

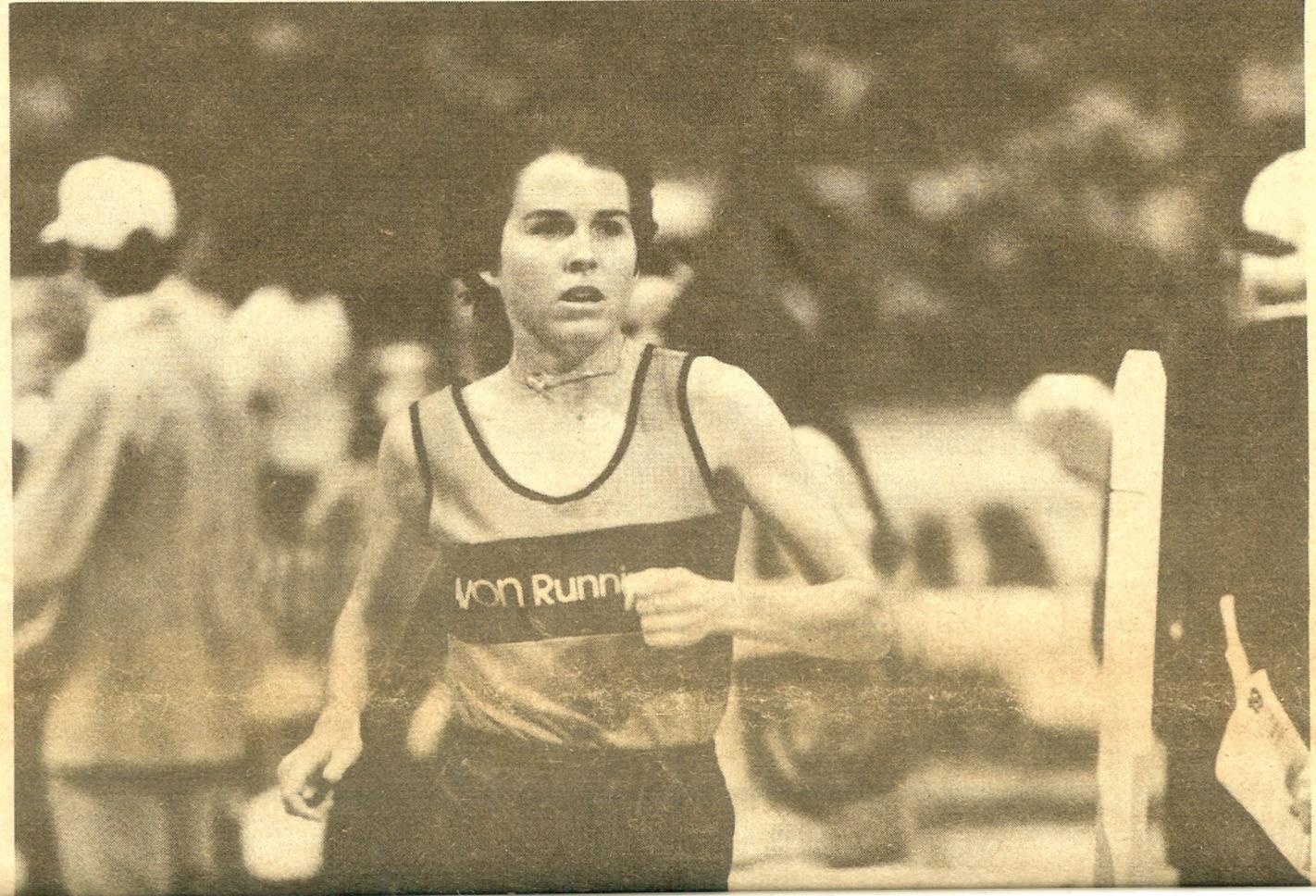
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1979

Issue 32

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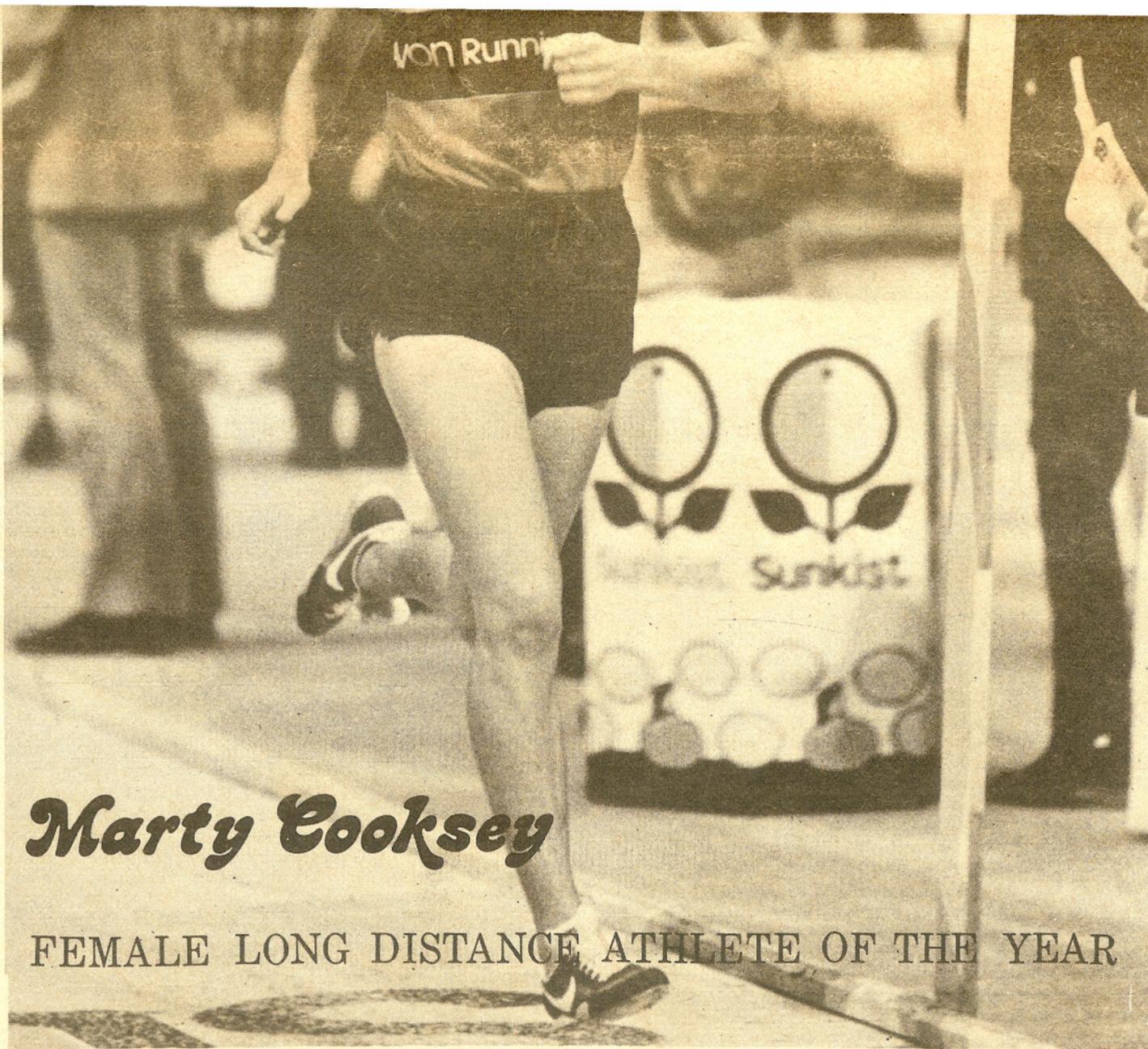


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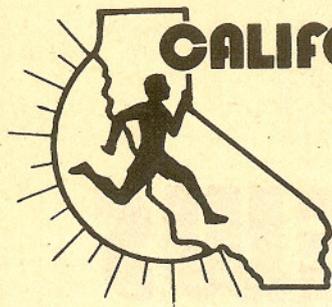
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Marty Cooksey

FEMALE LONG DISTANCE ATHLETE OF THE YEAR

The Only Publication Devoted to California Track



CALIFORNIA TRACK NEWS

P.O. Box 6103
Fresno, CA 93703

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PRODUCTION MANAGER: *Judy Cockerham*

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HIGH SCHOOL GIRLS: *Rich Ede.*

4 YEAR COLLEGE—OPEN MEN: *Chuck Skow.*

AAU GIRLS AND WOMEN: *Calvin Brown.*

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Write for advertising rates. Special "Meet Notice" rates.

Area Correspondents still needed for many parts of the state. If interested in serving on our staff please write for details.

MEET THE STAFF: RICH EDE

Rich Ede has been interested in track ever since he was a little kid. His father once held the school and conference two mile record at the University of Nevada and had coached high school track.

His own competitive career consisted of two less-than-mediocre years as a "C" class shotputter in high school, then an offer to fill in as a miler as a high school senior; where he found a PR of 5:01.8 (one mile a day training after baseball practice). At Poma College he played football and baseball for four years, not turning to track until he started dating a track nut during his senior year. That summer he took up the 440 hurdles and managed a 56.6 in an all-comers meet to climax his athletic achievements.

His start in coaching was just as unplanned: "In 1970, I picked up a piece of litter which happened to be an invitation for Claremont girls to try out for a local AAU track team," he relates. "I called to offer my assistance and became an assistant coach for the Ontario Montclair (later Southern California) Cheetahs, a position I maintained for six years. In 1975, several of my high school athletes and I started the SAL Track Club, which then dissolved in 1977. For the past year I have been on the staff of the Los Angeles Naturite Track Club."

Because of Rich's primarily multi-sport interest, he has gravitated toward multi-event performers and pentathletes in particular. He has served on the National AAU Pentathlon Subcommittee, and has spent a great deal of effort in



To keep body and soul together, Rich teaches at Claremont High School (currently English and journalism), and to keep himself from going track-nuts, he coaches the girls volleyball team in the fall.

"It's hard for me to pick out a particularly memorable moment in track and field," he beams. "I got the same

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from the editor...



It's "Athlete of the Year" time again. We have tried, with the help of votes from our group of corresponding experts, to determine California's top 1978 athlete in each of the many divisions. As in the past, this is not an easy task.

Because of the grand scale of competition throughout the state the best athletes often never meet head to head. We've been haranguing about the lack of a high school state cross country meet for years — that would make picking the high school cross country Athlete of the Year much easier.

There is a state meet in the junior college ranks but the top two men never got a chance to meet in the same race since one was in large schools division and the other in small schools.

There is always the problem of those athletes who are from California but who have recently moved out of state. We don't consider going away to college as moving out of state. But non-

students who move are generally not considered Californians any longer. Guy Arbogast fell into this category again this year. He's from California but has apparently moved to Colorado. Arbogast beat all other Californians in the AAU Cross Country Nationals.

Another interesting delima along these lines was related to us by Tom Sturak. His first place choice for Masters Women Cross Country/Roads was a Linda Sippelle. "Don't say 'who?'" Tom writes. "She's not well-known, because though a legal resident of Menton, California, she's living most of the time in Vienna, Austria (where her husband's with the U.S. Consulate). In Germany this past May, she ran away with the International Association of Long Distance Runners 10 kilo Championships (the most prestigious road-racing competition among the world's masters) in a time comparable to Miki Gorman's best. While home on leave, she won the AAU Masters Hour Run Championships with a world record 9 miles, 1197 yards; and

I called to offer my assistance and became an assistant coach for the Ontario Montclair (later Southern California) Cheetahs, a position I maintained for six years. In 1975, several of my high school athletes and I started the SAL Track Club, which then dissolved in 1977. For the past year I have been on the staff of the Los Angeles Naturite Track Club."

Because of Rich's primarily multi-sport interest, he has gravitated toward multi-event performers and pentathletes in particular. He has served on the National AAU Pentathlon Subcommittee, and has spent a great deal of effort in trying to upgrade the California Inter-scholastic Federation. His current campaign is to try to get a pentathlon meet on the state level in California.

"Track is pretty much an abiding interest with me," he states. "My wife, Gay, had never been to a track meet before she met me. She soon became an AAU official out of self-defense. She got tired of sitting in the stands. Now she is in demand at meets all over Southern California (the sport is really insidious)."



To keep body and soul together, Rich teaches at Claremont High School (currently English and journalism), and to keep himself from going track-nuts, he coaches the girls volleyball team in the fall.

"It's hard for me to pick out a particularly memorable moment in track and field," he bemoans. "I get the same sense of thrill whenever one of my athletes does something spectacular for her — whether it's a C.I.F. medal or breaking 3:00 in the 880. I guess my biggest charge is in seeing one of my 'kids' go on in track and get something tangible out of it. Probably my single most satisfying achievement has been in starting a track program at Claremont High School that now boasts over 50 girls a year."

was undefeated in several other road and track races."

Then what about Edwin Moses? Some thought he was now in California.

Or, what do you do with the girls? High school or AAU juniors? Not all high school aged girls run for their school but rather a club.

Then there is the college women. We have been lumping all women together as Senior Women. Maybe it's time to have a separate division for 4-Year College Women as we do for the men.

Each voting member is asked to rank his/her choice of the five top athletes in order of preference for a given category. An athlete ranked first is given 10 points.

The second place athlete is given 6, third 4, fourth 2, and fifth 1 point. Then we simply add up all the points to determine the winner, or "Athlete of the Year" for that category.

Picking the hundreds of "All California" Honor Roll selections is a much more difficult, or unorganized, task. The procedure is different for each of the divisions. It is often quite subjective. We have, surely, missed qualified athletes, and extend our apologies to them. We'd like to hear about others who should have been considered for "All California" status. We may have already considered them, but, then, too, we could have inadvertently overlooked them.

ON THE COVER: photo of Marty Cooksey by Bill Leung, Jr.



photo by Steve Wolters

Mission Bay MARATHON

by STEVE WOLTERS

January 14— At 7:00 am 2,00 plus runners left the parking lot of the San Diego Stadium and headed down Friars Road toward Mission Bay. The start was remarkably smooth for such a large field; thanks to an innovative sectioned starting area. Quite an improvement over the mad scramble of 1978. This time runners lined up in one of about half a dozen starting sections on the basis of anticipated time. Seconds before the start, rope dividers were removed and runners allowed to approach the starting line. Then they were off.

As they headed down Friars, a part of the course with gently rolling hills,

Although the hills did have ill effects on some runners, others, Craig Virgin in particular, seemed to thrive on them. Virgin, who had been running in 4th for about half the race and then in second, blew by Wilson just beyond 20 miles and left him nearly four minutes behind at the finish. Wilson was able to hang on for second and Rojas was able to leave Frickle for a decisive third.

photo by Steve Wolters



DAVE FRICKLE

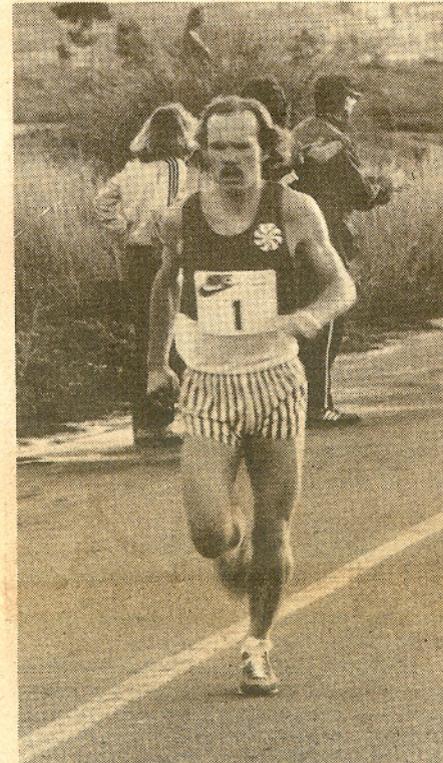


photo by Steve Wolters

consider the mark run by 56 year old Ed Almeida of the San Diego Track Club — 2:39:42.

In contrast to Virgin's wide margin of victory, the women's race was a different story. The first three women runners were all in the stadium circling the infield grass 300 yards all at the same time. Lori Binder of San Diego came out of top, even though third placer Debbie Lewis led most of the way. Second place in that cat-fight went to Sue Kren.

The 1979 Mission Bay Marathon was truly a classy event. It was one race which managed to blend quality with quantity. As races go, it could be considered a luxury run. From the pre-race spaghetti dinner and clinic to the post race luau, from the ingenious starting area to the climactic finish in the ominous San Diego Stadium, not to mention aid stations every five kilometers. The 1979 Mission Bay Marathon was a race run in fine style from start to finish.

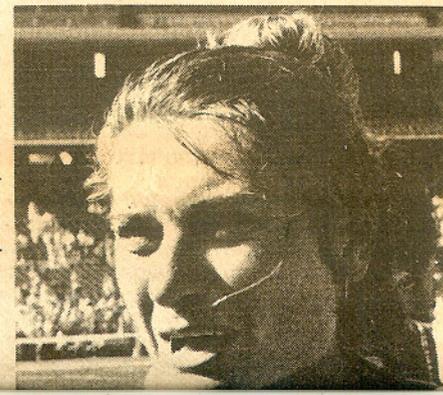
Results

1. Craig Virgin (St. Louis TC) 2:14:40
2. Ben Wilson (Claremont) 2:18:08
3. Ric Rojas (Colorado TC) 2:20:25
4. Dave Frickle (La Verne) 2:21:32
5. Tom Lux (Jamul Toads) 2:22:57
6. Dennis Rinde (Ophir) 2:24:35
7. Dennis O'Halloran (Mt. Vw) 2:25:39
8. Tom Norton (Oge Ath) 2:26:37
9. Jeff Hlinka (Summit AC) 2:26:39
10. Skyler Jones (Mtn. Beach) 2:27:55
11. Tim Cornish (Canada) 2:28:21
12. Tom Botke (SBAA) 2:28:30
13. Bob Day (SDTC) 2:28:40
14. Juan Garza (Fres Pac Col) 2:28:40
15. Les Meyers (St. Louis TC) 2:30:06
16. Bill Britten (Aggie RC) 2:30:39
17. Robert Traba (S. Ferndo) 2:30:55
18. Mike Podlenski (Jamul T) 2:31:00
- Rich Alarcon (Jamul Toads) 2:31:00
20. Steve Duarte (Arleta) 2:31:25

WOMEN:

1. Lori Binder (San Diego) 2:45:48
2. Sue Kren (SDTC) 2:45:52
3. Debbie Lewis (Team Cht) 2:46:20
4. Linda Donkelaar (Az RR) 2:56:44
5. Sue Gelley (Sp. Valley) 3:00:45
6. Irene Crowley (SJCC) 3:03:03
7. Jan Edwards (SMTTC) 3:03:26
8. May Harpold (SDTC) 3:04:26
9. Jane Neils (R. Santa Fe) 3:04:40
10. Diane Reiley (La Jolla) 3:09:15
11. Christi Spahr (San Diego) 3:09:30
12. Barb Stoeklein (SDTC) 3:10:12
13. Joan Wilson (CCCD) 3:10:42
14. Lolita Bache (SDTC) 3:10:48
15. Connie Robinson (San D) 3:11:36

photo by Diane Johnson



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As they headed down Friars, a part of the course with gently rolling hills, it was Ben Wilson who took a commanding lead. Following Wilson in the early stages of the race were Rick Rojas and Dave Frickle the 1978 winner. Farther yet off the lead pace was Craig Virgin in fourth, running his first marathon ever. This order remained unchanged for 12 miles with Wilson appearing to lengthen his lead.

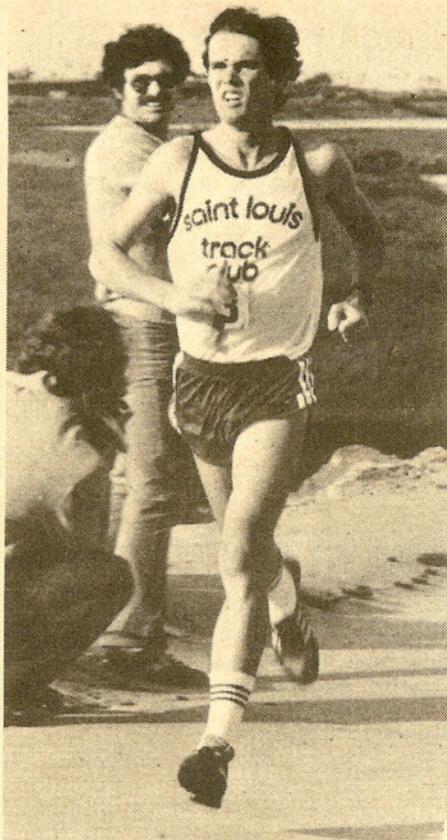
At about 12 miles the runners proceeded to make a loop of Fiesta Island, the site of last year's start and finish. Somewhere on this three mile loop Virgin exploded and switched places with Rojas and Frickle. At 15 miles Virgin had moved to just within one minute of the leader, Wilson. Rojas and Frickle were now 30 seconds behind Virgin.

As the race progressed through 20 miles, Virgin who had been moving up steadily and gaining momentum as he came, had closed the gap to less than five seconds. Next through 20 miles were Rojas and Frickle still together in 1:45:40, two minutes and 20 seconds off the lead pace. In fifth at the 20 was Tom Lux who had moved up from about 15th at 10 miles to overtake Ken Norton who had been running steadily in that position.

As always, the last six miles had a way of shaking up pace and position of many runners. To add to the usual agony of the last 6, runners had to repeat the first part of the course back up to the stadium over the same rolling hills along Friars Road which were so gentle the first time by. Although they appeared to be very mild, many runners commented that those hills must have added two minutes to their time.

Although the hills did have ill effects on some runners, others, Craig Virgin in particular, seemed to thrive on them. Virgin, who had been running in 4th for about half the race and then in second, blew by Wilson just beyond 20 miles and left him nearly four minutes behind at the finish. Wilson was able to hang on for second and Rojas was able to leave Frickle for a decisive third.

photo by Steve Wolters



CRAIG VIRGIN

In winning this year's race, Craig Virgin not only set a course record of 2:14:40 but also ran a faster first marathon than any other American. The old mark was held by Randy Thomas at 2:15:51. It should be noted that five runners broke 2:23, 30 broke 2:30 and 1,400 broke 3:25.

If Craig Virgin's first ever marathon time of 2:14 sounds impressive, well, just



DAVE FRICKEL

Steve Wolters is a sophomore math major at Fresno Pacific College. He is the captain of the men's cross country team and a member of the track team. Steve's favorite event? The marathon, naturally!

photo by Diane Johnson



SUE KRENN

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CALIFORNIA TRACK NEWS

1978 ATHLETES OF THE YEAR

Now that 1978 is in the record book and the 1979 season is fast upon us it's time to honor the California Athlete of the Year selections by divisions. Ballots were mailed out to our panel of experts and their choices are tabulated here. The most outstanding California athlete for each division is listed with the vote-points received (10 points for a first place vote from an expert, 6 points for a second place vote, 4 for a third, 2 for a fourth, and 1 for fifth. The other athletes receiving votes and their points follow each selection. For further discussion of the selection process please refer to the editorial on page 2.

OPEN MEN'S TRACK (out of school)

MAC WILKINS(44): Lost only once the entire season. Beat Schmidt then two weeks later. Great season with outstanding marks, missing world record by less than a foot.

Others: Edwin Moses(20), James Butts(20), Arnie Robinson(18), James Robinson(6), Dwight Stones(5), Al Feuerbach(4), James Gilkes(4), Maxie Parks(2), Ken Stadel(2), Dan Ripley(1).

Previous selections: Bruce Jenner 1974, John Powell 1975, Bruce Jenner



photo by Stan Pantovic

JODI ANDERSON

SENIOR WOMEN'S TRACK

Harris(14), Ernest Lewis(10), Tom Petranoff(8), Steve Ortiz(6), Thurliss Gibbs(5), Wayne Gray(2), Mark Lewis(2), Bill Hines(1)

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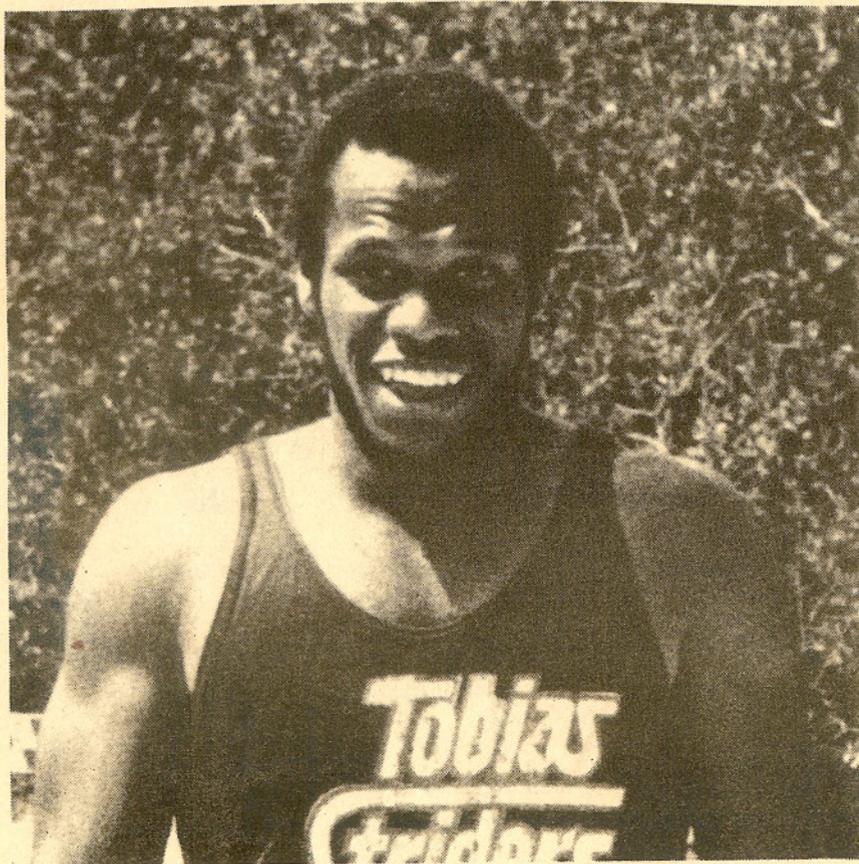


photo by Diáne Johnson

CLANCY EDWARDS



photo by Stan Pantovic

JODI ANDERSON

SENIOR WOMEN'S TRACK

JODI ANDERSON(44): American Record, AAU Champion and second best 1978 world mark in long jump. Ranked second American in the pentathlon for 1978.

Others: Jane Frederick(43), Evelyn Ashford(27), Maren Seidler(25), Rosalyn Bryant(16), Debby LaPlante(10), Pat Van Wolvelaere(9), Kate Schmidt(8), Julie Brown(6), Modupe Oshikoya(4), Debbie Heald(2), Sue Kinsey(1).

Previous selections: Francie Larriel 1974, Jane Frederick 1975, Kate Schmidt 1976, Kate Schmidt 1977.

Harris(14), Ernest Lewis(10), Tom Petranoff(8), Steve Ortiz(6), Thurliss Gibbs(5), Wayne Gray(2), Mark Lewis(2), Bill Hurst(1).

Previous selections: James Robinson 1974, Grant Niederhaus 1975, Millard Hampton 1976, Houston McTear 1977.

JUNIOR COLLEGE WOMEN'S TRACK

RUTH CALDWELL(60): State champion in the 800 and 1500. Ranked number one in the US in the 800 and 10th. in the US in the 1500.

Others: Ann Wotherspoon(23), Lily Partida(13), Denise Holloway(13), Stella Edwinston(6), Kathy Kuchta(6), Cynthia Johnson(5), Cindy Banks(2), Arlene Mears(1).

Previous selections: Gail Douglas 1977.

HIGH SCHOOL BOY'S TRACK

DAVE PORATH(60): State champion in both shot put and discus. National record in discus. Golden West champ.

Others: Anthony Curran(54), Dokie Williams(27), Mike Sanford(13), Bill Green(12), Chuck Assumma(4), Jeff Nelson(4), Kerry Myers(2), Banning's Mile Relay(2), Paul Medvin(1).

Previous selections: Rich Kimball 1974, Dedy Cooper 1975, Larry Doubly 1976, James Sanford 1977.

MEN'S 4 YEAR COLLEGE TRACK

CLANCY EDWARDS(76): Super season. NCAA & AAU champ in both the 100 and the 200. Fastest time in the world for 100 & 200 in 1978.

Others: Mike Tully(50), Greg Foster(30), Steve Scott(30), James Lofton(22), Jim Schankel(10), Dan Aldridge(6), Billy Mullins(4), James Sanford(3), Dave Laut(1), Ron Livers(1), LaMonte King(1).

Previous selections: Dwight Stones 1976, Mike Tully 1977.

JUNIOR COLLEGE MEN'S TRACK

KENNETH HAYES(66): State champion in the long jump(26-2¾) and the triple jump(51-7½).

Others: Ron Williams(32), Houston McTear(22), Andre Phillips(21), Derald

JUNIOR WOMEN TRACK

(including high school)

CHERI WILLIAMS(95): State Champion in the mile and two mile. National record 2 mile. AAU junior champ 1500 meters.

Others: Freida Cobb(36), Christi Pyle(22), Kerry Zwart(13), Kelia Bolton(12), Arlise Emerson(11), Sue McNeal(10), Valerie Brisco(10), Gwen Loud(8), DeAndra Carney(6), Ann Regan(4), Susie Ray(2), Roxanne Bier(1), Susie Meek(1), Jackie Nelson(1).

Previous selections: Mary Decker 1974, Cathy Sulinski 1975, Freida Cobb 1976, Ann Regan 1977.

MASTERS DIV. I (40-49) TRACK

KEN DENNIS(56): Didn't lose a major 100 or 200 race all year, including the AAU National Championships.

Others: Gary Miller(36), Dave Jackson(18), Larry Stuart(18), Milt Newton(11), Bob Welck(5), Ken Napier(4), Gene Lynch(1), Al Henry(1), Hal Smith(1), Shirley Davisson(1).

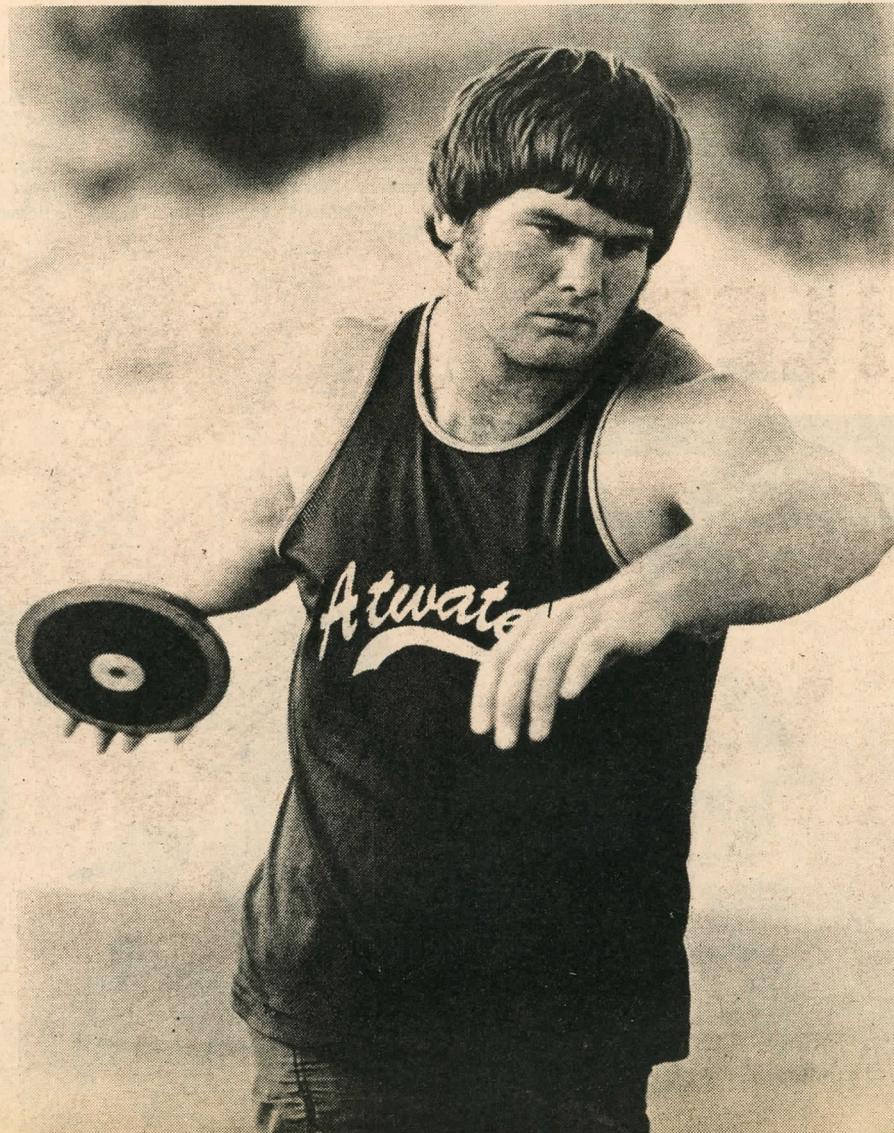
Previous selections: Bill Fitzgerald 1974, Peter Mundle 1975, Shirley Davisson 1976, Dave Jackson 1977.

MASTERS DIV. II (50-59) TRACK

PETER MUNDLE(38): Many American records. Won many major races, losing only by inches in the AAU 10,000.

Others: George Ker(32), Tom Patsalis(28), Bob Hunt(12), Ross Smith(6), Jim O'Neil(6), Pete Fetter(5), Burl Gist(4), Oswald Dawkins(2), Tom Clayton(1).

Previous selections: Bill Fitzgerald 1975, Bill Fitzgerald 1976, Tom Patsalis 1977.



DAVE PORATH

photo by Bill Leung, Jr.

MASTERS DIV. III (60-69) TRACK

PAYTON JORDAN(30): Double sprint champ at PA-AAU, Senior Olympics, and Western Regionals. World leading sprint marks.

Others: Al Guidet(28), Harry Koppel(18), Jim Vernon(14), Jim Oleson(6), Don Longenecker(6), Dan Aldrich(4), Ray Mahannah(4), Bill Morales(3), Randolph Hubbell(2).

Previous selections: Jack Thatcher 1976, Payton Jordan 1977.

MASTERS DIV. IV (70+) TRACK

WINFIELD McFADDEN(44): AAU National champion in 110 hurdles, high jump, long jump and triple jump.

Others: Red Doms(25), Bob Mac Conaghy(14), Sydney Madden(12), Monty Montgomery(10), Jim Bole(6), Paul Spangler(5), Ken Carnine(4), Stan Herrmann(4), Josiah Packard(3), AJ Puglizivich(2), Walt Frederick(2).

Previous selections: Paul Spangler 1976, Josiah Packard 1977.

MASTERS WOMEN (40+) TRACK

SHIRLEY DIETDERICH(30): Three gold medals at AAU Nationals. National records in 200 and 400.

Others: Josephine Kolda(12), Miki Gorman(10), Eula Weaver(8), Hulda Crooks(4).

Previous selections: Irene Obera 1977.

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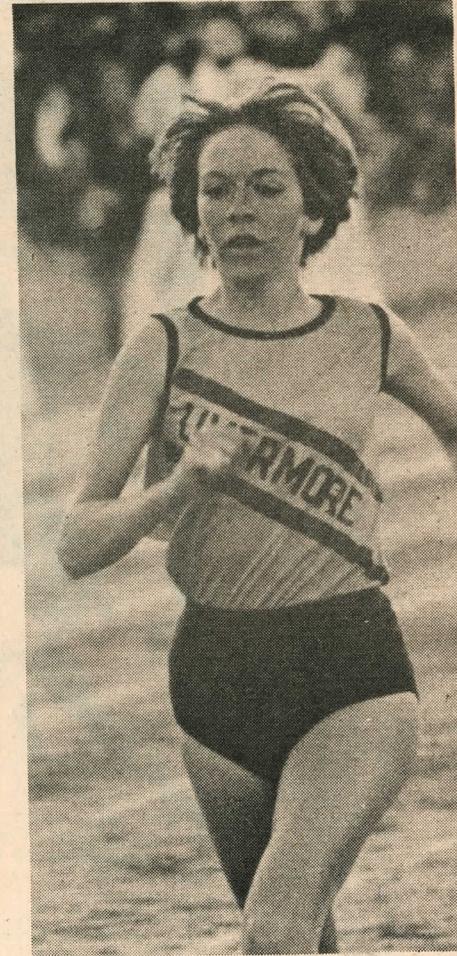
photo by Don Gosney



PETER MUNDLE



WIN McFADDEN



CHERI WILLIAMS



SHIRLEY DIETDERICH

OPEN MEN'S CROSS COUNTRY
(out of school)

LARRY LAWSON(30): First current Californian at the AAU Championships.

Others: Dave Babiracki(24), Mike Porter(11), John Moreno(6), Tom Bryant(6), Gary Romesser(5), Duncan Macdonald(4), Scott Peters(1), Mike Pinocci(1).

Previous selections: Bob Thomas 1976, Dave Babiracki 1977.

JUNIOR COLLEGE MEN'S CROSS COUNTRY

BILL HURST(80): Undefeated and large school state champion.

Others: Greg Hitchcock(56), Steve Ortiz(28), Terry Gibson(11), Angel Carillo(10), John Sup(4), Eero Keranen(2).

Previous selections: Bob Thomas 1974, Henry Perez 1975, Bob Paulin 1976, Tim Holmes 1977.

JUNIOR COLLEGE WOMEN'S CROSS COUNTRY

RUTH CALDWELL(96): Undefeated and state champion.

Others: Kathy Perkins(44), Ann Wotherspoon(18), Robin Tracy(12), Irene Crowley(8), Connie Hester(5), Beth Milewski(4), Franie Castro(3), Sherry Simmons(2), Emily Whitney(2).

Previous selections: Ruth Caldwell 1977.

HIGH SCHOOL BOY'S CROSS COUNTRY

JEFF NELSON(70): Undefeated all season with many course records.

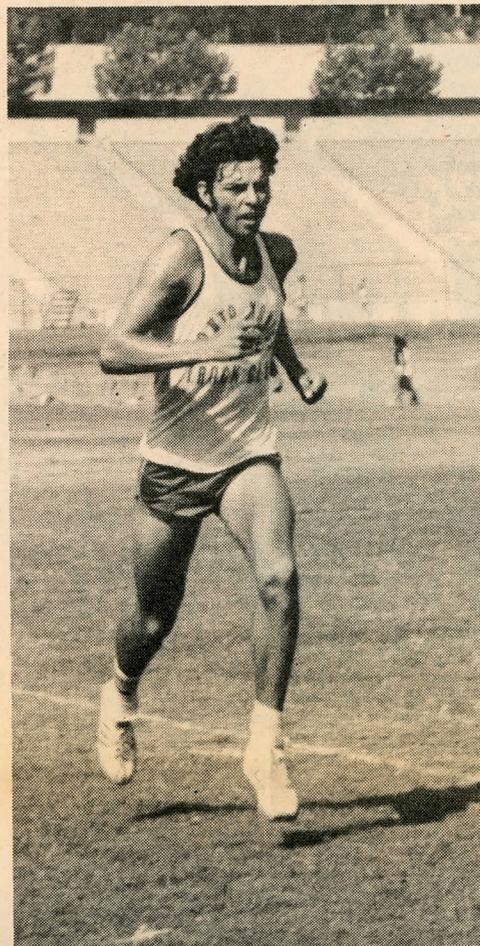
Others: Paul Medvin(34), Chuck Assumma(16), Steve Strangio(8), Farron Field(4), Mark Fricker(2), Bill Cleves(2), Tom Downs(2), Tony Cagelosi(2), Ron Roberts(1).

Previous selections: Ralph Serna 1974, Thom Hunt 1975, Tim Holmes 1976, Frank Assumma 1977.

photo by Bill Leung, Jr.

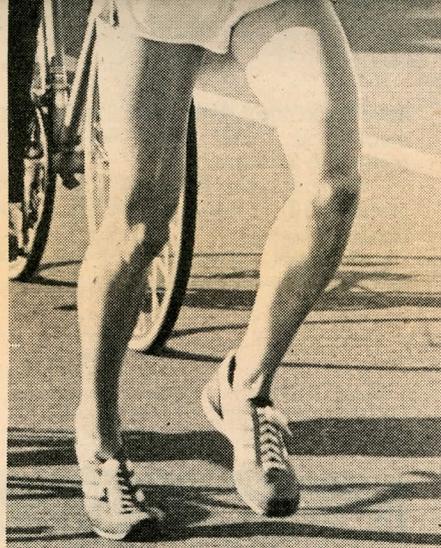


LARRY LAWSON



RUTH CALDWELL





JULIE BROWN



photo by Richard Lee Slotkin



photo by Bill Leung, Jr.

SENIOR WOMEN'S CROSS COUNTRY

JULIE BROWN(86): AIAW Regional champ and AAU National champ.

Others: Sue Kinsey(30), Ann Thrupp (21), Mary Decker(20), Maggie Keyes (19), Jan Oehm(12), Suzanne Richter (4), Kathy Adams(1), Susie Meek(1).

Previous selections: Julie Brown 1974, Julie Brown 1975, Julie Brown 1976, Judy Graham 1977.

MEN'S 4 YEAR COLLEGE CROSS COUNTRY

THOM HUNT(56): Third in District 8, third at NCAA.

Others: Jim Schankel(50), Mitch Kingery(9), Joaquin Leano(8), Jim White (8), Kirk Pfeffer(7), Dave Daniels(2), Steve Alvarez(1).

Previous selections: Dave Taylor 1974, Terry Williams 1975, Terry Cotton 1976, Thom Hunt 1977.

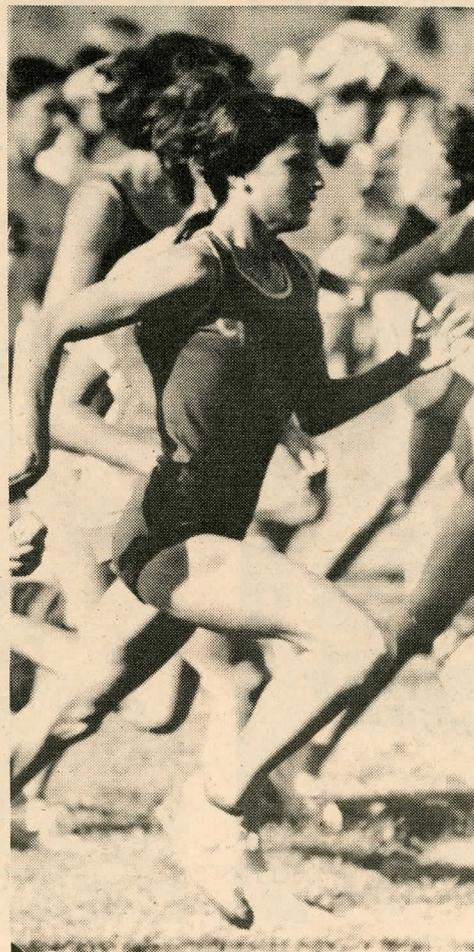


photo by Don Gosney

ROXANNE BIER

JUNIOR WOMEN CROSS COUNTRY

(including high school)

ROXANNE BIER(58): First in California State AAU, and first junior in National AAU women's.

Others: Michele Bush(32), Linda Goen(24), Kim Schnurpfeil(20), Vickie Cook(18), Ann Regan(10), Andrea Kirkhorn(6), Sue Mei Lee(4), Liz Strangio (4), Jeanie Fuller(2), Sharon Hulse(1), Chris Manning(1), Cindy Claiborne(1).

Previous selections: Debra Johnson 1974, Suzanne Keith 1975, Vicky Bray 1976, Susan Sanchez 1977.

MASTERS DIV. I (40-49) CROSS COUNTRY/ROAD RACING

JOHN BRENNAND(60): Over 11 miles in one hour run. First California master under 2:30 in marathon.

Others: Darryl Beardall(29), Ralph Bowles(16), Joe Burgasser(14), Bob Wellck(10), Jim Nicholson(6), Skip Shaffer(6), John Rudberg(5), Russ Kiernan(4), Mike Heally(2), Abe Underwood(2), Myron Neuraumont(1).

Previous selections: Bill Gookin 1974, Jerry Smartt 1975, Truman Clark 1976, Kent Guthrie 1977.

MASTERS DIV. II (50-59) CROSS COUNTRY/ROAD RACING

ED ALMEIDA(34): 50 mile world age group record. AAU Marathon champ.

Others: Jim O'Neil(30), Pete Mundle(26), Ross Smith(22), Darty Cronin(15), Ralph Paffenbarger(4), Robert Malain(3), Harold Daughters(1), Joe Klass(1), Dan Sheeran(1), Hans Roenau(1).

Previous selections: Jim O'Neil 1975, Jim O'Neil 1976, Jim O'Neil 1977.

MASTERS DIV. III (60-69) CROSS COUNTRY/ROAD RACING

CHUCK SEEKINS(36): AAU 25 and 30 kilo champ. Top SPA finisher in most races.

Others: John Montoya(24), Ed Lowell(17), Jim Oleson(17), Paul Reese(10) Steve Cole(6), Ed Lewin(6), Richard Houston(4), John Holoubek(4), Chick Daulstin(4), John Lafferty(2), Al Clark(2), Edmond Burke(1).

Previous selections: John Montoya 1976, Chuck Seekins 1977.

MASTERS DIV. IV (70+) CROSS COUNTRY/ROAD RACING

MONTY MONTGOMERY(47): Ran a 3:14 marathon in 1978 and is rarely beaten by his age group.

Others: Paul Spangler(38), Jim Bole(18), Walt Stack(10), Fred Grace(6), Jack Kirk(4), Walt Frederick(4).

Previous selections: Paul Spangler 1976, Monty Montgomery 1977.

MASTERS WOMEN (40+) CROSS COUNTRY/ROAD RACING

MIKI GORMAN(58): Has never lost a masters race.

Others: Ruth Anderson(35), Linda Sipprelle(16), Margaret Miller(13), Sandra Kiddy(8), Nicki Hobson(8), Mavis Lundgren(8), Sue Hutchson(1), Lucy Shapiro(1).

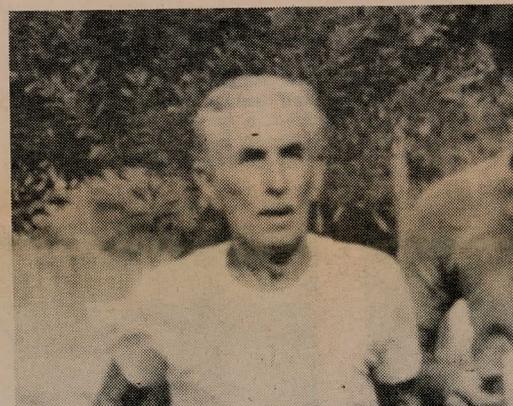
Previous selections: Miki Gorman 1977.

JOHN BRENNAND



photo by Diane Johnson

photo by Lou Vincenti





GARY TUTTLE



MONTY MONTGOMERY



MALE LONG DISTANCE & ROAD RACING

GARY TUTTLE(34): This categorie provided the largest range of different opinions, but Gary squeaked out on top for another year. Peaked himself for several key races: Beat Lasse Viren and Chris Stewart at 20 kilo, was right behind Bill Rodgers at 10 kilo.

Others: Mike Pinocci(27), Mike Porter(22), Brian Maxwell(15), Ken Moffitt(13), Duncan Macdonald(12), Dave Babiracki(12), Ron Wayne(12), Chuck Smead(11), Gary Romesser(10), Chuck Hattersley(10), Stan Vernon(6), Dave Frickel(6), Joe Carlson(6), Jim Schankel(6), Larry Lawson(4), Ed Mendóza(2), Paul Medvin(2), Don Choi (1).

Previous selections: Gary Tuttle 1974, Gary Tuttle 1975, Gary Tuttle 1976, Gary Tuttle 1977.

FEMALE LONG DISTANCE & ROAD RACING

MARTHA COOKSEY(88): Winner of Avon International Marathon and AAU National Marathon.

Others: Julie Brown(65), Sue Peterson(29), Roxanne Bier(19), Jackie Hansen(12), Penny DeMoss(6), Judy Leydig(5), Mary Decker(4), Celia Peterson(4), Sue Kinsey(4), Kathy Martin(2), Irene Rudolph(2), Vickie Cook(2), Debbie Heald(1).

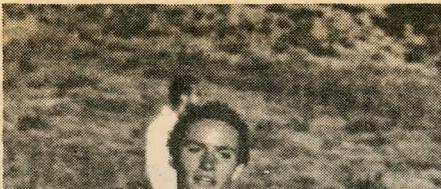
Previous selections: Jackie Hansen 1974, Jacki Hansen 1975, Miki Gorman 1976, Miki Gorman 1977.

ALL CALIFORNIA HONOR ROLL 1978

Guy Arbogast OMXC
Kathy Adams SWXC
Michelle Aubuchon SWXC
Ruth Anderson MMLD,MWT
Scott Allison JCMXC
Robert Angel JCMT
Doug Avrit JCMT
Carroll Austin JCMT
Heidi Aufdermaur JCWT
Steve Alvarez M4CXC
Ed Almeida MMLD
Tom Andrews OMT
Guy Abrahams OMT
Dan Aldridge M4CT
Ed Ahlmeyer M4CT
Steve Auferoth M4CT
Spud Alford M4CT
Dan Aldrich MMT
Earl Archer MMLD
Jodi Anderson SWT
Tonya Alston HSGT
Doug Anderson HSBT
Frank Assumma HSBT
Chuck Assumma HSBT,HSBXC
Henry Andrade HSBT
Ed Arcaro OMT
Steve Alexander M4CT
Evelyn Ashford SWT

Tom Bryant OMXC
Nick Breuer JCMXC
Jose Barcnas JCMXC
Catie Burke MMLD
Kevin Burkin JCMT
Brian Blue JCMT
Jeff Boyd JCMT
Tom Bobertz JCMT
Willie Briscoe JCMT
Kim Black JCMT
John Baucke JCMT
Tanya Bowie JCWT
Yvonne Boone JCWT
Cindy Banks JCWT
Pam Banks JCWT
Pam Blackburn JCWT
Liz Bordinkircher JCWT
Kerry Brogan HSGXC,HSGT
Dan Betker HSBXC
Dave Babiracki OMXC,MLD
Ralph Bowles MMLD
Darryl Beardall MMLD
Joe Burgasser MMLD
Reynaldo Brown OMT
Don Baird OMT
Charlie Brown M4CT
James Butts OMT

photo by Bill Leung, Jr.



Each year CALIFORNIA TRACK NEWS attempts to select the most outstanding California athletes in the various divisions of our sport and award them "All California" standing. In determining "All California" status performance at the national and state level was taken into account and then quality of performance and consistency were also considered. The abbreviations used for the various divisions are: SWXC = Senior Women (18+) Cross Country; OMXC = Open Men (out of school) Cross Country; M4CT = Men 4 Year College Track; MMT = Masters Men Track; OMT = Open (out of school) Men Track; MWT = Masters Women Track, MMLD = Masters Men Cross Country/Road Racing; MMLD = Masters Women Cross Country/Road Racing; MLD = Male Long Distance/Road Racing; FLD = Female Long Distance/Road Racing; JCWXC = Junior College Women Cross Country; JCMXC = Junior College Men Cross Country; M4CXC = Mens 4 Year College Cross Country; JCWT = Junior College Womens Track; JCMT = Junior College Mens Track; HSBT = High School Boys Track; HSBXC = High School Boys Cross Country; HSGXC = High School Girls Cross Country; HSGT = High School Girls Track; SWT = Senior Women Track.

If you have been selected "All California" and would like to have a certificate commemorating this honor, please send your address and a fifteen cent stamp to CALIFORNIA TRACK NEWS.

Chester Beach MMT
Al Brenda MMT
Lorna Boothe SWT
Julie Brown FLD,SWXC,SWT
Linda Broderick SWT
Sue Broderick SWT
Mike Bradford HSBT
Rayfield Beaton M4CT

photo by Diane Johnson



Alice Brown HSGT
Marquita Belk HSGT
David Brown HSBT
Ron Bahara HSBT
Rod Berry HSBT
Donnie Butler HSBT
Kupper Bell HSBT
Rod Bethany HSBT

photo by Keith Conning



Hulda Crooks MWT
Ruth Caldwell JCWT,JCWXC,SWT
Franie Castro JCWXC,JCWT
Steve Chepkowny JCMT
Bill Cleves HSBXC
Freddie Castillo HSBXC
Caprioglio HSBXC
Cindy Claiborne HSGXC
Vickie Cook HSGXC,FLD
Darty Cronin MMLD
Joe Carlson MMLD
Don Choi MLD
Dedy Cooper M4CT
Rob Cassleman OMT
Andy Clifford M4CT
Armando Cendejas M4CT
Paul Cummings OMT
Mike Carli JCMT
Ken Carnine MMT
Truman Clark MMT
Tom Colley M4CT
J. Caruso MMT
Phil Conley MMT
Ken Carnine MMT
Harold Chapson MMT
Sherry Calvert SWT
Lynn Cannon SWT
Denise Cornell SWT
Keri Camarigg SWT
Patty Cape SWT
Martha Cooksey SWT,FLD,SWT
Kris Costello HSGT
Kim Costello HSGT
Freida Cobbs HSGT
Anthony Curran HSBT
Ivan Cleveland HSBT
Morris Cole HSBT
Carlos Carrasco HSBT
Mark Conover HSBT
Tony Campbell HSBT
Larry Cowling HSBT
Willie Curran HSBT
Fred Carpenter OMT
Canfield M4CT

Penny DeMoss FLD
Shirley Dietderich MWT
Diana Davis JCWXC
Matt Durham JCMT
Glen Davis JCMT
Mike Decaro JCMT
Bill Dorvall JCMT
Dassie JCWT
Cathy Demmelmaier HSGXC
Tom Downs HSBXC
Diaz HSBXC
Chick Daulstin MMLD
Larry Doubley M4CT

photo by Keith Conning



Dave Babiracki OMXC,MLD
 Ralph Bowles MMLD
 Darryl Beardall MMLD
 Joe Burgasser MMLD
 Reynaldo Brown OMT
 Don Baird OMT
 Charlie Brown M4CT
 James Butts OMT

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 Linda Broderick SWT
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 Mike Bradford HSBT
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Alice Brown HSGT
 Marquita Belk HSGT
 David Brown HSBT
 Ron Bahara HSBT
 Rod Berry HSBT
 Donnie Butler HSBT
 Kupper Bell HSBT
 Rod Bethany HSBT

Matt Durham JCMT
 Glen Davis JCMT
 Mike Decaro JCMT
 Bill Dorvall JCMT
 Dassie JCWT
 Cathy Demmelmaier HSGXC
 Tom Downs HSBXC
 Diaz HSBXC
 Chick Daulstin MMLD
 Larry Doubley M4CT

photo by Bill Leung, Jr.



LINDA HEINMILLER

photo by Diane Johnson



EVELYN ASHFORD

photo by Keith Conning



DEBBIE HEALD

photo by Keith Conning



MIKE PORTER

Willie Banks M4CT
 Paul Bishop JCMT
 Steve Brodie M4CT
 Hubert Beasley M4CT
 Mike Boit OMT
 Rick Brown OMT
 John Brenemann M4CT
 Tim Bergstresser M4CT
 Hans Bruhner MMT
 Jerry Bolden MMT
 Dave Brown MMT
 Bill Burke MMT
 John Brennan MMLD,MMT
 Jim Bole MMLD,MMT

Joyce Broderick SWT
 Debbie Brill SWT
 Monette Branson SWT
 Jan Baer JCMT
 Armand Boutte JCMT
 Veronica Bell HSGT
 Michelle Bush HSGT,HSGXC
 Roxanne Bier HSGXC,FLD,HSGT
 Pam Bowers HSGT
 Vince Brown HSBT
 Mark Bryant HSBT
 Tim Bennett HSBT
 Kelia Bolton HSGT,SWT
 Valarie Brisco HSGT

Tony Banks HSBT
 Mauricio Bardales M4CT
 Rosalyn Bryant SWT
 Mark Baughman M4CT
 Judd Binley M4CT
 Joe Briski M4CT
 Ray Burton OMT
 Mark Booth M4CT

Paula Cobb HSGXC
 Irene Crowley JCWXC
 Angel Carrillo JCMXC
 Ron Cornell JCMXC
 Ruth Christian MWT
 Edith Carlisle MWT

Ken Duncan OMT
 Rayfield Dupree OMT
 Chris DeFrance M4CT
 Bishop Dlegiewicz OMT
 Dave Daniels M4CT,M4CXC
 Brian DeRoo M4CT
 Ken Dennis MMT
 Ozzie Dawkins MMT
 Harold Daughters MMLD,MMT
 Ed Dowell MMT
 Shirley Davison MMT
 Red Doms MMT
 John Dick MMT
 Mary Decker SWXC,SWT

Emily Dole SWT
 Leslie Deniz HSGT
 Kathi Deniz HSGT
 Delvon Davis HSBT
 Malcolm Dixon HSBT
 Troy Durio HSBT
 Tom Dooley OMT
 Gail Douglas SWT
 Frank Dejak M4CT

Valerie Everly JCWXC
 Dave Emory JCMT
 Stella Edwinston JCWT
 Frank Ebner M4CXC
 Charlton Ehizvelen OMT
 Floyd Eddingss M4CT
 Mark Enyeart OMT
 Clancy Edwards M4CT
 Ken Edwins M4CT
 Raimo Eskola M4CT
 Bob Emmerling MMT
 Paul Evans MMT
 Alberta Edwinston SWT
 Anne Erpenbeck JWT
 Arlise Emerson JWT, SWT
 Reuben Edwards HSBT
 Greg Ernst HSBT
 Henry Ellard HSBT
 Darrell Elder M4CT
 Scott Endler M4CT

Joan Flynn MWT
 Tim Farrell JCMT
 Dollie Fleetwood JCWT
 Fields HSBXC
 Dana Flint HSGXC
 Jeanie Fuller HSGXC
 Cheryl Flowers HSGXC
 Dave Frickel MLD
 James Frazier M4CT
 Bob Feuerbach M4CT
 Matthew Fuchs JCMT
 Greg Foster M4CT
 Fergeson M4CT
 Walt Frederick MMLD
 Gordon Farrell MMT
 Peter Fetter MMT
 Jane Frederick SWT
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 Carsie Fairman HSBT
 Merv Fernando HSBT
 Scott Foss HSBT
 Brian Paul HSBT
 Don Frazee HSBT
 Mark Fricker HSBT
 Ken Fowler HSBT
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 Paul Fuller M4CT

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 Al Guidet MMT
 George Grimes MMT
 Burl Gist MMT
 Don Gosh MMT
 Wayne Gray JCMT, M4CT
 Tim Gelometk JCMT
 Linda Goen HSGT, HSGXC
 Kari Gosswiller JWT
 Matt Gauthier HSBT
 Gwen Gardner HSGT
 Steve Guthrie HSBT
 Bill Green HSBT
 Marcus Gordien OMT
 Bob Gummerson M4CT
 Dan Gardner OMT
 Pete Galle OMT
 Roger George OMT
 Wayne Glusker OMT
 Fred Grace MMLD

Nicki Hobson MWLD
 Sue Hutchison MWLD
 Jackie Hansen FLD
 Connie Hester JCWXC
 Jackie Hendrickson JCWXC
 Bill Hice JCMT
 Bill Halverson JCMT
 Kenny Hayes JCMT
 Hopeton JCMT
 Bill Hurst JCMXC, JCMT
 Tim Holmes JCMT
 Greg Hitchcock JCMXC, JCMT
 Chris Hughes JCMT
 Russell Higgins JCMT
 Denise Holloway JCWT
 Derald Harris JCMT
 Leo Herbert JCMT
 Pat Holcomb JCMT
 Ronnie Harris JCMT
 Ron Haynes JCMT
 Donna Hunnerlack JCWT
 Danny Hernandez HSBXC
 Anne Hamilton HSGXC
 Hazlett HSGXC
 John Holoubek MMLD
 Chuck Hattersley MLD
 Chris Hughes M4CXC
 Chester Hart M4CT
 Dave Haber M4CT
 Tom Hintnavs M4CT
 Thom Hunt M4CT, M4CXC
 Brian Hunsaker M4CT, M4CXC
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 Paul Heide M4CT

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 Devin Lewis HSBT
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 R. Long MMT

Margaret Miller MWLD
 Kathy Martin FLD
 Kathy Mintie SWXC
 Beth Milewski JCWXC

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DERRALD HARRIS

photo by Keith Conning



MARY DECKER

Viola Johnson JCWT
 Cynthia Johnson JCWT
 Beverly Johnson JCWT
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 Lloyd Johnson M4CT
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 Jeff Jirele OMT
 Shawn James M4CT
 Dan Juell JCMT
 Dave Jackson MMT
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 Regina Jacobs HSGT
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 Rennie Jones HSBT
 Payton Jordan MMT

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 Christal Miller MWT
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 Tim McDonald JCMT
 Sidney Mitchell JCMT
 Pete Moreno JCMT
 Mike McQueeny JCMT
 Paul Mello JCMT
 Arlene Mears JCWT
 Terry Mulligan JCWT
 Houston McTear JCMT
 James Milton JCMT
 Sue Munday JCWT
 Tina Moran JCWT
 John Marden HSBXC
 Terry McNulty HSBXC
 Melendez HSBXC
 Chris Manning HSGXC
 John Montoya MMLD
 Paul Medvin MLD
 Ken Moffitt MLD
 Brian Maxwell MLD

Maroia King HSGXC
 Sandy Kiddy MWLD
 Maggie Keyes SWXC
 Stacey Kearns JCWXC
 Mark Kellen JCMXC
 Swift Katepa JCMXC
 Shirley Kinsey MWT

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 Merv Fernando HSBT
 Scott Foss HSBT
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 Henderson M4CT
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 Houston McTear JCMT
 James Milton JCMT
 Sue Munday JCWT
 Tina Moran JCWT
 John Marden HSBXC
 Terry McNulty HSBXC
 Melendez HSBXC
 Chris Manning HSGXC
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 Ken Moffitt MLD
 Brian Maxwell MLD
 Ed Mendoza MLD
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 Mike Mince M4CT
 Mike Marlow OMT
 Richard Marks OMT
 Bill McCullough OMT
 Bob McLeod OMT
 Duncan Macdonald OMT, OMXC
 Mark McNaughton JCMT
 William Mullins M4CT
 Don Miller M4CT
 Mike McGrath M4CT
 Bob Messersmith MMT
 Gary Miller MMT
 Sid Maddon MMT
 Bill Mayer MMT
 Ray Mahannah MMT
 Peter Mundle MMLD, MMT
 Monty Montgomery MMLD, MMT
 L. Miller MMT
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 Winfield McFadden MMT
 Bill Morales MMT
 Bob MacConaghy MMT
 Mitzi McMillan SWT
 Kathleen Murphy SWT
 Sally Metteer SWT
 Paula Mori SWT
 Sally McPherson SWT
 Karen Marshall SWT
 Tim McDonald JCMT
 Suzie Meeke HSGT
 Sue McNeal HSGT
 Carrie McLaughlin HSGT
 Velma McClain HSGT
 Michelle Mason HSGT
 Ross McAlexander HSBT
 Craig Montgomery HSBT
 Don Mosebar HSBT
 Pam Marshall HSGT
 Paul Medvin HSBT, HSBXC
 Wendle McNeal HSBT
 Roy Mosley HSBT
 David Mack HSBT
 Dave McKenzie M4CT
 Jim McGoldrick OMT
 Dennis Morley M4CT
 Brian Mondschein OMT
 Cende Mills SWT

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ROBERT MESSERSCHMIDT



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Michelle Garche HSGXC
 Terry Gibson JCMXC
 Joey Gomez JCMXC
 Miki Gorman MWT, MWLD
 Thurlis Gibbs JCMT
 Juan Garza JCMT
 Mike Gilligan JCMT
 Ardis Gardner JCMT
 Dean Greenaway JCMT
 Dorothy Gaffney JCMT
 Diane Gong HSGXC
 Sue Gelley HSGXC
 Rich Greybehl M4CT
 Doug Garner M4CT

Hall M4CT
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 Al Henry MMT
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 Jim Hart MMT
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 Joni Huntley SWT
 Leslie Hoerner SWT
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 Michelle Hawthorne HSGT
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 Mark Kellen JCMXC
 Swift Katepa JCMXC
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 Josephine Kolda MWT
 Wilma Kennedy MWT
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 Kathy Kuchta JCWT
 Mark Kent JCMT
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 Kathy Koudela HSGXC
 Andrea Kirkorn HSGXC
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 Mitch Kingery M4CT, M4CXC
 James King OMT
 Rory Kotinek OMT
 LaMonte King M4CT
 Harry Koppel MMT
 Percy Knox MMT
 Willis Kleinsasser MMT
 K. Keffer MMT
 George Ker MMT
 Kate Keyes SWT
 Sue Kinsey FLD, SWXC, SWT
 Staci Kneeshaw HSGT
 Janice Kelley HSGT
 Angel Kellen HSGT
 Jav Kovar HSBT
 Coleman Kells M4CT
 Bruce Kennedy OMT
 Dorothy Kaizer JCWT

Su Mei Lee HSGXC
 Mavis Lundgren MWLD
 Judy Leydig FLD
 Matt Ledy JCMXC
 Mike Lohr JCMXC
 Edith Leiby MWT
 Rod Love JCMT
 Kevin Lundgren JCMT
 Mark Lewis JCMXC, JCMT
 Joaquin Leano M4CXC, JCMT
 Olivia Leon JCWT
 Ernest Lewis JCMT
 Dave Lehrman HSBXC
 Ed Lowell MMLD
 Ed Lewin MMLD
 John Lafferty MMLD
 Larry Lawson OMXC, MLD
 Ron Livers M4CT
 Dave Laut M4CT
 Mike LeBold M4CT
 Chris Lingli JCMT
 Kris Lettow JCMT
 James Lofton M4CT
 Sing Lum MMT
 Don Longenecker MMT
 R. Long MMT
 S. Litcher MMT
 Debbie LaPlante SWT

Rickey Nichols JCMT
 Laura Nagel JCWT
 Shelly Nieto HSGXC
 Rich Nance M4CXC
 Nugent JCMT, M4CT
 Kent Namikas M4CT
 Nick Newton MMT

Ken Napier MMT
 Tony Nasralla MMT
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 Karen Neblett HSGT
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 Art Nicholson HSBT
 Cliff Newsome HSBT
 Grant Niederhaus OMT
 Darrin Nelson M4CT
 Marie Nickson SWT
 Dan Navarro JCMT

Jan Oehm SWXC
 Phyllis Olrich SWXC
 Sheila O'Donnell JCWXC

Irene Rudolph FLD
 Suzanne Richter SWXC
 Karen Robinson JCWXC
 Rick Rose JCMXC
 Ellen Rose MWT
 Doug Reinhart JCMT
 Randy Ruzicka JCMT
 Adrian Richardson JCMT
 Derek Robertson JCMT
 Roberts JCMT
 Wendy Robinson JCWT
 Rich Read HSBXC
 Danny Ramirez HSBXC
 Ron Roberts HSBXC
 Krista Roberts HSGXC
 Rippe HSGXC

Vicken Simonian M4CXC
 Ralph Serna M4CT
 Dwight Stones OMT
 Pete Schmock OMT
 Conrad Suhr M4CT
 Steve Scott M4CT
 Bill St. John M4CT
 Jim Schankel M4CT,M4CXC
 Mike Smith JCMT
 Rich Stewart JCMT
 Joe Siai Siai M4CT
 James Sanford M4CT
 Brian Saunders M4CT
 Elvester Strong M4CT
 Bruce Springbett MMT

Mike Van Horn M4CXC
 Jim Vernon MMT
 E. Van Pelt MMT
 A. Vesco MMT
 Homer VanGelder MMT
 Patty Van Wolvelaere SWT
 Lisa Vogelsang SWT
 Cari Verable HSGT
 Mike Valentine HSBT

Lenell Waskow HSGXC
 Tracy Weber HSGXC
 Diane Williams JCWXC
 Eula Weaver MWT
 Jon Warner JCMT
 Stan Webster JCMT
 Glen Woods JCMT
 Gary Williams JCMT
 Tammie Williams JCWT
 Renee Wessell JCWT
 Ronnie Williams JCMT
 Elden Walker JCMT
 Dave West JCMT
 Ed Wright JCMT
 Karen Wise JCWT
 Ann Wotherspoon JCWXC,JCWT
 Emily Whitney JCWXC,JCWT
 Rob Wentworth HSBXC
 Greg Williams HSBXC
 Ron Wayne MLD
 Jim White M4CXC
 Quentin Wheeler OMT
 Wes Williams OMT
 Tom Woods OMT
 Greg Woepse M4CT
 Randy Williams OMT
 Stan Whitley OMT
 Bart Williams M4CT
 Danny Williams M4CT
 Bob Watanabe MMT
 Herm Wyatt MMT
 Kermit Walker MMT
 Walt Westbrook MMT
 Alan Waterman MMT
 Bob Wellock MMLD,MMT
 Hal Wallace MMT
 Huel Washington MMT
 Colette Winlock SWT
 Sherron Walker SWT
 Martha Watson SWT
 Patsy Walker SWT
 Barbara Whitfield SWT
 Cheri Williams HSGT
 Kelly Wells HSGT
 Roxanne Wright HSGT
 Dwayne Wycoff HSBT
 Joel Wyrick HSBT
 Bob White HSBT
 Kim White HSGT
 Steve Webb HSBT
 Dokie Williams HSBT
 Millon Weaver HSBT
 Jeff West HSBT
 Mike White HSBT
 Mike Weeks OMT

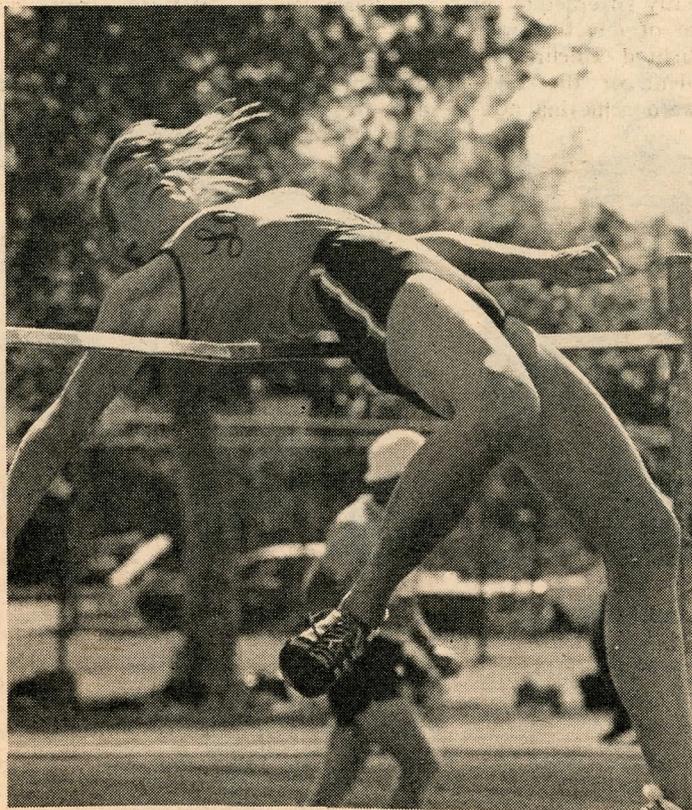


photo by Bill Leung, Jr.

JONI HUNTLEY



DAVE HABER

Irene Obera MWT
 Miyoko Okubo MWT
 Coart Owens JCMT
 Steve Ortiz JCMXC,JCMT
 Rene Ortiz HSGXC
 Jim O'Neil MMLD
 James Owens M4CT
 Steve Oravitz M4CT
 David Omwansa M4CT
 Jim Oleson MMLD,MMT
 Bob Ogle MMT
 Modune Oshikova SWT

John Rudberg MMLD
 Jay Rubino M4CXC
 Tony Ramirez OMT
 Gary Romsser OMT,MLD,OMXC
 Dan Ripley OMT
 Arnie Robinson OMT
 Marlin Rochee M4CT
 James Robinson OMT
 Scott Reid JCMT
 Jose Renteria JCMT
 Adrian Rodgers OMT
 Craig Robinson M4CT

Paul Spangler MMLD,MMT
 Tom Sturak MMT
 Dave Stevenson MMT
 Al Sheehan MMT
 Hal Smith MMT
 John Satti MMT
 Ray Spencer MMT
 Ralph Sutton MMT
 Bob Stone MMT
 Larry Stuart MMT
 Maren Seidler MMT
 Kate Seiditt SWT

photo by Keith Conning



photo by Bill Leung, Jr.

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 Miyoko Okubo MWT
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 Rene Ortiz HSGXC
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 James Owens M4CT
 Steve Oravitz M4CT
 David Omwansa M4CT
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 Modupe Oshikoya SWT
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 Angela Phifer HSGT
 Deborah Pryor HSGT
 Christi Pyle HSGT
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 Tony Pitts HSBT
 Myron Porter HSBT
 Dave Porath HSBT
 Von Pole HSBT
 Bruce Parker HSBT
 Tom Peterson HSBT
 Elaine Parker HSGT,SWT
 Ben Plucknett OMT
 Urpo Paananen M4CT
 Jim Pearce OMT

Ted Quintana M4CT
 Don Quarrie OMT
 Pete Quinonez HSBT

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 Jay Rubino M4CXC
 Tony Ramirez OMT
 Gary Romsser OMT,MLD,OMXC
 Dan Ripley OMT
 Arnie Robinson OMT
 Marlin Rochee M4CT
 James Robinson OMT
 Scott Reid JCMT
 Jose Renteria JCMT
 Adrian Rodgers OMT
 Craig Robinson M4CT
 Stan Reyes M4CT
 J. Regan MMT
 Bob Roemer MMT
 Marcia Romesser SWT
 Coleen Reinstra SWT
 Chris Remmling SWT
 Melody Rose SWT
 Joan Russell SWT
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 Rosario Ramos HSGT
 Linda Reed HSGT
 Dulce Reade HSGT
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 Craig Roberts HSBT
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 L. Roberts MMT

Aida Stearns HSGXC
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 Elaine Sundby JCWT
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 Stew Thomson MMT
 Tracy Trisco SWT
 Annette Tannander SWT
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 Stacy Thomas HSBT
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Natalie Vogel JCWT
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 Joel Wyrick HSBT
 Bob White HSBT
 Kim White HSGT
 Steve Webb HSBT
 Dokie Williams HSBT
 Millon Weaver HSBT
 Jeff West HSBT
 Mike White HSBT
 Mike Weeks OMT

photo by Keith Conning



DANA FLINT

John Warkentin OMT
 Bill Waters M4CT
 Larry Walker OMT
 Kevin Williams M4CT
 Craig Wilson M4CT
 Kathy Weston SWT

Ernestine Yeomans

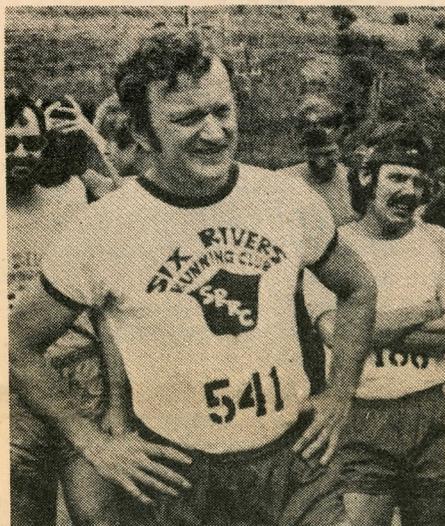
Ann Zampardo HSGXC
 Kerry Zwart HSGT

TEAM SPOTLIGHT: Six Rivers Running Club

by DICK MEYER

The Six Rivers Running Club was started in January, 1972 by a group of interested runners in the Arcata-Eureka area. Most were over 30 and wished to have an organized outlet for road racing activities in this area. There were no active clubs in the area at that time.

Bill Scobey and a number of other distance runners from Humboldt State's teams had earlier started the "Mad River Runners," but its activities were limited, it was not oriented to non-fast, non-young runners, and was inactive at the time.



DICK MEYER far left and DICK GILCHRIST no. 541.

The two primary organizers for the Six Rivers Running Club were Richard Gilchrist and myself.

Gilchrist and I reasoned that we needed a monthly newsletter and a monthly race, that these activities were foremost and would be sufficient to nurture interest in running among all ages, both sexes, and the range of performance levels in the area. We set the annual dues at \$3.00 to cover the newsletter and mailing, and arranged to have the entry fee for races at 25 cents. We tried to provide oranges to all finishers at each race. Another twist we adopted from the start was to have each monthly race consist of two races, one short (about 2 miles), with competition based on predicted time, and another long (5 to 8 miles). That way there was something for the kids, women and beginners as well as the hard core. This format has worked well in that it made the races a family affair for many of us, and also provided a source of volunteer help for officiating the races.

Before SRRC there was one annual footrace in this area, the Trinidad Clam Beach Run, which was started in 1965. SRRC has assumed management of this race and it remains as the biggest local running event of the year. Last year there were nearly 600 finishers, an estimated 95% from the local area.

The biggest race in total numbers of participants that SRRC sponsors is the Avenue of the Giants Marathon, held the first Sunday each May. It has proved immensely popular to runners out of the area, and is now limited to 2000 entries.

SRRC has about 230 members. Most are out of school, in their late 20s, with many age group runners. The emphasis of the club is entirely toward

The club is presently governed by an eleven member board of directors who appoint officers. Richard Gilchrist is currently the President of the club. We are working toward achieving non-



JIM ROCHA

profit corporation status, thus our governance, bylaws, budgeting, all reflect compliance with state and federal non-profit corporation regulations. Dues are now \$5.00 per year and are spent pri-

Beginning in 1979 the club dues went up to \$10.00, with half that amount being budgeted to the newsletter, the other half to race expenses. There will be no entry fee for club members for any club sponsored race except Avenue of the Giants, however nonmembers will be charged a minimum of \$1.00 per race entry fee.

In 1978, SRRC took in and spent about \$14,000. All but about \$1,500 of that was related to the Avenue of the Giants race. About \$200 was generated from newsletter advertising, \$100 in contributions, \$1,200 from membership dues, and the remainder from entry fees.

Other than a short annual meeting as mandated by nonprofit regulations, SRRC has no formal meeting as such. There is a board of directors meeting each month where the club business is conducted. Generally, there is a social gathering after each race. Each February we have a big party after the Trinidad Clam Beach Run.

I would guess the future of SRRC will be similar to the past, with continued growth occurring and the necessary organizational adjustments to cope with increased size. But the future of the club is really in the hands of the club board of directors, the formal decision making body. But I see continued emphasis on road running and racing, directed to the entire spectrum of age and performance level. It will be necessary to be more formal about club activities, and there will be more interaction with municipal and county governance structures and law enforcement agencies because the number of runners now means that races will have much more impact than in the past. But the authorities have been very cooperative in the past and they are



DICK MEYER far left and
DICK GILCHRIST no. 541.

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SRRC has about 230 members. Most are out of school, in their late 20s, with many age group runners. The emphasis of the club is entirely toward road running, with an occasional all comers track meet.



JIM ROCHA

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SCHEDULE

FEBRUARY

- 16 SAN DIEGO INDOOR MEET. Al Franken, 8530 Wilshire Blvd., Beverly Hills 90211. (213) 879-9210.
- 17 VALLEY NEWS 10 KILO RUN Van Nuys, 10 am. Hal Harkness, Valley News, P.O. Box 310, Van Nuys 91411. (714) 529-6938.
- 17 BAKERSFIELD METRIC MEET Charlie Craig, Cal State College, 9001 Stockdale Hwy., Bakersfield 93309. (805) 833-2200.
- 17 ORANGE MASTERS TRACK & FIELD MEET. El Modena High School. Larry Sallinger, 203 E. Monroe, Orange 92667 (714) 639-2946.
- 18 SOUTH COAST PLAZA & TIGER RUN. 15 kilo. Costa Mesa, 8 am. Dennis Caldwell, 320 E. Katella Orange 92667. (714) 771-3621.
- 18 EXCELSIOR EAST END RUN 7.87 miles. Golden Gate Park, 10 am. Bob Darling, 650 Madrid, San Francisco 94112.
- 18 SPA-AAU 30 KILO CHAMPIONSHIP. Culver City, 8 am. Frank Freyne, Culver City AC, 508 Randall St., Ridgecrest 93555. (714) 375-7962.
- 18 SANTA MONICA MOUNTAIN RELAY (5 man, 50 mile). 7 am Connie Rodewald, 852 Sharon Dr., Camarillo 93010. (805) 482-5360.
- 19 LEGGS/YWCA 10,000 METERS Women Only. Pre-registration only. Balboa Park, San Diego. 8 am.
- 24 EL CAJON RUNS. 20 kilo and 5 miles. Granite Hills High School, 8:30 am. Mike Reilly, Swift Pair, 324 Broadway, El Cajon 92021 (714) 444-1623.
- 24 NCSTC MASTERS TRACK MEET College of Marin, Kentfield. Don Rose, 43 McAllister, Kentfield. (415) 456-7454.
- 25 ADIDAS-A-THON. 6 miles. San Jose 9:45 am. Bert Bonanno, San Jose City College, 2100 Moorpark Ave., San Jose 95128. (408) 298-2181.
- 25 PA-AAU 50 MILE RUN. Sacramento area. Hal Baker, 1182 Cavanaugh Way, Sacramento 95822 (916) 443-4514.
- 25 BLACK HISTORY 10 KILO RUN Carson, 9 am. Eugene Blankenship, P.O. Box 5034, Carson 90746.
- 25 COURTHOUSE 10 KILO RUN San Luis Obispo. Carrie DeWitt (805) 541-1816.
- 25 SPA TRIATHLON/PENTATHLON Cal State Northridge. Rich Ede, 1424 Lynoak Drive, Claremont 91711. (714) 624-1484. Women.

MARCH

- 2 LONG BEACH RELAYS. High School.
- 3 MUSCULAR DYSTROPHY RUN Fresno. JoEllen Howard, 702 W. Harvard, Fresno 93705. (209) 227-3959.
- 3 SPA-AAU 30 KILO CHAMPIONSHIP. Culver City, 8 am. Frank Freyne, Culver City AC, 508 Randall St., Ridgecrest 93555. (714) 375-7962.

- 10 ALL COMERS TRACK MEET Arroyo Grande High School.
- 10 LOS ALAMITOS MARATHON. 7:30 am. Mitch Lansdell, 10911 Oak St., Los Alamitos 90720. (213) 430-1073.
- 11 SPA WOMEN SEASON OPENER Mt. SAC College. Bob Seaman, 19127 Wiersma, Cerritos 90701. (213) 926-5785.
- 11 PAMAKID LAKE MERCED RELAYS. 4.5 mile/leg. Lake Merced, San Francisco, 10 am. Jim Scannell, 342 24th. Ave., Number 202, San Francisco 94121 (415) 752-3542.
- 11 WOMEN'S PA-AAU 10 KILO CHAMPIONSHIP. Gayle Kerstetter, 734 Shriley Blvd., Arcata 95521 (707) 822-5002.
- 11 MORRO BAY 10 MILE RELAY (4 person).
- 11 PLEASANT HILL 10 KILO. Diablo Valley College, 10 am. Ralph Bowles, 105 Emerson Ct., Pleasant Hill 94523. (415) 939-9330.
- 17 MARCH OF DIMES MARATHON San Diego.
- 17 ST. PATRICK'S 20 KILO GREAT RACE. Arroyo Grande, 10 am. Fr. Michael O'Sullivan, P.O. Box 860, Arroyo Grande 93420.
- 17 SACRAMENTO MASTERS MEET Cal State Sacramento. Bob Roemer, 3808 Yellowstone Ct., El Dorado Hills 95630. (916) 933-1438.
- 17 AZALEA 10 KILO RUN. South Gate, 8:30 am. Kay Simpson, South Gate Sports, 9520 Hildreth Ave., South Gate 90280. (213)
- 18 URBAN FOREST RUN. 10 kilo. West Los Angeles, 8 am. Andy Lipkis, 12601 Mulholland Dr., Beverly Hills 90210. (213) 873-3786.
- 18 BUFFALO STAMPEDE & PA-AAU 50 KILO CHAMPIONSHIP (10 mile). UC Davis, 10 am. Abe Underwood, 6555 Park Riviera Way Sacramento 95831. (916) 392-7672.
- 18 PASADENA BOYS CLUB RUN FOR THE ROSES. 10 kilo, Rose Bowl, 9 am. J.C. Moore, Boys' Club, 3230 E. Del Mar Blvd., Pasadena 91107.
- 23 SANTA BARBARA INVITATIONAL. Sam Adams, UCSB Athletic Dept., Robertson Gym, Santa Barbara 93107. (805) 961-3291.
- 24 BUD ROBINSON MEMORIAL RUN. 15 kilo. Lompoc. Joe Scime, 1305 N. Orchid, Lompoc 93436.
- 24 STANFORD RELAYS. Payton Jordan, Stanford University, Stanford 94305.
- 24 SANGER STRIDERS RUNS. 2, 4 & 6 miles. 11 am. Dave Dodson, Sanger High School, Sanger 93657. (209) 875-7121.
- 24 PEPPERDINE SOUTH COAST CLASSIC 10 KILO RUN. Irvine, 9:30 am. Dennis Caldwell, Loeschhorn's for Runners, 320 E. Katella, Orange 92667.
- 24 CALIF. CHRISTIAN COLLEGE ATHLETIC CONFERENCE CHAMPIONSHIPS. Fresno.
- 24 NORCAL 10 MILER & 3 MILE Redding, 10 am. Tom Hayes, 1830 Riviera Dr., Redding 96001. (916) 241-5706.
- 24 USTFF DECATHLON. Two days. UCSB. Sam Adams, UCSB Athletic Dept., Robertson Gym, Santa Barbara 93107. (805) 961-3291.
- 25 WORLD CROSS COUNTRY CHAMPIONSHIPS. Limerick, Ireland.
- 25 SPA WOMEN ALL COMERS TRIATHLON/PENTATHLON. Cal

- 18 EXCELSIOR EAST END RUN 7.87 miles. Golden Gate Park, 10 am. Bob Darling, 650 Madrid, San Francisco 94112.
- 18 SPA-AAU 30 KILO CHAMPIONSHIP. Culver City, 8 am. Frank Freyne, Culver City AC, 508 Randall St., Ridgecrest 93555. (714) 375-7962.
- 18 SANTA MONICA MOUNTAIN RELAY (5 man, 50 mile). 7 am Connie Rodewald, 852 Sharon Dr., Camarillo 93010. (805) 482-5360.
- 19 LEGGS/YWCA 10,000 METERS Women Only. Pre-registration only. Balboa Park, San Diego. 8 am. YWCA of San Diego County, 1012 "C" St., San Diego 92101.
- 19 WASHINGTON'S BIRTHDAY RUN. Fresno, 6 miles. Jim Martin, 2530 N. Barton, Fresno 93703. (209) 255-8846.
- 23 AAU NATIONAL INDOOR CHAMPIONSHIPS. Madison Square Gardens, New York. Heliodoro Rico, Statler Hilton Hotel, Suite 612-A, 33rd. St. & 7th ave., New York, NY 10001. (212) 564-0700.
- 24 LONG BEACH RELAYS. JC, College and Open. Cliff Abel, Athletic Dept., Cal State Long Beach, Long Beach. (213) 498-4666.
- 24 MARTINEZ TO PORT COSTA BRICK YARD RUN. 8.4 miles 10 am. Luka Sekulich, 1485 Darlene Dr., Concord 94520. 685-5185.
- 24 WASHINGTON'S BIRTHDAY RUN. 8 miles. Ridgecrest, 10:30 am. Frank Freyne, 508 Randall St., Ridgecrest 93555. (714) 375-7962.
- 24 SAN CLEMENTE 6 1/2 MILE RUN 9 am. Steve Judd, Parks & Rec Dept., 100 Seville, San Clemente 92672. (714) 492-5101, x264.
- 24 CORONA DEL MAR MASTERS MEET. Cal State Dominguez Hills. Tom Clayton (213) 636-2802.
- 24 TRAILS END MARATHON. Seaside, Oregon. Seaside Chamber of Commerce, Box 7, Salem, Oregon 97138.

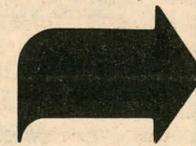
25 SPA TRIATHLON/PENTATHLON Cal State Northridge. Rich Ede, 1424 Lynoak Drive, Claremont 91711. (714) 624-1484. Women.

MARCH

- 2 LONG BEACH RELAYS. High School.
- 3 MUSCULAR DYSTROPHY RUN Fresno. JoEllen Howard, 702 W. Harvard, Fresno 93705. (209) 227-3959.
- 3 SPA-AAU 25 KILO CHAMPIONSHIP. Ventura, 8 am. Tim Hughes, Inside Track, 3019 E. Harbor Blvd., Ventura 93003.
- 3 BIDWELL CLASSIC MARATHON & ROAD RACE. Chico, 9 am. Walt Schaffer, 1413 Salem St., Chico 95926.
- 3 ROADRUNNER MARATHON. Yuma, Arizona. Roadrunner Marathon, Building 633, Marine Corps Air Station, Yuma, AZ 85364.
- 3 AAU NATIONAL 20 KILO ROAD RUNNING CHAMPIONSHIP(men) Holstein, Texas.
- 3 USA vs USSR INDOOR TRACK MEET. Fort Worth, Texas.
- 4 VALLEJO CHANNEL TO LAKE RUN. 10 mile. 10 am. Ron Petrella, Lain Dr., Vallejo 94590. (707) 642-8188.
- 4 SAN FERNANDO 10 KILO HANDICAP. Connie Rodewald, 852 Sharon Dr., CAmarillo 93010. (805) 482-5360.
- 4 SPA RELAY CARNIVAL. Cal State Northridge. Bob Seaman, 19127 Wiersma, Cerritos 90701. (213) 926-5785.
- 4 ECO-FREAK 8 MILE RUN. Guadalupe, 9:30 am. Bill Denneen, 760 Cielo Lane, Nipomo 93444.
- 10 BIG CREEK 15 KILO RUN. Near Fresno. Rich Petersen, P.O. Box 206, Laton 93242.
- 10 VALLEY CONFERENCE J.C. RELAYS.
- 10 KINGSMEN RELAYS. Cal Lutheran College, 60 Olsen Rd., Thousand Oaks 91360.

- 17 MARCH OF DIMES MARATHON San Diego.
- 17 ST. PATRICK'S 20 KILO GREAT RACE. Arroyo Grande, 10 am. Fr. Michael O'Sullivan, P.O. Box 860, Arroyo Grande 93420.
- 17 SACRAMENTO MASTERS MEET Cal State Sacramento. Bob Roemer, 3808 Yellowstone Ct., El Dorado Hills 95630. (916) 933-1438.
- 17 AZALEA 10 KILO RUN. South Gate, 8:30 am. Kay Simpson, South Gate Sports, 9520 Hildreth Ave., South Gate 90280. (213) 567-1337.
- 17 KPFK RACE & ST. PATRICK'S DAY BREAKFAST. 10 Kilo, Los Angeles, 8:30 am. Mike Balter, KPFK, 3729 Cahuenga Blvd. W., N. Hollywood 91604. (213) 877-2711.
- 17 NORTHRIDGE RELAYS. Bill Webb, Track Coach, Cal State Northridge, Northridge 91330.
- 17 ST. PATRICK'S DAY MARATHON. Porterville. Parks and Leisure Services Dept., P.O. Box 432, Porterville 93257.
- 18 MERCED PANCAKE RUN. 1 & 6 miles. Frank Russell, P.O. Box 2462, Merced 95340.
- 18 AAU NATIONAL 30 KILO WALK Southern California.
- 18 AAU NATIONAL SR. MEN 30 KILO CHAMPIONSHIP. Albany, New York.
- 18 AAU NATIONAL MASTERS MEN 30 KILO CHAMPIONSHIP. Schenectady, New York.
- 18 SAN JOSE MERCURY NEWS RACE. 6.6 miles, 10 am. Robert Thompson, San Jose Mercury News 750 Ridder Park Dr., San Jose 95190. (408) 289-5534.
- 18 HEART OF PALM SPRINGS 10 KILO RUN. 8 am. Keenan F. Barber, MD, 2071 Joshua Tree Pl., Palm Springs 92262. (714) 346-0642.
- 18 ORANGE COUNTY PODIATRY ASSOC. 10 KILO RUN. Irvine, 9 am. Patrick Shelton, 215 N. State College Blvd., No. J, Anaheim 92806. (714) 956-1040.

- 24 CALIF. CHRISTIAN COLLEGE ATHLETIC CONFERENCE CHAMPIONSHIPS. Fresno.
- 24 NORCAL 10 MILER & 3 MILE Redding, 10 am. Tom Hayes, 1830 Riviera Dr., Redding 96001. (916) 241-5706.
- 24 USTFF DECATHLON. Two days. UCSB. Sam Adams, UCSB Athletic Dept., Robertson Gym, Santa Barbara 93107. (805) 961-3291.
- 25 WORLD CROSS COUNTRY CHAMPIONSHIPS. Limerick, Ireland.
- 25 SPA WOMEN ALL COMERS TRIATHLON/PENTATHLON. Cal State Northridge. Rich Ede, 1424 Lynoak Dr., Claremont 91711. (714) 624-1484.
- 25 LAKE MERCED MASTERS RACE 4.95 miles, 11 am. Jack Betten-court, 136 Dundee Dr., San Francisco 94080. (415) 755-9681.
- 25 A RUN FOR YOUR LIFE. 3 mile and 10 kilo. Novato, 11 am. Lee Strauss, 712 5th. Ave., San Rafael, 94901. 454-1550.
- 31 REDLANDS INVITATIONAL. For collegiate men and women. Vince Reel, University of Redlands, Redlands 92373. (714) 793-2121.
- 31 SACRAMENTO RELAYS. Bruce Drummond, Track Coach, Cal State Sacramento, 6000 J St., Sacramento 95819.
- 31 ROEDING PARK 6 MILE RUN Fresno, 9 am. Frank Delgado, 1560 N. Durant Way, Fresno 93728.
- 31 OCC SCHOLARSHIP RUN. 10 kilo and 2 mile. Costa Mesa, 7 am. Sharon Donoff, 2701 Fairview Rd., Costa Mesa 92626. (714) 556-5765.
- 31 SCATS OLYMPIC FUND RUN 5 kilo & 10 kilo. Huntington Beach, 9:30 am. Scats Gymnastics, Steve Russell, 5822 Research Dr., Huntington Beach 92649.



APRIL

- 1 RED CROSS MARATHON. San Luis Obispo, 7:30 am. American Red Cross, 1216 Morro St., San Luis Obispo 93401. (805) 543-0696.
- 1 SPA WOMEN AGE GROUP ALL COMERS. Cal State Northridge. Chuck Debus, 18100 Pacific Coast Hwy., Malibu 90245. (213) 454-8675.
- 1 ARROW 10 KILO RUN. Mofett Industrial Park, Sunnyvale, 10 am. Ron Kovacs, 147 Villanueva Ct., Mt. View 94040. (415) 961-9419.
- 1 ORANGE GROVE MARATHON Loma Linda, 8 am. Ellis R. Jones, P.O. Box 495, Loma Linda 92354.
- 1 CONEJO 10 KILO HANDICAP Newbury Park, 10 am. Connie Rodewald, 852 Sharon Dr., Camarillo 93010. (805) 482-5360.
- 1 TARPIT 10 KILO. Los Angeles, 8:30 am. John Marthens, 3550 Wilshire, Los Angeles 90010. (213) 385-5211.
- 1 ROLLING TITANS PUSH & RUN 5 kilo and 10 kilo. Fullerton, 8 am. Jim Worth, % Rec Dept., Cal State Fullerton, Fullerton 92634.
- 7 CLEARLAKE MARATHON AND 20 KILO. Lakeport, 10 am. Bill Jones, P.O. Box 517, RUN, Lakeport 95453. (707) 263-4975.
- 7 ORANGE COUNTY MARATHON 7:30 am. Pete Dowrey, 9593 Pettswood Dr., Huntington Beach 92646.
- 7 LOS GATOS MASTERS INVITATIONAL. Richard Chappell, 16359 Belmont Ave., Monte Sereno 95030. (408) 354-4896.
- 7 PASADENA ROSEBUDS INVITATIONAL. Ron Grey, P.O. Box 1632, Altadena 91001.
- 7 RIVERSIDE INVITATIONAL. Chris Rinne, Track Coach, Univ
- 14 WARRIOR RELAYS. Santa Barbara. Dave Hammer, Westmont College, 955 LaPaz Rd., Santa Barbara 93108.
- 14 SENIORS TRACK CLUB 14 MILE RELAY (2 person). La Mirada, 9 am. Joe Burgasser, P.O. Box 4053, Torrance 90510.
- 15 HSL/SCS TARZANA ROAD RACES. 5 kilo & 10 kilo. Tarzana, 8 am. Hal Smith, 19651 Ventura Blvd., Tarzana 91356. (213) 342-1174.
- 15 EASTER SUNRISE RUNS. Fresno Bill Cockerham, P.O. Box 6103, Fresno 93703.
- 18 CALIFORNIA INVITATIONAL DECATHLON. Azusa. Marv Mardock, Track Coach, Azusa Pacific College, Azusa 91702.
- 19 Mt. San Antonio College Relays Don Ruh, Track Coach, Mt. SAC, 1100 N. Grand, Walnut 91789.
- 21 MT. SAC RELAYS MARATHON Dr. Lee Goldstein, 520 E. Foothill Blvd., Pomona 91767. (714) 621-3952.
- 21 LIVERMORE 8.56 MILE RUN 10 am. Nick Winter, 40453 Dolerita Ave., Fremont 94538. (415) 651-4134.
- 21 WOODY WILSON RELAYS. Davis.
- 22 RIVER RELAY. Lompoc. John Perkins, 3304 Via Dona, Lompoc 93436.
- 22 GOLDEN GATE PARK 8 MILE 9:30 am. Ray Menzie, 12 Whittier Ct., Mill Valley 94941. (415) 383-1428.
- 22 BUSCH CHARITY 10 KILO RUN Busch Gardens, 8:30 am. Jeffrey Foundation, 10k Run Committee, P.O. Box 54851, Terminal Annex, Los Angeles 90054.
- 22 RANCHO PARK 10 KILO RUN 8:30 am. Cris Conroy, 10524 Pico Blvd., Los Angeles 90064. (213) 836-2233.
- 22 FRESNO FITNESS RUN. 6 mile. Athletic World, Western Village, Clovis 93612.

Mailbag

You missed an outstanding performance by a Californian in the New York Marathon - Carol Young's 8th place in 2:52:32. Carol, a San Francisco woman who has been running only a short time, was under three hours for the first time with a 2:59 in the Drake Relays Marathon in April.

Jim Duncan, Des Moines, Iowa

While I greatly appreciate your efforts to compile masters results, the emphasis that you place on records reduces my interest in reading them. When I read about a masters meet somewhere, what I really want to know is what the competition was like -- not just who set a record, or event who got first place. If the top several marks are given for each event, then I can get some idea of how I would have fared had I been there.

There is only so much space to report each meet, of course, and if records of various kinds receive all the attention, then the information that I want just can't be included. Specifically, I propose that the individual year age records (age 40, 41, 42, etc.) be banished to the yearly booklet published by Track & Field News - i.e., that they simply not be mentioned at all in normal masters coverage. Age-group records, then would be the only ones mentioned (this would still give us ten times as many world records, American records, and so on, as regular open track -- quite enough, in my opinion, if we are not to appear foolish).

Richard Stepp
Arcata

We regret to inform you that the Greater Los Angeles Marathon scheduled for February 25, 1979 has been cancelled

We have been working since August 1978 to obtain the approvals and support needed to conduct this race. Passage of Proposition 13 left the City of Los Angeles without the machinery needed to plan for the large number of footraces now being run. The machinery is coming (we think), but not in time for us.

Because of the high interest shown by many, the City of Los Angeles, and potential sponsors, we are now planning the event for February 24, 1980. With more than a year to organize the race, we intend to make The Greater Los Angeles Marathon an outstanding event

Ray Manion and Tom Sturak
Santa Monica

I recently received my first issue as a hand out at the Masters Championships. I am fully satisfied, it has everything. Especially full masters meet results, which is more than our club paper even. Therefore, I would like to begin my subscription.

Gary Dawson
Palo Alto

You might note that our club has now merged with the Basin Blues. We will continue to function as the track arm of the Basin Blues, so it may be confusing for awhile.

Charlie Harn
Club Northridge

- 7 CLEARLAKE MARATHON AND 20 KILO. Lakeport, 10 am. Bill Jones, P.O. Box 517, RUN, Lakeport 95453. (707) 263-4975.
- 7 ORANGE COUNTY MARATHON 7:30 am. Pete Dowrey, 9593 Pettswood Dr., Huntington Beach 92646.
- 7 LOS GATOS MASTERS INVITATIONAL. Richard Chappell, 16359 Belmont Ave., Monte Sereno 95030. (408) 354-4896.
- 7 PASADENA ROSEBUDS INVITATIONAL. Ron Grey, P.O. Box 1632, Altadena 91001.
- 7 RIVERSIDE INVITATIONAL. Chris Rinne, Track Coach, University of California, Riverside 92502.
- 7 FRESNO INVITATIONAL. Dutch Warmerdam, Track Coach, Fresno State University, Fresno 93740.
- 7 U.C. BERKELEY INVITATIONAL. Vern Gambetta, Women's Athletics University of California, Berkeley 94720.
- 7 ESCONDIDO 10 KILO. Kit Carson Park. Bob Daniel (714) 743-5410.
- 8 SAN FRANCISCO YMCA "EASTER RUN. 4.7 miles, Lake Merced, 10 am. Richard DeRamon, 220 Golden Gate Ave., San Francisco 94102. (415) 885-0460.
- 8 KAWEAH RIVER VALLEY RUN 8 miles, Three Rivers. Dave Bronzan, 1173 Eymann, Reedley 93654.
- 8 AAU NATIONAL JR. & SR. WOMEN 10 KILO CHAMPIONSHIP. Albany, New York.
- 9 SILVER STATE DECATHLON Reno, Nevada. Jack Cook, Track Coach, University of Nevada, Reno NV 89507.
- 10 USTFF DECATHLON. Fresno. Red Estes, Assistant Track Coach, Fresno State University, Fresno 93740.
- 13 UCLA INVITATIONAL. Scott Chism, Women's Athletic Dept., UCLA, 405 Hilgard Ave., Los Angeles 90024. (213) 825-9541.
- 14 BRUCE JENNER CLASSIC. San Jose. Bert Bonnano, Athletic Dept., San Jose City College, 2100 Moorpark Ave., San Jose 95128.
- 22 GOLDEN GATE PARK 8 MILE 9:30 am. Ray Menzie, 12 Whittier Ct., Mill Valley 94941. (415) 383-1428.
- 22 BUSCH CHARITY 10 KILO RUN Busch Gardens, 8:30 am. Jeffrey Foundation, 10k Run Committee, P.O. Box 54851, Terminal Annex, Los Angeles 90054.
- 22 RANCHO PARK 10 KILO RUN 8:30 am. Cris Conroy, 10524 Pico Blvd., Los Angeles 90064. (213) 836-2233.
- 22 FRESNO FITNESS RUN. 6 mile. Athletic World, Western Village, Clovis 93612.
- 22 WOMEN'S WOODWARD PARK RUN. Ron Gates, 2237 N. Valeria, Fresno
- 28 SCAA COLLEGIATE WOMEN CHAMPIONSHIPS. Cal State Northridge. Chuck Debus, 18100 Pacific Coast Hwy., Malibu 90265. (213) 454-8675.
- 28 CONEJO VALLEY DAYS RABBIT RUN. 5 kilo & 10 kilo. Thousand Oaks, 8 am. Kay Jones, 401 W. Hillcrest Dr., Thousand Oaks 91360 (805) 497-1621.
- 28 SAN GERONIMO VALLEY RUN 10 kilo, 10 am. Rob Stieg, P.O. Box 283, Lagunitas 94938. (415) 488-4410.
- 28 HERBERT HOOVER MASTERS RELAYS. Van Parish, 148 Hedge Rd., Menlo Park 94625. (415) 325-7275.
- 29 BENEFIT RUN. 3 mile & 10 kilo. Glendale, 8 am. Bruce MacVicar, Glendale Guidance Clinic, 417 Arden Ave., Glendale 91203. (213) 846-4633.
- 29 SPA-AAU 50 KILO CHAMPIONSHIPS. Las Posas Hills, 6:30 am. Ventura County TC, 852 Sharon Dr., Camarillo 93010. (805) 482-5360.
- 29 SANTA ROSA VALLEY 16 MILE RUN. Same time, place and contact as 50 kilo above.
- 29 SPA WOMEN TRI/PENTATHLON CHAMPIONSHIPS. Pomona College, 9 am. Rich Ede, 1424 Ly oak Dr., Claremont 91711. (714) 624-1484.

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- 29 MT. DIABLO DISTURBANCE HANDICAP. 6.6 miles, Walnut Creek, 9 am. Jack G. Kirk, Star Route, Mariposa 95338.
- 29 SANTA CLARA VALLEY SPRING RUN. 6.1 & 10.8 miles. San Jose 10 am. Ronald Landrum, 1201 Huntingdon Dr., San Jose 95129. (408) 252-0100.
- 29 REEDLEY 10 MILE RUN. Dave Bronzan, 1173 W. Eymann, Reedley 93654. (209) 638-4664.

- 29 LONG BEACH INVITATIONAL. Clif Abel, Track Coach, Cal State University, 1250 Bellflower, Long Beach 90840. (213) 498-4656.
- 30 MT. SAC DECATHLON. Don Ruh, Track Coach, Mt. San Antonio College, 1100 N. Grand, Walnut 91789. (714) 598-2811.

PROFILE ON:

Kim Schnurpfeil

by KEITH CONNING

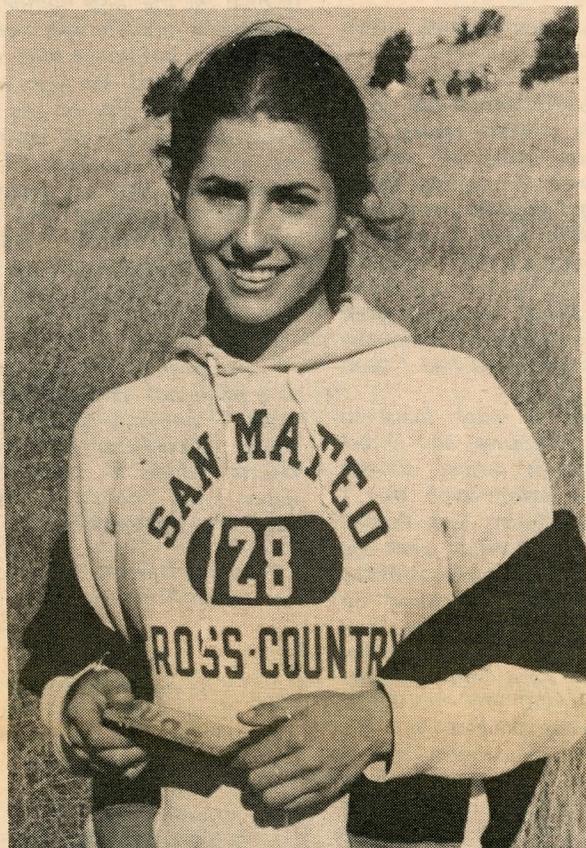


photo by Keith Conning

KIM SCHNURPFEL: San Mateo High School senior. Kim was born in Burlingame on September 23, 1961. She is 5 feet 5¾ inches tall and weighs 116 pounds.

Best Marks: 880- 2:21.8, Mile- 5:03.3, 2 Mile- 10:50.2. Coached by Don Dooley.

Kim runs once a day, every day of the week covering about 45-60 miles per week. A typical week's training goes something like this: MONDAY race day (2-3 miles), weight training. TUESDAY- 10-12 miles in the hills, 12-15 minute fartlek on the grass. WEDNESDAY- 1½ mile warm-up, 5-minute sessions on the track at 80 second pace, four 1320 repeats at about 4:12 on the grass, 5 mile warm-down, weight training. THURSDAY- 10-12 miles in the hills, 12-15 minutes of fartlek on the grass. FRIDAY- take an easy 3 mile run if a race on Saturday, otherwise a flat 8-10 miles, weight training. SATURDAY- race or long easy run. SUNDAY- 2-4 miles easy on the grass.

Kim has been running less than three years and has not only won the Northern California Cross Country Championship and been selected Northern California Cross Country Runner of the Year, but she has a string of quite good track times. Which is her favorite event? "I like the mile and two mile the best," she tells us. "These I believe, are my best distances. But I did have a good cross country season and I really love the 2.9 mile Hallmark Course. I like the mile relay for fun."

Kim is a very competitive runner and takes her competitions most seriously: "I take a great deal of time before each race warming up, going over the race, thinking about how I would like to run it and just psyching up. I prefer not to talk to anyone. I sort of draw into myself.

"I think I've learned through competing that it is smarter not to go out too fast, but also not let too much of a gap build-up between the leaders. During the beginning, I like to tray and stay in the

back of the pack, drawing off the leaders pace until I feel strong enough to pass.

What about college? She graduates in June, 1979 and plans to attend either Stanford or the University of California



photo by Keith Conning

at Berkeley. "It will be a hard decision," she admits. "Cal has a great team and a lot to offer me. But Stanford is building and has a lot to offer, too. Besides running, I play the cello, take an active interest in government and would like to enter the health field, possibly in physical therapy."



photo by Keith Conning

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RENEW EARLY

TUTTLE'S TRACK TOPICS

HAWAII!

by GARY TUTTLE

Only five hours jet ride off the coast of California are located the beautiful islands of Hawaii. Every visitor to the islands comes hoping each morning will find clear skies and warm, humid, sun-bathing weather. On one day every December, however, thousands of people wake up and check the heavens, hoping to see cloud covered, sun-shielding skies, with a light cooling wind.

These cloud worshippers are the thousands who converge annually to take part in the islands fastest growing tribal rite - the act of marathoning.

On December 10th, I, too rose early (4:00 am), and checked the cloudy skies over the beautiful green ridges of Hawaii Kai, because I along with 7,202 others, was running the Sixth Annual Honolulu Marathon at 6:00 am that morning.

Honolulu's start has been moved back to 6:00 am from its previous 6:30 start to avoid the day's heat. With a 6:00 am start, everyone was expected to register by 5:00 am. When I arrived at 5:15, nearly 5,000 runners were already standing in the large garage staging area. At 5:45 the "staging marshalls" began to take the runners to the starting line. The runners were calmly guided

along the 300 yards from the garage to the start in the order of predicted times. The 5 hours and over runners were leading the way, and began to slowly fill up the back of the starting line.

Many races in the last couple of years have become overwhelmed, the masses creating chaos for the out-manned officials. As I watched the procession march by for a solid 10 minutes, I began to realize exactly what it takes to be a race coordinator of a major marathon.

First of all, you must have a couple of major sponsors, like Coca Cola, who are willing to help with you \$100,000 operating budget. Of this \$100,000, you will spend it like this: 4.7% race awards, 2.7% expenses for invited runners, 7.4% equipment, 6.7% education and research, 14.1% T-shirts, 13% administrative expenses, 2.9% advertising, 8.1% newsletter, and 40.4% general expenditures (everything from 30,000 safety pins to 8 tons of ice to \$2,000 worth of sponges).

The race entry fee is \$8.00, and the per runner cost of the race is over \$9.00. Therefore, money must be brought in from the outside. The receipts are: race entry fees 37.7%, T-shirt sales 22.2%, Newsletter subscription 6.7%, sponsorship 17.2%, and others 16.2%.

Now that the money is no problem, you will need some help. This year's Honolulu Marathon had nearly 1,500 red-shirted volunteers. The volunteers fall into two groups. The first represents companies or organizations interested in being identified with supporting the marathon. The second group are those who come forward on their own. Most of the volunteers man the aid stations which are approximately every 2½ miles. Every aid station has a doctor and a nurse, and a staff of 75 helpers. These helpers pass out over 8 tons of ice, and over 6,000 sponges.

Now that you have money and volunteers, you need police to patrol the course. Honolulu hand on the course, four squads of two-wheel vehicles (8 bikes per squad), 14 officers in blue and white cars, and 4 three wheeled motorcycle officers.

Now all you need are runners to attend. Honolulu had over 7,000 of these and the last of them was slowly and orderly filling up the 400 yards deep starting line in front of me. Of these 7,000 entrants, over 80% were men, and 20% were women. (This 20% means over 1,500 women, which makes it the largest field of women ever in a marathon.) Runners came from all over the world to run Honolulu. There were 64% from the islands, 28% from the mainland, and 8% foreigners (over 300 from Japan and 200 from Germany). Not all of the runners were experienced racers, as 59% were running their first marathon ever.



Now that you have runner, money, volunteers and police, all you need is time off from your job. Not much time, maybe only 5 months, maybe a full year.

Any volunteers?

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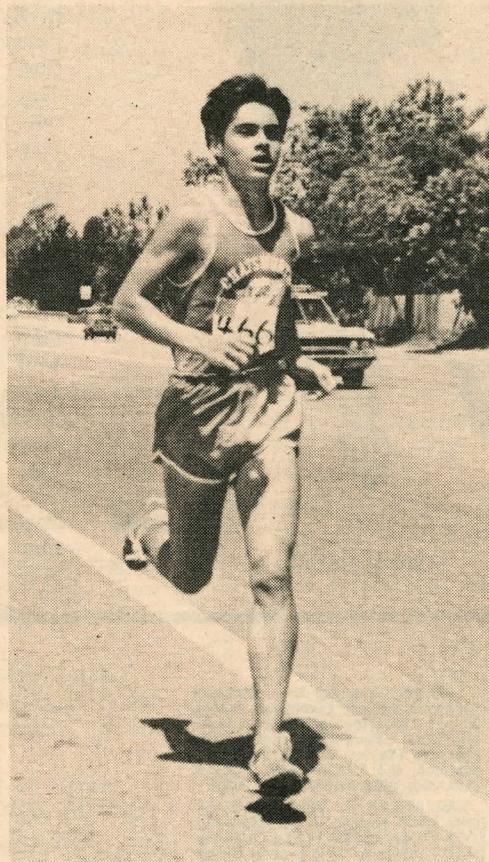
Any volunteers?

Dan Caprioglio

PROFILE

by BILL MINARIK

photo by John M. Post



DAN CAPRIOGLIO: Chatsworth High School senior. Age 17. Height 5-7, 125 pounds. Born February 24, 1961 in Los Angeles, California.

Best Marks: Mile- 4:28; 2 Mile- 9:17; steeplechase- 9:49. All marks 1978. Coached by Steve Berk.

There are few runners in Southern California who would fit the description, "Man-For-All-Seasons," any better than Chatsworth High distance star, Dan Caprioglio. After helping his team to the Los Angeles City Section, C.I.F. Cross Country Championships, Dan immediately started running in local "all comers" track meets which carried him to the end of the year.

Beginning in January, Dan was off and running on the indoor circuit along with the other top runners in Southern California. Indoors wraps up in February, just in time for outdoor track which will carry him through June, when the road racing season gets going full speed for him. "I feel that anyone who wants to become successful in distance running must train 12 months a year," stated Dan. "I also feel that competing every week makes your training that much more meaningful. In addition, the competition acts as a training workout in itself."

It's not uncommon these days to see a father who is a former track star, encourage his son to follow in his footsteps. However, in Dan's case, it was his

mother, a former world class hurdler from Argentina, who gave him his start in track. Mom started him hurdling while he was in junior high school, but after accumulating numerous bumps and bruises on his knees and shins, Dan concluded hurdles were not his event. As Dan then put it, "The only events left for a guy my size were in distance running."

It didn't take Dan long to get into the groove, as he advanced to first man on his varsity cross-country team by the end of his sophomore season. However his biggest impact on the local track scene was at the beginning of his junior season when he ran a 9:17 two mile indoors at the Sunkist Meet. His outdoor season, however, was ended prematurely by a torn calf muscle.

It was his road racing accomplishments last summer which brought Dan into the forefront of prep distance running circles. Running at distances from 10,000 meters on up, he set age group records in every race he was in, which is why he is referred to by his peers as "The King of the Road."

With his final high school track season at hand, Dan has set his goal as a sub 9 minute 2-mile and a high finish in the State Championships. He then plans to attend a college with a strong distance program where he will begin pre-med studies.

INDOOR Action

ALI

by ELISE HART

January 6

As a newcomer to the world of California track, I have been overwhelmed by the myriad of the running phenomenon in this state. I had idolized the California runner from afar, having been brainwashed to believe that the sport had its beginnings on Golden State soil. But alas, I have not been disappointed and consider it one of life's greater blessings to have witnessed first hand the performance of certain California track stars.

Upon arrival at the Long Beach Arena, a casual observer may have presumed that I was to be a contestant as I "ran" about overcome with anticipation.

The assemblage of excited fans created an atmosphere conducive to top performances by the athletes. Though the crowd may have felt letdown that certain expected Kenyan runners did not show, they would eventually depart with fulfilled spirits.

Micki Gorman, once again, displayed a seemingly effortless stride to break her own U.S. record with a 4:49.5 time in the women's Masters 1500 Meter Run.

I would challenge all of you winter shut-ins, road runners and track fans to attend an indoor meet this season. You will be guaranteed an exciting evening and it will no doubt put zest into your own ground-grabbing efforts.

Note: An excellent informational article to read on indoor track is, "A Night at the Races," Malcolm Robinson. RUNNER'S WORLD, January 1979.

MEN

60—1. Glance (Auburn), 6.62; 2. Riddick (Phila. Pioneers), 6.63; 3. S. Williams (Athletic Attic), 6.64; 4. Merrick (Florida YMCA), 6.68; 5. McTear (Muhammad Ali C), 6.74 (6.67 in heat)

60-METER HURDLES—1. Nehemiah (Maryland), 7.5; 2. Cooper (San Jose St.), 7.5; 3. G. Foster (MATC), 7.6; 4. C. Foster (Phila. Pioneers), 7.6; 5. Bethel (Phila. Pioneers), 7.7.

400—1. Smith (Athletic Attic), 47.2; 2. Sanford (USC), 47.8; 3. Dale (Villanova), 49.0; Hassan (Oregon St./Sudan) finished first but disqualified

500 (Race One)—1. Frazier (Phila. Pioneers), 1:01.2 (world record, old mark, 1:01.3, Frazier, 1978); 2. Tufarillo (Villanova), 1:01.8; 3. Walker (Auburn), 1:01.8; 4. B. Brown (unat), 1:02.0.

(Race Two)—1. Beasley (Athletes in Action), 1:02.9; 2. Bethany (USC), 1:04.1; 3. Harris (Muhammad Ali TC), 1:04.3.

800—1. Belger (Athletic Attic), 1:48.1 (meet record, old mark, 1:48.7, Villanova, 1978); 2. Enyeart (Pacific Coast Club), 1:48.6; 3. Masterson (Muhammad Ali TC), 1:48.4; 4. McLean (Phila. Pioneers), 1:48.9; 5. Schappert (Athletic Attic), 1:52.0.

1,500—1. Walker (New Zealand), 3:37.4 (world record, old mark, 3:37.8, Norpoth, West Germany, 1971); 2. Cummings (PCC), 3:37.6 (American record, old mark, 3:39.8, Tony Waldrop, North Carolina, 1974); 3. Maree (Villanova), 3:38.2; 4. Flynn (Mason-Dixon TCC/Ireland), 3:39.4; 5. Liquori (Athletic Attic), 3:41.5; 6. Buerkle (unat), 5:32. Note: Records may be unacceptable due to absence of a curb

3,000—1. Rose (Mason Dixon TC), 7:58.8; 2. Buerkle (unat), 8:04.8; 3. E. Leedy (Ireland), 8:07.6; 4. Burns (Athletic Attic), 8:24.5; 5. Malley (unat), 8:36.2.

SHOTPUT—1. Laut (UCLA), 64-4¾

SUNKIST

January 20

The mile was billed as a "biggie" and that it was. Ireland's Eamonn Coghlan raced to a meet record 3:56.1 victory before 11,000 cheering fans at the Los Angeles Sports Arena. Five men broke four minutes in the hot race, in which former UC Irvine star Steve Scott provided the biggest challenge and held on to second place with a 3:56.7. Scott's former UC Irvine teammate Larry Greer, provided the rabbit pace pulling the pack through 58.7 and 1:58.6.

Eddie Hart showed he is still serious about his comeback by convincingly winning the 60 yard dash in 6.22 over

photo by Bill Leung, Jr.



the likes of NCAA and AAU outdoor champion Clancy Edwards. A big surprise in the sprint this season is Steve Brodie of Cal State Northridge who placed third behind USC's Kevin Williams.

Debbie Heald of the Golden Bear Track Club won the women's mile from West Germany's Ellen Wessinghage in a meet record 4:34.3, breaking the mark of 4:37.2 set by Francie Larrieu in 1976.

Arto Bryggare, a 20-year old Finn who will enroll at USC this month, stunned two-time Sunkist 60-yard hurdle champion Dedy Cooper by winning the high barriers in 7.24.

Another surprise came in the triple jump where UC Berkeley's Mike Marlow won with a meet record equalling 54-6¼ over Ron Livers, Rayfield Dupree and James Butts.

In the junior college ranks the mile relay was a real burner with three teams under the meet record of 3:23.4 set by San Diego Mesa in 1974. Long Beach won in 3:20.7 with Mt. SAC right behind in 3:21.5. Mt. SAC was without the services of Larry Goldston who ran in the open 500 meter with a 58.7. Goldston is a transfer to Mt. SAC from UCLA.

A big surprise also came in the high school boys 1000 where the seeded race was supposed to be the big race of the evening, as the first 3 finishers from last year's State 880 were in the field. However as it turned out, it was Phil Shirey who was in the rated (below top notch) race who posted the fastest time of the meet.

Unfortunately, there was a sour note

Upon arrival at the Long Beach Arena, a casual observer may have presumed that I was to be a contestant as I "ran" about overcome with anticipation.

The assemblage of excited fans created an atmosphere conducive to top performances by the athletes. Though the crowd may have felt letdown that certain expected Kenyan runners did not show, they would eventually depart with fulfilled spirits.

Micki Gorman, once again, displayed a seemingly effortless stride to break her own U.S. record with a 4:49.5 time in the women's Masters 1500 Meter Run.

Harvey Glance of Auburn powered a 6.62 time for 60 meters, having been declared the winner by way of a photo timer nudging past Steve Riddick. And where was Houston McTear, considered to be the world's fastest human? Much to the chagrin of the crowd and the man himself, he got caught in the block as a result of a probable held starter.

The Ali Meet welcomed back in action Francie Larrieu to a justified position following a battle over her amateur status. Francie, serious and somewhat nervous, ran a smart 800 meter race energizing off the turns with long strides overcoming Wendy Knudsen at the halfway mark with a triumphant time of 2:05.4.

As an associate member of the "Debbie Heald Fan Club," the highlight of this reporters evening was meeting and talking with Debbie. After numerous injuries Debbie is on the rebound and in top condition as exemplified by her victorious 1500 meter time of 4:17.2, a big ten seconds ahead of second placer, Michelle Bush.

Pandemonium paramounted for the world record runs of New Zealander John Walker (1500 meter 3:37.4) and the Philadelphia Pioneers' Herman Frazier (500 meter 1:01.2). Unfortunately, neither records are likely to be accepted because the unique Ron Davis 200 meter track has no curb.

Walker professed, "Pride and satisfaction" in capturing another record but stated that, "I run for a purpose, not world records." It was Walker's first time indoors in two years, working to gain confidence following arterial problems in his left foot. Walker has a long term goal of competing in the 5000 in Moscow in 1980.

1:01.8; 4. B. Brown (unat), 1:02.0 (Race Two)—1. Beasley (Athletes in Action), 1:02.9; 2. Bethany (USC), 1:04.1; 3. Harris (Muhammad Ali TC), 1:04.3.

800—1. Belger (Athletic Affic), 1:48.1 (meet record, old mark, 1:48.7, Villanova, 1978); 2. Enyeart (Pacific Coast Club), 1:48.6; 3. Masterson (Muhammad Ali TC), 1:48.4; 4. McLean (Phila. Pioneers), 1:48.9; 5. Schappert (Athletic Affic), 1:52.0.

1500—1. Walker (New Zealand), 3:37.4 (world record, old mark, 3:37.8, Norpoth, West Germany, 1971); 2. Cummings (PCC), 3:37.6 (American record, old mark, 3:39.2, Tony Waldron North Carolina, 1974); 3. Marae (Villanova), 3:38.2; 4. Flynn (Mason-Dixon TCC/Ireland), 3:39.4; 5. Liquori (Athletic Affic), 3:41.5; 6. Buerkle (unat), 53.2. Note: Records may be unacceptable due to absence of a curb

3000—1. Rose (Mason Dixon TC), 7:58.8; 2. Buerkle (unat), 8:04.8; 3. E. Leedy (Ireland), 8:07.6; 4. Burns (Athletic Affic), 8:24.5; 5. Malley (unat), 8:36.2.

SHOTPUT—1. Laut (UCLA), 64-43/4; 2. Gordien (unat), 62-11/2; 3. Almstrom (Texas El Paso), 61-33/4; 5. D. Fuller (Long Beach St.), 54-81/4.

LONG JUMP—1. Haynes (U.S. Army), 25-73/4; 2. R. Williams (Tobias Striders), 25-7; 3. King (UC Irvine), 24-53/4; 4. A. Robinson (SD Southeast Ghetto Striders), 24-21/4; 5. Calhoun (Maryland), 22-01/2.

POLE VAULT—1. Ripley (PCC), 17-0; 2. Tully (PCC/UCLA), 17-6; 3. Jesse (Phila. Pioneers), 17-6; 4. Brown (UCLA), 16-6; Mulligan (USC) and Bell (PCC), no height.

TRIPLE JUMP—1. Haynes (U.S. Army), 54-1 (meet record, old mark, 53-11, Banks, UCLA, 1978); 2. Butts (Muhammad Ali TC), 54-0; 3. Livers (Phila. Pioneers), 52-21/2; 4. Ivory (Maryland), 52-11/4.

JUNIOR COLLEGE: 60 (Race One)—Torrance (LBCC), 6.88; 2. W. Jackson (San Jose), 6.93; 3. Trapps (Alameda), 6.99. (Race Two)—1. Foster (San Jose), 6.96; 2. Robinson (unat), 6.99; 3. Johnson (Triton College), 7.08.

WOMEN

60 (Race 1)—1. Carney (LA Mercurettes), 7.32 (equals meet record, Morehead, Tennessee St., 1978); 2. Morehead (Tenn. St.), 7.32; 3. Hoglund (Sweden), 7.51; 4. Brady (Arizona St.), 7.53. (Race 2)—1. Brown (LATC), 7.52; 2. Fleetwood (Mt. San Antonio), 7.57.

400—1. Jiles (New Orleans Superdames), 54.2; 2. Clagon (Morgan St.), 54.7; 3. Briscoe (Los Angeles TC), 55.2; 4. Gardner (LA Mercurettes), 55.4; 5. Jackson (Prairie View A&M), 55.6.

800—1. Larrieu (PCC), 2:05.4 (meet record, old mark, 2:06.1, Knudsen, Colorado Int., 1978); 2. Knudsen Athletes International), 2:07.8; 3. Weston (Oregon St.), 2:09.7; 4. Ballenger (Colorado), 2:10.1.

1500—1. Heald (unat), 4:17.2; 2. Clark (Columbia HS, Maplewood, N.J.), 4:27.2; 3. Bush (Rolling-Hills HS), 4:30.4; 4. Vigil (New Mexico), 4:32.6; 5. Graham (West Valley TC), 4:32.8.

1,600 RELAY—1. Prairie View (Melrose), 56.3; Kelley, 53.5; Dudley, 55.7; Jackson, 53.8), 3:39.3; 2. Morgan St., 3:40.9; 3. LA Mercurettes, 3:43.6; 4. Atoms TC, 3:43.4.

LONG JUMP—1. McMillen (Tennessee St.), 20-8; 2. Griffith (Adelphi/Guyana), 20-61/4; 3. Loud (LA Mercurettes), 19-31/4; 4. Keating (unat), 18-93/4.

HIGH SCHOOL

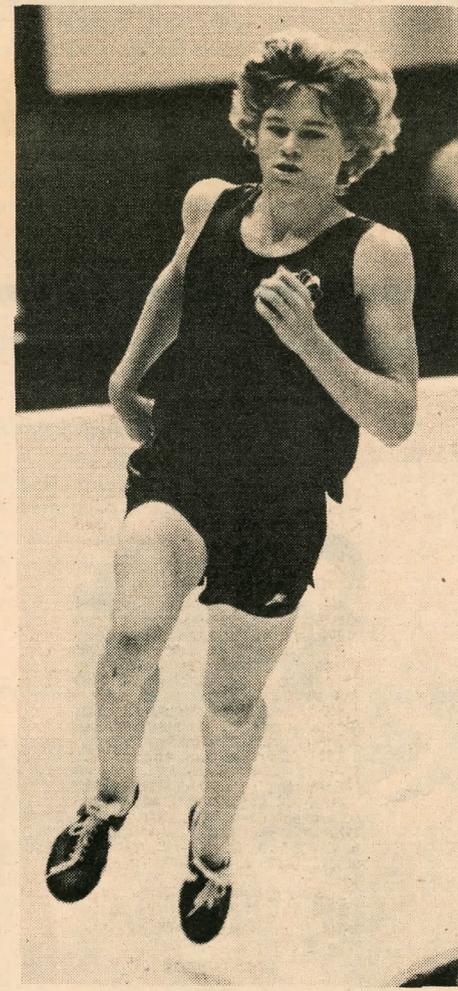
60—1. M. Sanford (Pasadena), 6.74; 2. Person (LB Poly), 6.81; 3. Cole (Gary), 6.85; 4. Hawkins (Warren), 6.85.

1500—1. Mack (Locke), 3:50.8; 2. West (Crenshaw), 3:50.9; 3. Nelson (Burbank), 3:52.3; 4. Medvin (LA University), 3:53.3; 5. C. Assumma (Eisenhower), 3:54.4.

1,600 RELAY—1. LB Poly, 3:23.0; 2. Pasadena, 3:24.6; 3. Fontana, 3:28.0; 4. Fremont, 3:30.3.

winning the 60 yard dash in 6.22 over

photo by Bill Leung, Jr.



JEFF NELSON

under the meet record of 3:23.4 set by San Diego Mesa in 1974. Long Beach won in 3:20.7 with Mt. SAC right behind in 3:21.5. Mt. SAC was without the services of Larry Goldston who ran in the open 500 meter with a 58.7. Goldston is a transfer to Mt. SAC from UCLA.

A big surprise also came in the high school boys 1000 where the seeded race was supposed to be the big race of the evening, as the first 3 finishers from last year's State 880 were in the field. However as it turned out, it was Phil Shirey who was in the rated (below top notch) race who posted the fastest time of the meet.

Unfortunately, there was a sour note to the seeded boys 2 mile race. The person counting laps fell asleep and lost count right at the close of the race. Jeff Nelson was then told at the gun lap he had 2 laps to go. Jeff then put on a tremendous kick for the last lap only to find out it had been run for naught. The officials then had to call people out of the stands who had watches on the race to help determine the correct times.

Nelson was impressive, however. His 8:55.1 won by 35 yards over Chuck Assumma of Eisenhower, the State two-mile champion two years ago as a sophomore.

State 100 and 200 champion Michael Sanford of Pasadena did not fare so well in the 60. He finished fourth as Leon Reed of Banning won in 6.39. Sanford earlier anchored a winning Pasadena 640-yard relay team and a mile relay team that placed second.

Four high school girls from Long Beach Poly set a meet and national prep record of 1:14.1 in the 640-yard relay in a race so close that second

MASTERS

1,400 RELAY (Race 1)—1. Southern (Johnson, August, Cummings, Isaac), 3:11.4; 2. Texas Southern, 3:13.1; 3. Howard, 3:16.7. (Race 2)—1. Philadelphia Pioneers (Taylor, 47.4; McClain, 46.7; Solomon, 46.6; Darden, 47.0), 3:08.6; 2. Villanova, 3:08.8; 3. Arizona St., 3:09.2.

3,200 RELAY—1. Villanova (England, 1:52.8; Hunter, 1:51.2; Kipkorir, 1:51.2; Paige, 1:50.8), 7:25.2; 2. Auburn, 7:29.1; 3. Adelphi, 7:30.8; 4. Long Beach St., 7:34.4.

HIGH JUMP—1. Joy (Canada), 7-5; 2. Gibbs (San Jose St.), 7-6; 3. Arney (unat), 7-6; 4. Fields (Phila. Pioneers), 6-10.

MEN: 60 (40-50)—Dennis (Corona del Mar TC), 7.18 (55 and over)—Jordan (CdMTC), 7.75. 60M—Henry (CdMTC), 8.5. 1,500—Brennard (Santa Barbara TC), 4:13.8. WOMEN: 1,500—Gorman (unat), 4:49.5.

Elise Hart is a junior physical education major at Fresno Pacific College; and is a member of the women's cross country team. Her current training is pointing toward the marathon.



photo by Bill Leung, Jr.

EAMONN COGHLAN pulls away from STEVE SCOTT

MILE (Rated) (Race 1)—1. Vanderbooms (Mission Viejo), 4:18.8; 2. Fields (Granada Hills), 4:18.8; 3. Leibovitch (Chatsworth), 4:21.9. (Race 2)—1. Cathey (Saugus), 4:21.4; 2. Sappenfield (Santa Barbara), 4:22.4; 3. Harris (Eisenhower), 4:22.8.

MILE—1. Hess (South Eugene), 4:11.8; 2. Medvin (University, LA), 4:12.0; 3. Clarke (Australia), 4:12.2; 4. Roberts (SD Morse), 4:15.4; 5. B. Shirley (Notre Dame, SO), 4:21.6.

TWO MILE (Rated) (Race 1)—1. Lubsen (Millikan), 9:20.6; 2. Jones (Chatsworth), 9:22.9. (Race 2)—Biaty (Marina), 9:11.0 (rated meet record, old mark, 9:12.6; Tillman, Valencia, 1974); 2. Whatcott (Burbank), 9:14.0; 3. Gonzales (St. John Bosco), 9:16.7; 4. Brennard (San Marcos, SB), 9:22.0.

TWO MILE (Seeded)—1. Nelson (Burbank), 8:55.1 (seeded meet record, old mark, 8:54.4; Hunt, Patrick Henry, SD, 1976); 2. Assumma (Eisenhower), no time; 3. Downs (Skyline, Oakland), 9:09.5; 4. Ernst (El Dorado), 9:09.6; 5. M. Ebner (Bishop Amat), 9:18.5.

640 RELAY (Race 1)—1. Pasadena, 1:06.5; 2. Jefferson, 1:07.9; 3. Bakersfield, 1:08.4. (Race 2)—1. Chatsworth, 1:07.7; 2. LB Poly, 1:08.0; 3. Marshall, Pasadena, 1:09.4. (Race 3)—1. Compton, 1:06.7; 2. Crenshaw, 1:07.2; 3. Monroe, 1:07.0. (Race 4)—1. Gardena, 1:07.0; 2. Garey, 1:07.4; 3. Fremont, LA, 1:08.4.

MILE RELAY (Race 1)—1. Fontana, 3:33.1; 2. Crenshaw, 3:33.3; 3. Bakersfield, 3:36.1. (Race 2)—1. Locke, 3:29.7; 2. Pasadena, 3:33.1; 3. Garey, 3:34.4. (Race 3)—1. Fremont, LA, 3:31.1; 2. Muir, 3:32.9; 3. Cabrillo, 3:35.7. (Race 4)—1. LB Poly, 3:28.8; 2. Newport Harbor, 3:28.9; 3. Beverly Hills, 3:36.1.

TWO MILE RELAY—1. Foothill, Santa Ana, 8:14.5; 2. Burbank, 8:20.0; 3. Upland, 8:23.7; 4. Loara, 8:27.1.

POLE VAULT—1. McIntyre (Los Alamitos), 15-0; 2. Elliot (Bellflower), 14-6; 3. Wilson (Indie), 14-6; 4. McTee (Arcadia), 14-6.

HIGH JUMP—1. Steelman (Yucaipa), 6-10 (equals meet record, Stones, Glendale, 1972, and Olson, El Camino Real, 1977); 2. Balkin (Glendale), 6-10; 3. Fairman (San Pedro), 6-8; 4. Schiefer (Madison, SD), 6-8.

TRIPLE JUMP—1. Eillard (Hoover, Fresno), 49-0; 2. Portie (Clovis), 47-5; 3. Falson (Benning, LA), 46-3 1/2; 4. Cowan (Fountain Valley), 44-3 1/2.

LONG JUMP—1. K. Fowler (Fontana), 25-0 1/2; 2. Evans (South Gate), 22-5 1/2; 3. Bennett (Chaffey), 22-1 1/2; 4. Lee (LB Poly), 21-10.

Girls

500 (Race 1)—1. White (Berkeley), 1:08.2; 2. Smith (LB Poly), 1:09.4; 3. Burkhart (Estancia), 1:11.1. (Race 2)—1. Belk (Morgan Hill, Live Oak), 1:08.0; 2. L. White (Manual Arts), 1:09.9; 3. Harper (Fremont, LA), 1:10.0.

880 (Rated)—1. Patcha (Valencia), 2:20.4; 2. Ringer (Edison), 2:22.2; 3. Lee (Castro Valley), 2:22.6.

880 (Seeded)—1. Goen (North, Bakersfield), 2:20.4; 2. Kneeshaw (Foothill, Santa Ana), 2:22.2; 3. Demmelmeier (Lynbrook, San Jose), 2:22.6; 4. Kenny (Novato), 2:23.0.

MILE (Rated) (Race 1)—1. Deegan (Alemany), 5:05.4 (rated meet record, old mark, 5:08.5; Cheri Williams, Livermore, 1978); 2. Ortiz (Western, Tulare), 5:08.0; 3. Torrans (El Camino Real), 5:08.9. (Race 2)—1. Spotts (Redondo), 5:15.8; 2. Karamatsos (Right-1), 5:15.9; 3. Bray (Los Altos, Central Coast Section), 5:19.1.

MILE (Seeded)—1. Goen (North, Bakersfield), 4:56.9 (meet record, old mark, 4:59.7; Denz, Blair, 1978); 2. Cook (Chaminade), 4:59.6; 3. Bush (Rolling Hills), 4:59.8; 4. Flowers (Valhalla), 5:01.5.

MEN

COMMUNITY COLLEGE MILE RELAY—1. Long Beach, 3:20.7 (meet record, old mark, 3:23.4; SD Mesa, 1974); 2. Mt. San Antonio, 3:21.5; 3. LACC, 3:22.5; 4. Bakersfield, 3:24.5; 5. Compton, 3:25.4.

At Long Beach St.

35-POUND WEIGHT THROW—1. Frenn (Maccabi TC), 67-5; 2. Galle (Maccabi TC), 66-1; 3. Berry (Maccabi), 65-8; 4. Meyer (Chicago TC), 63-0; 5. Arcaro (Maccabi TC), 55-7.

WOMEN

640 RELAY—1. LB Comets, 1:15.7; 2. Southern Cal Cheetahs, 1:15.7; 3. Los Angeles TC, 1:15.8.

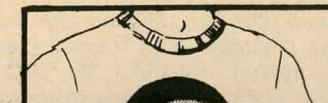
880—1. Knudson (Athletes Int.), 2:11.5; 2. Vigil (New Mexico), 2:12.2; 3. Rösser (Fresno Pacific TC), 2:12.3.

HIGH SCHOOL

Girls

640 RELAY (Race 1)—1. Crenshaw, 1:15.8; 2. Westchester, 1:17.1; 3. Jordan, LA, 1:19.5. (Race 2)—1. LB Poly (Miles, Rambo, Paige, Randolph), 1:14.1 (national and meet record, old mark, 1:16.1; Crawford, SD, 1978); 2. Berkeley, 1:14.1; 3. Fremont, LA, 1:15.6. (Race 3)—Compton, 1:06.7; 2. Crenshaw, 1:07.2; 3. Monroe, 1:07.0. (Race 4)—1. Gardena, 1:07.0; 2. Garey, 1:07.6; 3. Fremont, LA, 1:08.4.

t-shirts for runners



place Berkeley High was given the same

HIGH JUMP—1. Frazier (Arizona).



EAMONN COGHLAN pulls away from STEVE SCOTT

place Berkeley High was given the same time. Some observers felt Berkeley was the winner but a late rush by Poly's Jackie Randolph caught the judge's eye.

A further sour note occurred when seven Japanese entrants, here to compete in the Sunkist meet, were banned from the meet late that evening when the International Amateur Athletic Federation suspended Japan from international competition for appearing in the Asian Games. The Japanese athletes were dressed and ready to compete when the IAAF ruling was received.

MEN

60—1. Hart (Bay Area Striders), 6:22; 2. K. Williams (USC), 6:27; 3. Brodi (CS Northridge), 6:37; 4. Marshall (Mesa, Ariz. CC), 6:37; 5. Gilkes (Tobias Striders), 6:38; 6. Edwards (Tobias Striders), 6:40.
60 HH—1. Bryggare (Finland), 7:24; 2. Johnson (USC), 7:46; 3. Gregory (UC Irvine), 7:46; 4. Sial Sial (Cal Poly SLO), 7:61; 5. Cooper (San Jose St.), 7:65.

500 (Race 1)—1. Rodgers (Mission Viejo), 57.1; 2. R. Williams (LBCC), 58.0; 3. King (UC Irvine), 58.0. (Race 2)—1. Frazier (Phila. Pioneers), 56.7; 2. Brown (Athletes in Action), 56.8; 3. Erickson (unat), 57.1.

600—1. Hassan (Oregon St.), 1:10.1; 2. King (unat), 1:10.5; 3. Ongwa (New Mexico), 1:11.3; no fourth.

800—1. Robinson (Inner City AC), 1:52.2; 2. West (Inner City AC), 1:52.8; 3. Clary (Santa Monica TC), 1:53.9; 4. Omwansa (USC), 1:53.9; 5. M. White (California), 1:54.9.

MILE—1. Coghlan (Ireland), 3:56.1 (meet record, old mark, 3:59.2, Cummings, Tobias Striders, 1977); 2. Scott (UC Irvine TC), 3:56.7; 3. Wessinghage (West Germany), 3:57.9; 4. Loikkanen (Finland); 5. Lacy (Wisconsin), 3:58.6; 6. Sorenson (Finland), 4:02.4; 7. Jones (Santa Monica TC), 4:03.5.

TWO MILE—1. Rose (Britain), 8:27.3; 2. Sajazar (Oregon), 8:35.9; 3. Jirale (Santa Monica TC), 8:40.4; 4. Schankle (Cal Poly SLO), 8:42.0; 5. Clary (Oregon), 8:42.0.

TRIPLE JUMP—1. Marlow (California), 54-6/4 (equals meet record, Butts, Tobias Striders, 1977); 2. Livers (Phila. Pioneers), 54-2/4; 4. Dupree (Maccabi TC), 52-3/4; 4. Butts (unat), 51-1; 5. Tyler (Biola), 50-10/4.

HIGH JUMP—1. Frazier (Arizona), 7-4; 2. Arney (Arizona St.), 7-2; 3. Heber (Maccabi TC), 7-2; 4. Olson (Illinois), 6-10; 5. Owens (Arizona St.), 6-10.

POLE VAULT—1. Hintnaus (Oregon), 17-8; 2. Haynie (Tobias Striders), 17-4/4; 3. Taylor (Maccabi TC), 17-0; 4. Porter (Houston Hurricanes), 17-0; 5. Roberts (Athletic Affic), 16-6.

LONG JUMP—1. Robinson (SD Southwest Ghetto Striders), 25-3; 2. R. Williams (Tobias Striders), 25-1/4; 3. King (UC Irvine), 24-10; 4. Jackson (Arizona St.), 24-7/4; 5. Whitley (Maccabi TC), 24-4/4.

WOMEN

60—1. Ashford (Maccabi TC), 6:84; 2. Dawkins (LB Comets), 6:99; 3. Fleetwood (Southern Cal Cheetahs), 7:00.

60 HURDLES—1. LaPlante (San Diego St.), 7:01; 2. McMillin (Club International), 8:07; 3. Gourdine (UCLA), 8:22.

440—1. Bryant (Muhammad Ali TC), 54.5; 2. Emerson (Patriots USA), 54.8; 3. Howard (LA Mercurettes), 57.2.

3,000—1. Brown (Los Angeles TC), 9:23.5; 2. Cooksey (unat), 9:33.1; 3. Heinmiller (Santa Monica TC), 9:41.2.

MILE—1. Heald (unat), 4:34.4 (meet record, old mark, 4:37.2, Larriue, PCC, 1976); 2. Wessinghage (West Germany), 4:35.8; 3. M. Keyes (Cal Poly SLO), 4:44.9; 4. Williams (Oregon), 4:46.7.

LONG JUMP—1. McMillin (Tennessee St.), 21-3; 2. Watson (Lake-wood Int.), 19-6/4; 3. Walker (Club Int.), 18-3/4.

HIGH SCHOOL**Boys**

60—1. Read (Banning, LA), 6:38; 2. Mosley (Norie Del Rio), 6:40; 3. Hawkins (Warren), 6:41; 4. M. Sanford (Pasadena), 6:44; 5. K. Fowler (Fontana), 6:48.

60 HH—1. Love (Bell), 7:77; 2. Gallimore (Blair), 8:35; no third; Andrade (Johnson, Sacramento), fell.

500 (Rated) (Race 1)—1. Townsend (LB Poly), 58.9; 2. Carter (Locke), 60.0; 3. Patterson (Berkeley), 60.5. (Race 2)—1. Adkins (Bonita Vista, Chula Vista), 60.2; 2. Delemar (Pasadena), 60.4; 3. Gilkes (El Camino Real), 61.1. (Race 3)—Turner (Centennial), 58.8; 2. Perry (Fremont, LA), 62.1; 3. Gerdine (No-gales), 62.2.

500 (Seeded)—1. Green (Cubberly, Palo Alto), 57.9; 2. Banks (Morse, SD), 58.5; no third.

1,600 (Rated)—1. P. Shirley (Nefre Dame, SO), 2:16.5; 2. Piapp (Kennedy, LP), 2:17.5; 3. Steak (Newport Harbor), 2:18.4; 4. Reader (Arcadia), 2:19.2.
1,600—1. West (Crenshaw), 2:16.7; 2. Mack (Locke), 2:16.7; 3. Quinoraz (Tulare), 2:18.8.

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ALL CALIFORNIA HIGH SCHOOL



by KEITH CONNING

Jeff Nelson (Burbank) was the top high school boy cross country runner in California this past season. Nelson was undefeated. His victories included the Mt. San Antonio Invitational, in which he defeated Paul Medvin (University, Los Angeles) by 26.2 seconds and Chuck Assumma (Eisenhower, Rialto) by 30.6 seconds. Nelson also beat Medvin at the Kenny Staub Invitational by 30 seconds. Medvin and Assumma won the remainder of their races.

Linda Goen (North, Bakersfield) was the top girl runner. Goen was also undefeated against high school competition. In addition to winning her section meet, she won the Arcadia and Righetti Invitationals against some of the best Southern Section athletes. Kim Schnurpfeil (San Mateo) defeated all the top Northern California girls from the six sections of Northern California in the first ever Northern California Championship meet. Freshman Vickie Cook (Chaminade, Canoga Park) was undefeated including major victories at Kenny Staub and Mt. SAC.

Mission San Jose (Fremont) was the top boys' team. Mission defeated all the California teams including Monte Vista (San Diego) at Mt. SAC, losing to only South Eugene (Oregon). Mission also won the Northern California Championship. Monte Vista defeated Palos Verdes, the Southern Section champion, twice at the Palos Verdes Invitational and at Mt. SAC.

The girls' team division was swept by the Southern Section 4A place winners -- Edison (Huntington Beach), Newbury Park, and Palos Verdes. Edison also defeated

NORTH COAST SECTION BOYS' TEAMS

10/28 15) Mt. Sac Sweep. 12:52
 11/02 1) Mission Valley 11:20
 11/04 1) 2-Mile Postal 11:15.6
 11/11 2) Southern Div. 11:41
 11/18 2) NCS 10:49
 11/25 4) Nor Cal 12:33.6

MISSION SAN JOSE (Fremont)

09/23 1) Alum Rock 44
 09/30 1) Ceres 41
 10/07 1) San Ramon L 36
 10/14 1) Antioch L 38
 10/21 1) Hayward L 56
 10/28 2) Mt. Sac Sweep. 125 (78:54)
 11/02 1) Mission Valley 17
 11/04 1) 2-Mile Postal 47:05
 11/11 1) Southern Area 21
 11/18 1) NCS 45
 11/25 1) Nor Cal 40

PLEASANT HILL

09/23 5) Block D 41:17
 09/30 1) OAL S 27
 10/07 3) San Ramon L 93
 10/14 1) Antioch S 48
 10/21 2) Hayward L 92
 11/03 1) Diablo Valley 50
 11/11 1) Central Area 72
 11/18 2) NCS 95
 11/25 11) Nor Cal 244

**DANA FLINT (Ukiah)

09/23 1) Block P 11:32
 10/07 3) San Ramon L 7:57
 10/13 1) North Bay 11:00
 11/11 1) Redwood Empire 11:53
 11/18 3) NCS 10:51
 11/25 18) Nor Cal 13:10.0

DIANE KENNY (Novato)

10/07 1) San Ramon L 7:43
 10/21 4) Hayward 11:53
 11/03 1) Marin County 12:01
 11/11 2) Redwood Empire 12:05
 11/18 4) NCS 10:54
 11/25 37) Nor Cal 13:35.1



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Mission San Jose (Fremont) was the top boys' team. Mission defeated all the California teams including Monte Vista (San Diego) at Mt. SAC, losing to only South Eugene (Oregon). Mission also won the Northern California Championship. Monte Vista defeated Palos Verdes, the Southern Section champion, twice at the Palos Verdes Invitational and at Mt. SAC.

The girls' team division was swept by the Southern Section 4A place winners -- Edison (Huntington Beach), Newbury Park, and Palos Verdes. Edison also defeated Newbury Park at Mt. SAC. Newbury Park also defeated Palos Verdes at the Royal Invitational. Edison beat Palos Verdes at the Mammoth Invitational.

Coach of the Year was Jack Marden of Mission San Jose (Fremont) whose teams won the boys' and girls' titles at the Northern California Championship. His teams also captured the North Coast Section titles for the second straight year.

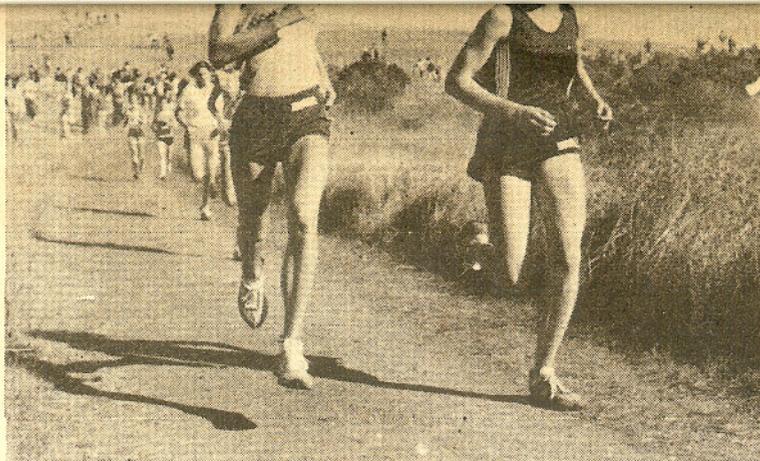


photo by Keith Conning

KATHY DOUDELA(left) and CINDY CLAIBORNE

BOYS

1. Jeff Nelson (Burbank)
2. Paul Medvin (University, L.A.)
3. Chuck Assumma (Eisenhower, Rialto)

GIRLS

1. Linda Goen (North, Bakersfield)
2. Kim Schnurpfeil (San Mateo)
3. ***Vickie Cook (Chaminade, Canoga Park)

BOYS' TEAMS

1. Mission San Jose (Fremont)
2. Monte Vista (San Diego)
3. Palos Verdes

GIRLS' TEAMS

1. Edison (Huntington Beach)
2. Newbury Park
3. Palos Verdes

NORTH COAST SECTION BOYS

STEVE STRANGIO (Mission San Jose)

- 09/23 1) Alum Rock 11:22.8
- 09/30 1) Ceres 14:48
- 10/07 1) San Ramon L 7:38
- 10/14 1) Antioch L 9:34
- 10/21 1) Hayward 14:56
- 10/28 8) Mt. Sac Sweep. 15:24.6
- 11/02 1) Mission Valley 14:16
- 11/04 1) 2-Mile Postal 9:04.8
- 11/11 1) Southern Div. 15:07
- 11/18 1) NCS 16:00.3
- 11/25 2) Nor Cal 14:57.5

JOHN MARDEN (Mission San Jose)

- 09/23 18) Alum Rock 12:23.8
- 09/30 8) Ceres 15:11
- 10/07 6) San Ramon L 8:00
- 10/14 5) Antioch L 9:52
- 10/21 5) Hayward L 15:20
- 10/28 12) Mt. Sac Sweep. 15:31.1

- 11/02 4) Mission Valley 14:52
- 11/04 6) 2-Mile Postal 9:21.2
- 11/11 2) Southern Div. 15:32
- 11/18 2) NCS 16:04
- 11/25 2) Nor Cal 15:04.7

ROB WENTWORTH (Livermore)

- 10/07 2) Artichoke 11:32
- 11/02 2) East Bay 14:19
- 11/11 1) Central Div. 14:16
- 11/18 3) NCS 16:05
- 11/25 26) Nor Cal 15:32.9

***RICH READ (Mission San Jose)**

- 09/23 7) Alum Rock 11:47.3
- 09/30 6) Ceres 15:09
- 10/07 7) San Ramon L 8:01
- 10/14 7) Antioch L 9:54
- 10/21 3) Hayward L 15:11
- 10/28 9) Mt. Sac Sweep. 15:27.0
- 11/02 2) Mission Valley 14:28
- 11/04 10) 2-Mile Postal 9:23.8
- 11/11 3) Southern Div. 15:33
- 11/18 4) NCS 16:08
- 11/25 6) Nor Cal 15:05.4

CASTRO VALLEY

- 09/30 2) OAL L 52
- 10/07 4) San Ramon L 154
- 10/21 4) Hayward L 103
- 11/02 1) HAAL 21
- 11/04 6) 2-Mile Postal 50:10
- 11/11 2) Southern Area 72
- 11/18 3) NCS 120
- 11/25 9) Nor Cal 212

PETALUMA

- 09/23 2) Block P 74:06
- 09/30 4) Chico 102
- 10/07 2) San Ramon M 67
- 10/13 2) Center Meet 60
- 11/11 1) Redwood Empire 58
- 11/18 4) NCS 123

NORTH COAST SECTION GIRLS

****CHRIS MANNING (Carondelet)**

- 10/07 1) San Ramon S 7:39
- 10/14 1) Antioch 11:20
- 11/03 2) Catholic AL 13:10
- 11/11 1) Southern Div. 11:21
- 11/18 1) NCS 10:45

***LIZ STRANGIO (Mission San Jose)**

- 09/23 2) Alum Rock 14:16.4
- 09/30 1) Ceres 11:29.0
- 10/07 2) San Ramon L 7:53
- 10/14 3) Antioch 11:28
- 10/21 1) Hayward 11:29

NORTH COAST SECTION GIRLS' TEAMS

MISSION SAN JOSE (Fremont)

- 09/23 1) Alum Rock 32
- 09/30 2) Ceres 62
- 10/07 1) San Ramon 65
- 10/14 3) Antioch 94
- 10/21 1) Hayward 54
- 10/28 10) Mt. Sac Sweep. 224 (72:44)
- 11/02 1) Mission Valley 15
- 11/11 2) Southern Area 51
- 11/18 1) NCS 69
- 11/25 1) Nor Cal 79

MIRAMONTE (Orinda)

- 09/23 4) Block D 50:34
- 10/07 3) San Ramon S 118
- 11/01 1) Foothill 31
- 11/11 1) Central Area 64
- 11/18 2) NCS 100

CARONDELET (Concord)

- 09/23 1) Block D 49:42
- 10/07 1) San Ramon S 87
- 10/14 1) Antioch 65
- 11/03 1) Catholic AL 16
- 11/11 1) Southern Area 43
- 11/18 3) NCS 121

MARIN CATHOLIC (Kentfield)

- 10/07 2) San Ramon S 108
- 11/03 2) Marin County 64
- 11/11 2) Redwood Empire 81
- 11/18 4) NCS 150
- 11/25 7) Nor Cal 162

CROSS COUNTRY TEAM 1978

CENTRAL COAST SECTION BOYS

*FELIX SOTO (Mt. Pleasant)

- 09/23 6) Alum Rock 11:44.5
- 10/07 1) Aptos L 12:32
- 10/14 1) Del Mar 10:25
- 10/21 2) Soquel L 12:03
- 11/04 4) 2-Mile Postal 9:18.2
- 11/13 1) Mt. Hamilton 11:24
- 11/17 1) Region 3 14:58
- 11/21 1) CCS 14:54
- 11/25 3) Nor Cal 15:01.5

DANNY HERNANDEZ (Independence)

- 10/07 5) Aptos L 13:01
- 10/14 3) Serra 15:42
- 10/21 4) Soquel L 12:23
- 11/04 14) 2-Mile Postal 9:33.1
- 11/13 2) Mt. Hamilton 11:34
- 11/17 5) Region 3 15:08
- 11/21 2) CCS 15:06
- 11/25 7) Nor Cal 15:08.3

DANNY RAMIREZ (Yerba Buena)

- 09/23 11) Alum Rock 11:56.1
- 10/07 5) Artichoke L 11:36
- 10/14 2) Serra 15:29
- 10/21 3) Soquel L 12:09
- 11/13 4) Mt. Hamilton 11:52
- 11/17 4) Region 3 15:07
- 11/21 3) CCS 15:18
- 11/25 14) Nor Cal 15:19.9

CENTRAL COAST SECTION BOYS' TEAMS

HOMESTEAD (Sunnyvale)

- 09/23 1) Sunnyvale 82
- 09/28 1) Homestead 45
- 10/14 4) Serra 93 (87:45)
- 10/28 2) Carmont 48 (78:50.4)
- 11/08 1) De Anza 24
- 11/15 1) Region 2 50
- 11/21 1) CCS 74
- 11/28 4) Nor Cal 117

WESTMONT (Campbell)

- 09/23 3) Sunnyvale 104
- 10/14 1) Del Mar 56

- 10/28 1) Carmont 48 (78:46.2)
- 11/04 5) 2-Mile Postal 49:34
- 11/08 1) West Valley 24
- 11/17 3) Region 3 114
- 11/21 2) CCS 147
- 11/28 8) Nor Cal 195

MILLS (Millbrae)

- 10/07 2) Artichoke S 49
- 10/12 2) Center Meet 62
- 10/14 5) Serra 92 (85:01)
- 10/21 2) Soquel S 68
- 11/04 3) 2-Mile Postal 49:27
- 11/09 1) Mid-Peninsula 46
- 11/16 1) Region 1 34
- 11/21 3) CCS 153
- 11/28 5) Nor Cal 131

CENTRAL COAST SECTION GIRLS

KIM SCHNURPFEIL (San Mateo)

- 10/07 3) Artichoke 13:30
- 10/14 1) Serra 18:10
- 10/21 3) Soquel 14:21
- 11/09 1) Mid-Peninsula 18:00
- 11/16 1) Region 1 18:02
- 11/21 1) CCS 17:48.9
- 11/25 1) Nor Cal 12:23.8

*KATHY KOUDELA (Monte Vista)

- 9/23 3) Sunnyvale 14:34
- 10/07 4) Artichoke 13:32
- 10/21 2) Soquel 14:15
- 11/08 1) De Anza 18:23
- 11/15 1) Region 2 17:50
- 11/21 2) CCS 18:12.3
- 11/25 2) Nor Cal 12:24.7

ANNE HAMILTON (Capuchino)

- 11/09 2) Mid-Peninsula 18:59
- 11/16 2) Region 1 18:13
- 11/21 3) CCS 18:16.0
- 11/25 8) Nor Cal 12:43.1

CENTRAL COAST SECTION GIRLS' TEAMS

HALF MOON BAY

- 09/23 1) Sunnyvale 37
- 10/07 1) Artichoke 82

- 10/14 1) Serra 49 (94:33)
- 10/21 1) Soquel 37
- 11/04 1) 2-Mile Postal 59:14
- 11/09 1) North Peninsula 15
- 11/16 1) Region 1 29
- 11/21 1) CCS 85
- 11/25 3) Nor Cal 102

JESUIT (Sacramento)

- 09/30 2) Ceres 72
- 10/07 2) Nevada Union 55
- 10/21 3) Hayward L 101
- 11/04 1) District 2 20
- 11/11 2) S-JS 58
- 11/25 3) Nor Cal 83



photo by Keith Conning

STEVE STRANGIO(left) and TOM DOWNS

HOMESTEAD (Sunnyvale)

- 09/23 2) Sunnyvale 52
- 09/28 1) Homestead 30
- 10/14 3) Serra 102 (107:57)
- 11/08 1) De Anza 25
- 11/15 1) Region 2 34
- 11/21 2) CCS 87
- 11/25 5) Nor Cal 115

SOQUEL

EL CAMINO (Sacramento)

- 09/30 3) Ceres 80
- 10/07 1) Nevada Union 44
- 10/14 2) Rio Linda L 53
- 10/21 2) Matador 68:59
- 11/03 2) District 3 51
- 11/11 3) S-JS 100
- 11/25 7) Nor Cal 170

HOMESTEAD (Sunnyvale)

- 09/23 1) Sunnyvale 82
- 09/28 1) Homestead 45
- 10/14 4) Serra 93 (87:45)
- 10/28 2) Carlmont 48 (78:50.4)
- 11/08 1) De Anza 24
- 11/15 1) Region 2 50
- 11/21 1) CCS 74
- 11/28 4) Nor Cal 117

WESTMONT (Campbell)

- 09/23 3) Sunnyvale 104
- 10/14 1) Del Mar 56

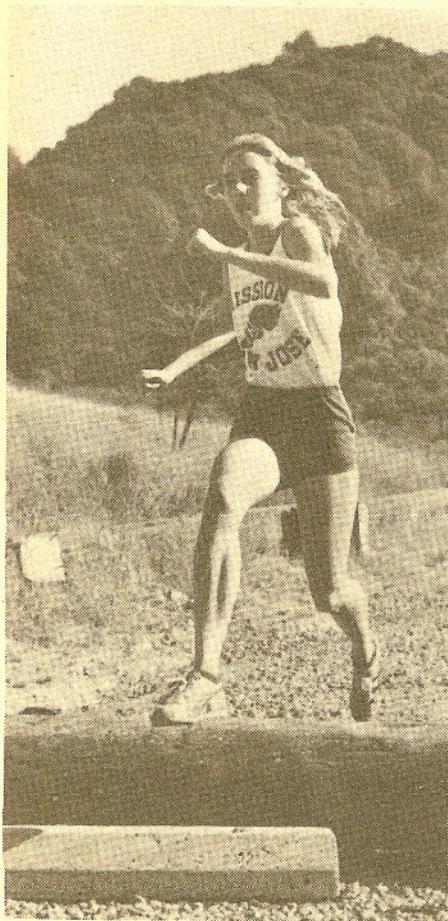


photo by Keith Conning

LIZ STRANGIO**ANNE HAMILTON (Capuchino)**

- 11/09 2) Mid-Peninsula 18:59
- 11/16 2) Region 1 18:13
- 11/21 3) CCS 18:16.0
- 11/25 8) Nor Cal 12:43.1

CENTRAL COAST SECTION GIRLS' TEAMS**HALF MOON BAY**

- 09/23 1) Sunnyvale 37
- 10/07 1) Artichoke 82
- 10/12, 1) Center Meet 47



photo by Keith Conning

CHRIS MANNING**photo by Keith Conning****STEVE STRANGIO(left) and TOM DOWNS****HOMESTEAD (Sunnyvale)**

- 09/23 2) Sunnyvale 52
- 09/28 1) Homestead 30
- 10/14 3) Serra 102 (107:57)
- 11/08 1) De Anza 25
- 11/15 1) Region 2 34
- 11/21 2) CCS 87
- 11/25 5) Nor Cal 115

SOQUEL

- 10/07 5) Aptos 176
- 10/14 3) San Lorenzo Valley 55
- 10/21 4) Soquel 118
- 11/04 4) 2-Mile Postal 62:28
- 11/09 1) Santa Cruz 34
- 11/15 1) Region 4 26
- 11/21 3) CCS 134
- 11/25 9) Nor Cal 183

SAC--JOAQUIN SECTION BOYS**JESSE SALDANA (Riverbank)**

- 09/23 1) Frogtown 15:24
- 10/07 1) Artichoke S 11:35.1
- 11/04 3) District 4 15:03
- 11/11 1) SJS 15:10
- 11/25 15) Nor Cal 15:20.0

JOHN SHOEMAKER (Mira Loma)

- 09/23 8) Alum Rock 11:53.7
- 10/07 3) Artichoke L 11:33
- 11/03 2) District 3 15:17
- 11/11 2) S-JS 15:15
- 11/25 27) Nor Cal 15:33.4

***DAN BETKER (Casa Roble)**

- 10/07 3) Nevada Union 15:56
- 10/21 1) Matador 12:55
- 11/03 1) District 1 15:19
- 11/11 3) S-JS 15:18
- 11/25 23) Nor Cal 15:29.6

SAC--JOAQUIN SECTION BOYS' TEAMS**MIRA LOMA (Sacramento)**

- 09/23 2) Alum Rock 47
- 10/07 1) Artichoke L 38
- 10/21 1) Matador 68:30
- 11/03 1) District 3 28
- 11/11 1) S-JS 38
- 11/25 2) Nor Cal 82

EL CAMINO (Sacramento)

- 09/30 3) Ceres 80
- 10/07 1) Nevada Union 44
- 10/14 2) Rio Linda L 53
- 10/21 2) Matador 68:59
- 11/03 2) District 3 51
- 11/11 3) S-JS 100
- 11/25 7) Nor Cal 170

SAC--JOAQUIN SECTION GIRLS*****JEANIE FULLER (Mira Loma)**

- 09/23 1) Alum Rock 13:34
- 10/07 1) Artichoke 13:16
- 11/03 1) District 3 12:24
- 11/11 1) S-JS 11:45
- 11/25 3) Nor Cal 12:27.9

KRISTA ROBERTS (Rio Americano)

- 09/23 3) Bret Harte 8:27
- 10/07 1) Nevada Union 12:49
- 10/14 1) Rio Linda L
- 11/03 2) District 3 12:47
- 11/11 2) S-JS 12:10

****SHELLY NIETO (Merced)**

- 09/23 2) Bret Harte 8:15
- 09/30 2) Ceres 11:46.0
- 10/07 1) Merced 11:51
- 10/14 2) Rio Linda L
- 1) Central CA.
- 11/04 1) District IV 11:44
- 11/11 3) S-JS 12:26

SAC--JOAQUIN SECTION GIRLS' TEAMS**RIO AMERICANO (Sacramento)**

- 09/23 2) Bret Harte 79
- 09/30 7) South Tahoe 178
- 10/21 1) Matador 50:43
- 11/03 1) District 3 36
- 11/11 1) S-JS 63

BELLA VISTA (Fair Oaks)

- 09/23 1) Bret Harte 56
- 09/30 1) Ceres 33
- 10/07 1) Nevada Union 30
- 10/14 1) Rio Linda L 43
- 10/21 3) Matador 51:45
- 11/03 1) District 1 28
- 11/11 2) S-JS 86
- 11/25 6) Nor Cal 128



photo by Keith Conning

MISSION SAN JOSE HIGH SCHOOL: North Coast Section Champs. (back L-R): Rich Read, Steve Strangio, John Marden. (front L-R): Bruce Mulcahy, Hohn Carey, Jay Marden.

MIRA LOMA (Sacramento)

- 09/23 3) Alum Rock 90
- 10/07 2) Artichoke 99
- 10/21 2) Matador 51:38
- 11/03 2) District 3 40
- 11/11 3) S-JS 88
- 11/25 4) Nor Cal 108

OAKLAND SECTION BOYS

TOM DOWNS (Skyline)

- 09/23 1) Block P 9:21
- 09/30 1) OAL 11:35
- 10/07 2) San Ramon L 7:42
- 10/14 2) Antioch L 9:34
- 10/21 2) Hayward L 15:10
- 11/04 2) 2-Mile Postal 9:05.6
- 11/14 1) OAL 9:49
- 11/25 1) Nor Cal 14:43.6

OAKLAND SECTION BOYS' TEAMS

NORTHERN SECTION BOYS

GREG WILLIAMS (Chico)

- 09/30 5) Chico 13:15
- 10/07 2) San Ramon M 8:11
- 10/14 1) Rio Linda L
- 11/04 1) Northern Sec. 16:49.8
- 11/25 8) Nor Cal 15:10.5

NORTHERN SECTION BOYS' TEAMS

CHICO

- 09/30 2) Chico 80
- 10/07 1) San Ramon M 43
- 11/04 1) Northern Sec. 52

NORTHERN SECTION GIRLS

CINDY CLAIBORNE (Pleasant Valley)

- 09/30 1) Chico 11:17
- 10/14 1) Rio Linda L

SAN FRANCISCO SECTION BOYS

TERRY McNULTY (Wilson)

- 10/31 1) San Francisco Sec. 15:45.7

SAN FRANCISCO SECTION BOYS' TEAMS

McATEER (San Francisco)

- 10/31 1) San Francisco Sec. 46

SAN FRANCISCO SECTION GIRLS

DIANE GONG (Lowell)

- 10/14 5) Rio Linda L
- 10/31 1) San Francisco Sec. 12:49.2
- 11/25 11) Nor Cal 13:00.5

SAN FRANCISCO SECTION GIRLS' TEAMS

LOWELL (San Francisco)

- 10/31 1) San Francisco Sec. 15

SOUTHERN SECTION BOYS

JEFF NELSON (Burbank)

- 09/23 1) Royal M 15:26
- 10/07 1) Kenny Staub D1 15:05
- 10/28 1) Mt. Sac Sweep. 14:32.2
- 11/25 1) Southern Sec. 3A 15:06

CHUCK ASSUMMA (Eisenhower)

- 09/30 1) Dana Hills D1 14:45
- 10/07 1) Villa Park R2 10:04
- 10/28 3) Mt. Sac Sweep. 15:02.8
- 11/18 1) Prelims 4a H2 15:21
- 11/25 1) Southern Sec. 4A 15:18

DIAZ (Redondo)

- 10/07 3) Kenny Staub D2 15:43
- 10/21 1) Palos Verdes 11:06
- 10/28 1) Mt. Sac R9 15:09.1
- 11/25 2) Southern Sec. 3A 15:22

VANDEREEMS (Mission Viejo)

- 09/23 4) Corona Del Mar D1 16:28
- 10/07 3) Villa Park R1 10:12
- 11/25 3) Southern Sec. 3A 15:30

SOUTHERN SECTION BOYS' TEAMS

PALOS VERDES

- 09/16 3) Mammoth D1 68
- 09/23 1) Royal L 56
- 10/21 2) Palos Verdes 83:18
- 11/18 1T) Prelims 4A H3 80:57)72
- 11/25 1) Southern Sec. 4A 69(81:13)

UNIVERSITY (Irvine)

- 09/23 1) Corona Del Mar D1 55
- 09/30 2) Sonora R2 42
- 10/28 8) Mt. Sac Sweep. 980:40)210
- 11/18 1T) Prelims 4A H3 (80:49)72
- 11/25 2) Southern Sec. 4A 91 (81:37)

VILLA PARK

- 09/23 2) Corona Del Mar D1 72
- 09/30 2) Dana Hills D1 87
- 10/07 2) Villa Park 26
- 10/28 9) Mt. Sac Sweep. (79:58) 219
- 11/18 4) Prelims 4A 100 (82:35)
- 11/25 3) Southern Sec. 4A 138 (82:28)

EISENHOWER (Rialto)

- 09/30 1) Dana Hills D1 62
- 10/07 3) Villa Park 29
- 10/28 12) Mt. Sac Sweep. (81:42) 272
- 11/18 3) Prelims 4A H2 81 (81:17)
- 11/25 4T) Southern Sec. 4A (82:05) 142

QUARTZ HILL (Lancaster)

- 10/07 1) Kenny Staub D2 73
- 10/14 1) Righetti 31
- 10/28 3) Mt. Sac R20 138 (81:15)
- 11/25 1) Southern Sec. 3A 110 (82:53)

SOUTHERN SECTION GIRLS

ANDREA KIRKORN (Edison)

- 09/16 3) Mammoth D1 13:49.8
- 09/23 1) Corona Del Mar D1 12:18
- 10/14 1) Canyon D1 11:57
- 10/21 1) Orange D2 11:35
- 10/27 10) Mt. Sac Sweep. 12:30
- 11/25 1) Southern Sec. 4A 12:03

CINDY SCHMANDT (Santa Barbara)

- 09/23 1) Royal L 11:37
- 10/07 2) Kenny Staub D1 11:43
- 10/14 4) Righetti 11:27
- 10/27 5) Mt. Sac Sweep. 12:23
- 11/25 2) Southern Sec. 4A 12:07

VICKIE COOK (Chaminade)

- 09/30 1) Bell-Jeff
- 10/07 1) Kenny Staub D1 11:42

OAKLAND SECTION BOYS' TEAMS

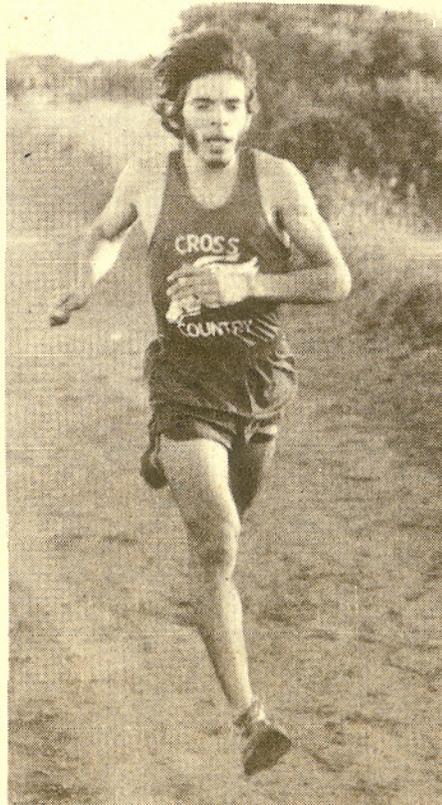
- TOM DOWNS (Skyline)**
 09/23 1) Block P 9:21
 09/30 1) OAL 11:35
 10/07 2) San Ramon L 7:42
 10/14 2) Antioch L 9:34
 10/21 2) Hayward L 15:10
 11/04 2) 2-Mile Postal 9:05.6
 11/14 1) OAL 9:49
 11/25 1) Nor Cal 14:43.6

OAKLAND SECTION BOYS' TEAMS

SKYLINE (Oakland)

- 09/23 1) Block P 72:56
 09/30 1) OAL L 31
 10/07 2) San Ramon L 86
 10/14 2) Antioch L 93
 10/21 5) Hayward L 129
 11/04 2) 2-Mile Postal 48:39
 11/14 1) Oakland Section 17
 11/25 6) Nor Cal 151

photo by Keith Conning



DANNY RAMIREZ

NORTHERN SECTION BOYS' TEAMS

CHICO

- 09/30 2) Chico 80
 10/07 1) San Ramon M 43
 11/04 1) Northern Sec. 52

NORTHERN SECTION GIRLS

CINDY CLAIBORNE (Pleasant Valley)

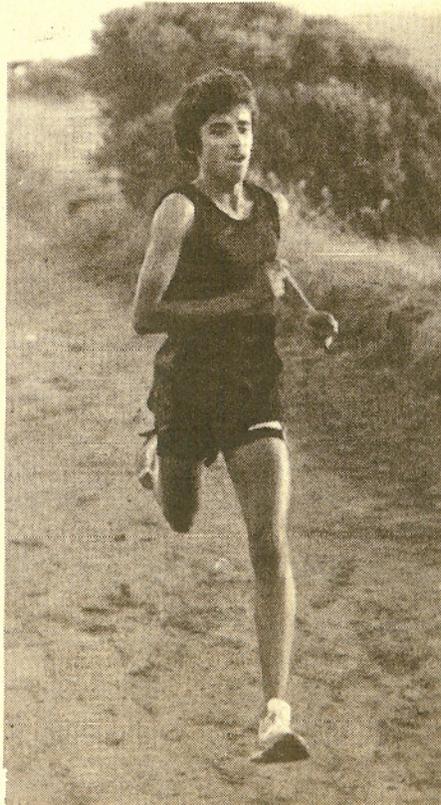
- 09/30 1) Chico 11:17
 10/14 1) Rio Linda L
 11/04 1) Northern Sec. 15:17.2
 11/25 5) Nor Cal 12:34.3

NORTHERN SECTION GIRLS' TEAMS

SHASTA (Redding)

- 09/30 1) Chico (unofficial)
 11/04 1) Northern Sec. 26
 11/25 2) Nor Cal 81

photo by Keith Conning



FELIX SOTO

- 10/28 3) Mt. Sac Sweep. 15:02.8
 11/18 1) Prelims 4a H2 15:21
 11/25 1) Southern Sec. 4A 15:18

DIAZ (Redondo)

- 10/07 3) Kenny Staub D2 15:43
 10/21 1) Palos Verdes 11:06
 10/28 1) Mt. Sac R9 15:09.1
 11/25 2) Southern Sec. 3A 15:22

VANDEREEMS (Mission Viejo)

- 09/23 4) Corona Del Mar D1 16:28
 10/07 3) Villa Park R1 10:12
 11/25 3) Southern Sec. 3A 15:30

MELLENDEZ (Norco)

- 09/30 1) Dana Hills D2 15:18
 10/21 1) Alemany D1 15:19
 10/28 2) Mt. Sac Ind. Sw. 15:06
 11/25 4) Southern Sec. 3A 15:32

photo by Richard Lee Slotkin



SHERRY TORRENS

- 10/21 1) Orange D2 11:35
 10/27 10) Mt. Sac Sweep. 12:30
 11/25 1) Southern Sec. 4A 12:03

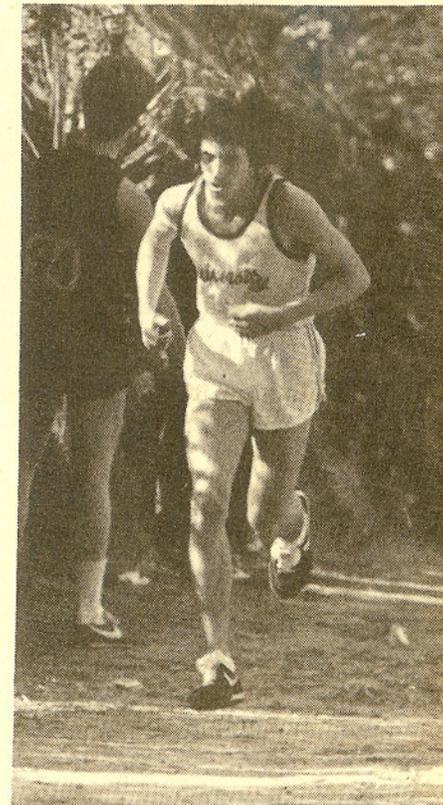
CINDY SCHMANDT (Santa Barbara)

- 09/23 1) Royal L 11:37
 10/07 2) Kenny Staub D1 11:43
 10/14 4) Righetti 11:27
 10/27 5) Mt. Sac Sweep. 12:23
 11/25 2) Southern Sec. 4A 12:07

VICKIE COOK (Chaminade)

- 09/30 1) Bell-Jeff
 10/07 1) Kenny Staub D1 11:42
 10/21 1) Alemany D2 10:48
 10/27 1) Mt. Sac Sweep. 12:02
 11/25 1) Southern Sec. 2A 12:12

photo by Richard Lee Slotkin



PAUL MEDVIN



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VILLANUEVA (Fountain Valley)

- 09/23 1) Corona Del Mar D2 11:42
- 09/30 1) Dana Hills R1 12:40
- 10/07 3) Kenny Staub D1 11:52
- 10/21 1) Orange D4 11:40
- 10/27 2) Mt. Sac Sweep. 12:03
- 11/25 3) Southern Sec. 4A 12:16

HAZLETT (Saugus)

- 10/07 9) Kenny Staub 12:30
- 10/14 1) Canyon D2 12:32
- 10/27 12) Mt. Sac Sweep. 12:43
- 11/25 1) Southern Sec. 3A 12:19

SOUTHERN SECTION GIRLS' TEAMS

EDISON (Huntington Beach)

- 09/16 1) Mammoth D1 34
- 09/23 1) Corona Del Mar D1 22
- 10/14 2) Canyon D1 94:01
- 10/21 1) Orange D2 20
- 10/27 1) Mt. Sac Sweep. 82 (64:04)
- 11/25 1) Southern Sec. 4A 64 (63:51)

NEWBURY PARK

- 09/23 1) Royal L 32
- 10/07 2) Kenny Staub D1 93
- 10/21 1) Arcadia 41

ROBERTS (Morse)

- 09/30 2) South Bay L
- 10/07 1) Point Loma D3 13:49
- 10/28 5) Mt. Sac Ind. Sw. 15:24
- 11/17 1) Qual. 3A R1 15:44
- 11/22 3) Section 3A 15:22

SAN DIEGO SECTION BOYS' TEAMS

HELIX (La Mesa)

- 10/07 1) Point Loma D4
- 10/28 7) Mt. Sac Sweep. (80:47) 208
- 2) Grossmont
- 11/22 1) Section 3a 46

MONTE VISTA (Spring Valley)

- 10/21 1) Palos Verdes 82:46
- 10/28 3) Mt. Sac Sweep. (79:47) 145
- 1) Grossmont
- 11/22 2) Section 3A 84

HENRY (San Diego)

- 11/22 3) Section 3A 91

SAN DIEGO SECTION GIRLS

CENTRAL SECTION BOYS

**SHAWN SMALLWOOD (Corcoran)

- 10/07 1) Hanford 15:09
- 10/28 1) Kern 15:04
- 11/09 1) Central 14:41.3
- 11/17 1) Section 14:25

FREDDIE CASTILLO (Tulare Western)

- 09/30 1) Fresno S 10:29.5
- 10/07 2) Hanford 15:12
- 11/09 2) Central 14:42
- 11/17 2) Section 14:31

*DAVE LEHRMAN (Immanuel)

- 11/17 3) Section 14:34

CENTRAL SECTION BOYS' TEAMS

CORCORAN

- 10/07 1) Hanford 48
- 10/28 1) Kern 47
- 11/09 1) Central 52
- 11/17 1) Section 58

CLOVIS

- 09/30 1) Fresno 27
- 10/28 2) Kern 69
- 11/09 1) North 24
- 11/17 2) Section 76

MT. WHITNEY (Visalia)

- 09/30 3) Fresno 74
- 10/07 1) Hanford 63
- 11/09 1) Central 39
- 11/17 3) Section 98

LOS ANGELES SECTION BOYS

PAUL MEDVIN (University, LA)

- 10/07 2) Kenny Staub D1 15:35
- 10/28 2) Mt. Sac Sweep. 14:58.4
- 12/02 1) City Prelims H2 14:47.4
- 12/09 1) Section

FIELDS (Granada Hills)

- 10/21 3) Alemany D1 15:34
- 12/02 1) City Prelims h3 15:10.6

11/25 1) Southern Sec. 3A 12:19

10/07 1) Point Loma D4
10/28 7) Mt. Sac Sweep. (80:47) 208
2) Grossmont
11/22 1) Section 3a 46

SOUTHERN SECTION GIRLS' TEAMS

EDISON (Huntington Beach)

09/16 1) Mammoth D1 34
09/23 1) Corona Del Mar D1 22
10/14 2) Canyon D1 94:01
10/21 1) Orange D2 20
10/27 1) Mt. Sac Sweep. 82 (64:04)
11/25 1) Southern Sec. 4A 64 (63:51)

NEWBURY PARK

09/23 1) Royal L 32
10/07 2) Kenny Staub D1 93
10/21 1) Arcadia 41
10/27 2) Mt. Sac Sweep. 106 (65:05)
11/05 1) Ventura 21 (59:40)
11/25 2) Southern Sec. 4A 96 (65:05)

PALOS VERDES

09/16 2) Mammoth D1 45
09/23 3) Royal L 97
10/21 1) Palos Verdes R2
11/25 3) Southern Sec. 4A 117 (65:28)

CORONA DEL MAR

09/16 3) Mammoth D1 97
09/23 1) Corona Del Mar D2 39
10/07 3) Kenny Staub D1 111
10/14 1) Canyon D1 93:39
10/21 2) Orange D4 32
10/27 3) Mt. Sac Sweep 134 (65:53)
11/25 4) Southern Sec. 4A 118 (65:23)

FOUNTAIN VALLEY

09/23 2) Corona Del Mar D2 39
09/30 3) Dana Hills R1 55
10/07 5) Kenny Staub 146
10/21 1) Orange D4 29
10/27 7) Mt. Sac Sweep. 207 (69:08)
11/25 5) Southern Sec. 4A 122 (65:31)

SAN DIEGO SECTION BOYS

BILL CLEVES (Helix)

10/07 1) Point Loma D4 13:28.2
10/28 6) Mt. Sac Sweep. 15:16.7
11/17 1) Qual. 3A R2 15:25
11/22 1) Section 3A 15:13

MIKE POPE (Henry)

09/30 1) South Bay L 16:45
10/28 1) Mt. Sac R20 15:34
11/17 2) Qual. 3A R2 15:29
11/22 2) Section 3A 15:20

MONTE VISTA (Spring Valley)

10/21 1) Palos Verdes 82:46
10/28 3) Mt. Sac Sweep. (79:47) 145
1) Grossmont
11/22 2) Section 3A 84

HENRY (San Diego)

11/22 3) Section 3A 91

SAN DIEGO SECTION GIRLS

CHERYL FLOWERS (Valhalla)

09/30 1) South Bay L 12:36
10/07 1) Point Loma D3 16:21
10/27 3) Mt. Sac Sweep. 12:06
11/17 1) Qual. 3A R1 13:15
11/22 1) Section 3A 12:58

SUE GELLEY (Monte Vista)

10/07 1) Point Loma D4 16:23
10/21 2) Palos Verdes 13:43
10/27 8) Mt. Sac Sweep. 12:29
11/17 2) Qual. 3A R1 13:29
11/22 2) Section 3A 13:00

ANN ZAMPARDO (Hilltop)

10/07 1) Point Loma D2 16:59
11/17 2) Qual. 2A R2 13:52
11/22 1) Section 2A 13:11

SAN DIEGO SECTION GIRLS' TEAMS

VALHALLA (El Cajon)

10/27 5) Mt. Sac Sweep. 161 (66:32)
11/22 1) Section 3A 55

HELIX (La Mesa)

10/07 1) Point Loma D4
10/27 6) Mt. Sac Sweep. 200 (67:57)
11/22 2) Section 3A 61

MONTE VISTA (Spring Valley)

10/21 1) Palos Verdes R1 60
10/27 8) Mt. Sac Sweep. 213 (68:22)
11/22 3T) Section 3A 64

09/30 1) Fresno 3 10:29.3
10/07 2) Hanford 15:12
11/09 2) Central 14:42
11/17 2) Section 14:31

*DAVE LEHRMAN (Immanuel)

11/17 3) Section 14:34

CENTRAL SECTION BOYS' TEAMS

CORCORAN

10/07 1) Hanford 48
10/28 1) Kern 47
11/09 1) Central 52
11/17 1) Section 58

HOOVER (Fresno)

09/30 1) Fresno 54:21
11/09 2) North 72
11/17 2) Section 119

CLOVIS

10/28 2) Kern 81
11/09 3) North 76
11/17 3) Section 131

CENTRAL SECTION GIRLS

LINDA GOEN (North)

10/14 1) Righette 10:39
10/21 1) Arcadia 10:59.3
10/28 1) Kern 10:55
11/10 1) South 10:44.1
11/17 1) Central 10:07.8

RENE ORTIZ (Tulare Western)

09/30 1) Fresno 12:11.4
10/07 1) Hanford 11:02
11/09 1) Central 11:11.3
11/17 2) Section 11:28

**DIANNE URSIN (Bakersfield)

10/28 3) Kern 11:37
11/10 3) South 11:26.5
11/17 3) Section 11:37

CENTRAL SECTION GIRLS' TEAMS

BAKERSFIELD

10/14 2) Righetti 79
10/28 1) Kern 54
11/10 1) South 44
11/17 1) Section 69

LOS ANGELES SECTION BOYS

PAUL MEDVIN (University, LA)

10/07 2) Kenny Staub D1 15:35
10/28 2) Mt. Sac Sweep. 14:58.4
12/02 1) City Prelims H2 14:47.4
12/09 1) Section

FIELDS (Granada Hills)

10/21 3) Alemany D1 15:34
12/02 1) City Prelims h3 15:10.6

CAPRIOGLIO (Chatsworth)

10/21 4) Alemany D1 15:44
12/02 2) City Prelims H2 15:20

LOS ANGELES SECTION BOYS' TEAMS

VENICE (Los Angeles)

12/02 1) City Prelims H1 39

GRANADA HILLS

12/02 1) City Prelims H3 44

CHATSWORTH

10/21 4) Alemany D1 86
12/02 1) City Prelims H2 48

LOS ANGELES SECTION GIRLS

TORRANS (El Camino Real)

12/02 1) City Prelims H1 12:26.9

RIPPE (Granada Hills)

12/02 2) City Prelims H1 12:30

PASCAL (Birmingham, Van Nuys)

12/02 1) City Prelims H2 12:36

LOS ANGELES SECTION GIRLS' TEAMS

CHATSWORTH

12/02 1) City Prelims H3 34

BANNING (Wilmington)

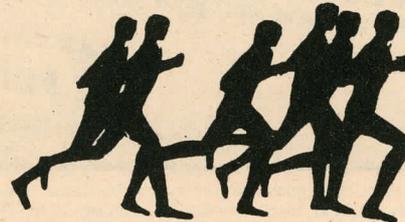
12/02 1) City Prelims H1 35

BIRMINGHAM (Van Nuys)

12/02 1) City Prelims H2 44

JUNIOR COLLEGE CROSS COUNTRY ROUNDUP

Key: L=Large
S=Small
W=Woman
T=Tie
K=Kilometers



by Keith Conning

LARGE CONFERENCE DIVISION MEN

Bill Hurst (Modesto)
10/07 1) CSM L 20:20
11/04 1) Valley 19:33.8
11/11 1) Nor CA L 20:09.8
11/18 1) State L 19:21

Steve Ortiz (Grossmont)
10/07 10) Aztec 30:19
3) South Coast 19:59
11/11 2) So. Cal L 19:12
11/18 2) State L 19:32

Angel Carillo (Bakersfield)
11/11 1) So. Cal L 19:00
11/18 3) State L 19:41

Chris Shalert (LA Valley)
11/11 7) So. Ca. L 19:34
11/18 4) State L 20:00

Rick Rose (Grossmont)
11/11 4) So. Cal. L 19:29
11/18 5) State L 20:02

LARGE CONFERENCE MEN'S TEAMS

Grossmont (El Cajon)
1) South Coast 34
11/11 1) So. Ca. L 30
11/18 1) State L 29

SMALL CONFERENCE MEN'S TEAMS

Hancock (Santa Maria)
09/09 1) Pebble Beach 54
10/14 1) Hancock 29
11/04 2) Western State 33
11/11 1) So. Ca. S 35
11/18 1) State S 44

Glendale
11/03 1) Western State 32
11/11 2) So. Ca. S 47
11/18 2) State S 46

Sierra (Rocklin)
09/23 1) Sierra 19
10/07 1) CSM S 31
11/11 1) Nor. Ca. S 28
11/18 3) State S 96

Moorpark
11/04 3) Western State 74
11/11 3) So. Ca. S 95
11/18 4) State S 131

Southwestern (Chula Vista)
1) Mission 20
11/11 4) So. Ca. S 100
11/18 5) State S 155

LARGE CONFERENCE DIVISION WOMEN

Kathy Perkins (West Valley)
07/09 6) S.E. Meridian 3:06.35

San Jose
11/11 4) Nor. Ca. L 114
11/18 4) State L 113

Grossmont (El Cajon)
1) South Coast 35
11/11 1) So. Ca. L 80
11/18 5) State L 131

SMALL CONFERENCE DIVISION WOMEN

Ruth Caldwell (Citrus)
1) Mission 17:01
11/11 1) So. Ca. S 16:46
11/18 1) State S 17:27

Robin Tracy (Antelope)
10/07 2) Axtec 17:38
11/11 1) Nor Ca. S 17:46.5
11/18 2) State S 18:05

Frannie Castro (Hancock)
11/11 4) So. Ca. S 18:03
11/18 3) State S 18:19

Diana Pappas (Yuba)
10/07 10) CSM 19:28
11/11 2) Nor. Ca. S 18:26
11/18 4) State S 18:26

Sabrina Peters (Monterey)
11/11 3) Nor Ca. S 18:38
11/18 5) State S 18:28

SMALL CONFERENCE WOMEN'S TEAMS

Yuba (Marysville)
10/07 2) CSM 76
11/11 1) Nor. Ca. S 34
11/18 1) State S 68

Citrus
1) Mission 35
11/11 3) So. Ca. S 68
11/18 2) State S 69

Ventura
11/11 1) So. Ca. S 52
11/18 3) State S 72

Glendale
11/11 2) So. Ca. S 63
11/18 4) State S 78

Monterey
11/11 2) Nor Ca. S 42
11/18 5) State S 98

Angel Carillo (Bakersfield)
11/11 1) So. Cal L 19:00
11/18 3) State L 19:41

Chris Shalert (LA Valley)
11/11 7) So. Ca. L 19:34
11/18 4) State L 20:00

Rick Rose (Grossmont)
11/11 4) So. Cal. L 19:29
11/18 5) State L 20:02

LARGE CONFERENCE MEN'S TEAMS

Grossmont (El Cajon)
1) South Coast 34
11/11 1) So. Ca. L 30
11/18 1) State L 29

Fullerton
2) South Coast 44
11/11 3) So. Ca. L 86
11/18 2) State L 79

Bakersfield
11/11 3) So. Ca. L 86
11/18 3) State L 114

El Camino (Torrance)
11/11 5) So. Ca. L 89
11/18 4) State L 123

Long Beach
10/07 3) Aztec 57
11/11 2) So. Ca. L 78
11/18 5) State L 124

SMALL CONFERENCE DIVISION MEN

Greg Hitchcock (Sierra)
09/16 1) Sierra 20:12.5
10/07 1) CSM 20:21
11/11 1) Nor. Ca. S 20:07
11/18 1) State S 19:38

Terry Gibson (Glendale)
11/03 2) Western State 19:24.4
11/11 1) So. Ca. S 19:14
11/18 2) State S 19:43

Eero Keranen (Hancock)
10/14 1) Hancock 19:53
11/03 1) Western State 19:21.4
11/11 2) So. Ca. S 19:20
11/18 3) State S 19:50
11/19 5) Lasse Viren 20K 1:05:06

Mark Lewis (Glendale)
11/03 3) Western State 19:53.7
11/11 5) So. Ca. S 19:48
11/18 4) State S 20:29

John Sup (Monterey)
09/09 2) Pebble Beach 20:02
11/11 2) Nor. Ca. S 20:32
11/18 5) State S 20:33

Sierra (Rocklin)
09/23 1) Sierra 19
10/07 1) CSM S 31
11/11 1) Nor. Ca. S 28
11/18 3) State S 96

Moorpark
11/04 3) Western State 74
11/11 3) So. Ca. S 95
11/18 4) State S 131

Southwestern (Chula Vista)
1) Mission 20
11/11 4) So. Ca. S 100
11/18 5) State S 155

LARGE CONFERENCE DIVISION WOMEN

Kathy Perkins (West Valley)
07/09 6) S.F. Marathon 3:04:35
09/30 10) Fresno St. 17:55
10/14 9) Stanford 18:19
10/21 12) Shasta 17:34
11/11 2) Nor. Ca. L 17:18
11/18 1) State L 17:30

Irene Crowley (San Jose)
09/23 1) Sierra 19:18
11/11 3) Nor. Ca. L 17:40
11/18 2) State L 17:44

Connie Hester (Fresno)
09/16 2) Central Ca. 12:21
09/23 8) Fresno ERA 12:03 W1
10/07 3) CSM 18:39
11/04 1) Valley 17:57
11/11 4) Nor. Ca. L 18:12
11/18 3) State L 17:57

Ann Wotherspoon (West Valley)
09/30 18) Fresno St. 18:25
10/14 8) Stanford 18:18
10/21 6) Shasta 17:20
11/11 1) Nor. Ca. L 17:14
11/18 4) State L 18:09

Karey Robinson (Delta)
10/21 5) Hayward 18:49
11/04 2) Valley 18:10
11/11 5) Nor. Ca. L 18:20
11/18 5) State L 18:13

LARGE CONFERENCE WOMEN'S TEAMS

West Valley (Saratoga)
09/30 4) Fresno St. 116
10/14 3) Stanford 91
10/21 3) Shasta 71
11/11 1) Nor. Ca. L 35
11/18 1) State L 29

Fresno
09/16 1) Central CA. 24
10/07 1) CSM 66
11/11 2) Nor. Ca. L 89
11/18 2) State L 89

Orange Coast (Costa Mesa)
10/07 7) Aztec 173
2) South Coast 36
11/11 3) So. Ca. L 83
11/18 3) State L 110

1) Mission 17:01
11/11 1) So. Ca. S 16:46
11/18 1) State S 17:27

Robin Tracy (Antelope)
10/07 2) Aztec 17:38
11/11 1) Nor. Ca. S 17:46.5
11/18 2) State S 18:05

Frannie Castro (Hancock)
11/11 4) So. Ca. S 18:03
11/18 3) State S 18:19

Diana Pappas (Yuba)
10/07 10) CSM 19:28
11/11 2) Nor. Ca. S 18:26
11/18 4) State S 18:26

11/11 3) So. Ca. S 68
11/18 2) State S 69

Ventura
11/11 1) So. Ca. S 52
11/18 3) State S 72

Glendale
11/11 2) So. Ca. S 63
11/18 4) State S 78

Monterey
11/11 2) Nor. Ca. S 42
11/18 5) State S 98

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HEAT-TRANSFERS: - If you aren't interested in buying the entire shirt, you can go the heat-transfer route. These can be applied by you individually to your own garments. Write for full details.

JACK'S ATHLETIC SUPPLY

Jack Leydig Box 1551 San Mateo, CA 94401



August 27. Santa Monica. Santa Monica Marathon:

PLC	NUM	FINISHER	AGE/SEX	MIN/MI	TIME	DIVSN	FINISH
1	2100	GREG WINTERS	19 HAC. HEIGHTS CA	5142	2:29:28	1	MENS OPEN
2	2614	MICHAEL MAHLER	35 SANTA MONICA CA	5143	2:30:14	1	MENS SUBMASTERS
3	2063	ANTHONY REYNOSO	24 S. LUIS OBISPO CA	5145	2:30:56	2	MENS OPEN
4	2802	BART COVENTRY	37 TORRANCE CA	5153	2:33:43	2	MENS SUBMASTERS
5	2757	LARRY PONTINEN	36 VENTURA CA	5154	2:34:56	3	MENS SUBMASTERS
6	2629	JOE BURGASSER	39 TORRANCE CA	6100	2:37:28	4	MENS SUBMASTERS
7	2632	GERALD BERMAN MD	35 SANTA MONICA CA	6109	2:41:17	5	MENS SUBMASTERS
8	3755	RICHARD BARTEK	46 SANTA BARBARA CA	6109	2:41:24	1	MENS DIV I
9	2070	PAUL SHIBLEY	20 LOS ANGELES CA	6109	2:41:56	3	MENS OPEN
10	2674	RICHARD WEEKS	35 VAN NUYS CA	6111	2:42:25	6	MENS SUBMASTERS
11	3772	LEONARD EFRON	43 NORTHridge CA	6112	2:42:57	2	MENS DIV I
12	4405	DENNIS BANKS	17 COMPTON CA	6113	2:43:08	1	BOYS 17/UNDER
13	2680	JIM THOMPSON	34 LA JOLLA CA	6114	2:43:50	7	MENS SUBMASTERS
14	2729	CHARLES MCCLUNG	38 RESEA CA	6116	2:44:30	8	MENS SUBMASTERS
15	2099	PHILIP BUSH JR	25 SEAL BEACH CA	6116	2:44:35	4	MENS OPEN
16	2602	JOSEPH GASSMANN	38 HANTHORNE CA	6117	2:45:01	9	MENS SUBMASTERS
17	2102	JAMES DAVID	27 PORTLAND OR	6119	2:45:57	5	MENS OPEN
18	2031	SCOTT FILLER	21 ROLLING HILLS CA	6120	2:46:17	6	MENS OPEN
19	4442	RANDY GUERRERO	16 TEMPLE CITY CA	6121	2:46:41	2	BOYS 17/UNDER
20	3791	JAMES KNERR	44 SIMI VALLEY CA	6122	2:47:10	3	MENS DIV I
21	2638	KENNETH PRICE	35 MANHATTAN BCH CA	6122	2:47:15	10	MENS SUBMASTERS
22	2002	RONALD NEWSTAT	24 LOS ANGELES CA	6123	2:47:45	7	MENS OPEN
23	2717	CHARLES HOOVER JR	30 SEPULVEDA CA	6124	2:47:51	11	MENS SUBMASTERS
24	3803	JOHN RUDBERG	44 PALOS VERDES CA	6124	2:48:04	4	MENS DIV I
25	2720	STEVEN SWEALTER	32 PLAYA DEL REY CA	6127	2:49:29	12	MENS SUBMASTERS
26	4414	JOHN MORENO	17 TEMPLE CITY CA	6127	2:49:33	3	BOYS 17/UNDER
27	3257	CLARKE ARGUE	27 SALINAS CA	6128	2:49:59	8	MENS OPEN
28	3814	RAY SCHMIDT	40 YORBA LINDA CA	6130	2:50:29	5	MENS DIV I
29	2747	ROBERT REEHLER	37 IRVINE CA	6131	2:51:08	13	MENS SUBMASTERS
30	1606	SUE PETERSEN	33F LAGUNA BEACH CA	6133	2:51:46	1	WOMEN MASTERS
31	2696	PETE PETERSEN	37 LAGUNA BEACH CA	6133	2:51:46	14	MENS SUBMASTERS
32	4407	MIKE CAMON	17 HAC. HEIGHTS CA	6133	2:52:04	4	BOYS 17/UNDER
33	2767	NEVILLE CONN	36 VAN NUYS CA	6133	2:52:05	15	MENS SUBMASTERS
34	3205	EUGENE VENNHJIS	34 MALIBU CA	6133	2:52:10	16	MENS SUBMASTERS
35	2056	JUSTIN LIVERSTIGE	25 GLENDALE CA	6134	2:52:20	9	MENS OPEN
36	2054	MIKE LEONG	19 ORANGE CA	6135	2:52:54	10	MENS OPEN
37	2021	CRAIG CHAMBERS	35 PAC. PALISADES CA	6135	2:52:57	11	MENS OPEN
38	2034	BILL FLYNN	24 TARZANA CA	6136	2:53:22	12	MENS OPEN
39	2770	JESSE COOK	33 THOUSAND OAKS CA	6138	2:54:08	17	MENS SUBMASTERS
40	3206	GREG PARRONE	19 VENTURA CA	6138	2:54:21	13	MENS OPEN
41	2035	STEVE FLYNN	22 TARZANA CA	6139	2:54:30	14	MENS OPEN
42	2088	KENNETH GANEZER	25 LOS ANGELES CA	6139	2:54:40	15	MENS OPEN
43	3775	AL FOWLER	40 TUCSON AZ	6140	2:54:50	6	MENS DIV I
44	3786	KAN JEW	41 LOS ANGELES CA	6140	2:55:05	7	MENS DIV I
45	4023	FRED NAGELSCHEIDT	54 VENTURA CA	6141	2:55:20	1	MENS DIV II
46	2685	MICHAEL REKART	30 LOS ANGELES CA	6141	2:55:24	18	MENS SUBMASTERS
47	2684	HOWARD KORN	31 REDWOOD BEACH CA	6143	2:56:11	19	MENS SUBMASTERS
48	3805	DAVID PARKER MD	43 SYLMAR CA	6143	2:56:17	8	MENS DIV I
49	2722	MURRAY HOCHMAN	39 ORANGE CA	6143	2:56:18	20	MENS SUBMASTERS
50	2776	Tom Perry	13 LOS ANGELES CA	6144	2:56:45	21	MENS SUBMASTERS
51	4419	ANDY LIGETI	17 SHERMAN OAKS CA	6144	2:56:50	5	BOYS 17/UNDER
52	3275	DAVID LANDIS	36 HUNTINGTON BCH CA	6144	2:56:52	22	MENS SUBMASTERS
53	2047	TAD KLEINDIENST	28 FULLERTON CA	6145	2:57:12	16	MENS OPEN
54	3765	JIM CLAMPETT	45 NEWPORT BEACH CA	6145	2:57:34	9	MENS DIV I
55	3824	JACK STEWART	41 WOODLAND HILLS CA	6145	2:57:24	10	MENS DIV I
56	2073	CRAIG SHARP	28 EL CAJON CA	6146	2:57:34	17	MENS OPEN
57	4417	Tom Robbins	18 HAC. HEIGHTS CA	6147	2:57:33	18	MENS OPEN
58	2719	RICHARD MINTZ	31 SHERMAN OAKS CA	6147	2:57:33	23	MENS SUBMASTERS
59	2018	LARRY BLACK	23 MALIBU CA	6148	2:58:35	19	MENS OPEN
60	3782	JOHN HILL	42 P. V. ESTATES CA	6149	2:58:50	11	MENS DIV I
61	3241	HILL FORD	30 TORRANCE CA	6149	2:58:52	24	MENS SUBMASTERS
62	3352	BRUCE PIROLT	22 HOLLYWOOD CA	6149	2:59:04	20	MENS OPEN
63	2634	GARY WINGATE	27 GARDENA CA	6149	2:59:09	21	MENS OPEN
64	3234	KEN BUSCH	24 LONG BEACH CA	6149	2:59:10	22	MENS OPEN
65	3843	J. HEITKEN MD	44 MALIBU CA	6150	2:59:29	12	MENS DIV I
66	2725	MICHAEL TERMINE	37 SANTA ANA CA	6151	2:59:38	25	MENS SUBMASTERS
67	3355	DAVID DOBKOWSKI	26 BELLEVILLE IN	6151	2:59:39	23	MENS OPEN
68	2704	ROBERT JOHNSON	37 R. P. VERDES CA	6151	2:59:59	26	MENS SUBMASTERS

RESULTS

130) Nicki Weicker	41:49.7
144) Diane Strade	42:18.9
182) Heidi Hansen	43:35.5
220) Daphne Dunn	44:26.6
234) Ellen Clark	44:46.5
240) D. Wayman	45:00.2
245) K. Crews	45:12.3
259) Susan Wissler	45:40.2
263) Susan Roberts	45:45.1
Senior Men over 50:	
17) Jim O'Neil	34:15.1
20) Ross Smith	34:36.4
43) Don Pickett	37:00.6
52) Don Carpenter	37:42.8
114) R. Goen	41:04.8

/Don Spradlin/

52) John Holoubek (LVDC) 1 60+1:28:39
53) Diane Killeen 1W Open 1:28:45
60) Charles Seekins 2 60+ 1:29:15
82) Sue Hutchison 1W 40+ 1:32:33
97) Fay Hobbs 2W 40+ 1:35:23
99) Carol Cartwright (SFVTC) 50+1:35:55
120) Joyce Dendo 2W 1:38:12
127) Wendy Bronson 2W SM 1:39:04
162) Shirley Saunders 3W SM 1:43:01
182) Jean Spierling (SLDC) 2W 50+1:45:34
186) Denise Stoerber 3W 1:45:57
188) Janet Kwit 4W 1:46:03
190) Marti Minjares 5W 1:46:22

/John Brennan/

November 11. Almond Bowl

3 mile:

1) Kent Mulkey	15:07
2) Jack West	15:16
3) Allen Masterson	15:26
4) Walt Schafer 30-39	15:32
5) Steve Growdon 14-17	15:35
6) Danny La Moureaux	15:38
7) Paul Resignato	15:41
8) Mark Kirchner	15:45
9) Steve Haxby 14-17	15:55
10) Nelson Cobb	16:17
37) Cathy Oddone W18-29	17:49
38) Len Edholm 40-49	17:57
56) Elana Schroeder W10-13	18:57
64) Debbie Girimonte 14-17	19:29
67) Kathy Sullivan W18-29	19:37
70) Gina Mandy W14-17	19:42
78) Carol Stanley W18-29	20:03
83) Barbara Davis W18-29	20:16
91) Susan Condon W30-39	20:54
93) Chris Santos W18-29	20:56
96) Theresa Henneman W40-49	20:58

6 mile:

1) Tom Wysocki	28:48
2) David Wood	30:30
3) Tom Olson	30:37
4) Perry Linn	30:41
5) Hans Menet M30-39	30:43
6) Pat McGuire M14-17	30:50
7) Mark Shuman	30:50
8) John Frank M14-17 tie	30:59
Jim Price	30:59
10) Pat Finn	31:32
11) Glenn McCarthy	31:46
12) Michael Buzbee	31:56
13) Miguel Tibaduiza	31:59
14) Frank Krebs M30-39	32:04
15) David Mills	32:10
16) Craig Van Sickle	32:15

October 29. San Francisco. 1978 San Francisco Mayor's Cup Marathon:

Place	Last Name, First	Time
1	Nabors, Ron	2:30:46.8
2	Goettlemann, Gary	2:34:08.9
3	Skeels, John	2:36:28.7
4	Page, Robert	2:37:02.0
5	Tucker, Ben	2:38:40.7
6	Muela, David	2:39:38.0
7	Hard, Joseph	2:43:43.1
8	Kearcher, Tomaso	2:44:10.4
9	Dunbar, David	2:45:46.7
10	Lisowski, Michael	2:45:53.5
11	Cook, Jay	2:46:15.9
12	Gustafson, Dennis	2:49:52.9
13	Nevraumont, Myron	2:50:15.5

October 22. Concord. First Annual Concord Classic

10 Kilo (6.2 mile):

TOP 20 MALE FINISHERS

FIN. NAME	AGE CLUB	TIME
1 JAMES HAMMONS	O U RENO	33:52.6
2 JACQUES FLEMING	O U RENO	34:05.3
3 MIKE FANELLI	O PAMAKIDS	34:29.6
4 MIKI EMRY	O A/GIE	34:56.0
5 MICHAEL NIEMIEC	O WEST VALLEY	34:56.2
6 RALPH BOWLES	42 DIAB R R	35:04.4
7 DAVE LEVITSKY	O WEST VALLEY	35:21.2
8 MICHAEL GRAF	17 UNAT	35:24.7
9 SCOTT MOLINA	17 DIAB MADMEN	35:29.0
10 DAN ANDERSON	O WEST VALLEY	35:35.8
11 PETER FASTER	17 UNAT	35:36.9

65	3843	J. HEIKEN MD	44	MALIBU	CA	6150	2159129	12 MENS DIV 1
66	2725	MICHAEL TERMINE	37	SANTA ANA	CA	6151	2159138	25 MENS SUBMASTERS
67	3355	DAVID DOBKOWSKI	20	BELLEVILLE	IN	6151	2159139	23 MENS OPEN
68	2704	ROBERT JOHNSON	37	R. P. VERDES	CA	6151	2159159	26 MENS SUBMASTERS

October 29. San Francisco. 1978 San Francisco Mayor's Cup Marathon:

Place	Last Name, First	Time
1	Nabors, Ron	2:30:46.8
2	Goettlemann, Gary	2:34:08.9
3	Skeels, John	2:36:28.7
4	Page, Robert	2:37:02.0
5	Tucker, Ben	2:38:40.7
6	Muela, David	2:39:38.0
7	Hurd, Joseph	2:43:43.1
8	Kearcher, Tomaso	2:44:10.4
9	Dunbar, David	2:45:46.7
10	Lisowski, Michael	2:45:53.5
11	Cook, Jay	2:46:15.9
12	Gustafson, Dennis	2:49:52.9
13	Nevraumont, Myron	2:50:15.5
14	Leutzinger, Richard	2:51:35.5
15	Stark, Steven	2:51:37.6
16	McNab, Keith	2:51:41.6
17	Farren, Paul	2:51:45.7
18	Elliot, Bill	2:52:58.7
19	Jerome II, Edwin	2:53:12.7
20	Vege, Rodolfo	2:53:58.6
21	Reynaga, Santos	2:53:39.6
22	Samuel, Rosas	2:54:12.0
23	Youngman, Paige	2:55:29.0
24	Mericle, Clent	2:56:47.2
25	Clark, Rae	2:56:54.9
26	Flynn, Steve	2:57:38.1
27	Herzog, Richard	2:57:44.8
28	Doran, Jim	2:57:58.8
29	Moyles, Jim	2:58:27.6
30	Hicks, Michael	2:58:54.2
31	Sylvester, Rick	2:58:58.7
32	Garcia, Albert	2:59:07.8
33	Hendrix, Dwight	2:59:10.4
34	Lewis, Jerome	2:59:30.3
35	Wilson, Ted	2:59:31.3
36	Given, Rus	2:59:43.1
37	Lancaster, Kurt	3:00:52.7
38	Percy, Michael	3:00:56.1

/Dave Remington/

October 21. Stanford. Stanford Run

Place	Name	Time
1)	Bill Clark	31:18.3
2)	Mark Chambliss	31:51.6
3)	Bill Seaver	32:36.6
4)	Tom O'Neil	32:45.1
5)	Patrick Miller	33:17.5
6)	Stacey Gelken	33:22.6
7)	Frank Boutin	33:29.3
8)	Tom Jordan	33:35.0
9)	Lane Mason	33:42.3
10)	Lyle Freeman	33:45.9
11)	Nick Winter	33:52.3
12)	Michael Lisowski	33:56.4
16)	R. Cunningham	34:14.8
21)	Hans Giesecke	35:01.4
22)	Bill Miles	35:02.7
24)	David Garcia	35:23.0
25)	Don Swanson	35:24.8
Senior Men over 40:		
14)	Jerome Lewis	34:01.0
15)	Ulrich Kaempf	34:13.1
54)	Saul Silver	37:45.8
Womens Open 14-40:		
129)	Terry Forsell	41:41.0

/Pete Cava/

October 22. New York City. National AAU Women's Marathon:

1. Martha Cooksey (Orange, Calif.), 2:41:48
2. Sue Petersen (Laguna Beach, Calif.), 2:44:43
3. Doreen Ennis (New Jersey AA), 2:46:38
4. Nancy Shafer (Eastern Kentucky), 2:52:20
5. Carol Young (California), 2:52:28
6. Linda Schreiber (Connecticut), 2:54:33

14)	Bill Peck	2nd 5M	2:51:30
15)	Mark Hemphill		2:51:30
16)	Charles Hoover, Jr.		2:53:28
17)	Benjamin Sawyer (JRC) 2 40+		2:53:59
18)	Dennis Parrish (STC) 3SM		2:53:59
19)	Gary Johanson		2:54:26
20)	Charles Cheay		2:54:34
21)	Jay Helgerson		2:54:38
22)	Frank Freyne (CCAC) 4SM		2:56:12
23)	Stephen Stubbs (SCRR)		2:56:15
24)	Michael Dunn		2:56:35
25)	Bruce Yoshiwara		2:57:07
26)	John Murphy		2:57:20
27)	Murray Hodhman	5 SM	2:57:47
28)	Arturo Tello (PTC)		2:58:06
29)	Jerry Hong		2:58:42
30)	Robert Tremblay		2:58:58
36)	Jack Cline	1st 45+	3:01:16
37)	David Parker	2nd 45+	3:01:20
72)	Monty Montgomery	1st 70+	3:14:48
75)	Mary Jane Rense	1W	3:15:39
101)	Erica Forbes	2W	3:22:53
103)	Art Schneider	1st 55+	3:23:05
119)	Mary Seamster	3 W	3:27:22
138)	Claire Meyer	4W	3:32:57
143)	Jane Stewart	5W	3:33:33
144)	Joshitaka Sakazaki	2 50+	3:33:37
162)	Ann Hill	1W SM	3:38:51
166)	Sandra Marshall	2W SM	3:39:57
172)	Kathy Waterman	6W	3:41:40
173)	Anna Portia Roberts	7W	3:41:45
183)	Georges V. Samana	3 50+	3:43:55
186)	Lanelle Paulick	8W	3:45:45
187)	George Williams	3 55+	3:46:01
188)	Catherine Cederberg	9W	3:46:32
191)	Anita Watts	3 SM	3:47:26
199)	Jim Bole	2 70+	3:49:50
251)	Al Clark	3 60+ (STC)	4:06:13
252)	Susan Harned	1W 40+	4:06:25

Half-Marathon

1)	John C. Botke	1 SM	1:12:13
2)	John Brennand (SBAA) 1 40+		1:12:13
3)	Steve Close (STC) 2SM		1:13:50
4)	Michael Bergkamp (SBAA)		1:15:58
5)	Julian Sanchez	3 SM	1:16:19
6)	Byrle Smalen (STC) 1W SM		1:16:28
7)	John Rudberg	2 40+	1:16:34
8)	James Williams		1:16:47
9)	Darty Cronin	1 50+	1:17:43
10)	Tim Morse		1:17:52
11)	Eugene Veenhulf		1:18:32
12)	Ron Sasser		1:18:50
13)	David Sills	3 40+	1:18:55
14)	Jon Root (SLOD)		1:19:15
15)	Bill Flynn		1:19:31
16)	Larry Pontinen	4 SM	1:20:02
17)	Unidentified		1:20:04
18)	George Guerrero		1:20:05
19)	Vincent Figueroa (SBAA)		1:20:21
20)	James Pierson		1:20:21
21)	Peter Johnson	5 SM	1:21:04
22)	Glen Leckman		1:21:17
23)	Edwin Jerome (TRAC) 6 SM		1:21:59
24)	Larry Gatton		1:22:04
25)	Orville Stoerber		1:22:28
26)	Robert Opliger (UCSB)		1:22:38
27)	Laurence Plunkett		1:22:48
28)	Hayward Kaiser		1:23:00
29)	Peter Chambliss (BB) 7 SM		1:23:20
30)	John Perkins	2 50+	1:23:43
31)	Dan Sheeran (STC) 3 50+		1:23:51
33)	George Berg	1 45+	1:24:22
36)	Bob Holtel (STC) 2 45+		1:25:50
38)	Jack Thomas	3 45+	1:26:20
43)	Chuck Bolin (STC) 4 40+		1:27:11
44)	George Fiegel	9 SM	1:27:23
45)	Richard Watson	5 40+	1:27:30
48)	George Davall	4 45+	1:27:56
50)	Ray Gil (STC) 4 50+		1:28:27

6 mile:	Name	Time
1)	Tom Wysocki	28:48
2)	David Wood	30:30
3)	Tom Olson	30:37
4)	Perry Linn	30:41
5)	Hans Menet	M30-39 30:43
6)	Pat McGuire	M14-17 30:50
7)	Mark Shuman	30:50
8)	John Frank	M14-17 tie 30:59
	Jim Price	30:59
10)	Pat Finn	31:32
11)	Glenn McCarthy	31:46
12)	Michael Tubbee	31:56
13)	Miguel Tibaduiza	31:59
14)	Frank Krebs	M30-39 32:04
15)	David Mills	32:10
16)	Craig Van Sickle	32:15
17)	Britt Brewer	M14-17 32:33
18)	Bill Gregg	32:35
19)	David Luckengill	32:38
20)	Patrick Buzbee	32:46
21)	Mike Jordam	32:55
22)	Richard Cental	32:56
23)	Robert Conradt	M14-17 32:58
24)	Mark Cyr	33:11
25)	Tom Phillips	M14-17 33:17
26)	Tom Hayes	M30-39 33:21
27)	Jose Solorio	M14-17 33:39
28)	Lee Young	M14-17 34:03
29)	Jack Frost	M30-39 34:14
30)	Scott Brazil	M14-17 34:23
59)	Lee Bunnell	M40-49 36:34
65)	Merrill Gray	W18-29 36:44
66)	Norm Lumian	M50+ 36:51
75)	Darcy Burleson	W14-17 37:16
90)	Sally Edwards	W30-39 38:09
95)	Colleen Connors	W18-29 38:31
104)	Juli Mastain	W18-29 38:56
126)	Vivian West	W14-17 39:51
137)	Kathlee Kaiser	W30-39 40:38
142)	Regina Silva	W18-29 40:51
148)	Sue Schnell	W18-29 41:11

November 11. Thousand Oaks. Los Robles Hospital 10K:

1. Carl Pytlinski 36:02 Sub Master
2. T.J. McGreevy 36:18
3. Neal Blanke 36:59
4. Jim Arwood 36:57 Master
5. John Ellis 38:27 Sub Master
6. Demetrio Miller 38:32 Master
7. Juris Priedkalns 38:50
8. John McGreevy 38:50
9. Jerry Crowley 39:04
10. Milton Johnson 39:57
11. David Elder 39:43
12. Ronald Siegel 39:47
13. John Armstrong 40:54
14. Hartzler 41:04
15. Arnie Kubelun 41:07 Master

- 16. Ron McCloud 41:41
- 17. Richard Norman 41:49
- 18. Margaret Miller 42:40 Woman
- 19. When 42:41
- 20. Robert Brown 43:01
- 21. Henry Curry 43:38
- 22. Dan Pry 43:54
- 23. Robert Hitchcock 43:56
- 24. John Slaminski 44:01
- 25. George Clapsaddle 44:02
- 26. Greg Sanders 44:03
- 27. Paul Elder 44:04
- 28. Jinny Blandford 44:10 Woman

/John Duhig/

November 10. Goleta. Winning Women
10k at Goleta Beach Park:

PLC	NUM	FINISHER	AGE/SEX	TIME
1	18	DONNA CHIN	18F	GOLETA 38:14
2	140	DIANE KILLEN	22F	SANTA BARBARA 38:46
3	203	TARA MUIRS	17F	SANTA BARBARA 39:13
4	160	MARY CARMAN	17F	SANTA BARBARA 39:50
5	174	JULIE THRUUPP	18F	SANTA BARBARA 39:59
6	178	SUSAN LANE	19F	ISLA VISTA 41:44
7	1	FAY HOBBS	43F	SANTA BARBARA 42:16
8	143	MARY JANE RENSE	29F	SANTA BARBARA 42:37
9	52	KATHLEEN KINANE	20F	ISLA VISTA 42:47
10	195	WENDY BRONSON	31F	CARPINTERIA 42:51
11	168	ELIZABETH HUBBS	18F	SANTA BARBARA 43:17
12	151	KATHERINE SILSBURY	34F	SANTA BARBARA 43:47
13	100	ANN SANDERS	28F	GOLETA 44:35
14	102	SHIRLEY SAUNDERS	37F	SANTA BARBARA 44:50
15	186	DEBORAH ALTUS	19F	SANTA BARBARA 45:19
16	164	LISA MORENO	18F	SANTA BARBARA 45:21
17	33	SARAH FIGUEROA	16F	GOLETA 45:21
18	2	THERESA ACEERRO	32F	VENTURA 45:21
19	7	JANICE BEHGAMP	26F	GOLETA 45:45
20	187	NANCY ESCAMILLA	19F	SANTA BARBARA 45:48
21	147	ANGELA DE LEON	18F	SANTA BARBARA 46:12
22	145	ROBERTA LENARD	18F	SANTA BARBARA 46:12
23	42	PEARL GARCIA	24F	SANTA BARBARA 46:21
24	152	ROMA WALSH	32F	SANTA BARBARA 46:21
25	150	PAULA JARABIN	19F	SANTA BARBARA 46:31
26	141	HERMIDITH MILLS	21F	GOLETA 47:00
27	137	ELISE MARY COPLEY	23F	GOLETA 47:00
28	48	ILONA HUSKA	27F	GOLETA 47:09
29	173	JENNIFER MORELAND	26F	SANTA BARBARA 47:21
30	77	SUSAN NEUFELD	36F	SANTA BARBARA 47:35
31	146	KRISTIE SKANDERUP	18F	SANTA BARBARA 47:57
32	89	JULIE RODEWALD	9F	CAMARILLO 48:19
33	132	CAROL WILSON	30F	SANTA BARBARA 48:19
34	159	LYN CARMAN	41F	SANTA BARBARA 48:33
35	50	MARY JOHNSON	27F	SANTA BARBARA 48:51

Far Western Conference Cross Country
Finals 1978

1.	White, Jim	31:21..H	Sec.
2.	Van Horn, Mike	31:51	Sec.
3.	Rinde, Dennis	31:54	Sec.
4.	Ebinger, Frank	32:08	Hum.
5.	Morales, Ramon	32:16	Hum.
6.	Conover, Mark	32:22	Hum.
7.	Danacey, Frank	32:25	Hum.
8.	Sutherland, Gary	32:30	Sec.
9.	Innes, Royer	32:34	Hum.
10.	Olson, Tom	32:35	Chico
11.	Farrell, Tim	32:42	Sec.
12.	Edoun, Brad	32:55	Sec.
13.	Cotton, Steve	32:56	Davis
14.	Embody, John	32:57	Hay
15.	Martinielli, Dan	33:04	S.F.

- + 8. Robert Wink Suisun 12:45.5
- 9. Hector Flores Modesto 12:46.4
- 10. Tom Barlow Walnut Creek 12:47.1
- 11. Steve Haackel Piedmont 12:47.7
- 12. Paul Eckert San Leandro 12:48.6
- 13. Ira Moch Piedmont 13:00.5
- 14. Rory White Turlock 13:04.1
- 15. Jeff Wolstenholme Concord 13:04.8

GIRLS 14-15 2.5 MILE RACE

- 1. Cathy Nakahara Berkeley 15:35.9
- 2. Jennifer Harvard Piedmont 15:43.1
- 3. Myra Troske Fairfield 15:44.7
- 4. Terri King San Leandro 16:00.3
- 5. Liria Overgaard Ceres 16:09.3
- 6. Renee Friemuth Albany 16:23.9
- 7. Kathy Bruder Walnut Creek 16:24.7
- 8. Carol Vanderford Modesto 16:32.1
- 9. Anita Cisek Union City 16:33.5
- 10. Larita Del Santo Fremont 16:35.6

BOYS 16-17 3.0 MILE RACE

- 1. Scott Molina Pittsburg 14:39.8
- 2. Mike Graf Orinda 14:45.9
- 3. Ken Alberg Lodi 14:46.2
- + 4. Eric Baugh Antioch 14:52.0
- 5. Hart Jordan Piedmont 15:17.1
- 6. Kevin Reynolds Pleasant Hill 15:19.2
- 7. Dan Rubio Vacaville 15:20.3
- + 8. Lanny Keller Antioch 15:21.4
- 9. Mike Warr Vacaville 15:26.0
- 10. Jim Hoover Concord 15:30.9
- 11. Marco Marra San Francisco 15:31.3
- 12. Jon Coleman Oakland 15:38.9
- 13. Ron Botlano Piedmont 15:50.6
- 14. Ted Franse Lodi 15:51.3
- 15. John Stallone El Cerrito 15:52.7

GIRLS 16-17 3.0 MILE RACE

- 1. Debbie Quintana San Leandro 18:25.1*
- 2. Dana Spurrier Orinda 18:32.2
- 3. Kathy Bergerson Fairfield 18:41.7
- 4. Nancy Atulias Pleasant Hill 18:53.9
- 5. Della Del Santo Fremont 19:05.8

/Gary Santos/

November 18. Santa Rosa. Heart of the Empire 15 Kilo

- 1) Butch Alexander (VMRC) 49:33
- 2) Hersh Jenkins 50:10
- 3) Kim Schauer (MarinRers) 50:22
- 4) Mike McGrath (AGRC) 50:30
- 5) Jerry Drew (MarinRers) 51:15
- 6) Mike Timmerman (MR) 51:35
- 7) Ron Kesecker (VMRC) 51:52
- 8) Dennis Bollman (VMRC) 52:46
- 9) Clark Rosen (Pama) 53:05
- 10) Jack Hackman (VMRC) 53:20
- 11) George Bratsburg (CCC) 53:29
- 12) Emery Mitchell (MR) 53:42
- 13) Dan Preston (VMRC) 53:45
- 14) Phil Mitchell (MR) 53:53
- 15) Dennis Doris (VMRC) 54:17
- 16) Dave Sjostedt (VMRC) 54:31
- 17) Craig Roland (ER) 55:06
- 18) Bob Lawrence (Tamal) 55:10
- 19) Bob Dohlstet (un) 55:17
- 20) Hugh McWilliams (VMRC) 55:25
- 83) Maria Regalado (un) 65:58
- 107) Garina Hostman (un) 69:04
- 108) Bonny Lawrence (Tam) 69:19
- 110) Michelle Felton (SD) 69:32
- 110) Chris Bar (un) 69:34

6.07 mile

- Masters-Men:
- 1) Carlos Saldivar (11th) 38:36
 - 2) John Flather (13th) 39:06
 - 3) Ron Kovacs (15th) 39:22
- Men 18-39:
- 1) Gary Blume (1st) 31:42
 - 2) Timothy Chain (2nd) 33:17
 - 3) Hugh Stahl (4th) 34:40
 - 4) Mike Gama (5th) 36:02
 - 5) Ross Rowley (7th) 36:29

- Women 18-39:
- 1) Kristine Morrella (73rd) 48:20
 - 2) Susan Roberts (75th) 48:33
 - 3) Sharon Gaskin (105th) 53:10

- Boys 14-17:
- 1) Dave Bush (3rd) 34:23
 - 2) Tom Dorst (6th) 36:21
 - 3) Jon Hidalgo (10th) 37:53

- Girls 12-13:
- 1) Andrea Lepley (83rd) 50:48
- Girls 10-11:
- 1) Linda Carroll (66th) 46:54

- Masters-Men:
- 1) Werner Sandross (25th) 79:18
 - 2) Jon Baumgartner (27th) 79:53
 - 3) Roderick McKenzie (28th) 80:21

- Men 18-39:
- 1) Steve Brooks (1st) 62:56
 - 2) Joe Salazar (2nd) 63:29
 - 3) Michael Duncan (3rd) 66:55
 - 4) David James (4th) 68:12
 - 5) Dan Dierken (5th) 68:47

- Women 18-39:
- 1) Skip Swannack (30th) 80:38
- Boys 14-17:
- 1) Paul Carrier (5th) 68:18
- /Danny Moon/

November 19. Clarksburg. 13th Annual Pepsi 20 Mile

Place	Place	Name	Time
1	1	SU-M Bill Clark	1:48:24
2	1	OP-M Michael Wheeler	1:48:57
3	2	OP-M Curtis Miyaji	1:49:09
4	3	OP-M Perry Linn	1:49:37
5	2	SU-M Gary Goettelmann	1:49:53
6	4	OP-M Howard Labrie	1:49:53
7	5	OP-M Mark Proteau	1:50:05
8	6	OP-M John Laird	1:51:02
9	7	OP-M Mike Plummer	1:51:10
10	3	SU-M Greg Jewett	1:51:58
11	8	OP-M Jim Howard	1:52:36
12	9	OP-M Jim Cook	1:52:58
13	10	OP-M Michael Buzbee	1:54:03
14	4	SU-M Fred Forsberg	1:54:09
15	11	OP-M Chris Hamer	1:54:16
16	12	OP-M Tom Kennedy	1:54:21
17	5	SU-M Bert Johnson	1:54:30
18	13	OP-M Kevin Kirby	1:54:48
19	6	SU-M Gary Alderman	1:54:48
20	7	SU-M William Jerney	1:55:24
21	14	OP-M Jeff Wovling	1:55:26
22	15	OP-M Erik Cinje	1:55:48
23	1	J/S-M Mike Warr	1:55:52
24	8	SU-M Terry Hughes	1:55:59
25	9	SU-M Doug Rennie	1:56:11
26	16	OP-M Ricky Denesik	1:56:13
27	17	OP-M Mike Ercolini	1:56:23
28	18	OP-M Mark Kircmeyer	1:56:23
29	19	OP-M Frank Hutchinson	1:56:34
30	10	SU-M Gregory Nelson	1:56:35

OPEN WOMEN

- 31:31 29. Betsy White 40
- 34:54 36. Mary Johnson 38
- 34:57 37. Enid Marcus 25

MASTERS WOMEN

- 40 years and over
- * 31:31 29. Betsy White 40

November 18. Rock Island, Illinois.
Division III:

- 1) Henderson (Wheaton) 23:54
 - 2) Becraft (Ohio Nn) 24:12
 - 3) Jeff Milliman (N Cent) 24:17
 - 4) Hunt (Bost St) 24:20
 - 5) Phelan (Keene) 24:23
 - 6) Goss (F&M) 24:23
 - 7) Diekma (Calvin) 24:23
 - 8) Jawor (N Cent) 24:25
 - 9) Palmquist (St. Olaf) 24:26
 - 10) Sheely (Haverford) 24:29
- North Central 60, Luther 151, St. Thomas 152, Humboldt State 158, St. Olaf 209.

November 26. Orange. 1978 National Masters Marathon

- 1) Fritz Mueller 1st 40-44 2:25:26
- 2) John Brennan 2nd 40-44 2:29:25
- 3) Roger Rouiller 3rd 40-44 2:29:34
- 4) Michael Tymn 4/40-44 2:29:52
- 5) Darryl Beardall 5/40-44 2:30:52
- 6) Skip Shaffer 6/40-44 2:32:45
- 7) Joe Burgasser 7/40-44 2:33:28
- 8) James Gallup 8/40-44 2:34:42
- 9) Maurice Pratt 9/40-44 2:35:07
- 10) Ross Smith 1st 50-54 2:38:05
- 11) Kent Guthrie 1st 50-44 2:40:23
- 12) David Pitkethly 11/40-44 2:40:46
- 13) Alan Dirkin 12/40-44 2:41:22
- 14) Ralph Bowles 13/40-44 2:43:26
- 15) Abe Underwood 14/40-44 2:43:32
- 16) Bill Blair 15/40-44 2:44:35
- 17) Ed Almeida 1st 55-59 2:45:15
- 18) Jim O'Neil 2/50-54 2:45:40
- 19) Roger Murray 16/40-44 2:46:23
- 20) Frank Delgado 17/40-44 2:46:41
- 21) James McBride 18/40-44 2:47:18
- 22) William Bugler 19/40-44 2:47:45
- 23) John Rudberg 20/40-44 2:47:52
- 24) Fred Kiddy 2:48:02
- 25) Ray Schmidt 2:48:06
- 26) Michael Healy 1st 45-49 2:48:14
- 27) Andre Tocco 2:50:19
- 28) Robert Malain 3/50-54 2:50:39
- 29) Tracy Brown 4/50-54 2:51:18
- 30) Bill Stock 2/45-49 2:51:43
- 31) James Jacobs 3/45-49 2:56:16
- 32) Robert Cushen 4/45-49 2:52:30
- 33) Eugene Lynch 5/45-49 2:52:34
- 34) Richard Davies 2/55-59 2:53:02
- 35) Howard Albano 6/45-49 2:53:59
- 36) James Brusstar 2:54:09
- 37) Jim Nicholson 7/45-49 2:54:37
- 38) Ben Sawyer 2:54:54
- 39) Jack Byrd 2:55:07
- 40) Jim M... 8/45-49 2:55:22

31	146	KRISTI SKANDERUP	19F	SANTA BARBARA	47:35
32	89	JULIE RODEWALD	19F	CAMARILLO	47:57
33	132	CAROL WILSON	30F	SANTA BARBARA	48:19
34	159	LYN CARMAN	41F	SANTA BARBARA	48:33
35	50	MARY JOHNSON	27F	SANTA BARBARA	48:51

Far Western Conference Cross Country
Finals 1978

1.	White, Jim	31:21.8	Sac.
2.	Van Horn, Mike	31:51	Sac.
3.	Rinde, Dennis	31:54	Sac.
4.	Ehiner, Frank	32:08	Hua
5.	Morales, Ramon	32:16	Hua.
6.	Conover, Mark	32:22	Hua.
7.	Dauncey, Frank	32:25	Hua.
8.	Sutherland, Gary	32:30	Sac.
9.	Innes, Royer	32:34	Hua.
10.	Olson, Tom	32:35	Chico
11.	Farrell, Tim	32:42	Sac.
12.	Edown, Brad	32:55	Sac.
13.	Cotton, Steve	32:56	Davis
14.	Embody, John	32:57	Hay.
15.	Martinelli, Dan	33:04	S.F.
16.	Borland, Glen	33:08	Hua.
17.	Lange, Bob	33:10	S.F.
18.	Bauwendistel, Art	33:25	Sac.
19.	Watkins, Steve	33:32	Hua.
20.	Pratt, Mike	33:33	Davis
21.	Baragan, Javier	33:34	Davis
22.	Mulkey, Kent	33:42	Chico
23.	Hornstra, Rich	33:46	S.F.
24.	Fairley, Bob	33:49	Davis
25.	Anex, Rob	33:53	Davis

TEAM STANDINGS

1.	Sacramento	25
2.	Humboldt	31
3.	Davis	103
4.	San Francisco	117
5.	Hayward	128
6.	Chico	164
7.	Stanislaus	Nob.

November 15 & 16. Pleasant Hill. AAU
Junior Olympic Cross Country Trials

BOYS 12-13 2.0 MILE RACE

1.	John Lattig	Martinez	10:19.3*
2.	Pat McManan	Pittsburg	10:26.7
3.	Jeff Mhm	Lafayette	10:26.8
4.	Dave Moore	Walnut Creek	10:35.7
5.	Roberto Casares	Vacaville	10:37.0
6.	Mike Fottrell	Danville	10:41.5
7.	Jeff Prauninger	Walnut Creek	10:42.2
8.	Jim Chaney	Pleasant Hill	10:43.0
9.	Steve Sovik	Pittsburg	10:43.7

GIRLS 12-13 2.0 MILE RACE

1.	Leslie Gowan	Fairfield	12:15.3
2.	Patty Torrey	Alameda	12:25.6
3.	Joy Insley	Alameda	12:37.4
4.	Linda Crane	Alameda	12:41.0
5.	Anna Gudra	Ceres	12:46.8

BOYS 14-15 2.5 MILE RACE

1.	Rusty Knowles	Vacaville	12:20.7*
2.	Larry Lincoln	Orinda	12:25.1
3.	Bruce Williams	Livermore	12:26.1
4.	Chuck Fanter	Ceres	12:28.0
5.	Frank Peterson	Pittsburg	12:31.2
6.	Richard Beemer	Fairfield	12:40.0
7.	Ron Souther	Fairfield	12:41.1

1.	Butch Jenkins	50:13
2.	Bersh Jenkins	50:13
3.	Kim Schaurer (MarinRcrs)	50:22
4.	Mike McGrath (AGRC)	50:30
5.	Jerry Drew (MarinRcrs)	51:15
6.	Mike Timmerman (MR)	51:35
7.	Ron Kesecker (VMRC)	51:52
8.	Dennis Bollman (VMRC)	52:46
9.	Clark Rosen (Pama)	53:05
10.	Jack Hackman (VMRC)	53:20
11.	George Bratsburg (CCC)	53:29
12.	Emery Mitchell (MR)	53:42
13.	Dan Preston (VMRC)	53:45
14.	Phil Mitchell (MR)	53:53
15.	Dennis Doris (VMRC)	54:17
16.	Dave Sjostedt (VMRC)	54:31
17.	Craig Roland (ER)	55:06
18.	Bob Lawrence (Tamal)	55:10
19.	Bob Dohlstat (un)	55:17
20.	Hugh McWilliams (VMRC)	55:25
83.	Maria Regalado (un)	65:58
107.	Garina Hostman (un)	69:04
108.	Bonny Lawrence (Tam)	69:19
110.	Michelle Felton (SD)	69:32
119.	Chris Reed (un)	70:24
121.	Debra Davis (un)	70:59

/Glenn McCarthy/

November 18. King City. King City "Run
through the Valley" 6 mile:

1.	Hayward Norton (31)	32:56
2.	Rick Richina (17)	33:22
3.	Mike Gourley (21)	33:26
4.	Rocky Gevara (16)	34:02
5.	Jon Root (32)	34:11
6.	Brad Clinton (18)	34:20
7.	Scott Clement (17)	34:55
8.	Alberto Zavala (17)	34:55
9.	Keith Handley (37)	35:05
10.	Ed Colofer (29)	35:19
11.	Hector Gonzalez (17)	35:25
12.	Willie Fraire (19)	35:55
13.	Mike Smith (20)	35:57
14.	Skip Latham (25)	36:27
15.	Robert Faist (23)	36:29
16.	Babe Ramirez (29)	36:45
17.	Ray Marchi (41)	36:55
18.	Gary Meurer (23)	37:06
19.	Richard Martinez (31)	37:29
20.	Terry Uebelhart (32)	37:44
26.	Ed Foley (50)	38:26
27.	Tiffany Choy (15)	38:38
74.	Mimi Ballengee (14)	44:03
79.	Chris Mellick (30)	44:53
81.	Belinda Escobar (20)	45:16
84.	Mary Pat Wilkinson (16)	45:29

November 19. Santa Clara Valley. The
Fourth Annual Santa Clara Valley
Autumn Ridge Run

Cloudy skies and temperatures in the mid-fifties provided fine conditions for the 1978 Autumn Ridge Run. Gary Blume finished very strongly to better Mike Pinocci's previous course record in the 6.07 mile race by 3 seconds. Dave Bush, finishing third overall in the same race, lowered the 14-17 boys record by more than a minute and a half. Steve Brooks took the overall crown in the tough 10.76 mile race, only 8 seconds slower than Jan Sershen's record.

5.	OP-M Howard Labadie	1:49:33
6.	OP-M John Laird	1:50:05
7.	OP-M Mike Plummer	1:51:02
8.	OP-M Greg Jewett	1:51:10
9.	OP-M Jim Howard	1:51:58
10.	OP-M Jim Cook	1:52:36
11.	OP-M Michael Buzbee	1:52:58
12.	SU-M Fred Forsberg	1:54:03
13.	OP-M Chris Hamer	1:54:09
14.	OP-M Tom Kennedy	1:54:16
15.	OP-M Bert Johnson	1:54:21
16.	OP-M Kevin Kirby	1:54:30
17.	OP-M Gary Alderman	1:54:48
18.	OP-M William Jenney	1:54:48
19.	OP-M Jeff Cowling	1:55:24
20.	OP-M Erik Winje	1:55:26
21.	J/S-M Mike Warr	1:55:48
22.	SU-M Terry Hughes	1:55:52
23.	SU-M Doug Rennie	1:55:59
24.	OP-M Ricky Denesik	1:56:11
25.	OP-M Mike Ercolini	1:56:13
26.	OP-M Mark Kirchmeyer	1:56:23
27.	OP-M Frank Hutchinson	1:56:34
28.	OP-M Gregory Nelson	1:56:35
29.	OP-M Gary Sutherland	1:56:42
30.	OP-M Frank Boutin, Jr.	1:56:44
31.	OP-M Bruce Dewsberry	1:56:46
32.	OP-M Robert Bourbeau	1:56:52
33.	OP-M Ron Mellor	1:56:53
34.	OP-M Dan Williams	1:56:57
35.	OP-M Patrick Buzbee	1:57:17
36.	OP-M Mike Wright	1:57:40
37.	OP-M Michael Brown	1:57:56
38.	OP-M David Dunbar	1:57:59
39.	SU-M Tom Hayes	1:58:01
40.	SU-M Kees Tuinzing	1:58:02
41.	OP-M Mike Gulli	1:58:07
42.	OP-M Karl Machschefer	1:58:24
43.	OP-M Thomas Cathcart	1:58:25
44.	OP-M David Stevenson	1:58:38
45.	OP-M Chris Nowak	1:58:39
46.	OP-M William May	1:58:39
47.	OP-M Santos Reynaga	1:58:43
48.	OP-M (UNOFFICIAL)	1:58:46
49.	SU-W Joan Ulyot	*2:09:25
50.	OP-W Penny DeMoss	2:10:44
185.	OP-W Jill Symons	2:09:14

/Elaine Hocking-Reese/

November 19. Lake Merced Run--4.5 Mil.

Time	Place	Name	Age
23:15	1.	Bob Darling	29
23:36	2.	George Green	28
23:44	3.	illegal finisher	
23:50	4.	Michael Skiff	19
23:57	5.	Victor Torres	23
24:06	6.	Jeffrey Wall	36
24:29	7.	Michael Niemiee	28
24:45	8.	Chuck McMillan	20
25:06	9.	Kevin Cruikshank	22
25:11	10.	Jim Gibbons	34
25:36	11.	Dennis Reager	34
25:44	12.	Danilo Sanchez	18
26:00	13.	Brad Meegan	18
26:59	14.	David Robertson	27
27:14	15.	Gus Cano	29
27:20	16.	Steve Higgins	29
27:52	17.	C. B. de Tennis	21
28:01	18.	Gene White	44
28:02	19.	illegal finisher	
28:11	20.	Earl Norgard	41
28:49	21.	Jack Driscoll	30
29:10	22.	Bob Coon	31
29:15	23.	John Murtaugh	32
29:32	24.	Darin Ahlbrecht	14
30:07	25.	Richard Gerving	29

November 26. Anaheim. Community Bank
River Run II--10,000m:

Men		
1)	Ben Wilson (Loesch RC)	30:13
2)	Steve Scott (ITC)	30:15
3)	Lew Patterson (Loesch RC)	30:16
4)	Ben Martinez (AIA)	30:18
5)	Ron Cornell	30:19
6)	Tom Lee (Loesch RC)	30:30
7)	Charlie Christensen (ITC)	30:33
8)	Don Moses (ITC)	30:44
9)	Ralph Serna (ITC)	30:46
10)	Dave Daniels (ITC)	30:52
11)	Joey Gomez (Full TC)	30:53
12)	Manny Bautista	30:53
13)	Dave Frickel (SecSole)	31:04
14)	Jeff Clark (AggieTC)	31:08
15)	Collin McConnell (ITC)	31:08
Women		
1)	Ruth Caldwell (Loesch RC)	35:08
2)	Michelle Bush (Loesch RC)	35:52
3)	Andrea Kirkhorn	37:25
15u Boys:		
1)	Robert Planta (44th)	33:02
16u Girls:		
1)	Andrea Kirkhorn (204th)	37:25
16-18 Boys:		
1)	Joey Gomez (11th)	30:53
35-39 Men:		
1)	Ray Hughes (59th)	33:31
40-44:		
1)	Truman Clark (86th)	34:22
45-49:		
1)	Joe Tyler (126th)	35:49
50-54 Men:		
1)	Collin Guiver (227th)	37:52

- 55-59 Men:
 1) Sam Bilich (365th) NT
 60+ Men:
 1) Clyde Alling (471st) NT
 30-39 Women:
 1) Fran Soloman (298th) 39:02
 40-49 Women:
 1) Judy Martin (639th) NT
 50+ Women:
 1) Alice Kroper (1038th) NT

Men's Team:
 1-Irvine Track Club 36, 2-Loeschhorns Running Club 70, 3-Fullerton Track Club 96.

Women's Team:
 1-Loeschhorns Running Club 2379, 2-Orange County Track Club 2724. /Dennis Caldwell/

November 25. Memphis, Tennessee. Nat'l AAU Women's Cross Country Championships

- | | |
|------------------------------|---------|
| 1) Julie Brown (LAN) | 16:32.6 |
| 2) Jan Merrill (AGAA) | 16:35.1 |
| 3) Julie Shea (NCSUTC) | 16:41.8 |
| 4) Kathy Mills (PennSt) | 16:43.9 |
| 5) Jenifer White (DCRC) | 16:46.2 |
| 6) Margaret Gross (CVTC) | 16:46.6 |
| 7) Ellison Goodall (un) | 16:50.3 |
| 8) Joan Benoit (LibAC) | 16:52.2 |
| 9) Deb Vetter (IowaStUTC) | 17:01.0 |
| 10) Dia Elliman (LibAC) | 17:02.0 |
| 11) Sue Kinsey (LAN) | 17:03.9 |
| 22) Kathy Perkins (SJC) | 17:29.6 |
| 23) Roxanne Bier (SJC) | 17:32.7 |
| 32) Linda Broderick (UCLATC) | 17:41.9 |
| 33) Ann Regan (SJC) | 17:46.5 |
| 35) Jan Oehm (Lib AC) | 17:48.4 |
| 37) Sheila Ralston (UCLATC) | 17:49.7 |
| 42) Phyllis Olrich (SJC) | 17:56.9 |
| 43) Wendy Walker (LAN) | 17:57.3 |
| 57) Carol Cook (LAN) | 18:12.5 |
| 74) Kathy Chisam (UCLATC) | 18:35.9 |
| 79) Connie Hester (FPTC) | 18:41.5 |
| 94) Cecilia Peterson (LAN) | 19:22.5 |
| 99) Marcia Romesser (FPTC) | 19:30.3 |
| 104) Tina Moran (GlenCaTC) | 19:47.4 |

Junior Women:

- | | |
|------------------------------|---------|
| 1) Aileen O'Connor (Wash) | 13:41.1 |
| 2) Betty Springs (un) | 13:41.6 |
| 3) Carrie Craven (SciotoTC) | 13:55.4 |
| 4) Su Mei Lee (SCRR) | 14:05.5 |
| 5) Pat Murnane (Lib AC) | 14:07.2 |
| 6) Emily Wood (NY Harr) | 14:09.2 |
| 7) Ann Henderson (un) | 14:09.4 |
| 8) Lesley Welch (Lib AC) | 14:10.4 |
| 9) Jill Puroola (LWTFA) | 14:11.7 |
| 10) Mary Banks (ShoreAC) | 14:12.0 |
| 21) Rene Ortiz (FPTC) | 14:26.4 |
| 68) Krista Roberts (SacSpik) | 15:25.9 |

Intermediate Division:

- | | |
|-----------------------------|---------|
| 1) Kerry Brogan (SJC) | 14:10.6 |
| 2) Maria King (SJC) | 14:18.6 |
| 3) Leanne Buckley (ETC) | 14:31.2 |
| 4) Laurie Sawyer (un) | 14:34.3 |
| 5) Michelle Garche (SCRR) | 14:44.9 |
| 6) Nancy Louise Kramer (un) | 14:56.8 |
| 7) Sheila Wall (LIGS) | 15:00.7 |
| 8) Aida Stearns (SJC) | 15:03.2 |
| 9) Cathy Demmelmaier (SJC) | 15:08.3 |
| 10) Paula Cobb (SCRR) | 15:08.7 |
| 13) Lenell Waskow (SCRR) | 15:19.7 |
| 14) Tracy Weber (SJC) | 15:20.0 |
| 16) Jada Chretien (SJC) | 15:22.6 |
| 17) Shari Wheeler (SCRR) | 15:24.3 |
| 24) Kathy Kelley (SCRR) | 15:41.5 |
| 26) Nancy Flick (SCRR) | 15:45.8 |

- | | |
|-------------------------------|---------|
| 33) Andrea Cervante (RoseGaz) | 9:17.8 |
| 39) Lori Charette (BATC) | 9:24.8 |
| 42) Christine Standley (BATC) | 9:28.8 |
| 44) Valerie McVicar (SCVCTC) | 9:23.9 |
| 46) Jody Payton (SCRR) | 9:36.6 |
| 47) Diane de Dianous (SCRR) | 9:38.2 |
| 52) Becky McCarty (RoseGaz) | 9:42.7 |
| 56) Sara Standley (BATC) | 9:55.3 |
| 59) JoAnn Harvy (SCRR) | 10:00.1 |
| 65) Lisa Lee (RoseGaz) | 10:40.4 |
- Teams: 1st - San Jose Cindergals 54,
 2nd - Southern California Roadrunners
 99, 5th - Roseville CA Gazelles 161,
 6th - Blue Angels TC 196.

Bantam Division:

- | | |
|------------------------------|--------|
| 1) Bethie Hanlon (OlneyTC) | 5:51.0 |
| 2) Christine Rakestraw (KTC) | 6:00.3 |
| 3) Caryn Preusser (KirkTC) | 6:02.3 |
| 4) Carol Doody (SCRR) | 6:05.5 |
| 5) K.C. Goodwin (AlbuqOlym) | 6:07.0 |
| 6) Kerry Bratton (CupYear) | 6:07.4 |
| 7) Catherine McKinney (DCD) | 6:08.5 |
| 8) Sarah Matthews (DCD) | 6:12.9 |
| 9) Tammy Alwine (SandwStr) | 6:15.4 |
| 10) Tracy Reglin (SterIllTC) | 6:16.4 |
| 12) Alisa Fong (RoseGaz) | 6:20.3 |
| 15) Kelly Sage (SCRR) | 6:22.0 |
| 16) Jennell Gomez (SCRR) | 6:22.6 |
| 19) Marlene Reyer (SCThund) | 6:26.2 |
| 22) Susan Ramirez (SCRR) | 6:29.7 |
| 31) Sara Carsiglia (CupYear) | 6:41.9 |
| 34) Lisa Ryan (CuperYear) | 6:48.2 |
| 35) Tracey Nila (CuperYear) | 6:48.2 |
| 36) Diane Castillo (SCThund) | 6:49.4 |
| 37) Tina Lee (Rosevl Gaz) | 6:50.6 |
| 38) Maureen Mahoney (CupYr) | 6:51.6 |
| 43) Michelle Maki (RoseCaGa) | 6:59.1 |
| 45) Julie Corsiglia (CupYr) | 7:03.5 |
| 49) Elenor Calderon (SCRR) | 7:13.6 |
| 50) Shelva Nolen (RosevlGaz) | 7:23.9 |
| 54) Rachelle Fong (RoseGaz) | 7:52.0 |
| 55) Michelle Duran (RoseGaz) | 7:58.3 |
- Teams: 4th - Cupertino Yearlings 144,
 5th - Roseville Gazelles 160. /Pete Cava/

November 26. Sacramento. Olympic Fund Run, 10,000m:

- | | |
|----------------------|-------|
| 1) Christopher Hamer | 31:41 |
| 2) Vladimir Bowles | 33:01 |
| 3) Cliff West | 33:08 |
| 4) Heron Guzman | 33:26 |
| 5) Frank Krebs | 33:52 |
| 6) Stephen Fagundes | 33:58 |
| 7) Mike Warr | 34:48 |
| 8) Roger Vorse | 35:28 |
| 9) Greg Nelson | 35:33 |
| 10) Dennis Gustafson | 35:41 |
| 11) Jim Rogers | 36:33 |
| 12) Robert Ogg | 36:36 |
| 13) Don Spickelmier | 36:38 |
| 14) Paul Manley | 36:39 |
| 15) Joe Kattenhorn | 36:45 |
| 16) Dave Waco | 36:51 |
| 17) Herb Fernandez | 36:59 |
| 18) Ken Lybeck | 37:01 |
| 19) Wayne Johnston | 37:07 |
| 20) Steve O'Donoghue | 37:11 |
| 60) Sally Edwards | 40:48 |
| 77) Suzy Martinez | 42:06 |
| 83) Heidi Skaden | 42:33 |
| 105) Becky Willis | 43:58 |

6 mile:

- | | |
|-------------------|-------|
| 1) Ricky Benesik | 9:04 |
| 2) Noel Hitchcock | 9:06 |
| 3) Tellus Calhoun | 10:02 |
| 4) Don Davidson | 10:11 |

December 2. Fresno. 8th Annual Fresno Road Race (6 mile):

- | | |
|-------------------------------|-------|
| 1) Jim Hartig (FPTC) | 29:55 |
| 2) Greg Hall (FPTC) | 30:20 |
| 3) Juan Garza (HSTC) | 30:29 |
| 4) Bryan Foley (FPTC) | 30:40 |
| 5) Baldemar Betancourt (FPTC) | 31:17 |
| 6) Curtis Elia | 31:34 |
| 7) Robert Lohse 1st HS | 31:53 |
| 8) Shawn Smallwood 2nd HS | 31:57 |
| 9) Dave Lehrman 3rd HS | 32:18 |
| 10) Tom Lohse | 32:21 |
| 11) Sergio Perez 4th HS | 32:40 |
| 12) Al Lomeli | 32:41 |
| 13) David Bronzan 1st 30+ | 32:57 |
| 14) Mike Lennemann | 32:59 |
| 15) Greg McKinstry | 33:06 |
| 16) Gordon Keller 2nd 30+ | 33:08 |
| 17) Bob Lindsey 3rd 30+ | 33:33 |
| 18) Jeff Chandler | 33:55 |
| 19) Jesse Valdez 1st Jr Hi | 33:56 |
| 20) Jeff Merrow | 34:08 |
| 21) Len Thornton 1st 40+ | 34:11 |
| 22) Steve Moreno HS | 34:19 |
| 23) Roy Cortez HS | 34:40 |
| 24) Pete Escobedo HS | 34:40 |
| 25) Tom Bowen 3rd 30+ | 34:50 |
| 38) Gene Lynch 40+ | 35:52 |
| 41) Sid Toabe 1st 50+ | 36:10 |
| 49) Frank Russell 40+ | 36:47 |
| 65) Connie Hester 1st W | 38:20 |
| 67) Shelly Nieto 1st HS W | 38:27 |
| 77) Franz Weinschenk 50+ | 39:17 |
| 98) Sandy McPherson W | 40:51 |
| 116) Meg Newman W | 42:53 |
| 118) Linda DeLeon HS W | 42:55 |
- /Ron Gates/

December 2. Santa Barbara. UCSB Winter Pentathlon:

- | | |
|------------------------|------|
| 1) Al Hamun (DelRivAC) | 3611 |
| 2) Devon Wheeler (un) | 3475 |
| 3) Tom Giles (UCSB) | 3332 |
| 4) Paul Maurer (UCSB) | 3191 |
| 5) Tom Taft (un) | 3138 |
- /Sam Adams/

December 3. Culver City. Western Hemisphere/Culver City Marathon:

- | | |
|-----------------------------|---------|
| 1) Vicente Barrera (Mexico) | 2:20:45 |
| 2) Gary Romesser (FrPacTC) | 2:21:59 |
| 3) Donald Ocana (CCAC) | 2:25:12 |
| 4) Pat Curran (Northrdge) | 2:26:20 |
| 5) Ed Chaidez (Northrdge) | 2:26:47 |
| 6) John Botke (SBAA) | 2:28:51 |
| 7) Tony Ramirez (FrPacTC) | 2:29:09 |
| 8) Manuel Garcia (Mexico) | 2:30:12 |
| 9) Bart Coventry (STC) | 2:30:18 |
| 10) Joe Burgasser (STC) | 2:33:24 |
| 11) Bill Vasquez | 2:35:49 |
| 12) Jim Hurlay | 2:37:13 |
| 13) Rick Delanty | 2:38:35 |
| 14) James Williams (SBAA) | 2:38:54 |
| 15) Jim Minami (AzTC) | 2:40:06 |
| 16) Dennis Forthoffer | 2:40:10 |
| 17) Phil Bush | 2:41:59 |
| 18) Tim Lawrence | 2:42:29 |
| 19) Steve Shewalter (STC) | 2:47:59 |
| 20) Clyde Matsumura | 2:43:13 |
| 21) David Ellington | 2:43:32 |
| 22) George Gurrero | 2:44:39 |
| 23) Gil Schaller (AzTC) | 2:45:11 |
| 24) Dennis Parrish (STC) | 2:45:15 |
| 25) Andrew Levenson (STC) | 2:45:18 |
| 26) Steve Waggener | 2:45:28 |
| 27) Mark Hemphill (SBAA) | 2:46:36 |
| 28) Michael Lepping (SMTCC) | 2:46:45 |

- 30-39 Men:
 1) Steven Levy (FPTC) 30:18
 40-49 Women:
 1) Vicki Schuster (un) 45:14
 40-49 Men:
 1) Frank Delgado (FPTC) 29:15
 50-59 Men:
 1) Sid Toabe (FPTC) 29:59 /Sandy McPherson/

December 9. Bakersfield. 7th Annual Hill 'n' Dale Run

- | | |
|------------------------------|-------|
| 1) Chuck Smead (TmInstck) | 31:14 |
| 2) Randy White (HH) | 31:45 |
| Robby Bray (CPSLO) tie | 31:45 |
| 4) Angel Carillo (HH) | 32:22 |
| 5) Steve Wolters (FPTC) | 32:38 |
| 6) Charlie Boatright (un) | 33:50 |
| 7) Isaac Salcido (HH) | 34:05 |
| 8) Sergio Perez (CorCHS) | 34:10 |
| 9) John Lopez (un) LSM | 34:30 |
| 10) Shawn Smallwood (CorCHS) | 34:48 |
| 11) Randy Steed (WestHS) | 34:55 |
| 12) Ron Rodman (BTC) 2SM | 34:55 |
| 13) Mark Pohl (MMTC) | 35:42 |
| 14) Bryce Kibbey (WestHS) | 35:43 |
| 15) Bill Peck (BTC) | 35:52 |

December 9. Desert Hot Springs. 4th Annual Desert Hot Springs Roadrunner Classic, 10,000m

- Men:
- | | |
|-----------------------------|-------|
| 1) Mark Nelson (PalmSpr) | 33:27 |
| 2) Keith Jones (Indio) | 33:31 |
| 3) Louie Terrones (Indio) | 33:42 |
| 4) Jesse Cota (Coachella) | 35:03 |
| 5) Victor Felix (Coachella) | 35:49 |
| 6) Tom Richards (BigBear) | 35:57 |
| 7) Fred Kiddy (PalmSprng) | 36:01 |
| 8) Ken Paul (29 Palms) | 37:20 |
| 9) John Foster (HuntBch) | 37:35 |
| 10) Dave Clark (PalmDesert) | 37:52 |
- Women:
- | | |
|-------------------------------|-------|
| 1) Sandra Kiddy (PalmSprng) | 39:20 |
| 2) Tina Moran (Glendale) | 40:41 |
| 3) Erin Gallagher (LongBch) | 41:47 |
| 4) Natalie Fernandez (CstMsa) | 41:54 |
| 5) Cindy Kelly (PalVrdEst) | 42:14 |
- /Doug Huff/

December 9. Shawnee Mission, Kansas. 1978 National AAU Junior Olympic Cross Country Championships

- Girls 9u (1 1/2 miles):
- | | |
|---------------------------------|--------|
| 1) Shona Jones (Hastings, NB) | 9:14.8 |
| 2) Peggy Oditia (Columbus, OH) | 9:15.7 |
| 3) Candace Coleman (LongIs, NY) | 9:16.4 |
| 4) Tracey Herman (Bernards, NJ) | 9:18.2 |
| 5) Marcy Burke (Philad., PA) | 9:19.4 |
| 32) Marlene Reyes (ElMonte, CA) | 9:55.7 |
- Boys 9u (1 1/2 miles):
- | | |
|--------------------------------|--------|
| 1) Mike Wall (Susanville, CA) | 8:20.9 |
| 2) Mike Davis (Alexandria, VA) | 8:33.6 |
| 3) Jeff Beer (Morris, IL) | 8:40.6 |
| 4) David Reyna (CollSta, TX) | 8:46.3 |
| 5) John Keating (Richland, WA) | 8:48.9 |
- Girls 10-11 (1 1/2 miles):
- | | |
|---------------------------------|--------|
| 1) Hannah Russell (Mt.Leb., PA) | 8:26.4 |
| 2) Julie Zehnder (Columbus, OH) | 8:27.3 |
| 3) Jinx Mancini (Richmond, VA) | 8:31.0 |
| 4) Denise Sague (Ambler, PA) | 8:40.5 |
| 5) Therese Pursel (MiamiSp, FL) | 8:40.9 |
| 6) Tanva Fisher (CanogaPk, CA) | 8:42.1 |

4) Su Mei Lee (SCRR)	14:05.5
5) Pat Murnane (Lib AC)	14:07.2
6) Emily Wood (NY Harr)	14:09.2
7) Ann Henderson (un)	14:09.4
8) Lesley Welch (Lib AC)	14:10.4
9) Jill Purola (LWTFPA)	14:11.7
10) Mary Banks (ShoreAC)	14:12.0
21) Rene Ortiz (FPTC)	14:26.4
68) Krista Roberts (SacSpik)	15:25.9

Intermediate Division:

1) Kerry Brogan (SJC)	14:10.6
2) Maria King (SJC)	14:18.6
3) Leanne Buckley(ETC)	14:31.2
4) Laurie Sawyer (un)	14:34.3
5) Michelle Garche(SCRR)	14:44.9
6) Nancy Louise Kramer(un)	14:56.8
7) Sheila Wall (LIGS)	15:00.7
8) Aida Stearns (SJC)	15:03.2
9) Cathy Demmelmaier(SJC)	15:08.3
10) Paula Cobb (SCRR)	15:08.7
13) Lenell Waskow (SCRR)	15:19.7
14) Tracy Weber (SJC)	15:20.0
16) Jada Chretien (SJC)	15:22.6
17) Shari Wheeler (SCRR)	15:24.3
24) Kathy Kelley (SCRR)	15:41.5
26) Nancy Flick (SCRR)	15:45.8
34) Callie Mason(RG)	16:26.2
37) Liane Poel (RG)	16:35.5
38) Lynn Simmons (RG)	16:45.5
40) Debbie Gonzales (BATC)	16:48.7
45) Julianne Duran (RG)	17:45.4
48) Carol Gleason(SJC)	18:07.4
49) Debbie Lacher (SCRR)	18:30.2
50) Becky Spencer (RG)	18:44.7
52) Kelly Cerda (SCRR)	19:18.3

Teams: San Jose Cindergals 34 -- 1st,
Southern California Roadrunners 69 --
2nd, Roseville CA Gazelles 204 -- 5th.

Youth Division:

1) Laura Craven (SciotoTC)	10:41.4
2) Conni Frank (SterillTC)	11:06.8
3) Chris Ramirez (SCRR)	11:19.3
4) Kari Jonassen (EastTC)	11:23.0
5) Leslie Pratt (SCRR)	11:25.6
6) Carmen Jordan (KetStr)	11:26.7
7) Kim Kock (Seacst Strid)	11:27.3
8) Stacy Hartsfield (QCF)	11:30.5
9) Cindy Tolle (MetropolxSt)	11:32.7
10) Cathi Frank (SterillTC)	11:33.2
11) Kathy Kiernan(BATC)	11:37.8
15) Trisha Ramirez (SCRR)	11:43.0
16) Jennye Cervantes (SCRR)	11:45.9
18) Cindy Rouiller (SCRR)	11:49.4
20) Sonja Cooper (SCRR)	11:54.0
25) Becky Engelman(SCRR)	11:59.1
26) Teresa Maestos (SCRR)	12:00.4
37) Angie Johnson (SCRR)	12:22.5

Teams: 1st - Southern California Roadrunners 57.

Midget Division:

1) Nanette Garcia (SJC)	8:25.0
2) Tanya Fisher (SCRR)	8:33.9
3) Lynette Morgan (un)	8:37.6
4) Michelle Miller (SJC)	8:42.8
5) Kim Carter (ReddingTC)	8:47.8
6) Sheila Elms (ColoFlyTC)	8:49.2
7) Pauline Vasquez (SJC)	8:49.5
8) Rosie Martinez (SCRR)	8:51.9
9) Sarah Peapples (WashDC)	8:52.3
10) Tina Hartman (Kirkw TC)	8:52.6
12) Kim Christians(SCRR)	8:55.7
13) Liz McDowel (RoseGaz)	8:58.1
18) Stacey McAfee (RoseGaz)	9:03.4
20) Kelly Brogan (SJC)	9:10.1
22) Tori Weisberg (SJC)	9:11.0
27) Sharlene Rogers(SJC)	9:13.8
29) Toni Everts (BATC)	9:15.6
30) Dyana Crabtree (BATC)	9:16.2
31) Bobbi Rubio (SCRR)	9:16.9

3) Cliff West	33:08
4) Heron Guzman	33:26
5) Frank Krebs	33:52
6) Stephen Fagundes	33:58
7) Mike Warr	34:48
8) Roger Vorse	35:28
9) Greg Nelson	35:33
10) Dennis Gustafson	35:41
11) Jim Rogers	36:33
12) Robert Ogg	36:36
13) Don Spickelmier	36:38
14) Paul Manley	36:39
15) Joe Kattenhorn	36:45
16) Dave Waco	36:51
17) Herb Fernandez	36:59
18) Ken Lybeck	37:01
19) Wayne Johnston	37:07
20) Steve O'Donoghue	37:11
60) Sally Edwards	40:48
77) Suzy Martinez	42:06
83) Heidi Skaden	42:33
105) Becky Willis	43:58

6 mile:

1) Ricky Benesik	9:04
2) Noel Hitchcock	9:06
3) Tellus Calhoun	10:02
4) Dan Davidson	10:11
5) Jon Sherburne	10:19
6) Stacy LeBoux	10:41
29) Julie Odell	12:45
31) Kim Clinton	12:49

/Donna Taylor/

November 26. San Antonio, Texas. National AAU Senior 25 Kilometer Walk:

1. Neal Pyke (Sequoia Sports), 1:51:07
2. Jim Heiring (Univ. of Chicago TC), 1:59:35
3. Tom Dooley (West Valley TC), 2:00:39
4. Marco Evoniuk (Colorado), 2:03:28
5. Bob Henderson (Sequoia Sports), 2:04:55
6. Martin Kraft (Motor City Striders), 2:04:49
7. John Kniffel (New York AC), 2:06:35
8. Dave Himmelberger (Sequoia Sports), 2:08:06
9. Bob Kitchen (Potomac Valley Seniors), 2:08:3

Team
West Valley TC

Juniors
Ray Sharp (Mason-Dixon AA), 2:21:42

Masters
Bill Ranney (West Valley TC), 2:09:17

/Pete Cava/

December 3. Chico. Bike 'n Run--
Ordbend Bridge (2 person team):
6 mile--

1) Steve Klein/Tom Vayda	31:22
(1st 15-39)	
2) Allen Masterson/Leann Knedler (1st man-woman)	31:31
13) Brian Richey/Pat Condon (1st under 15)	49:57

17½ mile--

1) Dave Everson/Denny Wolters (1st 15-39)	74:54
3) Jim Gard/Larry Dion (1st 40+)	93:12
5) Gene Meyers/Kathy Sullivan (1st man-woman)	106:38
6) Sally Edwards/Sharron Brockman (1st women)	111:17

/Britt Brewer/

2) Gary Romesser (FrPacSTC)	2:21:59
3) Donald Ocana (CCAC)	2:25:12
4) Pat Curran (Northrdge)	2:26:20
5) Ed Chaidze (Northrdge)	2:26:47
6) Mike Botke (SBAA)	2:28:51
7) Tony Ramirez (FrPacTC)	2:29:09
8) Manuel Garcia (Mexico)	2:30:12
9) Bart Coventry (STC)	2:30:18
10) Joe Burgasser (STC)	2:33:24
11) Bill Vasquez	2:35:49
12) Jim Hurley	2:37:13
13) Rick Delanty	2:38:35
14) James Williams (SBAA)	2:38:54
15) Jim Minami (AzTC)	2:40:06
16) Dennis Forthoffer	2:40:10
17) Phil Bush	2:41:59
18) Tim Lawrence	2:42:29
19) Steve Shewalter (STC)	2:47:59
20) Clyde Matsumura	2:43:13
21) David Ellingson	2:43:32
22) George Gurrero	2:44:39
23) Gil Schaller (AzTC)	2:45:11
24) Dennis Parrish (STC)	2:45:15
25) Andrew Levenson (STC)	2:45:18
26) Steve Waggner	2:45:28
27) Mark Hemphill (SPAA)	2:46:36
28) Michael Lepping (SMTC)	2:46:45
29) Francisco Sail (SDTC)	2:47:15
30) Reid Fenrock (TIT)	2:47:42
31) Frank Freynes (CCAC)	2:48:37
32) Dean Raymond (AIA)	2:49:30
33) Kenneth Ganezer (STC)	2:49:06
34) Jesse Cook	2:49:54
35) Truman Clark (SCS)	2:50:33
36) Phil Ryan	2:50:43
37) Brad Armstrong	2:50:44
38) Scott Allison	2:50:57
39) Thomas Harpold (SDTC)	2:51:01
40) Bradley Drake (SDTC)	2:51:03
41) Russ Gray, MD	2:51:34
42) Pablo Droby	2:54:43
43) Dwight Modall	2:51:47
44) Terry Bird	2:52:30
45) Jose Romo	2:52:58
46) James Pellon	2:53:05
47) Tracy Brown (CCAC)	2:53:10
48) Bruce Brinhema (SFVTC)	2:53:34
49) Larry Gatton	2:53:47
50) Ted Oliver (BTC)	2:53:51
51) Val Christiansen (AIA)	2:53:53
52) William Boggs (OCTC)	2:53:59
53) Karl Ryden	2:54:04
54) Thorsen Jakobson	2:54:37
55) Hank Norton (SFVTC)	2:55:15
56) Thomas Cory (GPAC)	2:55:16
57) Tom Flood	2:55:30
58) William Fitzpatrick	2:55:30
59) Daniel Heri	2:55:56
60) Brinn Oldham	2:56:15
99) Sherry Simmons	3:01:59
155) Margaret Miller (STC)	3:14:20
160) Brenda Shanks (CalLu)	3:14:53

448 finishers /Carl Porter/

December 9. Clovis. 1st Annual Clovis Stampede (8000m/4.97 miles)

14-17 Girls:

1) Linda De Leon (WWTC)	34:11
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Open Women:

1) Connie Hester (FPTC)	34:35
2) JoEllen Howard (FPTC)	37:23

Open Men:

1) Al Lara (FPTC)	24:49
2) Greg Hall (FPTC)	25:27
3) Baldemar Bettencourt(FP)	25:38
4) Tom Lohse (HSTC)	26:14
5) Stephen Penner (FPTC)	28:16

30-39 Women:

1) Audrey Erklen (HSTC)	41:08
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57 Cindy Kelly (Fairvdst) /Doug Huff/

December 9. Shawnee Mission, Kansas.
1978 National AAU Junior Olympic Cross Country Championships

Girls 9u (1½ miles):

1) Shona Jones (Hastings,NB)	9:14.8
2) Peggy Odita (Columbus,OH)	9:15.7
3) Candace Coleman(LongIs,NY)	9:16.4
4) Tracey Henman(Bernards,NJ)	9:18.2
5) Margy Burke (Philad.,PA)	9:19.4
32) Marlene Reyes(ElMonte,CA)	9:55.7

Boys 9u (1½ miles):

1) Mike Wall (Susanville,CA)	8:20.9
2) Mike Davis (Alexandria,VA)	8:33.6
3) Jeff Beer (Morrison,IL)	8:40.6
4) David Reyna (CollSta,TX)	8:46.3
5) John Keating (Richland,WA)	8:48.9

Girls 10-11 (1½ miles):

1) Hannah Russell(Mt.Leb.,PA)	8:26.4
2) Julie Zehnder(Columbus,OH)	8:27.3
3) Jinx Mancini (Richmond,VA)	8:31.0
4) Denise Sague (Ambler,PA)	8:40.5
5) Therese Pursel(MiamiSp,FL)	8:40.9
6) Tanya Fisher(CanogaPk,CA)	8:42.1

Boys 10-11 (1½ miles):

1) Doug Kingsley(BlueSpr.,MO)	8:02.9
2) Steve Cashman(GrRapids,MI)	8:20.3
3) Jack McMahon (Mt.Leb.,PA)	8:21.4
4) Val Bloomberg(Potomac,MI)	8:23.3
5) Jim Lane (CrystalLk,IL)	8:24.4
21) Greg Whitely (Irvine, CA)	8:41.9

Girls 12-13 (2 miles):

1) Kari Jonassen(Woodnvl,WA)	11:01.5
2) Kim Gallagher(Ambler, PA)	11:03.4
3) Andrea Collins(Burnkn,IL)	11:14.7
4) Melanie Woodworth(Dorena,OR)	11:20.3
5) Conni Frank(RockFalls,IL)	11:21.2
16) Robyn MacSwain (SanRaph,CA)	11:45.5

Boys 12-13 (2 miles):

1) Laurin Willis(Midlothian,VA)	10:07.9
2) Tony Hernandez(PalesHts,IL)	10:17.2
3) Devon San Antonio(Yonk,NY)	10:22.5
4) Sam Doore (Browning,MT)	10:22.9
5) Robert Mussy(Mt.Vern.,IN)	10:27.3
20) John Hansen (Placrvl,CA)	10:40.4

Girls 14-15 (2½ miles):

1) Donna McLain (York,PA)	13:54.5
2) Joan DeMaat (GrRapds,MI)	13:58.5
3) Tricia Malschewski(Rahns,PA)	13:59.3
4) Kathy Bryant(Delaware,OH)	14:00.0
5) Linda Jacobson(Rellev.,WA)	14:00.9
10) Terri Brown (Tulare,CA)	14:14.4

Boys 14-15 (2½ miles):

1) Jeffrey Smith (Denver,CO)	12:01.2
2) Mike Pueatt(Issaquah,WA)	12:08.0
3) Doug Tolson (Westland,MI)	12:10.9
4) Jeff Scott (Sacramento,CA)	12:19.9
5) Steve Smith(OverlandPk,Ks)	12:20.8

Girls 16-17 (3 miles):

1) Stacy Crystal (Longmnt,CO)	16:58.5
2) Mary Shea (Raleigh,NC)	17:15.9
3) Theresa Pidock(GrFls,MT)	17:17.2
4) Monique Purchell(Margte,NJ)	17:19.3
5) Tracey Wong (Reno NV)	17:25.0
8) Cindy Claiborne(Chico,CA)	17:28.9

Boys 16-17 (3 miles):

1) Mike Sheely (Baltimore,MD)	14:03.8
2) Steve Kaestner(Bothel,WA)	14:09.0
3) Jerry Maris(Buckley,WA)	14:12.7
4) Joe Cotner (Megoona,WI)	14:17.1
5) Wally Duffy (Shenand,IA)	14:18.9
22) Ron Roberts (SanDiego,CA)	14:40.7

/Britt Brewer/

December 2 & 3. Glendale. Glendale College Winter Decathlon:

	100m	150m	200m	400m	800m	1500m	5000m	10000m	20000m	30000m	40000m	50000m	60000m	70000m	80000m	90000m	100000m	TOTAL
1. Niederhaus, Grant Maccabi Track Club	10.9 828	674 765	1145 563	190 769	47.9 903	15.2 827	3631 611	450 909	4582 575	4125.0 624	7374							
2. Alford, Spud UNAT, Alhambra	11.1 780	656 628	1272 647	185 725	50.3 792	15.9 757	4322 748	390 780	5941 748	4131.1 582	7293							
3. Bardales, Mauricio UNA, No. Hollywood	11.2 756	614 635	1190 592	185 725	51.3 749	15.8 767	4291 742	420 859	6120 776	425.3 622	7223							
4. Veatch, Greg U.C. Irvine Track	11.3 733	677 772	1142 560	185 725	50.9 766	15.0 848	3686 622	440 909	4453 557	4150.1 464	6956	1 UN						
5. Reilly, Frank All American T.C.	12.0 580	632 675	1482 778	175 634	52.0 720	16.8 676	4812 838	340 644	5210 661	4139.7 526	6732							
6. Maestretsky, Lane Univ. Nevada, Reno	11.6 865	666 748	1103 534	195 813	53.9 644	17.0 660	3855 657	440 909	4488 562	4144.8 496	6688	2 UN						
7. Byrum, Thomas C. Fresno State Univ.	11.6 865	614 635	1229 581	185 725	53.1 675	15.8 767	3974 576	430 884	5393 538	5121.2 409	6634	3 UN						
8. Harris, Brad Long Beach C.C.	11.6 865	651 717	1030 483	190 769	50.5 784	16.4 712	2855 441	360 700	4513 566	4123.7 633	6470	1 JC						
9. Thayer, Robert Grossmont J.C.	11.5 687	597 597	1173 581	185 725	53.6 655	15.7 777	3464 576	430 884	4320 538	4159.9 409	6429	2 JC						
10. Turek, John Maccabi T.C.	11.3 733	664 744	1331 685	170 588	53.9 644	16.3 721	4281 740	420 859	4622 581	615.9 78	6373							

/John Tansley/



December 10. Glendale, 3rd West Coast Weight Pentathlon:

	Hammer	Shotput	Discus	Javelin	35# Wt	Total	Group	Place
1. John Goldhammer Una, Goleta	60.24 939	15.46 816	49.18 857	54.49 692	17.21 916	4220		
2. Paul Fuller Long Beach State U.	55.71 680	15.90 842	48.47 845	45.89 576	17.61 938	4081	1UN	
3. David Fuller Long Beach State U.	55.98 384	16.76 891	51.53 899	36.78 441	17.05 951	4066	2UN	
4. Dennis Morley Fresno State U.	43.74 713	12.67 643	40.43 694	66.89 843	13.92 723	3616	3UN	
5. Tom Meyer Una, Sun City	55.46 877	14.03 730	33.99 562	36.05 430	17.51 933	3532		
6. Frank Reilly All American T.C.	33.16 544	14.65 767	51.38 896	55.91 710	11.23 547	3564		
7. Lloyd Higgins Una, Los Angeles	29.27 475	13.92 723	48.00 850	55.47 704	13.57 701	3453	1SM30	
8. Tony McCauley C.S. Northridge U.	46.14 748	14.43 754	38.40 654	47.90 604	13.44 693	3453	4UN	
9. Mike Deller Una, Eagle Rock	39.08 641	13.74 712	41.73 719	49.79 630	13.06 669	3371	2SM30	
10. Terry Williamson Una, Glendale	34.74 571	12.86 656	43.77 758	52.82 670	13.34 686	3341		

/John Tansley/

December 9. Livermore. Fifth Annual Livermore Marathon:

A record number of starters (1400+) turned out for the full and half-marathon this year. The weather was nearly ideal for running with temperatures in the upper 40's and a slight tail wind for the first half of the race. Fritz Watson's 1977 course record withstood the assault of several elite runners lead by winner Ron Nabors in 2:23:40. Watson made a strong bid to win the race between 20 and 25 miles but had to settle for second with 2:26:47. Rudy Munoz from Reno, Nevada who led for most of the early part of the race finished a strong third in 2:30:57. The women's winner was Lynn Harris from Sunnyvale in 3:13:10, well off Vicky Bray's course record of 2:53:14. Top point scorer (based on comparing times with US records was once again Ruth Anderson with 1007 points, although she was beaten by Paula Ferrill for top over 40 women. The Ray Heminger Award for first male over 50 was won by Hans Koenau in 2:50:48, almost 2 minutes under Flory Rodd's 1975 standard! The first over 40 male runner was Gordon Gane in a new record of 2:44:20.

December 10. Madera. 1978 Madera Mini Marathon (13 miles):

- 1) Curtis Elia (28) FPTC 1:11:18
 - 2) Craig Elia (28) FPTC 1:11:21
 - 3) Jose Renteria (21)FPTC 1:12:38
 - 4) Joe Buhlor (17) Lemoore 1:16:21
 - 5) Dan Currier (27) FPTC 1:18:10
 - 6) Kevin Strain (17) Lem 1:18:48
 - 7) R.M. Latenness (35) 1:21:22
 - 8) Jeff Goggeleye (15)Lem 1:22:12
 - 9) Gerald Marquez (27)FJ 1:22:56
 - 10) Steve Moreno (17) Sngr 1:23:56
- Senior Div (40+):
1) Ed Hartin (44) Mdra 1:28:11
- Girls/Women:
1) Tracy Satowski (17)WWTC 1:37:08
2) Linda DeLeon (16)WWTC 1:39:04
3) Linda Datz (23) FFTC 1:43:28
/Dee DeWitt/

December 10. Sacramento. PA-AAU 60 Kilo

- 1) Darryl Beardall (42) 3:54:07
- 2) Jim Bowles (29) 4:02:37
- 3) Abe Underwood (40) 4:07:20
- 4) Roy Scellato (31) 4:08:38
- 5) Joe Schieffer (27) 4:09:30
- 6) Tim Nicks (35) 4:27:32
- 7) Bob Woodliff (31) 4:30:02
- 8) Jack Byrd (42) 4:38:51
- 9) David Zumwalt (27) 4:39:58
- 10) Jim Bevins (40) 4:40:27
- 11) Doug Peck (23) 4:50:01
- 12) Robert Davis (40) 4:55:38
- 13) Dave Davis (48) 4:57:00
- 14) Dennis Letl (41) 4:59:07
- 15) Herman Salazar (37) 5:02:53
- 16) Hal Baker (36) 5:06:57
- 17) Jeremiah Russell (42) 5:15:17
- 18) George Billingsley (56) 5:15:34
- 19) Scott Taylor (31) 5:19:25
- 20) Chad Hill (34) 5:19:39
- 22) Marcy Schwam (25) 5:43:55
- 30) Jackie Stack (26) 6:28:08
/Abe Underwood/

December 10. Apple Valley. 19th Annual Apple Valley 5000 and 10,000 Meter Runs

December 16. Wasco. Wasco Mid-Winter Road Run 1978

- Girls Born 1965--3/4 mile:
1) Kim Holder (Beardsley) 3:59.2
- Boys Born 1965--1 mile:
1) Jessie Valdez (Cor) 5:01.5
Open (29u) -- 6 mile:
1) Robby Bray (Bak) 29:50.6
2) Angel Carrillo (Bak) 29:52
Open Women--6 Mile:
1) Becky Dieter (Wasco) 44:48
Open 30+:
1) John Lopez (Bak) 32:10
2) Ron Rodman (Wasco) 32:20
3) Bill Peck (Wasco) 33:04
/Brad Tomasini/

December 17. Half Moon Bay. Christmas Relays

Team Name	Place/Div	Time
1-Aggle Losers	1/A	4:28:06*
2-West Valley T.C. "A" Team	2/A	4:31:09*
3-Camino West Racing Team "A"	3/A	4:31:27*
4-Aggle Dozers	4/A	4:32:22*
5-Fresno Pacific Track Club	5/A	4:33:10*
6-Redwood Coast #1	1/B	4:39:02*
7-Marin Racers "Magnificent 7"	2/B	4:40:35*
8-The Bear Downs	3/B	4:41:17*
9-The Nandi Tribe	4/B	4:42:41*
10-West Valley T.C. Sub-Masters	1/F	4:43:10*
11-Excelsior Track Club "A" Team	6/A	4:45:15*
12-Aggle Boozers	7/A	4:45:51*
13-Public Warriors (Redwood HS Alumni)	5/B	4:46:13*
14-Camino West Pickups	6/B	4:49:04*
15-Ophir Prison Inmates Cellblock "A"	7/B	4:51:39*
16-Hayward Gazelles T.C.	8/B	4:52:07*
17-West Valley I.C. "B" Team	8/A	4:52:44*
18-Lake Merritt Joggers & Striders	9/B	4:53:33*
19-Angie Dingle Bells	9/A	4:54:45*
20-Puna IC Pickups	10/B	4:55:34*
21-Angell Field Ancients	2/F	4:55:56*
22-Panakiid "A" Team	10/A	4:56:20*
23-Livermore Dry Heaves	11/B	4:56:34*
24-The Time Zoners	12/B	4:57:35*

4x100 Relay:
1) Long Beach CC 42.5

4x400 Relay:
1) Crazy Horse TC 3:16.4

Pole Vault:
1) Ferguson (un) 15-6
2) R. Estrada (MtSAC) 15-0

December 29-30. Walnut. 16th Annual Mt. SAC New Year's All-Comers Meet

Decathlon:	
1) G. Niederhaus	7517
2) S. Alford (Miss)	7244
3) W. Gray (UCI)	6855
4) B. Harris (LBCC)	6748
5) M. Anderson (Mt.SAC)	6632
6) J. Scheer (UCI)	6170
7) R. Edgeworth (UCI)	5932

200m:	
1) T. Fergerson (WCJ)	21.6
2) V. Fergerson (WCJ)	21.8
3) R. Benson (un)	21.9

400m:	
1) V. Fergerson (WCJ)	48.1
2) D. Lewis (LBCC)	48.4
3) T. Amezcua (Cerr)	49.5

800m:	
1) B. Newbill (MtSAC)	2:00.3

1500m:	
1) D. Mack (un)	3:58.9

5000m:	
1) D. Caldwell (Loesch)	15:19.2

110H:	
1) D. Robinson (LBCC)	14.5
2) A. Green (LA St)	14.7

400M:	
1) M. Hill (ColoTC)	53.9
2) A. Jones (ElCam)	54.3

points. The runner was beaten by Paula Ferrill for top over 40 women. The Ray Heminger Award for first male over 50 was won by Hans Koenau in 2:50:48, almost 2 minutes under Flory Rodd's 1975 standard! The first over 40 male runner was Gordon Gane in a new record of 2:44:20.

1	2:17:40	NAPERS, RYN	20	M	019	SAN FRANCISCO
2	2:18:17	WATSON, FRIDY	33	M	041	AETOS
3	2:18:57	MUNDT, RYDY	20	M	281	FENO NV
4	2:19:56	HAMER, CHRISTOPHER	20	M	876	CITRUS HEIGHTS
5	2:19:57	BEMPE, DENNIS	21	M	845	SACRAMENTO
6	2:19:45	MUSCAL, DAVID	26	M	249	SAN FRANCISCO
7	2:19:10	WALL, JEFFREY	26	M	014	DALY CITY
8	2:18:54	TIBBONIA, MITCHEL	21	M	255	BENO, NV
9	2:18:45	BURGER, PATRICK	27	M	847	BLAIRHORN
10	2:18:45	BARBER, TERRY	20	M	826	SACRAMENTO
11	2:18:45	SALVAY, GARY	29	M	883	MORAN HILL
12	2:18:45	SEVALD, BOB	32	M	863	SAN FRANCISCO
13	2:18:22	LEWIS, TERRY	21	M	841	PALO ALTO
14	2:18:08	CRAWLEY, DAVID	27	M	244	SANTA BARBARA
15	2:18:11	BENNER, BRIAN	21	M	862	LIVERMORE
16	2:18:13	HENNER, BOB	28	M	240	SAN FRANCISCO
17	2:18:19	HENNER, BOB	28	M	860	POTTERVILLE, ID
18	2:18:14	JOHNSON, SEPT	26	M	883	SUNNYVALE
19	2:18:13	KRA, H. DEE	25	M	875	SAN JOSE
20	2:18:14	RAY, MICHAEL	28	M	827	SAN FRANCISCO
21	2:18:19	RACHOWSKI, ZEPHON	24	M	824	VEENEN, BC
22	2:18:18	GRAF, MICHAEL	17	M	848	ORINDA
23	2:18:20	MCDUFF, DAN	28	M	872	LIVERMORE
24	2:18:20	GANF, JERRY	28	M	118	PLEASANTON
25	2:18:22	WENDEL, RICKY	19	M	818	SACRAMENTO
26	2:18:40	KAPLAN, WALTER	21	M	804	SAN JOSE
27	2:18:53	MILL, DONPAD	27	M	857	RANCHO ST. FE
28	2:18:07	FLYNN, STEVE	22	M	795	TARZANA
29	2:18:40	ALFEMAN, JARY	25	M	830	WALNUT CREEK
30	2:18:41	MILAM, JAMES	29	M	727	SAN FRANCISCO
31	2:18:58	BACON, KARL	29	M	807	STOCKTON
32	2:18:16	LAUSING, ARTHUR	42	M	881	CHAMPAIGN, IL
33	2:18:24	WALKER, HOYT	27	M	732	LIVERMORE
34	2:18:31	MC LENNAN, BOB	20	M	824	MILL VALLEY
35	2:18:27	BRAY, RYD	19	M	730	SARATOGA
36	2:18:30	HILTON, MIKE	32	M	810	PLEASANTON
37	2:18:38	HOLLING, BRIAN	38	M	843	LOS ALTOS
38	2:18:42	KEY, CHARLES	31	M	804	PALO ALTO
39	2:18:45	DUNLOP, WILLIAM	16	M	935	LIVERMORE
40	2:18:22	WRIGHT, MIKE	21	M	777	FAIRFIELD
41	2:18:47	SCHAUBER, KIM	28	M	785	MILL VALLEY
42	2:18:48	ROENAU, HANS	50	M	916	TIBURON
43	2:18:56	ARMSTRONG, JOHN	50	M	916	SAN JOSE
44	2:18:32	LIEDTKE, JIM	40	M	846	SAN JOSE
45	2:18:28	HITCHINSON, BRET	18	M	784	WOODLAND
46	2:18:43	ADAMS, KENNETH	26	M	817	SPARKS, NEV
47	2:18:47	DE LUSIGNAN, THEO	48	M	802	FOSTER CITY
48	2:18:56	SADIK, SEVER	34	M	800	LIVERMORE
49	2:18:36	CLAY, ROBERT	31	M	781	LOWER LAKE
50	2:18:38	BRADLEY, MIKE	30	M	776	KELSEYVILLE
51	2:18:10	GREER, TOMMY	31	M	778	OAKLAND
52	2:18:14	THOMPSON, MIKE	30	M	823	CONCORD
53	2:18:17	HENDRIX, DWIGHT	24	M	758	ALBANY
54	2:18:26	WOLLGER, THOMAS	32	M	782	KENNINGTON
55	2:18:58	NICHOLSON, JAMES	48	M	876	SAN FRANCISCO

December 9. San Francisco. Amnesty International's Human Rights Run at Golden Gate Park:

The distance was 5 kilometers (3.1 miles). 189 people completed the race on a bitterly cold and windy day. Greg Zentner was first with a time of 15:25.5. The other top finishers in the Men's Open Category were: 2nd--Don Pohl, 15:33.3; 3rd--Mike Timmerman, 15:41.0; 4th--Ian Mickle, 15:58.0; 5th--David Mihailoff, 15:58.5.

Liz Strangio won the Women's Division with a time of 18:59.0, followed by Londa Larson and Stevie Bass.

The Men's Masters Division was won by Phil Hager with a time of 16:28.6, followed by Russ Kiernan and Ron Rahmer. Top finishers in the Boys and Girls Divisions were John Carey, Mark Torres, Elizabeth Bachert and Andrea Park.

The awards included two hours in a Hot Tub for first place finishers in each division.

The run was held to commemorate Human Rights Day and the award of the 1977 Nobel Peace Prize to Amnesty International. This was also the 30th anniversary of the signing of the Universal Declaration of Human Rights in San Francisco.

1.	Greg Zentner	15:25.5
2.	Don Pohl	15:33.3
3.	Mike Timmerman	15:41.0
4.	Ian Mickle	15:58.0
5.	David Mihailoff	15:58.5
6.	John Coots	16:00.9
7.	David Soule	16:15.2
8.	Philip Hager	16:28.6
9.	Jon Brendel	16:33.0
10.	John Carey	16:33.6
11.	Gary Miller	16:37.1
12.	Tim Rostege	16:39.9
13.	Russell Kiernan	16:50.1
14.	Sandy Lawrence	16:58.4
15.	Jim Dean	17:04.9

OPEN WOMEN

1.	Liz Strangio (31)	18:59.0
2.	Londa Larson (35)	19:29.1
3.	Stevie Bass (49)	20:24.9
4.	Sharon Beals (50)	20:30.7
5.	Linda Mantynen(58)	21:00.3

2)	Jim Bowles (29)	4:02:37
3)	Abe Underwood (40)	4:07:20
4)	Roy Scellato (31)	4:08:38
5)	Joe Schieffer (27)	4:09:30
6)	Tim Nicks (35)	4:20:32
7)	Bob Woodliff (31)	4:30:02
8)	Jack Byrd (42)	4:38:51
9)	David Zumwalt (27)	4:39:58
10)	Jim Bevins (40)	4:40:27
11)	Doug Peck (23)	4:50:01
12)	Robert Davis (40)	4:55:38
13)	Dave Davis (48)	4:57:00
14)	Dennis Letl (41)	4:59:07
15)	Herman Salazar (37)	5:02:53
16)	Hal Baker (36)	5:06:57
17)	Jeremiah Russell (42)	5:15:17
18)	George Billingsley (56)	5:15:34
19)	Scott Taylor (31)	5:19:25
20)	Chad Hill (34)	5:19:39
22)	Marcy Schwam (25)	5:43:55
30)	Jackie Stack (26)	6:28:08

December 10. Apple Valley. 19th Annual Apple Valley 5000 and 10,000 Meter Run

10,000m:

1)	Steve Ortez (Barstow)	32:38
2)	Jim Arquilla (LongBech)	35:25
3)	Marshal Mayte (Sylmar)	35:35
4)	Dave White (Anaheim)	35:39
5)	Bill Crum (Crestline)	37:02

5,000m (High School):

1)	Tony Reyes (Pomona)	17:07
2)	David Brown (Glendora)	17:21
3)	Ted Gomez (Barstow)	17:30
4)	Arturo Gonzales (Barstow)	17:44
5)	Mike Fisher (Orange)	18:07

Girls:

1)	Cherie Gorrell (AppleVly)	
2)	Julie Doerins (Villa Park)	
3)	Lisa Beaudoin (Orange)	
4)	Virginia Mouser (Villa Park)	
5)	Jane MacDanough (Whittier)	

/Jim Gorrell/

December 17. Half Moon Bay. Christmas Relays

Team Name	Place/Div	Time
1-Aggie Losers	1/A	4:28:06*
2-West Valley T.C. "A" Team	2/A	4:31:09*
3-Camino West Racing Team "A"	3/A	4:31:27*
4-Aggie Oozers	4/A	4:32:22*
5-Fresno Pacific Track Club	5/A	4:33:10*
6-Redwood Coast #1	1/B	4:39:02*
7-Marin Racers "Magnificent 7"	2/B	4:40:35*
8-The Bear Downs	3/B	4:41:17*
9-The Nandi Tribe	4/B	4:42:41*
10-West Valley T.C. Sub-Masters	1/C	4:43:10*
11-Excelsior Track Club "A" Team	6/A	4:45:15*
12-Aggie Boozers	7/A	4:45:51*
13-Public Warriors (Redwood HS Alumni)	5/B	4:46:13*
14-Camino West Pickups	6/B	4:49:04*
15-Ophir Prison Inmates Cellblock "A"	7/B	4:51:39*
16-Hayward Gazelles T.C.	8/B	4:52:07*
17-West Valley T.C. "B" Team	8/A	4:52:44*
18-Lake Merritt Joggers & Striders	9/B	4:53:33*
19-Aggie Dingle Bells	9/A	4:54:45*
20-Puma TC Pickups	10/B	4:55:34*
21-Angell Field Ancients	2/F	4:55:56*
22-Panahid "A" Team	10/A	4:56:20*
23-Livermore Dry Heaves	11/B	4:56:34*
24-The Time Zoners	12/B	4:57:35*
25-Mission San Jose Merry Men	1/C	4:57:40

December 19. San Francisco. National Postal Hour Walk at SF State University Track:

1)	Bob Henderson (Seq SC)	8 mi	30 yd
2)	Dave Himmelberger (Seq)	7 mi	2207 yd
3)	Bill Ranney (WVTC)	7 mi	2114 yd
4)	Dennis Reilly (Boutet,LA)	7 mi	1433 yd
5)	Bryan Snazelle (WVTC)	7 mi	791 yd
6)	Manny Adriano (WVTC)	7 mi	545 yd
7)	Elena Carola (GGW)	70	3 mi 1235 yd

December 10. San Francisco. 10 Mile Classic at Golden Gate Park:

1)	Jim Van Dine (Aggies)	50:07
2)	Brad Duffy	51:00
3)	Dennis O'Halloran	51:19
4)	Benton Hart	53:33
5)	Doug Rustad	53:36
6)	John Clary	54:24
7)	Tom Castro	54:41
8)	Jim Howell	55:02
9)	Mike Warr	55:23
10)	Jon Enscoe	55:55
11)	J. P. Day	56:24
12)	R. C. Lincoln	56:52
13)	Harry Aspinall	57:16
14)	John Hawkes	58:00
15)	Bill Bugler 1st M	58:26
16)	Raoul Kennedy	58:45
17)	Tod Watkins	59:20
18)	Adrian Wong	59:33
19)	Mike Kimberling	59:43
20)	Jim Simpson	59:48
21)	Art Portocarrero	1:00:33
22)	Derek Ratcliffe	1:00:35
23)	Wayne Johnston	1:00:42
24)	David Cummins	1:00:56
25)	Jim Batz	1:01:15
53)	Vicki Bray 1st women	1:07:03
66)	Karen Scannell 1st MW	1:09:10

/Don Capron/

2)	V. Fergerson (WCJ)	21.8
3)	R. Berson (un)	21.9

400m:

1)	V. Fergerson (WCJ)	48.1
2)	D. Lewis (LBCC)	48.4
3)	T. Amezcua (Cerr)	49.5

800m:

1)	B. Newbill (MtSAC)	2:00.3
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1500m:

1)	D. Mack (un)	3:58.9
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5000m:

1)	D. Caldwell (Loesch)	15:19.2
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110HH:

1)	D. Robinson (LBCC)	14.5
2)	A. Green (LA St)	14.7
3)	D. Jackson (MtSAC)	14.8

400IH:

1)	M. Hill (ColoTC)	53.9
2)	A. Jones (ELCam)	54.3

4x100 Relay:

1)	Long Beach CC	42.5
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4x400 Relay:

1)	Crazy Horse TC	3:16.4
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Pole Vault:

1)	Ferguson (un)	15-6
2)	R. Estrada (MtSAC)	15-0

High Jump:

1)	K. Gordien(MtSAC)	6-8
2)	Williams (un)	6-8
3)	Sanders (LBCC)	6-8

Long Jump:

1)	G. Williams (LBCC)	22-11 1/2
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Triple Jump:

1)	G. Williams (LBCC)	45-7
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Shot Put:

1)	T. Lister (LBCC)	46-10 1/2
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Women-Girls Division

200m:

1)	Howard (Merc)	24.5
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400m:

1)	Gardner (Merc)	53.3
2)	Howard (Merc)	53.5

800m:

1)	Ward (Merc)	2:20
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1500m:

1)	Hopper(PremierTC)	4:45.0
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100 Hurdles:

1)	Smith (un)	15.4
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Long Jump:

1)	G. Loud (Merc)	19-2
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Shot Put:

1)	Ebert Schurr	39-7
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Discus:

1)	Ebert Schurr	121
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High Jump:

1)	Redican (un)	5-9
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/Don Ruh/

December 29-30. Santa Maria. 8th Annual Holiday Decathlon

Open:

1)	Kenny Kring (WVTC)	6937
2)	Buster Cyer (ChicoSt)	6348
3)	Kurt Wahl (CalPoly)	5987

Junior College:

1)	James Barnett (WestVly)	5940
2)	Ron Weckbacher(GlenColl)	5521
3)	John Perrenoud(Glendale)	5162

Masters:

1)	Hal Smith (SCStriders)	4806
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/Ray Kring/

/Byron B. Park/

December 23. Coyote Hills Run

Boys 13-18:		
1) Steve Strangio	35:26	
2) John Marden	36:14	
3) Jay Marden	36:23	
4) Peter Downs	36:35	
5) Tom Morais	37:05	
6) Rick Moraida	37:55	
Male 19-29:		
1) Benton Hart	35:17	
2) Mike Smith	35:22	
3) Steve Brooks	36:02	
4) Boyd Tarin	37:09	
5) Bill Spence	37:16	
6) Gregg Szanto	37:38	
7) Patrick Miller	37:39	
8) David Pappas	38:25	
9) Jeff Farmer	38:27	
10) Ted Pawlak	38:28	
Female 13-18:		
1) Liz Strangio	44:16	
2) Denise Bigelow	47:34	
3) Brigitte Cruz	56:39	
Female 19-29:		
1) Lisa Bernardin	50:40	
2) Terri Boykins	51:17	
3) Micquel Hutmaker	53:30	
Female 30-39:		
1) Daphne Dunn	47:38	
2) Ellen Clark	48:46	
3) Karolynn Coleman	56:26	
4) Beverly Wenkstern	53:57	
5) M. Roman	55:36	
Male 30-39:		
1) Gary Goettelmann	35:24	
2) Nick Winter	37:17	
3) Tom Gleason	38:46	
Male 40+:		
1) Roger Bryan	39:21	
2) Myron Nevraumont	40:04	
3) Gil Tarin	40:31	
4) Bryan Holmes	40:37	
5) James Sanjason	40:52	
Female 40+:		
1) Marilyn Harbin	48:04	
	/Darryl Reina/	

December 26. Holiday Invitational:

1) Gary Tuttle (31)	49:58.8
2) Robert Hollister (20)	50:37.2
3) Tim Becker (20)	50:54.2
4) Ramon Morales (18)	51:15.3
5) John Fagnant (19)	52:21.7
6) Dan Caprioglio (17)	52:33.4
7) Doug Hoppe (21)	53:21.2
8) Mark Hemphill (29)	53:58.4
9) Jon Jackson (18)	53:59.2
10) Gil Schaller (36)	54:11.1
11) Kirk Kimberling (18)	54:20.1
12) Pete Palmer (22)	55:20.6
13) Hylke van der Wal (40)	55:31.8
14) Rene Ruiz (35)	55:43.6
15) Bill Flynn (24)	56:05.5
16) Bob Adelson (27)	56:13.7
17) Bob Mackel (36)	56:29.6
18) Larry Montag (26)	56:40.9
19) Ken Lucci (30)	56:45.2
20) Roy Burseson (35)	56:52.5
	/John Fagnant/

January 7. Los Gatos/Saratoga. The Great Race 1979:

1 Hank Lawson/19-29	19:48
2 Robert Rupprecht/13-17	30:30
3 William Dunn/30-39	34
4 Dave Bush/13-17	49
5 Bill Meinhardt/30-39	57
6 R. Driscoll/30-39	21:17
7 Jerome Lewis/40-49	25
8 Dan Dierken/19-29	26
9 Tom Prosceno/13-17	29
10 Terry Higgins/30-39	50
1 Mark Schilling/19-29 19:04	
2 Mike Dyer/18-29 10	
3 Joe Salazar/19-29 11	
4 Paul Gyorg/18-29 16	
5 Darren Lambeth/13-17 19	
6 Jesse Colvin/13-17 20:15	

7 James Tracy/18-29	23
8 Manny Mahon/18-29	31
9 Don Barber/30-39	31
10 Mark Gyorg/13-17	33
11 Masafumi Mori/30-39	37
12 Bob Sigl/13-17	58
13 Santos Revnara/18-29	21:05
14 Douglas Ascher/18-29	12
15 Jeff Salazar/13-17	14

/Peter Michon/

January 7. Northridge. The Great Holmes Loop -- 5.7 Mile:

1. John Breneman	27:25
2. Steve McCalley	27:30
3. Paul Anderson	29:06
4. Bill Entz	29:19
5. Mark Judge	30:02
6. Tom Grove (1st Jr.)	30:07
7. John Parker	30:14
8. Chris Weston	30:16
9. Pat Erady	30:44
10. E. Blarkenship	30:45
52. Sherry Simmons (1st W)	34:27
18. Jack Stewart (1st M)	31:50
	/Jon. Sutherland
	Charlie Horn

/Jon Sutherland/

January 7. Stockton. 1979 California

10:	
1) Benton Hart (WVTC)	48:52
2) Michael Van Horn (Hein)	48:54
3) Gary Romesser (FPPTC)	49:06
4) Wayne Badgley (SundTC)	49:23
5) Rich Langford (FPPTC)	50:02
6) Bill Seaver (WVTC)	50:13
7) Ron Nabors (WVTC)	50:17
8) Pritz Watson (WVTC)	50:52
9) Christopher Hamer (WVTC)	51:08
10) Bill Britten (Aggie)	51:16
11) Bradley Brown (SundTC)	51:48
12) Bill Clark (WVTC)	51:49

13) David Dunbar (Pama)	52:03
14) Tom O'Neil (Buffalo)	52:06
15) Don Paul (Pama)	52:08
16) Greg Zentiner (Marin)	52:21
17) Mark Proteau (Aggie)	52:22
18) Gregg Szanto	52:23
19) Daryl Zapata (WVTC)	52:28
20) Rob Laxson	52:33
21) Atkins Chun	52:39
22) Tad Woliczko (Redwood)	52:46
23) John Clary (WVJS)	52:49
24) Jim Bowles (WVTC)	52:57
25) Tim Holmes (WVTC)	53:00
26) Chris Little (Buffalo)	53:01
27) Ed Nicholson	53:10
28) Bob Loux	53:20
29) Mike Wheeler (LVRC)	53:21
30) Perry Linn (Buffalo)	53:25
31) Allen Sanderetti (Red)	53:41
32) Robert Woodliff (Aggie)	53:42
33) Arturo Rodriguez	53:43
34) Joe Ensloe	53:46
35) Brian Bonner (LVRC)	53:48
36) Ken Apperson (Camino)	53:50
37) Jeff Wall (Excelsior)	53:59
38) Mike Fanelli (Pamakid)	54:05
39) Jim Cook	54:06
40) Frank Krebs (Buffalo)	54:23
41) Jose Garza, Jr.	54:25
42) Ron Mellor	54:26
43) Mat Galeuzzi	54:27
44) Neil Berg (Lk Merritt)	54:34
45) Nick Winter (LVRC)	54:41
46) Timothy Swezey (Pama)	54:51
47) Doug Rennie (Buff)	55:03
48) Jim O'Neil (Buff) 50+	55:05
49) Robert Bourbeau (WVJS) 40+	55:06
50) Robert Miller (Sund)	55:07
57) Britt Brewer 15u	55:41
66) Thomas Cathcart (WVTC) 40+	56:08
71) Harvey Ferrill (Sund) 40+	56:17
189) Diane Williams (Pchbl) F	61:25
212) Herb Hoover (SoSide) 50+	62:22
223) David McVey	63:04
259) Merrill Cray F19-29	64:49
279) Susan Manasewitsch F14u	65:32
281) Karyn Robinson F19-29	65:35
291) Jane Sowerby F19-29	65:56
311) Denise Bigelow F15-18	67:27
315) Cheryl Griffen F16-18	67:51
316) Ann Neeley F16-18 (Tam)	67:58
339) Paula Ferrill F40+	69:06
347) Ruth Anderson F40+	69:27
	/Frank Hagerty/

January 7. Solvang. Solvang 10k Run
(6.21 miles):

PLC	NUM	FINISHER	AGE/SEX	TIME	DIVSN FINISH
1	140	ROBERT HOLLISTER	28	SANTA BARBARA 31:15	1 MENS OPEN
2	163	TIM CORNISH	23	ISLA VISTA 31:27	2 MENS OPLN
3	10	ERIC SAPPENFELD	16	SANTA BARBARA 31:30	1 BOYS 16-18
4	101	TOM TRIMMILL	19	SAN LUIS OBISPO 31:34	1 MENS OPEN
5	164	JIM KING	21	ISLA VISTA 31:30	4 MENS OPLN
6	182	GREG MANDANIS	19	S. LUIS OBISPO 31:00	5 MENS OPEN
7	203	ARTURO TELLO	24	CARPINTERIA 31:07	6 MENS OPEN
8	142	MICHAEL GOURLEY	22	S. LUIS OBISPO 31:56	7 MENS OPEN
9	17	CHRIS EMMONS	15	SANTA MARIA 35:07	1 BOYS 13-15
10	1	JOSEPH DARILL	31	BUELTON 35:24	8 MENS OPEN
11	159	MIKE HOBBS	16	SANTA BARBARA 36:12	2 BOYS 16-18
12	144	GREG BROWN	33	SANTA BARBARA 36:18	9 MENS OPEN
13	124	BRIAN WATERBURY	30	S. LUIS OBISPO 36:14	10 MENS OPEN
14	30	WAYNE HOFFMAN	41	SANTA BARBARA 36:17	1 MENS 40-49
15	159	RICHARD CURTIS	24	GOLFTA 36:57	11 MENS OPLN
16	77	RUDDY BARNETT	37	CARPINTERIA 36:57	1 SUMMASTERS
17	95	MORRIS SCOGGIN	31	ADELANTO 36:58	12 MENS OPEN
18	102	TONY YBARRA	16	SANTA BARBARA 36:59	3 BOYS 16-18
19	193	MIKE FEELEY	19	BUELTON 37:00	13 MENS OPEN
20	124	TOM TVEIDT	22	SANTA BARBARA 37:05	14 MENS OPEN
21	91	MICHAEL SCURRIA	14	LOS ALAMOS 37:10	2 BOYS 13-15
22	98	STEVE SHROTH	23	SANTA YNEZ 37:11	15 MENS OPEN
23	89	TOM ALBRIGHT	22	WANDERING AFB 37:13	16 MENS OPEN

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4	101	TOM TRIMHILL	19	SAN LUIS OBISPO	31:19	1 MENS OPEN
5	164	JIM KING	21	ISLA VISTA	31:38	4 MENS OPLN
6	182	GREG MANDANIS	19	S. LUIS OBISPO	34:00	5 MENS OPEN
7	203	ARTURO TELLO	24	CARPINTERIA	34:07	6 MENS OPEN
8	142	MICHAEL GOURLEY	22	S. LUIS OBISPO	34:56	7 MENS OPEN
9	17	CHRIS EMMONS	15	SANTA MARIA	35:07	1 BOYS 13-15
10	1	JOSEPH DARILL	31	BUELTON	35:24	8 MENS OPEN
11	159	MIKE HOBBS	16	SANTA BARBARA	36:12	2 BOYS 16-18
12	146	GREG BROWN	33	SANTA BARBARA	36:38	9 MENS OPEN
13	124	BRIAN WATERBURY	30	S. LUIS OBISPO	36:44	10 MENS OPEN
14	30	WAYNE HOFFMAN	41	SANTA BARBARA	36:47	1 MENS 40-49
15	158	RICHARD CURTIS	24	GOLFTA	36:57	11 MENS OPLN
16	77	DUDDY BARNETT	37	CARPINTERIA	36:57	1 SUBMASTERS
17	95	MORRIS SCOGGIN	31	ADELANTO	36:58	12 MENS OPEN
18	102	TOM YBARRA	16	SANTA BARBARA	36:59	3 BOYS 16-18
19	193	MIKE FEELEY	19	BUELTON	37:00	13 MENS OPEN
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22	96	STEVE SHIROMIU	23	SANTA YNEZ	37:11	15 MENS OPEN
23	59	TOM ALBRIGHT	22	VANDENBURG AFB	37:13	16 MENS OPEN
24	143	WILLIAM CHRISTIANSEN	36	SANTA MARIA	37:14	2 SUBMASTERS
25	97	BRIAN NELSON	21	VENTURA	37:19	17 MENS OPEN
26	9	KEVIN ADKINS	13	SANTA YNEZ	37:56	3 BOYS 13-15
27	52	RICH BROWN	14	S. LUIS OBISPO	38:10	4 BOYS 13-15
28	11	STAN ROSENFELD	30	S. LUIS OBISPO	38:10	18 MENS OPEN
29	70	RICK SNEKVIK	31	SANTA YNEZ	38:23	19 MENS OPEN
30	123	DOUG MOON	20	S. LUIS OBISPO	38:26	20 MENS OPEN
48	131	FRANIE CASTRO	19F	SANTA MARIA	41:03	1 WOMENS OPEN
56	41	FAY HOBBS	43F	SANTA BARBARA	41:33	1 WOMENS 40-49

January 20. Fresno. High Sierra Track
Club 10 Mile Road Race at Woodward
Park:

1)	Jim Hartig (FPTC)	52:48.2
2)	Tony Ramirez (FPTC)	54:44
3)	Scott Thornton (HSTC)HS	54:59
4)	Richard Mead (FPTC)	55:40
5)	Bryan Foley (FPTC)	55:49
6)	Shawn Smallwood (FPTC)HS	55:51
7)	Juan Garza (HSTC)	55:51.5
8)	Dave Bronzan (HSTC)1SM	56:24
9)	Jeff Merrow (FPTC)	56:32
10)	Gary Campbell (FPTC)2SM	56:56
11)	Tom Lohse (HSTC)	57:17
12)	Mike Taylor (Selma)	57:21
13)	Gary Gonzales 3HS	57:31
14)	Al Lomeli (FPTC)	57:32
15)	Aggie Contreras (FPTC)	58:36
16)	Vince Montoya (FPTC) HS	58:39
17)	Steve Penner (FPTC)	58:47
18)	John Enns (Imman HS)	58:49
19)	Larry Lung (FPTC)	58:57
20)	Dennis Wong (un)	59:12
21)	Ted Oliver (BTC)	59:20
22)	Bob Lohse (HSTC) 6 HS	59:57
23)	Steve Moreno (un)7 HS	60:47
24)	Dan Currier (FPTC)	61:08
25)	Edward Lujan, Sr. (BTC)	61:16 40+
26)	Jim Lambe (FPTC)	61:50
27)	Jerry Shaw (FPTC) 8HS	62:03
28)	Art Zuvala (HSTC) 9HS	62:07
29)	Bob Lindsey (FPTC)4 SM	62:08
30)	Dan Mather (HSTC) 10HS	62:14
39)	Adrienne Beames (Aust)1W	64:48
40)	Dr. Fred Warwick (Aust)	64:49 50+
88)	Linda DeLeon (WWTC)1HSG	77:03
95)	Paula Bell (FPTC) 2W	78:34
98)	Becky Dieter (un) 3W	79:06

/Len Thornton/

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