    | 57:54 |
| 13-19:              |       |
| 1 Christy Pakkala   | 46:17 |
| 2 Anne Johnsen      | 46:18 |
| 3 Kelly Marty       | 46:25 |
| 20-29:              |       |
| 1 Marian Mallory    | 30:31 |
| 2 Cynthia Wignot    | 44:03 |
| 3 Maria Martinez    | 46:21 |
| 30-39:              |       |
| 1 Pat Story         | 36:49 |
| 2 Bliss Comroe      | 44:39 |
| 3 Kay Kincade       | 48:24 |
| 40-49:              |       |
| 1 Joyce Momita      | 44:20 |
| 2 Oleta Della Sorte | 47:48 |
| 3 Lynn Lepitzky     | 48:01 |



|                     |       |  |
|---------------------|-------|--|
| 50-59:              |       |  |
| 1 Helen Dick        | 43:40 |  |
| 2 Colleen Jones     | 51:12 |  |
| 3 Daisy Wong        |       |  |
| 60 & over:          |       |  |
| 1 Lois Edds         | 48:54 |  |
| Men                 |       |  |
| 13-19:              |       |  |
| 1 Ron Ysaia         | 30:28 |  |
| 2 Farron Fields     | 32:12 |  |
| 3 Phillip Hernandez | 34:05 |  |
| 20-29:              |       |  |
| 1 Cleveland Whalen  | 31:15 |  |
| 2 Sippu Kurristo    | 32:16 |  |
| 3 Bill Entz         | 32:20 |  |
| 30-39:              |       |  |
| 1 Bob Macias        | 30:48 |  |
| 2 Ron Kurre         | 31:18 |  |
| 3 Charles Haven     | 32:05 |  |
| 40-49:              |       |  |
| 1 Ray Hughes        | 33:52 |  |
| 2 Eino              | 34:58 |  |
| 3 Walt Windsor      | 35:26 |  |
| 12 & under:         |       |  |
| 1 Jeff Reising      | 39:12 |  |
| 2 Peter Oviatt      | 40:51 |  |
| 3 Joshua King       | 43:58 |  |
| 50-59:              |       |  |
| 1 Juan Carmona, Jr. | 38:10 |  |
| 2 George Rapella    | 39:21 |  |
| 3 Bill Winstanby    | 39:42 |  |

## American Heart Association Run for Life

|                      |         |
|----------------------|---------|
| April 26, Stanford.  |         |
| 1 Greg Hodson        | 31:57.3 |
| 2 John Routh         | 32:07.9 |
| 3 Stephen Sidney     | 32:46.9 |
| 4 Michael Edestein   | 32:55.0 |
| Joann Dahlkoetter 1W | 37:06   |

## CSU Los Angeles Alumni Run 10K

By LOUIS HIRSCH

May 2, Los Angeles.

After a week of 90-plus degree weather, a miraculous break came in time to cool things off for this 10K run on the campus of CSULA. There was even a light drizzle before the race.

However, that was only the good news. The bad news came in the form of a small crowd of about 250, heavy traffic on campus...it was Saturday and classes were in session...and confusion as to the course. Several people were lost or ran insufficient loops.

One person who didn't have a problem with losing his way was campus policeman Bill McCullough, who has been known to rank rather high nationally in the steeplechase. Going out in 4:36 for his first mile, he covered the poorly marked course in 30:33. Second place was over two minutes behind. Even the pace car was unable to hold Mc

small electric cart type things, and it apparently recovered enough to come in before the second finisher did.

Josie Candela won the women's end of it by finishing in 39:45. No one else was anywhere near that time, second place being 15 year old Lisa DiConti who was over four minutes behind the pace in 44:28.

The course was rather hilly, not especially steep ones, but a lot of them. McCullough wasn't especially happy with them, but with a sub-30-10K and an 8:29 steeple under his belt, there was no one in town that day to challenge him. And, as an alumnus as well as employee of the school, it was quite appropriate for him to get the win.

photo by Louis Hirsch



Bill McCullough

A nice husband-wife showing was made by Ruby and K.G. Taki. They each won their respective 55-59 age groups, Ruby in 49:29 and K.G. in a very swift 39:48.

Men 13-15: 1. Kevin Miller (15) 38:19; 2. Michael Batchelor (15) 40:09; 3. Sal Rodriguez (15) 40:40.

Men 16-18: 1. Jeff Kindelan (18) 33:02; 2. Eddie Mundo (18) 36:07; 3. Lazaro Gamboa (18) 36:39.

Men 19-29: 1. William McCullough (27) 30:33; 2. Jim Masterson (27) 33:13; 3. Jack Sanchez (25) 34:40; 4. Dennis Matte (27) 34:43; 5. Benjamin Diaz (22) 35:24.

Men 30-34: 1. Irwin Merein (30) 34:55; 2. Joe Alvarado (31) 35:48; 3. Frank Meza (32) 36:11.

Men 35-39: 1. Phil Ryan (37) 32:55; 2. Blino Valdez (37) 36:36; 3. Albert Ige (37) 37:40.

Men 40-44: 1. Alan Batchelor (44) 34:32; 2. John Sampson (40) 38:54; 3. John Ripper (40) 40:29.

Men 50-54: 1. Patrick Devine (52) 37:33. Men 55-59: 1. KG Taki (57) 39:48. Men 60-64: 1. Kazumasa Iwata (61) 47:28. Men 65-69: 1. George Feinstein (67) 49:43. Men 70 & Over: 1. Robert Gilmore (72) nt.

Women 13-15: 1. Lisa DiConti (15) 44:28.

Women 16-18: 1. Caroline Blumberg (18) 55:56.

Women 19-29: 1. Josie Candela (25) 39:45; 2. Diane Woodard (23) 50:15; 3. Luz Garcia (29) 51:23.

Women 30-34: 1. Angie Barron (30) 49:54.

Women 35-39: 1. Nancy Ishing (37) 48:17.

Women 40-44: 1. Sarah Jones (40) 50:06.

Women 45-49: 1. Shirley Blush (45) 45:22.

Women 55-59: 1. Ruby Taki (56) 49:29.

Women 65-69: 1. Lenore Nicholson (65) nt.

photo by Louis Hirsch



Josie Candela

## Ford Aerospace Spring Tune Up 5K & 10K Runs

From S. T. JOHNSON

May 2, Newport Beach.

5 Kilometer. 14 & under: Eddie Lavelle (Fountain Vly) 19:09. 15-18: Richard Pinarja (Cerritos) 17:40. 19-29: Frank Dauncey (Costa Mesa) 15:10.3.

30-34: Walt Hitt (Costa Mesa) 15:50.5. 35-39: Frank Duarte (Santa Ana) 15:14.8. 40-44: Gary Smith (Newport Beach) 17:17.3.

45-49: Scott Watkins (San Diego) 17:22.4. 50-59: Leonard F. Walts (Beverly Hills) 18:11.7.

60 plus: Jay Lalum, Sr. (Santa Ana) 19:47.

200 plus pounds: Rich Gronbach (Manhattan Beach) 20:29.

5 Kilometer-Women. 14 & under: Donna Metzler (Dana Pt) 21:39.5.

15-18: Linda Provis (Newport Beach) 21:48.

19-29: Sandie Messina

ona del Mar) 21:31. 50 plus: Lorraine Johnson (Tucson) 24:11.

10 Kilometer. 14 & under: Ted Goodlake (Camp Pendleton) 36:15.9.

15-18: Darrell Walker (Costa Mesa) 37:07.6.

19-29: Julian Cruz 33:57.5.

30-34: Mike Corralz (San Clemente) 33:25.7.

35-39: Stan Stauble (Huntington Beach) 36:08.6.

40-44: Merl Glauser (Northridge) 36:08.6.

45-49: Jim Blankenship (Oceanside) 36:58.7.

50-59: Art Miller (Cypress) 39:42.2.

60 plus: Donald Dilworth (Escondido) 42:21.0.

200 plus pounds: Joe Jacobsen (Thousand Oaks) 38:14.5.

10 Kilometer-Women. 14 & under: Tanya Leney (Manhattan Beach) 61:11.0.

15-18: Kelly Martz (Irvine) 48:51.4.

19-29: Jeanne Lambert (Anaheim) 43:58.7.

30-39: Cynthia Brack (Manhattan Beach) 48:20.6.

40-49: Emily Baldrige (Newport Beach) 45:00.6.

## Reedley 10 Mile

By MARTY HIGGINBOTHAM

May 3, Reedley. Central California TAC 10 Mile Championships (Reedley 10 Mile).

Bartlett Mineral Water Race Team runners made a clean sweep of this year's Central Cal. Athletic Congress Ten Mile Championships.

From the start Al Lara and Juan Garza both of Bartlett, ran together in a comfortable lead. In the later stages of the race Lara broke away from Garza and went on to post a 51:58 victory.

Garza followed at 52:29. Ed Taylor, who is predominantly a shorter distance runner, shot past Gary Campbell of the Visalia Runners with two and a half miles to go and went on to finish third in 53:27.

Campbell was next in fourth; however, first in submasters division with a time of 53:36 which set a new submaster record. In the masters division Frank Padillo of the Visalia Runners also established a new record with his 58:27 time.

HSTC runner Len Thornton wound up the course record revisions for the men as he set a new 50 Plus standard of 57:42.

The women were not to be left out of this record setting day as Renee Wyckoff of the Visalia Runners destroyed the women's mark as she ran a 58:56 effort.

The Reedley 10 Mile layout has proved to be fast, but this year records fell in all divisions except the men's open where the 1976 mark of 49:21 by Fred Carnahan of Genoa Nebraska still stands.

Men's Open: 1. Al Lara (BRT) 51:58; 2. Juan Garza (BRT) 52:29; 3. Ed Taylor (BRT) 53:27.

Men 30-39: 1. Gary Campbell (VR) 53:36; 2. Dave Bronzan (HSTC) 55:58; 3. Craig Newport (VR) 58:22.

Men 40-49: 1. Frank Padilla (VR) 58:27; 2. Frank Delgado (FTC) 59:37; 3. Dick Cain (FTC) 61:07.

Men 50 & Over: 1. Len Thornton (HSTC) 57:42; 2. Sid Toabe (FTC) 62:51; 3. Ken Takeuchi (FTC) 69:07.

Women: 1. Renee Wyckoff (VR) 58:56; 2. Shirley Rojas (VR) 71:41; 3. Dorothy Thomas (FTC) 78:10.

Women's 12 & Under: 1. Carol Doody 40:15; 2. Susan Sullivan 60:16; 3. Meredith Raimondo 63:06.

Women 13-18: 1. Laura Cattivera 40:00; 2. Jana Hillman 41:42; 3. Gina Glidden 47:24.

Women 19-24: 1. Diana Tracy 38:51; 2. Lisa Buckley 41:00; 3. Roma Antoniewicz 42:48.

Women 25-29: 1. Karen Scharf 43:16; 2. Dyan Henlein 43:19; 3. Sharon Sullivan 43:53.

Women 30-34: 1. Denny Goodfellow 42:03; 2. Pauline Steven 42:11; 3. Linda Papermaster 42:35.

Women 35-39: 1. Gayle Lighty 41:59; 2. Harolene McLean 42:04; 3. Alvira Sagin 42:41.

Women 40-44: 1. Ruth Gilmore 44:39; 2. Diana Gonzales 45:26; 3. Joan Kalan 46:40.

Women 45-49: 1. Shirley Blush 46:22; 2. Atsuko Fujimold 46:56; 3. Barbara Vail 47:32.

Women 50-54: 1. Ginny Gossaro 51:33; 2. Evelyn Dabritz 52:10; 3. Jeanette Pelsky 58:46.

Women 55-59: 1. Helen Dick 43:34; 2. Ruby Taki 48:09; 3. Vila Hancock 52:40.

Women 60 & Over: 1. Mem Howe 54:04; 2. Edith Carlisle 54:15; 3. Betty Jo Nash 58:34.

Men 12 & Under: 1. Peter Oviatt 40:13; 2. Justin Glidden 41:16; 3. Gabriel Ganor 45:03.

Men 13-18: 1. Rick Dodson 32:26; 2. Peter King 33:40; 3. Don Bemowski 35:02.

Men 19-24: 1. Gary Fredrickson 32:15; 2. Clyde Matsumura 32:55; 3. Eric Rogers 33:05.

Men 25-29: 1. Cleveland Whalen 31:28; 2. David Gardner 32:34; 3. Mike Craig 32:42.

Men 30-34: 1. Bill Boggs 33:26; 2. Ruben Garcia 33:38; 3. Rocky Mettam 34:10.

Men 35-39: 1. Michael Kelley 33:25; 2. Simon Rubin 35:15; 3. Gene Bruno 35:45.

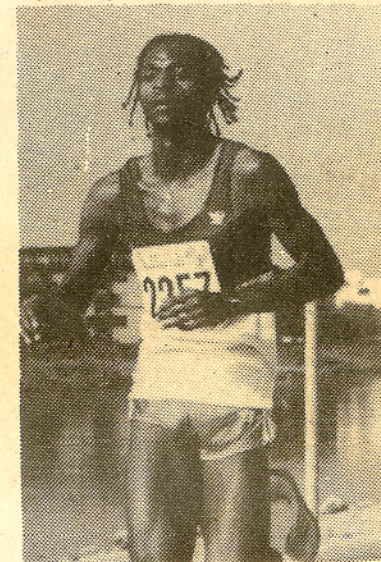
Men 40-44: 1. Bert Coventry 33:13; 2. Jerry Daniels 35:20; 3. Bruce Kostin 35:32.

Men 45-49: 1. Walt Windsor 35:18; 2. Ted Oriatt 37:06; 3. John Opdyke 37:07.

Men 50-54: 1. Pete Mundie 38:08; 2. George Ropella 38:46; 3. John Holt 39:32.

Men 55-59: 1. Ray Gill 37:36; 2. K. G. Taki 39:19; 3. Avery Bryant 40:16.

Men 60 & Over: 1. Demetrio Miller 42:07; 2. Clyde Alling 43:18; 3. Dean Scofield 44:52.



Cleveland Whalen

## Saint John's 10K

By LOUIS HIRSCH & CARL SANKO



|                      |         |
|----------------------|---------|
| 1 Greg Hudson        | 32:07.9 |
| 2 John Routh         | 32:46.9 |
| 3 Stephen Sidney     | 32:55.0 |
| 4 Michael Edestein   | 37:06   |
| Joann Dahlkoetter 1W |         |

## CSU Los Angeles Alumni Run 10K

By LOUIS HIRSCH

### May 2, Los Angeles.

After a week of 90-plus degree weather, a miraculous break came in time to cool things off for this 10K run on the campus of CSULA. There was even a light drizzle before the race.

However, that was only the good news. The bad news came in the form of a small crowd of about 250, heavy traffic on campus...it was Saturday and classes were in session...and confusion as to the course. Several people were lost or ran insufficient loops.

One person who didn't have a problem with losing his way was campus policeman Bill McCullough, who has been known to rank rather high nationally in the steeplechase. Going out in 4:36 for his first mile, he covered the poorly marked course in 30:33. Second place was over two minutes behind. Even the pace car was unable to hold McCullough's pace. It gave out at four miles and had to pull off to the side for a rest. It was one of those

### Bill McCullough

A nice husband-wife showing was made by Ruby and K.G. Taki. They each won their respective 55-59 age groups, Ruby in 49:29 and K.G. in a very swift 39:48.

**Men 13-15:** 1. Kevin Miller (15) 38:19; 2. Michael Batchelor (15) 40:09; 3. Sal Rodriguez (15) 40:40.

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**Men 45-49:** 1. Jim Brownfield (49) 36:45; 2. Andrew DiConti (45) 38:46; 3. P. Alexander (47) 39:40.

### Josie Candela

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From S. T. JOHNSON

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**5 Kilometer. 14 & under:** Eddie Lavelle (Fountain Vly) 19:09. **15-18:** Richard Pinarja (Cerritos) 17:40. **19-29:** Frank Dauncey (Costa Mesa) 15:10.3. **30-34:** Walt Hitt (Costa Mesa) 15:50.5. **35-39:** Frank Duarte (Santa Ana) 15:14.8. **40-44:** Gary Smith (Newport Beach) 17:17.3. **45-49:** Scott Watkins (San Diego) 17:22.4. **50-59:** Leonard F. Walts (Beverly Hills) 18:11.7. **60 plus:** Jay Lalum, Sr. (Santa Ana) 19:47. **200 plus pounds:** Rich Gronbach (Manhattan Beach) 20:29.

**5 Kilometer-Women. 14 & under:** Donna Metzler (Dana Pt) 21:39.5. **15-18:** Linda Provis (Newport Beach) 21:48. **19-29:** Sandie Messina (Santee) 21:11. **30-39:** Fran Solomon (Corona del Mar) 17:47.9. **40-49:** Cheri Lightburne (Cor-

record revisions for the men as he set a new 50 plus standard of 57:42.

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**Women:** 1. Renee Wyckoff (VR) 58:56; 2. Shirley Rojas (VR) 71:41; 3. Dorothy Thomas (FTC) 78:10.

## Saint John's 10K

By LOUIS HIRSCH & CARL SANKO

### May 3, Marina Del Rey. Saint John's Hospital and Health Center 10K.

Marina Del Rey- Two thousand people lined up for the start of this 10K laid out in Los Angeles' posh Marina Neighborhood. The area is flat and there are usually cool ocean breezes, so it promised to be "PR City." However, it didn't turn out that way. The course and the weather were flat and cool, respectively, but the times weren't there. Some claimed that the course was long.

In any case, Cleveland Whalen took off from the starting gun and led all the way for his second win in a row in this event. His time was 31:28.6. Second was 19 year old Gary Fredrickson from CSU Dominguez Hills who posted a 32:15.0.

Diana Tracy was the only female to break 40 minutes. Her 38:51 made her an easy winner, as second place was just a tick over 40:00. That was Laura Cattivera who finished just 6 tenths of a second over 40 flat. A good lesson here: Kick it in! That one final surge could mean a sub-40.

Most inspiring aspect was a group for whom the race was really all about. Seventy-two cardiac patients started and finished, all in good form. They were into running as part of their rehabilitation following heart operations. They were given special medals for their effort.

Third place female was 12 year old Carol Doody. Her time of 40:15 leads us to believe the suspicion of the course being a mile long because Carol normally runs in the low 39's and 38's.

It was good to see master's great Peter Mundle back in competition. His 38:04 would be more like a jog pace for the pre injured and ill Mundle, but it was good enough to take his 50-54 age group. Pete will be getting back into the 35's and 34's soon enough.

Clyde Matsumura of the Santa Monica Track Club was the fastest St. John's employee in 32:55 and John Opdyke was the fastest St. John's doctor entered.

Presenting the awards and participating in the run was actor Dustin Hoffman. We hereby start the rumor that Hoffman was getting in shape for a role in The Graduate II...or was it Marathon Man II?



Cleveland Whalen

## Golden State Women's Series

### May 3, Rocklin.

|                         |       |
|-------------------------|-------|
| <b>10 Kilometer:</b>    |       |
| 1 Kathy Pfeifer         | 38:45 |
| 2 Eileen Claugus        | 39:53 |
| 3 Jolie Houston         | 40:02 |
| 4 Sharlet Gilbert       | 40:15 |
| 5 Kathy Way             | 40:54 |
| 6 Rita Scalise Fagundes | 42:30 |
| 7 Sally Edwards         | 44:12 |
| 8 Jenny Simonsen        | 45:35 |
| 9 Karen Schelegle       | 45:54 |
| 10 Susan Hall           | 48:34 |
| 24 Mary Brumfield 1-40  | 56:20 |
| 40 Peggy Ewing 1-50     | 62:20 |
| <b>5 Kilometer:</b>     |       |
| 1 Judy Morris           | 24:42 |
| 2 Patti Snyder          | 26:23 |
| 3 Karen Schreitmuller   | 26:34 |

## Novato Ridge Run

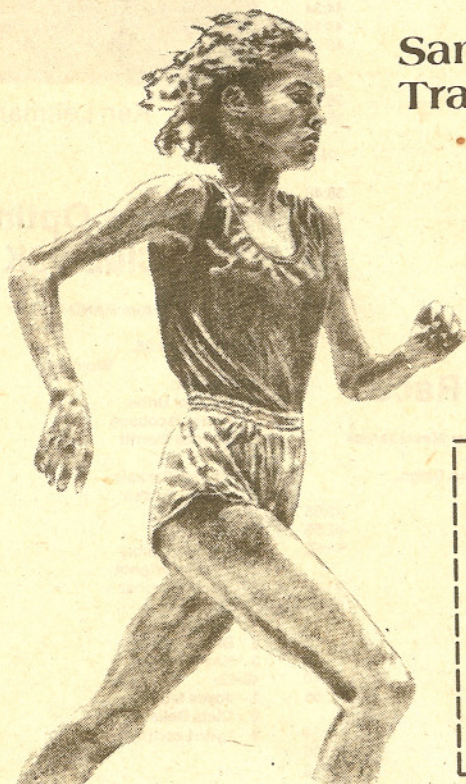
From VIC PERRELLA

### May 3, Novato. 5.1 and 3.1 mile races.

#### 5.1 Mile Race:

**Female 13-15:** 1. Jane Civenta 41:22. **Female 16-19:** 1. Liana Wilson (Novato) 35:34. **Female 20-29:** 1. Betsy Potter (Novato) 39:56. **Female 30-34:** 1. Myrna Icombe (Novato) 43:43. **Female 35-39:** 1. Pam DeWeerd (Kentfield) 55:39. **Female 40-49:** 1. Kathryn Singer (Novato) 37:39.

**Male 12 & Under:** 1. Todd Glassmaker (Novato) 38:04. **Male 13-15:** 1. Robert Lockhart (Novato) 38:42. **Male 16-19:** 1. Craig Wilson (Novato) 29:31. **Male 20-29:** 1. Fred Frauns 28:41. **Male 30-34:** 1. Phil Springfield 32:56. **Male 35-39:** 1. Don Jacobs (Novato) 32:06.



## San Diego Track Club NEWS

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Male 40-49: 1. Bert Botta 32:16. Male 50 & Over: 1. Charles Hartman 37:26.

### 3.1 Mile Race:

Female 12 & Under: 1. Lisa Misfud (Novato) 27:26. Female 13-15: 1. Andrea Schucker (Mill Valley) 27:37. Female 16-19: 1. Gina Perrella (Novato) 22:57. Female 20-29: 1. Barbara Moore (Novato) 35:33. Female 30-34: 1. Melody Castro 24:45. Female 35-39: 1. Gloria Muldoon (Novato) 26:17. Female 40-49: 1. Barbara Rutner (Novato) 23:53.

Male 12 & Under: 1. Greg Pratt 25:48. Male 13-15: 1. Jack Kegg (Petaluma) 19:55. Male 16-19: 1. Steve Fitzpatrick (Kentfield) 24:08. Male 20-29: 1. Bob Gaddini (Novato) 19:34. Male 30-34: 1. Wayne Hinrichs (Novato) 19:14. Male 35-39: 1. Ron Witzel (Novato) 21:05. Male 40-49: 1. Bert Botta (Mill Valley) 18:23. Male 50 & Over: 1. Arnold Scott (Petaluma) 24:19.

## Glendale Distance Classic 5 & 10 K

By RICHARD LEE SLOTKIN  
with thanks to JOHN SPORLEDER

### May 3, Glendale Verdugo Park.

John Koningh and Alvaro Palacios were wire to wire winners in the third running of this Glendale event. Koningh won the 5K for the third year in a row, thus making him the only winner this run has ever had. His time of 14:43 was over a half minute ahead of the next runner and came after a 3:50 1500 meters just the day before at San Jose. Second place went to 30 year old Bob Macias of the Santa Monica Track Club who ran the hilly course in 15:15.

First woman was 27 year old Yvonne Thomas. Her time was 20:26, and she was followed by Rebecca Baile a tick short of a minute later in 21:25. With many local ladies regularly breaking 18 and even 17 minutes, these times weren't that exciting, but for the winners, a win is a win.

The 10K runners were given two doses of the 5K course, so they had not only twice the distance, but twice the hills. It didn't seem to bother winner Palacios too much because he was seen passing the pace bicycle going up those hills! Palacios was over a minute ahead of second place, running the course in 32:33, and as with the 5K, second place went to the "senior citizen" contingent, namely 30 year old Carlos Godoy. In fact, third place went to another 30 year old, Ken Kendall.

Jaynie Studenmund was the only "name" woman runner in either event, and she was an easy winner in the 10K with a 39:06. No one else broke 41:00.

About 500 runners competed in each race.

### 10K Results:

|                            |       |
|----------------------------|-------|
| 1 Alvaro Palacio (19-24)   | 32:33 |
| 2 Carlos Godoy (30-34)     | 33:38 |
| 3 Ken Kendall (30-34)      | 33:59 |
| 4 Danny Palma (13-18)      | 34:21 |
| 5 Javier Mesia (13-18)     | 34:23 |
| 6 Mike Trafecanty (13-18)  | 34:25 |
| 7 Irwin Merein (30-34)     | 34:48 |
| 8 Scott Schweitzer (25-29) | 34:50 |
| 9 Henry Lange (30-34)      | 34:58 |
| 10 Steve Bushey (30-34)    | 35:27 |

Women:

## Country Campus Run

From NANCY MARCH

May 9. Rocklin.  
10K (6.2 Miles)  
1 Clawman 34:51  
2 Scott Mull 35:17  
3 Pat Leslie 1-30 35:48  
4 Paul Howard 37:03  
5 Daniel Napieralski 37:49  
10 Denny Joyce 1-40 39:30  
17 Thomas Marshall 1-50 41:30  
44 Judy Lawrence 1-30F 45:30  
49 Joan Lewis 1 15-19F 46:07  
51 Gail Dowell 1-20F 47:20  
76 Paul Camerer 1-60 52:47  
79 Virginia Condon 1-40F 53:14

5K (3.1 Miles)  
1 Craig Ottersen 16:20  
2 Joe Blenkile 18:30  
3 Jeff Williams 18:30  
4 Joe O'Farrell 19:30  
5 Pete Schoener 1-40 19:33  
6 Chris Spackman 1-30 19:35  
13 Troy Grove 1-60 20:25  
18 Donald Owen 1-50 22:06  
22 Cindy Simonsen 1-F 22:50  
36 Kathleen Zeer 1-30F 26:20  
48 Desri Gilmore 1-40F 27:30  
54 Katy Miliken 1-50F 28:33

## Rotary River Run

From Ron Sani

### May 9. Firebaugh.

6 Mile

Open Men  
1 Al Lomeli 33:20.40  
2 Ray Rubio 34:25.46  
3 Bobby Santoyo 40:19.00  
Open Women  
1 Donna Aldrich 45:38.68  
2 Kathy Vogel 47:27.80  
3 Terry Nieto 49:06.58  
Senior Men (30-40)  
1 Andres Patlan 36:02.17  
2 Mike Erwin 37:15.36  
3 Steve Whitwill 37:52.15  
Masters Men (40 & over)  
1 Dick Cain 36:48.18  
2 Rick Zamarrappa 38:52.07  
3 Walt Brown 40:16.26

3 Mile

Open Men  
1 Henry Clark 18:24.14  
2 David Raygoza 19:23.74  
3 Danny Crisp 23:01.46  
High School Men  
1 John Wyatt 17:13.03  
2 Wendell Settle 20:26.80  
3 Mike Larkin 24:16.21  
Women 30 & over  
1 Chris Sani 24:58.61  
2 Nelda Martin 28:16.44  
Women 30 & under  
1 Michele Cantwell 22:57.30  
2 Michele Baldwin 22:59.44

1 Mile

Boys 12 & under  
1 Alex Cantwell 5:45.81  
2 Aaron Christenson 5:58.23  
3 Michael Mendoza 6:31.16

## St. Mary's Football Fund Run - 5K

May 10. St. Mary's College, Moraga.

1 Brad Barnes 16:21.7  
2 Matt Dowling 16:24.7  
3 Gene Dangel 1-30 16:41.3  
4 Steve Wight 16:50.3  
5 David Powell 16:58.1  
9 Myron Neuraumont 1-40 18:06.9  
11 Rainey Stolp 1-F 18:35.4  
21 Marilyn Harbin 1-40F 20:04.8

## Occidental Road Races

From FRED KENYON

May 10. Occidental.  
8000 Meters (4.97 Miles)

1 Butch Alexander 27:37  
2 Brian Hoyt 27:38  
3 Dan Preston 28:24.1  
4 Dennis Bollman 28:39.1  
5 Rich Dunn 29:14.0  
6 Stacy Van Horn 29:26.2  
7 Dennis Doris 29:35.5  
8 Rich Zellers 29:39.6  
9 Jeff Ramsey 29:56.8  
10 Martin Jones 29:58.1  
18 Michael Pence 1-40 31:39.4  
34 Vicki French 1F 36:49.0  
43 Beth Pisanl 2F 40:05.2

## Avenue of the Giants Marathon

May 13. Weott.

Boys 14 & Under:

1 Marc Shiota (13, Saratoga) 3:42:10

Boys 15-18:

1 Steve Hendrix (15, Eureka) 3:12:47

Men 19-34:

1 Jim Howard (26, Sacramento) 2:18:06  
2 John Mansoor (25, Fair Oaks) 2:20:21  
3 Leonard Hill (28, White City, OR) 2:22:15  
4 Eric Bralnick (21, Logan, UT) 2:25:59  
5 Howard Labrie (30, Etna) 2:26:41  
6 Kris Krichko (24, Eugene, OR) 2:27:46  
7 Willie Pittenger (30, Ventura) 2:27:51  
8 Chris Turney (23, Rich Cordova) 2:28:05  
9 Virginio Dearaujo (29, San Fran) 2:28:32  
10 Herm Fountain (33, San Diego) 2:28:38  
11 Jim Lovejoy (33, Garberville) 2:29:07  
12 Glenn Owen (24, Eugene, OR) 2:34:01  
13 Vince Mathews (25, Sacramento) 2:35:15  
14 Bob Thompson (27, Wrightwood) 2:35:16  
15 Joe Duvall (26, Vancouver, WA) 2:36:13  
16 Jim Washington (26, Arcata) 2:36:51  
17 Kip Krichko (22, Eugene, OR) 2:36:55  
18 Jim Santisteban (27, Hayward) 2:36:59  
19 Butch Alexander (27, Sonoma) 2:37:00  
20 Jon Root (26, Paso Robles) 2:37:57

Men 35-39:

1 William Clark (37, Los Altos) 2:32:33  
2 Don Zaph (37, Boise, ID) 2:39:49  
3 Ron Parks (35, Redondo Beach) 2:39:51  
4 Peter Laskier (36, Mill Valley) 2:39:53  
5 David Compton (39, Ashland, OR) 2:40:19

## P.R.'s

By RICHARD SLOTKIN

We have a very interesting and impressive roster of P.R.'s this issue. In case you didn't recognize the name down in the "P's," that's the same Carlos Palomino who was W.B.C. World's Welterweight Boxing Champ not so very long ago. Welcome to our world, champ! Send your P.R.'s (that's *Personal Record*) to Richard Slotkin, 14212 Summertime Lane, Culver City, CA 90230.

Roma Antoniewicz (LA Naturite TC) Avon 1/2 Marathon (Rose Bowl) 1:25:17.  
Dave Becker (SLDC) Red Cross Marathon 3:40:08.  
Vonclille Brown 10 K-arat Gold Run 38:06.  
Michelle Bush (UCLA) Avon 1/2 Marathon (Rose Bowl) 1:16:53\*  
Petra Clatyon (SLDC) Red Cross Marathon 3:57:08.  
Lindsey Cox (SLDC) Red Cross Marathon 3:22:30\*  
John Ellis (Laguna Niguel) Boston Marathon 2:17:23 39th place.  
John Ernatt (SLDC) Red Cross Marathon 3:03:42\*  
Gary Fredrickson (CSUDH) St. John's Hospital 10K 32:15 2nd place.  
Gary Fredrickson (CSUDH) West Covina 5K 15:36.  
Wes Forman (SLDC) Red Cross Marathon 3:18:05\*  
Sal Garcia (SLDC) Red Cross Marathon 3:16:05.  
Eddie Ivory (SMT) Santa Monica 10K 39:30.  
Eddie Ivory (SMT) Los Alamitos Marathon 3:26.  
Mark Luevano (SMT) Mt. SAC Relays 1500m 3:43.31.  
Bob Macias (SMT) Encino Optimists 10K 30:40.  
George Mason (AIA) Boston Marathon 2:17:24 40th place.  
Marty McCaslin (SLDC) Red Cross Marathon 3:29:23\*  
Bill McChesney (OTC) UCLA/Pepsi 2 Mile 8:23.16 1st place.  
Kathy Mintie (UCLA) Avon Half-Marathon (Rose Bowl) 1:11:39\* world best women only.  
Ruth Mizumoto (SMT) Avon Half-Marathon (Rose Bowl) 1:55:15.  
Suleiman Nyambui (UTEF/Tanzania) Mt. SAC Relays 10K 27:58.3 meet record.  
Steve Ortiz (SMT) Mt. SAC Relays 10K 28:37.5.  
Carlos Palomino L.A. Marathon 3:22\*  
Bob Parker St. John's Hospital 10K 37:33.  
Tim Peterson (SLDC) Red Cross Marathon 3:50:14\*  
Christien Prieur (French Lycee) Hawthorne Inv. 1500m 4:27.7 frosh record.  
Gladys Prieur (French Lycee) Hawthorne Inv. 1500m 4:50.0.  
Carol Pruett (SLDC) Red Cross Marathon 3:38:13\*  
Shella Ralston (UCLA) Avon Half Marathon (Rose Bowl) 1:20:12\*  
John Root (SLDC) Red Cross Marathon 2:41:33.  
Kristin Russell (SMT) Avon Half Marathon (Rose Bowl) 1:42:25.  
Carl Sanko St. John's Hospital 10K 37:29.2.  
Peter Schulze (SLDC) Red Cross Marathon 3:12:19\*  
Steve Scott (Sub-4) 6 Flags Magic Mt. 10K 28:29.  
Ralph Serna (Anaheim) Boston Marathon 2:14:16.  
Jeff Shaver (San Jose St.) Mt. SAC Relays 10K 30:10.0.  
J. Simmons (SLDC) Red Cross Marathon 3:38:07 1st female.  
Richard Singerman (SMT) Marina 10K 39:59.  
Richard Slotkin (SMT) Pt. Fermin 10 Mile 68:57.  
Fran Solomon (CDM) Avon Half Marathon (Rose Bowl) 1:19:56.  
Fran Solomon Boston Marathon 2:49:28.  
Fran Solomon Eclipse Sun Run 5K 16:57.  
Chuck Spanski Pt. Fermin 10 Mile 79:44\*  
Andre Tocco (PFF) Anteater 10K 33:19.  
Andre Tocco (PFF) Narathon 20K 70:17.  
Cleveland Whalen The Forum 5K 14:26.  
B. Van Wyngaarden (SLDC) Red Cross Marathon 3:05:35.

\* = 1st time.

photo by Marty Higginbotham

### Women 50-54:

1 Nicki Hobson (51, San Diego) 3:11:43  
2 Marion Irvine (51, San Francisco) 3:18:43

### Women 55-59:

1 Virginia Terry (56, Long Beach) 4:00:34  
Women 60 & Over:  
1 Mavis Oindgren (74, Orleans) 4:49:25

## Coalinga Diamond Jubilee Races





minute later in 21:25. With many local ladies regularly breaking 18 and even 17 minutes, these times weren't that exciting, but for the winners, a win is a win.

The 10K runners were given two doses of the 5K course, so they had not only twice the distance, but twice the hills. It didn't seem to bother winner Palacios too much because he was seen passing the pace bicycle going up those hills! Palacios was over a minute ahead of second place, running the course in 32:33, and as with the 5K, second place went to the "senior citizen" contingent, namely 30 year old Carlos Godoy. In fact, third place went to another 30 year old, Ken Kendall.

Jayne Studenmund was the only "name" woman runner in either event, and she was an easy winner in the 10K with a 39:06. No one else broke 41:00.

About 500 runners competed in each race.

|                                |       |
|--------------------------------|-------|
| <b>10K Results:</b>            |       |
| 1 Alvaro Palacio (19-24)       | 32:33 |
| 2 Carlos Godoy (30-34)         | 33:38 |
| 3 Ken Kendall (30-34)          | 33:59 |
| 4 Danny Palma (13-18)          | 34:21 |
| 5 Javier Mesia (13-18)         | 34:23 |
| 6 Mike Trafecanty (13-18)      | 34:25 |
| 7 Irwin Merene (30-34)         | 34:48 |
| 8 Scott Schweitzer (25-29)     | 34:50 |
| 9 Henry Lange (30-34)          | 34:58 |
| 10 Steve Bushey (30-34)        | 35:27 |
| <b>Women:</b>                  |       |
| 1 Jayne Studenmund (25-29)     | 39:06 |
| 2 Cindy Schull (19-23)         | 41:45 |
| 3 Eleanor Uribe (9-12)         | 42:32 |
| 4 Libby Muller (19-24)         | 43:23 |
| 5 Bonnie Emmett (25-29)        | 43:44 |
| <b>Other Division Winners:</b> |       |
| 8-Under: Joseph Krasno         | 53:00 |
| 9-12: Joel Rapp                | 39:12 |
| 35-39: Pedro Ponce             | 36:19 |
| 40-44: Richard Belliveau       | 36:47 |
| 45-49: Dick Ortiz              | 37:42 |
| 50-59: John Racely             | 38:29 |
| 60-69: Ed Rubin                | 55:33 |
| 70-Over: Jim Bole              | 50:24 |

|                                |       |
|--------------------------------|-------|
| <b>5K Results:</b>             |       |
| 1 John Koningh (19-24)         | 14:43 |
| 2 Bob Macias (30-34)           | 15:15 |
| 3 Tom Moriarty (25-29)         | 15:33 |
| 4 Walt Hitt (30-34)            | 16:13 |
| 5 Frank Peters (19-24)         | 16:19 |
| <b>Women:</b>                  |       |
| 1 Yvonne Thomas (25-29)        | 20:26 |
| <b>Other Division Winners:</b> |       |
| 35-39: Jim Minami              | 16:49 |
| 40-44: Nelson Grader           | 17:17 |
| 45-49: Len Efron               | 17:14 |
| 50-59: Bill Winstanley         | 19:16 |
| 60-69: Mello Garcia            | 22:55 |

## 2 Person 8 Mile Relay

May 9, Roeding Park, Fresno. Each runner runs 2 miles twice.

Combined ages of both runners for divisions

|                                    |       |
|------------------------------------|-------|
| M 29&U: Tom Morgan/Martin Hess     | 44:30 |
| M 30-39: Al Moreno/Mike Woody      | 46:28 |
| M 40-49: Greg Valdez/Eric Little   | 40:18 |
| M 50-59: Steve Ward/Jim Hartig     | 41:57 |
| M 60-69: Bob Lindsey/George Garcia | 44:07 |
| M 70-79: Ron Martin/Lang Russell   | 47:08 |
| M 80-100: Frank Delgado/Gene Lynch | 46:40 |
| M 100&O: Don Welch/Ken Takeuchi    | 51:41 |
| MX 49&U: Steve Moreno/Helen Lopez  | 48:06 |
| MX 50&O: Mike & Vicki Evangelho    | 50:00 |

|                                    |          |
|------------------------------------|----------|
| <b>Open Women</b>                  |          |
| 1 Donna Aldrich                    | 45:38.68 |
| 2 Kathy Vogel                      | 47:27.80 |
| 3 Terry Nieto                      | 49:06.58 |
| <b>Senior Men (30-40)</b>          |          |
| 1 Andres Patlan                    | 36:02.17 |
| 2 Mike Erwin                       | 37:15.36 |
| 3 Steve Whitwill                   | 37:52.15 |
| <b>Masters Men (40 &amp; over)</b> |          |
| 1 Dick Cain                        | 36:48.18 |
| 2 Rick Zamarrappa                  | 38:52.07 |
| 3 Walt Brown                       | 40:16.26 |

|                             |          |
|-----------------------------|----------|
| <b>Open Men</b>             |          |
| 1 Henry Clark               | 18:24.14 |
| 2 David Raygoza             | 19:23.74 |
| 3 Danny Crisp               | 23:01.46 |
| <b>High School Men</b>      |          |
| 1 John Wyatt                | 17:13.03 |
| 2 Wendell Settle            | 20:26.80 |
| 3 Mike Larkin               | 24:16.21 |
| <b>Women 30 &amp; over</b>  |          |
| 1 Chris Sani                | 24:58.61 |
| 2 Nelda Martin              | 28:16.44 |
| <b>Women 30 &amp; under</b> |          |
| 1 Michele Cantwell          | 22:57.30 |
| 2 Michele Baldwin           | 22:59.44 |

|                             |         |
|-----------------------------|---------|
| <b>Boys 12 &amp; under</b>  |         |
| 1 Alex Cantwell             | 5:45.81 |
| 2 Aaron Christenson         | 5:58.23 |
| 3 Michael Mendoza           | 6:31.16 |
| <b>Girls 12 &amp; under</b> |         |
| 1 Kim Vogel                 | 6:32.15 |
| 2 Vicky Patlan              | 6:50.02 |
| 3 Denise Hardin             | 7:31.73 |



## Run for the Gaels

May 10. St. Mary's College, Moraga.

|                          |         |
|--------------------------|---------|
| <b>10K</b>               |         |
| 1 Ed Schelegle           | 31:33.7 |
| 2 Dan Anderson           | 32:50.2 |
| 3 David Smith            | 32:58.5 |
| 4 Sal Vasquez 1-40       | 33:10   |
| 5 Phil LeBoit            | 34:20   |
| 6 Gary Alderman 1-30     | 34:40   |
| 7 Tim Coolman            | 35:41   |
| 8 Rip Talavera 2-30      | 36:11   |
| 9 Frank Knafelz 1-17u    | 36:28   |
| 10 Dave Willis 3-30      | 36:28   |
| 12 Sharlet Gilbert 1-30F | 36:46   |
| 13 Jim Moore 2-40        | 37:07   |
| 16 Joanne Dahlkoetter F  | 37:32   |
| 24 Gough Reinhardt 1-50  | 39:55   |
| 42 Karen Schelegle F     | 42:19   |
| 44 Valerie Knafelz F     | 42:28   |
| 53 Vickie Knafelz F      | 43:05   |
| 58 Nona Smiriga 1-40F    | 44:03   |

|                                     |         |
|-------------------------------------|---------|
| <b>May 13, Weott.</b>               |         |
| <b>Boys 14 &amp; Under:</b>         |         |
| 1 Marc Shiota (13, Saratoga)        | 3:42:10 |
| <b>Boys 15-18:</b>                  |         |
| 1 Steve Hendrix (15, Eureka)        | 3:12:47 |
| <b>Men 19-34:</b>                   |         |
| 1 Jim Howard (26, Sacramento)       | 2:18:06 |
| 2 John Mansoor (25, Fair Oaks)      | 2:20:21 |
| 3 Leonard Hill (28, White City, OR) | 2:22:15 |
| 4 Eric Brainich (21, Logan, UT)     | 2:25:59 |
| 5 Howard Labrie (30, Etna)          | 2:26:41 |
| 6 Kris Krichko (24, Eugene, OR)     | 2:27:46 |
| 7 Willie Pittenger (30, Ventura)    | 2:27:51 |
| 8 Chris Turney (23, Rich Cordova)   | 2:28:05 |
| 9 Virginio Dearaujo (29, San Fran)  | 2:28:32 |
| 10 Herm Fountain (33, San Diego)    | 2:28:38 |
| 11 Jim Lovejoy (33, Garberville)    | 2:29:07 |
| 12 Glenn Owen (24, Eugene, OR)      | 2:34:01 |
| 13 Vince Mathews (25, Sacramento)   | 2:35:15 |
| 14 Bob Thompson (27, Wrightwood)    | 2:35:16 |
| 15 Joe Duval (26, Vancouver, WA)    | 2:36:13 |
| 16 Jim Washington (26, Arcata)      | 2:36:51 |
| 17 Kip Krichko (22, Eugene, OR)     | 2:36:55 |
| 18 Jim Santisteban (27, Hayward)    | 2:36:59 |
| 19 Butch Alexander (27, Sonoma)     | 2:37:00 |
| 20 Jon Root (26, Paso Robles)       | 2:37:57 |

|                                   |         |
|-----------------------------------|---------|
| <b>Men 35-39:</b>                 |         |
| 1 William Clark (37, Los Altos)   | 2:32:33 |
| 2 Don Zaph (37, Boise, ID)        | 2:39:49 |
| 3 Ron Parks (35, Redondo Beach)   | 2:39:51 |
| 4 Peter Laskier (36, Mill Valley) | 2:39:53 |
| 5 David Compton (39, Ashland, OR) | 2:40:19 |

|                                     |         |
|-------------------------------------|---------|
| <b>Men 40-44:</b>                   |         |
| 1 Michael Heffernan (40, PtInd, OR) | 2:30:04 |
| 2 Jon Shelgren (40, Sacramento)     | 2:41:47 |
| 3 John Meyer (40, La Mesa)          | 2:44:49 |
| 4 Karl Ryden (41, Northridge)       | 2:45:17 |
| 5 Gary Hooker (40, Leucadia)        | 2:45:31 |

|                                     |         |
|-------------------------------------|---------|
| <b>Men 45-49:</b>                   |         |
| 1 Craig Roland (46, Santa Rosa)     | 2:40:29 |
| 2 Iwan Rarick (46, Sacramento)      | 2:51:23 |
| 3 Forrest Williams (47, Arcata)     | 2:56:04 |
| 4 Don James (47, Lafayette)         | 2:56:23 |
| 5 Vernon Pepper (47, Apple Riv, IL) | 2:57:08 |

|                                  |         |
|----------------------------------|---------|
| <b>Men 50-54:</b>                |         |
| 1 Hans Roenall (52, Mill Valley) | 2:49:10 |
| 2 Richard Miller (51, Oakland)   | 2:55:27 |
| 3 Pierce Cornelius (Bend, OR)    | 2:57:13 |
| <b>Men 55-59:</b>                |         |
| 1 Rich Mueller (55, Los Altos)   | 3:07:11 |

|                                  |         |
|----------------------------------|---------|
| <b>Men 60-64:</b>                |         |
| 1 Paul Reese (64, Sacramento)    | 3:02:55 |
| <b>Men 65 &amp; Over:</b>        |         |
| 1 Steve Cole (66, San Francisco) | 3:36:29 |
| <b>Girls 14 &amp; Under:</b>     |         |
| 1 Dawn Chase (12, Eureka)        | 3:58:09 |

|                                    |         |
|------------------------------------|---------|
| <b>Girls 15-18:</b>                |         |
| 1 Heike Skaden (18, Fair Oaks)     | 3:06:53 |
| <b>Women's Open:</b>               |         |
| 1 L. Stanton-Carter (28, SLC, UT)  | 2:58:11 |
| 2 Joyce Rankin (33, Colo Sp., CO)  | 3:06:54 |
| 3 Liz Hamilton (26, Ross)          | 3:09:26 |
| 4 Deryl Bunnell (27, San Rafael)   | 3:10:34 |
| 5 Meg Heerd (31, Boulder, CO)      | 3:12:23 |
| 6 Valerie Lucas (33, La Mesa)      | 3:13:03 |
| 7 Jennifer Daniell (23, Redding)   | 3:14:25 |
| 8 Shirley Arellano (32, San Diego) | 3:14:34 |
| 9 Hilary Naylor (34, Oakland)      | 3:16:30 |
| 10 Barbara Frisk (30, Benicia)     | 3:16:50 |

|                                    |         |
|------------------------------------|---------|
| <b>Women 35-39:</b>                |         |
| 1 Diane Young (38, Saratoga)       | 3:01:31 |
| 2 Laury Belzer (36, Oakland)       | 3:14:02 |
| 3 Joyce Gibbs (36, Cupertino)      | 3:15:53 |
| 4 Caryl Hudson (39, New York, NY)  | 3:27:11 |
| 5 Elaine Delsman (35, Ashland, OR) | 3:27:57 |

|                                  |         |
|----------------------------------|---------|
| <b>Women 40-44:</b>              |         |
| 1 Joan Reiss (43, Sacramento)    | 3:03:40 |
| 2 Marcia Anderson (41, San Fran) | 3:28:56 |
| 3 Barbara Tarr (40, Menlo Park)  | 3:30:49 |
| <b>Women 45-49:</b>              |         |
| 1 Ruth Waters (47, San Carlos)   | 3:21:03 |
| 2 Jill Plummer (48, Lafayette)   | 3:27:07 |

Ralph Serna (Anaheim) Boston Marathon 2:14:18.  
 Jeff Shaver (San Jose St.) Mt. SAC Relays 10K 30:10.  
 J. Simmons (SLDC) Red Cross Marathon 3:38:07 1st female.  
 Richard Singerman (SMTC) Marina 10K 39:59.  
 Richard Slotkin (SMTC) Pt. Fermin 10 Mile 68:57.  
 Fran Solomon (CDM) Avon Half Marathon (Rose Bowl) 1:19:56.  
 Fran Solomon Boston Marathon 2:49:28.  
 Fran Solomon Eclipse Sun Run 5K 16:57.  
 Chuck Spanski Pt. Fermin 10 Mile 79:44\*  
 Andre Tocco (PFF) Anteaater 10K 33:19.  
 Andre Tocco (PFF) Narathon 20K 70:17.  
 Cleveland Whalen The Forum 5K 14:26.  
 B. Van Wyngaarden (SLDC) Red Cross Marathon 3:05:35.

\* = 1st time.

photo by Marty Higginbotham



Ken Takeuchi

## Coalinga Diamond Jubilee Races

From BOB SEMPLE

May 18. Coalinga.

Cool breezes challenged the runners as they started out the 5,000 and 10,000 meter races held in Coalinga on May 16, but the wind was at their backs as Boston marathoner Al Lomeli finished the 10K in 34:17, a new course record. Local runner Anthony Uribe came in first in the 5K with a time of 18:09. Several personal records were set in both races.

Most of the runners were from out-of-town and stayed for the Horned Toad Derby Days as Coalinga celebrated its Diamond Jubilee 75th Anniversary with a parade, horned toad races, a waterfight, carnival, dance, and other activities.

|                                 |       |
|---------------------------------|-------|
| <b>10,000 Meters</b>            |       |
| <b>Men under 18</b>             |       |
| 1 Joe Hernandez (Shandon)       | 42:40 |
| 2 Wendell Settle (Firebaugh)    | 47:05 |
| 3 Robbie Edmonds (Coalinga)     | 48:40 |
| <b>Men 18-29</b>                |       |
| 1 Al Lomeli (Fresno)            | 34:17 |
| 2 Michael Gourley (Visalia)     | 35:56 |
| 3 Ronald J. Wachel (Visalia)    | 36:41 |
| <b>Men 30-39</b>                |       |
| 1 Steve Whitwill (Coalinga)     | 37:54 |
| 2 Refugio Rios (Strathmore)     | 42:49 |
| 3 Bob Semple (Coalinga)         | 48:41 |
| <b>Men 40-49</b>                |       |
| 1 Henry Clark (Riverdale)       | 39:50 |
| 2 Tommy Upton (Avenal)          | 40:09 |
| 3 Don Ramirez (Badger)          | 41:34 |
| <b>Men 50 plus</b>              |       |
| 1 Mel Elliott (Huntington Bch)  | 41:36 |
| 2 Fred Fitchhorn (Fresno)       | 45:42 |
| 3 George Anderson (Hollister)   | 56:47 |
| <b>Women 18-29</b>              |       |
| 1 Olga Oldham (Coalinga)        | 49:18 |
| 2 Dana Mullin (Kansas City)     | 50:16 |
| <b>Women 30-39</b>              |       |
| 1 Marilyn Thompson (Badger)     | 49:02 |
| 2 Jill Clark (Riverdale)        | 61:18 |
| <b>Women 40-49</b>              |       |
| 1 Michelle Gauthier (Badger)    | 45:18 |
| 2 June Elliott (Huntington Bch) | 61:29 |

|                                 |       |
|---------------------------------|-------|
| <b>5,000 Meters</b>             |       |
| <b>Men under 14</b>             |       |
| 1 Aaron Christenson (Caruthers) | 21:02 |
| 2 Michael Mendoza (Firebaugh)   | 23:11 |
| 3 John Squire (Coalinga)        | 23:27 |
| <b>Men 14-17</b>                |       |
| 1 Anthony Uribe (Coalinga)      | 18:09 |
| 2 Richard McKinney (Coalinga)   | 18:16 |
| 3 Daniel Medina (Coalinga)      | 18:49 |
| <b>Men 18-29</b>                |       |
| 1 Ray Brown (Turlock)           | 19:06 |
| 2 Dave Raygoza (Coalinga)       | 19:15 |
| 3 Ralph Jacobs (Fresno)         | 19:53 |
| <b>Men 30-39</b>                |       |
| 1 Jessie Medina (Avenal)        | 18:25 |
| 2 Guido Cevallos (Coalinga)     | 20:21 |
| 3 Bob Goerke (Coalinga)         | 20:27 |
| <b>Men 40-49</b>                |       |
| 1 Jim Gilliatt (Coalinga)       | 24:14 |
| 2 Bob Hampton (Coalinga)        | 26:10 |
| <b>Men 50 plus</b>              |       |
| 1 Ken Takeuchi (Fresno)         | 20:34 |
| <b>Women under 18</b>           |       |
| 1 Vicky Patlan (Firebaugh)      | 23:50 |
| 2 Michelle Baldwin (Riverdale)  | 23:56 |
| <b>Women 18-29</b>              |       |
| 1 Diane Johnson (Coalinga)      | 26:15 |
| <b>Women 40-49</b>              |       |
| 1 Cec Conway (Visalia)          | 24:27 |
| <b>Women 50 plus</b>            |       |
| 1 Sue Takayama (Reedley)        | 25:02 |



## Bay to Breakers

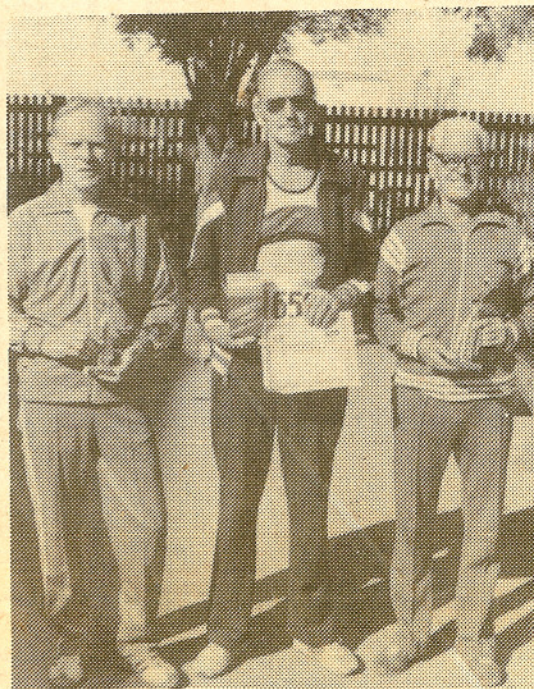
From DOUG WEAVER

May 17, San Francisco. 7.63 miles.

|    |                                  |       |    |                                    |       |    |                                 |       |
|----|----------------------------------|-------|----|------------------------------------|-------|----|---------------------------------|-------|
| 1  | Craig Virgin (Illinois)          | 35:07 | 19 | Lou Patterson (Pleasanton)         | 38:16 | 45 | Keith Buffinton (Palo Alto)     | 39:45 |
| 2  | John Glidewell (Ohio)            | 35:44 | 20 | Don Paul (San Francisco)           | 38:27 | 46 | Ron Elijah (Novato)             | 39:47 |
| 3  | Domingo Tibađuza (Nevada)        | 36:07 | 21 | George Hernandez                   | 38:34 | 47 | Steve Palladino (San Francisco) | 39:48 |
| 4  | Joaquin Leano (Nevada)           | 36:22 | 22 | Rob McDonald (Australia)           | 38:38 | 48 | Patrick Moss                    | 39:53 |
| 5  | Andrew Lloyd (Australia)         | 36:44 | 23 | Dave Smith (Rancho Cordova)        | 38:45 | 49 | Fred Villegas (Merced)          | 39:56 |
| 6  | Charles Gray (Los Angeles)       | 36:55 | 24 | Rex Power (Huntington Beach)       | 38:53 | 50 | Bob Darling (San Francisco)     | 39:57 |
| 7  | Scott Mayfield (Santa Maria)     | 37:01 | 25 | Robert Love (Berkeley)             | 38:54 | 51 | Kevin O'Connor (Belmont)        | 39:58 |
| 8  | Michael Cassaday (Oakland)       | 37:28 | 26 | Dan Martinelli (Daly City)         | 38:57 | 52 | Michael Gulli (San Francisco)   | 39:59 |
| 9  | Rick Gentry (S. Lake Tahoe)      | 37:29 | 27 | Andrew McFarlane (Stanford)        | 39:00 | 53 | Andy Takaha (S. Lake Tahoe)     | 40:00 |
| 10 | Mike Porter (Berkeley)           | 37:41 | 28 | Atkins Chun (San Francisco)        | 39:01 | 54 | Robert Miller (Stockton)        | 40:05 |
| 11 | Ted Quintana (Hayward)           | 37:52 | 29 | Lawrence Stapleton (S. Lake Tahoe) | 39:02 | 55 | Allan Stanbridge (Burlingame)   | 40:06 |
| 12 | John Capriotti (San Luis Obispo) | 37:56 | 30 | Matt Bruni (Stockton)              | 39:03 | 56 | David Smith (Berkeley)          | 40:08 |
| 13 | Benton Hart (Modesto)            | 37:58 | 31 | James Lovejoy (Garberville)        | 39:04 | 57 | Barry Welsch (Long Beach)       | 40:09 |
| 14 | Joseph League (Goleta)           | 37:58 | 32 | Jim Tracy (San Francisco)          | 39:04 | 58 | Michael Duncan (San Mateo)      | 40:10 |
| 15 | John Jennings (S. Lake Tahoe)    | 38:05 | 33 | Pete Flores (Woodland)             | 39:09 | 59 | John Rothrock (Newport Beach)   | 40:12 |
| 16 | Paul Sechrist (Cupertino)        | 38:07 | 34 | George Mason                       | 39:16 | 60 | Robert Manzanarez (Colorado)    | 40:18 |
| 17 | David Brennan (Australia)        | 38:09 | 35 | Jim Mebust (Sacramento)            | 39:26 |    |                                 |       |
| 18 | Roy Hoglund (Vacaville)          | 38:14 | 36 | Tom Lowry (Malibu)                 | 39:28 |    |                                 |       |
|    |                                  |       | 37 | Vernon Sunnyvale                   | 39:31 |    |                                 |       |
|    |                                  |       | 38 | Hugh Stahl (Sunnyvale)             | 39:31 |    |                                 |       |
|    |                                  |       | 39 | Coty Pinckney (Menlo Park)         | 39:33 |    |                                 |       |
|    |                                  |       | 40 | Gerardo Canchola (San Francisco)   | 39:33 |    |                                 |       |
|    |                                  |       | 41 | Peter Day (Berkeley)               | 39:34 |    |                                 |       |
|    |                                  |       | 42 | David Kraus                        | 39:37 |    |                                 |       |
|    |                                  |       | 43 | Virg De Araujo (San Francisco)     | 39:41 |    |                                 |       |
|    |                                  |       | 44 | Jack Lawson (Modesto)              | 39:44 |    |                                 |       |



Early leaders in the Joyeria Run: (left to right): Dave Babiracki, Chris Stewart, Francisco Pacheco and Jose Gomez.



Men's 60 & Over winners: (left to right): Herbert Cox, Woody Cape, and Frank Horn.

## Natural Light BEER California Classic

May 23, Mooney Grove Park, Visalia. 5.0 miles.

The 1981 Natural Light Cal Classic lived up to its name...a classic! Well over two hundred stepped up to the starting line with a top quality field ready to battle head to head over the very fast five mile layout. A quick pace was set right from the start as the lead pack ran the first mile in 4:50 and the second in 4:58.

At the end of the first loop (two and a half miles) a fast lead group of Al Lara, Juan Garcia, Brian Foley and Tony Ramirez came by between 12:09 and 12:12. Scott Thornton followed close behind this pack. At approximately two and three-quarters miles Ramirez surged into about a ten yard lead and then began to open it up. The last two miles was a chase to catch Ramirez, but he maintained his lead and crossed the finish line in 24:21 to win the super first prize "Las Vegas Package Deal" for the Las Vegas Sun Championships to be held later in the year. In a great sprint to the finish Brian Foley caught and out leaped Juan Garcia at the line to nab second, and hand Garcia the third position, both runners timed a very impressive 24:30. Al Lara followed in fourth at 24:43 while defending champion and course record holder (24:15) Juan Molina followed at 25:11. Scott Thornton was next in 25:30.

In another exciting finish Jim Hartig, recouping from a bloody nose suffered at 2 miles, narrowly captured seventh in 25:45 with Ed Taylor right at his heels in 25:46 and Gary Campbell at 25:47. Campbell was the first submaster (30-39 age group) finisher and his time established a new submaster course record by more than a minute. Al Lomeli rounded out the top ten with his 25:59.

Todd Hill took top honors in the 15-19 age group clocking 26:54. Len Thornton destroyed the 50-59 age group mark with his time of 28:12. Fernie Montanez also established a new mark in the 40-49 group by running 28:33. Kevin Carrillo timed 30:19 to nab the fourteen and under title, while Harry Harder captured the sixty and over title with a time of 35:10.

Tanis Ryzebol shattered the women's course record as she timed a very impressive 30:03. Kimbi Hamer followed at 30:40 while Paula Ramirez was next at 30:57. Shirley Rojas ran 31:56 to take the 15-19 title, while Jennifer Baker clocked 32:57 to nab the fourteen and under honors. Debbie Aschwander set a new mark for the 30-39 age group timing 33:57. JoAnn Branco the winner in last year's 30-39 age at 37:10 moved up this year to win the 40-49 division in 35:49.

Road Runners of Porterville with a team composed of Jennifer Baker, Karmen Stickney and Jeanna Abound.

The 1981 Natural Light California Classic was enjoyed by all. Many trophies were awarded, along with merchandise drawings and Cal Classic Natural Light t-shirts to all runners. The top three male and female finishers were awarded Cal Classic Natural Light sport shirts, while the first male and female picked up a pair of sweats and Adidas shoes. However the big winner of the day was Tony Ramirez the first person across the finish as he was awarded the Las Vegas Package Deal which includes three days and four nights in the Hacienda Resort Hotel, special dinners and breakfasts, gift certificates, Las Vegas Fun Pack, late shows and more, but most important is entry into the Las Vegas 10K, 13.1 or 26.2 mile. The 13.1 was chosen best half marathon in the world last year.

Many thanks should go to Natural Light Beer for making this race a super well run event. There was a large turnout and a professional race crew made it a superior, well run event. Plan on running the Natural Light Cal Classic next year and be part of a great run. Natural Light Beer had made the California Classic more than a race - a classic event!

### Men's Overall:

|    |                                   |       |
|----|-----------------------------------|-------|
| 1  | Tony Ramirez (26, Salinas) CW     | 24:21 |
| 2  | Brian Foley (24, Fresno) FSU      | 24:30 |
| 3  | Juan Garcia (25, Fresno) BRT      | 24:30 |
| 4  | Al Lara (24, Clovis) BRT          | 24:43 |
| 5  | Juan Molina (24, Fresno) HSTC     | 25:11 |
| 6  | Scott Thornton (20, Fresno) HSTC  | 25:30 |
| 7  | Jim Hartig (27, Clovis) FTC       | 25:45 |
| 8  | Ed Taylor (24, Visalia) BRT       | 25:46 |
| 9  | Gary Campbell (32, Visalia) VR    | 25:47 |
| 10 | Al Lomeli (29, Fresno) FTC        | 25:59 |
| 11 | Dave Bronzan (33, Visalia) HSTC   | 26:05 |
| 12 | Dennis Forthoffer (23, Pico R) Un | 26:42 |
| 13 | Todd Hill (15, Porterville) SS    | 26:54 |
| 14 | Curt Elia (30, Hanford) FTC       | 27:19 |
| 15 | Phil Wright (28, L.A.) Un         | 27:30 |
| 16 | Jesse Rodriguez (39, Visalia) VR  | 27:33 |
| 17 | Joel Wobrock (18, Porterville) SS | 27:34 |
| 18 | Joe Jarmillo (18, Visalia)        | 27:47 |
| 19 | Steve Ward (27, Clovis) FTC       | 27:51 |
| 20 | Bryan Patterson (26, Visalia) BRT | 27:55 |
| 21 | John Chapman (31, Bakersfield) Un | 28:01 |
| 22 | Greg Steinhauer (16, Ptlv) SS     | 28:02 |
| 23 | Len Thornton (50, Fresno) HSTC    | 28:12 |
| 24 | John Chaboian (15, Tulare) Un     | 28:15 |
| 25 | Larry Lung (31, Hanford) FTC      | 28:17 |
| 26 | Rob Stephenson (33, Visalia) VR   | 28:22 |
| 27 | Henry Osgood (34, Porterville) SS | 28:25 |
| 28 | Mike Gaurley (24, Visalia) VR     | 28:27 |
| 29 | fernle Montanez (40, Fresno) FTC  | 28:33 |
| 30 | Ed Lujan (42, Bakersfield) BTC    | 28:36 |

### Overall Women:

|   |                                      |       |
|---|--------------------------------------|-------|
| 1 | Tanis Ryzebol (20, Visalia) VR       | 30:03 |
| 2 | Kimbi Hamer (21, Clovis) Un          | 30:40 |
| 3 | Paula Ramirez (23, Salinas) ARC      | 30:57 |
| 4 | Helen Lopez (21, Fresno) Un          | 31:47 |
| 5 | Shirley Rojas (19, Visalia) VR       | 31:56 |
| 6 | Jennifer Baker (13, Porterville) SS  | 32:57 |
| 7 | Karmen Stickney (17, Porterville) SS | 33:00 |
| 8 | Anon Christenson (10) Un             | 33:40 |

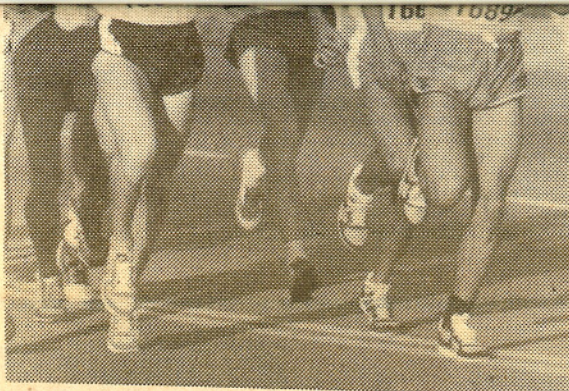
is a Moscow Olympic 10K runner and has a best track time of 28:06 - so a time like 23:32 for 5 miles is nothing miraculous for him.

Charging hard behind Gomez was the first

microphone to express his appreciation to the other runners, the race organizers, the Big Brothers and Big Sisters (for which the race was a benefit), and the people of Fresno for







Early leaders in the Joyeria Run: (left to right): Dave Babiracki, Chris Stewart, Francisco Pacheco and Jose Gomez.



Men's 60 & Over winners: (left to right): Herbert Cox, Woody Cape, and Frank Horn.



## Joyeria-Mexico & Coors 5 Mile Run

May 17, Fresno. 5.0 miles.

Life in the fast lane. The San Joaquin Valley's road racers got a large dose of what it's like to run with the "big boys." The Joyeria Mexico & Coors 5 Mile is the only road race in the area to bring in an international field. Last year in the first annual Joyeria Run Rudolfo Gomez of the Mexican Olympic Team (2nd in 1980 New York Marathon) dusted off local star Tony Ramirez and set a pretty respectable course record of 24:02.

This year the people at the Joyeria Mexico Jewelry Store worked extra hard on improving this race, with the result being a crowd of nearly 300 runners and an international field which destroyed the course record. The guest runners this year were: Jose Gomez of Mexico, Chris Stewart of England, Dave Babiracki of Southern California, Lionel Ortega of Athletics West out of Eugene, and Francisco Pacheco of the Mexican junior team.

At the gun the guest runners all bolted right to the front of the charged-up mob. The only local runner brave enough to go with them was 24 year old Alfred Lara of Clovis (former Hoover High and Fresno City College star). "I was bustin' my buns hanging with them at the one mile mark," stated Lara, "when they looked at their wrist watches - one of them sighed - then they took off." Alfred, the winner of the CCA TAC 10 Mile Championships in 51:38 two weeks before, did hang on for 6th place, first local and a not-too-shabby 25:02.

Jose Gomez kept forcing the pace and broke away just after the turnaround point and flew on in at a remarkable course record of 23:32. Times like this are unheard of in Fresno, but then one must remember Gomez

is a Moscow Olympic 10K runner and has a best track time of 28:06 - so a time like 23:32 for 5 miles is nothing miraculous for him.

Charging hard behind Gomez was the first sub-master, Great Britain's Chris Stewart in 23:41 also way under the course record. Stewart was the 1970 British 5,000 meter champion and has continued international running ever since - he's competed in over 30 different countries including a third place in the 1976 New York Marathon.

California Track & Running News' 1979 Road Racer of the Year, Dave Babiracki was the only other runner under the old course record with his 3rd place overall 23:46 finish. Californians don't need any introduction to Babiracki as he has been up front on the running scene for over a decade. Dave has a best track 10k time of 28:38 and holds the American road record at 20k with 59:39.

Next in was former University of New Mexico star Lionel Ortega at 24:19. Lionel won the 1976 Culver City Marathon in 2:18, but ran his best marathon with a 2:14:24 victory in the 1978 NIKE/OTC Marathon. He is also a champion of the famous Springbank International Road Race in London, Canada.

The fifth and final international guest runner, Francisco Pacheco, placed 5th overall but won first in the Junior Division with 24:40.

After the race Babiracki and Ortega noted that they trained through this race as they were both pointing toward the same marathon in the South later this month. All of the guest runners agreed that the race was well run and they appreciated the Fresno hospitality. The only improvement they could suggest was to have split timers at the mile marks.

Gary Campbell and Dave Bronzan waged their usual battle in the sub-masters division with Campbell's repeated surges in the middle of the race breaking off Bronzan. But Campbell's excellent 25:56 wasn't good enough to win the chronograph watch each division winner received - in fact, first place 30:39 was over two minutes ahead - Chris Stewart was in a whole different league.

The weather was perfect. The course was pleasant, flat and travelled from downtown to tree lined Huntington Blvd, a favorite running site for many Fresnoans. The refreshments, awards and mariachi music was great and everyone seemed to be enjoying themselves. The morning ended on a positive note when Chris Stewart unexpectedly came to the

microphone to express his appreciation to the other runners, the race organizers, the Big Brothers and Big Sisters (for which the race was a benefit), and the people of Fresno for the opportunity to compete. Thanks for coming, Chris!

**Overall Places:** 1. Jose Gomez 23:32; 2. Chris Stewart 23:41; 3. David Babiracki 23:46; 4. Lionel Ortega 24:19; 5. Francisco Pacheco 24:40; 6. Alfred Lara 25:02; 7. Scott Thornton 25:24; 8. Juan Molina 25:47; 9. Gary Campbell 25:56; 10. David Bronzan 26:15; 11. Don Chapin 27:00; 12. Luis Frausto 27:00; 13. Wayne Van Dellen 27:27; 14. Fernie Montanez 27:46; 15. David Perez 27:48.

**Men 13 & Under:** 1. James Besser 30:52; 2. Gerard Rivas 31:13; 3. David Muir 34:21; 4. Frank Sandoval 34:43.

**Men 14-19:** 1. Francisco Pacheco 24:40; 2. Luis Frausto 27:00; 3. David Perez 27:48; 4. Ron Brown 28:22.

**Men 20-29:** 1. Jose Gomez 23:32; 2. Dave Babiracki 23:46; 3. Lionel Ortega 24:19; 4. Al Lara 25:02.

**Men 30-39:** 1. Chris Stewart 23:41; 2. Gary Campbell 25:56; 3. Dave Bronzan 26:15; 4. Don Chapin 27:00.

**Men 40-49:** 1. Wayne VanDellen 27:27; 2. Fernando Montanez 27:46; 3. Dick Cain 28:40; 4. Frank Delgado 28:46.

**Men 50-59:** 1. Len Thornton 28:08; 2. Bob Fries 28:39; 3. Jess Rivera 29:06.

**Men 60 & Over:** 1. Woody Cape 37:53; 2. Frank Horn 38:40; 3. Herbert Cox 40:54.

**Women 13 & Under:** 1. Terry Guajardo 34:06; 2. Stacey Hevener 35:57; 3. Erin Valdez 39:31; 4. Natalie Mireles 43:27.

**Women 14-19:** 1. Rosie Alcaraz 32:23; 2. Lisa Martinez 33:05; 3. Sylvia Santistivan 34:53; 4. Sara Guajardo 39:20.

**Women 20-29:** 1. Kimbi Hamer 30:23; 2. Tone Nichols 31:47; 3. Diane Barrett 31:49; 4. Aracelis Esparza 37:34.

**Women 30-39:** 1. Susan Phillips 35:25; 2. Rosie Mendoza 35:47; 3. Mary Ann Barrosa 37:12; 4. Sylvia Valdez 39:27.

**Women 40-49:** 1. Isabel Verduco 37:38; 2. Mae Rogers 37:41; 3. Shirley Main 42:51.

**Women 50 & Over:** 1. Patricia Hurst 36:30; 2. Sue Takayama 40:31; 3. Evelyn Krumbeln 45:51.

**Wheelchair:** 1. Robert Sliger 28:14; 2. Danny Hernandez 29:22; 3. James Bujris 34:05; 4. Jim Brooks 34:56; 5. Lori Santiago 46:31.

Gary Campbell at 25:47. Campbell was the first submaster (30-39 age group) finisher and his time established a new submaster course record by more than a minute. Al Lomeli rounded out the top ten with his 25:59.

Todd Hill took top honors in the 15-19 age group clocking 26:54. Len Thornton destroyed the 50-59 age group mark with his time of 28:12. Fernie Montanez also established a new mark in the 40-49 group by running 28:33. Kevin Carrillo timed 30:19 to nab the fourteen and under title, while Harry Harder captured the sixty and over title with a time of 35:10.

Tanis Ryzebol shattered the women's course record as she timed a very impressive 30:03. Kimbi Hamer followed at 30:40 while Paula Ramirez was next at 30:57. Shirley Rojas ran 31:56 to take the 15-19 title, while Jennifer Baker clocked 32:57 to nab the fourteen and under honors. Debbie Aschwander set a new mark for the 30-39 age group timing 33:57. JoAnn Branco the winner in last year's 30-39 age at 37:10 moved up this year to win the 40-49 division in 35:49.

|                                      |       |
|--------------------------------------|-------|
| 17 Jesse Rodriguez (39, Visalia) VR  | 27:33 |
| 18 Joel Wobrock (18, Porterville) SS | 27:34 |
| 19 Joe Jarmillo (18, Visalia)        | 27:47 |
| 19 Steve Ward (27, Clovis) FTC       | 27:51 |
| 20 Bryan Patterson (26, Visalia) BRT | 27:55 |
| 21 John Chapman (31, Bakersfield) Un | 28:01 |
| 22 Greg Steinhauer (16, Ptlv) SS     | 28:02 |
| 23 Len Thornton (50, Fresno) HSTC    | 28:12 |
| 24 John Chaboian (15, Tulare) Un     | 28:15 |
| 25 Larry Lung (31, Hanford) FTC      | 28:17 |
| 26 Rob Stephenson (33, Visalia) VR   | 28:22 |
| 27 Henry Osgood (34, Porterville) SS | 28:25 |
| 28 Mike Gaurley (24, Visalia) VR     | 28:27 |
| 29 Fernie Montanez (40, Fresno) FTC  | 28:33 |
| 30 Ed Lujan (42, Bakersfield) BTC    | 28:36 |

|  |       |
|--|-------|
| <b>Overall Women:</b>                  |       |
| 1 Tanis Ryzebol (20, Visalia) VR       | 30:03 |
| 2 Kimbi Hamer (21, Clovis) Un          | 30:40 |
| 3 Paula Ramirez (23, Salinas) ARC      | 30:57 |
| 4 Helen Lopez (21, Fresno) Un          | 31:47 |
| 5 Shirley Rojas (19, Visalia) VR       | 31:56 |
| 6 Jennifer Baker (13, Porterville) SS  | 32:57 |
| 7 Karmen Stickney (17, Porterville) SS | 33:00 |
| 8 Anon Christenson (10) Un             | 33:40 |



Fernie Montanez



Kimbi Hamer  
Harry Harder



Len Thornton

In the team competition the Bartlett Mineral Water Race Team composed of Juan Garcia, Al Lara and Ed Taylor took top honors. This makes Bartlett's fourth team championship this year as they have also captured the Central California Athletic Congress 15K, 10K and 10 Mile Championships. Second place in the team competition went to the High Sierra TC, a team combined of Juan Molina, Scott Thornton and Dave Bronzan. Jim Hartig, Al Lomeli and Curt Elia combined to give Fresno TC a third place finish. The masters division team title also went to the Fresno TC for their team of Fernie Montanez, Dick Cain and Frank Delgado. Tanis Ryzebol led the Visalia Runners women's team to the women's championship. Joining Ryzebol on the victory stand were Shirley Rojas and Cherie Stephenson. Second place went to the Second Sole

9 Debbie Aschwanden (30, Visalia) Un 33:57  
10 Sylvia Santistevan (18, Fresno) Un 34:36  
**Men 14 & Under:** 1. Keven Carrillo 30:19; 2. R. Harkless 30:28; 3. John Wallace 31:09. **Men 15-19:** 1. Todd Hill 28:54; 2. Joel Wolrock 27:34; 3. Joe Jarmillo 27:47. **Men 40-49:** 1. Fernie Montanez 28:33; 2. Ed Lujan 28:36; 3. Dick Cain 29:06; 4. Frank Delgado 29:22; 5. Roger Richards 29:57. **Men 50-59:** 1. Len Thornton 28:12; 2. Mel Elliott 32:40; 3. Ken Takeuchi 33:51. **Men 60 & Over:** 1. Harry Harder 35:10; 2. Woody Cape 38:46; 3. Ed Cate 39:34.  
**Women 14 & Under:** 1. Jennifer Baker 32:57; 2. Michelle Cantwell 39:18; 3. Michelle Baldwin 40:47. **Women 30-39:** 1. Debbie Aschwanden 33:57; 2. Cherie Stephenson 34:56; 3. Elaine Huntspinlar 35:06. **Women 40-49:** 1. JoAnn Branco 35:49; 2. Margo Macartney 40:20; 3. Cel Conway 40:26.



# Track & Field Results

## Martin Luther King Games - Stanford

March 24-25: Stanford University. Martin Luther King International Freedom Games. WOMEN'S HEPTATHLON:

**100 Meter Hurdles:** 1. Lexie Miller (Oregon) 14.2; 2. Sonya Crowther (Oregon State) 14.9; 3. Cindy Greiner (Oregon State) 15.2; 4. Judy Sommer (Oregon State) 15.7; 6. Stasia Allen (Humboldt State) 16.0; 7. Theresa Lenardon (Washington State) and Jeanne Borchardt (Oregon) 16.2; 8. Sandy Kacharos (Sonoma State) 9. Sally Hamilton (Oregon) 18.0; 10. Katy Weaver (Sonoma State) 20.4.

**Shot Put:** 1. Greiner 38-7/4; 2. Lenardon 35-1/4; 3. Crowther 35-6; 4. Allen 33-10/4; 5. Sommer 33-10; 6. Miller 31-8/4; 7. Borchardt 31-7/4; 8. Kacharos 27-9/4; 9. Weaver 26-1/4; 10. Hamilton 25-0.

**High Jump:** 1. Greiner and Crowther 5-8 1/2; 3. Stasia Allen 5-3 1/4; 4. Lenardon, Miller and Sommer 5-2 1/4; 7. Hamilton and Kacharos 5-1; 9. Weaver 4-7 1/4; 10. Borchardt nm.

**200 Meters:** 1. Miller 25.4; 2. Greiner 26.1; 3. Crowther 27.1; 4. Hamilton 27.3; 5. Allen 27.6; 6. Borchardt 27.7; 7. Lenardon 27.9; 8. Sommer 28.0; 9. Kacharos 29.2; 10. Weaver 29.7.

**Long Jump:** 1. Greiner 17-6 1/4; 2. Borchardt 17-0 1/4; 3. Lenardon 17-0 1/4; 4. Crowther 16-10 1/4; 5. Sommer 15-10 1/4; 6. Allen 15-10 1/4; 7. Kacharos 14-10; 8. Weaver 13-4 1/4.

**Javelin:** 1. Greiner 110-10; 2. Lenardon and Allen 103-10; 4. Kacharos 99-9; 5. Sommer 97-7; 6. Weaver 84-5 1/2; 7. Borchardt 69-9 1/2.

**800 Meters:** 1. Greiner 2:28.3; 2. Allen 2:31.2; 3. Lenardon 2:31.5; 4. Borchardt 2:32.8; 5. Sommer 2:37.6; 6. Kacharos 2:44.5; 7. Weaver 2:46.3.

**Final Standings:** 1. Greiner 5273 (breaks her existing American record of 5251, set in 1980); 2. Lenardon 4715; 3. Allen 4673; 4. Sommer 4535; 5. Kacharos 3990; 6. Borchardt 3625; 7. Weaver 3341.

### MEN'S DECATHLON:

**100 Meters:** 1. Brian Mondschein (Philadelphia Pioneers) 10.9; 2. Peter Godinez (Cal Poly SLO) and Paul Trocki (Unat) 11.3; 4. Darren Hall (Shasta College) 11.4; 5. Doug Chapman (Unat) and Steve Blagdon (CS Hayward) 11.5; 7. Jesper Sorensen (Oregon TC) and Don Lawson (CS Hayward) 11.6; 9. John Scheerer (UC Irvine) 11.7; 10. Steve Caudle (Shasta College) 12.1.

**Long Jump:** 1. Sorensen 22-9 1/4; 2. Chapman 22-1; 3. Mondschein 22-0 1/2; 4. Hall 21-3 1/2; 5. Lawson 20-10 1/4; 6. Godinez 20-7 1/4; 7. Trocki and Scheerer 20-1 1/4; 9. Blagdon 18-11 1/4; 10. Caudle 18-7 1/4.

**Shot Put:** 1. Hall 45-2 1/4; 2. Mondschein 44-10 1/4; 3. Godinez 43-3 1/4; 4. Chapman 42-5; 5. Scheerer 41-0 1/4; 6. Trocki 40-5 1/2; 7. Blagdon 36-4 1/4; 8. Sorensen 38-11 1/4; 9. Caudle 36-0 1/4.

**1500 Meter Run:** 1. Regina Jacobs (LAN) 4:29.91; 2. Amy Harper (CPSLO) 4:36.85; 3. Emily Whitney (CPSLO) 4:40.40; 4. Helena Tompuri (Springfield College) 4:45.14; 5. Eli Garcia (SDSU) 4:48.86.

**400 Meter Hurdles:** 1. Sandy Myers (LAN) 60.88; 2. Kathy Bower (CSULB) 62.19; 3. Missy Jerald (Shaklee) 62.54; 4. Karen Taylor (Shaklee) 62.74; 5. Linda Hightower (Coast Ath) 63.78.

**3000 Meter Run:** 1. Janice Kelley (CPSLO) 10:12.0; 2. Gina Dyer (Un) 10:22.8; 3. Carol Adams (CPSLO) 10:32.9; 4. Sherrie Roach (CSULB) 10:36.0; 5. Julie Sumpeter (USC) 11:35.4.

**4x100 Meter Relay:** 1. USC 47.72; 2. Cal Poly SLO 47.8; 3. Long Beach CC 49.05; 4. Santa Monica CC 49.21; 5. Springfield College 50.43.

**100 Meter Hurdles:** (wind -2.0 mps) 1. Rene Felton (SMCC) 13.94; 2. Jan Glotzer (LAN) 14.31; 3. Lisa Gouridine (Shaklee) 14.67; 4. Renita Garnett (Coast Ath) 14.88; 5. Liz Carroll (CPSLO) 15.14.

**400 Meter Dash:** 1. Oralee Fowler (Shaklee) 53.68; 2. Deann Gutowski (UCLA) 54.59; 3. Kim Law (UCLA) 55.85.

**100 Meter Dash:** (wind 0 mps) 1. Pam Marshall (Coast Ath) 11.69; 2. Kim Robinson (USC) 11.82; 3. Dollie Fleetwood (SCC) 11.99; 4. Gail Douglas (Coast Ath) 12.25; 5. Ada Hey (SMCC) 12.44.

**800 Meter Run:** 1. Regina Jacobs (LAN) 2:09.47; 2. Debbie Bottomley (SDSU) 2:11.76; 3. Michelle Bonds (CSULB) 2:12.10; 4. Rhonda Patcha (Full Coll) 2:12.33; 5. Laura Miller (Un) 2:13.13.

**200 Meter Dash:** 1. Kim Robinson (USC) 24.38; 2. Lisa Hopkins (Inglewood) 24.49.

**5000 Meter Run:** 1. Irene Crowley (CPSLO) 17:37.95; 2. Evelyn Tribble (CSULB) 17:39.25; 3. Terri Stout (CPSLO) 18:16.59; 4. Becky Bonsall (CPSLO) 18:19.66; 5. Sherri Torrance (SDSU) 18:23.80.

**800 Medley Relay:** 1. Long Beach CC 1:43.51; 2. Cal Poly SLO 1:45.30; 3. LA Naturite 1:46.33; 4. Santa Monica CC 1:52.64.

**Javelin:** 1. Deena Bernstein (Coast Ath) 148-10; 2. Debbie Dibb (SDSU) 147-7; 3. Donna O'Carroll (New England) 146-4; 4. Lisa Van Benthem (USC) 144-11; 5. Kathy Nelson (USC) 140-6.

**High Jump:** 1. Pam Spencer (LA Naturite) 6-0 1/2; 2. Tanya Aistopn (Shaklee) 6-0 1/2; 3. Kari Edwards (Shaklee) 5-11; 4. Patti Stafford (SDSU) 5-9 1/4; 5. Sue McNeal (CPSLO) 5-9 1/4.

**Discus:** 1. Leslie Hoerner (CSULB) 155-0; 2. Pat Shaw (CSULB) 142-0; 3. Lori Watson (SDSU) 136-10; 4. Donna Hollingworth (USC) 134-6; 5. Bonnie Dasse (SDSU) 126-6.

**Long Jump:** 1. Karen Taylor (Shaklee) 19-0; 2. Sandy Crabtree (USC) 18-10 1/4; 3. Cheryl Light (CSULB) 17-11; 4. Lisa Williams (UCI) 17-10; 5. Joyce Wheeler (SDSU) 17-9 1/4.

**Shot Put:** 1. Annie McElroy (CSULB) 45-10 1/4; 2. Cheryl Kennedy (SDSU) 45-6 1/4; 3. Bonnie Dasse (SDSU) 43-2; 4. Dana Henderson (CPSLO) 42-2 1/2; 5. Pat Shaw (CSULB) 41-0 1/4.

**Men's Long Jump:** 1. Don Butler (Arizona) 24-9; 2. Dannie Jackson (Arizona State) 24-4 1/2; 3. E. Atchade (San Jose State) 24-4 1/2.

**Women's Discus:** 1. Meg Ritchie (Arizona) 204-11; 2. Ria Saalman (Arizona State) 202-1; 3. Leslie Deniz (Arizona State) 177-0.

**Men's 100 Meters:** 1. Ronnie Brown (Arizona State) 10.38; 2. Dwayne Strzier (Macc) 10.49; 3. Greg Simons (San Diego) 10.52.

**Women's 100 Meters:** 1. Liza Thompson (UNLV) 11.67; 2. Sandra Howard (Unat) 11.95; 3. Pam Greene (Unat) 11.99.

**Men's 110 Meter Hurdles:** 1. Sam Turner (Stars & Stripes) 13.57; 2. James McCraney (Unat) 13.85; 3. Greg Veatch (SC Striders) 13.94; 4. John Lenstrophm (Arizona State) 14.13; 5. Dan Lavitt (PCJ) 14.13.

**Women's 100 Hurdles:** 1. Brenda Calhoun (Arizona State) 13.58; 2. Sandra Farmer (Arizona) 14.25; 3. Jill Ross (Canada) 14.34.

**Men's Mile Run:** 1. Doug Padillo (BYU) 4:00.98; 2. Chuck Aragon (Notre Dame) 4:01.20; 3. Randy Wilson (Athletic Attic) 4:01.86; 4. Dan Aldridge (Sub-4) 4:02.38; 5. G. Fell (San Diego State) 4:02.83; 6. Brian Dunnigan (Nebraska) 4:04.79; 7. Paul Medvin (Cal Poly SLO) 4:05.07; 8. Ken Haney (Cal State Bakersfield) 4:05.29; 9. John Koningh (Sub 4) 4:05.43.

**Women's 400 Meters:** 1. Jackie Pusey (Cal State LA) 52.82; 2. Lorna Forde (Atoms) 53.19; 3. Diane Dixon (Atoms) 54.13; 4. Sharon Acker (Arizona State) 54.44; 5. Yolanda Rich (Cal State LA) 54.58.

**Women's 800 Meters:** 1. Doriane Lambelef (Atoms) 2:07.20; 2. Darel Jones (Atoms) 2:09.00; 3. Regina Jacobs (Naturite) 2:10.96; 4. Christa Holmer (Arizona) 2:11.90; 5. Jodi Seay (Cal State Bakersfield) 2:12.21.

**Men's 4x200 Meter Relay:** 1. Arizona State (Greg Moore, Dwayne Evans, Howard Henley, Willie Jones) 1:20.44; 2. Philadelphia Pioneers (Collins, Frazier, Taylor, Darden) 1:20.97; 3. Athletic Attic (Roberson, Myricks, Smith, Gance) 1:21.03.

**Men's Triple Jump:** 1. Doug Garner (Maccabi) 53-5; 2. Deon Mayfield (ASU) 51-9 1/4; 3. D. Shelton (NAU) 50-3 1/4.

**Men's Discus:** 1. Ken Stadel (Athletics West) 210-5; 2. Goran Svensson (BYU) 200-10; 3. Al Oerter (NYAC) 200-9; 4. Brian Oldfield (UCTC) 184-10.

**Men's 5000 Meter Run:** 1. Tom Wysocki (Sub-4) 13:58.03; 2. Henry Marsh (Athletics West) 13:58.50; 3. Dan Aldridge (Sub-4) 13:58.71; 4. Don Janicki (Arizona) 13:58.83; 5. Bill Adams (AIA) 14:00.31; 6. S. Kilili (Central Arizona) 14:04.51; 7. Bill McCullough (Stars & Stripes) 14:08.26; 8. Dave Babiracki (Sub-4) 14:12.58.

**Pole Vault:** 1. Ralph Haynie (SC Striders) 17-6 1/4; 2. Randy Raymond (Nebraska) 17-6 1/4; 3. Russ Rogers (Maccabi) 17-2 1/4.

**Men's 800 Meters:** 1. James Robinson (Inner City) 1:46.68; 2. Steve Scott (Sub 4) 1:47.05; 3. Brian Theriot (SC Striders) 1:47.17; 4. Vernon Sallaz (Cal Poly SLO) 1:48.43; 5. Bo

## A Proposal Eliminate All Relay Zones in the 400m Relay

John Tansley - Track Coach, Glendale College

I propose that all relay zones and extended lines be eliminated from the sprint (400m) relay. The *only* object would be to move the baton around the track as fast as possible. The only rules would be that you have four members and complete three passes. This proposal would have these advantages:

1. It would eliminate the judging of zones.
2. It would simplify the preparation of dirt tracks and eliminate the line clutter on all-weather tracks.
3. The race (run this way) would create an interesting coaching strategy.
4. Teams with one (or even two) weak legs could minimize their problem.
5. Relay passes would still be of prime importance but would not be confined within a certain area.
6. This would eliminate great teams from being disqualified even though they might have won the race.
7. Spectators would see an interesting, exciting race with less "judging" and hassles.

There would be very few disadvantages in a relay run this way. I think that the race would be very similar (each competitor running 100 meters). Getting coaches to try and accept something new would be the biggest problem. Creating a change on all levels would be difficult but we need some trial tests on the conference level or maybe at invitational meets, etc. Why not?

**Discus:** 1. Ken Milleman (Shasta) 160-4; 2. Steve Struble (DeAnza) 157-4; 3. Dave Nagengast (West Valley) 155-4.

**400 Meters:** 1. Robin Johnson (Merced) 47.73; 2. Arthur Diaz (Skyline) 48.04; 3. Derrick Carter (San Jose) 48.23.

**Long Jump:** 1. John Sears (Fresno) 24-9 1/2; 2. Travis Farley (Cosumnes) 23-6; 3. Tom Campbell (West Valley) 23-5 1/4.

**100 Meters:** 1. Terry Neely (Taft) 10.58; 2. Eric Decatur (Contra Costa) 10.68; 3. Jerry Gipson (Contra Costa) 10.72.

**800 Meter:** 1. Reggie Green (San Jose) 1:50.47; 2. Ken Gilbert (Merced) 1:51.59; 3. Craig Johnson (Santa Rosa) 1:52.62.

**Pole Vault:** 1. Ralph Priemar (Foothill) 16-8; 2. Greg Ellis (San Mateo) 15-6; 3. Steve Thomas (Diablo Valley) 15-6.

**400 Meters:** 1. Carla Kendrix (Ohlone) 56.00; 2. Marquita Belk (DeAnza) 56.01; 3. Marianne Williams (Yuba) 56.46.

**Javelin:** 1. Sandy Dominguez (Hartnell) 104-6; 2. Sue McConnel (Butte) 103-8; 3. Susie Tinsley (Foothill) 101-7.

**100 Meters:** 1. Cynthia Miller (Contra Costa) 12.45; 2. Renee Jackson (Skyline) 12.53; 3. Kellie Gaines (Marin) 12.65.

**800 Meters:** 1. Caron Choy (Hartnell) 2:16.0; 2. Patty Voss (Lassen) 2:17.4; 3. Kathy Douglas (Contra Costa) 2:17.9.

**Shot Put:** 1. Rita Banks (Porterville) 42-6 1/4; 2. Sandy Johnson (Diablo Valley) 40-4; 3. Diana Ramirez (San Jose) 36-2 1/4.

**400 Meter Hurdles:** 1. Kathy Raugust (Hartnell) 63.78; 2. Elaine Hellwig (DeAnza) 66.78; 3. Emma Gaddies (Contra Costa) 69.29.



10-10; 5. Sommer 15-10; 6. Allen 13-4½; 7. Kacharos 14-10; 8. Weaver 13-4½.

**Javelin:** 1. Greiner 110-10; 2. Lenardon and Allen 103-10; 4. Kacharos 99-9; 5. Sommer 97-7; 6. Weaver 84-5½; 7. Borchardt 69-9½.

**800 Meters:** 1. Greiner 2:28.3; 2. Allen 2:31.2; 3. Lenardon 2:31.5; 4. Borchardt 2:32.8; 5. Sommer 2:37.6; 6. Kacharos 2:44.5; 7. Weaver 2:46.3.

**Final Standings:** 1. Greiner 5273 (breaks her existing American record of 5251, set in 1980); 2. Lenardon 4715; 3. Allen 4673; 4. Sommer 4535; 5. Kacharos 3990; 6. Borchardt 3625; 7. Weaver 3341.

#### MEN'S DECATHLON:

**100 Meters:** 1. Brian Mondschein (Philadelphia Pioneers) 10.9; 2. Peter Godinez (Cal Poly SLO) and Paul Trocki (Unat) 11.3; 4. Darren Hall (Shasta College) 11.4; 5. Doug Chapman (Unat) and Steve Blagdon (CS Hayward) 11.5; 7. Jesper Sorensen (Oregon TC) and Don Lawson (CS Hayward) 11.6; 9. John Scheerer (UC Irvine) 11.7; 10. Steve Caudle (Shasta College) 12.1.

**Long Jump:** 1. Sorensen 22-9½; 2. Chapman 22-1; 3. Mondschein 22-0½; 4. Hall 21-3½; 5. Lawson 20-10½; 6. Godinez 20-7¼; 7. Trocki and Scheerer 20-1¼; 9. Blagdon 18-1¼; 10. Caudle 18-7¾.

**Shot Put:** 1. Hall 45-2¼; 2. Mondschein 44-10½; 3. Godinez 43-3¾; 4. Chapman 42-5; 5. Scheerer 41-0½; 6. Trocki 40-5½; 7. Blagdon 36-4½; 8. Sorensen 38-11¼; 9. Caudle 32-7; 10. Lawson 30-3¾.

**High Jump:** 1. Sorensen 6-8; 2. Lawson 6-5½; 3. Scheerer 6-4½; 4. Hall and Mondschein 6-2; 6. Chapman 6-0¾; 7. Godinez 5-11¼; 8. Trocki 5-10½; 9. Caudle and Blagdon 5-8¾.

**400 Meters:** 1. Mondschein 49.0; 2. Blagdon 49.9; 3. Trocki 50.0; 4. Scheerer 50.5; 5. Lawson 51.3; 6. Sorensen 51.5; 7. Hall 51.7; 8. Godinez 52.0; 9. Chapman 52.1; 10. Caudle 52.8.

**110 Meter Hurdles:** 1. Godinez 14.8; 2. Chapman 15.1; 3. Scheerer 15.2; 4. Sorensen 15.3; 5. Mondschein 15.5; 6. Blagdon 15.7; 7. Trocki 16.2; 8. Lawson and Hall 16.5; 10. Caudle 18.4.

**Discus:** 1. Mondschein 147-9; 2. Scheerer 131-11; 3. Chapman 131-11; 4. Hall 126-4; 5. Trocki 123-7; 6. Godinez 118-1; 7. Blagdon 117-7; 8. Caudle 116-3; 9. Sorensen 110-3; 10. Lawson 85-10.

**Pole Vault:** 1. Mondschein 13-8¼; 2. Godinez 13-0; 3. Sorensen and Hall 12-4½; 5. Steve Blagdon and Scheerer 12-0½; 7. Chapman, Trocki and Lawson no mark.

**Javelin:** 1. Chapman 207-6; 2. Mondschein 181-0; 3. Blagdon 171-3; 4. Scheerer 167-1; 5. Godinez 155-8; 6. Hall 153-4; 7. Sorensen 150-3; 8. Lawson 122-11.

**1500 Meters:** 1. Scheerer 4:26.9; 2. Sorensen 4:29.2; 3. Blagdon 4:30.3; 4. Lawson 4:32.1; 5. Mondschein 4:32.2; 6. Hall 4:46.3; 7. Godinez 4:58.7.

**Final Standings:** 1. Mondschein 7605; 2. Scheerer 6990; 3. Sorensen 6973; 4. Hall 6799; 5. Godinez 6778; 6. Blagdon 6604; 7. Chapman 5877; 8. Lawson 5460; 9. Trocki 4834; 10. Caudle 3998.

## U.S.C. Women's Invitational

March 28, Los Angeles.

**10,000 Meter Run:** 1. Liz Baker (SDSU) 35:32.08; 2. Liz Strangio (CPSLO) 35:42.34; 3. Debbie Chaddock (SDSU) 37:41.72; 4. Kathy Kelley (CPSLO) 39:16.20.

Patcha (Full Sail) 2:12.39; 5. Laura Miller (Unat) 2:13.13.

**200 Meter Dash:** 1. Kim Robinson (USC) 24.38; 2. Lisa Hopkins (Inglewood) 24.49.

**5000 Meter Run:** 1. Irene Crowley (CPSLO) 17:37.95; 2. Evelyn Tribble (CSULB) 17:39.25; 3. Terri Stout (CPSLO) 18:16.59; 4. Becky Bonsall (CPSLO) 18:19.66; 5. Sherri Torrance (SDSU) 18:23.80.

**800 Medley Relay:** 1. Long Beach CC 1:43.51; 2. Cal Poly SLO 1:45.30; 3. LA Naturite 1:46.33; 4. Santa Monica CC 1:52.64.

**Javelin:** 1. Deena Bernstein (Coast Ath) 148-10; 2. Debbie Dibb (SDSU) 147-7; 3. Donna O'Carroll (New England) 146-4; 4. Lisa Van Benthem (USC) 144-11; 5. Kathy Nelson (USC) 140-6.

**High Jump:** 1. Pam Spencer (LA Naturite) 6-0½; 2. Tanya Alstopn (Shaklee) 6-0½; 3. Karl Edwards (Shaklee) 5-11; 4. Patti Stafford (SDSU) 5-9¼; 4. Sue McNeal (CPSLO) 5-9¼.

**Discus:** 1. Leslie Hoerner (CSULB) 155-0; 2. Pat Shaw (CSULB) 142-0; 3. Lori Watson (SDSU) 136-10; 4. Donna Hollingworth (USC) 134-6; 5. Bonnie Dasse (SDSU) 126-6.

**Long Jump:** 1. Karen Taylor (Shaklee) 19-0; 2. Sandy Crabtree (USC) 18-10¼; 3. Sheryl Light (CSULB) 17-11; 4. Lisa Williams (UCI) 17-10; 5. Joyce Wheeler (SDSU) 17-9½.

**Shot Put:** 1. Annie McElroy (CSULB) 45-10¼; 2. Cheryl Kennedy (SDSU) 45-6¼; 3. Bonnie Dasse (SDSU) 43-2; 4. Dana Henderson (CPSLO) 42-2¼; 5. Pat Shaw (CSULB) 40-0¼.

**Heptathlon (March 27-28):** 1. Joan Russell (Un) 5426; 2. Kerry Zwart (USC) 5292; 3. Carrie McLaughlin (SDSU) 5222; 4. Chris Dubois (CPSLO) 4771; 5. Roberta Lenard (UCSB) 4638; 6. Lori Smith (CSULB) 4563. Ann Crump (UNLV) withdrew after the javelin. Tracey Hightower (UCI) withdrew after the first day.

## Sun Angel Classic

April 3-4, Arizona.

**Women's Long Jump:** 1. Sandy Myers (Naturite) 20-1¼; 2. Jill Ross (Canada) 19-7¾; 3. Jewel Lovelady (CS Bakersfield) 19-0¼.

**Women's 3,000 Meters:** 1. Joan Hansen (Arizona) 9:16.88; 2. Geri Fitch (Canada) 9:17.80; 3. Kate Wiley (Canada) 9:35.87.

**Women's Javelin:** 1. Kate Schmidt (PCC) 194-6; 2. Donna Mayhew (Arizona) 165-9; 3. Celeste Wilkinson (Unat) 158-9; 4. Lynn Dutton (AIA) 153-1; 5. Raedean Rona (CP-Pomona) 140-4.

**Men's Shot Put:** 1. Brian Oldfield (UCTO) 70-7½; 2. S. Fernholm (Unatt) 65-7; 3. Mike Weeks (PCC) 65-4¼.

**4x100 Meter Relay:** 1. Athletic Attic (Roberson, Myricks, Smith, Gance) 38.70; 2. Phila:delphia Pioneers (Collins, Frazier, Taylor, Mallard) 38.78; 3. San Diego State (Williams, Simons, Russell, Blaylock) 39.94.

**Women's High Jump:** 1. Pam Spencer (Naturite) 6-0¼; 2. Phyllis Blunston (CS Bakersfield) 6-0¼; 3. Coleen Rienstra (ASU) 6-0¼.

**Men's 400 Meters:** 1. Mike Solomon (Phil. Pion.) 46.21; 2. Billy Konchellah (San Diego) 46.28; 3. Cliff McKenzie (Phil. Pion.) 46.39; 4. Pat Croft (Cal Poly SLO) 46.88; 5. Mark Enyeart (PCC) 47.22.

**Women's 4x100 Meter Relay:** 1. Atoms TC (Nelson, Forde, Jackson, Dixon) 45.58; 2. Arizona State (Boyer, Chapple, Bentley, Calhoun) 45.78; 3. Cal State-LA 46.13; 4. Cal State Bakersfield 46.53.

**Women's 800 Meters:** 1. Dorlane Lambelet (Atoms) 2:07.20; 2. Darel Jones (Atoms) 2:09.00; 3. Regina Jacobs (Naturite) 2:10.96; 4. Christa Holmer (Arizona) 2:11.90; 5. Jodi Seay (Cal State Bakersfield) 2:12.21.

**Men's 4x200 Meter Relay:** 1. Arizona State (Greg Moore, Dwayne Evans, Howard Henley, Willie Jones) 1:20.44; 2. Philadelphia Pioneers (Collins, Frazier, Taylor, Darden) 1:20.97; 3. Athletic Attic (Roberson, Myricks, Smith, Gance) 1:21.03.

**Men's Triple Jump:** 1. Doug Garner (Mac-cabi) 53-5; 2. Deon Mayfield (ASU) 51-9¼; 3. D. Shelton (NAU) 50-3¼.

**Men's Discus:** 1. Ken Stadel (Athletics West) 210-5; 2. Goran Svensson (BYU) 200-10; 3. Al Oerter (NYAC) 200-9; 4. J. Brian Oldfield (UCTO) 184-10.

**Men's 5000 Meter Run:** 1. Tom Wysocki (Sub-4) 13:58.03; 2. Henry Marsh (Athletics West) 13:58.50; 3. Dan Aldridge (Sub-4) 13:58.71; 4. Don Janicki (Arizona) 13:58.83; 5. Bill Adams (AIA) 14:00.31; 6. S. Kilili (Central Arizona) 14:04.51; 7. Bill McCullough (Stars & Stripes) 14:08.26; 8. Dave Babiracki (Sub-4) 14:12.58.

**Pole Vault:** 1. Ralph Haynie (SC Striders) 17-6¼; 2. Randy Raymond (Nebraska) 17-6¼; 3. Russ Rogers (Maccabi) 17-2¼.

**Men's 800 Meters:** 1. James Robinson (Inner City) 1:46.68; 2. Steve Scott (Sub 4) 1:47.05; 3. Brian Theriot (SC Striders) 1:47.17; 4. Vernon Sallaz (Cal Poly SLO) 1:48.43; 5. Bo Breigan (San Jose State) 1:48.44; 6. Gerald Masterson (Santa Monica TC) 1:48.79; 7. Mark Belger (PCC) 1:49.02.

**Women's 880 Yard Medley Relay:** 1. Arizona State (Calhoun 11.3, Boyer 11.4, Bentley 24.5, Acker 54.5) 1:41.86; 2. Atoms 1:43.21; 3. UN-Las Vegas 1:44.14; 4. Cal State Bakersfield 1:47.13.

**Women's 4x440 Relay:** 1. Atoms (Stephanie Vega 55.9, Diane Dixon 62.0, Pat Jackson 52.1, Lorna Forde 54.6) 3:44.67; 2. Arizona State 3:54.43; 3. Phoenix College 4:01.25.

**Men's 4x440 Relay:** 1. Philadelphia Pioneers (McKenzie 47.1, Solomon 45.9, Frazier 45.5, Darden 46.3) 3:05.17; 2. San Diego State (Donchellah 45.1) 3:06.26; 3. Nebraska 3:06.93; 4. Maccabi 3:09.54; 5. San Jose State 3:09.66.

Attendance: 5871.

## Ed Adams' J.C. Invitational

April 4, Hartnell College, Salinas.

#### MEN'S EVENTS

**10,000 Meters:** 1. Felix Soto (San Jose) 31:42.3; 2. Jeff Grubbs (Cosumnes) 31:55.1; 3. Hernandez Cardenas (Porterville) 31:55.4.

**3000 Meter Steeplechase:** 1. Tim Gruber (Cabrillo) 9:07.8; 2. Greg Fogg (Santa Rosa) 9:12.3; 3. Julian Vinton (Fresno) 9:14.9.

**400 Meter Relay:** 1. Contra Costa 41.07; 2. San Francisco 41.67; 3. Harbor 42.02.

**Shot Put:** 1. Doug Mattern (Santa Rosa) 54-4; 2. Ray Bellantoni (West Valley) 51-8¼; 3. Don Crow (Taft) 51-3¼.

**1500 Meter:** 1. Bob Ingram (West Valley) 3:53.2; 2. Mike Immoos (Cosumnes) 3:53.9; 3. Ken Bolden (Cosumnes) 3:54.7.

**Javelin:** 1. Issac Saldivar (Taft) 192-3; 2. Scott Pitell (Modesto) 191-6; 3. Steve Fink (Hartnell) 188-10.

**110 High Hurdles:** 1. John Johnson (Delta) 14.44; 2. John Sears (Fresno) 14.63; 3. Michael Chukes (San Jose) 14.83.

Spectators would see an interesting, exciting race with some "judging" and hassles.

There would be very few disadvantages in a relay run this way. I think that the race would be very similar (each competitor running 100 meters). Getting coaches to try and accept something new would be the biggest problem. Creating a change on all levels would be difficult but we need some trial tests on the conference level or maybe at invitational meets, etc. Why not?

**Discus:** 1. Ken Milleman (Shasta) 160-4; 2. Steve Struble (DeAnza) 157-4; 3. Dave Nagengast (West Valley) 155-4.

**400 Meters:** 1. Robin Johnson (Merced) 47.73; 2. Arthur Diaz (Skyline) 48.04; 3. Derrick Carter (San Jose) 48.23.

**Long Jump:** 1. John Sears (Fresno) 24-9½; 2. Travis Farley (Cosumnes) 23-6; 3. Tom Campbell (West Valley) 23-5¼.

**100 Meters:** 1. Terry Neely (Taft) 10.58; 2. Eric Decatur (Contra Costa) 10.68; 3. Jerry Gipson (Contra Costa) 10.72.

**800 Meter:** 1. Reggie Green (San Jose) 1:50.47; 2. Ken Gilbert (Merced) 1:51.59; 3. Craig Johnson (Santa Rosa) 1:52.62.

**Pole Vault:** 1. Ralph Priemar (Foothill) 16-8; 2. Greg Ellis (San Mateo) 15-6; 3. Steve Thomas (Diablo Valley) 15-6.

**High Jump:** 1. Barry Uzzell (Merced) 6-11; 2. Joe Hicks (Hartnell) 6-9; 3. Toby Winfield (Hartnell) 6-7.

**5000 Meters:** 1. Tim Gruber (Cabrillo) 14:36.4; 2. Danny Hernandez (San Jose) 14:41.5; 3. Ken Holladay (West Valley) 14:42.6.

**200 Meters:** 1. Eric Decatur (Contra Costa) 21.1; 2. Frank Oravillo (Foothill) 21.4; 3. John Johnson (Delta) 21.4.

**Triple Jump:** 1. Phil Whyte (Monterey) 48-0½; 2. Victor Torres (San Jose) 47-11¼; 3. John Sears (Fresno) 46-8.

**1600 Meter Relay:** 1. Santa Rosa 3:14.5; 2. Contra Costa 3:15.0; 3. San Jose 3:15.3.

#### WOMEN'S EVENTS

**400 Meter Relay:** 1. De Anza 48.75; 2. Contra Costa 49.36; 3. Monterey 49.57.

**1500 Meters:** 1. Jody Cobb (Hartnell) 4:41.7; 2. Diana David (Butte) 4:42.5; 3. Michele Tani (Santa Rosa) 4:44.2.

**100 Meter Hurdles:** 1. Janet Yarbrough (De Anza) 14.16; 2. Kathy Raugust (Hartnell) 14.86; 3. Kelly Gaines (Marin) 14.98.

**High Jump:** 1. Kathy Raugust (Hartnell) 5-8; 2. U'Rannah Broussard (San Jose) 5-6; 3. Wendy Craig (DeAnza) 5-6.

**Discus:** 1. Rita Banks (Porterville) 137-5; 2. Sandy Johnson (Diablo Valley) 133-3; 3. Mary Bronzan (Fresno) 129-2.

**Long Jump:** 1. Janet Yarbrough (DeAnza) 18-4; 2. Lesia Jackson (Marin) 17-9½; 3. Renee Jackson (Skyline) 17-6½.

**400 Meters:** 1. Carla Kendrix (Ohlone) 56.00; 2. Marquita Belk (DeAnza) 56.01; 3. Marianne Williams (Yuba) 56.46.

**Javelin:** 1. Sandy Dominguez (Hartnell) 104-6; 2. Sue McConnel (Butte) 103-8; 3. Susie Tinsley (Foothill) 101-7.

**100 Meters:** 1. Cynthia Miller (Contra Costa) 12.45; 2. Renee Jackson (Skyline) 12.53; 3. Kellie Gaines (Marin) 12.65.

**800 Meters:** 1. Caron Choy (Hartnell) 2:16.0; 2. Patty Voss (Lassen) 2:17.4; 3. Kathy Douglas (Contra Costa) 2:17.9.

**Shot Put:** 1. Rita Banks (Porterville) 42-6¼; 2. Sandy Johnson (Diablo Valley) 40-4; 3. Diana Ramirez (San Jose) 36-2¼.

**400 Meter Hurdles:** 1. Kathy Raugust (Hartnell) 63.78; 2. Elaine Hellwig (DeAnza) 66.78; 3. Emma Gaddies (Contra Costa) 69.29.

**200 Meters:** 1. Carla Kendrix (Ohlone) 25.3; 2. Devy Sanders (Delta) 25.5; 3. Renee Jackson (Skyline) 25.7.

**3000 Meters:** 1. Laurie Crisp (Modesto) 9:58.3; 2. GERALYN Tripp (San Mateo) 10:12.2; 3. Rossey Tibabviza (Lassen) 10:29.5.

**1600 Meter Relay:** 1. De Anza 3:55.7; 2. Hartnell 4:01.1; 3. Butte 4:06.7.

#### TEAM SCORES

**Men's Scores:** 1. San Jose 66, 2. Contra Costa 43, 3. Santa Rosa 40½, 4. West Valley 40, 5. Fresno 37.

**Women's Scores:** 1. Hartnell 78, 2. DeAnza 71, 3. Contra Costa 37, 4. Butte 31, Marin 26.

**Combined Scores:** 1. Hartnell 111½, 2. DeAnza 88, 3. San Jose 82, 4. Contra Costa 80, 5. Santa Rosa 52½.

#### OPEN EVENTS

**100 Meters:** 1. Norbert Payton (Unat) 10.48; 2. Daryl McCane (Unat) 10.64; 3. Windle McNeil (Unat) 10.72.

**Discus:** 1. Knute Hjeltness 221-11; 2. John Powell 208-3; 3. Ben Plucknett 202-2; 4. Jim McGoldrick 201-10; 5. Monforti Filippo 188-11; 6. Martino Marco 185-10; 7. Greg Taffalls 171-10.

**110 High Hurdles:** 1. Dedy Cooper (BAS) 13.66; 2. Ashland Whitfield (Unat) 13.83; 3. Will Patterson (SJS) 14.59.

**10,000 Meters:** 1. Tony Ramirez 30:40.1; 2. Armando Siguiros 31:25.1; 3. Gary Goetleman 31:40.0.

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## Cal Nike Women's Invitational

By DON GOSNEY

April 5, Edwards Stadium, Berkeley.

In what was to be a down year for the Bears of the University of California, seriously lacking in mentally tough uninjured quality athletes, it came as a surprise when Coach Vern Gambetta's women repeated as champions of the fourth Cal-Nike Women's Invitational. Defeating a strong host of sixteen teams, Cal bested second place finisher Cal Poly San Luis Obispo 104.5 to 88 with defending AIAW champion Cal State Northridge placing third with 83 points.

Delighting the sparse crowd at Edward's Stadium on that sunny Sunday afternoon, Cal Poly's Olympic javelin thrower Karin Smith moved into the national lead with a winning effort of 204-6 to outdistance Cal's Kristen Engle and Stanford Olympian Mary Osborne. Sporting her traditional red bandana, the 25 year old Smith (who trains part of the year in Stuttgart, West Germany under national javelin coach Wilfried Hurst) threw a series of 201-0, 204-6, fault, 193-8, fault. The bouncy and energetic walk-on from Cal Poly compensates for her lack in size (5-6, 145 lbs.) with a fierce determination to be the best coupled with the quickness of a bunny rabbit.

Cal's middle distance ace sophomore from Santa Barbara, Cindy Schmandt completed a tough dual by winning the 1500 and the 3000 setting meet records in both races. Her 4:20.1 and 9:26.1 times qualified her for the AIAW Nationals and her latter time was a new school record. Running virtually untested in both races, defeating Hayward's Connie Hester by 12 seconds in the 1500 and Sacramento's Mary Anne Scannell by almost 14 seconds in the 3000, Schmandt was looking forward to a grudge race in the 3000 against the 19 year old Kim Schnurpfel from Stanford. The usual rivalry found when there is more than one star athlete competing in the same area has taken on an unusual fierceness in this case. The two find themselves racing in the same meets countless times over the years and there has developed a strong desire by Schmandt to

Kim White earned, along with Schmandt, the honor of being selected Nor-Cal athlete of the Week. White, a former star at Berkeley High, used her 54.65 in the 400 to send her to Austin for the AIAW Nationals. In a tough double, Hayward's All-American ace Michele Aubuchon won the 10K in 34:48.5 to qualify for Nationals and came back to place fifth in the 5K with a 17:47.4.

**10,000 Meters:** 1. Michele Aubuchon (CSUH) 34:48.5; 2. Jan Oehm (Cal) 35:55.6; 3. Beth Milewski (CSUN) 36:15.4; 4. Irene Crowley (SLO) 36:26.4; 5. Karen Pfifer (Sac) 37:38.2.

**4x800 Meter Relay:** 1. Sacramento (Scannell, Wallace, Gonzales, Pappas) 9:06.2; 2. Cal Poly SLO (Whitney, Kelley, Allyne, Scherzinger) 9:13.1; 3. California (Flowers, Richter, Ross, Martinson) 9:21.5; 4. Hayward (Knolwes, Moran, Rieboldt, Hayes) 9:27.3; 5. Stanford (Dewey, Wotherspoon, Knight, Plummer) 9:43.0.

**Discus:** 1. Carol Cady (Stanford) 164-8; 2. Leslie Hoerner (CSULB) 161-1; 3. Sue Springer (Cal) 156-7; 4. Ramona Pagel (CSULB) 152-3; 5. Karlyn Gansel (Uath St.) 143-1.

**5000 Meters:** 1. Kim Schnurpfel (Stanford) 16:40.1; 2. Liz Strangio (SLO) 16:50.2; 3. Robin Tracey (Sac) 17:30.5; 4. Lynne Hjelte (Cal) 17:32.2; 5. Michele Aubuchon (Hayward) 17:47.4.

**4x100 Meter Relay:** 1. Northridge A 47:31; 2. Sacramento 47:63; 3. Cal Poly SLO 47:78; 4. Northridge B 48:31; 5. Stanford 48:72.

**100 Meter Hurdles:** 1. Alesia Sweeney (Northridge) 14:22; 2. Konnie Mackey (Utah St.) 14:64; 3. Natasha Smith (Northridge) 14:76; 4. Sally Meinbrech (Cal) 14:91; 5. Liz Carroll (SLO) 15:12.

**1500 Meters:** 1. Cindy Schmandt (Cal) 4:20.1; 2. Connie Hester (Hayward) 4:32.1; 3. Amy Harper (SLO) 4:33.7; 4. Mary Tracey (Claremont) 4:33.8; 5. Cheryl Flowers (Cal) 4:34.2.

**400 Meters:** 1. Kim White (Cal) 54.66; 2. Bobbie Gilmore (Sac) 55.55; 3. Marcia Martin (Stanford) 56.09; 4. Connie Culbert (Cal) 56.54; 5. Liz Douglas (SLO) 56.6.

**100 Meters:** 1. Danita Young (Northridge) 12.1; 2. Delphina Banks (Hayward) 12.1; 3. Lynnae Warren (Stanford) 12.2; 4. Delene Thomas (Utah St.) 12.2; 5. Valerie Bell (SFSU) 12.2.

**800 Meters:** 1. Frannie Castro (Hayward) 2:08.9; 2. Michelle Bonds (CSULB) 2:11.6; 3. Dina Pappas (Sac) 2:12.6; 4. Ann Reeve (Hawaii) 2:13.3; 5. Esther Scherzinger (SLO) 2:15.4.

**Javelin:** 1. Karin Smith (SLO) 204-6; 2. Kristen Engle (Cal) 154-5; 3. Mary Osborne (Stanford) 153-9; 4. Heidi Iratcabal (Reno) 139-10; 5. Beth Rockliffe (Cal Luth) 136-9.

**400 Meter Hurdles:** 1. Kathy Bower (CSULB) 61:35; 2. Konnie Mackey (Utah St.) 61:68; 3. Natasha Smith (CSUN) 62:42; 4. Laura Held (SLO) 62:54; 5. Jennifer James (Utah St.) 62:9.

**Long Jump:** 1. Lynnae Warren (Stanford) 18-8 1/2; 2. Terri Serrano (Davis) 18-3 1/4; 3. Pam Donald (Stanford) 18-2 1/4; 4. Dawn Peters (Hayward) 18-1 1/4; 5. Bebra Wilford (Bakersfield) 18-1.

**200 Meters:** 1. Kim White (Cal) 24.57; 2. Letitia Sherrill (CSUN) 24.75; 3. Melanie Markham (Northridge) 24.68; 4. Eloise Mallory (SLO) 24.88; 5. Cheryl Doss (Northridge) 25.33.

**High Jump:** 1. Sue McNeal (SLO) 181; 2. Kathy Hamilton (Cal) 172; 3. Chris Dubois (SLO) 162; 3. Natasha Smith (SCUN) 162; 5. Vickie Marquez (CSULB) 162; 5. Shelley Craig (Cal) 162.

**3000 Meters:** 1. Cindy Schmandt (Cal)

**100:** 1. Bobbie Gilmore (Sac) 12.0; 2. Tina Woodson (SF) 12.4; 3. Goldie Sizemore (Chico) 12.5.

**800:** 1. Nanci Wallace (Sac) 2:17.9; 2. Mary Anne Scannell (Sac) 2:18.2; 3. Diana Norton (Unat) 2:20.0.

**400 Hurdles:** 1. Goldie Sizemore (Chico) 64.7; 2. DeAnn Homestead (Sac) 68.3; 3. Patty O'Rourke (SF) 72.2.

**200:** 1. Bobbie Gilmore (Sac) 25.6; 2. Felicia Thompson (Sac) 26.8; 3. Jackie Fulton (Reno) 26.8.

**3000:** 1. Robin Tracey (Sac) 10:15.1; 2. Jill Smith (Reno) 10:49.9; 3. Laurie Brantingham (Reno) 11:02.2.

**Two Mile Relay:** 1. Sacramento 10:35.7; 2. San Francisco 10:43.0; 3. Chico 10:43.0.

**One Mile Relay:** 1. Sacramento 3:57.2; 2. Chico 4:02.1; 3. Sacramento B 4:07.3.

**High Jump:** 1. Terri Gore (Reno) 1.66; 2. Kelli Barber (Unat) 1.61; 3. Barbara Faulkner (SF) 1.55.

**Javelin:** 1. Nitra Allen (Sac) 37.83; 2. Becky Blankenship (Chico) 37.60; 3. Monica Silbas (Sac) 31.60.

**Long Jump:** 1. Janet Taylor (Unat) 5.30; 2. Annette Calhoun (Sac) 5.05; 3. Julia Philyaw (Sac) 4.87.

**Shot Put:** 1. Kathy Lisle (Chico) 13.53; 2. Sue Medeiros (Reno) 12.61; 3. Melissa Kennedy (Sac) 12.10.

**Discus:** 1. Kathy Lisle (Chico) 41.40; 2. Melissa Kennedy (Sac) 38.88; 3. Sue Medeiros (Reno) 36.66.

**Team Scores:** Cal State Sacramento 110, Cal State Chico 52, San Francisco State University 36, University of Nevada at Reno non-scoring guest.

## Riverside Invitational

April 11, University of California at Riverside.

**Women's High Jump:** 1. Harmon (Unat) 5-6; 2. Collins (APC) 5-0; 3. Rosser (PP) 5-0.

**Women's Shot Put:** 1. Hamilton (CSUB) 44-8 1/4; 2. Burt (UNLV) 40-2 1/4; 3. Burdan (APC) 39-10 3/4.

**Pole Vault:** 1. Hill (UCLA) 15-0; 2. Stull (UCLA) 15-0; 3. Kibart (Macc) 15-0.

**Hammer Throw:** 1. Green (CSLB) 204-1; 2. Barnett (APC) 198-7; 3. Rohovit (49er) 185-11.

**Men's Javelin:** 1. Barnett (APC) 249-8; 2. Stuart (Macc) 237-9; 3. Nelson (APC) 206-6.

**Men's Long Jump:** 1. Morning (Unat) 22-11; 2. Woods (UNLV) 22-5 1/2.

**Women's Long Jump:** 1. Wilford (CSUB) 18-3 1/4; 2. Whetton (SU) 16-8; 3. Rockliffe (CLC) 16-1 1/4.

**Women's Javelin:** 1. Rockliffe (CLC) 141-2; 2. Nishibayashi (C-HS-S) 118-1; 3. Rietze (Pt. Loma) 35.08.

**Women's Discus:** 1. Burt (UNLV) 137-10; 2. Burgan (APC) 132-4; 3. Hamilton (CSUB) 118-6.

**Men's Shot Put:** 1. Reilly (AATC) 54-9 1/4; 2. Barnett (APC) 53-9; 3. Lister (Unat) 51-10.

**Men's High Jump:** 1. Hafflinger (Redlands) 6-10; 2. Watson (PP) 6-6; 3. Byrne (Macc) 6-6.

**Triple Jump:** 1. Woods (UNLV) 48-3 3/4; 2. Small (UCLA) 47-5 1/4; 3. Robinson (PP) 47-1.

**Men's Discus:** 1. Binley (AATC) 183-4; 2. Axelsson (Pt. Loma) 181-9; 3. Reilly (AATC) 169-7.

**Women's 400 Relay:** 1. UC Riverside 52.5; 2. Cal State Fullerton 53.8; 3. Cal Lutheran 54.0.

**Men's 400 Relay:** 1. Maccabi 41.8; 2. Cal State LA 42.1; 3. All American TC 42.5.

## UCLA vs Oregon Women's Dual

By JOHN WENOS  
Statesman-Journal Reporter

April 11, Eugene, Oregon.

The UCLA women's track team left a few aces at home, but still brought enough to the table to deal Oregon its first dual meet loss in three seasons.

Generally regarded as the finest college team ever assembled, the Bruins brought only 16 women to Eugene, thanks to a rash of injuries and undoubtedly the budget-trimming effects of California's Proposition 13. Still, UCLA managed to prevail by a 70-57 score over the defending national dual meet champion.

The meet was a classic despite less than favorable weather conditions. Periodic showers threatened to turn the competition into a swim meet and the temperature never rose past 49 degrees all afternoon.

So, all the Bruin women did was establish four all-time bests for collegiate dual meets. The first mark to fall was in the 400-meter relay. The team of Jeanette Bolden, Florence Griffith, Oralee Fowler and Missy Jerald ran 44.79 despite conservative-looking handoffs and a lack of close competition. That broke the previous best, 44.80, by Arizona State in 1979.

Three running events later, Fowler ran a strong final 100 meters in the 400 to break the tape in 53.15, well ahead of the 53.32 by Tennessee's Delisa Walton earlier this spring.

Ten minutes later, Bolden maintained the record-setting spree by tying the 100 meters standard with an 11.1 victory.

The last dual meet standard to fall may have been the best of all. The Bruins' mile relay unit of Jerald, Deann Gutowski, Cindy Cumbess and Fowler clocked 3:40.35, which converts to 3:39.08 for 1600 meters. The previous 1600 best was Tennessee's 3:42.58 just three weeks earlier against Houston.

While those were the best marks of the afternoon, they were only part of a bumper crop of outstanding marks. Results in every event were national caliber.

**Long Jump:** 1. Lexie Miller (O) 19-4 1/2; 2. Lisa Gouridine (UCLA) 18-4 1/2; 3. Jackie Joyner (UCLA) 18-2 1/2.

**Javelin:** 1. Susie Ray (UCLA) 161-7; 2. Jacque Nelson (UCLA) 154-9; 3. Sally Harmon (O) 151-4.

**3000 Meters:** 1. Lisa O'Dea (O) 9:30.8; 2. Eryn Forbes (O) 9:31.1; 3. Linda Goen (UCLA) 9:31.9.

**400 Meter Relay:** 1. UCLA 44.79; 2. Oregon 46.62.

**1500 Meters:** 1. Leann Warren (O) 4:26.39; 2. Sheila Ralston (UCLA) 4:28.46; 3. Lisa O'Dea (O) 4:38.92.

**Shot Put:** 1. Susie Ray (UCLA) 49-3 1/4; 2. Heidi Kauti (UCLA) 46-5; 3. Quenna Beasley (O) 45-6.

**100 Meter Hurdles:** 1. Lexie Miller (O) 14.04w; 2. Dris Costello (O) 14.04; 3. Missy Jerald (UCLA) 14.13.

**400 Meters:** 1. Oralee Fowler (UCLA) 53.15; 2. Deann Gutowski (UCLA) 54.00; 3. Grace Bokari (O) 54.35.

**100 Meters:** 1. Jeanette Bolden (UCLA) 11.1; 2. Florence Griffith (UCLA) 11.5; 3. Melanie Batiste (O) 12.40.

**800 Meters:** 1. Leann Warren (O) 2:06.73; 2.

**100:** 1. Bill Snody (USN) 10.77; 2. Chris Blaylock (SD) 10.78; 3. Ken Newell (LB) 11.05.  
**800:** 1. Graeme Fell (SD) 1:52.34; 2. Mike Armbruster (SD) 1:53.43; 3. Dave Cangelosi (LB) 1:53.52.

**400 Hurdles:** 1. Allan Jones (LB) 51.9; 2. Darryl Davis (SD) 53.29; 3. Dennis Danduran (LB) 55.0.

**200:** 1. Harold Williams (SD) 21.33; 2. Chris Blaylock (SD) 21.42; 3. Ben Bacaycay (SD) 22.73.

**5000:** 1. Eric Hulst (AIA) 14:31.03; 2. Robert Lusitana (SD) 14:38.29; 3. Bennie Martinez (AIA) 14:43.19.

**High Jump:** 1. Fank Schiefer (SD) 6-10; 1. Bill Graber 6-10; 3. Brian Sims (LB) 6-8; 3. John Valentine (LB) 6-8.

**Pole Vault:** 1. Bill Halverson (SD) 16-6; 1. Clark Eliot (SD) 16-6; 3. Ken Corney (LB) 16-6; 4. Nat Durham (AIA) 16-6.

**Discus:** 1. Greg McSeveny (LB) 193-3; 2. Richard Slaney (SD) 183-6; 3. Scott Reid (LB) 181-9.

**Triple Jump:** 1. Greg Garrett (SD) 49-10; 2. Cameron Gary (Unat) 48-8 1/4; 3. Scott Countryman (SD) 46-3.

**1600 Relay:** 1. San Diego State (Simons, Williams, Blaylock, Konchellah) 3:12.72; 2. Long Beach State 3:20.24.

**Team Scores:** San Diego State 100, Long Beach State 44; San Diego State 116, Athletics in Action 26.

### WOMEN'S EVENTS

**400 Relay:** 1. San Diego State (Lindemuth, Charles, Bullard, McLaughlin) 47.65; 2. Long Beach State (LaFource, Foy, Chew, Smith) 48.19.

**100 Meter Hurdles:** 1. Maureen Magee (Unat) 14.13; 2. Lori Smith (LB) 14.81; 3. Grace Chew (LB) 15.21.

**High Jump:** 1. Patti Stafford (SD) 5-10; 2. Lori Smith (LB) 5-6; 3. Vickie Marquez (LB) 5-4; 3. Tyler Dacey (SD) 5-4.

**Shot Put:** 1. Ramona Pagel (LB) 49-11 1/4; 2. Annie McElroy (LB) 48-10 1/2; 3. Cheryl Kennedy (SD) 47-6 1/4.

**1500:** 1. Monica Joyce (SD) 4:23.40; 2. Eva Engstrom (Unat) 4:40.71; 3. Carol Crumley (SD) 4:50.82.

**400:** 1. Donna Charles (SD) 57.09; 2. Anne Lindemuth (SD) 58.27; 3. Ann Marie Collins (SD) 59.73.

**100:** 1. Yvette Bullard (SD) 12.34; 2. Lori Smith (LB) 12.49; 3. Maureen Magee (Unat) 12.52.

**Javelin:** 1. Fatima Whitbread (Unat) 183-2; 2. Celine Chartrand (Canada) 159-10; 3. Linn Dunton (AIA) 149-10.

**800:** 1. Monica Joyce (SD) 2:10.21; 2. Michelle Bonds (LB) 2:11.52; 3. Susan Hemond (SD) 2:12.48.

**400 Hurdles:** 1. Debbie Bottomley (SD) 60.92; 2. Kathy Bower (LB) 62.21; 3. Nancy O'Connell (SD) 64.94.

**Long Jump:** 1. Carrie McLaughlin (SD) 18-1 1/4; 2. Joyce Wheeler (Unat) 18-0; 3. Sue Hegerle (SD) 17-6 1/4.

**200:** 1. Yvette Bullard (SD) 25.06; 2. Carrie McLaughlin (SD) 25.92; 3. Kim LaFource (LB) 25.92.

**3000:** 1. Liz Baker (SD) 9:50.19; 2. Evelyn Tribble (LB) 10:09.47; 3. Sue Beatty (SD) 10:14.83.

**1600 Relay:** 1. San Diego State (Charles, Bottomley, Collins, Lindemuth) 3:51.99; 2. Long Beach State (Bauer, Bonds, Foy, LaFource) 3:54.62.

**Discus:** 1. Lorna Griffin (Unat) 174-5; 2. Pat Shaw (LB) 158-0; 3. Lisle Hoerner (LB) 157-4.

**Team Scores:** San Diego State 93 1/2, Long Beach State 60 1/2.





Stanford, the usual rivalry between the two schools is more than one star athlete competing in the same area has taken on an unusual fierceness in this case. The two find themselves racing in the same meets countless times over the years and there has developed a strong desire by Schmandt to

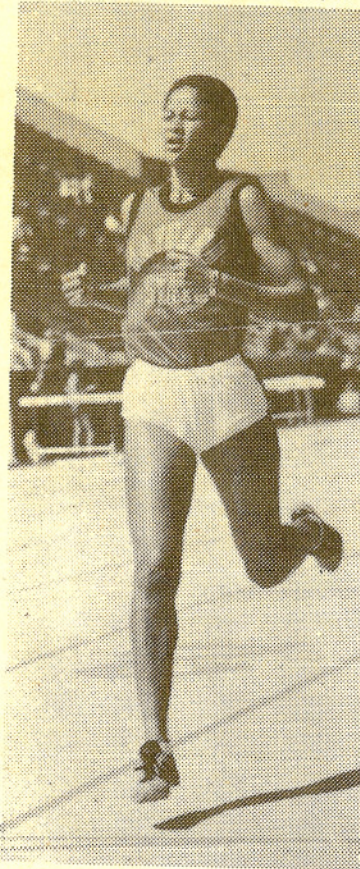


photo by Don Gosney

## Frane Castro

bump Schnurpfel from her place of prominence. Schmandt thought her opportunity had come when the schedule had her pitted against her nemesis in the 3000 but the sophomore from Stanford had to pull out at the last minute. The indoor All American from the Farm has been plagued with a blister for the past several months that turns into a bloody mess when she races on it. Such was the case this time. Her win in the 5000 earlier in the day (16:40.1, qualifies for AIAW) had damaged her foot badly enough to warrant her withdrawal from her race against Schmandt.

Freshman Sue McNeal won the high jump for Cal Poly with an outstanding jump of 5-11 1/4 handily beating Cal's Kathy Hamilton who jumped 5-7 3/4.

Showing excellent form in the hurdles, Cal State Northridge freshman Alesia Sweeney won the 100m hurdles in 14.22. Also running quite well was Cal Poly's freshman distance runner Liz Strangio. Strangio qualified for the AIAW Nationals in the 5000 with her second place time of 16:50.2. Winning both the 200 and the 400 for the Golden Bears, sophomore

**100 Meters:** 1. Danita Young (Northridge) 12.1; 2. Delphinia Banks (Hayward) 12.1; 3. Lynnae Warren (Stanford) 12.2; 4. Delene Thomas (Utah St.) 12.2; 5. Valerie Bell (SFSU) 12.2.

**800 Meters:** 1. Frannie Castro (Hayward) 2:08.9; 2. Michelle Bonds (CSULB) 2:11.6; 3. Dina Pappas (Sac) 2:12.6; 4. Ann Reeve (Hawaii) 2:13.3; 5. Esther Scherzinger (SLO) 2:15.4.

**Javelin:** 1. Karin Smith (SLO) 204.6; 2. Kristen Engle (Cal) 154.5; 3. Mary Osborne (Stanford) 153.9; 4. Heidi Iratcabal (Reno) 139.10; 5. Beth Rockliffe (Cal Luth) 136.9.

**400 Meter Hurdles:** 1. Kathy Bower (CSULB) 61.35; 2. Konnie Mackey (Utah St.) 61.68; 3. Natasha Smith (CSUN) 62.42; 4. Laura Held (SLO) 62.54; 5. Jennifer James (Utah St.) 62.9.

**Long Jump:** 1. Lynnae Warren (Stanford) 18-8 1/2; 2. Terri Serrano (Davis) 18-3 1/4; 3. Pam Donald (Stanford) 18-2 1/4; 4. Dawn Peters (Hayward) 18-1 1/4; 5. Bebra Wilford (Bakersfield) 18-1.

**200 Meters:** 1. Kim White (Cal) 24.57; 2. Letitia Sherrill (CSUN) 24.75; 3. Melanie Markham (Northridge) 24.86; 4. Eloise Mallory (SLO) 24.88; 5. Cheryl Doss (Northridge) 25.33.

**High Jump:** 1. Sue McNeal (SLO) 181; 2. Kathy Hamilton (Cal) 172; 3. Chris Dubois (SLO) 162; 3. Natasha Smith (SCUN) 162; 5. Vickie Marquez (CSULB) 162; 5. Shelley Craig (Cal) 162.

**3000 Meters:** 1. Cindy Schmandt (Cal) 9:26.1; 2. Mary Anne Scannell (Sac) 9:39.9; 3. Eileen Kraemer (SLO) 9:50.5; 4. Diane Gong (Stanford) 10:02.4; 5. Pattisue Plummer (Stanford) 10:04.6.

**Shot Put:** 1. Sandy Burke (Northeastern) 50-10 1/4; 2. Annie McElroy (CSULB) 47-0 1/4; 3. Ramona Pangel (CSULB) 46-3 1/4; 4. Sue Springer (Cal) 44-6; 5. Sharen Hamilton (Bakersfield) 44-1 1/4.

**4x400 Relay:** 1. Cal State Northridge 3:47.11; 2. Cal Poly SLO 3:48.65; 3. Cal 3:49.13; 4. Cal State Hayward 3:49.4; 5. Stanford 3:52.1.

**Team Scores:** 1. California 104.5; 2. Cal Poly SLO 88; 3. Cal State Northridge 83; 4. Stanford 69; 5. Cal State Hayward 51; 6. Cal State Sacramento 50; 7. Cal State Long Beach 47.5; 8. Utah State 24; 9. Northeastern 10; 10. UC Davis 8; 11. San Francisco State 7; 12. Cal Lutheran 5; Nevada Reno 5; 14. Cal State Bakersfield 4; Claremont 4; 16. Hawaii.

## Four Way Women's Meet

April 11, Cal State Sacramento.

**10,000:** 1. Gail Coensgen (Chico) 42:00.0; 2. Mary Landers (Chico) 46:23.7.

**880 Medley Relay:** 1. Sacramento 1:47.4; 2. San Francisco 1:51.7; Reno 1:57.7.

**5000:** 1. Mary Anne Scannell (Sac) 16:57.5; 2. Krista Roberts (Sac) 18:12.0; 3. Lill Hughes (Sac) 19:10.7.

**400 Relay:** 1. Sacramento 47.5; 2. San Francisco 47.9; 3. Sacramento B 50.8.

**1500:** 1. Laurie Brantingham (Reno) 4:57.5; 2. Lisa Macias (SF) 4:59.3; 3. Jill Smith (Reno) 5:03.7.

**100 Hurdles:** 1. Velma Banks (Sac) 15.3; 2. Patty O'Rourke (SF) 16.3; 3. Becky Blankenship (Chico) 18.7.

**400 Meters:** 1. Felicia Thompson (Sac) 58.4; 2. Diana Pappas (Sac) 59.4; 3. Cindy Cook (Chico) 59.6.

**100 Meters:** 1. Harmon (Unatt) 5-6; 2. Collins (APC) 5-0; 3. Rosser (PP) 5-0.

**Women's Shot Put:** 1. Hamilton (CSUB) 44-8 3/4; 2. Burt (UNLV) 40-2 3/4; 3. Burdan (APC) 39-10 3/4.

**Pole Vault:** 1. Hill (UCLA) 15-0; 2. Stull (UCLA) 15-0; 3. Kibart (Macc) 15-0.

**Hammer Throw:** 1. Green (CSLB) 204-1; 2. Barnett (APC) 198-7; 3. Rohovit (49er) 185-11.

**Men's Javelin:** 1. Barnett (APC) 249-8; 2. Stuart (Macc) 237-9; 3. Nelson (APC) 206-6.

**Men's Long Jump:** 1. Morning (Unatt) 22-11; 2. Woods (UNLV) 22-5 1/2.

**Women's Long Jump:** 1. Wilford (CSUB) 18-3 1/2; 2. Whetton (SU) 16-8; 3. Rockliffe (CLC) 16-1 3/4.

**Women's Javelin:** 1. Rockliffe (CLC) 141-2; 2. Nishibayashi (C-HS-S) 118-1; 3. Rietze (Pt. Loma) 35.08.

**Women's Discus:** 1. Burt (UNLV) 137-10; 2. Burgan (APC) 132-4; 3. Hamilton (CSUB) 118-6.

**Men's Shot Put:** 1. Reilly (AATC) 54-9 1/2; 2. Barnett (APC) 53-9; 3. Lister (Unatt) 51-10.

**Men's High Jump:** 1. Haflinger (Redlands) 6-10; 2. Watson (PP) 6-8; 3. Byrne (Macc) 6-6.

**Triple Jump:** 1. Woods (UNLV) 48-3 3/4; 2. Small (UCLA) 47-5 1/4; 3. Robinson (PP) 47-1.

**Men's Discus:** 1. Binley (AATC) 183-4; 2. Axelsson (Pt. Loma) 181-9; 3. Reilly (AATC) 169-7.

**Women's 400 Relay:** 1. UC Riverside 52.5; 2. Cal State Fullerton 53.8; 3. Cal Lutheran 54.0.

**Men's 400 Relay:** 1. Maccabi 41.6; 2. Cal State LA 42.1; 3. All American TC 42.5.

**Steeplechase:** 1. Mueller (Unatt) 9:42.0; 2. Haro (SMT) 9:43.6; 3. Hill (UCSD) 10:11.3.

**Women's 1500 Meters:** 1. Tracey (C-HM-S) 4:43.0; 2. Rempel (Abbotsford TC) 4:44.7; 3. Nearing (UNLV) 4:51.5.

**Men's 1500 Meters:** 1. Assuma (UCR) 3:49.2; 2. Cendejas (Macc) 3:51.2; 3. Alvarez (UCR) 3:53.2.

**Women's 400 Meters:** 1. Harmon (Unatt) 55.8; 2. Tappin (CSUB) 58.6; 3. Roger (Unatt) 58.6.

**Men's 400 Meters:** 1. Williams (UCR) 48.0; 2. Hollis (CSULA) 48.4; 3. Walker (AATC) 48.6.

**Women's 100 Meters:** 1. Lovelady (CSUB) 12.4; 2. Rogers (Unatt) 12.5; 3. Eshuis (Abbotsford TC) 12.5.

**Men's 100 Meters:** 1. Crunkleton (Macc) 10.8; 2. McCoy (Macc) 10.9.

**Women's 100 Meter Hurdles:** 1. Edwards (Redlands) 15.2; 2. Rockliffe (CLC) 16.0; 3. Akwei (APC) 16.2.

**Men's 110 Meter Hurdles:** 1. McCraney (Macc) 14.1; 2. Brisco (CSULA) 14.7; 3. Booker (CSULA) 14.8.

**Women's 800 Meters:** 1. Fromme 2:17.4; 2. Tracey (C-HM-S) 2:17.6; 3. Rempel (Abbotsford TC) 2:20.6.

**Men's 800 Meters:** 1. Assuma (UCR) 1:53.4; 2. Hoogewerf (Abbotsford TC) 1:55.5; 3. Alvarez (CSULA) 1:56.2.

**Men's 400 Hurdles:** 1. Murray (Unatt) 54.5; 2. Sanborn (Whittier) 55.3; 3. Campbell (APC) 56.0.

**Women's 200 Meters:** 1. Lovelady (CSUB) 25.7; 2. Eshuis (Abbotsford TC) 26.1; 3. Hodnick (CSUB) 26.6.

**Men's 200 Meters:** 1. Williams (UCR) 22.3; 1. Adkins (UNLV) 22.3. 3. Smith (AATC) 22.4; 3. Milton (CLC) 22.4.

**Women's 3000 Meters:** 1. Albert (UCR) 10:26.6; 2. Schofield (CSUB) 10:34.0; 3. Mallory (CLC) 10:38.6.

**Men's 5000 Meters:** 1. Assuma (UCR) 14:18.8; 2. Alvarez (UCR) 14:19.7; 3. Francis (PP) 15:02.9.

**Women's Mile Relay:** 1. Cal State Bakersfield 4:00.3; 2. Cal State Fullerton 4:15.2; 3. UC Riverside 4:16.6.

**Men's Mile Relay:** 1. UC Riverside 3:21.3; 2. Maccabi 3:22.3; 3. Redlands 3:29.7.

converts to 3:39.09 for 1600 meters. The previous 1600 best was Tennessee's 3:42.58 just three weeks earlier against Houston.

While those were the best marks of the afternoon, they were only part of a bumper crop of outstanding marks. Results in every event were national caliber.

**Long Jump:** 1. Lexie Miller (O) 19-4 1/2; 2. Lisa Gouridine (UCLA) 18-4 1/2; 3. Jackie Joyner (UCLA) 18-2 1/2.

**Javelin:** 1. Susie Ray (UCLA) 161-7; 2. Jacques Nelson (UCLA) 154-9; 3. Sally Harmon (O) 151-4.

**3000 Meters:** 1. Lisa O'Dea (O) 9:30.8; 2. Eryn Forbes (O) 9:31.1; 3. Linda Goen (UCLA) 9:31.9.

**400 Meter Relay:** 1. UCLA 44.79; 2. Oregon 46.62.

**1500 Meters:** 1. Leann Warren (O) 4:26.39; 2. Sheila Ralston (UCLA) 4:28.46; 3. Lisa O'Dea (O) 4:38.92.

**Shot Put:** 1. Susie Ray (UCLA) 49-3 1/4; 2. Heidi Kauti (UCLA) 46-5; 3. Quenna Beasley (O) 45-6.

**100 Meter Hurdles:** 1. Lexie Miller (O) 14.04w; 2. Dris Costello (O) 14.04; 3. Missy Jerald (UCLA) 14.13.

**400 Meters:** 1. Oralee Fowler (UCLA) 53.15; 2. Deann Gutowski (UCLA) 54.00; 3. Grace Bokari (O) 54.35.

**100 Meters:** 1. Jeanette Bolden (UCLA) 11.1; 2. Florence Griffith (UCLA) 11.5; 3. Melanie Batiste (O) 12.40.

**800 Meters:** 1. Leann Warren (O) 2:06.73; 2. Sheila Ralston (UCLA) 2:11.84; 3. Linda Goen (UCLA) 2:13.28.

**400 Meter Hurdles:** 1. Lexie Miller (O) 62.27; 2. Sally Hamilton (O) 63.18; 3. Lisa Nicholson (O) 64.28.

**High Jump:** 1. Tonya Alston (UCLA) 5-9; 2. Kari Easton (O) 5-8; 3. Trisha King (O) and Jeanne Borchardt (O) 5-4.

**Discus:** 1. Karen McDonald (O) 151-0; 2. Quenna Beasley (O) 147-11; 3. Heidi Kauti (UCLA) 139-8.

**200 Meters:** 1. Florence Griffith (UCLA) 23.85; 2. Jeanette Bolden (UCLA) 24.38; 3. Oralee Fowler (UCLA) 24.38.

**Mile Relay:** 1. UCLA 3:40.35; 2. Oregon 3:41.11.

**Team Scores:** UCLA 70, Oregon 57.

## SDS vs CSULB & AIA

April 11, San Diego State Sportsman Track. San Diego State vs Long Beach State and Athletes in Action.

**Shot Put:** 1. Mike Smith (LB) 63-3; 2. Richard Stanley (SD) 59-0; 3. John Brenner (49er) 57-2; 4. Hank Drychirs (49er) 56-0.

**400 Meter Relay:** 1. San Diego (Russell, Somons, Blaylock, Williams) 40.57; 2. Long Beach 42.75.

**Javelin:** 1. Fred Carpenter (AIA) 219-8; 2. Daniel LaJeunesse (Canada) 216-2; 3. Dave Rider (LB) 215-9; 4. Richard Love (Unatt) 200-7.

**1500:** 1. Graeme Fell (SD) 3:52.91; 2. Bill Foley (AIA) 3:55.42; 3. Art Cendejas (LB) 3:55.44.

**110 Hurdles:** 1. Darryl Davis (SD) 14.41; 2. Larry Blake (LB) 14.43; 3. Dennis Danduran (LB) 15.17.

**Long Jump:** 1. Ken Fowler (SD) 24-4 3/4; 2. Ron Johnson (LB) 23-0 3/4; 3. Scott Countryman (SD) 22-10.3.

**400:** 1. Greg Simons (SD) 47.47; 2. David Russell (SD) 47.88; 3. Steve Campbell (AIA) 47.94.

## San Jose National Invitational

May 2, Bud Winter Field, San Jose State.

**Hammer:** 1. John McArdle (Un) 216-2; 2. Rick Bus (Stan TC) 214-0; 3. Ed Burke (SJ Stars) 204-8.

**10,000:** 1. Mike Van Horn (Un) 29:54.3; 2. Miguel Tibaduiza (UNR) 29:59.0; 3. Paul Sechrist (PWTC) 30:11.6.

**Steeplechase:** 1. John Embody (RFTC) 9:10.8; 2. Joe Salazar (SJS) 9:13.6.

**Sub-Masters 400 Meter Relay:** 1. San Jose State Alumni (San Davis, Kirk Clayton, John Carlos, Tommie Smith) 43.8.

**400 Relay:** 1. Stars & Stripes TC (Harvey, Brown, Williams, Turner) 39.9; 2. San Jose State (Prince, Torrence, Taylor, Green) 40.2; 3. Spartan TC 40.3; 4. Maccabi TC 40.8; 5. Capitol City Striders 40.9.

**1500:** 1. Adrian Royle (Un) 3:43.6; 2. Barry Smith (Gatehead TC) 3:43.6; 3. John Konigh (Sub-4) 3:49.9; 4. Tom Hussey (SJS) 3:53.2.

**110 Hurdles:** 1. Dedy Cooper (BAS) 13.2; 2. Sam Turner (SSTC) 13.4; 3. Greg Veatch 13.8; 4. Ashland Whitfield (MTC) 13.8.

**400:** 1. Tony Darden (Pioneers) 46.8; 2. Bart Williams (SSTC) 47.2; 3. Benny Brown (SSTC) 47.4.

**100 Meter Dash: Heat One:** 1. Wendell McNeil (Un) 10.3; 2. Greg Holmes (LA State) 10.4; 3. Darryl McCane (Un) 10.4. **Heat Two:** 1. Mike Farmer (ICTC) 10.3; 2. Leon Reed (Macc) 10.3; 3. Mark Taylor (CCS) 10.5. **Heat Three:** 1. Marion McCoy (Macc) 10.2; 2. Fred Harvey (SSTC) 10.2; 3. Virgil Torrence (SJS) 10.3.

**800:** 1. Mark Belger (Pioneers) 1:53.4; 2. Bo Breigan (SJS) 1:54.1; 3. David West (Un) 1:54.3.

**400 Hurdles:** 1. James King (Macc) 50.4; 2. Rhan Sheffield (Macc) 51.5; 3. Dedy Cooper (BAS) 51.6.



**200: Heat One:** 1. Dwayne Taylor (SJS) 20.9; 2. Mike Washington (CCS) 21.1; 3. Kevin Smith (CSUH) 21.2. **Heat Two:** 1. Virgil Torrence (SJS) 20.5; 2. Tim Foster (Un) 20.7; 3. Marlon McCoy (Macc) 20.8; 4. Dwayne Green (SJS) 21.0; 5. Mike Farmer (ICAC) 21.0.

**Long Jump:** 1. Greg Turner (Alabama TC) 26-2½; 2. Charlton Ehizuelen (Macc) 26-1¾; 3. Mike McRae (BAS) 25-10½; 4. Essodina Atchade (SJS) 25-9½.

**High Jump:** 1. Joe Radan (Sac TC) 7-0; 2. Thurlis Gibbs (Un) 7-0; 3. Chris Dunn (BAS) 6-10.

**Shot Put:** 1. Brian Oldfield (Un) 69-10; 2. Tim Scott (PCC) 63-5; 3. Bishop Dolegiewicz (Macc) 63-1.

**Javelin:** 1. Bruce Kennedy (PCC) 248-6; 2. Jon Mikaelsson (UNR) 234-3; 3. Mickey Cutler (UNR) 232-6.

**5000:** 1. Joaquin Leano (Un) 14:19.2; 2. Derek May (UNR) 14:20.1; 3. Benton Hart (WVTC) 14:21.9.

**Mile Relay:** 1. Unattached (Robinson, Harvey, Brown, Williams) 3:10.3; 2. Los Angeles State 3:14.3; 3. Capital City Striders 3:15.0.

**Masters 200 Meters:** 1. Bruce Springbett (NCSTC) 23.9; 2. Hans Bruhner (NCSTC) 24.0; 3. Gilbert Lature (NCSTC) 24.2.

**Triple Jump:** 1. Doug Garner (Macc) 55-3½; 2. Ray Kimble (BAS) 52-7½; 3. Charlton Ehizuelen (Macc) 52-2½.

**Discus:** 1. John Powell (AA) 219-2; 2. Knut Hjneltes (Un) 210-6; 3. Ben Plunknett (Striders) 208-9; 4. Art Burns (Sj Stars) 208-5; 5. Jim McGorlick (Sj Stars) 207-0.

**Pole Vault:** 1. Greg Woepse (AC) 18-1¾; 2. Bill Olson (PCC) 17-6¼; 3. Larry Jesse (Macc) 17-6¼; 4. Dave Kenworthy (Un) 17-6¼.

## TFA/Brooks Invitational

April 18, Cal State Northridge.

**Women's Inv. 5000:** 1. Liz Baker (SDSU) 17:03.85; 2. Diana Karg (UCSB) 17:10.16; 3. Beth Milewski (CSUN) 17:10.27; 4. Debra Chaddock (SDSU) 17:44.85; 5. Ann Glau (Unat) 17:47.02.

**Men's Inv. Steeplechase:** 1. Graeme Fell (SDS) 8:53.60; 2. Charlie Gray (Unat) 8:56.47; 3. Robert Luistana (Unat) 9:11.01; 4. Nick Buchan (Pomona Pitzer) 9:16.25; 5. Elliot Drumright (Unat) 9:19.80.

**Women's Inv. 400 Relay:** 1. Cal State Bakersfield 46.77; 2. Cal State Northridge 46.96; 3. L.A. Mercures 47.38.

**Men's Inv. 400 Relay:** 1. Cal Poly SLO 40.24; 2. Maccabi 40.64; 3. Cal State Northridge 41.16; 4. Cal State Bakersfield 41.20.

**Men's Open 400 Relay:** 1. Far West TC 42.37; 2. All American TC 42.84; 3. Rhode Island 42.95.

**Women's Inv. 1500:** 1. Carol Crumley (SDSU) 4:44.63; 2. Dee Dee Degan (CSUN) 4:46.46; 3. Evelyn Tribble (CSULB) 4:47.41; 4. Elian Garcia (SDSU) 4:47.69; 5. Kelly Reynolds (Saturn) 4:49.35.

**Women's Inv. 100 Hurdles:** 1. Maureen McGee (LA Merc) 14.39; 2. Alesia Sweeney (CSUN) 14.55; 3. Lori Smith 14.70; 4. Grace Chew (CSULB) 15.89; 5. Mary Sullivan (UCI) 16.62.

**Men's Open 1500:** 1. Gary Bourbon (CP Pom) 3:54.71; 2. Terry Gibson (CP SLO) 3:55.00; 3. Mike Meric (SMT) 3:57.16; 4. Ernie

**Men's Open 100:** 1. L. Reed (Unat) 10.58; 2. Marty Krullee (SSTC) 10.92; 3. Greg James (SBTC) 10.98; 4. George Crunkelton (Macc) 10.99; 5. Will Stokes (ARC) 11.04.

**Men's Inv. 100:** 1. Mark Kent (CP SLO) 10.89; 2. Charles Truvillion (CSB) 11.02; 3. Fred Harvey (SSTC) 11.03.

**Women's Inv. 800:** 1. Deanne Gutowski (LAM) 2:13.66; 2. Melissa Martel (UCSB) 2:14.93; 3. Susan Hamond (SDSU) 2:16.59; 4. Jodi Seay (CSB) 2:17.36; 5. Misy Collins (SDSU) 2:23.00.

**Men's Inv. 800:** 1. Bjorn Nilsson (Unat) 1:52.89; 2. Paul Medvin (CP SLO) 1:54.12; 3. Roosevelt Frierson (CSB) 1:54.35; 4. Herman Brown (Rhode Island) 1:55.50.

**Hammer:** 1. Mark Odenthal (West Germany) 225-11; 2. Bill Green (CSULB) 220-0; 3. Doug Barnett (APC) 208-0; 4. Jorg Weidaur (West Germany) 195-1; 5. Steve Rohorit (CSULB) 190-4.

**Men's High Jump:** 1. Gary Branch (SBTC) 6-8; 2. Stan Watson (PP) 6-6; 3. John Valentine (CSULB) 6-6; 4. Kevin Hall (Unat) 6-6.

**Men's Open 880:** 1. Mike Armbruster (SDSU) 1:53.87; 2. Steve Kirchoff (UCI) 1:54.27; 3. Wendel Morris (Oxy) 1:54.68; 4. Lionel Adams (AIA) 1:56.90; 5. Jon Cook (AIA) 1:56.90.

**Women's Inv. 400 Hurdles:** 1. Anne Lindemuth (SDSU) 63.80; 2. Anne Aren (CSULA) 64.49; 3. Lee Anne Delgado (OCC) 64.81.

**Men's Shot Put:** 1. Mike Smith (CSULB) 61-10¼; 2. Brian Faul (CPSLO) 60-2¼; 3. Hank Kranchir (49er) 58-8.

**Men's Long Jump:** 1. Charlton Ehizuelen (Macc) 23-9¼; 2. Keith Taylor (SSTC) 23-7½; 3. Don Boardingham (CSUN) 23-5.

**Men's Open 400 Hurdles:** 1. Mark Vavra (CPSLO) 55.55; 2. Bruce Palmore (CSUN) 55.60; 3. Artie Fields (CPP) 58.17.

**Men's Inv. 400 Hurdles:** 1. Rahn Sheffield (Macc) 50.99; 2. Brian Modschin (Unat) 51.91; 3. Allen Jones (CSULB) 52.31; 4. David Jackson (CC Striders) 53.01.

**Men's Javelin:** 1. Mike Packer (Macc) 257-3; 2. Tom Petranoff (AW) 248-8; 3. Mike Barnett (APC) 235-6; 4. Tim Nelson (APC) 226-1; 5. Alex Lynch (RI) 214-11.

**Women's Open 200:** 1. Vanessa Denison (OCC) 25.88; 2. Yvette Bullard (SDSU) 25.88.

**Women's Inv. 200:** 1. Jennifer Innes (CSULA) 24.61; 2. Yolanda Rich (CSULA) 25.19; 3. Roxanne Jackson (CPP) 25.75.

**Men's Open 200:** 1. Will Stokes (ARC) 21.83; 2. Rick Gundrum (CPP) 22.24; 3. Gee Barret (SBCC) 22.30.

**Men's Inv. 200:** 1. Mark Krullee (SSTC) 21.58; 2. Steve Brodi (CSUN) 21.74; 3. Greg James (SSTC) 21.98; 4. Johnny Ware (CC Striders) 22.11.

**Women's High Jump:** 1. Patti Stafford (SDSU) 5-6; 2. Carrie McLaughlin (SDSU) 5-4; 3. Vickie Marquez (CSULB) 5-2.

**Women's Discus:** 1. Lorna Griffen (Hol Spa) 172-0; 2. Leslie Hoerner (CSULB) 157-11; 3. Lisa Vogelsang (Hol Spa) 151-6; 4. Ramona Pagel (CSULB) 148-6.

**Women's Mile Relay:** 1. Cal State Northridge 3:54.84; 2. Cal Poly Pomona 4:02.89.

**Men's Mile Relay:** 1. Capitol City Striders 3:16.04; 2. All American TC 3:17.37; 3. Maccabi TC 3:17.39.

**Men's 5000:** 1. Frank Assuma (UCR) 14:11.30; 2. Armando Cendejas (Unat) 14:11.57; 3. Ivan Huff (CPSLO) 14:12.45; 4. Brian Hunsaker (Unat) 14:15.58; 5. Gerhardt (OCC) 14:15.59.

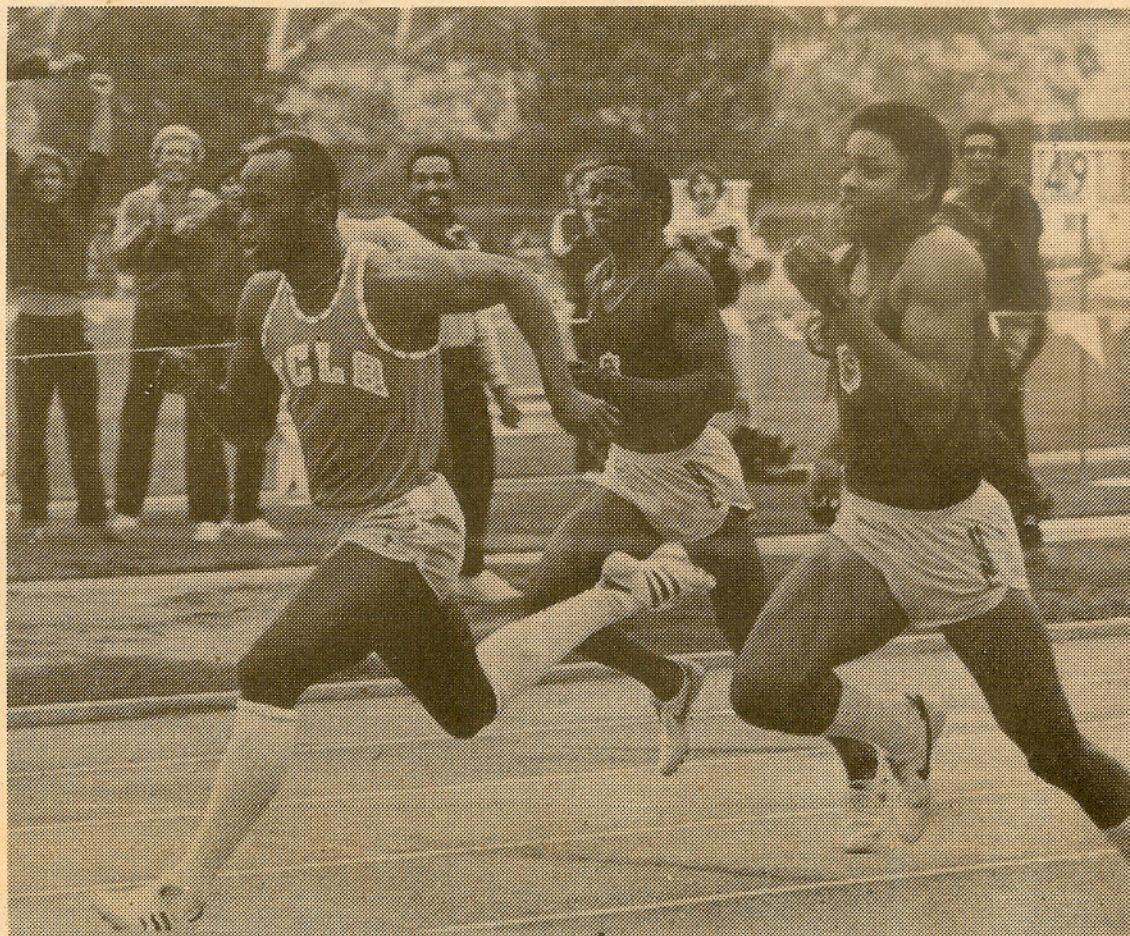
**Men's Pole Vault:** 1. Mark Strawderman (RI) 16-5; 2. Mark Kibort (CPSLO) 15-11; 3. Allen

cheerleaders weren't there. (If they were, I didn't see them. In any case, they would have very little to cheer about.)

USC was shut out in the pole vault, discus, and the steeplechase, and they would have gotten a zip in the 1500 if they hadn't thrown in Bill Jackson just to pick up the third place points which weren't being contested by a Bruin.

The big winner of the meet was Eric Brown who beat out USC's Bill Green and Michael Sanford twice, once in the 100 meters and again in the 200 meters. He also anchored the 400 meter relay team to its win.

After being upset last year by William Wang, UCLA's Jeff West got some revenge this time as he won the 800 meters, followed by teammate Dave Brown. Wang did one point for the Trojan cause taking third.



Eric Brown and Mike Sanford

39.33; 2. USC (Milan Stewart, Mike Sanford, Mike Turner, Bill Green) 39.44.

**Long Jump:** 1. Dokie Williams (UCLA) 24-3¼ (wind: +1.24 mps); 2. Brad Meinhardt (USC) 23-3¼ (wind: +1.68); 3. Larry doubley (USC) 22-10; 4. Mark Anderson (UCLA) 22-7¾; 5. Eugene Leoni (UCLA) 22-0; 6. Louis Faison (USC) 20-11.

**High Jump:** 1. Del Davis (UCLA) 6-8; 2. Eric Smyth (USC) 6-6; 3. Mike Hardi (USC) 6-4; 4.

Eric Brown certainly competed. His two wins were the results of PR efforts, 10.20 in the 100 and 20.39 in the 200. He can't be accused of catching Green on an off day because Green equalled his PR in the 100.

So, another big one is in the books and we'll try it again next year. That is, if USC doesn't give up the duals completely. Let's hope not. This has been too good a rivalry to lose.

**Shot Put:** 1. Kris Lettow (UCLA) 59-5¼; 2. Don Mosebar (USC) 54-2¼; 3. Mark Bailey (UCLA) 52-8½; 4. Mark Bryant (UCLA) 48-5¼.

**Javelin:** 1. Mark Anderson (UCLA) 247-0; 2. Barron Rutherford (USC) 226-9; 3. Eugene Leoni (UCLA) 157-11.

**400 Meter Relay:** 1. UCLA (Dokie Williams, Andre Phillips, Larry Goldston, Eric Brown)

47.9, Joe Parker 50.6, Larry Goldston 46.7, Andre Phillips 46.4) 3:11.76.

**Final Score:** UCLA 107, USC 47.  
**Attendance:** 5,800.



photo by Bill Leung, Jr.

## Stanford Women's Classic

**Shot Put:** 1. Carol Cady (Stanford) 47-8¾; 2. Julie Jones (Club North) 45-7¾; 3. Peggy Pollock (Aggie RC) 41-8½; 4. Sue Medeiros



April 18, Cal State Northridge.

**Women's Inv. 5000:** 1. Liz Baker (SDSU) 17:03.85; 2. Diana Karg (UCSB) 17:10.16; 3. Beth Milewski (CSUN) 17:10.27; 4. Debra Chaddock (SDSU) 17:44.85; 5. Ann Glaud (Unat) 17:47.02.

**Men's Inv. Steeplechase:** 1. Graeme Fell (SDS) 8:53.60; 2. Charlie Gray (Unat) 8:56.47; 3. Robert Luistana (Unat) 9:11.01; 4. Nick Buchan (Pomona Pitzer) 9:16.25; 5. Elliot Drumright (Unat) 9:19.80.

**Women's Inv. 400 Relay:** 1. Cal State Bakersfield 46.77; 2. Cal State Northridge 46.96; 3. L.A. Mercurettes 47.38.

**Men's Inv. 400 Relay:** 1. Cal Poly SLO 40.24; 2. Maccabi 40.64; 3. Cal State Northridge 41.16; 4. Cal State Bakersfield 41.20.

**Men's Open 400 Relay:** 1. Far West TC 42.37; 2. All American TC 42.84; 3. Rhode Island 42.95.

**Women's Inv. 1500:** 1. Carol Crumley (SDSU) 4:44.63; 2. Dee Dee Degan (CSUN) 4:46.46; 3. Evelyn Tribble (CSULB) 4:47.41; 4. Elian Garcia (SDSU) 4:47.69; 5. Kelly Reynolds (Saturn) 4:49.35.

**Women's Inv. 100 Hurdles:** 1. Maureen McGee (LA Merc) 14.39; 2. Alesia Vassona (CSUN) 14.55; 3. Lori Smith 14.70; 4. Grace Chew (CSULB) 15.89; 5. Mary Sullivan (UCI) 16.62.

**Men's Open 1500:** 1. Gary Bourbon (CP Pom) 3:54.71; 2. Terry Gibson (CP SLO) 3:55.00; 3. Mike Meric (SMTC) 3:57.16; 4. Ernie Harcon (SDSU) 3:57.85; 5. Luis Torres (CSUN) 3:58.57.

**Women's Long Jump:** 1. Jewel Lovelady (CSB) 19-4; 2. Carrie McLaughlin (SDSU) 18-4; 3. Shirley Smith (CSULA) 17-6½; 4. Cyndy Morrison (OCC) 17-3; 5. Lisa Williams 17-1½.

**Women's Javelin:** 1. Debbie Dibb (SDSU) 157-3; 2. Beth Rockliffe (CLC) 142-8; 3. Raydeen Roma (CP Pom) 135-0; 4. Chris Wheeler (SBCC) 133-6.

**Men's Inv. 1500:** 1. Matt Blaty (CP Pom) 3:49.21; 2. Armando Cendejas (Macc) 3:50.39; 3. Howard Conley 3:51.66; 4. Eric Gottesfeld (CSUN) 3:56.41; 5. Andy DiConti (CPSLO) 4:03.41.

**Men's Open 110 Hurdles:** 1. Ron Kennedy (Macc) 14.54; 2. Dennis Danoveran (CSULB) 14.62; 3. Craig Durck (AATC) 14.77; 4. Jim Kelley (Unat) 14.84; 5. Eric Carter (CSB) 14.86.

**Women's Open 400:** 1. Volaney Harris (CSUN) 57.62; 2. Donna Charles (SDSU) 58.12; 3. Fay Belk (CSB) 58.5; 4. Kathy McKeen (EB) 59.71; 5. Tanya Bowie (CSULA) 60.11.

**Women's Inv. 400:** 1. Brenda Petersen (LAM) 54.26; 2. Paulette Clagon (LAM) 54.45; 3. Wanda Smith (LAM) 56.01; 4. Roxanne Jackson (CP Pom) 56.45; 5. Kim Law (LAM) 57.26.

**Men's Inv. 110 Hurdles:** 1. Sam Turner (SSTC) 13.65; 2. James McCrary (Macc) 14.05; 3. Mark Carley (CCS) 14.43; 4. Andre Frazier (CSB) 14.45; 5. Cafferty (Boise St.) 14.94.

**Women's Shot Put:** 1. Ramona Pagel (CSULB) 51-0¼; 2. Lorna Griffin (HS) 49-1¼; 3. Annie McElroy (CSULB) 48-1¼; 4. Cheryl Kennedy (SDSU) 46-11; 5. Sharen Hamilton (CSB) 44-10¼.

**Men's Open 400:** 1. James Bradley (CCS) 47.91; 2. Kenrick Camerud (Boise St.) 48.51; 3. David Channel (AATC) 48.55; 4. Greg Jones (SSTC) 48.71; 5. Anthony Smith (AATC) 48.94.

**Men's Inv. 400:** 1. Ed Daniels (Macc) 47.64; 2. Bennie Myles (AATC) 47.66; 3. Demetrius Cook (CP Pom) 47.80.

**Women's Open 100:** 1. Jennifer Innes (CSULA) 12.12; 2. Melanie Markham (CSUN) 12.64; 3. Vanessa Dennison (OCC) 12.72; 4. Danita Yount (CSUN) 12.74; 5. Yvette Bullard (SDSU) 12.87.

**Women's Open 100:** 1. Vanessa Denison (OCC) 25.88; 2. Yvette Bullard (SDSU) 25.88.

**Women's Inv. 200:** 1. Jennifer Innes (CSULA) 24.61; 2. Yolanda Rich (CSULA) 25.19; 3. Roxanne Jackson (CPP) 25.75.

**Men's Open 200:** 1. Will Stokes (ARC) 21.83; 2. Rick Gundrum (CPP) 22.24; 3. Gee Barrett (SBCC) 22.30.

**Men's Inv. 200:** 1. Mark Krullee (SSTC) 21.58; 2. Steve Brodi (CSUN) 21.74; 3. Greg James (SSTC) 21.98; 4. Johnny Ware (CC Striders) 22.11.

**Women's High Jump:** 1. Patti Stafford (SDSU) 5-6; 2. Carrie McLaughlin (SDSU) 5-4; 3. Vickie Marquez (CSULB) 5-2.

**Women's Discus:** 1. Lorna Griffen (Hol Spa) 172-0; 2. Leslie Hoerner (CSULB) 157-11; 3. Lisa Vogelsang (Hol Spa) 151-6; 4. Ramona Pagel (CSULB) 148-6.

**Women's Mile Relay:** 1. Cal State Northridge 3:54.84; 2. Cal Poly Pomona 4:02.89.

**Men's Mile Relay:** 1. Capitol City Striders 3:16.04; 2. All American TC 3:17.37; 3. Maccabi TC 3:17.39.

**Men's 5000:** 1. Frank Assuma (UCR) 14:11.30; 2. Armando Cendejas (Unat) 14:11.57; 3. Ivan Huff (CPSLO) 14:12.45; 4. Brian Hunsaker (Unat) 14:15.58; 5. Gerhardt (OCC) 14:15.59.

**Men's Pole Vault:** 1. Mark Strawderman (RI) 16-5; 2. Mark Kibort (CPSLO) 15-11; 3. Allen Saulk (Macc) 15-11.

**Men's Triple Jump:** 1. Doug Garner (Macc) 52-3¼; 2. Keith Taylor (SSTC) 50-5¼; 3. Charlton Ehizvelen (Macc) 50-3; 4. Byron Gray (SBTC) 50-0.

**Men's Discus:** 1. Greg McSeveney (CSULB) 188-0; 2. Rich Stanley (SDSU) 184-10; 3. Judd Binley (AATC) 183-4.

**Men's 10,000:** 1. Steve Alvarez (UCR) 28:59.59; 2. Chuck Assuma (UCR) 29:47.72; 3. Carmello Rios (CPSLO) 30:01.08.

## UCLA-USC

By RICHARD SLOTKIN

May 2.

USC made the choice to concentrate on top end quality and sacrifice depth so they could do well in the invitational meets and relays, and, in the process, sacrificing the dual meets.

It all came home to roost at this traditional rivalry. Not only did they lose their fifth straight dual meet this season, the Trojans were almost shut out. They won only two events and one of those, the 4x440 relay, was a gift as a result of a dropped Bruin baton.

So USC Coach Verne Wolfe's strategy really backfired. His team lost the meet and there was precious little sunshine in the way of individual standout performances. Besides the mile relay, only Tonie Campbell scored a first in the 110 high hurdles.

Speaking of sunshine, even the weather was gloomy. Sure, it was a great win for UCLA, 107-47—the worst trouncing the Trojans have taken in a dual meet—but this meet is not supposed to be a romp. It's supposed to go right down to the wire, with the final event deciding it.

Of course, the results weren't a surprise. Only 5800 showed up, compared to the usual sellout of about 10,000. No world's records were anticipated or threatened because of the lack of competition. Even USC's band and

Dave Daniels and Rick Rose had the 5000 all to themselves. Daniels took off late in the race and built up a big lead, but then he backed off and waited for Rose to pull up to him. Coming up to the finish, Daniels did something I've never seen before. He motioned Rose to step ahead of him and take the official win. Rose was embarrassingly hesitant, so Daniels literally pulled him ahead. Thirty years from now, Rose can tell his grandchildren how he won the 5000 against USC... "and by golly, if you don't believe me, look it up!"

You really had to feel it for the Trojans. A combination of reduced scholarships and penalties for violations of PAC-10 conference rules which eliminated them from the conference and NCAA championships, has left USC with a shadow of a team. Although he has too much class to gloat, Bruin coach Jim Bush didn't really sympathize with them, claiming that he has the same scholarship limitations as everyone else, and he doesn't load up on outstanding...and older...foreign athletes. It was said that although Bush did not tell his team to run up the score, he did encourage them to get all the points they could. And, didn't they! 107 to 47. USC's worst showing since the Golden Bears of California stomped them 105-26 way back in 1921. The Trojans only got two wins. Tonie Campbell took the 110HH. That was legitimate. The other win came in the final event—the mile relay—an event which in past seasons was the one you had to wait for to find out who won. This time, the Trojans got a gift when the Bruins number two leg, Joe Parker, dropped the baton with the lead and about 60 yards to the next handoff. He retrieved it rather lackadaisically, we thought, and despite very strong efforts by Larry Goldston and Andre Phillips, SC got the win.

This is one meet we would really hate to see go down the tubes. In a future issue of CTRN we will analyze the fallacy of thinking which says that by reducing scholarships you make for better competition by spreading the talent. Any economist knows that to increase the quality and quantity of a product you increase supply. More on this at another time.

After losing 33 straight dual meets to USC, from 1934 to 1965, Bush says that UCLA took its lumps without complaining, and he doesn't feel that the combination of penalties, reduction in scholarships and USC's high tuition which discourages walk-ons, is a legitimate source of complaints.

"You compete with what you have...and you don't make excuse."

## Eric Brown and Mike Sanford

39.33; 2. USC (Milan Stewart, Mike Sanford, Mike Turner, Bill Green) 39.44.

**Long Jump:** 1. Dokle Williams (UCLA) 24-3¼ (wind: +1.24 mps); 2. Brad Meinhardt (USC) 23-3¼ (wind: +1.68); 3. Larry Doubly (USC) 22-10; 4. Mark Anderson (UCLA) 22-7¼; 5. Eugene Leoni (UCLA) 22-0; 6. Louis Faison (USC) 20-11.

**High Jump:** 1. Del Davis (UCLA) 6-8; 2. Eric Smyth (USC) 6-6; 3. Mike Hardi (USC) 6-4; 4. Lee Balkin (UCLA) 6-2.

**Pole Vault:** 1. Anthony Curran (UCLA) 17-0; 2. Bill Thilken (UCLA) 16-6; 3. Greg Stull (UCLA) 15-6; 4. Brett Miketta (USC) nh.

**Steeplechase:** 1. Mark Lewis (UCLA) 8:54.48; 2. Steve Webb (UCLA) 9:13.46; 3. Phil Gonzalez (UCLA) 9:23.57; 4. Greg Dres (USC) 9:28.63; 5. Mike McGranahan (USC) 9:45.75

**1500 Meters:** 1. Brian Russell (UCLA) 3:48.6; 2. Ron Cornell (UCLA) 3:51.5; 3. Bill Jackson (USC) 4:21.3.

**Discus:** 1. Kris Lettow (UCLA) 176-8; 2. Mark Bryant (UCLA) 164-8; 3. Mark Bailey (UCLA) 118-9.

**High Hurdles:** 1. Tonie Campbell (USC) 13.55; 2. Milan Stewart (USC) 13.91; 3. Andre Phillips (UCLA) 13.95; 4. Marcus Allen (UCLA) 14.13; 5. Phil Johnson (USC) 14.15.

**400 Meters:** 1. Larry Goldston (UCLA) 46.1; 2. Rod Bethany (USC) 46.1; 3. Mike Turner (USC) 46.9; 4. Joe Parker (UCLA) 48.4.

**Triple Jump:** 1. Dokle Williams (UCLA) 54-1½ (wind: +0.6 mps); 2. Ivory Small (UCLA) 49-5½ (wind: +1.1); 3. Louis Faison (USC) 48-2w (wind: +2.8).

**100 Meters:** 1. Eric Brown (UCLA) 10.20; 2. Bill Green (UCLA) 10.25; 3. Michael Sanford (USC) 10.40; 4. Phil Johnson (USC) 10.84. (Wind: +1.7 mps).

**800 Meters:** 1. Jeff West (UCLA) 1:48.8; 2. Dave Brown (UCLA) 1:49.9; 3. William Wang (USC) 1:51.79; 4. Dave Pascal (UCLA) 1:53.2; 5. Darryl Savage (USC) 1:54.07.

**Intermediate Hurdles:** 1. Andre Phillips (UCLA) 49.96; 2. Tonie Campbell (USC) 50.28; 3. Milan Stewart (USC) 52.1; 4. Jim Tatam (USC) 53.1; 5. Aaron Jones (UCLA) 54.0.

**200 Meters:** 1. Eric Brown (UCLA) 20.39; 2. Bill Green (UCLA) 20.53; 3. Michael Sanford (USC) 21.05.

**5000 Meters:** 1. Rick Rose (UCLA) 14:39.40; 2. Dave Daniels (UCLA) 14:39.45; 3. Ryan Holman (USC) 15:04.41; 4. Joe Avila (UCLA) 15:18.77; 5. David DeLong (USC) 15:42.52; 6. Bill Jackson (USC) 16:49.06.

**Mile Relay:** 1. USC (Mike Turner 47.14, Michael Sanford 47.94, Rod Bethany 46.48, Bill Green 46.80) 3:08.49; 2. UCLA (Jeff West

## Stanford Women's Classic

**Shot Put:** 1. Carol Cady (Stanford) 47-8¼; 2. Julie Jones (Club North) 45-7¼; 3. Peggy Pollock (Aggie RC) 41-8¼; 4. Sue Medeiros (UN-Reno) 39-11¼; 5. Phyllis Hatch (Cal) 37-3¼.

**Long Jump:** 1. Pam Donald (Stanford) 19-7; 2. Karen Elmore (Millbrae Lions TC) 18-10¼; 3. Melanie Campbell (West Valley College) 18-6¼; 4. Lynnae Warren (Stanford) 18-4; 5. Casey Overfield (Cal) 17-8¼.

**5000 Meters:** 1. Lynne Hjelte (Cal) 17:07.4; 2. Pattisue Plumer (Stanford) 17:34.4; 3. Roxanne Blier (West Valley College) 18:11.7; 4. Dana Price (Stanford) 18:18.3; 5. Vivian Metzger (Stanford) 18:22.6.

**4x100 Meter Relay:** 1. Stanford 48.3; 2. West Valley College 50.4; 3. US Army 51.2.

**1500 Meters:** 1. Ann Witherspoon (Stanford) 4:45.3; 2. Phyllis Olrich (West Valley TC) 4:50.6; 3. Renee Hicks (CC San Francisco) 4:53.5; 4. Maria Regalado (CC San Francisco) 4:53.6; 5. Susan Smith (West Valley College) nt.

**Javelin:** 1. Mary Osborne (Stanford) 167-6; 2. Heidi Iratcaval (Reno High School) 145-3; 3. Elaine Sundby (Hayward State TC) 139-2; 4. Corlissa Howard (US Army) 128-6; 5. Cheri Montgomery (Chabot) 121-10.

**High Jump:** 1. Kathy Hamilton (Cal) 5-6; 2. Shelley Craig (Cal) 5-4; 3. Chris Sellin (Cal) 5-2; 4. Chris Viguie (Cal) 5-2; 5. Peggy Pollock (Aggie RC) 4-10.

**100 Meter Hurdles:** 1. Linda Boern (Club North) 14.41; 2. Kathy Hamilton (Cal) 15.22; 3. Margaret Demorest (Unatt) 15.44; 4. Lee Ann Margerum (Stanford) 16.59; 5. Chris Viguie (Cal) 16.98.

**400 Meters:** 1. Kim White (Cal) 56.20; 2. Connie Culbert (Cal) 57.02; 3. Susan Robinson (West Valley College) 60.04; 4. Denise Advent (US Army) 60.94; 5. Kathy Griffin (West Valley College) 62.58.

**100 Meters:** 1. Linda Boern (Club North) 12.55; 2. Shirley Parker (US Army) 13.31.

**800 Meters:** 1. Diana Figliomeni (West Valley College) 2:13.5; 2. Sharon Yaninek (Unatt) 2:17.3; 3. Andrea Dewey (Stanford) 2:21.4; 4. Pura Knight (Stanford) 2:22.5; 5. Sally Hunt (Unatt) 2:29.3.

continued on next page...



**400 Meter Hurdles:** 1. Deanne Johnson (Stanford TC) 60.7; 2. Margaret Demorest (unat) 62.2; 3. Cheryl Hawthorne (Cal) 63.2; 4. Cathy Hohmann (San Jose Cindergals) 63.4; 5. Tami Denney (West Valley College) 67.6.

**200 Meters:** 1. Elaine Parker (Stanford TC) 25.4; 2. Denise Beattie (CC San Francisco) 26.5; 3. Chris Viguie (Cal) 27.1; 4. Lauren Mathewson (West Valley College) 27.9; 5. Sharon Yaninik (Unat) 28.2.

**Discus:** 1. Carol Cady (Stanford) 166.9; 2. Gale Zapbropolous (Weight City) 161.8; 3. Julie Jones (Club North) 150.7; 4. Sue Springer (Cal) 143.11; 5. Sue Medeiros (UN-Reno) 121.0.

**3000 Meters:** 1. Nancy Ditz (Stanford) 10:05.6; 2. Cheryl Flowers (Cal) 10:19.1; 3. Eugenia Zorich (Cal) 10:38.2; 4. Terry Schmidt (UN-Reno) 10:48.1; 5. Sue Jenkinson (Unatt) 10:50.7.

**4x440 Yard Relay:** 1. West Valley College 4:00.9; 2. Stanford 4:01.7; 3. Unattached 4:22.9.

**10,000 Meters:** 1. Ellen Lyons (Stanford) 34:10.5; 2. Jan Oehm (Unatt) 35:23.4; 3. Pam Cox (Stars & Stripes) 38:17.1; 4. Sally Brendt (US Army) 39:05.4; 5. Andrea Dewey (Stanford) 39:55.9.

## West Coast Relays

May 9, Fresno.

**Men's 2 Mile:** 1. Rob Aner (UC Davis) 9:04.82; 2. Jerry Drew (CSU Sacramento) 9:05.43; 3. Tim Mann (CSU Northridge) 9:08.64.

**Men's Distance Medley:** 1. Fresno State (Tapia 2:59.0, Woods 1:53.8, Arnold 48.0, Foley 4:10.8) 9:51.54; 2. Cal Poly SLO (Medvin 2:59.2, Croft 47.8, Sallaz 1:58.1, Strangio 4:16.5) 10:01.55; 3. Chico State 10:12.73.

**Women's 100 Hurdles:** 1. Marianne Ball (Simon-Frazier) 15.42.

**Men's 8x220 Relay:** 1. Fresno State 2:55.99; 2. UC Davis 2:57.83; 3. Cal State Bakersfield 2:58.27.

**Men's 110 Hurdles:** 1. Andre Frazer (CS Bakersfield) 14.17; 2. Larry Blake (CSU Long Beach) 14.33; 3. Brian Conley (CSU Hayward) 14.35.

**Men's Steeplechase:** 1. Nick Buchan (Pomona-Pitzer) 9:14.31; 2. Jim Christian (CSU Sacramento) 9:26.01; 3. Graham McDonald (Simon-Frazier) 9:41.65.

**Women's 400 Relay:** 1. Cal State Bakersfield 46.7; 2. Nevada-Reno 51.5.

**Men's 400 Relay:** 1. San Jose State 40.75; 2. Cal Poly SLO 40.95; 3. Fresno State 41.26.

**Women's 1500:** 1. Terry Schmidt (UN Reno) 4:47.15; 2. Laurie Brantingham (UN Reno) 4:50.01; 3. Pam Bowers (FSU TC) 4:50.03.

**Men's 2 Mile Relay:** 1. Fresno State (Feely 1:55.3, Arnold 1:52.4, Tapia 1:52.5, Foley 1:52.2) 7:32.31; 2. Cal Poly Pomona 7:32.76; 3. Cal State Chico 7:34.00.

**Women's 100 Meters:** 1. Constance Ward (CS Bakersfield) 11.92; 2. Jewel Lovelady (CS Bakersfield) 12.19; 3. Marcella Mariano (CS Bakersfield) 12.34.

**Men's 100 Meters:** 1. Mark Kent (CS SLO) 10.39; 2. Kevin Smith (CSU Hayward) 10.57; 3. Ken Thomas (San Jose State) 10.66.

**Women's Mile Relay:** 1. Cal State Bakersfield 3:57.36; 2. University of Nevada Reno 4:06.07; 3. Fresno State TC 4:24.64.

**Men's Mile Relay:** 1. San Jose State 3:12.83; 2. Fresno State 3:13.82; 3. Cal State Hayward 3:16.47.

**Women's Javelin:** 1. Michele McCandless (Simon-Frazier) 141.6.

**Women's Shot Put:** 1. Sharen Hamilton (CS Bakersfield) 48-10 1/4; 2. Sue Medeiros (UN Reno) 40-1.

**Men's High Jump:** 1. Dan McNamara (Fresno State) 7-0; 2. Jim Moran (Hayward) 6-10; 3. John Valentine (CSU Long Beach) 6-10.

**Women's Long Jump:** 1. Jewel Lovelady (CS Bakersfield) 18-8 1/2; 2. Debra Wilford (CS Bakersfield) 18-3 3/4; 3. Karen Jordan (CS Bakersfield) 15-10.

**Men's Hammer:** 1. Matt Mileham (Fresno State) 230-4; 2. Robert Weir (Southern Methodist) 228-1; 3. Bill Green (CSU Long Beach) 212-5.

**Women's Discus:** 1. Sue Medeiros (UN Reno) 121-11; 2. Sharen Hamilton (CS Bakersfield) 115-4; 3. Francine Veon (Bakersfield) 79-0.

**Men's Javelin:** 1. Rob Riley (Cal Poly SLO) 241-6; 2. Mike Jones (UC Davis) 232-6; 3. Dan Barton (CSU Long Beach) 222-4.

**Invitational Pole Vault:** 1. Miro Zalar (Sweden) 17-6 1/2; 2. tie Larry Jessee (Macc) and Billy Olson (PCC) 17-6 1/2.

**Men's Discus:** 1. Kris Lettow (UCLA) 189-7; 2. Greg McSeveney (CSU Long Beach) 187-2; 3. Scott Reid (CSU Long Beach) 179-9.

**Men's Long Jump:** 1. Norm Alston (CSU Hayward) 25-1w; 2. Glenn Smith (CSU Northridge) 24-5 3/4; 3. Henry Ellard (Fresno State) 24-3 1/2.

**Men's Pole Vault:** 1. Ken Corney (CSU Long Beach) 16-0; 2. Mark Kibort (Cal Poly SLO) 15-6; 3. Greg Stull (UCLA) 15-6.

**Men's Shot Put:** 1. Mike Smith (CSU Long Beach) 64-10; 2. Brian Faul (CP SLO) 60-3 3/4; 3. Rob Suelflohn (San Jose State) 58-10.

**Men's Triple Jump:** 1. Henry Ellard (Fresno State) 52-9 1/2; 2. Norm Alston (CSU Hayward) 51-11 1/4; 3. Marcus McGlory (CSU Hayward) 51-2.

**Women's Team Scores:** 1. Cal State Bakersfield 65; 2. University of Nevada-Reno 43; 3. Simon-Frazier University 12.

**Men's Team Scores:** 1. Fresno State 80 1/2; 2. Cal Poly SLO 42; 3. San Jose State 35; 4. Cal State Long Beach 34 1/2; 5. Cal State Hayward 34.

## Junior College Division

May 9, Fresno.

**Women's 100 Hurdles:** 1. Janet Yarbrough (DeAnza) 14.36; 2. Tawni Singleton (Ventura) 15.27; 3. Cynthia Miller (Contra Costa) 15.74.

**Women's 1500:** 1. Shari Ewing (Glendale) 4:36.47; 2. Laurie Crisp (Modesto) 4:41.19; 3. Teresa Harro (Santa Monica) 4:41.49.

**Men's Distance Medley Relay:** 1. West Valley College 10:11.33; 2. American River 10:13.54; 3. Golden West 10:16.64.

**Women's 100 Meters:** 1. Valerie Brisco (Long Beach) 11.78; 2. Ada Hay (Santa Monica) 12.01; 3. Carla Kendrix (Olon) 12.52.

**Men's 200 Meters:** 1. Rick Brown (LA Valley) 9:15.89; 2. Ken Holladay (West Valley) 9:17.93; 3. Ramon Garcia (Fresno) 9:20.96.

**Men's 880 Yard Relay:** 1. Pasadena 1:24.6; 2. Los Angeles City 1:28.3; 3. American River 1:28.7.

**Women's 400 Relay:** 1. Long Beach 47.49; 2. DeAnza 48.50; 3. Santa Monica 48.86.

**Men's Steeplechase:** 1. Scott Aguirre (Glendale) 9:34.66; 2. Victor Shelton (Pasadena) 9:38.12; 3. Colin Davidson (Santa Rosa) 9:46.56.

**Women's Mile Relay:** 1. East Los Angeles 3:59.09; 2. DeAnza 4:00.76; 3. American River 4:01.43.

**Men's 110 Hurdles:** 1. Gary Lee (Long Beach) 14.12; 2. Stan Longino (Long Beach) 14.15; 3. Albert Lange (Bakersfield) 14.17 - wind 6.8mph.

**Men's Two Mile Relay:** 1. Butte (Wash) 1:56.8, Ellsworth 1:56.6, Corrossa 1:55.6, Roberts 1:54.7) 7:43.7; 2. Santa Rosa 7:43.8; 3.

**Men's 400 Relay:** 1. Pasadena 40.52; 2. Long Beach 41.01; 3. San Joaquin Delta 41.64.

**Men's Sprint Medley:** 1. Glendale (Paul Murphy 1:52.1) 3:23.08; 2. Long Beach 3:24.30; 3. Bakersfield 3:29.82.

**Men's 100 Meters:** 1. Adrian Jones (Pasadena) 10.45; 2. Mark Mial (Pasadena) 10.65; 3. Clifton Quarry (Pasadena) 10.74.

**Men's Mile Relay:** 1. Long Beach 3:13.25; 2. Pasadena 3:13.61; 3. Glendale 3:14.95.

**Women's Discus:** 1. Sandy Johnson (Diablo Valley) 131-10; 2. Mary Bronzan (Fresno) 131-3; 3. Chris Wheeler (Santa Barbara) 129-10.

**Men's Long Jump:** 1. Gunther McCullough (Long Beach) 25-0; 2. Tom Campbell (West Valley) 22-9 1/4; 3. Tim Morse (Pasadena) 22-9.

**Women's High Jump:** 1. Frankie Sconiers (Fresno) 5-4; 2. Patty Caveness (Long Beach) 5-2; 3. Julie Strain (Los Medanos) and Wendy Craig (DeAnza) 5-2.

**Men's Discus:** 1. Ken Mills (Saddleback) 172-2; 2. Jim Doebling (Saddleback) 162-7; 3. Ken Millemann (Shasta) 158-8.

**Men's Pole Vault:** 1. Steve Thomas (Diablo Valley) 16-1; 2. Greg Ellis (San Mateo) 15-0; 3. Ed Fast (Sequoias) 15-0.

**Women's Long Jump:** 1. JoAnna Harper (East LA) 19-2 1/4; 2. Debra Dean (Long Beach) 18-11; 3. Janet Yarbrough (DeAnza) 18-7.

**Women's Javelin:** 1. Danella Barnes (Fresno) 140-5; 2. Chris Wheeler (Santa Barbara) 127-5; 3. Ellen Gallagher (Glendale) 127-1.

**Women's Shot Put:** 1. Sandy Johnson (Diablo Valley) 43-7; 2. Armonia Beccera (Modesto) 42-9; 3. Tawni Singleton (Ventura) 40-3.

**Men's Shot Put:** 1. Jim Doebling (Saddleback) 58-10; 2. Andy Gilliam (Santa Rosa) 54-7 1/4; 3. Doug Mattern (Santa Rosa) 54-6 3/4.

**Men's Triple Jump:** 1. Byron Criddle (Contra Costa) 52-5 1/4; 2. Dangel Kelley (Pasadena) 48-6; 3. Anthony Trummell (Merritt) 48-0 1/2.

**Men's Javelin:** 1. Mike Scarlett (Golden West) 224-10; 2. Mike Fritchman (Palomar) 218-8; 3. Scott Pittel (Modesto) 209-4.

**Men's High Jump:** 1. Tyke Peacock (Modesto) 7-3; 2. tie Tim Arnwine (Long Beach) & Mel Baker (Long Beach) 7-1.

**Women's Team Scores:** 1. DeAnza 30; 2. Long Beach 28; 3. East Los Angeles 18 and Fresno 18; 5. Glendale 15.

**Men's Team Scores:** 1. Pasadena 62; 2. Long Beach 54; 3. Glendale 26; 4. West Valley 21; 5. Santa Rosa 18.

## UCLA-PEPSI Invitational

By RICHARD LEE SLOTKIN

May 10, Drake Stadium, Westwood.

You can count on Al Franken to put on a good show. And this Pepsi Meet was not just good, it was possibly the best invitational meet ever put on in the USA.

Just look at some of the things that went on. Greg Foster ran the second fastest ever 110 high hurdles. Taking a lead by the first hurdle, Foster tore through the distance in a blazing 13.10 without dropping a single hurdle. Arch rival Renaldo Nehemiah, still not back in top shape, was off his form and finished not second, but third behind Sam Turner.

That was only for starters, though. There were two collegiate records set, and though there were no world records set, or even an American record, there were a flock of world's and US bests for the year.

Karin Smith got a meet and collegiate record in the 100m. In the 100m, she was



Steve Scott and John Walker

sizzling 52.8, and Walker couldn't make up any ground on him. He did slip by Coghlan going through the final turn, which must have been quite gratifying, having had Coghlan do the same to him on occasion. Coghlan didn't give up any more places, so he wound up third, about a second behind Walker who was a second and a half behind Scott's 3:52.50. Scott knew he had the win wrapped up as he approached the tape and had the luxury of being able to look behind him to see where everyone was. No photo finishes this time.

Carl Lewis electrified the crowd with some tremendous leaps. He started out with 27-3, and that would have won the meet then and there. However, he was far from through.

After fouling on his next three jumps, he sailed off into the blue and didn't come down until 27 feet and 9 1/2 inches later. That brought the crowd to its feet. But, there was more to come. With one shot left, and the wind blowing at 2.02 meters per second, Lewis charged down the runway and took off for uncharted lands. When he landed, he rolled off to the side, making sure he didn't lose anything by falling backwards. He knew he had a good one and so did everyone in the stands. With the crowd whooping it up, Lewis jumped to his feet and took off back up the runway. He grabbed that other fine Lewis family long jumper, sister Carol and hugged her. Was he happy? With a 28-3 1/4? He sure was. The little "w" which must officially be his.

meet record. Francie Larrieu went out fast and held the lead through the 880, a very untypical Larrieu start. Francie likes to hang back and then kick. This time though, she went out front and had no kick as she began to fade badly at about 1000 yards. Maggie Keyes moved to the lead, which is also untypical. Keyes normally takes the early lead and holds it until kick time when she then gets passed. She got passed again this time by a whole flock led by Warren, and followed by Jan Merrill, Brenda Webb, Joan Hanson and Monica Joyce. But it was all Warren in the bell lap as the U of Oregon runner ran to that collegiate mark of 4:30.36.

No meet record, no stadium record in the 400 meters, but Arizona State's Howard Henley ran the fastest 400 of the year on the planet. His time was 44.92, and it didn't come easy. Taking the early lead and holding it through the 220, he found himself third behind Trojan Bill Green and Athletic Attic's Willie Smith at the 330. But the kick was there and in the last 50 yards he fired it up, moving back in front with about 10 meters between him and the tape. Another exciting Pepsi finish.

Louise Ritter added to the new meet and stadium records in one of my favorite events—the high jump. Edging out Naturite's Pam Spencer by an inch, she cleared 6-3 1/2 to erase the old mark by a 1/2 inch. Who held the old



**Men's Steeplechase:** 1. Nick Buchan (Pomona-Pitzer) 9:14.31; 2. Jim Christian (CSU Sacramento) 9:26.01; 3. Graham McDonald (Simon-Frazier) 9:41.65.

**Women's 400 Relay:** 1. Cal State Bakersfield 46.7; 2. Nevada-Reno 51.5.

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That was only for starters, though. There were two collegiate records set, and though there were no world records set, or even an American record, there were a flock of world's and US bests for the year.

Karin Smith got a meet and collegiate record in the javelin. James Sanford beat Stanley Floyd again in the 100, getting a second best world this year. Evelyn Ashford ran an equals 7th best all-time world in the 100. Howard Henley (Arizona State) ran a 44.92 in the 400 for a world's best this year. Carl Lewis got a wind-aided...that is 2/100ths of a meter per second over the allowable limit, a truly undetectable amount...28-3/4 long jump, the second longest of all time, exceeded only by Bob Beamon's 29-2 1/2. On the way to his 28 footer, he went 27-9 1/4, good enough for 6th all-time world. Sanford came back with a world leading 20.20 in the 200. Then Evelyn Ashford moved up to the distances (for her) and set a meet record in the 400. Leann Warren set a collegiate record in the women's mile and Andre Phillips set one in the 400 meter hurdles. Plus Mike Bolt broke the meet record in the 800 meters.

Then, in the highlight of any Al Franken meet—the men's mile. Steve Scott, backed by about 150 cheering rooters, ran off at the bell to set a meet and stadium record of 3:52.50. Scott wanted a US record, but the hot weather took too much out of everyone, especially Dan Raby, who was supposed to be the rabbit. Things got off too slowly for there to be any chance of passing Jim Ryun's now venerable mark. Raby took the pack out in a 58.5 quarter, much too slow for a record attempt. An even slower second quarter brought the leaders through the 880 in 1:58.6. Eamonn Coghlan and Sydney Maree were right behind Raby, with Scott hanging back a bit. In the second lap, Craig Masbach made a move. He knew he couldn't win a kicker's race and his only chance was to get out front early and hold it, if he had a chance at all. So, moving to the lead, as Raby dropped out, he led the rest of the way until about 250 yards to go with Coghlan and Ray Flynn. Then, as the stat sheet says, the racing began. As the pack, which was still pretty tight, entered the far straightaway, Scott broke loose with John Walker in pursuit. But Scott was in the process of tearing off his fastest-ever last lap in a

sizzling 52.8, and Walker couldn't make up any ground on him. He did slip by Coghlan going through the final turn, which must have been quite gratifying, having had Coghlan do the same to him on occasion. Coghlan didn't give up any more places, so he wound up third, about a second behind Walker who was a second and a half behind Scott's 3:52.50. Scott knew he had the win wrapped up as he approached the tape and had the luxury of being able to look behind him to see where everyone was. No photo finishes this time.

Carl Lewis electrified the crowd with some tremendous leaps. He started out with 27-3, and that would have won the meet then and there. However, he was far from through. After fouling on his next three jumps, he sailed off into the blue and didn't come down until 27 feet and 9 1/2 inches later. That brought the crowd to its feet. But, there was more to come. With one shot left, and the wind blowing at 2.02 meters per second, Lewis charged down the runway and took off for uncharted lands. When he landed, he rolled off to the side, making sure he didn't lose anything by falling backwards. He knew he had a good one and so did everyone in the stands. With the crowd whooping it up, Lewis jumped to his feet and took off back up the runway. He grabbed that other fine Lewis family long jumper, sister Carol and hugged her. Was he happy? With a 28-3/4? He sure was. The little "w" which must officially be appended to that mark strips it of any record setting value, but it seems that it's only a matter of time before Lewis is in the books without a "w". And probably with something beyond 28-3/4.

To stay with the field events a bit longer, Karin Smith is proving that she is THE American javelin thrower. She broke the meet record and set a collegiate record when her third toss went for 211-5. Kate Schmidt was the only one anywhere near her, and she was 11 feet back. Unlike your typical javelin thrower, Smith is not a large woman, or even especially muscular. She looks more like a sprinter. Her secret is technique; she has studied European technique and, if not perfected it, certainly carried it a long way. She has a lot of PRing ahead of her before she's done.

Anthony Curran got his second 18 footer to win the pole vault over Dan Ripley on fewer misses. Both went 18-0 and the only difference was that Ripley took two attempts to clear his first height of 17 feet, while Curran did it on his first try. From there on they both needed only one try for each subsequent height.

Back to the track, Bill McChesney showed up in a bright pink outfit for his try at the 2 mile. He was about as hot as his outfit. Hanging back for the first lap, led by Steve Ortiz, he broke into the lead after the 500 yard point and from there on he was never caught or even seriously challenged. Indiana's Jim Spivey made a run at him, and came within 10 or 11 yards at a mile and a half, but McChesney turned it on at the bell and opened the lead up some more. He then ran himself to a meet and stadium record of 8:23.16. Spivey held on to second making it look closer than it was, coming in, also under the old meet record, in 8:24.69. Duncan MacDonald finished about where he had been most of the race—third. Ortiz faded some towards the end, and was passed by Dan Aldridge, Henry Marsh and Bill McCullough.

The women's mile was pretty exciting and it produced a collegiate record, though not a

meet record. Francie Larrieu went out fast and held the lead through the 880, a very untypical Larrieu start. Francie likes to hang back and then kick. This time though, she went out front and had no kick as she began to fade badly at about 1000 yards. Maggie Keyes moved to the lead, which is also untypical. Keyes normally takes the early lead and holds it until kick time when she then gets passed. She got passed again this time by a whole flock led by Warren, and followed by Jan Merrill, Brenda Webb, Joan Hanson and Monica Joyce. But it was all Warren in the bell lap as the U of Oregon runner ran to that collegiate mark of 4:30.36.

No meet record, no stadium record in the 400 meters, but Arizona State's Howard Henley ran the fastest 400 of the year on the planet. His time was 44.92, and it didn't come easy. Taking the early lead and holding it through the 220, he found himself third behind Trojan Bill Green and Athletic Attic's Willie Smith at the 330. But the kick was there and in the last 50 yards he fired it up, moving back in front with about 10 meters between him and the tape. Another exciting Pepsi finish.

Louise Ritter added to the new meet and stadium records in one of my favorite events—the high jump. Edging out Naturite's Pam Spencer by an inch, she cleared 6-3 1/2 to erase the old mark by a 1/2 inch. Who held the old record? Louise Ritter...and Pam Spencer together.

So, another Pepsi goes into the books, and it was a good one. There are many who condemn the idea of promoters making money off the athletes and feel that they don't contribute anything to the sport. These people need a little education in everyday economics. Sure the promoter makes something...sometimes. Sometimes he loses his shirt, too. But how do you think you put together a meet like this one, or the Jack-in-the-Box, or the Millrose Games? The athletes who make up the tough competition don't come free, or for a nice watch, or for expenses. They get, as they say in legal circles, "consideration." And this consideration isn't cheap. Nor does it go to just anyone, of course. The best get the most, but they get. Without the promoted events, track and field would be by far the poorer—here, Europe, everywhere.

**Women's Javelin:** 1. Karin Smith (CPSLO) 211-5; 2. Kate Schmidt (PCC) 200-1; 3. Sherry Calvert (Unat) 166-11; 4. Jacque Nelson (UCLA) 160-8; 5. Mary Osborne (Stanford) 160-3; 6. Susie Ray (UCLA) 158-4; 7. Debbie Dibb (Vit. Plus) 150-0.

**Triple Jump:** 1. Willie Banks (Unat) 56-4 3/4; 2. Mike Marlow (SSTC) 56-1; 3. Keith Connor (SMU/Great Britain) 55-1; 4. Doug Garner (Macc) 54-2 3/4; 5. Dokie Williams (UCLA) 53-3 1/4; 6. Greg Caldwell (SSTC) 52-6 3/4.

**High Jump:** 1. Brian Stanton (LBCC) 7-5; 2. Reynaldo Brown (AATC) 7-3; 3. James Frazier (Unatt) 7-3; 4. Jeff Woodard (Alabama) 7-3; 5. Nat Page (SCS) 7-3; 6. Dwight Stones (PCC) 7-0.

**Pole Vault:** 1. Anthony Curran (UCLA) 18-0; 2. Dan Ripley (PCC) 18-0; 3. Dave Kenworthy (Un) 17-6; 4. Mira Zolar (Sweden) 17-6; 4. Dave Volz (U. Indiana) 17-6; 4. Earl Bell (PCC) 17-6; 7. Billy Olson (Abilene Christian) 17-0.

**Women's 100 Meter Hurdles:** 1. Benita Fitzgerald (Tenn.) 13.22; 2. Candy Young (Farleigh Dickinson) 13.32; 3. Stephanie

continued on next page...



Hot West Coast Relays action: Audrey Bettencourt (left) and Betsy Von Essen.



## 22nd Annual Mt. San Antonio Relays

By RICHARD LEE SLOTKIN

### May 24-26, Walnut.

Is there a Junior College in the country that puts on an event like this year after year? Boasting one of the best all-weather tracks in the state and one of the finest facilities anywhere for a track meet, Mt. SAC manages to put on a quality affair in every sense of the word. The only drawback they face is the weather. Sometimes it's hot as a blast furnace in the stadium.

This weekend, though, the weather was quite mild. Further, the distance events, which are the ones that suffer the most when it gets hot, were scheduled all together in an evening "distance carnival." All except the women's 10,000 meters, which went off late Sunday afternoon. That was especially ironic because normally the girls' 10K goes on a Friday night, in the cool, cool, cool of the evening. Don't ask me why...I just tell what happened.

It would be a mistake to refer to this year's version as the Edwin Moses Invitational, but it would only be a very minor mistake. There is no question that the event of the meet was the 400 intermediate hurdles. Not because it promised to be a close and competitive event. The sole reason for the interest was Edwin Moses. And who can blame anyone? He has been so thoroughly dominant in the event, that it is a real treat to watch him, even when he's untested. Heck, he's always untested.

But, a funny thing happened on the way to the tape for his 58th straight win in the hurdles. A young UCLAer by the name of Andre Phillips had just cleared the 8th hurdle. What's so unusual about that, you ask? Well, Moses had not yet cleared his 8th hurdle. Prosperity then got the best of the Bruin and he went a bit off stride going over the 9th hurdle. That was all that Moses needed and he turned on that talent to nip Phillips for the win. Taking the lead at the 7th hurdle, Phillips glanced to his right after the 8th to see where Moses was. The combination of losing his concentration and realizing this wasn't the USC meet where he did a lot of toying with Trojan Toni Campbell, and that guy over to his right was coming on like gangbusters, probably caused Phillips to chop his steps at the 9th hurdle, and there went the upset of the century. But, Phillips will be back. He's no fluke. In fact, the Bruin senior is probably the second best 400 hurdler in the country, and maybe more. Moses, of course, is not in top shape, this being his first attempt of the year, and his time of 48.61, despite being quite good for this early in the year, was only his 32nd best performance. For Phillips, at 36 hundredths of a second back, it was a PR.

Moses said part of the problem was that he forgot about the switch to Daylight Savings Time and by forgetting to turn his clock ahead, he only got an hour and half warmup instead of his normal two hours. OOOOEE! Two hours warmup for less than 50 seconds worth of work. No wonder he's so good.

Steve Ortiz is redshirting this season at UCLA, so he ran the 10,000 meters officially been having problems with her Achilles tendon, and it wasn't feeling all that great this evening. No excuse though. She's tough and she'll be back. She's also young and has a lot of time to develop.

The James Sanford-Stanley Floyd showdown in the 100 meters never came off. Sanford was there, and though scheduled to be there also, Floyd scratched, running in the sprint relays for the Philadelphia Pioneers. Floyd had been bothered by a hamstring pull and wanted to test it first in the 400 relay. However, the 100 meters turned out to be scheduled ahead of the 400 and rather than take a chance, Floyd scratched. Later, he said that he felt 100 percent. That was after the relay AND after the 100. Ya! shoulda tried it Stanley.

Anthony Curran, another Bruin, reached the magic mark in the pole vault. He broke 18 feet. He cleared 18-1/2 to be exact, and that was good enough to win the event.

Karin Smith showed that size isn't everything as she took the javelin with a toss of 210-10. No one else got up to 190 feet, so

she rather dominated the event, you could say. She is certainly the best in the US right now, and she attributes it to her studying technique in Europe where, according to Smith, the girls start where she leaves off.

Jane Frederick is back. Scoring 6168 in the heptathlon, she was especially impressive in the javelin with a 144 foot heave.

And Meg Ritchie was most impressive in the discus, setting a collegiate record when she let one go for 221-5, which is a 10th best all-time, world. (Thank you, Track & Field News.)

Last year, Henry Marsh was winner of the US Olympic Trials in the steeple, and two years ago he and Bill McCullough were 1-2 in the AAU Championships on this very track. This time, a very tired looking Marsh hung in for fourth place, barely edging Greg Duhaime who had the identical time of 8:39.4, while McCullough, who has been a walking case book on injuries, was fifth in 8:41.2. The winner was Britain's Tony Staynings who cleared all the

barriers and waves in 8:38.2, barely a warmup for the old Marsh and McCullough. We aren't knocking anyone. This is clearly a case of: If you haven't tried it, don't knock it. The steeple is TOUGH! Anyone who runs it has our respect. And anyone who ridicules "slow" times ought to be made to run it with a short length of rope running from his...well, let's say waist, to the slow...yeah, sure...Henry Marsh's waist.

We have just covered some of the highlights of this outstanding annual meet. Keep in mind that there are literally scores of events from juniors to high school to collegiate to world class to masters. There are a lot of serious athletes out there in Walnut for the meet. One of the high school distance medley relays had so many entries, about 30 schools, that it looked like a subway rush hour at baton passing time. In fact, it was more crowded than Fleen's infamous basement in Boston during a sale. It wasn't as bloody as Fleen's, though.

### WOMEN

#### Invitational

100—1. J. Sanford (USC), 10.19 (wind 1.45 m.p.s. aiding); 2. Brown (Arizona St.), 10.21; 3. Okodogbe (AS), 10.22; 4. Grace (Athletic Affiliates), 10.23; 5. E. Brown (UCLA), 10.50; 6. M. Sanford (USC), 10.59.

200—1. Roberson (Phila. Pioneers), 20.52 (wind 1.85 m.p.s. aiding); 2. E. Brown (UCLA), 20.59; 3. Carey (UC Irvine), 20.96; 4. Krulce (Stars & Stripes), 21.07; 5. Torrance (San Jose St.), 21.40.

400—1. Meyler (UTEP), 46.04; 2. Daniels (Maccabi TC), 47.59; 3. Adkins (Nevada Las Vegas), 48.49; 4. Bradford (Striders), 48.49.

800—1. Robinson (Inner City AC), 1:48.42; 2. White (California), 1:48.74; 3. Theriot (unat), 1:48.84; 4. Meekio (unat), 1:49.09; 5. Masterson (Santa Monica TC), 1:49.10; 6. Mehale (UTEP), 1:49.33.

1,500—1. Clifford (unat), 3:42.19; 2. Aldridge (unat), 3:42.19; 3. Castro (Mexico), 3:43.12; 4. Luevano (Santa Monica TC), 3:43.31; 5. Wicksell (Reebok TC), 3:44.46.

100H—1. G. Foster (unat), 13.48 (wind .71 m.p.s. against); 2. Campbell (USC), 13.55; 3. Cooper (BA Striders), 13.62; 4. Milburn (Houston TC), 13.96; 5. Turner (Stars & Stripes), 13.96; 6. Cowling (California), 13.99; 7. Stewart (USC), 13.99; 8. Lavitt (Pacific Coast Club), 13.99.

400H—1. Moses (Continuous Curve), 48.61; 2. Phillips (UCLA), 48.97; 3. King (Maccabi TC), 49.64; 4. Ayoo (Lobo TC), 53.05.

500—1. WALK—1. Flores (Mexico), 2:05.52; 2. O'Connor (ACA), 2:14.5; 3. Walker (Striders), 2:19.4; 4. Daniel (Shore AC), 2:23.20; 5. Veon (Bauchet St. Walkers), 2:41.40.

400 RELAY—1. Arizona St. (R. Brown, King, Moore, Evans), 38.7 (meet record, old mark 39.18, Striders, 1980); 2. Athletic Affiliates, 38.82; 3. Philadelphia Pioneers, 38.85; 4. USC TC, 39.52; 5. Arizona, 39.65; 6. Stars & Stripes, 40.03; 7. Mt. San Antonio, 40.23; 8. Alabama TC, 40.39.

800 RELAY—1. Arizona St. (J. Adams, Evans, Moore, King), 1:20.37 (meet record, old mark 1:23.3, Davis N. Company, 1979) (fourth performance all-time world); 2. Philadelphia Pioneers, 1:20.79; 3. USC, 1:22.68; 4. San Jose St., 1:24.25; 5. All-American TC, 1:27.63.

1,600 RELAY—1. San Diego St., 3:05.50; 2. Maccabi TC, 3:05.7; 3. UC Irvine, 3:08.17; 4. Arizona, 3:11.94; 5. Pasadena

### DISCUS

(Group A)—1. Powell (San Jose Stars), 211-10; 2. Hjeltness (Norway), 207-5; 3. Plucknett (Striders), 207-5; 4. Burns (San Jose Stars), 207-2; 5. Stadel (Athletics West), 203-9; 6. Cain (Athletic Affiliates), 203-7; 7. Oerter (New York AC), 200-3; 8. Swarts (NYAC), 199-8. (Group B)—1. Scott (UTEP), 203-3; 2. McSevney (Long Beach St.), 199-1; 3. Weeks (Pacific Coast Club), 196-9; 4. Porath (California), 191-0; 5. Oldfield (unat), 190-2; 6. Slaney (San Diego St.), 185-5; 7. Lettow (UCLA), 181-10.

POLE VAULT—1. Curran (UCLA), 18-0/2; 2. Zalar (Sweden), 17-4/4; 3. Woepse (ACA), 17-4/4; 4. He among Kenworthy (unat), Porter (unat) and Rogers (Maccabi TC), 16-10/4.

HAMMER—1. Obenthal (West Germany), 220-3 (18 years old); 2. Milham (Fresno St.), 222-10; 3. Farmer (Maccabi TC), 222-0; 4. Gale (NYAC), 213-0; 5. Buss (unat), 212-10; 6. Green (Long Beach St.), 208-4; 7. Barnett (Azusa Pacific), 200-8; 8. Rohovet (Shore TC), 194-4; 9. Burke (San Jose Stars), 192-8; 10. Frenn (Maccabi TC), 188-0.

HIGH JUMP—1. Frazier (unat), 7-4; 2. Stanton (Long Beach CC), 7-4/4; 3. He among Woodard (unat) and Goode (unat), 7-0/4; 5. Thompson (UTEP), 7-0/4; 6. He among Fields (unat) and Davenport (unat), 7-0/4; 8. He among Curtis (Striders) and R. Brown (All-American TC), 7-0/4; 10. Page (Striders), 7-0/4.

LONG JUMP—1. R. Williams (USC TC), 26-4; 2. McRae (BA Striders), 26-2/4; 3. King (Arizona St.), 26-0/2w (25-9/4 legal); 4. Hays (USC), 25-4/4w (24-4); 5. Bates (California), 25-2/4w (25-0/4); 6. Whitely (unat), 24-11/4w (24-3/4); 7. Ehizuelen (Maccabi TC), 24-10/4w (24-11).

### University-Open

100 (Race 1)—Russell (San Diego St.), 10.32w (3.12 m.p.s.); 2. Simons (SDS), 10.32; 3. Spottville (Mt. San Antonio College), 10.35; 4. Erving (Mt. Sac), 10.47; 5. Robinson (California), 10.54.

(Race 2)—1. McNeil (Mt. Sac), 10.48w (2.12 m.p.s.); 2. Kent (Cal Poly SLO), 10.48; 3. Harvey (Stars & Stripes), 10.55; (Race 3)—1. James (Stars & Stripes), 10.46 (wind 1.78 m.p.s. aiding); 2. Braithwaite (Oregon TC), 10.46; 3. McCoy (Maccabi TC), 10.49; 4. Reed (Maccabi TC), 10.55.

200—1. Foster (San Jose St.), 20.4; 2. Kent (Cal Poly SLO), 20.4; 3. Stokes

LONG JUMP—1. Clemons (Bakersfield College), 25-5/4w; 2. Bradford (CS Northridge), 24-7w (23-11/4); 3. Shelton (Northern Arizona), 23-11/4.

TRIPLE JUMP—1. Clingen (unat), 50-0w; 2. Mossberg (Sweden), 49-6w; 3. Scott (San Jose CC), 48-8/4.

DISCUS—1. Binley (All-American TC), 190-3; 2. Bishop (San Jose St.), 184-6; 3. Stewart (Houston Athletics), 184-5; 4. Cutler (Nevada Reno), 183-2; 5. Riley (All-American TC), 182-0; 6. Reid (Long Beach St.), 179-3.

### University-College

110H—1. Carmichael (California), 14-02w (3.67 m.p.s.); 2. Johnson (USC), 14-02; 3. Hawthorne (San Jose St.), 14-10; 4. Davis (San Diego St.), 14-28.

400H (Race 1)—1. Smith (Arizona), 51.7; 2. Ducre (CSLA), 52.3; 3. Moosbrugger (Arizona St.), 52.4. (Race 2)—1. Welander (Nevada Reno), 51.7; 2. Hopper (CSLA), 51.7; 3. Kemp (Arizona St.), 52.6.

400 RELAY—1. CS Northridge, 41.72; 2. Cal Lutheran, 42.39; no third.

800 RELAY—1. CS Los Angeles (Booker, Bagley, Hooper, Holmes), 1:25.55; 2. Fresno St., 1:26.87; 3. Northern Arizona, 1:27.94.

1,600 RELAY—1. Northern Arizona, 3:13.0; 2. Fresno St., 3:13.3; 3. CS Los Angeles, 3:13.9; 4. CS Bakersfield, 3:14.4.

HIGH JUMP—1. Anderson (Fresno St.), 6-10/4; 2. Valentine (Long Beach St.), 6-8/4; 3. Madrigal (Northern Arizona), 6-8/4.

SHOTPUT—1. Faul (Cal Poly SLO), 59-1; 2. Suefflohn (San Jose St.), 58-9; 3. Barnett (Azusa Pacific), 57-0/4.

HAMMER—1. Fritzmeier (Fresno St.), 182-1; 2. Glade (Mexico), 178-9; 3. Ponciano (Azusa Pacific), 164-9.

JAVELIN—1. Roller (West Valley TC), 230-2; 2. Robinson (Arizona St.), 227-4; 3. Shiris (Southern Utah), 220-9; 4. Rider (Long Beach St.), 218-10; 5. Goode (CS Northridge), 216-1; 6. Barton (Long Beach St.), 214-7.

### WOMEN

#### Invitational

100—1. Taylor (Canada), 11.45 (wind 1.51 m.p.s. against); 2. Innes (CSLA), 11.78; 3. Dawkins (unat, Dorsey HS), 11.80; 4. Hopkins (Inglewood Panthers), 11.87; 5. Thompson (Nevada Las Vegas), 11.96; 6. Fowler (UCLA), 11.95; 7. Green (unat), 12.04; 8. Lough (LA Mercantiles), 12.25.

200—1. Taylor (Canada), 24.97 (wind 1.51 m.p.s. against); 2. Innes (CSLA), 25.10; 3. Dawkins (unat, Dorsey HS), 25.15; 4. Hopkins (Inglewood Panthers), 25.18; 5. Thompson (Nevada Las Vegas), 25.25; 6. Fowler (UCLA), 25.30; 7. Green (unat), 25.35; 8. Lough (LA Mercantiles), 25.40.

(SoCal Cheetahs), 19-2/4; 4. Taylor (Shaklee TC), 19-1/4; 5. Myers (LATIC), 19-0/4.

SHOTPUT—1. Stalman (Arizona St.), 50-2; 2. Pagel (Long Beach St.), 49-10/4; 3. Kennedy (San Diego St.), 48-0/4; 4. Kauti (UCLA), 47-11; 5. Hamilton (CS Bakersfield), 47-8/4; 6. Ray (UCLA), 47-5/4; 7. McElroy (LBS), 47-2; 8. Griffin (unat), 45-7/4.

DISCUS—1. Ritchie (California), 221-5 (collegiate and Commonwealth record, old mark 216-5, Ritchie, Britain, 1980); 2. Stalman (Arizona St.), 204-6; 3. Svendsen (unat), 179-1; 4. Griffin (unat), 177-11; 5. Deniz (ACA), 173-3; 6. Cady (Stanford), 167-0; 7. Hoerner (Long Beach St.), 166-2; 8. Picknell (Oregon TC), 165-6; 9. Carl (Sun Devil TC), 161-10; 10. Zaphiropoulos (unat), 152-11.

### University-Open

100 (Race 1)—1. Innes (CSLA), 11.25w (2.58 m.p.s.); 2. Dupach (unat), 11.76; 3. Ward (CS Bakersfield), 11.88; 4. Mariano (CS Bakersfield), 12.08. (Race 2)—Robinson (USC), 11.67 (wind 9 m.p.s.).

200 (Race 1)—1. Robinson (USC), 23.80w (2.42 m.p.s.); 2. Rau (Arizona), 24.10; 3. Adams (USC), 24.49; 4. Peterson (unat, Dorsey HS), 24.52; 5. Markham (unat), 24.64. (Race 2)—1. Markham (CS Northridge), 24.39w (2.21 m.p.s.); 2. Smith (LAA), 24.54; 3. Willis (LAA), 25.01.

400 RELAY—1. Argyle Academy, 1:20.0; 2. Beach (AS), 2:10.1; 3. Patcha (Fullerton College), 2:10.6; 4. Allen (Quest Club), 2:10.7.

500—1. Elide (Oregon TC), 1:20.9; 2. Goen (UCLA), 1:22.2; 3. Rolston (UCLA), 1:24.17; 4. Growley (Cal Poly SLO), 1:24.65; 5. Trujillo (Arizona St.), 1:24.80.

400 RELAY (Race 1)—1. CS Northridge (Young, Doss, Markham, White), 46.64; 2. USC, 46.91; 3. LA Mercantiles, 47.12; 4. Long Beach St., 48.63; 5. Weber St., 48.70. (Race 2)—1. Unat (Fleetwood, J. Johnson, M. Graw, Bell), 45.34; 2. CS Bakersfield, 46.47; 3. Nevada Las Vegas, 46.77; 4. Los Angeles TC, 46.82.

1,600 RELAY (Race 1)—1. Los Angeles TC, 3:46.92; 2. CS Bakersfield, 3:54.52; 3. Long Beach St., 3:54.6; (Race 2)—1. Nevada Las Vegas, 3:47.3; 2. CS Northridge, 3:50.0.

4,000 RELAY—1. UCLA, 19:20.5; 2. Orange Coast, 19:34.7; 3. UC Irvine, 21:01.9.



2:23.16; 2. Jim Spivey (U. Indiana) 2:24.69; 3. Duncan McDonald (AAU) 2:35.05; 4. Dan Aldridge (Sub-4) 2:38.00; 5. Henry Marsh (AAU) 2:40.63; 6. Bill McCullough (SSTC) 2:40.77; 7. Steve Ortiz (Unat) 2:40.89; 8. Dave Daniels (UCLA) 2:49.95; 9. Jon Butler (Unat, Edison HS) 2:52.87; dnf: Thom Hunt (AAU).

**Men's Discus:** 1. Ben Plucknett (SCS) 217-11; 2. John Powell (SJ Stars) 217-10; 3. Knut Hjeltnes (Norway) 215-7; 4. Art Burns (SJ Stars) 214-0; 5. Al Oerter (NYAC) 205-4; 6. Art Swartz (Shore) 200-0; 7. Marcus Gordien (Unat) 198-4; 8. Brian Oldfield (Unat) 195-0.

**Women's High Jump:** 1. Louise Ritter (TWU) 6-3½; 2. Pam Spencer (LAN) 6-2½; 3. Paula Givren (Unat) 6-2½; 4. Sue McNeal (GPSLO) 6-0; 5. Colleen Reinstra (ASU) 5-10¾; 6. Sharon Burrill (Neb) 5-10¾; 7. Tonya Alston (UCLA) 5-9¾; 8. Kari Gossweiler (Shaklee) 5-9¾.

**Men's 800:** 1. Mike Bolt (SCS) 1:45.43; 2. James Robinson (ICAC) 1:46.01; 3. Mark Enyeart (PCC) 1:46.11; 4. Brian Theriot (SSTC) 1:47.32; 5. Andy Clifford (AIA) 1:48.26; 6. Gerald Masterson (SMT) 1:48.50.

**Women's 200:** 1. Angela Taylor (Canada) 22.93; 2. Pam Marshall (Coast Ath) 23.86; 3. Jackie Pusey (LAN) 23.86; 4. LaTanya Dawkins (LAM) 23.97; 5. Jennifer Innes (LAN) 23.9; 6. Michele Glover (Willingboro TC) 24.1; 7. Kim Robinson (USC) 24.2.

**Women's Shot Put:** 1. Jane Frederick (AW) 51-8¼; 2. Lorna Griffin (Hol Spa) 50-4¼; 3. Susie Ray (UCLA) 48-10¼; 4. Natalie Kaaliawahia (Unat, Full HS) 48-9; 5. Ramona Ragel (CSULB) 48-8½; 6. Heidi Kauti (UCLA) 48-0; 7. Annie McElroy (CSULB) 47-0.

**Men's 200:** 1. James Sanford (USC Ath) 20.20; 2. Dwayne Evans (ASU) 20.34; 3. LaNorris Marshall (U. Wash) 20.46; 4. Don Quarrie (Jamaica) 20.47; 5. Eric Brown (UCLA) 20.54; 6. LaMonte King (ASU) 21.06.

**Women's 400:** 1. Evelyn Ashford (Medalist TC) 51.80; 2. Cathy Rattray (Tenn) 53.42; 3. Arlise Emerson (UCLA) 54.42; 4. Kelia Baiton (Stanford TC) 53.92; 5. Lorna Forder (Adams TC) 53.95; 6. Cindy Cumbess (UCLA) 54.68.

**Women's 800:** 1. Robin Campbell (Stanford TC) 2:03.02; 2. Delissa Walton (Tenn) 2:03.61; 3. Kim Gallagher (Unat, PA HS) 2:04.41; 4. Lee Ballenger (AW) 2:05.45; 5. Brenda Peterson (LAM) 2:05.46; 6. Joetta Clark (Tenn) 2:05.85; 7. Essie Kelly (AW) 2:06.34; 8. Regina Jacobs (Unat, Argyle HS) nt.

**Women's Mile:** 1. Leann Warren (Ore) 4:30.36; 2. Jan Merrill (AGAA) 4:31.69; 3. Brenda Webb (AW) 4:32.27; 4. Joan Hansen (Ariz) 4:32.61; 5. Monica Joyce (SDS) 4:32.82; 6. Maggie Keyes (AW) 4:33.12; 7. Cindy Bremser (Wis. Un) 4:35.47; 8. Michele Bush (UCLA) nt; 9. Francine Larrieu (PCC) nt; 10. Linda Goen (UCLA) nt; 11. Vicki Cook (Unat, Alemany HS) 4:41.8 (timed in press box); 12. Sheila Ralston (UCLA) nt.

**Men's 400 Hurdles:** 1. Andre Phillips (UCLA) 48.62; 2. James King (Macc) 49.68; 3. Rhan Sheffield (Macc) 50.41; 4. Dwayne Wycoff (Unat) 51.41; 5. Brian Moncschein (Phil P) 52.12. Stepdowns for Phillips: 6.0, 9.9, 13.9, 17.8, 21.8, 25.8, 29.8, 33.9, 38.3, 43.0.

**The Legends 60-Yard Dash:** 1. John Carlos 7.5; 2. Mike Larabee 8.0; 3. Dr. George Rhoden 8.1; 4. Otis Burrell 8.1; 5. Mack Robinson 8.1; 6. John Barnes 9.5.

**Men's Mile:** 1. Steve Scott (Sub-4) 3:52.50; 2. John Walker (New Zealand) 3:53.98; 3. Eamonn Coghlan (Ireland) 3:54.94; 4. Sydney Mearns (Villanova) 3:55.37; 5. Steve Lacy (NBTC) 3:55.82; 6. Ray Flynn (Ireland) 3:56.55; 7. Craig Masback (NYP) 4:00.97; 8. Tom Byers (AW) 4:09.48; 9. Dan Barry (ASU) nt.

**Women's Mile Relay:** 1. LA Naturite 3:35.12; 2. Stanford TC 3:39.36; 3. Oregon 3:39.44; 4. San Diego State 3:49.96.

What's so unusual about that, you ask? Well, Moses had not yet cleared his 8th hurdle. Prosperity then got the best of the Bruin and he went a bit off stride going over the 9th hurdle. That was all that Moses needed and he turned on that talent to nip Phillips for the win. Taking the lead at the 7th hurdle, Phillips glanced to his right after the 8th to see where Moses was. The combination of losing his concentration and realizing this wasn't the USC meet where he did a lot of toying with Trojan Tonia Campbell, and that guy over to his right was coming on like gangbusters, probably caused Phillips to chop his steps at the 9th hurdle, and there went the upset of the century. But, Phillips will be back. He's no fluke. In fact, the Bruin senior is probably the second best 400 hurdler in the country, and maybe more. Moses, of course, is not in top shape, this being his first attempt of the year, and his time of 48.61, despite being quite good for this early in the year, was only his 32nd best performance. For Phillips, at 36 hundredths of a second back, it was a PR.

Moses said part of the problem was that he forgot about the switch to Daylight Savings Time and by forgetting to turn his clock ahead, he only got an hour and half warmup instead of his normal two hours. OOOOWEE! Two hours warmup for less than 50 seconds worth of work. No wonder he's so good.

Steve Ortiz is redshirting this season at UCLA, so he ran the 10,000 meters officially unattached, though he was wearing a Santa Monica Track Club racing singlet. He did have his chest plate with his race number pinned up unusually high so as to block out most of the SMT logo, but such are the politics and infighting in the business. Anyway, Ortiz went out fast, intending to take it to favorite Suleiman Nyambul. Nyambul calmly hung back a bit, followed by his Tanzanian teammate at UTEP, Gidamis Shahanga. Now, normally, in a situation like this, once the early leader begins to fall back, he sinks like a rock in a duck pond. Not so Ortiz. Nyambul, and then Shahanga passed him and steadily opened up their leads from there on to the finish, with Nyambul the easy winner in a PR 27:58.3. That was also the fastest 10,000 run this year so far. Shahanga was 14 seconds back, well ahead of third place. But, third place was Steve Ortiz, PRing with a fine 28:37.5 and almost half a lap ahead of fourth.

One guy who did fade rather badly was Dave Babiracki. He never was a factor, but even from his middle of the pack spot he was steadily losing ground until toward the end he was one place ahead of last. The official results don't show a time or place for him, so apparently he dropped out. Dave is too good a runner for that kind of performance, and we suspect that something was wrong and we'll see more of the old Babiracki before long.

The women's 10,000 was all Michelle Bush. She got out front early and steadily built up a big lead, and then sort of coasted in to a 34:53.3 win. Second was Beth Milewski of CSUN with a not too bad 35:39.0. After that, the times got to be a bit sluggish for a meet of this caliber.

Doug Padilla continued to show that he's for real as he set a meet record in the 5000 meters. He beat out Duncan MacDonald by 2½ seconds, finishing in 13:33.5. This man from BYU is worth keeping an eye on since he slipped it to Nyambul in the Sunkist 2 mile, he's been tough to beat.

Debbie Elde of Oregon did the honors in the women's version of the 5000, also setting a meet record with a 16:09.3. Moving to the front after a lap or so, Elde led all the rest of the way, leading two UCLA Bruins, injury plagued Linda Goen and Sheila Ralston. Goen has been having problems with her Achilles ten

1,500-1. Clifford (Unat), 3:42.19; 2. Aldridge (Unat), 3:42.19; 3. Castro (Mexico), 3:43.12; 4. Luevano (Santa Monica TC), 3:43.31; 5. Wicksell (Reebok TC), 3:44.46.

110H-1. G. Foster (unat), 13.48 (wind .71 m.p.s. against); 2. Campbell (USC), 13.55; 3. Cooper (BA Striders), 13.62; 4. Millburn (Houston TC), 13.96; 5. Turner (Stars & Stripes), 13.96; 6. Cowling (California), 13.99; 7. Stewart (USC), 13.99; 8. Lavitt (Pacific Coast Club), 13.99.

400H-1. Moses (Continuous Curve), 48.61; 2. Phillips (UCLA), 48.97; 3. King (Maccabi TC), 49.64; 4. Ayoo (Lobo TC), 53.05.

5,000 WALK-1. Flores (Mexico), 20:25.9; 2. O'Connor (ACA), 21:14.5; 3. Walker (Striders), 21:39.4; 4. Daniel (Shore AC), 22:33.20; 5. Veon (Bauchet St. Walkers), 24:14.0.

400 RELAY-1. Arizona St. (R. Brown, King, Moore, Evans), 38.7 (meet record, old mark, 39.18, Striders, 1980); 2. Athletic Attic, 38.82; 3. Philadelphia Pioneers, 38.85; 4. USC TC, 39.52; 5. Arizona, 39.65; 6. Stars & Stripes, 40.03; 7. Mt. San Antonio, 40.23; 8. Alabama TC, 40.39.

800 RELAY-1. Arizona St. (J. Evans, Moore, King), 1:20.37 (meet record, old mark, 1:23.3, Davis N. Company, 1979) (fourth performance all-time world); 2. Philadelphia Pioneers, 1:20.79; 3. USC, 1:22.64; 4. San Jose St., 1:24.25; 5. All-American TC, 1:27.63.

1,600 RELAY-1. San Diego St., 3:05.50; 2. Maccabi TC, 3:05.7; 3. UC Irvine, 3:08.17; 4. Arizona, 3:11.94; 5. Pasadena CC, 3:15.87.

3,000 STEEPLECHASE-1. Stainings (Britannia), 8:38.2; 2. Jensen (Oregon TC), 8:38.3; 3. Duhaime (Canada), 8:39.4; 4. Marsh (Athletics West), 8:39.4; 5. McCullough (Stars & Stripes), 8:41.2; 6. Karoso (Kenya), 8:44.7; 7. Hornholt (unat), 8:44.6.

5,000-1. Padilla (BYU), 13:33.5 (meet record, old mark, 13:55.5, Geis, Athletics West, 1980); 2. MacDonald (Athletics West), 13:36.6; 3. Musyoki (UTEP), 13:38.5; 4. E. Ariola (unat), 13:39.9; 5. Motshwararu (UTEP), 13:40.2; 6. Spinney (Athletics West), 13:40.5.

10,000-1. Nyambul (UTEP), 27:58.3; 2. Shahanga (UTEP), 28:12.6; 3. Ortiz (unat), 28:37.5; 4. Long (Nike TC), 29:00.9; 5. Janicki (Arizona), 29:12.5; 6. McCann (California), 29:24.3; 7. Adams (Athletes in Action), 29:25.9; 8. Moses (UCLA), 29:28.1. Others included: 11. Rose (UCLA), 29:46.2; 12. Webb (UCLA), 29:59.0.

DISTANCE MEDLEY RELAY-1. Pacific Coast Club, 9:33.2; 2. UC Riverside, 9:43.0; 3. Lobo TC, 9:43.0; 4. California, 9:43.4; 5. Santa Monica TC, 9:43.7.

SPRINT MEDLEY RELAY-1. Pacific Coast Club (Lavitt, Belger, Enyeart, Poehling), 3:18.16; 2. Arizona, 3:19.85; 3. Lobo TC, 3:20.32; 4. CS Bakersfield, 3:26.61.

440 SHUTTLE HURDLE RELAY-1. USC (Tatham, Johnson, Stewart, Campbell), 55.25 (American record, old mark, 55.53, Phila. Pioneers, 1980); 2. Maccabi "A", 56.17; 3. Maccabi "B", 58.13; 4. CS Los Angeles, 59.14.

JAVELIN-1. Kennedy (Pacific Coast Club), 263-4; 2. Packer (Maccabi TC), 257-2; 3. Petriforoff (unat), 246-6; 4. Sorchich (Bruce TC), 243-4; 5. Jadwin (UCLA), 237-4. Others included: 7. Rutherford (USC), 225-0; 8. Shotput-1. Oldfield (unat), 49-5¼; 2. Heide (Shore AC), 44-5¼; 3. Weeks (Pacific Coast Club), 64-0¼; 4. Weeks (Pacific Coast Club), 63-7; 5. Smith (Long Beach St.), 62-6½; 6. Robinson (unat), 60-7¼; 7. Porath (California), 58-9¼; 8. Parker (Cal), 58-3¼.

TRIPLE JUMP-1. Banks (unat), 54-9¼; 2. D. Williams (UCLA), 53-9¼ (51-2¾ legal); 3. Marlow (Stars & Stripes), 53-5¼; 4. Hanna (UTEP), 52-10½; 5. Garner (Maccabi TC), 52-0½; 6. Dupree (USC TC), 52-0¼; 7. Mayfield (Arizona St.), 51-10½; 8. Benson (Athletes in Action), 51-5.

213-6; 5. Bush (Unat), 212-10; 6. Green (Long Beach St.), 208-4; 7. Barnett (Azusa Pacific), 200-6; 8. Rohovit (Azer TC), 194-4; 9. Burke (San Jose Stars), 192-6; 10. Frenn (Maccabi TC), 188-7.

HIGH JUMP-1. Frazier (unat), 7-4; 2. Stanton (Long Beach CC), 7-4¼; 3. He between Woodard (unat) and Goode (unat), 7-0¼; 4. Thompson (UTEP), 7-0¼; 5. He between Fields (unat) and Davenport (unat), 7-0¼; 6. He between Curtis (Striders) and R. Brown (All-American TC), 7-0¼; 10. Page (Striders), 7-0¼.

LONG JUMP-1. R. Williams (Unat), 26-4; 2. McRae (BA Striders), 26-2¼; 3. King (Arizona St.), 26-0½ (25-¾ legal); 4. Hays (USC), 25-4½ (25-4); 5. Bates (California), 25-2¼ (25-0½); 6. Whitely (unat), 24-11¼ (24-3¼); 7. Elhuzelen (Maccabi TC), 24-10¼ (24-2½).

University-Open  
100 (Race 1)—Russell (San Diego St.), 10.32w (3.12 m.p.s.); 2. Simons (SDS), 10.32; 3. Spottville (Mt. San Antonio College), 10.35; 4. Erving (Mt. Sac), 10.47; 5. Robinson (California), 10.56.

(Race 2)—1. McNeil (Mt. Sac), 10.48w (2.12 m.p.s.); 2. Kent (Cal Poly SLO), 10.48; 3. Harvey (Stars & Stripes), 10.55; (Race 3)—1. James (Stars & Stripes), 10.46 (wind 1.78 m.p.s. aiding); 2. Brathwaite (Oregon TC), 10.46; 3. McCoy (Maccabi TC), 10.49; 4. Reed (Maccabi TC), 10.55.

200-1. Foster (San Jose St.), 20.6; 2. Kent (Cal Poly SLO), 20.8; 3. Stokes (unat), 21.3.

800-1. Brown (UCLA), 1:50.5; 2. Savage (USC), 1:51.2; 3. Schwartz (Arizona St.), 1:51.5; 4. Armbruster (San Diego St.), 1:52.1; 5. Wang (USC), 1:52.6; 6. Johnson (Arizona), 1:52.4.

5,000-1. Gibson (Cal Poly SLO), 14:10.0; 2. Alcalá (Mexico), 14:14.4; 3. Baulista (Mexico), 14:15.4. Others included: 5. Medvin (CPSSLO), 14:17.5; 6. Sadler (AIA), 14:18.4; 8. Yeo (Aggie RC), 14:19.5; 10. Avritt (CPSSLO), 14:26.3.

3,000 STEEPLECHASE-1. Silva (Mexico), 8:51.1; 2. Lusitana (San Diego St.), 8:58.3; 3. Espinosa (Northern Arizona), 9:01.6; 4. Beach (NA), 9:07.3; 5. Parks (UC Riverside), 9:10.3.

110H-1. McCraney (Maccabi TC), 13.73w (2.65 m.p.s.); 2. Whitfield (MTC), 13.98; 3. Liggins (MTC), 14.19; 4. Armour (MTC), 14.30.

400H-1. R. Kennedy (ACA), 51.2; 2. Hicks (Maccabi TC), 52.9; 3. Etchevarria (Mexico), 52.9.

400 RELAY (Race 1)—1. Pasadena CC (Carlier, Chance, Jackson, Jones), 40.7; 2. CS Los Angeles, 41.2; 3. Northern Arizona, 42.7; (Race 2)—1. California, 40.65; 2. San Jose St., 40.66; 3. Maccabi TC, 40.73; 4. CS Bakersfield, 41.91.

800 RELAY-1. Maccabi TC, 1:24.6; 2. Capital City Striders, 1:25.13; 3. Stars & Stripes, 1:25.25; 4. CS Northridge, 1:25.60.

1,600 RELAY-1. Mt. San Antonio College, 3:09.80; 2. Capital City Striders, 3:11.41; 3. Maccabi TC, 3:12.07; 4. California, 3:12.73.

3,200 RELAY-1. Fresno St., 7:28.4; 2. California, 7:36.6; 3. UC Santa Barbara, 7:32.2; 4. El Camino College, 7:32.9.

6,000 RELAY-1. UC Riverside (C. Assumma, Jennes, Alvarez, F. Assumma), 15:28.3 (meet record, old mark, 15:38.3, Stanford, 1980); 2. Aggie RC, 15:29.8; 3. Northern Arizona, 15:33.2; 4. California, 15:32.4; 5. CS Northridge, 15:39.1.

HOPPER (CSLA), 51.7; 3. Kemp (Arizona St.), 52.6.

400 RELAY-1. CS Northridge, 41.12; 2. Cal Lutheran, 42.39; no third.

800 RELAY-1. CS Los Angeles (Booker, Bagley, Hooper, Holmes), 1:25.55; 2. Fresno St., 1:26.87; 3. Northern Arizona, 1:27.94.

1,600 RELAY-1. Northern Arizona, 2:13.0; 2. Fresno St., 2:13.3; 3. CS Los Angeles, 2:13.9; 4. CS Bakersfield, 2:14.4.

HIGH JUMP-1. Anderson (Fresno St.), 6-10¼; 2. Valentine (Long Beach St.), 6-8¾; 3. Madrigal (Northern Arizona), 6-8¾.

SHOTPUT-1. Faul (Cal Poly SLO), 59-1; 2. Suefflow (San Jose St.), 58-9; 3. Barnett (Azusa Pacific), 57-0¾.

HAMMER-1. Fritzmeier (Fresno St.), 182-1; 2. Glade (Mexico), 178-9; 3. Ponciano (Azusa Pacific), 164-9.

JAVELIN-1. Roller (West Valley TC), 230-2; 2. Robinson (Arizona St.), 227-4; 3. Shiris (Southern Utah), 220-8; 4. Rider (Long Beach St.), 218-10; 5. Goode (CS Northridge), 216-1; 6. Barton (Long Beach St.), 214-7.

WOMEN  
Invitational  
100-1. Taylor (Canada), 11.45 (wind 1.51 m.p.s. against); 2. Innes (CSLA), 11.78; 3. Dawkins (unat, Dorsey HS), 11.80; 4. Hopkins (Inglewood Panthers), 11.87; 5. Thompson (Nevada Las Vegas), 11.90; 6. Fowler (UCLA), 11.95; 7. Green (unat), 12.04; 8. Loud (LA Mercantiles), 12.25.

200-1. Taylor (Canada), 24.59 (meet record, old mark, 23.03, Gardner, LA Mercantiles, 1979 (wind .15 m.p.s. against); 2. Pusey (CSLA), 23.14; 3. Marshall (Coast Athletics), 24.02; 4. Green (unat), 24.17; 5. Dawkins (unat, Dorsey HS), 24.21; 6. Hopkins (Inglewood Panthers), 24.61; 7. Loud (LAM), 24.89.

400-1. Bolton (Stanford TC), 53.08; 2. Emerson (UCLA), 53.31; 3. Campbell (Stanford TC), 54.31; 4. Rich (unat), 55.06.

800-1. R. Campbell (Stanford TC), 2:05.19; 2. M. Joyce (San Jose St.), 2:06.59; 3. Kelley (Athletics West), 2:06.63; 4. Chumawall (Lobo TC), 2:06.73; 5. Laffter (Oregon TC), 2:08.4.

1,500-1. Joan Hansen (Arizona), 4:16.42; 2. Kraemer (Cal Poly SLO), 4:26.89; 3. Herrera (Mexico), 4:29.79; 4. Jacobs (unat/Argyll Academy), 4:30.84; 5. Reeve (Hawaii), 4:31.27.

10,000-1. Bush (UCLA), 34:53.3; 2. Maluski (CS Northridge), 35:39.6; 3. Wycoff (Sequoias), 36:05.5.

100 HURDLES-1. Marx (Arizona), 14.13 (wind 3.12 m.p.s. against); 2. Washington (Shaklee TC), 14.13; 3. McGee (LAM), 14.16; 4. Felton (Santa Monica College), 14.22; 5. M. Harmon (Los Angeles TC), 14.36; 6. Jerald (UCLA), 14.40; 7. Smith (Long Beach St.), 14.44.

HURDLES-1. Myers (LATIC), 58.47 (meet record, old mark, 59.85, Myers, LATIC, 1980); 2. Harmon (LATIC), 59.34; 3. Bottomley (SDS), 1:02.83; 4. Vranes (Utah), 1:03.37.

5,000 WALK-1. Jones (Calif. Walkers), 24:57.7; 2. Everts (SoCal Roadrunners), 25:53; 3. Ramirez (SoCal Roadrunners), 26:23.5; 4. Burr (Mesa Sun Angels), 26:27.7.

800 RELAY-1. UCLA (Bolden, Griffith, Fowler, Gutowski), 1:33.40 (college record, old mark, 1:35.8, Texas Women's U, 1980); 2. Los Angeles TC, 1:38.52; 3. Arizona St., 1:42.46.

HIGH JUMP-1. Rienstra (Arizona St.), 6-2¾ (meet record, old mark, 6-1¾, Brill, Canada, 1980); 2. Blunston (CS Bakersfield), 6-0¼; 3. Gossweiler (Shaklee TC), 5-11; 4. Spencer (LATIC), 5-11.

JAVELIN-1. Smith (Cal Poly SLO), 210-10; 2. Karney (Oregon TC), 187-7 (eighth performer all-time U.S.); 3. Wilkinson (LATIC), 161-8; 4. Nelson (UCLA), 160-3.

LONG JUMP-1. McMillan (unat), 20-1¾; 2. Link (Mexico), 19-3¼; 3. Bell

11.96w (2.58 m.p.s.); 2. Dupach (unat), 11.76; 3. Ward (CS Bakersfield), 11.86; 4. Mariano (CS Bakersfield), 12.08; (Race 2)—Robinson (USC), 11.67 (wind 9 m.p.s.).

200 (Race 1)—1. Robinson (USC), 23.80w (2.42 m.p.s.); 2. Rau (Arizona), 24.10; 3. Adams (USC), 24.49; 4. Peterson (unat, Dorsey HS), 24.52; 5. Bryant (unat), 24.64; (Race 2)—1. Markham (CS Northridge), 24.33w (2.21 m.p.s.); 2. Smith (LAM), 24.56; 3. Willis (LAM), 25.01.

800 RELAY (Race 1)—1. CS Northridge (Young, Doss, Markham, White), 4:46.4; 2. USC, 4:49.1; 3. LA Mercantiles, 4:47.2; 4. Long Beach St., 4:48.3; 5. Weber St., 4:49.0; (Race 2)—1. Unattached team (Fleetwood, T. Johnson, Haggard, Bell), 4:54.4; 2. CS Bakersfield, 4:46.7; 3. Nevada Las Vegas, 4:47.7; 4. Los Angeles TC, 4:48.2.

1,600 RELAY (Race 1)—1. Los Angeles TC, 3:46.92; 2. CS Bakersfield, 3:54.52; 3. Long Beach St., 3:54.6; (Race 2)—1. Nevada Las Vegas, 3:47.4; 2. CS Northridge, 3:50.0.

6,000 RELAY-1. UCLA, 19:20.5; 2. Orange Coast, 19:34.7; 3. UC Irvine, 21:01.9.

800 MEDLEY RELAY-1. CS Los Angeles, 1:39.01; 2. Unattached team, 1:39.8; 3. Los Angeles TC, 1:43.33; 4. Nevada Las Vegas, 1:43.66.

HIGH JUMP-1. Vranes (Utah), 5-9; 2. John (Arizona), 5-7; 3. Hightower (UC Irvine), 5-5.

LONG JUMP-1. Van (Arizona St.), 18-8½; 2. Rockwell (Weber St.), 18-7¾; 3. Lovelady (CS Bakersfield), 18-1¾.

SHOTPUT-1. Hamilton (CS Bakersfield), 44-9; 2. Shaw (Long Beach St.), 44-0¼; 3. Zwart (USC), 42-6¼; 4. Henderson (Cal Poly SLO), 42-2.

DISCUS-1. Kuusela (BYU), 163-6; 2. Pagel (Long Beach St.), 149-1; 3. Shaw (LBS), 145-0.

JAVELIN-1. Mayhew (Arizona), 160-10; 2. Bernstein (Coast Athletics), 154-0¾; 3. Gale (Arizona St.), 150-4; 4. Moro (Shaklee TC), 149-10.

DECATHLON (final)—1. Anderson (UCLA), 8:02.7; 2. Wopat (unat), 7:57.6; 3. Maestretti (Nev. Reno), 7:59.9; 4. Niederhaus (Striders), 7:51.6; 5. Jackson (Utah), 7:00.6; (Event leaders): 110H—Veatch (Striders), 13.85; DT—Gordien (unat), 15.97; PV—Maestretti, 16-1; JT—Anderson, 215-11; 1,500—Daniels, 4:17.0.

HEPTATHLON (final)—1. Frederick (Athletics West), 6:16 (American record, old mark, 5:08, Harmon, Los Angeles TC, 1981); 2. Joyner (UCLA), 5:47.0; 3. Russell (Coast Athletics), 5:43.8; 4. Stary (unat), 5:38.7; 5. Alston (UCLA), 5:36.4; 6. Ray (UCLA), 5:17.7; (Event leaders): 1. J. Joyner 19-11½; JT—Ray, 154-2; 800—Russell, 2:15.6.

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# Bartlett Mineral Spring Water



## 1981



# Independence Day

# Four Mile Run

## Saturday, July 4, 1981



**Place:** Mooney Grove Park, Visalia, California

**Time:** 7:30 a.m. sharp. **Check-in:** 6:30 - 7:15 a.m.

**Course:** asphalt, very flat and fast.

Mooney Grove Park is located on South Mooney Blvd.,  
3 miles south of Hwy. 198 in Visalia.

### Divisions and Number of Trophies to be Awarded in Each:

#### Men

|                 |   |
|-----------------|---|
| 14 & Under..... | 3 |
| 15-19.....      | 3 |
| 20-29.....      | 5 |
| 30-39.....      | 5 |
| 40-49.....      | 5 |
| 50-59.....      | 5 |
| 60 & Over.....  | 3 |

#### Women

|                 |   |
|-----------------|---|
| 14 & Under..... | 3 |
| 15-19.....      | 3 |
| 20-29.....      | 5 |
| 30-39.....      | 5 |
| 40-49.....      | 5 |
| 50 & Over.....  | 1 |





## Course: asphalt, very flat and fast.

Mooney Grove Park is located on South Mooney Blvd.,  
3 miles south of Hwy. 198 in Visalia.

### Divisions and Number of Trophies to be Awarded in Each:

| Men             |   | Women           |   |
|-----------------|---|-----------------|---|
| 14 & Under..... | 3 | 14 & Under..... | 3 |
| 15-19.....      | 3 | 15-19.....      | 3 |
| 20-29.....      | 5 | 20-29.....      | 5 |
| 30-39.....      | 5 | 30-39.....      | 5 |
| 40-49.....      | 5 | 40-49.....      | 5 |
| 50-59.....      | 5 | 50 & Over.....  | 1 |
| 60 & Over.....  | 3 |                 |   |

- ★ Adidas shoes to first male & female finishers.
- ★ Free ice cold Bartlett Mineral Spring Water after the race.
- ★ Runners diaries to all finishers.
- ★ Running visors will be awarded to top submaster and master placers.



**Gary Tuttle:** Five time California Road Racer of the Year. Five time NCAA All-American, and is a former NCAA and AAU National Record Holder.

**Entry Fee:** \$4.00 pre-registration; \$5.00 on day of race. Make checks payable to: Independence Day Run.

**Send Entry Blank and Fee to:** Independence Day Run, 1026 W. Princeton, Visalia, CA 93277.

**WAIVER:** In consideration of my being accepted, I, intending to be legally bound, do hereby for myself, my heirs, executors, administrators, waive and release forever any and all rights and claims or damages I may accrue against the Independence Day Run, County of Tulare, the race director, Real Fresh, Inc., and any and all donors and sponsors of this race for any injury suffered by me while traveling to and from, or competing in the Independence Day Run on Saturday, July 4, 1981 at Mooney Grove Park in Visalia, California.

Signature (must be signed) \_\_\_\_\_

Signature of parent or guardian if a minor: \_\_\_\_\_

Print name clearly \_\_\_\_\_ Birthdate \_\_\_\_\_ Age \_\_\_\_\_

Address/City/State/Zip \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_ Division \_\_\_\_\_