VOL. II. No. 6.

MAY, 1946

SIXPENCE

INCLUDING THE OFFICIAL NOTICES OF THE AMATEUR ATHLETIC ASSOCIATION.



W. THOMAS (No. 1) winning the 120 Yards Hurdles race for Oxford in the Inter-Varsity Sports.

IN THIS NUMBER

Page

- 6 THE PAINS AND PROBLEMS OF THE QUARTER-MILER-

ATHLETIC MEETINGS-Rate 10/- per inch, single column prepaid

REDDITCH near BIRMINGHAM WHIT-MONDAY SPORTS

(Under A.A.A., N.C.U. & W.A.A.A. Rules) 4 Flat & 2 Cycle Handicaps and 5 mile Cycle Scratch, £6/6/0 first prizes. Two Women's Events, £4/4/0 firsts. Entries 1/- each. Closing date May 28th. Forms from A. E. Morriss, 181, Birmingham Road, Redditch, Worcs.

ERITH'S OPEN MEETING AND KENT COUNTY JUNIOR RELAY 880 Yds. (4 x 220) CHAMPIONSHIP Whit-Monday, June 10th

Parties from H. WINN, Hon. Sec.,. Erith Athletic & Sports Club, The Cottage, West St., Erith.

SPEND WHITSUN BY THE SEA OPEN ATHLETIC MEETING Under A.A A. Laws

WHIT-MONDAY, JUNE 10th, On the Worthing F.C. Ground Handicaps—100 yds., 220 yds., Mile, 100 yds. Veterans, 2 Miles Walk. Ladies-100 yds. scratch, and Two

Laps Relay (4 x 150 yds.).
880 yds. Invitation Scratch. Two Miles Team Race. One Mile Medley Relay. Open Tug-of-War: Teams of 8, Catchweights Long & High Jumps. Entries 1/-. Team Races and T-of-W., 5/-, close May 29th, to Billy Hughes, 83, Ardingly Drive, Goringby-Sea, Sussex.

Vicker-Armstrongs, Ltd. (Weybridge) Social Athletic Club. SECOND ANNUAL SPORTS Saturday, 1st June, at Byfleet

Entry forms for Open Events can be obtained from E. N. Davidge-Pitts, Hon. Sec. Athletic Section, Vickers Sports Club, Weybridge.

Mile Medley Relay (½ mile, 2 at 220 and 440 yds.). Entry Fee 5/per team. Tug-of-War (Catch Weights) 10/- per team. 100 yds. Flat Handicap; 220 yds. do.; 880 yds. do., 1 mile do.; Entry Fees 1/6 first entry, 1/each subsequent entry. Prizes to the value of £120. Closing date for entries, 18th May, 1946.

Cycling Open Events-880 yds, and 1 mile. Prizes valued £5, £2 & £1.

Vickers-Armstrongs Ltd. (Weybridge) Social and Athletic Club. SURREY AMATEUR ATHLETIC ASSOCIATION. First Post War County Championships. Junior and Senior. June 22nd, 1946, on Vickers Sports Ground, Byfleet. Nearest Station, West Weybridge.

DARTFORD HARRIERS 3rd ANNUAL HOSPITAL SPORTS Under AAA, WAAA & N.C.U. Laws West County Modern School for Boys, Dartford

SATURDAY, 8th JUNE, at 2 p.m. Running, Walking, Cycling, Tug-of-War, Field Events

Particulars of WALTER LOWE, Hon, Sports Sec., 21, Bath Road, Dartford.

WATFORD PEACE MEMORIAL HOSPITAL SATURDAY FUND OPEN HANDICAP SPORTS MEETING

Including events for Ladies. Two Miles Team Race, and Invitation One Mile Scratch Race.

WHIT-SATURDAY, JUNE 8th 2.30 p.m.

Cassiobury Park, Watford

Full particulars from F. C. H. Barber, Hon. Sec., Watford Harriers, 51. Oxford Street, Watford, Herts.

ATHLETIC AND CYCLE MEETING

(Under A.A.A. W.A.A.A. & N.C.U. R.les)

WHIT-MONDAY, JUNE 10th, 1946 on the

Woodbridge Road Sports Ground, GUILDFORD

Promoted by the Charlotteville Cycling Club.

EVENTS:

Handicaps—100vds., 100vds. (under 18), 220yds., 880vds., Mile, Mile H'cp. Relay, 2 Miles Walk Open Handicap.

Ladies-100yds. Open Handicap. 100 yds. do (under 18). 60 yds. do. Relay. Also Open Cycle Events.

Prize Value for Principal Events, £6; £3; £1.

First Event 2.30 p.m. Entries close

Entry Forms and Particulars from H. K. Evans, Chamonix, High Road, Byfleet, Surrey.

SIMMS SOCIAL CLUB OPEN MEETING, JUNE 1st, 1946. At Summers Lane, North Finchley, N. 12 Commencing 2.30 p.m. Men's 100, 220, 880 Flat Handicaps. and 6 mile walk £5, £3, £1/10/0 Ladies 80, 150 Flat Handicaps, £3, £2, £1. Entries 1/6 each. 1/- additional. Apply for entry forms to-The Secretary, Simms' Social Club, Oak Lane, East Finchley, N.2.

ATHLETICS

The Paper for Track, Field Events, Cross-Country Running and Walking

Vol. II. No. 6. May, 1946.

Published by-JOHN LANGDON, Ltd., 40, Maida Vale, W.9.

Edited by P. W. GREEN.

interest will centre on the London to Brighton race organised by the News of the World, which should resume in 1947. Photographs of the recent relay races will appear in the June number.

EDITOR'S MEMO

IN THE JUNE NUMBER

The Public Schools Challenge Cup

Photographs of the Recent Road

Portrait Gallery, No. 7, H. H.

Whitlock, Metropolitan W.C.

Relays.

Meeting.

Milocarian Trophy. This trophy, which was recently presented by the Milocarian Athletic Club to the A.A.A. for annual competition by schools, colleges and educational establishments in England and Wales, is one which will be competed for with great enthusiasm, and the keenness engendered will do much to foster athletics in the schools.

This competition will probably bring to light talent which, otherwise, might never have been discovered. The ages, 15-17. will not allow boys from elementary schools to take part, until the school leaving age is raised. Even then, not many would be able to compete, as there must be fifty boys qualified before any school is eligible. It will be interesting to see what talent is brought forth in the first year.

A Helping Hand. Some of the outlying clubs are trying hard to foster athletics in their districts but are finding it difficult to get the London clubs to send teams to their promotions. In most cases it makes all the difference between a successful and unsuccessful meeting, the London clubs being the main attraction.

One recent promotion in the South is a case in point. Relying largely on the promised visit of one of the most famous clubs in the country, one which could turn out several teams if necessary, the secretary of the meeting spent over £16 in prizes, gave the meeting plenty of publicity, and at almost the last minute was advised of the withdrawal of the club which would have been the main attraction.

These clubs which are a long way from London, but often travel there for meetings despite a small membership, find this sort of thing very discouraging and they certainly deserve better treatment.

THE EDITOR.

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Ouite a number of secretaries will be disappointed this month when they find that some of their requests to include notes or other matter have not been realised. This has, however, been a difficult month and many items have had to be left out. This is unfortunate, but I feel sure that readers would rather have photographs and results than other matter of a more limited interest. Complaints there will be, no doubt, but I can assure you all that I have done my best with the limited space

It is regretted that the training article has had to be left out this month and walking notes have had to be curtailed. This was unavoidable.

Whilst on the subject of shortage of space, I might mention that we are fully aware that many people cannot obtain a copy, or have great difficulty in getting it. This position is not likely to improve until we are granted an increase of newsprint, and I can only suggest that the best policy is to send along a subscription if you have not already done so. Subscribers get preerence when supplies are short and are sure of their copy.

Entertainment Tax. The reduced rate of entertainment tax will greatly benefit athletic meeting organisers. In the past, far too many meetings have had to depend entirely on the weather, and if a wet day was experienced, a large percentage of the higher prices for stand or covered enclosure went in tax. Whilst we shall always be at the mercy of the weather clerk to a certain extent, the lower rate will certainly help organisers to keep on the right side.

Road Relays. The popularity of road relay races has been much in evidence this year and there seems every likelihood of a regular "season" between cross country racing and the start of the track. After the National interest does tend to wane, and these relays do give a stimulus to a rather dull period. I hear that several clubs intend to make an open road relay an annual feature from now on, and we should find a most interesting 4-6 weeks period devoted to these events next year. Main

BRITISH GAMES

WHITE CITY STADIUM - - - SHEPHERD'S BUSH

WHIT-MONDAY, JUNE 10th, 1946, 2.0 p.m.

Organised by "The News of the World" Sports Club.
All the profits will be handed to the Amateur Athletic Association.

OPEN SCRATCH EVENTS:

(Held under A.A.A. Laws)

100 yds., 220 yds., 440. yds., 880 yds., ONE MILE, THREE MILES, 120 HURDLES, ONE MILE STEEPLECHASE, ONE MILE RELAY (4 x 440 yds.), CINE MILE WALK

YOUTHS ONLY (17th to 19th Birthday): 100 yds., 880 yds. H.M. SERVICES ONLY: ONE MILE

NOVICES ONLY: 100 yds. (Those who have never won a First Prize).

ENTRY FEES: 1/- per event. RELAY: 4/-.

Finest Prizes obtainable will be awarded to the First Four each event.

Entries close June 1st or very latest first post Monday, June 3. Hon. Sec. asks for early entries—it helps a lot.

To JOE BINKS, "News of the World," 30, Bouveric Street, E.C.4.

A.A.A. JUNIOR CHAMPIONSHIPS
AT BIRMINGHAM, JULY 13th,
1946. 100 yds., 220 yds., 440
yds., 880 yds., One Mile, 120 yds.
Hurdles, High Jump, Long Jump,
Pole Vault, Weight, Discus, Javelin,
4 x 110 yds. Relay. Also Senior
A.A.A. Championships; 4 x 110 yds.
Relay and One Mile (4 x 440) Relay.
Forms from A. W. H. Stringer,
Unitas House, Livery St., Birmingham 3. Entries Close June 29th.

Vauxhall Motors Recreation Club OPEN SPORTS MEETING SAT., JUNE 22nd, 1946, at 2.30 p.m. (Under A.A.A. & W.A.A.A. Rules) Open Events Flat Handicaps: Gents —100 yds., 220 yds., 880 yds., 1 Mile, 3 Mile Walk. Prizes—£5 1st; £3 2nd; £1 3rd. Ladies—100 yds., 200 yds. Prizes—£4 1st; £2 2nd; £1 3rd. Entry Fee 1/6 first, 1/- additional.

Gents—2 Mile Team. Prizes, £8 1st; £4 2nd. 1 Mile Works Relay Invitation. Prizes—£8 1st; £4 2nd. Entry fee 4/- per team.

Beds County A.A.A. Championships.
—440 yds. Flat. 2 Mile Walk Entry
Fee 1/- each.

Closing date, June 10th, 1946. Entry Forms from A. J. Gray, V.M.R.C., Luton Beds.

HOSPITALS SPORTS

(Under A.A.A., W.A.A.A. and N.C.U. Rules)

SATURDAY, JUNE 1st, 1946 First Event 2.30 p.m.

Bristol Rugby Ground, Filton Avenue, Bristol.

Open Events include Somerset County One Mile Championship. Short Limit 880 yards Handicap, £7, £3, £2. One Mile Medley Relay, £8, £4. High Jump, £5, £3, £1. 100, 440, 1 Mile Handicaps. Ladies' Sprint and Relay Races. 440 and 1 Mile Cycle H'cps.

Five Miles Cycle Scratch.
Youth, Junior and Schools Races.
Full details from Hon. Secretary, H.
S. L. McCarthy, 635, Wells Road,
Bristol 4. Entries close Wed. May 22.

MIDLAND COUNTIES A.A.A.

UNIOR CHAMPIONSHIP
SPORTS, JUNE 8th, 1946, at
Wolverhampton. 100 yds., 220 yds.,
440 yds., 880 yds., One Mile, High
Jump, Long Jump, Shot. Hammer,
Javelin, Discus, 120 yds. Hurdles,

Entries close May 25th, 1946. Entry forms from A. W. H. Stringer, Unitas House, Livery St., Birmingham 3

CLUB NOTES

Bournemouth A.C. held their first post-war A.G.M. and D. M. Wingate, 78 Brackendale Rd., Queen's Pk,. Bournemouth was elected Hon. Secretary. President is Mr. R. Fairbairn.

Windsor Harriers A. & C.C. have recommenced activities, together with Cycling and Ladies athletic sections. Hon. Sec. remains G. N. Wigley, Horse and Groom, Castle Hill, Windsor.

Oxted, Limpsfield and Tandridge Sports Club are getting together again and intend holding their August B.H. meeting once more. Hon. Sec. G. Whitehead, 30 St. Clair Close, Oxted, Surrey.

Exeter Harriers held a reunion meeting and elected J. W. Rackwood Cocks as President and A. F. Clarke, 25 Temple Road, Larkbeare, Exeter, as Hon. Sec.

Victoria Park Harriers have reformed after five years inactivity. The Hon. Sec. is G. Hemsworth, 22 Haberdasher St., London, N.1. and he would like all members to get in touch with him. A General Meeting will take place at 7 p.m. on Thursday, May 2nd at the Eton Manor Sports Club, 10 Riseholme St., Hackney Wick, E.9. First track meet at Victoria Park on Wed. 15th May, 6.30 p.m.

Cambridge Harriers have two changes to announce. Fixtures Hon. Sec. is H. B. Young, 17 Silecroft Road, Bexleyheath, and Press Hon. Sec. is K. D. Ungoed, 41 Macona Road, Plumstead, S.E.18. General Sec. remains H. C. Rogers.

Somerset County A.A.A. are anxious to compile a list of athletes qualified to represent the County. Will all athletes with necessary qualification, and who wish to be considered for Inter-County events, please communicate with Hon. Sec. H. S. L. McCarthy, 635 Wells Road, Knowle, Bristol 4, giving particulars of performances etc.

Southend-on-Sea A.C. are hoping to get back to normal this season. Facilities for track training are available at Belfairs Track, also at the E. K. Cole Sports Field in Priory Crescent, Prittlewell. Club nights Tuesdays and Thursdays. London and district clubs who wish to resume pre-war fixtures are requested to get in touch with the Joint Hon. Sec. G. W. Smith, Russellville, Mornington Crescent, Hadleigh, Essex.

Wigmore Harriers are meeting on Parliament Hill Track on Tues. and Thurs. evenings and Sunday mornings. More members are required and should write to H. Langston White, 42 Marlborough Avenue, Dalston, E.8.

Leicester Coll. of A. & T. At recent A.G.M. Mr. Colin Gunn was elected to succeed Mr. C. W. Harvey, who was made a Life Vice-President. Hon. Sec. and Track Captain, L. G. D. Ogden, Ullesthorpe, Nr. Rugby;



Photo by E. W. Carr

S. P. STOKES (Sparkill H.) handing over after running the fastest lap, in the Wolverhampton Relay.

Women's Track Captain, Miss Y. M. Smith; C.C. Captain, G. White; Coach-L. Edwards.

Wakefield Harriers, one of the two Leeds & Dist. clubs to remain active throughout the war, are engaged on a programme of expansion and would welcome new members. Hon. Sec. K. Robinson, "Elm Wood," Ackworth, Ponterract.

Surrey Athletic Club are making a determined effort to get back to their former strength and all former members are asked to write to the Hon. Sec. W. R. Fairhead, 37 Commonfield Road, Banstead, Surrey. New members would be welcomed, particularly sprinters, field events men, and juniors in all events.

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today. Victor Institute, Victor House (A 145), Lawson Road, Colwyn Bay, North Wales.

THE PAINS AND PROBLEMS OF THE QUARTER-MILER

By ALAN PENNINGTON

(British Olympic Team, 1936; British Amateur Champion, 440 Yards, and English Record Holder)

In the Summer of 1936 when the cream of the athletic strength of the British Empire and the United States of America met in track and field battle at the White City Stadium, shortly after winning individual laurels at the Berlin Olympiad of that year, a young American turned to me, as the Quarter-milers stripped for action, and remarked," Now we are going to see the toughest race on the international programme."

Why is it that the quarter is regarded by some people as such? In reply to the American I was tempted to put forward the claims of the race in which competitors take little over two and a half hours to cover twenty-six odd miles, or the quartermile interspersed at intervals with ten 3ft. obstacles, or the Four lap race in which each is covered in mere fractions over the minute.

Be that, however, as it may, the quarter is tough enough and the purpose of this article is to bring to light *some* of the ways and means of covering the distance in the shortest possible time; of discovering those methods whereby a man's body is given the best chance of producing so much speed over the distance that he arrives at the finish before anyone else, with the minimum of constitutional distress.

There are certain elementary rules of health which athletes have found to be helpful to observe. I would call this 'home training'—I do not wish to be too dogmatic about the principles but it is indisputable 'hat cleanliness and regularity in habits are important—regularity in meals, the hours of sleep and the time at which exercise is taken. The amount which is eaten and drunk, the amount of sleep and exercise—these are all factors which have to be taken into consideration by athletes in training. They are important matters because they are part of the runner's physical and mental preparation.

Much of the actual time spent in the toil and sweat of training on the track can be ruined by the evils of excessive smoking, frequent consumption of alcohol, late nights, gormandising on the one hand and lack of nourishment on the other. It is not so much the isolated can of ale or the odd packet of ten fags, the occasional night out—but it is the aggregate of the abuses and the persistency with which they are followed which can be counted as severe drawbacks to the runner who aspires to

win his races. How much more pleasant can the quarter-milers imperious passage down the home straight be if his home training has been in order, and how much more ready will his body be to respond to the demands made upon it if its owner has cared for it as he should?

A golf professional once said to me "the game is difficult enough without using weapons like these " pointing to my wrynecked, hickory-shafted mashie. Therefore, in the same tone, I would recommend the quarter-miler to get hold of some good spiked shoes, rubber soled shoes (for warming-up), shorts, slip, vest and warm upper and lower clothing for training and competition. If he does he will save himself much misery on a cold day and his striding round the track will not be punctuated by unnecessary spasms of pain and discomfort through ill-fitting shoes and garments. His striding will be smooth and regular-his style the more cultured and chiselled.

And now, as to actual training-regularity is the key-note and "a little and often" is better than "a great deal, occasionally." The runner should not be put off by the vagaries of the weather—he should endeavour to take exercise every day, except Sundays, rain, hail or snow. · He should start slowly at first 'and, daily, he should warm his body up by jogging several times round the track. The quartermiler should have speed and stamina and the cardinal principle in the acquisition of both these vital qualities is that, in training for speed, the athlete should run less than the distance for which he is preparing in faster time than it takes to cover that distance in the actual race, and, in training to acquire stamina, he should run further than the distance for which he is preparing in proportionately slower time. Distances of 300 yards and 600 yards are respectively ideal for speed and stamina training for quarter-milers. Some quarter-milers may find that they are stronger than they are speedy, in which case they should place the accent on speed work in their training.

A valuable exercise for increasing accelleration is to jog slowly up to a line on the track and, when it is reached, to sprint for 40 yards—the exercise should be repeated four or five times during each training period. The quarter-miler can also save a great deal of time at the start of his race if he practises the crouch start

and reaction to the gun during his track training, as the first 40 yards of a well-run quarter should always be covered as fast as possible—it takes little out of a man and it aids the body in overcoming inertia as well as giving momentum to the runners subsequent striding.

Striding, that is the use of a gait and bearing which carries a runner at a high, and yet comparatively economical speed for a fairly long distance, is the basis of quarter-mile running. And here I wish to explode the fallacy of the long-stride: a stride which is too long for a runner to maintain breeds premature fatigue, as any quarter-miler will discover to his cost, to use A. G. K. Brown's words, when it comes to finding a strong finish. A long stride, if unnatural to a runner, strains his muscles and particularly those of his upper leg. A short stride, on the other hand, does not cover so much distance per stride and is, therefore, uneconomical as compared with the frequency with which the feet come into contact with the ground. It will be seen, therefore, that what the quartermiler has to aim at is a gait which combines the virtues of both the long and the short stride and, at the same time, eliminates the evils of both. The use of this economical and effective method of covering the ground I would call 'correct striding.' Speed and stamina, with this gait, must be cultivated and it is to this end that the quarter-miler must direct his main training efforts.

Weekly, or even bi-weekly, time trials over 300 and 600 yards should be a feature of the Athlete's training after the first month until the competition period is reached, because the more a runner can learn about his own speed, the more it will help his judgment in races. Competition will teach the quarter-miler that the pattern of all races is basically a fast start, followed by a period of 250 yards steady strong striding, and a final "build-up" to a finish in which the athlete's efforts reach a crescendo coming round the last bend of the quarter-mile track, to leave the magnetism of the tape to pull him irresistibly onward; for it is at this moment that the race is gruelling, hard and, possibly, as the American put it "the toughest on the International programme."

AN AGE LIMIT FOR OFFICIALS?

The letter on this subject, published last month, aroused quite a good deal of interest. Space forbids the publication of any of the letters received, but I will do my best to give a brief summary.

Some writers agreed with one or two points raised in Mr. McSweeney's letter, but nearly all disagree with his suggestion that the older members should act as judges, timekeepers etc., but not on committees. As one well known correspondent points out, failing eyesight will very often make a man of 70 unsuitable as a judge, but he may be the ideal man where deliberation and mature judgment are required. Another writer hits the nail on the head, in my humble opinion, when he says that age counts far less than fitness and general health.

Others challenge Mr. McSweeney to mention a single official exercising any influence on controlling bodies who is 80 years of age' I agree with a Finchley Harrier who states that it is ability and not age which counts. It is also mentioned that when Mr. Churchill was in the 40's his judgment and ability were frequently questioned, but that he did a pretty good job of work quite recently, when around the 70 mark, in directing this country's war effort.

One point, which may have been missed, is raised by one correspondent who asks, "how many men of 43 years of age and under could devote the time to afternoon

committees and travelling to committee meetings, without which athletics could not be administered nationally?"

This writer also asks, "where would athletics be today but for Messrs. Turk, Holt, Pearce, Pepper, Tomlinson, Jewell, Turner, and their counterparts in the Midlands and North?" On sober reflection, there are few of the younger men in club athletics who could spare the time, or afford the expense, which these people give unstintingly to the sport.

There does seem to be some dissatisfaction in the South, but it cannot be general, otherwise the delegates criticised would never have been elected as the representatives of their clubs, and thence

to the governing bodies.

I think this discussion should now end, but if it acts as a stimulus to those concerned it will have served a useful purpose. I feel that most athletes are more concerned with a progressive, go-ahead policy than the actual ages of the men who are responsible for bringing it about. If they get the former they will not worry about the latter.

P.W.G.

After going to press, a letter was received from George Pallett, the well-known all-rounder and coach. This letter is so typical of the majority of those received that it will be published in the next number as a fitting end to the discussion.—Ed.

PORTRAITGALLERY

No. 6-C. T. CARTER.

PORTRAIT GALLERY No. 6—C. T. CARTER

The first experience Tom Carter had of running was in 1929, at the age of 21, when the local parson, who ran the football team in which Tom played, asked him to run in the 440 yards and mile in the London Federation of Boys' Clubs Sports at Chelsea.

To everyone's surprise, including his own, he won both events. The following year he ran second in the Mile in the London Championships of the Junior Imperial League, and fourth in their National Championships when representing London.

Tom very nearly joined Ashcombe A.C., but, strangely enough, he liked the Belgrave vest and joined the 'Bels' in September 1930. Two months laterhe ran in his first real championship, the South of the Thames, and coming in 8th, was the first Belgrave man to finish. In his first Surrey county race he finished 12th, one of the winning team, and was a reserve for Surrey in the Inter-County event. He also ran in the Belgrave team in the Southern and National in his first season over the country.

Ever since that year Tom Carter has been in Surrey's Inter-County team and in the Belgrave team for the County, Southern and National races. But it was not until 1936 that he really showed his best form. In that year he gained his first A.A.A. vest and England 'Colours.' He also ran third in the A.A.A. 10 Miles 'Championship when the late W. E. Eaton broke Shrubb's long standing record.

In the seventeen years he has been running he has won the Surrey 6 Miles track championship, in record time which still stands, Southern Counties 6 Miles, Inter-Counties, British Workers National Championship (record time) and twice finished second in the Southern Steeplechase. Season 1940/41 was probably his best, with fourteen "firsts" and one second in fifteen races.

Few people realise the debt which Belgrave Harriers owe to Tom Carter, particularly during the war years when his

FOUND

A new mackintosh was left in the dressing-room at the Yorkshire Championships on March 30th. The owner should apply to the Headmaster, The Grammar School, Harrogate.



TOM CARTER finishing first for Belgrave H. in the London-Brighton Relay.

infective enthusiasm and experience have been largely responsible for keeping the club to the forefront of British athletics. Always willing to help another athlete whether he be novice, junior or senior, Tom is first and foremost a club man. Times beyond number he has led the 'Bels' team to victory, but he never hesitated to relegate himself to the "B" team if, for any reason, he was not running well enough at the time.

It was fitting when this year he won the Southern Counties Cross-Country Championship, an honour which had previously eluded him. It is doubtful if there has ever been a more popular victory and, from the way he is running at the moment it looks as if there is plenty of life in the old dogyet. A real sportsman, and a popular one, it would seem strange to find the name of Carter missing from the sport down South.

KENT "20."

Entries for the Kent "20" close first post Monday, May 20th to the Kent Hon. Sec., W. J. Western, 79 Dartford Road, Dartford.

THE AMATEUR ATHLETIC ASSOCIATION

At the General Meeting of the A.A.A. on April 6th, it was agreed to include the official notices of the Association in "Athletics." This decision will undoubtedly meet with general approval and means that the magazine is officially recognised by the governing body.

The two centre pages have been placed at the disposal of the Association, should they be required, and any official notices will be found on those pages in future, commencing with the June number.



The Queen's University (Belfast) track and field team, which won every team event in Ireland last season. The team includes—Front Row:—(2nd from left), Prince A. F. Adedoyin, Irish and Ulster champion for both high and long jump; 3rd, from left, W. E. Stafford, Irish and Ulster champion, 440 yards; 8th from left, D. Kernohan, well known Shot and Discus performer. Back Row:—2nd from right, J. R. Nelson, Irish Youths' champion, 880 yards; 5th from right, H. J. Sloan, Irish Youths' champion, 100 yards.

Midland Counties A.A A.

A large attendance of delegates at a Special General Meeting convened for the purpose of discussing the proposals for the reconstitution of the A.A.A. were far from sympathetic with the plans put before them. They were, however, agreed that the time was ripe for the re-organization of the A.A.A.

The suggestion that the A.A.A. should control Cross Country Running and Road Walking was promptly negatived, as was the proposal that clubs should affiliate

On the other hand the desire that there should be more county associations met with approval, as did the recommendation that further District Associations should obtain. In the latter case, however, every speaker was insistent that such district associations should be of equal standing as regards representation, voting power etc., on the A.A.A. General Committee.

A proposal that representation on District Associations be made from County Associations was lost.

The Midland Counties Junior championships wil be decided at Courtaulds Recreation Ground, Jackson Street, Whitmore Reans, Wolverhampton, on 8th June, and the programme will also include five women's events. The Senior cham-pionships will take place at the City Transport Stadium, Birmingham, on June 29th, and the same venue will house the A.A.A. Junior championships on July 13th.

Meanwhile, the following championships have been allotted to sports promoters:-

- 3 Miles Flat. Dunlop Sports (Erdington). June 15th.
- 7 Miles Walk. Godiva Harriers (on a date to be decided).
- 1 Mile Medley Relay (Senior) Post Office Stores, Birmingham. 6th July.
- 1 Mile Medley Relay (Junior) Coventry Cycling Club, 10th August.

Marathon. Courtaulds S. & S.C. 6th July.

The following events remain open for allotment. Ten Miles Flat; Two Miles Steeplechase; and Tug-of-War.

The standards for the Junior championships will be as last season, and those for the senior events will show no change from 1939.

The Shropshire County A.A.A. and the Birmingham Atalanta A.C. were elected to membership.



You increase your energy and maintain your staying power during strenuous efforts when you take



the tablets that have proved of great value to all athletes. They are the main fuel of the nervous system, supplying muscles and brain with energising blood sugar. Supplies specially reserved for diabetics on insulin and urgent medical cases.

We are also manufacturers of GLUCOSE CONFECTIONS, GLUCOSE MEDI-CATIONS AND GLUCOSE PASTILLES.



HARRY HICKS (Hampstead H.), one of the most promising juniors in South over the country.





W. BURGESS (Surrey W.C.) winning Kent 10 Miles Road Walking Championship.

WALKING RESULTS.

March 30th. Surrey W.C.'s 113 Miles Race at Banstead. 1, D. H. A. Christie-Murray (holder) 99.48; 2, G. T. Galloway 101.59; 3, H. W. Kemp 102.17; 4, P. Alexander 103.38. Handicap. 1, F. W. Ferris, 26.00, 90.33; 2, G. G. Swan, 10.50, 04.45; 2, H.W. Kemp. 7, 700.05, 17 94.45; 3, H. W. Kemp, 7.00, 95.17.

March 30th. British Workers' Sports Assocn. 10 Miles Championship, at Cheam. 1, J. E. Rutland 78.43; 2, C. Megnin 80.04; 3, A. W. Marler 80.09. Handicap. 1, J. J. Wincer, 9.00, 75.18. Open Team. 1, Highgate H. 23 pts.
1, Belgrave H. "A."

Handicap Team. April 6th. Blackheath H. 71 Miles Walk. 1. H. Rhodes 67.20; 2, A. E. Keepax 69.12; 3, G. V. Rhodes 69.21. Handicap. 1, A. E. Keepax, 4.30, 64.42. April 13th. Metropolitan W.C.'s 15 Miles Road Race, Regent's Park. 1, H. H. Whitlock (Met. W.C.) 2.3.51; 2, C. Megnin Whitlock (Met. W.C.) 2.3.31, 2, C. Meghin (Highgate H.) 2.4.6; 3, H. J. Forbes (Birmingham W.C.) 2.4.32; 4, A. H. G. Pope (Woodford Gn.) 2.7.38; 5, C. E. Churcher (Belgrave H.) 2.7.55; 6, J. E. Rutland (Belgrave H.) 2.8.18. Handicap. 1, F. N. Littlefair (Woodford Gn.) 21.00, 1.54.14. Teams. 1, Belgrave H. 18 pts.; 2, Met. W.C. 32 pts.; 3, Highgate H.

37 pts.

WALKING NOTES

By A. D. McSWEENEY.

With C. Megnin (Highgate H.) and H. J Forbes (Birmingham W.C.) only narrowly beaten by H. H. Whitlock (Metropolitan W.C.) in the recent Regent's Park 15 miles Open, the Olympic Champion will be hard put to it to retain his 20 miles National Championship at Coventry on May 11th.

The title eluded Whitlock for many years, as it did his famous long-distance predecessor, Tommy Green, and it was only in May 1939 that Harold rounded off his career by adding the Road Walking Association National 20 miles to his many honours. This year's race will be held from the Morris Motor Works Recreation Club, Coventry, over a three-lap course, and the start is at one o'clock.

Little Johnny Henderson of Sussex. winner of the last Brighton and Back race (104 miles) in 1937, is returning to form and won the Chichester to Portsmouth Open held on Easter Saturday. The Portsmouth A.C. were quite pleased with an entry of 31 walkers and they intend to make the race an annual event. G. N. Hatch of the Portsmouth City Police won the Handicap, in which first six were covered by 1 minute 51 seconds.

April 22nd. Steyning & Dist. Easter Monday Walking Races. 15 Miles Scratch 1, M. Chatrield 2.22.27; 2, A. B. Grigg 2.27.17.; 3, M. H. Blake 2.35.27. Junior. 1, N. Ball 33.45; 2, N. R. Read; 3, T. M. Adcock. j Boys. 1, C. Ball 11.26; 2, J. Miller; 3, K. Major.

W. HUGHES & SONS,

SPECIALIST IN ATHLETIC TRACKS, GRASS OR CINDER

Tennis Courts: Garden Reconstruction

83, ARDINGLY DRIVE, GORING-BY-SEA. SUSSEX.

FIELD **EVENTS**

The programme for the A.A.A. v. U.A.U. match on June 1st will include the following in addition to the ordinary events. Hop, Step and Jump; Hammer; 440 Hurdles; and 2 Miles Steeplechase.

Any athlete who has reached a standard which might allow him to be considered for this match, and would like to take part in the events mentioned, should write to the Hon. Team Manager A.A.A., Mr. J. C. Crump, 166 Stoneleigh Park Road, Ewell Surrey.

If any field event enthusiasts would like some scratch competition the week prior to the A.A.A. Championships at a meeting at Gillingham, Kent, will they please write to the Editor straight away? The date is July 13th, and events include 120 Yards Hurdles, Long and High Jumps, Weight, Discus, Javelin and Hammer.

A LOST TROPHY

Mr. C. Stetson, 1939 member of Cambridge Harriers and winner of the Kent Pole Vault trophy, is requested to get in touch with the County Hon. Sec., Mr. W. J. Western, 79 Dartford Road, Dartford. Letters to his last known address have been returned, marked "not known."

Pts.

12

13

27

12 18

12 19

12 21

Continued from Page 13 Team Placings.

1. Birchfield H. (Holder) (1,4,7).

2. Birmingham Atalanta (2,5,6).

3. Dudley H. & A.C. (3,11,13).

1. Dudley H.

2. Birchfield H. 'A'

3. Small Heath H. 'A'

	11100	A CONTRACTOR
2½ MILES WOMEN'S ROAD	REL	AY
RACE. 20th April.		
SCRATCH TEAMS		sec.
1. Birmingham Atalanta ' A '	13	7
2. St. Gregory's 'A'	13	51
3. Birchfield 'A'	14	0
4. Small Heath H. 'A'	14	13
5. Dudley H.	14	24
6. Atalanta ' B '	14	29
The winners beat own course	recor	d of
13m. 24s. made in 1945.		
HANDICAP TEAMS	min	Sec

BIRMINGHAM ATALANTA AC



N. M. Green (Oxford) beating J. C. G. Wilson (Cambridge) on the tape in the Inter-Varsity Mile.

AN OMISSION.

In the April number, in the result of the Southern C.C. Championship, Blackheath H. were inadvertently omitted from 4th position with a score of 195 points.

WOMEN'S A.A.A. NATIONAL ROAD WALKING CHAMPIONSHIP 2½ Miles. SHELDON, BIRMINGHAM April 22nd.

1 D Hart Birobfold H

min. sec.

1. D. Hart, Birchneld H.	22	28
2. J. D. Riddington, London Tr.	23	4
3. G. Thorne, Birm. Atalanta	23	15
4. M. Brittain, Birm. Atalanta	23	19
5. B. Harris, Birchfield H.	23	31
6. B. Day, Birm. Atalanta	23	53
7. B. Sankey, Dudley H.	24	11
8. J. Lloyd, Birchfield H.	24	26
9. J. E. Govier, Birm. Atalanta	24	36
10. S. Jones, Birm. Atalanta	24	40
Team Placings		
		Pts.
1. BIRMINGHAM ATALANTA (3,4,6.)	13
2. Birchfield H. (Holders) (1,5.8	3).	14
3. LONDON TRAMS & T. (2,11.20).		33
4. Dudley H.L.S. (7.13.18).		38
5. SMALL HEATH H.L.S. (14,16,23	1).	53
	ACCESSES.	INCHES OF

WITH THE LADIES

Right

ATHLETICS.

Miss Stretton (2nd), Mrs. Nelson - Neal (Hon. Secretary, M.C.W.A.A.A.), Mrs. Jordan (1st), and Mrs. Shepherd (3rd), after the final of the Women's 200 Metres Final at Bournville, 1945.

Photo by E. W. Carr



W.A.A.A.

Hon. Sec.: Mrs. W. E. Hughes, 13, Selcroft Road, Purley, Surrey (Uplands 1566).

Southern Counties W.A.A.A.

Hon. Sec.: Mr. E. H. Knowles, 42, Hatfield Road, Bedford Road, W.4.

Midland Counties W.A.A.A.

Hon. Sec.: Mrs. Nelson Neal, 47, Claremont Road, Smethwick, Staffs.

Northern Counties W.A.A.A.

Hon. Sec.: Mrs. R. Taylor, 84, The Drive, Seedfield, Bury, Lancs.

Arrangements for the Track and Field Events Championships are going ahead and the following events will be decided at the White City on July 13th 1946.

Senior Events: 60, 100, 200, 400 and 800 metres, 1 mile, 1,600 metres Walk, Long and High Jump, Throwing the Discus, Throwing the Javelin, Putting the Shot, and 80 metres Hurdles.

The Championship Relay will be staged as a separate event probably in the Northern or Midlands Territory but full details regarding this will be announced as soon as arrangements have been completed.

Junior Events at the Championships on July 13th will be: 100 yards, Long and High Jump, 75 yards Hurdles, and 4 x 110

yards Relay Race. It has been definitely decided to send representatives to the European Championships at Oslo in August next, and this should help towards keen competition during the coming Track Season.

A number of meetings are putting on Handicap events on Whit Monday including the Charlotteville Cycling Club at Guildford where there will be 100 vds. Open Handicap, 100 yards Open Handicap (15-18 years) and a 660 yards Open Relay. Entries for this close on May 29th to H. K. Evans, Chamonix, High Rd., Byfleet, Surrey. This meeting should be of interest to girls in the Guildford area.

If you would like details of other meetings in your own district do not hesitate to get in touch with the Territorial Secretaries whose addresses are at the top of the column as they will have full details of any meetings in their area.

Middlesex Ladies A.C. have now commenced training for running, jumping and field events at Paddington Recreation Ground on Wednesday evenings, and at Motspur Park on another evening to be decided later. Newcomers and any old members would be very welcome as it is hoped to put the club back on it's pre-war footing. Hon. Sec. Mrs. C. T. Leslie, 283 Kingston Road, Ewell, Surrey. Telephone 3036.

MIDLAND WOMEN'S A.A.A. ROAD WALK CHAMPIONSHIP (21 miles) 14th April 1946.

min. sec.

- 1. D. Hart, (Holder) Birchfield H. 21 49 2. G. Thorne, Birm. Atalanta 22 49
- 3. B. Sankey, Dudley H. 4. B. Harris, Birchfield H. 22 41 5. M. Brittain, Birm. Atalanta 22 53

6. W. Marriott, Birm. Atalanta 23 51 Continued on previous page

OXFORD vs. CAMBRIDGE

Although the standard of performance was the lowest for very many years, several exciting finishes thrilled the 6,000 crowd at the White City and brought back memories of former Inter-Varsity contests. A track which had been flooded the previous day did not help fast times.

rouse day did not help fast times.

For a moment it looked as if there might be a surprise in the 100 yards, when S. Bryett, of Oxford, went into a good yard lead right from the gun, and still held it at 50 yards. But the two Cambridge men, both slow away, came through strongly in the last 30 yards and Fairgrieve won by a yard in 10.4 sees.

The 880 and the mile both gave Oxford

The 880 and the mile both gave Oxford narrow and unexpected victories. J. W. E. Mark, of Cambridge, led from Tudor, of Oxford, in the shorter race, with Gibson last. After a 58.4 first lap, Tudor tried to go by with 300 yards to go, but Mark, looking all over a winner, went away to set up a lead of several yards. Coming round the last bend, Gibson, who had been last throughout, came from behind with a terrific finish, and drew level

J. P. S. GIBSON (Oxford) winning from J. W. E. Mark (Cambridge) in the 880 yards.



with Marks 12 yards from the tape. First one, then the other, appeared in front, and in the last couple of yards the Oxford man was just the stronger, getting home by a foot.

The Mile was somewhat similar with Wilson, of Cambridge, leading early on. At one lap Stratton was in front, at the half Green led from Wilson and Stratton in 2.16.8, and at the bell Wilson was in front, followed by O'Rorke, Stratton and MacPherson, with Green well to the rear. Round the last bend Green put in a tremendous finish to catch the Light Blue on the tane in 4 min 33.8 sees

the tape in 4 min. 33.8 secs.

In the "quarter," J. Fairgrieve was unexpectedly beaten by J. W. E. Mark, coming in for B. W. Burnett, who was suffering from an injured foot. Fairgrieve's time was two seconds slower than his time in the Cambridge Finals, and he faded badly in the last 80 yards after being well up on Mark coming round the last bend.

In the three miles P. W. Coggins was in a class of his own. P. R. Ll. Morgan, of Oxford, might have got nearer to him but looked and ran like a novice. Every lap or so he would come from third position and race into the lead, only to drop back a few yards later. He could learn a great deal from Coggins, who ran in an effortless and unperturbed fashion throughout. Even so, the time was one of the slowest ever in these contests.

W. Thomas, a coloured boy from the University of Utah, who has done 14.8 in the States, had a comfortable win in the high hurdles event. In the low hurdles race the Oxford second string won in the slow time of 28 secs. Young, of Cambridge, was fighting hard for second place when he fell at the last hurdle.

The other events provided nothing sensational, C. R. Leeson's 5ft. 10in. in the high jump, and J. Moor's 164 ft. 10½ in. in the javelin throw, being the best. J. Morrish was unable to reproduce his old form, and was only 1½in. in front of Willis, of Cambridge at the finish.

After eight events had been decided the teams were practically level, but in the end Cambridge ran out comfortable winners by 65 points to 43.

100 Yards—1, J. Fairgrieve (C); 2, J. D. J. Havard (C); 3, S. A. Bryett (Ox); 4, K. H. P. Bailey (Ox). 10.4 secs. 1 yd. ½ yd.

440 Yards—1, J. W. E. Mark (C); 2, J. Fairgrieve (C); 3, G. R. Grice (Ox); 4 C. J. Weir (Ox). 51.8 secs. 3 yds. 4 yds.

Mile—1, N. M. Green (Ox); 2, J. C. E. Wilson (C); 3, McPherson (Ox); 4, D. W. Stratton (C). 4 min. 33.8 secs. ins. 3 yds.

ATHLETICS

3 Miles—1, P. W. Coggins (C); 2, P. R. Ll. Morgan (Ox); 3, C. E. Carpenter (C); 4, J. D. Hall (C). 15 min. 14.8 secs. 120 yds. 140 yds. 120 Hurdles—1, W. Thomas (Ox); 2,

120 Hurdles—1, W. Thomas (Ox); 2, T. D. Anderson (C); 3, N. C. Ure (C); 4, D. R. Marsh (Ox). 16.6 secs. 4 yds.

220 Hurdles—1, P. L. Day (Ox); 2, J. M. McSwinney (Ox); 3, T. D. Anderson (C); 4, B. Young (C). 28 secs. 6in. 6 vds.

Long Jump—1,.. Morrish (Ox) 21 ft. 8½ in.; 2, A. N. Willis (C) 21 ft. 7 in.; 3, A. G. Donald (C) 20 ft. 2¼ in.; 4, S. A. Bryett (Ox) 19 ft. 11 in.

High Jump—1, C. R. Leeson (C) 5 ft. 10 in.; 2, J. Rymer (C) 5 ft. 8 in.; 4, R. W. Lester (Ox) 5 ft. 6 in.; 4, J. Morrish (Ox) 5 ft. 4 in.

Weight—1, C. R. Shaw (C) 39 ft. 4½ in.; 2, J. D. Gilder (Ox) 39 ft. 0¾ in.; 3, R. G. Malloch-Brown (Ox) 37 ft. 7 in.; 4, H. Le Bas (C) 36 ft. 10¾ in.

in.; 4, H. Le Bas (C) 36 ft. 10³/₄ in.
Discus—1, C. Reidy (C) 122 ft. 4 in.;
2, P. J. M. Trollope (Ox) 115 ft. 6 in.
Javelin—1, J. Moor (C) 164 ft. 10¹/₂ in.;

Javelin—1, J. Moor (C) 164 ft. $10\frac{1}{2}$ in.; 2, D. R. Alban (C) 149 ft. 8 in.; 3, G. R. M. Drew (Ox) 133 ft. 5 in.; 4, D. R. Marsh (Ox) 113 ft. 0 in.

Result:—Cambridge 65 pts. Oxford 43 pts.



J. FAIRGRIEVE (Cambridge) winning the 100 Yds. at the Inter-Varsity Sports.

CAMBRIDGE U. v. PARIS U.

100 Metres—1, J. D. J. Havard (C); 2, A. N. Willis (C); 3, Diot (P). Yd. Yd. 11.2 secs.

200 Metres—1, J. D. J. Havard (C); 2, A. N. Willis (C); 3, du Gard (P). Ft. 26.7 secs.

400 Metres—1, J. W. E. Mark (C); 2, Santonna (P); 3, B. W. Burnett (C). 3 yds. 4 yds. 49.9 secs.

800 Metres—1, J. W. E. Mark (C); 2, Sigonney (P); 3, Rass (P). 1½ yds. 2 yds. 1 min. 57.6 secs.

1500 Metres—1, Gisard (P); 2, Rizien (P); 3, Sroboda (P). Ins. 7 yds. 4 min.

5000 Metres—1, P. W. Coggins (C); 2, Berge (P); 3, Barbaud (P). 260 yds. Ins. 15 min. 40.9 secs.

110 M. Hurdles—1, Omnes (P); 2, Richard (P); 3, T. D. Anderson (C). 3 yds. 7 yds. 15.5 secs.

200 M. Hurdles—1, d'Alexandrie (P); 2, Faucher (P); 3, N. C. Ure (C). 4 yds. 4 yds. 26.7 secs.

High Jump—1, Audony (P) 6ft.; 2, Benard (P) 5 ft. 10 in; 3, C. R. Leeson (C), and J. Rymer (C) 5 ft. 9 in.

Long Jump—1, Faucher (P), 21 ft. 8½ in.; 2, Breitman (P) 21 ft. 7 in.; 3, Donald (C) 21 ft. 4 in.

Weight—1, Lapique (P) 44 ft. 2 in.; 2, Shaw (C) 38 ft. 10 in.; 3, Grilly (P)

Javelin—1, D. B. Alban (C) 155 ft.; 2, Fabre (P) 145 ft. 2 in.; 3, Ternier, 136 ft. 9 in.

Discus—1, Witteroronghel (P) 137 ft.; 2, Desarnier (P) 126 ft. 5 in.; 3, Reidy

.....Relay (100 x 200 x 300 x 400). Paris U. beat Cambridge U. Result: Paris U. 79 pts.; Cambridge U. 39 pts.

ATHLETICS Page 16

THE NATIONAL

The official results of the English Cross-Country Ten Miles Senior Championship, held at Leamington Spa, on March 9th, 1946, are given below:

239 runners started (25 teams and 37 individual entrants). 214 runners finished (21 teams and 31 individual entrants). * Denotes Individual Entrant. Mins. Secs. J. T. Holden, Tipton H. ... 57 21 R. Reid, Birchfield H. ... 57 25 3. R. Gosney, Eastleigh A.C. 57 38 4. R. V. Hughes, Poly. H. ... 57 41 5.* R. V. Draper, Hinckley T. C. 58 20 6.* J. A. Cole, Dudley H.A.C. 58 25 L. W. Herbert, Belgrave H. 58 30 J. Corfield, Tipton H. ... 58 34 J. A. Carrick, Small Heath 58 54 10. F. Froggart, Small Heath 58 56

11.*	A. A. Robertson, Reading A.	58	59
12.	M. Bingham, Finchlev H.	59	21
13.	D. Wingate, Eartleigh H.	59	.26
14.	D. J. Main, Belgrave H	59	44
15.	I. Bedford, Tipton H	59	47
16.	C. T. Carter, Belgrave H.	59	52
17.	J. I. Conway, Birchfield H.	59	55
18.	I. T. Richards, Birchfield H.	59	56
19.*	E. Powner, North Staffs. H.	59	57
20.	E. Blake, Birchfield H	60	0
21.	G. L. Iden, Surrey A.C	60	. 1
22.	R. R. Choat, Blackheath H.	60	2
23.	J. F. Ellis, Hallamshire H.	60	8
24.	S. H. Smith, Halesowen	60	12
25.	G. M. Pearson, Belgrave H.	60	28

TEAM PLACINGS

1.—Belgrave H.—5, L. W. Herbert; 11, D. J. Main; 13, C. T. Carter; 21, G. M. Pearson; 22, T. G. Clinton; 24, R. W. Tobin. Points, 96. 38, D. Patience; 58, T. F. Morrell; 73, A. F. Mitchell.

2.—Birchfield H.—2, R. Reid; 14, J. I. Conway; 15, J. T. Richards; 16, E. Blake; 25, J. W. Hay; 34, J. B. Biggs. Points, 106. 40, R. Ballenger; 76, J. Hingley.

3.—Tipton H.—I, J. T. Holden; 6, J. Corfield; 12, J. Bedford; 41, R. W. D. Hier; 43, J. Carter; 52, D. Pardoe. **Points**, **155.** 55, H. N. Beck; 59, J. Collins; 119, T. Williamson. **4.—Surrey A.C.—17**, G. L. Iden; 23, C. H. Ballard; 35, S. C. Bolton; 45, F/Lt. K. Cooper;

69, R. Goodbody; 99, C. S. D. Bailey. Points, 288, 120, J. W. Hunt; 131, R. D. Hersey;

5.—Blackheath H.—18, R. R. Choat; 33, D. W. Smith; 50, D. E. Renolds; 61, A. E. Keepax; 62, H. N. Nunns; 65, A. Dale. Points, 289. 70, G. H. Wilkinson; 98, A. C. J. Poole; 113, A. D. Kennedy.

6.—Halesowen A. and C.C.—20, S. H. Smith; 39, H. J. Hackett; 53, C. Weston; 63, W. Poole; 67, P. Holloway; 93, D. Crawley. Points, 335. 114, A. Bleendell.

7.—Small Heath H.—7, J. A. R. Carrick; 8, F. Froggart; 26, D. J. Marlow; 108, C. R. Hawkins; 111, A. W. Shakespeare; 112, W. J. Holmes. Points, 372. 128, R. C. Thain; 138, R. Froggart.

8.—Polytechnie H.—4, R. V. Hughes; 28, J. H. Wood; 47, S. F. Jones; 77, C. Scott (L.A.C.); 94, F/Lt. T. Lalonde; 127, G. A. Freshwater. Points, 377.

9.—Thames Valley H.—49, M. J. Chard (Sgt.); 60, A. L. M. Phipps; 66, F. L. Mason; 71, H. W. Dennis; 72, D. Isaac; 90, N. G. Avery. Points, 408. 117, J. Macdonald; 129, A. L. Jackman; 145 A. H. Casterton.

10.—Sale H.—42, H. Loftus; 57, A. Toon; 75, J. Fearn; 83, D. Grice; 86, J. Hartley; 95, S. F. Timmins. Points, 438. 122, F. C. Holme; 172, K. G. Holt; 178, J. W. Epplestone.

11.—Aylesford Paper Mills.—29, J. Charlesworth (L.A.C.); 48. A. V. Macoy (Sgt.); 56, J.

Ellis; 68, R. G. Hearn (Cpl.); 103, H. Capps; 148 A. Haslewood. **Points, 452.** 12.—Eastleigh A.C.—3, R. Gosney; 10, D. Wingate; 74, R. Bryan; 102, H. Beavan; 132, M. Cherry; 135, E. Holloway. Points, 456.

13.—Coventry Godiva H.—37, D. Ferguson; 64, G. Paul; 84, J. Parkinson; 87, J. Wright;

89, W. Baxter; 96, J. Fallaize. **Points, 457.** 115, J. Frost; 143, G. King; 152, F. Sharp. **14.—Sheffield United H.—27**, G. Cooke; 78, H. G. Whitehurst; 79, W. Blagden; 80, G. E. Whitehurst; 106, E. Whitehurst; 149, D. White. **Points, 519.** 159, F. Beal.

15.—Manchester A.C.—46, G. Cheetham; 82, G. A. Baker; 88, N. Ashcroft; 100, D. Warburton; 124, A. Scott; 134, J. E. Davies. Points, 574. 141, S. Tynan.

16.—Finchley H.—9, M. Bingham; 105, M. M. T. Forde; 109, N. Clare; 110, W. Hunt; 123, V. B. Sellars; 150, G. Shipp. Points, 606.



THAMES VALLEY HARRIERS—SOUTHERN C.C. JUNIOR CHAMPIONSHIP TEAM WITH FINCH WAYTE TROPHY, 1946.

Standing (left to right):-R. Musgrave (trainer); D. A. M. Phipps, M. E. Scott, A. L. M. Phipps (Club C.C. Captain), R. F. Baker, A. G. White (coach). Sitting (left to right): E. P. Manley, K. M. Anzola, M. J. Chard, D. Isaac,

(Photo by G. A. Herbert, Eeling.)

17.—Notts. A.C.—32, K. Graham; 51, C. E. Coggins; 91, R. Gliddon; 136, A. Smith; 164 D. Bonsall; 168, F. Allwood. Points, 642. 171, G. Whetton.

18.—Sparkhill H.—54, S. P. Stokes; 85, J. Pinfold; 92, A. Kenney; 140, S. T. Roberts; 156, K. Rider: 162, H. L. Miller, Points, 689, 163, J. C. Thomas; 166, S. Perry; 170,

19.—B.T.H. R.C. (Rugby).—81, T. Morgan; 104, J. Lawrence; 125, N. Dudley; 133, C. T. Pitt; 142, J. Porter; 158, K. Banks. Points, 743. 160, R. Anderson; 179, E. Dixon.

South London H.—97, J. G. Stubbs; 107, S. A. Naylor; 116, K. T. Carter (Cdt.); 144, A. S. Pirie; 147, D. B. Grayer; 157, J. C. Jewell. Points, 768.
 Northampton and County A.A.C.—44, G. Loveday; 153, C. W. Garratt; 154, G. Hayman; 155, P. J. Brown; 161, H. B. Wells; 167, A. C. Warner. Points, 834. 174, A. Cosford; 177, A. Hirst.

INCOMPLETE TEAMS TO FINISH-

Crowland A.S.A.—121, E. Carey; 165, F. D. Slater; 173, L. H. Potts; 180, E. H. Clarke: Hallamshire H.—19, J. F. Ellis; 31, W. Herbert; 169, C. D. Brookfield; 176, D. Gregory. Leigh H.-36, E. J. Simms; 101, A. Dickenson; 126, V. Raines; 130, R. Grundy; 151,

Wycombe Phoenix H.—30, G. W. Johnson; 118, S. Tugwood; 137, M. H. Hillier; 146, W. Taylor; 175, N. F. Collier.

FINISHING POSITIONS OF OTHER INDIVIDUAL ENTRANTS—

19, E. Powner, North Staffs. H.; 27, H. S. Oliver, Reading A.C.; 28, A. E. Tyrer, Sutton H.; 29, J. Auburn, Liverpool Pembroke A.C.; 30, M. Smith, Blaydon H.; 49, J. Wright, West Bromwich H.; 52, J. Mahoney; 56, A. Stokes, Smethwick H.; 60, R. E. P. Alcock, North Staffs. H.; 71, J. Edwards, Wallasey A.C.; 97, S. B. Crossland, Royton H. and A.C.; 117, W. Robinson, Stourbridge A.C.; 130, J. W. T. Vallender, St. Gregory's A.C.; 144, A. Ellis, Harborne H.; 150, S. J. V. Freeman, Dudley H.; 156, C. Waddington, Mansfield H.; 158, A. Fell, Mansfield H.; 159, S. Smith, Leicester College of Arts; 161, R. Matthews, Learnington C. and A.C.; 163, S. J. Harper, Bromsgrove A. and C.C.; 170, M. S. Smith, Stourbridge H.; 171, J. Hartop, Kettering Town H.; 176, G. A. Carr, Harborne H.; 192, G. K. Williams, Wallasev A.C.; 195, L. Bacon, Mansfield H.; 201, A. G. Robinson, Erith A. and S.C.; 214, A. W. Green, St. Gregory's A.C.

ENGLISH C.C.U. YOUTHS CHAMPIONSHIP

OFFICIAL RESULT:-

	Mins. Secs.	9.	A. J. Southall, Small Heath	19	24
160	runners started (28 teams and 7		J. D. Banton, Harehill Lib.		
i	ndividual runners).		D. F. U. Telfer, S.L.H		
150	runners finished (27 teams and 7		J. R. Reid, Birchfield H	19	
i	ndividual runners).		J. S. Caswell, Kettering T.H.		
	* Denotes Individual Entrant.		E. Woolford, Godiva H	19	
	Mins, Secs.		J. R. Weames, Belgrave H.	19	ALCOHOLD STATE OF THE PARTY OF
1.	G. B. Saunders, Derby &		G. Redcliffe, Liverpool A.C.	19	
	A. & C.C 18 27		D. J. Taylor, Birchfield H.	19	
2.	D. F. Birch, Harehill Lib. 18 55		P. J. McGrath, R.A.F	2345-010-0	
3	D. Walker, Sheffield U.H.			19	
	and A.C 18 56		A. H. Bruce, Belgrave H.	19	15 A 15 O 17 A 18
1	P I Dirio Couth Landar II 10 50		M. Whenman, Dartford H.	19	STATE OF THE PARTY
×.	P. J. Pirie, South London H. 18 58			19	
υ.	G. F. Wildey, Leicester C.		C. Robertson, S.L.H	19	
0	of A 19 5		B. Goldie, B.T.H. (Rugby)	19	51
	E. A. Short, Belgrave H 19 13	24.	R. R. Horsfall, Harehill Lib.	19	52
7.	G. R. Lomax, R.A.F 19 20	25.	A. Halbert, Thames V.H.	19	56
8.	W. L. Hobbs, T.V.H 19 23				

TEAM PLACINGS

1.—Harehill Liberal Club.—2, D. L. Birch; 10, J. D. Banton; 23, R. R. Horsfall; 30, B. Bottomley. Points, 65. 33, G. D. Baptiste; 83, O. Pittendreigh.

2.—Thames Valley H.—8, W. L. Hobbs; 11, E. P. Manley; 24, A. Halbert (Pte); 29, D. J. Gibbs. Points, 72. 39, J. A. Aucutt; 52, H. J. Lucas; 59, P. J. C. Ellis; 69, A. E. Marsden. 3.—Belgrave H.-6, E. A. Short; 15, J. R. Weames; 19, A. H. Brice; 34, L. A. Adams.

Points, 74. 96, L. C. Bishop; 105, R. Danelson; 135, C. N. Collis. 4.—South London H.—4, P. J. Pirie; 21, C. Robertson; 35, M. D. Parkes; 37, J. F. Sadler.

Points, 97. 63, B. H. C. Jaggers.

5.—R.A.F., Halton.—7, G. R. Lomax (L/App.); 18, P. J. McGrath (A/A); 36, D. P. Wedlake (A/A); 38, H. Brett (A/A). Points, 99. 55, S. E. Beverley (A/A); 65, G. T. Lee (A/A); 73, B. Malone (A/A); 80, R. J. Clarke (A/A).

6.—Birchfield H.—12, J. R. Reid; 17, D. J. Taylor; 42, G. G. Birchall; 43, G. P. Hinton. Points, 114. 46, S. Blood; 118, K. Preston.

7.—Sheffield United H. and A.C.—3, D. Walker; 31, J. A. Battey; 45, W. R. Barrow; 89, C. Morgan. Points, 168.

8.—Coventry Godiva H.—14, E. Woodford; 28, L. Keylock; 58, J. Sneath; 78, V. Rogers.

Points, 178. 79, W. Orchard; 102, R. Hinson; 106, D. Eaves. 9.—Small Heath H.—9, A. J. Southall; 41, E. Newton; 77, J. Caldicott; 84, C. J. Simpson.

Points, 211. 86, D. Chantler.

10.—Derby and County A. and C.C.—1, G. B. Saunders; 49, J. Oswald; 57, P. Ducker; 132, D. Wingfield. Points, 239.

11.—Dartford H.—20, M. Whenman; 62, J. C. Turner; 90, A. Upshur; 91, S. Rogers. Points, 263. 104, D. Booker: 125, C. D. Shirwin.

12. Halesowen A. and C.C.—32, S. Roberts; 60, R. Leavesley; 75, G. Priest; 97, R. Allen.

Points, 264. 107, D. Farmer; 120, W. Smith. 13.—Leicester Colleges of Art.—5, G. F. Wildey; 26, K. E. Johnson; 99, J. C. Moore;

136, N. Taylor. Points, 266.

14.—Sutton and Cheam H.—25, R. Page; 53, P. Hedges; 70, G. Worsell; 123, P. Ryle. Points, 271. 127, F. Munday; 143, J. Grugeon.

15. B.T.H. (Rugby) R.C. 22, B. Goldie; 50, P. Fricker; 94, R. Hayward; 124, D. R. Angrove. Points 290.

16.—Kettering Town A.C.—13, J. S. Caswell; 71, R. Beeby; 74, W. Howard; 141, D. Fletton. Points, 299.

17.—Aylesford Paper Mills.—47, D. Wimsett; 56, G. Bridger; 87, V. Craxton; 109, S. Wallace. Points, 299. 138, R. Sharpe; 139, J. Warwick; 145, D. Terrell.

18.-Lockheed A. and C.C.-27. F. Barkworth; 64, - Shirley; 111 R. Hiorns; 126, V., Boyle. Points, 328.

19. - Manchester A.C .- 51, J. K. Allcock; 81, F. A. Bartlett; 95, L. G. Boyd; 101, L.

Landes. Points, 328, 136, J. M. Galgut. 20.—Saltley College.—44, H. G. Thornton; 67, J. B. Davies; 115, W. A. Warren; 116, D. J. Courts. Points, 342. 128, J. Woodyer; 133, J. W. Moon; 140, H. Rodwell; 142, J. H. Bosworth.

21.—Fairbairn and Mansfield A.C.—48, N. Vare; 66, F. Wilson; 112, J. Burge; 117, T. Cavanagh. Points, 343. 119, R. Joel.

22.—Reading A.C.—40, E. Mogridge; 76, A. Kelly; 100, G. H. Cranham; 130, T. K. Douglas. Points, 346.

23.—Dudley H. and A.C.—68, V. W. Crofts; 88, D. J. Freeman; 93, R. B. Peakin; 98, R. Davis. Points, 347.

24.—Liverpool Pembroke A.C.—16, G. Redcliffe; 103, A. Handley; 121, J. Burness; 122, H. Mandsley. Points, 362.

25.—Epsom and Ewell H.—54, M. Wells; 85, L. Brideman; 110, I. Duthie; 129, A. Pamplin. Points, 378.

26.—Crowland A.S.C.—72, R. Leuhup; 82, P. R. Punter; 113, K. Balance; 131, E. Cawthorne. Points, 398.

27.—Northampton and County A.A.C.—92, J. Perkin; 114, G. Billingham; 134, E. Yarpley; 137, B. Alcock. Points, 477.

INCOMPLETE TEAM TO FINISH-

Hallamshire H. and A.C.-61, H. Collett; 108, J. Eales.

FINISHING POSITIONS OF OTHER INDIVIDUAL ENTRANTS

34, A. V. Brakefield, Cambridge H.; 76, E. Holder, Bromsgrove A. and C.C.; 116, J. Smith, East Cheshire H. and A.C.; 141, T. A. Lightowler, Rotherham H.; 146, J. Bromley, Winton H.; 149, W. Hible, Rotherham H.

THE INTERNATIONAL

CROSS COUNTRY CHAMPIONSHIP

By JACK CRUMP.

The Editor has asked me to contribute a description of the first post-war crosscountry international, and the 33rd in the series, which was held at Avr Racecouse. on March 30th.

I could write at very great length on this race, the lessons to be drawn from the superiority of the continental runners, but I believe cross-country enthusiasts will prefer instead to examine the intermediate placings, which I compiled with the great co-operation of Harold Abrahams, and read from them the obvious story of the event.

To those of us who are fortunate enough to be in contact with contemporary form in France and Belgium, the result was certainly not unexpected. Dare I say that I almost exactly predicted it two weeks before the event, and that I was surprised only by the very poor showing

of the Scottish athletes.

The course was fast, but was not the light race track which so greatly favours the continental runners. Had the weather been bad it would certainly have been as heavy as the majority of courses, and it was, in fact, a good mixture of stubbly grass land, plough and country with a sufficiency of obstacles. In short, it was a course which favoured no particular country.

Raphael Pujazon, the French champion and holder of the French 3,000 metres record, dominated the race, setting a fast pace which only the Belgians, Vande Wattyne and Ost, made any real attempt to match. The Belgians ran most pluckily. but when Pujazon increased his effort at six miles, he opened up a big gap and had time, confidence and judgment enough to look round in the final halfmile and then ease up noticeably to win by 180 yards He showed conclusively that he is outstanding and of the same class as Jean Bouin and Guillemot, the great French cracks of the past.

As a team the French were magnificent. They were always certain of victory, as the intermediate placings showed, their ninth man finishing before any other country had placed their sixth scoring athlete. Messner, I'm told, acted as the whipper-up, and certainly in the last 400 yards he and his colloagues, Cousin and Presset, came through together to relegate Jack Holden to 6th place.

Jack Holden ran exceedingly well, despite his 39 years, and came through his field at the right time and with great judgment. Gosney, too, ran a good and plucky race, and did his best to keep up at the front. Draper need not feel ashamed at his showing, whilst Hughes and Herbert, in their first international, justified themselves. Carrick, Froggatt, Corfield and Cole found the terrific pace at the start too much for them.

Belgium did very well indeed. Vande Wattyne they have a grand youngster who will be prominent in this event for many years to come, barring accidents. Ost too, is a great runner, and would have finished even higher had he not been obliged to try and hold on to Pujazon. Chapelle, Belgium's champion, disappointed and was suffering, I understand, from a temperamental reaction, due to a late change in the captaincy of his National team. Belgium

deserves congratulations on her best performance ever in this event and on her

first defeat of England.

To the Irish team, chosen from both Eire and Northern Ireland, we can offer congratulations. M'Cooke failed to prove the dark horse and, as the placings at 2, 4 and 6 miles will show, he had no excuse unless it be the fast start. David Main, the young Belgrave Harrier, running for Ireland, failed to show his real form. Ireland, to give England such a big fight and to so soundly defeat Scotland, was a surprise and to her a matter of some gratification.

Scotland were badly beaten, Bobby Reid dropping back to a worse position as the race progressed, and as for Wales, well, her officials expected little and appeared neither surprised nor disappointed at being completely outclassed.

And of the future? Well, next year's race is in Paris, and I doubt if we shall improve on our 1946 performance then.

Pujazon looks a certainty for the individual race, unless Sydney Wooderson decides to treat cross-country running as a serious matter. If he does and goes to Paris in 1947, it will be a classic between him and Jujazon, and my vote would be for Sydney.

I shall be accused of being pessimistic, perhaps, by some of my good friends in the cross-country world. Let's face the facts, however, and recognise that for a year or two we shall be down in the dumps in international athletics. But in. perhaps, three years time, we shall once more be able to demonstrate that crosscountry running is a typical British sport in which we can meet and beat all comers.

The younger members of the English team need not feel despondent. They will run much better in their next international and they can take comfort from the fact that the French treated us to a defeat almost as heavy in 1939.

INTERMEDIATE POSITIONS:

Lap 1

1	Vande Wattyne, Belgium	10.44	10	Petitican, France.
2	Pujazon, France	10.44	11	Leveque, France.
3	Ost, Belgium.			Gosney, England.
4	Schroeven, Belgium.	-1		Capel, France.
5	McCooke, Ireland.		14	Messner, France.
6	Presset, France.			Reid, Scotland.
7	Cousin, France.			Holden, England.
8	Raemackers, Belgium			Draper, England.
9	Chagnaud, France.			Feremans, Belgium.

Lap 2.

Pujazon, France		21.34	10	McCooke, Ireland.
Vande Wattyne,	Belgium	21.54		Petitjean, France.
Ost, Belgium				Leveque, France.
Schroeven, Belgium.				Reid, Scotland.
Presset, France.				Chagnaud, France.
Gosney, England.				Haughey, Ireland.
Cousin, France.			16	Draper, England.
				Nelson, Ireland.
Holden, England.				Capel, France
	Ost, Belgium	Vande Wattyne, Belgium Ost, Belgium, Schroeven, Belgium. Presset, France. Gosney, England. Cousin, France. Messner, France.	Vande Wattyne, Belgium 21.54 Ost, Belgium, Schroeven, Belgium. Presset, France. Gosney, England. Cousin, France. Messner, France.	Vande Wattyne, Belgium 21.54 11 Ost, Belgium 12 Schroeven, Belgium 13 Presset, France. 14 Gosney, England. 15 Cousin, France. 16 Messner, France. 17

Lap 3.

1	Pujazon, France	36.33	10	Nelson, Ireland.
2	Vande, Wattyne, Belgium	36.49		Feremans, Belgium.
3	Ost, Belgium.	37.35	-12	Leveque, France
4	Holden, England.			Petitiean, France.
5	Presset, France.			Schroeven, Belgium.
6	Gosney, England.		15	Flockhart, Scotland.
7	Messner, France.		16	Haughey, Ireland.
8	Cousin, France.		18	Reid, Scotland.
8	Cousin, France.		17	Chagnaud, France.
9	Draper, England.			Reid, Scotland.

FINAL POSITIONS:

1.	Raphael Pujazon, France	51	515	28	E. Renson, Belgium	55	23
2.	M. Vande Wattyne, Belgium	52	24	29.	J. Chapelle, Belgium	55	30
3.	Paul Messner, France	52	49	30.	T. Henry, Ireland	55	33
4.	Arsene Presset, France	52	52	31.	R. W. D. Hier, Wales	55	35
5.	Pierre Cousin, France	52	55	32.	I. Corfield, England	55	46
6.	J. T. Holden, England	52	58	33.	W. Somerville, Scotland	55	50
7.	R. Gosney, England	53	12	34.	F. Froggart, England	55	57
8.	H. Ost, Belgium	53	16	35.	I. C. Lloyd, Wales	55	59
9.	F. Feremans, Belgium	53	21	36.	H. Howard, Scotland	56	5
10.	R. V. Draper, England	53	26	37.	J. A. R. Carrick, England	56	12
11.	P. Haughey, Ireland	53	31	38.	J. Steenhouwer, Belgium	56	16
12.	J. Nelson, Ireland	53	32	39.	I. Raemackers, Belgium	56	22
13.	E. Schroeven, Belgium	53	41	40.	T. Richards, Wales	56	25
14.	Henri Leveque, France	53	43	41.	J. Walkinshaw, Ireland		5
15.	J. C. Flockhart, Scotland,	53	50	42.	E. C. Cooper, Wales	57	24
16.	Rodger Petitiean, France	54	5	43.	G. Porteous, Scotland	57	36
17.	H. de Belder, Belgium	54	15	44.	I. A. Cole, England	57	38
18.	S. M'Cooke, Ireland	54	17	45.	F. Bathgate, Ireland		49
19.	K. Maguire, Ireland	54	19	46.	T. Gibson, Scotland	57	59
20.	R. V. Hughes, England	54	22	47.	D. J. Main, Ireland	58	The second
21.	L. W. Herbert, England	54	33	48.	W. E. Richards, Wales	58	
22.	Paul Chagnaud, France	54	41	49.	C. M'Lennan, Scotland	59.	
23.	I. Marshall, Ireland	54	46	50.	K. W. B. Harris, Wales	59	
24.	Edmond Capel, France	54	59	51.	D. E. Morgan, Wales	60	
25.	J. E. Farrell, Scotland	55	0	52.	T. Christison, Wales	60	47
26.	R. Reid, Scotland	55	5	53.	D. C. Saunders, Wales		13
27.	Charles Valdovinos, France	55	15	54.	E. M'Allister, Scotland	62	

TEAM RESULTS 1.-FRANCE.-1, R. Pujazon; 3. P. Messner; 4, A. Presset; 5, P. Cousin; 14, H. Leveque;

16, R. Pititjean. Points, 43. 22. P. Chagnaud; 24, E. Capel; 27, C. Valdovinos.

2.—BELGIUM.—2, M. Van de Wattyne; 8, H. Ost; 9, F. Feremans; 13, E. Schroeven; 17 H. de Belder; 28, E. Reason. Points, 77. 29, J. Chapelle; 38, J. Steenhouer; 39, J. Raemackers. 3.—ENGLAND.—6, J. T. Holden; 7, R. Gosney; 10, R. V. Draper; 20, R. V. Hughes; 21,

L. W. Herbert; 32, J. Corfield. Points, 93. 34, F. Froggart; 37, J. A. R. Carrick; 44, J. A.

4.—IRELAND.—11, P. Haughey; 12, J. Nelson; 18, S. M'Cooke; 19, K. Maguire; 23, J. Marshall; 30, T. Henry. Points, 113. 41, J. Walkinshaw; 45, F. Bathgate; 47, D. J. Main. 5.—SCOTLAND.—15, J. C. Flockhart; 25, J. E. Farrell; 26, R. Reid; 33, W. Somerville; 36, H. Howard; 43, G. Porteous. Points, 178. 46, T. Gibson; 49 C. M'Lennan; 54, E.

6.—WALES.—31, R. W. D. Hier; 35, J. C. Lloyd; 40, T. Richards; 42, E. C. Cooper; 48, W. E. Richards; 50, K. W. B. Harris, Points, 246. 51, D. E. Morgan; 52, T. Christison;

53, D. C. Saunders.

AMERICAN HOSPITALITY.

K. Bailey, a runner from Bournemouth Athletic Club, recently paid a visit to the United States and competed in the Boston Marathon. Bailey was given a great welcome and his reception could not have been better if he had been one of our prominent athletes going over on an official visit,

RESULTS

March 27th. R.A.F. Individual Championship. 1, F/Lt. Davies 35.24; 2, L.A.C. Charlesworth 35.43; 3, A. C. Maloney 36.15; 4, Cpl. Grosse 36.26; 5, L/A.A Lomax 36.34; 6, A. C. Watt 36.34.5. SOUTHERN 7½ MILES TEAM RACE

March 30th.

The last of the war-time S.C.A.A.A. r ces was held at Epsom. Only 43 faced tie starter, Belgrave Harriers being the most notable absentees. Bowering of S L.H. led from Ballard, Belton and Iden on the first lap, but Charlesworth was always lying handy, and soon took command, to establish a comfortable lead which he held to the finish.

I. Charlesworth, A.P.M. ... 42 41 G. Iden, Surrey A.C. ... 43 9 3. S. C. Belton, Surrey A.C... 43 19 4. B. A. Bowering, S.L.H. ... 43 30 C. S. Ballard, Surrey A.C. 43 36 R. Towndrow, Poly, H. 44 25 ... 44 38 I. H. Wood, Poly H. R. Chandler, Worthing H. 44 54 9. A. Macoy, Ayl. P.M. ... 45 3 10. G. Gunderson, Poly. H. 41 10 11.* G. O. Frev, Highgate H. ... 45 20 12. T. Lalande, Poly. H. ... 45 35

* Individual entrant. Surrey A.C. (2, 3, 5, 11) ... 21 Poly. H. (6, 7, 9, 10) 32 3. Aylesford P.M. (1, 8, 18, 22) 49 S.L.H. (4, 21, 23, 24) 72 Epsom & E. (14. 15. 26. 27) 6. Highgate H. (12, 17, 32, 34) 95 March 30th. Wolverhampton H. Relay Handicap. 1, Sparkhill H. "A"; 2, Tipton H. "A"; 3, Tipton H. "B." Fastest team. Birchfield H. Fastest lap time. S. P. Stokes (Sparkhill H.) March 30th. Yorkshire Cross-Country Championships, held at Harrogate. Inter-District 6 Miles Race. 1, D. Haw (Leeds) 33.34; 2, W. Herbert (Sheffield) 33.54; 3, J. F. Ellis (Sheffield) 34.13. Teams 1, Sheffield 36 pts.; 2, Leeds 43 pts.; 3, Hull 147 pts. Youths 3 Miles Championship. 1, D. Birch (Leeds H.) 16.23; 2. D. Walker (Sheffield U.H.) 16.32; 3. Banton (Leeds H.) 16.37. Teams. 1. Leeds Harehills 16 pts.; 2, Sheffield U.H. 44 pts.; 3, Doncaster G.S. 81 pts. Boys 2 Miles Championship. 1, J. G. Blake (Loacaster G.S.) 11.30; 2, H. Allison (Hallamshire) 11.35; 3, E. Harper (Hallamshire) 11.44. Teams. 1, Doncaster G.S. 22 pts.; 2, Sheffield U.H. 25 pts.; 3, Hallamshire H. 36 pts. March 30th. Hampstead H. 21 Miles Road Handicap. 1, H. J. Hicks, Scr. 13.57; 2, A. E. Philpott,00.25, 14.28; 3, D. W. S. Limbert, 00.30, 14.32.

March 30th. Bucks Senior 6 Miles Race.

at Stoke Poges. 1, G. W. Johnson

(Wycombe P.H.) 37.22; 2, L/A/A/ Lomax (R.A.F. Halton "A") 38.19; 3, A/A Rickett (R.A.F. Halton "A") 38.23. Teams. 1, R.A.F. Halton "A" 16 pts.; 2, Wycombe Phoenix H. 32 pts.; 3, R.A.F. Halton "B" 51 pts.; 4, Slough A.C. 71 pts. **Junior 3 Miles.** 1, S. J. Albon (Wycombe) 18.57; 2, T., A. Williamson (Stoke Poges) 19.23; 3, D. Kempston (Slough). **Teams.** 1, R.A.F. Halton **23** pts.; 2, Stoke Poges 37 pts.; 3, Slough G.S. 41 pts.; 4, Wycombe P.H. 84 pts.; 5, Slough T. S. 97 pts.

April 3rd. Inter-Services Championship, held at Caterham. 1, L.A.C. Charlesworth (R.A.F.) 32.25; 2, Cpl. G. L. Iden (Army); 3. Sgt. E. Stimpson (Army); 4, Sgt. Stokes (Army); 5, Cpl. Grosse (R.A.F.); 6. Sgt. Inst. Chandler (Army).

March 30th. Leicestershire Youths 3 Miles C.C. Championship. 1, Johnson (Leicester Coll. of A. & T.) 16.35; 2, Thorne (Wyggeston G.S.); 3, Wildey (Leicester Coll. of A. & T.). Teams. 1, Ashby de la Zouch School 18 pts.; 2, Wyggeston G.S. 19 pts.; 3, Leicester Coll. of A. & T. 26 pts. T.V.H. 20 Miles Road Relay. At Cranford April 6th.

Twenty-three teams made a fine entry for the second annual T.V.H. relay and although Tipton Harriers were absent, Birchfield H. came down and deservedly won by a minute and a half, after leading throughout.

Belgrave H. might have made a fight of it but Tom Carter broke down with leg trouble shortly after taking over on the second stage and they never recovered, despite a great run by Herbert over the final stage. Maurice Bingham's fine third lap carried his team from 8th to 2nd position, which they held to the finish. First six teams. 1, Birchfield H. 98.40;

2, Finchley H. 100.11; 3, Belgrave H. 100.22; 4, Poly H. 100.33; 5, Southgate H. 101.32; 6, Surrey A.C. 101.35. Fastest times. M. Bingham 24.02; L. Herbert 24.03; H. Reeves (Birchfield) 24.15.

LIVINGSTONE CUP Road Relay. At Leicester, April 6th.

The 19th annual race of this series attracted a record entry of 19 teams and Small Heath Harriers won the trophy for the first time. Jack Holden set up a course record of 14.53 but just failed to catch Carrick of Small Heath over the final stage. First six teams. 1, Small Heath H. "A 78.53; 2, Tipton H. " A " 79.06; 3, Godiva H. "A" 80.11; 4, Leicester Coll. of A. & T. "A" 81.04; 5, Tipton H. "B" 81.11; 6, Derby "A" 81.55. Fastest times. Holden (Tipton) 14.53; Froggatt (Small Heath) 15.13; 3, Carrick (Small Heath) and Fergusson (Godiva) 15.25.

April 6th. Sheffield & Dist. C.C. Champ-

ionships. Senior. 1, J. F. Ellis (H.H.); 2, W. Herbert (H.H.); 3, G. W. Lax (R.H.) Teams. 1, Sheffield U. H. 49 pts.; 2, Hallamshire H. 51 pts.; 3, Rotherham H. 52 pts.; 4, Doncaster L.N.ER. H. 76 pts. Junior. 1, M. B. Wilson (S.U.H.); 2, D. Walker (S.U.H.); 3, A. J. Tawse (D.G.S.) Teams. 1, Sheffield U.H. 12 pts.; 2, Doncaster G.S. 29 pts.; 3, Hallamshire H. 57 pts.; Chesterfield G.S. 57 pts. Boys 2 Miles. 1, H. Allison (H.H.); 2, E. Harper (H.H.); 3, D. Marriott (S.U.H.). Teams. 1, Sheffield U.H. 17 pts.; 2, Doncaster G.S. 23 pts.; 3, Hallamshire H. 26 pts.

ATHLETICS

April 6th. East Lancs. v. West Lancs' match for Ham Finney Cup. Senior. 1 Tyrer (W); 2, Burns(W); 3, Cheetham (E). Teams. West Lancs. 33 pts.; East Lancs. 51 pts. Youths. 1, Butterworth (E); 2, Rooke (W); 3, McNulty (E). Teams. East Lancs. 30 pts.; West Lancs. 71 pts. Aggregate for Cup. East Lancs. 81 pts.; West Lancs. 104 pts.

April 13th. Leeds Harehills Lib. Club. 8 Miles Club Championship. 1, L. C. Beevers 40.00; 2, D. Birch 40.14; 3, S. Beaumont 40.54. Handicap. J. Banton, 2.00, 39.23; 2, D. Birch, 0.50, 39.24; 3, S. Beaumont, 0.30, 40.24. Boys 2 Miles. 1, D. Hall, 1.15, 12.26; 2, E. Gill, 0.30, 12.32; 3. D. Hardisty, 0.50, 12.50.

April 13th. Liverpool Pembroke organised a 21 miles Youths' Team Race for organisations other than recognised harrier clubs. Eleven clubs entered and 57 started. Individual winner, Wright (1st King's Cadets). Teams. 1, Quarry Bank School 26 pts.; 2, Our Lady's 27 pts.; 3, A.T.C. 1912 Sqdn. "A" 61 pts.; 4, 1st King's Cadets 72 pts.

April 13th. Wakefield H. Club Championship. 1, A. England; 2, P. Parris; 3, R. Walker. HORSHAM 18 Miles Relay. April 6th.

Seven teams competed at Horsham and the local team just got home by 8 secs., from Brighton & County H. 1, Horsham Blue Star H. 94.22; 2, Brighton & County H. 94.30; 3, Worthing & D. H. 98.05. Fastest times. E. Grosse (Horsham) 14.40; I. R. Chandler (Worthing) 15.09; Browning (Horsham) 15.13.

April 13th. Walton 10 Miles Road Race. Fifty-nine started at Walton and at five miles S. C. Belton led from Hughes, Peters and Towndrow, with last year's winner, G. Hoath, lying 10th, after leading at 3 miles. Hughes took the lead soon after the halfway mark and won by 50 yards from I. H. Peters of Essex Beagles.

Fourteen teams started and Poly H. won with 9 pts. 1, R. V. Hughes (Poly) 53.3 3/5; 2, J. H. Peters (Essex B.) 53.13; 3, T. Towndrow (Poly) 53.21; 4, S. C. Belton (Surrey A.C.) 53.42; 5, S. Jones (Poly) 54.19; 6, G. E. Scutts (Portsmouth A.C.) 54.31. Teams. 1, Poly H. (1.3.5.) 9 Its.; 2; Surrey A.C.(4,7.8.) 19 Its.; 3, Woodford Green A.C. (9.13.15.) 37 pts. 4, Belgrave H. (12.16.17.) 45 pts.; 5 T.V.H. "A" (11.19.20.) 50 pts.; 6, Essex Beagles (2.30.39.) 71 pts.

CAMBRIDGE H. 20 Miles Road Relay, held at Bexley April 13th.

Nine teams ran in the first of what will now be an annual road relay at Bexley. Clinton of Belgrave led for most of the first leg but Stent, Finchley, was too fast for him at the finish and Finchley took a slight lead. Morrell of the Bels. brought his team into the lead on the second stage. but, on the next, Evers put Finchley again in front and they never looked like being caught.

Sydney Wooderson ran a leg for Blackheath, runners-up, but took things very easily to clock 17.53 for his leg.

First six teams. 1, Finchley H. 105.30; 2. Blackheath H. 108.17; 3, Belgrave H. 109.42; 4, Cambridge H. 110.52; 5, Aylesford P.M. 110.56; 6, Dartford H. "A" 113.22. Fastest times. M. Bingham (Finchley) 16.50; L. Herbert (Belgrave) 17.01; J. Charlesworth (Aylesford) 17.06.

WORTHING & DIST. H. 121 Miles Road Relay.

April 20th. Fifteen teams contested this annual relay at Sompting. Macoy of Aylesford P.M. gave his team the lead over the first leg, only for Kendall, of Epsom, to take over a nice lead in the next. Ellis of Aylesford ran a fine fourth leg to again take the lead, and Charlesworth went even further away from Chandler, Worthing, over the final stage. Charlesworth's time beat the course record, held by Sydney Wooderson, by 10 secs.

First six teams. 1, Aylesford P.M. 71.49; 2, Worthing H. 72.07; 3, Horsham B.S. 73.19; 4, Epsom & Ewell H. 73.54; 5, Brighton & County H. 75.17; 6, Bexhill A.A.C. 75.54. Fastest times. J. Charlesworth (A.P.M.) 13.35; G. Scutts (Portsmouth) 13.39; I. R. Chandler (Worthing) 13.46.

HALESOWEN A. & C.C. SPORTS at Smethwick, 20th April 1946.

100 YARDS. 1, R. F. King, Birchfield (5½); 2, A. F. Duggins, Redditch R. & P.C. (6½); 3, R. S. Robinson, Godiva H. (6). Inches, same. Time 10.3 secs 220 YARDS. 1, A. B. French, Dudley H. (18½); 2, R. S. Robinson, Codiva H. (101); 2, T. Cochan, Wolver, Codiva H. (101); 2, T. Cochan, Codiv

220 TARDS. 1, A. B. French, Dudley H. (18½); 2, R. S. Robinson, Godiva H. (10½); 3, T. Graham, Wolverhampton H. (9). Two yards. Time 23.5 secs. 880 YARDS. 1, J. Timmins, Tipton H. (55); 2, J. Hingley, Birchfield H. (52); 3, N. Richardson, Walsall A.C. (84). Two yards. Time 1 min. 59.2 secs.

1500 YARDS SECOND CLASS TEAM RACE. 1. Birchfield H.22 pts.; 2, Small Heath H. 25 pts.; 3, Halesowen A. & C.C. 44 pts. Individual. J. Pinfold (Sparkhill H.) 4 mins. 5.6 secs. ONE MILE. 1, W. T. Hawkley, Bromsgrove A. & C.C.

(103); 2, J. Timmins, Tipton H. (138); 3, E. R. Blake, Birchfield H. (165). Yard. Time 4 min. 17 secs. M.C.A.A.A. SIX MILES CHAMPIONSHIP. 1, J. T. HOLDEN (Holder) Tipton H. 30m. 50.4s.; 2 H. F. Reeves, Birchfield H. 31m. 47s.; 3, J. Corfield, Tipton H. 31m. 59s.; 4, S. P. Stokes, Sperkhill H. 32m. 15s.; 5, J. A. Cole, Dudley H. & A.C. 32m. 31s.; 6, F. Proggatt, Small Heath H. 33m. Us.

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